

The Relationship Between Systemic Immune Inflammation Index and Treatment Response in Renal Cell Carcinoma Patients Treated with Tyrosine Kinase Inhibitors: Results from The Turkish Oncology Group Kidney Cancer Consortium Database

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Abstract

Aim: To investigate the prognostic value of the systemic immune-inflammation index (SII) and its impact on survival in patients with metastatic renal cell carcinoma (mRCC).

Methods: A total of 706 patients with mRCC treated with tyrosine kinase inhibitors (TKIs) (i.e., sunitinib, pazopanib) were retrospectively analyzed. All patients were classified into either a high-SII group or a low-SII group based on the cut-off value of SII at 756, which was the median SII level of our study group.

Results: The median age of patients was 60 (interquartile range (IQR):53-67) years. Three out of four patients were male. The majority of patients (85.7%) had clear cell histology, and sarcomatoid differentiation was observed in 16.9% of all patients. The rates of patients in favorable, intermediate, and poor “International mRCC Database Consortium (IMDC)” risk groups were 20.1%, 57.6%, and 22.2%, respectively. There were 311 and 310 patients in the SII-low and SII-high groups, respectively. At the median of 48.6 months follow-up, the median overall survival (OS) was 34.6 months and 14.5 months in the low- and high-SII groups, respectively ($p < 0.001$). In multivariate analysis, SII was an independent prognostic factor for OS (hazard ratio (HR):1.39, 95% confidence interval (CI):1.05-1.85, $p = 0.01$) and PFS (HR:1.60, 95% CI:1.24-2.05, $p < 0.001$).

Conclusion: Pre-treatment level of high SII might be considered as a predictor of poor prognosis in patients with mRCC treated with TKIs.

Introduction

Renal cell carcinoma (RCC) accounts for 90–95% of all kidney cancers. In 2020, about 3% of all adult malignancies with an estimated 431,288 new RCC cases were observed across the world ^{1,2}. More than 30% of patients diagnosed with RCC need systemic therapy for metastatic disease ³. Historically, treatment of metastatic RCC (mRCC) had been limited to cytokine therapies (i.e., interleukin-2 and interferon). However, tyrosine kinase inhibitors (TKIs) and mammalian target of rapamycin (mTOR) inhibitors improved the prognosis of those patients. Furthermore, immune checkpoint inhibitors (ICIs) and ICIs plus TKIs combinations initiated a new era in the treatment of mRCC ^{4,5}.

In parallel to the improvements in the treatment of mRCC, prognostic risk tools became essential during the decision-making process in the treatment of mRCC patients. Thus, the International Metastatic RCC Database (IMDC) risk model is the standard for prognostic stratification of patients with mRCC treated with targeted therapies or ICIs ^{6,7}. The IMDC risk score is calculated by the following six parameters: Karnofsky performance status, time from diagnosis to the first systemic treatment, hemoglobin concentration, neutrophils, platelets, and corrected calcium levels.

Inflammatory-related peripheral cells (e.g., neutrophils, lymphocytes, platelets) derived from the peripheral blood were associated with tumor progression in various tumors. The prognostic significance of inflammatory cell parameters, such as neutrophil-lymphocyte ratio (NLR), platelet-lymphocyte ratio (PLR),

C-reactive protein/albumin ratio, and systemic immune inflammation index (SII), were examined in many cancer types over the last ten years⁸⁻¹⁵. SII is a combination based on the peripheral lymphocyte, neutrophil, and platelet counts. After Hu et al. showed its prognostic value in 2014, a huge number of studies established that SII could be a good prognostic marker in many cancer types⁸. In this retrospective analysis, we aimed to evaluate the prognostic significance of SII in patients with mRCC treated with TKIs.

Methods

This retrospective cohort study was approved by the local ethical committee (Ankara University Faculty of Medicine Human Research Ethics Committee) and conducted in compliance with the “*Declaration of Helsinki*”. Informed consent was waived by “Ankara University Faculty of Medicine Human Research Ethics Committee” due to the retrospective nature of the study.

Patient Population and Data Extraction

The Turkish Oncology Group Kidney Cancer Consortium (TKCC) database consists of approximately 1,000 patients aged 18 years and older with mRCC from 13 cancer centers in Turkey. Patients with mRCC treated with sunitinib or pazopanib in the first-line setting were extracted from the TKCC database.

Demographic data (e.g., date of birth, gender, comorbidities, medications), date of diagnosis with RCC, the initial date of systemic treatment in the metastatic setting, Eastern Cooperative Oncology Group (ECOG) performance score, laboratory findings (e.g., neutrophil, platelet, lymphocyte counts, hemoglobin concentration, corrected calcium level), start and end dates of TKIs, and dates of progression and death were extracted from the TKCC database.

SII was calculated by using the following formula: $[\text{neutrophil (cells} \times 10^9/\text{L)} \times \text{platelet (cells} \times 10^9/\text{L)}] / \text{lymphocyte (cells} \times 10^9/\text{L)}$. All values were obtained from a complete blood count (CBC) up to 30 days prior to the first dose of TKIs. If there were more than one CBC result, the closest one to the initiation of TKI was used. The best cut-off value for SII was determined by using the median value of 756. With this regard, patients were divided into two groups as SII-high (≥ 756) and SII-low (< 756). The primary outcome was overall survival (OS), and the secondary outcome was progression-free survival (PFS).

Statistical Analyses

To summarize data, median with interquartile range (IQR) or mean with standard deviation and percentages were used for continuous and categorical variables, respectively. The *independent sample t-test* or *Mann-Whitney U* and *chi-square* tests were performed to compare continuous and categorical variables, respectively. Survival curves were estimated using the Kaplan-Meier method, and the differences between groups were analyzed by using the log-rank test. Cox proportional hazards regression model was used for multivariate analyses of parameters associated with OS and PFS. OS was calculated from the initial date of TKIs to death. PFS was calculated from the initial date of TKIs to disease progression or death. Hazard ratio (HR) and 95% confidence interval (CI) were used to describe

the risk factors. Differences were considered significant if the p-value was less than 0.05. All statistical analyses were performed using the SPSS 27.0 for Mac (IBM Corp., Armonk, NY).

Results

Baseline Characteristics

A total of 706 patients with mRCC were included in this study and SII was calculated in 621 patients. The median age of patients was 60 (IQR:53-67) years. Three out of four patients were male. The majority of patients (85.7%) had clear cell histology, and 16.9% of all patients had sarcomatoid differentiation. The ECOG PS was 0 or 1 in most patients (83.5%). Approximately one out of four patients were in the IMDC poor-risk group. In total, 404 (57.2%) and 302 (42.8%) patients were treated with sunitinib and pazopanib, respectively. Approximately half of the patients received interferon before TKI treatment. About three out of four patients underwent nephrectomy prior to the start of systemic treatment. Lung was the most common metastatic site (51.4%).

There were 311 and 310 patients in the SII-low and SII-high groups, respectively. The rate of patients who underwent nephrectomy was higher in the SII-low group than in the SII-high group (83.9% vs. 64.4%, $p<0.001$). Similarly, the rate of patients treated with sunitinib was higher in the SII-low group than in the SII-high group (63.3% vs. 49.0%, $p<0.001$). As expected, the IMDC poor-risk patients' rate was higher in the SII-high group than in the SII-low group (34.6% vs. 8.8%, $p<0.001$). All baseline characteristics of the included patients are shown in Table 1.

Table 1
Baseline Characteristics

	All Patients		SII-Low Patients		SII-High Patients	
	n=706	(%)	n=311	(%)	n=310	(%)
Age-years, median (IQR)	60 (53-67)		60 (53-69)		60 (53-70)	
Sex						
Male	531	75.2	229	73.6	239	77.1
Female	175	24.8	82	26.4	71	22.9
Histological Type						
Clear Cell	563	79.7	241	77.5	257	82.9
Non-clear Cell	94	13.3	46	14.8	36	11.6
Missing	49	6.9	24	7.7	17	5.5
Sarcomatoid Feature						
Yes	83	11.8	35	11.3	39	12.6
No	407	57.6	182	58.5	192	61.9
Missing	216	30.6	94	30.2	79	25.5
Fuhrman Grade						
1-2	124	17.6	63	20.3	43	13.9
3-4	297	42.1	129	41.4	133	42.9
Missing	285	40.4	119	38.3	134	43.2
Previous Nephrectomy						
Yes	525	74.4	260	83.6	199	64.2
No	177	25.1	50	16.1	110	35.5
Missing	4	0.6	1	0.3	1	0.3
Systemic Treatment						
Sunitinib	404	57.2	197	63.3	152	49.0
Pazopanib	302	42.8	114	36.7	158	51.0
IMDC Risk						
Favorable	116	16.4	83	26.7	33	10.6
Intermediate	332	47.0	175	56.3	152	49.0

	All Patients		SII-Low Patients		SII-High Patients	
	n=706	(%)	n=311	(%)	n=310	(%)
Poor	128	18.1	25	8.0	98	31.6
Missing	130	18.4	28	9.0	27	8.7
MSKCC Risk						
Favorable	91	12.9	64	20.6	27	8.7
Intermediate	279	39.5	148	47.6	128	41.3
High	87	12.3	27	8.7	59	19.0
Missing	249	35.3	72	23.2	96	31.0
Previous Cytokine Use						
Yes	334	47.3	152	48.9	125	40.3
No	372	52.7	159	51.1	185	59.7
Metastatic Sites						
Lung	319	51.4	161	51.8	158	51.0
Bone	259	41.7	100	32.2	159	51.3
Liver	92	14.8	42	13.5	50	16.1
CNS	58	9.3	18	5.8	40	12.9
Performance Status						
ECOG 0-1	515	72.9	243	78.1	207	66.8
ECOG 2-3-4	149	21.1	55	17.7	87	28.1
Missing	42	5.9	13	4.2	16	5.2
Abbreviations: ECOG=Eastern Cooperative Oncology Group, IMDC=International Metastatic Renal Cell Carcinoma Database Consortium, IQR=Interquartile Range, MSKCC=Memorial Sloan Kettering Cancer Center						

Survival Outcomes

At the median follow-up of 48.6 months, the median OS and PFS were 26.1 months (95% CI: 22.5-29.7) and 11.9 months (95% CI: 10.5-13.3), respectively. The median OS was longer in the SII-low group than in the SII-high group (34.6 months vs. 14.5 months, $p < 0.001$). Similarly, the median PFS was longer in the SII-low group than in the SII-high group (18.0 months vs. 7.7 months, $p < 0.001$). Kaplan-Meier estimates of OS and PFS are shown in Figure 1 and Figure 2.

In subgroup analysis, the median OS was shorter in patients with older age (≥ 65) ($p=0.003$), sarcomatoid feature ($p=0.01$), anemia ($p<0.001$), hypercalcemia ($p<0.001$), increased lactate dehydrogenase (LDH) ($p<0.001$), and with a systemic treatment initiation interval of less than one year ($p<0.001$). The median PFS was shorter in patients with anemia ($p<0.001$), hypercalcemia ($p=0.001$), increased LDH ($p=0.01$), a shorter time to systemic treatment ($p<0.001$), and history of cytokine use ($p<0.001$). Conversely, the median OS and PFS were longer in patients with ECOG PS 0 or 1 ($p<0.001$ for OS and PFS) and in those who underwent nephrectomy ($p<0.001$ for OS and PFS). The median OS was longer in the SII-low group than in the SII-high group irrespective of their previous interferon use (36.4 months vs. 16.6 months, $p=0.001$ in patients previously untreated with interferon; 30.1 months vs. 10.7 months, $p<0.001$ in patients previously treated with interferon). Similarly, the median PFS was also longer in the SII-low group than in the SII-high group irrespective of their previous interferon use (19.7 months vs. 8.1 months, $p<0.001$ in patients previously untreated with interferon; 15.7 months vs. 7.3 months, $p<0.001$ in patients previously treated with interferon). (Figure S1 and Figure S2)

After adjusting for confounding factors (i.e., age, sarcomatoid feature, nephrectomy, systemic treatment with sunitinib or pazopanib, anemia, hypercalcemia, LDH elevation, ECOG PS, time from diagnosis to systemic treatment for OS; age, sarcomatoid feature, nephrectomy, anemia, hypercalcemia, LDH elevation, ECOG PS, time from diagnosis to systemic treatment for PFS), SII was an independent prognostic factor for OS (HR:1.39, 95% CI:1.05-1.85, $p=0.01$) and PFS (HR:1.60, 95% CI:1.24-2.05, $p<0.001$).

Discussion

In this multicenter study, we investigated the prognostic value of SII in patients with mRCC treated with TKIs. The results showed that low (<756) and high (≥ 756) SII levels had a statistically significant difference in terms of OS. Thus, SII might have a prognostic value in patients with mRCC treated with TKIs.

The relationship between inflammation and cancer has been widely investigated in many previous studies. Inflammatory cells (e.g., neutrophils, macrophages, lymphocytes) and cytokines are effective on transformation, proliferation, and metastasis in all tumor stages¹⁶. Neutrophils can secrete cytokines related to the stimulation of the tumor microenvironment and have a tumor-promoting activity, including cancer cell survival and proliferation, angiogenesis, and metastasis¹³. Conversely, lymphocytes inhibit tumor cell proliferation by secreting cytokines. On the other hand, platelets regulate cancer invasion, migration, and angiogenesis by secretion of numerous chemokines and growth factors¹⁷.

Numerous studies revealed the impact of prognostic nomograms based on peripheral inflammatory cells. With this regard, one of the most investigated prognostic markers is the neutrophil-to-lymphocyte ratio (NLR). It was associated with the prognosis in most tumors such as RCC, lung, colorectal, urothelial, and pancreatic cancers^{14,15,18-24}.

SII is a marker of inflammation and immunity based on neutrophil, lymphocyte, and platelet counts, which are relatively easy to obtain in clinical practice. In 2014, Hu et al. developed SII to predict the prognosis of patients who underwent curative resection for hepatocellular carcinoma and established that a high SII score ($> 330 \times 10^9$ cells/L) indicated a poor outcome in those patients⁸. Subsequently, SII has been investigated as a marker to predict cancer survival in various tumors, such as gastric cancer, germ-cell tumor, and prostate cancer^[6-12]. To the best of our knowledge, one study evaluated the relationship between SII and the prognosis in patients with mRCC treated with targeted therapy. In that study, Lolli et al. showed that low SII was associated with poorer survival in 335 patients with mRCC treated with sunitinib²⁵. In this context, our results are consistent with the literature. Furthermore, in the study of Lolli et al., the pre-treatment SII cut-off value was determined as 730×10^9 cells/L, which was numerically close to our study's SII cut-off value. It should be noticed that number of patients was higher in our study. In addition, while only sunitinib was administered as a first-line treatment in the study of Lolli et al., patients who received sunitinib or pazopanib in our study. However, patients with mRCC who received interferon before TKIs were also included in our study.

Of note, our findings were also consistent with the literature according to IMDC risk groups. With regard to the prognostic value of IMDC risk score and SII combination, Chrom et al. showed that replacement of neutrophil and platelet counts with SII in the IMDC risk model increased the accuracy of the IMDC risk model. It should be noticed that they also used a cut-off value of 730×10^9 cells/L for SII, which is almost the same as our study²⁶.

Our survival results were also compatible with the pivotal study of sunitinib, including previously untreated patients with mRCC. They reported that the median OS was 26.4 months and PFS was 11 months in patients with mRCC receiving sunitinib, which was also numerically close to our study's survival results.²⁷

Our study has several limitations due to its retrospective nature. First, we had a lack of data to calculate SII in some patients. Because of this reason, we had to exclude those patients from our study. Second, the time interval between obtaining laboratory values to calculate SII and the initial date of TKIs might be different in each included center. Third, mRCC patients treated with interferon before TKI treatment were included in our study.

In conclusion, our study showed the prognostic value of SII in mRCC patients treated with TKIs. In this context, SII, easily accessible marker, might lead to the establishment of novel therapeutic strategies or risk models in mRCC patients treated with TKIs. To the best of our knowledge, the relationship of ICI plus TKIs combinations with SII has not been investigated yet. From a future perspective, SII may be a potential prognostic marker for RCC patients treated with immunotherapy.

Declarations

Authors' Contribution

Conceptualization: KBY, EY, SK, DT, İE, CE, ÖE, NŞÖ, ÇA, GU, AK, ÖNS, SK, OÇ, SCY, BÖ, NK, MAŞ, YÜ

Methodology: KBY, EY, YÜ

Software: EY

Data Curation: KBY, EY, SK, DT, İE, CE, ÖE, NŞÖ, ÇA, GU, AK, ÖNS, SK, OÇ, SCY, BÖ, NK, MAŞ, YÜ

Writing - Original Draft: KBY, EY

Writing - Review & Editing: KBY, EY, SK, DT, İE, CE, ÖE, NŞÖ, ÇA, GU, AK, ÖNS, SK, OÇ, SCY, BÖ, NK, MAŞ, YÜ

Supervision: SK, DT, İE, CE, ÖE, NŞÖ, ÇA, GU, AK, ÖNS, SK, OÇ, SCY, BÖ, NK, MAŞ, YÜ

Declaration of conflicting interests

The author(s) report no competing personal or financial interests related to this article.

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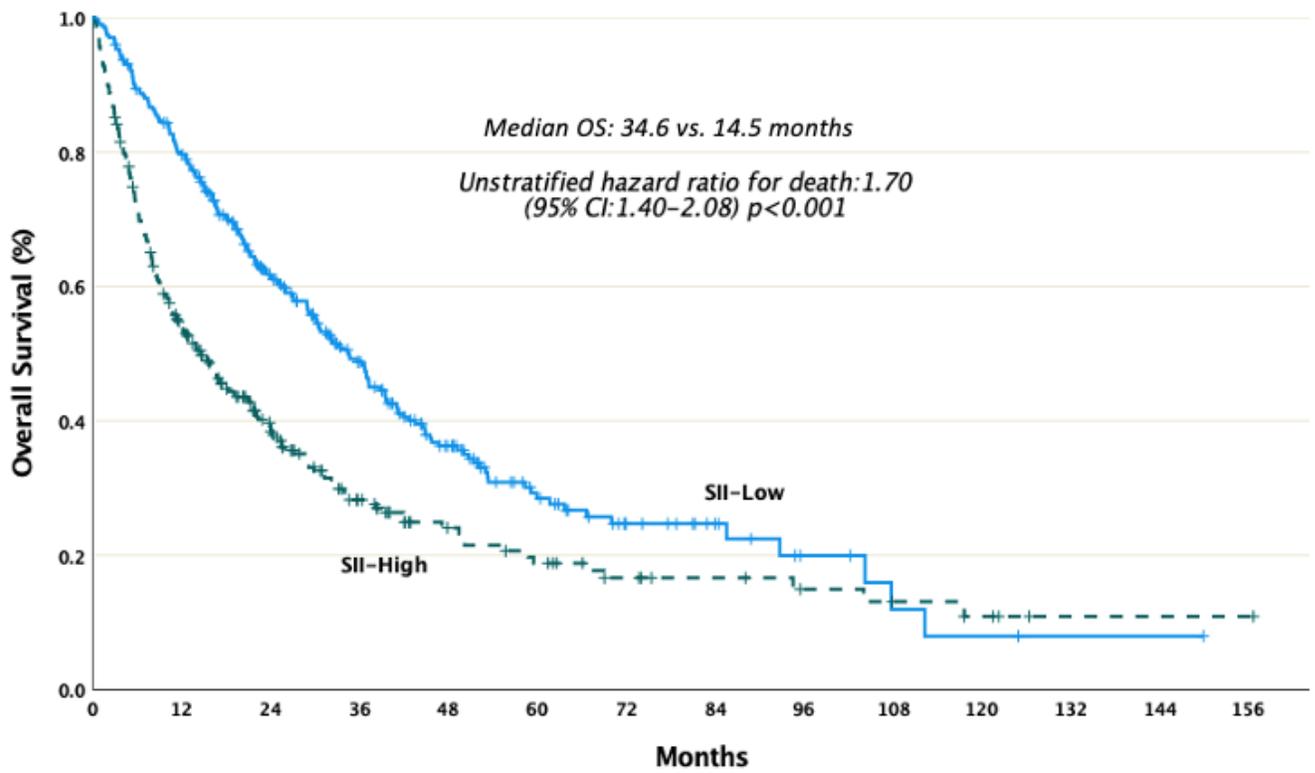
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Figures

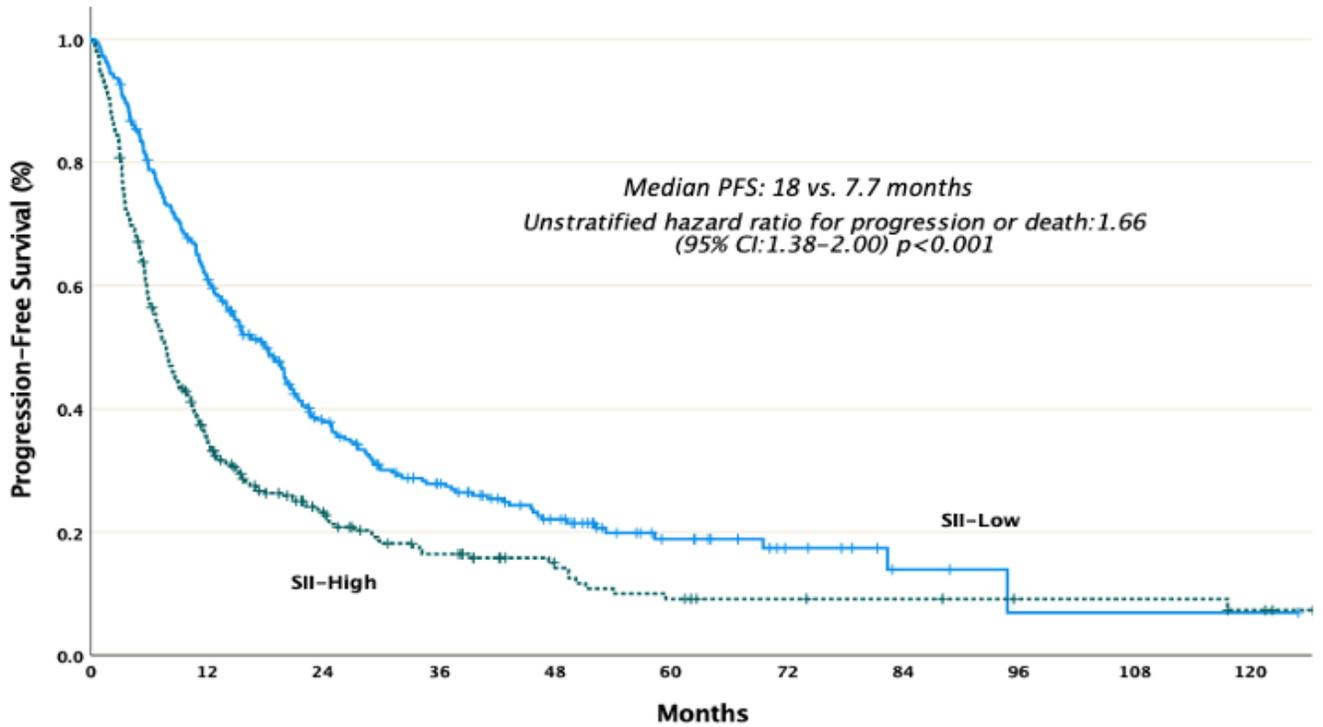


Number at Risk:

SII-Low	311	236	158	105	63	35	19	12	6	3	2	1	1	0
SII-High	310	152	88	48	28	21	14	11	8	6	4	1	1	1

Figure 1

Kaplan-Meier Estimates of Overall Survival (OS) (SII=Systemic Immune Inflammation Index)



Number at Risk:

SII-Low	311	182	96	60	37	18	9	3	1	1	1
SII-High	310	100	50	29	18	11	8	7	5	5	3

Figure 2

Kaplan-Meier Estimates of Progression-Free Survival (PFS) (SII=Systemic Immune Inflammation Index)

Supplementary Files

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