

The Changing Health Convergence for Life Expectancy and Spatial Interactions

Irene González Rodríguez (✉ igonzalez@idival.org)

IDIVAL <https://orcid.org/0000-0002-6712-3254>

Marta Pascual Sáez

Universidad de Cantabria

David Cantarero Prieto

Universidad de Cantabria

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THE CHANGING HEALTH CONVERGENCE FOR LIFE EXPECTANCY AND SPATIAL INTERACTIONS

Irene Gonzalez Rodriguez, Marta Pascual-Sáez and David Cantarero-Prieto

Health Economics Research Group, University of Cantabria and IDIVAL. Av. de los Castros s/n.,
39005, Santander (Cantabria), Spain

E-mail: igonzalez@idival.org

marta.pascual@unican.es;

david.cantarero@unican.es;

Corresponding Author:

Irene Gonzalez Rodriguez, Health Economics Research Group, University of Cantabria. Av. de los
Castros s/n., 39005, Santander (Cantabria), Spain. Phone: + 34 942 201628.

Email: : igonzalez@idival.org

Abstract

Background: Health convergence between the European Union countries and Spanish provinces is studied considering the spatial interactions among several territories. Health status measured through life expectancy in four ways: life expectancy at birth, life expectancy at age 65, disability-adjusted life expectancy and healthy life expectancy based on self-perceived health. The period analyzed differs from one indicator to another, for the period 1998-2018.

Methods: Two kinds of convergence are studied: σ -convergence, through standard deviation, and absolute β -convergence, estimating a determined regression. Furthermore, the Moran Test is performed in order to know the degree of spatial dependencies and two models of spatial regression (Spatial Lag Model and Spatial Error Model) are used to include these dependencies in the absolute β -convergence estimation.

Results: Our findings suggest that there is a convergence process, both in σ and β , between the European Union countries and between the Spanish provinces. Therefore, dispersion is reduced, and growth rates have been higher where had lower life expectancy values at the beginning. On the other hand, β -convergence is higher in women among European countries and in men among Spanish provinces, whether we consider the model without spatial dependencies or the one which include them.

Conclusion: In general, there have been convergence processes (both in sigma and beta) inside Europe and Spain. Otherwise, the rise of the dispersion means that there is not a clear evidence about the trend in the following period. This study has a double contribution. First, it provides an updated vision of the health convergence. Secondly, it contributes to consider spatial econometrics in Health Economics research. These insights can be considered to reduce health population inequalities.

Keywords: Spatial health econometrics, convergence, life expectancy, European Union.

Background

The increasing life expectancy of the older population in many countries makes ageing a key issue today. In this regard, one of the Governments objectives is to improve the quality and duration of population's lives. The state of people's health has traditionally been measured by life expectancy and mortality indicators. However, in recent years, other perspectives have been included and considered: quality of life, socio-economic environment, disease prevention, freedom from disability, etc. Even though people's health quality increases over time, disparities continue to exist in many ways. On one hand, inequalities may exist between different countries. For example, West European Union (EU) countries have longer life expectancies than the East ones. On the other hand, this kind of differences may also be among regions within the same country [1].

The health convergence analysis allows to approximate the evolution of those inequalities among different territories. Convergence is understood as "*the reduction or equalizing of disparities*" [2]. Although Solow (1956) advanced the convergence hypothesis in his growth theory, the most famous studies are given by Baumol (1986) and Barro and Sala-i-Martin (1990, 1992, 1995) [3]. They analyzed income approximation processes between regions or countries. Inside the literature of growth empirics, there are different perspectives for measuring convergence. A significant number of papers broadly categorized it into two parts: σ -convergence and β -convergence. The first one occurs when the dispersion between the studied regions decreases, while the second one exists when the areas that have lower values of the selected indicator at the beginning of the period have the final highest growth rates. Most convergence analysis have been based on income indicators. However, there are not as many studies that analyze convergence regarding health inequalities due to the complexity of measuring people's health [4].

To deepen these convergence analyses, spatial econometrics have been used in recent years. The beginnings of spatial econometrics date back to the 1970s, when Jean Paelinck defined it as the part of applied econometrics that deals with estimation and specification problems arising from traditional econometrics [5]. In other words, spatial econometrics serves as a tool that corrects the spatial problems of standard econometric models. By using these models, we have the possibility to consider the spatial dependence between observations, which often arises if data are collected on regions or countries located in space. In addition, these models are useful for assessing and quantifying the spillover effects in different geographical entities [6].

In this context, the two most important limitations of not considering space are spatial autocorrelation and spatial heteroscedasticity. The first one occurs when the value of a certain variable in a specific spatial unit is related to its value in one or more other locations. Therefore, an observation associated with a given spatial location i , depends on others linked to locations j (where i is different from j) [7]. This concept is multidirectional, since a spatial unit may not be affected only by another neighboring region or country, but it may be affected by many others that surround it [8]. Spatial autocorrelation can be expressed also as spatial dependency. The main difference is that the first one refers simultaneously to a phenomenon and a statistical technique while the second one refers only to a theoretical explanation [9]. Nevertheless, in this study, as in the majority, both concepts will be used as synonyms. This dependency may be caused mainly by two reasons: by the existence of measurement errors and by the existence of spatial interaction, overflow effects and spatial hierarchies. In turn, spatial autocorrelation can be positive or negative. When the presence of a certain phenomenon in a specific spatial unit makes it easily spread to its neighboring localities favoring its grouping, spatial autocorrelation will be positive. Meanwhile, when the presence of this factor hinders its propagation to neighboring towns, regions or countries, spatial autocorrelation will be negative [10]. Secondly, spatial heterogeneity refers to the relationship's variations in space. Usually, two aspects of this concept can be distinguished: structural instability and heteroscedasticity. On one side,

structural instability is understood as the absence of stability that exists in the space of the behavior of the study variable. This means that the functional form and the parameters of a regression may change from place to place and, therefore, they will not be homogeneous throughout the sample. On the other side, heteroscedasticity appears when specification errors occur, which give rise to the appearance of measurement errors [8]. Most problems caused by spatial heterogeneity can be solved by standard econometric techniques. For this reason, the spatial literature usually focuses on the analysis of spatial autocorrelation (so the same will be done in this study).

In recent years, a new branch of spatial econometrics has emerged that focuses on the health analysis: the Spatial Health Econometrics. It measures spatial relationships between agents at both the micro and macro levels, while testing health economic theories [11]. It is a good tool to reduce the degree of uncertainty about the complexity of the issues addressed by Health Economics. In this regard, the following paragraph review the most recent literature on the use of spatial econometrics in health convergence among European countries.

Jaworska [12] studies life expectancy convergence in the European Union NUTS II regions between 2002 and 2012. The results show that regions with the lowest life expectancy in 2002 have experienced the greatest increases. However, it highlights that the process has not been the same for all regions, as there is higher speed of convergence in the more developed countries (South-West Europe). In addition, Stańczyk [13] analyzes the same as the previous author and draws a complementary conclusion: socio-economic factors have a major impact on the public health state. Other authors quantify these inequalities by including more variables. This is the case of Mayou et al. [2], who study the convergence speed between the mortality rate and life expectancy at birth between 1995 and 2009. The results suggest that the dispersion between these two indicators is not decreasing. Considering the reduction of dispersion as a measure of convergence, this article is the first one who expose a lack of health convergence in

all the EU regions. Maynou and Saez [14] complement the previous study by estimating the impact of the 2008 economic crisis on the health convergence process in the European Union. Their results show that there is indeed a recovery process among the different EU regions, but that there is also no reduction in the dispersion levels. On the other hand, there are several authors who carry out this type of analysis but focus on the regions of a particular country. Eibich and Ziebarth [15] estimate spatial health inequalities at the county level in Germany. They find large and significant spatial dependencies and groupings, and an East-West spatial health pattern. Zeren et al. [16] study the health care service impartiality at the county level in Turkey between 2002 and 2010. They use the convergence hypothesis to test whether inequalities are reduced and draw a double conclusion: there is province convergence and there is health care service spatial interaction between regions. Finally, Dearden et al. [17] show the relationship between health and geography based on health inequalities in Great Britain in 1991, 2001 and 2011. Thanks to a growing positive spatial association, neighboring areas increasingly share similarities and there is less distinction between areas characterized by good and bad health. It should be noted that one of the reasons for the existence of these health inequalities is the differences between regions in terms of factors determining the population's health status. The most prominent are the level of environmental pollution, the wealth of society and the access to health services. Modranka and Suchecka [18] analyze these determinants using a Spatial Durbin Model (SMD). They suggest specific factors that generate positive impacts on the general health status of inhabitants of adjacent regions, such as the pharmacy locations or the number of people who go to the gym.

The main objective of this study is to estimate the health convergence in the last years of the 20th century and first decades of the 21st. Reviewing the health convergence studies, it can be seen how some of them measure convergence between countries while others focus on regions within a single country. However, in this case, both lines of research will be done. Firstly, health convergence between the European Union countries will be analyzed. Secondly, the same study

will be done, but focused on the Spanish provinces. Health status is measured through life expectancy in four of its forms: life expectancy at birth, life expectancy at age 65, disability-adjusted life expectancy and healthy life expectancy based on self-perceived health. Two types of convergence will be studied: σ and absolute β -convergence. As the data to be used refer to regions and countries, it is important to analyze whether there is any spatial relationship between them. To consider these possible spatial dependencies, spatial econometrics is incorporated. In this sense, Moran's Test will be used to find out if there is spatial dependence in the observations. If there is, the Spatial Lag Model and the Spatial Error Model will be used to estimate spatial absolute β -convergence. Additionally, the analysis is separated between men and women to show gender differences, as the difference in health patterns between the sexes presents a challenge in the field of public health [19]. The importance of the contributions of this study is twofold. First, it provides an updated vision of the health convergence in the last years. Secondly, it contributes to the incorporation of spatial econometrics in Health Economics research.

Methods

Data sources

Data were extracted from 4 different databases: World Bank Open Data [20], World Health Organization database [21], Eurostat [22, 23] and Spanish National Statistics Institute [24, 25]. It should be noted that the source of the European spatial data is Eurostat [26] and for Spanish data is GADM [27].

A small data pre-processing has been carried out to correct inconsistencies and transform them into simpler formats [28]. The main problem to correct it is the treatment of not available data (NaNs). The Romanian and Croatian time series for healthy life expectancy based on self-perceived health variable had 1 (year 2006) and 4 (years 2006-2009) NaNs, respectively. To resolve this, an attempt has been made to capture the trend through a rolling window. The

accumulated growth rate for the following 7 years of the NaN has been calculated and extrapolated.

Measures / variables

To estimate health status with several dimensions and to give a broad vision of the life expectancy concept, four variables have been chosen: Life Expectancy at Birth (LEB), Life Expectancy at age 65 (LE65), Disability-Adjusted Life Expectancy (DALE) and Healthy Life Expectancy based on Self-Perceived Health (HLESPH). The study will be divided into two cases: the European Union countries and the Spanish provinces convergence analysis. For the first case, all 27 EU countries have been considered, to update the existing research on these countries. In the second case, the 50 Spanish provinces and the two autonomous cities (Ceuta and Melilla) will be analyzed. Spain has been chosen for the detailed analysis because it is one of the countries with the highest life expectancy value in recent years. Provinces data will be used to consider the spatial dependencies within the territory of this country. Furthermore, to make a more detailed research, a distinction will be made between men and women, in all cases.

Statistical analysis

Inside the literature of growth empirics this notion of convergence is divided into two broad categories: σ -convergence and β -convergence.

The first kind of convergence is estimated with the calculation of the standard deviation, and it occurs when *“the dispersion, measured say by the standard deviation of the income per capita logarithm across a group of countries or regions, declines over time”* [29]. In this study, the interest variable is life expectancy, so the Gross Domestic Product (GDP) per capita will be replaced for each selected definition of life expectancy. Therefore, this type of convergence will occur when the life expectancy dispersion among all the individuals in the sample is reduced.

The second measure of convergence occurs when the partial correlation between GDP growth per capita over time and its initial level value is negative. It is understood as the situation where “poor economies tend to grow faster than rich ones” [3]. The β -convergence is a necessary but not sufficient condition for σ -convergence [30]. This study will focus on the analysis of absolute β -convergence (it occurs when all studied economies converge towards the same steady state), so the life expectancy growth rate will be returned over the Napierian logarithm of the variable value in the first year analyzed. Following the methodology used by Sala-i-Martin [3], the following regression will be estimated with cross section data:

$$\ln\left(\frac{y_{i,t}}{y_{i,t_0}}\right) = a + b \cdot \ln(y_{i,t_0}) + u_{i,t} \quad (1)$$

where the dependent variable is the life expectancy growth rate, i are all the countries/regions in the sample, t_0 is the first year of study and t is the last one. The intercept a is assumed to be constant for all economies.

Based on this equation, there will be absolute β -convergence when the parameter b meets two requirements: be negative and statistically significant. Additionally, the annual rate of convergence to steady state is calculated as the negative value of the Napierian logarithm of 1 plus the coefficient b divided by the number of years in the period studied (T) [12], this is:

$$\beta = -\frac{\ln(1+b)}{T} \quad (2)$$

However, if the sample studied has spatial dependencies, our results may not be valid [8]. That is why, secondly, the methodology for the spatial data analysis will be used.

Among the literature of growth empirics, the most widely used test to measure spatial autocorrelation comes from a statistic developed by Moran [31]. The Moran's I statistic is used to detect the existence of spatial dependence in the samples studied. The null hypothesis of this contrast is the spatial non-autocorrelation, in other words, that the variable is randomly distributed throughout the territory [8]. Based on the methodology used by Moreno et al. [8],

this statistic is interpreted similarly to a covariance. It is based on the cross products of the differences with respect to the mean. It is formally defined as:

$$I = \frac{N}{S_0} \cdot \frac{\sum_{ij}^N w_{ij}(x_i - \bar{x})(x_j - \bar{x})}{S_i^N(x_i - \bar{x})^2} ; i \neq j \quad (3)$$

where N is the sample size, S_0 is the scale factor equal to the addition of the weights, w_{ij} are the weights of the weight matrix W , x_i is the value of the interest variable x in the region i and \bar{x} is the sample mean of the variable x . If the weight matrix is standardized, N will be equal to S_0 .

Furthermore, the interpretation of the statistic depends on its expected value, which is defined as:

$$E(I) = -\frac{1}{N-1} \quad (4)$$

If $I > E(I)$ there is positive spatial autocorrelation and if $I < E(I)$ there is negative spatial autocorrelation [12]. However, if the I value is close to zero, there will be an absence of spatial pattern, so the observations will be distributed randomly in space [32].

If there is spatial autocorrelation, the β -convergence will be re-estimated, but this time using two spatial regression who allows us to consider various spatial relationships between neighboring countries or regions [12]. Based on literature, there are several regression models that include spatial effects through dependent and / or independent variables or through the error term. To consider both cases, two different models will be used in this study.

First, it's assumed that it's the endogenous variable that is spatially correlated. In this sense, the Spatial Lag Model (SLM) is applied, defined as:

$$y = \rho W_y + X\beta + u \quad (5)$$

where y is the vector of the interest variable growth rate (life expectancy) over the given time period, ρ is the autoregressive parameter that picks up the intensity of the interdependencies between the sample observations, W_y is the spatial delay of the variable y , X is the vector of the

observations on the interest variable in logarithms in the initial year and u is the white noise error term.

Secondly, the Spatial Error Model (or spatial error dependency) (SEM) is used. This model considers that spatial autocorrelation is present in the error term and it is formally defined as:

$$y = X\beta + \varepsilon \quad (6)$$

$$\varepsilon = \lambda W\varepsilon + \xi$$

where y and X are defined like the previous case, W is the spatial weight matrix, ξ is an error vector and λ is an autoregressive parameter in the error dependence model.

In addition, the conditions for absolute β -convergence are the same as in the model estimated by Ordinary Least Squares (OLS): the estimation coefficient of X must have a negative sign and be significant [12]. It should be noted that the specification by OLS is no longer valid for spatial models, so the description is made using the Maximum Likelihood method, in accordance with the chosen model [10].

Results

Analysis of the European case

Sigma-convergence

Figure 1 shows the evolution of the standard deviation in all cases. The most striking feature is that, in all variables, the women's curve is like that of men, but it is underneath. This means that the dispersion among women is smaller than the same for men.

Figure 1: European Union σ -convergence

Source: Authors' estimations

Firstly, the life expectancy at birth curves are presented. Their initial values are greater than the final ones, for both men (0.065 versus 0.051) and women (0.041 versus 0.032). In general terms, there is a decrease to 2009-2010 and then an increase, despite having small jumps during the

whole period. When the standard deviation decreases, it means that the dispersion between the life expectancy at birth of all men and women in the sample is reduced and, therefore, that there is a σ -convergence process. The opposite happens when the curve grows. Therefore, in this case, we could say that the convergence and divergence processes alternate: until 2004 there is convergence, then it diverges, then it converges again, etc.

Secondly, the life expectancy curves at age 65 are the ones with the most variability. They have two clear trends and a peak: the standard deviation decreases until 2012-2013 and increases from 2015. Between them there is a peak. Therefore, there is a σ -convergence process until the beginning of the 2010s and, from 2015, a divergence process. In this case, the initial value is much higher at the end, for both men (0.093 versus 0.080) and women (0.079 versus 0.054). It is the variable that in the initial years has the sharpest decrease.

Thirdly, the trend of the disability-adjusted life expectancy curves is similar to those of the life expectancy at birth variable, although the streaks are somewhat more pronounced. The general trend is that dispersion decreases until 2010 for men and 2008 for women, and thereafter increases. However, there is a peak in 2007 for men and in 2006 for women. In the case of men, sigma's initial value is practically the same as the final one (approximately 0.04). Nonetheless, in the case of women, it occurs as in the previous variables, the initial value (0.027) is higher than the final one (0.024).

Finally, the case of the healthy life expectancy based on self-perceived health variable is the only one in which the men curve meets that of women. The women's dispersion in the initial year (0.048) is greater than that of men (0.045). Even though in the final year the standard deviation in both cases is less than in the initial year, the sigma value is higher in men (0.037) than in women (0.032). The men's dispersion decreases until 2011 and, thereafter, it increases until 2016, with a small drop in 2015. The women's curve also decreases until 2011 but it remains

constant for the following two years. Then it follows the same evolution as in men: it grows until the last year but with a slight drop in 2015.

Beta-convergence

As stated above, β -convergence happens when the partial correlation between the life expectancy growth over time and initial level is negative. In this case, we focus on the absolute β -convergence analysis, which will occur if the countries converge towards the same steady state [3].

Table 1 shows the results of returning the growth rate of the interest variable over the value in the initial year.

Table 1: European Union results of Ordinary Least Squares (men / women)

OLS (men / women)	LEB		LE65		DALE		HLESPH	
	Estimate	t value	Estimate	t value	Estimate	t value	Estimate	t value
a (intercept)	1.28*** / 1.50***	4.84 / 4.85	0.24. / 0.72***	1.73 / 4.02	0.59* / 0.99**	2.50 / 3.64	1.13*** / 1.71***	6.82 / 7.33
b	-0.28 / - 0.33***	-4.55 / - 4.68	-0.04 / - 0.21**	-0.83 / - 3.47	-0.12* / - 0.22**	-2.48 / - 3.50	-0.25*** / - 0.39***	-6.45 / - 7.06
Converg. speed (annual)	1.65% / 2.02%		- / 1.87%		0.88% / 1.63%		2.92% / 4.89%	
R-squared	0.45 / 0.47		0.03 / 0.33		0.17 / 0.33		0.62 / 0.67	
Adjusted R-squared	0.43 / 0.46		-0.01 / 0.30		0.13 / 0.30		0.61 / 0.65	

***Significant at level 0.001; **Significant at level 0.01; *Significant at level 0.05; . Significant at level 0.1

Source: Authors' estimations

In the first case, the *b* interest coefficient is negative and significant for men and women (-0.28*** and -0.33*** respectively). So, there is an absolute β -convergence process for males and females between 1998 and 2018 in life expectancy at birth. It can be affirmed that the countries that initially had the lowest life expectancy at birth are those that have experienced higher growth rates and that the 27 EU countries converge towards the same steady state. However, the speed of convergence (annual) is higher for women (2.02%) than for men (1.65%). Secondly, the *b* interest coefficient of the regression for life expectancy at age 65 is negative and significant for women (-0.21**) but not for men (-0.04). That means that the 27 EU countries

converge towards the same steady state but only for women. There is absolute β -convergence for women but not for men between 2005 and 2018. In other words, the life expectancy at age 65 growth rate and its value at the initial moment (2005) have a negative relationship for women, as shown in Figure 2 (negative trend). The countries that have had the highest growth rates are those that had a lower life expectancy value in the initial year (2005). Romania is the country with the highest growth rate and the lowest life expectancy at age 65 value in 2005. However, countries like Sweden, Finland and France have had lower growth rates and their initial values were also lower. The speed of annual convergence is slightly smaller than life expectancy at birth (1.87%).

Figure 2: European Union LE65 scatter plot (women)

All points in the figure correspond to one country (for ease of viewing, only the names of the countries with extreme values have been written).

Source: Authors' estimations

Then, the interest variable in the following regression is the disability-adjusted life expectancy. This case is similar to the first one, the b coefficients for men and for women are negative and significant (-0.12* and -0.22**, respectively), but lower than those of the first regression. Therefore, there is an absolute β -convergence process, but in a lower rate than for life expectancy at birth between 2000-2015. The speed of annual convergence is 0.88% for men and 1.63% for women. So, the countries that initially had the lowest disability-adjusted life expectancy are those that have experienced higher growth rates.

Finally, the b coefficients for the healthy life expectancy based on self-perceived health are also significant and negative, so there is absolute β -convergence between 2006 and 2016. However, it should be noted that it is the variable with the highest speed of convergence: 2.92% for men and 4.89% for women.

It is worth noting that, in all cases where absolute β -convergence exists, the necessary (but not sufficient) condition for the previous analyzed convergence (σ) to exist is fulfilled [30].

As previously anticipated, this traditional β -convergence approach might not be valid if there is spatial dependency. Hence, Moran's I statistic will be used to identify spatial dependence. Its null hypothesis is spatial no autocorrelation (Moreno et al., 2002). Table 2 shows these results for both sexes in the four different variables. This suggests that the null hypothesis can be rejected in all cases and evidences the presence of spatial dependence in the analyzed sample. Additionally, the autocorrelation is positive because the I statistic in all cases is higher than $-\frac{1}{N-1}$ (-0.038). Therefore, the presence of a certain phenomenon (in this case, the different types of life expectancy) in a specific spatial unit makes it easily spread to its neighboring towns, so favoring its grouping. However, it can be seen how the value of the I statistic is lower in the final year studied than in the initial year and how it is higher for men than for women, in most variables. This indicates that, in this case, positive autocorrelation decreases over time and that men have a bigger tendency to cluster than women.

Table 2: European Union Moran's I statistic (men / women)

Moran's I statistic (men/women)	LEB		LE65		DALE		HLESPH	
	1998	2018	2005	2018	2000	2015	2006	2016
I	0.64 / 0.66	0.62 / 0.56	0.62 / 0.60	0.57 / 0.55	0.64 / 0.62	0.64 / 0.58	0.55 / 0.44	0.55 / 0.38
p-value	0.00026 / 0.00020	0.00042 / 0.0012	0.00049 / 0.00058	0.0013 / 0.0014	0.00025 / 0.00037	0.00023 / 0.00089	0.00187 / 0.01003	0.00176 / 0.0235

Source: Authors' estimations

Because of the previous results, spatial dependence between countries must be considered. This means that the absolute β -convergence must be estimated through the Spatial Lag Model and the Spatial Error Model for the same variables and the same previous years. The conditions for absolute β -convergence to exist remain the same: b must be negative and significant [12].

Table 3 shows that there have been no major changes. All the b interest coefficients that were previously negative and significant continue to be. So that in all cases in which there was absolute β -convergence it continues to be, even considering spatial dependencies. In this sense, there is still not enough evidence to justify an absolute β -convergence in life expectancy for men at age 65. Depending on the model considered, the speeds of convergence increase or decrease. The ultimate reason for this is that the first model considers that correlation is present in the endogenous variable (SLM) while the second includes autocorrelation in the error term (SEM) [8]. The most important thing to note is that the speed of annual convergence is bigger for women than for men, in any of the life expectancy variable studied. Regardless of the model selected, the fastest convergence is among women in HLESPH (6.26% and 4.86%, respectively). In summary, the inclusion of spatial models allows for considering spatial dependencies between observations. In this case, our results are quite similar to those previously estimated and all variables spatially β -converge, except men in LE65.

Table 3: European Union results of Maximum Likelihood (men / women)

Spatial Lag Model (men / women)	LEB		LE65		DALE		HLESPH	
	Estimate	z value	Estimate	z value	Estimate	z value	Estimate	z value
a (intercept)	1.29*** / 1.57***	4.26 / 4.76	0.34* / 0.81***	2.54 / 4.59	0.54*** / 1.11***	2.20 / 4.25	1.31*** / 2.06***	6.75 / 9.04
b	-0.28*** / -0.35***	-4.06 / -4.63	-0.07 / -0.24***	-1.48 / -4.03	-0.11*** / -0.24***	-1.98 / -4.09	-0.29*** / -0.46***	-6.53 / -8.82
Converg. speed (annual)	1.64% / 2.14%		- / 2.08%		0.80% / 1.85%		3.45% / 6.26%	
Log-likelihood	70.85 / 82.12		58.54 / 60.96		76.08 / 88.86		72.71 / 68.31	
Spatial Error Model (men / women)	LEB		LE65		DALE		HLESPH	
	Estimate	z value	Estimate	z value	Estimate	z value	Estimate	z value
a (intercept)	1.29*** / 1.50***	4.63 / 4.78	0.22 / 0.71***	1.41 / 3.56	0.63* / 0.97***	2.42 / 4.03	1.14*** / 1.70***	6.65 / 8.11
b	-0.28*** / -0.33***	-4.35 / -4.61	-0.03 / -0.20**	-0.56 / -3.03	-0.13* / -0.21***	-2.19 / -3.86	-0.26*** / -0.39***	-6.30 / -7.82
Converg. speed (annual)	1.68% / 2.02%		- / 1.76%		0.95% / 1.60%		3.01% / 4.86%	
Log-likelihood	71.14 / 82.09		57.54 / 61.03		75.04 / 85.54		72.09 / 65.64	

***Significant at level 0.001; **Significant at level 0.01; *Significant at level 0.05; . Significant at level 0.1

Source: Authors' estimations

Analysis of the Spanish case

Sigma-convergence

The evolution of σ , that is, of the selected variables standard deviation between 1998-2018 for the Spanish provinces is plot below (Figure 3). It can be differentiated in both cases between the dispersion curve of men and women. As in the European Union countries analysis, it can be seen how the evolution of the curves is very similar between one gender and the other, but the women's dispersion is always smaller than that of men.

Figure 3: Spanish σ -convergence

Source: Authors' estimations

The variability of life expectancy at birth curves is much smaller than that of life expectancy at age 65. The σ evolution in the first case is much more stable. Despite having small streaks, the variability is not as great as for the second variable. In fact, the initial and final values are very close. In 1998 the dispersion value is 0.023 for men and 0.016 for women. In 2018 these values are 0.018 and 0.010, respectively. Looking at the general trends, they suggest that the standard deviation fell to 2008 for men and 2009 for women. From these years and until 2018, it increases. Therefore, it could be said that there is a σ -convergence process in approximately the first half of the sample studied, while in the second there is a σ -divergence process.

On the other hand, the variability of the life expectancy at age 65 curves is much greater than that of life expectancy at birth. It can be seen how, in the case of the first variable, the σ value is much greater in 1998 than in 2018. In the initial year, this value is 0.065 for men and 0.055 for women, while in the final year the values are 0.040 and 0.031, respectively. As said before, when dispersion decreases there is a σ -convergence process, while when σ increases there is a divergence process. In this case, the numerous streaks invite us to think that there have been constant changes in these processes. However, the general trend is a decrease in the standard

deviation until 2009. From there, if the streaks are ignored, the σ value grows on both curves. Therefore, it could be said that for life expectancy at age 65, ignoring streaks, there is a σ -convergence process from 1998 to 2009 and a σ -divergence process from that year to 2018 for both sexes.

Beta-convergence

After having analyzed the σ -convergence in the Spanish provinces, we study the absolute β -convergence between the same years as before (1998-2018).

First, results of the traditional absolute β -convergence analysis are presented. Table 4 shows the estimation results of the model by OLS. The growth rate between 1998 and 2018 has been estimated on the Napierian logarithm of the interest variable in the initial year.

The requirements for absolute β -convergence are still the same, the value of the b interest coefficient must be significant and negative. As it can be seen, the values of b for life expectancy at birth are -0.45^{***} for men and -0.25^{***} for women. In the case of life expectancy at age 65, these values are -0.58^{***} and -0.24^{***} , respectively. In all four situations they are significant. Therefore, according to the estimation by OLS, there is an absolute β -convergence process in both variables for both men and women. This means that the provinces converge towards their own steady state [3]. However, it should be noted that the annual convergence rate is much higher (more than double) for men. In life expectancy at birth it's 2.7% while for life expectancy at age 65 it reaches a value of 4.28%, compared to women, who have a speed of convergence of 1.46% and 1.37%, respectively.

Table 4: Spain's results of Ordinary Least Squares (men / women)

OLS (men / women)	LEB		LE65	
	Estimate	t value	Estimate	t value
a (intercept)	2.00*** / 1.15***	8.37 / 5.40	1.78*** / 0.85***	10.99 / 4.99
b	-0.45 / -0.25***	-8.10 / -5.21	-0.58 / -0.24**	-9.95 / -4.22
Converg. speed (annual)	2.97% / 1.46%		4.28% / 1.37%	
R-squared	0.57 / 0.35		0.66 / 0.26	
Adjusted R-squared	0.60 / 0.40		-0.66 / 0.25	

***Significant at level 0.001; **Significant at level 0.01; *Significant at level 0.05

Source: Authors' estimations

The highest convergence speed is found by men of life expectancy at age 65 (4.28%). Figure 4 shows the negative slope of this regression. The provinces that initially had lower life expectancy values are those that have had a higher growth rate, and vice versa. Most of them are provinces in southern Spain, such as Seville, Málaga and Huelva. On the other hand, the province that had the highest life expectancy value in 1998 (Soria), is the one with the lowest growth rate. All the above is evidence in favor of absolute β -convergence.

Figure 4: Spanish LE65 scatter plot (men)

All points in the figure correspond to one country (for ease of viewing, only the names of the countries with extreme values have been written).

Source: Authors' estimations

Then, it is needed to know whether the sample data is subject to spatial dependency or not. As said before, the traditional estimation results of absolute β -convergence may not be valid if there is spatial autocorrelation in the sample [8]. Table 5 shows these results. Both variables reject the null hypothesis of no autocorrelation for the initial and final year. There is enough evidence to justify the presence of spatial dependence between the different Spanish provinces. Men have higher values of statistic I than women in all cases except in 1998 LE65. Moreover, since all the statistics are higher than $-\frac{1}{N-1}$ (-0.020), it can be affirmed that there is positive spatial autocorrelation. This means that the presence of high life expectancy rates in a specific province favors the high rates in its neighboring regions.

Table 5: Spain Moran's I statistic (men / women)

Moran's I statistic (men/women)	LEB		LE65	
	1998	2018	1998	2018
I	0.44 / 0.40	0.47 / 0.41	0.49 / 0.62	0.55 / 0.51
p-value	7.092e-07 / 3.318e-06	1.648e-07 / 2.94e-06	5.366e-08 / 1.267e-11	1.292e-09 / 8.367e-09

Source: Authors' estimations

Furthermore, it is useful to consider the spatial dependencies affecting the sample. For this reason, the Spatial Lag Model and the Spatial Error Model will be estimated using the Maximum

Likelihood method. The interest variable growth rate between 1998 and 2018 has been returned on the logarithm value of that variable in the initial year (1998). These results are reflected in Table 6. As mentioned above, absolute β -convergence happens when b is negative and significant [12].

As can be seen, for both men and women in both variables the requirements for convergence are met. Therefore, even taking into account spatial dependencies, there is an absolute β -convergence process. Convergence rates continue to be higher for men than for women. In this sense, when considering spatial autocorrelation, it can be seen how the gap between men and women is somewhat greater than if it were not considered (except for the LE65 variable in SLM). In this case, the speed of convergence also increases or decreases depending on the model selected. Whether SLM or SEM is chosen, the fastest convergence is possessed by men in the LE65 variable (4.17% and 5.34%, respectively).

Table 6: Spain's results of Maximum Likelihood (men / women)

Spatial Lag Model (men / women)	LEB		LE65	
	Estimate	z value	Estimate	z value
a (intercept)	1.92*** / 1.02***	4.26 / 4.76	1.76* / 0.88***	11.37 / 5.18
b	-0.43*** / -0.22***	-4.06 / -4.63	-0.57 / -0.25***	-10.19 / -4.40
Converg. speed (annual)	2.79% / 1.26%		4.17% / 1.44%	
Log-likelihood	184.67 / 199.56		120.49 / 132.97	
Spatial Error Model (men / women)	LEB		LE65	
	Estimate	z value	Estimate	z value
a (intercept)	2.09*** / 1.14***	8.39 / 5.55	2.00*** / 0.85***	10.76 / 6.46
b	-0.47*** / -0.25***	-8.13 / -5.35	-0.66 / -0.24**	-9.83 / -5.47
Converg. speed (annual)	3.16% / 1.43%		5.34% / 1.37%	
Log-likelihood	184.20 / 199.02		120.53 / 133.65	

***Significant at level 0.001; **Significant at level 0.01; *Significant at level 0.05; . Significant at level 0.1

Source: Authors' estimations

Discussion

The first insight here is that life expectancy is much higher for women than for men, regardless of the life expectancy concept considered. This dissimilarity is mostly explained by the different risk behaviors and habits of the working age population. Although it is true that, over time,

societies are much more egalitarian. Women have entered the labor market and can carry out the same activities as men, which may favor gender convergence in life expectancy [33].

In the European Union context, the results show, in general terms, that the convergence process has taken place in the period 1998-2018, both in σ and in absolute β .

Firstly, the σ analysis propose that stages of σ -convergence have alternated with stages of σ -divergence between EU countries (see Figure 1). It could be said that life expectancy has converged at the end of the 20th century, while the first two decades of the 21st century show an opposite trend. Despite this behavior in recent years, dispersion has decreased in all variables. Both in the initial and final year, the dispersion is greater for men than for women (except for the HLESPH variable in 1998). However, it has decreased more in women than in men (except for the LEB). The indicator that has suffered the biggest dispersion drop is LE65 (0.013 for men and 0.025 for women).

Secondly, the spatial results (see Table 2) suggest that spatial dependence should be considered. Moran's Test shows that there is a positive spatial autocorrelation, that is, increases in life expectancy in one country positively influence increases in its neighboring countries. Therefore, taking into account both the results of the analysis without considering the spatial dependence and those of the study including it, the absolute β -convergence occurs in all variables, except for men in LE65 (see Table 3). This means that, for the most part, the countries with the lowest life expectancy in 1998 have had the highest growth rates. In addition, each country is approaching its own steady state. Women's convergence rates are higher than for men in all variables. Women have the fastest convergence rate with the HLESPH indicator (4.89% for OLS estimation and 6.26% and 4.86% considering spatial dependence, SLM and SEM, respectively).

Thirdly, results show that there could be a spatial distinction between Western and Eastern Europe countries. Initially, Eastern countries had lower life expectancy values. However, there has been a convergence process between all these countries, as the Eastern ones have had

higher growth rates than the Western ones. It can therefore be said that health inequalities between countries within the EU have been reduced between 1998 and 2018. One possible justification is that it has been relatively long since a country last joined the EU (Croatia in 2013). As countries have been members longer, they tend to have higher economic growth [34]. Countries that were "poorer" than the existing members at the time of their entry have had enough time to grow and become as similar as possible to the older countries.

Summarizing, it is confirmed that there is life expectancy convergence among EU countries, but that women are converging to a bigger extent than men. Authors such as Jaworska [12] and Stánczyk [13] guarantee these results for the first years of the 21st century.

On the other side, the analysis results of the Spanish provinces also show that both convergence processes have taken place between 1998-2018: in σ and in absolute β . As in the previous occasion, several issues of interest will be highlighted.

Firstly, life expectancy, like the in the European Union countries, is constantly changing between σ -convergence and σ -divergence processes (see Figure 3). Even so, two different stages could be distinguished. The first phase is from 1998 until the first years of the economic crisis in 2008 and is characterized by a sharp dispersion reduction. The second phase starts from these years and ends in 2018 and is characterized by an increase in standard deviation. However, in general terms, dispersion has been reduced in the two variables studied, but to a greater extent in LE65. The σ value is higher for men, both in the initial and final year. Despite the fact that the gender gap is still present (women have a longer life expectancy than men) and that the falls in dispersion in both genders have been very similar, it has been bigger in women for LEB and in men for LE65.

Secondly, Moran's Test shows that there is a positive spatial autocorrelation in the sample (see Table 5). The provinces have spatial interactions in life expectancy terms. Spatial positive autocorrelation suggests that increased life expectancy in one province has led to positive

effects in its neighboring provinces. The LE65 variable has a higher positive spatial autocorrelation than the LEB variable. Therefore, we must consider these issues when estimating absolute β -convergence.

Thirdly, the β -convergence results are different for Spanish provinces than for European countries. Considering the results of the estimation by OLS and those of MV, there has been a convergence process in both sexes (see Table 4 and Table 6). This indicates that the life expectancy growth rate in Spanish provinces has been higher in those that initially had smaller values. However, this β -convergence has occurred to a bigger extent in men (while for the EU it occurred more in women). Men have the highest convergence speed in LE65: 4.28% in the first regression and 4.17% (SLM) and 5.34% (SEM) in the spatial models.

Fourth, results suggest that there are life expectancy inequalities in geographical in Spain. The northern provinces have higher life expectancy values than the southern ones. Nevertheless, convergence has been present at the end of the 20th century and the beginning of the 21st century. The dispersion between provinces has tended to be reduced, so these inequalities have also diminished. Even though since the economic crisis the dispersion between provinces has increased, β -convergence results show that in 1998-2018 the provinces with the lowest life expectancy have had the highest growth.

Finally, the life expectancy gender gap has also narrowed over the last two decades in Spain. The speed of men's convergence is much greater than that of women. Men's life expectancy has increased considerably between 1998 and 2018, especially from the age of 65 onwards.

In summary, the convergence process in σ and spatial absolute β that the Spanish provinces suffer between 1998-2018 mean that the existing inequalities (geographical and gender) are reduced. However, the trend of recent years shows that perhaps the dispersion between provinces will move away again.

One of the main limitations that have been presented is that the life expectancy convergence analysis serves to know whether life expectancies between some territories tend to get closer. However, it does not really show people's quality of life, since increased life expectancy doesn't necessarily translate into improved living conditions. Although two variables (disability-adjusted life expectancy and healthy life based on self-perceived health) have been included in this study for this purpose, they haven't been sufficient to reflect the population's standard of living, as other factors may influence it.

Conclusion

This study analyses the σ , absolute β and spatial absolute β -convergence of four life expectancy definitions between men and women for the European Union countries and Spanish provinces during several periods, between 1998-2018.

The results show that there has been a convergence process in all cases, which could mean that health inequalities are lower in 2018 than at the end of the 20th century. Firstly, as the dispersion in the beginning is greater than in the final years, there has been a σ -convergence process. Nevertheless, this process has not remained constant throughout the period considered. The trend in the last years studied seems to indicate that the dispersion rises. Therefore, perhaps during the next few years health differences between some territories and others will increase again. Secondly, as the observations were spatially dependent, spatial interactions had to be considered for β -convergence. As the countries and provinces with lower life expectancy values at the beginning of the study are those with higher growth rates, there has been a β -convergence process. The speed of this process has been higher in women for European countries and higher in men for Spanish provinces. Hence, gender inequalities in terms of life expectancy have been reduced in recent decades.

Finally, our study has a double contribution. First, it provides an updated vision of the health convergence considering gender differentiated. Secondly, it contributes to include Spatial econometrics in Health Economics analysis in order to reduce health population inequalities.

In this sense, two lines are proposed for future research. In the first place, to estimate conditional β -convergence, using variables that measure living conditions in other areas, such as economic or environmental one [35]. Secondly, this same convergence analysis is invited to perform, but using predicted life expectancy data. In this way, it would be possible to have an estimate on whether the dispersion will really continue to increase, which could lead to divergence processes.

List of abbreviations:

EU: European Union

LEB: Life Expectancy at Birth

LE65: Life Expectancy at age 65

DALE: Disability-Adjusted Life Expectancy

HLESPH: Healthy Life Expectancy based on Self-Perceived Health

OLS: Ordinary Least Squares

SLM: Spatial Lag Model

SEM: Spatial Error Model

Declarations:

Ethics approval and consent to participate: Not applicable.

Consent for publication: Not applicable.

Availability of data and material: The datasets used and/or analysed during the current study

available from 4 different databases: World Bank Open Data, World Health Organization database, Eurostat and Spanish National Statistics Institute. It should be noted that the source of the European spatial data is Eurostat and for Spanish data is GADM maps and data 2020 webiste at <https://gadm.org/>. The interpretation and reporting of these data are the sole responsibilities of the authors.

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Figures

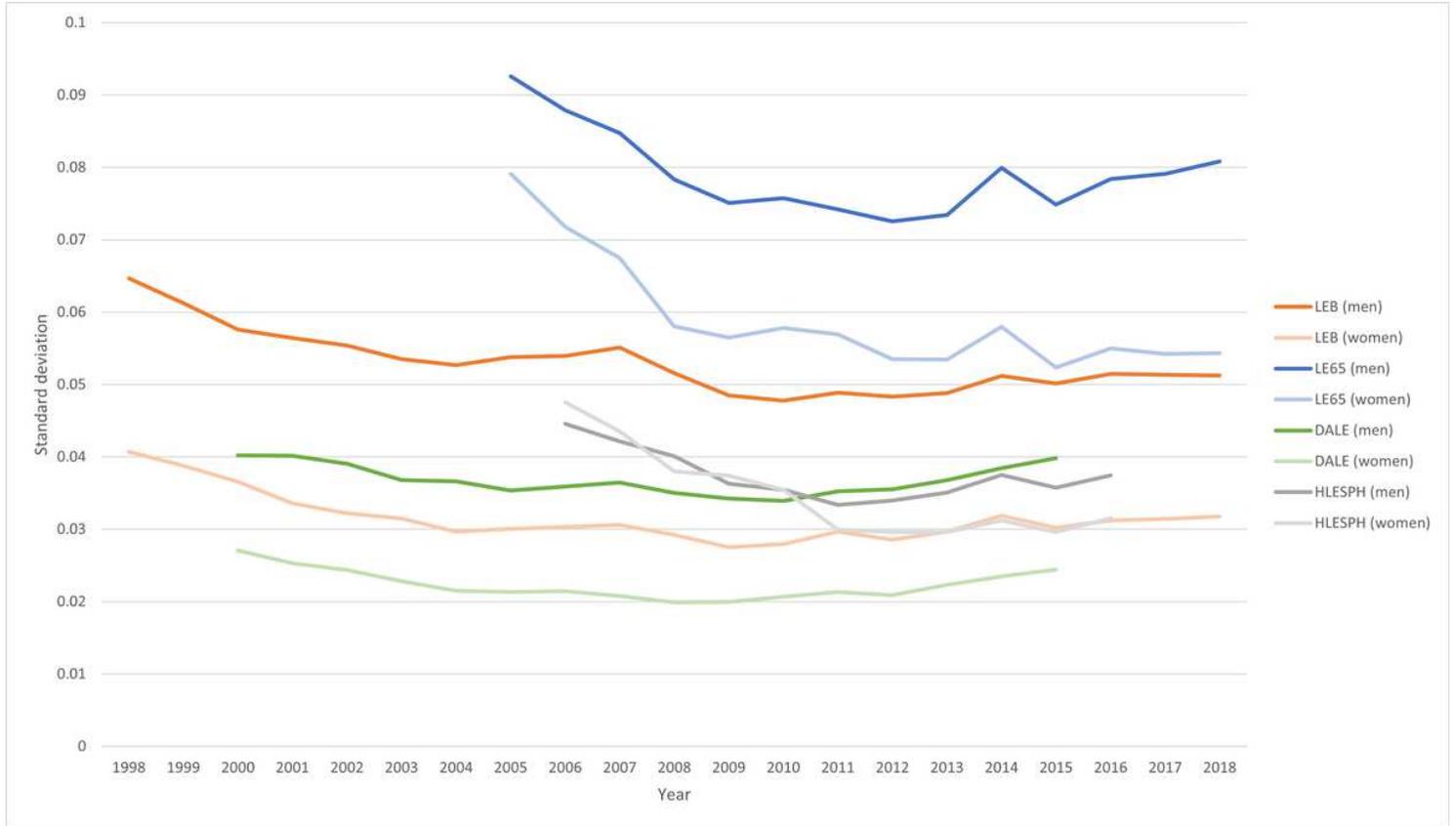


Figure 1

European Union σ -convergence

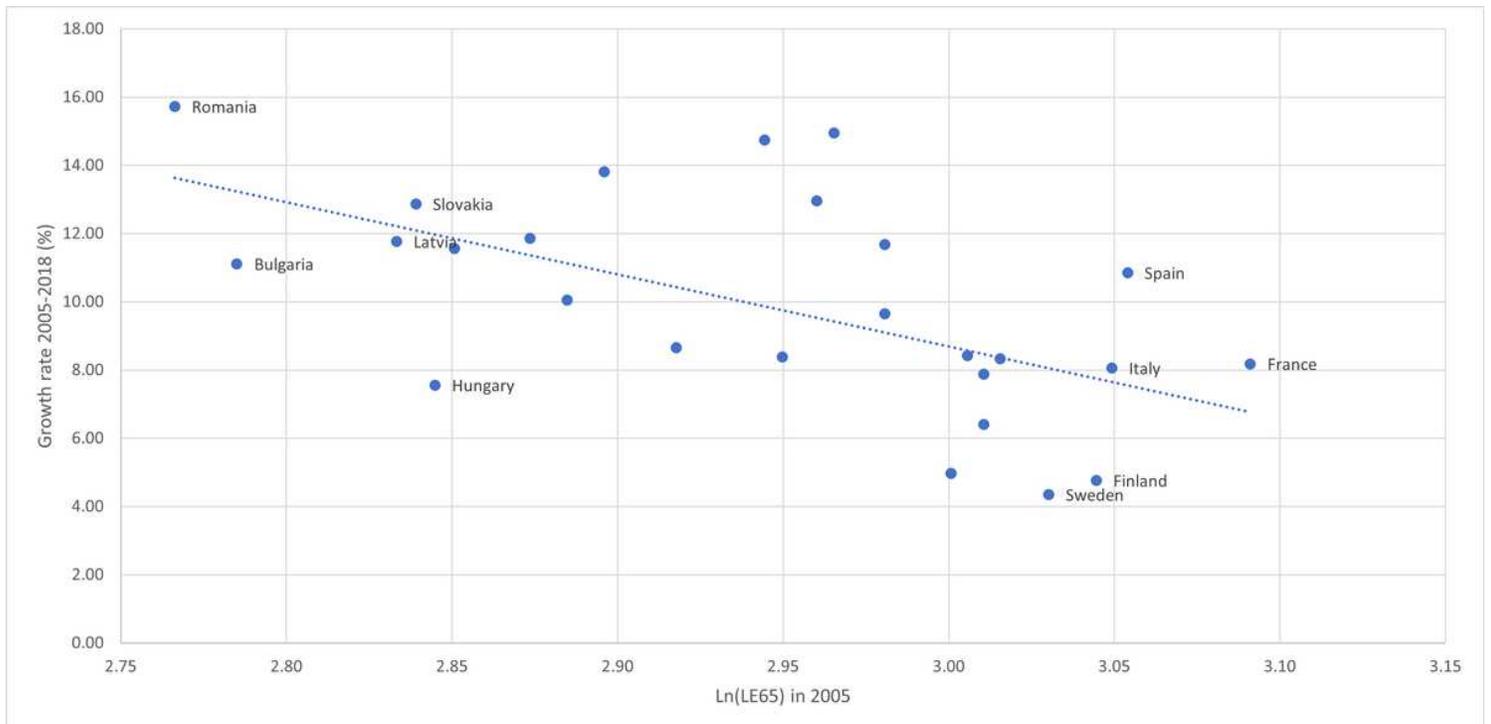


Figure 2

European Union LE65 scatter plot (women)

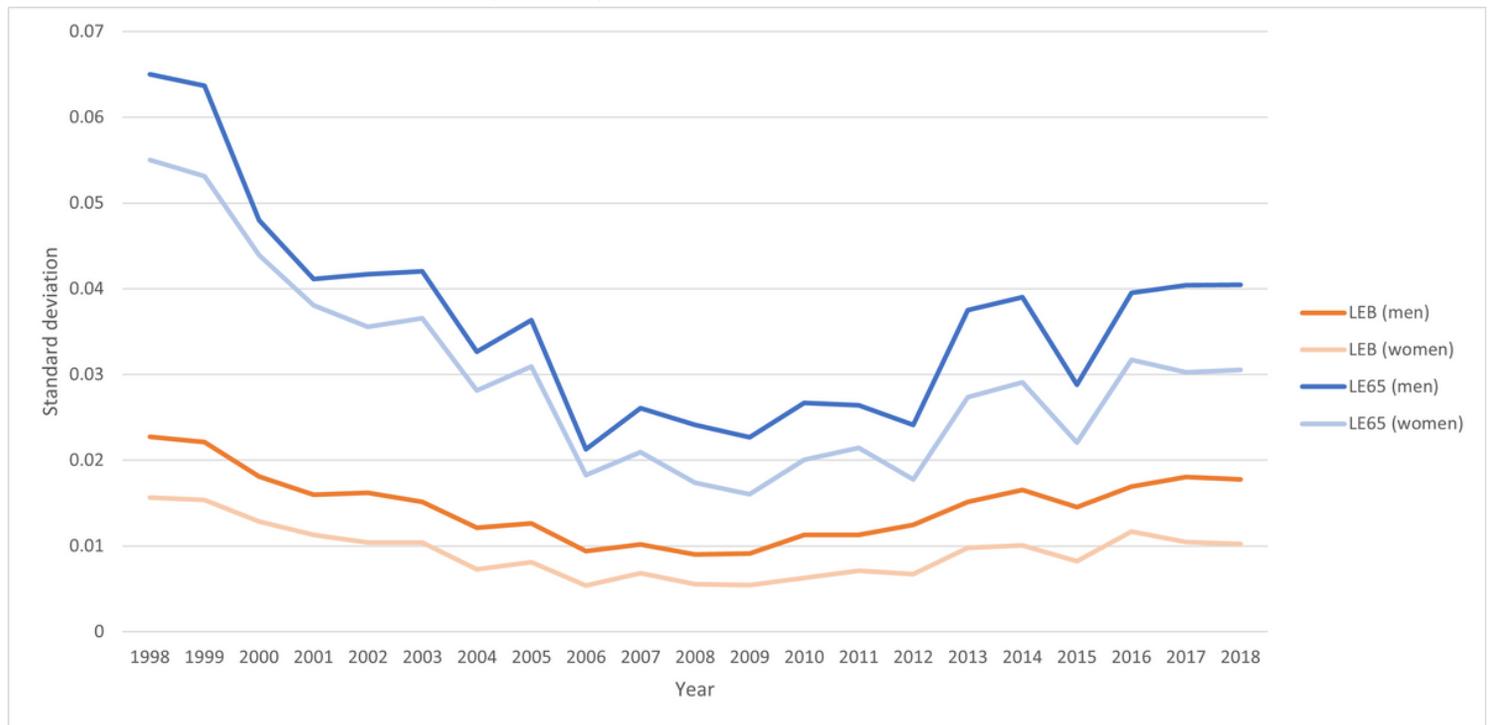


Figure 3

Spanish σ -convergence

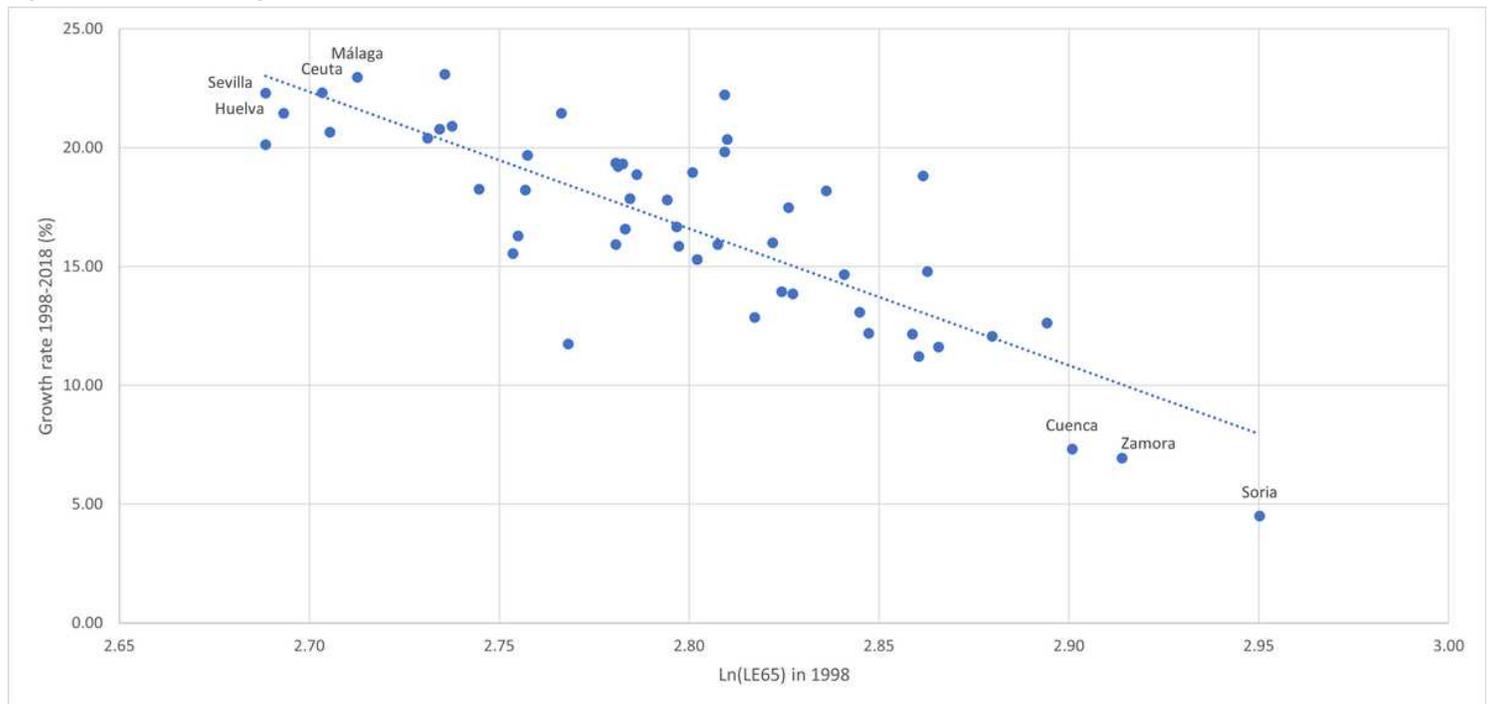


Figure 4

Spanish LE65 scatter plot (men)