

Detection of activation-induced cytidine deaminase in gastric epithelial cells infected with *cag* pathogenicity island-positive *Helicobacter pylori*

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Abstract

Introduction

Helicobacter pylori (*H. pylori*), a spiral-shaped Gram-negative bacterium that colonizes the human gastric mucosa, is estimated to inhabit at least half of the world's human population, causes active chronic gastric inflammation^{1,2}, and has been defined as a class one carcinogen³. So far, various *in vivo* *H. pylori* infection models including mice, Mongolian gerbils, piglets, dogs, and monkeys have been developed to define the association between *H. pylori* infection and gastrointestinal diseases⁴. Among them the Mongolian gerbil is an appropriate animal model of long-term *H. pylori* infection in which various gastrointestinal diseases including gastric cancer can be studied⁵. *In vitro*, *H. pylori* infection models have been established using cultured gastric epithelial cells, such as AGS, and subjected to the investigation of intracellular signaling cascades triggered by *H. pylori* infection⁶. *H. pylori* can be subclassified into *cag* pathogenicity island (*cag* PAI)-positive and *cag* PAI-negative strains based on the presence or absence of the *cag* PAI, a 40-kb genome fragment containing 31 genes⁷. The *cag* PAI encodes type IV secretion system proteins, which export bacterial macromolecules from bacterial cells into host cells^{1,8}. Only strains containing the *cag* PAI trigger various changes in signaling cascades in gastric epithelial cells, and disturb cellular functions, resulting in multiple alterations in gene expression profiles. Thus, the *cag* PAI-positive isolates have been shown to be more virulent strains that produce severe pathologic infection in humans than the *cag* PAI-negative isolates. Indeed several clinical studies have provided evidence linking *cag* PAI-positive strains to the increased risk of human gastric cancer, compared with *cag* PAI-negative strains⁹⁻¹². *In vitro*, infection with *cag* PAI-positive strains in AGS human gastric epithelial cells causes characteristic changes in the cellular phenotype called the “hummingbird” phenotype, characterized by the elongation and spreading of cells¹³. These changes are induced by bacterial macromolecules via the type IV secretion system encoded by the *cag* PAI. Since infection with *cag* PAI-positive *H. pylori* is usually confirmed by the appearance of the hummingbird phenotypical changes *in vitro*, infection efficacy can be determined by the prevalence of the “hummingbird” morphological change. *H. pylori* is a genomically diverse pathogen and several bacterial virulence factors, including the *cag* PAI, *VacA*, *BabA2*, etc., are considered to play key roles in disease pathogenesis. The *cag* PAI genes are divided into two major groups, a Western group and a Japanese group, in accordance with the entire *cag* PAI sequences¹⁴. It is important to note that the resultant changes in epithelial cellular functions after *H. pylori* infection may vary according to the types of the *H. pylori* strains used. Thus the selection of bacterial strain could be one of the key factors for *H. pylori* studies. In our recent study, we used a Japanese type of *cag* PAI-positive *H. pylori*, TN2GF4, which has been shown to cause severe active chronic gastritis, ulcers, intestinal metaplasia, and gastric adenocarcinoma in infected Mongolian gerbils⁵, and therefore is supposed to be one of the most virulent strains of *cag* PAI-positive *H. pylori*. In our recent study, we demonstrated that *cag* PAI-positive *H. pylori* infection induced proinflammatory transcription factor nuclear factor- κ B (NF- κ B) activation, leading to the aberrant expression of activation-induced cytidine deaminase (AID)¹⁵, a

member of the cytidine-deaminase family that acts as a DNA/RNA-editing enzyme. AID is an essential enzyme for somatic hypermutation, class switch recombination, and gene conversion, which physiologically occurs in immunoglobulin genes in B cells¹⁶. Recent studies, however, demonstrated that inappropriate expression of AID acts as a genomic mutator that contributes to tumorigenesis¹⁷⁻¹⁹, and moreover we provided the first evidence that aberrant AID expression caused by *H. pylori* infection might be a mechanism of mutational accumulation in the gastric mucosa during *H. pylori*-associated gastric carcinogenesis¹⁵. Here we describe the experimental procedure used to determine how *cag*₊ PAI-positive *H. pylori* infection achieves the induction of endogenous AID expression in cultured gastric epithelial cells. We include detailed protocols for the growth and maintenance of *H. pylori* culture^{20,21}, epithelial cell cultures, co-culture assays, the polymerase chain reaction (PCR), immunoblot analysis, and immunostaining procedures.

Reagents

☒ Bacteria: *cag*₊ PAI-positive *H. pylori* (e.g. TN2GF4) ☒ Cells: AGS human gastric epithelial cells and BL2-lymphoma cells (ATCC) ☒ Culture medium for *H. pylori*: Columbia blood agar base (Becton Dickinson Company), horse blood, amphotericin B, trimethoprim, polymyxin B, vancomycin, Brucella broth (Becton Dickinson Company), and fetal bovine serum (FBS) ☒ Culture medium for AGS: Ham's F12 modified medium (MP Biomedicals, Inc.), and FBS ☒ Culture medium for BL2: RPMI medium 1640 (GIBCO), β-Mercaptoethanol (β-ME), and FBS ☒ Sepasol-RNA Super-I reagent (Nacalai Tesque) ☒ Superscript III first strand synthesis system (Invitrogen) ☒ ExTaq polymerase (Takara BIO INC.) ☒ TaqMan Universal PCR Master Mix (Applied Biosystems) ☒ The oligonucleotide primers used for human *AID* amplification were 5'–AAATGTCGCTGGGCTAAGG–3' (forward) and 5'–GGAGGAAGAGCAATTCCACGT–3' (reverse), giving an expected product of 139 base pairs. ☒ The 6-carboxyfluorescein labeled probe used for human *AID* was 5'–TCGGCGTGAGACCTACCTGTGCTAC–3'. ☒ The oligonucleotide primers used for human *β-actin* amplification were 5'–TGACGGGGTCACCCACACTGTGCCCATCTA–3' (forward) and 5'–CTAGAAGCATTTGCGGTGGACGATGGAGGG–3' (reverse). ☒ The oligonucleotide primers used for human housekeeping reference gene *18S ribosomal RNA* (*18S rRNA*) amplification were 5'–TAGAGTGTTCAAAGCAGGCC–3' (forward) and 5'–CCAACAAAATAGAACCGCGGT–3' (reverse). ☒ The 6-carboxyfluorescein labeled probe used for human *18S rRNA* was 5'–CGCCTCGATACCGCAGCTAGGAATAATG–3'. ☒ Reagents for RIPA lysis buffer: NaCl, Igepal CA-630, Deoxycolic acid, Sodium dodecyl sulfate (SDS), Tris-HCl (pH 8.0), and Complete Mini protease inhibitor cocktail tablets (Roche). ☒ Protein Assay Dye Reagent Concentrate (BIO-RAD) ☒ Reagent for sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) sample buffer: Tris-HCl (pH 6.8), SDS, Glycerol, Bromophenol blue, and β-ME. ☒ Reagents for SDS-PAGE gels: Acrylamide/Bis Mixed Solution (BIO-RAD), Tris-HCl (pH 8.8 for resolving gels and 6.8 for stacking gels), Ammonium Peroxodisulfate (APS), and N, N, N', N'-Tetramethylethylenediamine (TEMED) ☒ Reagents for SDS/PAGE running buffer: Tris base, Glycine, and SDS. ☒ Reagents for transfer buffer for electrophoretic transfer: Tris base, Glycine, and Methanol. ☒ Reagents for phosphate-buffered saline (PBS): NaCl, Na₂HPO₄, KCl, and KH₂PO₄. ☐

Blocking reagent for immunoblot analysis: Block Ace Powder \ (Dainippon Sumitomo Pharma Co., Ltd.) □
 Reagents for wash buffer \ (PBST) for immunoblot analysis: PBS, Tween 20, and Block Ace Powder \
 (Dainippon Sumitomo Pharma Co., Ltd.). □ Primary antibodies: Rabbit polyclonal antibodies against
 human AID²², and Mouse monoclonal antibodies against α -tubulin \ (Calbiochem). □ Secondary
 antibodies for immunoblot analysis: Goat anti-rabbit IgG \ (H+L)-HRP conjugate \ (BIO-RAD), and Goat
 anti-mouse IgG \ (H+L)-HRP conjugate \ (BIO-RAD). □ Reagent for enhanced chemiluminescence detection
 assay \ (ECL): Immobilon Western Chemiluminescent HRP Substrate \ (MILLIPORE) □ Reagents for
 immunostaining: formalin solution, Triton X-100 solution, H₂O₂, methanol, bovine serum albumin \ (BSA),
 Anti-rabbit IgG biotinylated secondary antibody \ (Vector Laboratories), Anti-mouse IgG biotinylated
 secondary antibody \ (Vector Laboratories), ABC reagent \ (Vector Laboratories), avidin/biotinylated
 enzyme complex \ (Vector Laboratories), DAB Substrate \ (Vector Laboratories), and Mount-Quick \ (Vector
 Laboratories). ****REAGENT SETUP**** ****RIPA lysis buffer**** 150mM NaCl, 1% Igepal CA-630, 0.5%
 Deoxycolic acid, 0.1% SDS, and 50mM Tris-HCl \ (pH 8.0). Dissolve in H₂O. Add Complete Mini protease
 inhibitor cocktail tablets \ (1 tab / 10 ml of RIPA lysis buffer) just before use. ****Reagents for immunoblot
 analysis**** Prepare SDS-PAGE sample buffer, SDS-PAGE gels, SDS/PAGE running buffer, and transfer
 buffer for electrophoretic transfer according to the manufacture \ (BIO-RAD)'s instruction. ****Blocking
 buffer for immunoblot analysis**** Dissolve 4 g of Block Ace Powder in 100 ml H₂O. ****Wash buffer \
 (PBST) for immunoblot analysis**** 0.05% Tween 20 / PBS.

Equipment

□ 10cm Petri dishes □ 10cm cell culture dishes □ 6-well cell culture plates □ 96-well plates for real-time PCR
 □ T25, T75 and T150 flasks □ GasPak jar \ (BBL) □ CampyPack Plus microaerophilic gas generating kit \
 (BBL) □ Spectrophotometer □ GeneAmp PCR System 9700 \ (Applied Biosystems) □ Real Time PCR
 System 7300 \ (Applied Biosystems) □ Cell scrapers □ Mini-PROTEAN 3 Cell \ (BIO-RAD) □ Mini Trans-Blot
 Electrophoretic Transfer Cell \ (BIO-RAD) □ polyvinylidene difluoride membranes \ (PVDF) □ Lab-Tek
 Chamber Slide System glass slide \ (Nalge Nunc International)

Procedure

****Preparation of the solid media for *H. pylori*.** 1| To 500 ml H₂O add 22 grams Columbia Blood Agar
 Base. 2| Autoclave 121°C, 20 min. 3| Place in 56°C water bath until temperature is achieved. 4| Pour 35 ml
 sterile horse blood into sterile 50 ml conical tube. 5| Remove media from water bath and quickly add
 horse blood. Try to avoid making bubbles. 6| Add antibiotics. Supplement the media with amphotericin B
 \ (2.5 mg/l), trimethoprim \ (5 mg/l), polymyxin B \ (1250 IU/l), and vancomycin \ (10 mg/l). \ (Final
 concentrations are shown in parentheses.) 7| Pour into Petri dishes. 8| Let stand until cool and solid. 9|
 While still moist, place in plastic sleeve and seal until needed. Should be quite wet. ****Preparation of the
 liquid culture for *H. pylori*.** 1| To 500 ml H₂O add 21.5 grams Brucella Broth. 2| Autoclave 121 °C, 20
 min. 3| Shortly before use add FBS to 10% and add antibiotics/antimycotic as described for the solid
 media. ****Culture for *H. pylori*.** 1| Place a drop of liquid culture on the center of plate or lift a loopful

from 2-4 day old plate with growth. 2| Spread inoculum with a loop by running the loop back and forth across the plate, the entire width of the plate, from top to bottom. Turn the plate 90° and repeat. 3| Place covered plates in a GasPack jar with upside-down. 4| Add water to CampyPack Plus (BBL) envelope according to manufacturers instructions and then quickly place in a GasPack jar. 5| Seal the top of the jar well and place at 37°C for 2-4 days. 6| Harvest viable *H. pylori* from plates. Place 1 ml of sterile broth in the center of plate of *H. pylori* with 2-3 days growth on it. Lift bacteria from plate by continuous scraping with a sterile glass bacterial spreader, making sure the entire surface is done. Tip plate at a shallow angle and gently work all the liquid to the lower edge of the plate. Remove with a 1 ml pipetman and place in a sterile tube. Place a 10 µl aliquot on a microscope slide and examine 400X to determine viability and to insure there is no contamination. 7| Prepare by inoculating 50 ml of complete media in a sterile tissue culture flask with 1/8 plates worth of Bacteria (125 µl). Keep the cap loose to allow gas exchange during growth. Stationary cultures were grown at 37°C with 5% CO₂ for 24 h. **Preparing a growth curve for Quantification of *H. pylori*.** 1| Harvest bacteria from plates and transfer to complete liquid media. (Want < 0.05 O.D. at 450nm with a spectrophotometer.) Plate out some liquid culture (e.g. 10 µl) on the plates and grow at 37°C. 2| Every hour, remove an aliquot (e.g. 10 µl), read at 450 nm, record O.D. and plate some liquid culture on the plates until O.D. begins to increase. 3| When O.D. begins to increase, test every 30 min. Use at least 2 plates at each time point. (Dilution; 1:10, 1:100, 1:1000, 1:10000, etc.) 4| Repeat until O.D.450 approaches 0.5. 5| Grow bacteria for 3-4 days and count the colonies, back-calculating for dilution and volume to determine the number of colony forming units (cfu) per ml. 6| Plot O.D. 450 vs cfu / ml on the graph to generate a growth curve. Determine the cfu / ml at 0.1 O.D. **Infection into AGS cells with *H. pylori*.** 1| Grow AGS human gastric epithelial cells in Ham's F12 modified medium supplemented with 10% FBS without antibiotics. Plate AGS cells on 6-well plates and incubate at 37°C with 5% CO₂ overnight. 2| For infection, add *H. pylori* to AGS cells at a ratio of 50 bacteria/cell. Determine bacterial density by optical density at 450 nm using a previously established growth curve. 3| Incubate *H. pylori* / AGS co-cultures at 37°C with 5% CO₂ for the indicated period. 4| Confirm that more than 80% of the AGS cells acquire the hummingbird phenotype, which represents *cag* PAI-positive *H. pylori* infection. Lower infection efficacy is the cause of incapability of detecting AID expression. **Extract RNA from AGS cells infected with *H. pylori*.** 1| Extract total RNA from cultured cells 24 h after infection with bacteria using Sepasol-RNA Super-I reagent according to the manufacturer's instructions. 2| Dissolve RNA into RNase-free water and store at -80 °C. **Detection of *AID* transcript by reverse transcription-polymerase chain reaction (RT-PCR).** 1| Perform reverse transcription (RT) using the Superscript III first strand synthesis system. 2| Perform polymerase chain reaction (PCR) amplification using ExTaq polymerase on a GeneAmp PCR System 9700. Perform 45 cycles of 94 °C for 1 min., 55 °C for 1 min., and 72 °C for 1 min. Use non-template controls, and reaction with RNase-A as negative controls for each amplification. Use templates derived from AID-overexpressing BL2 cells as positive controls. To standardize the results for variability in RNA and cDNA quantity and quality, quantify the total *β-actin* gene transcripts in each sample as an internal control. **Quantification of human *AID* gene expression by quantitative real-time RT-PCR.** 1| Perform quantification of human *AID* gene expression by quantitative real-time RT-PCR using a Real Time PCR

System 7300 and TaqMan Universal PCR Master Mix according to the manufacturer's instructions. 2| Incubate at 50 °C for 2 min., 95 °C for 10 min., and then perform 45 cycles of 95 °C for 15 sec. and 60 °C for 1 min. 3| Generate standard curves for *_AID_* for every target using a 10-fold serial dilution series of 5 independent transcripts derived from BL2-lymphoma cells highly expressing *_AID_*. 4| To assess the quantity of isolated RNA, as well as the efficiency of cDNA synthesis, normalize target cDNAs to the endogenous mRNA levels of the housekeeping reference gene *_18S ribosomal RNA_ \(_18S rRNA_)*²³. 5| Examine the reproducibility of the quantification method by comparing the results obtained from replicate samples during the same reaction run and those from independent runs on different days. Perform the PCR procedures at least three times for each sample.

****Extract protein from AGS cells infected with *_H. pylori_*.**

1| Collect cells 24 h after infection of bacteria with a cell scraper from 6-well plates on ice. 2| Wash cells with ice-cold PBS once. 3| Obtain total cell lysates by lysing the cells in RIPA lysis buffer containing Complete Mini protease inhibitor cocktail tablets. 4| Store at -80 °C.

****Detection of AID protein by immunoblot analysis.****

1| Determine protein concentration with Protein Assay Dye Reagent Concentrate. 2| Add SDS sample buffer with β -ME to the sample proteins to achieve the same concentration. 3| Boil at 100 °C for 5 min. 4| Protein samples, extracted from AGS cells or AID-overexpressing BL2 cells as a positive control, are resolved on 1.5 mm-thick 12.5% SDS-PAGE gels and run at 100 V for 1 h with Mini-PROTEAN 3 Cell according to the manufacturer's instructions. 5| Pre-equilibrate SDS-PAGE gels in transfer buffer prior to electrophoretic transfer. 6| Electrophoretically transfer proteins from gels to polyvinylidene difluoride (PVDF) membranes (pore size; 0.2 μ m) at 20 mA for 17.5-20 h. Before electrophoretic transfer, pre-wet PVDF membranes in 100% methanol and then rinse in transfer buffer. 7| Block with blocking buffer at room temperature (RT) for 1 h. 8| Incubate with polyclonal antibodies against human AID in PBST supplemented with 10% blocking buffer at 4°C overnight. 9| Wash membranes with PBST three times and incubate with secondary antibody in PBST supplemented with 10% blocking buffer at RT for 30min. 10| Wash membranes with PBST three times and then wash with PBS once. 11| Perform ECL. Add Immobilon Western Chemiluminescent HRP Substrate on PVDF membranes. 12| Expose on the film and develop. 13| After detection of AID protein, wash PVDF membranes with H₂O. To detect α -tubulin as an internal control, block and incubate membranes with Mouse monoclonal antibodies against α -tubulin and then secondary antibody. Repeat steps from 7-12.

****Detection of AID protein in the cells by immunostaining.****

1| Grow AGS cells on Lab-Tek Chamber Slide System glass slides. 2| 24 h after infection with *_H. pylori_*, wash cells with PBS, and fix in 10% formalin/PBS solution at room temperature for 15 min. 3| Wash cells with PBS and permeabilize with 0.1% Triton X-100/PBS solution at room temperature for 5 min. 4| Wash cells with PBS and quench endogenous peroxidase activity with 0.3% H₂O₂ /methanol at room temperature for 30 min. 5| Wash cells with PBS and block with 1% BSA/PBS solution. 6| Incubate cells with primary polyclonal AID-specific or α -tubulin-specific antibody at 4°C overnight. 7| Wash cells with PBS and incubate cells with biotinylated secondary antibody at room temperature for 30 min. 8| Wash cells with PBS and add ABC reagent, avidin/biotinylated enzyme complex. 9| Wash cells with PBS and incubate cells with DAB Substrate until the desired stain intensity develops. 10| Rinse cells with water to stop development by DAB substrate. 11| Mount cells in Mount-Quick.

Troubleshooting

Carefully check for the motility of *H. pylori* to make sure that the cultures are still mostly viable just before adding bacteria to AGS cells, since overgrowth can quickly result in mostly dead bacteria. Infection efficacy of *H. pylori* is important to achieve a strong enough signal to detect AID in the AGS cells. The expression level of AID in AGS cells infected with *cag*₊ PAI-positive *H. pylori* is relatively lower than that of AID-overexpressing BL2 cells. It is important to add more templates to detect *AID* transcript by RT-PCR or real-time RT-PCR, and to load more lysates to detect AID by immunoblot analyses, than those from BL2 cells. It is also important to avoid contamination of samples derived from BL2 cells into those of AGS cells.

Anticipated Results

The expression of AID is highly regulated and restricted to the germinal center B cells, and there is only a trace amount of AID expression in AGS gastric epithelial cells in the resting state. There should be marked upregulation of AID expression, however, after *cag*₊ PAI-positive *H. pylori* infection compared with that without infection. RT-PCR analysis gives an expected product of 139 base pairs of *AID*. Immunoblot analysis gives 24 kDa-product of AID. AID immunoreactivity was specifically observed in the cells exhibiting the hummingbird phenotypes by cell immunostaining procedure.

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