

SARS-CoV-2-specific T cell immunity in mild hypertensive patients with COVID-19 in China

Qiang Zeng

The Second Medical Center and National Clinical Research, Center for Geriatric Diseases, Chinese PLA General Hospital

Gang Huang

Shanghai Key Laboratory of Molecular Imaging, Shanghai University of Medicine and Health Sciences,

Yong-Zhe Li

Peking Union Medical College Hospital, Peking Union Medical College and Chinese Academy of Medical Sciences

Yirong Li

Zhongnan Hospital of Wuhan University

Shenyong Dong

The Second Medical Center and National Clinical Research, Center for Geriatric Diseases, Chinese PLA General Hospital

Guoqiang Xu

Jiangsu Key Laboratory of Neuropsychiatric Diseases and College of Pharmaceutical Sciences, Jiangsu Key Laboratory of Preventive and Translational Medicine for Geriatric Diseases,

Yang Xu (✉ yxu1617@126.com)

Shanghai Key Laboratory of Molecular Imaging, Shanghai University of Medicine and Health Sciences,

Research Article

Keywords: COVID-19, T lymphopenia, CD4+CD25+ T cells, CD4+CD45RO+ T cells, CD8+CD28+ T cells, CD4+IFN γ + T cells

Posted Date: November 18th, 2020

DOI: <https://doi.org/10.21203/rs.3.rs-110693/v1>

License:   This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

1 **SARS-CoV-2-specific T cell immunity in mild hypertensive patients with COVID-19 in**
2 **China**

3

4 Qiang Zeng^{#,1}, Gang Huang^{#,2}, Yong-Zhe Li^{#,3}, Yirong Li⁴, Shenyong Dong¹, Guoqiang Xu⁵,
5 Yang Xu^{*,2}

6

7 ¹ *Health Management Institute, The Second Medical Center and National Clinical Research,*
8 *Center for Geriatric Diseases, Chinese PLA General Hospital, Beijing, China*

9 ² *Shanghai Key Laboratory of Molecular Imaging, Shanghai University of Medicine and*
10 *Health Sciences, Shanghai, China*

11 ³ *Department of Laboratory Medicine, Peking Union Medical College Hospital, Peking Union*
12 *Medical College and Chinese Academy of Medical Sciences, Beijing, China*

13 ⁴ *Department of Laboratory Medicine, Zhongnan Hospital of Wuhan University, Wuhan,*
14 *China*

15 ⁵ *Jiangsu Key Laboratory of Neuropsychiatric Diseases and College of Pharmaceutical*
16 *Sciences, Jiangsu Key Laboratory of Preventive and Translational Medicine for Geriatric*
17 *Diseases, Soochow University*

18

19 **Corresponding author:**

20 *Shanghai Key Laboratory of Molecular Imaging, Shanghai University of Medicine and
21 Health Sciences, Shanghai, China, E-mail: yxu1617@126.com, Tel: +86-21-65883991, Fax:
22 +86-21-65883991.

23 # These authors contributed equally.

24

25

26

27

28

29 **ABSTRACT**

30 **Background:** Coronavirus disease 2019 (COVID-19) pandemic leads to severe illness,
31 life-threatening complications, and death, especially in high-risk groups such as elderly
32 people and individuals with hypertension or diabetes. It has been shown that
33 SARS-CoV-2-specific T cell immunity is important for the patient recovery from COVID-19.
34 However, there are no reports about SARS-CoV-2-specific T cell immunity in hypertensive
35 patients with COVID-19.

36 **Results:** In this work, through the study of a cohort of 76 mild cases of hypertensive patients
37 with COVID-19 and 572 hypertensive patients without COVID-19, we discovered that
38 SARS-CoV-2 infection in hypertensive patients is characterized by T lymphopenia during the
39 acute phase and the high frequency of CD4⁺CD25⁺, CD4⁺CD45RO⁺, and CD8⁺CD28⁺ T cells
40 in the recovery phase. We also showed that strong SARS-CoV-2-specific CD4⁺IFN γ ⁺ T cell
41 responses are associated with high SARS-CoV-2-specific antibody titers in hypertensive
42 patients with COVID-19.

43 **Conclusions:** The subsets of T cells including CD4⁺CD25⁺, CD4⁺CD45RO⁺, and CD8⁺CD28⁺
44 could be valuable biomarkers for the estimation of the progression of hypertensive patients
45 with COVID-19. The hypertensive patients with COVID-19 exhibits T lymphopenia during
46 the acute phase and have proper immune function during the recovery phase. This study may
47 provide valuable insights for the monitoring and treatment of hypertensive patients with
48 COVID-19.

49 **Keywords:** COVID-19, T lymphopenia, CD4⁺CD25⁺ T cells, CD4⁺CD45RO⁺ T cells,
50 CD8⁺CD28⁺ T cells, CD4⁺IFN γ ⁺ T cells

51

52 **Background**

53 In December 2019, a cluster of acute respiratory illness, now known as
54 severe acute respiratory syndrome-associated coronavirus 2 (SARS-CoV-2) pneumonia,
55 occurred in Wuhan, China [1-8]. As of February 11, 2020, the Chinese Center for Disease

56 Control and Prevention has officially reported that there were 2.0% asymptomatic cases, 2.3%
57 death cases, and 80.9% mild cases among 44,672 confirmed SARS-CoV-2 cases; the disease
58 severity was associated with old age [9]. However, the Centers for Disease Control and
59 Prevention (USA) has reported that 38% of the 508 hospitalized SARS-CoV-2 patients were
60 notably young, suggesting that the disease severity may not be mainly related to patient age
61 [10].

62 According to the World Health Organization (WHO) interim guidance on January 12,
63 2020, SARS-CoV-2 infection is classified as asymptomatic cases, mild and severe cases of
64 pneumonia, and critical cases of pneumonia (acute respiratory distress syndrome, sepsis,
65 septic shock). Severe cases of pneumonia are defined as patients with respiratory rate of > 30
66 breaths/min, severe respiratory distress, or peripheral capillary oxygen saturation of < 90% on
67 room air [11]. Hypertension is the most common comorbidities among patients with
68 coronavirus disease 2019 (COVID-19). However, the dynamic changes of immune responses
69 in hypertensive patients with COVID-19 remain elusive [1-8].

70 In this work, 76 mild hypertensive patients with COVID-19 were admitted and
71 confirmed for SARS-CoV-2 infection with real-time reverse transcriptase-polymerase chain
72 reaction (RT-PCR) assay. Enzyme-linked immunosorbent assay (ELISA) was used to detect
73 immunoglobulins in blood samples. Peripheral blood mononuclear cells (PBMC) were
74 analyzed for several subsets of T cells by flow cytometry. The alteration of T cells and
75 SARS-CoV-2 specific antibodies was analyzed during the acute and recovery phases of the
76 virus infection. Our work suggested valuable biomarkers for the progression of mild
77 hypertensive patients with COVID-19.

78

79 **Results**

80 **Mild hypertensive patients with COVID-19 experiences T lymphocyte loss during the** 81 **acute phase and restoration during the recovery phase after the infection**

82 To study the dynamic regulation of immune response for the mild hypertensive patients with

83 COVID-19, we analyzed the subsets of T lymphocyte cells (Supplemental Fig. 1). Flow
 84 cytometry analyses showed that hypertensive patients with COVID-19 clearly experienced T
 85 lymphocyte loss in peripheral blood during the acute phase of infection (Table 1). The mean
 86 absolute counts for CD3⁺, CD4⁺, and CD8⁺ T lymphocyte in hypertensive patients without
 87 COVID-19 was 1450, 869, and 481 cells/ μ L, respectively, whereas those in hypertensive
 88 patients with COVID-19 were markedly lower, at 641, 265, and 261 cells/ μ L, respectively (P
 89 < 0.001). However, EBV infection exhibited proliferative lymphocyte responses (Table 1).
 90 Interestingly, we observed a rapid and significant restoration of CD3⁺, CD4⁺, and CD8⁺ T
 91 lymphocyte, B lymphocyte, and natural killer (NK) cells at the third week after the onset of
 92 illness in the hypertensive patients with COVID-19 (Table 2).

93

94 **Table 1.** Changes in CD3⁺, CD4⁺, and CD8⁺ lymphocyte counts in mild hypertensive patients
 95 with COVID-19 or Epstein-Barr virus (EBV) infections and hypertensive patients without
 96 COVID-19.

Lymphocyte subsets* (cells/ μ L)	Mean \pm SD		
	COVID-19	EBV	Controls
CD3 ⁺ lymphocytes	641 \pm 127	6,960 \pm 1,910	1,450 \pm 450
CD4 ⁺ lymphocytes, T-h	265 \pm 76	845 \pm 231	869 \pm 310
CD8 ⁺ lymphocytes, T-s	261 \pm 61	5,780 \pm 1,870	481 \pm 213
T-h/T-s ratio	1.03 \pm 0.48	0.19 \pm 0.07	2.01 \pm 0.89

97 Abbreviations: T-h, T helper; T-s, T suppressor. *Due to lack of reference ranges for
 98 lymphocyte and subset profile of hypertensive patients in Chinese Han population, we
 99 systematically analyzed the 572 hypertensive patients of 18-85 years old from hypertension
 100 clinic from November 2018 to November 2019. The purpose for the enrollment of
 101 hypertensive patients without COVID-19 is to acquire immunological characteristics before
 102 the COVID-19 outbreak.

103

104 **Table 2.** Changes in lymphocyte subsets in the acute and recovery phase of mild hypertensive
 105 patients with COVID-19 and without COVID-19.

Lymphocyte subsets (cells/ μ L)	Mean \pm SD		
	Acute (n = 76)	Recovery (n = 76)	Controls (n = 572)
CD3 ⁺ lymphocytes	599 \pm 161	1,252 \pm 291	1,450 \pm 450
CD4 ⁺ lymphocytes, T-h cells	260 \pm 67	531 \pm 110	869 \pm 310
CD8 ⁺ lymphocytes, T-s cells	251 \pm 71	593 \pm 162	481 \pm 213
T-h/T-s ratio	1.04 \pm 0.50	0.90 \pm 0.68	2.01 \pm 0.89
CD19 ⁺ B lymphocytes	135 \pm 210	171 \pm 228	270 \pm 532
CD16 ⁺ CD56 ⁺ NK cells	161 \pm 110	281 \pm 112	253 \pm 156

106

107 **The subsets of T cells are reduced during the acute phase and returned during the**
 108 **recovery phase of mild hypertensive patients with COVID-19**

109 We next explored some important CD4⁺ and CD8⁺ subset T cells in hypertensive patients with
 110 COVID-19. The data showed that CD4⁺CD25⁺ T cells were 0.8% and 3.9% in the acute phase
 111 and in the recovery phase, respectively (Table 3). CD4⁺CD25⁺ T cells in the recovery phase
 112 was 4.9-fold higher than those in the acute phase. The frequency of CD4⁺CD45RO⁺ T cells
 113 (act as memory T helper cells) and CD8⁺CD28⁺ T cells (act as cytotoxic suppressor T cells) in
 114 the recovery phase were higher than those in the acute phase ($P < 0.05$). Therefore, our data
 115 first indicated that the memory T helper and cytotoxic suppressor cells are recovered in
 116 hypertensive patients with COVID-19.

117

118 **Table 3.** Changes of immune responses in mild hypertensive patients with COVID-19 during
 119 the acute and recovery phase.

Patients	Percentage (Mean \pm SD)		
	CD4 ⁺ CD25 ⁺	CD4 ⁺ CD45RO ⁺	CD8 ⁺ CD28 ⁺
Acute (n = 76)	0.8 \pm 0.5	51.5 \pm 11.5	52.8 \pm 18.2

Recovery (n = 76)	3.9 ± 3.1	63.2 ± 23.1	71.8 ± 20.9
<i>P</i>	< 0.01	< 0.05	< 0.05

120

121 **SARS-CoV2-specific IgG increases during the recovery phase of hypertensive patients**
122 **with COVID-19**

123 In order to understand the dynamic regulation of the immune response of hypertensive
124 patients with COVID-19, we conducted a longitudinal profile analysis of
125 SARS-CoV-2-specific antibodies against the virus infection of available 8 hypertensive
126 patients (Fig. 1A). Among them, 50% (4/8), 25% (2/8) and 0% (0/8) were tested positive for
127 IgG, IgM, and IgA at week 1 after the onset of symptoms, suggesting that IgG responded
128 earlier than IgM and IgA. All eight patients were IgG, IgM, and IgA-positive in week 2 after
129 the onset of symptoms. The IgG, IgM, and IgA mean titers peaked at 1:1040 at week 6, 1:400
130 at week 4, and 1:320 at week 4, respectively. The IgG titers were maintained at a high level
131 whereas the IgM and IgA titers peaked during the acute or early convalescent phase and then
132 declined at week 5 after the onset of symptoms.

133

134 **SARS-CoV2-specific antibody correlates with spike-specific CD4⁺IFNγ⁺ T cells**

135 To investigate their relationship between protective antibody responses and the T cells, we
136 next performed a longitudinal profile analysis of SARS-CoV-2-specific CD4⁺IFNγ⁺ T cells
137 against SARS-CoV-2 infection of hypertensive patients (Fig. 1B) since most protective
138 antibody responses are dependent on CD4⁺ T helper cells. The results showed that CD4⁺IFNγ⁺
139 T cells were gradually increased after the onset of COVID-19 in the mild hypertensive patients.
140 Given that spike is the primary target of SARS neutralizing antibodies, we examined
141 spike-specific CD4⁺IFNγ⁺ T cells. The data showed that spike-specific CD4⁺IFNγ⁺ T cell
142 responses correlated well with the magnitude of the anti-spike RBD IgG titers ($R = 0.93$; $P <$
143 0.0001 ; Fig. 2A). Anti-spike IgM titers ($R = 0.3895$; $P = 0.013$; Fig. 2B) and anti-spike IgA
144 titers ($R = 0.3893$; $P = 0.013$; Fig. 2C) also correlated with spike-specific CD4⁺IFNγ⁺ T cells

145 but at a worse degree than that of anti-spike IgG titers. Therefore, the anti-spike RBD
146 antibody response produced by COVID-19 patients is comparable to the spike-specific
147 CD4⁺IFN γ ⁺ T cell response.

148

149 **Discussion**

150 Most hypertensive patients with COVID-19 are severe or critical cases of COVID-19 and it is
151 difficult to follow up to the recovery phase of COVID-19 [1-6]. Therefore, we selected mild
152 hypertensive patients with COVID-19 as a model to conduct this study. In this work, we first
153 reported the detection of SARS-CoV-2-specific T cell immunity in mild cases of hypertensive
154 patients with COVID-19 and described the pathogenesis in the recovery phase.

155 It is intriguing to see the human immune system response in a drastically distinct manner
156 to different viral infections. Whereas EBV infections lead to proliferative lymphocyte
157 responses [12], swine foot-and-mouth disease virus [13] and respiratory syncytial virus [14]
158 are associated with generalized lymphopenia. In swine foot-and-mouth disease virus and
159 respiratory syncytial virus infection, the underlying mechanism is much less clear [13, 14]. It
160 has been reported that antiviral drugs can reduce viral loads and alleviate the severity of
161 disease in patients [15] and corticosteroid therapy can induce lymphopenia on lymphocyte
162 recirculation [16]. To rule out this effect, all patients enrolled in our study had not received
163 any antiviral or corticosteroid therapy.

164 Chen et al. [17] reported immunological features of 11 severe cases (median age of 61.0
165 years) and 10 moderate cases (median age of 52.0 years) of COVID-19. Immunological
166 characteristics include a reduction in the number of CD4⁺ and CD8⁺ T cells and changes in
167 CD8⁺CD28⁺ and CD4⁺CD45RO⁺ T cells, etc. However, they did not report the dynamics of
168 cellular immune responses and humoral immunity. Our data may be beneficial to previous
169 study.

170 Regulatory T cells (Tregs) play key roles in the maintenance of lymphoid homeostasis in
171 a number of immune circumstances. The so-called “natural” CD4⁺CD25⁺ Tregs arise as a

172 distinct lineage from the thymus in human [18]. However, changes of Treg status in
173 hypertensive patients with COVID-19 were not reported previously. Our data showed that the
174 frequency of CD4⁺CD25⁺, CD4⁺CD45RO⁺ and CD8⁺CD28⁺ T cells in the recovery phase was
175 significantly higher than those in the acute phase, indicating that hypertensive patients with
176 COVID-19 have proper immune function in the recovery phase.

177 Long et al. [19] reported that serological courses could be followed for 26 patients who
178 were initially seronegative and then underwent seroconversion during the observation
179 period. Three types of seroconversion were observed: synchronous seroconversion of IgG and
180 IgM (9/26 patients), IgM seroconversion preceding to IgG seroconversion (7/26 patients), and
181 IgM seroconversion after IgG seroconversion (10/26 patients). Our data showed that 50% (4/8)
182 and 25% (2/8) patients were tested positive for IgG and IgM at week 1 after the onset of
183 symptoms, respectively, suggesting that IgG seroconversion was earlier than that of IgM,
184 which is consistent with the previous report [19].

185 The profile of antibodies against SARS-CoV-2 was consistent with previous findings
186 [19], which may be helpful in the diagnosis and in epidemiologic survey of COVID-19
187 patients. The presence of high titers of IgG antibody to SARS-CoV-2 in the patients at the
188 convalescent phase also suggests that a live attenuated or inactivated vaccine for active
189 immunization and a concentrated human anti-SARS-CoV-2 spike RBD antibody for passive
190 immunization could be developed for the treatment of SARS-CoV-2 infection [20, 21].

191 Grifoni et al. [22] first identified SARS-CoV-2-specific T cells in convalescent patients
192 with COVID-19. They found that the mean percentage of SARS-CoV-2-spike-specific CD4⁺
193 T cells in 10 convalescent patients with COVID-19 is about 0.3% and SARS-CoV-2-specific
194 CD4⁺/CD8⁺ T cell responses and SARS-CoV-2-specific antibodies are well correlated.
195 Consistent with this, our data showed that the mean percentage of SARS-CoV-2-specific
196 CD4⁺IFN γ ⁺ T cells was 0.15% at week 6 (Fig. 1B), which is consistent with the previous
197 report [22]. Our data further showed that SARS-CoV-2 spike-specific CD4⁺IFN γ ⁺ T cell
198 responses correlated well with the magnitude of the anti-spike RBD immunity in mild

199 hypertensive patients with COVID-19. The recovery patients exhibited high
200 SARS-CoV-2-specific immunity. Furthermore, 31.6% recovery patients were > 65 years old,
201 which does not completely support the conjecture that old age is associated with disease
202 severity of COVID-19 in our study group. Since 38% of the severe cases were notably young,
203 suggesting that it is critical to further study SARS-CoV-2-specific immunity in severe cases of
204 young group [10].

205

206 **Conclusions**

207 In summary, to the best of our knowledge, our data first demonstrated that there is
208 SARS-CoV-2-specific T cell immunity in convalescent hypertensive patients with COVID-19.
209 This finding may be benefit to the understanding of the progression and recovery of
210 COVID-19 patients and to the development of vaccine for the prevention of SARS-CoV-2
211 infection.

212

213 **Materials and Methods**

214 **Patients and diagnosis**

215 Between January and February 2020, we enrolled 76 mild hypertensive patients with
216 COVID-19 (40 male and 36 female, 31.6% > 65 years, with mean age of 51 [standard
217 deviation (SD) = 20]) and mean hypertension history of 19 (SD = 11) years, according to
218 WHO interim guidance [11]. It was confirmed that all patients had come into close contact
219 with people with COVID-19. The patients' temperatures were between 37.5°C and 39.5°C at
220 the time of diagnosis. The most common respiratory symptoms were cough, productive cough,
221 sore throat, and dyspnea. Chest radiographs demonstrated the air-space consolidation, with
222 bilateral patchy patterns, local patchy and ground glass opacity. Most of the patients had
223 relatively normal liver and renal functions. In addition, all participating patients were
224 antibody- and antigen-negative for Epstein-Barr virus (EBV). None of them received any kind
225 of antiviral or corticosteroid treatment. The 76 mild hypertensive patients with COVID-19

226 were treated with medications of thiazide diuretics (30.3%) and angiotensin-converting
227 enzyme (ACE) inhibitors (69.7%). All patients were followed up to the recovery phase. Due
228 to lack of reference ranges for lymphocyte and subset profile of hypertensive patients in
229 Chinese Han population, we systematically analyzed the 572 hypertensive patients of 18-85
230 years old from hypertension clinic from November 2018 to November 2019, before the
231 COVID-19 outbreak. Among them, 315 were male and 257 were female, with a mean age of
232 49 (SD = 18) and mean hypertension history of 16 (SD = 12) years. Patients were treated with
233 medications of thiazide diuretics (35%) and ACE inhibitors (65%). The purpose for the
234 enrollment of hypertensive patients without COVID-19 is to acquire immunological
235 characteristics before the COVID-19 outbreak. All these confirmed patients were initially
236 admitted to Chinese PLA General Hospital, Peking Union Medical College Hospital,
237 Zhongnan Hospital of Wuhan University, and Shanghai University of Medicine and Health
238 Sciences Hospital. A confirmed case of COVID-19 is defined as a positive result on real-time
239 reverse transcriptase-polymerase chain reaction (RT-PCR) assay of pharyngeal swab
240 specimens [1-4]. The case series was approved by the institutional ethics board of
241 Chinese PLA General Hospital (#2020-111), Peking Union Medical College Hospital
242 (#ZS-1830), and Shanghai University of Medicine and Health Sciences
243 (#2019-LCHZ-18-20190507). Written informed consent was obtained from the
244 controls and waived to COVID-19 patients due to the rapid emergence of this infectious
245 disease, which was approved by the Ethics Commission of Zhongnan Hospital of
246 Wuhan University (#2020020) for emerging infectious diseases. Patients in the acute
247 phase of COVID-19 were defined as those in the first and second week of the illness.
248 Recovered patients were defined as body temperature returning to normal for more than 3
249 days and respiratory symptoms significantly improved, pulmonary imaging indicating
250 obvious inflammation absorption, and two consecutive negative respiratory tract nucleic acid
251 tests (taken at least 24 h between each sampling).

252 For comparison, blood samples were also obtained from 12 EBV-positive patients,

253 confirmed by RT-PCR as described previously [23]. Acute EBV infections were detected by
254 anti-EBV IgM in serum using an EBV IgM detection kit (Beier Biological, China).

255

256 **SARS-CoV-2 spike glycoprotein peptide pools**

257 SARS-CoV-2 spike glycoprotein peptide pools (SPs, RP30020) were from Genscript Biotech.
258 SPs include 316 peptides (delivered in two subpools, each with 158 peptides) derived from a
259 peptide scan (15 mers with 11 amino acid overlap) through the entire spike glycoprotein
260 (Protein ID: P0DTC2) of SARS-CoV-2.

261

262 **Cell preparation**

263 Whole blood was centrifuged for 15 min at 1800 rpm to separate the cellular fraction and
264 plasma. The plasma was then carefully removed from the cell pellet and stored at -20°C.
265 Peripheral blood mononuclear cells (PBMCs) were isolated using Ficoll-Hypaque density
266 gradient centrifugation (GE Healthcare Life Sciences) according to the manufacturer's
267 instructions. Isolated PBMCs were cryopreserved in cell recovery media containing 10%
268 DMSO (Gibco), supplemented with 10% heat inactivated fetal bovine serum (Gibco) and
269 stored in liquid nitrogen until further use. Cryopreserved PBMCs were thawed by diluting
270 them in 10 mL complete RPMI 1640 with 5% human AB serum (Gemini Bioproducts) in the
271 presence of benzonase (2 µL/mL) before an experiment.

272

273 **Intracellular cytokine staining assay**

274 PBMCs were stimulated with or without SPs in the presence of anti-CD28 (1 µg/mL) and
275 anti-CD49d (1 µg/mL) in 15 mL Falcon tubes. After the first 1 h incubation, brefeldin A (10
276 µg/mL, Sigma-Aldrich) was added to the culture to enable intracellular protein to accumulate
277 in all stimulations. After incubation for a total of 6 h, cells were washed, fixed, permeabilized
278 using saponin (Sigma-Aldrich) and blocked with human IgG (25 µg/mL) for 30 min at 4 °C.
279 Cells were then stained with anti-IFN γ antibodies (Becton Dickinson), washed twice in PBS
280 containing 0.1% saponin, 0.1% BSA and 0.05% NaN $_3$, resuspended in 300 µL PBS, and

281 analyzed by FACSVerse™ flow cytometry (Becton Dickinson).

282

283 **Enzyme-linked immunosorbent assay (ELISA) for the detection of immunoglobulin**

284 Specific antibodies (IgA, IgG, and IgM) to SARS-CoV-2 were determined with two different
285 ELISAs: an in-house assay using SARS-CoV-2 receptor binding domain (RBD) protein
286 (Genscript Biotech) as an antigen, or a commercial kit (SARS-CoV-2 spike RBD ELISA Kit,
287 Sino Biological, China). Microtiter plates were coated with 50 ng/well of target protein
288 overnight at 4 °C. Plates were then blocked for 2 h at 37 °C using 200 µL of 5% non-fat milk
289 in phosphate buffered saline (PBS). Serum samples were then diluted into 1:50 using PBS and
290 100 µL of each sample was applied to the coated ELISA plate and incubated for 2 h at 37 °C.
291 Plates were then washed and incubated with horseradish peroxidase-labeled anti-human IgA,
292 IgG, and IgM (Sigma Aldrich), diluted to 1:2000 in 5% non-fat milk in PBS. After incubation
293 for another 1 h at room temperature, the plates were washed and developed with TMB/E
294 substrate (Merck Millipore). Finally, the reaction was stopped with 1 M H₂SO₄ and the optical
295 density (OD) at 450 nm was measured. Negative serum control was run each time when the
296 assay was performed. A sample is positive if its adjusted OD value ($OD_{\text{test}} - OD_{\text{control}}$) exceeds
297 the mean plus 3 standard deviations (SDs) of the normal controls.

298

299 **Flow cytometry analysis**

300 Abbott CellDyn 3500 (Mountain View) was used to determine the hematological profile. All
301 antibodies were obtained from BD Biosciences. Two blood samples in two tubes (100 µL each)
302 were stained with antibodies according to the manufacturer's instruction. Then, red-cell lysis
303 buffer (1 mL) was added to each tube, the samples were incubated for 10 min and washed
304 with Sorvall cell washer (Thermo Fisher Scientific). Cells were then resuspended in 350 µL
305 PBS and analyzed by a flow cytometry. Calibration and quality control for the instrument
306 were carried out daily with the use of eight-color setup beads (BD Biosciences). All
307 specimens were analyzed in duplicates with coefficient of variation (CV) < 5% by two
308 independent technicians under the inter-laboratory quality control. The experiments were

309 repeated if the results showed $CV > 5\%$ according to the manufacturer's instructions.

310

311 **Statistical analysis**

312 Categorical variables were described as frequency rates and percentages, and continuous
313 variables were described by means. Means for continuous variables were compared using
314 independent group *t*-tests when the data were normally distributed; otherwise, the
315 Mann-Whitney test was used. Data (non-normal distribution) from repeated measures were
316 compared using the generalized linear mixed model.

317

318 **Supplementary information**

319 **Additional file 1.** Supplemental Fig. 1. A representative gating of flow cytometry.

320

321 **Abbreviations**

322 COVID-19, coronavirus disease 2019; CV, coefficient of variation; EBV, Epstein-Barr Virus;
323 IFN, interferon; PBMCs, peripheral blood mononuclear cells; PBS, phosphate buffered saline;
324 RBD, receptor binding domain; RT-PCR, real-time reverse transcriptase-polymerase chain
325 reaction; SARS-CoV-2, severe acute respiratory syndrome-associated coronavirus 2; SD,
326 standard deviation; SPs, spike glycoprotein peptide pools.

327

328 **Author contributions**

329 QZ, GH, YL and YX conceived and designed the experiments; QZ, GH, YL, and SD
330 performed the experiments; QZ, GH, YL, SD, YX, and GX analyzed the data; YX and GX
331 wrote and revised the manuscript.

332

333 **Funding**

334 The study was supported by the National Natural Science Foundation of China (Grant No.
335 81830052 and 81530053).

336

337 **Availability of data and materials**

338 The data supporting the conclusions of this article are included within the article and its
339 additional file.

340

341 **Ethics approval and consent to participate**

342 The study was approved by the institutional ethics committees. Written informed consent was
343 obtained from controls and waived to COVID-19 patients due to the rapid emergence of this
344 infectious disease.

345

346 **Competing interests**

347 The authors declare that they have no competing interests.

348

349 **Author details**

350 ¹ Health Management Institute, The Second Medical Center and National Clinical Research,
351 Center for Geriatric Diseases, Chinese PLA General Hospital, Beijing, China. ² Shanghai Key
352 Laboratory of Molecular Imaging, Shanghai University of Medicine and Health Sciences,
353 Shanghai, China. ³ Department of Laboratory Medicine, Peking Union Medical College
354 Hospital, Peking Union Medical College and Chinese Academy of Medical Sciences, Beijing,
355 China. ⁴ Department of Laboratory Medicine, Zhongnan Hospital of Wuhan University,
356 Wuhan, China. ⁵ Jiangsu Key Laboratory of Neuropsychiatric Diseases and College of
357 Pharmaceutical Sciences, Jiangsu Key Laboratory of Preventive and Translational Medicine
358 for Geriatric Diseases, Soochow University

359

360 **References:**

- 361 1. Zhu N, Zhang D, Wang W, Li X, Yang B, Song J, Zhao X, Huang B, Shi W, Lu R et al: A novel
362 coronavirus from patients with pneumonia in China, 2019. *The New England journal of medicine*
363 2020, 382(8):727-733.
- 364 2. Huang C, Wang Y, Li X, Ren L, Zhao J, Hu Y, Zhang L, Fan G, Xu J, Gu X et al: Clinical features
365 of patients infected with 2019 novel coronavirus in Wuhan, China. *Lancet (London, England)*
366 2020, 395(10223):497-506.

- 367 3. Li Q, Guan X, Wu P, Wang X, Zhou L, Tong Y, Ren R, Leung KSM, Lau EHY, Wong JY et al:
368 Early transmission dynamics in Wuhan, China, of novel coronavirus-infected pneumonia. The
369 New England journal of medicine 2020, 382(13):1199-1207.
- 370 4. Wang D, Hu B, Hu C, Zhu F, Liu X, Zhang J, Wang B, Xiang H, Cheng Z, Xiong Y et al: Clinical
371 characteristics of 138 hospitalized patients with 2019 novel coronavirus-infected pneumonia in
372 Wuhan, China. *Jama* 2020, 323(11):1061-1069.
- 373 5. Guan WJ, Ni ZY, Hu Y, Liang WH, Ou CQ, He JX, Liu L, Shan H, Lei CL, Hui DSC et al:
374 Clinical characteristics of coronavirus disease 2019 in China. The New England journal of
375 medicine 2020, 382(18):1708-1720.
- 376 6. Wu C, Chen X, Cai Y, Xia J, Zhou X, Xu S, Huang H, Zhang L, Zhou X, Du C et al: Risk factors
377 associated with acute respiratory distress syndrome and death in patients with coronavirus disease
378 2019 pneumonia in Wuhan, China. *JAMA internal medicine* 2020, 180(7):1-11.
- 379 7. Cao X: COVID-19: immunopathology and its implications for therapy. *Nature reviews*
380 *Immunology* 2020, 20(5):269-270.
- 381 8. Vabret N, Britton GJ, Gruber C, Hegde S, Kim J, Kuksin M, Levantovsky R, Malle L, Moreira A,
382 Park MD et al: Immunology of COVID-19: Current state of the science. *Immunity* 2020,
383 52(6):910-941.
- 384 9. Epidemiology Working Group for NCIP Epidemic Response, Chinese Center for Disease Control
385 and Prevention: The epidemiological characteristics of an outbreak of 2019 novel coronavirus
386 diseases (COVID-19) in China. *Chinese Journal of Epidemiology* 2020, 41(2):145-151.
- 387 10. CDC COVID-19 Response Team: Severe outcomes among patients with coronavirus disease 2019
388 (COVID-19) - United States, February 12-March 16, 2020. *MMWR Morbidity and mortality*
389 *weekly report* 2020, 69(12):343-346.
- 390 11. World Health Organization: Clinical management of severe acute respiratory infection when novel
391 coronavirus (nCoV) infection is suspected. Interim guidance on January 12, 2020 (accessed
392 February 15) 2020:<https://apps.who.int/iris/handle/10665/330854>.
- 393 12. Khanna R, Burrows SR, Moss DJ: Immune regulation in Epstein-Barr virus-associated diseases.
394 *Microbiological reviews* 1995, 59(3):387-405.
- 395 13. Bautista EM, Ferman GS, Golde WT: Induction of lymphopenia and inhibition of T cell function
396 during acute infection of swine with foot and mouth disease virus (FMDV). *Veterinary*
397 *immunology and immunopathology* 2003, 92(1-2):61-73.
- 398 14. O'Donnell DR, Carrington D: Peripheral blood lymphopenia and neutrophilia in children with
399 severe respiratory syncytial virus disease. *Pediatric pulmonology* 2002, 34(2):128-130.
- 400 15. Grein J, Ohmagari N, Shin D, Diaz G, Asperges E, Castagna A, Feldt T, Green G, Green ML,
401 Lescure FX et al: Compassionate use of remdesivir for patients with severe Covid-19. The New
402 England journal of medicine 2020, 382(24):2327-2336.
- 403 16. Sackstein R, Borenstein M: The effects of corticosteroids on lymphocyte recirculation in humans:
404 analysis of the mechanism of impaired lymphocyte migration to lymph node following
405 methylprednisolone administration. *Journal of investigative medicine : the official publication of*
406 *the American Federation for Clinical Research* 1995, 43(1):68-77.
- 407 17. Chen G, Wu D, Guo W, Cao Y, Huang D, Wang H, Wang T, Zhang X, Chen H, Yu H et al: Clinical
408 and immunological features of severe and moderate coronavirus disease 2019. *The Journal of*
409 *clinical investigation* 2020, 130(5):2620-2629.
- 410 18. Sakaguchi S: Naturally arising CD4⁺ regulatory T cells for immunologic self-tolerance and

- 411 negative control of immune responses. Annual review of immunology 2004, 22:531-562.
- 412 19. Long QX, Liu BZ, Deng HJ, Wu GC, Deng K, Chen YK, Liao P, Qiu JF, Lin Y, Cai XF et al:
413 Antibody responses to SARS-CoV-2 in patients with COVID-19. Nature medicine 2020,
414 26(6):845-848.
- 415 20. Zhu FC, Li YH, Guan XH, Hou LH, Wang WJ, Li JX, Wu SP, Wang BS, Wang Z, Wang L et al:
416 Safety, tolerability, and immunogenicity of a recombinant adenovirus type-5 vectored COVID-19
417 vaccine: a dose-escalation, open-label, non-randomised, first-in-human trial. Lancet (London,
418 England) 2020, 395(10240):1845-1854.
- 419 21. Zeng Q, Huang G, Li YZ, Xu Y: Tackling COVID19 by exploiting pre-existing cross-reacting
420 spike-specific immunity. Mol Ther 2020:doi: 10.1016/j.ymthe.2020.1009.1035.
- 421 22. Grifoni A, Weiskopf D, Ramirez SI, Mateus J, Dan JM, Moderbacher CR, Rawlings SA,
422 Sutherland A, Premkumar L, Jadi RS et al: Targets of T cell responses to SARS-CoV-2
423 coronavirus in humans with COVID-19 disease and unexposed individuals. Cell 2020,
424 181(7):1489-1501.e1415.
- 425 23. Scherrenburg J, Piriou ER, Nanlohy NM, van Baarle D: Detailed analysis of Epstein-Barr
426 virus-specific CD4⁺ and CD8⁺ T cell responses during infectious mononucleosis. Clinical and
427 experimental immunology 2008, 153(2):231-239.
- 428

429 **Figure legend:**

430

431 **Fig. 1** Longitudinal profile of SARS-CoV-2-specific antibodies (A) and
432 SARS-CoV-2-specific CD4⁺IFN γ ⁺ T cells (B) against SARS-CoV-2 infection of hypertensive
433 patients in 6 weeks. The plasma samples of eight patients with COVID-19 were subject to the
434 detection of IgG, IgM, and IgA and SARS-CoV-2-specific CD4⁺IFN γ ⁺ T cells at each week.
435 Means \pm SDs (standard deviations) were plotted. In (A), the cutoff value for a positive result
436 was 1:10, and patients with negative results were considered to have a titer of 0 for the
437 calculation of the mean titers. In (B), Student's *t*-test was used to calculate the *P*-value. ****:
438 *P* < 0.0001.

439

440 **Fig. 2** CD4⁺IFN γ ⁺ T cells correlated with IgG in SARS-CoV-2 infected patients. Spearman
441 correlation of SARS-CoV-2-specific CD4⁺IFN γ ⁺ T cells vs. SARS-CoV-2-specific IgG (A),
442 IgM (B), and IgA (C) was calculated. Data were obtained from eight patients and tests were
443 conducted every week.

Figures

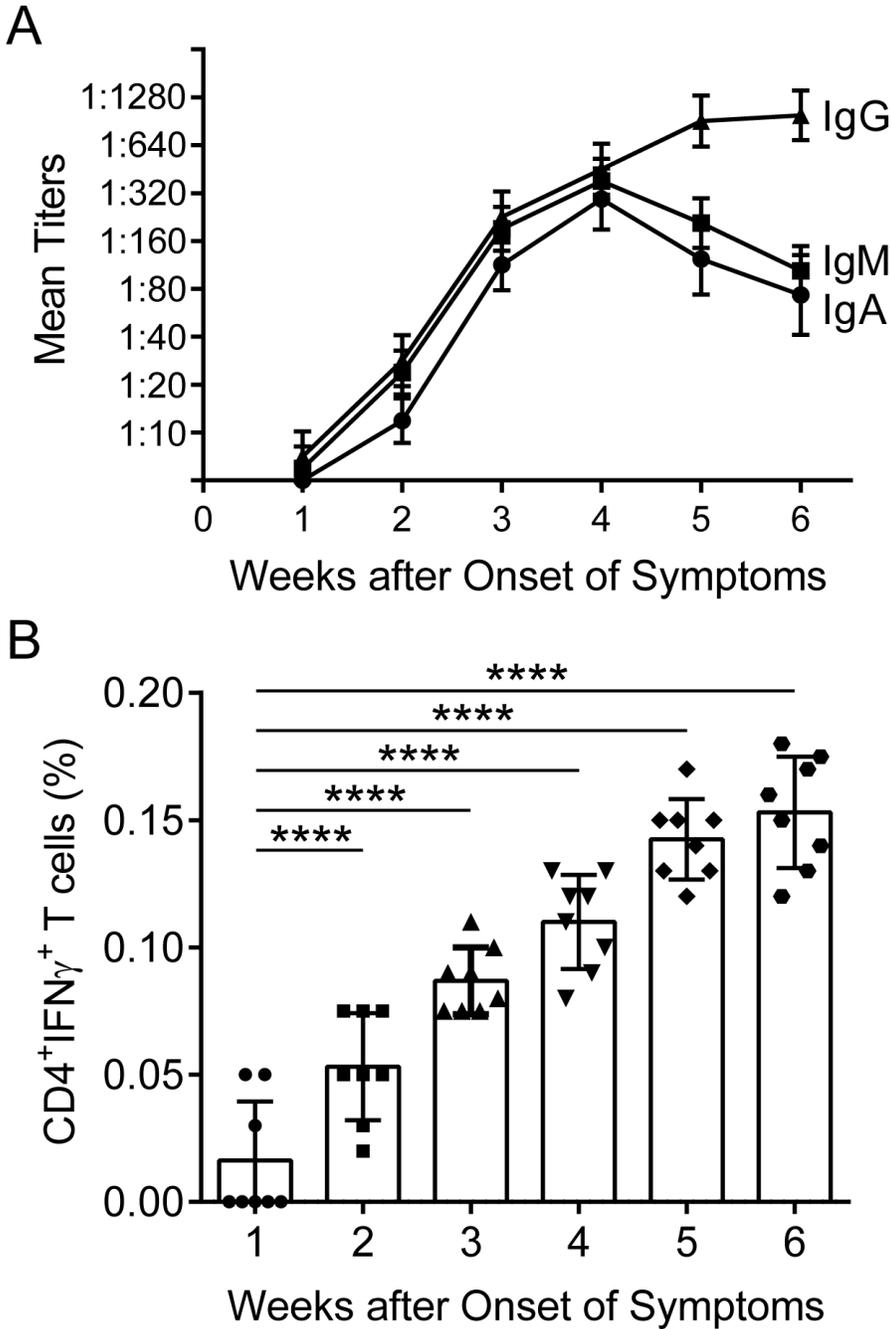


Figure 1

Figure 1

Longitudinal profile of SARS-CoV-2-specific antibodies (A) and SARS-CoV-2-specific CD4+IFN γ + T cells (B) against SARS-CoV-2 infection of hypertensive patients in 6 weeks. The plasma samples of eight patients with COVID-19 were subject to the detection of IgG, IgM, and IgA and SARS-CoV-2-specific

CD4+IFN γ + T cells at each week. Means \pm SDs (standard deviations) were plotted. In (A), the cutoff value for a positive result was 1:10, and patients with negative results were considered to have a titer of 0 for the calculation of the mean titers. In (B), Student's t-test was used to calculate the P-value. ****: $P < 0.0001$.

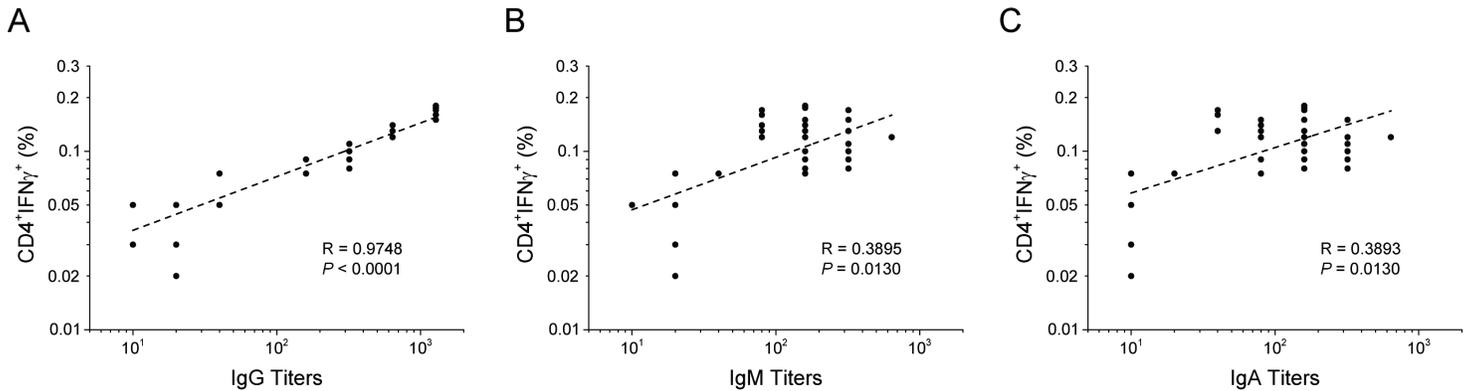


Figure 2

Figure 2

CD4+IFN γ + T cells correlated with IgG in SARS-CoV-2 infected patients. Spearman correlation of SARS-CoV-2-specific CD4+IFN γ + T cells vs. SARS-CoV-2-specific IgG (A), IgM (B), and IgA (C) was calculated. Data were obtained from eight patients and tests were conducted every week.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [SupplementalFigure.pdf](#)