

# CD34<sup>+</sup>THY1<sup>+</sup> Synovial Fibroblast Subset in Arthritic Joints Has High Osteoblastic and Chondrogenic Potentials in Vitro

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# Abstract

**Objective:** Synovial fibroblasts (SF)s in rheumatoid arthritis (RA) and osteoarthritis (OA) play biphasic roles in joint destruction and regeneration of bone/cartilage as mesenchymal stem cells (MSC)s. Although MSCs contribute to joint homeostasis, such function is impaired in arthritic joints. We have identified functionally distinct three SF subsets characterized by the expression of CD34 and THY1 as follows: CD34<sup>+</sup>THY1<sup>+</sup>, CD34<sup>-</sup>THY1<sup>-</sup> and CD34<sup>-</sup>THY1<sup>+</sup>. The objective of this study was to clarify the differentiation potentials as MSCs in each SF subset since both molecules would be associated with the MSC function.

**Methods:** SF subsets were isolated from synovial tissues of 70 patients (RA: 18, OA: 52). Expressions of surface markers associated with MSCs (THY1, CD73, CD271, CD54, CD44 and CD29) were evaluated in freshly-isolated SF subsets by flow cytometry. The differentiation potentials of osteogenesis, chondrogenesis, and adipogenesis were evaluated with histological staining and quantitative polymerase chain reaction of differentiation marker genes. Small interfering RNA was examined to deplete THY1 in SFs.

**Results:** The expression levels of THY1<sup>+</sup>, CD73<sup>+</sup> and CD271<sup>+</sup> were highest and those of CD54<sup>+</sup> and CD29<sup>+</sup> were lowest in CD34<sup>+</sup>THY1<sup>+</sup> among three subsets. Comparing three subsets, the calcified area, alkaline phosphatase (ALP)-stained area and cartilage matrix subset were the largest in CD34<sup>+</sup>THY1<sup>+</sup> subset. Consistently, the expressions of differentiation markers of the osteoblasts (*RUNX2*, *ALPL* and *OCN*) or chondrocytes (*ACAN*) were the highest in CD34<sup>+</sup>THY1<sup>+</sup> subset, indicating that CD34<sup>+</sup>THY1<sup>+</sup> subset possessed the highest osteogenic and chondrogenic potential among three subsets. While the differentiation potentials to adipocytes were comparable among the subsets regarding lipid droplet formations and the expression of *LPL* and *PPAR $\gamma$* . The knockdown of THY1 in bulk SFs resulted in impaired osteoblast differentiation indicating some functional aspects in this stem-cell marker.

**Conclusion:** CD34<sup>+</sup>THY1<sup>+</sup> SF subset has high osteogenic and chondrogenic potentials. The preferential enhancement of MSCs functions in CD34<sup>+</sup>THY1<sup>+</sup> subset may provide a new treatment strategy for regenerating damaged bone/cartilage in arthritic joints.

## Background

In rheumatoid arthritis (RA) and osteoarthritis (OA), the joint function is impaired due to cartilage and bone damage. The affected patients suffered from the decline of physical status, resulting in a shortening in healthy life expectancy (1). The homeostatic responses of the joint environments, including the joint repairing, were impaired because of chronic inflammation and mechanical stress (2). According to these clinical situations, the strategy to enhance tissue regeneration would be a possible strategy to construct complementary treatment.

Synovial fibroblasts (SF)s are contributing to the pathogenesis of RA and OA by secreting inflammatory cytokines, tissue degrading factors, and making pannus formation (2–3). SFs also possess several characteristics of mesenchymal stem cells (MSC)s, including self-renewal capacity and multi-lineage differentiation potentials to mesenchymal tissues (4–5). MSCs isolated from synovial tissue can be more efficiently differentiated into chondrocytes than those from other tissue (e.g. bone marrow) (6–7). In addition, MSCs are proliferated in response to mechanical stress or inflammatory cytokines (8–9), suggesting that they can be induced under disease conditions in RA and OA. Since MSC functions as osteogenesis and chondrogenesis were induced in case of bone damages or bone fractures (10–12), the therapeutic application of synovial MSCs would have a potent for the repairment of bone erosion in RA.

We previously reported that SFs in arthritic joints are composed of three functionally distinct subsets, CD34<sup>-</sup>THY1<sup>-</sup>, CD34<sup>-</sup>THY1<sup>+</sup> and CD34<sup>+</sup>THY1<sup>+</sup> population based on the expression of CD34 and THY1 (13). CD34<sup>-</sup>THY1<sup>+</sup> subset was found to be expanded in patients with RA, whereas the proportion of CD34<sup>+</sup>THY1<sup>+</sup> subset was comparable between RA and OA. Both subsets possessed pathological functions, including proinflammatory cytokines secretions, high proliferation capacity, and enhanced invasiveness when compared with CD34<sup>-</sup>THY1<sup>-</sup> subset. THY1 and CD34 are the MSCs surface markers related to wound repair as well as lineage potentials in osteogenesis and chondrogenesis (14–15). Since we and others have already elucidated that the functions of THY1<sup>-</sup>/THY1<sup>+</sup> SF are distinct (16–18), we hypothesized that three SF subsets have a different function as MSC, and that baseline expression of THY1 in SF subsets would determine the differentiation potentials. Indeed, THY1<sup>+</sup>CD73<sup>+</sup> SF subset presented higher chondrogenic potentials than THY1<sup>-</sup>CD73<sup>+</sup> subset (19).

In the present study, we evaluated the MSCs function of each SF subset regarding differentiation potential to osteoblast, chondrocyte, and adipocyte. Here we demonstrate that CD34<sup>+</sup>THY1<sup>+</sup> subset have MSC potential than the others regardless of the background diseases, suggesting future therapeutic applications utilizing MSC function in this subset.

## Methods

### Patient recruitment and isolation of synovial cells

We obtained synovial tissues from surgeries of joint replacement for patients with OA and RA. We consecutively collected all the available OA and RA samples for this study. Written informed consent for this study and the ethics approval from medical research ethics committee of Tokyo Medical and Dental University (Approval number: M2000-979) were obtained. The synovial tissues were collected from 70 patients (RA:18, OA: 52). All the patients with RA have been received treatment with disease modified anti-rheumatic drugs (DMARD)s including biologics. Ten patients were administered steroids (average dose; 2.9 mg/day). Other characteristics are described in Table 1.

Tissue samples were collected consecutively from joint replacement surgeries to eliminate any bias as previously reported (13). Briefly, joint tissues were obtained immediately after the surgeries, followed by

removal of bone and adipose tissues with scissors. Synovial tissues were minced into small pieces, and then subjected to enzymatic digestion. For cell culture, we digested tissues with 2 mg/mL collagenase type 4 (Worthington, NJ, USA), 0.8 mg/mL Dispase II, 0.1 mg/mL DNase I (Roche, Basel, Switzerland) in Dulbecco's modified Eagle Roche's medium (DMEM) at 37 °C. After 15 min, we collected the supernatant and replaced with fresh enzyme mix. These procedures were repeated every 15 min for total 1 h. After lysing red blood cells with ACK-lysing buffer, obtained cells were treated with antibodies as described below then sorted by FACS Aria II and III (BD Biosciences, CA, USA) with 100 µm nozzle.

## **Antibodies**

The following antibodies and reagents were used for the analysis of synovial cells with flow cytometry and cell sorting: anti-CD45-APC-H7 (2D1, BD Biosciences, CA, USA), anti-CD235a-APC-Alexa Fluor750 (11E4B-7-6, Beckman Coulter, FL, USA), anti-CD31-PE-Cyanine7 (WM-59, eBioscience, CA, USA), anti-CD146-APC (P1H12, eBioscience), anti-CD34-PE (4H11, eBioscience), anti-PDPN-PerCP-eFluor710 (NZ-1.3, eBioscience), anti-THY1-FITC (5E10, BD Bioscience), anti-CD73-PE-CF594 (AD2, BD Bioscience), anti-CD271-APC (ME20.4, eBioscience), anti-CD54-PE-CF594 (HA58 BioLegend, CA, USA), anti-CD44-APC (G44-26 BD Bioscience), anti-CD29-APC (TS2/16 BioLegend), human TruStain FcX (BioLegend) and Live/Dead fixable aqua dead cell stain kits (Molecular Probes, Thermo Fisher Scientific, MA, USA).

## **Flow cytometry analysis**

The gating strategy of SF subsets was as shown (Supplementary Figure 1). While the mean ratios of CD34<sup>-</sup>THY1<sup>-</sup>, CD34<sup>-</sup>THY1<sup>+</sup> and CD34<sup>+</sup>THY1<sup>+</sup> subsets in RA were 35.5%, 24.1% and 24.8%, respectively, the mean ratios of these subsets in OA were 56.6%, 10.2% and 17.2%. These results were compatible as previously reported (13).

We evaluated the expression of MSC surface markers (THY1, CD73, CD271, CD54, CD29 and CD44) in the SF subsets. Considering the expression of MSC markers in the freshly-isolated synovial cells, we evaluated the mean fluorescence intensity (MFI) as expression levels of these markers in the individual subsets by flow cytometry in the 12 consecutive samples (RA: 3, OA: 9) (Supplementary Figure 2).

## **Cell culture**

We sorted CD34<sup>-</sup>THY1<sup>-</sup> fibroblasts, CD34<sup>-</sup>THY1<sup>+</sup> fibroblasts and CD34<sup>+</sup>THY1<sup>+</sup> fibroblasts and cultured them in DMEM supplemented with 10% FBS (Gemini Bio, CA, USA), 2 mM L-glutamine, antibiotics (penicillin and streptomycin), and essential and nonessential amino acids (Life Technologies, CA, USA). The cells were expanded for 20-30 days for assays.

## **Osteoblast, chondrogenic and adipocyte differentiation**

Osteoblastic induction was performed as previously reported (6).  $3.0 \times 10^3$  cells/cm<sup>2</sup> were plated in a 12-well plate in osteogenic differentiation medium containing L-ascorbic acid-2-phosphate (0.2 mM; Wako Pure Chemical Industries, Osaka, Japan), beta-glycerophosphate (5 mM; Wako Pure Chemical Industries),

dexamethasone (1 nM; Wako Pure Chemical Industries) and incubated at 37 °C in 5 % CO<sub>2</sub>. All media were changed twice per week. Each SF subset was cultured for 3-4 weeks. Histological staining was performed with alizarin red (Merk Millipore, MA, USA) and alkaline phosphatase (ALP) staining for osteoblast differentiation

For chondrogenic differentiation,  $1.25\text{-}2.5 \times 10^5$  cells were placed in a 15-mL polypropylene tube (AGC Techno Glass Co., Ltd, Shizuoka, Japan) and centrifuged at  $1,500 \times g$  for 5 min. The cells were cultured in chondrogenic induction medium containing 1,000 ng/mL of BMP-2 (PeproTech, NJ, USA) and 10 ng/mL of transforming growth factor- $\beta$ 3 (PeproTech), incubated at 37 °C in 5% CO<sub>2</sub> for 3 weeks. All media were changed twice per week. Histological staining was performed with safranin O staining for chondrogenesis.

For Adipogenesis,  $7.0 \times 10^3$  cells/cm<sup>2</sup> are plated and cultured in StemPro™ Adipogenesis Differentiation Kit (Gibco, Thermo Fisher Scientific, MA, USA) for 3 weeks. All media were changed twice per week. Oil-red staining was used to evaluate adipogenesis.

For chondrogenesis and adipocyte differentiation, we referred to the previous reports with some modifications (20-21). Briefly, we performed some pellet culture at a density of  $1.25 \times 10^5$  cells due to imbalance in the number of each subset.

### **Quantitative real-time Polymerase chain reaction (qPCR)**

cDNA was synthesized with QuantiTect Reverse Transcription kit (Qiagen, Hilden, German). Quantitative polymerase chain reaction (qPCR) was performed with Brilliant III Ultra-Fast SYBR Green qPCR master mix (Agilent Technologies, CA, USA) on a LightCycler96® (Roche). The following primers were used as shown in Table 2.

### **Knockdown of gene expression by small interfering (si) RNA**

SFs were seeded at  $1.2 \times 10^4$  into 12-well cell culture plates and subsequently transiently transfected with 20 pM of THY1 or control small interfering (si) RNA (Thermo Fisher Scientific) using Lipofectamine RNAiMax (Thermo Fisher Scientific) according to the manufacturer's protocol. Cells were incubated with siRNA for 3 day and subjected to osteogenic differentiation as described above.

## **Results**

### **CD34<sup>+</sup>THY1<sup>+</sup> subset expressed MSC surface markers**

Considering the expression of surface markers in the freshly-isolated synovial cells, both CD34<sup>+</sup>THY1<sup>+</sup> and CD34<sup>+</sup>THY1<sup>-</sup> subsets expressed THY1 with higher levels than CD34<sup>-</sup>THY1<sup>-</sup> subset, as we have shown previously (13). Interestingly, the expression level of THY1 in CD34<sup>+</sup>THY1<sup>+</sup> was the highest among the SF subsets regardless of the underlying diseases (Figure 1A).

The expressions of CD73 and CD271 were the highest in CD34<sup>+</sup>THY1<sup>+</sup> subset among three subsets (Figure 1B), whereas the expression levels of CD54 and CD29, a surface marker with low osteogenic potentials in derived from other cell types (22-23), was lower in CD34<sup>+</sup>THY1<sup>+</sup> subset than CD34<sup>-</sup>THY1<sup>-</sup> subset (Figure 1B). The expression level of CD44 was not significantly different among three subsets (Figure 1B).

Regarding the transcriptions of MSC surface markers in microarray data, these were not significant difference among three subsets (Supplementary Figure 3), indicating that these molecules are not regulated differently at the transcriptional levels.

### **CD34<sup>+</sup> THY1<sup>+</sup> subset presented the highest osteogenic potentials.**

The average ratio of calcified area stained with alizarin red as red spots was 4- and 1.5- times higher in CD34<sup>+</sup>THY1<sup>+</sup> subsets than CD34<sup>-</sup>THY1<sup>-</sup> and CD34<sup>-</sup>THY1<sup>+</sup> subsets (Figure 2A and 2B). We also stained three SF subsets with ALP staining to verify whether observed calcification is due to the differentiation of CD34<sup>+</sup>THY1<sup>+</sup> SFs into osteoblasts. The activity of ALP, which was expressed as blue stained area, was observed at twice higher levels in CD34<sup>+</sup> THY1<sup>+</sup> subset (Figure 2A and 2B) than CD34<sup>-</sup>THY1<sup>-</sup> subset.

To confirm the osteoblast differentiation by quantifying differentiation associated genes, the expressions of mRNA levels were measured. The expression levels of *RUNX2*, master regulator for osteoblast differentiation (24), was 2.8-times higher in CD34<sup>+</sup>THY1<sup>+</sup> subset than CD34<sup>-</sup>THY1<sup>-</sup> subset (Figure 2C). As for expression levels of *ALPL*, which is a marker in the early stage of osteoblast differentiation was expressed 1.8-times higher in CD34<sup>+</sup>THY1<sup>+</sup> subset than other two subsets after the differentiation for 3 weeks (Figure 2C). The expression levels of *OCN*, a differentiation marker in the mature osteoblast, were 1.7-times higher in CD34<sup>+</sup>THY1<sup>+</sup> subset than CD34<sup>-</sup>THY1<sup>-</sup> subset after the differentiation for 4 weeks (Figure 2C). These findings indicate that THY1<sup>+</sup> subsets, especially CD34<sup>+</sup>THY1<sup>+</sup> subset is the subset with the most superior osteogenic potentials in vitro.

### **CD34<sup>+</sup> THY1<sup>+</sup> subset possessed the highest chondrocyte differentiation potentials.**

After the culture in chondrogenic differentiation medium for 3 weeks, the largest chondrocyte pellets were formed from CD34<sup>+</sup>THY1<sup>+</sup> subset (Figure 3A). The ratio of cartilage matrix stained as red by Safranin-O staining in CD34<sup>-</sup>THY1<sup>-</sup>, CD34<sup>-</sup>THY1<sup>+</sup> and CD34<sup>+</sup>THY1<sup>+</sup> subsets were 39%, 41% and 46%, respectively (Figure 3B). CD34<sup>+</sup>THY1<sup>+</sup> subset presented significantly higher ratio of cartilage matrix than CD34<sup>-</sup>THY1<sup>-</sup> subsets.

Confirming the quantitative verification of chondrogenesis, expression levels of *ACAN*, which codes aggrecan, were evaluated. In both CD34<sup>-</sup>THY1<sup>+</sup>, and CD34<sup>+</sup>THY1<sup>+</sup> subsets, *ACAN* expression levels were 2.8- and 8- times higher than in CD34<sup>-</sup> THY1<sup>-</sup> subset, respectively (Figure 3B). These findings indicated that THY1<sup>+</sup> subsets, especially CD34<sup>+</sup>THY1<sup>+</sup> subset has the highest chondrogenic potential in vitro.

## **Adipocyte differentiation potential was not significantly different among the subsets.**

After culture in the adipocyte differentiation medium for 3 weeks, all SF subsets comparably presented lipid droplets (Figure 4A). The expressions of adipocyte associated genes, including *LPL* and *PPAR $\gamma$* , which codes lipoprotein lipase and peroxisome proliferator-activated receptor  $\gamma$ , were evaluated. The expression levels of *LPL* and *PPAR $\gamma$*  transcripts were not significantly different (Figure 4B).

These findings indicated that osteogenic and chondrogenic potentials were relatively high in CD34<sup>+</sup>THY1<sup>+</sup> subset, whereas adipogenic potential was comparable among three subsets.

## **THY1 knockdown suppressed osteoblast differentiation**

Since THY1 is one of the MSCs surface marker and associated with lineage potentials in osteogenesis and chondrogenesis, we hypothesized that baseline expression of THY1 in SF subsets determined differentiation potentials. Therefore, we investigated the endogenous function of THY1 in the osteoblast differentiation by the depletion using RNA-interference.

Compared with those treated with siRNA control, THY1 deficient SF demonstrated impaired calcification as well as attenuated ALP activity after 4 weeks culture in osteogenic differentiation medium (Figure 5A and 5B). Expressions of *THY1*, *RUNX2* and *ALPL* were also significantly suppressed (Figure 5C). These findings supported the hypothesis that the expression of endogenous THY1 is inevitable for the MSC functions in CD34<sup>+</sup>THY1<sup>+</sup> subset.

## **Discussion**

In the present study we identified significantly higher differentiation potency in CD34<sup>+</sup>THY1<sup>+</sup> subset by evaluating the osteogenic and chondrogenic differentiation potentials. The pattern of the MSC-associated surface markers also supported the highest potential as MSCs in CD34<sup>+</sup>THY1<sup>+</sup> subset.

Our findings were consistent with the previous reports that THY1 expression was associated with osteogenesis in bone marrow-derived MSCs (25). Additionally, THY1 is involved in angiogenesis through the differentiation of endothelial cells (26). In arthritic joints, perivascular SFs are exposed to Notch3 signaling from vascular endothelial cells, which is essential in the induction and maintenance of the expression of THY1 (27). THY1<sup>+</sup> subsets, which predominantly localize at the perivascular lesion in the synovium, may be induced due to angiogenesis followed by synovitis and joint damage. In contrast to the differentiation potentials, THY1 interacts with integrin and induces cell apoptosis via activation of caspase 3/7 pathway (28–29). Since THY1 expression was enhanced in fibroblasts when joint tissue was injured (30–31), these findings suggest that THY1 exerts to orchestrate the maintenance of joint homeostasis. In the arthritic joints, CD34<sup>+</sup>THY1<sup>+</sup> subset might be induced compensatory by the mechanical stress/injury in the joints.



In addition to THY1, we identified CD34 as a complementary marker to enrich MSCs from freshly-isolated synovial cells. Since CD34, a marker for hematopoietic stem cells (32), was used as a negative marker for MSC isolation so far, CD34 is positive in freshly isolated bone marrow-derived MSC (BMSC)s and CD34<sup>+</sup> BMSCs produced greater fibroblast colony-forming units than CD34<sup>-</sup> BMSCs (33). CD34 is also expressed not only on hematopoietic stem cells but also 10% of circulating fibrocytes, which are recruited to the injured site and associated with inflammation and wound repair (34–36). Although the potentials to differentiate osteoblasts and chondrocytes circulating fibrocytes have been analyzed in fibrotic lung tissue (37), the differentiation potentials in SFs, especially CD34<sup>+/-</sup> populations have not been compared. Therefore, this is the first report evaluating the MSC function in CD34<sup>+</sup>THY1<sup>+</sup> double-positive SF subset.

In active arthritis, the osteogenic and chondrogenic differentiation potentials in THY1<sup>+</sup> subsets may be overwhelmed or impaired due to inflammation. Although TNF and IL-6 blocking therapy have similar efficacy for RA patients (38), erosion repairment was observed most frequently under treatment with IL-6 blocking therapy (39–40). Since MSC functions were enhanced in the presence of inflammatory cytokines, including IL-1 $\beta$  or TNF  $\alpha$  (8)(41), bone repair would result from the fine-tuning of inflammatory mediators in the arthritic joint. Suppression of several inflammatory cytokines ameliorate arthritis effectively, whereas these might not be beneficial for inducing MSC functions.

As CD34<sup>+</sup>THY1<sup>+</sup> subset has a highly potent MSC function, these cell population might be appropriate to be applied for joint repairing therapy. However, CD34<sup>+</sup>THY1<sup>+</sup> subset would simultaneously contribute to the RA pathogenesis by the secretion of inflammatory cytokines and by enhanced proliferation potential (13). We need to find the way to preferentially utilize the MSC function in THY1<sup>+</sup> subsets or modify pro-inflammatory cytokine production in CD34<sup>+</sup>THY1<sup>+</sup> for the further therapeutic application. To enhance MSC potentials, we would consider several approaches to induce the expression of THY1<sup>+</sup> in SFs. Jagged 1 and Delta-like 4, which are one of the Notch3 ligands, may be useful for THY1 induction (27)(42). Stimulation of Notch3 signaling may be applicable to acquire osteogenic and chondrogenic differentiation potentials in SFs. A low oxygen environment is beneficial for MSC expansion and chondrogenesis by activating hypoxia-inducible factor  $\alpha$  and upregulation of THY1 (43).

Direct introduction of MSCs in the inflammatory joints has been proved to have immunosuppressive effects by induction of inducible regulatory T cells, which leads to inhibition of T cell proliferation and cytokine production (44). In addition, their systemic administration improves arthritis by inhibiting osteoclasts differentiation in arthritic animal model (45). Clinical trials by administrating human MSCs into joint spaces have been examined (4)(46–47). Alternatively, MSCs-derived exosomes, but not MSCs themselves, would be candidates for a novel treatment strategy for RA and OA since they can promote chondrogenesis (48).

Our study comprises several limitations. First, more than half of the synovial tissues were derived from OA, and the comparison of differentiation potential between RA and OA was not sufficient. Second, osteogenic and chondrogenic potentials in CD34<sup>+</sup>THY1<sup>+</sup> subset were not evaluated under the *in vivo*

environment. Third, we had not analyzed the relevance of previously reported signaling pathways, including Wnt pathway (49).

## Conclusions

The multipotency of differentiation in SFs has drawn attention of researchers as such MSC-like characteristics would expect us to develop novel therapeutic strategies for joint repair in RA and/or OA. CD34<sup>+</sup>THY1<sup>+</sup> subset presented high osteogenic and chondrogenic differentiation potentials. This subset also most intensively expressed MSC positive surface markers at the protein level, CD73 and CD271 as well as THY1. The preferential enhancement of MSCs functions in CD34<sup>+</sup>THY1<sup>+</sup> subset may provide a new treatment strategy in regeneration of damaged bone/cartilage in advanced RA and/or OA.

## Abbreviations

synovial fibroblast: SF

rheumatoid arthritis: RA

osteoarthritis: OA

mesenchymal stem cells: MSCs

biologic/conventional disease modified anti-rheumatic drug: b/c DMARD

mean fluorescence intensity: MFI

quantitative polymerase chain reaction: qPCR

interleukin: IL

tumor necrosis factor: TNF

methotrexate: MTX

alkaline phosphatase: ALP

osteocalcin: OCN

aggrecan: ACAN

lipoprotein lipase: LPL

peroxisome proliferator-activated receptor  $\gamma$ : PPAR $\gamma$

small interfering RNA: siRNA

# Declarations

## Ethics approval and consent to participate

Written informed consent for publication was obtained from all the patients.

We have confirmed the ethics approval from medical research ethics committee of Tokyo Medical and Dental University (Approval number: M2000-979).

## Consent for publication

We have obtained written informed consent for publication from all the patients.

## Availability of data and materials

The datasets generated during and analysed during the current study are available from the corresponding author on reasonable request.

The microarray data used in the current study is available in <https://www.ncbi.nlm.nih.gov/geo/geo2r/?acc=GSE109450&platform=GPL18573>.

## Competing interests

The authors declare that there is no conflict of interest.

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## Authors' contributions

SN, IS, SY and FM designated the research. SN, KE and YK performed all the examination. SN, TH, FM and SY analyzed and interpreted data. SN drafted the manuscript. TH, YK, YT, KE, KK, HK, YT, KS, IS, TS and SY supervised the manuscript. The final manuscript has been approved for publication by all the authors.

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## Tables

**Table 1: Patient characteristics.**

	<b>RA</b>	<b>OA</b>
Number of patients	18	52
Treatment	bDMARDs:7	ND
	cDMARDs:14	ND
	(MTX:10, others:6)	ND
Average dose of prednisolone (mg/day)	2.9 (1-10)	ND
Average C reactive protein (mg/dL)	1.20 (0.02-6.04)	ND
Proportion of SF subsets		
CD34 <sup>-</sup> THY1 <sup>-</sup>	35.5% (8.1-83.2)	56.6% (22.1-87.1)
CD34 <sup>-</sup> THY1 <sup>+</sup>	24.1% (1.6-64.2)	10.2% (1.0-30.9)
CD34 <sup>+</sup> THY1 <sup>+</sup>	24.8% (2.1-55.7)	17.2% (0.8-56.9)

bDMARDs: biologic disease modified anti-rheumatic drugs

cDMARDs: conventional disease modified anti-rheumatic drugs

MTX: methotrexate

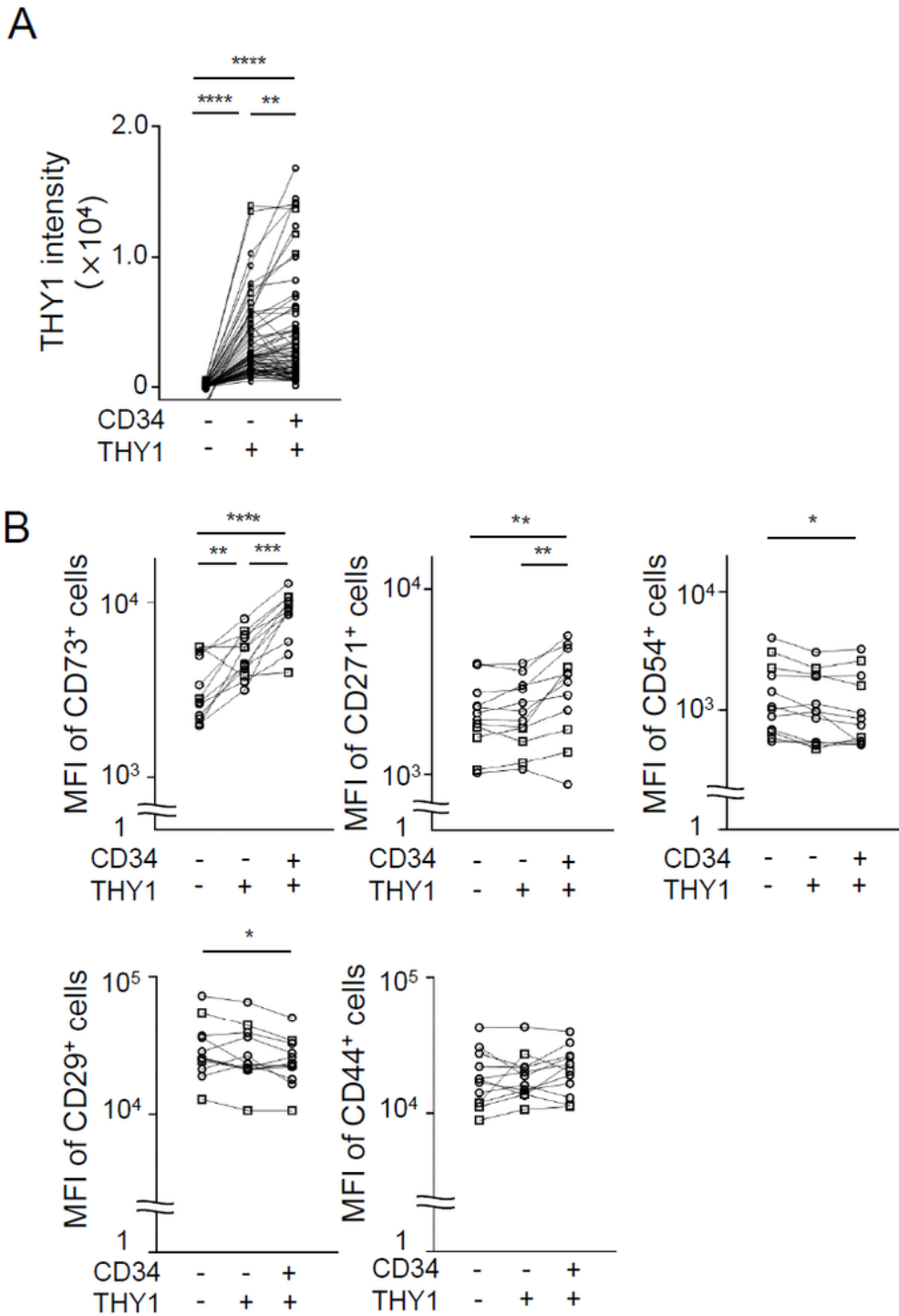
**Table 2: Primers sequences used in the study.**

Primer	Forward	Reverse
ALPL	5'ATGCTGAGTGACACAGACAAGAAG	5'GGTAGTTGTTGTGAGCATAGTCCAC
RUNX2	5'CATCACCGATGTGCCTAGG	5'TAAGTAAAGGTGGCTGGATAGTG
OCN	5' GACTGTGACGAGTTGGCTG	5' GGAAGAGGAAAGAAGGGTG
ACAN	5' TGTGGGACTGAAGTTCTTGG	5'AGCGAGTTGTCATGGTCTG
LPL	5'ACACTTGCCACCTCATTCC	5' ACCCAACTCTCATACATTCTG
PPAR $\gamma$	5'GTCGGTTTCAGAAATCGGTTG	5' GCTGGTCGATATCACTGGAG
THY1	5' CTA CT TATCCGCCTTCACTAGC	5' TGATGCCCTCACACTTGAC
18S	5'ACTCAACACGGGAAACCTCA	5'AACCAGACAAATCGCTCCAC

ALPL: alkaline phosphatase, OCN: osteocalcin, ACAN: aggrecan, LPL: lipoprotein lipase, PPAR $\gamma$ : peroxisome proliferator-activated receptor  $\gamma$

## Figures

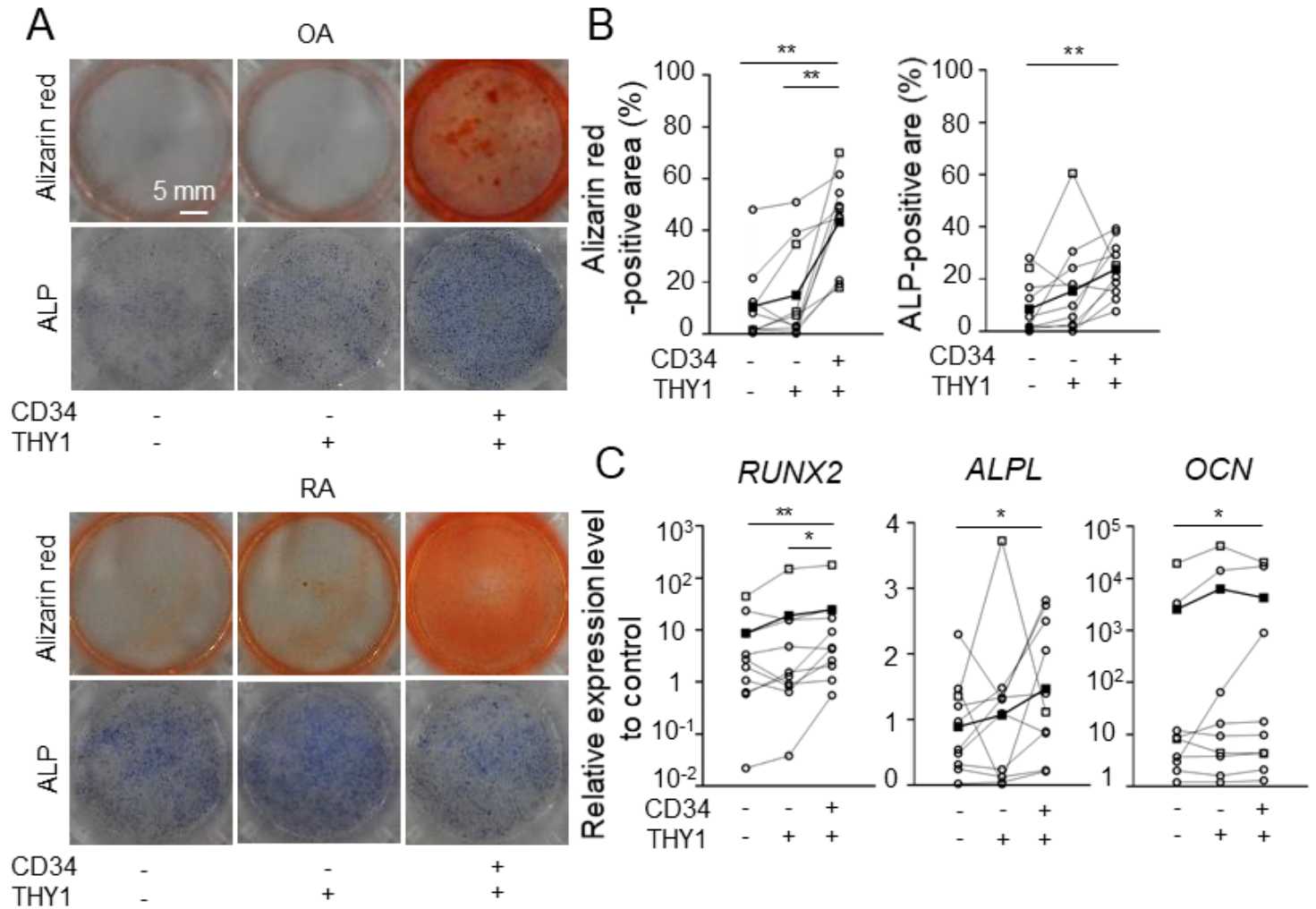




**Figure 1**

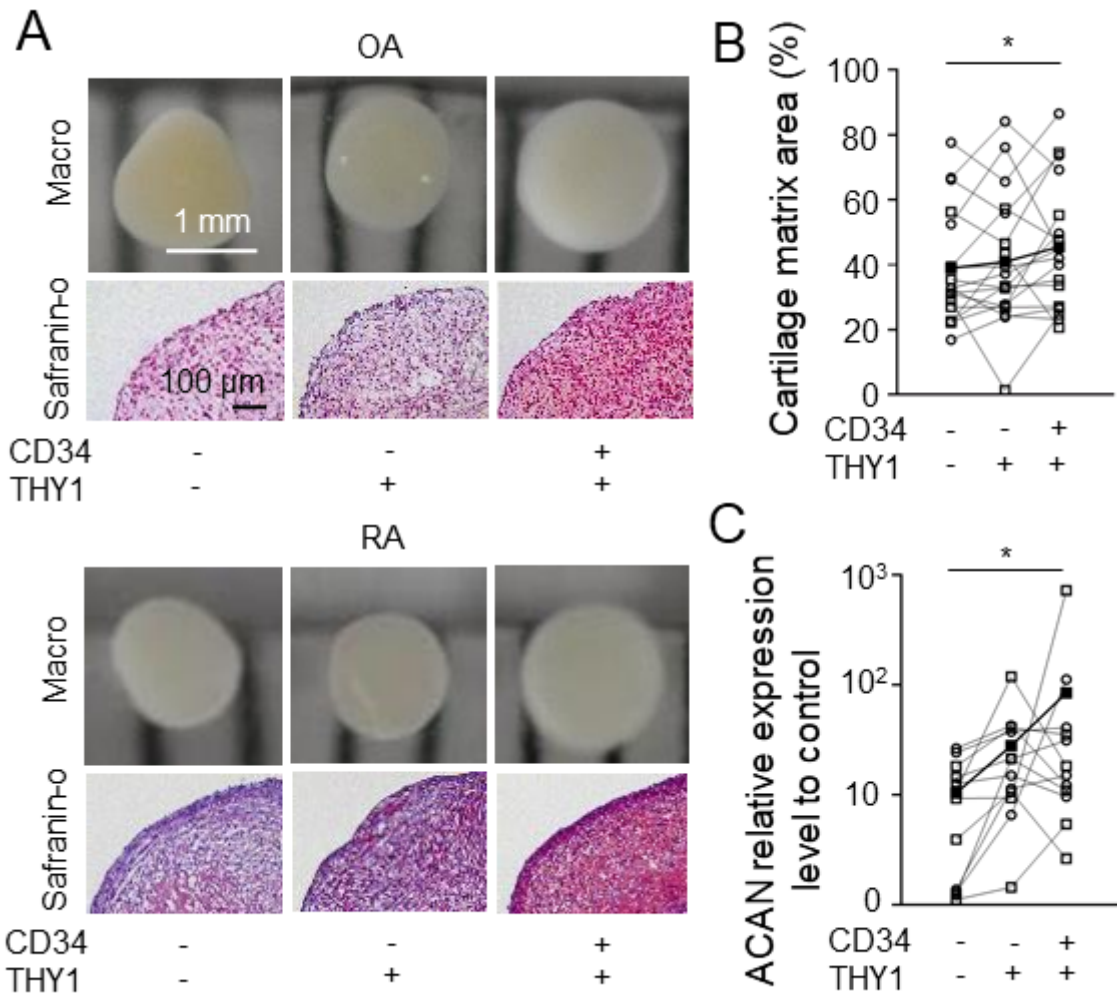
The expression of THY1 and MSC surface markers in the individual subset. A. THY1 expression. The mean fluorescence intensity (MFI) of THY1 was evaluated with flow cytometry. Data was shown in total samples OA+RA). B-D. MSC surface markers. The MFI of MSC surface markers (CD73, CD271, CD54, CD29 and CD44) was evaluated with flow cytometry. OA and RA samples are plotted as white circles and

white squares, respectively. Data were analyzed by Holm-Sidak's multiple comparison test for comparing each subset from the same samples (\* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , \*\*\*\* $p < 0.0001$ ).



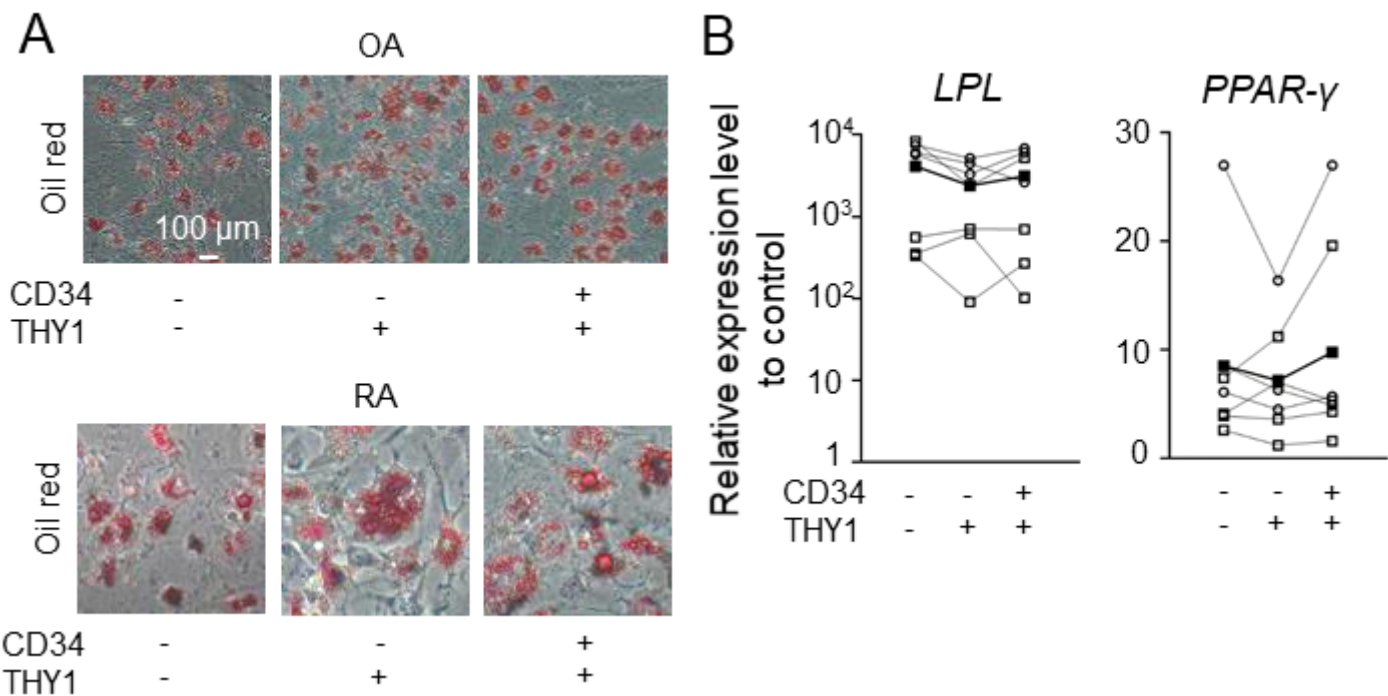
**Figure 2**

Osteogenic potentials of SF subsets. A. Representative photographs of whole dishes stained with alizarin red and ALP. Individual subsets were incubated in the calcification differentiation medium for 3 weeks. B. Quantification of the staining. Cells per donor were cultured in 3 dishes and the results of 10 donors for alizarin red and 11 donors for ALP were plotted. C. Gene expression levels by qPCR. The expression levels of the genes were plotted as a ratio to the expression level of 18S of undifferentiated SF as a control. Cells per donor were cultured in 3 dishes and the results of 10 donors for RUNX2 and ALPL, and 9 donors for OCN. OA and RA samples are plotted as white circles and white squares, respectively. The average data of each subset are plotted as black squares. Data were analyzed by Dunn's multiple comparison test for comparing each subset from the same patients (\* $p < 0.05$ , \*\* $p < 0.01$ ).



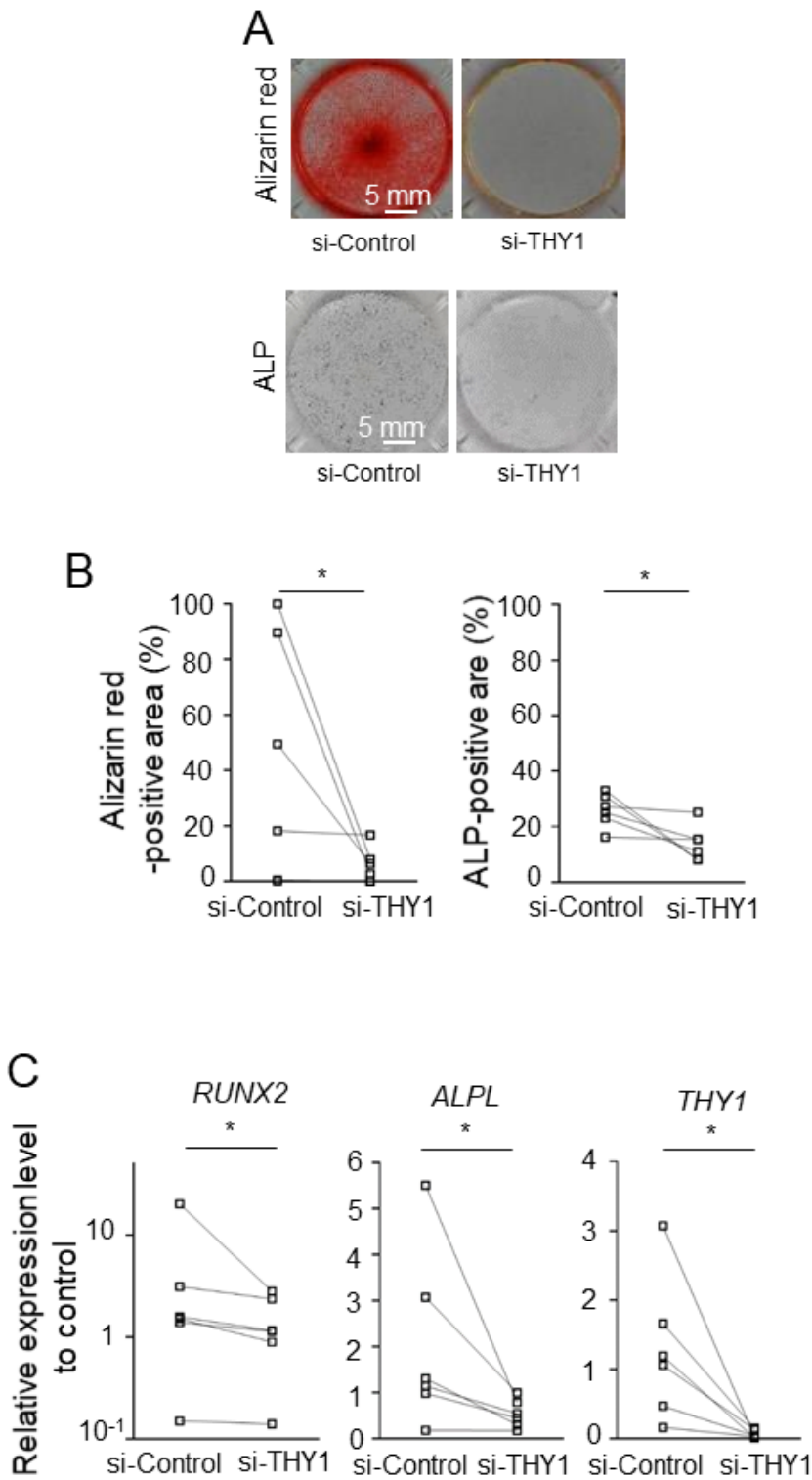
**Figure 3**

Chondrogenic potentials of SF subsets. A-B. Size and histology of the chondrocyte pellets. Individual subsets were incubated in the chondrocyte differentiation medium for 3 weeks. Representative macro picture of chondrocyte pellet (A, upper). Chondrocyte matrix was stained as red by safranin O staining and measured the ratio of stained area (A, lower B). Cells per donor were cultured in 3 pellets and the results of 18 donors (C). C. qPCR of chondrogenic differentiation marker. The relative expression levels of ACAN in differentiated cells. Cells per donor were cultured in 3 pellets and the results of 12 donors. The target genes were normalized with 18S of undifferentiated SF as a control. OA and RA samples are plotted as white circles and white squares, respectively. The average data of each subset are plotted as black squares. Data were analyzed by Dunn's multiple comparison test for comparing each subset from the same samples (\* $p < 0.05$ ).



**Figure 4**

Adipogenic potential of SF subsets. A. Oil-red staining. The SF subsets cultured in adipocyte differentiation medium for 3 weeks. Adipogenesis was detected as red spots with oil-red staining. B. qPCR of adipogenic differentiation markers. The relative expression levels of LPL and PPAR $\gamma$  in differentiated cells. Cells per donor were cultured in 3 dishes and the results of 7 donors. The target genes were normalized with 18S of undifferentiated SF as a control. OA and RA samples are plotted as white circles and white squares, respectively. The average data of each subset are plotted as black squares. Data were analyzed by Dunn's multiple comparison test for comparing each subset from the same samples.



**Figure 5**

THY1 knockdown regulated osteoblast differentiation. A. Alizarin red and ALP staining. Representative pictures of SFs stained by alizarin red and ALP staining after THY1 knockdown. B. Quantification of staining. C. qPCR of osteogenic differentiation markers. Comparison of osteoblast differentiation markers at day 7 after THY1 knockdown. Cells per donor were cultured in 2 dishes and the results of 6

donors. The target genes were normalized with 18S of undifferentiated SF as a control. Data were analyzed by Wilcoxon's test for comparing each subset from the same samples (\* $p < 0.05$ ).

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [SupplementaryFigure1.pdf](#)
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