Post-Operative Radiculitis Following One or Two Level Anterior Lumbar Surgery with or without Posterior Instrumentation

Matthew S. Griffith (✉ msg5041@gmail.com)

Winn Army Community Hospital <https://orcid.org/0000-0002-3365-2000>

Kenneth A Shaw

Dwight David Eisenhower Army Medical Center

Brian Burke

Dwight David Eisenhower Army Medical Center

Keith Lynn Jackson

Dwight David Eisenhower Army Medical Center

David Gloystein

Dwight David Eisenhower Army Medical Center

Research article

Keywords: ALIF, Radiculitis, Lumbar spine surgery

Posted Date: November 23rd, 2020

DOI: <https://doi.org/10.21203/rs.3.rs-104797/v1>

License: This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Abstract

Background: Anterior lumbar interbody fusion (ALIF) has evolved as a treatment strategy for a multitude of lumbar spine conditions. To date, two studies have identified radiculitis as a complication associated with ALIF procedures, but they do not outline a time to resolution. There have been no reports, of postoperative traction radiculitis in patients following anterior lumbar procedures.

Materials and Methods: We retrospectively reviewed seventy patients who underwent anterior lumbar procedures by two surgeons. Using the Farfan ratio we calculated preoperative to postoperative change in disc height. We determined post-operative radiculitis symptoms from review of follow up notes. We also determined the type of graft used in fusion patients.

Results: 70 patients were initially identified with 12 being excluded. This left 58 to be included in the study. Twenty-one patients (36.2%) developed postoperative radiculitis. There was a moderate to strong correlation with height change and radiculitis ($p=0.044$). Patients treated with rhBMP-2 had a rate of 36.5% post-operative radiculitis when compared to a rate of 17% for patients fused without rhBMP-2. The number of patients treated without rhBMP-2 were too few to perform statistical analysis, however. All radiculitis resolved by the 3 month follow up appointment.

Conclusion: This study shows that there is a 36.2% rate of radiculitis following anterior lumbar procedures. There is a correlation between disc height change and postoperative radiculitis following anterior lumbar procedures. There also appears to be a relationship to the use of rhBMP-2. All radiculitis resolved by 3 months.

Background

Anterior lumbar interbody fusion (ALIF) was introduced by Hodgson and Stock in 1956 for the treatment of selected tuberculosis cases [1]. Since that time, the indications for ALIF has expanded to include treatment for spondylolisthesis, degenerative disc disease with or without radiculopathy, degenerative scoliosis, pseudarthrosis from a failed previous fusion, trauma, post laminectomy instability, and tumor surgery [2].

Surgeons performing anterior lumbar surgery should be versed in the complication profile to properly counsel prospective patients and appropriately manage them should they arise. The known complications for anterior lumbar procedures include those that occur due to the exposure and those due to the discectomy and fusion itself. The approach related complications include development of a hernia, bowel injury, vascular injury (aorta and iliac vessels), retrograde ejaculation, deep vein thrombosis, and ureteral damage [3]. The genitofemoral nerve may also be injured as it courses anterior to the psoas. The complications related to the decompression and fusion include: nerve root injury, durotomy, epidural hematoma, adjacent level disease and pseudarthrosis. Complications at the harvest site may also occur if bone graft is harvested for the fusion [3, 4]. Reports of radiculitis following ALIF procedures range from 8.3%-24% [5, 6]. Lee et al reported on a series of 41 patients with a rate of radiculitis being 24% [5]. The

authors attributed this high rate of radiculitis to inflammation caused by the use of recombinant human bone morphogenic protein 2 (rhBMP-2). Likewise, Hirabalek et al found a rate of 8.3%, but did not postulate a cause [6]. Neither of these authors listed a time to resolution of the symptoms.

The purpose of this retrospective case series was to further define the incidence of transient radiculitis. Additionally, we sought to investigate the theory that these symptoms are related to a stretch phenomenon on the nerve root secondary to acute change in disc height.

Materials And Methods

In this study we hypothesized that a larger change in disc height would be associated with postoperative radiculitis.

After obtaining approval from the institutional review board, a retrospective review was conducted of all ALIF and total disc replacement (TDR) procedures performed between January 2012 and December 2017, by one of two fellowship-trained orthopaedic spine surgeons. Patients were included if they were 18 years or older, undergoing primary, isolated ALIF or TDR, without deficiency of the posterior elements, and had preoperative and postoperative imaging available for review. Multilevel procedures were included. Patients were included if they had minimally invasive posterior instrumentation performed at the index procedure. Patients were excluded if they were younger than 18 years of age, underwent combined anterior surgery with a posterior decompression, underwent the procedure to address malignancy or infection, were pregnant, or lacked imaging available for review.

After identifying patients for inclusion, the Armed Forces Health Longitudinal Technology Application (AHLTA) electronic medical record was reviewed to record demographic information. Operative reports were reviewed to identify surgical variables, including surgery performed, preoperative diagnosis, levels operated on, type of implants (ALIF vs TDR), and graft type used. Additionally, postoperative data was reviewed to identify patients who developed postoperative radiculitis and time to resolution if present. For the purposes of this study, postoperative radiculitis was defined as the presence of postoperative radicular pain that did not exist prior to surgery and was not attributable to compressive pathology after imaging.

Preoperative imaging studies were reviewed to assess preoperative disc height and were compared against intraoperative fluoroscopic imaging studies. The Farfan ratio is a validated ratio that uses internal measurements to standardize a ratio to assess disc height [7]. The ratio is calculated as (anterior disc height-posterior disc height)/((superior endplate length/inferior endplate length)/2) (Fig. 1). The Farfan ratio was calculated preoperatively and after placement of the implant.

Data analysis was performed using SPSS statistical package version 24 (SPSS Inc, Chicago, IL) and Microsoft Excel (Microsoft Corp, Redmond, WA). Statistical significance was set at $p < 0.05$. Descriptive statistics were generated to define the incidence of postoperative radiculitis. Pearson's correlation coefficients were used to assess for correlation between disc height and change in height with the

development of postoperative radiculitis. A receiver operating characteristic curve (ROC) analysis was used to identify a threshold for disc height change for the development radiculitis. Chi Squared tests were used to analyze the differences between patients developing postoperative symptoms between one and two level surgery and Hybrid (TDR and ALIF) versus two level ALIF.

Results

A total of 70 patients were identified for study inclusion. Of those, 12 were excluded (exclusions included 5 for combined posterior decompression surgery, 2 lacking preoperative imaging, 1 revision surgery, 1 with preoperative neuritis, 1 postoperative complication which entailed a small bowel obstruction requiring resection, 1 intraoperative vascular injury, and 1 listhesis of the implant with L5 on S1), leaving 58 patients (average 42.5 years, range 30–63 years, 37.9% female) for study inclusion. Patient demographic information is summarized in Table 1.

Table 1
Demographic data, diagnoses and procedures

Patient	Age	Sex	Diagnosis	Procedure(s)
1	61	f	L5-S1 Post-laminectomy syndrome	L5-S1 ALIF
2	37	m	L4-L5 and L5-S1 DDD, L5-S1 DDD	L4-L5 TDR, L5-S1 TDR
3	30	f	L5-S1 pseudoarthrosis	L5-S1 ALIF
4	43	m	L5-S1 DDD	L5-S1 ALIF
5	36	f	L4-L5 DDD, L5-S1 DDD	L4-L5 TDR, L5-S1 ALIF
6	50	m	L5-S1 facet arthropathy and DDD	L5-S1 ALIF
7	38	m	L5-S1 DDD with S1 radiculopathy	L5-S1 ALIF
8	33	f	L5-S1 DDD	L5-S1 TDR
9	43	m	L4-L5 DDD, L5-S1 DDD	L4-L5 ALIF, L5-S1 TDR
10	35	m	L5-S1 DDD	L5-S1 TDR
11	46	m	L5-S1 Spondylolisthesis	L5-S1 ALIF
12	55	f	L5-S1 spondylolisthesis	L5-S1 ALIF
13	52	f	L5-S1 DDD	L5-S1 ALIF
14	56	f	L4-L5 Spondylolisthesis	L4-L5 ALIF
15	41	m	L5-S1 Spondylolisthesis	L5-S1 ALIF
16	38	m	L4-L5 DDD, L5-S1 DDD	L4-L5 ALIF, L5-S1 TDR
17	38	m	L4-L5 DDD, L5-S1 DDD	L4-L5 ALIF, L5-S1 TDR
18	46	m	L4-L5 DDD, L5-S1 Spondylolisthesis	L4-L5 ALIF, L5-S1 ALIF
19	53	f	L4-L5 Spondylolisthesis, L5-S1 DDD	L4-L5 ALIF, L5-S1 ALIF

DDD – degenerative disc disease

ALIF – Anterior lumbar interbody fusion

TDR – Total disc replacement

PSIF – Posterior spinal instrumented fusion

Patient	Age	Sex	Diagnosis	Procedure(s)
20	35	f	L4-L5 DDD, L5-S1 DDD	L4-L5 ALIF, L5-S1 ALIF
21	37	f	L4-L5 Facet arthropathy	L4-L5 ALIF
22	43	f	L4-L5 DDD	L4-L5 ALIF
23	46	f	L5-S1 DDD	L5-S1 ALIF
24	40	f	L4-L5 post laminectomy syndrome, L5-S1 DDD	L4-L5 ALIF, L5-S1 ALIF
25	53	f	L4-L5 DDD	L4-L5 ALIF
26	32	m	L4-L5 DDD, L5-S1 DDD	L4-L5 ALIF, L5-S1 ALIF
27	35	m	L5-S1 DDD	L5-S1 ALIF
28	40	f	L5-S1 post-laminectomy syndrome	L5-S1 ALIF
29	36	m	L5-S1 DDD	L5-S1 ALIF
30	55	f	L5-S1 DDD	L5-S1 ALIF
31	32	m	L5-S1 post-laminectomy syndrome	L5-S1 ALIF
32	47	m	L5-S1 DDD	L5-S1 ALIF
33	63	f	L5-S1 DDD	L5-S1 ALIF
34	37	m	L5-S1 DDD	L5-S1 ALIF
35	39	f	L4-L5 DDD	L4-L5 ALIF
36	32	m	L5-S1 DDD	L5-S1 ALIF
37	41	m	L5-S1 DDD	L5-S1 ALIF
38	39	f	L5-S1 Spondylolisthesis	L5-S1 ALIF, PSIF
39	39	f	L5-S1 Spondylolisthesis	L5-S1 ALIF, PSIF
40	39	m	L5-S1 recurrent disc herniation	L5-S1 ALIF
41	36	m	L5-S1 DDD	L5-S1 ALIF

DDD – degenerative disc disease

ALIF – Anterior lumbar interbody fusion

TDR – Total disc replacement

PSIF – Posterior spinal instrumented fusion

Patient	Age	Sex	Diagnosis	Procedure(s)
42	37	m	Post-discectomy DDD	L5/S1 ALIF
43	40	m	L5/S1 DDD	L5/S1 ALIF
44	40	f	L5/S1 DDD	L5/S1 ALIF
45	59	m	Isthmic Spondylolisthesis	L5/S1 ALIF, PSIF
46	53	m	L5/S1 DDD	L5/S1 ALIF
47	43	m	L5/S1 DDD	L5/S1 ALIF
48	45	m	L5/S1 DDD	L5/S1 ALIF
49	45	m	L5/S1 DDD	L5/S1 ALIF
50	40	m	L5/S1 DDD	L5/S1 ALIF
51	43	f	L5/S1 isthmic spondylolisthesis	L5/S1 ALIF, PSIF
52	37	m	L5/S1 isthmic spondylolisthesis	L5/S1 ALIF, PSIF
53	49	m	L5/S1 DDD	L5/S1 ALIF
54	41	m	L5/S1 DDD	L5/S1 ALIF
55	32	m	L5/S1 DDD	L5/S1 ALIF
56	59	m	L5/S1 DDD	L5/S1 ALIF
57	38	m	Post-discectomy DDD	L5/S1 ALIF
58	36	m	Congenital Isthmic Spondylolisthesis	L5/S1 ALIF
DDD – degenerative disc disease				
ALIF – Anterior lumbar interbody fusion				
TDR – Total disc replacement				
PSIF – Posterior spinal instrumented fusion				

Of the 58 patients included, 47 underwent a single level procedure while the remaining 11 had two level procedures. All procedures were performed at the L4-L5 or L5-S1 levels. Of the single level surgeries, 4 were L4-L5 ALIFs, 41 were L5-S1 ALIFs with or without percutaneous pedicle screws, and 2 were L5-S1 TDRs. Of the patients undergoing two levels of surgery, six had L4-L5 and L5-S1 ALIFs, three had an L4-L5 ALIF with an L5-S1 TDR, one had a L4-L5 TDR and an L5-S1 ALIF, and one patient had TDRs at L4-L5 and L5-S1. Figures 2–8 show preoperative and postoperative images of patients undergoing these various surgeries. The most common diagnosis was L5-S1 degenerative disc disease (N = 27, 46.5%), Table 1. The remainder of the diagnoses can be found in Table 1. The most common procedure

performed was an L5-S1 ALIF with or without percutaneous posterior instrumentation (N = 41, 70.7%). Ninety percent of patients undergoing fusion had rhBMP-2 applied (52/58). Two patients had iliac crest cancellous autograft, one had allograft with platelet-derived growth factor and three patients had allograft bone putty.

During the study period, 21 patients (36.2%) developed postoperative radiculitis. However, all 21 patients demonstrated symptom resolution by the 3 month follow up. One patient who had surgery for post-laminectomy syndrome exhibited persistent right and left leg radiculopathy following the initial decompression. The patient had resolution of the right leg pain, but worsening left leg pain following his ALIF procedure. A repeat MRI showed lateral recess stenosis at L4-L5 and foraminal stenosis bilaterally at L5-S1. The patient had a transforaminal steroid injection with no significant relief of his symptoms. Ultimately he wished to undergo medical separation from the military and be discharged from the army rather than have any additional procedures. This patient was not included in the group of patients with postoperative radiculitis as there was evidence of continued neuroforaminal stenosis on repeat imaging. Of the patients who had rhBMP-2 applied, 19 (36.5%) developed radiculitis compared to 1 of 6 (16.7%) of patients not having rhBMP-2.

A summary of preoperative and postoperative Farfan ratios in relation to postoperative radiculitis is provided in Table 2. There was no significant difference for preoperative ($11.1\% \pm 7.9\%$ vs $9.3\% \pm 6.4\%$; $p = 0.533$) or postoperative disc height ($20.3\% \pm 9.9\%$ vs $23.09\% \pm 7.3\%$; $p = 0.256$) and the development of a postoperative radiculitis. There was, however, a significant correlation with height change and the development of a postoperative radiculitis ($R = 0.262$, $p = 0.029$), with increasing height change being mildly correlated with the development of postoperative radiculitis. Despite this mild correlation, the between group differences from height change were not statistically significant (13.78% of vertebral body width $\pm 8.23\%$ in patients with radiculitis, vs $9.19\% \pm 7.97$ for those without, $P = 0.694$)..

Table 2

Patient information reporting occurrence of post-operative radiculitis in relation to preoperative and postoperative Farfan ratios.

Patient	Post-Operative Radiculitis (Y or N)	Pre-operative Farfan Ratio	Post-Operative Farfan Ratio	Farfan Ratio Change
1	N	3.22	4.87	1.65
2	Y	10.20	31.86	21.65
		13.50	23.46	9.96
3	N	10.53	19.18	8.66
4	Y	10.63	28.67	18.04
5	N	21.92	28.82	6.90
		19.90	20.14	0.24
6	N	14.81	28.06	13.24
7	N	12.79	24.19	11.40
8*	N	-3.16	8.74	11.90
9	N	5.37	18.06	12.69
		9.75	13.37	3.62
10	N	7.92	11.48	3.55
11	Y	17.54	22.01	4.47
12	N	23.20	25.67	2.47
13	Y	6.45	28.57	22.12
14	Y	15.73	28.39	12.65
15	Y	4.43	35.28	30.85
16	N	0.60	18.29	17.69
		9.77	5.26	-4.50
17	Y	4.59	8.57	3.98
		4.27	16.86	12.59
18	Y	8.36	17.54	9.18

* Patient 8 had a significant amount of kyphosis at the operative level preoperatively, leading to a larger posterior disc height than anterior and a negative Farfan Ratio

Patient	Post-Operative Radiculitis (Y or N)	Pre-operative Farfan Ratio	Post-Operative Farfan Ratio	Farfan Ratio Change
		14.23	14.47	0.24
19	N	11.46	15.50	4.04
		6.69	14.04	7.35
20	Y	0.28	24.90	24.63
		3.92	9.66	5.74
21	N	2.60	12.46	9.87
22	N	0.58	0.61	0.03
23	N	10.22	9.14	-1.07
24	Y	2.59	16.49	13.90
		16.91	17.02	0.11
25	Y	0.77	16.77	16.00
26	N	15.88	12.00	-3.88
		9.17	16.10	6.93
27	Y	19.53	26.19	6.66
28	N	1.94	16.92	14.99
29	N	11.47	20.51	9.04
30	Y	0.28	7.81	7.53
31	N	7.41	17.97	10.56
32	Y	8.44	31.08	22.64
33	Y	8.08	17.21	9.13
34	N	11.86	19.97	8.11
35	Y	11.17	16.52	5.35
36	N	4.60	19.67	15.07
37	y	2.95	28.95	26.00
38	N	7.97	21.33	13.36

* Patient 8 had a significant amount of kyphosis at the operative level preoperatively, leading to a larger posterior disc height than anterior and a negative Farfan Ratio

Patient	Post-Operative Radiculitis (Y or N)	Pre-operative Farfan Ratio	Post-Operative Farfan Ratio	Farfan Ratio Change
39	Y	7.91	21.04	13.13
40	N	9.82	16.57	6.75
41	N	2.26	16.03	13.78
42	Y	11.13	22.24	11.11
43	N	28.43	40.43	12.00
44	Y	3.71	22.36	18.65
45	N	12.06	39.25	27.19
46	N	8.45	30.33	21.89
47	N	27.59	39.44	11.84
48	N	5.28	23.65	18.37
49	N	5.78	15.84	10.05
50	N	29.46	46.35	16.89
51	N	15.57	33.56	17.99
52	N	11.70	22.90	11.21
53	N	8.82	37.18	28.36
54	Y	19.74	34.04	14.30
55	N	25.94	26.80	0.86
56	N	7.82	29.74	21.92
57	N	25.77	17.16	-8.61
58	N	18.67	21.40	2.73
* Patient 8 had a significant amount of kyphosis at the operative level preoperatively, leading to a larger posterior disc height than anterior and a negative Farfan Ratio				

ROC curve analysis found a threshold of 9.91% height change relative to the vertebral body width was 65.2% sensitive and 52.2% specific for development of a postoperative radiculitis, however, this did not reach statistical significance ($p = 0.071$, AUC = 0.649), Fig. 9.

There was no statistical significance of patients developing symptoms between patients undergoing one versus two level surgery ($X^2 = 1.9765$, $p = 0.18$). There was also no statistical significance of patients

developing symptoms between patients undergoing hybrid surgery (ALIF with TDR) versus those undergoing two level ALIF ($\chi^2 = 1.9765$, $p = 0.16$)

Discussion

In this study, we identified a 36.2% rate of developing a postoperative radiculitis following anterior lumbar surgery. There was a mild correlation between change in discal height and the development of a postoperative radiculitis, however, between groups differences did not reach statistical significance. Additionally, patients treated with rhBMP-2 appeared to have a higher rate of developing postoperative radiculitis compared to other graft sources (36.5% vs 17%), unfortunately the number of patients not treated with rhBMP-2 were too few to make a statistical comparison. This number, however, is similar to what Lee reported in patients undergoing anterior lumbar surgeries [5]. We also found that all of the symptoms resolved by the 3 month postoperative appointment.

There are multiple studies in the literature discussing transient leg pain or radiculitis in patients undergoing interbody fusion with the use of rhBMP-2. In 2009, Mindea et al published the first study looking at this phenomenon showing a rate of 11% postoperative nonstructural radiculitis in patients when using rhBMP-2 during TLIF procedures. All symptoms were on the side of the TLIF procedure, and in their study, all resolved within 6 weeks [8]. Likewise, in 2012, Rowan et al showed there was a 2.33 odds ratio of developing postoperative radiculitis in patients having a posterolateral or posterior fusion with the use of rhBMP-2. They also found that patients treated with rhBMP-2 filled interbody cages were twice as likely to have non-structural radiculitis compared to those treated without [9]. In 2016 Villavicencio et al looked at a dose dependent rate of postoperative radiculitis with the use of rhBMP-2. They found an overall rate of 11.3% of postoperative radiculitis in patients undergoing TLIF surgery. They did not find a correlation with the dose of rhBMP-2 used. A majority of their symptoms resolved by 6 months postoperatively [10]. Finally, in 2017 Lee et al evaluated postoperative radiculitis in patients undergoing ALIF procedures. They found 40% of patients developed radiculitis when rhBMP-2 was used compared to 9.52% of patients when allograft was used [5].

In contrast to the above listed studies, and the current study, Sebastian et al, prospectively evaluated patients undergoing TLIF procedures with the use of rhBMP-2 and compared them to patients undergoing TLIF without the use of BMP. They found no difference in the rate of postoperative radiculitis. Additionally, they found a similar improvement in preoperative leg symptoms in both groups [11].

The results of this study also suggest that these symptoms may be related to an acute stretch phenomenon on the nerve root. There have been multiple animal models investigating the development of nerve changes following acute stretch. Ming et al showed that sciatic nerve blood flow and somatosensory evoked potentials both decreased significantly after lengthening of the femur 24% and 32%, and this corresponded to decreased neurologic function [12]. Additionally, there have been multiple reports of motor, sensory and mixed motor/sensory neuropathies following limb lengthening procedures, valgus knee injuries and limb lengthening after total hip arthroplasty [13, 14, 15, 16]. Finally, a

study by Kershner et al used a cadaveric model to show the effects of spinal column lengthening on exiting nerve roots. They found that lengthening of the spinal column by 4 cm caused proximal migration of the spinal cord by 2.8 mm. They found a significant increase in dorsal nerve roots being tethered by intrathecal ligaments during lengthening. They speculated that this is a cause of lumbar back pain in astronauts during space flight [17].

To date two studies list post-operative radiculitis as complications in patients undergoing ALIF procedures. Lee et al reviewed 41 patients undergoing ALIF procedures. They treated 20 patients with allograft and 21 patients with rhBMP-2. They found that overall 10 patients experienced a postoperative “radiculitis,” 2 in the allograft group and 8 in the rhBMP-2 group [5]. There was a trend towards more complications in the rhBMP-2 group. Similarly, Hirabalek et al compared their results in patients undergoing anterior versus lateral interbody fusions. They found a rate of 8.3% radiculitis in their ALIF patients, 6 of which were groin numbness, while 4 complained of pain. They did not discuss time to resolution or possible causes of the symptoms [6].

The results of this study, however, should be viewed in the light of its limitations. First, this is a retrospective study, relying on review of postoperative notes to identify patients with neurologic symptoms. The number of patients affected may be under-reported in this study if the symptoms were not disclosed during their follow up visit. Likewise, the number of patients included in this study is relatively small. Additionally, the number of patients not treated with rhBMP-2 for their fusion were too few to develop a statistical comparison. Finally, the follow up in this study is short, but with the primary outcome being resolution of post-operative radiculitis, and all patients with these symptoms resolved within 3 months, our primary outcome was achieved in all patients. Future prospective research is needed to assess the development of a postoperative radiculitis following anterior lumbar surgery.

In conclusion, this study identified a 36.2% rate of postoperative radiculitis following anterior lumbar surgery, with 100% of patients demonstrating spontaneous symptom resolution within 3 months of surgery. There was a significant correlation between postoperative radiculitis and change in disc height following surgery. There also appeared to be an increased rate when rhBMP-2 was used, with 36.5% of patients developing postoperative radiculitis when rhBMP-2 was used when compared to 17% when rhBMP-2 was not used. This information can aid in the preoperative and postoperative counseling for patients undergoing anterior lumbar surgery.

Abbreviations

ALIF

anterior lumbar interbody fusion

TDR

total disc replacement

AHLTA

Armed Forces Health Longitudinal Technology Application

ROC

receiver operating characteristic

Declarations

Ethics approval and consent to participate

This study was approved by the Atlantic Regional Health command IRB. Approval of consent was waived for this study

Consent for Publication

Not Applicable

Availability of Data and Materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Competing Interests

"The authors declare that they have no competing interests"

Funding

No funding was received for this study

Authors' Contributions

MG collected data and prepared the manuscript

KAS provided statistical analysis and edited the manuscript

BKB collected data

KLJ acted as staff surgeon, provided guidance on the study and edited the manuscript

DMG is the senior author on the study, provided guidance and edited the manuscript

Acknowledgements

None

References

1. Crook HV. Anterior Lumbar Interbody Fusion. *Clinical Orthopedics Related Research*. 1982;165:157–70.
2. Mobbs R, Loganathan A, Yeung V, Rao P. Indications for Anterior Lumbar Interbody Fusion. *Orthopaedic Surgery*. 2013;5(3):153–63.
3. Heary R, Yanni D, Halim A, Benzel E. 2017, Anterior Lumbar Interbody Fusion. *Spine Surgery*. 4th ed. Philadelphia. Online.
4. Sasso R, Best Na, Mummaneni P, Reily T, Hussain S. Analysis of Operative Complications in a Series of 471 Anterior Lumbar Interbody Fusion Procedures. *Spine*. 2005;30(6):670–4.
5. Lee DD, Kim JY. A Comparison of Radiographic and Clinical Outcomes of Anterior Lumbar Interbody Fusion Performed with Either a Cellular Bone Allograft Containing Multipotent Adult Progenitor Cells or Recombinant Human bone Morphogenetic Protein-2. *Journal of Orthopedic Surgery Research*. 2017;12:126–34.
6. Hirabalek L, Adamus M, Gryga A, Wanek T, Tucek P. A Comparison of Complication Rate Between Anterior and Lateral Approaches to the Lumbar Spine. *Biomed Pap Med Fac Univ Palacky Olomouc Czech Repub*. 2014;158(1):127–32.
7. Farfan HF. Mechanical disorders of the low back. Philadelphia: Lea and Febiger; 1972. pp. 33–40.
8. Mindea S, Shih P, Song J. Recombinant, Human Bone Morphogenetic Protein-2-Induced Radiculitis in Elective Minimally Invasive Transforaminal Lumbar Interbody Fusions. *SPINE*. 2009;34(14):480–1484.
9. Rowan F, O'Malley N, Poynton A. RhBMP-2 Use in Lumbar Fusion Surgery is Associated with Transient Immediate Post-Operative Leg Pain. *Eur Spine J*. 2012;21:1331–7.
10. Villavicencio A, Burneikiene S. RhBMP-2-Induced radiculitis in Patients Undergoing Transforaminal Lumbar Interbody Fusion: Relationship to Dose. *The Spine Journal*. 2016;16:1208–12.
11. Sebastian A, Wanderman N, Currier B, Pichelmann M, Treder V, Fogelson J, Clarke M, Nassr A. Prospective Evaluation of Radiculitis Following Bone Morphogenetic Protein-2 Use for Transforaminal Interbody Arthrodesis in Spine Surgery. *Asian Spine Journal*. 2019;13(4):544–55.
12. Ming J, Kuo-An L, Chin-Liang S, Yoshiki Y. Changes in Conduction, Blood Flow, Histology, and Neurological Status Following Acute Nerve-Stech Injury Induced by Femoral Lengthening. *Journal of Orthopedic Research*. 2000;18:149–55.
13. Nogueira M, Paley D, Bhav A, Herbert A, Nocente C, Herzenberg J. Nerve Lesions Associated with Limb –Lengthening. *Journal of Bone Joint Surgery*. 2003;85A(8):1502–10.
14. Faber F, Keesen W, Roermund P. Complications of Leg Lengthening: 46 Procedures in 28 Patients. *Acta Orthop Scand*. 1991;62(4):327–32.
15. Sedel L, Nizard R. Nerve Grafting for Traction Injuries of the Common peroneal Nerve. *Journal of Bone Joint Surgery (BR)*. 1993;75(B):772–4.
16. Farrell C, Springer B, Haidukewych G, Morrey B. Motor Nerve Palsy Following Primary Total Hip Arthroplasty. *Journal of Bone Joint Surgery*. 2005;87A(12):1619–2625.

17. Kershner D, Binhammer R. Intrathecal Ligaments and Nerve Root Tension: Possible Sources of Lumbar Pain During Spaceflight. *Aviat Space Environ Med.* 2004;75(4):354–8.

Figures

Figure 1

Zoomed in view of a preoperative L-Spot radiograph of a patient that had postoperative neurapraxia. Line A designates the anterior disc height. Line B designates the posterior disc height. Line C is the superior disc length. Line D is the inferior disc length. Thus, the farfan ratio would be calculated as $(A-B)/((C/D)/2)$

Figure 1

Zoomed in view of a preoperative L-Spot radiograph of a patient that had postoperative neurapraxia. Line A designates the anterior disc height. Line B designates the posterior disc height. Line C is the superior disc length. Line D is the inferior disc length. Thus, the farfan ratio would be calculated as $(A-B)/((C/D)/2)$

Figure 2

Preoperative and Postoperative images of a patient undergoing a L4-L5 ALIF

Figure 2

Preoperative and Postoperative images of a patient undergoing a L4-L5 ALIF

Figure 3

Preoperative and Postoperative images of a patient undergoing a L5-S1 ALIF

Figure 3

Preoperative and Postoperative images of a patient undergoing a L5-S1 ALIF

Figure 4

Preoperative and Postoperative images of a patient undergoing a L5-S1 TDR

Figure 4

Preoperative and Postoperative images of a patient undergoing a L5-S1 TDR

Figure 5

Preoperative and Postoperative images of a patient undergoing a L4-L5 and L5-S1 TDR

Figure 5

Preoperative and Postoperative images of a patient undergoing a L4-L5 and L5-S1 TDR

Figure 6

Preoperative and Postoperative images of a patient undergoing a L4-L5 TDR with a L5-S1 ALIF

Figure 6

Preoperative and Postoperative images of a patient undergoing a L4-L5 TDR with a L5-S1 ALIF

Figure 7

Preoperative and Postoperative images of a patient undergoing a L4-L5 ALIF with a L5-S1 TDR

Figure 7

Preoperative and Postoperative images of a patient undergoing a L4-L5 ALIF with a L5-S1 TDR

Figure 8

Preoperative and Postoperative images of a patient undergoing a L4-L5 and L5-S1 ALIF

Figure 8

Preoperative and Postoperative images of a patient undergoing a L4-L5 and L5-S1 ALIF

Figure 9

Receiver Operating Characteristic Curve demonstrating the lack of a significant threshold finding for change in disc height and the development of post-operative radiculitis

Figure 9

Receiver Operating Characteristic Curve demonstrating the lack of a significant threshold finding for change in disc height and the development of post-operative radiculitis