

# Prevalence and Prognostic Significance of Hyponatremia in Lung Cancer Patients: Systematic Review and Meta-Analysis

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1 **Prevalence and prognostic significance of hyponatremia in**  
2 **lung cancer patients: Systematic Review and Meta-**  
3 **Analysis**

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27           **Abstract**

28   **Background**

29           The prevalence of hyponatremia is highly variable among lung cancer patients. It is also  
30 an important predictive factor, according to numerous studies. However, its prevalence and  
31 prognostic significance in subgroups of lung cancer patients, e.g. in small cell and non-small  
32 cell lung cancers (SCLC and NSCLC, respectively), have not yet been evaluated in a meta-  
33 analysis.

34   **Methods**

35           We report this systematic review and meta-analysis according to the Preferred  
36 Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA 2009) Statement. We  
37 have registered our meta-analysis and review's protocol to the PROSPERO International  
38 Prospective Register of Systematic Reviews, with the following registration number:  
39 CRD42020167013. A systematic search was done in the following sources: MEDLINE,  
40 Embase, CENTRAL, Web of Science, ClinicalTrials.gov, a WHO Global Health Library. We  
41 extracted the effect measure for each outcome as the relative risk (RR) with the related 95%  
42 confidence interval (CI).

43   **Results**

44           We identified a total of 8127 potentially eligible studies and we included 25 studies in  
45 our evaluation. The prevalence of hyponatremia in lung cancer patients varied between 3% and  
46 56.1% with an average of 23% without any significant differences between the following  
47 subgroups: cancer type ( $p=0.780$ ), gender ( $p=0.223$ ), age ( $p=0.773$ ), ECOG state ( $p=0.317$ )  
48 and the extent of disease ( $p=0.999$ ). Hyponatremia was more consistently an independent  
49 prognostic factor in NSCLC than in SCLC. The overall survival (OS) was significantly lower  
50 in hyponatremic compared to normonatremic patients at 10 months (RR: 0.59, 95% CI, 0.47  
51 to 0.74,  $p<0.001$ ) and at 20 months (RR: 0.44, 95% CI, 0.33 to 0.59,  $p<0.001$ ), with worse  
52 survival rates in NSCLC than in SCLC (27% vs 42%) ( $p<0.001$ ). If hyponatremia was  
53 corrected, OS at 10 months was 1.83 times higher than in the uncorrected hyponatremia group  
54 (95% CI, 1.37 to 2.44,  $p<0.001$ ), but at 20 months no statistically significant difference could  
55 be found between these subgroups ( $p=0.067$ ).

56   **Conclusions**

57           Low serum sodium levels have a negative impact on mortality at 10 and 20 months,  
58 which is more pronounced among NSCLC patients. The correction of hyponatremia has a  
59 positive effect on OS rates at 10 months, but this advantage disappears by 20 months.

60

61   **Key words:** Lung Cancer, SCLC, NSCLC, Hyponatremia, SIADH

## 62            **Background**

63            Lung cancer is one of the most frequent malignancies worldwide in both sexes, and  
64 75% of patients are diagnosed at an advanced stage. According to the reports of the WHO in  
65 2018, it is the leading cause of mortality among cancers [1]. Moreover, based on the WHO's  
66 Global Cancer Observatory's report, the incidence of lung cancer is predicted to grow by 72.5%  
67 until 2040 [2].

68            The reported prevalence values of hyponatremia (<135 mmol/L) among lung cancer  
69 patients are highly discordant in the literature, varying between 3.7% and 75% [3-8]. Although  
70 inappropriate antidiuretic hormone secretion (SIADH) is the most common underlying cause  
71 [4-5], the prevalence of SIADH seems to be lower among lung cancer patients compared to  
72 hyponatremia, varying from 9.1 to 39% in SCLC [6, 9-11] and 0.7-4% in NSCLC [6, 12].  
73 SIADH was diagnosed even less frequently in the general cancer population [4, 13-14]. This  
74 discrepancy may be partially explained by insufficient diagnostic work-up and the presence of  
75 other comorbidities that also affect the sodium level [15-17].

76            Based on literature reports, hyponatremia and SIADH appear to be important negative  
77 predictive factors of mortality in numerous medical conditions, including lung cancer [4, 9, 12,  
78 18-22], but not in every paper reached this conclusion [6, 10]. However, a recent meta-analysis  
79 of fifteen studies confirmed the prognostic significance of serum sodium levels by  
80 demonstrating that the correction of hyponatremia is associated with reduced risk of mortality  
81 in hospitalized oncology patients [23].

82            Following a preliminary search of the literature, we found discordant results regarding  
83 the prevalence and prognostic significance of hyponatremia in lung cancer patients, and the  
84 findings considerable differ from the studies and reviews cited above. Our study aims to make  
85 a reappraisal of the occurrence and prognostic impact of pre- and posttreatment hyponatremia,  
86 specifically in patients with lung cancer.

87

## 88            **Methods**

### 89            **Protocol and Registration**

90            We report this systematic review and meta-analysis according to the Preferred  
91 Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA 2009) Statement [24]  
92 described in the Additional File 1. We have registered our meta-analysis and review's protocol  
93 to the PROSPERO International Prospective Register of Systematic Reviews, with the  
94 following registration number: CRD42020167013. There were no deviations from the study  
95 protocol.

96

97 **Search strategy**

98 The first step was to create a PECO (Patient-Exposure/Prognostic factor-Comparison-  
99 Outcome): “P” patients with lung cancer, “E” hyponatremia at the time of the diagnosis/before  
100 treatment, “C” normonatremia at the time of the diagnosis/before treatment, “O” overall  
101 survival time and rate at 10 and 20 months. Then we created a search key based on our PECO,  
102 which included search terms related to the patients group and the prognostic factor: (*lung*  
103 *cancer OR SCLC OR NSCLC OR carcinoid*) AND (*SIADH OR sodium level OR Na level OR*  
104 *hyponatraemia OR hyponatremia OR syndrome of inappropriate ADH OR antidiuretic*  
105 *hormone OR hypotonicity*).

106 We searched the following sources: MEDLINE (via PubMed), Embase, Cochrane  
107 Central Register of Controlled Trials (CENTRAL), Web of Science, ClinicalTrials.gov, a  
108 WHO Global Health Library. The "human" filter was applied in the case of MEDLINE,  
109 Embase, and the WHO Global Health Library. The "trials" and "completed" filters were utilized  
110 when searching in the Cochrane Library or ClinicalTrials.gov, respectively. We did not apply  
111 any language or date restriction to our search. We also performed a search on the bibliography  
112 of the eligible articles. The date of search was 12.03.2019.

113

114 **Eligibility and exclusion criteria**

115 Studies qualified our systematic review after fulfilling the following requirements: 1.)  
116 observational or interventional cohort studies, case-control studies, randomized-controlled  
117 trials, case series, and conference abstracts too, if there were sufficient data provided; 2.) trials  
118 enrolling adult (18 years or above) lung cancer patients with available information of lung  
119 cancer patients’ characteristics (number of patients, age, sex, histological type of cancer, extent  
120 of disease, performance status) and pretreatment serum sodium levels; 3.) trials reporting data  
121 regarding overall survival (OS) time and rate at 10 and 20 months, or with available information  
122 about multivariate analysis of the prognostic significance of hyponatremia.

123 The exclusion criteria were the following: 1.) case studies, case reports, reviews,  
124 comments, letters; 2.) studies investigating other lung pathologies or solid cancers; 3.) lack of  
125 data regarding serum sodium levels before treatment; 4.) papers not reporting outcomes  
126 mentioned before.

127

128 **Study selection and data extraction**

129 After the initial search, all records from each database were imported into a reference  
130 management program (EndNote X7, Clarivate Analytics, Philadelphia, PA, USA). This  
131 software was used to remove duplicates. After the removal of duplicates, the authors screened  
132 the remaining articles against the pre-defined eligibility criteria first by title, abstract, and then

133 full text. Two researchers conducted each step independently, and any disagreements were  
134 resolved by consensus.

135 Numerical data were extracted by two independent investigators, any disagreements  
136 were resolved by consensus and data were manually entered on an Excel 2018 sheet (Office  
137 365, Microsoft, Redmond, WA, USA). These were collected on first author, year of  
138 publication, study design, geographical location, number of patients and basic demographics  
139 (age and sex ratio), in each group. Additional information on the tumor's histological type,  
140 disease extent, Eastern Cooperative Oncology Group (ECOG) Performance status, the grade  
141 of hyponatremia, and the length of follow-up was also obtained. We also collected information  
142 about hyponatremia improvement that was achieved by oncologic, symptomatic, and/or  
143 supportive treatment, including at least 2 cycles of chemotherapy, sodium supplementation, or  
144 fluid restriction. Finally, data were collected on the primary and secondary outcomes of interest  
145 such as OS time, rate and results of multivariate analyses.

146

#### 147 **Risk of Bias Assessment**

148 We used the Quality in Prognostic Studies (QUIPS) tool [25] for assessing the risk of  
149 bias, which is described in the Additional File 2. Any disagreements between the two  
150 independent researchers were solved by consensus.

151

#### 152 **Statistical Analysis**

153 The effect measure of dichotomous variables was reported for each outcome as the  
154 relative risk (RR) with the related 95% confidence interval (CI). All tests were 2-sided, and a  
155 p-value of <0.05 was considered statistically significant (except for heterogeneity, for which a  
156 p-value of <0.10 was considered significant). The random-effects model was used because of  
157 the minor differences between individual studies.

158 Heterogeneity was tested by performing both the Cochran's Q test and calculating  
159 Higgins' I<sup>2</sup> indicator. A p-value of less than 0.10 was considered suggestive of significant  
160 heterogeneity. The I<sup>2</sup> index corresponds to the percentage of the total variability across studies  
161 that is due to heterogeneity. Based on Cochrane Handbook for Systematic Reviews of  
162 Interventions [26], a rough classification of its value is the following: low (0-40%), moderate  
163 (30-60%), substantial (50-90%) and considerable (75-100%). All the statistical analyses were  
164 performed using Stata IC (version 15.1).

165

166

167           **Results**

168           The selection process is summarized in Figure 1. We identified a total of 8127  
169 potentially eligible studies in the literature, 1659 articles in MEDLINE, 5143 articles in  
170 Embase, 231 records in CENTRAL, 946 articles in Web of Science, 33 in ClinicalTrials.gov  
171 and 115 in WHO Global Health Library. After screening by title, abstract, and full text, we  
172 chose 25 studies for our evaluation based on our eligibility criteria. Since not all studies  
173 reported on every parameter, we could include only a limited number of studies in each  
174 subanalysis.

175

176           **Figure 1: PRISMA flow diagram representing the process of study search and**  
177 **selection**

178

179           **Systematic review**

180           The characteristics of the studies are summarized in a table included in Additional File  
181 3 (Additional File 3, Table 1). All selected reports were published in peer-reviewed journals,  
182 including three prospective and 22 retrospective cohort or case-control studies. The number of  
183 participants in the trials varied from 50 to 1083 patients. Every selected article reported  
184 demographic information of the investigated population and data regarding the serum sodium  
185 levels at admission or before starting oncological treatment. Only 15 studies reported on  
186 median OS times and the OS rates at 10 and 20 months were available in even less studies  
187 (n=8).

188           The main clinical characteristics of patients in individual articles are shown in Table 1  
189 from Additional File 3. Out of the 10638 patients included, 65.8% (N=6988) were diagnosed  
190 with SCLC, 34.2% (N=3633) with NSCLC, 70.7% (7225) were male and 29.3% were female.  
191 The reported median age ranged from 55 to 68 years. With a cut-off value of 60 years (7  
192 studies) 53.1% of the studied population was older than 60 years, while with a cut-off value of  
193 65 years (7 studies) 68.4% was younger. In total, 2182 patients had hyponatremia at admission  
194 or before starting oncological treatment. The applied cut-off values varied between 132  
195 mmol/L and 139 mmol/L across studies. Hyponatremia was diagnosed in 1,005 of 5,501  
196 patients (18.3%) using a 135 mmol/L cut-off value in most of the included articles (15 studies),  
197 while in 5 studies where the cut-off value was 136 mmol/L, the number of hyponatremic  
198 patients was 694 out of 2776 patients (25%).

199           The results of various outcomes among the selected studies are shown in another  
200 additional file (Additional File 4, Table 2). The prognostic significance of hyponatremia was  
201 evaluated in 19 studies and was found to be an independent prognostic factor in 12 studies,  
202 whereas in 7 studies it was not.

203 After evaluating the risk of bias in each study using the QUIPS tool, the included reports  
 204 had high and medium risk of bias (Additional File 5).

205 **Meta-analysis**

206 The summary of the results of the statistical analysis are presented in Table 3.

207 **Table 3. Results of the statistical analyses**

<i>Prevalence of hyponatremia</i>					
Subgroups	RR	95% CI	P value	Heterogeneity (I <sup>2</sup> )	P value of heterogeneity
SCLC	0.23	[0.17; 0.29]	NS	96.80%	<0.001
NSCLC	0.22	[0.14; 0.30]	p=0.780	96.25%	<0.001
male vs female	1.22	[0.89; 1.68]	NS p=0.223	74.20%	<0.001
<60 years vs ≥60 years	0.97	[0.80; 1.19]	NS p=0.773	0.00%	0.657
ECOG≤1 vs ECOG>1	0.85	[0.62; 1.17]	NS p=0.317	64.40%	0.006
LD vs ED stage	1.00	[0.47; 2.13]	NS p=0.999	89.2%	<0.001

208

<i>Overall survival rates</i>					
<b>Hyponatremic vs Normonatremic patients:</b>					
Subgroups	RR	95% CI	P value	Heterogeneity (I <sup>2</sup> )	P value of heterogeneity
10 months	0.59	[0.47; 0.74]	<0.001	81.1%	<0.001
20 months	0.44	[0.33; 0.59]	<0.001	40.5%	0.109
<b>Hyponatremic SCLC vs NSCLC patients at 10 months:</b>					
SCLC	0.42	[0.27; 0.57]	<0.001	92.72%	<0.001
NSCLC	0.27	[0.12; 0.44]	<0.001	-	-
Difference			<0.001		
<b>Corrected vs Uncorrected hyponatremic patients:</b>					
10 months	1.83	[1.37; 2.44]	<0.001	0.0%	0.775
20 months	2.65	[0.94; 7.50]	0.067	23.3%	0.271

209

210 **Abbreviations:** ES- Effect size; RR- Risk ratio; CI- Confidence Interval; SCLC- Small cell  
 211 lung cancer; NSCLC- Non-small cell lung cancer; ECOG- Eastern Cooperative Oncology  
 212 Group performance status; LD- Limited disease; ED- Extensive disease

213

214 The prevalence of hyponatremia in lung cancer patients varied between 3% and 56.1%  
 215 (3-46.6% in SCLC and 5.3-46.7% in NSCLC) with an average of 23% (23% SCLC and 22%  
 216 NSCLC) in the evaluated reports without significant differences between SCLC vs. NSCLC  
 217 patients (Figure 2), or in the subgroups created by the following criteria: gender, age, ECOG  
 218 state, the extent of disease (Figure 3-6).

219

220 **Figure 2.: The prevalence of hyponatremia in SCLC and NSCLC patients**

221

222 **Legends:** Black diamonds represent the individual studies effect and vertical lines show the  
223 corresponding 95% confidence intervals (CI). Size of the grey squares reflect on the weight of a  
224 particular study. The blue diamond the overall or summary effect. The outer edges of the diamonds  
225 represent the CIs.

226 **Abbreviations:** SCLC- Small Cell Lung Cancer; NSCLC- Non-Small Cell Lung Cancer; ES- effect  
227 size

228

229 **Figure 3.: The prevalence of hyponatremia in male and female lung cancer**  
230 **patients**

231

232 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
233 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of  
234 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
235 diamonds represent the CIs.

236 **Abbreviation:** RR- Risk ratio

237

238 **Figure 4.: The prevalence of hyponatremia in young (<60 years) and older (>60**  
239 **years) lung cancer patients**

240

241 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
242 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of  
243 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
244 diamonds represent the CIs.

245 **Abbreviation:** RR- Risk Ratio

246

247 **Figure 5.: The prevalence of hyponatremia in lung cancer patients with ECOG $\leq$ 1**  
248 **and ECOG>1 performance state**

249

250 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
251 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of  
252 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
253 diamonds represent the CIs.

254 **Abbreviations:** ECOG- Eastern Cooperative Oncology Group performance status, RR- Risk Ratio

255

256 **Figure 6.: The prevalence of hyponatremia in SCLC patients with Limited and**  
257 **Extensive Disease stage**

258

259 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
260 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of  
261 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
262 diamonds represent the CIs.

263 **Abbreviations:** SCLC- Small Cell Lung Cancer, RR- risk ratio

264 The meta-analysis of the overall survival rates of lung cancer patients with  
265 hyponatremia was performed on 8 selected studies, and a subgroup analysis was also carried  
266 out comparing SCLC and NSCLC patients.

267 The hyponatremic patients, in comparison to patients with normonatremia had 0.59  
268 (95% CI: 0.47-0.74) and 0.44 (95% CI: 0.33-0.59) times lower OS at 10 and 20 months,  
269 respectively, as shown in Figure 7 and 8.

270 **Figure 7.: The overall survival rates at 10 months comparing hyponatremic and**  
271 **normonatremic lung cancer patients**

272

273 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
274 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of  
275 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
276 diamonds represent the CIs.

277 **Abbreviations:** RR- Risk ratio

278

279 **Figure 8.: The overall survival rates at 20 months comparing hyponatremic and**  
280 **normonatremic lung cancer patients**

281

282 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
283 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of  
284 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
285 diamonds represent the CIs.

286 **Abbreviation:** Risk ratio

287 You can see in Figure 9, that the overall survival rates at 10 months were significantly  
288 lower in hyponatremic NSCLC patients (27%, with 95% CI: 12-44%) than in hyponatremic  
289 SCLC patients (42%, with 95% CI: 27-57%) ( $p < 0.001$ ).

290 **Figure 9.: The overall survival rates at 10 months in hyponatremic patients**  
291 **comparing Small Cell and Non-Small Cell Lung Cancer patients**

292

293 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
294 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of

295 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
296 diamonds represent the CIs.

297 **Abbreviations:** SCLC- Small cell lung cancer, NSCLC- Non-small cell lung cancer, RR- risk ratio  
298

299 Information regarding the improvement of overall survival rates following the  
300 correction of hyponatremia was available in only 4 studies. In the selected articles, the changes  
301 of serum sodium levels were the result of oncologic, symptomatic, or supportive treatment,  
302 including at least two cycles of chemotherapy, sodium supplementation, or fluid restriction.  
303 After the correction of hyponatremia, the overall survival rates at 10 months were 1.83 (95%  
304 CI: 1.37-2.44) times higher when compared with the uncorrected hyponatremia group (Figure  
305 10).

306 **Figure 10.: The overall survival rates after correction of hyponatremia at 10**  
307 **months (corrected and uncorrected hyponatremic patient groups)**

308

309 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
310 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of  
311 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
312 diamonds represent the CIs.

313 **Abbreviation:** RR- Risk ratio

314

315 However, at 20 months, no significant differences were identified between these groups  
316 ( $p=0.067$ ), as shown in Figure 11.

317 **Figure 11.: The overall survival rates after correction of hyponatremia at 20**  
318 **months (corrected and uncorrected hyponatremic patient groups)**

319

320 **Legends:** Black diamonds represent the individual effects of studies and vertical lines show the  
321 corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of  
322 a particular study. The blue diamond shows the overall or summary effect. The outer edges of the  
323 diamonds represent the CIs.

324 **Abbreviation:** RR- Risk ratio

325

## 326 **Discussion**

327 Regarding the prevalence of hyponatremia in lung cancer patients, discordant results  
328 have been published. In one review, the incidence of hyponatremia was suggested to be in the  
329 range of 15-75% among lung cancer patients [3]. At the same time, in another one, the  
330 prevalence varied in a lower range, from 5 to 36% with an average of 15% in SCLC, and 0.4-

331 2% in NSCLC [6]. In other reviews, the prevalence of hyponatremia and/or SIADH was even  
332 less: Grohe et al. found hyponatremia in 14% of SCLC patients and 2.7% of NSCLC [7], while  
333 Christoforos Efthymiou et al showed that SIADH was present in 7-16% of SCLC patients, and  
334 was rare among NSCLC patients (1%) [8].

335 To the best of our knowledge, ours is the first article which is not only a systematic  
336 review but also a meta-analysis evaluating the prevalence of hyponatremia in lung cancer  
337 patients. According to our systematic search for the available studies in the literature, the  
338 prevalence of hyponatremia varies between 3.0 and 56.1%, with a pooled prevalence of 23%  
339 in lung cancer patients. However, contrary to the general concept, our comprehensive  
340 evaluation and statistical analyses showed no significant difference in the prevalence of  
341 hyponatremia between SCLC and NSCLC (23% vs. 22% pooled mean frequency). The  
342 prevalence of hyponatremia has not significantly differed in the other subgroups either. So, in  
343 contrast to reviews [52-53] and studies about the general hospitalized populations [54-55], in  
344 lung cancer patients, the presence of hyponatremia is not associated with age or gender. In  
345 respect of ECOG performance status or disease extent, ours is the first meta-analysis to describe  
346 that the prevalence of hyponatremia is independent of these parameters in lung cancer.

347 The differences in the reported frequency values of low serum sodium levels in the cited  
348 reviews may be caused by the lack of appropriate studies; different eligibility criteria  
349 (hyponatremia at admission or during hospitalization); various patient groups (general  
350 hospitalized, general cancer, or only SCLC/NSCLC patients and other subgroups); and  
351 different cut-off values (130-136 mmol/l) may cause the differences in the reported frequency  
352 values of low serum sodium levels in the cited reviews.

353 Hyponatremia has an overall negative impact on mortality [5, 56-58]. In a meta-analysis  
354 carried out in various hyponatremic patient groups, a significant association was revealed  
355 between hyponatremia and overall mortality [20]. However, among the 147948 hyponatremic  
356 patients included (from 81 studies) were not only subjects with different solid tumors, but also  
357 patients with other medical conditions, such as myocardial infarction, heart failure, liver  
358 cirrhosis, pulmonary infections. In a prospective study of cancer patients, the mortality was  
359 higher among the hyponatremic cancer patients compared to the whole cancer population (19.5  
360 vs 6.3%) [5]. In a systematic review analyzing the prognostic role of hyponatremia in  
361 malignancies, including lung cancer, it was found to be a negative prognostic factor [19]. In  
362 lung cancer, many authors also identified hyponatremia as an independent negative risk factor  
363 [30, 32, 34-35]. At the same time, Umemura and colleagues found that vasopressin (AVP) is a  
364 better prognostic factor than sodium levels [51]. We could confirm that hyponatremia is  
365 significantly associated with worse overall survival rates in lung cancer patients.

366 To the best of our knowledge, this is the first meta-analysis comparing the prognostic  
367 significance of pre-treatment hyponatremia in NSCLC and SCLC patients.

368 According to our analysis, hyponatremia has a more significant negative impact on the  
369 overall mortality of NSCLC patients compared to SCLC patients, since the overall survival

370 rates at 10 months were significantly lower in hyponatremic NSCLC patients than in  
371 hyponatremic SCLC ones ( $p < 0.001$ ).

372 We found only one systematic review in the literature analyzing the independent  
373 prognostic role of hyponatremia in lung cancer [19]. The authors identified hyponatremia as  
374 an independent risk factor for poor outcome in 6 out of 13 and in 1 out of 3 studies in SCLC  
375 and NSCLC, respectively. However, this review has some limitations. In the included studies,  
376 hyponatremia was detected both before and during treatment, the overall survival times and  
377 rates were only partially available and the multivariate analysis of hyponatremia was reported  
378 only in a few studies [19]. In our systematic review, we came to similar conclusions regarding  
379 SCLC patients: overall, out of the 11 studies, 5 identified hyponatremia as an independent  
380 prognostic factor. However, in NSCLC we found low serum sodium to be a significant  
381 independent negative predictor more consistently ( $N=7$  vs. only one paper where it was not).

382 The improvement of hyponatremia correlated with the mortality in retrospective studies  
383 in various medical conditions including lung cancer [59-61]. However, in some reviews, it was  
384 suggested that the impact of hyponatremia correction on mortality should be further  
385 investigated because it still seems to be unclear [62-64]. In a meta-analysis including 15 studies  
386 with 13,816 hyponatremic patients, serum sodium improvement was achieved in 53.2% of  
387 cases, and it was associated with a significant reduction of overall mortality [23]. Similarly, we  
388 found significantly higher OS rates at 10 months among lung cancer patients if the  
389 hyponatremia was ameliorated compared to the uncorrected hyponatremia group. However,  
390 when assessed later, at 20 months this benefit of the treatment was no longer statistically  
391 significant, which is in contrast to the observation of the previous meta-analysis carried out in  
392 various medical conditions where reduced mortality could be detected even at 36 months. This  
393 discrepancy between the 10- and 20-months prognostic data may be related to the higher  
394 progression rate of lung cancer and therefore, a shorter beneficial effect of the improvement of  
395 sodium level compared to other (malignant) diseases. However, statistical uncertainties (e.g.  
396 discrepant ratios of data available and/or patients lost to follow up at the two time-interval)  
397 may also influence this observation.

398 These results show the importance of the correction of hyponatremia and raises  
399 awareness about further therapeutic options in treatment-resistant cases. Numerous papers  
400 highlighted the beneficial effect of V2R antagonists (mostly Tolvaptan), with close monitoring  
401 of sodium levels in the treatment of hyponatremic lung cancer patients [65-71]. These studies  
402 reported effective correction of hyponatremia and improvement of performance status, without  
403 any serious adverse events. However, according to our systematic search, in lung cancer  
404 patients, the effect of V2R antagonist treatment on mortality has only been evaluated in one  
405 study, which also demonstrated the cost-effectiveness of tolvaptan treatment in Swedish  
406 patients with SIADH in pneumonia or SCLC [72].

407

408 **Limitations**

409 The most significant limitations of our meta-analysis are the following: the lack of  
410 randomized controlled trials, the low number of prospective and higher number of retrospective  
411 studies, the limited number of studies available in respect of certain relevant questions, the  
412 considerable heterogeneity of the included studies and the variable cut-off values for serum  
413 sodium levels, which all can lead to biased results. The severity of hyponatremia at the time of  
414 diagnosis could potentially have been influenced by some interfering factors, which were not  
415 fully evaluated, such as comorbidities and treatments.

416 From the available data, no certain answer can be given to the question of whether the  
417 negative prognostic significance of resistant hyponatremia was due to oncological  
418 unresponsiveness or inappropriate sodium correction. Furthermore, incomplete data reporting  
419 of follow-up time and the patients lost to follow-up, as well as the demographic characteristics  
420 of hyponatremic patients have also been important limitations. E.g. lack of information about  
421 hyponatremic patient's demographic characteristics may distort the results. More data for a  
422 better understanding would be desirable.

423

424 **Conclusions**

425 In the literature, the prevalence of hyponatremia in lung cancer patients varies between  
426 3% and 56.1% with a pooled mean frequency of 23%. In our meta-analysis no significant  
427 differences could be observed in the prevalence of hyponatremia among various subgroups  
428 including SCLC vs. NSCLC.

429 Hyponatremia significantly and negatively influences the overall survival rates of these  
430 patients, especially in NSCLC where data are more consistent. Moreover, the improvement of  
431 serum sodium levels by specific or symptomatic treatment may improve the survival rates, at  
432 least on the short term.

433 Overall, the contradictions in the literature suggest that better designed studies are  
434 necessary to assess the prevalence and prognostic significance of hyponatremia.

435

436 **Declarations**

437

438 **Conflicts of interests**

439 The authors declare that they have no competing interests.

440

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450 Conception and design, M.G., E.B., B.T., S.K., M.F., P.H., Z.S., E.M., and L.B.;  
451 Administrative support, E.B., M.S.; Provision of study materials or patients P.H., E.M., and  
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455

456 **Availability of data and materials**

457 The datasets used and/or analysed during the current study are available from the  
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459

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462

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468

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474 [line?type=0&type\\_sex=0&mode=population&sex=0&populations=900&cancers=15](https://gco.iarc.fr/tomorrow/graphic-line?type=0&type_sex=0&mode=population&sex=0&populations=900&cancers=15&age_group=value&apc_male=0&apc_female=0&single_unit=500000&print=0)  
475 [&age\\_group=value&apc\\_male=0&apc\\_female=0&single\\_unit=500000&print=0](https://gco.iarc.fr/tomorrow/graphic-line?type=0&type_sex=0&mode=population&sex=0&populations=900&cancers=15&age_group=value&apc_male=0&apc_female=0&single_unit=500000&print=0)
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688

689 **Additional files**

690 **Additional File 1.** PRISMA Checklist

691 **Additional File 2.** QUIPS tool for Risk of Bias Assessment

692 **Additional File 3.** Table 1 showing the characteristics of the included studies in the  
693 systematic review

694 **Additional File 4.** Table 2 showing the outcomes in lung cancer patients among the  
695 included studies

696 **Additional File 5.** Risk of Bias Assessment

# Figures

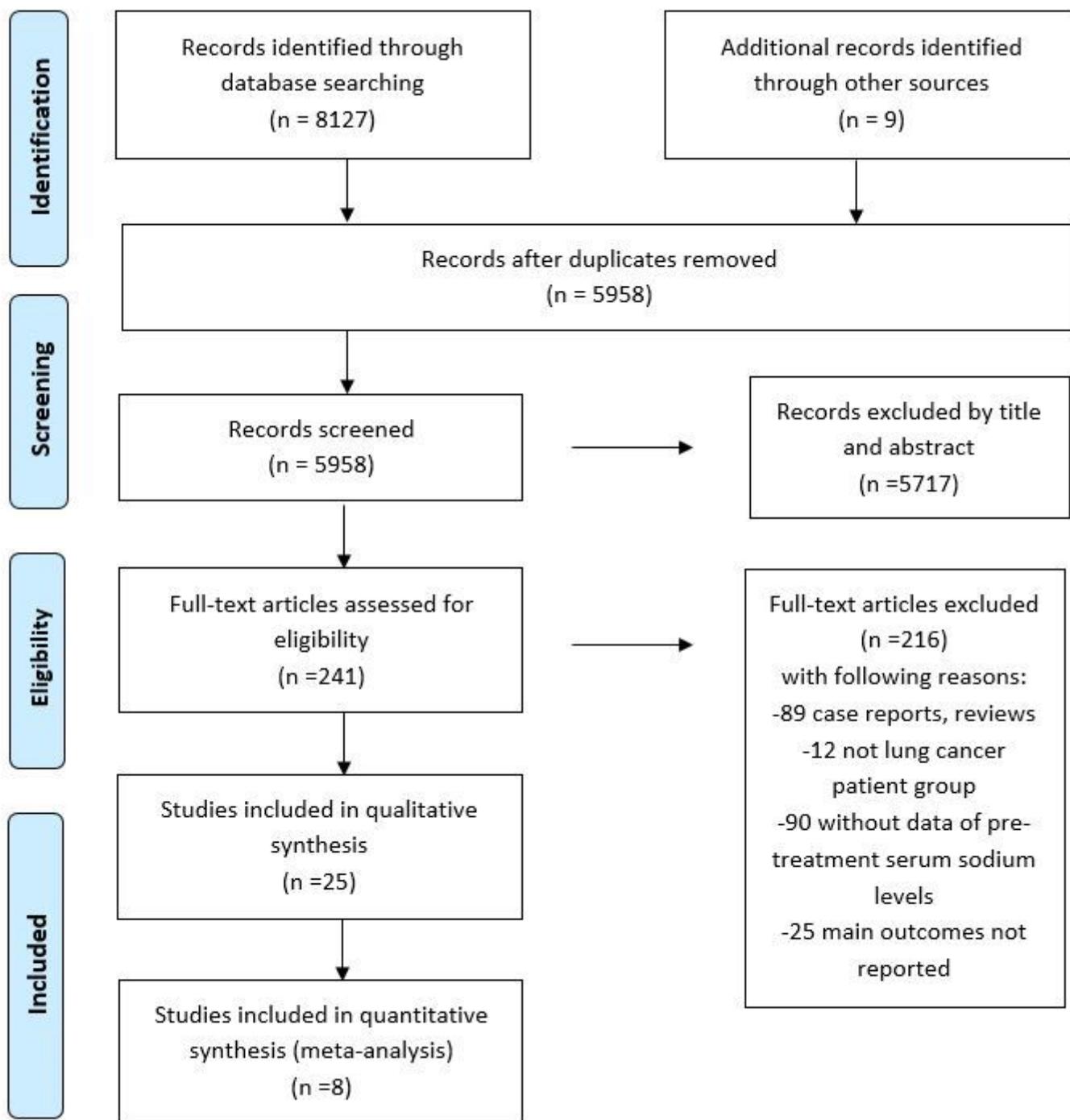
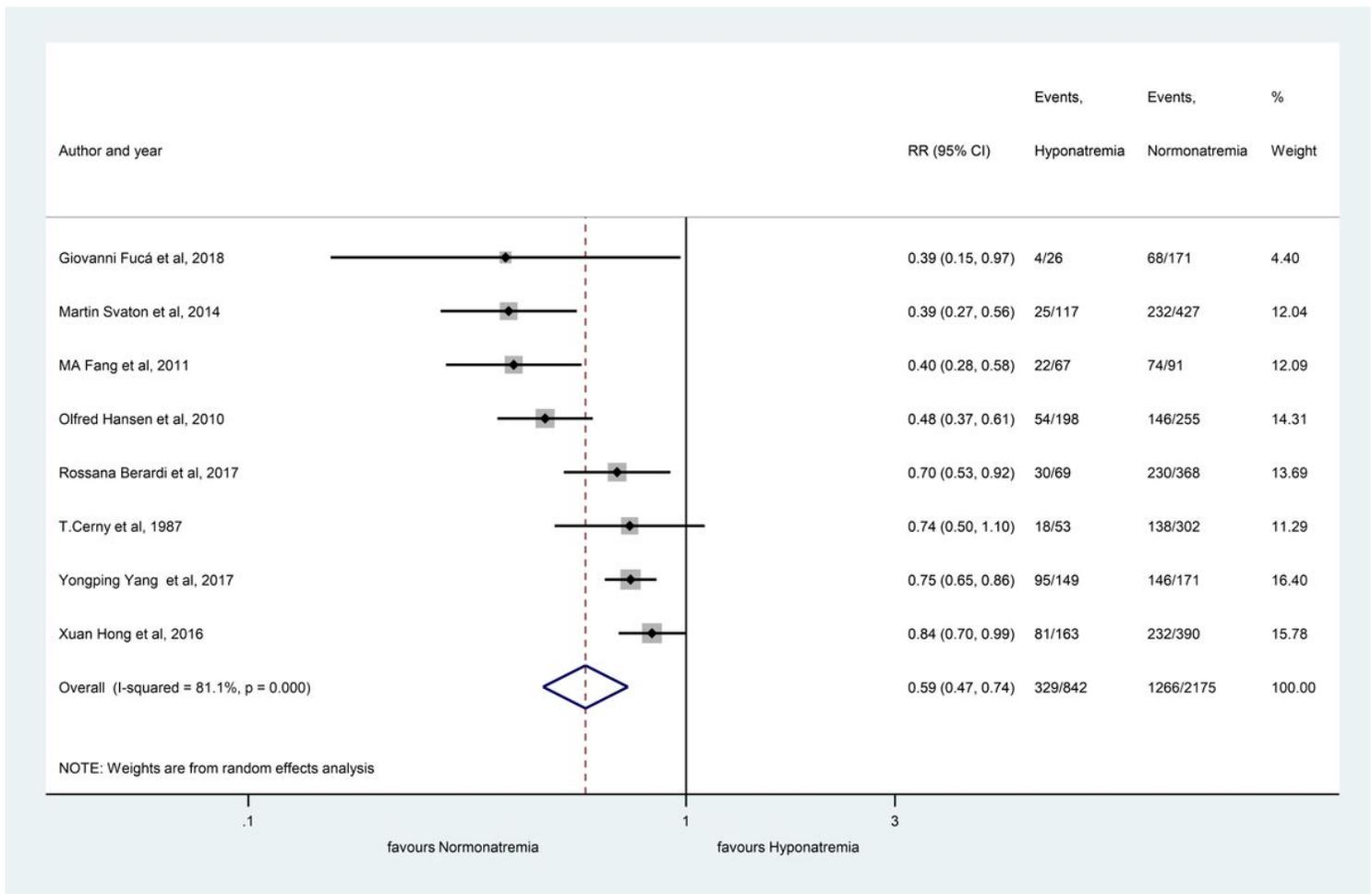


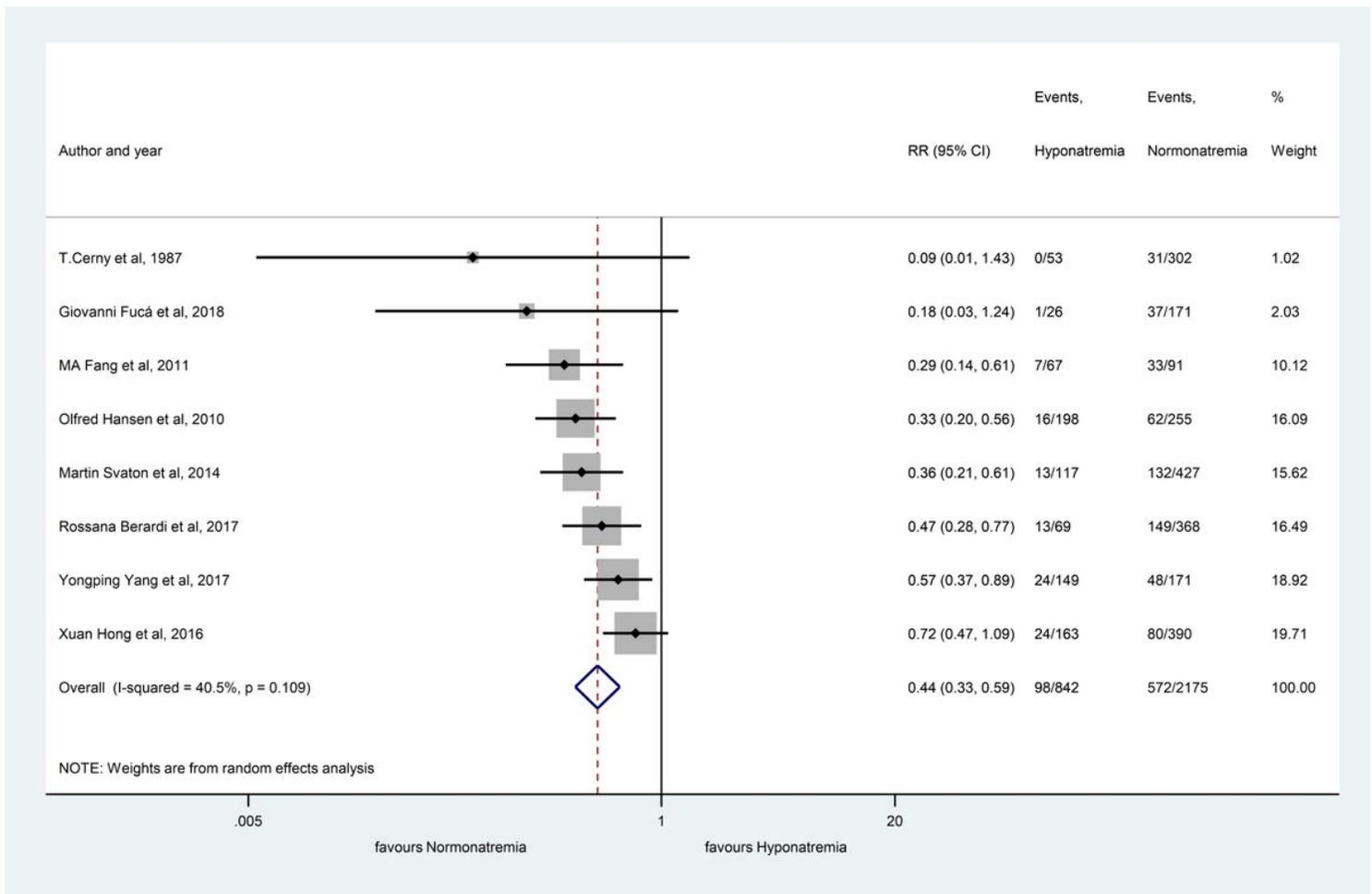
Figure 1

PRISMA flow diagram representing the process of study search and selection



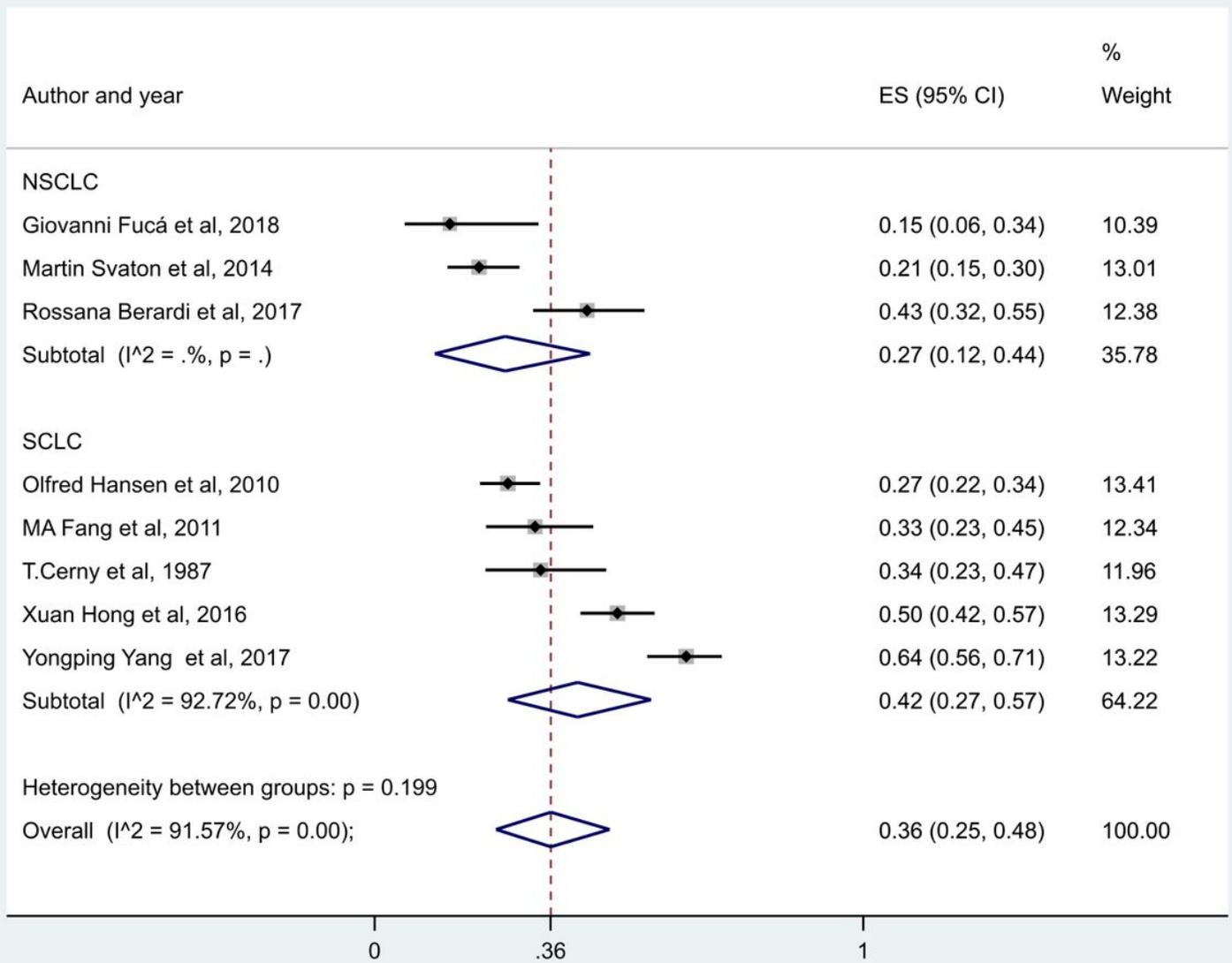
**Figure 2**

The prevalence of hyponatremia in SCLC and NSCLC patients. Legends: Black diamonds represent the individual studies effect and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflect on the weight of a particular study. The blue diamond the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviations: SCLC- Small Cell Lung Cancer; NSCLC- Non-Small Cell Lung Cancer; ES- effect size



**Figure 3**

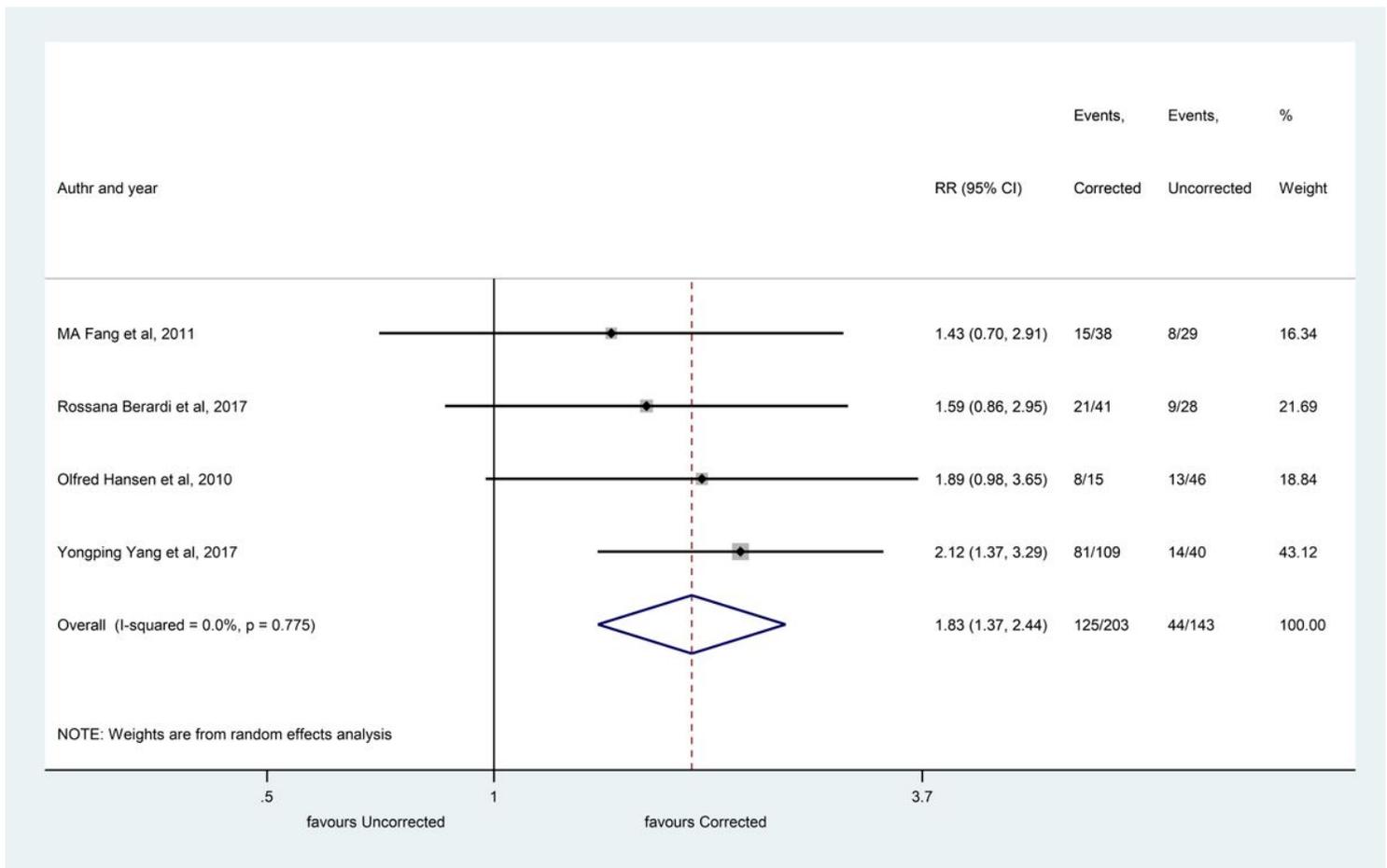
The prevalence of hyponatremia in male and female lung cancer patients. Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviation: RR- Risk ratio



**Figure 4**

The prevalence of hyponatremia in young (<60 years) and older (>60 years) lung cancer patients

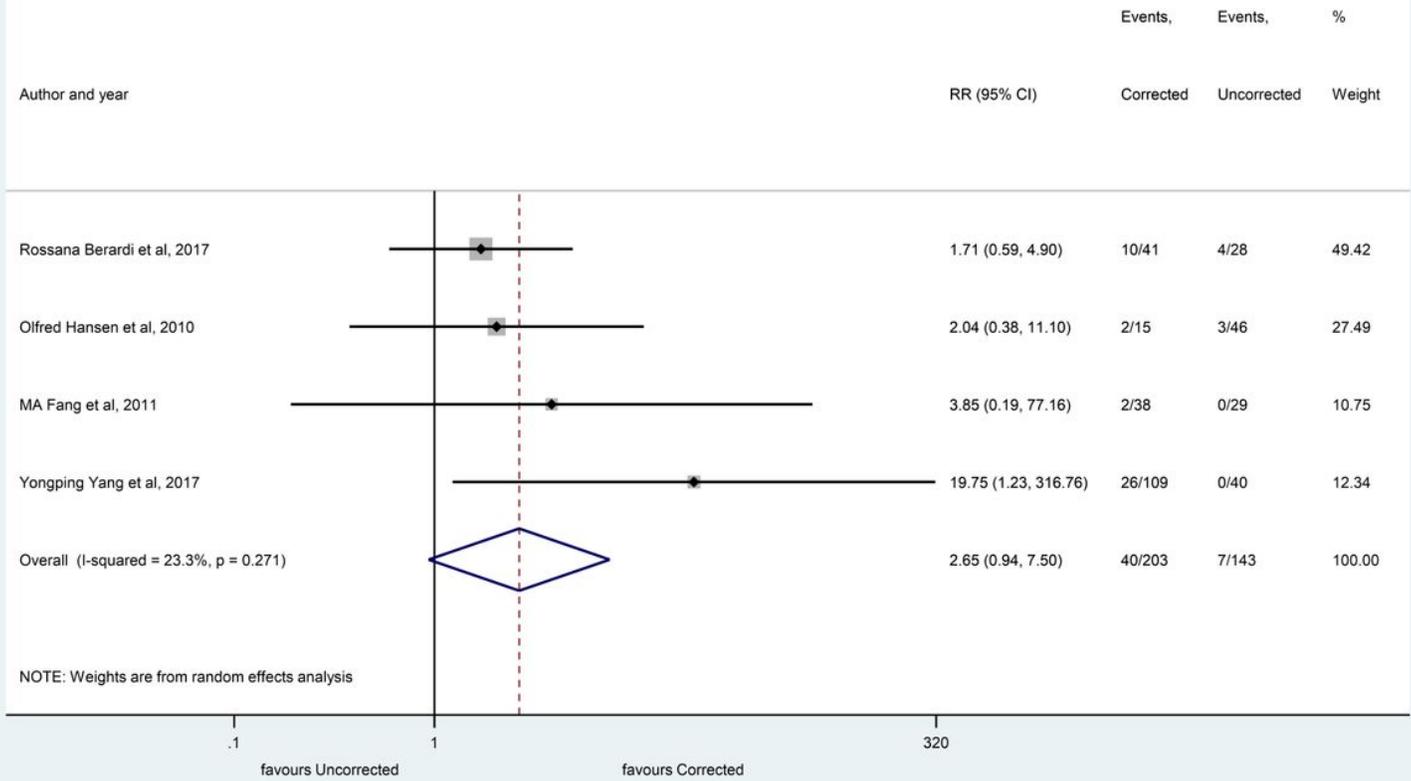
Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviation: RR- Risk Ratio



**Figure 5**

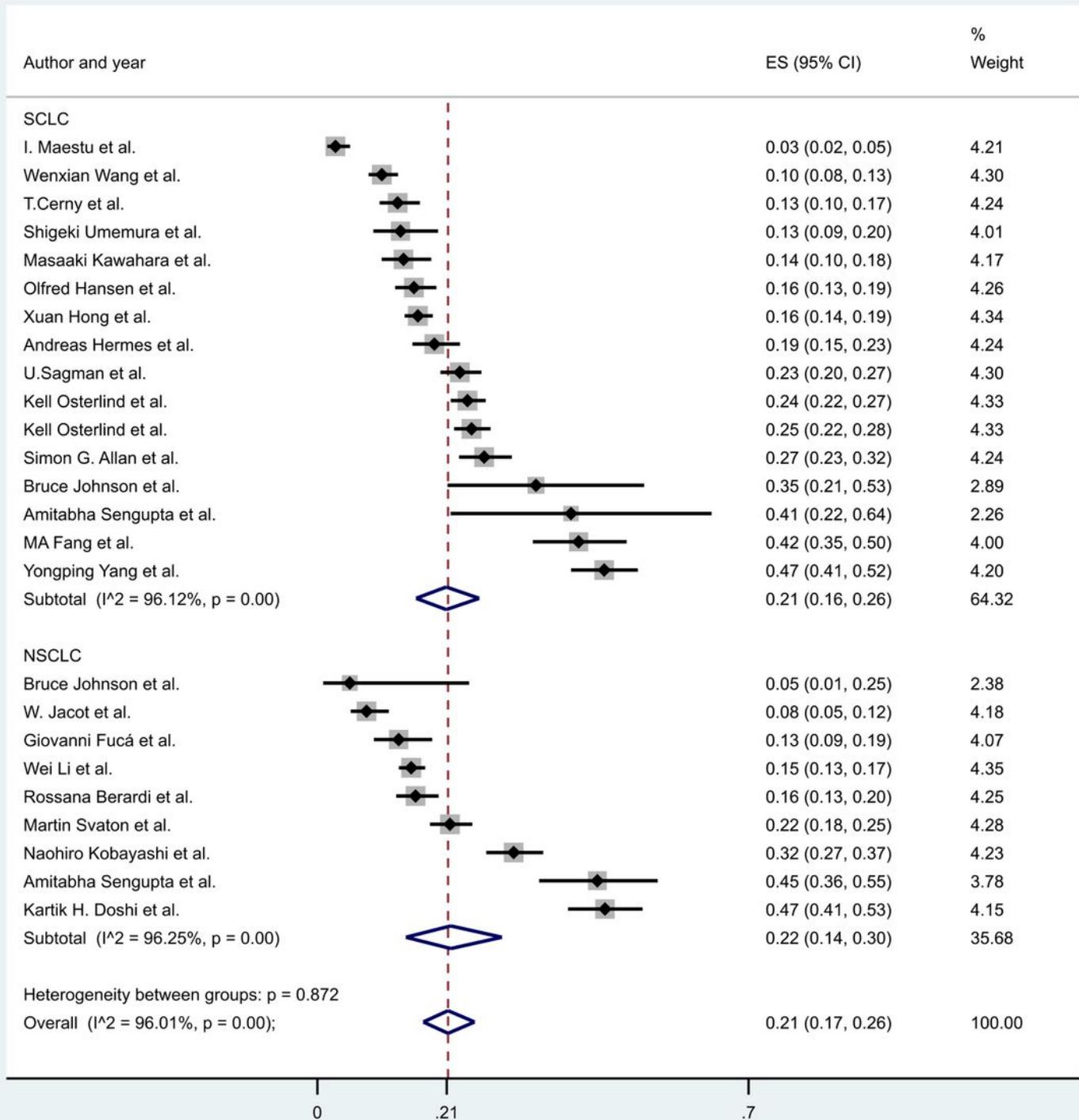
The prevalence of hyponatremia in lung cancer patients with ECOG $\leq$ 1 and ECOG $>$ 1 performance state

Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviations: ECOG- Eastern Cooperative Oncology Group performance status, RR- Risk Ratio



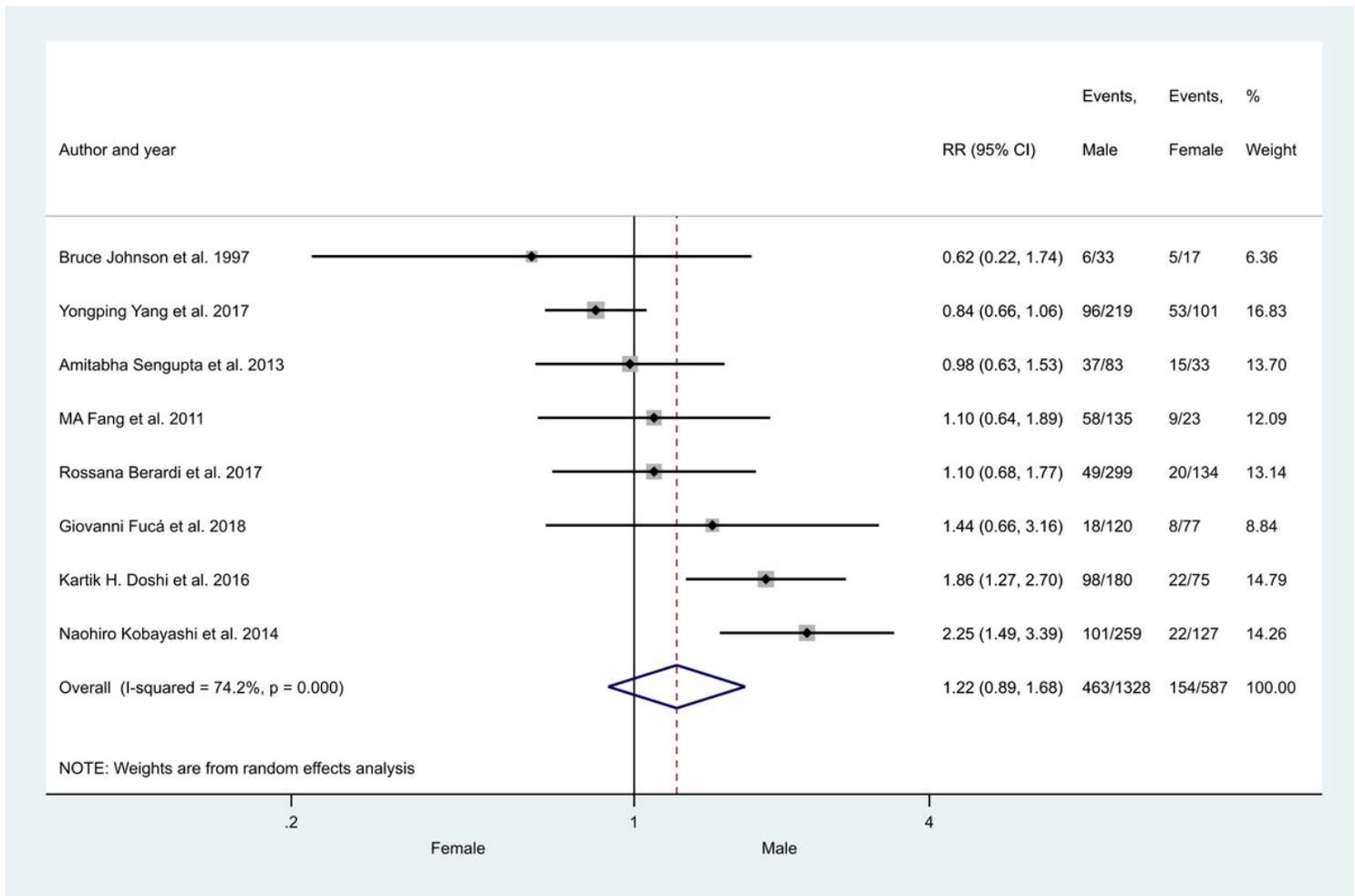
**Figure 6**

The prevalence of hyponatremia in SCLC patients with Limited and Extensive Disease stage Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviations: SCLC- Small Cell Lung Cancer, RR- risk ratio



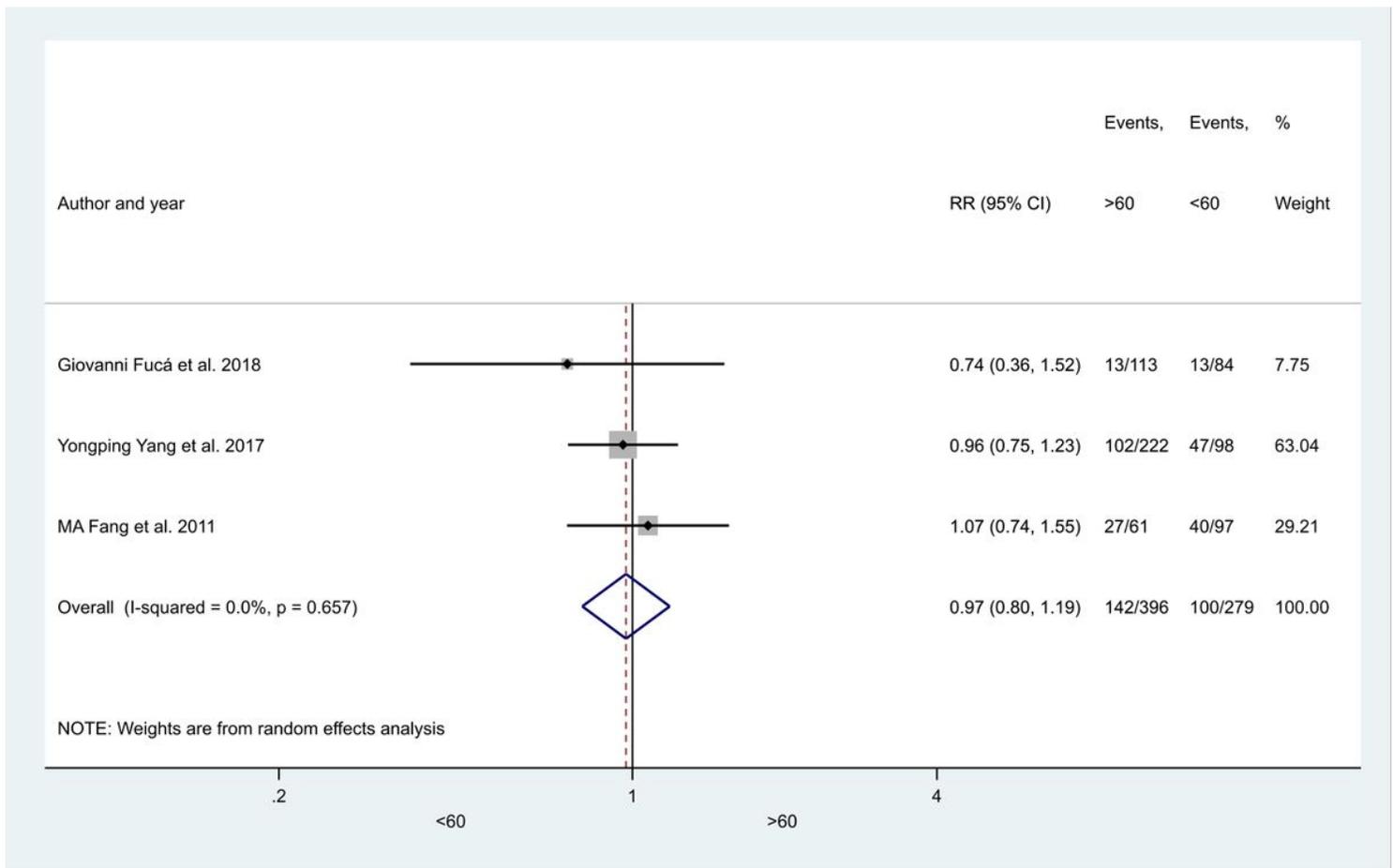
**Figure 7**

The overall survival rates at 10 months comparing hyponatremic and normonatremic lung cancer patients. Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviations: RR- Risk ratio



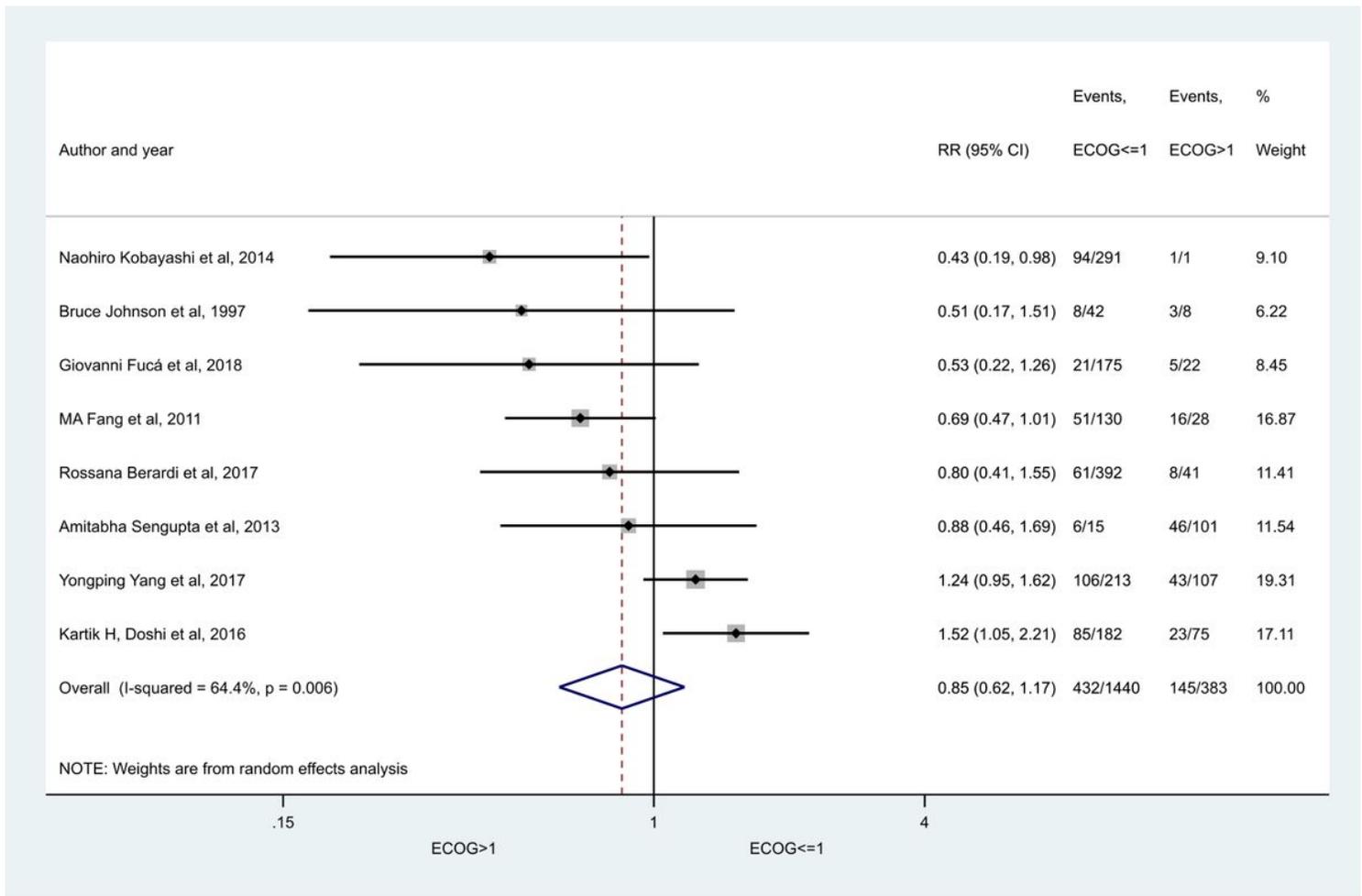
**Figure 8**

The overall survival rates at 20 months comparing hyponatremic and normonatremic lung cancer patients. Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviation: Risk ratio



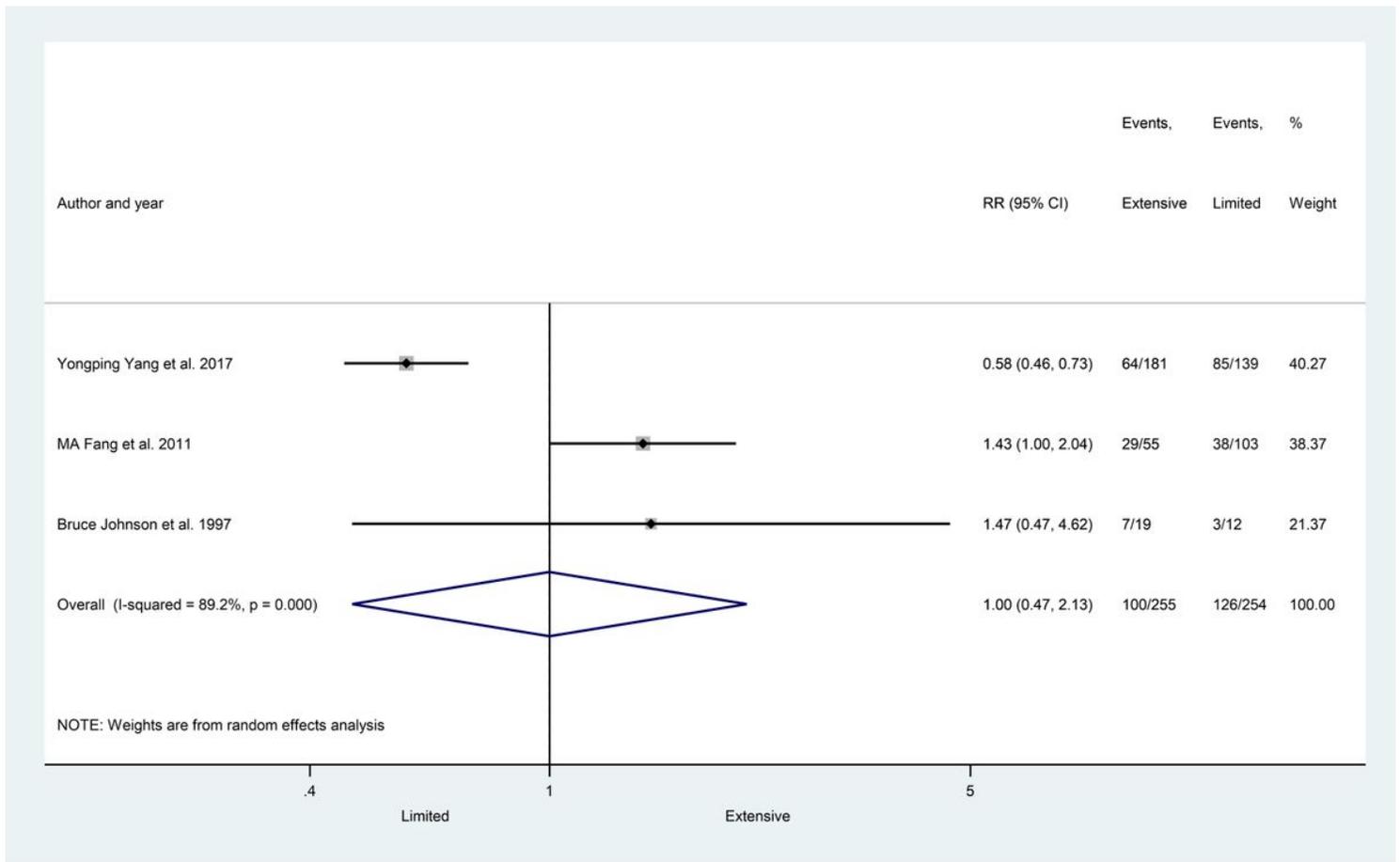
**Figure 9**

The overall survival rates at 10 months in hyponatremic patients comparing Small Cell and Non-Small Cell Lung Cancer patients. Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviations: SCLC- Small cell lung cancer, NSCLC- Non-small cell lung cancer, RR- risk ratio



**Figure 10**

The overall survival rates after correction of hyponatremia at 10 months (corrected and uncorrected hyponatremic patient groups) Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviation: RR- Risk ratio



**Figure 11**

The overall survival rates after correction of hyponatremia at 20 months (corrected and uncorrected hyponatremic patient groups) Legends: Black diamonds represent the individual effects of studies and vertical lines show the corresponding 95% confidence intervals (CI). Size of the grey squares reflects the individual weight of a particular study. The blue diamond shows the overall or summary effect. The outer edges of the diamonds represent the CIs. Abbreviation: RR- Risk ratio

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