

# Valorisation of Fish Bones: Effects of Preservation by Formic Acid on AL-extractable calcium, Phosphorus, Magnesium, and Potassium

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# Valorisation of fish bones: effects of preservation by formic acid on AL-extractable calcium, phosphorus, magnesium, and potassium

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## Abstract 150-250 words

Fishbones contain significant amounts of plant nutrients. Fish residues may be preserved by acidification to pH < 4, which may affect the extractability and plant availability of nutrients when applied as fertilisers. Grinded bone material from cod (*Gadus morhua*) heads was mixed with formic acid to investigate if acidification would increase the concentrations of ammonium acetate-lactate (AL)-extractable nutrients. Two degrees of fineness of fishbones (coarse 2-4 mm; fine < 0.71 mm) were compared at pH 3.0 and 4.0 plus a water control in a laboratory study over 55 days. Samples for extraction of AL-soluble P, Ca, Mg and K were taken on day 2, 15, 34 and 55. Whereas acidification clearly increased the concentrations of AL-extractable calcium (Ca-AL) and magnesium (Mg-AL), extractable phosphorus (P-AL) was only significantly increased in finely grinded bones at pH 3. After 34 days, 6% of the total content of P was extracted by AL in fine fishbones at pH 3. Without acidification about 1% of the P was extracted, possibly from phospholipids. This P-AL concentration was well above P-AL extracted from acidified coarse fishbones and from fine fishbones acidified to pH 4. With acidification, about 30% of total Ca and 10% of total Mg were extracted by AL, and the Ca-AL and Mg-AL concentrations were closely correlated. The reason for lower P-AL in coarse fishbones at pH 3 and 4, and fine fishbones at pH 4 than in water controls may be a precipitation of apatite from phospholipids and dissolved calcium.

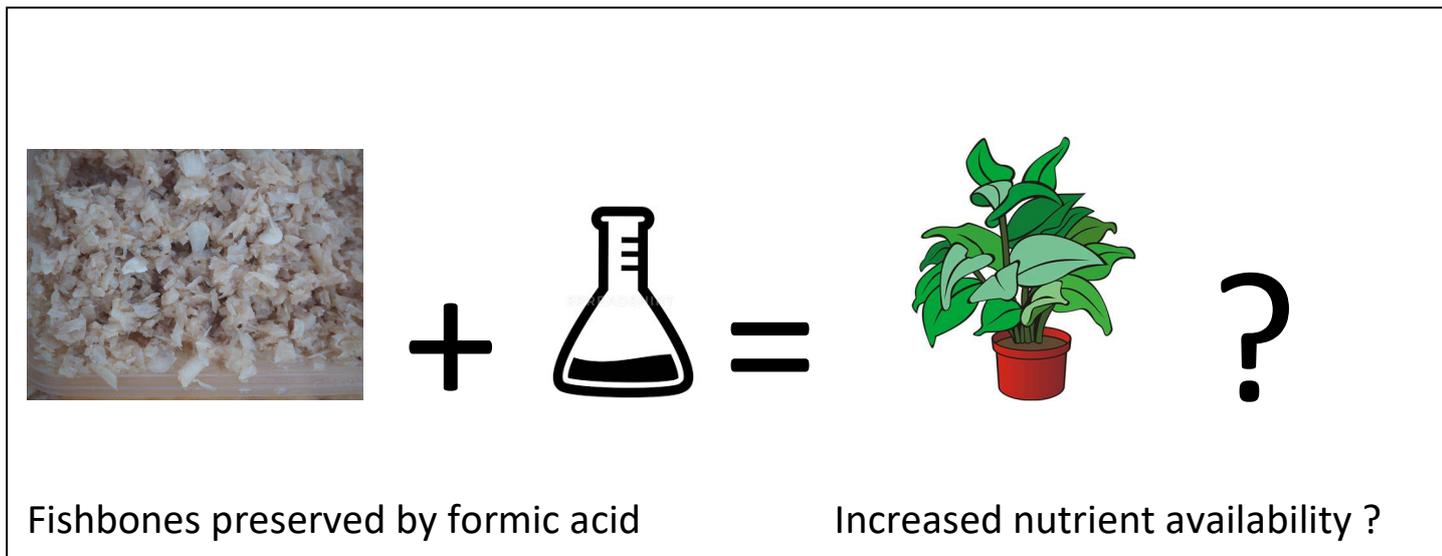
## 4-6 keywords for indexing

Plant nutrients, fertilisation, residual materials, fish industry waste, acidification, grinding

## Statements and declarations

The authors have no competing interests to declare that are relevant to the content of this article.

## Graphical abstract



### Statement of novelty

Fish and other sea-living animals have traditionally been applied as fertilisers. In modern fish industry, poorly utilised residual materials with high proportions of fishbone are often available. Such materials may be preserved by acids to below pH 4 to avoid putrefaction. Fishbones contain valuable plant nutrients, such as nitrogen, phosphorus, calcium, and magnesium. Will preservation with formic acid affect the availability of nutrients for crop plants, if acidified fishbones are applied as fertilisers? We measured the concentrations of extractable plant nutrients in acidified fishbones over time, to assess this question. For phosphorus (P), acidification to pH 3 and fine milling of the fishbones was required to increase concentrations of extractable P significantly.

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### Introduction

Large amounts of residual materials are produced in fisheries (Ahuja et al 2020), and from lean fish like cod (*Gadus morhua*) and saithe (*Pollachius virens*), the utilisation of residual materials is sometimes poor. Residues from whole fish brought to shore and filleted, like heads, backbones, and viscera, may be grinded (10 mm) and mixed with 85% formic acid to pH < 4.0, to avoid putrefaction. Such material may be stored in large tanks where it will be subject to a hydrolysis, where layers of oils and soluble proteins will form above a layer of sediment. Whereas oil and soluble proteins can be applied for feed in aquaculture, the sediment layer is currently commonly disposed of as waste. Fish bones have a high content of minerals such as nitrogen (N), phosphorus (P) and calcium (Ca) (Toppe et al. 2007) which are essential for the growth of crop plants. Phosphorus is a scarce resource (Cordell & White 2011), and waste disposal e.g., incineration commonly implies that P is lost from biological circulation. Application of the sediments in agriculture for fertilisation purpose could be a sustainable valorisation of a currently wasted material with valuable characteristics. Pot and field

experiments have shown that fishbones are an efficient fertiliser for crop plants (Ahuja & Løes 2019; Løes et al. 2021).

Plants may excrete organic acids from their root systems to extract nutrients from soil (Adeleke et al. 2017), and diluted organic acids are applied as extractants in chemical soil analysis to mimic this effect and measure “plant available” concentrations of essential nutrients in agricultural soil. In Norway and Sweden, the AL-method where a mixture of acetic and lactic acids is applied to extract P, Ca, potassium (K), magnesium (Mg) and sodium (Na) from agricultural soil is the standard method for assessing the need of application of fertilisers to the soil (Egner et al. 1960; Krogstad 1992). Formic acid has been tested and recommended as an appropriate extractant to assess the bioavailability of minerals e.g., in biochars (Wang et al 2012), and extractions with ammonium citrate, 2% citric acid, and 2% formic acid are the most common methods to determine the bioavailability of P from rock phosphates (IFA 2013). Since formic acid will solubilise more phosphate from e.g., rock phosphates than water, we may expect that the preservation of grinded fish bones with formic acid may affect the plant availability of P and Ca, possibly also other nutrients, in this material.

Bone is a composite material composed of organic and inorganic components, primarily collagen and hydroxyapatite ( $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$ , also called bioapatite), as well as lipids and water (Szapak 2011). Fishbones tend to exhibit more variability in the chemical composition than bones from mammals, and the collagen from fishbones is also chemically different. In most fish species except skates, sharks and rays, type I collagen is the structural organic element in the bones, being calcified to a variable extent dependent on fish species, type of organ and fish age. In general, for bones collagen constitutes about 20% of the bone mass and 35% by volume (Szapak 2011), and collagen comprises more than 90% of the bone organic matrix. Glycine is the major amino acid comprising about 30% of the total content of the collagen. The content of hydroxyproline is especially large in collagen and contributes to increase the stability and decrease the solubility of this protein. In the inorganic phase, elements like fluoride and chloride, and mineral carbonate, may also be present in the bioapatite. Lipids and proteins are present in fish bones even after enzymatic hydrolysis or boiling (Malde et al. 2010). In most fish species, the bone structure is acellular (Malde et al. 2010); among the commonly captured or raised species in Norway, only salmonids have cellular bones. Acellular fish bones have smaller crystals and a higher surface to volume ratio than cellular fish bones (Malde et al. 2010), which may affect degradation of such bone particles in soil.

Apatite is relatively insoluble at near-neutral pH (Welch et al 2002). With acidic conditions, such as in fish industry sediments preserved by formic acid, the hydroxyapatite crystals in fish bones will start to dissolve. In aqueous acidic media, the steady-state conditions of apatite dissolution, as reviewed by Dorozhkin (2012) include a series of simultaneous processes or steps: (1) diffusion of chemical reagents (hydrogen ions,  $\text{H}^+$  and anions of acid,  $\text{A}^-$ ) from bulk solution to the solid/liquid interface; (2) adsorption of the chemicals onto the surface of apatite; (3) chemical transformations on the surface; (4) desorption of products (ions of calcium, potentially other cations and orthophosphate,  $\text{PO}_4^{3-}$ ) from the crystal surface; and (5) their diffusion into the bulk solution. If conditions (e.g., pH) allow for microbial activity, the organic compounds (collagen, lipids) will attract such activity, which may contribute to dissolution of apatite (Welch et al 2002).

When chemical extraction is applied to estimate the bioavailability e.g., of P in soil, the ratio of liquid (L) to solid (S) phase is usually wide. The L:S ratio affects the solubility of phosphate. E.g., in a study by Porto et al. (2018), when the amount of 2% citric acid (pH 2.0) applied per g of milled rock increased from 100 to 200 ml, the concentration of phosphate increased by almost 50%, from 5.5 to 10.7  $\text{mg L}^{-1}$ , on average for 10 types of apatite rock. A further increase to 300 ml increased the average concentration to 13.0  $\text{mg L}^{-1}$ , demonstrating that the effect of increasing L:S ratio levels off.

A wide L:S ratio, and shaking during extraction, ensures that all material surface is exposed to chemical reactions, and favours diffusion of solubilised ions. When acids are applied for preservation purpose in fish industry, the consumption of acid is minimized to save costs and reduce risks related to health and environmental damage. A narrow L:S ratio may lead to precipitation and re-structuring of the chemical elements e.g., formation of calcium complexes such as calcium formate.

Formic acid is the simplest carboxylic acid, with the formula HCOOH and a negative log value of acid dissociation constant, pKa being 3.75. This pKa implies that by pH 3.75, 50% of the molecules will be dissociated to H<sup>+</sup> and COOH<sup>-</sup>; at lower pH, a lower proportion will be dissociated. The low molecule weight (21.7 mol kg<sup>-1</sup>) implies that one weight unit of this acid may be a more reactive agent than one weight unit of organic acids with larger molecule weight (Jendza 2017). For comparison, citric acid (CH<sub>2</sub>COOH-C(OH)COOH-CH<sub>2</sub>COOH) has a molecule weight of 192.1 and a pKa1 of 3.15. A 85% formic acid has a pH of 1.5.

In the fish industry, there is increasing interest to valorise poorly utilised materials, such as sediments with fish bones. To utilise such materials e.g., in a production of a commercial fertiliser, it is useful to understand how the application of formic acid to pH <4 affects the bioavailability of P and other essential minerals for plant growth.

As demonstrated by the solubility of rock apatite in citric acid (Porto et al. 2018), we expected that the concentration of AL-extractable P in fishbones treated with formic acid would be higher than in fishbones not treated by acid. We also expected that the fineness of grinding, and decrease in pH, would increase the concentration of AL-extractable P in the fishbones. These assumptions were tested in a laboratory scale study which is presented here. The purpose of the present study was to assess the effect of mixing grinded fish bones with formic acid on the concentration of AL-extractable P and other elements which are important for the growth of crop plants and commonly assessed in the same extract (potassium, K; calcium, Ca; magnesium, Mg). The study was initiated by a measurement of volumes of formic acid required for targeted pH levels in slurries of fishbones and deionised water, whereas the main part was to assess how the amendment of fishbones with targeted amounts of formic acid affected the concentrations of AL-extractable elements.

## Materials and methods

Fishbones to be applied in the present study were provided by SINTEF Ocean AS as an output from the project "Heads up I", aiming at a better utilization of cod heads than drying them for export. Cod heads were subject to enzymatic hydrolysis in a pilot plant (Remme et al. 2018). The remaining sediments were thoroughly washed to derive to a material containing only bone particles, and then frozen and stored at -18 °C. The frozen bones were dried at 40 °C and grinded with a kitchen blender. The grinded material was sieved to produce a coarse fraction with particle diameter 2-4 mm, further called coarse fishbones (CFB) and a fine fraction passing a 0.71 mm sieve, further called fine fishbones (FFB). The volume of formic acid required for achieving a certain pH value in CFB and FFB was assessed in an initial buffering capacity test. Thereafter, the main experiment was conducted over a period of 55 days, where a slurry of fishbones and concentrated formic acid was regularly sampled and the samples subject to extraction by ammonium-acetate lactate (AL) solution. The AL-method (Egner et al. 1960) is the standard method in Norway to assess the plant availability of P, K, Ca, Mg and Na (Krogstad 1992). Dried samples of material are extracted by a mixture of 0.1 M ammonium lactate and 0.4 M acetic acid, pH 3.75, and the concentrations of phosphate and other ions in the extract are measured after filtration by Inductive Coupled Plasma mass spectroscopy (ICP-MS). pH in the slurries were measured at each sampling date.

The chemical characteristics of applied fishbones was assessed at SINTEF Norlab department Namsos (Table 1). One sample of CFB and one of FFB were analysed for pH, concentration of total carbon (C) and nitrogen (N), nitrate, ammonium and 22 mineral elements. pH was measured after application of deionised water (v : v 1 : 2.5). For total C, thermal decomposition at 1200-1500 °C to convert all carbon into CO<sub>2</sub> was applied in a total organic carbon analyzer, including a step to measure CO<sub>2</sub> by a detector, following NS-EN 15936: 2012. For total N, Kjeldahl-N was applied, where all nitrogen is converted to ammonium sulphate by application of concentrated sulfuric acid, converting ammonium to ammonia gas by application of sodium hydroxide and measuring the amount of ammonia by distillation into hydrochloric acid and measuring the amount of acid not reacting with ammonia. For determination of ammonium, the ammonium concentration was determined by a photometer after developing a blue coloured complex with thymol, following an internal method for extraction and NS-EN ISO 11732. For determination of nitrate and chlorine, the sample was extracted with deionised water for one hour, and concentrations measured by ionic chromatography. For iodine, nitric acid and alkalic stabilisation was applied for dissolution before measurement by ICP-SFMS/ICP-AES.

Multi-element determination of selected elements by ICP-MS (internal method based on NS-EN ISO 17294-2: 2016) consists of a chemical digestion of the sample (fishbones or AL-extracts) by a nitric acid/hydrogen peroxide solution at 120 °C for 30 minutes to bring ions into aquatic solution, followed by a quantitative assessment of concentrations of elements by the measuring instrument, Agilent ICP-MS 7900.

#### *Volumes of formic acid required for targeted pH levels in fishbones*

The main experiment, to measure AL-extractable elements in fishbones treated with various concentrations of formic acid, was planned to comprise one treatment of pH 5.0, one treatment of pH 3.0, and a control with only de-ionised water. To assess the amount of acid required to achieve these pH levels, aliquots of 25 g material (CFB, FFB) were placed in 500 ml plastic flasks, and 100 ml of de-ionised water applied to each flask. Thereafter, diluted formic acid (FA) was added to the flasks, while measuring over a period of 59 days the amounts of FA which were required to derive a pH of about 5.0 and 3.0. The dilution was one part of concentrated FA (98-100 %) to nine parts of deionised water. The required amounts of diluted acid are shown in Table 3. A control treatment comprised application of deionised water only, and pH values over time are shown in Table 2. For the control treatment we had one replicate of each material, whereas for the treatments with FA we had three replicates per treatment. In total this test comprised 14 flasks over 6 treatments. The pH in the control flasks were measured on Day 1, 11, 21, 26 and 50 after mixing water and fishbones in the flasks (Table 2), whereas in acidified flasks pH was measured on Day 0, 1, 3, 7, 14, 30 and 59 (Table 3), before application of 10% FA. Thereafter, the volume of diluted FA required to achieve a stable pH of 5.0 or 3.0 was measured. Between the pH measurements, the flasks were kept closed by screw caps. Before each pH measurement, the flasks were thoroughly shaken. The pH values were measured directly in the flasks.

The test revealed that a stable pH of 5.0 would be very challenging to achieve. Hence, we decided that the main experiment should target pH levels of approximately pH 3.0 and 4.0. The test revealed that slightly more FA, 7.04 ml per g of fishbones was required for FFB to achieve a stable value of pH 3.0, as compared with 6 ml for CFB.

To decide the amounts of 85% acid required for achieving stable pH values of 3.0 and 4.0, batches of 2.5 g FFB were mixed with 10 ml of deionised water and increasing amounts of 85% FA from 0.08 to 1 ml per g of FFB. After 3 days, the pH ranged from 4.2 to 2.6. After some further testing, also adjusting the liquid to solid ratio, we found that 1.5 ml of deionised water per g of fishbones was applicable to achieve a slurry mimicking industrial conditions, and that 0.18 ml of 85% FA per g of FFB was required for pH 4.0. For CFB, amounts ranging from 0.1 to 0.16 ml per g were tested, giving pH values from 4.0 to 3.7 after 3 days. Since we expected that the buffering in CFB would occur over a longer period than for FFB, we chose to apply 0.14 ml of 85% FA per g of CFB. To achieve pH 3, we decided to apply 0.38 ml 85% FA per g of CFB, and 0.46 ml per g of FFB. Hence, the ratio of application of FA at pH 3 vs pH 4 was  $0.38 : 0.14 = 2.7$  for CFB, and  $0.46 : 0.18 = 2.6$  for FFB.

#### *Extractable elements in fishbones amended with formic acid*

In the main experiment, we aimed for deriving a sludge of fish bones without a large proportion of visible water, to mimic industry conditions and to facilitate a reasonably uniform sampling of sediments. As described in the previous section, 1.5 g of deionised water per g of fishbones was satisfactory for this purpose. Again, 500 ml plastic flasks were applied, 40 g dry fishbones + 60 ml deionised water were applied to each plastic flask, and thereafter 85% FA was applied in a volume of 7.2 or 18.4 ml to FFB, and a volume of 5.6 or 15.2 ml to CFB, to achieve a pH of 4.0 or 3.0. Thereafter the bottles were well shaken and kept closed in room temperature. For control treatments, only deionised water was applied. The six treatments had three replicate flasks, in total 18 flasks. The treatments are abbreviated here as FFB3 (fine fishbones, pH 3.0), FFB4 (fine fishbones, pH 4.0), FFBH<sub>2</sub>O (fine fishbones, deionised water) and CFB3, CFB4 and CFBH<sub>2</sub>O (coarse fishbones with pH 3, 4 or mixed with deionised water). The experiment lasted from October 6 (day 0) to November 30, 2020 (day 55). Sampling occurred on day 2 (Oct 8), 15 (Oct 21), 34 (Nov 9) and 55. On each sampling date, about 13 g of material was removed from each flask with a plastic spoon, giving a total of  $18 \times 4 = 72$  samples for chemical analysis. On each sampling date, pH was measured in the flasks before removing the samples, after stirring the slurry with a plastic rod.

The samples were split in two aliquots, where one was used for determination of dry matter content, and the other was extracted by AL-solution as described above. All laboratory work including pH measurements was carried out at SINTEF Norlab department Surnadal, Norway, whereas other chemical analyses were conducted at SINTEF Norlab department Namsos. Filtrated extracts were kept frozen until determination of the concentrations of P, K, Ca, and Mg by ICP-MS measurement as described above. One sample of frozen extract, from treatment FFBH<sub>2</sub>O was broken on the way to the laboratory, leaving only two replicate samples for analysis of this treatment.

### *Statistical analysis*

To test whether changes in characteristics between sampling dates for single treatments were statistically significant, we applied a paired t-test. To compare if the average characteristic on a certain date differed significantly between only two treatments, we applied a two-sample t-test. To compare if the average values were statistically significant between treatments on each sampling date, we applied one-way analysis of variance (GLM) with a Tukey t-test to analyse differences between means. The calculations were made by Minitab software.

Statistically significant differences are referred to as \*\*\* for  $p < 0.001$ , \*\* for  $p < 0.01$ , \* for  $p < 0.05$  and nearly significant as (\*) for  $0.05 < p < 0.1$ .

## Results

### *Chemical characteristics of applied fish bones*

**Table 1** Chemical characteristics of fishbones applied in the study. DM = dry matter

Characteristic	Unit of measurement	Coarse fishbones	Fine fishbones
		2-4 mm	< 0.71 mm
Dry matter	%	92	92
pH		7.8	7.6
Total organic C	% of DM	14	13
Total N	% of DM	4.8	5.2
Nitrate	mg N kg DM <sup>-1</sup>	< 1.2	2.0
Ammonium	mg N kg DM <sup>-1</sup>	36	50
Phosphorus (P)	% of DM	12	11
Calcium (Ca)	% of DM	30	> 30
Magnesium (Mg)	% of DM	0.41	0.57
Potassium (K)	% of DM	0.075	0.062
Sulphur (S)	% of DM	0.18	0.18
Chloride (Cl)	mg kg DM <sup>-1</sup>	130	150
Iodine (I)	mg kg DM <sup>-1</sup>	< 0.5	< 0.5
Boron (B)	mg kg DM <sup>-1</sup>	580	410
Cobalt (Co)	mg kg DM <sup>-1</sup>	0.060	0.041
Iron (Fe)	mg kg DM <sup>-1</sup>	< 3.8	< 3.8
Manganese (Mn)	mg kg DM <sup>-1</sup>	13	19
Molybdenum (Mo)	mg kg DM <sup>-1</sup>	< 0.17	< 0.17
Arsenic (As)	mg kg DM <sup>-1</sup>	< 0.37	< 0.37
Cadmium (Cd)	mg kg DM <sup>-1</sup>	< 0.0014	0.038
Chromium (Cr)	mg kg DM <sup>-1</sup>	< 0.28	1.1
Copper (Cu)	mg kg DM <sup>-1</sup>	< 0.52	< 0.52
Lead (Pb)	mg kg DM <sup>-1</sup>	0.19	0.20
Mercury (Hg)	µg kg DM <sup>-1</sup>	2.0	6.0
Nickel (Ni)	mg kg DM <sup>-1</sup>	< 0.080	1.1
Zink (Zn)	mg kg DM <sup>-1</sup>	78	190
Silver (Ag)	mg kg DM <sup>-1</sup>	< 0.085	< 0.085
Tin (Sn)	mg kg DM <sup>-1</sup>	< 3.8	< 3.8

The chemical composition of fishbones was comparable in CFB and FFB. The pH was slightly alkaline (Table 1). A significant content of carbon and nitrogen indicates that the bones contain a high amount of structural protein (collagen). Among the six macronutrients required for satisfactory growth of crop plants, the fishbones had high concentrations of N, P, Ca, and some Mg and S. The concentration of K was quite low as compared with the needs of crop plants, who often have K contents comparable to N. For several elements, the concentration was below the limit of detection.

In a typical apatite, the ratio of molecular weight between P and Ca equals  $(6 \times 30.97 : 10 \times 40.08) = 0.46$ . In the materials studied here, the P:Ca ratio was 0.38 (Table 1). This indicates that in addition to apatite,

some carbonate ( $\text{CaCO}_3$ ,  $\text{MgCO}_3$ ) is also present. If all P is present as apatite, it will take up 248 g of Ca per kg of fishbones containing on average 115 g P per kg (Table 1). The remaining about 50 g of Ca per kg may be present as carbonate. This represents about 6% of the total calcium content.

#### *Change of pH over time*

In the control treatments, the pH in FFB was initially slightly below the pH of CFB (Table 2). In both types of material, the pH increased over time, and after about 3 weeks the pH was somewhat higher in CFB than FFB. Overall, the pH increased from about 7.4 to about 8.5.

In treatments targeted towards pH 5.0, an average total volume of 20 ml 85% FA was applied to FFB over 59 days, and 14 ml to CFB, but the pH was still not stable. For CFB, microbial activity was observed after 7 days, when samples had developed a bad odour and brown-yellowish colour. For FFB, the same was observed after 14 days. The bad odour occurred until the end of the test. When the target pH was 3.0, it was easier to achieve a stable pH, but this demanded a significant amount of acid (Table 3); 6-7 g of FA per g of bones. The acid consumption was higher for FFB where totally 176 ml of FA was required, than for CFB where 150 ml were required. For FFB a stable pH was achieved already after day 1, whereas for CFB this was not achieved until after day 14. In the samples targeted towards pH 3.0, no observations of bad smell or brown-yellowish colour occurred. The colour of these samples was light grey to yellow.

**Table 2** pH over time in course fishbones (CFB2, 2-4 mm) and fine fishbones (FFBs, < 0.71 mm) mixed with 4 ml of deionised water per g of fishbones

<b>Treatment</b>	<b>Day 0</b>	<b>Day 1</b>	<b>Day 11</b>	<b>Day 21</b>	<b>Day 26</b>	<b>Day 50</b>
CFB	7.5	7.3	7.1	8.0	8.0	8.3
FFB	7.3	7.1	7.2	8.4	8.5	8.7

**Table 3** pH over time in course and fine fishbones (CFB 2-4 mm, FFB < 0.71 mm) mixed with deionised water (4 ml per g of fishbones) plus 85% formic acid (FA) to derive a target pH of 5.0 or 3.0

<b>Characteristic, treatment</b>	<b>Day 0</b>	<b>Day 1</b>	<b>Day 3</b>	<b>Day 7</b>	<b>Day 14</b>	<b>Day 30</b>	<b>Day 59</b>
<i>pH</i>							
CFB target pH 5.0	-	6.3	-	6.8	7.0	7.2	7.7
FFB target pH 5.0	-	5.4	5.2	5.5	5.6	5.6	7.0
<i>ml FA per experimental unit</i>							
CFB target pH 5.0	0.6	0.1	-	2.2	2.5	3.8	4.7
FFB target pH 5.0	3.2	0.7	0.2	0.8	7.3	1.4	6.7
<i>pH</i>							
CFB target pH 3.0	-	3.5	-	3.4	3.1	3.0	3.0
FFB target pH 3.0	-	3.1	3.0	3.0	3.0	3.0	3.0
<i>ml FA per experimental unit</i>							
CFB target pH 3.0	41	36	-	58	15	0	0

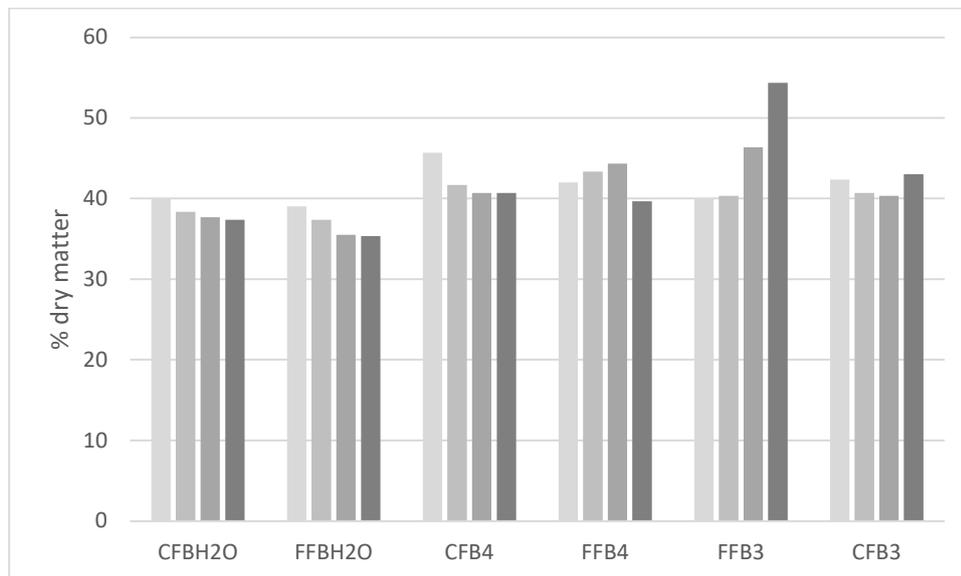
FFB target pH 3.0

156 20 0 0 0 0 0

The slurries for the main experiment had less water (1.5 g per g of fishbones as compared with 4 in the initial test). With applied volumes of 85% FA, the pH was quite stable after acidification. The final pH after 55 days was 2.93 for FFB3, 3.97 for FFB4, 3.20 for CFB3 and 4.00 in CFB4. In control treatments, pH decreased slightly from 6.7 on day 2 to 6.5 on day 15 for FFBH<sub>2</sub>O, then increased to a final pH of 7.9 on day 55. For CFBH<sub>2</sub>O, pH was 6.9 on day 2 and increased to pH 8.0 on day 55.

#### *Content of dry matter in the fishbone slurries*

The average content of dry matter (DM) on each sampling date varied from 35 to 54% (Figure 1). In the control treatments the values were slightly decreasing over time, from 40 to 37% in CFB and 39 to 35% in FFB. The decrease from day 2 to 55 in the control treatments was nearly statistically significant ( $p=0.053$ ) for FFBH<sub>2</sub>O, but not for CFBH<sub>2</sub>O ( $p=0.16$ ). A decreasing trend may be explained by decomposition of organic material by microbial activity, converting solid material to liquids and gas.



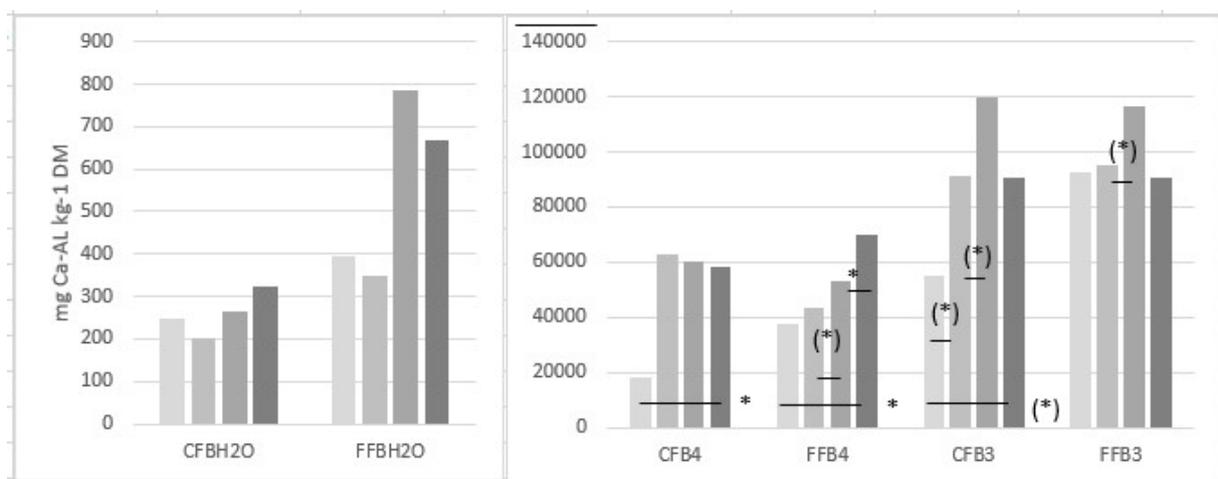
**Figure 1** Dry matter (%) at days 2, 15, 34 and 55 after acidification of grinded fishbones with 85% formic acid to pH 3 or 4. Values are averages of 3 replicate samples per treatment. CFB= coarse fishbones (2-4 mm), FFB= fine fishbones (< 0.71 mm), H<sub>2</sub>O = control with only water, numbers 3 and 4 refers to pH

Since formic acid will decompose into carbon monoxide or carbon dioxide plus water vapour by drying at 105 °C, the addition of formic acid was not supposed to increase the dry matter content. However, if chemical reactions occur, e.g., formation of calcium formate, less acid may disappear during drying. The average values were quite stable between 40 and 46% in CFB3, CFB4 and FFB4 (Figure 1). In FFB3, the content of dry matter seemed to increase over time, especially from day 15 to 34, and from day 34 to 55. However, the differences were not statistically significant from one sampling day to the next, or from day 2 to 55 ( $p= 0.125$ ).

#### *Extractable calcium in fishbones treated with 85% formic acid*

The dissolution of calcium was significant with application of formic acid and increased with increased acidification for both types of material (Figure 2b). The average concentrations of extractable Ca (Ca-AL) across all sampling dates were 49.8 and 50.9 g Ca-AL kg<sup>-1</sup> DM for CFB4 and FFB4, and about twice as high for CFB3 and FFB3, 89.2 and 98.56 g Ca-AL kg<sup>-1</sup> DM. The concentrations at pH 3 comprise about 30% of the total content of calcium, which was about 300 g Ca kg<sup>-1</sup> DM (Table 1).

In the control treatments (Figure 2a) the difference between FFB and CFB was higher than for the acidified treatments; the average concentrations across sampling dates were 548 and 261 mg Ca-AL kg<sup>-1</sup> DM. The changes from one sampling date to the next, or from the start to the end of the experiment, were not statistically significant for the control treatments. The average values of Ca-AL comprised 0.18 % of the total Ca content for FFBH<sub>2</sub>O and 0.09% for CFBH<sub>2</sub>O. In acidified treatments, several increases in Ca-AL were near to, or statistically significant (Figure 2b).



**Figure 2** AL-extractable calcium (Ca-AL) at days 2, 15, 34 and 55 after acidification of grinded fishbones with 85% formic acid to pH 3 or 4. Values are averages of 3 replicate samples per treatment; sampling days are indicated by increasingly grey colour. CFB= coarse fishbones (2-4 mm), FFB= fine fishbones (< 0.71 mm), H<sub>2</sub>O = control with only water, numbers 3 and 4 refer to pH. Left side (**2a**): control treatments, right side (**2b**): acidified treatments. Statistically significant changes between sampling dates are indicated by horizontal bars between dates and the level of significance by asterix

The decreases from day 34 to day 55 for CFB3 and FFB3 could possibly indicate that some Ca was chemically bound over time e.g., by formation of complexes such as calcium formate. However, these changes were not statistically significant ( $p= 0.206$  for FFB3;  $p=0.168$  for CFB3).

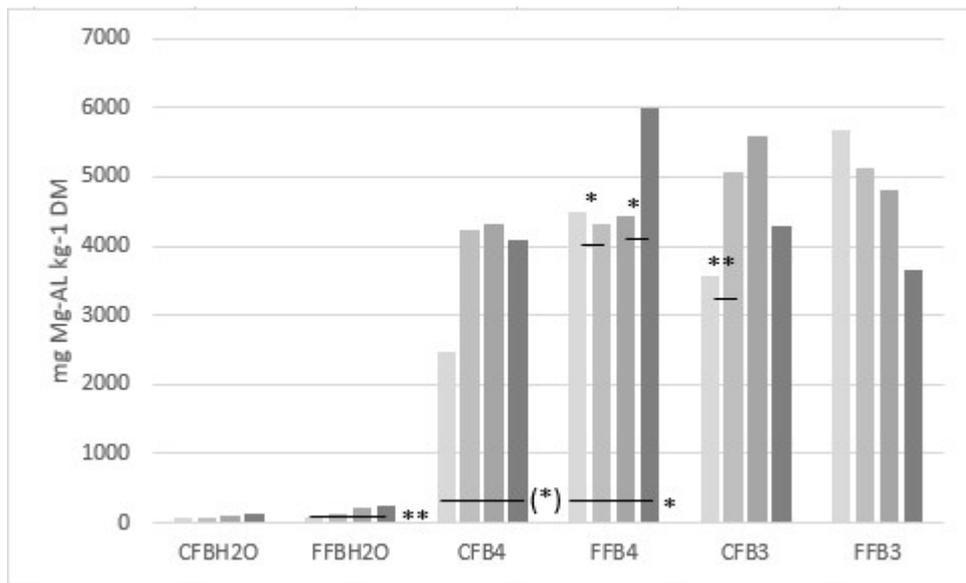
For Ca-AL, the effect of grinding was not significant. After 55 days, the concentration of AL-extractable Ca differed significantly between the acidified treatments ( $p= 0.000$ ; GLM), with CFB4 (5.8 g) being lower than CFB3, FFB3 and FFB4 (9.1, 9.0 and 7.0 g). When FFB and CFB were compared across pH levels in a two-sample t-test, FFB had significantly more Ca-AL than CFB ( $p= 0.041$ ).

#### *Extractable magnesium in fishbones treated with 85% formic acid*

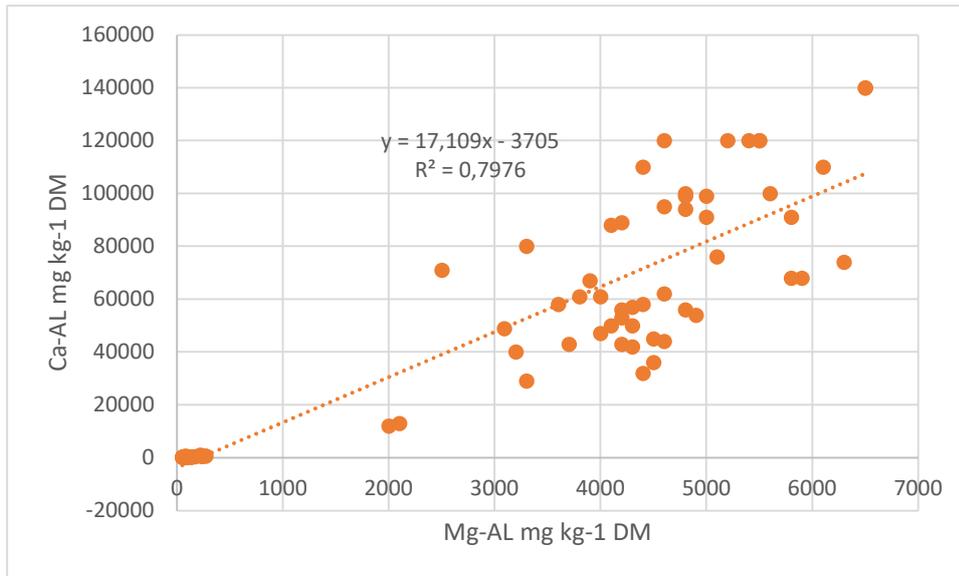
For extractable Mg (Mg-AL), the pattern was quite similar to the pattern of variation in extractable Ca (Figure 3, Figure 4), and there was a close correlation between these two characteristics ( $p=0.000$ ;  $r^2=0.8$ ). In the control treatments, concentrations increased from 62 to 128 mg Mg-AL kg<sup>-1</sup> DM for CFB and from 71 to 253 for FFB. The concentrations were slightly higher for finely ground fishbones (Figure

4), but the difference in Mg-AL between FFB and CFB amended with water was not statistically valid on any sampling date (Table 4).

In acidified treatments, the concentrations of AL-extractable Mg were much higher (Figure 3). The average total concentration of Mg in the fishbones was 49 g Mg kg<sup>-1</sup> of DM (Table 1). The average values across sampling dates of FFB3, FFB4, CFB3 and CFB4 were 4.8, 4.8, 4.6 and 3.8 g Mg-AL kg<sup>-1</sup> DM, indicating that about 10% of the total Mg was solubilised by formic acid treatment. With pH 4, the concentration increased over time in both CFB and FFB. With pH 3, the dissolution of Mg seemed to occur immediately in FFB and within day 15 in CFB. On each sampling date there was a significant difference between acidified and non-acidified treatments. Comparable to the results for Ca-AL, no clear effect was found of grinding on the concentration of AL-extractable Mg (Table 4), and the effect of pH level was also not clear, even if acidification as such increased Mg-AL significantly.



**Figure 3** AL-extractable magnesium (Mg-AL) at days 2, 15, 34 and 55 after acidification of grinded fishbones with 85% formic acid to pH 3 or 4. Values are averages of 3 replicate samples per treatment; sampling days are indicated by increasingly grey colour. CFB= coarse fishbones (2-4 mm), FFB= fine fishbones (< 0.71 mm), H2O = control with only water, numbers 3 and 4 refer to pH. Statistically significant changes between sampling dates are indicated by horizontal bars between dates and the level of significance by asterix



**Figure 4** AL-extractable Ca vs. AL-extractable Mg for all samples of fishbones, amended with water or 85% formic acid

**Table 4** Average values of AL-extractable Mg in acidified and water-amended treatments of fine (FFB) and coarse (CFB) fishbones on four sampling dates, mg Mg-AL kg<sup>-1</sup> DM. For each sampling date, values with letters a-d are statistically different at the 5% level

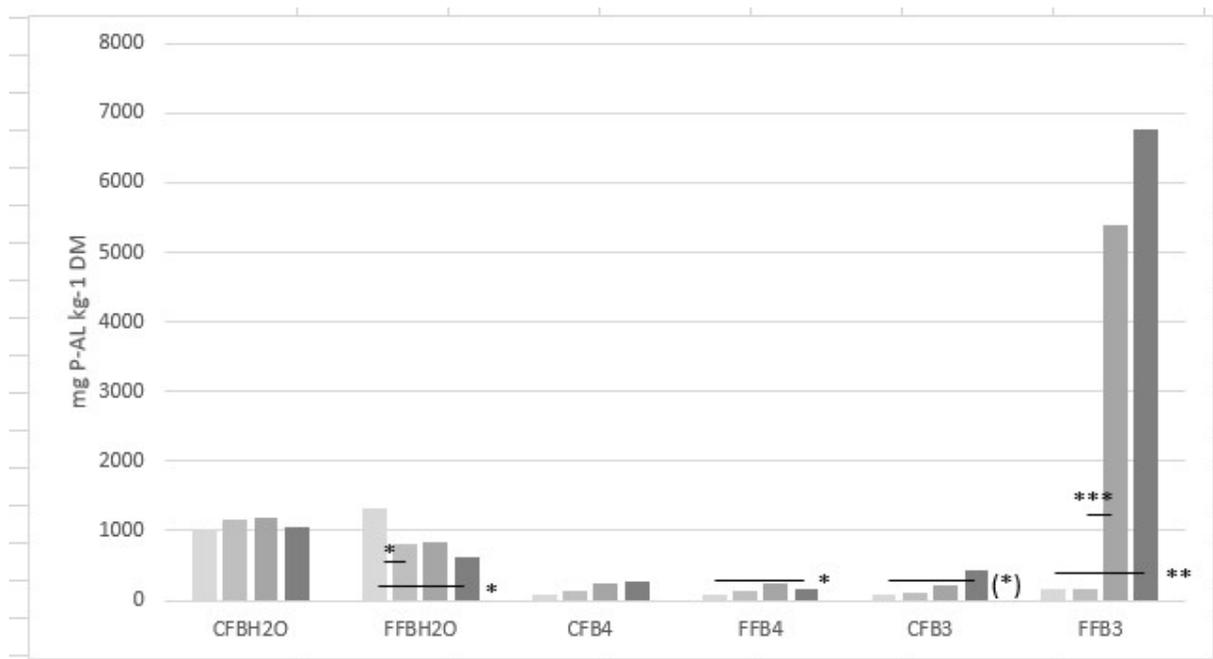
Treatment	Day 2	Day 15	Day 34	Day 55
FFB3	5667a	5133a	4800a	3667b
FFB4	4500ab	4333a	4433a	6000a
CFB3	3567bc	5067a	5600a	4300ab
CFB4	2467c	4233a	4333a	4100b
FFBH2O	71d	123b	112b	253c
CFBH2O	62d	76b	101b	128c

#### *Extractable phosphorus in fishbones treated with 85% formic acid*

For phosphorus, the dissolution was much less than for calcium. Surprisingly, extractable P (P-AL) concentrations were much higher in fishbones amended with only water than in fishbones amended with FA to pH 4 (Figure 5). At pH 3, high P-AL concentrations, on average 6.8 g P-AL kg<sup>-1</sup> DM, were achieved after 30 days, but only for FFB. For CFB, the P-AL concentration at pH 3 was well below the P-AL concentration in water. The P-AL concentration in FFB3 comprised 6% of the total amount of P in the fishbones, which on average comprises 115 g kg<sup>-1</sup> DM (Table 1).

In the control treatments, the maximum concentration of P-AL was 1.3 g P-AL kg<sup>-1</sup> DM, which comprises 1.1% of the total P content. For fine fishbones, there was a significant decrease over time from 1.3 to 0.6 g kg<sup>-1</sup> DM (Figure 3, FFBH<sub>2</sub>O). This may possibly be explained by microbial activity, changing extractable P to non-extractable organically bound P.

In acidified treatments, there was a small and nearly significant increase in P-AL from day 2 to 55 in CFB3. For FFB3 and 4, increases from day 2 to 55 were significant, but very small for FFB4. Only for FFB3, the increase was high, and occurred between day 15 and 34.



**Figure 5** AL-extractable phosphorus (P-AL) at days 2, 15, 34 and 55 after acidification of grinded fishbones with 85% formic acid to pH 3 or 4. Values are averages of 3 replicate samples per treatment; sampling days are indicated by increasingly grey colour. CFB= coarse fishbones (2-4 mm), FFB= fine fishbones (< 0.71 mm), H2O = control with only water, numbers 3 and 4 refer to pH. Statistically significant changes between sampling dates are indicated by horizontal bars between dates and the level of significance by asterix

At each sampling date, the differences between treatments were statistically highly significant ( $p = 0.000$ ; GLM; Table 5). The control treatments had significantly higher P-AL values than any acidified treatment on day 2 and 15. On days 34 and 55, a clear and positive effect was found of finely grinding of fishbones at pH 3. Hence, for P which is possibly the most important nutrient in fishbones from a crop fertilisation perspective, fishbones must be acidified to pH 3.0 for at least 30 days to increase the concentration of AL-extractable P significantly.

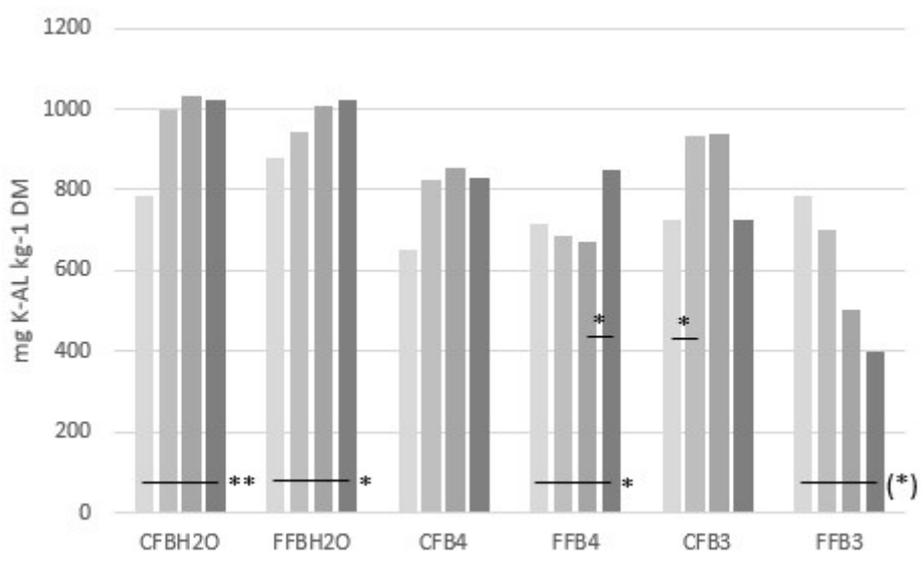
**Table 5** Average values of AL-extractable P in acidified and water-amended treatments of fine (FFB) and coarse (CFB) fishbones on four sampling dates, mg P-AL kg<sup>-1</sup> DM. For each sampling date, values with letters a, b, c are statistically different at the 5% level

Treatment	Day 2	Day 15	Day 34	Day 55
FFBH2O	1333a	813b	846bc	617b
CFBH2O	1017b	1167a	1200b	1063b
FFB3	153c	173c	5400a	6767a
CFB3	85c	112c	223c	420b
FFB4	73c	147c	243c	177b
CFB4	73c	127c	253c	280b

#### *Extractable potassium in fishbones treated with 85% formic acid*

The average concentrations of extractable potassium (K) were somewhat higher in the control treatments than in acidified slurries and increased over time from 787 to 1023 mg K/kg DM for CFB and from 880 to 1023 mg for FFB (Figure 6). In acidified treatments, the K-AL concentrations were

generally lower for FFB3 than for other treatments and there was no clear pattern of increase over time.



**Figure 6** AL-extractable potassium (K-AL) at days 2, 15, 34 and 55 after acidification of grinded fishbones with 85% formic acid to pH 3 or 4. Values are averages of 3 replicate samples per treatment; sampling days are indicated by increasingly grey colour. CFB= coarse fishbones (2-4 mm), FFB= fine fishbones (< 0.71 mm), H2O = control with only water, numbers 3 and 4 refer to pH. Statistically significant changes between sampling dates are indicated by horizontal bars between dates and the level of significance by asterix

## Discussion

### *pH increase in control treatments*

The increase of pH in both control treatments, from about pH 7.0 to 8.0, may be explained by the presence of bacteria which are able to increase the pH in their environment (Sigurdarson et al. 2018). One possibility may be that urease-producing bacteria were present which were cleaving organic nitrogen into ammonium (NH<sub>4</sub><sup>+</sup>). With a starting pH of about 7.0, the chemical state would be ammonia (NH<sub>3</sub>). Since the possibility of this gas to emit from the closed plastic bottles was restricted, the production of NH<sub>3</sub> in the slurry may have caused an increase in pH.

### *Formic acid dissolved Ca and Mg*

The fishbones contained much more Ca (about 30% of DM) than Mg (0.41-0.57% of DM, Table 1). The P:Ca ratio in the fishbones (Table 1) indicated that significant calcium carbonate minerals were present, in addition to apatite. For both Ca and Mg, acidification increased AL-extractable concentrations significantly. This is in line with Braithwaite et al (1996), who found that adding CaCO<sub>3</sub> to a substrate of rock P during extraction of P with 2% formic acid significantly affected the solubilisation of P. The proportion of total Ca comprised of Ca-AL was about 30%, whereas for Mg, only about 10% of the total content was “recovered” as AL-extractable. This indicates that the fishbones likely contained a significant amount of calcite (CaCO<sub>3</sub>) in addition to some dolomite (CaMg(CO<sub>3</sub>)<sub>2</sub>) or possibly even magnesite (MgCO<sub>3</sub>). Several ratios of Ca to Mg may be found in

carbonate minerals. As a geological rule of thumb, calcite dissolves more readily in acidic conditions than minerals containing magnesium (King 2021), which could point to that the fishbone contained significant amounts of calcite. However, the simple analytical procedures applied in the present study are not appropriate for a description of the mineralogy of cod heads.

The dissolved calcium could also be derived from apatite. As reviewed by Boskey and Coleman (2010), carbonate accumulates in the bone cells of animals such as mice, rats and chicken with increasing age. A cod fish may be several years old when being caught; FAO estimates that a typical cod may use about 5 years to reach a size of 30 inches (76 cm), where the fish may qualify as a cod and not a codling (FAO 2021). Calcium carbonate has been shown to be more readily dissolved at low pH than hydroxyapatite. In a study of calcium minerals for human intake, Goss et al (2007) reviewed the solubility of various calcium minerals at various pH from 2.0 to 8.5. At pH 4.5, the observed solubility of calcium phosphate was 0.63 mg Ca ml<sup>-1</sup>, whereas the solubility of calcium carbonate at pH 4.5 was 46. This indicates that most of the calcium in carbonates would be dissolved before dissolving of apatite. As discussed in relation to Table 1, if all P in the fishbones was present as apatite, about 6 % of the total Ca could be present in carbonates. When about 30% of the total Ca is dissolved (as Ca-AL), does this imply that the formic acid has dissolved apatite?

#### *High P-AL in control treatments*

Microbial activity was observed in the control flasks, as evidenced by a yellow colour and strong odour. Microbial activity has been shown to release extractable P from apatite, e.g. by Welch et al. (2002). However, in that study, the P release was explained by acidification. If microbial activity was the reason for the significantly higher concentration of extractable P in the water-amended fishbone slurries, especially at the start of the study, it is reasonable that the concentration would increase over time. Since, on the contrary, a decrease was observed in FFB and the concentration was maintained in CFB, and the concentration was quite high already after two days, the P-AL values seem to reflect that hydrolysed cod head bones contain about 1% AL-extractable P. This P may come from other chemical compounds than apatite. One possibility may be phospholipids, which comprise a significant part of the lipids in the bones of fat fish species. Toppe et al (2007) proposed that a significant fraction of the lipids in bones from lean fish (e.g., cod) is phospholipids.

It is pertinent to ask, why was the concentration of P-AL much lower in fishbones amended with FA to pH4, than in the control treatments? For coarse fishbones, the P-AL concentrations were also below the levels in the control treatments at pH 3. Only with finely grinded bones (< 0.7 mm), pH 3.0 and a contact period of > 30 days, the P-AL concentrations were significantly increased. One possible explanation for this result is that already at the 1<sup>st</sup> sampling, significant concentrations of calcium had been dissolved (Figure 2), and were able to react with extractable phosphate ions, precipitating some form of calcium phosphate which was not extractable by the AL solution.

#### *Apatite dissolution and formation of precipitation minerals*

The narrow ratio of liquid to solid material in the slurries most likely supported the precipitation of secondary minerals. Phosphates of both calcium, magnesium and ammonium may have been precipitated, and as discussed above, phosphates from phospholipids may have been precipitated as phosphates not extractable by AL-solution in treatments CFB3, CFB4 and FFB4. If the reason for the significant increase in P-AL in FFB at pH 3 after more than 15 days was that with this pH, degree of milling and storage period apatite was finally weathered, the P-AL increase should have been accompanied by a similar increase in Ca-AL, but that was not the case. Calcium may have become bound to formate anions in the slurries, but such formates are generally highly soluble in aquatic solutions such as the AL-solution. It may be that calcium ions dissolved from apatite after day 15 in

FFB3 precipitated as calcium carbonate in a form less soluble in AL-solution. Even if the decreases in Ca-AL and Mg-AL from day 34 to 55 were not statistically significant in FFB3, the values indicate that less of these minerals were extractable towards the end of the study. This may possibly be due to some precipitation of little soluble  $\text{CaCO}_3$  or  $\text{CaMg}(\text{CO}_3)_2$  after a rapid increase in dissolved Ca from apatite. Clarification of these processes would demand detailed studies of mineralogy.

#### *More K-AL than total K*

In the control treatments, and in FFB4, the concentrations of K-AL increased over time. This may be explained by dissolution of potassium salts, e.g. potassium chloride (KCl). In FFB3, the concentration decreased over time, and the acidified treatments generally had a somewhat lower concentration of K-AL than the controls. The decrease and the lower level in acidified treatments may possibly be explained by formation of some salts containing potassium in the slurries, even if potassium salts are generally highly soluble.

The total content of K varied from 620 to 750 mg K kg<sup>-1</sup> DM (Table 1) and comprised on average 685 mg K. Several measurements of K-AL were well above this level, especially in the control treatments. Potassium as a monovalent cation is easily soluble. Hence it is not surprising that a very high proportion of the total K was extracted by AL solution in all treatments. It is more difficult to explain why the extractable K concentrations in the control treatments were well above the total K values. Potassium comprised a very small proportion of the total mineral content of the fishbones, and it may be that the analytical procedure underestimated this mineral.

#### *Practical application*

For soils in need of maintaining a medium P concentration, e.g. in Norway set to 70 mg P-AL per kg of air-dried soil, a supply of 20 kg P per hectare and year is applicable (Kristoffersen 2021). To apply 20 kg of AL-available P from acidified fishbones, about 2900 kg per hectare of dry and grinded fishbones would be required. The total application of P would be about 330 kg, and the application would further apply about 145 kg N, 20 kg K, 870 kg Ca, 14 kg Mg, 5 kg sulphur (S) per hectare. The N has been shown to have an immediate effect (Ahuja & Løes 2019), but some source of K would be required to ensure a balanced plant nutrition. For P, the residual effect will depend on factors like soil acidity and microbial activity and deserves further study. If not amended with acid, the availability of P in the fishbones will be much lower, but about 1% will be readily available. For preservation purpose, the pH must be 4 or below. One option for practical handling could be to acidify the sediments from 4 to 3 (or below) after the liquid phases of the hydrolysis have been removed. As demonstrated here, a thorough grinding of the bones is required, which may be challenging to conduct with acidified fishbones as the acid will cause corrosion. With the high content of alkali minerals, there should be no risk of soil acidification from applying acidified fishbones to agricultural soil. However, as mentioned the N availability is very high, which calls for careful timing of the date of application to avoid N loss.

#### **Conclusions**

This study revealed that a thorough grinding (to particles < 0.7 mm) and acidification by application of 85% formic acid to pH 3 over more than 15 days could dissolve about 6% of the P available in bones from cod heads, when assessed in an AL-extraction procedure. With less fine grinding, higher pH or lower duration of the acidification, AL-extractable P was decreased by acidification. In fishbones amended with only water, about 1% of the total P was extracted by AL-solution. Since the

total content of Pin fishbones is high, about 11.5% of the dry matter, this is not a neglectable amount. It may be explained by presence of phospholipids.

The AL-soluble concentrations of calcium and magnesium increased significantly by acidification, but there was no large effect of decreasing the pH from 4 to 3. Most likely, other minerals than apatite were dissolved by formic acid and later by AL-solution.

Initially, we expected that the concentration of AL-extractable P in fishbones treated with formic acid would be higher than in fishbones not treated by acid. We also expected that the fineness of grinding, and decrease in pH, would increase the concentration of AL-extractable P in the fishbones. These assumptions were only partly confirmed. The reason for this is most likely that fishbones contain more minerals than rock phosphate, which affect the dissolution of P.

Further studies will be required to reveal the processes occurring with fishbone minerals during acidification. In practice, for application as fertiliser, it will be more important to measure residual effects of fishbone-derived P in agricultural soils. Bonemeal from animal husbandry have been extensively studied as soil amendments, whereas much less studies have been carried out for P from fishbones.

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