Detection of Emerging Ibrutinib Resistance by Flow Cytometry in Patients with Chronic Lymphocytic Leukemia

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Abstract

Purpose: Bruton's tyrosine kinase inhibitor ibrutinib has revolutionized the treatment of chronic lymphocytic leukemia (CLL). Although ibrutinib is a highly effective drug, during the treatment acquired ibrutinib resistance may occur and its early detection is an important issue. Our aim was to investigate several phenotypic markers on CLL cells to reveal changes in their expression during ibrutinib treatment.

Methods: In our study 28 (treatment naive, ibrutinib sensitive, clinically ibrutinib resistant) peripheral blood (PB), and 6 paired PB and bone marrow (BM) samples were examined. The expression of several surface markers (CD69, CD184, CD86, CD185, CD27) was assessed by flow cytometry in each sample. Furthermore, the presence of the *BTK*^{C481S} resistance mutation was tested using digital droplet PCR. In addition, we investigated the changes of the phenotype of CLL cells during ibrutinib treatment in one patient with acquired ibrutinib resistance.

Results: The expression of CD27 decreased during ibrutinib therapy but increased again at the onset of clinical resistance. Expressions of CD69 and CD86 were also elevated at the onset of clinical ibrutinib resistance. The expression of CD86 showed correlation between PB and BM samples. Relapsed cases with high CD86 expression were positive for *BTK*^{C481S} mutation. Our prospective study showed that the increases in the expression of CD27, CD69 and CD86 were detectable up to several months before the onset of clinical resistance.

Conclusion: Our research suggests that the flow cytometric measurements of certain markers, especially CD86, may predict development of ibrutinib resistance, however, confirmatory experiments are still required.

Background

Chronic lymphocytic leukemia (CLL) is the most common type of leukemia in the western world (Zent 2001, Baumann 2014). The irreversible Bruton's tyrosine kinase (BTK) inhibitor ibrutinib (IBR) shows remarkable efficiency in first-line as well in previously treated patients, therefore its role in CLL therapy is unquestionable (Burger 2015, Woyach 2018). Although ibrutinib is a highly effective drug, continuous treatment is required to maintain remission. In addition, appearance of drug resistance over time is a frequent and troublesome problem (Ahn 2017), making continuous treatment challenging. Point mutations of the *BTK* gene, such as the most frequent C481S missense mutation, prevent ibrutinib to bind to the kinase. Testing for the mutation is a well-known approach to predict resistance (Burger 2016, Kiss 2019, Gángó 2020), however, the phenotypic changes following this process are poorly explored. Although the microenvironment may have a significant impact on ibrutinib resistance by providing survival factors (Boissard 2015, Guo 2017, Shen 2018), only a handful of researchers investigated it. Tissino et al. proved that CD49d could be a promising predictive factor of ibrutinib treatment. According to their data patients had shorter progression free survival if the CLL cells in peripheral blood were CD49d positive (Tissino 2018). Since it is difficult to examine CLL cells in their microenvironment (e.g. in bone

marrow (BM) or in the lymph nodes (LN)) in clinical setting, it would be useful to find markers on which expression on CLL cells in peripheral blood could predict the progression of the disease in their microenvironment as well. Considering this lack of scientific experience, in this study we aimed to examine further markers on peripheral blood CLL cells that play important roles in the pathogenesis of CLL (CD69, CD184, CD27, CD185, CD86) by flow cytometry (Damle 2002, Sáez de Guinoa 2011, Lafarge 2015, Ganghammer 2016, Montraveta 2016, Takács 2019). Moreover, we examined whether the expression of these markers correlates with ibrutinib treatment or resistance.

Materials And Methods

Patients and samples

The investigated groups consisted of peripheral blood samples of treatment naive (Co) (n=10, female/male ratio 2/8; median age 73 years (57-85)), ibrutinib sensitive (IS) (n=7 female/male ratio 5/2; median age 71 years (62-85)) and clinically ibrutinib-resistant (IR) (n=11 female/male ratio 2/9; median age 70 years (56-87)) CLL patients. The diagnosis of CLL was based on the current WHO guideline WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues. 4th ed. World Health Organization Classification of Tumours, ed. F.T. Bosman, et al. 2017, Lyon: International Agency for Research on Cancer.. Diagnosis of the clinical resistance was based on the current iwCLL guideline (Hallek 2018). Patients in the ibrutinib sensitive group (IS) were treated with ibrutinib monotherapy for 1 year, and their samples were negative for *BTK*^{C481S} mutation as determined by digital droplet PCR. The IR group patients have received ibrutinib monotherapy for 4-57 (median 25) months. We compared 6 paired BM and peripheral blood (PB) non-ibrutinib treated samples to detect potential compartmental differences. In the prospective study we observed changes in the expression of surface markers in the samples of an ibrutinib resistant patient not from the IR group. In this case salvage therapy was started with a 420 mg daily dose of ibrutinib due to venetoclax resistance (day 0). We determined the expression of CD27, CD69 and CD86 on days 0, 30, 90, 120, 240, 330 and on the onset of the clinical resistance (day 420). Clinical parameters of this patient were published previously (Takács 2021). Patients were informed in writing and written consent was obtained from all participants. The study was approved by the Hungarian Medical Research Council (ID:45371-2/2016/EKU) and it was conducted in accordance with the Declaration of Helsinki.

Flow cytometry

Samples were measured using an 8-color Navios flow cytometer (Beckman Coulter (BC) FL, USA). Instrument settings were regularly controlled by Flow-Set Pro and Flow-Check Pro QC beads (BC). To obtain a satisfactory number of CLL cells, at least 50 000 total events were acquired in each sample. The antibodies used in our experiments are listed in the Suppl. Table 1. Flow data were analyzed using Kaluza 2.1.1 software (BC). Living cells, lymphocytes, monocytes and granulocytes were identified based on side scatter (SSC) and CD45 dot-plot. B-cell to lymphocytes and T-cell to lymphocytes ratios were calculated

based on CD19 and CD3 expressions. Finally, the proportion of CLL cells among CD19 positive lymphocytes was assessed based on CD5 expression. The CLL cell ratio among B-cells was above 98% in each sample, therefore CLL cells were considered as B-cells (Suppl. Fig.1).

The method used to measure median fluorescence intensity (MFI) is based on our previously published work (Takács 2021). According to our measurements the CD19 negative lymphocyte population was suitable as an internal negative control for CD69, CD184, CD185 and CD86. Concerning CD27, the granulocyte population was used as internal negative control. Relative MFI values were calculated as the difference between the MFI value of internal negative controls and B-cells (Suppl. Fig. 2). These differences between the MFI values are displayed on the graphs.

Detection of the BTK^{C481S} resistance mutation

BTK^{C481S} resistance mutation was previously determined from the samples by digital droplet PCR (ddPCR; Bio-Rad Laboratories, CA, USA) (Kiss 2019, Gángó 2020, Bodor 2021). In each sample, 100ng input DNA was used and all reactions were carried out according to the manufacturer's instructions. Droplets were generated by the QX200 Automated Droplet Generator followed by fluorescent signal detection using the QX200 Droplet Reader system. Results were evaluated and quantified using the Bio-Rad QuantaSoft software. The cut-off variant allele frequency (VAF) level was 0%. Samples were considered positive for BTK^{C481S} if the mutation was detected with a VAF higher than the 0% cut-off (Suppl. Fig. 3). BTK mutation status of all patients from the IR group was published previously by our research group (Bodor 2021).

Statistical analysis

We used SigmaPlot 12.5 (Systat Software Inc. CA, USA) for graphing and statistical analyses. Normality (Shapiro-Wilk) and equal variance tests were performed in each case, followed by t-tests or Mann-Whitney-tests based on their results. We performed linear regression to investigate correlations. Differences were considered statistically significant at $p < 0.05$.

Results

The impact of ibrutinib on CLL immunophenotype

In our study we compared the immunophenotypes of treatment naive (Co), ibrutinib sensitive (IS) and clinically ibrutinib-resistant (IR) groups of CLL patients. We found that only the expression of CD27, CD69 and CD86 showed significant changes among the tested markers (Fig. 1). The expression of CD27 was significantly lower in the IS group than in the Co group (IS vs. Co: 51.136 vs. 169.114 MFI values, $p = 0.003$). Furthermore, the expression of CD27 of CLL cells increased in IR cases compared to that of in the IS group (IS vs. IR: 51.136 vs. 156.341 MFI values, $p = 0.016$). In case of CD69 expression, significant

difference was found only between the IS and IR groups. We observed that the expression of CD69 significantly increased in the IR cases (IS vs. IR: 9.92 vs. 97.24 MFI values, $p=0.015$). The level of CD86 expression did not differ significantly between the IS and Co groups (IS vs. Co 27.23 vs. -9.84 MFI values, $p=0.278$). However, CD86 expression was significantly increased in IR samples compared to IS (IR vs. IS 97.78 vs. 27.23 MFI values, $p=0.015$).

Unfortunately, we had no opportunity to follow up on any of the patients from the IR group, we could, however, observe how the expression of CD27, CD69 and CD86 are changing in the case of another ibrutinib resistant patient. We measured a baseline expression of the CD27, CD69 and CD86 at the beginning of ibrutinib treatment. Ibrutinib monotherapy seemed to be effective and the expression of all the three markers reached the lowest point by day 120 of treatment. From this timepoint expression of these markers continuously increased and by day 330 of treatment exceeded their baseline level (MFI values on day 330 vs. day 0: CD27: 218.26 vs. 200.42, CD69: 53.65 vs. 38.19, CD86: 165.07 vs. 148.39). Signs of clinical resistance (elevated absolute lymphocyte counts, enlarged lymph nodes) appeared on day 420 of treatment (Fig. 2.).

To reveal which marker represents trustworthily the immunophenotype of bone marrow CLL cells we compared 6 paired BM and PB samples. Only the expression of CD86 showed correlation in PB and BM, ($p=0.041$, $R=0.83$) (Suppl. Fig. 4.)

Correlation between the BTK^{C481S} resistance mutation and the immunophenotype of CLL cells

To reveal a correlation between the BTK^{C481S} mutation status and the immunophenotype of CLL cells during ibrutinib resistance, we assessed the mutation status of BTK^{C481S} of ibrutinib resistant patients and the expression of the three selected markers (CD27, CD69, CD86). Among ibrutinib resistant samples 7 cases were positive for BTK^{C481S} mutation. Examining the expression of CD27 we found significant difference between BTK^{C481S} positive and negative cases (BTK^{C481S} positive vs. BTK^{C481S} negative 205.283 vs. 70.692 MFI values, $p=0.011$). In case of CD69 we did not find any correlation ($p=0.176$) between the expression of the marker and the BTK^{C481S} mutation status. Interestingly, the CD86 expression was significantly higher in samples with BTK^{C481S} mutation than in BTK^{C481S} negative samples (BTK^{C481S} positive vs. BTK^{C481S} negative 134.28 vs. 33.92 MFI values, $p<0.001$) (Fig. 3.).

Discussion

Microenvironment is believed not only to play an important role in the pathogenesis of CLL but also to have an impact on drug resistance (Herishanu 2011, Boissard 2015, Guo 2017). One of the most important off-target effects of ibrutinib is disrupting the tumor-supporting microenvironment, for example,

by influencing the PD-1/PD-L1 pathway or restoring the impaired function of T-cells (Niemann 2016, Long 2017, Kondo 2018). Although several microenvironmental immune functions related surface markers' expression have changed on CLL cells during ibrutinib therapy (Shen 2018, Rendeiro 2020), their expression are poorly investigated in the case of ibrutinib resistance. The change of expression of these markers may have an impact on the tumor immunity, leading to disease progression and drug resistance. Therefore, the research of the immune function related surface markers may help to reveal novel predictive markers in CLL. In our study, we compared the immunophenotypes of various groups of CLL patients (Co (n=10), IS (n=7) and IR (n=11)) by using 5 surface markers (CD69, CD184, CD86, CD185, CD27) that are thought to be of great importance in the pathogenesis of CLL.

With respect to CD27 several studies have been carried out but their results seem to be controversial. While Shen et al. showed that the expression of CD27 increased on CLL cells during ibrutinib treatment (Shen 2018), Rendeiro et al. detected the decrease of its expression upon the same treatment (Rendeiro 2020). Our results confirmed Rendeiro's results. Namely, we found that the expression of CD27 on CLL cells significantly decreased during ibrutinib treatment compared to untreated samples. According to Riether et al. increased expression of CD27 on tumor cells may have an impact on the tumor supporting microenvironment. Therefore blocking CD27 may be a promising therapeutical target (Riether 2012). Based on literature there is a connection between the expression level of CD27 and the activation level of B-cell receptor signaling (BCR) pathway in CLL. Gobessi et al. proved that the BCR signaling pathway shows increased activity in Zeta Chain of T Cell Receptor Associated Protein Kinase 70 (ZAP70) positive CLL cells (Gobessi 2007). In addition Lafage et al. observed that the CD27 expression increased in ZAP70⁺ CLL cells (Lafarge 2015). Based on these two observations, increased expression of CD27 in CLL cells was accompanied by increased BCR activity hence it may be possible that the elevated CD27 expression is a sign of the increased activity of the BTK signaling pathway. In that case CD27 could be a novel biomarker for ibrutinib resistance. Therefore, we also compared the expression of CD27 on CLL cells between ibrutinib resistant and ibrutinib sensitive patient samples, and we found that its expression increased significantly in the case of ibrutinib resistance. It might look promising, but we do not have sufficient results to support this hypothesis, therefore further research is required.

CD69 may become a prognostic factor in CLL according to Del Poeta et al., who showed that the increased expression of CD69 could be a marker of worse prognosis in CLL (Del Poeta 2012). It may explain the fact that CD69 is expressed on CLL cells as an activation marker and it plays a role in cell-cell interaction (Damle 2002, Montraveta 2016). Herman, et al. showed that the expression of CD69 decreases during ibrutinib treatment (Herman 2014). We found that the expression of CD69 was increased in ibrutinib resistance, therefore the expression of CD69 may be a useful resistance marker. Furthermore, we found that the expression of CD69 differs between BM and PB. Palma et al. observed a similar feature in correlation with PB and lymph node (LN) samples (Palma 2018).

According to our results, CD86 seems to be the most promising candidate for a flow cytometric ibrutinib resistance marker among the tested molecules. Expression of CD86 on CLL cells is significantly lower than on non-tumor B-cells (Dai 2009), and its expression increased on activated B-cells (Axelsson 2020)

suggesting that CD86 could be a marker for the activation of CLL cells (Burger 2009, Lim 2012). The expression of CD86 may have a prognostic impact on CLL, because the increased expression of CD86 is associated with worse prognosis (Huemer 2014, Takács 2019). According to Herman et al. the expression of CD86 is decreased during ibrutinib treatment (Herman 2014). This result suggests that ibrutinib „repairs” the impaired immune functions in CLL (Long 2017), and this could be detected as a decrease in the expression level of activation markers. We explored the increased CD86 expression on CLL cells in ibrutinib resistant samples, suggesting that changes in the expression of CD86 are potential biomarkers for the monitoring the effectiveness of ibrutinib therapy and ibrutinib resistance. We also examined whether BTK mutation could be detected from ibrutinib resistant samples, and we found the expression of CD86 was significantly higher in BTK^{C481S} mutant samples than in negative cases. Huemer et al. showed that the CD86 positive CLL cells have higher incidence of DNA damage (Huemer 2014). This could lead to increased mutational burden, which may explain why BTK^{C481S} mutation is more frequent among CD86 positive CLL cells. According to literature, ibrutinib decreased the activation of CLL cells, which could be seen as a decrease in the expression of CD86 (Herman 2014). We showed that the expression of CD86 increased in ibrutinib resistant samples, suggesting that these CLL cells are re-activated by escaping the inhibitory effect of ibrutinib. Our prospective study revealed that the expression of CD27, CD69 and CD86 showed similar kinetics during ibrutinib treatment. Furthermore, these markers' expression level exceeded their baseline three months prior to the onset of clinical resistance. Based on our results, sensitive detection of BTK^{C481S} may be a useful addition in case of increased CD86 expression. The measurement of CD86 expression by flow cytometry is a fast and simple method to detect ibrutinib resistance. Finally, expression levels of CD86 correlated between BM and PB samples, which raises the possibility of the expression of CD86 being independent from the CLL cells' anatomical localisation, but the clinical use of this observation is currently unclear.

Conclusion

Our results suggest that flow cytometric measurements of CD27, CD69 and CD86 may predict the emergence of ibrutinib resistance. Out of these markers, CD86 seems to be the most promising molecule as its expression on CLL cells did not differ between peripheral blood and bone marrow samples and a strong correlation was observable between its expression and the BTK^{C481S} resistance mutation. CD86 may become a potentially new predictive marker of acquired ibrutinib resistance in the near future, although confirmatory experiments are still required.

Declarations

Ethics approval and consent to participate:

Patients were informed in writing and written consent was obtained from all participants. The study was approved by the Hungarian Medical Research Council (ID:45371-2/2016/EKU) and it was conducted in accordance with the Declaration of Helsinki.

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Conflict of interest

The author's declare no conflict of interest.

Availability of data and materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Author's contributions:

CsB and DA designed the study; GM, SF, PF, AB, TM, JD, JW, HA, BK, ZK, RSz, LG, TGP, AS, BK, ME, MP, LR, LSz, PI, PT, PP, DL TS and ZM provided patient samples and annotations; LK, FT, GB, RK and LLH performed experiments; CsB, LK, TL, FT, GB, RK, AS, PCs, AM and DA performed data analysis; CsB, LK and DA wrote the paper. All authors have read and critically reviewed the final version of the manuscript.

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PP, DL TS and ZM provided patient samples and annotations;

LK, FT, GB, RK and LLH performed experiments; CsB, LK,

TL, FT, GB, RK, AS, PCs, AM and DA performed data analysis;

CsB, LK and DA wrote the paper. All authors have read and

critically reviewed the final version of the manuscript.

GB designed the study; GM, AM, PF, MP, JW, JD, LSz, BMD, Esz, AS and ZB provided patient samples and annotations; FT, LK, ÁC, FT, TL and ÁM performed experiments; FT, LK, ÁC, FT, TL, ÁM and SzG performed data analysis; FT, SzG and BG wrote the paper. All authors have read and critically reviewed the final version of the manuscript.

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Figures

Figure 1

The impact of ibrutinib on CLL cell's immunophenotype

We found that among the investigated markers only CD27, CD69, and CD86 expressions showed significant changes in the treatment naive (Co, n=10), ibrutinib sensitive (IS, n=7) and ibrutinib resistant (IR, n=11) groups. The expression of CD27 was significantly lower in the IS group than in the Co group. Furthermore, there was also a significant difference between the IS and IR groups. We observed that the expression of CD69 was significantly elevated in the IR group as compared to IS group. In the case of CD86 expression,, we observed no significant difference between the Co and IS groups, however its expression was significantly elevated in the IR group compared to the IS. *P<0.05; **P<0.01

Figure 2

The kinetics of investigated markers during ibrutinib treatment

The graph highlights the kinetics of investigated markers during ibrutinib treatment in a resistant case. Ibrutinib salvage therapy was started with a 420 mg daily dose due to venetoclax resistance (day 0). We assessed the expression levels of CD27, CD69 and CD86 on day 0, 30, 90, 120, 240, 330 and on the onset

of the clinical resistance on day 420. We concluded that all markers showed similar kinetics during ibrutinib treatment. Furthermore, the increased expression of CD27, CD69, and CD86 were detectable months prior to the the onset of clinical resistance (Clin. res.).

Figure 3

Correlation between *BTK*^{C481S} resistance mutation and the immunophenotype of CLL cells in clinically ibrutinib resistant cases

The graph shows the connection between the *BTK*^{C481S} mutation status and phenotypic markers in case of clinically resistant patients. Patients were divided into two groups based on CD86 expression. In the case of *BTK*^{C481S} mutation CD86 expression was significantly higher than in *BTK*^{C481S} negative samples. In case of CD69, we did not find any correlation. In terms of CD27 we found a significant difference

between *BTK*^{C481S} positive and negative groups, although our data showed big dispersion. *P<0.05;
***P<0.001

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