The relationship between social capital and neurological health

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Video Byte

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Abstract

Social capital, or SC, refers to the many resources that can be derived from social interactions. These interactions are critically involved in various neurobiological processes. Accumulating evidence supports that SC has a protective effect on mental and physical health as well as mortality. But the role of SC in neurological disease is just beginning to be explored. A new review article in *Brain and Behavior* takes a closer look at the issue. The article proposes that SC constitutes an integral part of medical care for neurological patients. The work aims to help practitioners more effectively monitor and act on their patients' SC backgrounds and provides an important first step in translating current evidence on SC into health-promoting interventions. Reyes, S., Giovannoni, G., Thomson, A. Social Capital: Implications for Neurology. (2018) *Brain and Behavior*