

The genomics of exceptional longevity in rockfishes refine genetic foundations of human lifespan variation

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Genomics of exceptional longevity in rockfishes refine genetic foundations of human lifespan variation

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1 **Abstract**

2 Longevity is a defining, heritable trait that varies dramatically between species. To resolve the
3 genetic regulation of this trait, we have mined genomic variation in rockfishes, ranging in
4 longevity from 11 to over 205 years. Shifts in rockfish longevity occurred multiple times
5 independently, and in a short evolutionary time frame, thus empowering convergence analyses.
6 Our analyses reveal a common network of genes under convergent restricted evolution in long-
7 lived lineages, encompassing established aging regulators such as insulin-signaling, yet also
8 identify flavonoid (aryl-hydrocarbon) metabolism as a novel pathway modulating longevity.
9 Further, these genes were used to refine human longevity GWAS, identifying the aryl-
10 hydrocarbon metabolism pathway to be significantly associated with the 99th percentile of human
11 longevity, independently validating its importance and conservation. This evolutionary
12 intersection highlights a novel, conserved genetic architecture that associates with the evolution
13 of longevity across vertebrates and provides actionable targets for research into lifespan and
14 healthspan modulation.

1 **Introduction**

2 Aging pathologies may be delayed, ameliorated, or prevented in aggregate by targeting the
3 foundational declines in homeostasis and function arising over time. Knowledge of foundational
4 targets suitable for this intervention remains limited, yet evolution has already leveraged such
5 targets in the production of a vast diversity of longevities, including those well beyond a human
6 lifespan. Various species undergo aging, and the associated functional declines, at wildly
7 different rates and timings. As these traits are heritable and defining for many species, the
8 underlying genetic mechanisms can be tracked through comparative genomic approaches.

9 Research into the genetic regulation of longevity has primarily focused on model organisms
10 with lifespans on the order of weeks, months, or a few years, enabling broad screens and timely
11 study of experimental interventions. However, short-lived models represent a fundamentally
12 different evolutionary strategy than humans, and the idiosyncrasies influencing their longevity
13 may not apply to our end of the aging spectrum. Despite great strides in unraveling mechanisms
14 of aging in practicable rodent models, they are still limited to 20-50% life extension when
15 targeting canonical aging pathways (Liang et al., 2003). Results to date may have been insulated
16 from the broader regulation of longevity itself by the utility of, and focus on, short-lived models.

17 The best dietary, pharmaceutical, and/or genetic manipulations in model organisms pales in
18 comparison to the lifespan variation between species. There are many examples of long-lived
19 animals that have evolved to endure the rigors of time - including those well past a human
20 lifespan - such as the 507-year-old bivalve *Arctica islandica* (Ridgway et al., 2010), nearly 400
21 years for the Greenland shark, and over 200 years for bowhead whales (Keane et al., 2015). The
22 Rougheye Rockfish, *Sebastes aleutianus*, is one such vertebrate species, with a maximum
23 lifespan over 205 years (Munk, Kristen M., 2001) as determined from growth ring annuli in
24 otoliths (Craig R. Kestelle et al., 2000). Regardless of the aging theory – oxidative damage,
25 proteostasis collapse, DNA damage, telomere/genomic maintenance, epigenetic drift, etc. –
26 *S.aleutianus* resists the deleterious effects of age for over two centuries, enduring the variety of
27 internal and external stressors assured with time (Kikis et al., 2010; Koga et al., 2011).

28 *S. aleutianus* is not the only rockfish lineage with this exceptional capability. The clade
29 encompasses at least 107 extant species, ranging in maximum longevity from 12 to 205 years
30 (**Figure 1**) (Munk, Kristen M., 2001). Propitiously, multiple, independent lineages exhibit
31 impressive lifespans (**Figure 2B**), imparting power into comparative approaches (Heras and
32 Aguilar, 2019; Kolora et al., 2021). Such approaches are further augmented by the relative youth
33 of the *Sebastes* clade, emerging about eight million years ago, as calibrated by molecular clocks
34 and supported with well-characterized paleo-geographic landmarks (Hyde and Vetter, 2007).
35 This recent emergence helps to minimize genetic noise between species; the comparisons are as
36 similar as possible and genetic differences between the short- and long-lived lineages are more
37 likely to be facilitating that phenotypic change.

38 Critically, the variation in rockfish longevity is only weakly correlated with size (**Figure 1**),
39 or ecological determinates such as temperature and depth (Hua et al., 2015). The independence
40 from common longevity correlates will minimize the contamination of putative longevity

1 mechanisms with those facilitating the other traits (Austad and Fischer, 1991). This
2 independence is especially evident with ecological comparisons; comparator fish lineages rarely
3 make it past two decades, even those that reach substantially larger sizes and live in overlapping
4 environments (**Figure 1**). The largest fishes living in these waters, like the 2.53m, 363kg pacific
5 halibut, only reaches a quarter of the lifespan of *S. aleutianus*. Rockfish longevity is truly
6 exceptional, and their diversity, availability, and recent emergence combine to provide a unique
7 opportunity for comparative genomics to elucidate the genetic mechanisms of phenotypic change
8 (Seeb, L.W., 1986), particularly the regulation of longevity.

9 The conservation of genetic mechanisms between vertebrates, particularly of aging, suggests
10 that mechanisms underlying exceptional longevity may apply across species. This concept
11 empowers potent meta-analyses, where broad evolutionary comparisons of exceptional
12 longevity, within and between species, can refine our knowledge of fundamental mechanisms.
13 Here, we leverage the rich diversity of rockfish longevities along with the massive sampling and
14 characterization available for human population genetics of longevity (Deelen et al., 2019). The
15 intersection of these approaches reveals actionable targets to modulate vertebrate lifespan.

16 **Results**

17 **Targeted Capture, Sequencing, Assembly, and Rockfish Phylogeny**

18 Modern methods for convergence analyses rely on high quality genomes and annotations at high
19 taxonomic densities. This requirement often precludes analysis of novel, poorly studied groups
20 (Gayral et al., 2013). Such investigations would necessarily lack genomic resources of sufficient
21 quality and taxonomic breadth to resolve trait-associated variation from other shared or species-
22 specific variation. This is particularly problematic, yet prevalent, in the investigation of
23 exceptional longevity; most notable occurrences are singular events, either in one isolated
24 lineage, or shared by the entire group (Kim et al., 2011; Wirthlin et al., 2018). The consequence
25 is a shortage of meaningful comparisons to subtract variation unrelated to the trait of interest.
26 The *Sebastes* genus, with their multiple independent losses of exceptional longevity, can provide
27 these comparisons.

28 To fully capitalize on the *Sebastes* natural experiment in modulating longevity, we expanded
29 upon our recently developed phylogenomic mapping strategy (Daane et al., 2016), permitting
30 broad sampling and sequencing of novel lineages with minimal established genomic resources.
31 Twenty-three rockfish species, representing the shortest- (average 22 years) and longest-lived
32 extremes (average 108 years) were sequenced using a pan-perciforme oligoarray containing
33 285,872 coding elements, 118,406 conserved noncoding elements, 2,508 ultraconserved
34 noncoding elements, and 298 miRNAs. These targets were derived from broad synthesis of
35 available genomic data from close relatives (**Supplemental F1**). As an outgroup, the northern
36 sea robin *Prionotus carolinus* was included to root the analyses. Using the well-annotated
37 Stickleback genome as the core reference, we recovered and reconstructed an average of 93% of
38 conserved elements (coding and non-coding) at an average depth of 24x, spanning an average of
39 43,120,434 bases. It should be noted that less than 100% coverage is expected, as many elements
40 will be unique to the reference genomes and/or lost in rockfish evolution. As pooled populations

1 were used for each lineage, both fixed and variable alleles were identified for each lineage
2 **(Figure 2A, Supplemental T2).**

3 To generate a species tree for comparative analyses, a set of universal, high-coverage exons
4 were concatenated, spanning 6,530,274 bases, and used to generate a high-support phylogeny
5 with IQTree using model finder (Hoang et al., 2018; Kalyaanamoorthy et al., 2017) All nodes
6 have greater than 99% bootstrap support, providing a valuable foundation for downstream
7 analyses and resolving rockfish evolutionary relationships **(Figure 2B).**

8 **Longer-lived Rockfish lineages have fewer changes from the ancestral state**

9 Given the phylogeny of the rockfish clade and the prevalence of such rare longevities within the
10 genus and greater *Sebastidae* family, the evolution of longevity extending mechanisms likely
11 arose early and are shared among long-lived rockfish, yet were independently lost in the many
12 short-lived lineages. The pattern of branch lengths on the phylogeny hint that long-lived species
13 may have a reduced mutational load as compared to the short-lived, or equivalently, the short-
14 lived species have an enhanced mutational load. To quantify this pattern, ancestral sequences
15 were reconstructed with IQTree, and the percent identity of each terminal branch was calculated
16 as compared to each node ancestral to that branch. At every node, the average percent difference
17 of the long-lived descendants was lower than the short-lived, represented as a consistent ratio
18 below 1.0 **(Figure 2B)**. At the root, where all species are included, there is a significant linear
19 relationship between longevity and percent identity ($p = 1.78e-06$). This relationship is also
20 significant when bundling the short- and long-lived species as a binary trait ($p = 0.0047$)**(Figure**
21 **2C)**. These data support the notion that the evolution of extended longevity occurred early in the
22 stem rockfish and was subsequently lost in independent lineages.

23 **Specific genes and gene sets are under selective constraint in long-lived Rockfish**

24 The percent identity results indicate that genome-wide evolutionary rate shifts have been altered
25 alongside longevity. We next asked if these shifts were enriched at specific, functional loci,
26 identifying them as longevity mechanisms. The captured and sequenced coding regions were
27 concatenated into genes and gene trees were generated with IQTree. These gene trees were
28 analyzed with TRACCER to quantify convergent rate shifts associated with longevity (Treaster
29 et al., 2021a). As compared to a control set of species, the result was enriched for significant
30 genes, indicated as the bars above the baseline expected at low p-values. The control has a slight
31 enrichment as well, likely due to the difficulties in selecting an unbiased control group when all
32 the lineages were explicitly chosen for sequencing based on their extreme trait status **(Figure**
33 **3A)**. Critically, this effect is muted when the results are expanded upon with GO Enrichment.
34 We first used direct annotations only, to help minimize redundant terms and increase specificity.
35 We again find a dramatic enrichment at low p-values for longevity, while the control group
36 matches the distribution expected by chance **(Figure 3B)**. These results are recapitulated when
37 using indirect annotations as well **(Supplemental T5)**. This indicates that not only are specific
38 genes being maintained with longevity, but these patterns underly specific functions.

39 The top genes include *pla2g10*, *tcb1*, *cpsf7*, *nhlrc2*, *morn5*, *gpc6*, *rbbp6*, *ccdc25*, *otud4*,
40 *hyoul*, *cdadc1* and *scaf8*. While individually they are only marginally significant, the collection

1 is enriched and in total have a false discovery rate (FDR) of only 0.27, representing the major
2 FDR inflection point (**Figure 3C, Supplemental T3**). Interestingly, these genes are not driving
3 the signal in the significantly enriched gene sets, which include “positive regulation of glycogen
4 biosynthesis” and “flavonoid metabolism”, with low FDRs of 0.019 and 0.009 respectively
5 (**Figure 3D, Supplemental T4**). Both terms are undergoing evolutionary constraint in long-lived
6 lineages, suggesting that the ancestral rockfish was also long-lived.

7 As a proof of concept of the approach and dataset, the glycogen biosynthesis term has
8 substantial overlap with insulin signaling pathways, and indeed the most significant gene in the
9 set is insulin receptor (*insr*) ($p = 0.003$). Insulin signaling has been implicated in the aging
10 process and longevity in a wide variety of models (Kenyon, 2010; Singh et al., 2019). *Insr* was
11 one of the life-history genes identified as undergoing relaxed selection in the evolution of
12 shortened longevity in killifish radiations (Cui et al., 2019); *ie.* the same gene is undergoing the
13 same evolutionary pressures in independent examples of shortened longevity. Beyond insulin
14 signaling, several genes previously associated with aging were also identified in rockfish,
15 including *sirt2* ($p = 0.001$) (Wang et al., 2019), and *app* ($p = 0.003$), the titular source of amyloid
16 fibrils in Alzheimer’s disease, but also involved in diverse signaling pathways (Müller et al.,
17 2017). Notably, the 6th ranked gene, *gpc6* ($p = 1.12E-04$), has also been associated with
18 increased lifespan in human populations (Sebastiani et al., 2012, 2013). The highest ranked gene
19 for convergent evolution with rockfish longevity is *pla2g10*, encoding a secreted phospholipase
20 (sPLA) which has not been previously associated with aging or longevity (**Figure 3E**).
21 Intriguingly, sPLA2s bind to PLA2R1, which has been described as the “master regulator of
22 cellular senescence”, acting through reactive oxygen species, DNA damage, and p53 (Augert et
23 al., 2009; Bernard and Vindrieux, 2014; Griveau et al., 2018; Vindrieux et al., 2013).

24 **Rockfish longevity results provides a lens to refine human longevity GWAS to significance.**

25 Previous efforts to associate loci with the regulation of longevity in humans have been hindered
26 by the complexity of the trait and the statistical burden of multiple hypothesis testing across the
27 genome. Given the conservation of core mechanisms among vertebrates, we used the resulting
28 genes and gene sets from the rockfish analysis as enriched windows to refine the largest human
29 GWAS of longevity to date (Deelen et al., 2019), dramatically reducing number of hypotheses
30 tested.

31 Because mapping the functionality of orthologs may not perfectly match across vast
32 evolutionary time, we also used the rockfish enriched GO Term sets directly as a Rosetta stone to
33 translate functionality between species. The directly annotated terms include flavonoid
34 metabolism and glycogen biosynthesis (**Figure 4A**). In addition, we made a custom gene set
35 defined using the top TRACCER genes with a combined FDR of 0.27, along with only the most
36 significant genes ($p < 0.1$) driving the signal of the enriched indirect GO Terms (FDR < 0.1)
37 (**Supplemental Figure 2, Supplemental T5**). Network analysis on this Rockfish Longevity
38 Network with GeneMANIA (Mostafavi et al., 2008) demonstrate substantial interactions across
39 functional groups (**Figure 4B**). For instance, APP, one of the genes driving the significance of
40 the carbohydrate metabolism gene set, physically interacts with members of each of the

1 functional groups. These interactions suggest the convergence rate analysis has resolved an
2 extended network.

3 These gene sets were intersected with results from the worldwide GWAS for human
4 longevity by Deelen and colleagues (Deelen et al., 2019). While the glycogen term was not
5 significant, SNPs within the flavonoid metabolism gene set were significantly associated with
6 survival to the 99th percentile (FDR-adjusted $p = 0.01$) in association with human longevity at the
7 99th percentile. Further, we identified the custom Rockfish Longevity Network with survival to
8 the 90th percentile (FDR-adjusted $p = 0.051$), while APP ($p = 0.004$), PTGER ($p = 0.018$),
9 LHCGR ($p = 0.022$), SULT1B1 ($p = 0.025$) and MORN5 ($p = 0.044$) within that set each passed
10 significance threshold at the 90th or 99th percentile. (Figure 4C, Supplemental T6, T7)

11 Discussion

12 There is conserved genetic architecture shared by all vertebrates (Lindblad-Toh et al., 2011),
13 including that which outlines longevity (Kowalczyk et al., 2020; Mayne et al., 2019). Nutrient
14 signaling and growth pathways have been implicated as lifespan factors across Metazoa, but the
15 specific changes that set the arc of dwarf goby's life to only sixty days (Depczynski and
16 Bellwood, 2005), a mouse to four years, and humans to roughly eighty, have remained
17 undefined. Evolution modulates and selects for these life-history traits through shaping genomic
18 controls, but disentangling the effective variation from other, species-specific changes is
19 improbable in isolated species genomes. However, with independent evolutionary occurrences,
20 and with elastic measures capable of bridging diverse genetic contexts, shared signatures can be
21 identified across species (Treaster et al., 2021b). Here, we leverage the exceptional longevity and
22 diversity of rockfishes along with human population diversity, and use functional gene sets to
23 translate between genetic contexts.

24 Fish longevities past 100 years are exceedingly rare, yet it is common in the rockfish
25 clade and in the greater *Sebastidae* family. Given this, at least eight million years ago rockfish
26 likely evolved exceptional longevity and then independent lineages have since lost this ability.
27 The genetic systems that facilitate this remarkable ability can be expected to lose selective
28 pressure in conjunction with the loss of the trait. Our phylogeny and reconstructed ancestral
29 sequences revealed genome-wide evolutionary rate shifts alongside changes in longevity; long-
30 lived lineages have fewer changes overall and are more similar to reconstructed ancestral
31 sequences than the short-lived lineages. As expected, this trend in percent identity suggests a
32 relaxation in selection and/or an increase in mutational burden in the short-lived lineages. This
33 pattern has been demonstrated in other radiations with variable longevities, such as killifish (Cui
34 et al., 2019), and is likely due to reduced investments in germline maintenance (Maklakov and
35 Immler, 2016) increasing the genetic drift between generations.

36 The ancestral state of exceptional longevity in rockfishes is reinforced by our
37 convergence analysis; specific loci and functional gene sets are convergently undergoing
38 restricted evolution in long-lived lineages to maintain that ancestral state. The TRACCER
39 analysis method has demonstrated success with this strategy in the evolution of mammalian
40

1 longevity and marine transitions, with a key feature of the method remaining agnostic to
2 ancestral state (Treaster et al., 2021a). Recent analysis of rockfish genomes (Kolora et al., 2021)
3 and transcriptomes (Heras and Aguilar, 2019) have assumed exceptional longevity is derived and
4 focus on branch-site positive selection that may be mistargeted, or on relative rate analyses that
5 hinge upon problematic ancestral state inferences (Kowalczyk et al., 2018; Treaster et al.,
6 2021a).

7 Here, our convergence analyses resolved two significant gene sets that are specifically
8 maintained in long-lived rockfish lineages: glycogen biosynthesis and flavonoid metabolism.
9 Glycogen biosynthesis incorporates the iconic insulin-like signaling (ILS) pathways and can be
10 modulated with caloric restriction. These are conserved routes for lifespan modulation across
11 models. Discovered in forward genetic screens in nematode worms (Dorman et al., 1995;
12 Kenyon et al., 1993), the role of glucose and energy metabolism in aging continues to be refined
13 (Gusarov et al., 2017) and retains relevance across vertebrates, mammals (Holzenberger et al.,
14 2003), and humans (Deelen et al., 2013; Flachsbart et al., 2017; Grossi et al., 2018; Soerensen et
15 al., 2012; Suh et al., 2008; Tazearslan et al., 2011; Willcox et al., 2008). Recent analysis of rare
16 coding variants in centenarians converge on ILS pathways (Lin et al., 2021). The most
17 significant gene in the glycogen biosynthesis gene set, and driving its enrichment in long-lived
18 rockfishes, is *insulin receptor* itself. This is an auspicious proof-of-concept of our rockfish
19 comparative analysis and lends credence to the novel “flavonoid metabolism” gene set that has
20 hitherto been unappreciated in the regulations and evolution of longevity.

21 Flavonoids are a diverse and abundant chemical group that share two phenyl rings and a
22 heterocyclic ring. They are plant metabolites, although they have a plethora of cellular
23 consequences in animals, including anti-oxidative, anti-inflammatory, anti-mutagenic and anti-
24 carcinogenic properties, and can modulate key cellular signaling and enzymatic pathways
25 (Panche et al., 2016). With such a diversity of potencies, it is unsurprising that flavonoids can
26 influence aging and longevity, and many have been tested to that effect (Pallauf et al., 2017).
27 However, the “flavonoid” nomenclature undermines the broader role of this gene set in
28 detoxification pathways, processing xenobiotic chemicals, and endogenous signal processing.
29 The aryl hydrocarbons in flavonoids are detected and induce machinery to neutralize and remove
30 these active metabolites, with a variety of downstream signaling consequences with both pro-
31 and anti-aging effects (Brinkmann et al., 2020; McElwee et al., 2004). The Aryl Hydrocarbon
32 Receptor, AhR, is the highly conserved master transcription factor for these responses, triggering
33 xenobiotic responsive genes like Cyp1a and sulfur transferases (Ashida et al., 2008; Yueh et al.,
34 2003) - key members of the flavonoid metabolism gene set. Although the precise ligand
35 interactions have proven complex and elusive (Xue et al., 2017), various flavonoids have
36 demonstrated influence on these AhR-pathways, which is how the flavonoid gene set derives its
37 name. The downstream effects of these responsive elements include not only detoxification, but
38 also regulation of hormones and neurotransmitters (Huang et al., 2009). Such xenobiotic
39 metabolism has been linked to longevity (Steinbaugh et al., 2012). The pleiotropic integration of
40 aryl-hydrocarbon metabolism and hormonal signaling will have dramatic consequences for

1 growth, energy metabolism, developmental timing, and ultimately aging (Li et al., 2017; Mueller
2 et al., 2015; Visser, 1994).

3 PLA2G10, the most significant gene in our convergent rate analysis, has the highest ability
4 among secreted phospholipases to hydrolyze phosphatidylcholine, which promotes inflammation
5 by driving arachidonic acid (AA) production (Samuelsson, 1991) and elevated eicosanoid levels
6 (Wang et al., 2021). Linking back to aryl-hydrocarbon metabolism, AA can also stimulate AhR
7 (Seidel et al., 2001). AA metabolites such as lipoic acid (LX; LXA4) are tied to inflammation
8 and can ameliorate the aging process (Kniazeva and Han, 2013; O'Rourke et al., 2013). Both
9 regulation of polyunsaturated fatty acid synthesis and lipoic acid are down regulated in human
10 elderly, and the resulting imbalance in AA metabolism removes the brakes from inflammatory
11 reactions (Gangemi et al., 2005). These fatty acid pathways, and their interaction with aryl-
12 hydrocarbon metabolism, define a potentially common axis by which longevity may be
13 modulated. The potential of sPLAs as therapeutic targets in cancer, metabolism, and
14 inflammation have already been noted (Yarla et al., 2016; Zhang et al., 2020). Intriguingly,
15 sPLA2s are entangled with flavonoid metabolism as well. sPLA2 decreases in aged skin, but can
16 be rescued with hesperidin, a flavonone (Man et al., 2015). Red ginseng, rich in the flavonoid
17 catechin (Kim, 2016), extends lifespan in flies and upregulates sPLA2 (Hou et al., 2020).

18 A utility of such evolutionary refined gene sets is to inform analyses in other models under
19 the principle of conservation. To validate the role of these targets in longevity across vertebrates,
20 we used them as a lens to filter and refine the largest GWAS for longevity in humans (Deelen et
21 al., 2019). Human GWAS is empowered by massive sampling and accurate characterization, but
22 its ability to trace complex, multifactorial traits has been disappointing (Baghdadi, Karasik et al.
23 2019). Signals for longevity routinely fall short of significance due to multiple hypothesis testing
24 across the genome and the complexity of the trait. However, by focusing on the genes and gene
25 sets implicated in exceptional rockfish longevity, multiple hypothesis testing is reduced. Notably,
26 the flavonoid metabolism gene set is again revealed as significant, with an FDR adjusted p-value
27 of 0.01 for association with human longevity to the 99th percentile. We also identify the custom
28 Rockfish Longevity Network as associating with human longevity to the 90th percentile (FDR
29 adjusted p = 0.051). Within these sets, we also identify APP, IGF1, LHCGR, C1QTNF2,
30 SULT1B1, and MORN5, though the strongest signal is at the set level, suggesting the longevity
31 architecture is modulated as a group. These findings independently validate the rockfish sets
32 through conservation and provide new, entrenched mechanisms associating with increased
33 lifespan in diverse vertebrate lineages.

34 We have capitalized on variation in clades exhibiting exceptional longevity through
35 convergence analyses and translated those results with functional gene sets to identify variation
36 associating with longevity in human populations. Age is the greatest risk factor for the diseases
37 that plague modern society – cancer, Alzheimer's, heart disease, etc. – and medical research has
38 traditionally focused on ameliorating these pathologies. As our understanding of longevity
39 increases, it becomes attractive to instead target the aging process directly. We now have critical
40 information from unconventional species that resist these deleterious effects for centuries, and

1 functional loci validated with human population variants. These exceptional fish lineages have
2 already arrived at solutions to the aging problem, while others even have age-related
3 improvements in health (Sauer et al., 2021). The specific loci identified here, and their unique
4 variations in both humans and rockfish, are auspicious targets for future interventions to delay,
5 ameliorate, or even prevent aging and age-related diseases in humans.

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15 **Methods**

16 Tissue Sampling

17 Rockfish tissue samples were obtained from collections obtained by Oregon State University and
18 Burke Museum (curt. Luke Torneborne). Sea Robin tissues graciously provided by Department
19 of Marine Resources, Marine Biology Laboratories, Woods Hole. Sample identity and source
20 can be found in Supplemental Table S1. Identities were confirmed by PCR amplification and
21 Sanger sequencing of Cytochrome B.

22 Capture Design, Sequencing, and Conservome Assembly

24 *Targeted Sequence Capture Design*

25 The sequence capture design targets protein-coding exons as well as a set of conserved non-
26 protein coding elements (CNEs), miRNA hairpins, and ultraconservative non-coding elements
27 (UCNEs). As many of the available perciform genomes were fragmented and poorly annotated at
28 the time of sequence capture design, we generated a list of conserved protein coding and CNE
29 regions from the genomes of the three-spined stickleback

30 *Gasterosteus aculeatus* (BROAD S1), the Japanese medaka (*Oryzias latipes*, MEDAKA1) and
31 green spotted puffer *Tetraodon nigroviridis* (TETRAODON 8.0). Protein coding exons were
32 extracted from Ensembl BioMart (Kinsella et al., 2011). CNEs were defined from the
33 constrained regions in the Ensembl compara 11-way teleost alignment (Ensembl release-
34 91)(Herrero et al., 2016). We removed CNEs < 50bp in length to facilitate space in the capture
35 design. miRNA hairpins were extracted from miRbase and ultraconservative elements (UCNEs)
36 from UCNEbase (Dimitrieva and Bucher, 2013; Kozomara and Griffiths-Jones, 2011). These
37 elements were identified within each reference genome using BLASTN (ncbi-blast-2.2.30+;
38 parameters '-max_target_seqs 1 -outfmt 6') or through direct annotations where available.
39 miRNA hairpins were padded to be at least 100 bp. To verify these sites as non-coding, we
40 eliminated CNEs, miRNAs and UCNEs that overlapped coding exons using Bedtools (v2.26.0)

1 intersectBed (Quinlan and Hall, 2010). In the event CNEs were also defined as miRNAs or
2 UCNEs, we prioritized miRNA and UCNE annotations.

3 We aimed to design a series of oligonucleotide capture baits that could efficiently enrich
4 DNA sequencing libraries across Perciformes, a large order of more than 2,200 species (Nelson
5 et al., 2016). We used BLASTN (ncbi-blast-2.2.30+; parameters '-max_target_seqs 1 -outfmt 6')
6 to identify each targeted element within multiple perciform genome assemblies. The majority of
7 capture baits were designed against the genome of the Chabot de Rhénanie *Cottus rhenanus*
8 (ASM145555v1). To account for the possibility that specific genetic regions may be absent or
9 highly divergent in this sculpin genome but conserved in the broader Perciformes order, we
10 iteratively designed capture baits from the genomes of the shorthorn sculpin *Myoxocephalus*
11 *scorpius* (ASM90031295v1)(Malmstrøm et al., 2016), the sablefish *Anoplopoma fimbria*
12 (AnoFim1.0)(Rondeau et al., 2013), the golden redfish *Sebastes norvegicus*
13 (ASM90030265v1)(Malmstrøm et al., 2016), the flag rockfish *Sebastes rubrivinctus* (SRub1.0),
14 the rougheye rockfish *Sebastes aleutianus* (ASM191080v2), the European perch *Perca fluviatilis*
15 (ASM90030264v1)(Malmstrøm et al., 2016), and the three-spined stickleback *Gasterosteus*
16 *aculeatus* (BROAD S1). As an example, we included capture baits from the *M. scorpius* genome
17 if the targeted elements were either not identified (coverage <70% or a BLASTN E-value
18 >0.001), and/or had < 85% identity to the orthologous element within the *C. rhenanus* genome.
19 This process is then repeated such that elements from *A. fimbria* are compared to both the *M.*
20 *scorpius* and *C. rhenanus* targets. As a result of this process, there will be oligonucleotide
21 capture baits of at least 85% identity to each targeted sequence for every perciform genome used
22 in the capture design. This multi-species 'phylochip' design enables usage of these baits to
23 sequence large numbers of distantly-related perciform fish species.

24 SeqCap EZ Developer (cat #06471684001) capture oligos were designed in collaboration
25 with the Nimblegen design team to standardize oligo annealing temperature, reduce probe
26 redundancy, and to remove low complexity DNA regions. The capture design contained
27 sequence from 492,506 regions (81,493,221 total bp) across all 8 perciform reference genomes.
28 Accounting for probe redundancy between the perciform reference genomes, the final capture
29 design comprised 407,084 distinct elements, including 285,872 protein coding exons, 118,406
30 conserved non-coding elements, 298 miRNAs and 2,508 UCNEs (**Figure S1**).

31 32 *Sequencing library preparation*

33 DNA was extracted from multiple individuals of each species using the Qiagen DNeasy Blood &
34 Tissue Kit (cat# 69504). For each species, equal quantities of DNA were pooled from each
35 individual prior to library preparation and sequencing. The DNA pools were diluted in a shearing
36 buffer (10 mM Tris, 0.1 mM EDTA, pH 8.3) and were mechanically sheared to an average size
37 of 200bp in a Covaris E220 ultrasonicator (duty cycle, 10%; intensity, 5; cycles/burst, 200; time,
38 400 seconds; temperature, 8°C). Barcoded sequencing libraries were generated using a KAPA
39 HyperPrep Kit (Roche, No. 07137923001) following the Nimblegen SeqCap EZ Library
40 protocol (Version 4.3) and using dual-SPRI (solid phase reversible immobilization) size selection

1 to generate libraries of 200-450 bp. The libraries were hybridized to the capture baits according
2 to the SeqCap EZ Library protocol. To allow for more mismatches between libraries and baits,
3 the libraries were hybridized to the capture baits and washed at a reduced stringency of 45°C
4 instead of the manufacturer recommended temperature of 47°C. The SeqCap EZ Developer
5 Reagent was used (cat #06684335001) in place of Human CotI DNA during hybridization.
6 Multiple barcoded libraries were then pooled for 100bp single end sequencing with an Illumina
7 HiSeq 2500.

8

9 *Reference contig assembly*

10 As described in Daane *et al.* (Daane et al., 2019), we used the Phylomapping *de novo* assembly
11 pipeline to generate reference contigs for each species. Briefly, we removed duplicate reads and
12 masked low-quality bases with the FASTX toolkit (http://hannonlab.cshl.edu/fastx_toolkit).
13 Library adaptor sequences were removed using Trimmomatic v.0.36 (Bolger et al., 2014).
14 Sequencing reads were binned by orthology to target regions in the *G. aculeatus*, *T. nigroviridis*
15 and *O. latipes* reference genomes using BLASTN and dc-megaBLAST. The binned sequencing
16 reads were assembled into contigs *de novo* using CAP3 and UCLUST (Edgar, 2010; Huang,
17 1999). To recruit previously unmapped reads to the analysis, all sequencing reads were aligned
18 back to the assembled contigs using NextGenMap (Sedlazeck et al., 2013). All reads were re-
19 assembled using CAP3 in a second round of *de novo* assembly. If multiple contigs are assembled
20 for any given element (for example, exon, CNE), the multiple contigs were then merged if they
21 overlapped and had >95% identity. This pipeline results in the creation of consensus contig
22 sequence(s) for each target region. Contigs were automatically annotated according to the
23 orthologous element within the reference genome that was identified using BLAST and
24 subsequently used to scaffold and refine contig assembly. See Daane *et al.* for details (Daane et
25 al., 2019).

26

27 *Identification of orthologs*

28 Contigs from each species are considered orthologs if they are assembled based on the same
29 targeted element. However, if multiple contigs are assembled for a given targeted element, we
30 assigned orthology using a gene tree-species tree reconciliation approach. Contigs for all species
31 were aligned using MAFFT v7.313 (parameters '-op 10 -ep 10') (Kato and Standley, 2013) and a
32 maximum likelihood tree generated using IQTree v1.7beta2 (parameters '-alrt 1000') (Nguyen et
33 al., 2015). We then used Notung-2.9 (parameters '-reconcile-rearrange-silent-threshold 90%-
34 treeoutput nhx') (Chen et al., 2000) to perform gene tree reconciliation and to infer patterns of
35 gene loss and duplication. The total number of duplication and loss events across the phylogeny
36 as estimated by Notung was then compared to a scenario where all copy number variation is
37 species-specific. The most parsimonious scenario with the fewest total gain/loss events was
38 selected. Using this approach, orthologs can be accurately paired as long as there $\geq 4-6\%$
39 variation between paralogous sequences, which coincides with thresholds of variation necessary
40 to distinguish copy number variation during contig assembly (Daane et al., 2019).

1
2 *Read coverage and depth of targeted regions*
3 The target regions (exons, CNEs, etc.) were originally defined from the *G. aculeatus*, *T.*
4 *nigroviridis*, and *O. latipes* reference genomes. To estimate sequencing coverage of these
5 targeted regions in our assembly, we lifted our assembled contig read alignment data to the
6 orthologous region within each reference genome. First, sequencing reads were aligned to the
7 assembled contigs using NextGenMap v0.5.5 (Sedlazeck et al., 2013). The assembled contigs
8 were then pairwise aligned to the target regions within the reference genome using Biopython
9 v.1.70 (parameters 'pairwise2; match = 5, mismatch = -4, gap_open = -15, gap_extend = -1').
10 Finally, data from this pairwise alignment, including indels, were used to map the aligned
11 sequencing reads from the assembled contigs to the reference genome. Alignments were
12 converted from SAM to BAM format and indexed using SAMtools (v1.9)(Li et al., 2009) and
13 were visually inspected for accuracy in the Integrative Genome Viewer(Robinson et al., 2011).
14 Coverage is defined as the proportion of targeted bases overlapping at least one sequencing read.
15 Coverage and depth was calculated with BEDTools v2.23.0 coverageBed (parameters '-
16 d')(Quinlan and Hall, 2010).

17
18 *Multiple sequence alignment*
19 Orthologous sequences were aligned using MAFFT v 7.313 (parameters '-maxiterate 1000 -
20 localpair -op 10 -ep')(Kato and Standley, 2013). If the MAFFT alignment predicted an indel
21 within coding sequences, we re-aligned these exons as codon alignments using the frameshift-
22 aware multiple sequence alignment software MACSE v2.03 (parameters 'prog alignSequences -
23 seq -seq_lr -fs_lr 10 -stop_lr 15')(Ranwez et al., 2011).

24
25 *Reconstruction of gene sequences*
26 Individual exons were reconstructed into full gene sequences. Single copy exons were
27 concatenated in gene order as found in the *G. aculeatus* (three-spined stickleback;BROAD S1),
28 *T. nigroviridis* (green spotted pufferfish; TETRAODON 8.0), or *O. latipes* (Japanese medaka,
29 MEDAKA1) reference genomes. For each rockfish we reconstructed a total of 27,645 gene
30 sequences.

31
32 *Data availability*
33 Raw short sequencing read data will be deposited on the NCBI Sequence Read Archive (SRA).
34 Assembled contigs and gene tree data will be deposited in the Zenodo data repository.

35
36 Tree Construction
37 Coding sequences with greater than 90% coverage in every sampled species, and longer than
38 2000 bases, were aligned and concatenated. The resulting 6,530,274 bases were analyzed with
39 IQTree's substitution model finder, identifying GY+F+R3, and generating the rockfish
40 phylogeny with greater than 99% support at every node. Individual gene trees for rate analysis
41 used the same model and were fixed to the species tree topology.

Relative Rate Analysis

Convergent rate analysis was performed with TRACCER (Treaster et al., 2021a) on the 23 rockfish species and sea robin outgroup. *Sebastes borealis*, *aleutianus*, *crameri*, *alutus*, *ruberrimus*, *melanostomus*, *diploproa*, *pinniger*, *maliger*, *melanops*, *rufus*, *babcocki*, *helvomaculatus* were flagged as long-lived, while *Sebastes emphaeus*, *glaucus*, *seminictus*, *rastrelliger*, *auriculatus*, *jordani*, *hopkinsi*, *rubrivinctus*, *umbrosus*, *chlorostictus* and *Prionotus carolinus* were flagged as short-lived. Gene trees were discarded if they had fewer than 12 lineages, 6 long-lived lineages, or 5 short-lived lineages, as the rates of the remaining representatives were unlikely to be informative for the trait. The ranking transformation was used for both scoring and phylogenetic distance scaling. FDRs are calculated as the expected number of hits at that significance divided by the number of actual hits at that significance or better (Benjamini and Hochberg, 1995).

Gene Set Enrichment

GO Terms were harvested from Ensembl by combining the annotations across orthologs of well-characterized genomes, including human, mice, zebrafish, stickleback, and medaka. Terms with less than three members, or more than one hundred, were discarded as being uninformative or misleading in the context of set enrichment. Gene set enrichment was calculated with the SUMSTAT approach, which has demonstrated power, flexibility, and simplicity over competing gene set enrichment analyses (Ackermann and Strimmer, 2009; Chen et al., 2010; Tintle et al., 2009). SUMSTAT was performed with log transformed p-values from each analysis, with an additional square root transformation to undermine outliers. In short, the square-rooted, log transformed p-values for each gene in a set were summed and compared to a distribution of randomly sampled scores of the same set size to determine an enrichment p-value. FDRs are calculated as above. These methods were applied with both direct and indirect annotations. Direct annotations were used when trying to minimize redundancy between terms and ensure specificity. Indirect annotations were used when feeding into network analyses, ensuring the broader scopes are included, while using only the most significant ($p < 0.1$) genes in each significant term.

Human Genetics of Longevity

Orthologs from fish to humans were taken directly from Ensembl when available (ensembl.org). Those that did not have an annotated ortholog were mapped using pBLAST against the human proteome and confirmed if they found a hit with an E-value less than $1e-30$ and percent identity greater than 40. The remaining fish genes were dropped. The orthologous human genes were used with data from GWAS for human longevity (Deelen et al., 2019). MAGMA (Leeuw et al., 2015) was used to assign P-values to genes based on the lowest p-value for a genetic variant within or around a gene coordinates, including 50 kb up- and downstream. The association data of the genetic variants used to assign the p-values was extracted from the 90th and 99th survival percentile analyses summary results from Deelen and colleagues (Deelen et al., 2019). Gene-set

1 enrichment analysis was performed using the GO-terms coming from the Rockfish with the
2 human orthologous genes using the standard settings in MAGMA.

3
4

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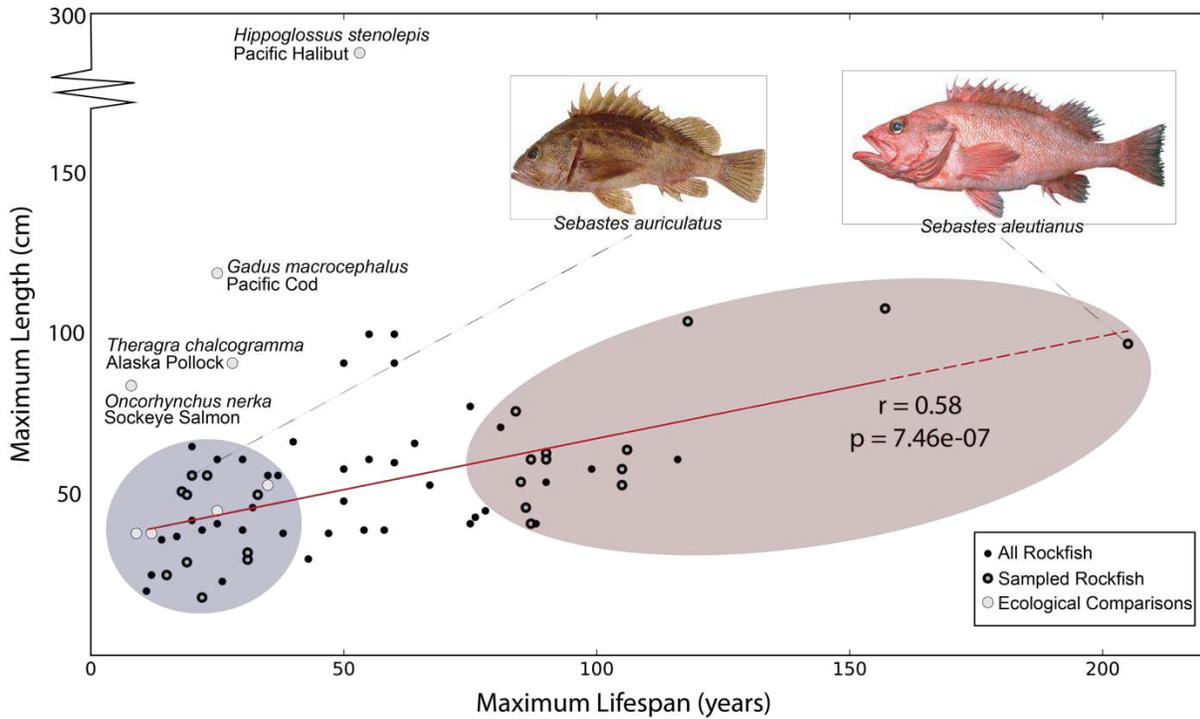
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Figure 1. Rockfish exhibit a twenty-fold range in longevity.

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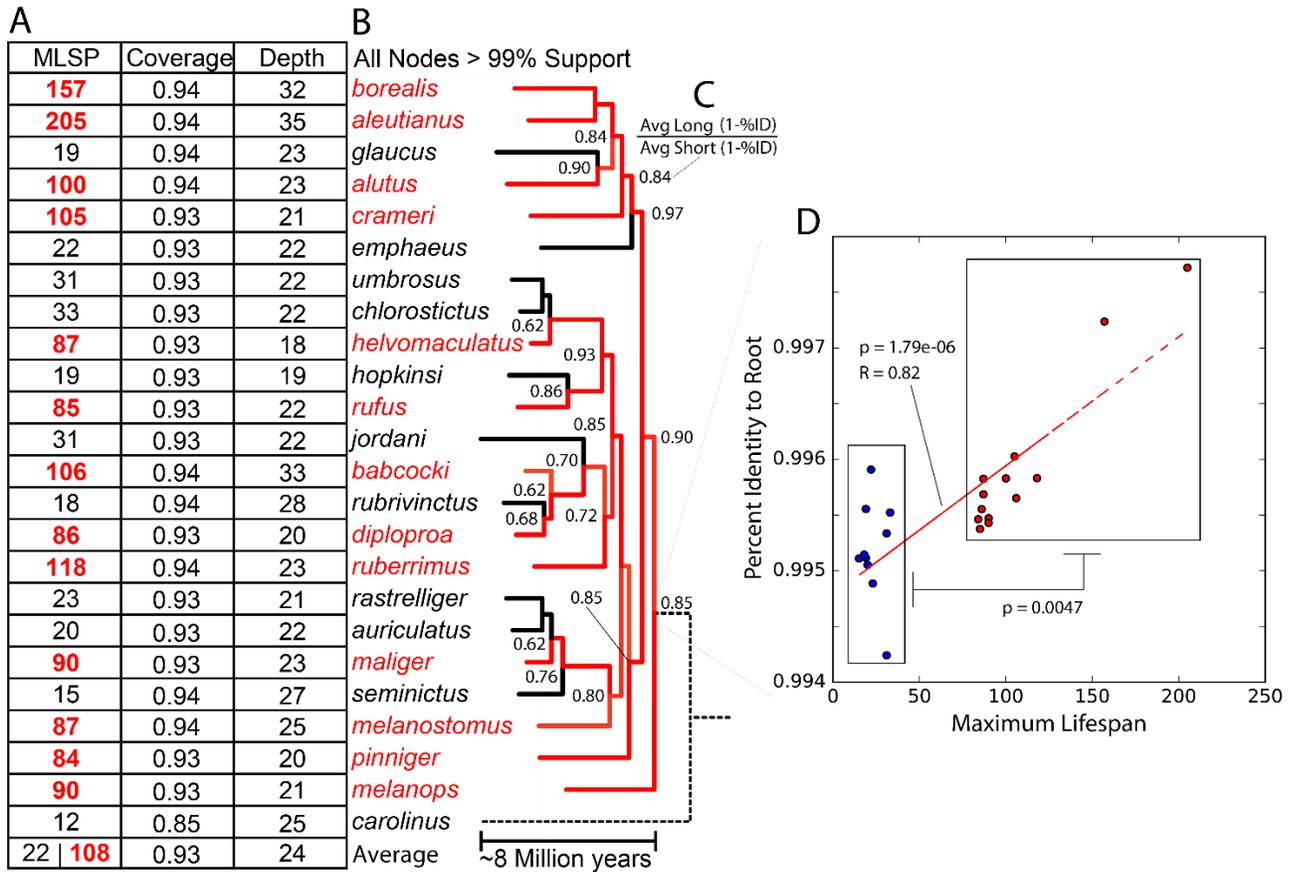
Available maximum longevities and lengths and for sixty-five rockfish species (black dots) and ecological comparators (gray dots). While there is a significant relationship between size and longevity, it cannot fully explain the twenty-fold range in longevities, with substantial overlap in size across the spectrum. This capability is clearly exceptional, as *S. aleutianus* can survive for over two hundred years, while the much larger Cod and Pacific Halibut survive for only 25 and 55 years respectively, despite having overlapping ecologies. Trend line is specific for rockfish. Bold dots were sampled and sequenced for analysis, focusing upon the short-lived (blue) and long-lived (red) extremes of the group.

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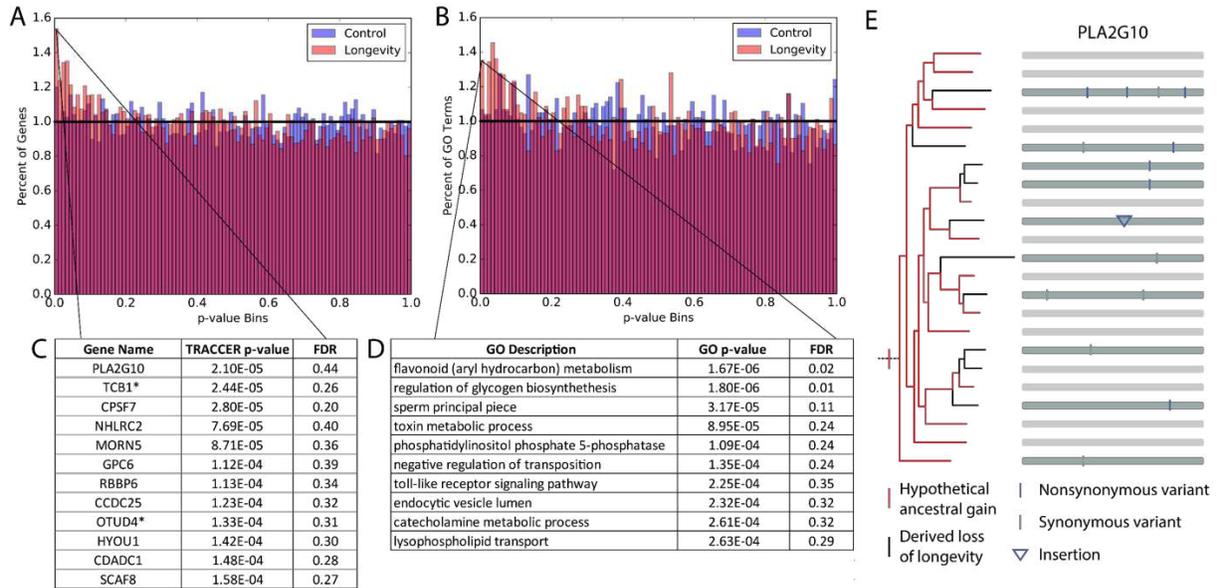
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 3 **Figure 2. Targeted genomic sequencing of Rockfishes with multiple independent reductions**
 4 **of longevity.** **A.** Targeted capture and sequencing from short- (black) and long-lived (red)
 5 rockfish. ~93% of the targeted exons and CNEs were reconstructed at an average depth of 24x,
 6 covering an average of 43,120,434 bases. Less than 100% coverage is expected, as many
 7 elements will be unique to reference genomes used and/or lost in rockfish evolution. **B.** Rockfish
 8 phylogeny generated from a set of high coverage elements with support values greater than 99%
 9 at each node. **C.** Node values are the ratio of the average long- to average short-lived percent
 10 identity. This value is always below 1.0, suggesting the mutational rate is inversely related to
 11 longevity across the phylogeny. **D.** At the rockfish root, where every species can be compared,
 12 there is a significant linear relationship ($p = 1.79e-06$) and difference ($p = 0.0047$) between
 13 longevity and percent identity to the ancestral state.

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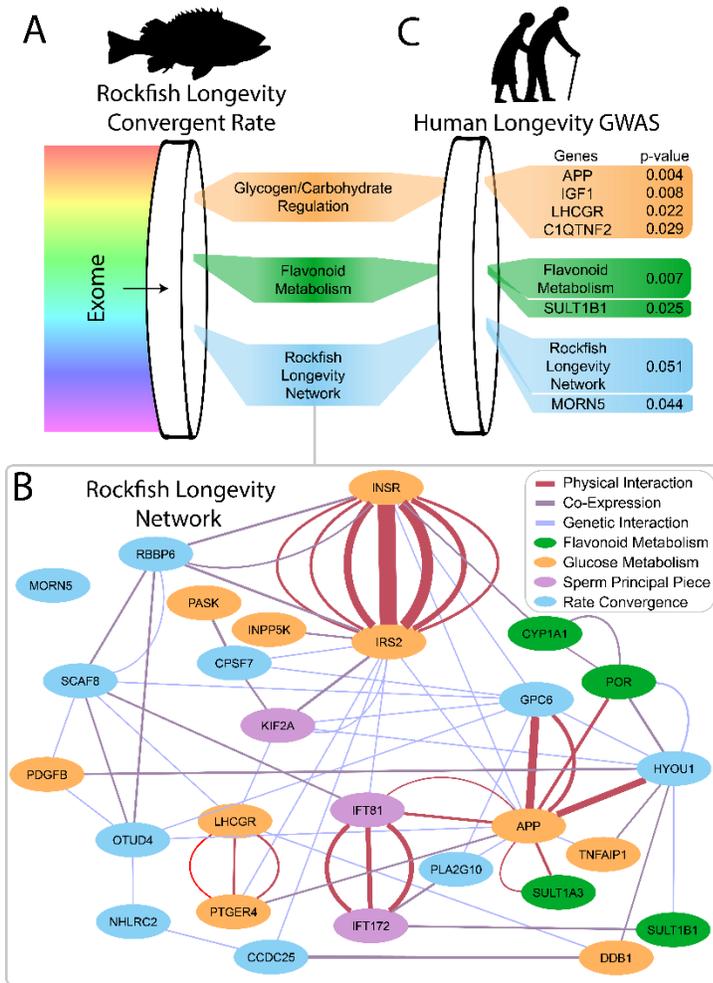
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 2 **Figure 3. Convergent rate analysis reveals specific genes and gene sets under convergent**
 3 **evolution with rockfish longevity.** TRACCEr identifies convergent shifts in the evolutionary
 4 rate of specific genes (**A**) and gene sets (**B**) associating with longevity in rockfish, and both are
 5 enriched at low p-values, indicated by the red bars above the baseline expected by chance. **C.**
 6 The top twelve genes in total have a false discovery rate of 0.27. **D.** GO enrichment of the
 7 TRACCEr results reveals significant gene sets evolving with longevity, including “flavonoid
 8 (aryl hydrocarbon) metabolism” and “glycogen biosynthesis” with low FDRs of 0.019 and 0.009.
 9 **E.** Analysis of variation in *pla2g10* highlights the independent accumulation of mutations in
 10 short-lived lineages (black), while long-lived lineages (red) maintain the ancestral state without
 11 changes.

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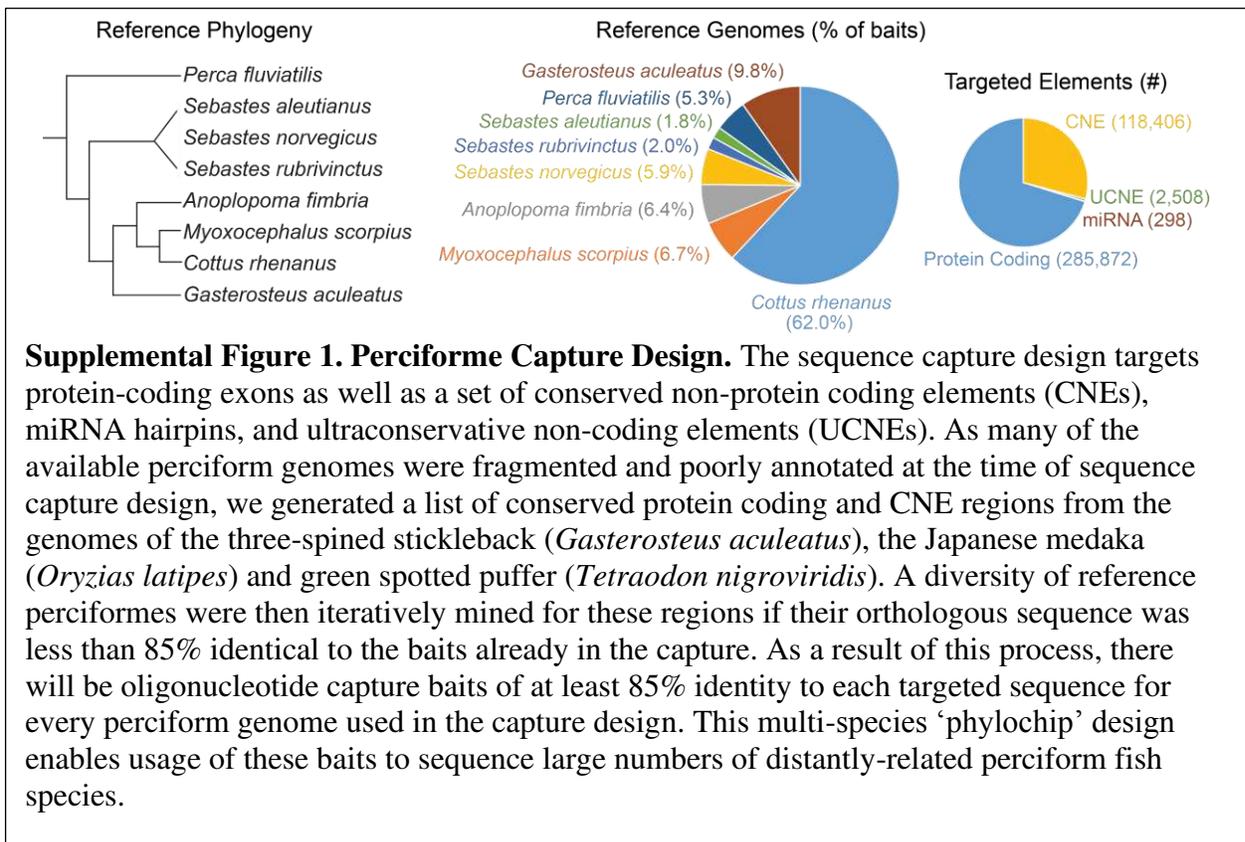
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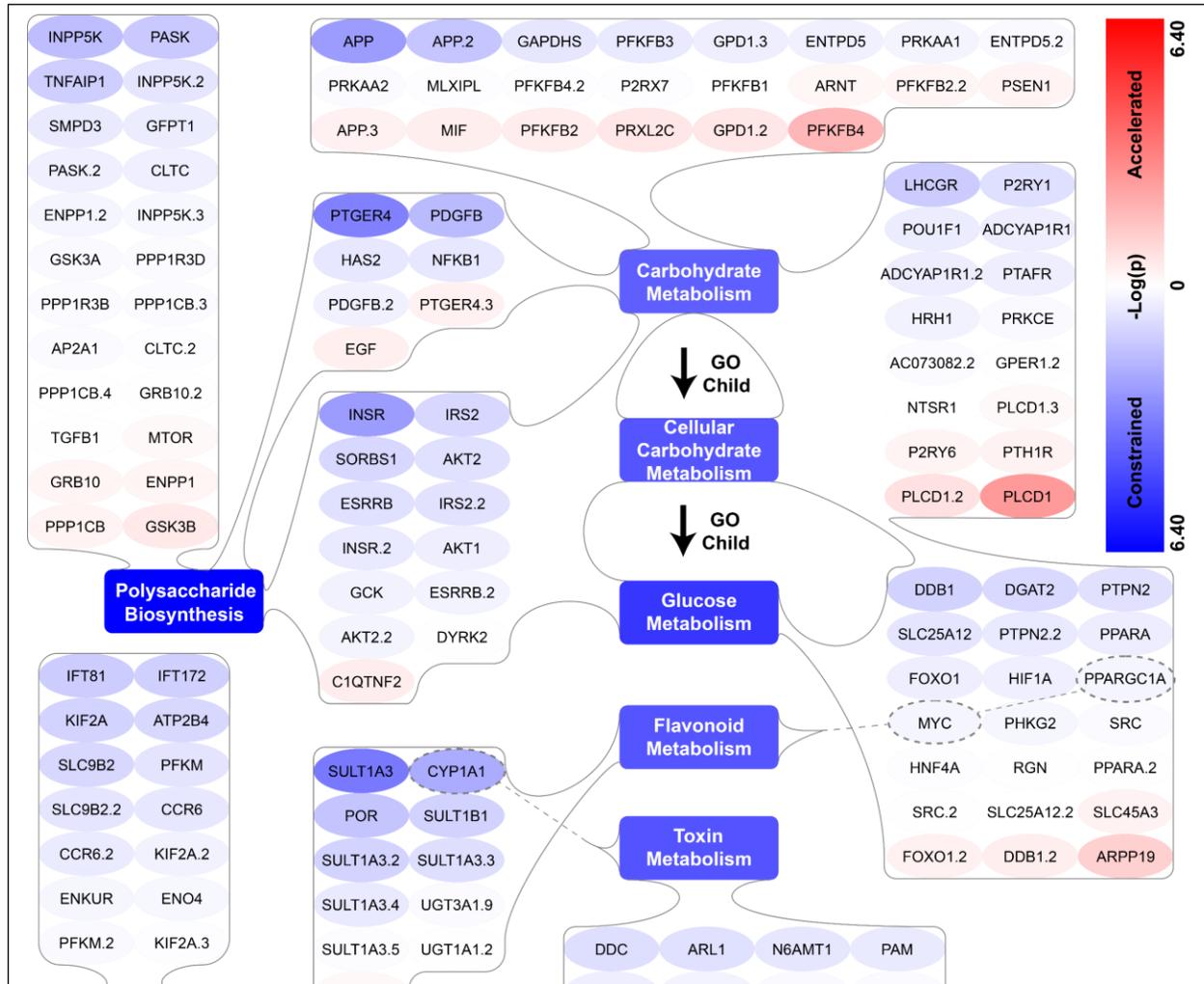
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Figure 4. Rockfish Longevity Genes are Enriched for Cross-Function Interactions and Contain SNPs Associating with Human Longevity. **A.** Convergent rate analysis of Rockfish coding regions reveals enrichment of genes involved in flavonoid metabolism and glycogen metabolism. **B.** Network analysis of the top Rockfish Convergence genes (FDR < 0.27) along with the top genes (p < 0.1) in the top indirect GO Terms (FDR < 0.1) demonstrates extensive interactions, including across terms. For instance, APP physically interacts IFT81, POR, and SULT1B1, representing the other enriched indirect GO terms, along with GPC6 and HYOU1, which are not characterized in these terms. Individual lines are individual experiments confirming that interaction. **C.** When human GWAS of longevity is focused upon the top gene sets from the rockfish longevity analysis, the multiple hypothesis testing is dramatically reduced. The flavonoid metabolism gene set is significantly associated with human survival to the 99th percentile (FDR-adjusted p = 0.01), while the Rockfish Longevity Network is associated with survival to the 90th percentile (FDR-adjusted p = 0.05).

1
2 **Supplementary Figures**

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Supplemental Figure 2. Expanded GO Terms Under Significant Constraint with Rockfish Longevity. GO Enrichment with propagated (indirect) annotations. Gene groupings demonstrate the degrees of interdependence between the various enriched functional groups. Genes in these functional groups are consistently and significantly under constrained (blue) evolutionary rates, while accelerated genes (red) are rare. These trends yield even greater signals in the functional groups than in the individual genes. The genes driving these signals are sorted to the top left of each grouping, and include hallmark aging candidates, such as INSR, APP, and LHCGR. Due to the complexities of mapping fish paralogues, some genes are appended additional identifiers.

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [Rockfishsupplemental.xlsx](#)