

# Patient Characteristics and Determinants of CD4 at Diagnosis of HIV in Mexico from 2008 to 2017: A 10-Year Population-Based Study

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## Research

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1    **Title Page**

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## **Patient characteristics and determinants of CD4 at diagnosis of HIV in Mexico from 2008 to 2017: a 10-year population-based study**

### **3 ABSTRACT (280 words- 350 allowed)**

4 **Background:** Worldwide, around 37.9 million people are living with HIV, of which 220,000  
5 live in Mexico. In 2007-2012 the Mexican government launched the National HIV program  
6 and there was a major change in HIV policies implemented in 2013-2018, when efforts  
7 focused on prevention, increase in early diagnosis and timely treatment. Thus, the objectives  
8 of this study were to identify the determinants of late HIV diagnosis (i.e. CD4 count less than  
9 200 cells/mm<sup>3</sup>) in Mexico from 2008 to 2017 and to evaluate the impact of the 2013-2017  
10 National HIV program.

11   **Methods:** Using patient level data from the SALVAR database, which includes 64% of the  
12   population receiving HIV care in Mexico, an adjusted logistic model was conducted. Main  
13   study outcomes were HIV late diagnosis which was defined as CD4 count less than 200  
14   cells/mm<sup>3</sup> at diagnosis.

15 **Results:** the study included 106,830 individuals newly diagnosed with HIV and treated in  
16 Mexican public health facilities between 2008 and 2017 (mean age: 33 years old, 80% male).  
17 HIV late diagnosis decreased from 45% to 43% ( $P <0.001$ ) between 2008-2012 and 2013-  
18 2017 (i.e. before and after the implementation of the 2013-2017 policy). Multivariable  
19 logistic regressions indicated that being diagnosed between 2013-2017 (odds ratio [OR]=  
20 0.96 [95% Confidence interval [CI]: [0.93, 0.98]] or in health facilities specialized in HIV  
21 (OR=0.64 [95% CI: 0.60, 0.69]) was associated with early diagnosis. Being male, older than  
22 29 years old, diagnosed in Central East, the South region of Mexico or in high-marginalized  
23 locality increased the odds of a late diagnosis.

1   **Conclusions:** The results of this study indicate that the 2013-2017 National HIV program in  
2   Mexico has been marginally successful in decreasing the proportion of individuals with late  
3   HIV diagnosis in Mexico.

4       **Keywords:** HIV, Late diagnosis, Mexican *SALVAR*.

5

6       [Word count 3,022 including heading and subheadings. excluding references, tables,  
7   and figures]

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1

2     **BACKGROUND**

3     Worldwide, more than 37.9 million people are living with HIV (PLWH) of which around  
4     220,000 live in Mexico (1,2). In Mexico and elsewhere, the number of individuals diagnosed  
5     with HIV has increased during the last decade due to more transmission as well as disease  
6     awareness and the implementation of programs aimed to identify people at the early stage of  
7     the disease (3). In 2019, approximately 17,000 Mexicans were diagnosed with HIV, most of  
8     them were male (85%), between the ages of 25-39 years (70%) and contracted HIV due to  
9     sexual contact (71%) (4). Recognizing the problem as a public health matter, the Mexican  
10    government established twenty years ago different programs to improve HIV national  
11    indicators and the overall health of PLWH. In the beginning, efforts were focused on  
12    prevention for high risk populations (5), and the implementation of rapid testing aimed at  
13    pregnant women (2). An important improvement in HIV policies happened in 2003 when the  
14    Mexican government expanded the coverage of HIV treatment and care in public health  
15    facilities to people who were unemployed and individuals from the informal sector (6,7). In  
16    2007, the National HIV program targeting prevention of HIV transmission in key high-risk  
17    populations -e.g. men who have sex with men , sexual workers- was launched and was in  
18    effect for 5 years (2,5). A major change in HIV policies in Mexico was observed in 2013  
19    when the 2013-2018 National HIV program was implemented with the mandate to expand  
20    efforts beyond the prevention of HIV transmission among high-risk populations to include  
21    populations at a lower risk (e.g. young people and women) and to increase early diagnosis  
22    and timely treatment (8). One of the key objectives of the 2013-2018 National HIV program  
23    was to decrease the percentage of individuals diagnosed with a late HIV diagnosis to 30% in  
24    2017. To support these efforts, the HIV budget also doubled and additional resources were

1 allocated to improve HIV care across Mexico (9,10). For example, the number of HIV  
2 facilities outside of Mexico City increased from 49 in 2007 to 137 in 2017 (3,11).

3 Timely diagnosis and initiation of antiretroviral therapy are crucial to ensure optimal  
4 health outcomes among PLWH (12). However very few studies have been conducted to  
5 evaluate the impact of Mexican HIV policies on outcomes. For example, one study reported  
6 that in 2012 (5 years after the implementation of 2007-2012 HIV national program), more  
7 than half of patients died within six months after diagnosis, and the main factor associated  
8 with death was a late diagnosis (13). More recent government reports have documented that  
9 the percentage of individuals diagnosed with less than 200 CD4 cells/mm<sup>3</sup> decreased from  
10 50% to 40% between 2015 and 2018 (14,15), suggesting a positive impact of the HIV policy  
11 in Mexico. However, only one study has examined the predictors of late diagnosis in Mexico  
12 using data from 2007 to 2014. While results indicate that men and older adults (more than 50  
13 years old) were at a higher likelihood of late diagnosis (12) compared to the general  
14 population, this situation may have changed following the modifications in HIV policies that  
15 happened in Mexico after 2013. To better identify people at high-risk for a late diagnosis,  
16 and to inform further policies and strategies in Mexico to reach these people early, the main  
17 objectives of this study were to identify the determinants of late HIV diagnosis in Mexico  
18 between 2008 and 2017 and to evaluate the impact of the 2013-2017 National HIV Program.

19 METHODS

20 Study design

21 The design was a retrospective population-based cohort study using Mexican administrative  
22 health data from the antiretroviral therapy administration, logistics, and surveillance system  
23 (*Sistema de Administración, Logística y Vigilancia de Antirretrovirales - SALVAR* for its  
24 acronym in Spanish).

1 Data source

2 The *SALVAR* database is an electronic system created in 2006 by the National Center for the  
3 Prevention and Care of HIV/AIDS to manage the clinical information of PLWH enrolled in  
4 the HIV/AIDS program led by the Mexican Ministry of Health (approximately 64% of all  
5 PLWHs in Mexico). While *SALVAR* was developed in 2006, it was not until 2008 that it was  
6 operational across Mexico. Currently, the system contains information on more than 172,000  
7 Mexicans living with HIV (15).

8 Study population

9 The study population includes adults (18 years or older) diagnosed with HIV between  
10 January 1<sup>st</sup>, 2008, and December 31<sup>st</sup> of 2017 in health facilities affiliated to the Ministry of  
11 Health. Pregnant women, children, people who are incarcerated, and people receiving  
12 antiretroviral prophylaxis were excluded from the analyses. Individuals with incomplete  
13 information on gender, age, date of diagnosis, and results of the first measurement of Viral  
14 Load (VL) and CD4 were also excluded.

15 Study outcomes

16 The primary outcome of the study was HIV late diagnosis which was defined as CD4 count  
17 less than 200 cells/mm<sup>3</sup> at the first measure reported in *SALVAR*. Secondary outcomes  
18 included CD4 cell count at time of diagnosis, CD4 cell count stratified based on WHO  
19 recommendations: less than (<) 200, 200-349, 350-499 and, equal or more than ( $\geq$ ) 500  
20 cells/mm<sup>3</sup> (16), and VL at time of diagnosis stratified as VL  $\leq$ 100,000 units by milliliters of  
21 blood (u/ml) and more than 100,000 u/ml (17) for descriptive proposes. For CD4, a lower  
22 limit of zero and an upper limit of 2,000 cells/mm<sup>3</sup> was established based on clinical literature  
23 (12,18,19).

24

1 Independent variables

2 Age was described as a continuous variable reporting the mean and median, also age was  
3 categorized in groups (18-29, 30-39, 40-49, 50-59, and  $\geq 60$  years old). Gender was stratified  
4 as male, female, and transgender. Characteristics related to health facilities were also  
5 included. For the purpose of the study, Mexico was divided into five regions (13,20) (Central  
6 West, Central East, Northwest, Northeast, and South) and Mexico City was also counted as  
7 an additional region due its large population (25% of Mexicans live in Mexico City) and  
8 distinct structural characteristics. In addition, marginalization indices (12,21) grouped into  
9 three categories (high/ very high, medium and very low/low) were used to capture social and  
10 economic differences by locality of the health facilities where care is provided. Health  
11 facilities in which diagnosis and care are provided were described in terms of 1) Hospitals  
12 and National Institutes that provides primary and specialty care in a tertiary level hospital; 2)  
13 Ambulatory Centers for Prevention and Attention for HIV/AIDS and Sexually Transmitted  
14 Infections (*CAPASITS* in Spanish) facilities which are specialized, stand-alone centers that  
15 provide ambulatory care for HIV and STI; and 3) Condesa, a specialized clinic for HIV  
16 located in Mexico city and which provides HIV ambulatory care for more than 15,000 PLWH  
17 in Mexico City.

18 Statistical analysis

19 Key characteristics of the study population were divided and compared in two periods  
20 according to policies changes, between 2008-2012 and 2013-2017. Student t-test and Welch  
21 test were presented for normally and non-normally distributed continuous variables while  
22 Chi-square tests were used for categorical variables. Due to expected skewness of some  
23 variables, mean values along with standard deviations (SDs) as well as median values and  
24 interquartile ranges (IQR) were used to summarize continuous variables (e.g. age, CD4

1 levels). Discrete variables were presented using percentages. Patients' and healthcare  
2 facilities' characteristics as well as outcomes (i.e. CD4 and VL) were presented for the  
3 periods of analysis to illustrate trends over time.

4 Logistic regressions were conducted to identify the determinants of late HIV diagnosis  
5 (i.e. CD4 < 200 cells/mm<sup>3</sup>). All models were adjusted by the covariates mentioned above.  
6 In addition, a dummy variable corresponding to the period when diagnosed (2008-2012; and  
7 2013-2017) was used to estimate the impact of the 2013-2018 HIV policies implemented in  
8 Mexico. To have a better understanding of the determinants of late HIV diagnosis before and  
9 after the implementation of the National HIV program in 2013, separate models were  
10 estimated for the period 2008-2012 and 2013-2017. Logistic models were reported using  
11 Odds Ratios (OR) and associated confidence interval. Models' goodness of fit was evaluated  
12 with Receiver Operating Characteristic (ROC) curves and C-statistic (22), where a C-statistic  
13 value of 0.70 or greater indicates good discrimination.

## 14 RESULTS

### 15 Study population characteristics

16 From the initial 128,796 individuals included in the *SALVAR* database for the period 2008-  
17 2017, 5,688 were children or pregnant women, 13,510 did not have information on diagnosis,  
18 CD4 counts or VL results' date, 1,842 patients did not have information about CD4 and VL,  
19 23 people were on prophylaxis, and 494 were people deprived of their liberty. After  
20 excluding these groups (Figure 1), the study population consisted of 106,830 individuals.

21 Figure 1. Sample Flow for Analysis

22

23 [INSERT FIGURE 1]

24

25 SALVAR: *Sistema de Administración, Logística y Vigilancia de Antirretrovirales* - SALVAR for its acronym in Spanish

1 Table 1 summarizes the patients' characteristics at diagnosis over the period 2008-2017 and  
 2 for each of the two periods of the analysis (2008-2012 and 2013-2017). The median age of  
 3 the population was 31 years old (IQR=25, 39) and 80% were males. Almost two thirds of the  
 4 study population were diagnosed in *CAPASITS* facilities, one third in the Central East region  
 5 and 94% in regions with low marginality index (less deprived areas). Most of the health  
 6 facilities were in regions of low marginalization index. Several changes were observed over  
 7 the two periods of analysis (i.e. 2008-2012 and 2013-2017). For example, the median age  
 8 decreased from 32 (IQR: 26, 40) to 31 (IQR: 25, 39) years old between 2008-2012 and 2013-  
 9 2017 ( $P<0.001$ ) while the proportion of individuals aged 18 to 29 years of age at diagnosis  
 10 increased from 40% in the period 2008-2012 to 45% in 2013-2017 ( $P<0.001$ ). During the  
 11 same period, the proportion of male individuals at diagnosis increased from 77% to 81%  
 12 ( $P<0.001$ ). More individuals were diagnosed in the South of Mexico over time ( $P<0.001$ )  
 13 and less in the Northwest region ( $P<0.001$ ). Table 1 provides the details.  
 14

15 Table 1. Summary Statistics and Patients' Characteristics at Diagnosis, 2008-2017

	Total	2008-2012	2013-2017	P-value
Sample	106830	47613 (44.57%)	59214 (55.43%)	
Age				
Mean (SD)	33.13 (10.43)	33.55 (10.34)	32.80 (10.48)	<0.001
Median (IQR)	31 (25, 39)	32 (26, 40)	31 (25, 39)	
%				
18-29 yo	43.06	40.04	45.72	
30-39 yo	31.83	34.38	30.39	
40-49 yo	16.85	17.88	15.94	<0.001
50-59 yo	6.04	5.92	6.14	
≥60 yo	1.8	1.79	1.81	
Gender (%)				
Male	79.57	77.84	81.5	
Female	19.66	21.74	18.09	<0.001
Transgender	0.41	0.40	0.41	
Health facility (%)				
Hospital/ National Institute	20.59	21.12	19.38	<0.001

CAPASITS	66.46	66.32	66.31	
Specialized clinics	13.1	12.57	14.31	
<b>Region (%)</b>				
Mexico City	16.85	16.68	17.27	
Central East	30.89	31.60	31.14	
Central West	13.10	13.61	13.18	
Northeast	13.10	13.89	11.84	<0.001
Northwest	8.49	8.61	8.39	
South	16.85	15.61	18.17	
<b>Marginality Index (%)</b>				
High	2.05	1.85	2.21	
Medium	1.20	1.13	1.26	<0.001
Low	93.61	97.02	96.53	

SD: Standard Deviation. Yo: years old. IQR: Interquartile. CAPASITS: Ambulatory Centers for Prevention and Attention for HIV/AIDS and Sexually Transmitted Infections in Spanish.  
Source: Authors' creation with information of SALVAR

1

## 2 CD4 cells and Viral Load levels over time

3 Table 2 presents the data on CD4 and VL (log10) for the whole population over 2008 and  
 4 2017 and for each of the two periods of analysis (2008-2012 and 2013-2017). Overall, the  
 5 number of individuals with a late diagnosis (CD4<200 cells/mm<sup>3</sup> decreased significantly  
 6 from 45% in 2008-2012 to 43% in 2013-2017 ( $P<0.001$ )). In parallel, the percentage of  
 7 individuals diagnosed with a VL>100,000 u/ml increased from 35% to 38% in the same  
 8 period ( $P<0.001$ ).

9

## 10 Table 2. Summary Statistics for CD4 and Viral Load at Diagnosis

	Total	2008-2012	2013-2017	P-value
Sample	106830	47616	59214	
<b>CD4 cells</b>				
Mean (SD)	288 (253)	286 (256)	291 (251)	<0.001
Median (IQR)	233 (88, 417)	226 (88, 410)	238 (89, 422)	<0.001
%				
<200	44.93	45.58	43.8	
200-349	22.47	22.44	22.36	
350-499	15.91	14.84	16.01	
>=500	17.79	17.14	17.83	
<b>Viral Load (log10)</b>				

Mean (SD)	4.28 (1.39)	4.15 (1.42)	4.38 (1.36)	<0.001
Median (IQR)	4.67 (3.56, 5.27)	4.59 (3.13, 5.19)	4.73 (3.80, 5.32)	
%				
≤100,000 u/ml	62.72	64.76	61.35	
>100,000 u/ml	37.44	35.24	38.65	<0.001

SD: Standard Deviation. IQR: Interquartile. Source: Authors' creation with information of SALVAR

1

2 Figure 2 presents over time the proportion of individuals diagnosed with CD4 <200  
 3 cells/mm<sup>3</sup> according to the type of facilities where they were diagnosed. Considering both  
 4 periods, less individuals were diagnosed with a late diagnosis in Condesa compared to the  
 5 population diagnosed in CAPASITS or other hospitals/institutes ( $P<0.001$ ).

6

7 Figure 2. Percentage of individuals with a late diagnosis (CD4 < 200cells/mm<sup>3</sup>) by health facility  
 8 and year

9

10 [INSERT FIGURE 2]

11

12 Source: Authors' creation with information of SALVAR

13

14 Determinants of late diagnosis

15 The results of the multivariable logistic regression for CD4 at diagnosis are shown in Table  
 16 3. For CD4, being diagnosed during the period 2013-2017 compared to the previous period  
 17 was associated with lower odds of late diagnosis (0.96 [95% CI: 0.93, 0.98]). Other factors  
 18 associated with lower odds of late diagnosis were being diagnosed at CAPASITS facilities  
 19 (0.89 [95% CI: 0.86, 0.93]) or specialized clinics (0.64 [95% CI: 0.60, 0.69]), compared to  
 20 Hospitals. The variables that significantly increased the odds of a late diagnosis were being  
 21 male compared to female (1.26 [95% CI: 1.24, 1.32]), being older than 29 years old (1.84  
 22 [95% CI: 1.79, 1.90], 2.24 [95% CI: 1.79, 1.90], 2.42 [95% CI: 2.30, 2.56], 2.34 [95% CI:  
 23 2.13, 1.31] respectively for each age group), being diagnosed in a Central East (1.16 [95%

1 CI: 1.08, 1.26]) or South region (1.21 [95% CI: 1.12, 1.31]) compared to Mexico City, and  
 2 in a high marginalized locality (1.23 [95% CI: 1.12, 1.35]). However, as shown by the  
 3 stratified analyses by time period (Table 3), being diagnosed outside Mexico City became a  
 4 factor associated with lower odds during the period 2013-2017, while it increased the odds  
 5 of a late diagnosis when diagnosed before 2013. The odds associated with a diagnosis at a  
 6 later age were also greater for the period 2013-2017. Table 3 provides the details including  
 7 the coefficients difference test across periods (Hausman test). As shown in these tables the C  
 8 statistics in all models were below 0.70.  
 9

10 Table 3. Multivariate Logistic Regression for CD4 at Diagnosis, 2008-2017  
 11

Variable	OR CD4 (1: <200 cells/mm <sup>3</sup> ) All periods	OR CD4 (1: <200 cells/mm <sup>3</sup> ) 2008-2012	OR CD4 (1: <200 cells/mm <sup>3</sup> ) 2013-2017
<b>Period of diagnosis (reference 2008-2012)</b>			
2013-2017	0.96** (0.93, 0.98)		
<b>Gender (reference female)</b>			
Male	1.28** (1.24, 1.32)	1.33** (1.27, 1.40)	1.26** (1.20, 1.32)
Transgender	0.94 (0.77, 1.15)	1.09 (0.81, 1.47)	0.84 (0.64, 1.10)
<b>Age group (reference 18-29)</b>			
30-39	1.84** (1.79, 1.90)	1.65** (1.59, 1.73)	2.00** (1.92, 2.08)
40-49	2.24** (1.79, 1.90)	1.87** (1.78, 1.97)	2.59** (2.47, 2.72)
50-59	2.42** (2.30, 2.56)	1.97** (1.82, 2.1)	2.83** (2.63, 3.04)
>60	2.34** (2.13, 2.57)	1.79** (1.56, 2.05)	2.87** (2.53, 3.25)
<b>Region (Mexico City)</b>			
Central East	1.16* (1.08, 1.26)	1.50** (1.34, 1.67)	0.90 (0.80, 1.01)
Central West	0.89* (0.82, 0.96)	1.16* (1.04, 1.29)	0.68** (0.61, 0.76)
Northwest	0.97 (0.89, 1.05)	1.28** (1.14, 1.43)	0.74** (0.66, 0.86)
Northeast	1.05 (0.97, 1.15)	1.47** (1.30, 1.66)	0.77** (0.68, 0.86)
South	1.21**	1.55**	0.94

	(1.12, 1.31)	(1.39, 1.74)	(0.84, 1.05)
<b>Type of health facility (reference hospital/National Institute)</b>			
CAPASITS	0.89* (0.86, 0.93)	0.84** (0.80, 0.89)	0.93* (0.89, 0.99)
Specialized clinics	0.64** (0.60, 0.69)	0.70** (0.63, 0.78)	0.56** (0.50, 0.62)
<b>Index of marginalization (reference low)</b>			
Medium	1.05 (0.93, 1.18)	0.90 (0.75, 1.08)	1.17** (1.00, 1.37)
High	1.23** (1.12, 1.35)	0.99 (0.86, 1.15)	1.43** (1.27, 1.62)
Observations	106, 830	47,616	59,214
C-Statistics	0.6158	0.6009	0.6165

\*\* p<0.01, \* p<0.05, +p<0.10. (95% Confidence Interval). OR: Odds Ratio. CAPASITS: Ambulatory Centers for Prevention and Attention for HIV/AIDS and Sexually Transmitted Infections in Spanish

1

## 2 DISCUSSION

3 By analyzing 10 years of data this study has provided new information to better understand  
 4 the characteristics of the individuals diagnosed with HIV in Mexico between 2008 and 2017  
 5 and the impact of HIV policies implemented since 2007. Compared to the 2008-2012 period,  
 6 more individuals were diagnosed at a younger age, less women were identified HIV positive,  
 7 and more individuals were diagnosed in the South of Mexico in the period 2013-2017. Our  
 8 univariate and multivariable analyses indicate that the actions implemented during the period  
 9 2013-17 to reduce late diagnosis of HIV (12) in Mexico were marginally successful as the  
 10 odds of a late diagnosis decreased by 4% during that time period compared to 2008-2012.  
 11 However, still 42% of Mexicans are being diagnosed with CD4 <200 cells/mm<sup>3</sup> compared to  
 12 a governmental objective of 30% late diagnosis in 2017 (8). Our stratified analyses also  
 13 showed a strong regional effect during the period 2013-2017, with living outside of Mexico  
 14 City decreased the odds of a late diagnosis. These results could be explained by an increase  
 15 in HIV health facilities (i.e. CAPASITS) outside Mexico City (from 49 in 2007 to 137 in  
 16 2017) (3,11) and the change from a decentralized to an integrated approach to HIV treatment

1 and care in all HIV facilities in Mexico (8) as a result of the implementation of the 2013-17  
2 National plan.

3 It is difficult to compare our results to other studies conducted in Mexico due to different  
4 study designs or period of analysis. However our results are similar to the findings of  
5 Carrizosa et al. (23) who reported a late diagnosis rate of 43.2% in 2010. Findings are also  
6 aligned with the results presented by Hernandez Romieu et al.(12) who reported using data  
7 from 2007 to 2014 that being male and being older increased the odds of a late diagnosis.  
8 Compared to this study, we also showed that being diagnosed in *CAPASITS* or Condesa  
9 reduced the risk of a late diagnosis compared to being diagnosed in non-specialized HIV  
10 hospitals. Another study among women using 2012-13 data from 4 clinics in Mexico also  
11 found that being older increased the risk of late diagnosis (24). On the other hand, while we  
12 found that being male increased the risk of a late diagnosis, a study conducted in 2011-12 in  
13 Mexico city, reported that women were more likely to be diagnosed later given that they have  
14 no suspicious of risk of infection due to their cultural and social disadvantage (11,24). These  
15 results could indicate that the prevention programs and early diagnosis policies no longer  
16 exclusively target high-risk populations (men who have sex with men and transgender  
17 population) and are consistent with the objectives established in the National Program in  
18 2013 (8). Similarly, belong to the younger group represents a protective factor for a late  
19 diagnosis, which could be explained for a higher perception of risk and, therefore routinely  
20 testing, or because the treatment is free, even unemployed and unsecured young people could  
21 access care (12,21). Compared to the studies previously conducted in Mexico around HIV,  
22 our study provides new information as we also evaluated the impact of the 2013 National  
23 Specific Action program. We also showed that determinants of late diagnosis changed before

1 and after the implementation of the 2013-2017 HIV policies and found important differences  
2 at the regional level.

3 When interpreting the results a few limitations should be noted. First it was assumed that  
4 the 1<sup>st</sup> measure observed in *SALVAR* database for CD4 and VL was the measure associated  
5 with the diagnosis of HIV, which may not be always accurate. While we conducted  
6 regression analyses to identify the determinants of late diagnosis and VL levels, we were  
7 constrained by the list of variables available in the database and there may be unmeasured  
8 confounders such as the increase in number of health facilities and distribution across  
9 Mexican regions or the type of population reaching health care. This could explain why our  
10 logistic regression models had moderate discrimination. Additionally, *SALVAR* does not  
11 account for the whole PLWH in Mexico, only for those registered in the Ministry of Health.  
12 Additionally, given the design of the models, we cannot claim that policy was completely  
13 responsible of changes in levels of late diagnosis, these could be also part of an increasing  
14 awareness, and a reduction on discrimination and stigma. However, we adjust the model by  
15 possible trend with a period variable and the study represents a first approach to associate  
16 measurable factors with late diagnosis and provide evidence for further research. Despite  
17 these limitations, our study has several strengths including the use a population-based cohort  
18 representing approximately 64% of the population receiving HIV care in Mexico. This is also  
19 the first study using and analyzing data later than 2014.

20 As it was mentioned before, some hypotheses can be formulated with all the information  
21 presented. We have identified key indicators, trends, and predictors of CD4 and VL levels at  
22 diagnosis to inform about the HIV/AIDS epidemic in Mexico. Although we observed a  
23 decrease in the number of individuals with a late diagnosis after the implementation of the  
24 2013 National Specific program, this proportion is still high regarding the objective set in the

1 2013-2018 national plan (30%), and efforts should continue to improve HIV outcomes at  
2 diagnosis and reduce HIV transmission. Future research is also required to continue to  
3 evaluate the effectiveness of prevention programs such as increasing the HIV diagnosis rates  
4 and reaching to broader populations for early detection, Furthermore, the information from  
5 *SALVAR* database could be analyzed to identify time from diagnosis to treatment, and what  
6 can be improved to ensure access to antiretroviral therapy through the universal access  
7 program in Mexico. Finally, additional research should be made to measure the specific  
8 differences in economic resources and possible improvements to lead changes in national  
9 programs to reduce inequalities across health facilities and Mexican regions.

10 CONCLUSIONS

11 The results of this study indicate that the proportion of individuals with a late HIV  
12 diagnosis decreased marginally following the National HIV program implemented in 2013  
13 in Mexico. However, the proportion of late HIV diagnosis remains much above the proposed  
14 levels in the National Specific Action Plan 2013-2018. Analyzing those factors that identify  
15 high-risk populations for a late diagnosis could expedite the achievement of policy objectives  
16 and improve national indicators of HIV in Mexico. Therefore, more efforts should be  
17 allocated to improve early detection and treatment of HIV.

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3     **List of abbreviations**

4     **PLWH** -- People living with HIV

5     **SALVAR** -- Antiretroviral therapy administration, logistics, and surveillance system in  
6     Spanish.

7     **VL** -- Viral Load

8     **CAPASITS** -- Ambulatory Centers for Prevention and Attention for HIV/AIDS and Sexually  
9     Transmitted Infections in Spanish

10    **SDs** -- Standard deviations

11    **IQR** -- Interquartile

12    **OR** -- Odds ratios

13

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1    **Declarations**

2    Ethics approval and consent to participate

3    We used secondary data. Analyzed data is from an anonymized database. Authors have not  
4    contact with participants or their sensitive information such as name or address or any other  
5    data that could identified them. Authors received consent for the use of the SALVAR data  
6    set

7    Consent for publication

8    We used secondary data. Authors have not contact with participants or their specific  
9    information such as name or address. Authors received consent for the publication of results  
10   derived from the SALVAR data set.

11   Availability of data and materials

12   The data that supports the findings of this study are available from SALVAR and  
13   CENSIDA Mexico, but restrictions apply to the availability of these data, which were used  
14   under license for the current study, and so are not publicly available. Data are however  
15   available from the authors upon reasonable request and with permission of SALVAR and  
16   CENSIDA Mexico.

17   Competing interests

18   This study is part of AA PhD thesis. AA declares that he works full-time for Gilead Sciences  
19   Mexico S. de R.L. de C.V. AA declares that he did not receive any financial support from  
20   the firm to perform the analysis. The information contained in all data set was not used for  
21   the firm's benefit, promotion or strategies. The analysis we are presenting do not intend to  
22   promote or recommend any of the products mentioned in the paper.

23   The other authors have no conflicts of interest to declare.

24   Funding

25   Authors have no source of funding to declare.

26   Authors' contributions

27   All authors have contributed to the conception and design of the analysis; data; drafting and  
28   reviewing of the manuscript; and approval of the final version.

- 29     • AA: Conception and design of the analysis, data analysis, drafting and reviewing of  
30       the manuscript  
31     • JET: Conception and design of the analysis, data analysis review, drafting and  
32       reviewing of the manuscript, and approval of the final version.

- 1       • SB: Conception and design of the analysis, data analysis review, drafting and  
2           reviewing of the manuscript, and approval of the final version.  
3       • FS: Conception and design of the analysis, drafting and reviewing of the manuscript,  
4           and approval of the final version.  
5       • LM: Conception and design of the analysis, data analysis review, drafting and  
6           reviewing of the manuscript, and approval of the final version.  
7       • AC: Conception and design of the analysis, drafting and reviewing of the manuscript,  
8           and approval of the final version.

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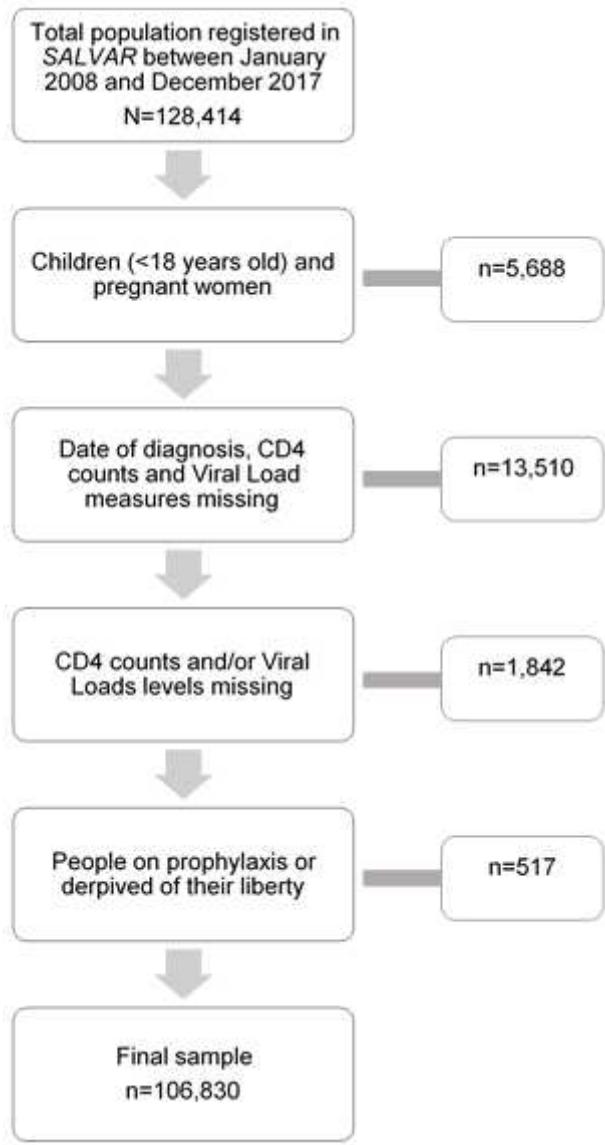
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15

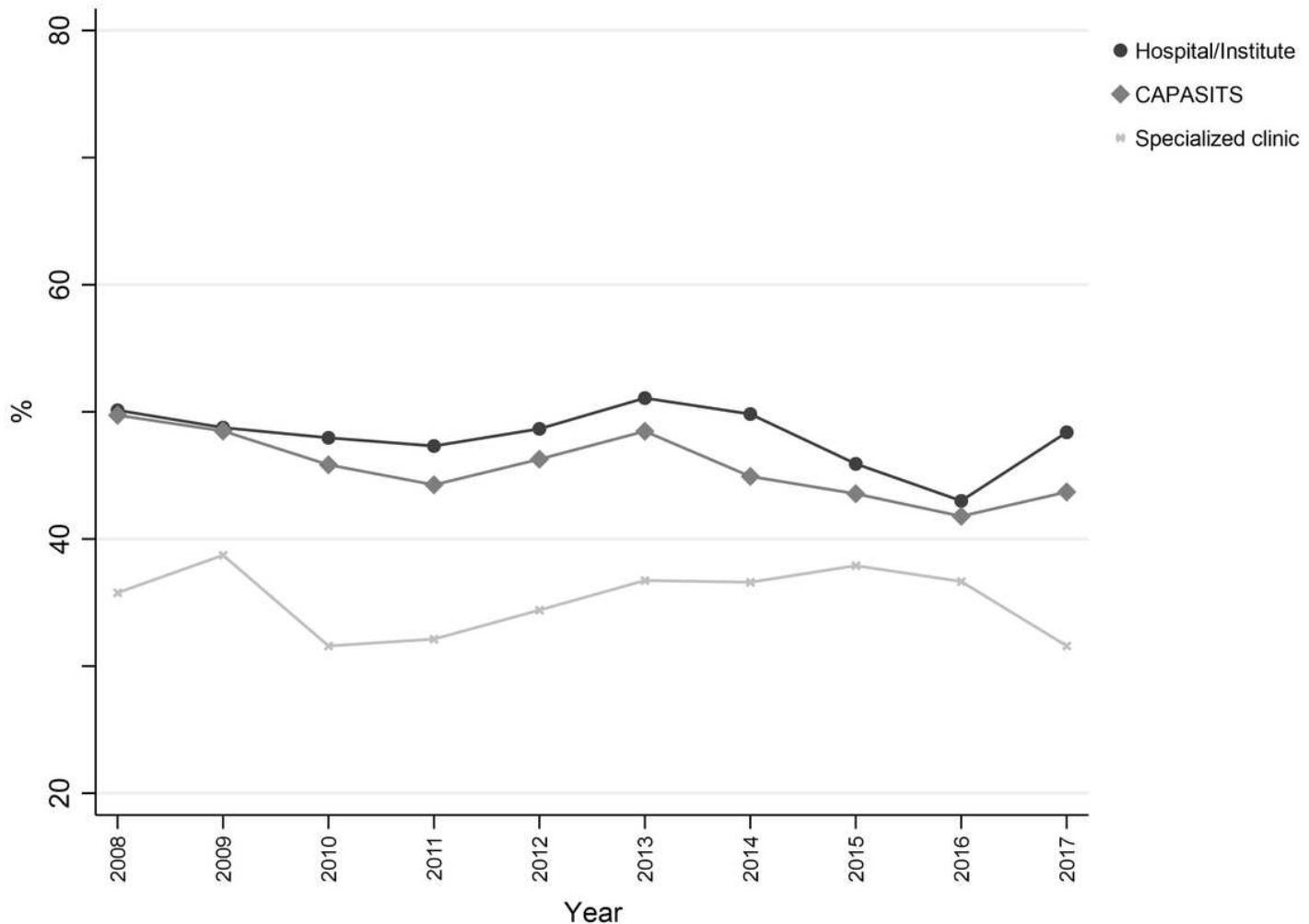
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# Figures



**Figure 1**

Sample Flow for Analysis. SALVAR: Sistema de Administración, Logística y Vigilancia de Antirretrovirales - SALVAR for its acronym in Spanish



**Figure 2**

Percentage of individuals with a late diagnosis ( $CD4 < 200\text{cells/mm}^3$ ) by health facility and year. Source: Authors' creation with information of SALVAR