

# Purification of extracellular and intracellular amastigotes of *Trypanosoma cruzi* from mammalian host-infected cells

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## Method Article

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# Abstract

The protozoan parasite *Trypanosoma cruzi* is the etiologic agent of Chagas disease, which affects millions of people in Latin America. *T. cruzi* has a complex life cycle characterized by several developmental forms present in vertebrate and invertebrate hosts. In vertebrate mammalian hosts *T. cruzi* is found as intracellular amastigotes and bloodstream trypomastigotes. On the other hand, in the intestine of the insect (Reduviidae) vector epimastigotes and metacyclic trypomastigotes are the present forms. From all the developmental stages of the parasite, intracellular amastigotes are the most difficult to obtain in large amounts, since they are the only ones that grow inside the host cells. Here, we describe a simple and robust protocol that enables the isolation of either intracellular or extracellular amastigotes in large amounts. While intracellular amastigotes are obtained from infection of mammalian cell cultures, extracellular amastigotes are obtained by differentiating bloodstream trypomastigotes in axenic cultures. Both intracellular and extracellular amastigotes are purified by anion-exchange chromatography.

## Introduction

*Trypanosoma cruzi*, the causative agent of Chagas disease, has a complex life cycle with different life-cycle stages between the insect vector (Reduviidae, popularly known as the kissing bug) and the mammalian host. In the insect midgut, non-proliferative infective bloodstream trypomastigote forms become proliferative, noninfective epimastigotes forms. These forms then replicate and, upon nutritional stress, can originate the infective metacyclic trypomastigotes. *T. cruzi* amastigogenesis occurs when metacyclic trypomastigotes from triatomine excreta infect mammals and differentiate into amastigotes inside host cells. These forms then multiply and transform into trypomastigotes that are released after rupturing the host cell plasma membrane, thus reaching the extracellular space and the bloodstream, where they can circulate and infect other cells and, eventually, another insect vector 1,2. The scarcity of parasite molecules that have been identified as a potential molecular target(s) may limit the development of new drugs or vaccines for Chagas disease 3. Despite being essential for the proliferation and maintenance of the parasite inside the mammalian host, amastigote forms have been very poorly explored in the identification of new targets for vaccine development. The main reason for this is that these forms are difficult to obtain, owing to the fact that the few existing purification protocols are time-consuming and have low yield. Currently, following infection of Vero cells with trypomastigotes, intracellular amastigotes can be obtained in vitro by centrifugation using a discontinuous metrizamide 4 or Percoll 5 gradient. Here we describe a reliable method for purification of both intracellular and extracellular amastigotes, derived from *Trypanosoma cruzi* trypomastigote forms obtained after infection of Rhesus monkey kidney epithelial LLC-MK2 cells. The method is based on the principle that amastigotes, akin to metacyclic trypomastigotes, have a much less negatively-charged cell surface, because of the absence or low abundance of sialic acid residues transferred by the parasite trans-sialidase 6. Therefore, they can be separated from highly sialylated trypomastigote forms 6, using a weak anion-exchange resin, such as diethylaminoethyl (DEAE) cellulose or DE-52. This approach has been previously used for the purification of metacyclic trypomastigotes 7,8. Now we show that the anion-

exchange chromatography can also be used for the purification of both extracellular and intracellular amastigote forms of *T. cruzi*. (fig. 1)

## Reagents

- LLCM-K2 cells, Rhesus Monkey Kidney Epithelial cells, American Type Culture Collection (ATCC, Manassas, VA).
- *Trypanosoma cruzi* cells, Y strain (ATCC).
- Sterile 1x PBS (0.15 M sodium chloride, 0.02 M sodium phosphate, pH 7.2)
- PBS/paraformaldehyde 10% or 4% paraformaldehyde (wt/v) in 1x PBS
- PBS/FBS or PBS or 10% fetal bovine serum (FBS), Hyclone (Sigma Aldrich, St. Louis, MI), heat-inactivated at 56 °C for 30 min
- Complete DMEM: or Dulbeccos's modified Eagle's medium (Sigma Aldrich) or 10% fetal bovine serum (Hyclone, heat-inactivated at 56°C for 30 min) or Antibiotics: streptomycin 100UI/ and penicillin 100UI/ml, (Sigma Aldrich)
- PSG – Phosphate-buffered saline solution supplemented with glucose or 0.073M NaCl; 0.005M sodium phosphate; 1% glucose, pH 8.
- DE52 (diethylaminoethyl cellulose), Whatman International, Maidstone, England.
- Cell scraper, 25 cm handle/1.8 cm blade, BD Biosciences, USA.
- Glass wood, Scientific Products, USA.
- Trypan Blue solution, Sigma Aldrich, USA
- 30 ml-syringe, BD, Becton and Dickinson Co., USA.
- Pipette, Pipet-Aid Drummond Scientific Co., USA
- 25-ml disposable serologic pipette, Fisher Scientific, USA.
- 10 ml disposable serologic pipette, Fisher Scientific, USA
- Cell scraper (BD Falcon, cell scraper 25-cm handle/1.8-cm blade, BD Biosciences, USA).
- 27-gauge needle, BD, Becton, Dickinson & Company, USA.
- Centrifuge tube, sterile, polypropylene, 50 mL, Fisher Scientific, USA.
- Sterile plastic tissue culture flasks, 150 cm<sup>2</sup>, sterile, BD Falcon, Fisher Scientific, USA.
- GentleMACS Dissociator, Miltenyi Biotec, USA.
- GentleMACS™ Tubes.

## Equipment

- BOD incubator, Napco Series 8000 WJ CO<sub>2</sub> Incubator, Thermo Scientific, USA.
- Set at 5% CO<sub>2</sub>, 37 °C, and 95% high relative humidity.
- Eppendorf centrifuge 5810R, 15-amp version, Rotor A-4-81.

## Procedure

Cell culture for obtaining extracellular amastigotes: CAUTION! *Trypanosoma cruzi* is a highly infectious protozoan parasite, classified as a biosafety-level (BSL) 2 organism, thus a proper training is required before starting any of the experiments described here. All the experiments have to be done inside of a Class II biological safety cabinet and using adequate personal protection equipment (PPE).

1. Seed  $5 \times 10^6$  LLC-MK2 cells in sterile 150 cm<sup>2</sup> tissue culture flasks with 20 mL of complete DMEM.
2. Grow the cells for 3-4 days in the BOD incubator (37°C, 5% CO<sub>2</sub>). At this point the culture should reach confluency of about  $2 \times 10^7$  cells per flask.
3. Change the medium with 20 mL of fresh complete DMEM and then infect the LLC-MK2 cells with  $1 \times 10^8$  trypomastigotes/flask
4. Grow the cells for four more days in the BOD incubator and harvest the supernatant, containing a mixture of trypomastigotes (about 72%) and amastigotes (about 28%), into a conical 50-ml centrifuge tube.
5. Centrifuge the cells at 4,000 xg for 10 min at 4 °C.
6. Discard the supernatant and gently resuspend the pellet at  $1 \times 10^8$  parasites/mL with fresh

DMEM medium. 7. Incubate the parasite mixture in the BOD incubator for 2 days. At this point, up to 94% parasites have been transformed into amastigotes. 8. Centrifuge the cells at 4,000 xg for 10 min at 4 °C. 9. Incubate the cells again for 3 more hours at BOD incubator. This process helps to remove some remaining trypomastigotes, since they swim into the supernatant and the amastigotes stay in the bottom of the centrifuge tube. 10. Discard the supernatant and resuspend the pellet in PSG at  $1 \times 10^8$  parasites/mL. At this point, cells are ready to be purified by anion-exchange chromatography.

**Cell culture for obtaining intracellular amastigotes:**

1. Seed  $5 \times 10^6$  LLC-MK2 cells in sterile plastic tissue 150 cm<sup>2</sup> culture flasks with 20 mL of complete DMEM.
2. Grow the cells for 3-4 days in the BOD incubator until they become confluent.
3. Change the medium with 20 mL fresh complete DMEM and then infect the LLC-MK2 cells with  $1 \times 10^8$  trypomastigotes/flask.
4. Grow the cells for 3 more days in the BOD incubator.
5. Detach the cells by gently scraping them in 5 mL PBS.
6. Disrupted the host cells by using gentle MACS Dissociator with M tubes (Miltenyi Biotec, USA), or by passing the cells once through a 27-gauge needle connected to a 30-mL syringe.
7. Centrifuge for 800 xg for 10 min at 4°C to remove the large host-cell debris.
8. Collect the supernatant, centrifuge for 4,000 xg for 5 min at 4°C, and resuspend the cells in PBS/BSA 10%.
9. Incubate in the BOD incubator for 2 hours.
10. Centrifuge the cells at 4,000 xg for 10 min at 4 °C.
11. Resuspend the pellet in 5 mL PBS, remove 20 µL and dilute 1:10 in PBS/paraformaldehyde 10%. Count the cells in a hemocytometer.

**Purification of amastigotes by anion-exchange chromatography:**

**Rationale:** Amastigotes suspension is passed through the anion-exchange column to separate them from host-cell debris and trypomastigotes. In this experiment, negative charges of the parasite surface, mainly due to the sialic acid content, interact or bind to positively charged DE52 medium. Since the content of sialic acid of trypomastigotes is higher, this parasite form strongly binds to the resin, whereas the amastigotes, which have no (intracellular forms) or less (extracellular forms) sialic acid content, bind only weakly to the positively charged column.

1. Prepared the column support with a 30 ml-syringe and a small piece of glass wool in the bottom.
2. Add 10 mL of pre-swollen resin microgranular anion-exchange resin DE52 diethylaminoethyl cellulose.
3. Equilibrate the column twice with 50 ml PSG, by passing the buffer by gravity.
4. Load the parasites with 20 mL PSG, by gravity.
5. Wash the column with 20 mL PSG to remove host-cell debris.
6. Elute and collect the amastigotes with 20 mL PSG.
7. Centrifuge the cells at 4,000 xg for 10 min at 4°C.
8. Resuspend the pellet in 5 mL PBS, remove 20 µL and dilute 1:10 in PBS/paraformaldehyde 10%. Count the cells in a hemocytometer.

## Timing

The whole procedure from growing the LLC-MK2 cells to the column chromatography takes 4 days for obtaining intracellular amastigotes and 6 days, for extracellular ones.

## Troubleshooting

-Low purity of parasites: • Verify the column assembly: be careful with the amount of glass wood and resin added. Low parasite purity might mean less resin than needed to efficiently capture trypomastigote forms of the parasite. -The amount of the parasites obtained was lower than expected: • Increase the

number of parasites used for infection. The infectivity of the parasite may depend on the strain. Also, *T. cruzi* trypomastigotes are well-known to become less infective after 7 to 10 cycles in cell culture, so they need to be passed through mice to recover virulence.

## Anticipated Results

The expected recovery of amastigotes per 150-cm<sup>2</sup> flask can vary. By infecting LLC-MK2 monolayers with Y strain trypomastigotes, we are routinely able to obtain 1x10<sup>8</sup> and 5x10<sup>8</sup> of intracellular and extracellular amastigotes per 150-cm<sup>2</sup> flask, respectively. For the purification step, starting with a mixture of 63% amastigotes and 40% trypomastigotes, we usually obtain a preparation of 98-99% pure parasites (for either extracellular or intracellular amastigotes) after the anion-exchange chromatography.

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## Figures

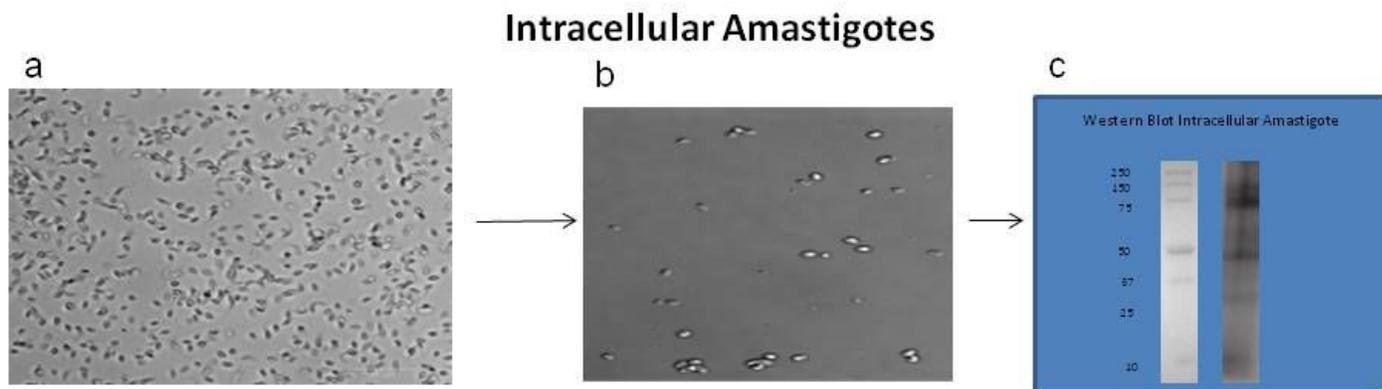


Fig. 1A: This figure represents Intracellular amastigotes form from LLCMK2 infected cells. **a)** Mixed cells, showing trypomastigote and intracellular amastigote cells before purification; **b)** Pure cells, showing only purified amastigote forms; **c)** **Western blot of the purified parasites.** After recovered, the cells were fixed in Paraphormaldehyde 4% in 0.2M phosphate buffer. Visualized by Leica DMI 6000B. Software: MetaMorph 7.5.2 .

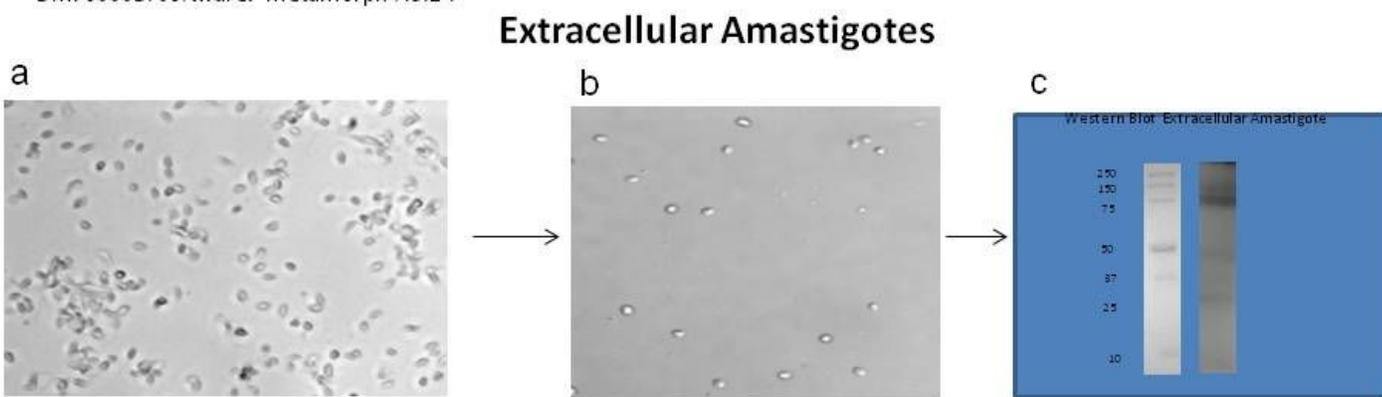


Fig. 1B: This figure represents extracellular amastigotes form from LLCMK2 infected cells. **a)** Mixed cells, showing trypomastigote and extracellular amastigote cells before purification; **b)** Pure cells, showing only purified amastigote forms; **c)** **Western blot of the purified parasites.** After recovered, the cells were fixed in Paraphormaldehyde 4% in 0.2M phosphate buffer. Visualized by Leica DMI 6000B. Software: MetaMorph 7.5.2 .

## Figure 1

Fig.1 Intracellular and extracellular amastigote parasites during purification