

Temperate Regenerative Agriculture; a win-win for soil carbon and crop yield?

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Analysis

Keywords: soil carbon sequestration, climate change mitigation, conservation agriculture, sustainable intensification, ley-arable, systematic review

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16

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18 sustainable intensification, ley-arable, systematic review

19

20 **Abstract**

21 Regenerative Agriculture proposes to contribute to climate change mitigation and increased

22 food production through improved yields by building soil organic carbon (SOC). We examine

23 three Regenerative practices: reducing tillage intensity, cover cropping and including a

24 grass-based phase in arable rotations (ley-arable systems). Our Bayesian meta-analysis of

25 195 paired SOC and crop yield observations from published studies finds statistically
26 significant increases in SOC concentration for reduced tillage intensity ($0.06 \text{ g C} \cdot 100\text{g}^{-1}$) and
27 ley-arable systems ($0.05 \text{ g C} \cdot 100^{-1}\text{g}$ per year of ley) compared to conventional practice over
28 an average study duration of 15 years, but no effect of cover crops. None of these practices
29 come at a cost to yield during cropping years. However, we find no evidence of a win-win
30 between soil carbon sequestration and enhanced agricultural productivity. Further, the
31 small magnitude of SOC increases suggests a limited role for these Regenerative practices in
32 climate change mitigation strategies in temperate regions.

33

34 **Introduction**

35 Regenerative Agriculture aims to increase soil organic carbon (SOC) alongside continued
36 food production through adoption of beneficial management practices¹. This narrative is
37 rapidly gaining popularity among land managers, policy makers, NGOs and corporates²⁻⁴, in
38 part due to the dual importance of soil carbon sequestration in climate change mitigation^{5,6}
39 and improving soil health⁷. There have been limited studies of whole-system adoption of
40 Regenerative Agriculture in temperate regions, although substantial evidence exists for
41 individual management actions now considered regenerative, including no or reduced
42 tillage, using cover crops and ley-arable rotations (Table 1). However, a knowledge gap
43 exists as to the dual benefits (climate change mitigation and food production) associated
44 with these different management practices. This is in part due to the fact that syntheses of
45 the SOC and crop yield impacts of adopting these practices using paired observations is
46 needed to determine both their utility in greenhouse gas mitigation strategies and appeal to
47 land managers.

48

49 Here, we investigate the influence of three regenerative practices (reduced tillage intensity,
 50 cover cropping and ley-arable systems, Table 1) on SOC and crop yield in temperate arable
 51 systems, to test the hypothesis that Regenerative Agriculture can increase both soil carbon
 52 and agricultural productivity in these regions. We assemble a database of relevant studies
 53 conducted in regions with a temperate oceanic climate (Köppen-Geiger Cfb) using
 54 systematic review methods. We use this to parametrise a Bayesian multivariate meta-
 55 analysis of SOC and yield which includes the level of adoption of these three regenerative
 56 practices as predictors. We aimed to evaluate the suitability of these regenerative practices
 57 for inclusion in climate change mitigation strategies in these regions and to further
 58 understand the dynamics affecting the relationship between SOC and yield in arable
 59 systems.

Table 1. Definitions and selected benefits and limitations of Regenerative Agriculture practices investigated in this systematic review

Intervention	Synonyms[†]	Definition	Benefits	Limitations
No- or reduced-tillage	Direct drilling, conservation tillage, minimum tillage	Absence or reduction of mechanical soil disturbance in seedbed preparation ⁸	Improved soil structure and biological activity, decreased risk of soil erosion ⁹ , improved water quality ¹⁰	Can compact soils, increasing nitrous oxide emissions, limiting SOC gain for equivalent soil mass, and risk of waterlogging. Increased requirement for herbicides for weed control ⁹ .
Cover crops	Catch crops, green manure	Inclusion of temporary fast-growing plants to cover the soil between cash crops ¹¹	Reduce nitrogen leaching ¹² , enhance soil microbiota ¹³	Inclusion of legumes can increase nitrous oxide emissions ¹⁴ , can require cultivation or herbicides to terminate
Ley-arable	Integrated crop-livestock, mixed farming	Temporary grass-based ley included for one or multiple consecutive years within arable rotation ¹⁵	Ley phase builds fertility for following arable cash crops and can provide livestock fodder ¹⁶⁻¹⁹	No arable crop and often lower income from ley phase of rotation compared to continuous arable cropping, which could displace production thereby increasing emissions elsewhere (leakage). Requires cultivation or herbicides to terminate.

[†] Although no/reduced tillage and use of cover crops are both components of conservation agriculture, conservation agriculture is not a synonym for either of these practices in isolation.

61 Results

62 Our systematic review identified 23 studies (18 articles) that measured the effect of
63 changing tillage intensity on SOC and yield (Fig S1), with data extracted from a total of 106
64 tillage intensity treatments (Fig S2). We found that converting from conventional full-
65 inversion tillage to no tillage increased SOC concentration by $0.06 \text{ g C}\cdot 100\text{g}^{-1}$ (95% Credible
66 Intervals 0.00 to 0.12), and reduced-tillage by 0.09 (0.03, 0.15), over an average study
67 duration of 15 years (Table 2, Fig 1a), without negatively impacting crop yield (95% Credible
68 Intervals of effect size include 0, Table 2, Fig 1b).

69

70 Of the 12 studies (nine articles) that investigated incorporating cover crops into arable
71 rotations (Fig S1), resulting in 79 observations of SOC and yield, we found no effect of cover
72 cropping in every year of an arable rotation on SOC (95% Credible Intervals -0.00 to 0.14 g
73 $\text{C}\cdot 100\text{g}^{-1}$) or yield (Table 2, Fig 1c-d) compared to when no cover crops were present.

74

75 Thirteen studies (11 articles) reported SOC and yield effects of integrating a grass-based ley
76 phase into arable rotations (Fig S1), giving 70 data points with ley duration ranging from
77 zero to six years within the rotation (Fig S4). Inclusion of a one-year ley phase increased SOC
78 concentration by $0.05 \text{ g C}\cdot 100\text{g}^{-1}$ (95% Credible Intervals 0.03 to 0.08 Table 2, Fig 1e) after
79 15 years compared with an arable-only rotation. This effect size could be multiplied by ley
80 duration in years to estimate the impact of longer ley phases on soil carbon. Arable crop
81 yields were not affected by the inclusion of a ley-phase in the rotation (95% Credible
82 Intervals of effect size include 0, Table 2, Fig 1f). However, because inclusion of a grass-
83 based ley in a rotation results in complete absence of a cash crop yield in those years, the

84 total output of arable crop (e.g. tonnes of cereal) of the overall rotation is reduced in
85 proportion to the duration of the ley-phase in ley-arable systems.

86

87 We also found that differences in study duration and absolute latitude had no effect on SOC
88 concentration or crop yield, and soil clay content (%) did not significantly predict SOC
89 concentration (Table 2). SOC concentration decreased by $0.05 \text{ g C.}100\text{g}^{-1}$ (95% CI -0.09 to -
90 0.02, Table 2) per cm of increased sampling depth, included as a predictor in the analysis to
91 control for the different sampling depths between studies which ranged from 5-30 cm.
92 Baseline SOC concentration was not a significant predictor of endline SOC (95% Credible
93 Intervals -0.04 to 0.30, Table 2).

94

95 *Sensitivity analyses*

96 We ran five iterations of our analysis to account for different levels of data availability and
97 quality (see Methods), to test the sensitivity of the EIBI results reported above. Use of
98 multiple imputation where standard errors were missing from observations did not affect
99 the significance or direction of results, i.e. these are consistent with the analysis of a smaller
100 dataset containing only observations where standard errors were reported (EP, Table 2).
101 Where baseline SOC values were reported in studies, this was a significant predictor of
102 endline SOC (EIBP, Table 2), with an increase in endline values of $0.76 \text{ g C.}100\text{g}^{-1}$ (95%
103 Credible Intervals 0.38 to 1.10) for every $1 \text{ g C.}100\text{g}^{-1}$ increase in baseline SOC. However, this
104 relationship was not preserved when missing baseline SOC values were imputed (EIBI, Table
105 2), suggesting the imputation process did not perform sufficiently well for use on this
106 predictor. The EIBP analysis also did not find a significant effect of reduced tillage or soil
107 sampling depth, which could be a feature of the data in this smaller number of observations

108 or due to SOC baseline explain this variation in the data instead. Our finding of an increase
109 in SOC when a ley-phase is included in arable rotations was robust to exclusion of studies
110 with low or unclear validity (CA), but the positive effects of no- and reduced tillage on SOC
111 were not preserved (Table 2).

112

113 *SOC-yield relationship*

114 Despite finding a positive correlation between SOC and yield, our univariate analysis of crop
115 yield did not identify any significant interactions between interventions and SOC (Table S8);
116 the relationship between SOC and yield did not differ when each intervention was adopted
117 or between interventions (Fig 2). We found a significant residual correlation between SOC
118 concentration and crop yield in the EP model (i.e. after all other predictors were accounted
119 for), but this was not retained in the other fully parametrised analyses (Table 2).

120

121 **Discussion**

122 Results from our meta-analysis demonstrate that some Regenerative Agricultural practices
123 currently adopted in the temperate biome can significantly enhance SOC without negatively
124 impacting crop yield during years with arable crops. Our finding that reducing tillage
125 intensity increases SOC matches that of previous European^{20,21}, temperate⁸ and global²²
126 analyses. Reduced soil disturbance can protect SOC from degradation through enhanced soil
127 aggregation and lower soil temperatures²³. However, it must be noted that accumulation of
128 crop residues at the soil surface can also contribute to increased soil carbon concentration
129 when only shallow sampling depths (≤ 30 cm) are considered²⁴, as here. This can lead to an
130 overestimation of the SOC gains of reducing tillage intensity, with evidence of a
131 redistribution of SOC within the soil profile and smaller overall increase when deeper soil

132 samples are considered^{9,24,25}. Previous studies have shown that reduced tillage intensity can
133 negatively impact crop productivity through lower soil temperatures and increased
134 compaction which can impair root growth, drainage and aeration, with yield gains typically
135 only found in water-limited conditions in dry climates due to the moisture retention
136 benefits of surface crop residues^{23,26,27}. However, contrary to these previous European
137 analyses^{20,28}, we do not find a trade-off between increased SOC and reduced crop yield
138 following a reduction in tillage intensity in temperate oceanic regions. Rather our findings
139 are in line with those of Sun, et al.²⁷ that conservation agriculture can increase SOC without
140 changing crop yield in humid regions.

141

142 We found no effect of cover cropping on SOC or yield, which is concordant with other work
143 from Europe²⁰. Cover crops can increase SOC through increasing plant residue inputs to soil,
144 although this effect has been found to lessen for studies i) with greater rates of fertiliser
145 application, ii) at higher latitude and lower temperatures, which limit cover crop growth,
146 and iii) when cover crops used were grass-based rather than legume or mixed, possibly due
147 to a higher C:N ratio increasing the time taken to build SOC^{11,12,29}. These factors could all
148 contribute to explaining why we did not find an effect of cover crops on SOC in temperate
149 oceanic arable systems. Leguminous cover crops could confer a cash crop yield benefit by
150 enhancing soil fertility through nitrogen fixation, and non-legume covers by enhancing
151 retainment of existing soil nutrients, but it is also possible that cover crops compete with
152 the following cash crops for nutrients particularly if not terminated correctly. Previous
153 syntheses have reported inconsistent effects of cover crops on yield within the commonly-
154 used categories of legume, non-legume and mixed¹²; further work is required to adequately
155 explain differences in reported trends.

156

157 Our finding that including a grass-based ley phase in temperate oceanic arable systems
158 increases SOC is likely due to a combination of i) increased plant residue inputs, particularly
159 root litter from the better-established root systems in multi-year leys of perennial grasses
160 and forbs compared to annual cash crops, ii) temporary cessation of cultivation protecting
161 SOC from degradation, and iii) greater development of roots and soil microflora conferring
162 improved stability of soil aggregates which further protects SOC from degradation during
163 cultivation in the arable phase^{30,31}. Conversion of cropland to grassland typically increases
164 SOC³²⁻³⁴, meaning ley-arable systems are likely to fluctuate between increasing SOC during
165 the ley phase and declines during the arable phase, resulting in an intermediate that is
166 nevertheless higher than continuous cropping^{15,30}. We had expected to find an increase in
167 cash crop yields following a ley-phase in arable rotations, due to the long-established
168 fertility building properties of temporary leys resulting in their current widespread adoption
169 in organic arable systems¹⁵⁻¹⁸. It is likely we did not identify this trend here due to the
170 confounding effect of study fertiliser applications; the positive association between crop
171 yield and duration of the preceding ley has been found to disappear as crop fertiliser
172 applications increase^{35,36}. Although we did not find a negative effect of ley integration into
173 arable rotations on subsequent cash crop yield, ley-arable systems require a proportion of
174 total cropland to be taken out of cash crop production each year. This potentially results in
175 compensatory cultivation elsewhere leading to overall SOC losses³⁷, requiring a
176 reorientation of livestock feeding to reduce the area of cash cropland per year required³⁸.

177

178 Overall, we do not find evidence to support a synergy between increased soil carbon and
179 crop yield when adopting the Regenerative Agriculture practices considered here in

180 temperate oceanic arable systems. We focused solely on soil carbon as an indicator of the
181 climate change mitigation potential of reduced tillage intensity, cover cropping and ley-
182 arable systems, in order to test our hypotheses relating to the relationship between SOC
183 and yield. However, there are other factors relevant to the overall climate impact of these
184 practices not considered here, including: i) soil greenhouse gas emissions, for example
185 reduced tillage and cover cropping can increase soil N₂O emissions^{9,14}, ii) machinery
186 operations, which, for example, decrease with reduced tillage, and iii) requirements for
187 manufactured inputs, including fertilisers and pesticides. Future work should build on our
188 findings to conduct full greenhouse gas inventories of Regenerative Agriculture practices to
189 determine their suitability for inclusion in climate change mitigation strategies.

190 Furthermore, our systematic review addressed individual interventions that can be part of a
191 Regenerative Agriculture approach, rather than comparing 'regenerative' systems that
192 simultaneously implement multiple interventions with 'conventional' systems. There is
193 currently a paucity of studies specifically evaluating 'regenerative' systems, although our
194 analysis of the dataset in 'raw' form enabled us to best represent studies that implemented
195 multiple interventions factorially. A further issue with considering Regenerative Agriculture
196 practices individually rather than in combination is that it masks the potential difficulties of
197 implementing these simultaneously in a real-world context as part of a regenerative system.
198 For example, terminating cover crops or a ley phase in arable rotations requires either
199 tillage or use of a broad-spectrum herbicide (Table 1), limiting the adoption of reduced
200 tillage alongside these measures by organic farmers due to the pesticide-free requirements
201 of organic certification standards.

202

203 **Conclusion**

204 We identify two Regenerative Agriculture practices which increase soil carbon concentration
205 without negatively impacting crop yield in temperate arable systems - reducing tillage
206 intensity and incorporating leys into rotations. This maintenance of yields in arable cropping
207 years has potential to increase the appeal to land managers of these practices. The loss of
208 crop production during the grass-phase of ley-arable rotations limits potential for increased
209 adoption of this practice without compensatory cultivation elsewhere or a restructuring of
210 livestock feeding systems in these regions. Notwithstanding the fact that there are other
211 advantages to reducing tillage, adoption of cover crops and ley-arable rotations, we find no
212 clear evidence supporting the drive to promote these regenerative practices solely for
213 climate change mitigation purposes. While not the win-win that some suggest Regenerative
214 Agriculture can offer, based on current evidence, future work could build on the results of
215 our analysis and the evidence base assembled here to conduct full greenhouse gas
216 inventories to assess the overall mitigation potential of Regenerative Agriculture. Further
217 primary research should investigate the potential synergies and trade-offs between
218 implementing multiple regenerative practices simultaneously.

219

220 **Methods**

221 *The evidence base*

222 We followed the Collaboration for Environmental Evidence guidelines³⁹ to address the
223 systematic review question “What are the impacts on soil carbon and crop yield from
224 reducing tillage, adopting cover crops and integrating leys into rotations in temperate
225 oceanic arable systems?”, using the Population, Intervention, Comparator, Outcome and
226 Location (PICOL) framework (Table S1). Previously, Haddaway, et al.⁴⁰ systematically
227 mapped the effects of a broad range of agricultural management practices on soil carbon in

228 boreo-temperate systems, subsequently updated in part for tillage studies⁸. We utilised,
229 expanded and updated these previous searches, focusing on tillage, cover crops and ley-
230 arable interventions in temperate oceanic regions. Full details of our systematic review
231 following the RepORting standards for Systematic Evidence Syntheses⁴¹ are given in the
232 Supplementary Methods, building on the methods of Haddaway, et al.⁸Haddaway, et al.⁴⁰.
233 All data extracted from relevant studies is provided in Supplementary Table 1 and further
234 supplementary files are available online⁴².

235

236 We conducted searches in Web of Science, CAB Abstracts and Scopus (details in Table S2,
237 Supplementary Methods 1.1) and screened records at title, abstract and full text levels using
238 pre-determined inclusion and exclusion criteria (Table S3), with consistency checking
239 between reviewers (Supplementary Methods 1.2). Data from relevant studies was extracted
240 to a spreadsheet (Supplementary Table 1, Supplementary Methods 1.3), and assigned a
241 critical appraisal score reflecting the study quality (Table S4). For studies that present SOC
242 and yield data for multiple sampling dates, we extracted only the most recent data (i.e.
243 study 'endline'). We also extracted SOC baseline (i.e. pre-intervention) measurements, but
244 no studies in our systematic review present baseline data for yield. Where SOC data were
245 presented in studies as stocks ($t \cdot ha^{-1}$) we converted these to concentration ($g \cdot 100g^{-1}$) using
246 soil bulk density (Table S5). We extracted within-treatment standard errors for study SOC
247 and yield estimates where available. Where a different measure of within-treatment
248 variability was presented, these were converted to standard error (Table S5). If measures of
249 variability presented were between-treatment only, these were not extracted. Where
250 desired data was missing from articles (Table S6), we attempted to contact the
251 corresponding author with a request for data (Supplementary Methods 1.4).

252

253 Our systematic review resulted in a database of 30 articles containing 40 studies across 10
254 countries with temperate oceanic regions (Fig 3, S1). From this, we extracted 195 paired
255 observations of SOC and crop yield across tillage, cover crop and ley-arable interventions for
256 quantitative meta-analysis (Supplementary Data 1).

257

258 *Meta-analysis*

259 We fitted Bayesian multivariate hierarchical (i.e. random effects) meta-analyses using the
260 *brms* package in R version 4.0.3⁴³⁻⁴⁶. Our R code is available online⁴² and further details of
261 the analysis approach are given in the Supplementary Methods. All models fitted explained
262 a large proportion of variation in the data, with Bayes R^2 ranging from 0.85-0.98 and 0.44-
263 0.94 for the full model and fixed effects respectively (Table 2).

264

265 We analysed the 'raw' data extracted from studies in our systematic review (i.e. one row of
266 data per study treatment), rather than computing effect size metrics for each study (i.e. one
267 row per control-intervention comparison). This was because i) within each response variable
268 (SOC concentration, $\text{g}\cdot 100\text{g}^{-1}$, and crop yield, $\text{t}\cdot \text{ha}^{-1}$) data across all treatments and studies
269 are directly comparable on the same scale, ii) the cover crop and ley-arable interventions
270 are best expressed as continuous variables, iii) some studies include multiple interventions
271 of interest, and iv) the outputs from the model are easily understood and biologically
272 meaningful. Because some studies contained data on more than one intervention, we
273 analysed the three interventions together, rather than fitting individual models. Combining
274 the analyses in this way is robust to Simpson's Paradox because 'sub-groups' of data
275 corresponding to each intervention were used to estimate separate intervention-specific

276 effects rather than one overall effect and the hierarchical nature of the analysis through
277 inclusion of Study ID as a random effect prevented control treatments from being isolated
278 from intervention treatments. We fitted the following models together in a multivariate
279 analysis:

280

$$281 \quad \text{SOC}_E \sim \text{Tillage} + \text{Cover crop} + \text{Ley} + \text{Duration} + \text{Latitude} \\ 282 \quad \quad \quad + \text{Clay} + \text{Depth} + \text{SOC}_B + (1|\text{Unique study ID})$$

283

$$284 \quad \text{Yield}_E \sim \text{Tillage} + \text{Cover crop} + \text{Ley} + \text{Duration} + \text{Latitude} \\ 285 \quad \quad \quad + \text{Crop} + (1|\text{Unique study ID})$$

286

287 where

- 288 • SOC_E , 'endline' estimate of soil organic carbon concentration ($\text{g}\cdot 100\text{g}^{-1}$), accounting
289 for its standard error,
- 290 • Yield_E , 'endline' estimate of crop yield ($\text{t}\cdot\text{ha}^{-1}$), accounting for its standard error,
- 291 • Tillage , categorical variable of tillage regime; conventional tillage (reference
292 category), reduced tillage or no tillage, with variables dummy coded,
- 293 • Cover crop , frequency of cover crops in arable rotation, expressed as a proportion
294 where 0 is no cover crops (reference) and 1 is cover crops present every year,
- 295 • Ley , duration (years) of the ley-phase of the arable rotation (reference = 0, i.e.
296 arable-only rotation),
- 297 • Duration , total duration of study (years), from implementation of treatment
298 interventions to the most recent data presented in the original article,
- 299 • Latitude , absolute Latitude of the study site, in decimal degrees,

- 300 • *Clay*, soil clay content (%) of the study site,
- 301 • *Depth*, soil sampling depth (cm) soil to measure SOC,
- 302 • *SOC_B*, true baseline, i.e. pre-intervention, estimate of soil organic carbon
- 303 concentration ($\text{g}\cdot 100\text{g}^{-1}$),
- 304 • *Crop*, crop harvested to give *Yield_E* measurement,
- 305 • *Unique study ID*, included as a random effect to account for the hierarchical
- 306 structure of the data

307

308 Although stocks ($\text{t}\cdot\text{ha}^{-1}$) are the most relevant unit of SOC for assessing carbon sequestration
309 and therefore greenhouse gas mitigation potential, this depends both on sampling depth
310 and soil bulk density which differ between studies. Further, there was limited availability of
311 treatment-specific bulk density measurements in studies (Table S6) to transform SOC
312 concentrations (more-commonly reported) to stocks. We therefore use SOC concentration
313 ($\text{g}\cdot 100\text{g}^{-1}$) in our analysis to allow us to investigate the relationship between crop yield and
314 SOC across studies. For studies that investigated different tillage regimes, depth-stratified
315 soil carbon values were commonly given for each treatment, with only one corresponding
316 yield value. Therefore, to perform our multivariate analysis, we averaged soil carbon to 30
317 cm (weighted by the soil thickness of each stratified sample where this differed), such that
318 each treatment had only one row of data. Because not all studies sampled soil to 30 cm
319 deep, sampling depth was included as a predictor in the meta-analysis to account for studies
320 with shallow sampling only (e.g. 10 cm). We did not investigate whether different tillage
321 regimes changed the depth distribution of soil carbon as this was not relevant to the
322 hypotheses we were seeking to test, although this has recently been empirically addressed
323 elsewhere^{24,25}. We chose to represent *Ley* duration in years, unlike *Cover crops* where a

324 proportion was used, to capture the duration-dependence of sward and root development
325 during the ley phase. Where missing in the original article, clay data were extracted from
326 the WISE30sec harmonised global soil property database⁴⁷ using study site coordinates. We
327 centred the Duration, Clay, Depth, Latitude and SOC_B predictors around their respective
328 means, so that the model output intercept was biologically meaningful and corresponded to
329 conventional practice (i.e. conventional tillage and no cover cropping or ley phase in arable
330 rotation).

331

332 We set weakly informative normal prior distributions (mean 0, standard deviation 1) for the
333 SOC and Yield responses. Details on model sampling are given in Table S7. We checked
334 model convergence using the Rhat parameter and ensured effective sample size measures
335 were sufficiently large⁴⁸. Model non-convergence was addressed by increasing the number
336 of iterations for sampling and divergent transitions were addressed by decreasing the
337 sampler step size⁴⁹. We assessed the statistical significance of fixed effect model predictors
338 (i.e. all apart from Unique study ID) based on whether their 95% credible intervals included
339 zero and used Bayes R² to estimate the proportion of variation explained by the overall
340 model and fixed effects only⁵⁰.

341

342 We plotted the conditional effects of *Tillage*, *Cover crop* and *Ley* on *SOC_E* and *Yield_E*,
343 showing trends for individual predictors where all other model predictors are at the
344 reference category. We also displayed the raw SOC and Yield data from the underlying
345 studies for each intervention using the *forestplot* package⁵¹. To calculate the overarching
346 estimates used in the summary section of these forest plots, we subset the data so only
347 studies looking at that intervention were included, then fit a simple univariate *brm* model:

348 $response \sim intervention + (1|Unique\ study\ ID)$

349 where *response* is SOC_E or $Yield_E$ and *intervention* is one of *Tillage*, *Cover crop* or *Ley*.

350 The large amount of heterogeneity across studies in our dataset means it would be

351 challenging to detect publication bias, so we chose not to generate funnel plots as their

352 results and corresponding tests would very likely be misleading in either direction.

353

354 To investigate if the relationship between SOC and Yield changed between interventions, we

355 fitted a univariate model:

356 $Yield_E \sim Tillage * SOC_e + Cover\ crop * SOC_e + Ley * SOC_e + Crop$

357 $+ (1|Unique\ study\ ID)$

358 All parameters are the same as defined above, except SOC_e which is the 'endline' estimate

359 of soil organic carbon concentration ($g \cdot 100g^{-1}$) without accounting for its standard error,

360 due to the modelling difficulties of incorporating this in the predictor. Conditional effects

361 plots of the interaction terms allowed us to identify whether the slope of the SOC-yield

362 regression line differed between adoption of each intervention.

363

364 *Imputation and sensitivity analyses*

365 Of the 195 paired observations of SOC and crop yield identified in our systematic review, 78

366 did not include a measure of within-treatment variability for SOC_E , 105 did not include a

367 measure of within-treatment variability for $Yield_E$, and 116 did not include SOC_B . Overall,

368 only 66 data had within-treatment standard errors presented or calculable for both SOC_E

369 and $Yield_E$. Unless values are missing at random, discarding data with missing values risks

370 biasing the meta-analysis⁵². We therefore used multiple imputation methods to fill missing

371 values, which has the advantage of explicitly representing the variability associated with the

372 imputation process in the meta-analysis⁵³. We used the *mice* package in R, which uses
373 chained equations to impute missing values, to generate 10 imputed datasets before model
374 fitting in *brms*⁵⁴. Due to the large number of missing values in our dataset, we ran the
375 analysis four times with different data availability, to test the sensitivity of the results to the
376 level of imputation. In addition, we used the critical appraisal scores assigned during our
377 systematic review (Table S4, Supplementary Methods section 1.3) to run a further analysis
378 excluding studies with fewer than three true replicates or that did not specify treatment
379 allocation (i.e. were not split-plot, blocked, randomised, or equivalent), to test the
380 sensitivity of our results to study quality:

381

- 382 1. EP: SOC_E and Yield_E standard errors available, SOC_B not included in model as
383 predictor (66 data from 16 studies, average duration 8.6 years)
- 384 2. EI: SOC_E and Yield_E standard errors imputed where missing, SOC_B not included in
385 model as predictor (195 data from 40 studies, average duration 12.5 years)
- 386 3. EIBP: SOC_E and Yield_E standard errors imputed where missing, SOC_B available from
387 study and included as predictor (79 data from 14 studies, average duration 12.5
388 years)
- 389 4. EIBI: SOC_E and Yield_E standard errors imputed where missing, SOC_B imputed where
390 missing and included as predictor (195 data from 40 studies, average duration 15.1
391 years)
- 392 5. CA: Same as (4), but data from studies with low or unclear validity based on critical
393 appraisal scores excluded (144 data from 25 studies, average duration 12.5 years)

394 We use the results from EIBI throughout the paper and in Figure 1. We present model
395 outputs from all analyses in Table 2 for comparison and discuss their sensitivity to data
396 availability and quality in the Results.

397

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403

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406

407 The authors declare that they have no known competing financial interests or personal
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409

410 **Supporting Information**

411 Supplementary Methods. Further details of systematic review, Bayesian meta-analysis
412 methods and forest plots of raw data extracted from studies.

413 Supplementary Data. Full dataset of extracted values from relevant studies in systematic
414 review (raw data, with additional calculations, if any, recorded).

415

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564

565 **Figure legends**

566 **Figure 1. Effects of interventions on SOC concentration and crop yield.** Conditional effects
567 of **(a-b)** reducing tillage intensity, CT: conventional tillage, RT: reduced tillage, NT: no tillage,
568 **(c-d)** cover cropping, proportion of years present in arable rotation, **(e-f)** ley-arable systems,
569 length of ley phase within the arable rotation in years, for soil organic carbon ($\text{g}\cdot 100\text{g}^{-1}$) and
570 cash crop yield ($\text{t}\cdot \text{ha}^{-1}$) respectively for each intervention. Error bars show 95% Credible
571 Intervals. Results from the EIBI analysis, see Methods for further details. Conditional effects
572 show the model-fitted values for individual interventions when all other model predictors
573 are at the reference category (i.e. conventional practice for the other interventions).

574

575 **Figure 2. Differences in correlation between soil carbon and yield between levels of**
576 **adoption of each intervention.** Conditional effects of interactions between soil organic
577 carbon ($\text{g}\cdot 100\text{g}^{-1}$) and **(a)** reducing tillage intensity, CT: conventional tillage, RT: reduced
578 tillage, NT: no tillage, **(b)** cover cropping, proportion of years present in arable rotation, **(c)**
579 ley-arable systems, length of ley phase within the arable rotation in years, on cash crop yield
580 ($\text{t}\cdot \text{ha}^{-1}$). Error bars show 95% Credible Intervals. Results from univariate yield analysis using

581 EI data, see Methods for further details. Conditional effects show the model-fitted values
582 for individual interaction terms when all other model predictors are at the reference
583 category (i.e. conventional practice for the other interventions).

584

585 **Figure 3. Systematic map.** 40 relevant studies identified by systematic review process for
586 inclusion in meta-analysis, created using the Thalloo framework ⁵⁵. Position of pie charts
587 reflects study locations (degrees decimal coordinates), size of pie charts is proportional to
588 the number of studies in that region (or the site when zoomed in online), and the colour of
589 the chart segments shows the number of studies of each intervention (see legend). Inset
590 shows southern Hemisphere studies. An interactive version of this evidence map with the
591 accompanying study database is available online at

592 https://oxlel.github.io/evidencemaps/oceanic_climates/

593

Figures

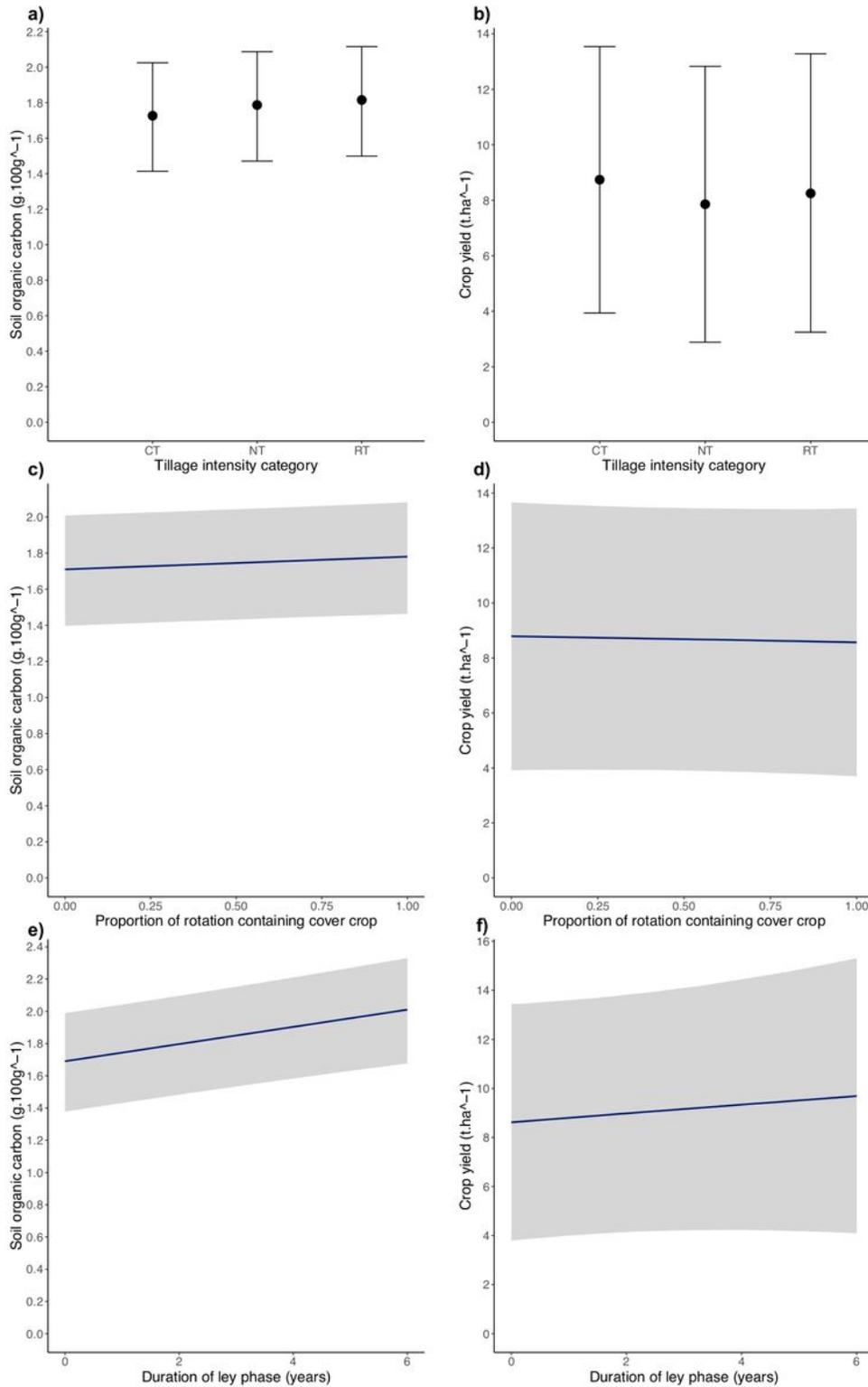


Figure 1

Effects of interventions on SOC concentration and crop yield. Conditional effects of (a-b) reducing tillage intensity, CT: conventional tillage, RT: reduced tillage, NT: no tillage, (c-d) cover cropping, proportion of years present in arable rotation, (e-f) ley-arable systems, length of ley phase within the arable rotation in

years, for soil organic carbon ($\text{g}\cdot 100\text{g}^{-1}$) and cash crop yield ($\text{t}\cdot \text{ha}^{-1}$) respectively for each intervention. Error bars show 95% Credible Intervals. Results from the EIBI analysis, see Methods for further details. Conditional effects show the model-fitted values for individual interventions when all other model predictors are at the reference category (i.e. conventional practice for the other interventions).

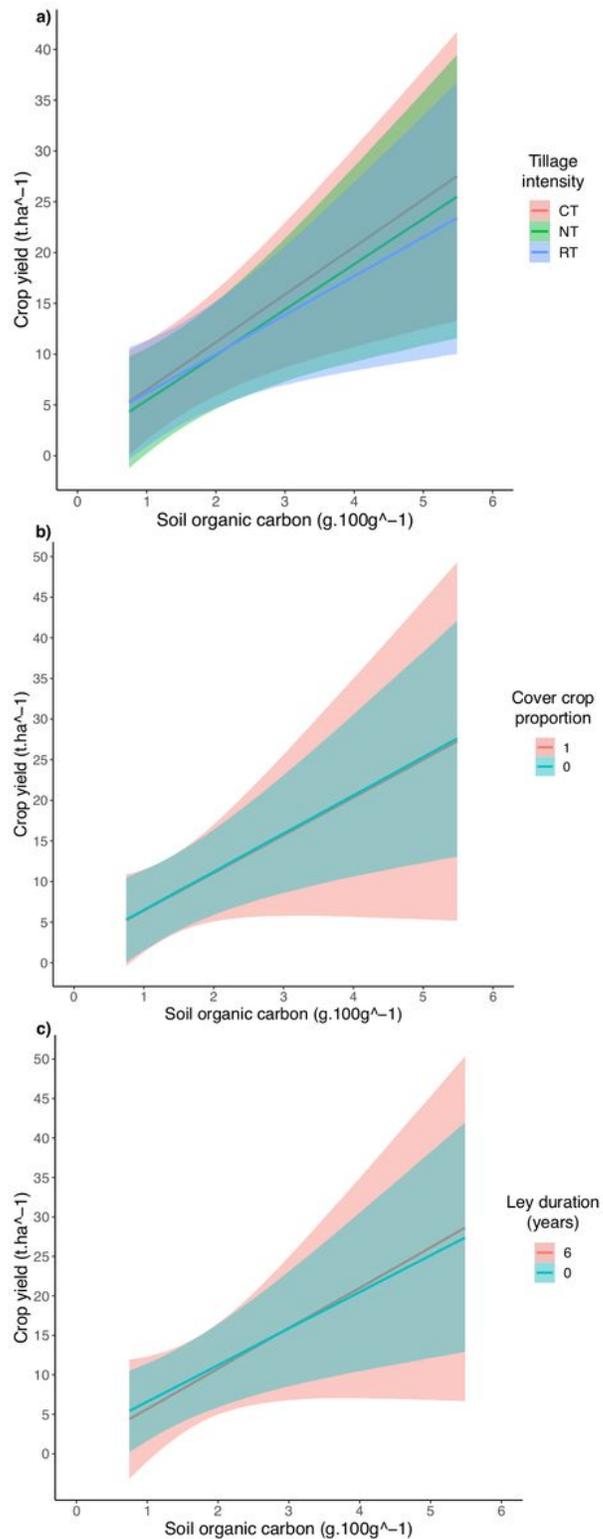


Figure 2

Differences in correlation between soil carbon and yield between levels of adoption of each intervention. Conditional effects of interactions between soil organic carbon ($\text{g}\cdot 100\text{g}^{-1}$) and (a) reducing tillage intensity, CT: conventional tillage, RT: reduced tillage, NT: no tillage, (b) cover cropping, proportion of years present in arable rotation, (c) ley-arable systems, length of ley phase within the arable rotation in years, on cash crop yield ($\text{t}\cdot\text{ha}^{-1}$). Error bars show 95% Credible Intervals. Results from univariate yield analysis using EI data, see Methods for further details. Conditional effects show the model-fitted values for individual interaction terms when all other model predictors are at the reference category (i.e. conventional practice for the other interventions).

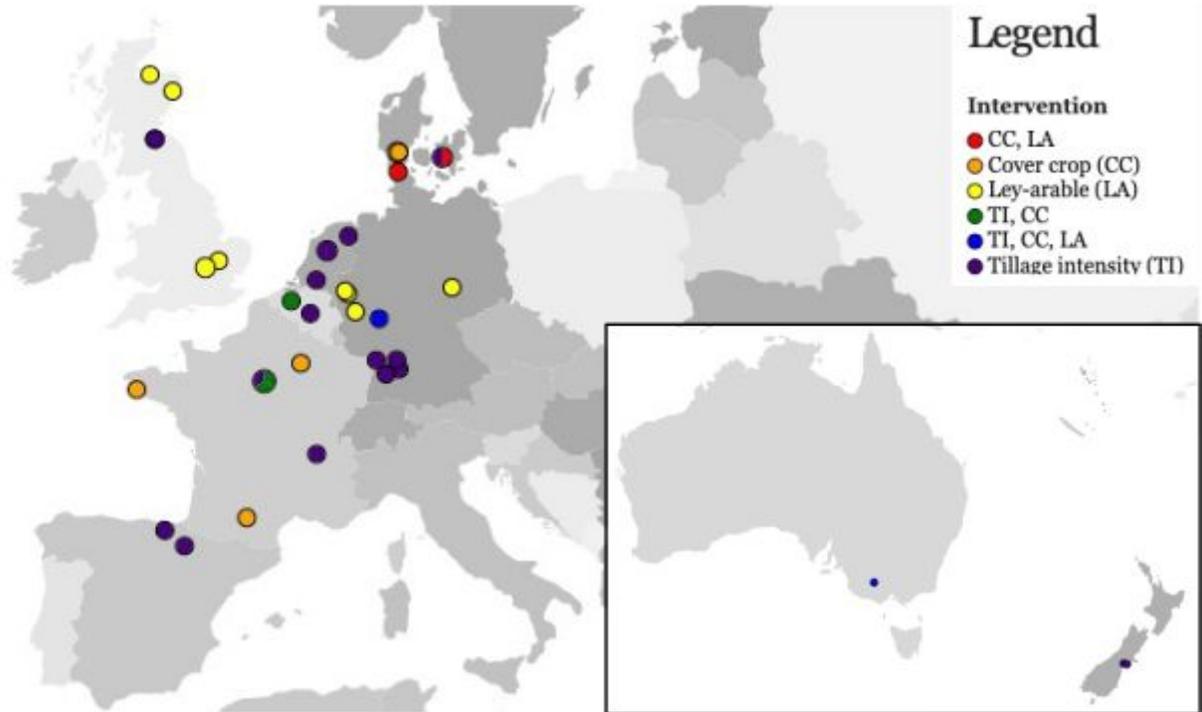


Figure 3

Systematic map. 40 relevant studies identified by systematic review process for inclusion in meta-analysis, created using the Thalloo framework 55. Position of pie charts reflects study locations (degrees decimal coordinates), size of pie charts is proportional to the number of studies in that region (or the site when zoomed in online), and the colour of the chart segments shows the number of studies of each intervention (see legend). Inset shows southern Hemisphere studies. An interactive version of this evidence map with the accompanying study database is available online at https://oxlel.github.io/evidencemaps/oceanic_climates/

Supplementary Files

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