

Timing Assessment of Response to Fluid Challenge in Patients with Septic Shock

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Abstract

Objectives: Fluid challenge (FC) is most commonly used for fluid responsiveness (FR) evaluation, with a wide divergence in assessment time choices. Therefore, we aimed to explore the optimal assessment time for FC in patients with septic shock.

Methods: A prospective cohort study was conducted. Septic shock patients who had experienced initial resuscitation and required an FC with 500 mL 4% gelatin or normal saline (NS) over 5-10 min were included. FR was defined by an increase in cardiac index (CI) >10%. FR and other predefined variables were recorded at baseline (T_b), immediately (T_0), and at 10 (T_1), 30 (T_2), 45 (T_3), 60 (T_4), 90 (T_5), and 120 (T_6) min after FC. The incidence of FR and hemodynamic variables at predefined time points were recorded. Data were analyzed by repeated measures of analysis of variance.

Results: 63 patients were enrolled, with 43 in the gelatin group and 20 in the NS group. Among the 45/63 (71%) responders, 31 were responded at T_0 (ER), while 14 responded at T_1 or later (LR). The proportion of NR, ER and LR was comparable between gelatin and NS groups. After FC, the time course of FR status was slightly different between gelatin and NS groups. In the gelatin group, FC induced most responders (69%, 31/45) and frequency of CI maximum (35%, 11/31) at T_2 and sustained a positive FR status until T_4 ; while in the NS group, FC induced most responders (55%, 11/20) and frequency of CI maximum (64%, 9/14) at T_1 , and sustained FR status until T_1 .

Conclusions: Different time courses of FR were found between gelatin and NS group patients undergoing FC. Thus, when NS is used, FR should be performed within 10 min, while it is better to extend the assessment time to 30 min after FC when gelatin is used.

Introduction

Evaluation of fluid responsiveness (FR) is an essential maneuver in the management of fluid therapy in critically ill patients¹. When FR was evaluated, only 40-50% of all these patients, including septic patients, responded². On the other hand, fluid overload is harmful and associated with poor prognosis³⁻⁵. Therefore, some techniques for evaluating FR, such as fluid challenge (FC), are recommended to be first used when hypovolemia or preload dependency is suspected.⁶⁻⁸. FC refers to giving a certain amount of intravenous fluid quickly to assess the response of cardiac output (CO) to fluid infusion⁹. Although FC has been considered the gold standard for FR assessment, there is a wide divergence in performing it^{7,8}. Among them, timing assessment of response to FC raises lots of concerns.

Most studies only reported a certain assessment time point of response to fluid infusion, ranging from the end of FC to 30 min thereafter^{7,8}. However, hemodynamics after FC may change over time, while the persistence of FR after FC has been poorly described^{8,10}. On the other hand, the degree and durations in intravascular distribution caused by different types of fluids (e.g., crystalloid or colloid) may also vary^{11,12}. Additionally, some clinical factors such as blood volume status, cardiac function, and capillary leak severity of septic shock patients might further complicate the FC procedure^{13,14}.

In some previous studies that focused on post-cardiac surgery patients receiving FC by 6% hydroxyethyl starch, nearly 74% (56-90%) of included patients were deemed fluid responders when evaluated 10 min after FC¹⁵⁻¹⁹. This proportion was much higher than that in most other studies (54%) assessing FR immediately after infusion⁸. Therefore, we could speculate that some patients who had shown immediate negative response at the end of infusion might become responders at 10 min after FC. In the FCREV study²⁰, Roger and colleagues also observed this phenomenon; among the 67 non-responders at the end of FC, 4 became responders 20 min later. Moreover, Aya et al. enrolled 26 postoperative patients in their FC study (250 ml crystalloid infusion over 5 min) and found the effect of fluid infusion dissipated in 10 min in these patients²¹. However, a recent meta-analysis focusing on FC showed 13% (11/85) of the included studies evaluated FR at a time point of ≥ 10 min after the fluid bolus⁸. As such, the proportion of responders may be different when evaluating FR at different assessment time points.

Therefore, we sought to perform a prospective cohort study to determine the optimal assessment time after FC in patients with septic shock. Additionally, we further compared the effect of different fluids on FR, such as gelatin or normal saline (NS), by investigating the hemodynamics for 120 min after FC. We hypothesized that optimal assessment time might be different when using different types of fluids.

Methods

Study protocol

This prospective observational study was approved by the Ethical Committee of Peking Union Medical College Hospital and was registered at ClinicalTrial.gov (NCT01941472). Written informed consent was obtained from all patients or their relatives. We performed this study in our 15-bed medical intensive care unit (ICU) between September 2015 and November 2018. A flowchart of the study design is shown in **Additional file 1**.

Patients

All adult patients were eligible if they were diagnosed with septic shock according to international criteria²² and required an FC during their stay in ICU. We excluded patients known with severe cardiac dysfunction (i.e., acute pulmonary edema, acute coronary syndrome, and cardiogenic shock), pregnancy, and participation in other biomedical studies, requiring blood transfusion or imminent death within 24 hours. Also, we excluded patients who required aggressive fluid therapy (fluid infused >200 mL/h), dose changes in sedatives, inotropic or vasoactive agents, or adjustments to ventilator parameters during the study period.

Hemodynamic monitoring

We monitored arterial blood pressure from an arterial line (Becton Dickinson infusion therapy systems Linc., Utah, USA) placed in a radial artery or dorsalis pedis artery; and measured CVP with a central venous catheter (CV-15854; Arrow International, Reading, PA) inserted into the internal jugular vein in all patients. CVP and blood pressure were measured with a transducer zeroed at the level of the midaxillary line of the thorax. The CI was calculated by the continuous thermodilution technique equipped with a PAC (Swan-Ganz CCombo CCO/SvO₂, Edwards Lifesciences, Irvine, CA, USA). We connected all the above catheters to pressure transducers and the IntelliVue Patient Monitor MP70 (Philips Medical System, Boeblingen, Germany).

Fluid challenge

According to our protocol, reasons for FC included hypotension (SBP \leq 90 mmHg or SBP decrease \geq 40 mmHg in patients with hypertension or MAP \leq 65 mmHg), presence of tissue hypoperfusion (including, but not limited to, oliguria, skin mottling, cool peripheries, altered mental status, hyperlactatemia, and increased requirement for catecholamine). For the FC administration, 500 ml of 4% gelatin (Gelofusine; B. Braun Medical (Suzhou) Company Limited, Suzhou, China) or NS were intravenous infusions over 5-10 min using a bag pressurized to 300 mmHg. Positive FR was defined as an increase in CI $>$ 10% after FC⁹. The fluid infused, starting and termination of FC were decided by clinicians. The patients were followed during FC and for 120 min after FC. During the observational period, the maintenance infusions were limited to a maximum of 100 mL/h, without any changes made to agents, ventilatory settings, and other therapeutic interventions.

Parameters and outcomes

Once enrolled in our study, demographics, fluid types, Acute Physiology and Chronic Health Evaluation II score, underlying diseases, and clinical data concerning therapies (mechanical ventilation, renal replacement therapy, sedatives, catecholamine used) were collected for included patients. We recorded a complete set of hemodynamic and oxygen metabolism variables for analysis at baseline (T_b), immediately (T₀), and at 10 (T₁), 30 (T₂), 45 (T₃), 60 (T₄), 90 (T₅) and 120 (T₆) min after FC. Hemodynamic variables included mean arterial pressure (MAP), heart rate (HR), CI, CVP, pulmonary arterial wedge pressure (PAWP), systemic vascular resistance index (SVRI). In contrast, oxygen metabolism indexes included SaO₂, PaO₂, PH, mixed venous oxygen saturation (SvO₂), hemoglobin (Hb), and arterial lactate concentrations obtained from blood sample analysis at every predefined study point.

The primary outcome was the positive response rate to FC at different time points during the study period. The secondary outcomes were the time course of hemodynamic variables before and after FC. We also explored the effect of fluid type (gelatin and NS) on the FR in this scenario.

Statistical analysis

Categorical variables were expressed as numbers (%), whereas continuous variables were expressed by the means \pm standard deviation (SD) or by the medians along with 25-75% interquartile ranges (IQR), as appropriate. Before FC, patient characteristics between gelatin and NS groups were compared using Student's *T* or Mann-Whitney *U* for continuous data and the chi-square test or Fisher's exact tests for categorical data, according to their distribution. After FC, a two-way repeated measure analysis of variance was used to compare the hemodynamic and metabolism variables among the patients grouped by fluid types or FR status at all the predefined time points. MedCalc statistical software version 15.6.1 for Windows and GraphPad Prism 7 were used in the present study. A 2-sided *P* value less than 0.05 was considered statistically significant.

Result

Patient characteristics

Sixty-three patients were finally recruited (**Additional file 2**), with 43 patients in the gelatin group and 20 in the NS group. Patient baseline characteristics and clinical data were comparable between the groups (Table 1). All patients had a mean age of 63 years with a mean APACHE II score of 25 at enrolment. Hypotension was the most common cause of FC, following by increased catecholamine requirement and hyperlactatemia. Twenty-nine patients died during their ICU stay.

Table 1
Patient characteristics before fluid challenge

Variables	Total (n=63)	Gelatin (n=43)	Normal saline (n=20)	P
Age, year	63 (53-72)	61 (49-71)	66 (55-74)	0.319
Male, n	41	28	13	0.889
Body surface area (m ²)	1.8 (1.7-1.9)	1.8 (1.7-1.9)	1.8 (1.8-2.0)	0.717
APACHE II	25 (21-30)	26 (21-31)	23.5 (20.5-29.5)	0.684
Cause of FC, n				
Hyperlactatemia	22	15	7	0.783
Oliguria	19	13	6	0.782
Hypotension	43	29	14	0.928
Tachycardia	19	17	7	0.947
Skin mottling	8	5	2	0.811
Reduce vasopressors	24	16	7	0.911
Others	1	1	0	0.693
PaO ₂ /FiO ₂	165 (111-244)	159 (107-237)	196 (130-247)	0.229
Ventilated patient, n	59	40	19	0.798
CRRT, n	11	9	2	0.479
Ventilated mode				
PC/VC	38	27	11	0.668
PS	21	13	8	0.632
PEEP, mmHg	6 (4-10)	8 (4.5-12)	5 (4-9.5)	0.218
Type of vasopressor				
NE, n	62	42	20	0.712
NE, µg/kg/min	0.5 (0.3-1.1)	0.6 (0.4-1.1)	0.3 (0.3-1.2)	0.337
EPI, n	4	2	2	0.598
EPI, µg/kg/min	0.19	0.24	0.14	0.672
Fluid balance, L	2.1 (1.6-2.6)	2.0 (1.7-2.3)	1.9 (1.5-2.1)	0.451
Fluid maintenance, mL	100 (71-100)	100 (63.8-120)	100 (75-100)	0.444
ICU mortality, n	29	19	10	0.873
Data are expressed in median (interquartile range) or mean ± SD or count.				
APACHE II = acute physiology and chronic health evaluation II; CRRT = continuous renal replacement therapy; EPI = epinephrine; FiO ₂ = fraction of inspired oxygen; NE = norepinephrine; FC = fluid challenge; ICU = intensive care unit; PC = pressure control; PEEP = positive end-expiratory pressure; PS = pressure support.				

Fluid responsiveness assessment

Forty-five patients were responders, with 31 in the gelatin group and 14 in the NS group. As to the 18 persistent non-responders (NR), 12 were in the gelatin group and 6 in the NS group. Among the responders, 31 responded immediately at T₀, while 14 became responders at or after T₁. Thus, we defined these patients as early responders (ER) and later responders (LR), respectively. The baseline clinical data of NR, ER, and LR are summarized in **Additional file 3**.

After FC, the FR status distribution at the predefined time points was slightly different between the gelatin and NS groups. In the gelatin group, the positive response to FC was most commonly seen at T₂ (69%, 31/45), followed by T₁ (66%, 30/45) and T₃ (62%, 28/45), while in the NS group, FC induced the most responders at T₁ (55%, 11/20), followed by T₂ (45%, 9/20) and T₀ (45%, 9/20) (Fig. 1: **A**). Similarly, the CI maximum (CI_{max}) distribution at each time point is also different between groups. That is, the time point at which CI_{max} appeared most frequently was at T₂ (35%, 11/31) in the gelatin group, while at T₁ (64%, 9/14) in the NS group (Fig. 1: **B**).

Hemodynamic assessment

Hemodynamic variables at each predefined time point were summarized according to fluid types (gelatin and NS), or FR status (NR, ER, and LR) are shown in **Additional file 4 and Table 2**, respectively. Overall, CI increased significantly in both gelatin and NS groups at T₀, with different trends over time. In the gelatin group, CI increased to a maximum at T₂ and maintained an increase in CI >10% before T₄. In the NS group, CI increased to a maximum at T₁ and decreased to baseline at T₃ (Fig. 2A). Subsequently, we further explored CI changes over time in NR, ER, and LR subgroup patients. In the gelatin group, ER and LR became responders at T₀ and T₁, respectively, and then achieved CI_{max} at T₂ and maintained positive FR until T₆ (Fig. 2B). As to the NS group, ER and LR responded at T₀ and T₁, respectively, and then presented CI_{max} at T₁. Finally, ER and LR changed their FR status from R to NR at T₃ and T₂. CI did not significantly increase over time in NR of both groups after FC (Fig. 2C). The time courses of other hemodynamic variables before and after FC are shown in **Additional file 5**.

Table 2
Comparison of patient characteristics of hemodynamics at predefined time points among non-responders, early responders, and late responders

Variables		T _b	T ₀	T ₁	T ₂	T ₃	T ₄	T ₅	T ₆
MAP (mmHg)	ER	81.7 ± 11.1	88.8 ± 14.4	87.3 ± 15.6	86.2 ± 11.0	83.6 ± 11.1	84.1 ± 11.3	83.5 ± 12.3	81.5 ± 9.4
	LR	82.3 ± 7.6	89.2 ± 14.0	88.4 ± 16.2	89.6 ± 15.6	86.6 ± 15.1	87.8 ± 13.2	87.5 ± 13.9	84.5 ± 12.6
	NR	83.3 ± 13.3	85.9 ± 11.7	85.7 ± 12.1	83.4 ± 9.8	83.3 ± 10.6	84.1 ± 11.5	83.7 ± 11.9	82.4 ± 12.9
HR (bpm)	ER	117.3 ± 23.7	113.4 ± 21.9	113.9 ± 21.8	116.3 ± 23.3	115.5 ± 24.1	116.5 ± 23.4	116.4 ± 22.8	117.0 ± 22.8
	LR	107.3 ± 18.3	105.9 ± 13.9	105.4 ± 12.9	107 ± 15.8	105.9 ± 14.2	106.9 ± 13.6	107.7 ± 16.5	108.7 ± 17.7
	NR	116.1 ± 19.3	112.0 ± 18.4	112.2 ± 19.8	115.5 ± 18.7	115.6 ± 18.4	115.8 ± 17.9	117.0 ± 18.9	117.2 ± 18.7
Hb (g/L)	ER	100.1 ± 27.7	90.5 ± 24.1	91.1 ± 23.7	91.3 ± 24.4	91.9 ± 24.4	91.9 ± 24.5	93.3 ± 24.7	93.6 ± 25.4
	LR	91.6 ± 27.1	81.6 ± 25.7	82.6 ± 24.7	84.2 ± 24.8	84.3 ± 24.7	84.9 ± 24.6	84.6 ± 24.4	85.1 ± 25.3
	NR	82.8 ± 15.9	77.6 ± 19.2	76.6 ± 17.6	76.6 ± 17.2	78.8 ± 16.9	78.4 ± 17.5	79.7 ± 17.0	76.9 ± 18.0
CVP (mmHg)	ER	9.9 ± 4.5	12.7 ± 4.7	12.1 ± 4.3	11.4 ± 4.3	11.1 ± 4.3	10.9 ± 4.4	10.7 ± 4.3	10.2 ± 4.2
	LR	11.8 ± 3.1	14.5 ± 3.3	13.8 ± 3.2	13.1 ± 2.9	12.6 ± 2.6	12.6 ± 3.0	12.1 ± 2.7	11.9 ± 2.8
	NR	11.5 ± 5.0	15.9 ± 5.7	14.7 ± 5.9	13.8 ± 5.8	13.7 ± 5.9	13.4 ± 5.9	13.1 ± 5.9	12.8 ± 5.6
CI	ER	3.5±1.0	4.1±1.1	4.5±1.3	4.4±1.3	4.4±1.3	4.1±1.1	4.0±1.1	3.9±1.1
	LR	3.8±1.7	4.0±1.6	4.5±2.0	4.5±1.7	4.5±1.7	4.3±1.6	4.2±1.5	4.3±1.6
	NR	4.2±1.1	4.1±1.1	4.2±1.1	4.2±1.3	4.2±1.2	4.1±1.1	4.1±1.0	4.0±1.2
SVRI	ER	1839.4±691.3	1625.5±817.6	1494.4±703.6	1474.3±571.3	1438.2±545.4	1539.1±644.7	1557.7±616	1542.2±552.9
	LR	1533.5±574.6	1699.8±790.3	1545.8±735.1	1507.9±622.0	1468.3±643.8	1540.6±764.1	1634.2±865.6	1537.7±869.7
	NR	1445.6±452.1	1430.9±418.5	1406.1±376.7	1407.8±427.8	1397.3±420.1	1454.4±470.0	1437.8±416.2	1477.4±870.0
CI = cardiac output index; CVP = central venous pressure; ER = early responder; Gel = 4% gelatin; Hb = hemoglobin; HR = heart rate; LR = late responder; MAP = mean arterial pressure; NS = normal saline; NR = non-responder; SVRI = systemic vascular resistance index.									
T ₀ = immediately at end of FC (fluid challenge);									
T ₁ = 10 min after FC;									
T ₂ = 30 min after FC;									
T ₃ = 45 min after FC;									
T ₄ = 60 min after FC;									
T ₅ = 90 min after FC;									
T ₆ = 120 min after FC.									

Discussion

The main findings of our study are, first, the proportion of NR, ER, and LR were comparable between gelatin and NS groups; second, FC induced the most frequency of CI_{max} at T₂ and T₁ in gelatin and NS groups, respectively, and the positive FR status sustained until T₄ in gelatin group, while until T₁ in NS group; third, 14 patients identified as NR at T₀ became LR at T₁ or later, and both ER and LR achieved CI_{max} at T₂ after FC in gelatin group, whereas at T₁ in NS group.

Our results showed gelatin exhibited a longer duration of positive response status than NS after FC. This might be due to the difference in hemodynamic effects between crystalloid and colloid. That is, colloid can maintain a longer-term hemodynamic effect when compared with crystalloid in equal scenario^{11,23}. In a recent randomized trial, Gondos and colleagues examined the kinetics of volume loading with crystalloid and colloid infusions in 200 critically ill patients, and they found that 6% hydroxyethyl starch still produced a change in CI (23%) at 120 min after infusion, while this effect dissipated in lactated Ringer's solution¹¹.

On the other hand, positive response status over time to FC may also be affected by patient populations and details in performing FC (i.e., a CO monitoring technique, duration or volume of infusion)^{20,21}. In their pharmacodynamic analysis in FC (250 ml crystalloid, injected in 5 min), Aya et al. found the maximal CO increase was observed 1 min after the end of FC, and the fluid bolus effect disappeared in 10 min²¹. However, in the FCREV study (500 ml crystalloid infusion, 10 min), 30% (43/143) patients exhibited positive responses to infusion 20 min after FC²⁰.

Interestingly, 22% (14/63) of patients showed an initial negative response immediately after FC subsequently converted to LR. We called these patients "late responders to FC." Such a phenomenon was observed in septic shock patients²⁰ or post-cardiac surgery patients¹⁵⁻¹⁹ in some previously published studies. These patients are likely to be overlooked when FR is only evaluated immediately at the end of the infusion. Thus, this finding supports our hypothesis that timing assessment of FR could affect the proportion of patients responding to FC. However, our conclusion is in contrast with a recently published meta-analysis that focused on FC⁸. In this study, the authors grouped the 86 included studies into three categories based on assessment time (immediately, between 1 and 10 min, or >10 min after FC) and found FR timing assessment did not affect the proportion of responders. Of note, the pooled results of types of fluids (crystalloid or colloid), FR criteria (10% or 15%), techniques (PICCO, PAC, or ultrasound), and setting (ICU and operating room) might contribute to the significant heterogeneity among the included studies, Thus leading to their negative results⁸.

Another important finding is the different distribution of CI_{max} between gelatin and NS after FC may provide meaningful clues to aid in the timing of assessment. When NS is used, FR should be performed from the end of FC to 10 min that after. Conversely, if the FR assessment was performed too later, some patients might have already changed their FR status from R to NR at that time point. Thus, these patients are susceptible to be identified as NR. In a randomized trial comparing hemodynamics in septic shock patients who received either hypotonic or hypertonic fluid²⁴, the authors found only 30% (3/12) and 33% (4/12) responders in the two groups at 30 min after FC. Similarly, Nunes and colleagues identified all the responders at the end of FC. This may be because they evaluated FR at the end of FC and 30 min thereafter¹⁰. As to gelatin, it is better to extend the assessment time to 30 min after FC, especially for patients who show negative responses immediately after infusion. Of note, the CI course over time was significantly different among LR, ER, and NR ($P<0.001$) as well as baseline CI (4.6±1.0, 3.5±1.0, 3.1±1.0 L/min/m², respectively). Thus, we assume that CI values at baseline might help identify NR, and LR fluid responders immediately at the end of infusion and further research is warranted in the future.

The current study explored the effects of crystalloid and colloid on the time course of FR in septic shock and suggested reasonable ranges of FR assessment time. However, some details in our study design worth discussion. First, we used gelatin and NS in our study. Reasons for this included that NS is the most commonly used crystalloid⁷, safety considerations of hydroxyethyl starch²⁵, and the availability of gelatin in our unit. However, it should be cautious about extrapolating our conclusion to other types of fluids since previous studies have demonstrated that various fluids (i.e., lactated Ringer's solution, gelatin, hydroxyethyl starch, or albumin) exhibited different hemodynamic effects over time after volume loading¹¹. Second, the volume of fluid used was 500 ml, the current "mainstream volume" selection for FC²⁶. However, whether our results could also be applied for other fixed fluid volumes (i.e., 250 ml) or fluid volume adjusted for body-weight remains unclear. This would require further investigation. Third, the process of FC was completed in about 6 min, which is faster than most other FC studies^{8,10}. Theoretically, the shorter infusion duration, the larger proportion volume of fluid will remain in the intravascular compartment at the end of infusion, and a higher positive FR rate may be obtained. This was also confirmed by the meta-analysis result, which demonstrated that the proportion response to an FC given in ≥ 30 min was lower than that in < 15 min ($P=0.045$)⁸. Thus, this might indirectly add evidence for the reliability of negative FR in LR patients immediately after FC in the current study. Finally, we explored the time course of FR in 120 min after fluid infusion, a relatively longer period compared to the previous studies^{10,20,21}. Apart from the purpose of a complete recording of hemodynamic effects on FR, the main consideration for this is the tolerability of volume-limited (infusion < 100 mL/h) during 120 min in the enrolled patients. Overall, no adverse events were observed during the study period, which may be related to the initial fluid resuscitation performed in these patients before enrollment.

Our study had several limitations. The first and main limitation is the incapability to fully explain our results from the pathophysiology mechanism due to the pure observation nature of the current study, especially for LR patients. Nevertheless, our data may, at the very least, encourage clinicians to reevaluate their practice in deciding timing assessment of response to FC in septic shock patients. Second, FR was evaluated at only 7 predefined time points referred to most previous studies^{8,10,11,27}. However, our results suggest that more assessment time points may be essential in the early stage after FC, especially in crystalloid group patients with relatively short periods of hemodynamic effect. Finally, only septic shock patients having received initial fluid resuscitation were included according to the current protocol. However, the fully initial fluid resuscitation has not been strictly defined and lacked individuation. A previous study reported FC (5 ml/kg crystalloid solution infusion over 15 min) induced a significant increase in CO and sustained for 120 min in severe hypovolemic sepsis patients without initial fluid resuscitation. Whether our results could apply to such a patient population is unclear.

Conclusion

Significant differences were found in time courses of hemodynamic effects in septic shock patients receiving 500 ml gelatin or NS for FC. Therefore, the timing assessment of response to FR differs between the two types of fluids. When NS is used, FR should be performed from the end of FC to 10 min that after, while it is better to extend assessment time to 30 min after FC in gelatin, especially for patients who show negative responses immediately after infusion.

Declarations

Author contributions:

Dr. Huang contributed to the data collection, analysis, and drafting of the article. Dr. Liu and Dr. Xu contributed to data collection, literature search, and writing of the manuscript. Dr. Du was responsible for the work integrity as a whole, from inception to publication of the article.

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Availability of data and materials

All data generated or analyzed during this study are included in this published article.

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Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

Trial registration:

ClinicalTrials.gov, NCT 01941472. Registered 13 September 2013, available at <https://clinicaltrials.gov/ct2/show/NCT01941472>

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Figures

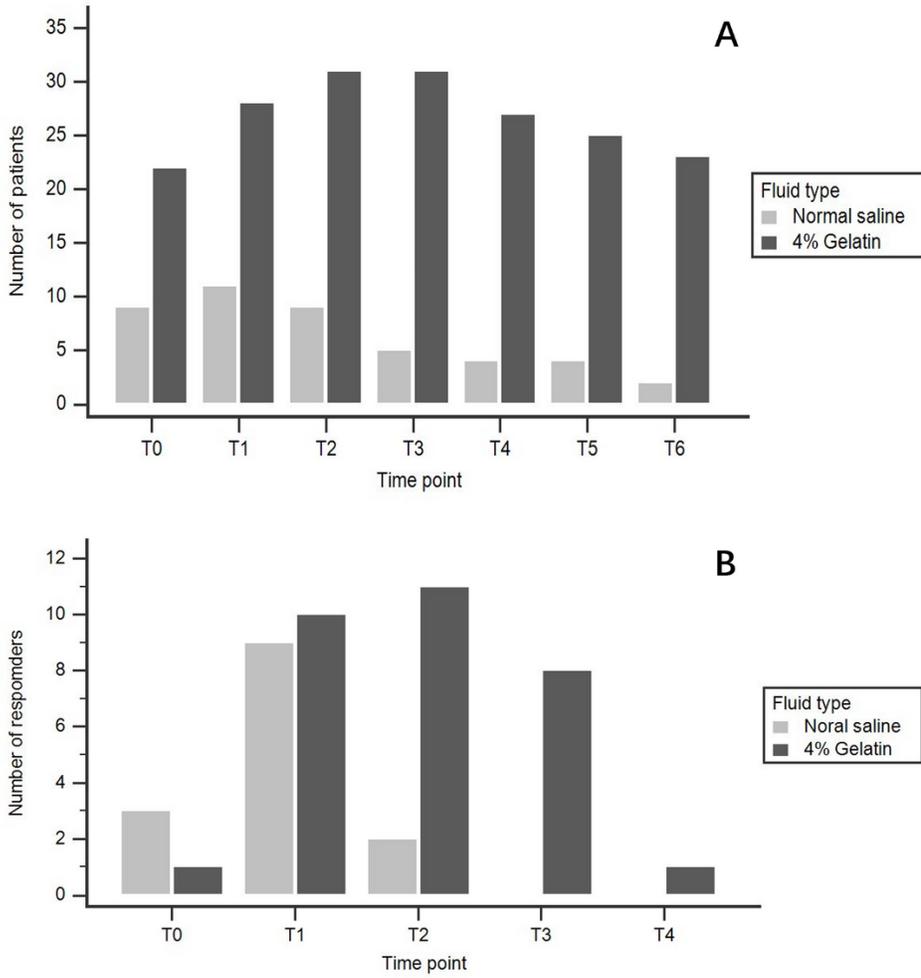


Figure 1

(A) Distribution of responders at the predefined time points in two groups; (B) Distribution of CI max at the predefined time points in responders.

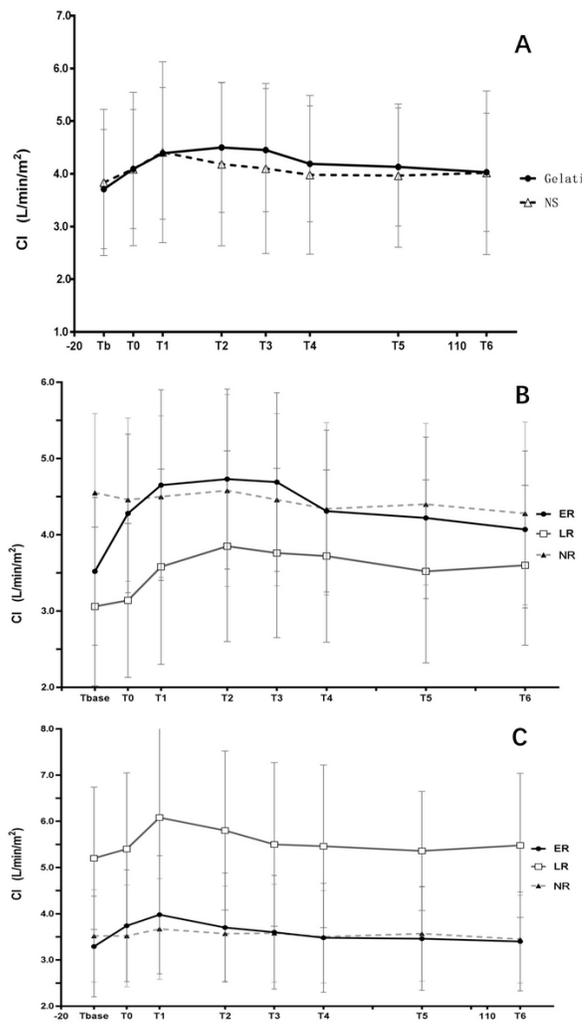


Figure 2

(A) CI changes over time in normal saline and gelatin groups; (B) CI changes over time in subgroups of early responders, late responders and non-responders receiving gelatin; (C) CI changes over time in subgroups of early responders, late responders and non-responders receiving normal saline.

Supplementary Files

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