

# Cell-Fiber-Based 3D Tissue Array for Drug Response Assay

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## Research Article

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# Abstract

For the establishment of a reproducible and sensitive assay system for three-dimensional (3D) tissue-based drug screening, it is essential to develop 3D tissue arrays with uniform shapes and high-cell numbers that prevent cell death in the center of the tissue. In recent years, 3D tissue arrays based on spheroids have attracted increased attention. However, they have only been used in specific tissues with hypoxic regions, such as cancer tissues, because nutrient deprivation and hypoxic regions are formed in the core as spheroids grow. Herein we propose a method to array cell-encapsulated tube-like tissue (cell fiber (CF)) with diameters  $<150\ \mu\text{m}$  to prevent nutrient deprivation and hypoxia using a device that can fix the CFs, section them in uniform sizes and transfer them to a 96-well plate. We fabricated the arrays of CF fragments from cell lines (GT1-7), cancer cells (HeLa), mouse neural stem cells (mNSCs), and differentiated mNSCs, and performed drug response assays. The array of CF fragments assessed drug response differences among different cell types and drug responses specific to 3D tissues. The array of CF fragments may be used as a versatile drug screening system to detect drug sensitivities in various types of tissues.

## Introduction

Drug screening systems using three-dimensional (3D) tissues have received increased attention in recent years as preclinical tools to understand drug metabolism and toxicity<sup>1-6</sup>. Achievement of reproducible drug screening by using 3D tissue arrays requires cell number uniformity and reduced variations in tissue shape that cause differences in cell viability<sup>7</sup>. Tissue size control is also an important factor for the fabrication of 3D tissue arrays because hypoxia-induced gene expression and cell death, which are usually not observed in healthy tissues *in vivo*, are caused by increased tissue thickness<sup>8-15</sup>. Spheroids are the most commonly used 3D tissues and their spherical multicellular aggregates are created in a scaffold-free environment. Given that spheroids can be easily formed on commercially available, ultralow attachment 96-well plates, spheroid arrays have been used for drug screening. However, in some types of cells, the volume and shape of the spheroid dynamically change over the course of the culture, resulting in nonspherical spheroids which cannot easily attain uniform shapes<sup>7,12,16</sup>. In addition, small spheroids made from fewer than 500 cells tend to have nonuniform sizes<sup>17,18</sup>. Furthermore, if the spheroids grow to attain diameters  $>150\ \mu\text{m}$ , hypoxic regions are created inside the tissue<sup>19</sup>. Consequently, the control of the spheroid sizes exerted to match the different growth rates of each cell type is a complex process. Therefore, the development of 3D tissue arrays with minimal variation in cell number and shape, and with simplified size control of tissues in various types of cells, is required.

This paper proposes a method to create arrays of uniformly sized cell-encapsulated short-tube-like tissue (cell fiber (CF) fragments)<sup>20-22</sup> (Fig. 1). The CF fragment is  $<150\ \mu\text{m}$  in diameter and 5 mm in length and is covered with alginate hydrogel. The proposed array of CF fragments has the following features: (1) the shapes of the CF fragments are maintained uniform because they are covered with alginate hydrogel until drug treatment, and the alginate hydrogel is removed immediately before drug treatment; (2) the cell

numbers of the CF fragments are uniform and suitable for applications to bioluminescence assays for cell viability assessments, and (3) the CF fragments of diameters  $< 150 \mu\text{m}$  prevents low-nutrient conditions and hypoxia inside the tissues.

To fabricate 3D tissue arrays, a cell fiber is cut into millimeter-sized sections on our developed fiber-cut-and-transfer (FCAT) device and is transferred onto a 96-well plate. Using the array of the CF fragment, we evaluate the reactive oxygen species (ROS)-induced cytotoxicity in cell lines, cancer cells, neural stem cells, and neurons, and the effectiveness of this system in drug screening. Furthermore, we clarify the differences in ROS sensitivity among different cell types and in the proliferative and trophic effects of  $\beta$ -estradiol. We demonstrate that the array of CF fragments is a system that can evaluate cytotoxicity and cell proliferation.

## Results

### Fabrication of the CF fragment array on a 96-well plate

To prepare an array of the cell fiber fragment with uniform shape and length, we developed an FCAT device that can fix eight cell fibers with lengths in the range of 15–25 cm, section them in uniform sizes using a disposable microtome blade, and transfer them to a 96-well plate (Fig. 2). The FCAT device was made of a biocompatible resin frame and agarose, which contained cell culture media. The agarose not only keeps the device moist so that the cells do not dry out, but also allows them to affix the cell fiber. The agarose sites also help the fibers to peel off when dipped in a medium during transfer (Supplementary movies 1 and 2).

We prepared red-ink-containing fibers to determine whether CF fragments of uniform length were sectioned and transferred to the 96-well plate, and evaluated the length of the sectioned and transferred fibers. More than 90% of the fiber fragments were transferred to the 96-well plate by placing the FCAT device on the 96-well plate in a manner such that the fiber fragments were in firm contact with the liquid surface of the plate. Subsequently, all the remaining fibers were transferred to the plate by shaking the FCAT device and the 96-well plate tightly together (Supplementary movie 1). Using the FCAT device, we successfully arrayed  $5.18 \pm 0.45$  mm fiber fragments (mean  $\pm$  standard deviation (SD), coefficient of variation (CV) (%) = 8.7%,  $n = 96$ ) fiber fragments in a 96-well plate (Fig. 2h). The transfer rate of fragment fibers was 100%, and the CV value of their lengths was less than 10%. These results indicate that the FCAT device could easily prepare fiber fragments with uniform length and array them following their transfer to a 96-well plate.

### Characteristics of the array of CF fragments compared to the array of spheroids

To investigate whether the arrays of CF fragments have characteristics of 3D tissue that can be used for drug screening, we evaluated the cell death and cell number, and compared them to the arrays of spheroids made on 96-well plates. For this experiment, we used mouse hypothalamic GnRH neurons (GT1-7) that have been used in drug assays<sup>23-27</sup>. To maintain the same culture conditions, the CF fragment and the spheroid were cultured for the same number of days. In the CF fragment and small spheroids made with an initial cell number  $\leq 250$ , no cell death was observed in the center of tissues (Fig. 3). By contrast, cell death was observed in the center of large spheroids constructed with the initial cell number  $\geq 500$  (Fig. 3). The cell number of a CF fragment was  $1.2 \pm 0.1 \times 10^5$  (mean  $\pm$  SD) cells, and the variation of the cell number was small (CV = 9.9%) (Table 1). The cell number of GT1-7 spheroids increased as a function of the initial cell number (Supplementary Fig. 1). The cell number of spheroids with an initial cell number of 250 was  $1.4 \pm 1.1 \times 10^3$  (mean  $\pm$  SD). The variation of cell number was 76.7%. Given that the bioluminescence assay is extensively used in tissues with cell numbers  $>10^3$  cells<sup>7,28-30</sup>, the array of CF fragments had a sufficient number of cells for the bioluminescence assay. Furthermore, the array of small spheroids exhibited a large variation in cell number (CV  $>30\%$ ); and there were spheroids with cell numbers  $<10^3$ . CF fragments also maintained a uniform shape at the time of the experiment because they were covered with an alginate shell until the instants before the experiments (Fig. 4a). Small spheroids had nonspherical shapes (Supplementary Fig. 2). These results indicate that arrays of CF fragments (compared with spheroids) exhibit the characteristics of 3D tissue arrays that are suitable for drug screening, no cell death is observed in the center of the tissue, uniform cell number, and sufficient cells for the assay and uniform shape.

	Cell fiber	Spheroid (initial cell number)				
		50	100	150	200	250
Cell number (mean $\pm$ SD, n = 20)	$1.2 \pm 0.1 \times 10^5$	$184 \pm 86$	$259 \pm 132$	$314 \pm 125$	$689 \pm 273$	$1420 \pm 1090$
(CV (%))	(9.9)	(46.8)	(51.1)	(39.7)	(39.6)	(76.7)

**Table 1. Cell number of GT1-7 CF fragments and GT1-7 spheroids.**

## Drug response assay using the array of CF fragments

To compare the assay quality of the arrays of CF fragments and small spheroids, we prepared the arrays of CF fragment and small spheroids from GT1-7 cells and performed drug response assays to H<sub>2</sub>O<sub>2</sub> that induced cell death<sup>26,31</sup>. In the array of the CF fragment, H<sub>2</sub>O<sub>2</sub> treatment for 24 h induced cell death in a concentration-dependent manner (Figs. 4a, 4b). There was no change in cell viability at 0.1 mM H<sub>2</sub>O<sub>2</sub>, while the quantified cell viability at 10 mM H<sub>2</sub>O<sub>2</sub> was  $0.14 \pm 0.04\%$  (mean  $\pm$  SD). The half-maximal effective concentration (EC<sub>50</sub>) of H<sub>2</sub>O<sub>2</sub> was 0.84 mM. In the array of small spheroids (with the initial cell

numbers of 250 and 200), there was a large variation in the measurement data at 0 mM (Supplemental Fig. 2). In the bioluminescence assay, the sensitivity (signal-to-background ratio (S/B)) of the assay system using the GT1-7 CF fragment was >1000, and the S/B ratio of small spheroids was <100, because the mean signal increases when the cell number is large. We also calculated the z'-factor which is a measure of assay quality<sup>32,33</sup>. In three independent measurements, the z'-factor was 0.7, 0.8, and 0.9 for the array of CF fragments, respectively. The z'-factor was -3.6, -2.1, and -0.7 for the arrays of spheroids with initial cell numbers equal to 250, and -2.3, -2.1, -0.7 for the arrays of spheroids with initial cell number equal to 200 (Table 2, Supplemental Fig. 3). The array of CF fragments passed the acceptance criteria for drug screening (z'-factor  $\geq 0.5$ )<sup>33</sup>, but the array of small spheroids did not. These results suggest that the array of CF fragments had higher sensitivity and assay quality than the array of small spheroids in the bioluminescence assay.

	GT1-7 fiber	HeLa fiber	mNSC fiber
Z'-factor	0.8	0.5	0.5

**Table 2. Z'-factor of arrays of the CF fragments on a 96-well plate.**

We examined the response of GT1-7 CF fragments to short term treatments of H<sub>2</sub>O<sub>2</sub> and to  $\beta$ -estradiol with cell proliferative and trophic effects to determine whether arrays of GT1-7 CF fragments were able to evaluate the responses to different drug treatment times and to different drugs<sup>34,35</sup> (Figs. 4c, 4d). Following short-term treatments with 5 mM H<sub>2</sub>O<sub>2</sub>, the cell viability of the 30 min treatment was  $19.1 \pm 8.9\%$  (mean  $\pm$  SD). Following a 180 min treatment, the cell viability was  $4.3 \pm 3.1\%$  (mean  $\pm$  SD), which was close to the cell viability obtained following 24 h treatments,  $1.9 \pm 2.6\%$  (mean  $\pm$  SD). The  $\beta$ -estradiol treatment of the array of GT1-7 CF fragment for 48 h resulted in cell viability increases of  $120.7 \pm 28.5\%$  (mean  $\pm$  SD) at 10 parts per billion (ppb) (36.7 nM) and  $123.4 \pm 28.3\%$  (mean  $\pm$  SD) at 100 ppb (367 nM) (Fig. 4d). The cell viability returned to  $94.8 \pm 20.5\%$  (mean  $\pm$  SD) after treatment with a  $\beta$ -estradiol concentration of 1000 ppb (3.67  $\mu$ M). These results suggest that arrays of GT1-7 CF fragments can evaluate differences in the treatment time of drugs and can also evaluate robustly cell proliferative and trophic effects for cells such as  $\beta$ -estradiol.

Additionally, to confirm the versatility of the array of CF fragment in drug screening assays, we fabricated the arrays of CF fragments from cancer cells (HeLa), mouse neural stem cells (mNSCs), and differentiated mNSCs and performed drug response assays to H<sub>2</sub>O<sub>2</sub> and to  $\beta$ -estradiol. In the array of the HeLa-CF fragment, the 24-h H<sub>2</sub>O<sub>2</sub> treatment induced cell death in a concentration-dependent manner similar to the GT1-7 CF fragment (Figs. 5a, 5b). The cell viability was  $39.9 \pm 14.8\%$  (mean  $\pm$  SD) at 0.1 mM H<sub>2</sub>O<sub>2</sub> and  $3.4 \pm 0.5\%$  (mean  $\pm$  SD) at 0.5 mM H<sub>2</sub>O. The EC<sub>50</sub> was 0.8 mM. The z'-factor was 0.5 (Table 2). In the short-term treatment of 0.5 mM H<sub>2</sub>O<sub>2</sub>, the cell viability of the 30 min treatment was 20.0

$\pm 11.3\%$  (mean  $\pm$  SD) (Fig. 5c). At 180 min treatment, the cell viability was  $11.8 \pm 6.1\%$  (mean  $\pm$  SD), which was close to the cell viability obtained following a 24 h treatment, i.e.,  $3.4 \pm 0.5\%$  (mean  $\pm$  SD). The  $\beta$ -estradiol treatment to the array of HeLa-CF fragment for 48 h resulted in an increase in cell viability of  $155.3 \pm 58.6\%$  (mean  $\pm$  SD) at 10 ppb (36.7 nM) (Fig. 5d). The cell viability decreased to  $80.0 \pm 19.4\%$  (mean  $\pm$  SD) following a  $\beta$ -estradiol treatment at 100 ppb (367 nM). After 24 h of H<sub>2</sub>O<sub>2</sub> treatment of the CF fragment array of mNSCs, the cell viability remained intact for H<sub>2</sub>O<sub>2</sub> concentrations in the range of 0–1 mM (Figs. 6a, 6b). Therefore, we also treated the array of CF fragments of differentiated mNSCs with H<sub>2</sub>O<sub>2</sub> for 24 h. Cell death was induced in a concentration-dependent manner similar to the GT1-7 and HeLa cell cases (Fig. 6c). The cell viability was  $21.3 \pm 22.5\%$  (mean  $\pm$  SD) at 0.5 mM H<sub>2</sub>O<sub>2</sub> and  $1.5 \pm 0.9\%$  (mean  $\pm$  SD) at 1 mM H<sub>2</sub>O. The EC<sub>50</sub> was 0.47 mM. The z'-factor was 0.5 (Table 2). These results suggest that arrays of CF fragments made from other cell types can also pass the acceptance criteria for drug screening (z'-factor  $\geq 0.5$ )<sup>33</sup>, and that these arrays of CF fragments can be used for the evaluation of cell death and cell proliferation.

## Discussion

In this study, we developed an FCAT device that fixed cell fibers, sectioned them into uniform sizes, and transferred them to a 96-well plate to fabricate 3D tissue arrays for drug screening. Using the FCAT device, we successfully fabricated an array of CF fragments with uniform shape and size and no internal cell death. The GT1-7 CF fragment contained  $1.2 \pm 0.1 \times 10^5$  cells, and the variabilities of both cell number and cell viability assays were small. Using a variety of cell types (cell lines, cancer cells, neural stem cells), we fabricated the arrays of CF fragments and detected differences in reactivity to H<sub>2</sub>O<sub>2</sub> and  $\beta$ -estradiol depending on the cell type and based on whether differentiation was induced. Z'-factors of an assay performance measurement passed the acceptance criteria (z'-factor  $\geq 0.5$ ) for all CF fragments, indicating that our assays using CF fragment can be recognized as an excellent assay<sup>33</sup>.

The shape of the tissue in the array of CF fragments was more uniform than that in the array of spheroids. Given that spheroids allow cells to grow in any direction, the uniformity of the shape differs dramatically depending on the cell type<sup>7,16,36</sup>. Moreover, the variation in cell number by pipetting at low-seeding densities prevents the production of uniform-sized spheroids<sup>17</sup>. By contrast, CF fragments are made by sectioned tube-shaped tissues that are uniformly filled with cells and covered with alginate hydrogel to the same length with the FCAT device. Therefore, even if the cells do not form spheroids of uniform shape, such as GT1-7, we can obtain 3D tissues of uniform shape by preparing CF fragments.

The array of CF fragments reproducibly detected drug responses that changed with cell type and between the 2D culture system and 3D tissues. We could robustly detect these responses using the array of CF fragments such that neural stem cells resistant to ROS became more sensitive to ROS after differentiation induction<sup>37,38</sup>. Furthermore, the array of CF fragments allowed us to detect the H<sub>2</sub>O<sub>2</sub> reactivity specific to 3D tissues, that is, the cell death-inducing effect of H<sub>2</sub>O<sub>2</sub> was lower in CF fragments than in 2D cultures (GT1-7; EC<sub>50</sub> of 2D culture = 0.3 mM (Supplemental Fig. 4), EC<sub>50</sub> of CF fragments =

0.8 mM, HeLa ; EC50 of 2D culture = 75  $\mu\text{M}$ <sup>39</sup>, EC50 of CF fragment = 85  $\mu\text{M}$ ). This is because  $\text{H}_2\text{O}_2$  acts on all cells at once in 2D culture, while in 3D tissue, only cells on the tissue surface are affected by  $\text{H}_2\text{O}_2$ <sup>40</sup>, suggesting that the EC50 is higher in 3D tissue. In 2D cultures,  $\beta$ -estradiol has been reported to have proliferative and trophic effects at low concentrations, but these effects are suppressed at high concentrations<sup>34,35</sup>. Thus, we were able to detect this effect reproducibly using CF fragment arrays. By using CF fragment arrays, we can provide an assay that can detect 3D tissue-specific drug responsiveness close to that observed *in vivo* and changes in drug responsiveness to dynamically changing cells, such as differentiation induction.

The array of CF fragment was a 3D tissue-array without cell death in the center of the tissue regardless of cell type. Conventional spheroid assays have been used specifically for screening of anticancer drugs using arrays of large spheroids that require cell death in the center of the tissue, such as *in vivo* cancer tissues<sup>7,12,17</sup>. 3D tissues without cell death in the center of the tissue are required to perform drug screening with non-cancer cells. In the present study, arrays of CF fragments without cell death inside the tissue were able to yield z'-factors  $\geq 0.5$  in the evaluation of quality and robustness of the assay. In the near future, by calculating the z'-factor of other drugs in more cells as well, the array of CF fragment without internal cell death could be extensively used for drug screening.

## Methods

### Fabrication of FCAT device

The FCAT device comprised a surgical guide resin (Formlabs, Somerville, MA, USA) frame, fabricated by a Formlabs Form 3B printer (Formlabs), and 3% (w/v) agarose (Lonza, Tokyo, Japan). Before the fabrication of the device, the frame and square culture dish (AsOne, Osaka, Japan) and NAFLON(R) tape (polytetrafluoroethylene) (Asone) were exposed to ultraviolet light and ozone gas using a sterilizer machine (CoolCLAVE Plus, Genlantis Inc., San Diego, CA, USA). The FCAT device was prepared by setting a surgical guide resin frame on two NAFLON(R) tapes in a square culture dish. Subsequently, 3% (w/v) agarose dissolved in the medium was poured in the square culture dish and placed still for 30 min at 23°C (Fig. 2a).

### Cell cultures

Dr. R. Weiner (University of California, San Francisco) kindly provided GT1-7 cells. GT1-7 cells were maintained using Dulbecco's Modified Eagle's Medium/Ham's Nutrient Mixture F-12 (DMEM/F12, Fujifilm Wako Pure Chemical Corporation, Osaka, Japan), containing 10% (v/v) fetal bovine serum (FBS, Corning, NY, USA), and 1% (v/v) penicillin–streptomycin (Thermo Fisher Scientific K.K., Tokyo, Japan). The human cervical cancer HeLa cells (VectorBuilder Japan, Kanagawa, Japan) were maintained using Dulbecco's Modified Eagle Medium (DMEM, Fujifilm Wako Pure Chemical Corporation), containing 10% (v/v) FBS and 1% (v/v) penicillin–streptomycin (Merck Japan, Tokyo, Japan). The mNSCs were dissected from the midbrains of ICR mice (embryonic days: 13.5) as reported previously<sup>20–22</sup>. ICR mice were obtained from

Sankyo Labo Service Corporation Inc. (Tokyo, Japan). All experiments with mice were approved by the Animal Experiment Ethics Committee of Institute of Industrial Science in The University of Tokyo (approval no. 30-12). Experiments were performed by the guidelines by Life Science Research Ethics and Safety Committee of The University of Tokyo. All experiments were performed in accordance with the ARRIVE guidelines. The mNSCs were cultured as neurospheres in the Neurobasal-A (Thermo Fisher Scientific K.K) growth medium supplemented with 2 mM l-glutamine (Thermo Fisher Scientific K.K), 1% penicillin–streptomycin solution, 20 ng/ml basic fibroblast growth factor (bFGF, Peprotech, Rocky Hill, NJ, USA), 20 ng/ml human epidermal growth factor (hEGF, Peprotech), and B27 without vitamin A (12587-010, Thermo Fisher Scientific K.K). The mNSCs were passaged 2–3 times using TrypLE Select (Thermo Fisher Scientific) before use. All cells were maintained in a water-saturated 5% CO<sub>2</sub> atmosphere at 37°C.

## Spheroid generation and CF fragment formation

For spheroid generation, the GT1-7 cells were seeded at initial cell concentrations of 50, 100, 150, 200, 250, 500, 1000 and 5000 cells per well at V-bottom 96-well plates (Corning). The medium was replaced by a half volume every 2–3 days. The spheroids were maintained in a water-saturated 5% CO<sub>2</sub> atmosphere at 37°C.

The cell-encapsulating core–shell hydrogel microfibers were formed using a double coaxial laminar flow microfluidic device as reported previously<sup>20–22</sup>. For cell fibers from GT1-7 cells and HeLa cells, we prepared three materials: (1) GT1-7 cell suspension at  $1.0 \times 10^8$  cells/ml in 2 mg/ml pepsin-solubilized type-I collagen (PCol), neutralized in DMEM (AteloCell™, DME-02, KOKEN, Toyko, Japan) for the core stream, and HeLa cell suspension at  $1.0 \times 10^8$  cell/ml in 2 mg/ml PCol, neutralized in DMEM for the core stream; (2) 1.5% v/v sodium alginate (194-13321, Fujifilm Wako Pure Chemical Corporation) in 145 mM sodium chloride (NaCl, 191-01665, Fujifilm Wako Pure Chemical Corporation) solution for the shell stream, and (3) 100 mM calcium chloride (CaCl<sub>2</sub>, 7057-00, Kanto Chemical Co., Inc., Tokyo, Japan) and 3% w/w sucrose (304355, Nacalai Tesque Inc., Kyoto, Japan) solution for the sheath stream. For cell fibers from mNSCs, we prepared three materials: (1) mNSC suspension at  $2.0 \times 10^8$  cell/ml in 2 mg/ml PCol, neutralized in DMEM with 100 ng/ml bFGF and 100 ng/ml hEGF for the core solution stream, (2) 1.5% v/v sodium alginate (194-13321, Fujifilm Wako Pure Chemical Corporation) in 145 mM sodium chloride (NaCl, 191-01665, Fujifilm Wako Pure Chemical Corporation) solution for the shell stream, and (3) 100 mM calcium chloride (CaCl<sub>2</sub>, 7057-00, Kanto Chemical Co., Inc., Tokyo, Japan.) and 3% w/w sucrose (304355, Nacalai Tesque Inc.) solution for the sheath stream. The flow rates of each stream—core, shell, and sheath—were  $Q_{\text{core}} = 25 \mu\text{l}/\text{min}$ ,  $Q_{\text{shell}} = 75 \mu\text{l}/\text{min}$ , and  $Q_{\text{sheath}} = 3.6 \text{ ml}/\text{min}$ , respectively. The continually formed cell-encapsulating core–shell hydrogel fibers were collected in a sterile 145 mM NaCl solution in a tube. These cell fibers were then cultured in the respective media. All cells were maintained in a water-saturated 5% CO<sub>2</sub> atmosphere at 37°C. For the microfibers of GT1-7 and HeLa cells, the medium was changed every 2–3 days. For the mNSC fiber, 20 ng/ml bFGF and 20 ng/ml hEGF were added every 2–3 days.

## Fabrication of an array of CF fragment on a 96-well plate

The agarose on the device was moistened with a small amount of medium to prevent it from drying out before use. The 96-well plate was filled with 300  $\mu$ l/well of medium and prepared for transfer. The fibers of GT1-7 cells, HeLa cells, and mNSCs were cultured for 9 days. Some mNSC fibers were replaced with differentiation induction medium (Neurobasal-A medium supplemented with 2 mM L-glutamine, 1% penicillin–streptomycin solution, and B27 with vitamin A (Thermo Fisher Scientific K.K) and cultured for 10 days. The cell fiber of GT1-7 cells, HeLa cells, or mNSCs (differentiated fiber, undifferentiated fiber) were affixed to the FCAT device using two glass rods (Fig. 2b) and then sectioned using a disposable microtome blade (Feather) along the guide (Fig. 2c). Unwanted fibers were gently removed from the device with flat tweezers. The device was removed from the square culture dish with the first NAFLON(R) Tape and turned over (Fig. 2d). The NAFLON(R) tape was removed, and the device was gently placed on a 96-well plate (Figs. 2e, 2f). The 96-well plate along with the device was shaken up and down to ensure that all the fiber fragments were transferred (Supplementary movies 1 and 2). The device was removed from the 96-well plate, and 100  $\mu$ l of medium was removed from each well and incubated in a water-saturated 5% CO<sub>2</sub> atmosphere at 37°C.

Fibers filled with water-based ink (POSCA, Mitsubishi Pencil, Tokyo, Japan) were prepared instead of cells to evaluate the transfer rate of the device and uniformity of the fiber fragments. The transfer rate was calculated by measuring the number of fibers transferred to a 96-well plate. Images of the transferred fiber fragments obtained using a Biotek Cytation 5 plate reader (Biotek Instruments, City, VT, USA) and stereomicroscopy (Lica Microsystems) were quantified using the default plugin in ImageJ (version 1.51, National Institutes of Health, Bethesda, MD, USA) to evaluate the uniformity of the fiber fragments.

## Cell counting

The CF fragments of the 96-well plate array were treated with 80  $\mu$ g/ml of arginase for 5 min at 37°C to remove the alginate hydrogel. The cells were then washed twice with Dulbecco's phosphate-buffered saline (DPBS) (Merck Japan). Spheroids were washed once with DPBS. The CF fragments and spheroids were treated with CTS™ TrypLE™ Select Enzyme (Thermo Fisher Scientific K.K) for 5–20 min at 37°C and cell counts were measured.

## Cell viability assays

To visualize live and dead cells, the live/dead cell staining kit II (Takara, Kyoto, Japan) was used on spheroids and CF fragments. Fluorescence was detected using a confocal laser microscope (LSM710, Carl Zeiss). Cell viability assay was performed on spheroids and CF fragments using CellTiter-Glo3D (Promega Corporation, Madison, WI, USA) according to the manufacturer's instructions. Spheroid or CF fragments viability was measured by reading luminescence. CellTiter-Glo3D reagent (100  $\mu$ L/well) was added, placed on a shaker for 5 min, and then equilibrated at room temperature for 25 min to stabilize the luminescence signal. Luminescence was then measured using a Biotek Cytation 5 plate reader (Biotek Instruments, VT, USA). The data were obtained in quadruple and expressed as mean  $\pm$  SD of viable cells relative to the control. Cell viability assay was repeated three times.

## Drug treatments

Drug screening was performed using CF fragments of 96-well plate arrays, which were treated with 80 µg/ml of arginase for 5 min at 37°C to remove the alginate hydrogel. They were then washed twice with culture media. CF fragments were treated with H<sub>2</sub>O<sub>2</sub> (Nakarai Tesque, Kyoto, Japan) for 24 h or for shorter time intervals (15, 30, 60, 120, 180 min), and a live/dead cell staining kit II or CellTiter-Glo3D was used. β-estradiol (Merck Japan) was prepared on 1 mg/ml with dimethylsulfoxide. For β-estradiol treatment, cell fibers were cultured for 9 days, then washed twice with serum-free media and cultured overnight in serum-free media. Subsequently, CF fragments 96-well plate arrays were made from these fibers and treated with 80 µg/ml arginase for 5 min at 37°C to remove the alginate hydrogel. The CF fragments were treated with β-estradiol for 48 h. Cell viability was estimated by CellTiter-Glo3D.

## Assay validation

The CV was calculated as

$$CV (\%) = \frac{SD}{AV} \times 100 \quad (1)$$

The assay system of the array of CF fragments on a 96-well plate was evaluated based on the z'-factor. The z'-factor is an assay performance measurement, which easily summarizes the assay's quality and robustness<sup>17,33,41</sup>. The range of z'-factor ranges from negative infinity to one, with values ≥0.5 indicating an excellent assay, >0 an acceptable assay (double assay), 0 = yes/no type assay, and <0 an unacceptable assay<sup>17,33</sup>. Z'-factors, commonly reported in assay evaluation, were calculated by substituting the values for positive and negative control in the following equation (2).

$$Z = 1 - \frac{3 \times (SD_{100} + SD_0)}{AV_{100} - AV_0} \quad (2)$$

SD; standard deviation  
AV; average

Acceptance criteria were set at z factors ≥ 0.5 and CV values (%) < 10%.

## Statistical analysis

The statistical analyses were performed using Microsoft Excel and Igor Pro 8.04. All data are expressed as mean ± SD. Significant differences among each group were examined using one-way of analysis of variance. For statistical analyses, a two-tailed Student's t test (with P < 0.05 being considered significant) was used for pairwise group comparisons.

## Declarations

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## Contributions

M.K-N., J.S and S.T. wrote the manuscript. M.K-N. developed the FCAT device, performed the experiment of the drug screening. J.S. developed the FCAT device and quantified the length of fiber. M.K. guided a part of the drug assay. S.T. provided the overall direction for this study. All authors read and approved the final manuscript.

## Competing interests

Midori Kato-Negishi and Shoji Takeuchi are inventors on intellectual property rights related to the cell fiber technology, and Shoji Takeuchi is a stockholder of Cellfiber Inc, a start-up company based on the cell fiber technology. However, any authors are not employed by the commercial company: Cellfiber Inc. Jun Sawayama and Masahiro Kawahara no potential conflict of interest.

## Data availability

The data that support the findings in this study are available from the corresponding author upon reasonable request.

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## Figures

### Figure 1

Conceptual illustration of drug screening using an array of the CF fragments on a 96-well plate. We propose an array of the CF fragments formed on a 96-well plate from cell fibers of uniform shape and size as a 3D tissue array for drug screening. Cell viability after drug treatment is detected as a luminescence signal proportional to the adenosine triphosphate (ATP) content of the cells.

### Figure 2

Formation of an array of the CF fragments on a 96-well plate. (a) Illustration of device fabrication (left), photograph of fabricated device (center), and enlarged illustration of device (right). (b) Illustration of fiber installation on device (left), photo (center), and enlarged illustration (right), (c) Illustration of cutting fiber on device with blade (left), photograph (center), and enlarged illustration (right). (d) Illustration (left), photograph (center) and enlarged illustration (right) of the device with fiber removed from the square dish. (e) Illustration of the transfer of fiber from the device to a 96-well plate, (f) side view of the transfer of the device to a 96-well plate. (g) Photograph of the fiber transferred to a 96-well plate, (h) graph showing the measured length of fiber in a 96-well plate array. The length of the fiber was  $5.18 \pm 0.45$  mm (mean  $\pm$  SD, n = 96).

### Figure 3

Live/dead cell viability assay of GT1-7 CF fragments and GT1-7 spheroids. GT1-7 CF fragments and GT1-7 spheroids made with the different initial cell numbers (100, 250, 500, 1000, 5000 cells) were cultured for 11 days. The cells were stained with the live/dead cell staining kit II. The live and dead cells exhibited green and magenta fluorescence, respectively.

### Figure 4

Cell viability of GT1-7 CF fragments following H<sub>2</sub>O<sub>2</sub> and  $\beta$ -estradiol treatment. (a) Phase-contrast image of GT1-7 CF fragments at 10 days in culture (left). Fluorescence image of live/dead assay of GT1-7 CF fragments treated with 0 or 10 mM H<sub>2</sub>O<sub>2</sub> for 24 h after 10 days in culture (middle and right). The live and dead cells exhibited green and magenta fluorescence, respectively. (b) Graphs of cell viability after treatment of GT1-7 CF fragments at 10 days in culture with various H<sub>2</sub>O<sub>2</sub> concentrations (0–10 mM) for 24 h, (c) with 5 mM H<sub>2</sub>O<sub>2</sub> for 30, 60, 120, and 180 min, and (d) with 0–1000 ppb  $\beta$ -estradiol (ES). Cell viability was estimated by CellTiter-Glo3D. The experiment was repeated three times with n = 4 (\*\* P <0.01, \* P <0.1).

### Figure 5

Cell viability of HeLa CF fragments following H<sub>2</sub>O<sub>2</sub> and  $\beta$ -estradiol treatment. (a) Phase-contrast image of HeLa CF fragments at 10 days in culture (left). Fluorescence image of live/dead assay of HeLa CF fragments treated with 0 or 1 mM H<sub>2</sub>O<sub>2</sub> for 24 h after 10 days in culture (middle and right). The live and dead cells exhibited green and magenta fluorescence, respectively. (b) Graphs of cell viability after treatment of HeLa CF fragments at 10 days in culture with various H<sub>2</sub>O<sub>2</sub> concentrations (0–5 mM) for 24 h, (c) with 0.5 mM H<sub>2</sub>O<sub>2</sub> for 30, 60, 120, and 180 min, and (d) with 0–1000 ppb  $\beta$ -estradiol (ES). Cell viability was estimated by CellTiter-Glo3D. The experiment was repeated three times with n = 4 (\*\* P <0.01, \* P <0.1).

### Figure 6

Cell viability of mouse neural stem cell (mNSC) fibers before or after differentiation following H<sub>2</sub>O<sub>2</sub> treatment. (a) Phase-contrast image of HeLa CF fragments at 10 days in culture (left). Fluorescence image of live/dead assay of HeLa CF fragments treated with 0 or 1 mM H<sub>2</sub>O<sub>2</sub> for 24 h after 10 days in culture (middle and right). The live and dead cells exhibited green and magenta fluorescence, respectively. (b) Graphs of cell viability after treatment of mNSC CF fragments at 10 days in culture with various H<sub>2</sub>O<sub>2</sub> concentrations (0–1 mM) for 24 h. (c) Graphs of cell viability after treatment of mNSC CF fragments at 10 days in culture after differentiation with various H<sub>2</sub>O<sub>2</sub> concentrations (0–1 mM) for 24 h. Cell viability

was estimated by CellTiter-Glo3D. The experiment was repeated three times with  $n = 4$  (\*\*  $P < 0.01$ , \*  $P < 0.1$ ).

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