

# A $\beta$ /Tau Oligomer Interplay at Human Synapses Supports Shifting Therapeutic Targets for Alzheimer's Disease

**Michela Marcatti**

UTMB: The University of Texas Medical Branch at Galveston <https://orcid.org/0000-0003-1921-4626>

**Anna Fracassi**

UTMB: The University of Texas Medical Branch at Galveston

**Mauro Montalbano**

UTMB: The University of Texas Medical Branch at Galveston

**Chandramouli Natarajan**

UTMB: The University of Texas Medical Branch at Galveston

**Balaji Krishnan**

UTMB: The University of Texas Medical Branch at Galveston

**Rakez Kayed**

UTMB: The University of Texas Medical Branch at Galveston

**Giulio Taglialatela** (✉ [gtaglial@utmb.edu](mailto:gtaglial@utmb.edu))

UTMB: The University of Texas Medical Branch at Galveston <https://orcid.org/0000-0003-4795-447X>

---

## Research article

**Keywords:** amyloid, tau, synaptic binding, synaptosomes, dementia.

**Posted Date:** December 13th, 2021

**DOI:** <https://doi.org/10.21203/rs.3.rs-1115162/v1>

**License:**   This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

---

**Version of Record:** A version of this preprint was published at Cellular and Molecular Life Sciences on April 1st, 2022. See the published version at <https://doi.org/10.1007/s00018-022-04255-9>.

# Abstract

**Background.** Alzheimer's Disease (AD) is characterized by progressive cognitive decline due to accumulating synaptic insults by toxic oligomers of amyloid beta (A $\beta$ O) and tau (TauO). There is growing consensus that preventing these oligomers from interacting with synapses might be an effective approach to treat AD. However, recent clinical trial failures suggest low effectiveness of targeting A $\beta$  in late-stage AD. Researchers have redirected their attention toward TauO as the levels of this species increase later in disease pathogenesis. Here we show that A $\beta$ O and TauO differentially target synapses and affect each other's binding dynamics.

**Methods.** Binding of labeled, pre-formed A $\beta$  and tau oligomers onto synaptosomes isolated from the hippocampus and frontal cortex of mouse and *postmortem* cognitively intact elderly human brains was evaluated using flow-cytometry and western blot analyses. Binding of labeled, pre-formed A $\beta$  and tau oligomers onto mouse primary neurons was assessed using immunofluorescence assay. The synaptic dysfunction was measured by fluorescence analysis of single-synapse long-term potentiation (FASS-LTP) assay.

**Results.** We demonstrated that higher TauO concentrations effectively outcompete A $\beta$ O and become the prevailing synaptic-associated species. Conversely, high concentrations of A $\beta$ O facilitate synaptic TauO recruitment. Immunofluorescence analyses of mouse primary cortical neurons confirmed differential synaptic binding dynamics of A $\beta$ O and TauO. Moreover, *in vivo* experiments using old 3xTgAD mice ICV injected with either A $\beta$ O or TauO fully supported these findings. Consistent with these observations, FASS-LTP analyses demonstrated that TauO-induced suppression of chemical LTP was exacerbated by A $\beta$ O. Finally, predigestion with proteinase K abolished the ability of TauO to compete off A $\beta$ O without affecting the ability of high A $\beta$ O levels to increase synaptic TauO recruitment. Thus, unlike A $\beta$ O, TauO effects on synaptosomes are hampered by the absence of protein substrate in the membrane.

**Conclusions.** These results introduce the concept that TauO become the main synaptotoxic species at late AD, thus supporting the hypothesis that TauO may be the most effective therapeutic target for clinically manifest AD.

## Background

Alzheimer's Disease (AD) is the most common age-related neurodegenerative disorder, clinically characterized by progressive cognitive decline and memory dysfunction (1). The histopathologic hallmarks of AD are extracellular plaques of insoluble fibrillar aggregates of the amyloid beta peptide (A $\beta$ ) and intracellular neurofibrillary tangles of hyperphosphorylated tau protein (2). These large aggregates are formed through a process of protein misfolding, aggregation, and deposition that begins with the formation of small soluble oligomers, now thought to be the most toxic species of both A $\beta$  and tau (3,4). Compelling evidence supports the hypothesis that soluble oligomers of both A $\beta$ O and tau (TauO) can target synapses and induce their dysfunction to cause the clinical onset and progression of

AD (3,5,6). Both A $\beta$ O and TauO have been found in synaptic terminals (synaptosomes) isolated from AD brains (7,8). These findings spurred the concept of AD as a synaptic disease (9,10). Numerous *in vitro* and *in vivo* studies reported detrimental impacts of A $\beta$ O and TauO on synaptic plasticity and memory formation, even before the overt appearance of A $\beta$  plaques or tau tangles (11–15). The mechanisms underlying these phenomena remain poorly understood. Notably, while both A $\beta$ O and TauO can individually affect synaptic function, they can also act synergistically. Low concentrations of A $\beta$ O and TauO that would not normally perturb synaptic function effectively suppress long-term potentiation (LTP) and impair memory function when administered together (13). The colocalization of A $\beta$ O and TauO at the synaptosomes isolated from AD brains has been observed [ref: Fein JA et al., 2008]. Some studies showed that A $\beta$ O and TauO impair synaptic plasticity and memory independently (16,17), while others reported that A $\beta$ O acts upstream of TauO to drive AD pathogenesis (8,18,19).

Synaptic dysfunction and associated memory deficits are important contributors to dementia in AD, and therapeutic approaches to prevent these deficits have the potential to prevent or reverse progression of cognitive decline. Recent partial failures of A $\beta$ -directed therapeutics in multi-center clinical trials (2) extended the interest onto tau, which may be the primary synaptotoxic element during late-stages of AD. Attention is currently focused on the development of tau-directed therapies for clinical AD (3,20,21), but the mechanisms by which tau may drive synaptic dysfunction at later disease stages remain unclear. With all this evidence in mind, here we investigated the synaptic binding dynamics of both A $\beta$ O and TauO using synaptosomes isolated from human and wild type mouse brains, wild type mouse brain slices, mouse cortical primary neurons, and 3xTgAD brains and report that TauO can outcompete and supersede A $\beta$ O at the synapse. This suggests that, as the disease progresses TauO accumulate in the brain overcoming A $\beta$ O at the synapse, thus becoming the most prevalent and toxic species supporting the concept of tau as an important therapeutic target (20,21).

## Methods

### Human subjects and autopsy of brain tissues

*Postmortem* frozen brain tissues were obtained from the Oregon Brain Bank at Oregon Health and Science University (OHSU; Portland, OR, USA). Donor subjects of either sex were enrolled and clinically evaluated in studies at the National Institutes of Health (NIH)-sponsored Layton Aging and AD Center (ADC) at OHSU, in accordance with protocols approved by the OHSU Institutional Review Board (IRB). Informed consent was obtained from all participants prior to their enrolment in brain aging studies at the ADC; each subject received annual neurological and neuropsychological evaluations, with a Clinical Dementia Rating assigned by an experienced clinician. A neuropathological assessment was performed at autopsy in compliance with IRB-approved protocols. A neuropathologist scored autopsy brain tissue for A $\beta$  plaques and neurofibrillary tangles according to standardized CERAD (Consortium to Establish a Registry for AD) criteria and Braak staging (22). The tissues used in this study were from subjects classified as controls because they had normal cognitive examination results (Mini-Mental State Examination scores 0-30) (23). Donor subject samples were de-identified by the ADC prior to shipment to

the University of Texas Medical Branch (UTMB), so no approval was required from the UTMB IRB under CFR §46.101(a)(1). The cases used in this study are described in Supplementary Table 1 (Additional file 1).

## Animals

Wild-type 11- to 13-weeks-old male and female mice (C57BL/6J *Mus musculus*-Cat# JAX:000664, RRID: IMSR JAX:000664) and 9 male 3xTgAD mice (B6.Cg-Tg(APP<sup>Swe,tg</sup>P301L)1Lfa Psen1<sup>tm1Mpm</sup>/2J *Mus musculus*-Cat# JAX: 033930) were purchased from the Jackson Laboratory (Bar Harbor, ME, USA). Health care was provided by the animal care specialists under supervision of the facility manager. Animal colony care and maintenance were provided on a daily basis to ensure a safe, healthy environment. Each animal was used under a protocol approved by UTMB's Institutional Animal Care and Use Committee, ensuring that the animals experienced the minimal amount of pain/discomfort. All animals were housed under USDA standards (12:12-h light/dark cycle, *ad libitum* food and water) at the UTMB vivarium.

## Synaptosome isolation

The synaptosomal fraction containing both pre- and postsynaptic components was isolated by using a well-established method developed in our laboratory (24–26). Briefly, we lysed snap frozen hippocampus (HP) and frontal cortex (FC) tissue from mouse and cognitively intact elderly human brains using SynPER lysis buffer (Thermo Fisher Scientific, Waltham, MA, USA) with 1% protease and phosphatase cocktail inhibitors. The brain homogenates were centrifuged at  $1200 \times g$  for 10 min at 4°C. The supernatants (containing the synaptosomes) were collected and centrifuged at  $15,000 \times g$  for 20 min at 4°C. The synaptosomal pellets were resuspended in HEPES-buffered Krebs-like (HBK) buffer (143.3 mM NaCl, 4.75 mM KCl, 1.2 mM MgSO<sub>4</sub>·7 H<sub>2</sub>O, 1.2 mM CaCl<sub>2</sub>, 20.1 mM HEPES, 0.1 mM NaH<sub>2</sub>PO<sub>4</sub>, and 10.3 mM D-glucose, pH 7.4). Finally, 0.5% of Pluronic F-68 non-ionic surfactant (cat# 24040-032, lot# 2275337; Thermo Fisher Scientific) was added to prevent synaptosome aggregation as previously described (27). The quality and concentration (synaptosomes/μl) of isolated synaptosomes was routinely verified by flow cytometry and electron microscopy as we previously reported (24). Sample processing for the ultrastructure, flow cytometry, and protein analyses are described in details in the Supplementary Methods (Additional file 1).

## AβO preparation

Human Aβ<sub>1–42</sub> peptide was purchased from Department of Biophysics and Biochemistry, Harvard University (Cambridge, MA, USA), and AβO were prepared from lyophilized synthetic Aβ aliquots as previously described (28). Briefly, 0.3 mg of lyophilized Aβ were dissolved in 200 μl of 1,1,1,3,3,3-hexafluoro-2-propanol (HFP). Then, 700 μl of double-deionized water was added, and the sample was magnetically stirred in a fume hood for 48 h at room temperature (RT). A cap with four holes was placed on the tube containing the sample to allow HFP evaporation. The obtained AβO were aliquoted, frozen at –80°C, and used within 3 months of preparation. Flow cytometry analysis of AβO binding to synaptosomes was performed using AβO spiked with HyLite Fluor 647-tagged Aβ (cat# AS-64161; AnaSpec Inc., Fremont, CA, USA). These AβO (AβO647) were prepared by adding 7 μl of tagged Aβ to the

HFP-A $\beta$  mixture prior to A $\beta$ O formation. Oligomeric preparation quality was checked by western blot analysis using the A $\beta$ O-specific 6E10 antibody (cat# 803002; BioLegend, San Diego, Ca, USA). A $\beta$ O have been well characterized by our group and others (10,29–32).

## **TauO preparation**

Prepared recombinant TauO were provided by Dr. Rakez Kayed's laboratory. They were produced and characterized following established and published protocols (33,34) and labeled (TauO488) as previously described (35–37). Briefly, 1 mg of Alexa Fluor™ 488 NHS Ester Succinimidyl Ester (cat# A20000, Thermo Fisher Scientific) was dissolved in 0.1 M sodium bicarbonate to a final concentration 1 mg/ml, pH 8.3. The dye was then incubated with TauO in a 1:4 (w/w) ratio, rotating overnight at 4°C on an orbital shaker. The following day, the solution was centrifuged (30 min, 15,000  $\times g$ ) using 10-kDa Amicon Ultra-0.5 ml Centrifugal Filter Units (cat# UFC501024; EMD Millipore, Burlington, MA, USA) to remove unbound dye. TauO were then washed with 1 $\times$  phosphate-buffered saline (PBS) until the flow-through solution was clear. The filter compartment was then flipped and centrifuged to collect the concentrate (2 min, 1000  $\times g$ ). Oligomer concentrations were then quantified with the Pierce™ BCA Protein Assay Kit (cat# 23227, Thermo Fisher Scientific) and used for flow cytometry and immunofluorescence analyses.

## **A $\beta$ O and TauO binding challenge to synaptosomes**

Synaptosomes were treated with A $\beta$ O and/or TauO for binding challenges, and the binding percentages were evaluated with flow cytometry. We pooled together an equal number of synaptosomes isolated from each sample. We incubated 2 million of synaptosomes for 1 h at RT without oligomers (control) as well as with A $\beta$ O tagged with HyLite Fluor 647 or/and TauO tagged with Alexa Fluor™ 488 NHS Ester (Thermo Fisher Scientific) at concentrations of 0-0.5-1-2.5-5-10  $\mu$ M. Synaptosomes were then pelleted, washed three times with HBK buffer, and resuspended in HBK. Oligomer fluorescence positivity was acquired by a Guava EasyCyte 8 flow cytometer (EMD Millipore) and analyzed using Incyte software (EMD Millipore).

## **A $\beta$ O and Tau oligomers binding challenge to mouse brain slices**

For this set of experiments, 3- to 4-month-old C57BL/6J mice were euthanized with deep isoflurane anesthesia followed by cervical dislocation, and the brains were immediately collected and sliced using a Compressome VF-300 (Precisionary Instruments, Greenville, NC, USA) in N-methyl-D-glucamine-artificial cerebrospinal fluid (NMDG-aCSF) buffer (93 mM NMDG, 2.5 mM KCl, 1.2 mM NaH<sub>2</sub>PO<sub>4</sub>, 30 mM NaHCO<sub>3</sub>, 20 mM HEPES, 25 mM glucose, 5 M sodium ascorbate, 2 mM thiourea, 3 mM sodium pyruvate, 10 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 0.5 mM CaCl<sub>2</sub>·2H<sub>2</sub>O, and 12 mM N-acetyl L-Cysteine) to obtain 350- $\mu$ m horizontal brain sections. Slices were allowed to recover for 30 min in NMDG-aCSF-NaCl buffer at 33°C. Slices were then maintained at RT in a modified HEPES holding-aCSF solution (92 mM NaCl, 2.5 mM KCl, 1.2 mM NaH<sub>2</sub>PO<sub>4</sub>, 30 mM NaHCO<sub>3</sub>, 20 mM HEPES, 25 mM glucose, 5 mM sodium ascorbate, 2 mM thiourea, 3 mM sodium pyruvate, 2 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 2 mM CaCl<sub>2</sub>·2H<sub>2</sub>O, 12 N-Acetyl L-Cysteine). For oligomer challenges, the slices were incubated for 1 h at RT with A $\beta$ O and/or TauO at concentrations of 0-0.05-0.5-

1-2.5  $\mu$ M. After treatment, synaptosomes were isolated, pelleted, washed three times with HBK buffer, and resuspended in HBK buffer. Oligomer fluorescence positivity of synaptosomes was measured as described above.

## Proteinase K digestion

Following the challenge experiments, synaptosomes were digested with 1 mg/ml of proteinase K (PK; cat# 70663-4, lot# 3018798; EMD Millipore) for 30 min at 37°C (1 mg of PK is the equivalent of 30 mAU, where AU is an Anson unit that represents the amount of enzyme that liberates 1.0  $\mu$ mol [181  $\mu$ g] of tyrosine from casein per min at pH 7.5 at 37°C). The remaining oligomer binding positivity was measured by a Guava EasyCyte flow cytometer (EMD Millipore) and analyzed using Incyte software (EMD Millipore). For pretreatment experiments, synaptosomes were digested with 1 mg/ml of PK (cat# 70663-4, lot# 3018798; EMD Millipore) for 30 min at 37°C prior to challenge with labeled A $\beta$ O and TauO. Binding was measured as for the other experiments.

## Western blot

Synaptosomes were treated with A $\beta$ O and/or TauO for binding challenges, and the binding percentages were evaluated by western blotting analyses. We pooled together an equal number of synaptosomes isolated from each sample. We incubated 2 million of synaptosomes for 1 h at RT without oligomers (control) as well as with A $\beta$ O and TauO (prepared as above) at the concentrations of 0-2.5-10  $\mu$ M. Synaptosomes were washed three times with HBK buffer, and the pellets were lysed with 1 $\times$  radioimmunoprecipitation assay buffer (RIPA buffer) with 1% protease and phosphatase cocktail inhibitors. Tricine sample buffer (Thermo Fisher Scientific) was added to the total proteins derived from A $\beta$ O-treated synaptosomes to a final concentration of 1 $\times$ . Then, proteins were loaded in a 16% Novex Tricine gels (Thermo Fisher Scientific) followed by 45 minutes transfer to Amersham Protran nitrocellulose transfer membranes (GE Healthcare-Life Sciences, Chicago, IL, USA) at 85 V at 4°C. The use of tricine sample buffer and gel is well recommended for the detection of low molecular weight proteins. Lithium dodecyl sulfate sample buffer (Thermo Fisher Scientific) was added to the total proteins derived from TauO-treated synaptosomes to a final concentration of 1 $\times$ . Then, proteins were loaded in a 12% NuPAGE Bis-Tris gels (Thermo Fisher Scientific) followed by 1 h transfer to Amersham Protran nitrocellulose transfer membranes (GE Healthcare-Life Sciences) at 95 V at 4°C. The membranes were blocked using Odyssey blocking buffer (LI-COR, Lincoln, NE, USA) for 1 h at RT and incubated at 4°C overnight with the anti-A $\beta$  antibody (6E10, cat# 803002; RRID:AB\_2564654; 1:1000 dilution; BioLegend) or the anti-tau antibody (Tau5; cat# 806402; RRID:AB\_2564706; 1:1000 dilution; BioLegend) and 1 h at RT with the anti-synaptophysin (SYPH) antibody (cat# ab8049; RRID:AB\_2198854; 1:10,000 diluted; Abcam, Cambridge, UK). All primary antibodies were prepared in a 1:1 solution of 1 $\times$  Tris-buffered saline solution with Tween (TBST) and Odyssey blocking buffer. After incubation, the membranes were washed three times with 1 $\times$  TBST (10 min each) and incubated 1 h with LI-COR secondary antibodies diluted at 1:10,000 in 1 $\times$  TBST-Odyssey blocking buffer at RT. The membranes were again washed three times for 10 min each. Western blots were imaged using a LI-COR Odyssey infrared imaging system, application

software version 3.0.30. The density of each immunoreactive bands were measured using ImageJ software (<https://imagej.nih.gov/ij>, NIH, Bethesda, MD, USA).

## Primary neuron isolation

Primary cortical neuronal cultures were prepared and maintained as described previously (37). Briefly, cortical neurons were isolated from C57BL/6 mice during embryonic days 16-18 by gentle trituration by a fire-polished glass pasteur pipet with Accutase® solution (cat# A6964, Sigma, St. Louis, MO, USA). Dissociated cells were plated at a density of  $5 \times 10^5$  cells/ml in Ibidi  $\mu$ -Slide 8 Well Glass Bottom (cat# 80827; Ibidi GmbH, Martinsried, Germany) containing high-glucose Dulbecco's Modified Eagle's Medium (cat# 10-013-CV; Corning, Corning, NY, USA) with 2% B-27 Plus supplement (cat# A3582801; Gibco/Thermo Fisher Scientific), 10,000 U/ml penicillin, 10,000  $\mu$ g/ml streptomycin, and 25  $\mu$ g/ml amphotericin B (cat# 15240062, Gibco/Thermo Fisher Scientific). After 2 h, plating medium was removed from Is and replenished with neurobasal medium (cat# 12348017, Gibco/Thermo Fisher Scientific) plus 2% B-27 Plus, 0.5 mM GlutaMax (cat# 35050-061, Gibco/Thermo Fisher Scientific), 10,000 U/ml penicillin, 10,000  $\mu$ g/ml streptomycin, and 25  $\mu$ g/ml amphotericin B supplement. Half of the medium was changed every 3-5 days. Cells on days 7-10 *in vitro* were used for all experiments.

## Primary neuron treatment and immunofluorescence

Cultured neurons were exposed to A $\beta$ 0647 and Tau0488 at concentrations of 2.5  $\mu$ M at 37°C for 30 min. After treatment, oligomer-containing media were removed, and cells were washed three times with 1 $\times$  PBS (5 min each). Cells were fixed with 300  $\mu$ l of 4% paraformaldehyde (PFA)/PBS for 15 min at RT. Cells were then permeabilized in 300  $\mu$ l of 0.25% Triton X-100 in PBS (PBST) for 10 min at RT and then washed three times in 1 $\times$  PBS (5 min each). Blocking was done in 300  $\mu$ l of 5% normal goat serum/5% bovine serum albumin (BSA) in PBST for 1.5-2 h. Primary antibodies were diluted 1:500 in 5% BSA/PBST for overnight incubation at 4°C (microtubule-associated protein 2 [MAP2] antibody, cat# MAP2; Aves Labs, Tigard, OR, USA; postsynaptic density-95 [PSD95] antibody, cat# ab13552, RRID:AB\_300453, Abcam). After primary antibody incubation, the cells were washed three times in PBST (10 min each). Secondary antibodies from Thermo Fisher Scientific were diluted in 5% BSA/PBST for 2 h at RT (Goat anti-Rat IgG (H+L) Cross-Adsorbed Secondary Antibody, Alexa Fluor 594, cat# A11007, RRID:AB\_141374; 1:400 diluted; Goat anti-Chicken IgY (H+L) Cross-Adsorbed Secondary Antibody, Alexa Fluor Plus 405, cat# A48260; 1:250 diluted).

## Intracerebroventricular (ICV) injections

16 months old 3xTgAD mice were anesthetized with isoflurane and subjected to ICV injections using the freehand injection method previously described (38,39). Briefly, a 29-gauge needle, firmly held with hemostatic forceps to leave 4.5 mm of the needle tip exposed, was connected to a 25  $\mu$ l Hamilton syringe via 0.38 mm polyethylene tubing. Infusions were performed at the rate of 3  $\mu$ l/min for a total volume of 3  $\mu$ l, using an electronic programmable microinfuser (Harvard Apparatus). Mice were ICV injected with 3  $\mu$ l of 0.55 $\mu$ M of either A $\beta$ 0 or Tau0. After ICV injection, the needle was left in place for 2 minutes, while the mouse was allowed to recover lying on a heated pad under warm light. 24 hours after ICV injection of

oligomers or PBS, mice were euthanized and the brains were removed, dissected, snap frozen on dry ice, and stored at  $-80^{\circ}\text{C}$ . Then, we isolated synaptosomes from hippocampus and frontal cortex and subjected the protein extracts to western blot analysis to evaluate the effects of the ICV injected A $\beta$ O and TauO on endogenous TauO and A $\beta$ O respectively in comparison with the control mice (ICV with PBS).

## Fluorescence-assisted single synaptosome long-term potentiation

Fluorescence-assisted single synaptosome long-term potentiation (FASS-LTP) is a chemically induced LTP technique (cLTP) focused on the insertion of glutamatergic  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid receptors (AMPA) into the postsynaptic surface, which is an essential event for synaptic transmission potentiation. FASS-LTP identifies potentiated synapses by tracking GluA1 and neurexin-1 $\beta$  (Nrx1 $\beta$ ) surface expression in size-gated, glycine-activated synaptosomes. FASS-LTP experiments were conducted as previously described (40–42). Briefly,  $5 \times 10^6$  synaptosomes were suspended in separate tubes containing different solutions. Tube E contained 200  $\mu\text{l}$  of extracellular solution (20 mM NaCl, 3 mM KCl, 2 mM CaCl $_2$ , 2 mM MgCl $_2$ , 15 mM glucose, and 15mM HEPES, pH 7.4), tube B contained 200  $\mu\text{l}$  of basal solution (20 mM NaCl, 3 mM KCl, 2 mM CaCl $_2$ , 2 mM MgCl $_2$ , 15 mM glucose, and 15 mM HEPES, pH 7.4), and tube C contained 200  $\mu\text{l}$  of cLTP solution (150 mM NaCl, 5 mM KCl, 2 mM CaCl $_2$ , 30 mM glucose, and 10 mM HEPES, pH 7.4). Synaptosomes in extracellular solution were used to determine the basal levels of potentiated synaptosomes. All tubes were incubated at RT on a slowly oscillating shaker to thaw the frozen samples. For stimulation, 20  $\mu\text{l}$  of 5 mM glycine (N-methyl D-aspartate receptor [NMDAR] co-agonist) was added to the tube C freshly supplemented with 0.001 mM strychnine and 0.02 mM bicuculline methiodide. Equivalent amounts of extracellular solution were added to control tubes E and B. Following stimulation, synaptosomes in tube C were depolarized with 100  $\mu\text{l}$  of KCl solution (50 mM NaCl, 100 mM KCl, 2 mM CaCl $_2$ , 30 mM glucose, 10 mM HEPES, 0.5 mM glycine, 0.001 mM strychnine, 0.02 mM bicuculline) and incubated at  $37^{\circ}\text{C}$  for 30 min. This step is based on the principle that high KCl concentrations depolarize synaptosomes to release endogenous glutamate, which further activates synaptic NMDARs in conjunction with the co-agonist glycine. Equivalent amounts of extracellular solution were added to tubes E and B and incubated along with tube C for 30 min at  $37^{\circ}\text{C}$ . The contents in tubes E, B, and C were transferred to 15-ml centrifuge tubes. Then, 0.5 ml of ice-cold 0.1mM EDTA-PBS solution and 4 ml of 5% blocking buffer (5% fetal bovine serum in PBS) were added to tubes E, B, and C to stop the reaction. Tubes were kept on ice and centrifuged at  $2500 \times g$  for 5 min at  $4^{\circ}\text{C}$ , and the supernatant was discarded. The translocated AMPARs are then captured by adding to the tubes B and C, 2.5  $\mu\text{g}/\text{ml}$  of the primary antibodies specific for the extracellular epitopes GluR1 (anti-GluR1 antibody, cat# ABN241, RRID:AB\_2721164, EMD Millipore) and Nrx1 $\beta$  (cat#75-216, RRID:AB\_2155531; Antibodies Incorporated, Davis, CA, USA) prepared in blocking solution. After incubation with the primary antibodies and subsequent washes with  $1 \times$  PBS, the samples were centrifuged at  $2500 \times g$  for 5 min at  $4^{\circ}\text{C}$ . Pellets were resuspended in 100  $\mu\text{l}$  of secondary antibody solution (Goat anti-Mouse IgG (H+L) Highly Cross-Adsorbed Secondary Antibody, Alexa Fluor 647, cat#A-21236, RRID:AB\_2535805; Goat anti-Rabbit IgG (H+L) Highly Cross-Adsorbed Secondary Antibody, AlexaFluor 488, cat#A-11034,

RRID:AB\_2576217; both from Thermo Fisher Scientific). After 45 min of incubation at 37°C, synaptosomes were washed twice with 1× PBS and then centrifuged at 2500 × *g* for 5 min. Endogenous/nonspecific background fluorescence for each marker was determined using secondary antibody staining only in tube B containing synaptosomes maintained in external solution (37°C, 45 min); no differences in background fluorescence were found between tubes B and C. After the second wash, pellets were resuspended in 400 µl of 2% PFA in PBS and maintained at 4°C in the dark. Samples were acquired a Guava EasyCyte flow cytometer (EMD Millipore) and analyzed using Incyte software (EMD Millipore).

## Statistical Analyses

Statistical analyses were performed using GraphPad Prism version 9.1.0 software. T test two-tailed, one-way ANOVA with Dunnett's multiple comparison test, or two-way ANOVA with Tukey's multiple comparison test were used to detect significant differences between groups. Data were then expressed as the mean ± SD, and for all statistical analyses  $p = 0.05$  was considered as statistically significant.

## Results

### AβO and TauO binding to human synaptosomes

To evaluate synaptic sensitivity to AβO and TauO, we used flow cytometry to assess their binding to synaptosomes isolated from frozen human FC and HP. Synaptosomes were incubated with increasing concentrations of oligomers (0.5-1-2.5-5-10 µM). As shown in figure 1 and supplementary figure 1 (Additional file 1), we observed dose-dependent increases in the percentages of binding of AβO and TauO to human FC and HP synaptosomes (Fig. 1). Similar results were obtained when we incubated synaptosomes from mouse FC and HP with AβO and TauO (Supplementary Fig. 2, Additional file 1). To evaluate whether AβO and TauO were internalized or remained at the surface, we subjected the human synaptosomes to PK digestion. As shown in Figure 1, both AβO and TauO were accessible to enzymatic digestion in synaptosomes from human FC (Fig. 1e and 1g, respectively) and HP (Fig. 1f and 1h, respectively), suggesting that both oligomeric species remained mostly at the external surface of the synaptosome, at least for the 60 minutes time frame of our experimental procedure. These data indicate that the methodology used in the present work allowed us to characterize dose-dependent AβO and TauO binding at the surface of isolated human or murine synaptosomes.

#### AβO and TauO synaptic binding dynamics in isolated synaptosome, primary neurons and in vivo models.

### A: isolated synaptosomes

Synaptosomes isolated from human FC and HP were incubated with either AβO or TauO (both 2.5 µM) in the presence of increasing concentrations (0.5-10 µM) of TauO or AβO, respectively, and levels of the resulting binding was detected by flow cytometry. The percentage of AβO bound to human FC synaptosomes significantly decreased in the presence of all TauO concentrations (0.5-10 µM, Fig. 2a).

Similar results were observed when A $\beta$ O binding to human HP synaptosomes (Fig. 2b) was evaluated in the presence of increasing TauO concentrations (0.5-10  $\mu$ M). Initial data on synaptosomes incubated with A $\beta$ O 2.5  $\mu$ M in the presence of increasing concentrations (0.5-5  $\mu$ M) of  $\alpha$ -synuclein oligomers ( $\alpha$ -synO) failed to show any reduction in the binding of A $\beta$ O, suggesting that the decrease of A $\beta$ O binding is specifically induced by TauO (Supplementary Fig. 3, Additional file 1). On the other hand, TauO binding to synaptosomes isolated from human FC (Fig. 2c) and HP (Fig. 2d) was not reduced by the concomitant presence of low A $\beta$ O levels (0.5-1-2.5  $\mu$ M). Notably, higher A $\beta$ O concentrations (5 and 10  $\mu$ M) induced a trend of increase in TauO binding to FC (significant for A $\beta$ O 10  $\mu$ M) (Fig. 2b) and HP (significant for both A $\beta$ O 5 and 10  $\mu$ M) (Fig. 2d) synaptosomes. Similar results were observed in mouse synaptosomes (Supplementary Fig. 4, Additional file 1). To confirm these observations, human synaptosomes were challenged with either A $\beta$ O or TauO (2.5  $\mu$ M) in the presence of increasing concentrations (2.5 and 10  $\mu$ M) of TauO and A $\beta$ O, respectively. Western blotting showed that the amounts of A $\beta$ O bound to human FC (Fig. 3a) and HP (Fig. 3b) synaptosomes decreased by 0.3- and 0.5-fold in the presence of TauO at 2.5  $\mu$ M and 10  $\mu$ M, respectively. Conversely, the amount of TauO bound to human FC (Fig. 3c) and HP (Fig. 3d) synaptosomes was not significantly affected by A $\beta$ O 2.5  $\mu$ M but increased by  $\sim$ 5-fold in the presence of 10  $\mu$ M A $\beta$ O. To determine if this phenomenon also occurred in a system in which the cytoarchitecture of the CNS is preserved, we studied the binding dynamics of A $\beta$ O and TauO in brain slices prepared from 4-month-old C57BL/6J mice (n = 14). We treated brain slices for 1 h with 0.05-0.5-1-2.5  $\mu$ M of labeled A $\beta$ O or TauO before preparing synaptosomes for flow cytometry to assess binding. We observed dose-dependent increases in the percentages of A $\beta$ O (Fig. 4a) and TauO (Fig. 4b) binding. We also treated mouse brain slices from 10 mice with a combination of A $\beta$ O (2.5  $\mu$ M) and TauO (1  $\mu$ M) and observed that the amount of A $\beta$ O bound to synaptosomes decreased by  $\sim$ 0.5 fold in the presence of TauO 1  $\mu$ M (Fig. 4c). Consistent with the data described above, the amount of synaptosome-bound TauO increased by  $\sim$ 0.5-fold in the presence of A $\beta$ O 2.5  $\mu$ M (Fig. 4d).

## B

mouse cortical primary neurons

We performed immunofluorescence analyses of mouse primary cortical neurons after labeling the neurites and synaptic spines with MAP2 and PSD95 antibodies, respectively. Confocal images of neurons treated with A $\beta$ O and TauO (both 2.5  $\mu$ M) showed neuronal degeneration as compared with untreated cultures (Supplementary Fig. 5, Additional file 1). This effect was exacerbated when neurons were simultaneously incubated with both oligomeric species. Figure 5 shows representative high-magnification neurite images following treatment with A $\beta$ O and/or TauO (both 2.5  $\mu$ M) (Fig. 5a) and the extent of colocalization of the oligomers with PSD95 (Fig. 5b). Co-treatment with A $\beta$ O and TauO led to decreased PSD95 labeling as compared with untreated cultures. Again, this phenomenon was more evident when neurons were treated with both oligomer species, which was confirmed by quantitative analysis (Fig. 5c). We also analyzed the A $\beta$ O /PSD95 and TauO/PSD95 ratios to estimate the amounts of synaptic A $\beta$ O and TauO, respectively. When we compared neurons treated with A $\beta$ O alone and with TauO, we observed

decreases in the A $\beta$ O /PSD95 ratio from 0.56 to 0.36 (Fig. 5d). On the other hand, the presence of A $\beta$ O resulted in an increase in TauO/PSD95 ratio from 0.72 to 0.87 (Fig. 5e).

## C: 3xTgAD mice

To evaluate A $\beta$ O and TauO binding dynamics *in vivo* we injected ICV 16 months old 3xTgAD mice with 3  $\mu$ l of 0.55 $\mu$ M of either A $\beta$ O or TauO and performed western blot analyses on the synaptosomal protein extracts as previously described (29). Naïve 3xTgAD mice were used as control. We collected the brain regions 24 hours post-ICV injections and extracted the synaptosomal proteins from hippocampus and frontal cortex. Western blot analyses performed on synaptosomal proteins extracted from 3xTgAD mice ICV injected with TauO showed a decrease in A $\beta$ O levels in both frontal cortex (Fig. 6a) and hippocampus (Fig. 6b) synaptosomes of  $\sim$ 0.8 and  $\sim$ 0.65 fold, respectively, as compared with 3xTgAD naïve mice. On the other hand, western blot analyses performed on synaptosomal protein extracted from 3xTgAD mice injected ICV with A $\beta$ O showed an increase in TauO levels in both frontal cortex (Fig. 6c) and hippocampus (Fig. 6d) synaptosomes of  $\sim$ 2.5 and  $\sim$ 2 fold, respectively, as compared with 3xTgAD naïve mice.

Collectively, these results show differential synaptic binding dynamics for A $\beta$ O and TauO in three distinct model systems (isolated synaptosomes, *in vitro* primary neurons and *in vivo*), where TauO negatively affected the binding of A $\beta$ O to synaptosomes, whereas high concentrations of A $\beta$ O promoted the synaptic binding of TauO.

## Effect of PK pre-treatment on A $\beta$ O and TauO synaptic binding

To understand if A $\beta$ O and TauO binding occur on a protein substrate, we pretreated human FC and HP synaptosomes with 1 mg/ml of PK for 30 minutes at 37°C to remove cell-surface proteins. Then we challenged the digested synaptosomes with increasing concentrations of A $\beta$ O and TauO (0.5-10  $\mu$ M) and assessed their binding with flow cytometry. PK pretreatment showed a trend in reducing A $\beta$ O and TauO binding to human FC and HP synaptosomes, especially at the 2.5  $\mu$ M and 5  $\mu$ M concentrations of both oligomers (Supplementary Fig. 6, Additional file 1). Based on these observations, PK-predigested synaptosomes were challenged with either A $\beta$ O or TauO (both 2.5  $\mu$ M) in the presence of increasing concentrations of TauO (0.5-10  $\mu$ M) and A $\beta$ O (2.5-5  $\mu$ M). Figure 7 shows that A $\beta$ O binding on human FC (Fig. 7a) and HP (Fig. 7b) synaptosomes devoid of surface proteins by the PK pre-treatment was not affected by the presence of TauO either at 2.5  $\mu$ M or 5  $\mu$ M. On the other hand, the binding of TauO to PK pre-treated human FC (Fig. 7c) and HP (Fig. 7d) synaptosomes was increased by the concomitant presence of A $\beta$ O (5 $\mu$ M and 10 $\mu$ M), similarly with what we observed in synaptosomes not pre-treated with PK. Collectively these data suggest that TauO can outcompete A $\beta$ O from a protein substrate while the ability of high AbO levels to increase synaptic TauO recruitment is related to a non protein substrate.

## TauO-induced cLTP suppression is not affected by A $\beta$ O

To assess the impact of the oligomers on synaptic function, we analyzed the effects of A $\beta$ O and TauO on cLTP in stimulated synaptosomes with fluorescence analysis of single-synapse long-term potentiation (FASS-LTP) (40–42). Human FC and HP synaptosomes were challenged with A $\beta$ O and/or TauO (both 0.5  $\mu$ M) prior to FASS-LTP analyses. A $\beta$ O did not affect cLTP in human FC synaptosomes (Fig. 8a) but suppressed it in human HP synaptosomes (Fig. 8b). Notably, TauO treatment suppressed cLTP in both FC and HP synaptosome. Consistent with the binding results, these data show that TauO-induced cLTP suppression was not affected by the concomitant presence of A $\beta$ O in human FC or HP synaptosomes.

## Discussion

This study investigated synaptic binding dynamics for A $\beta$ O and TauO to determine the level of interaction between these oligomer species at the synapses, yielding seven main findings. (1) Experiments assessing dose-dependent A $\beta$ O and TauO binding to human FC and HP synaptosomes demonstrated that binding was mostly limited to the synaptosome surface within the 1-hour time frame of our experimental procedure. (2) Flow cytometry and western blotting studies demonstrated that the amount of A $\beta$ O bound to FC and HP synaptosomes significantly decreased in presence of TauO. Although lower levels of A $\beta$ O did not alter TauO binding, higher A $\beta$ O concentrations resulted in increased TauO binding to human synapses. (3) These findings were confirmed in mouse brain slices with intact neuronal architecture. (4) Immunofluorescence analyses of mouse primary cortical neurons treated with A $\beta$ O and/or TauO fully supported these data. (5) Western blot analyses of synaptosomal proteins derived from hippocampus and frontal cortex of 3xTgAD mice injected ICV with A $\beta$ O and TauO reinforced these findings *in vivo*. (6) Pretreatment with PK showed that the effect of TauO in reducing A $\beta$ O synaptic binding was lost after the depletion of synaptosome surface proteins; on the other hand, the effect of A $\beta$ O in increasing TauO synaptic binding was not affected. (7) Functional FASS-LTP studies revealed that TauO-induced cLTP suppression was not affected by the presence of A $\beta$ O. Taken together, our results provide deeper insight into the interplay between A $\beta$ O and TauO that contributes to synaptic dysfunction, which is the basis of the cognitive decline in AD (3,5). This study is focused on hippocampus and frontal cortex which are considered vulnerable brain regions to AD disease. We aim to study in the future less AD vulnerable brain regions, such as cerebellum and primary sensory cortex, to identify possible difference in A $\beta$ O and TauO synaptic binding dynamics.

Synaptic dysfunction, neuronal death, and subsequent memory loss are likely due to cross talk between A $\beta$ O and TauO (3,7,43,44). This underscores the importance of clarifying whether A $\beta$ O and TauO act independently, in tandem, or synergistically. Some studies reported that A $\beta$ O and TauO individually contribute to the characteristic AD impairment of synaptic plasticity and subsequent memory dysfunction (17,18,45,46) while others showed that prior A $\beta$ O accumulation is necessary for TauO-induced neuronal alterations (3,16,19)(8). Moreover, one study supports the hypothesis that tau is an important mediator of A $\beta$ O-induced neurodegeneration in AD (47). An electrophysiological investigation by Fa et al. concluded that simultaneous suppression of hippocampal Schaffer collateral high-frequency stimulation LTP and memory impairment could be induced by low concentrations of A $\beta$ O and TauO that do not normally perturb synaptic function, suggesting that the two species synergistically exert their effects (13). A 2019

report found that the neuronal impact of TauO dominated over A $\beta$ O in several *in vivo* models (48). Here we provide the first evidence of differential binding dynamics for A $\beta$ O and TauO at human synapses where TauO seems to overcome A $\beta$ O effects, while progressive increases in A $\beta$ O reinforce the effects of TauO. This last phenomenon was demonstrated by increased amounts of TauO at human synapses promoted by A $\beta$ O in a dose-dependent manner. These events were confirmed in mouse synapses derived from mouse brain slices, mouse brains post-ICV injection with either A $\beta$ O or TauO, and cortical primary neurons. A $\beta$ O are unique to AD and have not been described in other tauopathies (49). Based on this and the findings described here, it is prudent to speculate that the differential temporal appearance/prevalence of A $\beta$ O and TauO in AD may not be incidental. A recent investigation of how A $\beta$ O uniquely seeds TauO assembly found that 100- to 200-nM of A $\beta$ O facilitated TauO seeding (50). Here we show that A $\beta$ O increased the amount of TauO that bound to human synaptosomes. This phenomenon was also observed in PK pre-treated synaptosomes suggesting that in the absence of surface proteins A $\beta$ O was still able to recruit TauO at the human synapses. Given the reported trans-synaptic spreading of TauO (51,52), this effect of A $\beta$ O on TauO binding dynamics may explain the progressive prevalence of TauO during later stages of AD.

Several cell-surface proteins have been identified as binding sites for A $\beta$ O and TauO (53,54). Among these is the low-density lipoprotein receptor-related protein (LRP1), which is highly expressed in the postsynapses and reportedly plays a central role in AD pathogenesis. Two compelling studies described LRP1's involvement in key AD pathologic events including A $\beta$  clearance, amyloid precursor protein metabolism, matrix metalloproteinase 9 function, the pathogenic role of apolipoprotein E, modulation of glutamate receptor function, calcium homeostasis, and cellular TauO uptake and trans-synaptic spread (53,55). The present results demonstrated that sufficient levels of TauO outcompete A $\beta$ O when the latter is bound to a synaptic protein substrate while A $\beta$ O independently of their binding to the synaptosome surface proteins exacerbate TauO synaptic binding. These findings suggest that synaptic membrane proteins mediate A $\beta$ O and TauO binding dynamics, although further studies are necessary to identify specific targets at the synaptic membrane

Learning and memory depend on synaptic strengthening in response to activity, but these critical processes are impaired when synapses are dysfunctional due to the actions of A $\beta$ O and TauO, as in AD. Investigating human synaptic transmission is difficult given the evident methodological limitations. Here, we analyzed cLTP in synaptosomes isolated from clinical human samples using a novel approach proposed by the Cotman group (40,41) and optimized by the Krishnan group (42). Our results show that TauO induced cLTP suppression, regardless of the effect of A $\beta$ O on synaptic function. Specifically, TauO dampened cLTP in human synaptosomes isolated from FC, whereas A $\beta$ O did not affect TauO-driven cLTP deficits. Moreover, the suppressive effect of TauO on cLTP was exacerbated in human HP synaptosomes where A $\beta$ O also significantly suppresses cLTP. We recently reported that the absence of TauO is at the basis of the synaptic functional integrity and cognitive competency in a unique group of individuals who maintain cognitive ability despite the presence of all the neuropathological features of AD (42). The data presented here, further demonstrate that in advanced stages of AD, when TauO levels progressively increase and reach a critical mass, they become the most toxic species driving synaptic dysfunction and

clinical manifestations. Perhaps this could explain the disappointing results of A $\beta$ -directed therapeutics in patients with late-stage AD when cognitive decline is already manifest (2).

## Conclusions

In conclusion, these findings suggest a link between the temporal occurrence of A $\beta$ O and TauO and the progression of AD, with direct implications for how synaptic disruption driven by the binding of these oligomers underlies dementia pathogenesis in a differential and yet interactive way. Our work highlights the importance of developing therapeutic approaches that target TauO; such treatments could be beneficial for both late-stage AD and other tauopathies.

## Abbreviations

### **aCSF**

artificial CerebroSpinal Fluid

### **ACTB**

Actin

### **AD**

Alzheimer's Disease

### **A $\beta$ O**

Amyloid  $\beta$  Oligomers

### **BSA**

Bovine Serum Albumin

### **AMPARs**

$\alpha$ -Amino-3-hydroxy-5-Methyl-4-Isloxazolopionic Acid Receptors

### **CERAD**

Consortium to Establish a Registry of AD

### **FASS-LTP**

Fluorescence Analysis of Single-Synapse Long-Term Potentiation

### **FC**

Frontal Cortex

### **HBK**

HEPES Buffered Krebs-like

### **HFP**

1,1,1,3,3,3-hexafluoro-2-propanol

### **NMDG**

N-Methyl-D-Glucamine

### **HP**

Hippocampus

### **ICV**

Intracerebroventricular

**MAP2**

Microtubule-Associated Protein 2

**NMDAR**

N-Methyl D-Aspartate Receptor

**Nrx1 $\beta$**

Neurexin-1 $\beta$

**PBS**

Phosphate-Buffered Saline

**PBST**

Phosphate-Buffered Saline with Tween

**PFA**

ParaFormAldehyde

**PK**

Proteinase K

**PSD95**

Postsynaptic Desntiy

**RIPA**

Radioimmunoprecipitation Assay Buffer

**SYPH**

Synaptophysin

**Tau0**

Tau Oligomers

**TBST**

Tris-Buffered Saline solution with Tween

## Declarations

**Ethics approval:** The data reproduced in this article utilized human tissue that was procured via the Oregon Brain Bank at Oregon Health and Science University (OHSU; Portland, OR, USA), which provides de-identified samples. This study was reviewed and deemed exempt by our the OHSU Institutional Review Board. The BioBank protocols are in accordance with the ethical standards of our institution and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards .

**Consent for publication:** Not applicable

**Availability of data and materials:** All data generated or analyzed during this study are included in this publication and/or are available from the corresponding author on reasonable request.

**Competing interests:** The authors declare that they have no competing interests

**Funding:** This work was supported by Supported by NIH/NIA R01AG069433, R01AG060718 and R56063405 to GT.

**Authors' Contributions:** M.M. (Michela Marcatti) and G.T. designed research; M.M. (Michela Marcatti) A.F., M.M., and C.N. performed research; M.M. (Michela Marcatti), G.T., B.K., and R.K. analyzed and interpreted the data; M.M. (Michela Marcatti) and G.T. wrote the paper. All authors reviewed the manuscript, provided revisions if necessary, and agreed to publication. All authors read and approved the final manuscript.

**Acknowledgments:** This work was supported by Supported by NIH/NIA R01AG069433, R01AG060718 and R56063405 to GT. We acknowledge Dr. Randall Woltjer from Oregon Brain Bank at Oregon Health and Science University (OHSU) for post-mortem tissues. We also wish to acknowledge Dr. Nisha Puangmalai, PhD for providing technical support with primary neurons culture, Dr. Nemil Bhatt for providing the preformed tau oligomers, Dr. Jutatip Guptarak for performing the ICV injections in the 3xTgAD mice, and Lindsay Reese, PhD (SciReviser) for text editing.

## References

1. Fabiani C, Antollini SS. Alzheimer's disease as a membrane disorder: Spatial cross-talk among beta-amyloid peptides, nicotinic acetylcholine receptors and lipid rafts. *Front Cell Neurosci.* 2019;13(July):1–28.
2. Tiwari S, Venkata A, Kaushik A, Adriana Y, Nair M. Alzheimer's Disease Diagnostics And Therapeutics Market. *Int J Nanomedicine.* 2019;Jul 2019(14):5541–54.
3. Spires-Jones TL, Hyman BT. The Intersection of Amyloid Beta and Tau at Synapses in Alzheimer's Disease. *Neuron [Internet].* 2014;82(4):756–71. Available from: <http://dx.doi.org/10.1016/j.neuron.2014.05.004>
4. Ashraf G, Greig N, Khan T, Hassan I, Tabrez S, Shakil S, et al. Protein Misfolding and Aggregation in Alzheimer's Disease and Type 2 Diabetes Mellitus. *CNS Neurol Disord - Drug Targets.* 2014;13(7):1280–93.
5. John A, Reddy PH. Synaptic basis of Alzheimer's disease: Focus on synaptic amyloid beta, P-tau and mitochondria. *Ageing Res Rev [Internet].* 2021;65(July 2020):101208. Available from: <https://doi.org/10.1016/j.arr.2020.101208>
6. Lacor PN, Buniel MC, Chang L, Fernandez SJ, Gong Y, Viola KL, et al. Synaptic targeting by Alzheimer's-related amyloid  $\beta$  oligomers. *J Neurosci.* 2004;24(45):10191–200.
7. Fein JA, Sokolow S, Miller CA, Vinters H V., Yang F, Cole GM, et al. Co-localization of amyloid beta and tau pathology in Alzheimer's disease synaptosomes. *Am J Pathol.* 2008;172(6):1683–92.
8. Bilousova T, Miller CA, Poon WW, Vinters H V., Corrada M, Kawas C, et al. Synaptic Amyloid- $\beta$  Oligomers Precede p-Tau and Differentiate High Pathology Control Cases. *Am J Pathol [Internet].* 2016;186(1):185–98. Available from: <http://dx.doi.org/10.1016/j.ajpath.2015.09.018>

9. Jackson J, Jambrina E, Li J, Marston H, Menzies F, Phillips K, et al. Targeting the Synapse in Alzheimer ' s Disease. 2019;13(July):1–8.
10. Micci MA, Krishnan B, Bishop E, Zhang WR, Guptarak J, Grant A, et al. Hippocampal stem cells promotes synaptic resistance to the dysfunctional impact of amyloid beta oligomers via secreted exosomes. *Mol Neurodegener.* 2019;14(1):1–22.
11. Gulisano W, Maugeri D, Baltrons MA, Mauro F. Role of Amyloid-  $\beta$  and Tau Proteins in Alzheimer ' s Disease : Confuting the Amyloid Cascade. 2018;64.
12. Berger Z, Roder H, Hanna A, Carlson A, Rangachari V, Yue M, et al. Accumulation of pathological tau species and memory loss in a conditional model of tauopathy. *J Neurosci.* 2007 Apr;27(14):3650–62.
13. Fá M, Puzzo D, Piacentini R, Staniszewski A, Zhang H, Baltrons MA, et al. Extracellular Tau Oligomers Produce An Immediate Impairment of LTP and Memory. 2016;(October 2015):1–15.
14. Gerson J, Castillo-Carranza DL, Sengupta U, Bodani R, Prough DS, DeWitt DS, et al. Tau Oligomers Derived from Traumatic Brain Injury Cause Cognitive Impairment and Accelerate Onset of Pathology in Htau Mice. *J Neurotrauma.* 2016 Nov;33(22):2034–43.
15. Lasagna-Reeves CA, Castillo-Carranza DL, Sengupta U, Clos AL, Jackson GR, Kaye R. Tau oligomers impair memory and induce synaptic and mitochondrial dysfunction in wild-type mice. *Mol Neurodegener.* 2011 Jun;6:39.
16. Jin M, Shepardson N, Yang T, Chen G, Walsh D, Selkoe DJ. Soluble amyloid  $\beta$ -protein dimers isolated from Alzheimer cortex directly induce Tau hyperphosphorylation and neuritic degeneration. *Proc Natl Acad Sci U S A.* 2011;108(14):5819–24.
17. Qu X, Yuan FN, Corona C, Pasini S, Pero ME, Gundersen GG, et al. Stabilization of dynamic microtubules by mDia1 drives Tau-dependent A $\beta$ (1-42) synaptotoxicity. *J Cell Biol.* 2017 Oct;216(10):3161–78.
18. Roberson ED, Scarce-Levie K, Palop JJ, Yan F, Cheng IH, Wu T, et al. Reducing endogenous tau ameliorates amyloid beta-induced deficits in an Alzheimer's disease mouse model. *Science.* 2007 May;316(5825):750–4.
19. Shankar GM, Li S, Mehta TH, Garcia-Munoz A, Shepardson NE, Smith I, et al. Amyloid-beta protein dimers isolated directly from Alzheimer's brains impair synaptic plasticity and memory. *Nat Med.* 2008 Aug;14(8):837–42.
20. Soeda Y, Takashima A. New Insights Into Drug Discovery Targeting Tau Protein. *Front Mol Neurosci.* 2020;13(December):1–24.
21. VandeVrede L, Boxer AL, Polydoro M. Targeting tau: Clinical trials and novel therapeutic approaches. *Neurosci Lett [Internet].* 2020;731(February):134919. Available from: <https://doi.org/10.1016/j.neulet.2020.134919>
22. H B, Braak E. Neuropathological staging of Alzheimer-related changes. *Acta Neuropathol.* 1991;82:239–59.

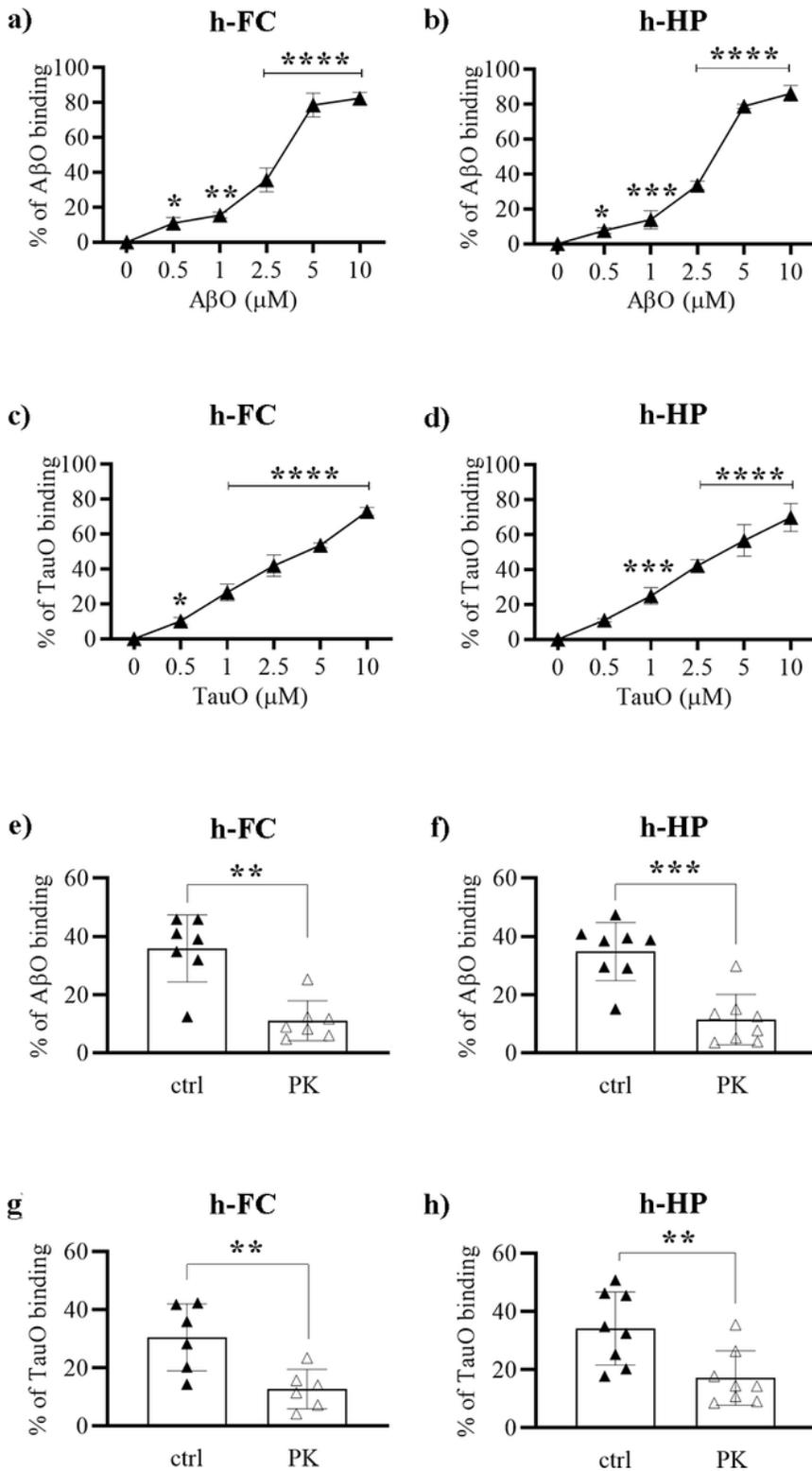
23. Folstein FM, Folstein SE, Mchuh PR. MINI-MENTAL STATE a practical method for grading the cognitive state of patients for clinician. *J Psychiatr Res.* 1974;12:189–98.
24. Franklin W, Tagliatalata G. A method to determine insulin responsiveness in synaptosomes isolated from frozen brain tissue. *J Neurosci Methods* [Internet]. 2016;261:128–34. Available from: <http://dx.doi.org/10.1016/j.jneumeth.2016.01.006>
25. Comerota MM, Krishnan B, Tagliatalata G. Near infrared light decreases synaptic vulnerability to amyloid beta oligomers. *Sci Rep* [Internet]. 2017;7(1):1–11. Available from: <http://dx.doi.org/10.1038/s41598-017-15357-x>
26. Franklin W, Krishnan B, Tagliatalata G. Chronic synaptic insulin resistance after traumatic brain injury amplifies insulin protection from amyloid beta and tau oligomer-induced synaptic dysfunction. *Sci Rep.* 2019;9(1):1–13.
27. Györfy BA, Kun J, Török G, Bulyáki É, Borhegyi Z, Gulyácssy P, et al. Local apoptotic-like mechanisms underlie complement-mediated synaptic pruning. *Proc Natl Acad Sci U S A.* 2018;115(24):6303–8.
28. Reese LC, Zhang WR, Dineley KT, Kaye R, Tagliatalata G. Selective induction of calcineurin activity and signaling by oligomeric amyloid beta. *Aging Cell.* 2008;7(6):824–35.
29. Comerota MM, Tumurbaatar B, Krishnan B, Kaye R, Tagliatalata G. Near Infrared Light Treatment Reduces Synaptic Levels of Toxic Tau Oligomers in Two Transgenic Mouse Models of Human Tauopathies. *Mol Neurobiol.* 2019;56(5):3341–55.
30. Fracassi A, Marcatti M, Zolocheska O, Tabor N, Woltjer R, Moreno S, et al. Oxidative Damage and Antioxidant Response in Frontal Cortex of Demented and Nondemented Individuals with Alzheimer's Neuropathology. *J Neurosci.* 2021;41(3):538–54.
31. Marino C, Krishnan B, Cappello F, Tagliatalata G. Hsp60 Protects against Amyloid  $\beta$  Oligomer Synaptic Toxicity via Modification of Toxic Oligomer Conformation. *ACS Chem Neurosci.* 2019;10(6):2858–67.
32. Zolocheska O, Tagliatalata G. Selected microRNAs Increase Synaptic Resilience to the Damaging Binding of the Alzheimer's Disease Amyloid Beta Oligomers. *Mol Neurobiol.* 2020;57(5):2232–43.
33. Gerson JE, Sengupta U, Kaye R. Tau Oligomers as Pathogenic Seeds: Preparation and Propagation In Vitro and In Vivo and Propagation In Vitro and In Vivo. 1523:16–8.
34. Sengupta U, Montalbano M, McAllen S, Minuesa G, Kharas M, Kaye R. Formation of Toxic Oligomeric Assemblies of RNA-binding Protein: Musashi in Alzheimer's disease. *Acta Neuropathol Commun.* 2018;6(1):113.
35. Lo Cascio F, Puangmalai N, Ellsworth A, Bucchieri F, Pace A, Palumbo Piccionello A, et al. Toxic Tau Oligomers Modulated by Novel Curcumin Derivatives. *Sci Rep.* 2019;9(1):1–16.
36. Montalbano M, McAllen S, Sengupta U, Puangmalai N, Bhatt N, Ellsworth A, et al. Tau oligomers mediate aggregation of RNA-binding proteins Musashi1 and Musashi2 inducing Lamin alteration. *Aging Cell.* 2019;18(6):1–22.
37. Puangmalai N, Bhatt N, Montalbano M, Sengupta U, Gaikwad S, Ventura F, et al. Internalization mechanisms of brain-derived tau oligomers from patients with Alzheimer's disease, progressive

- supranuclear palsy and dementia with Lewy bodies. *Cell Death Dis* [Internet]. 2020;11(5). Available from: <http://dx.doi.org/10.1038/s41419-020-2503-3>
38. Dineley KT, Kaye R, Neugebauer V, Fu Y, Zhang W, Reese LC, et al. Amyloid- $\beta$  oligomers impair fear conditioned memory in a calcineurin-dependent fashion in mice. *J Neurosci Res*. 2010;88(13):2923–32.
  39. Krishnan B, Kaye R, Taglialetela G. Elevated phospholipase D isoform 1 in Alzheimer's disease patients' hippocampus: Relevance to synaptic dysfunction and memory deficits. *Alzheimer's Dement Transl Res Clin Interv* [Internet]. 2018;4:89–102. Available from: <https://doi.org/10.1016/j.trci.2018.01.002>
  40. Prieto GA, Snigdha S, Baglietto-Vargas D, Smith ED, Berchtold NC, Tong L, et al. Synapse-specific IL-1 receptor subunit reconfiguration augments vulnerability to IL-1 $\beta$  in the aged hippocampus. *Proc Natl Acad Sci U S A*. 2015;112(36):E5078–87.
  41. Prieto GA, Trieu BH, Dang CT, Bilousova T, Gyls KH, Berchtold NC, et al. Pharmacological rescue of long-term potentiation in Alzheimer diseased synapses. *J Neurosci*. 2017;37(5):1197–212.
  42. Singh A, Allen D, Fracassi A, Tumurbaatar B, Natarajan C, Scaduto P, et al. Functional Integrity of Synapses in the Central Nervous System of Cognitively Intact Individuals with High Alzheimer's Disease Neuropathology Is Associated with Absence of Synaptic Tau Oligomers. *J Alzheimer's Dis*. 2020;78(4):1661–78.
  43. Crimins JL, Pooler A, Polydoro M, Luebke JI, Spires-Jones TL. The intersection of amyloid beta and tau in glutamatergic synaptic dysfunction and collapse in Alzheimer's disease. *Ageing Res Rev* [Internet]. 2013;12(3):757–63. Available from: <http://dx.doi.org/10.1016/j.arr.2013.03.002>
  44. Ittner LM, Götz J. Amyloid- $\beta$  and tau - A toxic pas de deux in Alzheimer's disease. *Nat Rev Neurosci*. 2011;12(2):67–72.
  45. Ittner LM, Ke YD, Delerue F, Bi M, Gladbach A, van Eersel J, et al. Dendritic function of tau mediates amyloid- $\beta$  toxicity in Alzheimer's disease mouse models. *Cell*. 2010;142(3):387–97.
  46. Roberson ED, Halabisky B, Yoo JW, Yao J, Chin J, Yan F, et al. Amyloid- $\beta$ /fyn-induced synaptic, network, and cognitive impairments depend on tau levels in multiple mouse models of Alzheimer's disease. *J Neurosci*. 2011;31(2):700–11.
  47. Zempel H, Luedtke J, Kumar Y, Biernat J, Dawson H, Mandelkow E, et al. Amyloid- $\beta$  oligomers induce synaptic damage via Tau-dependent microtubule severing by TTL6 and spastin. *EMBO J* [Internet]. 2013;32(22):2920–37. Available from: <http://dx.doi.org/10.1038/emboj.2013.207>
  48. Busche MA, Wegmann S, Dujardin S, Commins C, Schiantarelli J, Klickstein N, et al. Tau impairs neural circuits, dominating amyloid- $\beta$  effects, in Alzheimer models in vivo. *Nat Neurosci* [Internet]. 2019;22(1):57–64. Available from: <http://dx.doi.org/10.1038/s41593-018-0289-8>
  49. Cline EN, Bicca MA, Viola KL, Klein WL. The Amyloid- $\beta$  Oligomer Hypothesis: Beginning of the Third Decade. *J Alzheimer's Dis*. 2018;64(s1):S567–610.
  50. Shin WS, Di J, Cao Q, Li B, Seidler PM, Murray KA, et al. Amyloid  $\beta$ -protein oligomers promote the uptake of tau fibril seeds potentiating intracellular tau aggregation. *Alzheimer's Res Ther*.

2019;11(1):1–13.

51. Vogel JW, Iturria-Medina Y, Strandberg OT, Smith R, Levitis E, Evans AC, et al. Spread of pathological tau proteins through communicating neurons in human Alzheimer's disease. *Nat Commun*. 2020;11(1):2612.
52. D'Errico P, Meyer-Luehmann M. Mechanisms of Pathogenic Tau and A $\beta$  Protein Spreading in Alzheimer's Disease. *Front Aging Neurosci*. 2020;12(August):1–10.
53. Rauch JN, Luna G, Guzman E, Audouard M, Challis C, Sibih YE, et al. LRP1 is a master regulator of tau uptake and spread. *Nature* [Internet]. 2020;580(7803):381–5. Available from: <http://dx.doi.org/10.1038/s41586-020-2156-5>
54. Smith LM, Strittmatter SM. Binding sites for amyloid- $\beta$  oligomers and synaptic toxicity. *Cold Spring Harb Perspect Med*. 2017;7(5).
55. Shinohara M, Tachibana M, Kanekiyo T, Bu G. Role of LRP1 in the pathogenesis of Alzheimer's disease: Evidence from clinical and preclinical studies. *J Lipid Res* [Internet]. 2017;58(7):1267–81. Available from: <http://dx.doi.org/10.1194/jlr.R075796>

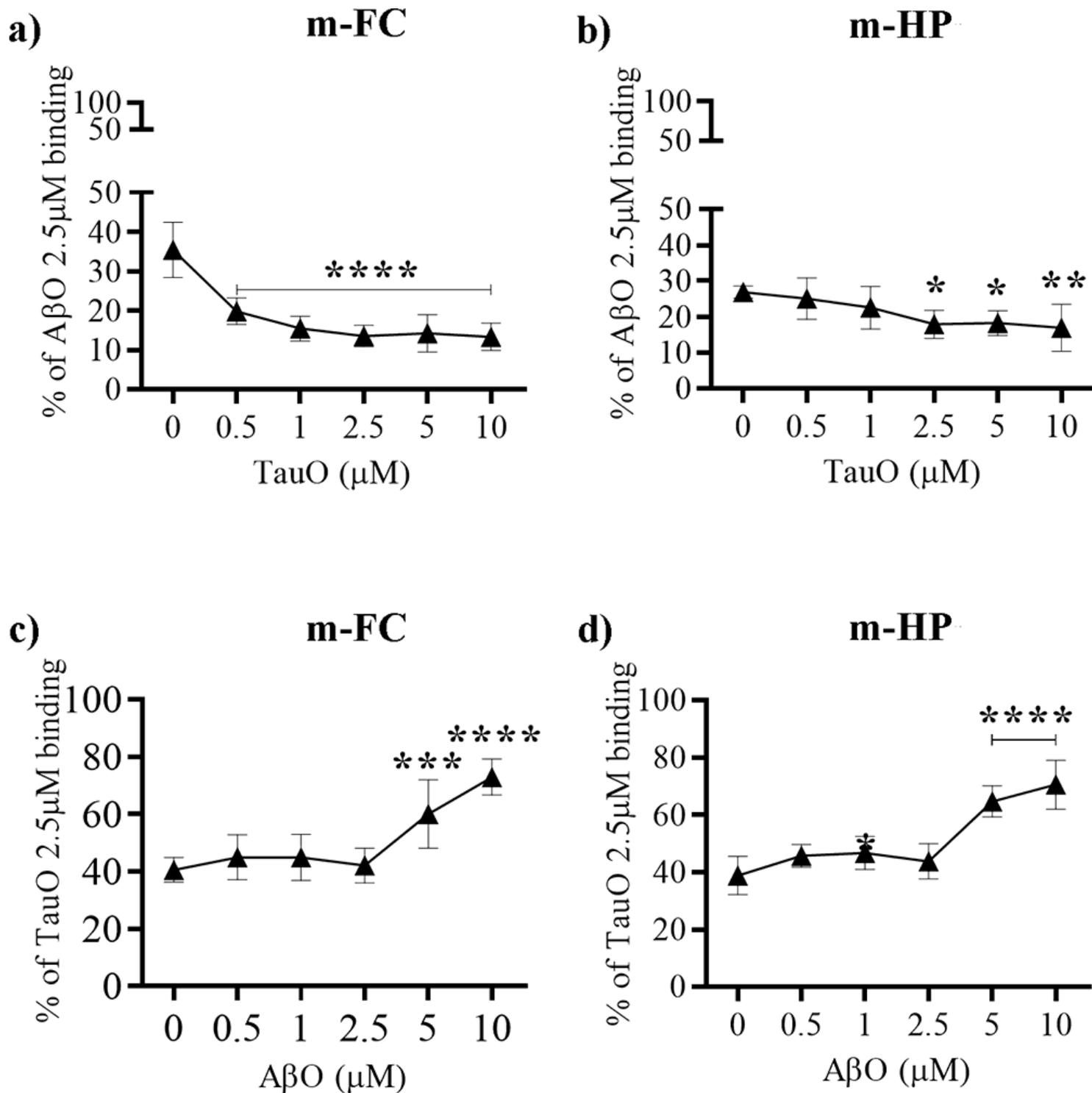
## Figures



**Figure 1**

Characterization of dose-dependent AβO and TauO binding to human synapses. a) AβO binding to synaptosomes isolated from human frontal cortex (FC). Data represent the mean ± SD; \*P = 0.04, \*\*P = 0.0045, and \*\*\*\*P < 0.0001 compared with synaptosomes not challenged with AβO (biological replicates n = 6; independent experiments n = 3; one-way ANOVA plus Dunnett's multiple comparisons). b) AβO binding to synaptosomes isolated from human hippocampus (HP). Data represent the mean ± SD; \*P =

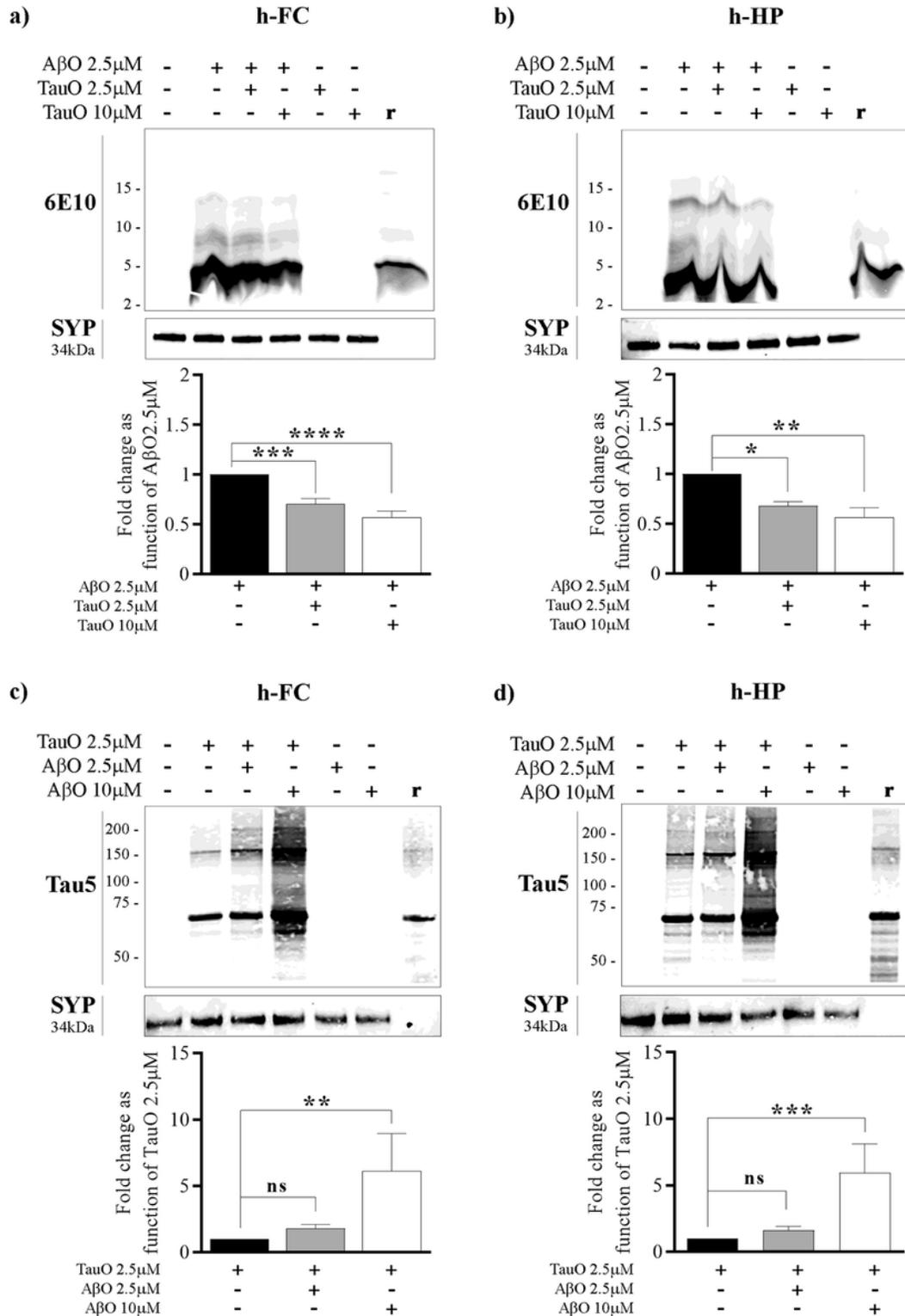
0.037, \*\*\*P = 0.0006, and \*\*\*\*P < 0.0001 compared with synaptosomes not challenged with A $\beta$ O (biological replicates n = 6; independent experiments n = 3; one-way ANOVA plus Dunnett's multiple comparisons). c) TauO binding to synaptosomes isolated from human FC. Data represent the mean  $\pm$  SD; \*P = 0.0139, and \*\*\*P < 0.001, and \*\*\*\*P < 0.0001 compared with synaptosomes not challenged with TauO (biological replicates n = 6; independent experiments n = 3; one-way ANOVA plus Dunnett's multiple comparisons); d) TauO binding to synaptosomes isolated from human hippocampus (HP). Data represent the mean  $\pm$  SD; \*\*\*P = 0.0006, and \*\*\*\*P < 0.0001 compared with synaptosomes not challenged with TauO (biological replicates n = 6; independent experiments n = 3; one-way ANOVA plus Dunnett's multiple comparisons); e) proteinase K (PK) enzymatic digestion of human FC synaptosomes post-challenge with A $\beta$ O 2.5 $\mu$ M. Data represent the mean  $\pm$  SD; \*\*P = 0.0023 compared with control (biological replicates n = 6; independent experiments n = 7; paired t-test, two-tailed); e) proteinase K (PK) enzymatic digestion of human HP synaptosomes post-challenge with A $\beta$ O 2.5 $\mu$ M. Data represent the mean  $\pm$  SD; \*\*\*P = 0.0004 compared with control (biological replicates n = 6; independent experiments n = 8; paired t-test, two-tailed); f) proteinase K (PK) enzymatic digestion of human FC synaptosomes post-challenge with TauO 2.5 $\mu$ M. Data represent the mean  $\pm$  SD; \*\*P = 0.0009 compared with control (biological replicates n = 6; independent experiments n = 6; paired t-test, two-tailed); g) proteinase K (PK) enzymatic digestion of human HP synaptosomes post-challenge with TauO 2.5 $\mu$ M. Data represent the mean  $\pm$  SD; \*\*P = 0.001 compared with control (biological replicates n = 6; independent experiments n = 8; paired t-test, two-tailed).



**Figure 2**

TauO reduces A $\beta$ O binding to human FC and HP synaptosomes while A $\beta$ O increases TauO binding. Effect of increasing TauO concentrations (0.5-1-2.5-5-10  $\mu\text{M}$ ) on A $\beta$ O binding to synaptosomes isolated from human a) FC and b) HP samples. Effect of increasing A $\beta$ O concentrations (0.5-1-2.5-5-10  $\mu\text{M}$ ) on TauO binding to synaptosomes isolated from human c) FC and d) HP samples. Data represent the mean  $\pm$  SD; \*\*\*P = 0.002, and \*\*\*\*P < 0.0001 compared with synaptosomes not challenged with A $\beta$ O and TauO

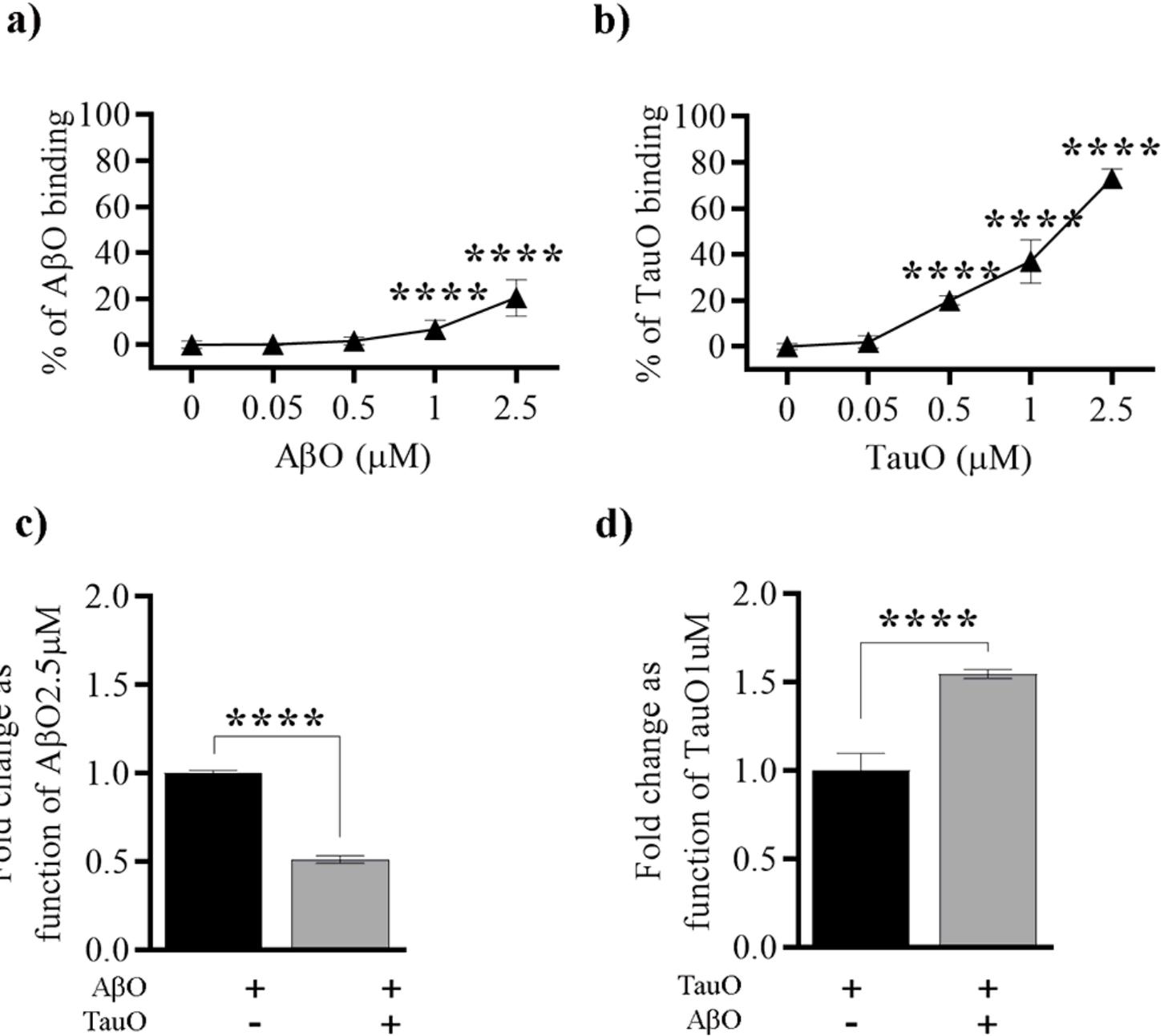
(biological replicates n = 6; independent experiments n = 5; ordinary one-way ANOVA plus Dunnett's multiple comparison test)



**Figure 3**

Western blot analyses confirming changes in A $\beta$ O/TauO synaptic binding in the presence of each other. a-b) Representative western blots (upper panels) and relative densitometric analyses (lower panels) to evaluate the percentages of A $\beta$ O 2.5  $\mu$ M bound to synaptosomes isolated from human a) FC and b) HP

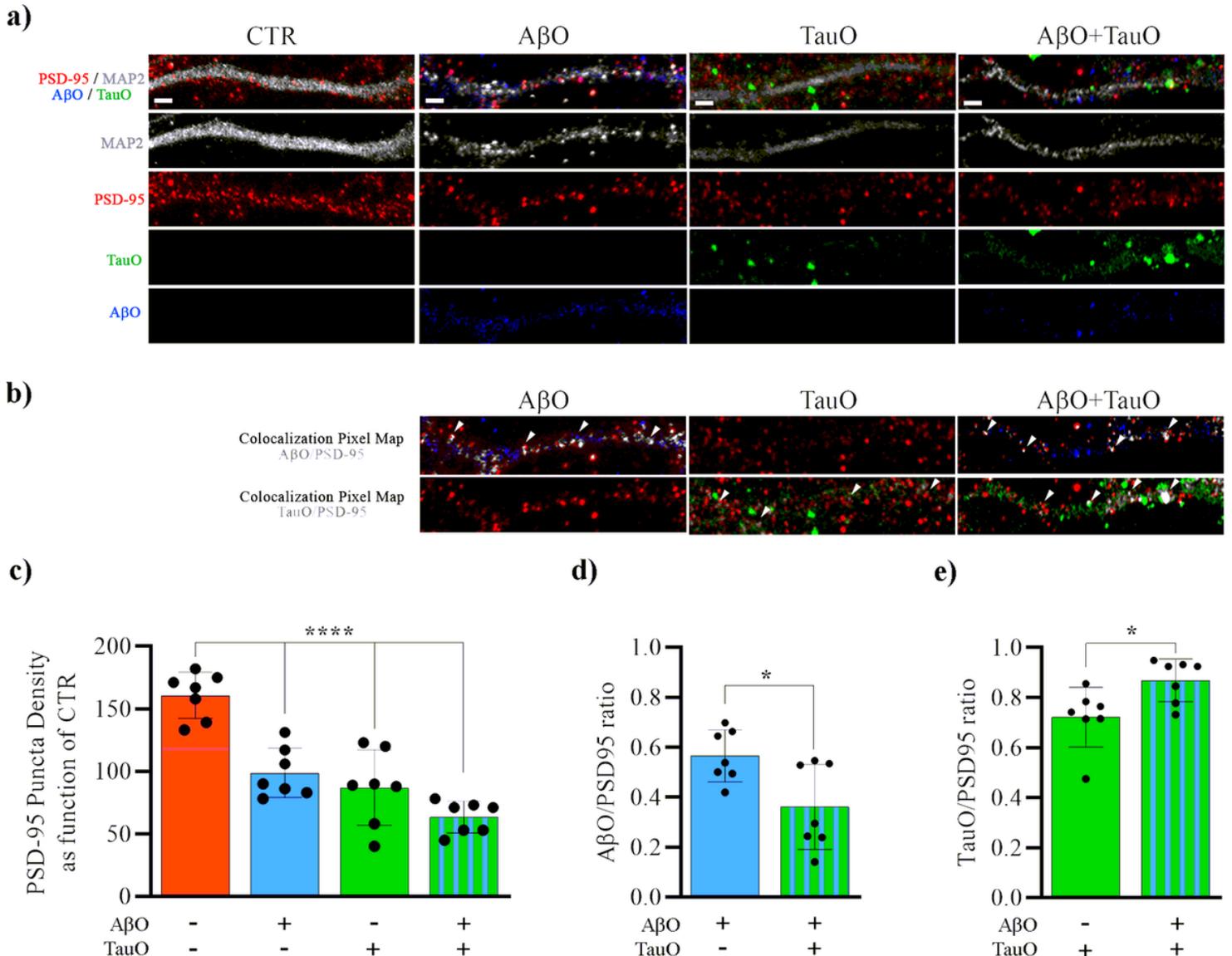
in the presence of TauO 2.5 and 10  $\mu$  M. Data represent the mean  $\pm$  SD; \*P = 0.0109, \*\*P = 0.0015, \*\*\*P = 0.0002, and \*\*\*\*P < 0.0001 compared with control synaptosomes (challenged with A $\beta$ O alone) (biological replicates n = 6; independent experiments n = 5; one-way ANOVA plus Dunnett's multiple comparison test); c-d) Representative western blots (upper panels) and relative densitometric analyses (lower panels) to evaluate the percentages of TauO 2.5  $\mu$ M bound to synaptosomes isolated from human c) FC and d) HP in the presence of A $\beta$ O 2.5 and 10  $\mu$ M. Data represent the mean  $\pm$  SD; \*\*P = 0.0034 (Fig.3c), \*\*P = 0.0007 (Fig.3d), compared with control synaptosomes (challenged with TauO alone) (biological replicates n = 6; independent experiments n = 5; one-way ANOVA plus Dunnett's multiple comparison test)



**Figure 4**

A $\beta$ O/TauO synaptic binding in mice brain slices treated ex vivo with A $\beta$ O plus TauO. Mice brain slices were treated with increasing concentrations of A $\beta$ O and TauO, then synaptosomes were isolated and

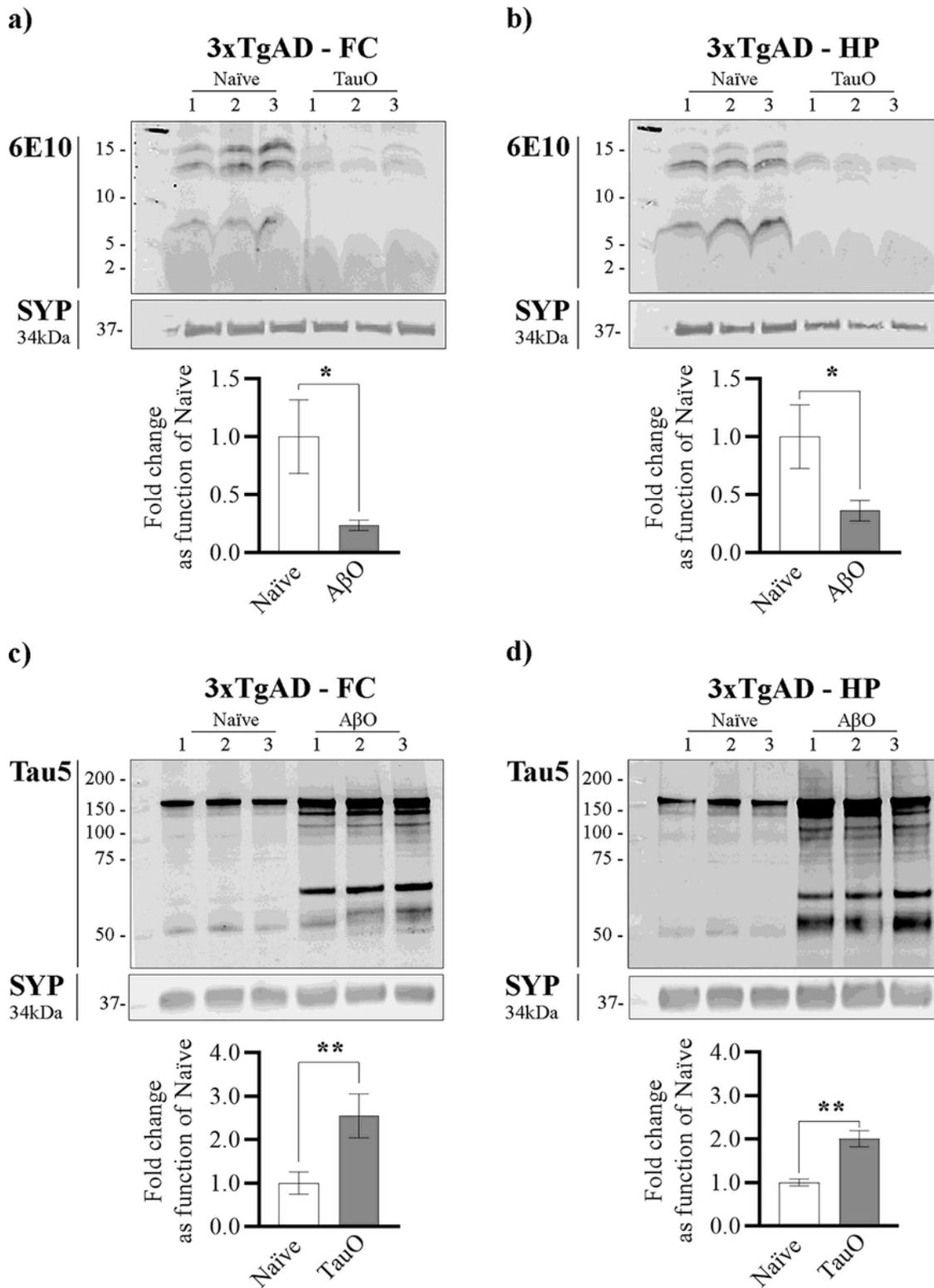
subjected to flow cytometric analysis to evaluate the dose-dependent binding percentages of a) A $\beta$ O and b) TauO; Data represent the mean  $\pm$  SD; \*\*\*\*P < 0.0001 compared with synaptosomes derived from untreated mouse brain slices (biological replicates n = 14-30; independent experiments n = 5; ordinary one-way ANOVA plus Dunnett's multiple comparisons); mice brain slices were treated with a combination of A $\beta$ O 2.5  $\mu$ M and TauO 1  $\mu$ M before the synaptosomes were isolated for flow cytometric analyses to evaluate the binding percentage of c) A $\beta$ O and d) TauO. Data represent the mean  $\pm$  SD; \*\*\*\*P < 0.0001 compared with brain slices challenged with A $\beta$ O or TauO alone (biological replicates n = 10; independent experiments n = 2; paired t-test, two-tailed).



**Figure 5**

Immunofluorescence analyses of A $\beta$ O and TauO binding dynamics in mouse primary neuron synapses. a) Representative confocal images of neuronal projections (30- $\mu$ m long) from mouse primary cortical neurons treated with A $\beta$ O 2.5  $\mu$ M (blue), TauO 2.5  $\mu$ M (green) and their combination (blue + green) and stained for MAP2 (gray) and PSD95 (red). b) Representative pixel maps of A $\beta$ O/PSD95 and TauO/PSD95 showing colocalizations in gray (white arrowheads); original magnification 63 $\times$ , scale bar 2  $\mu$ m. c)

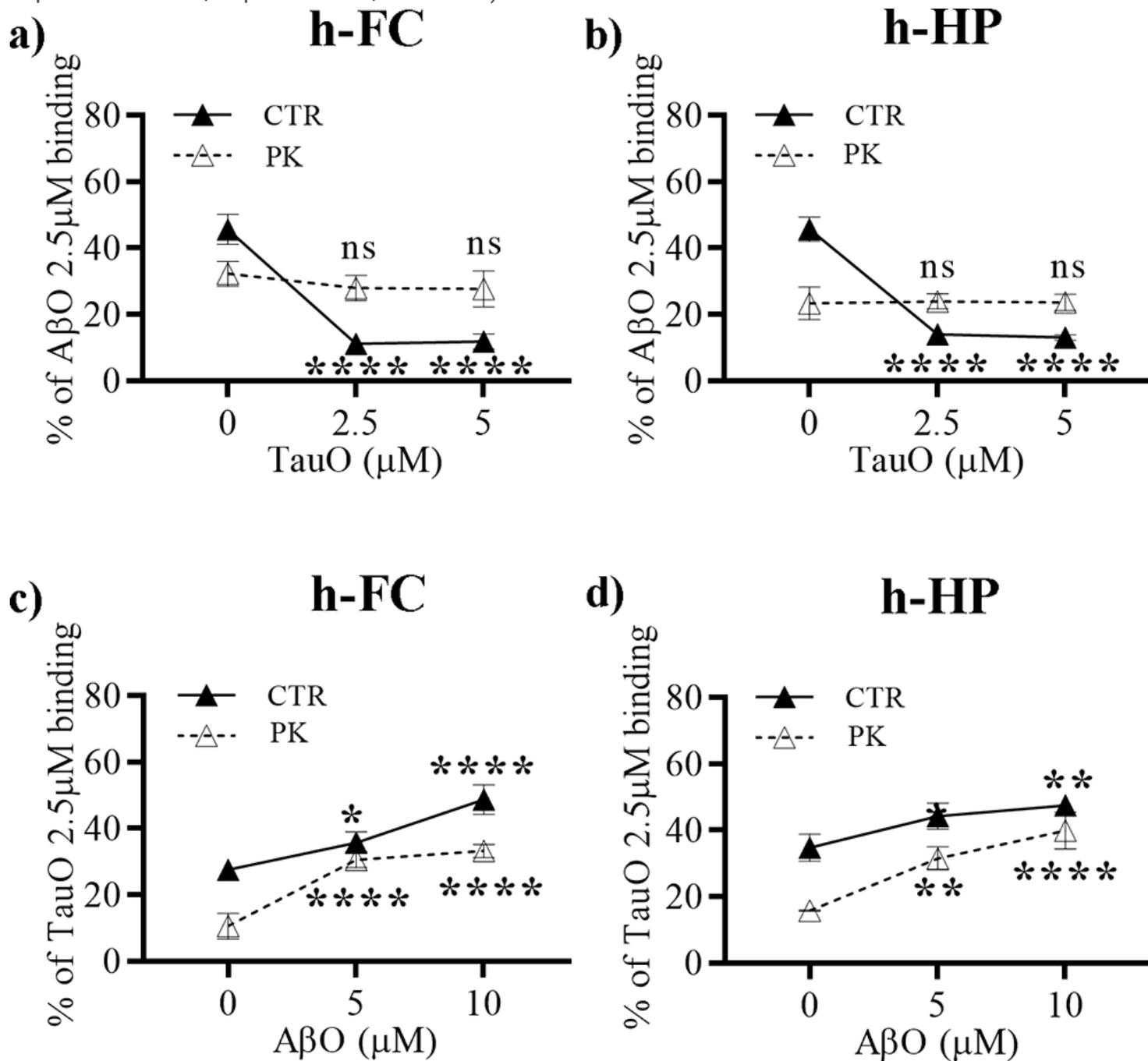
Quantitative analysis of PSD95 positive puncta within 30- $\mu$ m length of neuronal projections randomly selected from mouse primary cortical neurons treated with A $\beta$ O 2.5  $\mu$ M (blue), TauO 2.5  $\mu$ M (green), and their combination (blue + green) as compared with untreated cells (red). Data represent the mean  $\pm$  SD, \*\*\*\*P < 0.0001 compared with control cells (neuronal projections analyzed n = 7; independent experiments n = 3 ordinary one-way ANOVA plus Dunnett's multiple comparisons). d) Quantitative analysis of A $\beta$ O/PSD95 ratios within 30- $\mu$ m lengths of neuronal projections randomly selected from mouse primary cortical neurons treated with A $\beta$ O 2.5  $\mu$ M (blue) and the combination of A $\beta$ O 2.5  $\mu$ M and TauO 2.5  $\mu$ M (blue + green); data represent the mean  $\pm$  SD, \*P = 0.019 (neuronal projections analyzed n = 7; independent experiments n = 3; unpaired t-test, two-tailed). e) Quantitative analysis of TauO/PSD95 ratios within 30- $\mu$ m lengths of neuronal projections randomly selected from mouse primary cortical neurons treated with TauO 2.5  $\mu$ M (green) and the combination of A $\beta$ O 2.5  $\mu$ M and TauO 2.5  $\mu$ M (blue + green); Data represent the mean  $\pm$  SD, \*P = 0.0207 (neuronal projections analyzed n = 7; independent experiments n = 3; unpaired t-test, two-tailed).



**Figure 6**

In vivo treatment of 3xTgAD mice with AβO and TauO. a-b) Representative western blots (upper panels) and relative densitometric analyses (lower panels) to evaluate the levels of AβO bound to synaptosomes from a) FC and b) HP of 3xTgAD mice ICV with TauO 0.55 μM; data represent the mean ± SD; \*P = 0.0147 (Fig.6a) and \*P = 0.0186 (Fig.6b) as compared with FC and HP synaptosomes isolated from 3xTgAD naïve mice (biological replicates n = 3/group; independent experiments n = 3; unpaired t-test, two-tailed).;

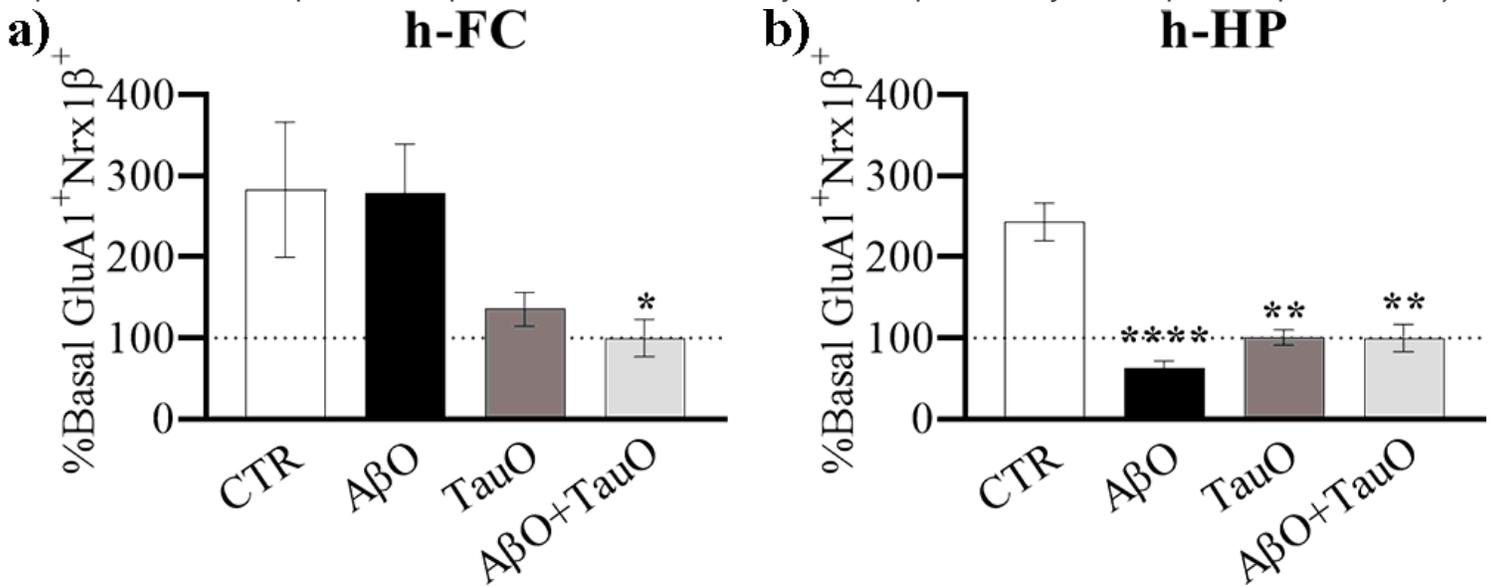
c-d) Representative western blots (upper panels) and relative densitometric analyses (lower panels) to evaluate the levels of TauO bound to synaptosomes from c) FC and d) HP of 3xTgAD mice ICV with A $\beta$ O 0.55  $\mu$ M. Data represent the mean  $\pm$  SD; \*\*P = 0.009 (Fig.6c) and \*\*P = 0.001 as compared with FC and HP synaptosomes isolated from 3xTgAD naive mice (biological replicates n = 3/group; independent experiments n = 7; unpaired t-test, two-tailed).



**Figure 7**

Effects of PK pretreatment of human FC and HP synaptosomes on A $\beta$ O/TauO binding dynamics. The surface protein component of human synaptosomes was digested with 1 mg/ml PK before the synaptosomes were challenged with A $\beta$ O and/or TauO, and the resulting binding was detected by flow cytometric analysis. Binding dynamics of A $\beta$ O 2.5  $\mu$ M to human a) FC and b) HP synaptosomes in the

presence of increasing concentrations of TauO (2.5 and 5  $\mu$ M); TauO 2.5  $\mu$ M to human c) FC and d) HP synaptosomes in the presence of increasing concentrations of A $\beta$ O (5 and 10  $\mu$ M). Data represent the mean  $\pm$  SD; \*P = 0.05, \*\*P = 0.0083 (Fig.7d – CTR curve) and \*\*P = 0.0015 (Fig.7d – PK curve), and \*\*\*\*P < 0.0001 compared with control synaptosomes (challenged with A $\beta$ O and TauO alone) (biological replicates n = 6; independent experiments n = 3; two-way ANOVA plus Tukey's multiple comparison test).



**Figure 8**

The impact of A $\beta$ O and TauO on physiological synaptic transmission of human synapses. FASS-LTP identifies potentiated synapses by tracking GluA1 and Nr1 surface expression in size-gated synaptosomes. Percentages of GluA1Nr1 size-gated synaptosomes isolated from human a) FC and b) HP. Data represent the mean  $\pm$  SEM; \*P = 0.05, \*\*P = 0.0088 (Fig.8b, TauO vs CTR) and \*\*P = 0.0065 (Fig.8b, A $\beta$ O +TauO vs CTR) and \*\*\*\*P < 0.0001 compared with the basal levels (biological replicates n = 3; three technical repeats, ordinary one-way ANOVA plus Dunnett's multiple comparison test).

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [SupplementaryTable1SupplementaryMethod.docx](#)
- [Supplementarymethods.tif](#)
- [SupplementaryFigure1.tif](#)
- [SupplementaryFigure2.tif](#)
- [SupplementaryFigure3.tif](#)
- [SupplementaryFigure4.tif](#)
- [SupplementaryFigure5.tif](#)
- [SupplementaryFigure6.tif](#)