

# The Effects of *PCSK9* and *Apolipoprotein E* Functional Gene Variations On Hypercholesterolemia and Clinical Phenotype in Restenosis Patients After Percutaneous Coronary Angioplasty

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## Research Article

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## Abstract

**Background:** In-stent-restenosis is a case restricting the benefits of percutaneous-transluminal coronary angioplasty (PTCA). PCSK9 controls LDLR levels, and variations in *PCSK9*, *ApoE* and *ApoER* genes may affect the development of restenosis. The aim of this study was to assess the effects of genetic variants on restenosis risk after PTCA.

**Methods and Results:** The study groups include 109 CAD-patients with restenosis (S-CAD) and 82 CAD-patients without restenosis (open-stent,OS-CAD). SNPs were analyzed by RT-PCR. PCSK9 levels were detected via ELISA method. The distributions of *ApoE Epsilon*, *APOER* (rs5174), *PCSK9* rs2182833 and rs11206510 polymorphisms were found similar between study groups while the frequency of the *PCSK9 E670G* G allele in S-CAD group was found significantly higher than OS-CAD patients ( $p=0.015$ ). No difference was found between study groups in terms of the serum levels of PCSK9. LDL-C was found lower and HDL-C was found higher in OS-CAD group comparing with S-CAD group ( $p=0.042$ ,  $p=0.008$ , respectively). Frequencies of Type 2 DM and hyperlipidemia were also found higher in S-CAD group than OS-CAD group ( $p=0.007$ ,  $p=0.001$ , respectively) while EF% was found lower in S-CAD group than OS-CAD group ( $p=0.007$ ).

**Conclusions:** Our findings indicate that although *ApoE Epsilon*, *APOER* (rs5174), *PCSK9* rs2182833, rs11206510 and E670G polymorphisms has no effect on serum PCSK9 levels, PCSK9-rs505151G-allele and hyperlipidemia may be risk factors in the development of restenosis.

## Introduction

The etiopathogenesis of coronary heart disease (CHD) involves many factors such as distorted blood pressure, lipoprotein, and glucose metabolism and hemostatic factors, which all lead to atherosclerosis and ischemia. Besides, these factors may also play a role in the response to treatment [1].

Atherosclerosis is a chronic inflammatory process affecting medium and large blood vessels in the cardiovascular system and characterized by atherogenic plaque formation [2, 3]. Ischemia can be occurred mostly by atherosclerosis or by a blood clot or narrowing of the blood vessel, all of which block the blood flow to the heart muscle, and subsequently cause myocardial infarction (MI) [4, 5].

Percutaneous transluminal coronary angioplasty (PTCA), which provides rapid recovery in patients, is the basis of CHD treatment today. However, in 30-60% of the patients, ischemia can develop in the same myocardial region as the arteries recanalized after angioplasty re-narrow within six months [6]. Restenosis is defined as the narrowing of more than 50% of the vessel diameter recanalized after the PTCA procedure. It occurs as a result of the healing process in the vascular wall [7]. After the endothelial injury, blood flow is severely hampered at the injury site due to thrombosis formation as well as severe vasoconstriction and inflammatory response [8]. Since intra-stent restenosis development in many patients - especially those with diabetes and multiple heart and vascular disease - severely limits the benefits of the PTCA procedure, it is important to investigate the causes of restenosis in order to determine the optimal treatment.

Protein Convertase Subtilisin/ Kexin 9 (PCSK9) provides post-transcriptional regulation of low density lipoprotein receptor (LDLR) and thus the control of cellular LDLR levels. Gain and loss of function mutations in this gene are associated with hyper- and hypo-cholesterolemia [9–11]. PCSK9 binds to the LDLR located on the cell surface and triggers its destruction, thereby regulating the LDLR levels. LDL, which binds to LDLR, is taken into the cell with clathrin-coated vesicles, undergoes lysosomal degradation, and then returns to the finished receptor cell membrane. Increased LDLR function decreases plasma low density lipoprotein cholesterol (LDL-C) levels. Circulating PCSK9, a serine protease associated with hypercholesterolemia and CHD, also binds to the LDLR in the cell membrane, and together they enter the cell. It promotes the degradation of LDLR in the lysosome after it enters the cell, and thus the LDLR cannot be recycled to return to the cell membrane [12]. PCSK9 can also bind to LDLR intracellularly and trigger its destruction [13]. Because of these effects on LDLR levels and LDL-C levels, PCSK9 inhibitors have been used in the treatment of cholesterol-related diseases. These drugs have become an important drug group in recent years, especially in the treatment of LDL-C that cannot be reduced with statin therapy or for the patient group who cannot tolerate a statin. *PCSK9*, a subtilisin-like proprotein convertase family member with a chromosomal location of 1p32.3, binds to LDLR and provides lysosomal destruction of the receptor in the cell, and plays a role in cholesterol and fatty acid metabolism. PCSK9 increases plasma LDL levels by increasing LDLR degradation [14, 15]. Besides, it has been shown in experimental studies that PCSK9 plays a role in LDLR posttranscriptional regulation [16]. Therefore, *PCSK9* functional gene variations have the potential to be a factor in the development of restenosis, as the variations in the *PCSK9* gene that affect protein function affect LDLR and thus circulating LDL-C levels.

Another well-known ligand of LDLR is Apolipoprotein E (ApoE) which is a polymorphic glycoprotein that is the apoprotein component of LDL and very low density (VLDL) lipoproteins and serves as a ligand for chylomicron residue receptors [17]. It has been accepted that three major isoforms of *Apo E* produce three alleles ( $\epsilon 3$ ,  $\epsilon 2$ ,  $\epsilon 4$ ) at a single gene locus; *Apo E3* (Cys 112 / Arg 158), *Apo E2* (Cys 112 / Cys 158), and *Apo E4* (Arg 112 / Arg 158) [18]. The most common allele is  $\epsilon 3$ , therefore *ApoE3* is accepted as the main protein, whereas *ApoE4* and *ApoE2* are variants [19]. ApoE2 binding to the lipoprotein receptor is defective and is the most common form of *ApoE* associated with type III hyperlipoproteinemia [20]. ApoE4 binds normally to the lipoprotein receptor, but this *ApoE4* phenotype consists of higher plasma total and LDL-C levels [21]. Most studies have found an association between CHD and the *ApoE4* allele by its effects on cholesterol elevation. Moreover, *ApoE4* has been shown to be an independent risk factor for CHD in the presence of other proposed mechanisms such as gene-gene and gene-environment interactions [22, 23]. On the other hand, there are also some studies showing that the effect of the *ApoE* genotype on lipid metabolism may be modified by other genes. Pedersen *et al.* reported that gene-gene interactions between *LDLR* and *ApoE* loci contribute to the total- and LDL-C changes in the population [24]. In a study conducted by Yilmaz-Aydogan *et al.* gene-gene interaction between *PPARD* + 294T / C and *ApoE epsilon* polymorphisms was proposed and it was argued that this interaction could affect LDL-C levels in CHD patients [25]. Finally, it has been reported that the gene interaction between the *PCSK9* gene *E670G* variation and the *ApoE epsilon* polymorphism affects plasma total- and LDL-C levels [26]. There are also studies showing that PCSK9 and ApoE proteins are involved in the process of atherogenesis via LDLR [27, 28]. Therefore, functional variations in *PCSK9* and *ApoE* genes should be examined in more detail in atherosclerosis-related diseases and lipid-lowering treatment protocols should be determined according to the presence of these genetic variations.

By investigating the relationship between the formation of neo-atherosclerosis that develops in pathogenesis and the functional genetic variations that affect the benefit of treatment during the lipid-lowering treatment process in patients with PTCA and stenting, a different perspective will be provided to the clinical evaluation of the restenosis process and it will contribute to the determination of the values of *PCSK9* and *ApoE* variations as genetic biomarkers. Within the scope of our study, target variations (*R496W*, *E670G* associated with gain of function and *Y142X* variations associated with loss of function) in the *PCSK9* gene that affect circulating atherogenic LDL-C levels via LDLR in LDL metabolism, *ApoE* gene *epsilon* polymorphisms that affect ApoE's function and *ApoE receptor (ApoER)* polymorphism will be evaluated in terms of restenosis risk and lipid levels in patients with in-stent restenosis. Besides, the association of the serum PCSK9 levels with the genetic variations and the restenosis process will be examined.

## Materials And Methods

### Patient Selection

Two age and gender-matched groups with a total of 191 cases who applied to Istanbul University, Institute of Cardiology were included in this study. All patients were diagnosed with coronary artery disease confirmed by coronary angiography and had drug-coated stent implantation at least six months ago. Study groups consist of patients with open stents (OS-CAD) and patients with stent restenosis (S-CAD). Patients with bare-metal stent (BMS) implantation, oncogenic patients, stent thrombosis, and patients not receiving regular antiplatelet therapy were not included in the study.

### Serum Lipid measurement

Serum samples were obtained from the whole blood of overnight fasted participants. The enzymatic techniques were used to measure serum total cholesterol (Total-C), high density lipoprotein (HDL) cholesterol (HDL-C) and triglyceride (TG) levels. Serum LDL-C level was calculated using the Friedewald formula.

### Serum PCSK9 detection

The PCSK9 protein was measured using the commercial ELISA kit (Biovendor, RD191473200R) in serum samples that were previously collected and stored at -80 °C.

### Genotyping

PureLink Genomic DNA Mini Kit (Thermo Fisher Scientific, K182002) was used for isolating genomic DNA from peripheral blood samples. Genotypes were determined by the Real-time PCR method using Roche LightCycler® 480 RT-PCR instrument. For RT-PCR analysis, TaqMan® (Suppl. Fig. 1) and LightSNIP® (Suppl. Fig. 2) primer-probe sets [*PCSK9* rs374603772 (*R496W*) (ThermoFisher Scientific, C\_357215641\_10), rs505151 (*E670G*) (ThermoFisher Scientific, C\_998744\_10), rs67608943 (*Y142X*) (ThermoFisher Scientific, C\_99339559\_10), rs2182833 (ThermoFisher Scientific, C\_2018193\_10) and rs11206510 (ThermoFisher Scientific, C\_32221221\_10); *ApoE* gene *epsilon* variation rs429358 (ThermoFisher Scientific, C\_3084793\_20) and rs7412 (ThermoFisher Scientific, C\_904973\_10); and *ApoER* rs5174 (LightSNIP, Roche Diagnostic, Germany)], and two different master mixes [Jena Bioscience (PCR303) was used for TaqMan® probes, and LightCycler® FastStart DNA Master HybProbe (Roche Diagnostic, 03003248001) was used for LightSNIP® probes] were applied according to the manufacturer's instructions.

### Statistical Analysis

The data were assessed using the SPSS 20 statistical analysis program. The distribution of the data was tested and then the parameters were compared between groups in accordance with the distribution. In order to compare differences between groups, the chi-square test for categorical variables, the Student's t test and One-way analysis of variance (One-way Anova) for quantitative data were used in the case of the parameters that showed normal distribution. In the parameter types that do not show normal distribution, categorical variables were compared with the Mc-Nemar test and quantitative data were compared with Mann Whitney U and Kruskal Wallis non-parametric tests. The associations between the genotype and allele distributions, serum PCSK9 levels and clinical symptoms and disorders, and the risks in disease development were determined by correlation and regression analysis.

Logistic regression analysis was performed to evaluate the effects of polymorphisms in the S-CAD group in the presence of cardiovascular risk factors. Multivariate logistic regression analysis was performed in the binary logistic regression model. Relative risk was determined by calculating the relative risk (OR, odds ratio) and confidence intervals (CI).

### Results

The demographic, biochemical and clinical characteristics of the study groups are given in Table 1. Age and gender distributions were similar ( $p>0.05$ ).

Table 1  
Demographic, biochemical and clinical characteristics of the study groups

	Groups		P-value
	OS-CAD (n=82)	S-CAD (n=109)	
Age (Year) (X± SD)	62.33±10.29	60.55±9.28	0.192
Gender (Female/Male)(n)	13/69	21/88	0.542
PCSK9 (ng/ml)	456.50±227.29	464.13±140.57	0.767
Stent diameter (X± SD)	2.72± 0.34	2.72±0.28	0.849
Stent length (X± SD)	22.15±4.78	23.83±6.86	0.064
Glucose (mg/dL)(X± SD)	123.77±51.93	133.58±55.67	0.147
HbA1c (%) (X± SD)	6.28±1.14	6.68±1.46	<b>0.015</b>
Total-C (mg/dl)(X± SD)	166.62±46.41	170.39±47.93	0.593
TG (mg/dl) (X± SD)	150.48±86.18	175.25±121.12	0.075
HDL-C (mg/dl) (X± SD)	46.37±13.53	41.21±11.44	<b>0.008</b>
LDL-C (mg/dl) (X± SD)	104.92±33.37	116.94±43.47	<b>0.042</b>
VLDL-C (mg/dl)(X± SD)	28.22±12.81	30.19±13.67	0.315
ALT (U/L)	19.76±8.36	24.82±13.40	<b>0.032</b>
AST (U/L)	17.61±5.77	20.76±8.21	<b>0.024</b>
TSH (uIU/mL)	1.73±1.03	1.98±1.53	0.216
Creatinine (mg/dL)	0.94±0.29	1.02±0.59	0.186
BUN (mg/dL)	17.39±9.82	17.59±8.11	0.869
Na (mEq/L)	139.19±14.59	140.35±3.20	0.339
K (mEq/L)	4.50±0.41	4.61±0.42	0.117
Cl (mmol/L)	101.62±3.11	101.20±3.70	0.446
WBC(μL)	9.60±1.31	8.46±2.20	0.283
Hb (g/dL)	13.54±2.20	13.58±1.67	0.878
Hct (%)	40.23±4.72	40.15±4.85	0.916
Plt (μL)	228.26±59.01	243.78±69.10	0.114
EF (%)	54.61±8.72	50.89±11.46	<b>0.007</b>
Hypertension (%)	49.4	61.3	0.105
Type 2 DM (%)	39.2	59.4	<b>0.007</b>
Hyperlipidemia (%)	34.2	66.0	<b>0.001</b>
OS-CAD; Open stent coronary artery disease patient group, S-CAD; Coronary artery disease patient group with stent restenosis, Total-C; total-cholesterol, TG; Triglyceride, HDL-C; HDL-cholesterol, LDL-C; LDL-cholesterol, VLDL-C; VLDL-cholesterol, ALT; alanin transaminase; AST; aspartat transaminase, TSH; thyroid stimulating hormone, BUN; blood urea nitrogen, Na; sodium, K; potassium, Cl; chlorine, WBC; white blood cells, Hb; hemoglobin, Hct; hematocrit, Plt; platelet, EF; ejection fraction, Type 2 DM; Type 2 diabetes mellitus			

HbA1c (p= 0.015), LDL-C (p= 0.042) levels were higher, and HDL-C (p= 0.008) and EF (p= 0.007) were found lower in the S-CAD group compared to the OS-CAD patients (Table 1). Frequencies of Type 2 DM and hyperlipidemia were also found higher in S-CAD group than OS-CAD group (p= 0.007, p= 0.001, respectively)

Table 2 shows the genotype and allele distribution of *ApoE epsilon* and *ApoE Receptor (ApoER)* rs5174 polymorphisms, and *PCSK9 E670G* (rs505151), rs2182833 and rs11206510 mutations. Interestingly, when *PCSK9 R496W* (rs374603772) and *Y142X* (rs67608943) mutations were evaluated, the ancestral C allele was found in the study groups and all genotypes were identified as CC (S-CAD: 109, OS-CAD: 82). The frequency of the *E670G* G allele in S-CAD group was significantly higher than OS-CAD patients (p= 0.015). Other genotype and allele frequencies were found similar between study groups (p> 0.05).

Table 2  
Distribution of *ApoE*, *ApoER* and *PCSK9* gene variations in study groups \*

<b>Gene variations</b>	<b>Groups</b>		
<b>Apo E Epsilon Polymorphism</b>	<b>Apo E Genotypes</b>	<b>OS-CAD (n=82)</b>	<b>S-CAD (n=109)</b>
	E2E2	-	-
	E2E3	9 (11.0%)	14 (12.8%)
	E2E4	1 (1.2%)	-
	E3E3	63 (76.8%)	77 (70.6%)
	E3E4	8 (9.8%)	17(15.6%)
	E4E4	1 (1.2%)	1(0.9%)
	<b>Apo E Alleles</b>		
	E2	10 (6.09%)	14 (6.42%)
	E3	143 (87.20%)	179 (82.11%)
E4	11 (6.71%)	19 (8.72%)	
<b>ApoER-rs5174 polymorphism</b>	<b>ApoER (rs5174) Genotypes</b>	<b>(n=82)</b>	<b>(n=108)</b>
	<b>GG</b>	37 (45.1%)	54 (50.0%)
	<b>AA</b>	6 (7.3%)	17 (15.7%)
	<b>GA</b>	39 (47.6%)	37 (34.3%)
	<b>ApoER Alleles</b>		
	<b>G</b>	113 (68.90%)	145 (67.13%)
<b>A</b>	51 (31.10%)	71 (32.87%)	
<b>PCSK9-rs505151 (E670G) mutation</b>	<b>PCSK9-rs505151(E670G) Genotypes</b>	<b>(n=82)</b>	<b>(n=109)</b>
	<b>AA</b>	55 (67.1%)	54 (49.5%)
	<b>GG</b>	5 (6.1%)	6 (5.5%)
	<b>AG</b>	22 (26.8%)	49 (45.0%)
	<b>PCSK9- rs505151(E670G) Alleles</b>		
	<b>A</b>	132(80.49%)	157(72.02%)
	<b>G</b>	32(19.51%)	61(27.98%) **
<b>PCSK9-rs2182833 mutation</b>	<b>PCSK9-rs2182833 Genotypes</b>	<b>(n=82)</b>	<b>(n=109)</b>
	<b>AA</b>	51 (62.2%)	63 (57.8%)
	<b>GG</b>	10 (12.2%)	7 (6.4%)
	<b>AG</b>	21 (25.6%)	39 (35.8%)
	<b>PCSK9-rs2182833 Alleles</b>		
	<b>A</b>	123 (75.0%)	165 (75.69%)
<b>G</b>	41 (25.0%)	53 (24.31%)	
<b>PCSK9-rs11206510 mutation</b>	<b>PCSK9-rs11206510 Genotypes</b>	<b>(n=82)</b>	<b>(n=109)</b>
	<b>TT</b>	62 (75.6%)	84 (77.1%)
	<b>CC</b>	2 (2.4%)	2 (1.8%)
	<b>TC</b>	18 (22.0%)	23 (21.1%)
	<b>PCSK9 rs11206510 Alleles</b>		
	<b>T</b>	142 (86.59%)	191 (87.61%)
<b>C</b>	22 (13.41%)	27 (12.39%)	
*, <i>PCSK9</i> rs67608943 (Y142X) and rs374603772 (R496W) mutations were not detected in the study groups. Only ancestral alleles were observed in all groups.			
**, p=0.015, X <sup>2</sup> :5.871 (Odds ratio:2.075 95%CI: 1.145-3.759) (OS-CAD vs. S-CAD)			

The binary multivariate logistic regression analysis was used to analyze the effects of risk factors determined in univariate statistical analysis in the development of restenosis and CAD in the presence of other variables (Table 3). As a result of this analysis, hyperlipidemia ( $p < 0.001$ ) and the *PCSK9 E670G* (rs505151) G allele ( $p = 0.02$ ) were determined for the risk of restenosis between S-CAD and OS-CAD groups.

Table 3  
Binary - multivariate logistic regression analysis in the study groups

Model	Dependent Variable	Independent Variable	Exp(B) (GR)	P	95 % CI
S-CAD	S-CAD	Type 2 DM	1.661	0.135	0.853 – 3.234
vs		Hyperlipidemia	3.116	<0.001	1.607 – 6.042
OS-CAD		<i>PCSK9</i> rs505151 G allele	2.135	0.020	1.127 – 4.044
In binary - multivariate logistic regression analysis, risk factors for the S-CAD and OS-CAD were determined in the presence of other variables by using the significant parameters from univariate statistical analysis. S-CAD; Coronary artery disease patients with stent restenosis, OS-CAD; Open-stent coronary artery disease patient group, Type 2 DM; Type 2 diabetes mellitus.					

Table 4 shows the comparison of biochemical characteristics with genotypes in OS-CAD group. Higher serum level of VLDL-C was observed in OS-CAD patients carrying E2 allele ( $p = 0.022$ ). In addition, although the difference was not significant, serum level of triglyceride was higher than those with not carrying E2 allele ( $181.20 \pm 95.17$  vs  $146.03 \pm 84.62$ , respectively,  $p > 0.05$ ). On the other hand, *ApoE3* and *ApoE4* alleles were not found to be associated with serum lipid levels in S-CAD patients, however, the only significance was seen in median age ( $p = 0.022$ ) for *ApoE3* and stent length ( $p = 0.002$ ) for *ApoE4*. A significance was found between *PCSK9*-rs505151 [*E670G* (A > G)] mutation and serum triglyceride levels ( $p = 0.05$ ). On the other hand, patients carrying *ApoER*-rs5174 [G > A (C > T)] G allele (GG+GA genotypes) had higher levels of glucose than those with homozygous A allele (AA genotype) ( $p < 0.001$ ). The stent diameter is greater in *ApoER*-rs5174 A allele (AA+GA genotypes) carriers than GG genotype carriers ( $p = 0.024$ ), while it was lower in *PCSK9*-rs2182833 [A > G] rare G allele (GG+GA genotype) carriers than those with AA genotype ( $p = 0.024$ ). No association was found between *PCSK9*-rs11206510 [T > C] polymorphism and biochemical parameters ( $p > 0.05$ ) (Table 4).

Table 4  
Comparison of biochemical characteristics with genotypes in the OS-CAD group

OS-CAD Group	ApoE2 Allele		ApoE3 Allele		ApoE4 Allele		PCSK9 E670G A>G (rs505151)		ApoER (rs5174) G>A G Allele		ApoER (rs5174) G>A A Allele		PCSK9 A>G
	ApoE2+ (n= 10)	ApoE2- (n= 69)	ApoE3+ (n= 78)	ApoE3 - (n= 1)	ApoE4+ (n= 10)	ApoE4- (n= 69)	GG+GA (n= 27)	AA (n= 52)	GG+GA (n= 75)	AA (n=4)	GA+AA (n= 43)	GG (n= 36)	
Age (year)	61.50 ±10.05	62.45 ±10.39	62.63 ±10.00*	39.00	57.20 ±11.67	63.07 ±9.95	61.33 ±10.00	62.85 ±10.49	62.24 ±10.53	64.00 ±3.16	63.88 ±11.68	60.47 ±8.10	59.38 ±9.14
Glucose (mg/dL)	120.20 ±46.14	124.29 ±53.00	124.14 ±52.16	95.00	109.20 ±46.75	125.88 ±52.61	116.48 ±49.59	127.55 ±53.17	125.26 ±52.87 §	95.75 ±6.07	114.72 ±42.75	134.58 ±59.96	129.6 ±52.6
HbA1C	6.71 ±1.86	6.21 ±1.00	6.29 ±1.14	5.40	6.30 ±1.83	6.27 ±1.02	6.19 ±1.19	6.32 ±1.12	6.30 ±1.16	5.77 ±0.45	6.04 ±0.77	6.55 ±1.43	6.44 ±1.39
Stent Diameter	2.82 ±0.51	2.69 ±0.30	2.71 ±0.33	2.50	2.62 ±0.17	2.72 ±0.35	2.71 ±0.31	2.71 ±0.35	2.72 ±0.34	2.56 ±0.12	2.79 ±0.37	2.62 ±0.25	2.60 ±0.29
Stent Length	22.50 ±5.87	22.10 ±4.65	22.15 ±4.81	22.00	26.40 ±5.23 ¥	21.53 ±4.42	22.37 ±5.04	22.03 ±4.68	22.18 ±4.85	21.50 ±3.41	22.72 ±5.03	21.47 ±4.43	22.06 ±4.55
Total-C (mmol/L)	159.20 ±41.16	167.70 ±47.30	167.30 ±48.59	130.00	161.90 ±28.31	167.30 ±48.58	164.63 ±40.49	167.65 ±99.35	165.21 ±46.22	193.00 ±48.25	163.58 ±40.34	170.25 ±53.12	169.0 ±38.3
TG (mmol/L)	181.20 ±95.17	146.03 ±84.62	151.38 ±86.36	80.00	120.10 ±64.36	154.88 ±88.40	128.96 ±46.80	161.65 ±99.34 £	149.60 ±87.82	167.00 ±49.64	150.23 ±83.42	150.78 ±90.54	169.9 ±97.5
HDL-C (mmol/L)	45.00 ±10.97	46.56 ±13.91	46.44 ±13.59	40.00	48.90 ±20.59	46.00 ±12.35	46.48 ±14.42	46.30 ±13.18	45.94 ±13.50	54.25 ±13.07	47.83 ±15.06	44.61 ±11.38	46.00 ±13.6
LDL-C (mmol/L)	95.30 ±31.18	106.31 ±33.65	105.02 ±35.00	100.00	104.20 ±19.73	105.03 ±35.00	110.00 ±36.81	102.29 ±31.48	103.80 ±32.63	126.00 ±45.40	104.83 ±32.22	105.03 ±35.13	109.9 ±33.0
VLDL-C (mmol/L)	36.24 ±19.03*	27.02 ±11.33	28.38 ±12.81	16.00	24.02 ±12.87	28.85 ±12.78	25.79 ±9.36	29.53 ±14.25	27.93 ±12.94	33.40 ±9.92	28.23 ±11.88	28.20 ±14.02	31.67 ±15.3
PCSK9 (ng/ml)	436.00 ±138.45	459.55 ±238.33	453.95 ±227.69	649.89	531.07 ±362.86	446.62 ±205.02	493.40 ±257.53	436.56 ±209.24	453.01 ±235.30	497.70 ±89.09	478.52 ±222.52	427.12 ±233.67	490.7 ±276

Results are given as mean ± standard deviation. Total-C; total-cholesterol, TG; Triglyceride, HDL-C; HDL-cholesterol, LDL-C; LDL-cholesterol, VLDL-C; VLDL-cholesterol. £ p=0.05; §. p<0.001; ¥. p=0.024

In Table 5, the distributions of the biochemical parameters among genotypes in the S-CAD group were shown. *ApoE epsilon* polymorphism *E2* allele was not found to be associated with serum lipid levels in S-CAD patients. However, similar to OS-CAD group, S-CAD patients carrying *E2* allele had higher serum levels of triglyceride (223.07±169.38 vs. 167.97±11.46, p> 0.05). A significant difference was observed in glucose and HbA1c levels between the groups with and without the *E3* allele (p< 0.001 and p= 0.044, respectively). On the other hand, higher level of triglyceride was observed in *E4* allele carriers (p< 0.001). Regarding *PCSK9-E670G* A> G polymorphism, G allele (GG+GA genotypes) was found to be associated with low fasting blood glucose level (p= 0.019) and stent diameter (p< 0.001). Besides, S-CAD patients carrying the *E670G* G allele also had higher LDL-C levels compared to the AA genotype carriers (p= 0.036). *PCSK9-rs11206510* T> C polymorphism rare C allele (CC+CT genotypes) was observed to be associated with lower HbA1c levels compared to the TT genotype (p= 0.021). No significant effect of *PCSK9-rs2182833* A> G polymorphism on biochemical parameters was observed in the S-CAD group (p> 0.05) (Table 5).

Table 5  
Comparison of biochemical characteristics with genotypes in the S-CAD group

S-CAD group	ApoE2 Allele		ApoE3 Allele		ApoE4 Allele		PCSK9 E670G A>G (rs505151)		ApoER (rs5174) G>A G Allele		ApoER (rs5174) G>A A Allele	
	ApoE2+ (n= 14)	ApoE2- (n= 92)	ApoE3+ (n= 105)	ApoE3- (n=1)	ApoE4+ (n= 18)	ApoE4- (n= 88)	GG+GA (n= 55)	AA (n= 51)	GG+GA (n= 88)	AA (n=17)	GA+AA (n= 51)	GG (n= 54)
Age (year)	60.21	60.60	60.62	53.00	58.28	61.01	61.58	59.43	61.22	56.94	59.22	61.76
	±7.11	±9.60	±9.29		±7.46	±9.58	±9.71	±8.75	±9.22	±9.28	±9.65	±8.91
Glucose (mg/dL)	133.71	133.55	131.21	381.00*	138.88	132.48	121.45	146.647±57.74 £	133.83	134.17	142.82	125.44
	±40.49	±57.81	±50.35		±69.14	±52.91	±51.27		±57.31	±49.11	±62.50	±47.80
HbA1C	6.62	6.68	6.65	9.60 ¥.	6.79	6.65	6.47	6.89	6.73	6.44	6.86	6.52
	±1.66	±1.43	±1.44		±1.14	±1.52	±1.39	±1.51	±1.51	±1.18	±1.56	±1.35
Stent Diameter	2.67	2.73	2.72	2.75	2.79	2.71	2.62	2.83	2.72	2.70	2.69	2.75
	±0.30	±0.27	±0.27		±0.26	±0.27	±0.22	±0.28*	±0.29	±0.18	±0.26	±0.28
Stent Length	23.42	23.89	23.82	24.00	23.61	23.87	23.45	24.23	23.94	23.23	24.37	23.31
	±6.81	±6.89	±6.88		±4.91	±7.21	±6.82	±6.93	±7.13	±5.60	±7.88	±5.82
Total-C (mmol/L)	162.78	171.54	169.64	248.00	168.00	170.87	177.76	162.43	169.30	178.29	168.39	173.00
	±52.48	±47.40	±47.55		±48.17	±48.14	±53.00	±40.81	±48.60	±45.42	±43.19	±52.45
TG (mmol/L)	223.07	167.97	170.73	649.00	187.50	172.74	162.44	189.06	170.27	196.94	163.41	185.15
	±169.38	±111.46	±112.39		±148.05*	±115.69	±109.90	±131.86	±117.80	±141.02	±108.55	±132.7
HDL-C (mmol/L)	37.92	41.71	41.29	33.00	40.27	41.40	42.40	39.94	41.38	41.29	41.37	41.37
	±7.72	±11.86	±11.47		±8.90	±11.93	±12.14	±10.61	±11.75	±9.57	±10.56	±12.21
LDL-C (mmol/L)	99.00	119.67	116.47	166.00	115.55	117.22	125.32	107.90	116.34	122.47	113.78	120.68
	±40.41	±43.47	±43.41		±44.13	±43.58	±49.43 §	±34.18	±44.27	±40.05	±37.80	±48.36
VLDL-C (mmol/L)	33.11	29.78	30.18	-	28.22	30.55	29.07	31.44	29.30	33.60	28.99	30.98
	±17.69	±13.10	±13.67		±11.14	±14.12	±13.10	±14.32	±13.20	±15.52	±11.57	±15.40
PCSK9 (ng/ml)	489.74	460.67	466.63	214.10	443.72	468.55	446.54	481.37	459.85	485.96	455.74	472.18
	±145.89	±140.33	±139.00		±162.16	±136.14	±122.28	±155.74	±126.92	±200.82	±134.77	±147.8

Results are given as mean ± standard deviation. Total-C; total-cholesterol, TG; Triglyceride, HDL-C; HDL-cholesterol, LDL-C; LDL-cholesterol, VLDL-C; VLDL-cholesterol. \*p=0.036; §. p=0.021

## Discussion

PCSK9 increases plasma LDL levels by increasing LDLR degradation [14, 15]. Gain of function mutations in the *PCSK9* gene may cause an increase in plasma LDL-C and CHD risk by decreasing LDLR levels in the liver [9], while loss of function mutations may cause an increase in LDLR levels and a decrease in plasma LDL-C levels and protect against CHD formation [29, 30]. In our study, gain of function mutations of *PCSK9* gene *E670G* (rs505151), *R496W* (rs374603772), and the loss of function mutation *Y142X* (rs6768943) which were all thought to affect serum LDL-C levels and *PCSK9* rs11206510 polymorphism [31, 32] and rs2182833 [33] which have been associated with LDL-C levels previously and latter have been shown to possess no effect on *PCSK9* function were examined to show the effects of variations on serum lipid and *PCSK9* levels and restenosis risk in CHD patients.

According to RT-PCR results of the screening for *R496W* and *Y142X* mutations, all of the subjects in our study groups (191 people in total) had CC genotype, and no mutant allele was observed. In the study of Eroglu *et al.* which was performed in Aegean region of Turkey, the genotype distributions of *PCSK9* *R496W* mutation were reported as CT 6%, TT 0.5% in dyslipidemia group (n=200), CT 0.5%, TT 0% in the control group (n=201). They also reported that total-C (p= 0.021), TG (p= 0.0001), HDL-C (p= 0.028), and LDL-C (p= 0.028) levels were higher in individuals with mutations of *PCSK9*-rs374603772 (*R496W*) and -rs137852912 (*D374Y*) than those without these mutations [34]. Kaya *et al.* conducted a study with 80 patients with familial hypercholesterolemia, and *R496W* mutation was observed in seven people (8.7%) and one of them was found to be homozygous. In this study, no difference was found in terms of cardiovascular disease risk between the patient group with any of the gain-of-function mutations (*F216L*, *R496W*, *S127R*, and *D374Y*) in the *PCSK9* gene and



individuals without the mutation [35]. Cohen *et al.* reported low LDL-C plasma levels in 128 individuals with loss of function mutations (*Y142X* and *C679X*) [29].

In our study, although statistical significance could not be obtained in S- and OS-CAD groups, it was observed that LDL-C levels were higher in G allele carriers than those who did not. In the study of Postmus *et al.*, the variation of rs2182833 was found to be associated with LDL-C levels in elderly individuals (70-82 years of age) with vascular disease or at risk of vascular disease ( $p < 0.01$ ). Moreover, LDL-C levels were observed as high to low homozygous > heterozygous, respectively [33]. In a study which gene-environment interaction in cardiovascular diseases was assessed with the STANISLAS cohort consisting of ~861 people who were followed up for 18-23 years, no relationship was observed between *PCSK9*-rs2182833 and rs11206510 variations and LDL-C and *PCSK9* levels [36]. Similarly, in our study, no relationship was found between the *PCSK9*-rs11206510 polymorphism and LDL-C and *PCSK9* levels. Genotype and allele frequencies of this polymorphism were similar among our study groups ( $p < 0.05$ ). Similar to our findings, the rs11206510 polymorphism was not associated with CHD in the Asian population in a meta-analysis study conducted on 813 (290 CHD, 193 non-CHD patients, and 330 healthy controls) subjects [37]. In another study conducted in 1880 individuals in the Italian population that investigated *PCSK9* gene variations and LDL-C levels and the risk of myocardial infarction (MI), rs2182833 was not associated with LDL-C, total-C and MI risk, while rs11206510 minor allele (C) was associated with low levels of LDL-C (OR=0.82, 95%CI= 0.73-0.93,  $p = 1.89 \times 10^{-3}$ ) and total-C (OR= 0.80, 95%CI= 0.72-0.89,  $p = 8.12 \times 10^{-5}$ ) but not with the risk of MI [32]. In the study of Qi *et al.*, the rs11206510 polymorphism was found to be associated with CHD in diabetic patients [38].

In our study, the *PCSK9*-rs11206510 T > C polymorphism in the S-CAD group was observed to be associated with lower HbA1c levels compared to the rare C allele TT genotype ( $p = 0.021$ ). Similarly, in the study of Chen *et al.*, a relationship was found between the rs11206510 minor C allele and the risk of MI [39]. In the Mendelian randomization study of Schmidt *et al.* which included 550,000 individuals (50,000 of whom had diabetes), rs11206510 rare C allele has been associated with higher fasting blood glucose, body mass index (BMI) and diabetes risk, although it was not found to be associated with low LDL-C levels and HbA1c levels [40]. Dysglycemia may be the result of lowering LDL-C. However, it was not yet known whether lowering LDL-C with *PCSK9* inhibitors causes diabetes or not.

No difference was found between the patient and control groups in terms of TG, LDL-C and HDL-C in the study of Wang *et al.* [41], whereas in our study, LDL-C was lower and HDL-C was higher in OS-CAD group comparing with S-CAD group ( $p = 0.042$ ,  $p = 0.008$ , respectively). Qi *et al.* reported that the HbA1c levels and the percentages of hypertension and hypercholesterolemia in diabetic patients who developed CHD were higher than those who did not develop CHD [38]. In our study, the serum levels of HbA1c and the frequencies of hyperlipidemia and Type 2 DM were found to be higher in S-CAD group compared to the OS-CAD group ( $p = 0.015$ ,  $p = 0.001$ ,  $p = 0.007$ , respectively).

Decreased EF percentages (%) are one of the signs of CAD, and changes in left ventricular EF% has been reported to be associated with the severity of CAD in previous studies [42, 43]. In our study, a significant decrease was found in S-CAD group than OS-CAD group in terms of EF% ( $p = 0.007$ ). Similar to our findings, Bal *et al.*, reported that EF% was found to be lower in patients with restenosis compared to patients without restenosis after stenting ( $p = 0.023$ ) [44].

In our study, the frequency of the *E670G* mutant G allele was found to be higher in S-CAD group than in OS-CAD ( $p = 0.015$ ). Besides, hyperlipidemia ( $p < 0.001$ ) and the *PCSK9 E670G* (rs505151) G allele ( $p = 0.02$ ) were determined for the risk of restenosis between S-CAD and OS-CAD groups in the logistic regression analysis showing that the *PCSK9 E670G* (rs505151) G allele may be an effective risk factor in the development of restenosis. Slimani *et al.* reported that the frequency of the *E670G*-G allele in the Tunisian population was higher in CAD patients than controls (0.132 vs. 0.068,  $p = 0.030$ ). They also stated that plasma total-C and LDL-C levels were higher in *E670G* carriers than those without mutations (Total-C: 6.78 vs. 4.92 mmol/l,  $p < 0.0001$ , LDL-C: 4.60 vs. 3.00 mmol/l  $p = 0.001$ ) [45]. Norata *et al.* suggested that the *E670G*-G allele is associated with high LDL-C and total-C [26]. In the meta-analysis study of Qiu *et al.*, the *E670G*-G allele was found to be associated with high TG, LDL-C and cardiovascular disease risk [46]. Chen *et al.* suggested the association between *E670G* mutant allele and LDL-C and risk of atherosclerosis [47]. Similarly, in our study, LDL-C levels were found to be higher in *E670G*-G allele carriers compared to individuals with AA genotype in S-CAD group ( $125.32 \pm 49.43$  vs.  $107.90 \pm 34.18$ ,  $p = 0.036$ ). Unlike our results and other studies suggesting the association between *E670G* mutation and CAD [45, 46]. Hsu *et al.* reported in their study with 202 patients with CAD and 614 controls in Taiwan-China population that *E670G*-G allele frequency was found to be similar in CAD and control groups ( $p > 0.05$ ) and LDL-C levels in *E670G*-G allele carriers were significantly low ( $2.78 \pm 0.82$  mmol/L vs.  $3.02 \pm 0.85$  mmol/L,  $p = 0.029$ ) [48]. In our study, borderline significance ( $p = 0.05$ ) and lower TG levels were detected in *E670G*-G allele carriers of OS-CAD patients compared to individuals with AA genotype in the same group.

ApoE, another ligand of LDLR, is the apoprotein component of LDL and VLDL and is a polymorphic glycoprotein that acts as a ligand for chylomicron residue receptors [17]. Since ApoE2 contains cysteine instead of arginine in E3 and E4 at the 158th position, it was weakly bound to LDLR, causing an increase in VLDL levels in plasma. *ApoE4* causes less gene expression (downregulation) of LDL receptors, leading to an increase in LDL levels in plasma. Most studies have found an association between CHD and the *ApoE4* allele [22, 23]. Xu *et al.* reported that the risk of CHD in the Caucasian population is high in *ApoE4* carriers and low in *ApoE2* carriers [49].

In the study conducted by Wang *et al.* with CHD patients in the Chinese population, it was reported that total-C, TG and LDL-C levels were higher in patients with *ApoE4* allele compared to those who had homozygous *ApoE3*, and *ApoE4* allele was associated with hypertriglyceridemia when *ApoE3/E3* genotype was selected as reference in the multivariate logistic regression analysis [50]. In the study of Liu *et al.*, it was reported that *ApoE4* allele carriers have a 1.64 times higher risk of type 2 DM and 1.80 times higher risk of cardiovascular disease in Chinese Hakka population [51]. In our study, the frequency of the *ApoE epsilon* polymorphism *E3E4* genotype was found to be higher in the S-CAD group compared to the OS-CAD group (15.6% vs 9.8%), however, it was not statistically significant. In the study conducted by Atis *et al.* with CAD patients in the Turkish population, no significant difference was found between *E2E2*, *E2E3*, *E2E4*, *E3E3*, *E3E4*, *E4E4* genotypes [52]. In our study, higher TG levels ( $p < 0.001$ ) were found in patients with the *ApoE4* allele in the S-CAD group compared to the OS-CAD group. There was no significant relationship between the *ApoE4* allele and serum lipid parameters in the OS-CAD group. In the study conducted by Karahan *et al.* in the Turkish population, it was stated that CAD patients carrying *ApoE4* allele had higher levels of LDL-C ( $p = 0.001$ ) and total-C ( $p = 0.03$ )

compared to those who did not [53]. In the study of Attila *et al.*, it was shown that the *ApoE4* allele was associated with the development of CAD in the Turkish population, but the effect of *E2* and *E4* alleles on lipid levels was not detected [54].

In our study, TG levels were found to be higher in individuals with *ApoE2* allele in OS-CAD patients compared to those without *E2* allele, but no significant difference was observed ( $p > 0.05$ ). Serum VLDL-C levels in OS-CAD group were found to be significantly higher ( $p = 0.022$ ) in patients with *E2* allele compared to those without *E2* allele. *E2* allele was not found to be associated with serum lipid levels in S-CAD patients. Although serum TG levels were high in *E2* allele carriers in S-CAD group, the difference was not statistically significant ( $223.07 \pm 169.38$  vs.  $167.97 \pm 11.46$ ,  $p > 0.05$ ). In the study of Elmadbouh *et al.*, hypercholesterolemia ( $p = 0.034$ ) and high LDL-C ( $p = 0.003$ ) were reported in patients carrying *ApoE4* compared to CAD patients carrying *ApoE3*, and high TG levels ( $p = 0.037$ ) were reported in those carrying *ApoE2* [55].

ApoER (LRP8) is an important molecule in lipoprotein metabolism. It functions in the removal of LDL-C and VLDL-C from plasma and has been associated with the risk of MI in western societies. The *R952Q* (rs5174) mutation converts arginine to glutamine. It has been associated with familial risk of CAD and premature MI in Caucasian populations [56]. In the study of Lieb *et al.* which was conducted with a German population, no association was observed between *R952Q* mutation and familial MI or CAD [57]. In our study, just fasting blood glucose level was found to be higher in those with the *ApoER*-rs5174 [G > A (C > T)] G allele (GG+GA) in OS-CAD patients compared to those with homozygous AA genotype ( $p < 0.001$ ) in the same group.

In our study, a statistically significant difference was observed between the groups with and without the *ApoE3* allele in the S-CAD group in terms of glucose and HbA1c ( $p < 0.001$  and  $p = 0.044$ , respectively). In a study conducted with the Han Chinese population with individuals aged 70 and over, higher fasting blood glucose levels were found in individuals with the *E3E3* genotype compared to individuals with the *E2E2* and *E4E4* genotypes ( $p = 0.047$ ) and the *ApoE3E3* genotype was found to be associated with diabetes [58]. In the study of El-Lebedy *et al.*, diabetic patients with the *E3E4* genotype showed a 2.4 fold increased risk of cardiovascular disease (95%CI: 1.14–5.19,  $p = 0.02$ ) and *E3E4* genotype was found as an independent risk factor for cardiovascular disease (OR= 2.3,  $p = 0.009$ ) but not for type 2 DM (OR= 1.7,  $p = 0.28$ ). However, the *E4* allele was reported as an independent risk factor for both type 2 DM (OR= 2.2,  $p = 0.04$ ) and cardiovascular disease (OR= 3.0,  $p = 0.018$ ) and type 2 DM patients with *E4* allele have 5.9 times increased risk of cardiovascular disease development [59].

In conclusion, while our findings revealed that *PCSK9*-rs505151 (*E670G*)- G allele and hyperlipidemia may be effective risk factors in the development of restenosis. Further studies on larger study group with expression of *PCSK9* gene and determination of the role of *E670G* substitution and in different ethnic groups are needed to confirm the association of this polymorphism with risk of restenosis.

## Declarations

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### Compliance with ethical standards

### Conflict of interest

Authors declare that no conflict of interests exists.

### Ethical approval

All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee and with the Declaration of Helsinki (2013). The study protocol was approved by the Local Ethical Committee of Istanbul University, Faculty of Medicine (Protocol No: 2017/317, date: 7<sup>th</sup> April, 2017)

### Informed consent

Each individual in this study gave written informed consent prior to physical examination and blood sample collection.

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