

# Fluorescence blinking in MoS<sub>2</sub> atomic layers by single photon energy transfer

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## Article

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1 **Fluorescence blinking in MoS<sub>2</sub> atomic layers by single photon energy**  
2 **transfer**

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13

14 **Abstract:** The quantum optical phenomena, such as single photon emission, in two-  
15 dimensional (2D) transition metal dichalcogenides (TMDCs) have triggered extensive  
16 researches on 2D material-based quantum optics and devices. By far, most reported  
17 quantum optical emissions in TMDCs are based on atomic defects in the material or the  
18 local confinement of excitons by introducing local strain or potential. In contrast, energy  
19 transfer between two materials could also manipulate the photon emission behaviors in  
20 materials, even at the single photon level. Along with the single-photon emission nature  
21 of zero-dimensional (0D) quantum dots (QDs) at room temperature, constructing a 0D-  
22 2D hybrid heterostructure may provide an effective way to regulate the quantum states  
23 related optical emissions of TMDCs. Here, we report on fluorescence blinking, a  
24 quantum phenomenon, from MoS<sub>2</sub> atomic layers in QD/ MoS<sub>2</sub> heterostructure at room  
25 temperature. We demonstrate the single-photon nature of the QDs in heterostructures  
26 by second-order photon correlation measurements. Based on the transient PL  
27 spectroscopy and PL time trajectories, we attribute the fluorescence blinking behavior  
28 in MoS<sub>2</sub> to the single photon energy transfer from QD to MoS<sub>2</sub>. Our work opens the  
29 possibility to achieve correlated quantum emitters in TMDCs at room temperature by  
30 controlling the energy transfer between QD and TMDCs.

## 31 **Introduction**

32 2D TMDCs have received extensive attention for both fundamental research<sup>1-5</sup> and  
33 photonic applications<sup>6-11</sup> due to the large exciton binding energy<sup>5,12</sup>, tunable bandgap  
34 covering from visible to near infrared<sup>13,14</sup>, and van der Waals (vdW) integration with  
35 other materials<sup>15-17</sup>. Furthermore, the 2D quantum confinement in atomic layer thin

36 TMDCs brings unique quantum effects<sup>18-20</sup>, which makes them excellent candidates for  
37 device applications in quantum information. In recent years, a large number of  
38 researchers have been devoted to studying quantum optical properties of 2D materials.  
39 For instance, single atom defects in 2D materials have been demonstrated to act as  
40 single photon emitters upon photon excitation<sup>21-24</sup>, which provide the essential element  
41 for quantum communication and computing based on 2D materials. Besides, artificially  
42 constructed TMDCs layers by the introduction of nanobubble<sup>25</sup>, wrinkles<sup>26</sup>, nanometer-  
43 sized gold tips<sup>27</sup> or pattern arrays of nanopillars<sup>28,29</sup>, have also been reported to behave  
44 as single photon sources in local strained areas due to the strain induced local  
45 confinement of excitons. These TMDCs materials provide a scalable platform for  
46 quantum photonic applications in a relatively controlled manner.

47 2D TMDCs can form the vdW heterostructure by vertically stacking two different  
48 TMDCs materials that provides unprecedented characteristics beyond single  
49 component<sup>15,16</sup>. Recently, unique optical quantum phenomena have also been  
50 demonstrated in TMDCs heterostructures<sup>30,31</sup>. Unlike the stable photoluminescence (PL)  
51 intensity emitted by TMDCs monolayer, the PL emission in WS<sub>2</sub>/MoSe<sub>2</sub>  
52 heterostructures exhibits blinking behavior, and the fluorescence fluctuation of this  
53 system jumped between bright, neutral and dark states, owing to an intermittent  
54 interlayer carrier transfer process<sup>30</sup>. Lately, the single photon emission due to the  
55 interlayer excitons in MoSe<sub>2</sub>/WSe<sub>2</sub> heterostructure was reported, which can be  
56 interpreted as the interlayer excitons were locally confined by the generated moiré  
57 potential in the heterostructure<sup>31</sup>. However, the twist angle in these heterostructures

68 needs to be precisely controlled to form an effective moiré potential and the single  
69 photon emission is observed at cryogenic temperature. In contrast to conventional 2D  
60 heterostructures, 0D-2D hybrid heterostructures consisting of quantum dots and  
61 TMDCs layers also provide an effective route to manipulate the photonic properties of  
62 2D TMDCs<sup>32</sup>, especially, along with the single photon emission nature of the 0D  
63 materials<sup>33-36</sup>. However, most of the previous studies on the 0D-2D heterostructures  
64 have focused on increasing the absorption of acceptor by improving energy transfer  
65 efficiency, including the regulation of the distance between the donor and the  
66 acceptor<sup>37,38</sup>, the spectral overlap between the emission of the donor and absorption of  
67 the acceptor<sup>38,39</sup>, the direction of the dipole<sup>40</sup>, and the screening of the electric field from  
68 the acceptor<sup>41,42</sup>. The energy transfer on the single photon level in TMDCs is rarely  
69 studied. Hence, constructing 0D-2D heterostructures and exploring the interaction with  
70 single photon energy transfer could be an indispensable way to manipulate quantum  
71 states in TMDCs materials.

72 In this work, we constructed a hybrid heterostructure consisting of CdSe/ZnS core-  
73 shell QD and MoS<sub>2</sub> atomic layers to study the quantum states related optical emissions.  
74 The second-order photon correlation measurements indicate that the single-photon  
75 nature of the QDs in heterostructures still maintains after energy transfer with MoS<sub>2</sub>.  
76 By studying transient PL and PL time trajectories of QD/monolayer-MoS<sub>2</sub>  
77 heterostructure, we found that the fluorescence blinking behavior of MoS<sub>2</sub> can be  
78 attributed to the intermittent energy transfer on the single photon level. Meanwhile, a  
79 less prominent blinking phenomenon of MoS<sub>2</sub> bilayer in QD/bilayer-MoS<sub>2</sub>

80 heterostructure demonstrates that the change in energy transfer efficiency directly  
81 affects the variation of quantum states in MoS<sub>2</sub>.

## 82 **Results**

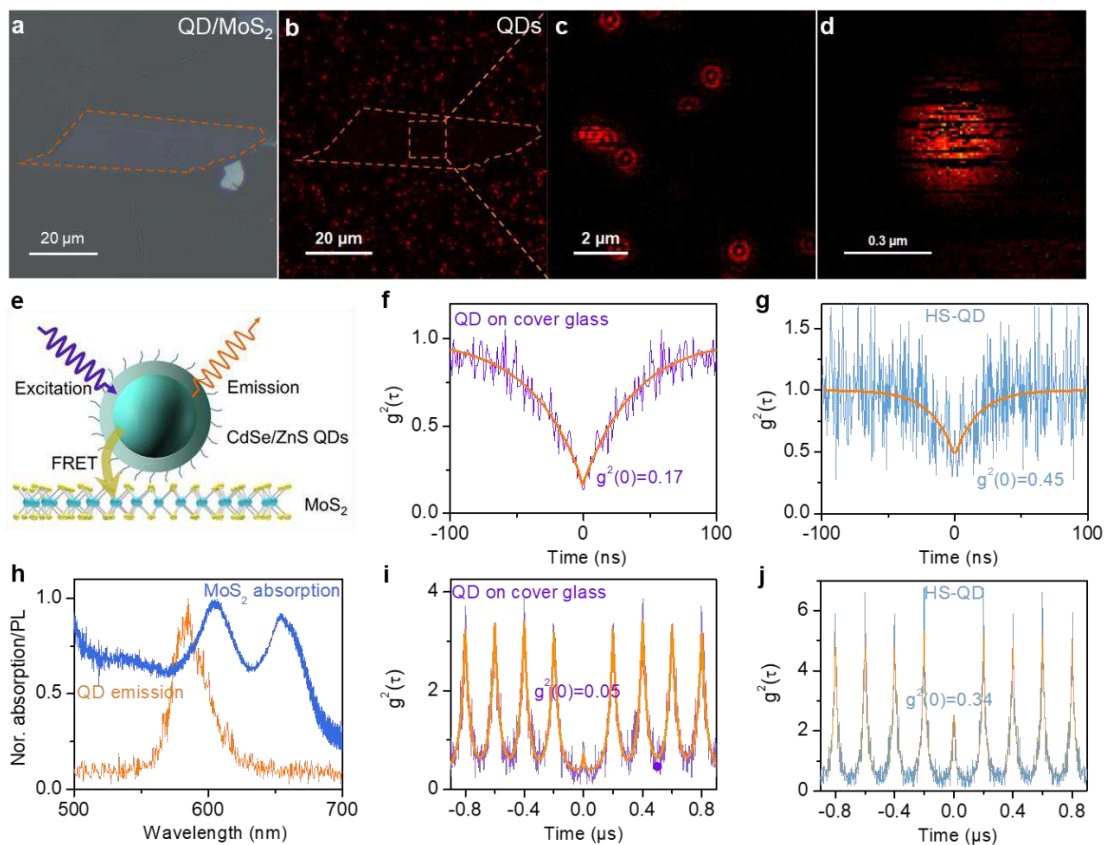
### 83 **Single photon emission of QD in QD/monolayer-MoS<sub>2</sub> heterostructure**

84 Monodispersed QDs on cover glass were prepared by the spin-coating method.  
85 Exfoliated MoS<sub>2</sub> flakes were then transferred onto the QDs to form QD/MoS<sub>2</sub>  
86 heterostructures. Figure 1a shows the optical image of the heterostructures and Figure  
87 1b shows the PL image of QDs in the same area. Compared to the pure QDs, a  
88 significant PL quenching in the QD/monolayer-MoS<sub>2</sub> heterostructure is observed, the  
89 area of which is marked with orange dashed lines in both Figure 1a and 1b. The  
90 magnified PL image (Fig. 1c) of the heterostructure area shows typical diffraction-  
91 limited emission patterns and demonstrates that the QDs are well monodispersed, which  
92 provides a perfect platform to study the interaction between a single QD and the  
93 monolayer MoS<sub>2</sub>. The image of a single QD shows a typical photon blinking behavior  
94 with an intermittent appearance of dark strips (Fig. 1d), which can be ascribed to the  
95 dark states of the PL emission.

96 On account of the core-shell structure of QDs and long-chain organic molecules  
97 (oleic acid) surrounding the shell, the charge transfer process between QDs and MoS<sub>2</sub>  
98 is nearly impossible, since the spacing between the donor and acceptor for charge  
99 transfer is usually less than 1nm<sup>43</sup>. We attribute the quenching of the overall QDs PL in  
100 the heterostructures to the Förster resonance energy transfer (FRET) from QDs to MoS<sub>2</sub>  
101 (Fig. 1e). The QDs have the PL emission spectral profile (Supplementary Fig. 1) that

102 overlaps with the direct excitonic absorption peak of MoS<sub>2</sub> (Fig. 1h), which is an  
103 important condition for FRET<sup>41</sup>. Furthermore, the PL lifetime of QDs in  
104 heterostructures decreases obviously compared with that of pure QDs deposited on  
105 cover glass (Supplementary Fig. 2), which is also a crucial characteristic of FRET<sup>44</sup>.

106 To investigate the variation of the single-photon nature of a single QD in this hybrid  
107 0D-2D heterostructure, second-order photon correlation measurements  $g^2(\tau)$  were  
108 performed at room temperature, under the excitation of a 405 nm laser source with both  
109 continuous wave (cw) and pulsed modes. When excited by the cw 405 nm laser, the  
110  $g^2(\tau)$  curves show a typical dip at time zero with  $g^2(0) = 0.17$  for a single QD on cover  
111 glass (Fig. 1f), and  $g^2(0) = 0.36$  for a QD in the heterostructure (Fig. 1g). When excited  
112 by the pulsed 405nm laser, we observed a largely reduced or nearly disappeared pulse  
113 peak at time zero in  $g^2(\tau)$ . We obtain  $g^2(0) = 0.05$  for the pure QD (Fig. 1i) and  $g^2(0) =$   
114  $0.34$  for the QD in heterostructures (Fig. 1j). The fitting details of second-order photon  
115 correlation function are given in Supplementary Note 3. The enlarged  $g^2(0)$  is due to  
116 the additional background noise caused by the fluorescence of MoS<sub>2</sub> in the  
117 heterostructure.<sup>45</sup> Nevertheless, all observed  $g^2(0)$  values are less than 0.5, indicating  
118 that the single-photon nature of the single QD in the heterostructure still maintains.<sup>46</sup>



119 **Fig. 1 Single photon emission of a single QD in QD/monolayer-MoS<sub>2</sub>**  
 120 **heterostructure. a**, Optical image of exfoliated MoS<sub>2</sub> monolayer on QD film. **b**, PL  
 121 image of QDs, showing significant PL quenching for QDs in heterostructures vs QDs  
 122 deposited on cover glass slides. **c**, Magnified PL image of the heterostructure area in **b**.  
 123 **d**, PL image of a single quantum dot, showing a typical spatial resolution (about 240  
 124 nm). **e**, Schematic representation of FRET about CdSe/ZnS QDs/MoS<sub>2</sub> heterostructure.  
 125 **h**, The overlap between the QD emission profile and the MoS<sub>2</sub> absorption profile. **f** and  
 126 **i** are second-order correlation function curves obtained from a QD on cover glass slide  
 127 excited by a 405 nm laser under cw mode and pulsed mode at room temperature,  
 128 respectively. While **g** and **j** are second-order correlation function curves obtained from  
 129 a QD in heterostructures. Orange curves represent fitted data obtained by an exponential  
 130 decay function.  
 131



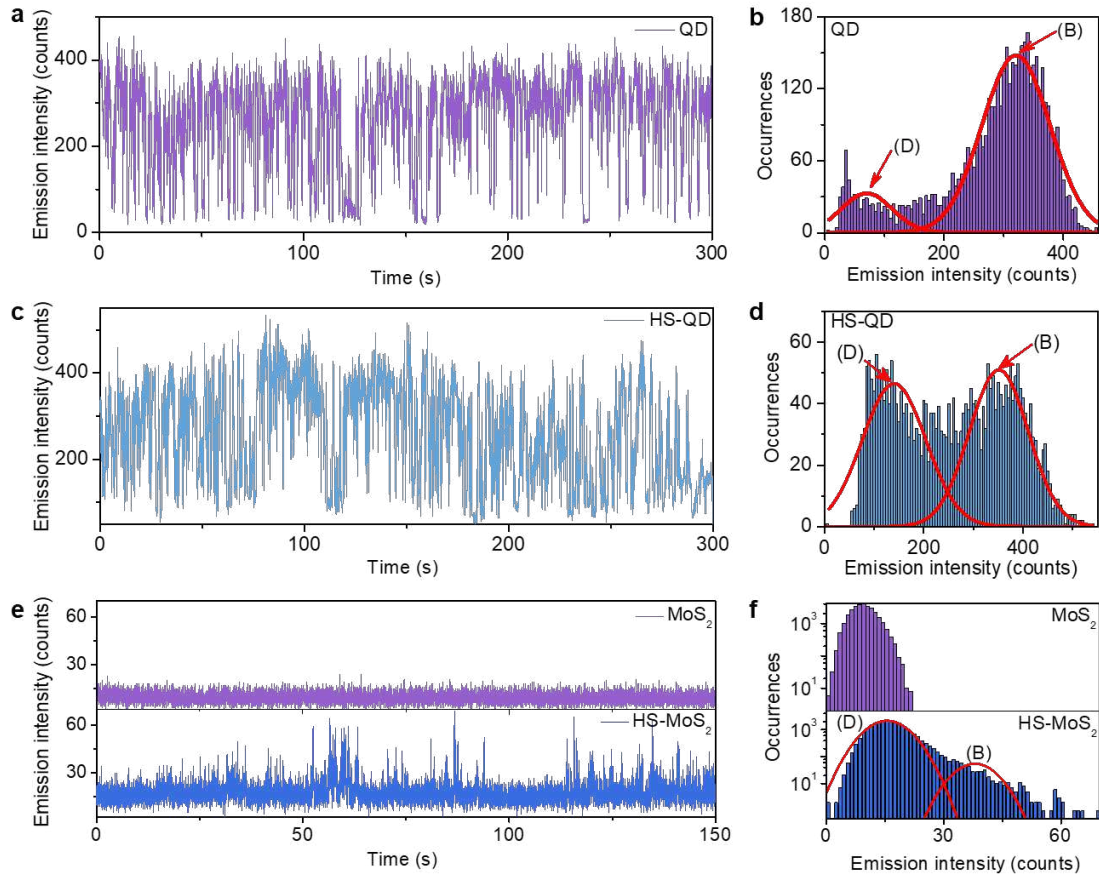
## 132 **Fluorescence blinking in MoS<sub>2</sub> monolayer**

133 To study the variations of quantum emission states from a single QD and MoS<sub>2</sub> in  
134 heterostructure, the PL intensity time trajectories from a single QD on the cover glass  
135 and in the QD/monolayer-MoS<sub>2</sub> heterostructure were recorded by time-correlated  
136 single photon counting (TCSPC) system (Fig. 2a and 2c). For both cases, we observe  
137 the typical PL emission blinking behavior. However, the occurrence of the low intensity  
138 emission from the QD in heterostructure is obviously increased (Fig. 2c). Accordingly,  
139 we plot the fluorescence intensity distributions and their bimodal Gaussian fitting in  
140 Figure 2b and 2d. Two peaks from the fitting data can be assigned to the bright state  
141 (B-state) and the dark state (D-state) of blinking. It can be seen from these statistics that  
142 the proportion of the B-state decreased while the proportion of the D-state increased for  
143 the QD in heterostructure. This observation agrees with the proposed energy transfer  
144 process between the QD and MoS<sub>2</sub> in the heterostructure, which makes the initial B-  
145 state of QD transit to the D-state.

146 Besides, we monitor the PL intensity time trajectories from the pure MoS<sub>2</sub> monolayer  
147 and the MoS<sub>2</sub> monolayer in heterostructure (HS-MoS<sub>2</sub>) (Fig. 2e). Compared to the  
148 relatively stable fluorescence emission from pure MoS<sub>2</sub> monolayer (purple curve in Fig.  
149 2e), the fluorescence emission of HS-MoS<sub>2</sub> shows obvious blinking behavior due to its  
150 interaction with a QD (blue curve in Fig. 2e). The fluorescence intensity distribution  
151 statistics in Figure 2f shows that the HS-MoS<sub>2</sub> has a wide distribution consisting of D-  
152 state and B-state, similar to the emission states of a QD. Considering the energy transfer  
153 process in heterostructure, when the excitation laser energy higher than the band gap of

154 the QD (donor), the energy of the excited electron-hole pair from the QD would transfer  
155 to the MoS<sub>2</sub> monolayer (acceptor) in a non-radiative way<sup>47</sup>. As a result, the fluorescence  
156 of the QD quenched and the fluorescence of the MoS<sub>2</sub> monolayer increased. Since the  
157 single photon emission nature of QD, the energy transfer in this system occurs with the  
158 association of the quantum states of the emission, leading to a typical blinking behavior  
159 in MoS<sub>2</sub> monolayer. Therefore, we observe the fluorescence blinking in MoS<sub>2</sub>  
160 monolayer by the energy transfer from single QD on the single photon level.

161



162 **Fig. 2 Fluorescence Blinking from MoS<sub>2</sub> monolayer in a heterostructure.** **a, c,** PL  
 163 intensity time trajectories from a QD on a cover glass slide and a QD in a QD/MoS<sub>2</sub>  
 164 heterostructure, respectively. **b, d,** Statistics of emission intensity from **a** and **c**,  
 165 indicating that the B-state decreases and the D-state increases due to the interfacial  
 166 interaction. **e,** PL intensity time trajectories from a pure MoS<sub>2</sub> monolayer (purple curve)  
 167 and a MoS<sub>2</sub> monolayer in HS-MoS<sub>2</sub> (blue curve), show obvious variations in emission  
 168 intensity. **f,** Statistics of emission intensity from **e**. Compared to pure MoS<sub>2</sub> monolayer,  
 169 a broader range of emission intensity in HS-MoS<sub>2</sub> are observed.

170

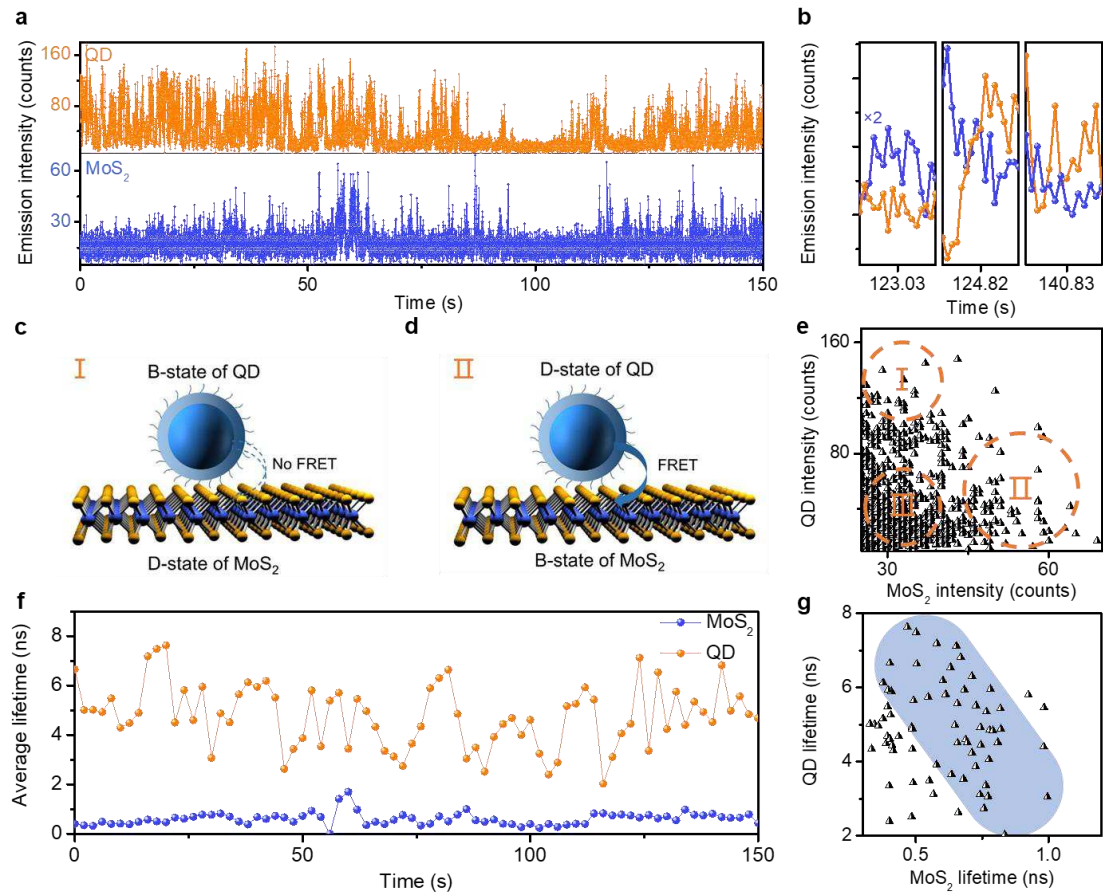
171 **Fluorescence cross-correlation of QD and MoS<sub>2</sub> in heterostructure**

172 In order to further understand the origin of blinking behavior from the MoS<sub>2</sub> in  
173 heterostructure, we simultaneously detected the PL intensity time trajectories from the  
174 MoS<sub>2</sub> and the single QD at the same position of the heterostructure (Fig. 3a). The PL  
175 signals were selectively recorded by narrow band-pass filters with center wavelengths  
176 at 575 nm and 660 nm for QD and MoS<sub>2</sub>, respectively (Supplementary Fig. 4). We  
177 observed typical blinking behavior from both QD and MoS<sub>2</sub>. It is found that when the  
178 monolayer MoS<sub>2</sub> (blue dots in Fig. 3a) is in the B-state (stronger emission), the  
179 corresponding signal of QD (orange dots in Fig. 3a) is almost in the D-state. This  
180 negative correlation at certain time periods can be seen clearly in Figure 3b. The  
181 statistics of emission intensity extracted from Figure 3a is shown in Figure 3e and the  
182 three possible interactions (marked in Fig. 3e) between MoS<sub>2</sub> monolayer and QD are  
183 illustrated in Fig. 3c and 3d. When QD is in the B-state, if there is no energy transfer  
184 between QD and MoS<sub>2</sub>, MoS<sub>2</sub> will maintain the original emission intensity and be in  
185 the D-state as we defined in the system (case I in Fig. 3c); While, if the energy transfer  
186 occurs between it and MoS<sub>2</sub> at this time, the fluorescence intensity of MoS<sub>2</sub> will be  
187 enhanced, leading to the B-state of MoS<sub>2</sub> (case II in Fig. 3d). When we hypothesize that  
188 the QD is in the D-state, energy transfer will not occur, and MoS<sub>2</sub> will be still in the D-  
189 state at this time, as indicated in case III in Figure 3e. Furthermore, we have also  
190 observed similar blinking behavior in other QD/MoS<sub>2</sub> hybrid heterostructures  
191 (Supplementary Fig. 5).

192 The PL lifetime from QD and MoS<sub>2</sub> during the time trajectory measurements can

193 also be extracted from the simultaneously recorded singles with the TCSPC system.  
194 Although the obtained lifetime shows fluctuations due to the short binning time and  
195 low photon number, the average lifetime of QD is about 5 ns (dark yellow dots in Fig.  
196 3f) during this measurement, which is clearly distinct from the short lifetime (about 0.5  
197 ns in average) of MoS<sub>2</sub> (blue dots in Fig. 3f). This observation excludes the crosstalk  
198 about the emission signal from QD and MoS<sub>2</sub> in two detection channels, further  
199 confirming the blinking is indeed from the emission of MoS<sub>2</sub>. Meanwhile, the  
200 fluctuation with time could be also a consequence of the intermittent energy transfer  
201 from the QD to the MoS<sub>2</sub>. Since the lifetime of pure MoS<sub>2</sub> monolayer over time is  
202 maintained as a relatively stable and almost uniform value at different excitation  
203 fluences (Supplementary Fig. 6), the lifetime fluctuation caused by instrument  
204 instability would be ruled out. In addition, we also counted the lifetime distribution of  
205 the two from Figure 3f. From this distribution, it is shown that while the MoS<sub>2</sub> has a  
206 long lifetime, the corresponding QD generally has a short lifetime (blue area in Fig. 3g),  
207 which also implies the existence of intermittent energy transfer.<sup>44</sup>

208



209 **Fig. 3 Fluorescence cross-correlation of QD and MoS<sub>2</sub> monolayer in**  
 210 **heterostructure. a**, PL intensity time trajectories from QD (orange curve) and MoS<sub>2</sub>  
 211 monolayer (blue curve) in QD/monolayer-MoS<sub>2</sub> heterostructure. The binning time is 10  
 212 ms. **b**, PL emission intensity extracted from **a** at certain time periods, revealing a distinct  
 213 negative correlation. **c**, **d**, Schematic diagrams of fluorescence blinking behavior in  
 214 MoS<sub>2</sub>. Dotted arrow indicate no FRET in heterostructure. **e**, The emission intensity  
 215 distribution of QD and MoS<sub>2</sub> monolayer extracted from **a**. The areas of three circles  
 216 dotted lines represented the three cases of interaction between QD and MoS<sub>2</sub>. **f**, Time  
 217 trace of average lifetime from QD (orange curve) and MoS<sub>2</sub> monolayer (blue curve) in  
 218 QD/monolayer-MoS<sub>2</sub> heterostructure. **g**, Lifetime distribution of QD and MoS<sub>2</sub>  
 219 monolayer extracted from **f**.  
 220

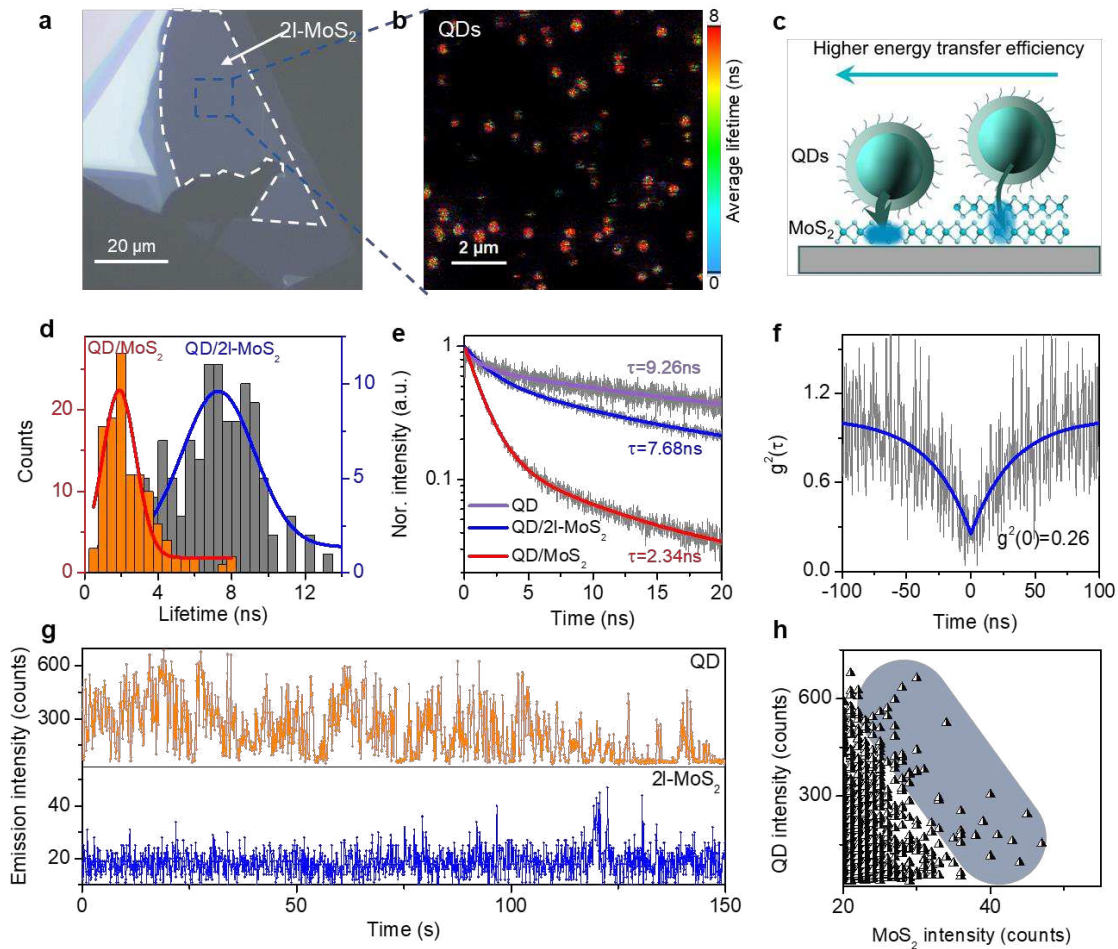
## 221 **Energy transfer and fluorescence blinking in QD/bilayer-MoS<sub>2</sub> heterostructure**

222 We further investigate the interaction between a single QD and a bilayer MoS<sub>2</sub> under  
223 optical excitation. The QD/bilayer-MoS<sub>2</sub> heterostructure was obtained by transferring  
224 a mechanically exfoliated MoS<sub>2</sub> flake on a cover glass coated with QDs. The area of  
225 the heterostructure was marked by white dashed lines in the optical image (Fig. 4a). As  
226 MoS<sub>2</sub> changes from monolayer to bilayer, the screening of the electric field  
227 increases<sup>41,42</sup>, so that the energy transfer efficiency between QDs and MoS<sub>2</sub> greatly  
228 decreases (Fig. 4c). To demonstrate the change of the energy transfer efficiency, we  
229 recorded the QDs PL lifetime image of QD/bilayer-MoS<sub>2</sub> (Fig. 4b) and QD/monolayer-  
230 MoS<sub>2</sub> heterostructures (Supplementary Fig. 2). Quantitatively, we perform statistics on  
231 the PL lifetime of QDs. Through Gaussian fitting, we found that the mean lifetime of  
232 QDs in QD/bilayer-MoS<sub>2</sub> heterostructures was about 7.28 ns (red curve in Fig. 4d),  
233 while the mean lifetime of QDs in QD/monolayer-MoS<sub>2</sub> heterostructures was about  
234 2.18 ns (blue curve in Fig. 4d). Representative lifetime measurements of QD on the  
235 cover glass and in heterostructures are shown in Figure 4e. In addition, the energy  
236 transfer efficiency can be expressed as  $\eta_{\text{FRET}}=1-\frac{\tau_{DA}}{\tau_D}$ ,<sup>38</sup> where  $\tau_{DA}$  and  $\tau_D$  are the  
237 lifetimes of the QD in heterostructure and on cover glass, respectively. Using this  
238 formula, we obtain that the energy transfer efficiencies in QD/monolayer-MoS<sub>2</sub> and  
239 QD/bilayer-MoS<sub>2</sub> are 78.1% and 27.0%, respectively.

240 We also study the single-photon nature of the single QD in QD/bilayer-MoS<sub>2</sub>  
241 heterostructure (Fig. 4f). We obtain  $g^2(0) = 0.26$  by fitting data (blue curve), which is a  
242 bit better than QD from MoS<sub>2</sub>/QD hybrid heterostructure. This may be due to the fact

243 that, compared to the case for MoS<sub>2</sub> monolayer, MoS<sub>2</sub> bilayer is an indirect band gap  
244 material <sup>5</sup> with a relatively weak fluorescence emission, which leads to a low  
245 background noise in the second-order photon correlation measurement. Meanwhile, we  
246 tested the PL intensity time trajectories from single QDs and MoS<sub>2</sub> bilayer (Fig. 4g)  
247 and compared the intensity relations (Fig. 4h). The emission intensity of QD is still  
248 negatively correlated with that of MoS<sub>2</sub> bilayer at certain time periods (blue area in Fig.  
249 4h). The blinking behavior from MoS<sub>2</sub> bilayer in this heterostructure is clearly weaker  
250 than that of MoS<sub>2</sub> in QD/monolayer-MoS<sub>2</sub> hybrid heterostructure (see the blue data in  
251 Fig. 4g), which is consistent with the low energy transfer efficiency in this  
252 heterostructure.  
253





254 **Fig. 4 Energy transfer and fluorescence blinking in QD/bilayer-MoS<sub>2</sub>**  
 255 **heterostructure. a**, Optical image of exfoliated MoS<sub>2</sub> flakes on a QD film. The white  
 256 dashed lines show the area of the bilayer-MoS<sub>2</sub> (2l-MoS<sub>2</sub>). **b**, PL lifetime image of QDs  
 257 from the area in **a** marked with blue dashed lines. **c**, Schematic of energy transfer  
 258 efficiency varying with the number of MoS<sub>2</sub> layers. **d**, Statistics of PL lifetime of QDs  
 259 in QD/monolayer-MoS<sub>2</sub> (QD/MoS<sub>2</sub>) and in QD/bilayer-MoS<sub>2</sub> (QD/2l-MoS<sub>2</sub>)  
 260 heterostructures. **e**, Representative PL decay curves from QD on cover glass, in  
 261 QD/MoS<sub>2</sub> and QD/2l-MoS<sub>2</sub> heterostructures. **f**, Second-order correlation function curve  
 262 obtained from a QD in QD/2l-MoS<sub>2</sub> heterostructure at room temperature. **g**, PL intensity  
 263 time trajectories from QD (purple curve) and 2l-MoS<sub>2</sub> (blue curve) in QD/2l-MoS<sub>2</sub>  
 264 heterostructure. Binning time is 100 ms. **h**, PL intensity distribution of QD and MoS<sub>2</sub>  
 265 derived from **g**. The data in blue area indicates a negative correlation between these two  
 266 intensities.

267 **Discussion**

268 In conclusion, we have demonstrated fluorescence blinking in MoS<sub>2</sub> monolayer and  
269 bilayer due to the single photon energy transfer from single CdSe/ZnS QDs. We  
270 investigated the second-order photon correlation measurements of QDs with and  
271 without the energy transfer process, demonstrating that the QDs in heterostructures still  
272 maintain the single-photon nature. By comparing the PL intensity time trajectories of  
273 the QDs on cover glass to that of the QDs in heterostructures, we find the proportion of  
274 the D-state in QDs from heterostructures is significantly increased due to the energy  
275 transfer. Meanwhile, the PL intensity time trajectories of MoS<sub>2</sub> in heterostructures show  
276 a fluorescence-blinking behavior similar to the emission states of QDs. With  
277 simultaneously recorded PL intensity time trajectories of QD and MoS<sub>2</sub> in  
278 heterostructure, a negative correlation between the two signals at certain time periods  
279 is observed, which further confirms that the fluorescence-blinking is due to the energy  
280 transfer between QD and MoS<sub>2</sub> on the single photon level. As the screening of the  
281 electric field effect of MoS<sub>2</sub> increases with the number of layers, we explore the  
282 interaction between QDs and MoS<sub>2</sub> bilayer. The statistics of PL lifetime of QDs in  
283 heterostructures demonstrate that the energy transfer efficiency is smaller in  
284 QD/bilayer-MoS<sub>2</sub> heterostructure compared to that from QD/monolayer-MoS<sub>2</sub>.  
285 Consequently, we observe a less prominent fluorescence blinking behavior in bilayer  
286 MoS<sub>2</sub>, which is consistent with the energy transfer efficiency. Our findings could  
287 contribute to a deeper understanding of the energy transfer process between QD and  
288 TMDCs, and provide a new possibility to achieve quantum emitters on TMDCs at room

289 temperature by controlling the energy transfer at the single photon level.

## 290 **Methods**

### 291 **Sample Preparation**

292 *Preparation of monodispersed QDs.*

293 CdSe/ZnS QDs (10 mg/mL) dispersed in toluene solution (purchased from Xingzi  
294 New Material Technology Development Co., Ltd.) were first diluted 2000 times. Then  
295 we took 1 mL diluted solution and mixed it with 200  $\mu$ L of 4% polymethyl methacrylate  
296 (PMMA, anisole as the solvent) by stirring at room temperature for about 1 hour to  
297 fully dissolve PMMA. Finally, to obtain monodispersed QDs, we took a 25  $\mu$ L aliquot  
298 of this mixed solution and deposited it on a clean cover glass (thickness: about 170  $\mu$ m)  
299 via spin-coating method at 800 revolutions per minute (rpm) for 60 s.

300 *Preparation of QDs/MoS<sub>2</sub> hybrid heterostructure.*

301 The MoS<sub>2</sub> monolayer and bilayer were obtained by the mechanical exfoliation from  
302 bulk materials and then transferred onto the monodispersed QD film obtained using the  
303 above-mentioned spin-coating method.

### 304 **Optical Measurements**

305 Absorption and steady-state PL measurements.

306 Absorption spectra of MoS<sub>2</sub> on transparent glass substrates were determined by a  
307 home-built transmission microscopy. A broad light beam from a tungsten halogen lamp  
308 used to illuminate our sample and the spectrum of transmitted light was recorded using  
309 a Horiba iHR320 spectrometer.

310 For steady-state PL, we used the 405 nm laser source (LDH-D-C-405, PicoQuant)  
311 with cw mode to excite the sample and the fluorescence signals were collected using  
312 an Olympus IX73 inverted confocal microscope with a 100× oil-immersion objective  
313 lens (NA =1.4). After filtering out the excitation laser with a 407 nm long-pass filter  
314 (LP02-407RU-25, Semrock), the steady-state PL spectrum were recorded by the  
315 spectrometer (Horiba iHR320) with a liquid-nitrogen cooled CCD (Symphony II) at  
316 ambient conditions.

317 *Time-resolved PL measurements.*

318 For time-resolved PL, we used the 405 nm laser with pulsed mode at a repetition rate  
319 of 40 MHz to excite the sample. The fluorescence lifetime imaging (FLIM) and PL  
320 decay curves measurements of the QDs and MoS<sub>2</sub> were recorded by the time-correlated  
321 single photon counting (TCSPC, HydraHarp 400 from PicoQuant) system. The QD PL  
322 emission was selected with a 575 nm band-pass filter (FF01-575/59-25, Semrock),  
323 while the MoS<sub>2</sub> PL emission was selected with a 660 nm band-pass filter (FF01-660/30-  
324 25, Semrock). Furthermore, PL intensity time trajectories from QD and MoS<sub>2</sub> were  
325 recorded by this TCSPC system.

326 *Second-order photon correlation measurements.*

327 The fluorescence emission from QD was sent through a 575 nm band-pass filter to a  
328 Hanbury-Brown and Twiss (HBT) setup consisting of a 50/50 beam splitter connected  
329 to two single-photon avalanche diodes (APDs, PDM Series from PicoQuant), and the  
330 second-order photon correlation function  $g^2(\tau)$  was recorded by TCSPC system.

331 **Data availability**

332 The data that support the findings of this study are available from the corresponding  
333 author upon reasonable request.

334

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454 **Ethics declarations**

455 Competing interests

456 The authors declare no competing interests.

457

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