

NIrp3 Inflammasome Genetic Variants Are Associated With Risk And/Or Protection To Hospitalization Among Covid-19 Patients From Rio De Janeiro, Brazil

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Abstract

Background

COVID-19 has a broad spectrum of clinical manifestations, from asymptomatic to mild or moderate symptoms, reaching the most severe forms and death. The mechanisms underlying the SARS-CoV-2 infection and its clinical evolution are still unclear. Once SARS-CoV-2 infects individuals, host factors are activated by the presence of the virus inside the cells, such as the inflammasome system. The search of risk factors for COVID-19 is of relevance for clinical management. In this study, we investigated the impact of 11 single-base polymorphisms (SNPs) in the NLRP3, CARD8, AIM2, CASP-1, IFI16, and IL-1 β inflammasome genes in SARS-CoV-2 infected individuals with distinct disease outcomes.

Methods

Patients were divided into two groups: (1) inpatients, with severe/critical disease (Hospitalized group, n=451), and (2) convalescent volunteers with prior SARS-CoV-2 infection and a history of asymptomatic to mild symptoms (Mild group, n=43). Patients hospitalized were followed up at a Hospital Center for COVID-19 Pandemic – National Institute of Infectology (INI)/FIOCRUZ, Rio de Janeiro, Brazil, from June 2020 to March 2021. The Mild group was recruited at Oswaldo Cruz Institute (IOC)/FIOCRUZ, Rio de Janeiro, Brazil, in 2020. Genotyping of the SNPs was determined by Real-Time PCR. Protection and risk estimations were performed by unconditional logistic regression models.

Results

Among the genotyped SNPs, significant differences in the NLRP3 rs1539019 and rs10754558 frequencies were observed between the groups. The C/C genotype (OR_{adj} =6.31; P_{adj} =0.026) or allele C (OR_{adj} =1.05; P_{adj} =0.002) in rs1539019 polymorphism were associated with the risk for hospitalization, while the C/G genotype (OR_{adj} =0.16; P_{adj} =0.016) or carrier-G (OR_{adj} =0.2; P_{adj} =0.028) in rs10754558 polymorphism were associated with protection for hospitalization. Regarding the NLRP3 genetic variants, the A-C-G-C-G haplotype (OR_{adj} =0.14; P_{adj} =0.030) was associated with protection for hospitalization. No significant association was observed for the other polymorphisms.

Conclusions

As of our knowledge, this is the first study demonstrating the association of inflammasome NLRP3 variants with risk and/or protection for hospitalization in COVID-19. Studies linking the NLRP3 inflammasome and SARS-CoV-2 infection are still scarce due to the recent emergence of this pathogen. Our results contribute to the discussion of the impact of inflammasomes in the clinical evolution of COVID-19.

Background

Since the end of 2019/early 2020, a new disease emerged, described initially as an outbreak of viral pneumonia in individuals living in Wuhan, China (1). Researchers identified a new coronavirus as the pathogen causing the outbreak and named it as SARS-CoV-2 (2). The World Health Organization (WHO) called the associated coronavirus disease COVID-19 (3). Due to this fast dispersion around the world, on March 11, 2020, WHO raised COVID-19 to the category of a pandemic that is still ongoing (4). Globally, mortality and incidence of SARS-CoV-2 have increased rapidly. The Americas are the continents most affected by the COVID-19 pandemic now, with the United States of America (USA) and Brazil being the leaders in the numbers of cases to date (5). SARS-CoV-2 has already infected more than 230 million individuals worldwide, and 4.7 million patients have died, according to WHO (6). In Brazil, the first case was notified on February 26th, 2020, and the first community transmission was identified on March 13th, 2020. The country has accumulated more than 20 million reported cases, with more than 586,000 deaths as of September 13th, 2021 (6, 7).

COVID-19 has a broad spectrum of clinical manifestations, from asymptomatic to mild/moderate symptoms, to most critical forms, as a severe acute respiratory syndrome (SARS), thromboembolism, sepsis, multiple organ failure, and death (6). Though the risk of death due to the COVID-19 varies among the countries, age, comorbidities, and host genetic factors, the mechanisms underlying SARS-CoV-2 infection and its clinical evolution are still unclear (8, 9).

Once SARS-CoV-2 infects individuals, host factors are activated by the presence of the virus inside the cells. Pattern-recognition receptors (PRR), recognize conserved virus fragments, known as pathogen-associated molecular patterns (PAMP), and trigger the activation of several cellular components (10, 11). Among the large family of PRRs are NOD-like receptors (NLR), retinoic acid-inducible gene-I (RIG-I)-like receptors (RLRs) and, Toll-like receptors (TLRs) (12). Some studies have already shown that the RLRs family is an important PRR in the detection of coronaviruses (13, 14). Besides that, the NLR receptors stand out due to their wide recognition of intrinsic or extrinsic stimuli, operating principally as cytoplasmatic sensors (15). These receivers when activated lead to the NF-kB activation pathway, which culminates in the transcription of several molecules, such as gasdermin-D (GSDM-D), pro-IL-1b, and pro-IL-18, among others (16, 17). These released molecules cause a wave of local inflammation, involving increased secretion of proinflammatory cytokines and chemokines (e.g., IL-6, IFN-γ, CCL2, and CXCL10) (18, 19). These and other cytokines have already been observed to be increased in SARS-Cov-2 infection, especially in more severe cases (18, 20).

The primary function of the NLR is to form a multiprotein complex, known as inflammasome. The inflammasomes are cytosolic multiprotein oligomers of the innate immune system responsible for the activation of inflammatory responses, which interact with several adapter proteins leading to the activation of caspase-1 and inducing the release of the proinflammatory cytokines IL-1ß and IL-18 (21). Different PRR (e.g., NLRP1 and NLRP3) can activate inflammasome assembly in response to specific stimuli, leading to inflammation and thrilling the innate immune response. Inflammasome activation is

strictly regulated by endogenous host proteins (e.g., CARD8 and HSP90) and by a variety of transcriptional and post-transcriptional mechanisms (22). Inflammasomes belonging to the NLR are composed of at least three components: a protein sensor (e.g., NLRP1 and NLRP3), an inflammatory caspase (e.g., caspase-1 and caspase-11), and, finally, an adapter molecule containing a CARD domain (e.g., ASC) (23). It has been shown that proteins E, ORF3a e ORF8b from SARS-CoV activate NLRP3 inflammasome (15). Mutations in the inflammasome genes may lead to inflammatory disorders. For example, the constitutively IL-1 β high levels contribute to chronic inflammation (24), including viral infections (25). SNPs in the NLRP3 gene were associated with a group of inflammatory disorders of genetic origin with the exaggerated secretion of IL-1 β (26).

Studies have already observed the relationship between inflammasome activation and COVID-19 (12, 27–30). Inflammasome activation is one of the main theories for the explanation of the cytokine storm during COVID-19 causing severe disease (12, 30). NLRP3 activation in COVID-19 patients has already been described in tissues of COVID-19 patients. Additionally, higher levels of IL-18 and Casp1p20 (Inflammasome products) in COVID-19 patients were associated with severe disease (30). However, exploring the role of the inflammasomes in the SARS-CoV-2 infection is still needed due to the recent onset of this pathogen. Genetic factors contributing to the outcome of SARS-CoV-2 infection are still little known; recently, variants in the specific sites of the ACE2 and TMPRSS2 genes, as well as the ABO locus and fewer others gene targets were considered as genetic risk factors for COVID-19 outcomes (31–33). No variants in inflammasome genes have ever been associated with risk or protection for COVID-19. The search of risk and/or protection factors for COVID-19 is of relevance for clinical management. Thus, in the present study, we investigated the impact of 11 single-base polymorphisms (SNPs) of the NLRP3, CARD8, AIM2, CASP-1, IFI16, and IL-1 β inflammasome genes in SARS-CoV-2 infected individuals.

Methods

This is a case-control study nested in the RECOVER-SUS (Collaborative Network to Generate COVID-19 scientific evidence for the Brazilian Unified Health System), a cohort of individuals hospitalized with severe/critical COVID-19 at "Instituto Nacional de Infectologia Evandro Chagas" of the Oswaldo Cruz Foundation (INI-FIOCRUZ). In this study, the "Hospitalized Group" was formed by 451 individuals, a subset of the patients enrolled in the RECOVER-SUS cohort from June 2020 to March 2021. The "Mild Group" was formed with 43 individuals with RT-PCR confirmed SARS-CoV-2 infection with asymptomatic or mild disease severity, selected from the individuals tested for COVID-19 in 2020 by the Laboratory of Respiratory Virus and Measles – IOC/FIOCRUZ, Rio de Janeiro, Brazil, in 2020. The local Ethics Committee approved the studies. All participants signed an informed consent form.

Demographic and clinical data and blood samples were collected at the study entry visit. Skin color was self-declared following the classification system employed by the Brazilian Institute of Geography and Statistics (IBGE) (34). IBGE is the entity linked to the Brazilian Federal Government, responsible for collecting Brazilian statistical, geographic, cartographic, geodetic, and environmental information.

Genomic DNA extraction

DNA was extracted from whole blood using the QIAamp DNA Blood Mini Kit (Qiagen, Hilden, Nordrhein-Westfalen, Germany), following the manufacturer's instructions. The DNA concentration was determined using a Thermo Scientific NanoDrop 2000 spectrophotometer (Thermo Fisher Scientific, Waltham, Massachusetts, USA). The filtrates containing the isolated DNA were stored at -20 °C until the genomics analyses.

Single nucleotide polymorphism selection and genotyping

We selected 11 SNPs in six inflammasome genes, considering the relevance of each gene in the inflammasome pathway: CARD8 (rs2043211, rs6509365), AIM2 (rs2276405), IFI16 (rs1101996), CASP-1 (rs572687), *IL-1β* (*rs1143634*), and NLRP3 (*rs10754558*, *rs1539019*, *rs4612666*, *rs3806268*, and *rs35829419*). These were selected based primarily on a literature review about inflammasome SNPs in viral diseases. SNP genotyping was performed using commercially available TaqMan assays (Applied Biosystems/AB and Life Technologies) at the ABI7500 Real-Time platform (Applied Biosystems/AB and Life Technologies). Allelic discrimination was carried out employing the Thermo Fisher Connect Software. The SNP characteristics are listed in Table S1.

Statistical analyses

Mann–Whitney U tests were used to compare baseline demographic and clinical, continuous numerical variables, and Fisher's exact tests were used for categorical variables. In the SNP analyses, the frequencies of genotypes were determined by direct count, and deviations from HWE were assessed by $\chi 2$ tests. Pairwise LD patterns were determined for each gene using r^2 statistics (cut-off of $r^2 \geq 0.8$). The homozygous genotypes of the allele with the major frequency in our sample were compared with the genotypes including the minor allele frequency allele (carriers) to better observe the differences caused by the variation. The protection/risk estimate was presented as adjusted odds ratios (aOR) with 95% CI for each SNP and estimated through unconditional logistic regression models. We included any clinical phenotypic marker associated with COVID-19 as confounders in modeling all other genotypic analyses to eliminate any possible bias. Haplotype frequencies were estimated by maximum likelihood and phase uncertainty was included in statistical models applied for association analyses. The most frequent haplotype of the NLRP3 and the CARD8 genes were considered references for the haplotype analyses. Multiple comparisons were corrected by the estimations of false-discovery rates (FDR). All statistical analyses were performed using R version 4.1.1 (R Core Team, 2021).

Results

Sociodemographic and clinical characteristics of Hospitalized patients and Mild symptom controls

The sociodemographic and clinical characteristics of the 494 individuals included in the present study are depicted in Table 1. The mean age was 58.05 years (IQR=21.79), with a mean of 41.06 years (IQR=18.46) in the Mild group and 60.25 years (IQR=21.84) in the Hospitalized group. Overall, 256 (51.8%) individuals were male, 16 (37.2%) from the Mild group, and 240 (53.2%) from the Hospitalized group. Regarding schooling, 145 (29.4%) of the individuals have a high school degree, with 5 (11.6%) in the Mild group and 140 (38.2%) in the Hospitalized group. The schooling, gender, skin color, age, comorbidities, and symptoms differed significantly between the Mild and Hospitalized groups. After correction by age, gender, skin color, schooling, and diabetes mellitus and coronary artery disease comorbidities, wherever applicable, only brown color, high school level, and nausea were significantly different between groups.

Table 1
Sociodemographic and clinical features associated with either presentation of mild symptoms (mild group) or moderate/severe symptoms (hospitalized group) (N=494).

Features		Outcomes	e symptoms (no	OR (Cl95%)	P-	aORa	Adjusted
		Mild group N=43	Hospitalized group	(CI95%)	value ^b	(Cl95%)	<i>P</i> -value ^b
		11-45	N=451				
Gender; n (%)	female	27 (62.79%)	211 (46.78%)	Reference	9		
	male	16 (37.21%)	240 (53.22%)	1.92 (1.01- 3.66)	0.048	3.26 (0.97- 10.93)	1
Skin Color; n (%)	white	31 (72.09%)	75 (16.63%)	Reference	9		
	brown	9 (20.93%)	274 (60.75%)	12.58 (5.74- 27.58)	<0.001	11.17 (2.93- 42.61)	0.033
	other	3 (6.98%)	102 (22.62%)	14.05 (4.14- 47.7)	<0.001	17.83 (1.76- 180.3)	0.587
Age; n (%)	(18 - 40]	18 (48.65%)	45 (10.92%)	Reference	9		
	(40 - 60]	15 (40.54%)	159 (38.59%)	4.24 (1.98- 9.07)	<0.001	1.68 (0.18- 15.87)	1
	(60 - 80]	4 (10.81%)	176 (42.72%)	17.6 (5.68- 54.58)	<0.001	3.81 (0.05- 278.1)	1
	(80 - 90.6]	0 (0%)	32 (7.77%)	NC			
Schooling; n (%)	University education	37 (86.05%)	51 (13.93%)	Reference	9		
	High school	5 (11.63%)	140 (38.25%)	20.31 (7.57- 54.52)	<0.001	13.22 (3.25- 53.71)	0.025
	Low Education	1 (2.33%)	175 (47.81%)	126.96 (17.01- 947.41)	<0.001	58.44 (4.32- 789.95)	0.088

 a Odds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities such as diabetes mellitus and coronary artery disease. b *P*-values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P < 0.05. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated.

Features		Outcomes		OR (Cl95%)	P.	aORa	Adjusted
		Mild group N=43	Hospitalized group	(CI93%)	value ^b	(Cl95%)	<i>P</i> -value ^b
		11-43	N=451				
Diabetes Mellitus; n (%)	No	41 (95.35%)	313 (69.4%)	Reference	9		
	Yes	2 (4.65%)	138 (30.6%)	9.04 (2.16- 37.87)	0.002	5.7 (0.6- 54.19)	1
Coronary Artery Disease; n (%)	No	35 (81.4%)	440 (97.56%)	Reference			
	Yes	8 (18.6%)	11 (2.44%)	0.11 (0.04- 0.29)	<0.001	0.01 (0- 0.22)	0.197
Current Smoking; n (%)	No	40 (93.02%)	427 (94.68%)	Reference	9		
	Yes	3 (6.98%)	24 (5.32%)	0.75 (0.22- 2.6)	0.649	0.99 (0.07- 14.8)	1
Fever; n (%)	No	25 (58.14%)	208 (46.12%)	Reference)		
	Yes	18 (41.86%)	243 (53.88%)	1.62 (0.86- 3.06)	0.134	1.18 (0.36- 3.84)	1
Cough; n (%)	No	22 (51.16%)	176 (39.02%)	Reference	2		
	Yes	21 (48.84%)	275 (60.98%)	1.64 (0.87- 3.06)	0.123	3.36 (1.04- 10.85)	1
Chest Pain; n (%)	No	34 (79.07%)	411 (91.13%)	Reference	2		

 a Odds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities such as diabetes mellitus and coronary artery disease. b P-values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P< 0.05. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated.

Features		Outcomes		OR (Cl95%)	<i>P</i> -	aOR ^a	Adjusted
		Mild group N=43	Hospitalized group	(0193%)	value ^b	(Cl95%)	<i>P</i> -value ^b
		N-43	N=451				
	Yes	9 (20.93%)	40 (8.87%)	0.37 (0.16- 0.82)	0.015	0.15 (0.03- 0.83)	1
Coryza; n (%)	No	28 (65.12%)	415 (92.02%)	Reference	9		
	Yes	15 (34.88%)	36 (7.98%)	0.16 (0.08- 0.33)	<0.001	0.55 (0.15- 2.11)	1
Dyspneia; n (%)	No	35 (81.4%)	139 (30.82%)	Reference	?		
	Yes	8 (18.6%)	312 (69.18%)	9.82 (4.44- 21.72)	<0.001	8.12 (2.28- 28.96)	0.05
Odynophagy; n (%)	No	27 (62.79%)	435 (96.45%)	Reference)		
	Yes	16 (37.21%)	16 (3.55%)	0.06 (0.03- 0.14)	<0.001	0.25 (0.06- 1.07)	1
Anosmia; n (%)	Yes	28 (65.12%)	48 (10.64%)	Reference	?		
	No	15 (34.88%)	403 (89.36%)	15.67 (7.82- 31.4)	<0.001	6.86 (2- 23.54)	0.089
Loss Of Taste; n (%)	Yes	25 (58.14%)	40 (8.87%)	Reference	9		
	No	18 (41.86%)	411 (91.13%)	14.27 (7.18- 28.38)	<0.001	6.62 (1.94- 22.51)	0.1
Diarrhea; n (%)	No	31 (72.09%)	411 (91.13%)	Reference	9		

 a Odds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities such as diabetes mellitus and coronary artery disease. b P-values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P< 0.05. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated.

Features		Outcomes		OR (Cl95%)	P.	aOR ^a	Adjusted
		Mild group N=43	Hospitalized group	(0190%)	value ^b	(Cl95%)	<i>P</i> -value ^b
		N-43	N=451				
	Yes	12 (27.91%)	40 (8.87%)	0.25 (0.12- 0.53)	<0.001	0.1 (0.02- 0.49)	0.18
Abdominal Pain; n (%)	No	35 (81.4%)	438 (97.12%)	Reference	Э		
	Yes	8 (18.6%)	13 (2.88%)	0.13 (0.05- 0.33)	<0.001	0.03 (0- 0.25)	0.059
Nausea; n (%)	No	34 (79.07%)	427 (94.68%)	Reference	9		
	Yes	9 (20.93%)	24 (5.32%)	0.21 (0.09- 0.49)	<0.001	0.03 (0- 0.26)	0.046
Headache; n (%)	Yes	26 (60.47%)	70 (15.52%)	Reference	Э		
	No	17 (39.53%)	381 (84.48%)	8.32 (4.29- 16.14)	<0.001	6.34 (1.84- 21.91)	0.14
Myalgia; n (%)	Yes	26 (60.47%)	97 (21.51%)	Reference	9		
	No	17 (39.53%)	354 (78.49%)	5.58 (2.91- 10.71)	<0.001	4.12 (1.25- 13.57)	0.795

^aOdds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities such as diabetes mellitus and coronary artery disease. ^bP-values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P < 0.05. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated.

Alleles, genotypes, and haplotype of inflammasome genes and risk for hospitalization

The genotypes, alleles, and carrier frequencies of all the studied SNP associated with hospitalization are shown in Table 2. Genotype frequencies associated with the 11 SNPs analyzed were in Hardy-Weinberg equilibrium in both groups.

Table 2
Unconditional logistic multiple regression model of risk and protection genetic factors for hospitalization in SARS-CoV-2 infected individuals (n=494).

Genes	Alleles and	Hospitalized group	Mild group	aOR ^a	<i>P</i> - value ^b
SNP (rs)	Genotypes	N= 451	N= 43	(CI 95%)	
		N (%)	N (%)		
CARD8 rs2043211	A/A	248 (54.99)	22 (51.16)	Reference	
	A/T	169 (37.47)	16 (37.21)	0.92 (0.28-3.03)	0.89
	T/T	34 (7.54)	5 (11.63)	1.42 (0.15-13.39)	0.759
	Α	665 (73.73)	60 (69.77)	Reference	
	Т	237 (26.27)	26 (30.23)	0.98 (0.94-1.02)	0.247
	Non-Carrier- A	34 (7.54)	5 (11.63)	Reference	
	Carrier-A	417 (92.46)	38 (88.37)	0.68 (0.08-6.22)	0.735
	Non Carrier- T	248 (54.99)	22 (51.16)	Reference	
	Carrier-T	203 (45.01)	21 (48.84)	0.99 (0.32-3.05)	0.984
CARD8 rs6509365	A/A	222 (49.22)	22 (51.16)	Reference	
180309303	A/G	184 (40.8)	16 (37.21)	1.02 (0.31-3.36)	0.971
	G/G	45 (9.98)	5 (11.63)	1.63 (0.19-13.92)	0.653

 a Odds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities, such as diabetes mellitus and coronary artery disease. b *P*-values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * *P* < 0.05. c The rs1143634 polymorphism in the IL-1β gene determination was not possible for one individual from the hospitalized group. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; A, T, G, and C = each allele count, irrespective of the genotype. Carrier-A = total of genotypes with the A allele; Carrier-T = total of genotypes with T allele; Carrier-C = total of genotypes without the C allele; Non-Carrier-T = total of genotypes without the T allele; Non-Carrier-C = total of genotypes without the C allele; Non-Carrier-G = total of genotypes without the G allele.

Genes	Alleles and	Hospitalized group	Mild group	aOR ^a	<i>P</i> - value ^b
SNP (rs)	Genotypes	N= 451	N= 43	(CI 95%)	
		N (%)	N (%)		
	А	628 (69.62)	60 (69.77)	Reference	
	G	274 (30.38)	26 (30.23)	0.99 (0.96-1.03)	0.604
	Non-Carrier- A	45 (9.98)	5 (11.63)	Reference	
	Carrier-A	406 (90.02)	38 (88.37)	0.62 (0.08-5.03)	0.652
	Non-Carrier- G	222 (49.22)	22 (51.16)	Reference	
	Carrier-G	229 (50.78)	21 (48.84)	1.11 (0.36-3.41)	0.852
AIM2 rs2276405	C/C	433 (96.01)	42 (97.67)	Reference	
1522/0403	C/T	18 (3.99)	1 (2.33)	48.47 (0.17- 14065)	0.180
	С	884 (98)	85 (98.84)	Reference	
	Т	18 (2)	1 (1.16)	1.11 (0.99-1.25)	0.070
	Non-Carrier- C	43 (100)	43 (100)	Reference	
	Carrier-C	451 (100)	451 (100)	NC	
	Non-Carrier- T	433 (96.01)	42 (97.67)	Reference	

 a Odds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities, such as diabetes mellitus and coronary artery disease. b *P*-values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * e e 0.05. c The rs1143634 polymorphism in the IL-1 e gene determination was not possible for one individual from the hospitalized group. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; A, T, G, and C = each allele count, irrespective of the genotype. Carrier-A = total of genotypes with the A allele; Carrier-T = total of genotypes with T allele; Carrier-C = total of genotypes without the C allele; Non-Carrier-T = total of genotypes without the T allele; Non-Carrier-C = total of genotypes without the C allele; Non-Carrier-G = total of genotypes without the G allele.

Genes SNP (rs)	Alleles and Genotypes	Hospitalized group	Mild group	aOR ^a	<i>p</i> . value ^b
314F (13)	Genotypes	N= 451	N= 43	(CI 95%)	
		N (%)	N (%)		
	Carrier-T	18 (3.99)	1 (2.33)	48.47 (0.17- 14065)	0.180
IFI16 rs1101996	T/T	205 (45.45)	25 (58.14)	Reference	
131101990	C/C	58 (12.86)	3 (6.98)	1.07 (0.14-8.42)	0.951
	T/C	188 (41.69)	15 (34.88)	1.44 (0.43-4.87)	0.554
	Т	598 (66.3)	65 (75.58)	Reference	
	С	304 (33.7)	21 (24.42)	1.02 (0.99-1.06)	0.226
	Non-Carrier- T	58 (12.86)	3 (6.98)	Reference	
	Carrier-T	393 (87.14)	40 (93.02)	1.1 (0.15-8.18)	0.925
	Non-Carrier- C	205 (45.45)	25 (58.14)	Reference	
	Carrier-C	246 (54.55)	18 (41.86)	1.37 (0.43-4.29)	0.594
CASP1 rs572687	G/G	306 (67.85)	30 (69.77)	Reference	
153/200/	A/A	18 (3.99)	3 (6.98)	2.96 (0.08- 105.55)	0.552
	G/A	127 (28.16)	10 (23.26)	1.17 (0.32-4.27)	0.807

and associated comorbidities, such as diabetes mellitus and coronary artery disease. bP -values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P < 0.05. c The rs1143634 polymorphism in the IL-1β gene determination was not possible for one individual from the hospitalized group. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; A, T, G, and C = each allele count, irrespective of the genotype. Carrier-A = total of genotypes with the A allele; Carrier-T = total of genotypes with T allele; Carrier-C = total of genotypes without the A allele; Non-Carrier-T = total of genotypes without the T allele; Non-Carrier-C = total of genotypes without the C allele; Non-Carrier-G = total of genotypes without the G allele.

Genes SNP (rs)	Alleles and Genotypes	Hospitalized group	Mild group	aOR ^a (CI 95%)	<i>p_</i> value ^b
	3.	N= 451	N= 43	(01 30%)	
		N (%)	N (%)		
	G	739 (81.93)	70 (81.4)	Reference	
	Α	163 (18.07)	16 (18.6)	1.01 (0.97-1.05)	0.639
	Non-Carrier- G	18 (3.99)	3 (6.98)	Reference	
	Carrier-G	433 (96.01)	40 (93.02)	0.36 (0.01-12.6)	0.571
	Non-Carrier- A	306 (67.85)	30 (69.77)	Reference	
	Carrier-A	145 (32.15)	13 (30.23)	1.27 (0.36-4.48)	0.705
IL-1β	G/G	292 (64.75)	22 (51.16)	Reference	
rs1143634 ^c	A/A	12 (2.66)	1 (2.33)	0.18 (0-13.45)	0.432
	G/A	146 (32.37)	20 (46.51)	0.58 (0.17-2.04)	0.399
	G	730 (80.93)	64 (74.42)	Reference	
	А	170 (18.85)	22 (25.58)	0.97 (0.93-1.01)	0.201
	Non-Carrier- G	13 (2.88)	1 (2.33)	Reference	
	Carrier-G	438 (97.12)	42 (97.67)	4.91 (0.06- 410.47)	0.481
	Non-Carrier- A	293 (64.97)	22 (51.16)	Reference	

and associated comorbidities, such as diabetes mellitus and coronary artery disease. bP -values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P < 0.05. c The rs1143634 polymorphism in the IL-1β gene determination was not possible for one individual from the hospitalized group. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; A, T, G, and C = each allele count, irrespective of the genotype. Carrier-A = total of genotypes with the A allele; Carrier-T = total of genotypes with T allele; Carrier-C = total of genotypes without the A allele; Non-Carrier-T = total of genotypes without the T allele; Non-Carrier-C = total of genotypes without the C allele; Non-Carrier-G = total of genotypes without the G allele.

Genes	Alleles and	Hospitalized group	Mild group	aOR ^a	<i>P</i> - value ^b
SNP (rs)	Genotypes	N= 451	N= 43	(CI 95%)	
		N (%)	N (%)		
	Carrier-A	158 (35.03)	21 (48.84)	0.55 (0.16-1.86)	0.335
NLRP3	A/A	60 (13.3)	12 (27.91)	Reference	
rs1539019	C/A	198 (43.9)	20 (46.51)	2.15 (0.56-8.18)	0.262
	C/C	193 (42.79)	11 (25.58)	6.31 (1.25-31.89)	0.026
	А	318 (35.25)	44 (51.16)	Reference	
	С	584 (64.75)	42 (48.84)	1.05 (1.02-1.09)	0.002
	Non-Carrier- A	193 (42.79)	11 (25.58)	Reference	
	Carrier-A	258 (57.21)	32 (74.42)	0.25 (0.06-1.02)	0.053
	Non-Carrier- C	60 (13.3)	12 (27.91)	Reference	
	Carrier-C	391 (86.7)	31 (72.09)	3.2 (0.93-11.01)	0.065
NLRP3	C/C	185 (41.02)	19 (44.19)	Reference	
rs4612666	C/T	191 (42.35)	23 (53.49)	0.89 (0.28-2.86)	0.849
	T/T	75 (16.63)	1 (2.33)	NC	

and associated comorbidities, such as diabetes mellitus and coronary artery disease. bP -values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P< 0.05. c The rs1143634 polymorphism in the IL-1β gene determination was not possible for one individual from the hospitalized group. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; A, T, G, and C = each allele count, irrespective of the genotype. Carrier-A = total of genotypes with the A allele; Carrier-T = total of genotypes with T allele; Carrier-C = total of genotypes without the A allele; Non-Carrier-T = total of genotypes without the T allele; Non-Carrier-C = total of genotypes without the C allele; Non-Carrier-G = total of genotypes without the G allele.

Genes SNP (rs)	Alleles and Genotypes	Hospitalized group	Mild group	aOR ^a	<i>p</i> . value ^b
3NF (13)	Genotypes	N= 451	N= 43	(CI 95%)	
		N (%)	N (%)		
	С	561 (62.2)	61 (70.93)	Reference	
	Т	341 (37.8)	25 (29.07)	1.03 (0.99-1.06)	0.127
	Non-Carrier- C	75 (16.63)	1 (2.33)	Reference	
	Carrier-C	376 (83.37)	42 (97.67)	NC	
	Non-Carrier- T	185 (41.02)	19 (44.19)	Reference	
	Carrier-T	266 (58.98)	24 (55.81)	1.09 (0.35-3.44)	0.879
NLRP3 rs3806268	G/G	176 (39.02)	17 (39.53)	Reference	
183000200	A/A	64 (14.19)	7 (16.28)	1.37 (0.18-10.21)	0.760
	G/A	211 (46.78)	19 (44.19)	2.05 (0.55-7.7)	0.287
	G	563 (62.42)	53 (61.63)	Reference	
	A	339 (37.58)	33 (38.37)	1 (0.97-1.04)	0.944
	Non-Carrier- G	64 (14.19)	7 (16.28)	Reference	
	Carrier-G	387 (85.81)	36 (83.72)	1.19 (0.2-7.12)	0.848

 a Odds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities, such as diabetes mellitus and coronary artery disease. b *P*-values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P < 0.05. c The rs1143634 polymorphism in the IL-1 β gene determination was not possible for one individual from the hospitalized group. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; A, T, G, and C = each allele count, irrespective of the genotype. Carrier-A = total of genotypes with the A allele; Carrier-T = total of genotypes with T allele; Carrier-C = total of genotypes without the C allele; Non-Carrier-T = total of genotypes without the T allele; Non-Carrier-C = total of genotypes without the C allele; Non-Carrier-G = total of genotypes without the G allele.

Genes SNP (rs)	Alleles and Genotypes	Hospitalized group	Mild group	aOR ^a (CI 95%)	<i>P</i> - value ^b
		N= 451	N= 43		
		N (%)	N (%)		
	Non-Carrier- A	176 (39.02)	17 (39.53)	Reference	
	Carrier-A	275 (60.98)	26 (60.47)	1.92 (0.53-6.96)	0.319
NLRP3 rs35829419	C/C	432 (95.79)	42 (97.67)	Reference	
1333027417	A/A	1 (0.22)	0 (0)	NC	
	C/A	18 (3.99)	1 (2.33)	0.52 (0.04-6.67)	0.614
	С	882 (97.78)	85 (98.84)	Reference	
	А	20 (2.22)	1 (1.16)	1.02 (0.92-1.14)	0.642
	Non-Carrier- C	1 (0.22)	0 (0)	Reference	
	Carrier-C	450 (99.78)	43 (100)	NC	
	Non-Carrier- A	432 (95.79)	42 (97.67)	Reference	
	Carrier-A	19 (4.21)	1 (2.33)	0.52 (0.04-6.67)	0.614
NLRP3 rs10754558	C/C	196 (43.46)	11 (25.58)	Reference	
1510/04000	C/G	201 (44.57)	27 (62.79)	0.16 (0.04-0.71)	0.016
	G/G	54 (11.97)	5 (11.63)	0.4 (0.06-2.45)	0.319
	С	593 (65.74)	49 (56.98)	Reference	

and associated comorbidities, such as diabetes mellitus and coronary artery disease. bP -values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P < 0.05. c The rs1143634 polymorphism in the IL-1β gene determination was not possible for one individual from the hospitalized group. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; A, T, G, and C = each allele count, irrespective of the genotype. Carrier-A = total of genotypes with the A allele; Carrier-T = total of genotypes with T allele; Carrier-C = total of genotypes without the C allele; Non-Carrier-T = total of genotypes without the T allele; Non-Carrier-C = total of genotypes without the C allele; Non-Carrier-G = total of genotypes without the G allele.

Genes SNP (rs)	Alleles and Genotypes	Hospitalized group N= 451 N (%)	Mild group N= 43 N (%)	aOR ^a (Cl 95%)	<i>p</i> . value ^b
	G	309 (34.26)	37 (43.02)	0.97 (0.94-1.01)	0.106
	Non-Carrier- C	54 (11.97)	5 (11.63)	Reference	
	Carrier-C	397 (88.03)	38 (88.37)	0.74 (0.17-3.19)	0.688
	Non-Carrier- G	196 (43.46)	11 (25.58)	Reference	
	Carrier-G	255 (56.54)	32 (74.42)	0.2 (0.05-0.84)	0.028

and associated comorbidities, such as diabetes mellitus and coronary artery disease. bP -values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P< 0.05. c The rs1143634 polymorphism in the IL-1β gene determination was not possible for one individual from the hospitalized group. N: number of individuals in each group; aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; A, T, G, and C = each allele count, irrespective of the genotype. Carrier-A = total of genotypes with the A allele; Carrier-T = total of genotypes with T allele; Carrier-C = total of genotypes without the C allele; Non-Carrier-T = total of genotypes without the T allele; Non-Carrier-C = total of genotypes without the C allele; Non-Carrier-G = total of genotypes without the G allele.

In this study we observed that carrying the C/C genotype (OR_{adj} = 6.31 (95% CI, 1.25-31.89), P_{adj} = 0.026) or the allele C (OR_{adj} = 1.05 (95% CI, 1.02-1.09), P_{adj} = 0.002) in the NLRP3 variant rs1539019 was associated with the risk for hospitalization in SARS-CoV-2 infected individuals (Table 2). The frequency of carrier-C in this variant was slightly higher among the Hospitalized group (86.7%) compared with the Mild group (72.1%), constituting a genetic marker with a trend for the risk of hospitalization in SARS-CoV-2 infected individuals (OR_{adj} = 3.2 (95% CI, 0.93-11.01), P_{adj} = 0.065). On the other hand, the frequency of carrier-A in this variant was slightly higher among the Mild group (74.4%) compared with the Hospitalized group (57.2%), constituting a genetic marker with a trend for the protection against hospitalization in SARS-CoV-2 infected individuals (OR_{adj} = 0.25 (95% CI, 0.06-1.02), P_{adj} =0.053).

Furthermore, the C/G genotype (OR_{adj} = 0.16 (95% CI, 0.04-0.71), P_{adj} = 0.016) or carrier-G (OR_{adj} = 0.2 (95% CI, 0.05-0.84), P_{adj} = 0.028) in NLRP3 variant rs10754558 was associated with protection for hospitalization in SARS-CoV-2 infected individuals (Table 2). The frequency of the T allele in AIM2 variant rs2276405 was also slightly different between the Mild group (1.16%) and the hospitalized group (2%) (OR_{adj} = 1.11 (95% CI, 0.99-1.25), P_{adj} = 0.070). The SNPs in the CARD8 (rs6509365 and rs2043211), IFI16

(rs1101996), CASP-1 (rs572687), IL-1β (rs1143634), and NLRP3 (rs4612666, rs3806268 and rs35829419) did not reveal any significant associations with risk and/or protection for hospitalization in SARS-CoV-2 infected individuals.

With respect to haplotypes of the NLRP3 genetic variants, the A-C-G-C-G haplotype (rs1539019 - rs4612666 - rs3806268 - rs35829419 - rs10754558) was associated with the protection for hospitalization in SARS-CoV-2 infected individuals ($OR_{adj} = 0.14$ (95% CI, 0.02-0.83), $P_{adj} = 0.030$) (Table 3). No haplotype of the CARD8 genetic variants was associated with risk and/or protection against hospitalization due to COVID-19 (Table 3). These analyzes were performed considering the most frequent haplotype of the NLRP3 (C-T-G-C-C haplotype) and the CARD8 (AA) genes as references.

Table 3
Association analyses among NLRP3 and CARD8 inflammasome haplotypes frequencies and risk/protection factors for hospitalization in SARS-CoV-2 infected individuals.

N=43 aOR^a (CI95%) P-
value ^b
N (%)
2) 14 Reference (16.28)
6 (6.98) 0.52 (0.06-4.53) 0.558
2) 15 0.4 (0.09-1.82) 0.234 (17.44)
3 0.19 (0.02-2.31) 0.193 (3.49)
13 0.14 (0.02-0.83) 0.030 (15.12)
1 0.09 (0-5.74) 0.254 (1.16)
6 (6.98) 0.28 (0.03-2.34) 0.242
1) 9 1.44 (0.2-10.44) 0.717 (10.47)
1 1.84 (0.05-62.74) 0.736 (1.16)
0 (0) NC
2) 10 0.56 (0.1-3.03) 0.503 (11.63)
4 1.58 (0.11-22.1) 0.732 (4.65)
1 0.55 (0- 0.972 (1.16) 99602969588474.9)
1 3.55 (0-26225.93) 0.780 (1.16)

^aOdds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities, such as diabetes mellitus and coronary artery disease. ^{b}P -values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P< 0.05. aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; N: number of individuals in each group.

	CTGCG	32 (3.58)	2 (2.33)	0.45 (0.03-7.46)	0.580
CARD8 rs2043211 rs6509365	AA	626 (69.4)	59 (68.6)	Reference	
	AG	39 (4.32)	1 (1.16)	9.44 (0.06-1495.18)	0.385
	TA	2 (0.22)	1 (1.16)	4.95 (0.01-4423.44)	0.645
	TG	235 (26.05)	25 (29.07)	1.06 (0.43-2.62)	0.892

^aOdds ratios were adjusted by skin color, schooling, gender, age, and associated comorbidities, such as diabetes mellitus and coronary artery disease. ^{b}P -values were calculated using the unconditional logistic regression model. Associations were considered significant with a value of * P < 0.05. aOR: adjusted odds ratio; 95% CI: 95% confidence interval; NC: not calculated; N: number of individuals in each group.

Discussion

Innate immune receptors are essentials in the sensing of infectious organisms, continuously monitoring the extracellular milieu as well as intracellular compartments. An example of such molecules is NOD-like receptors (35, 36). This family of receptors contains important components of the inflammasomes, multiprotein complexes of receptors, and sensors that mediate the innate immune response and induce inflammation (37). Several studies of genes involved in assembling the complex of inflammasomes have attempted to explain their role in the heterogeneity of diseases. For the same infection, some individuals are more susceptible to developing the disease while others remain asymptomatic (23). We showed here that the C/C genotype (P= 0.026) or the allele C (P= 0.002) in NLRP3 rs1539019 polymorphism were associated with the risk of hospitalization in SARS-CoV-2 infected individuals. In contrast, the C/G genotype (P= 0.016) or carrier-G (P= 0.028) in NLRP3 rs10754558 polymorphism or carrying the A-C-G-C-G haplotype (P= 0.030) in NLRP3 genetic variants were associated with protection of SARS-CoV-2 infected individuals against hospitalization. Our data suggest that these SNPs might modulate inflammasome activation, contributing to the risk for and protection against hospitalization, respectively.

The NLRP3 inflammasome - also known as NALP3 and cryopyrin - is currently the most studied inflammasomes component, being considered the main study model of these cytoplasmic complexes. The NLRP3 gene is located on the long arm of chromosome 1q44 and reacts to a diverse set of endogenous or exogenous stimuli (37). NLRP3 has been linked to the pathogenesis of several diseases, including (1) metabolic disorders, such as type 2 diabetes (38), obesity (39), autoimmune and inflammatory diseases (40–42), neurological diseases (43), and (2) diseases caused by viral pathogens, such as HIV (44), Influenza A (45), and SARS-CoV (46). SNPs in the *NLRP3* gene have already been associated with a group of inflammatory disorders of genetic origin (26). Other inflammasomes and molecules related to the activation cascade (e.g., CARD8, AIM2, IFI16, CASP-1, and IL-1β) have also been

associated with a variety of infections and metabolic diseases. They may affect the function of the NLRP3 inflammasome (47, 48). In a recent study from our group, we verified the association of a SNP in the CARD8 gene (rs2043211) with the protection against the immune reconstitution inflammatory syndrome (IRIS) associated with HIV-TB coinfection (de Sá et al, 2021 unpublished data).

The NLRP3 rs1539019 polymorphism is an intronic variation which function still is not entirely understood. However, several studies have reported that intronic polymorphisms may be associated with susceptibility/resistance to several diseases such as rheumatoid arthritis (49), type II diabetes (50), and coronary artery disease (51). One explanation for this is that many transcription factors bind to intronic sites that may play a role in regulating gene expression. In the study by Chung *et al.* (2020) allele C in NLRP3 rs1539019 polymorphism was associated with the risk of renal cell carcinoma (52). Additionally, Estfanous *et al.* (2019) reported that rs1539019 is associated with susceptibility to hepatitis C and lower response to IFN treatment, depending on the allele and/or genotype. Moreover, Dehghan *et al.* (2009) reported a statistically significant association between NLRP3 rs1539019 polymorphism and risk for cardiovascular disease (53, 54). As of our knowledge, our study is the first to demonstrate the association of the genotype CC and the allele C in NLRP3 rs1539019 polymorphism with the risk for hospitalization in SARS-CoV-2 infected individuals.

The NLRP3 rs10754558 polymorphism has been described by Hitomi *et al.* (2009) as responsible for the increasing NLRP3 mRNA stability, conferring greater expression of this gene (55). Furthermore, a Brazilian study found an association between rs10754558 G allele and protection against HIV-1 infection (56), while another Brazilian group showed the NLRP3 rs10754558 C/C genotype influence on the IL-1 β cytokine serum levels (57). Several studies report the association of this polymorphism with distinct infectious diseases (58–61); however, our study is the first to show an association in SARS-CoV-2 infection. Concerning functional studies, Rodrigues *et al.* (2020), showed that the inflammasome is strongly active in patients with COVID-19 who require hospitalization (30). Therefore, we hypothesize that the increased expression of NLRP3, conferred by the greater stability of rs10754558 variant (55), could increase inflammasome assembly and, consequently, promote a more robust initial inflammatory response against SARS-CoV-2.

As far as we know, this is the first study demonstrating the association of inflammasome NLRP3 genetic variants with the risk and/or protection against hospitalization among SARS-CoV-2 infected individuals. Studies linking the NLRP3 inflammasome and SARS-CoV-2 infection are still scarce due to the recent emergence of this pathogen. A recent study showed that the inflammasome is robustly activated in SARS-CoV-2 infected hospitalized individuals (30). In addition, several other studies indicate that the inflammasome may be involved in the pathogenesis of the disease (12, 27–30). Further studies putting together genetic polymorphisms and functional analysis of the inflammasomes will be of foremost relevance to better understand the role of this cytoplasmatic protein complex in the outcomes of the SARS-CoV-2 infection.

Conclusion

The present study is the first to report the association of genetic polymorphisms in NLRP3 (rs1539019 and rs10754558) with risk and/or protection against hospitalization in SARS-CoV-2 infected individuals. We conclude that inflammasome genetic variants influence the COVID-19 clinical outcomes among patients included in our study. Functional studies are needed to better understand the role of these polymorphisms. Our work highlights the importance of the genetic variations in inflammasome genes in the clinical evolution of COVID-19.

Abbreviations

ACE2 - angiotensin-converting enzyme 2

AIM2 – interferon-inducible protein AIM2

CARD8 - caspase recruitment domain-containing protein 8

CASP-1 - caspase 1

CI – confidence interval

HIV-TB - human immunodeficiency virus - tuberculosis

IFI16 - interferon gamma-inducible protein 16

IFN - interferon

IL-1β – interleukin 1 beta

INI - National Institute of Infectology

IOC - Oswaldo Cruz Institute

IQR - interquartile range

IRB - Institutional Review Board

NF-kB – factor nuclear kappa B

NLR - NOD-like receptors

NLRP3 - NLR family pyrin domain containing 3

PRR - pattern-recognition receptors

RLRs - retinoic acid-inducible gene-I-like receptors

RT-PCR – reverse transcription polymerase chain reaction

SNPs - single-base polymorphisms

TMPRSS2 – angiotensin I-converting enzyme-2

WHO - World Health Organization

Declarations

Ethics approval and consent to participate

This study was approved by the Ethics Committee of National Institute of Infectology Evandro Chagas (INI)/Oswaldo Cruz Foundation (FIOCRUZ), Rio de Janeiro, Brazil under the Approval number CAAE 32449420.4.1001.5262 and the Oswaldo Cruz Institute (IOC)/Oswaldo Cruz Foundation (FIOCRUZ), Rio de Janeiro, Brazil under the Approval number CAAE 68118417.6.0000.5248. Informed Consent was obtained from all study participants or their families. Anonymity was guaranteed and the data collected was kept and handled by the research team alone. All methods were performed in accordance with the relevant guidelines and regulations.

Consent for publication

Not applicable.

Availability of data and materials

The databases used and/or analyzed during the current study would be available from the corresponding author on reasonable request after anonymization.

Competing interests

The authors declare that they have no competing interests.

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Authors' contributions

NBRDS, MNG, ASC, and LRG - Organized the samples and databank, performed the experiments; NBRDS, MNG, MRA, and MGM- Analyzed and interpreted data; MRA- Performed the statistical analyses; NBRDS,

MNG, MRA, and MGM - Wrote the manuscript; KMG, MPDR, SWC, BG, VGV - contributed to the acquisition of data for the patients. KMG, MPDR, SWC, BG, VGV, AC, MMS, OCLB, CCG, LRG, ASC, DVA, CBGG, and FHC- revised the manuscript; NBRDS and MGM - Designed the experiments; MGM and FHC- Conceived, supervised and provided infrastructure for the entire study. All authors read and agreed with the contents and submission of this manuscript.

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