

Maternity Care Services Utilization and Factors Associated with Institutional Delivery Among Postpartum Women in Dabat Demographic and Health Survey Site, Northwest Ethiopia: A Community Based Baseline Survey for MNCH Surveillance

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Abstract

Background

Maternal continuum of care is identified to have a greatest impact on maternal and child survival. However, there is a wide variation in maternal health services utilization from place to place in Ethiopia. Therefore, knowing antenatal care, labor and delivery, and postnatal care uptake has paramount importance to take interventions.

Methods

A community-based cross-sectional survey was conducted among 1626 postpartum women. Descriptive statistics were done to characterize the study population and utilization of antenatal care, institutional delivery, and postnatal care services. Logistic regression analysis was employed to identify factors associated with institutional delivery.

Results

Nearly eighty percent, (79.7%, 95% CI: 77.7, 81.6), of women attended at least one antenatal care visit at any health facility. However, only less than one third (31.4%) used all the recommended antenatal care (ANC). About half, 820 (49.2%; 95% CI: 46.7, 51.8) women delivered their child in health institution. About half, 822 (50.6%, 95% CI: 48.2, 52.9) of postpartum women who participated in this study had at least one postnatal care (PNC) visit at health facilities. Being urban resident (AOR=8.18, 95%CI: 4.69, 14.26)), respondents of higher educational status (AOR= 4.99, 95%CI: 2.51, 9.90), being Orthodox Christian (AOR= 2.35, 95%CI: 1.15, 4.79), getting TT vaccination during pregnancy (AOR=1.54, 95%CI: 1.06, 2.23), and antenatal care utilization (AOR=2.97, 95%CI: 2.06, 4.27) were predictors for health facility/institutional delivery.

Conclusions

Though a significant proportion of the study participants initiated antenatal care, utilization of all the recommended antenatal care visits, facility delivery, and postnatal care services were low. Health professionals need to use the first antenatal care visit as a golden opportunity to attract and maintain pregnant women for the subsequent maternal health care services.

Background

Pregnancy and childbirth is a potentially risky and fatal experience for many of women in developing countries. In spite of evidences which shows that motherhood can be safer for all women by following a set of life-saving strategies, maternal death is still unacceptably high. Globally, about 295,000 women

died as a result of pregnancy-related complications in 2017. Among which sub-Saharan Africa accounted about two-thirds (196,000). The majority (75%) of these deaths are due to direct obstetric conditions like hemorrhage, puerperal sepsis, pre-eclampsia, eclampsia and obstructed labour [2, 3].

Evidence has shown a connection between having skilled care during childbirth and reduction in maternal mortality [4]. The risk of death from complications related to pregnancy and childbirth over the course of a woman's lifetime in a developing country is high compared with the industrialized world, where there is sufficient skilled birth attendance [5]. The key for improving maternal health and reducing maternal mortality by preventing and managing complications. Hence, all women need access to high quality care during pregnancy, labor and delivery, and postnatal period [3].

Major causes of maternal deaths in Ethiopia are similar to most developing countries, such as haemorrhage, obstructed labour, hypertensive disorder of pregnancy, puerperial sepsis, and abortion[6]. Most of the causes of maternal morbidity and mortality are preventable and treatable with appropriate interventions such as uptake of the maternal continuum of care that are prenatal, natal and postnatal care [7]. Provision of health promotion, screening and diagnosis, and disease prevention are dimensions of Antenatal care (ANC) services. Though World Health Organization (WHO) revised the ANC guideline and suggest 8 ANC contacts, Ethiopia is implementing the focused antenatal care schedule which notes a pregnant women should have a minimum of four antenatal care follow up [8]. Initiation of prenatal care is a golden opportunity for health professionals to provide ANC and counseling services that make pregnant women continue a continuum of the four recommended ANC, institutional delivery, and postnatal care [8]. Skilled birth attendance and four visits of postnatal care are identified as a prioritized service to avert preventable maternal deaths and morbidities. However, the magnitude of ANC, skilled delivery and postnatal service utilization varies from place to place in Ethiopia and across countries. For example, Institutional delivery was as low as 12.3% in a study conducted in Munisa district (Arisi zone, Ethiopia)[9]. Similarly, ANC4+ and PNC uptake were as low as 29.8%, and 34.8% respectively in a study conducted in Dembecha [10]. In contrast, ANC, institutional delivery, and postnatal care uptake were as high as 97.6%, 96.2%, and 65.6% respectively in a study conducted in Addis Ababa, Ethiopia [11]. Hence, knowing the maternal health services utilization status has paramount importance to design strategies and interventions regionally and/or locally. Additionally, this is a census study aimed to have a baseline information on maternity service utilization for the longitudinal study on maternal child health in Dabat Demographic and Health Survey site. So, the objective of the study was to assess utilization of antenatal care, institutional delivery and Postnatal services among women who had child age less than one year in Dabat Demographic and Health survey (DHS) site.

Methods

Study area, population, and design

A Community based cross-sectional survey was conducted to determine antenatal care, institutional delivery, and postnatal service utilization in Dabat demographic and health research site. The centre is

among the six Health and Demographic Surveillance Systems in Ethiopia. According to the Central Statistics Agency (CSA) report of Ethiopia, the district has an estimated population of 145,458 people in 27 rural and 3 urban Kebeles (the smallest administrative units in the country). The research centre includes 13 Kebeles (9 rural and 4 urban) representing each agro-ecological zones of the district, and there are 5 health centers and 29 health posts in the district. The study population included women of reproductive age (15- 49) years who were pregnant identified by house to house survey.

Sample size and sampling technique

The sample size was determined using single population proportion formula considering antenatal care coverage and facility delivery from the 2016 Ethiopian Demographic and Health Survey report. In the report, the proportion of ANC and facility delivery in Amhara Region were 67% and 27% respectively [12]. Considering the standard normal distribution, the Z-score at 95% confidence level is 1.94; power of 80% and 4% margin of error, the final estimated sample size with a 10% for non-response rate were 584 and 520 for antenatal care and skilled delivery respectively. But, since the study was nested in the Dabat Demographic and Health Surveillance (DHS) data and this baseline survey was the base for the Maternal and Neonatal and Child Health (MNCH) surveillance, a census of pregnant and postpartum women was done. Hence, a total of 1626 postpartum women who had children aged less than one year were included from urban and rural Kebeles of Dabat DHS.

Data Collection tools and procedures

Questionnaire was developed in English from related literature and translated to Amharic, the local language of the area and then translated back to English for consistency and analysis. A structured and pretested questionnaire was used to collect the data. Supervisors and enumerators from the research center were recruited and trained for five days on the study objectives, briefed on the content of the questionnaire and procedure prior to fieldwork. Participants' informed consent was obtained and privacy and confidentiality were maintained.

Data management and analysis

All questionnaires were checked for consistency and completeness. The data were entered in to computer using Epi-data version 3.1 and exported to STATA version 14. Data were cleaned and coded first. Descriptive statistics were done to see the frequency and proportion of socio-demographic characteristics of the study participants, ANC care utilization, institutional delivery and postnatal care utilization. Logistic regression analysis was done to identify determinants of institutional delivery.

Results

Socio-demographic characteristics of women

The mean (SD) age of the respondents was 31.5 (\pm 5.61) years. Nearly one third of the women are in the age range of 35-39 years. The greater proportion of mothers were rural residents (85.9%), orthodox

Christian religion followers (96.2%) and Amhara by ethnicity (92.2%). Among the participants, 69.74% were in educational category of unable to read and write, and 3.2% were with educational level of preparatory and above. The majority 97.17% were married while 1.17% were divorced (Table 1).

Table 1
Demographic characteristics and ANC uptake among postpartum women at
Dabat Demographic and Health Survey site, 2016 (N= 1626)

Variables	Category	Frequency	Percentage
Age	15-19	47	2.89
	20-24	263	16.17
	25-29	366	22.51
	30-34	236	14.51
	35-39	533	32.78
	40-44	135	8.3
	45-49	46	2.83
Residence	Urban	229	14.08
	Rural	1397	85.92
Religion	Orthodox Christian	1565	96.25
	Muslim	55	3.38
	Protestant	6	0.37
Ethnicity	Amhara	1500	92.25
	Others	126	7.75
Educational status	Unable to read and write	1134	69.74
	Able to read and write	88	5.41
	Elementary (1-6)	208	12.79
	Junior 7-8	53	3.26
	High school(9-10)	91	5.6
	≥ preparatory (11+)	52	3.2
Marital status	Married	1590	97.7
	Single	13	0.88
	Divorced/separated	19	1.18
	Widowed	4	0.24

Antenatal Care Service Utilization

Nearly 80% of (79.7%, 95% CI: 77.7, 81.6) of women attended at least one antenatal care visit at any health facility (including health post where there is no laboratory services) for the indexed child. Among these, majority, 1159(71.3%) attended at health center while 114 (7%) and 23 (1.4%) had attended at health post and Hospital/private clinic respectively. Hence, nearly three-fourth, 1182 (72.7%, 95% CI: 70.4, 74.8), of the study participants had used at least one Antenatal care (ANC) visit from health facilities where there are laboratory services and skilled health professionals. Among the study participants, slightly less than a third, (31.4%, 95% CI: 29.2, 33.7), had completed the recommended (ANC4+) follow up visit (Figure 1).

Component of ANC services women obtained

During ANC follow-up, pregnant women got a variety of services. Nearly three-fourth, 1166 (71.7%), of respondents took at least one dose of tetanus toxoid (TT) vaccination and 655(40.3%) had taken two doses of TT vaccination during pregnancy of the indexed child. Slightly greater than half, 698 (53.86%) and majority, 1,054 (81.33%), women had been counseled about danger signs and place of delivery, respectively (Table 2).

Table 2
Components of ANC obtained among postpartum women at Dabat
Demographic and Health Survey site, 2016

Variables	Frequency	Percentages
TT vaccination during pregnancy (n=1626)		
Two doses	655	40.30
Single Dose	511	31.40
Not taken at all	460	28.30
HIV counseling services (n=1296)		
Yes	858	66.2
No	438	33.8
HIV testing (n=1296)		
Yes	238	18.36
No	1058	81.64
Advice on danger sign on pregnancy and birth preparedness		
Yes	698	53.86
No	598	46.14
Advice on place of delivery		
Yes	1,054	81.33
No	242	18.67
Taking Iron/folic acid		
Yes	1,004	77.47
No	292	23.53
Advice on family planning		
Yes	304	23.46
No	992	76.54
Advice on breast feeding		
Yes	223	17.21
No	1,073	82.79

Institutional Delivery Service Utilization

Among the study participants, about half, 820 (49.2%: 95% CI: 46.7, 51.8), delivered their child in health facility (Figure 2). Family members were the main, 659 (79.8%) birth attendants for women who had home delivery. Majority, 1547 (95.1%), of the women had a spontaneous vaginal delivery (SVD). Delivery by cesarean section (C/S) and assisted delivery were 21 (1.3%) and 58 (3.6%), respectively.

Postnatal Care Utilization

About half, 822 (50.6%, 95% CI: 48.2, 52.9) of postpartum women who participated in this study had at least one postnatal care (PNC) visit at health facilities. Among these, the majority (50.1%, 95% CI: 47.7, 52.4) had initiated within the first week of the postpartum period (Figure 3).

Factors associated with Institutional delivery

Bivariable and multivariable logistic regression analyses were used to identify factors associated with institutional delivery. Thus, residence, respondents' educational status, religion, number of TT vaccination taken during pregnancy for indexed child, and ANC utilization at the recommended place were the factors associated with institutional delivery.

Institutional delivery was eight (AOR= 8.18, 95%CI: 4.69, 14.26) times higher among urban residents and five times (AOR= 4.99, 95%CI: 2.51, 9.90) higher among women who completed high school and above education. The odds of giving birth at health facility was two times higher (AOR= 2.35, 95% CI: 1.15, 4.79) in Muslim religion followers than Orthodox Christian. Postpartum women who took two doses of TT vaccination during pregnancy for the indexed child were 54% (AOR=1.54, 95% CI: 1.06, 2.23) higher to give birth at health facility than those who did not take the vaccination. Similarly, women who used ANC at recommended place were three times (AOR= 2.97, 95% CI: 2.06, 4.27) higher to deliver at health facility than those who had no ANC follow up (Table 3).

Table 3

Bivariable and Multivariable logistic regression for institutional delivery among postpartum women at Dabat Demographic and Health Survey site, 2016

Variables	Institutional Delivery		COR with 95% CI	AOR with 95% CI
	Yes	No		
Residence				
Urban	213	16	18.37 (10.93, 30.87)**	8.18 (4.69, 14.26)**
Rural	587	810	1	
Educational Status				
No Formal class	518	704	1	1
Elementary school (Grade 1-6)	117	91	1.75 (1.29, 2.35)**	1.18 (0.84, 1.65)
Junior school (Grade 7-8)	33	20	2.24 (1.27, 3.95)*	1.19 (0.63, 2.24)
High school and above (Grade 9+)	132	11	16.31 (8.73, 30.48)**	4.99 (2.51, 9.90)**
Religion				
Orthodox Christian	751	814	1	1
Muslim	49	12	4.43 (2.34, 8.38)**	2.35 (1.15, 4.79)*
Ethnicity				
Amhara	746	754	1	1
Others@	54	72	0.76 (0.53, 1.09)	0.94 (0.63, 1.41)
Number of TT vaccination				
Not vaccinated at all	135	325	1	1
One times	276	235	2.83 (2.17, 3.69)**	1.23 (0.84, 1.79)
Two times	389	266	3.52 (2.73, 4.54)**	1.54 (1.06, 2.23)*
ANC Utilization at recommended place				
Yes	701	481	5.08 (3.95, 6.53)**	2.97 (2.06, 4.27)**
No	99	345	1	1

@Tigrie and Kimant; * Significant at P-value less than 0.05; **Significant at P-value less than 0.001

Variables	Institutional Delivery		COR with 95% CI	AOR with 95% CI
	Yes	No		
Partner HIV test				
Yes	60	54	1.159 (0.79, 1.69)	0.89 (0.59, 1.35)
No	740	772	1	1
@Tigris and Kimant; * Significant at P-value less than 0.05; **Significant at P-value less than 0.001				

Discussion

This study determined the proportion of the maternal care service utilization during the perinatal time: prenatal, labor and delivery, and postnatal period among postpartum women in Dabat Demography and Health Survey Site (DHSS), Northwest Ethiopia.

Around eighty percent of the women had at least one antenatal care visit at any health facility. Of which 7% had it at the health post where there is no laboratory services. This finding was higher than the report of the 2016 Ethiopian Demographic and Health survey (EDHS) (62%)[12], studies conducted in Abuna Gindeberet District, West Shewa, Ethiopia (53.9%)[13], and in Hossaina town (69.6%)[14], Ethiopia and in Nigeria (65.1%)[15], Zambia (69%)[16], South Sudan (60.78%)[17], and Dembecha District (77%)[10]. This variation might be due to the variation in the reference period they used and variation in residence. The reference period was five years before the date of data collection in the Ethiopian DHS and a study conducted in Nigeria that might predispose for a recall bias. Rural districts were used in the study conducted in West Shewa.

However, this finding was lower than studies conducted in Holeta Town (87.1%)[18], Addis Ababa (97.6%)[11], Ethiopia and Kiambu, Kenya (91.73%)[19], Tanzania (96%)[20], and India (83%)[21]. This observed difference might be because of variation in residence. The urban population have a better understanding of the benefit of using maternal health services and have better access to health facilities than the rural ones. This is supported by our data that institutional delivery was eight times higher among urban residents.

Though many women initiated ANC, only less than a third (31.4%, 95% CI: 29.2, 33.7) had completed the four recommended focused antenatal care. This finding was consistent with the 2016 Ethiopian demographic and health survey report (32%)[12], studies conducted in Nekemte town (32.1%)[22], and Dembecha District (29.8%)[10] Ethiopia, Zambia (29%)[16], and Rwanda (30.42%)[23].

This finding was lower than a study finding conducted in South West Shoa Zone, Ethiopia (45.5%)[24], a national-level study (36.78%) and its disaggregated analysis report for Addis Ababa (89.33%), Dire Dawa (65.15%) and Tigray Region (55.83%)[25] regions, a study conducted in Debre Tabor Town (35.3%)[26],

Holeta town (61.6%)[18], Addis Ababa (53.4%)[11], Hossaina town (38.7%)[27], Ethiopia, Tanzania (58.2%)[20], and Nigeria (56.2%)[15]. Majority of the study areas for the above articles are urban that urban population had better awareness of the relevance of using maternal health services. In these studies, majority of the study participants had attended a formal class than participants in this study. For example, the proportion of no formal education in this study was 75.15%, while it was only 11.1%, 15.4%, 32%, and 33.4% in studies conducted in Hossaina town, Addis Ababa, Holeta town, Ethiopia and Nigeria respectively[11, 15, 18, 27]. Additionally, the study conducted in Addis Ababa is a facility-based study that the participants were those who came for child immunization. These women might have better health care seeking behavior. A study conducted in Nigeria used a five year reference period prior to the date of data collection that might be prone for recall bias.

Nearly half, 49.2% (95% CI= 46.7, 51.8) of the women gave birth in health institutional/facility. This study finding was higher than the 2016 Ethiopian DHS finding (26%)[12], studies conducted in Abuna Gindeberet District, West Shewa(14.4%)[13], Dembecha District(31.4%)[10], Sekela district(12.1%)[28], Dangila district(18.4%)[29], Afar (22.4%)[30], Dodota district, Oromia region(18.2%)[31], Southern Ethiopia(38%)[32], Munisa district, Arsi zone, Southeast Ethiopia(12.3%)[9], Rwanda(39.5%)[23], and Uganda 45.4%[33]. The discrepancy might be due to difference in socio-cultural beliefs and exposure to information since the current study area is under research center that the community might have better awareness than others. The difference with Rwanda might be due to the difference in the study period that it was about five year ahead of the current study. The same is true for the study conducted in the Abuna Gindeberet District. There might be individual, and service accessibility related difference to contribute to the observed difference.

In the contrary, institutional delivery in the current study was lower than studies conducted in Holeta town (61.6%)[18], a national level study (56%)[34], Debremarkos town (57.1%)[35], Addis Ababa (96.2%)[11], Hossaina town (64%)[27] Ethiopia. The possible reason for the existed difference in institutional delivery between this study and a study conducted in Holeta town, Addis Ababa city, and Hossaina town might be due to a high proportion of participants had used ANC in Holeta town which subsequently got counseling on birth preparedness (facility delivery) and complication readiness, and on the uptake of postnatal care. Additionally, variation in socio-demographic characteristics like residency and education and its subsequent women decision making power and health care-seeking behavior might contribute to the observed difference in institutional delivery. Additional reason for the difference with a national level study done by Fekadu et al was due to difference in the study participants that the other study includes only women who had attended ANC for four or more visits that they had good health care-seeking behavior.

Compared to studies conducted abroad like India (68%)[21], Zambia (57%)[16], and Tanzania (76.8%)[20], Jaipur district of Rajasthan(99.56%)[36], Guena (52%)[37], and in the study conducted in Biharamulo District, Tanzania(56%)[38], the institutional delivery in the current study was found low. This might be due to socio-economic and cultural difference.

About half, 822 (50.6%, 95% CI: 48.2,52.9) of postpartum women participated in this study had at least one postnatal care (PNC) visit at health facilities. This finding is consistent with a study finding in Hossaina town (51.4%)[27]. However, this finding was higher than a pooled estimate report of meta-analyses in Ethiopia (31.3%)[39] and studies conducted in different parts of Ethiopia like in Debre Markos town (33.5%)[35], Abuna Gindeberet District, West Shewa(31.7%)[13], Dembecha (31.4%)[10], Halaba Kulito town, southern Ethiopia(47.9%)[40], South Sudan (11.4%)[17], Kenya (45.1%)[19], Rwanda (12.8%) [23], Tanzania (43.5%)[20], and India (26.3%)[21]. Attending ANC and/or institutional delivery have a great effect on the uptake postnatal care (PNC) because ANC is a gateway for institutional delivery as well as for PNC service utilization. The low prevalence of ANC utilization in studies conducted in Debre Markos town, Abuna Gindeberet District, West Shewa Ethiopia, south Sudan, and Rwanda might take part for poor PNC utilization in these studies than the current study. In India, the respondents were rural residents. This might be the reason for the variation in using PNC between this and current study. The socio-cultural variation and accessibility of the services across regions of Ethiopia and countries might contribute the existed difference between the current and other studies. However, PNC utilization in this study was lower than a study conducted in Addis Ababa (65.6%)[11], Debretabor town(57.5%)[41], Debre Birhan Town(83.3%)[42]. This is because they these studies were conducted entirely in urban where majority of participants were educated, relatively empowered, have better awareness and good health care seeking behavior.

Bivariable and multivariable logistic regression analyses were done to identify factors associated with institutional delivery. Residence, respondents' educational status, religion, number of TT vaccination taken during pregnancy for indexed child, and ANC utilization at recommended place had association with institutional delivery.

Institutional delivery was eight times higher among postpartum women who were living in urban than living in rural. This is because urban women had better awareness on the benefits of institutional delivery, better decision making power on health care services utilization than rural ones. Women's decision-making power plays a significant role in determining uptake of maternal health services[43]. Additionally, physical accessibility of health facility is better in urban than rural. The same finding was also observed in a national level study conducted in Ethiopia[44, 45], lay Gayint district, Ethiopia[46], and studies conducted in Bangladeshi [47, 48].

Postpartum women who were secondary school and above in their educational status were five times more likely to give birth at health facility as compared to those who had no formal class. This is due to the difference in awareness on the potential risks of giving birth at home. Furthermore, their autonomy to decide on place of delivery is better in educated women than non-educated ones. A similar finding was also observed in different studies conducted in Ethiopia[44, 45] and Bangladeshi [48].

The odds of giving birth at health facility was two times higher in Muslim religion followers than Orthodox Christian. This might be due to the reason that the majority of Muslim religion followers live in urban where there is relatively better access to health facility and high chance to exposure to mass

media. However, this finding contradicts the study finding in Bangladesh where institutional delivery was found in non-Muslims[47]. Postpartum women who took two doses of TT vaccination during pregnancy for the indexed child were 54% higher to give birth at health facility than those who did not take the vaccination. If women took the recommended dose of TT vaccination, their health care seeking behavior will become good. Women's good health care seeking behavior can affect them for institutional delivery[48]. Similarly, women who used ANC at recommended place were three times higher to deliver at health facility than those who had no ANC follow up. This is mainly due to the counseling or advice given by the health professionals during antenatal care service utilization about birth preparedness and complication readiness. This counseling can improve mothers' awareness and can change mothers' behavior regarding obstetrical services. Hence, ANC is a gateway for the continuum of obstetric care. Similar findings are observed in studies conducted in Ethiopia[44–46], Bangladesh[47, 48], Tanzania[49], and in Myanmar[50].

Conclusions

Maternal health services utilization is highly important in reducing maternal and fetal/infant mortality and morbidities. We found that nearly three-fourth of pregnant women had at least one ANC visit. Utilization of all the recommended focused antenatal care follow up was low. Similarly, though most maternal death happens during labor and delivery, and postnatal period, institutional delivery/skilled birth attendants, and postnatal care utilization were low. Socio-demographic and use of antenatal and its related services are factors associated with institutional delivery. Promoting women for ANC and awareness creation activities giving a high emphasis for rural and uneducated women are important to improve institutional delivery.

Declarations

Ethics Approval and consent to participate

Ethical approval was obtained from the ethical institutional review board (IRB) of the University of Gondar with a reference number: O/V/P/RCS/05/473/2015. Permission was also obtained from woreda health offices. Before data collection, adequate information about the purpose of the study, the privacy and confidentiality nature of the study, and their right not to participate or to withdraw at any time from the study have been given to the study participants. Informed consent was obtained from each participant. The data were collected anonymously. The collected data are not accessed to the third party other than the investigators. All the methods employed in the manuscript were performed in accordance with the relevant guideline and regulations and confirmed by the IRB.

Consent for Publication

Not applicable

Availability of data and materials:

All the required data are found in the main manuscript.

Competing interest

Authors declared that we have no any conflict of interest.

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Authors' Contributions

AGW led the conception and design of the study, AAG, AGW, DTB, NBT, MHG, HYY, EAC, BAD, AT, AKB, BAY and GAB contributed in the conception and design of the study and supervision of data collection. AAG¹ and AML⁴ performed the statistical analysis and interpretation of the result. All the authors contributed in the revision of the manuscript, read and approved the final manuscript.

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Figures

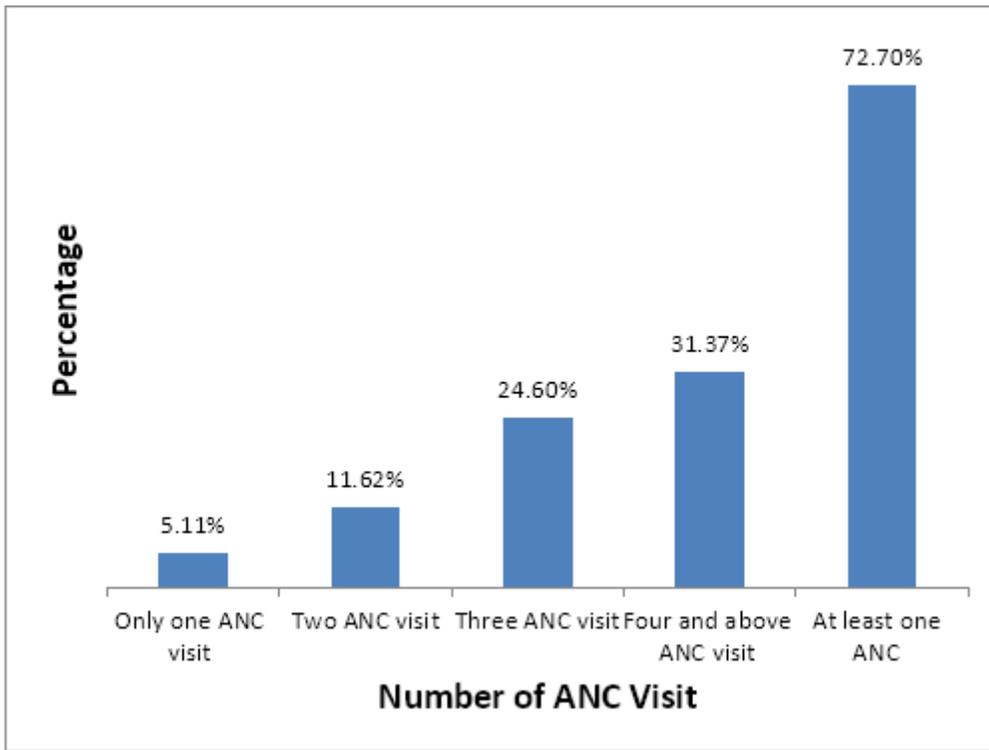


Figure 1

Number of ANC visit at health facilities where there was laboratory services among postpartum women at Dabat Demographic and Health Survey site, 2016

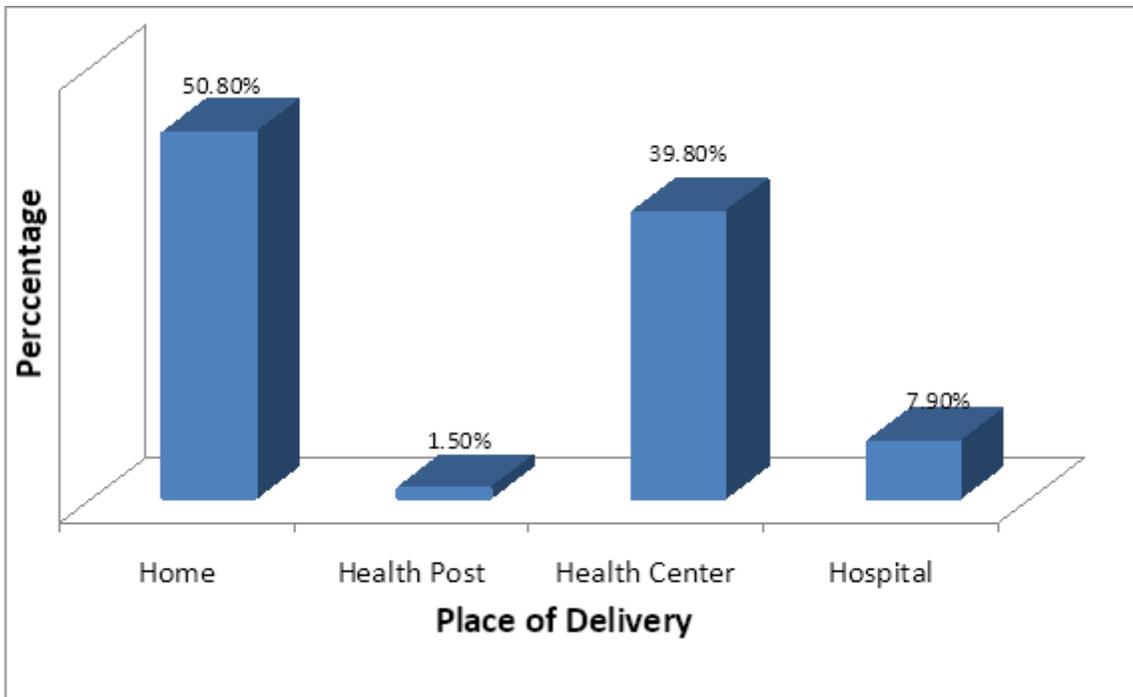


Figure 2

Place of delivery among postpartum women at Dabat Demographic and Health Survey site, 2016

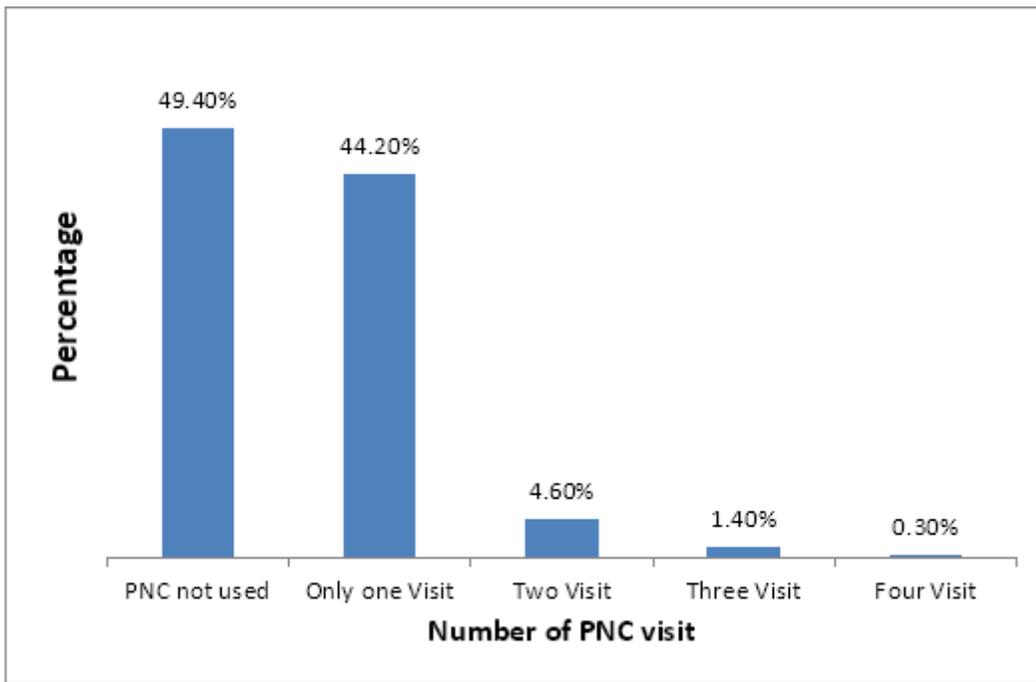


Figure 3

Number of PNC visit attended by postpartum women at Dabat Demographic and Health Survey site, 2016