

# Lipidomics Study of the Therapeutic Mechanism of Plantaginis Semen in Potassium Oxonate-Induced Hyperuricemia Rat

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## Research

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1 **Lipidomics study of the therapeutic mechanism of Plantaginis semen**  
2 **in potassium oxonate-induced hyperuricemia rat**

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23 **Abstract**

24 **Background**

25 Plantaginis semen has been widely used as folk medicine and health care food against  
26 hyperuricemia (HUA) and gout, but little was known about its pharmacological  
27 mechanism.

28 **Methods**

29 The model was established by potassium oxonate intragastric administration. 42  
30 Sprague-Dawley (SD) male rats were randomly divided into the control group, model  
31 group, benzbromarone group (10 mg/kg) and three Plantaginis semen groups (n = 7).  
32 The Plantaginis semen groups were treated orally with Plantaginis semen at 0.9375,  
33 1.875 and 3.75 g/kg for 28 days. The levels of serum uric acid (UA), creatinine (Cr),  
34 triacylglycerol (TG) and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) were detected using enzyme-  
35 linked immunosorbent assay kits. Ultra performance liquid chromatography  
36 quadrupole time of flight mass spectrometry (UPLC-Q-TOF/MS) was used as the basis  
37 for serum lipidomics analysis, and orthogonal partial least squares discriminant analysis  
38 (OPLS-DA) was carried out for the pattern recognition and characteristic metabolites  
39 identification. The relative levels of critical regulatory factors of urate anion transporter  
40 1 (URAT1) and phosphatidylinositol 3-kinase/ protein kinases B (PI3K/Akt) were  
41 determined by quantitative real-time polymerase chain reaction (RT-qPCR).

42 **Results**

43 Compared with the model group, the levels of serum UA, Cr, and TG were significantly  
44 ( $p < 0.01$ ) decreased in benzbromarone and three Plantaginis semen groups and the level

45 of serum TNF- $\alpha$  was significantly ( $p < 0.05$ ) decreased in benzbromarone and low dose  
46 of Plantaginis semen group. With lipidomics analysis, significant lipid metabolic  
47 perturbations were observed in HUA rats, 13 metabolites were identified as potential  
48 biomarkers and glycerophospholipid metabolism pathway was mostly affected. These  
49 perturbations can be partially restored via treatment of benzbromarone and Plantaginis  
50 semen. Additionally, the URAT1 and PI3K/Akt mRNA expression levels were  
51 significantly decreased ( $p < 0.05$ ) after treatment with benzbromarone and high dose of  
52 Plantaginis semen.

### 53 **Conclusions**

54 Plantaginis semen had significant anti-HUA, anti-inflammatory and renal protection  
55 effects and could attenuate potassium oxonate-induced HUA through regulation of lipid  
56 metabolism disorder.

### 57 **Trial registration**

58 Not applicable

59 **Key words:** Hyperuricemia; lipidomics; Plantaginis semen; lipid metabolism  
60 disorder; Lowering uric acid

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67 **Background**

68 Hyperuricemia (HUA), the cause of gout, is associated with cardiovascular diseases  
69 and metabolic diseases such as diabetes hypertension and dyslipidemia[1]. Elevated  
70 prevalent of HUA has been observed throughout the world, placing a considerable  
71 public health burden on the society[2]. Currently, two categories medicine commonly  
72 used for the treatment of HUA are uricosuric agents such as probenecid and  
73 benzbromarone and/or xanthine oxidase (XOD) inhibitors such as allopurinol[3].  
74 However, allopurinol may produce a mild skin rash and severe cutaneous reactions and  
75 there are some unanswered questions about the pharmacological interactions of  
76 probenecid and the hepatotoxicity of benzbromarone[4, 5]. So alternative or  
77 complementary therapies are in need of reducing the risk of HUA attacks.

78 Traditional Chinese medicine (TCM) is an excellent representative in alternative and  
79 complementary medicine with a complete theory system and substantial herbal  
80 remedies[6]. *Plantaginis semen*, the dried ripe seed of *Plantago asiatica* L. or *Plantago*  
81 *depressa* Willd, has certain activities in anti-inflammatory, blood lipid lowering and  
82 immune regulatory actions and has been widely used as folk medicine and health care  
83 food against HUA and gout, but little was known about its pharmacological  
84 mechanism[7, 8].

85 It has been reported that HUA was concerned with the disorders of lipid metabolism,  
86 the results of an epidemiological survey showed that about 60% of patients with HUA  
87 had abnormal lipid metabolism and later developed HUA with hyperlipidemia[9].  
88 However, current metabonomic studies associated with HUA are mainly pay attention

89 to the total relevant metabolites rather than lipids, and the lipid biomarkers should be  
90 subjected to further study[10, 11]. Lipidomics emphasis on the the determination of  
91 lipid molecular composition in cells, biofluids, tissue, or whole organism and could be  
92 a puissant tool to provide a new insight into the change of lipid metabolism in HUA  
93 and the anti-HUA mechanism of Plantaginis semen[12].

94 URAT1 plays a central role in renal urate reabsorption and is the target of uricosuric  
95 drugs in treating HUA[13, 14]. It has also been reported that activation of PI3K/Akt  
96 pathway is able to trigger inflammatory and kidney injuries, causing renal excretion of  
97 uric acid impaired and HUA[15-21].Both of them play an important role in the  
98 treatment of HUA.

99 In this study, we investigated the effects and mechanism of Plantaginis semen on HUA  
100 rats and preliminarily evaluate the actions of Plantaginis semen on URAT1 and  
101 PI3K/Akt pathway. Our findings shed light on the relationship between lipid  
102 metabolism and HUA and supplied evidences that Plantaginis semen may be used for  
103 the treatment of HUA in the clinic.

## 104 **Methods**

### 105 **Chemicals and reagents**

106 Benzbromarone tablets (50 mg/tablet) were provided by Excella GmbH & Co.KG  
107 (Nurnberger, Germany). Potassium oxonate was acquired from Shanghai Macklin  
108 Biochemical Co., Ltd. (Shanghai, China). Pentobarbital sodium was provided by  
109 Tianjin Fuchen Chemical Technology Co., Ltd. (Tianjin, China). LC-MS grade  
110 acetonitrile, formic acid, ammonium formate, isopropyl alcohol, methanol were

111 supplied by America Thermo Fisher Scientific Co., Ltd. (Massachusetts, America).  
112 Analytical grade ethanol was purchased from America Thermo Fisher Scientific Co.,  
113 Ltd. (Massachusetts, America). Ultrapure water was made by America Millipore Co.,  
114 Ltd. Milli-q ultra pure water machine (Massachusetts, America).

#### 115 **Preparation of plantaginis semen extract**

116 Plantaginis semen was purchased from Tongrentang Chinese Medicine, (Beijing,  
117 China). 100g Plantaginis semen was taken and 65% ethanol of 8 times the amount of  
118 herbs was added to heat and reflux for 3 times, 2 h each time. The filtrate obtained from  
119 three reflux times was mixed and concentrated to 100 mL, containing crude drug  
120 content of 1.0g·mL<sup>-1</sup>. The filtrate was refrigerated for later use.

#### 121 **Animal care and experimental design**

122 Specific pathogen free (SPF) grade Sprague-Dawley (SD) male rats (200 ± 20g) were  
123 bought from Vital River Laboratory Animal Technology Co., Ltd. (Beijing, China) and  
124 the certificate number is SCXK (Jing) 2016-0006. Rats were fed with a standard  
125 laboratory environment (humidity 40-70% and temperature 20-25°C) and hold on a 12  
126 h/12 h light/dark cycle during the whole period. All experimental protocols were  
127 approved by the ethics committee of Beijing University of Chinese Medicine (Beijing,  
128 China).

129 After the acclimation period, rats were randomly separated out into six group equally  
130 (n=7), including control group (C), model group (M), benzbromarone group (Y), high  
131 dose group (CH), medium dose group (CM) and low dose group (CL). The rat HUA  
132 model was established by potassium oxonate intragastric administration. At 1h before

133 drug administration, the rats were given potassium oxonate by intragastric  
134 administration according to  $1.5\text{g}\cdot\text{kg}^{-1}$  dose, and the control group was given the  
135 corresponding volume distilled water by intragastric administration. Then the CH, CM,  
136 and CL groups were orally administered three dosages of Plantaginis semen  
137 ( $0.9375\text{g}/\text{kg}$ ,  $1.875\text{g}/\text{kg}$ ,  $3.75\text{g}/\text{kg}$ ), and the Y group was treated with benzbromarone  
138 ( $10\text{ mg}/\text{kg}$ ) once a day for 28 days.

### 139 **Serum biochemical indicator measurements**

140 On the 28th day of modeling, rats were anesthetized with 2% pentobarbital sodium ( $0.3$   
141  $\text{mL}/100\text{g}$ , i.p. injection). The blood samples were taken from the abdominal aorta by a  
142 vacuum blood collection tube, and centrifuged for 10 min ( $3000\text{ rpm}$ ,  $10^\circ\text{C}$ ). Serum  
143 samples were stored at  $-80^\circ\text{C}$  for analysis. The levels of serum UA, Cr, TG and  $\text{TNF-}\alpha$   
144 were measured using commercially available kits (Jiancheng, Nanjing, China)  
145 according to the manufacturer's instructions.

### 146 **Serum UPLC-Q-TOF/MS analysis**

147 Serum samples were thawed at room temperature before data acquisition.  $320\ \mu\text{L}$  of  
148 chloroform-methanol (3:1, V/V) was put into  $80\ \mu\text{L}$  serum sample, vortex for 15s each  
149 time and centrifuged ( $10000\ \text{r}\cdot\text{min}^{-1}$ ) at room temperature for 10 min. The supernatant  
150 was taken for UPLC-Q-TOF/MS analysis.

151 The UPLC column was Acquity CSH C18( $2.1\times 100\text{mm}$ ,  $1.7\ \mu\text{m}$ , Waters Corp., Milford,  
152 MA, USA) with the column temperature maintained at  $40\ ^\circ\text{C}$ , flow rate  $0.3\text{mL}\cdot\text{min}^{-1}$ .

153 The gradient mobile phase was composed of acetonitrile-water-formic acid (60:40:0.1)  
154 plus  $10\text{mmol}\cdot\text{L}^{-1}$  ammonium formate (phase A) and isopropanol-methanol-formic acid

155 (90:10:0.1) plus 10mmol·L<sup>-1</sup> ammonium formate (phase B). The gradient elution  
156 programme was as follows: 0.0min, 60%A; 0.0~3.1min, 57%A; 3.1~4.1min, 30%A;  
157 4.1~4.3min, 27%A; 4.3~8.0min, 23%A; 8.0~10.0 min, 60%A.

158 MS analysis was performed by Xevo G2 Q/TOF MS (Waters Corp., Milford, MA, USA)  
159 system. The optimized mass conditions were as follows: the ionization mode is  
160 electrospray ionization and was set in positive modes. The flow rate of the cone gas  
161 was 20 L/h. The capillary voltage was 2.5 kV in positive mode. The source temperature  
162 was 120 °C and the atomizing gas temperature is 450°C. MS data were collected in the  
163 full scan mode from m/z50–1200 amu.

#### 164 **Data processing**

165 The raw data obtained by UPLC-Q/TOF-MS were imported into MassLynx  
166 V4.1software (Waters Corp., Milford, MA, USA) to pretreat the data, including peak  
167 filtering and peak alignment. The resultant data matrices were introduced to SIMCA-P  
168 (version 13.0, Umetrics, Sweden) for orthogonal projection to latent structures (OPLS)  
169 analysis. The multivariate analysis results are expressed in the form of scores plot and  
170 S-plot to observe the global clustering trends of various groups and visualize their  
171 distributions. The model parameters including R<sup>2</sup> (goodness of fit) and Q<sup>2</sup> (goodness of  
172 prediction) calculated from the OPLS-DA models were used to evaluate the quality of  
173 these models. Finally, potential biomarkers were filtered by the results of variable  
174 importance for the projection (VIP) values (VIP>1) and t-test (p<0.5) values. The  
175 above-mentioned biomarkers are analyzed by m/z, retention time (RT) and fragment  
176 ion information, combined with HMDB (<http://www.hmdb.ca/>) and Lipid Maps

177 (<http://www.lipidmaps.org>) database to confirm differential metabolites.

178 Finally, the pathway analysis of potential biomarkers were performed with the Metabo  
179 Analyst (<http://www.metaboanalyst.ca/>), which was based on the database source  
180 including KEGG (<http://www.genome.jp/kegg/>) and a correlation metabolic networks  
181 for disturbed pathways in HUA rats was constructed.

## 182 **RT-qPCR**

183 RNA from kidney tissue was extracted by Hipure Total RNA Mini Kit (Magen,  
184 Guangzhou, China). RT-qPCR was carried out using TB Green Primix Ex TaqII kit  
185 (Takara, Kyoto-fu, Japan) in Bio-Rad CFX96 Real Time PCR System (BIO-RAD,  
186 Shanghai, China). The primers used in the study are: URAT1, Forward: 5'-  
187 CTCTGCTGGTGTATGGAGTGG-3', Reverse: 5'-TTTCTGGATGTCTTGGATGGT-  
188 3', PI3K, Forward:5'-GGTTCTTGCGAAGTGAGATAGCCC-3, Reverse:5'-  
189 ACCTGCTGCGTGAAGTCCTGTA-3', Akt, Forward:5'-  
190 TGTCTCGTGAGCGCGTGTTTT-3', Reverse:5'-CCGTTATCTTGATGTGCCCGTC-  
191 3'. Ct (cycle threshold) value was collected. Detected in triplicate and the relative  
192 expression levels of genes were determined by the  $2^{-\Delta\Delta Ct}$  method.

## 193 **Results**

### 194 **Plantaginis semen decreased the level of serum UA in HUA rats**

195 After 28 days, rats fed potassium oxonate change in the lever of serum UA (Fig.1a). As  
196 compared to the C group ( $92.84 \pm 16.22 \text{ umol}\cdot\text{L}^{-1}$ ), the lever of serum UA in the M  
197 group ( $186.44 \pm 26.20 \text{ umol}\cdot\text{L}^{-1}$ ) increased significantly ( $p<0.01$ ), which represents the  
198 success of the mold. Conversely, the lever of serum UA in the Y ( $138.91 \pm 15.41$

199  $\mu\text{mol}\cdot\text{L}^{-1}$ ), CH ( $149.44 \pm 21.12 \mu\text{mol}\cdot\text{L}^{-1}$ ), CM ( $159.11 \pm 9.78 \mu\text{mol}\cdot\text{L}^{-1}$ ) and CL  
200 ( $145.85 \pm 6.81 \mu\text{mol}\cdot\text{L}^{-1}$ ) groups all significantly ( $p<0.01$ ) reduced, compared to the  
201 case for the M group. These results indicated that Plantaginis semen could effectively  
202 lower serum uric acid lever.

### 203 **Plantaginis semen exerted renal protection effect in HUA rats**

204 Serum Cr is necessary to assess kidney function and can reflect the extent of renal  
205 injury[22]. The results depicted in Fig.1b show that the levels of serum Cr ( $45.79 \pm$   
206  $4.02\mu\text{mol}\cdot\text{L}^{-1}$ ) in the M group were significantly ( $p<0.01$ ) increased, as compared to  
207 serum Cr ( $35.28 \pm 7.26\mu\text{mol}\cdot\text{L}^{-1}$ ) observed for the C group. After receiving treatment  
208 for 28 days, the serum Cr levels ( $35.47\pm 3.51$ ,  $39.72\pm 5.55$ ,  $39.02\pm 4.27\mu\text{mol}\cdot\text{L}^{-1}$ ) in the  
209 CH, CM and CL groups were significantly ( $p<0.01$ ) reduced, as compared to that of the  
210 M group. And the serum Cr of these 3 groups all lower than Y group, indicated that  
211 Plantaginis semen has a good protective effect on renal.

### 212 **Plantaginis semen ameliorated serum TG accumulation in HUA rats**

213 Serum level of TG was remarkably ( $p<0.01$ ) elevation in the M group as compared  
214 with the control group. Then, over 28 days of treatment, the TG levels in the CH ( $0.18$   
215  $\pm 0.08 \text{ mmol/L}$ ), CM ( $0.17 \pm 0.07 \text{ mmol/L}$ ), and CL ( $0.24 \pm 0.06 \text{ mmol/L}$ ) groups all  
216 significantly ( $p<0.01$ ) reduced compared to that in the M group ( $0.50 \pm 0.17 \text{ mmol/L}$ ).  
217 The results were depicted in Fig.1c. The effect of CL group was close to that of Y group,  
218 and the effects of CM and CH group were better than Y and CL group and close to C  
219 group.

### 220 **Plantaginis semen reduced the level of TNF- $\alpha$ in HUA rats**

221 In our study, the levels of TNF- $\alpha$  in the serum were used to evaluate the anti-  
222 inflammatory effect of Plantaginis semen in vivo. As shown in Fig.1d, the level of TNF-  
223  $\alpha$  in the M group ( $117.10 \pm 27.03 \text{ pg}\cdot\text{mL}^{-1}$ ) significantly ( $p<0.05$ ) higher than that in  
224 the C group ( $81.77 \pm 17.08 \text{ pg}\cdot\text{mL}^{-1}$ ). In the CL group, the level of TNF- $\alpha$  ( $85.30 \pm$   
225  $21.29 \text{ pg}\cdot\text{mL}^{-1}$ ) was significantly ( $p<0.05$ ) decreased compared to M group and are  
226 nearly to Y group ( $81.77 \pm 17.08 \text{ pg}\cdot\text{mL}^{-1}$ ). The levels of TNF- $\alpha$  in the CM and CH  
227 groups decreased but remained insignificant.

### 228 **Metabolic perturbations and differential metabolites associated with HUA Rats**

229 To investigate the effect of potassium oxonate on endogenous component changes, an  
230 OPLS-DA model was used to compare the serum samples obtained during 28 days from  
231 the model and control groups. As shown in the OPLS-DA score plots of serum samples  
232 (Fig.2a), a separation between the model group and the control group was clearly seen,  
233 indicating that the HUA model was successful and had completely different metabolic  
234 profiles compared with the healthy controls. The parameters of the OPLS-DA models  
235 were as follows:  $R^2Y=0.936$  and  $Q^2= 0.737$ . The  $R^2Y$  and  $Q^2$  values reflect excellent  
236 predictability and explain the differences between the control and model groups. In  
237 addition, 200-iteration permutation tests were also performed to assess the robustness  
238 of OPLS-DA models (Fig.2b). The validation plots showed that the original OPLS-DA  
239 models were not random and overfitted as both permuted  $Q^2$  and  $R^2$  values were lower  
240 than the corresponding original values along with the Y-intercepts of the regression  
241 lines of the  $Q^2$ -points below zero.

242 Potential biomarkers were identified from the interactions between control and model

243 groups using the corresponding S-plot analysis under OPLS-DA model. The  
 244 metabolites whose VIP values > 1 and p values < 0.05 of OPLS-DA were presumed as  
 245 significant differences. Databases such as KEGG, METLIN, and HMDB were used to  
 246 identify potential bio-markers, along with UPLC/Q-TOF-MS information. The results  
 247 were shown in table 1. 13 metabolites were matched and identified, including 4  
 248 phosphatidylcholine (PC), 4 hemolytic phosphatidylcholine (LPC), 2  
 249 phosphatidylethanolamine (PE), 2 TG, 1 cholesterol ester (CE). Compared with the  
 250 control group, the metabolic perturbations occurring in serum of the HUA rats were  
 251 mainly characterized by increased levels of these lipids.

252 Table 1 Identification results of differential metabolites associated with HUA rats

No.	RT(min)	<i>m/z</i>	Formula	Metabolite	VIP	M	Y	CL	CM	CH
						vs. C	vs. M	vs. M	vs. M	vs. M
1	5.5875	898.7862	C <sub>57</sub> H <sub>100</sub> O <sub>6</sub>	TG(18:2/18:1/18:2)	2.75	↑**	↓##	—	↓##	↓##
2	8.9231	931.7526	C <sub>55</sub> H <sub>92</sub> O <sub>6</sub>	TG(20:4/14:0/18:3)	2.55	↑**	↓#	—	↓##	—
3	8.4467	925.7098	C <sub>48</sub> H <sub>92</sub> NO <sub>8</sub> P	PC(24:1/16:1)	2.54	↑**	↓#	—	↓##	↓##
4	2.6081	496.3364	C <sub>50</sub> H <sub>94</sub> NO <sub>8</sub> P	PC(24:1/18:2)	2.43	↑**	—	↓##	↓##	↓##
5	9.0509	264.9627	C <sub>41</sub> H <sub>82</sub> NO <sub>8</sub> P	PC(15:0/18:0)	2.29	↑**	—	—	↓##	—
6	9.0937	326.9082	C <sub>54</sub> H <sub>102</sub> NO <sub>8</sub> P	PC(24:1/22:2)	2.70	↑**	↓##	↓##	↓##	↓##
7	1.8681	516.3129	C <sub>24</sub> H <sub>48</sub> NO <sub>7</sub> P	LPC(16:1/0:0)	2.35	↑**	—	↓#	—	—
8	2.0389	610.3188	C <sub>30</sub> H <sub>54</sub> NO <sub>7</sub> P	LPC(22:4/0:0)	2.56	↑**	↓##	↓##	—	—
9	2.0460	542.3279	C <sub>26</sub> H <sub>50</sub> NO <sub>7</sub> P	LPC(18:2/0:0)	2.37	↑**	↓##	↓##	↓#	—

10	4.1085	273.6606	C <sub>26</sub> H <sub>54</sub> NO <sub>7</sub> P	LPC(18:0/0:0)	2.09	↑**	—	—	↓#	—
11	9.3573	416.2983	C <sub>45</sub> H <sub>76</sub> NO <sub>8</sub> P	PE(18:3/22:4)	2.15	↑**	—	—	↓#	—
12	9.0937	326.9082	C <sub>53</sub> H <sub>102</sub> NO <sub>8</sub> P	PE(24:1/24:1)	2.43	↑**	↓##	↓##	↓##	↓##
13	9.0230	376.8943	C <sub>51</sub> H <sub>90</sub> O <sub>2</sub>	CE(24:1)	2.60	↑**	↓##	↓##	↓##	↓##

253 C, control group; M, model group; Y, benzbromarone group; CL, low dosage group; CM, medium  
 254 dosage group; CH, high dosage group; \*\*, p<0.01 vs. control group. \*, p<0.05 vs. control group; ##,  
 255 p<0.01 vs. model group; #, p<0.05 vs. model group. (↑): up-regulated and (↓): down-regulated. (-):no  
 256 statistically significant difference

257 Metabolic changes under the treatment of benzbromarone and Plantaginis semen

258 Fig.3 showed distinct metabolic profiles among different groups and there is a tendency  
 259 to return to the normal group in benzbromarone-treated and different dose Plantaginis  
 260 semen-treated groups. Heatmap analysis was produced to intuitively compare the  
 261 relative content of 13 potential metabolites among 6 groups referring to table1 (Fig.4).

262 Control group and model group clearly distinguished, the color depth of benzbromarone  
 263 group and Plantaginis semen groups were close to control group, indicating that the  
 264 performance on the callback of these metabolites is extraordinary obvious. 8, 7, 11 and

265 6 differential metabolites associated with HUA in serum of rats were significantly  
 266 (p<0.05) reversed by benzbromarone, low dose Plantaginis semen, medium dose

267 Plantaginis semen, high dose Plantaginis semen respectively (Fig.5). These findings  
 268 suggested that the metabolic perturbations induced by HUA could be normalized by

269 benzbromarone and Plantaginis semen treatment. Among them, the effect of  
 270 normalizing differential metabolites in the middle dose Plantaginis semen group was

271 the best.

### 272 **Metabolic pathways related to potential biomarker**

273 The 13 potential biomarkers were found to be primarily involved in 6 disturbed  
274 metabolic pathways. Based on the impact value greater than 0.1 and p value less than  
275 0.05, glycerophospholipid metabolism was considered as the most relevant pathways  
276 in potassium oxonate-induced HUA (Fig.6) and a global metabolic network was  
277 mapped (Fig.7).

### 278 **Plantaginis semen downregulated the mRNA expression of PI3k, Akt, URAT1 in** 279 **HUA rats**

280 The mRNA expressions of PI3K, Akt and URAT1 in rat renal were shown in Fig.8. The  
281 contents of URAT1 and PI3K/Akt were significantly ( $P<0.05$ ) increased in M group  
282 compared with those in C group. After 28 days administration, Y group and three  
283 Plantaginis semen groups all showed significantly ( $P<0.01$ ) decrease in the expressions  
284 of URAT1 mRNA, while there were no significant differences ( $P>0.05$ ) in the  
285 expressions of PI3K and Akt mRNA between M, CL and CM groups. The Akt  
286 expression of CH group was approximate to that of Y group and the PI3k expression of  
287 CH group was even lower than Y group (Fig.8 b, c).

### 288 **Discussion**

289 The study provides evidences that Plantaginis semen attenuates potassium oxonate-  
290 induced HUA through regulation of lipid metabolism disorder. This study also presents  
291 the change in lipid metabolism of HUA which helps to explain the relationship between  
292 lipid metabolism and HUA. Further, Plantaginis semen influenced URAT1 and

293 PI3K/Akt pathway to support its UA lowering efficacy in HUA rats.

294 Urate crystals deposit in the blood vessel walls and kidneys will cause chronic  
295 inflammatory damage and releasing large amounts of inflammatory factors, such as  
296 TNF- $\alpha$ , IL-6[23]. Elevated TNF- $\alpha$  levels will also further aggravate renal tubular and  
297 interstitial damage, resulting in UA excretion impaired[24, 25]. So long-term persistent  
298 HUA is closely related to inflammation and will lead to renal dysfunction and renal  
299 impairment[13].In this experiment, by determining the levels of serum Cr, UA and  
300 serum TNF- $\alpha$ , we can evaluate the renal function of HUA rats and asses the anti-  
301 inflammatory and reducing uric acid effects of Plantaginis semen. While increasing the  
302 serum UA of the rats, the levels of serum TNF- $\alpha$  and Cr also increased, indicating that  
303 inflammatory factors are involved in the development and progression of HUA[26] and  
304 HUA rats had renal function injury and chronic low-grade inflammatory in a state of  
305 high uric acid. However, different dose of Plantaginis semen treatment could  
306 significantly decrease the levers of serum UA in HUA rats and reduce their serum Cr  
307 and TNF- $\alpha$  concentration simultaneously, indicating that the ethanol extract of  
308 Plantaginis semen could improve the renal injury and protect renal in HUA rats and  
309 may treat HUA via their anti-inflammatory effect.

310 The link between HUA and metabolic syndrome had been recognized, and a growing  
311 body of research indicated that there is a strong concurrence between dyslipidemia and  
312 hyperuricemia. Studies have indicated that elevated levels of SUA up regulates the  
313 concentration of TG[27]. Benzbromarone can regulate the expression of lipid  
314 metabolism genes, when benzbromarone was used in uric acid-lowering therapy on

315 hypercholesterolem and hypertriglyceridemia in gouty patients, the lever of TG  
316 modestly decreased[28, 29]. The level of serum UA increased accompanied with the  
317 increment of serum TG levels indicating that disorders of lipid metabolism occurred in  
318 HUA rats. After the treatment with benzbromarone and Plantaginis semen, the serum  
319 TG level was decreased which demonstrated that Plantaginis semen has similar effect  
320 to benzbromarone and the Plantaginis semen may via lowering accumulation of lipids  
321 and restoring lipid metabolism to ease HUA.

322 A lipidomics approach was also applied to describe the metabolic differences in this  
323 experiment. In our study, HUA rats in our study exhibited an elevated level of CEs, TGs,  
324 PCs, LPCs, PEs in serum compared with normal rat. CE (24:1) is a kind of cholesterol  
325 fatty acid ester and can be hydrolyzed by cholesterol esterase to produce cholesterol  
326 and free fatty acids[30]. Therefore, the increase of CE level will lead to the increase of  
327 serum total cholesterol (TC). Elevated serum TC is more common in nephrotic  
328 syndrome and cardiovascular and cerebrovascular diseases and the determination of  
329 serum TC has become a routine item for the analysis of blood lipids[31]. The serum CE  
330 level in HUA rats increased, indicating the occurrence of dyslipidemia. The synthesis  
331 of TG will need NADPH and produce uric acid[32], the increase of serum uric acid  
332 provides raw materials for TG synthesis, HUA maybe a causal factor for high TG, and  
333 the lipidomics result was consistent with the literature reports [33, 34]. LPCs are  
334 metabolites of PCs. LPC is an important lipid compound on oxidized low-density  
335 lipoprotein (ox-LDL), serum LDL cholesterol was positively correlated with uric acid  
336 levels[35]. Liu Ning et al. found that UA could activate the phospholipid-remodeling

337 enzymes LPCAT3 and LXR $\alpha$  in vivo and in vitro, and LPCAT3 possesses primary LPC  
338 acyltransferase activity and catalyzes the production of PCs[36], so the levels of PC  
339 and LPC were both up-regulated in HUA rats. PE is an early indicators for the risk of  
340 atherogenesis[37], and high serum UA levels have an independent association with  
341 increased arterial stiffness[38], the elevated serum PE level may be an intermediate  
342 process of hyperuricemia leading to atherosclerosis.

343 Glycerophospholipid metabolism was considered as the most relevant pathways in  
344 potassium oxonate-induced HUA. Glycerophosphatide is one of the most abundant  
345 phospholipids in the body. It is also one of the components of bile and membrane  
346 surfactant besides biofilm[39]. TG, PC, LPC and PE were mainly involved in  
347 glycerophospholipids metabolism and their levels were obviously increased in the  
348 serum of the HUA rats indicating glycerophospholipid plays a crucial role in the  
349 development of HUA and high uric acid will induce phospholipids metabolic  
350 disturbances. The results of lipidomics indicated that lipid metabolism disorder  
351 occurred in HUA rats, whereas, the change was reversed under the Plantaginis semen  
352 treatment. From a holistic perspective, variations in the metabolite profiles of different  
353 groups showed that Plantaginis semen could enhance the metabolism of endogenous  
354 substances in HUA rats, which may be the potential mechanism of Plantaginis semen  
355 in the treatment of HUA.

356 Plantaginis semen significantly inhibited the expression of URAT1 in the renal tissue  
357 of HUA rats, indicating that Plantaginis semen could achieve the effect of treating HUA  
358 by promoting uric acid excretion. PI3K/Akt pathway is closely related to

359 inflammation[15, 40, 41], the inhibitory effect of Plantaginis semen on PI3k/Akt  
360 pathway indicated that the mechanism of protecting kidney and reducing serum UA  
361 may be related to its anti-inflammatory response. Huang Wenhui et al. found that the  
362 PI3K/Akt signaling pathway could regulate the expression of URAT1[42]. In this study,  
363 we also found that renal URAT1 mRNA, PI3K mRNA and Akt mRNA in the CH group  
364 showed a downregulation trend. It was speculated that Plantaginis semen mediated the  
365 PI3K/Akt signaling pathway to regulate the expression of URAT1. However, there were  
366 still some deficiencies in this study, and the relationship between PI3K/Akt and URAT1  
367 needed to be further verified.

### 368 **Conclusions**

369 Plantaginis semen had uric acid reduction, anti-inflammatory, kidney protection and  
370 lipid-lowering pharmacological effects and a promising drug to treat HUA. 13  
371 endogenic compounds were identified as HUA biomarkers. The mechanism of  
372 Plantaginis semen treating HUA might be attributed to its regulation of lipid  
373 metabolism disorder especially the regulation of glycerophospholipid metabolism  
374 pathway. In addition, Plantaginis semen may down-regulate URAT1 expression by  
375 inhibiting the PI3K/Akt pathway, but the mechanism needs to be further studied.

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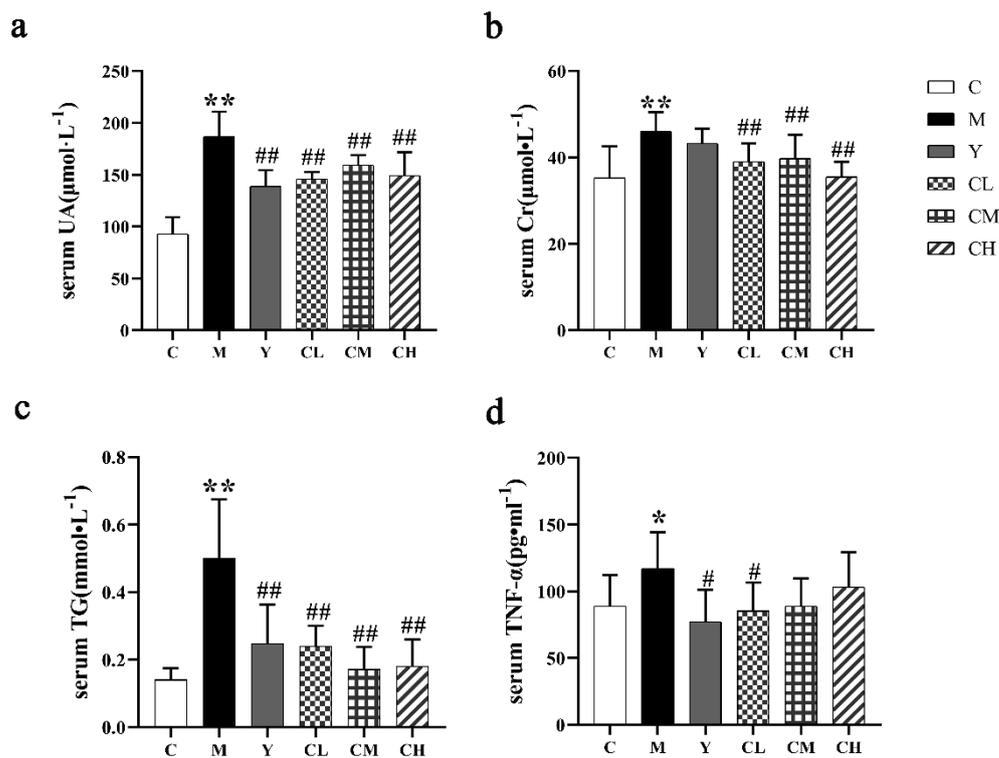
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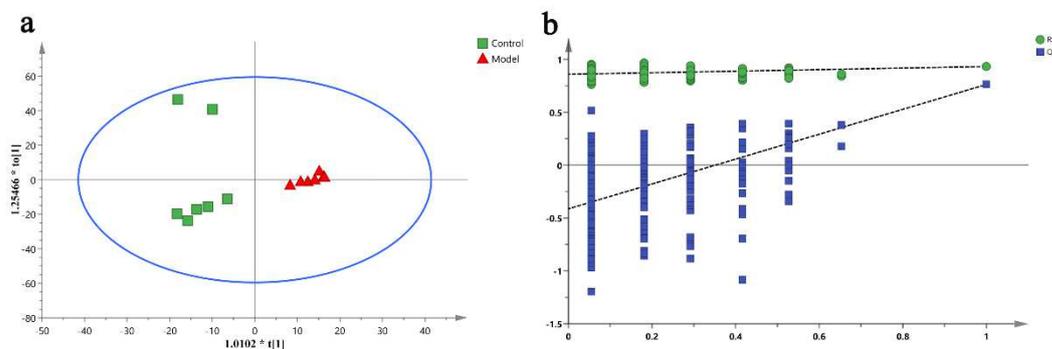
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381 **Figure legends:**



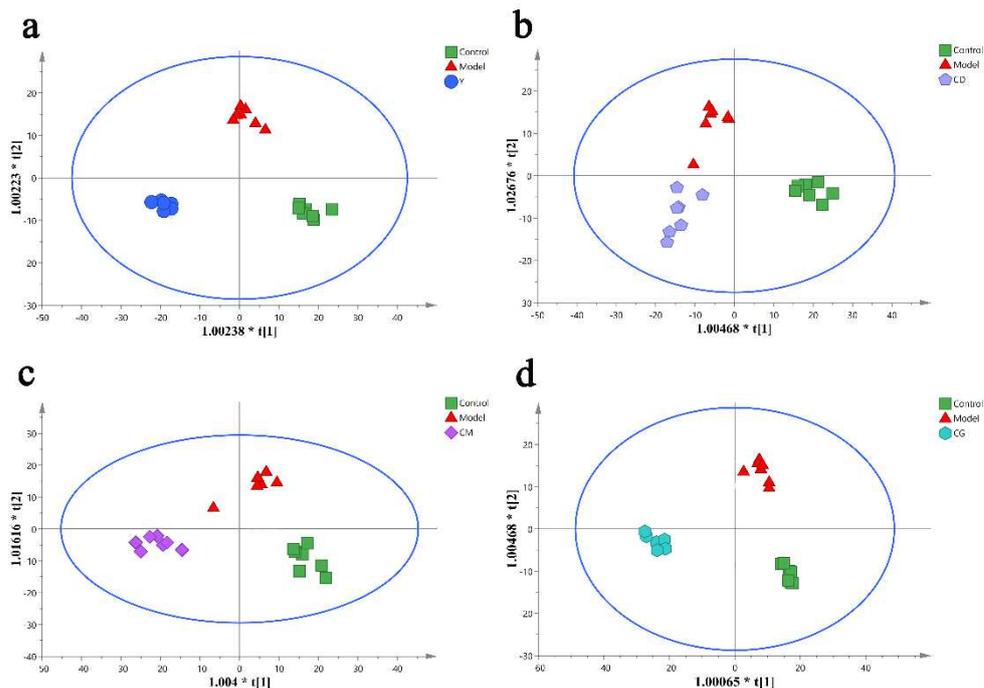
382

383 **Fig. 1** The levels of serum UA, Cr, TG, TNF- $\alpha$  in each group. C, control group; M,  
 384 model group; Y, benzbromarone group; CL, low dosage group; CM, medium dosage  
 385 group; CH, high dosage group; values are given as the mean  $\pm$  SD (n=7), \*\*, P<0.01  
 386 vs. control group. \*, P<0.05 vs. control group; ##, P<0.01 vs. model group; #, P<0.05  
 387 vs. model group.



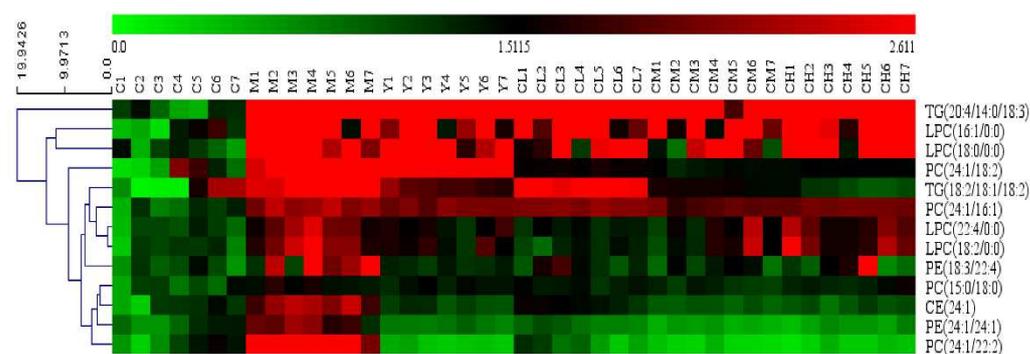
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389 **Fig. 2** OPLS-DA score plots (a) and the corresponding validation plots (b) with 200  
 390 times permutation tests obtained.



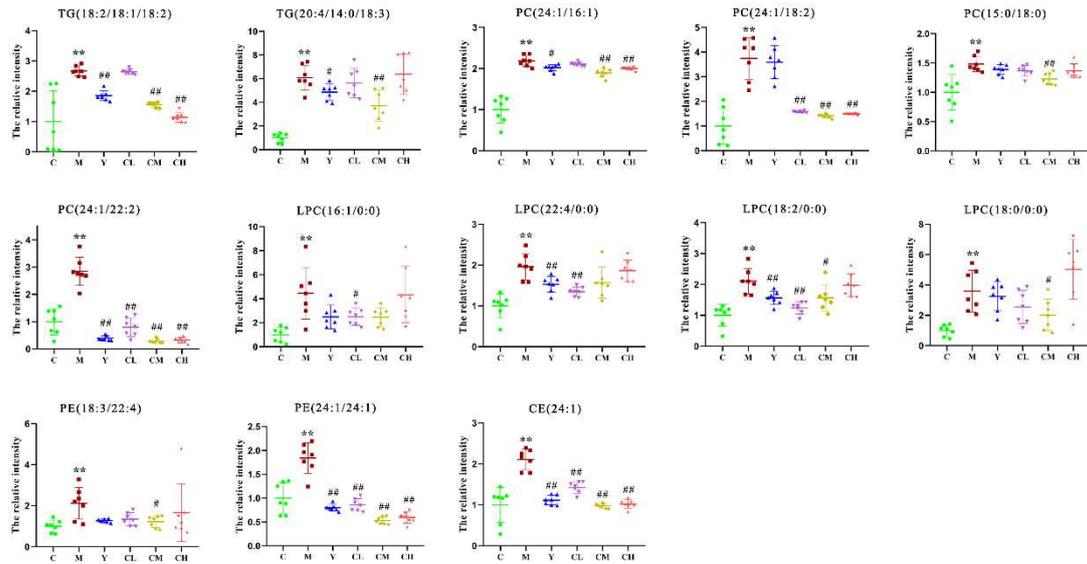
391

392 **Fig. 3** Metabolic profiles of rat serum in the control, model, benzbromarone, and  
 393 different dose Plantaginis semen groups. C, control group; M, model group; Y,  
 394 benzbromarone group; CL, low dosage group; CM, medium dosage group; CH, high  
 395 dosage group.



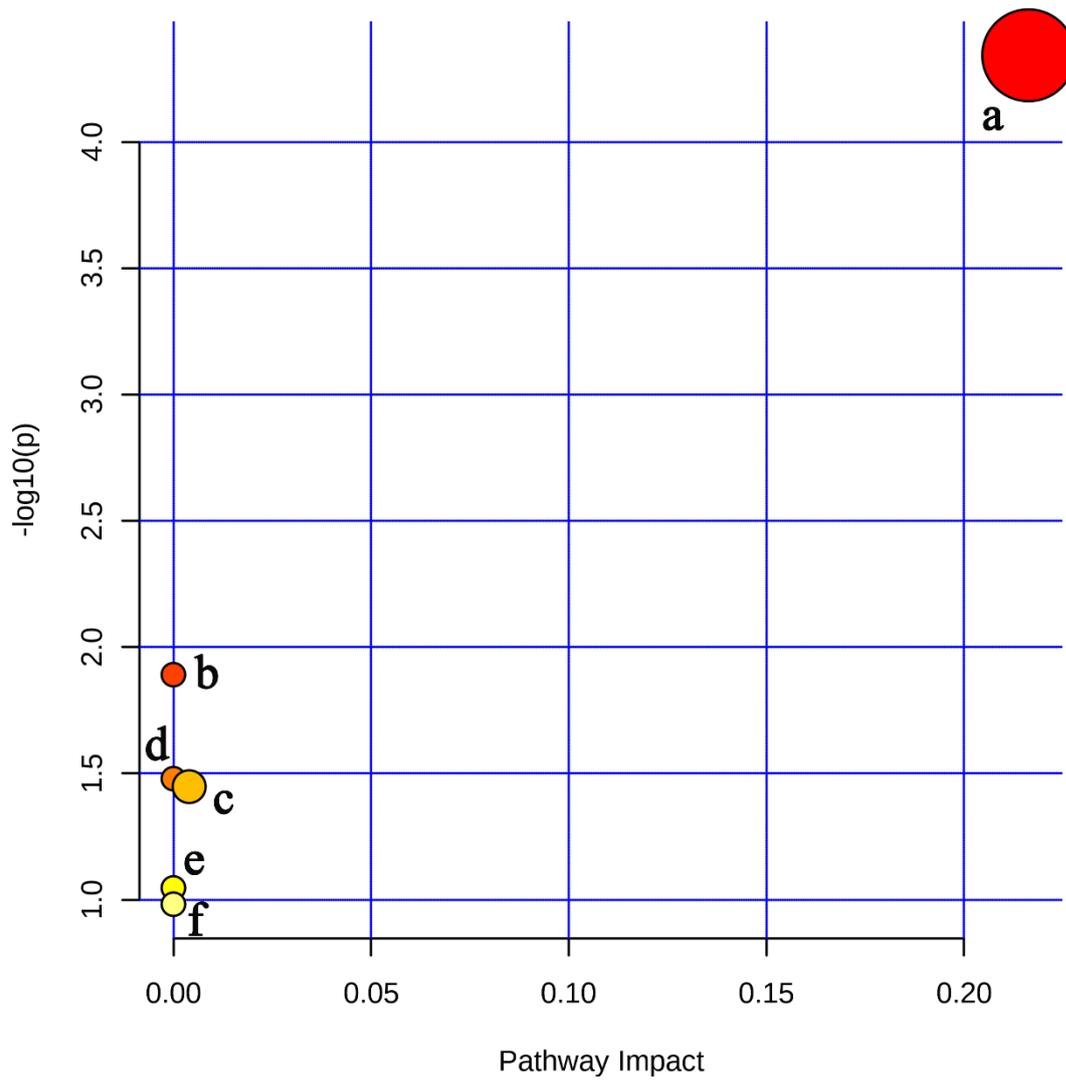
396

397 **Fig. 4** Heat map analysis of relative contents of potential metabolites. (green through  
 398 dark red corresponding to a progressive increase in concentration). C, control group; M,  
 399 model group; Y, benzbromarone group; CL, low dosage group; CM, medium dosage  
 400 group; CH, high dosage group.



401

402 **Fig. 5** Comparison of 13 biomarkers peak relative signal intensities in 6 groups. The  
 403 relative value of potential biomarkers in the control group was set as 1. C, control group;  
 404 M, model group; Y, benzbromarone group; CL, low dosage group; CM, medium dosage  
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 406 group; ##, P<0.01 vs. model group; #, P<0.05 vs. model group.



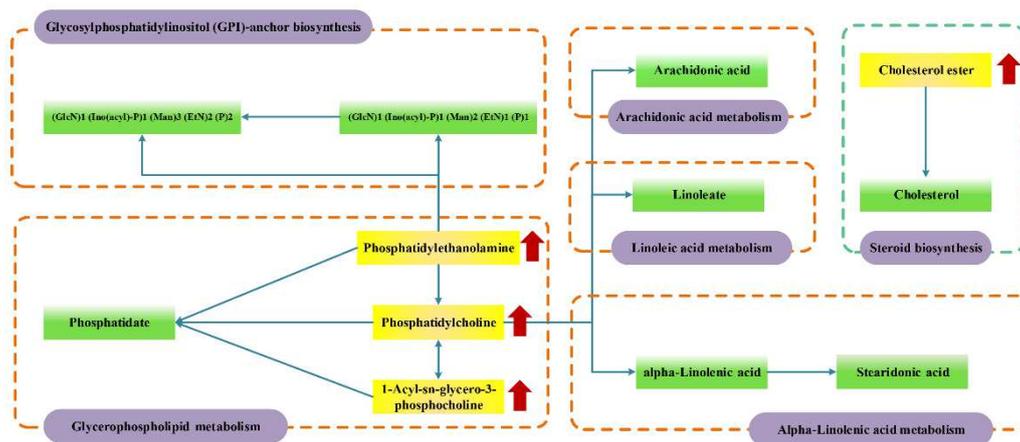
407

408 **Fig. 6** six pathway related to changed biomarkers. a: Glycerophospholipid metabolism,

409 b: Linoleic acid metabolism, c: Glycosylphosphatidylinositol (GPI)-anchor

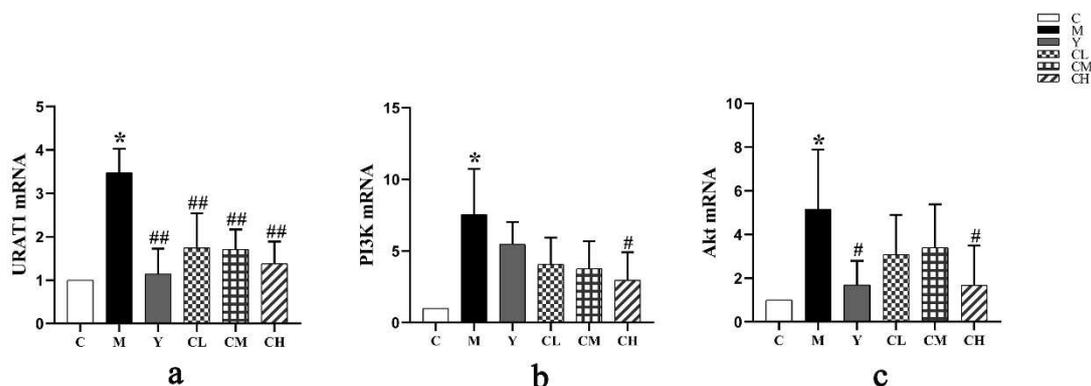
410 biosynthesis, d: alpha-Linolenic acid metabolism, e: Arachidonic acid metabolism, f:

411 Steroid biosynthesis.



412

413 **Fig. 7** KEGG global metabolic network related to changed biomarkers. The purple  
 414 textboxes represented the pathways, the yellow and green textboxes represented the  
 415 significant and no detection metabolites. The arrows in red represented the up regulated  
 416 metabolites. The arrows in blue represented direct or indirect connections between two  
 417 metabolites.



418

419 **Fig. 8** Effects of Plantaginis semen on PI3k/Akt and UTAR1 mRNA expression. C,  
 420 control group; M, model group; Y, benzbromarone group; CL, low dosage group; CM,  
 421 medium dosage group; CH, high dosage group; values are given as the mean ± SD(n=7),  
 422 \*\*, P<0.01 vs. control group. \*, P<0.05 vs. control group; ##, P<0.01 vs. model group;  
 423 #, P<0.05 vs. model group.

424 **List of abbreviations**

425 CE: Cholesterol ester

426 Cr: Creatinine

427 HUA: Hyperuricemia

428 LPC: Hemolytic phosphatidylcholine

429 UA: Uric acid

430 UPLC–Q-TOF/MS: ultra performance liquid chromatography quadrupole time of flight

431 mass spectrometry

432 OPLS-DA: Orthogonal partial least squares discriminant analysis

433 Ox-LDL: Oxidized low-density lipoprotein

434 PC: Phosphatidylcholine

435 PE: Phosphatidylethanolamine

436 PI3K/Akt: Phosphatidylinositol 3-kinase/ protein kinases B

437 Retention time: RT

438 RT-qPCR: Quantitative real-time polymerase chain reaction

439 SPF: Specific pathogen free

440 SD: Sprague-Dawley

441 TCM: Traditional Chinese medicine

442 TG: Triacylglycerol

443 TC: Total cholesterol

444 TNF- $\alpha$ : Tumor necrosis factor- $\alpha$

445 URAT1: urate anion transporter 1

446 VIP: Variable importance in the projection

447 XOD: xanthine oxidase

#### 448 **Declarations**

#### 449 **Ethics approval and consent to participate**

450 The experimental protocol was approved by the ethics committee of Beijing University  
451 of Chinese Medicine (Beijing, China).

#### 452 **Consent for publication**

453 Not applicable

#### 454 **Availability of data and materials**

455 The datasets used and/or analysed during the current study are available from the  
456 corresponding author on reasonable request.

#### 457 **Competing interests**

458 The authors declare that they have no competing interests.

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461 University of Chinese Medicine (Beijing, China).

#### 462 **Authors' contributions**

463 FY and XY established hyperuricemia rat model and collected serum samples. LTW  
464 collected serum samples and measured serum biochemical indicators. NKQ collected  
465 and analyzed UPLC-Q-TOF/MS data. CXW used simca-p software for OPLS-DA  
466 analysis. YYG found and identified differential metabolites. GX conducted metabolic  
467 pathway enrichment analysis. WJS performed the RT-PCR examination of the kidney,

468 and was a major contributor in writing the manuscript. QM conducted trial design and  
469 guidance. All authors have read and approved the final manuscript.

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471 None

#### 472 **Authors' information**

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# Figures

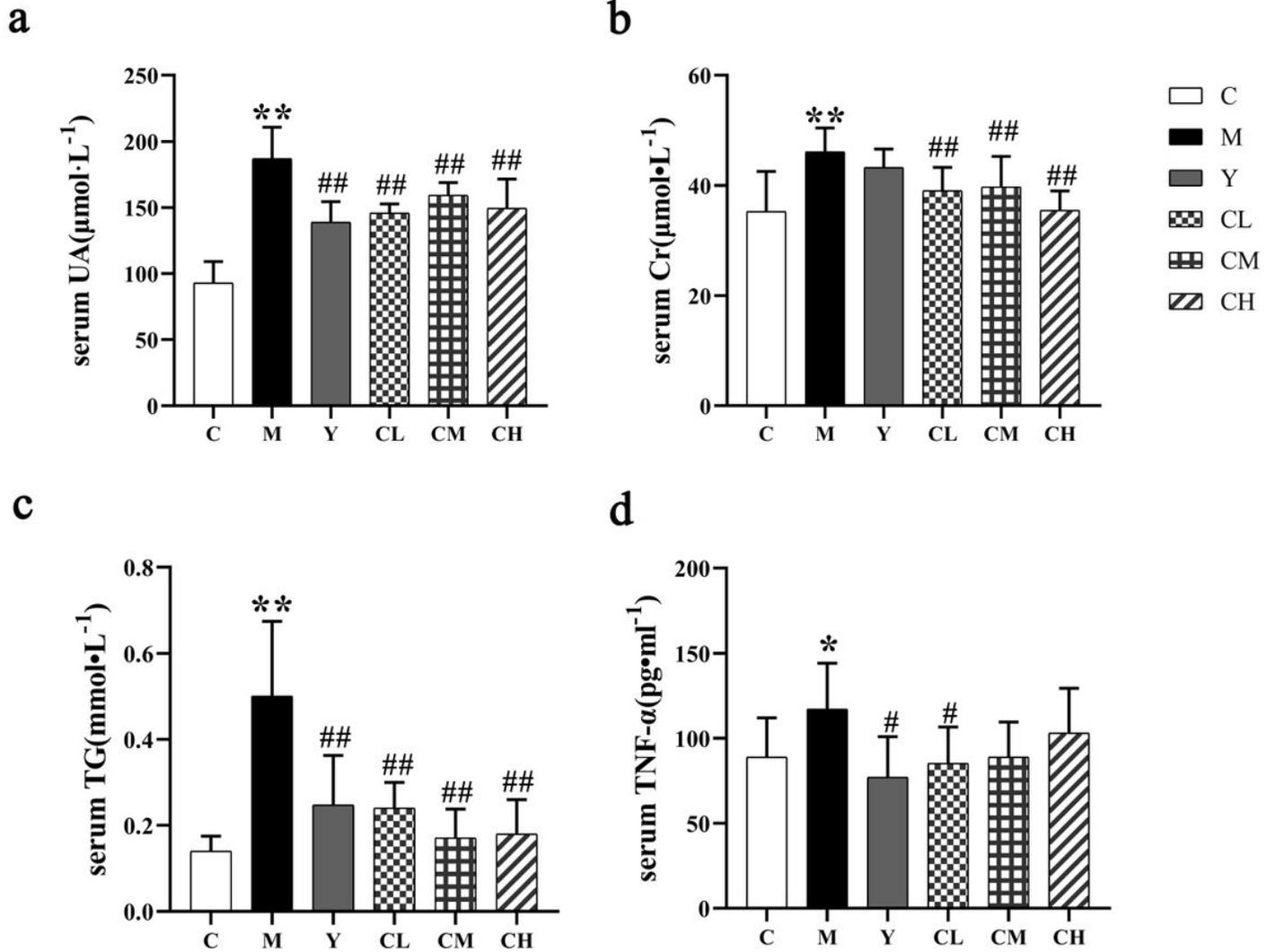
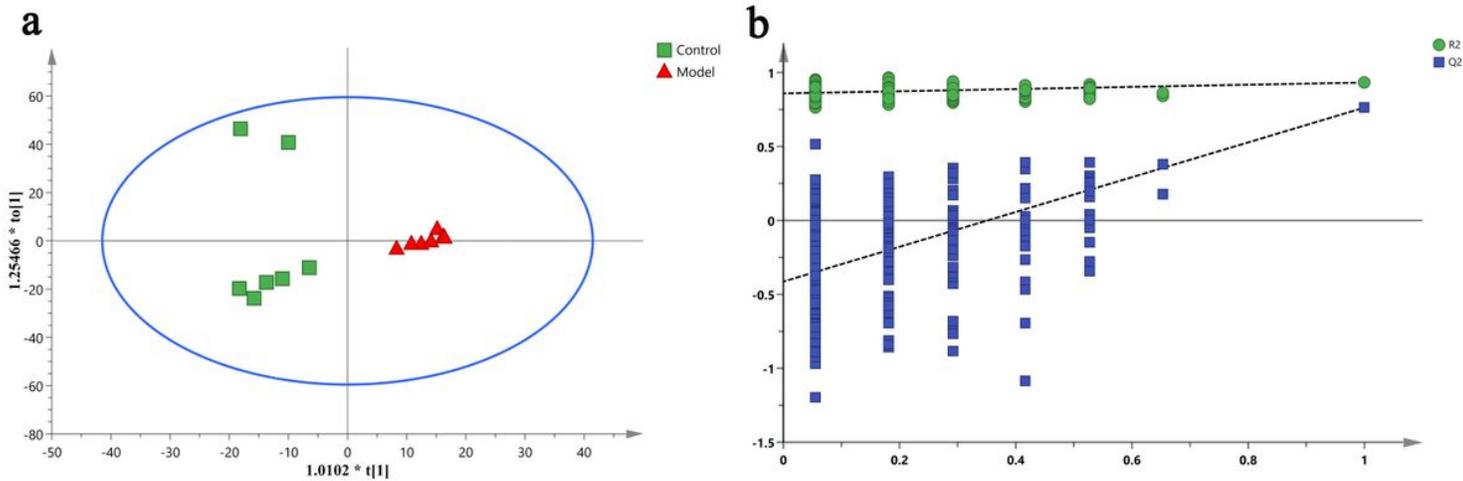


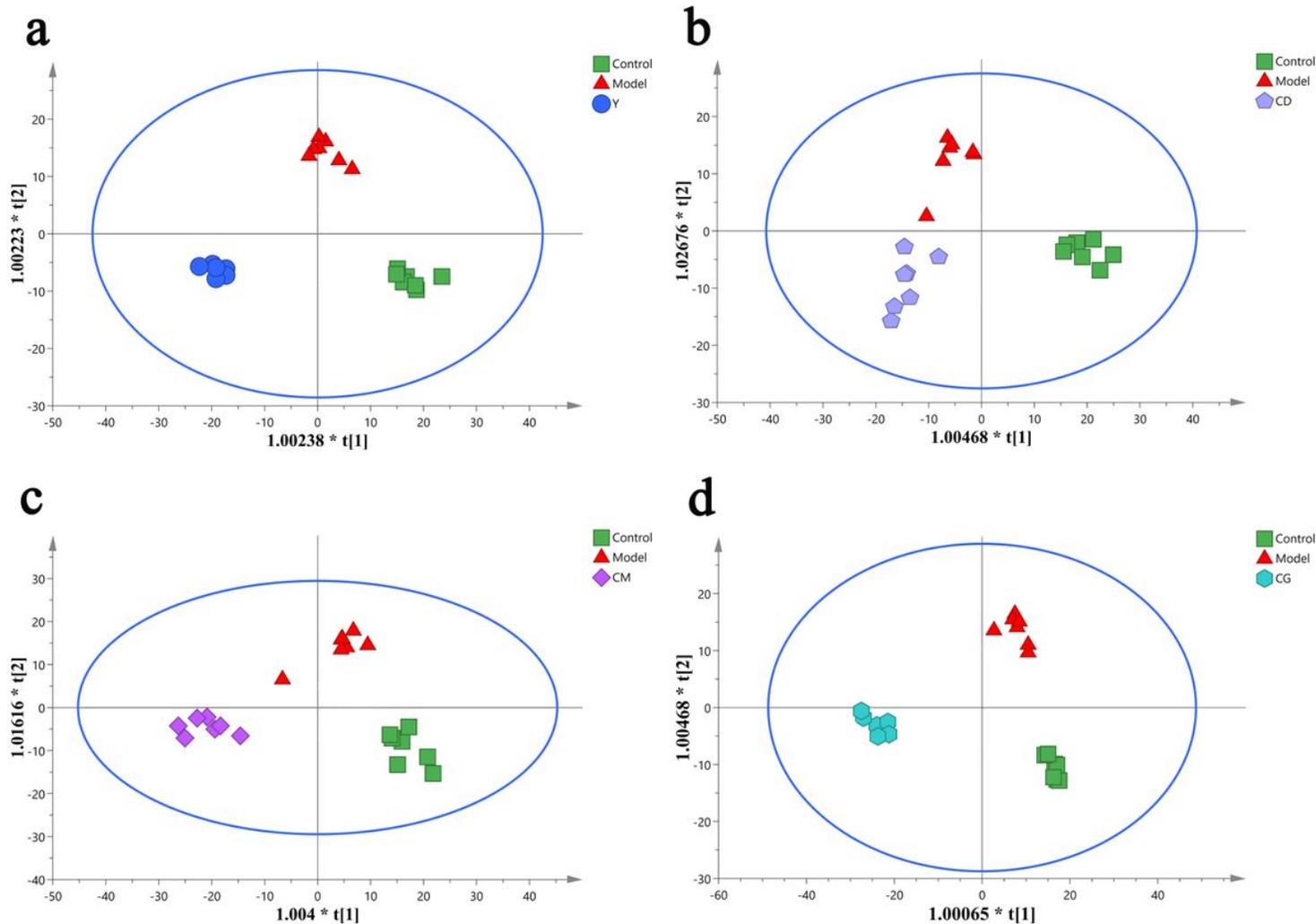
Figure 1

The levels of serum UA, Cr, TG, TNF- $\alpha$  in each group. C, control group; M, model group; Y, benzbromarone group; CL, low dosage group; CM, medium dosage group; CH, high dosage group; values are given as the mean  $\pm$  SD ( $n=7$ ), \*\*,  $P<0.01$  vs. control group. \*,  $P<0.05$  vs. control group; ##,  $P<0.01$  vs. model group; #,  $P<0.05$  vs. model group.



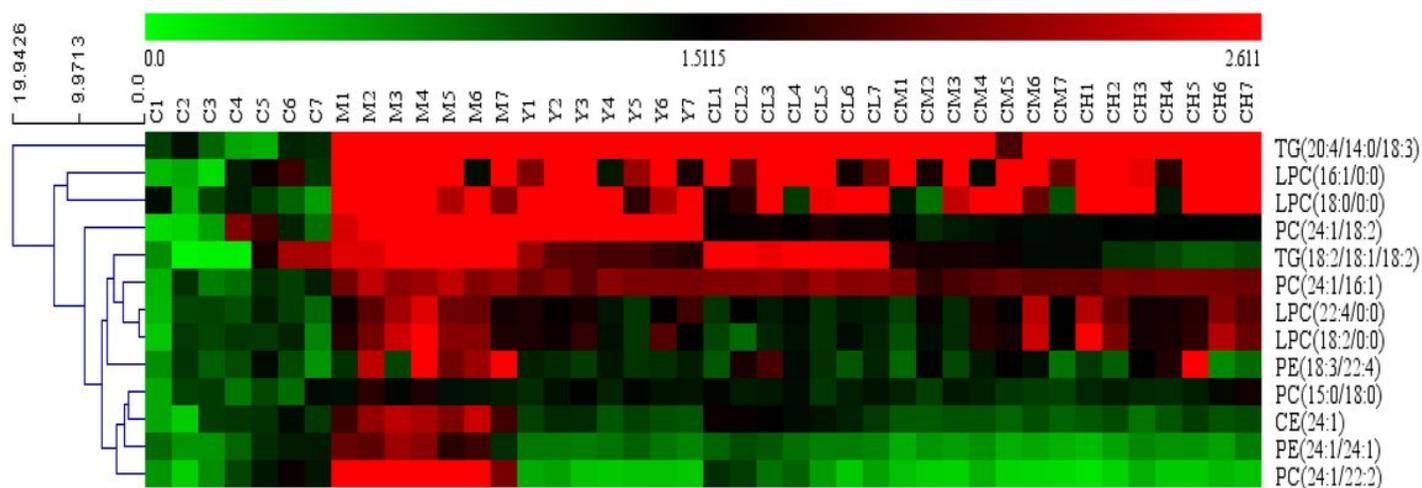
**Figure 2**

OPLS-DA score plots (a) and the corresponding validation plots (b) with 200 times permutation tests obtained.



**Figure 3**

Metabolic profiles of rat serum in the control, model, benzbromarone, and different dose Plantaginis semen groups. C, control group; M, model group; Y, benzbromarone group; CL, low dosage group; CM, medium dosage group; CH, high dosage group.



**Figure 4**

Heat map analysis of relative contents of potential metabolites. (green through dark red corresponding to a progressive increase in concentration). C, control group; M, model group; Y, benzbromarone group; CL, low dosage group; CM, medium dosage group; CH, high dosage group.

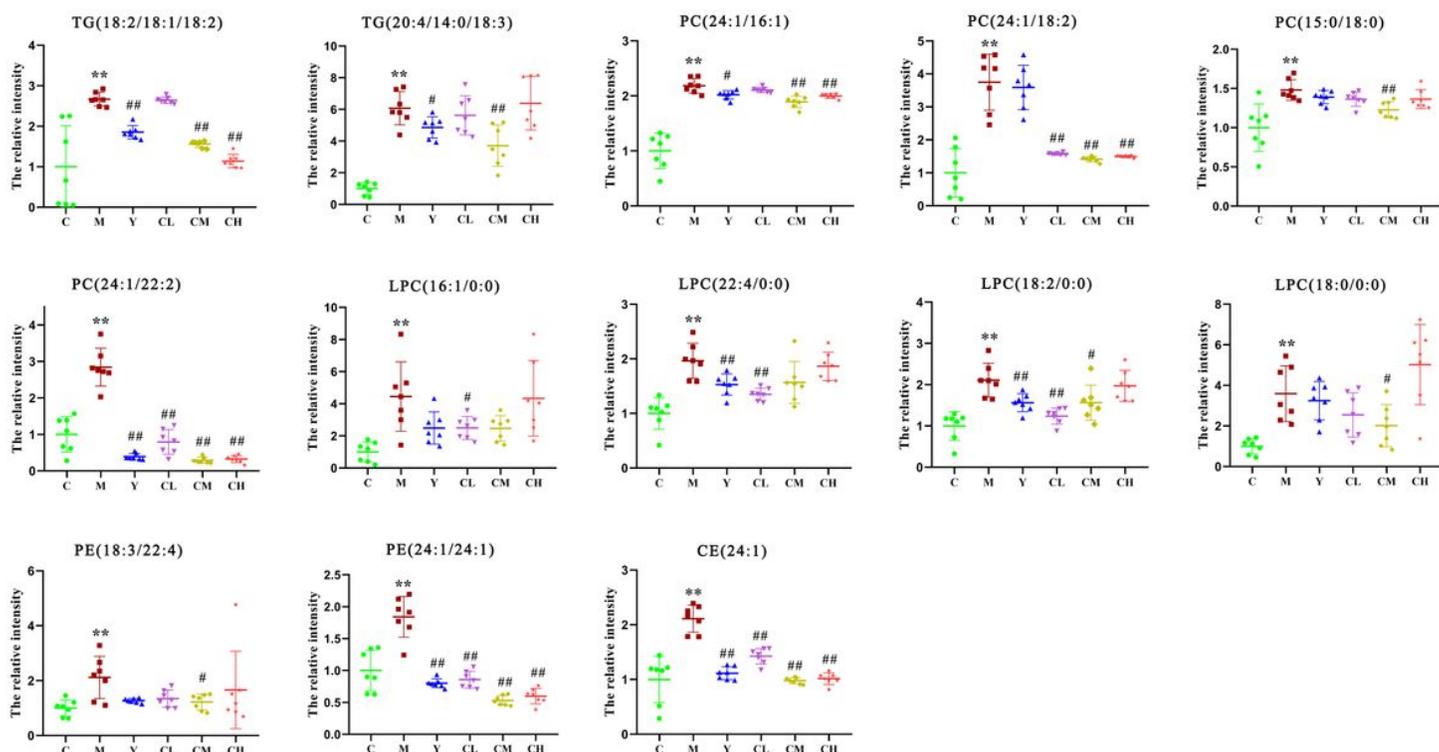


Figure 5

Comparison of 13 biomarkers peak relative signal intensities in 6 groups. The relative value of potential biomarkers in the control group was set as 1. C, control group; M, model group; Y, benzbromarone group; CL, low dosage group; CM, medium dosage group; CH, high dosage group; \*\*, P<0.01 vs. control group. \*, P<0.05 vs. control group; ##, P<0.01 vs. model group; #, P<0.05 vs. model group.

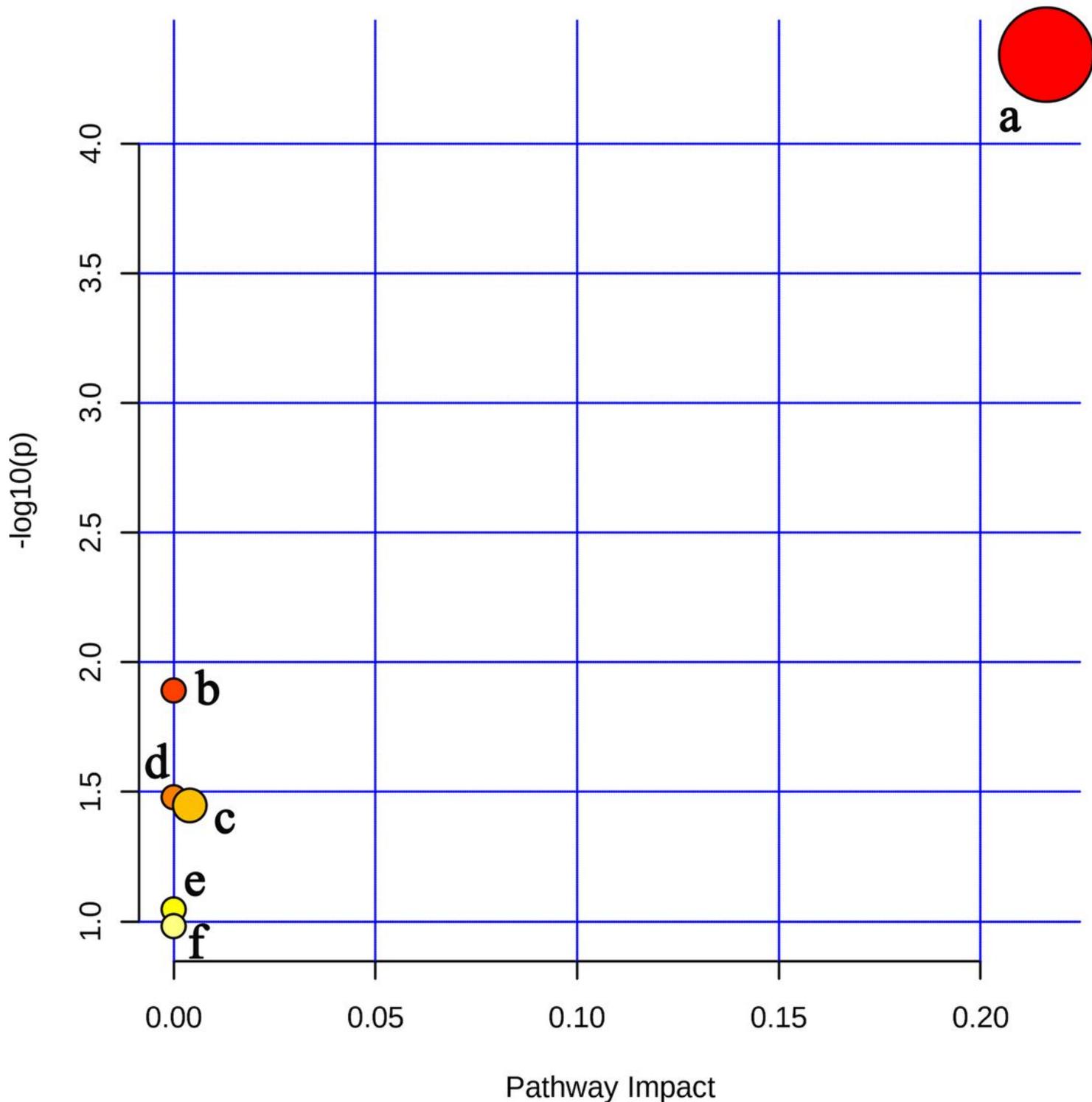


Figure 6

six pathway related to changed biomarkers. a: Glycerophospholipid metabolism, b: Linoleic acid metabolism, c: Glycosylphosphatidylinositol (GPI)-anchor biosynthesis, d: alpha-Linolenic acid metabolism, e: Arachidonic acid metabolism, f: Steroid biosynthesis.

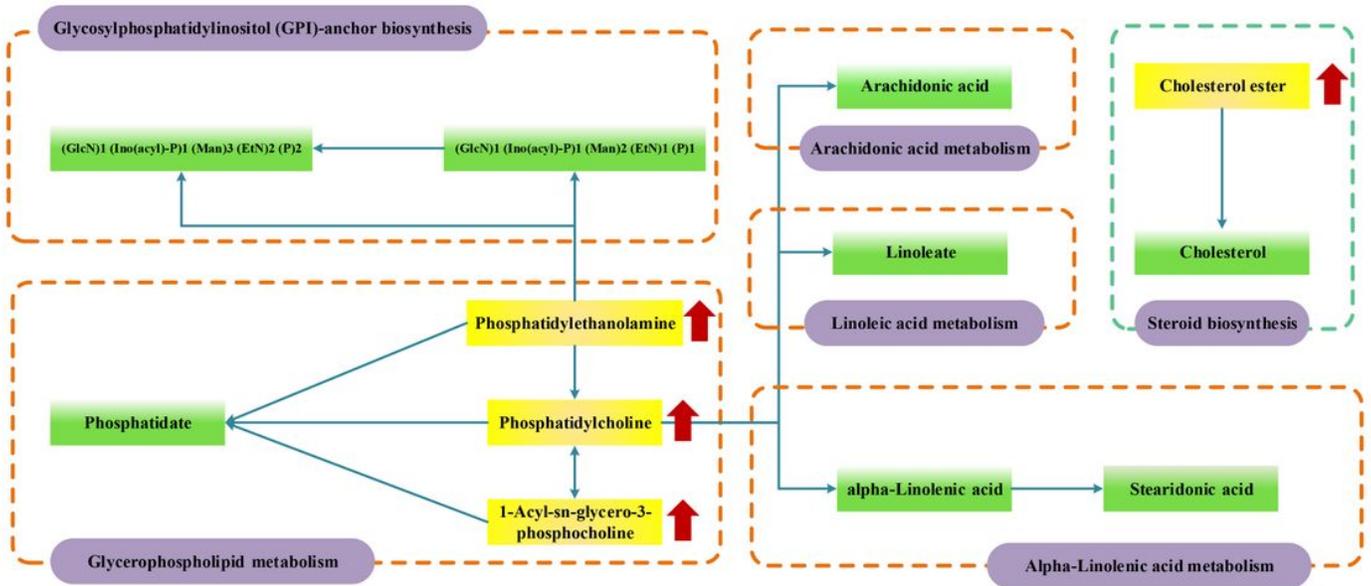


Figure 7

KEGG global metabolic network related to changed biomarkers. The purple textboxes represented the pathways, the yellow and green textboxes represented the significant and no detection metabolites. The arrows in red represented the up regulated metabolites. The arrows in blue represented direct or indirect connections between two metabolites.

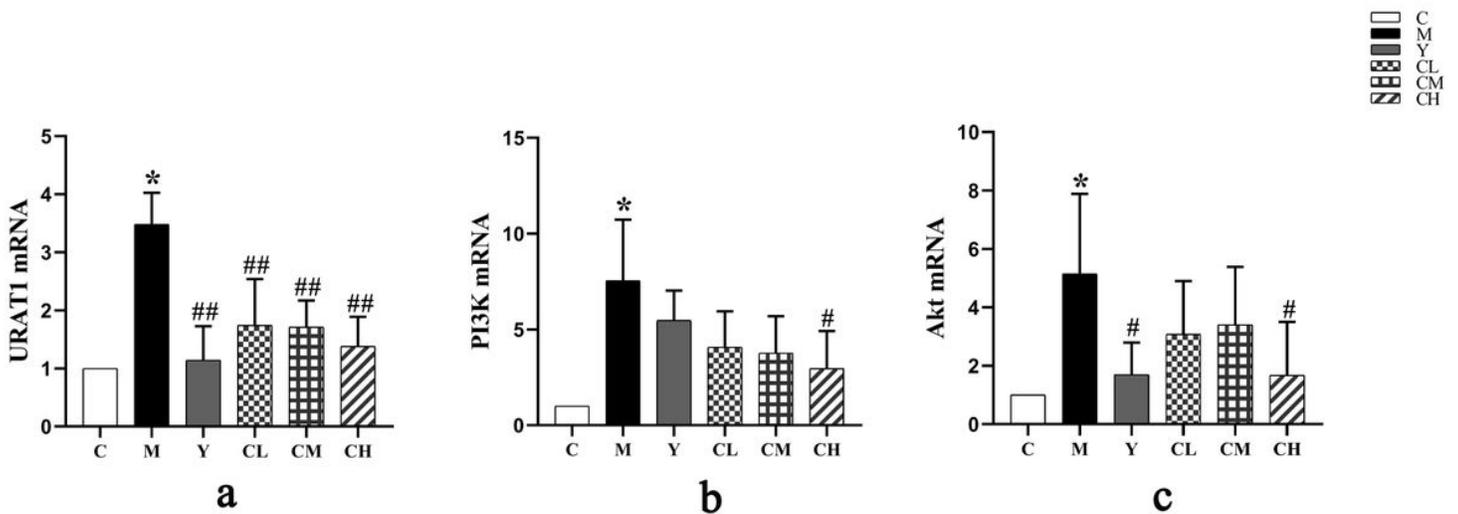


Figure 8

Effects of Plantaginis semen on PI3k/Akt and UTAR1 mRNA expression. C, control group; M, model group; Y, benzbromarone group; CL, low dosage group; CM, medium dosage group; CH, high dosage group; values are given as the mean  $\pm$  SD(n=7), \*\*, P<0.01 vs. control group. \*, P<0.05 vs. control group; ##, P<0.01 vs. model group; #, P<0.05 vs. model group.