

# Building a Virtual Summer Research Experience in Cancer for High School and Early Undergraduate Students: Lessons From the COVID-19 Pandemic

**Timothy Corson**

Indiana University School of Medicine

**Shannon Hawkins**

Indiana University School of Medicine

**Elmer Sanders**

Indiana University School of Medicine

**Jessica Byram**

Indiana University School of Medicine

**Leigh-Ann Cruz**

Riverside High School

**Jacob Olson**

Decatur Central High School

**Emily Speidell**

Decatur Central High School

**Rose Schnabel**

Indiana University

**Adhitya Balaji**

Indiana University

**Osas Ogbeide**

Indiana University

**Julie Dinh**

Indiana University

**Amy Hinshaw**

Lawrence Township Schools

**Laura Cummings**

Herron High School

**Vicki Bonds**

Indiana University School of Medicine

**Harikrishna Nakshatri** (✉ [hnakshat@iupui.edu](mailto:hnakshat@iupui.edu))

Indiana University School of Medicine

---

## Research Article

**Keywords:** research education, mentoring, virtual education, pipeline program, curriculum development

**Posted Date:** December 4th, 2020

**DOI:** <https://doi.org/10.21203/rs.3.rs-114315/v1>

**License:**  This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

---

**Version of Record:** A version of this preprint was published at BMC Medical Education on August 9th, 2021. See the published version at <https://doi.org/10.1186/s12909-021-02861-y>.

1 **Building a virtual summer research experience in cancer for high**  
2 **school and early undergraduate students: lessons from the COVID-**  
3 **19 pandemic**

4 Timothy W Corson<sup>#,1,2,14</sup>, Shannon M Hawkins<sup>#,1,3,14</sup>, Elmer Sanders<sup>4,5</sup>, Jessica Byram<sup>6</sup>, Leigh-  
5 Ann Cruz<sup>7</sup>, Jacob Olson<sup>8</sup>, Emily Speidell<sup>8</sup>, Rose Schnabel<sup>9</sup>, Adhitya Balaji<sup>9</sup>,  
6 Osas Ogbeide<sup>9</sup>, Julie Dinh<sup>9</sup>, Amy Hinshaw<sup>10</sup>, Laura Cummings<sup>11</sup>, Vicki Bonds<sup>12</sup>, and  
7 Harikrishna Nakshatri<sup>1,13,14,15\*</sup>

8 <sup>1</sup>Indiana University Melvin and Bren Simon Comprehensive Cancer Center, Indiana University,  
9 Indianapolis, IN 46202, USA

10 <sup>2</sup>Department of Ophthalmology, Indiana University School of Medicine, Indianapolis, IN 46202,  
11 USA

12 <sup>3</sup>Department of Obstetrics and Gynecology, Indiana University School of Medicine,  
13 Indianapolis, IN 46202, USA

14 <sup>4</sup>Indiana Clinical and Translational Sciences Institute, Indianapolis, IN 46202, USA

15 <sup>5</sup>K-12 STEM Program, Indiana University School of Medicine, IN 46202, USA

16 <sup>6</sup>Department of Anatomy, Cell Biology and Physiology, Indiana University School of Medicine,  
17 IN 46202, USA

18 <sup>7</sup>Riverside High School, Indianapolis, IN 46208, USA

19 <sup>8</sup>Decatur Central High School, Indianapolis, IN 46221, USA

20 <sup>9</sup>Indiana University, Bloomington, IN 47405, USA

21 <sup>10</sup>Lawrence Township Schools, Indianapolis, IN 46226, USA

22 <sup>11</sup>Herron High School, Indianapolis, IN 46202, USA

23 <sup>12</sup>Pipeline and Pre-doctoral program, Indiana University School of Medicine, IN 46202, USA

24 <sup>13</sup>Department of Surgery, Indiana University School of Medicine, Indianapolis, IN 46202, USA

25 <sup>14</sup>Department of Biochemistry and Molecular Biology, Indianapolis, IN 46202, USA

26 <sup>15</sup>VA Roudebush Medical Center, Indianapolis, IN 46202, USA

27 # equal contribution

28 \*Correspondence should be addressed to Harikrishna Nakshatri, B.V.Sc., Ph.D. Department of  
29 Surgery, Indiana University School of Medicine, C218C, 980 West Walnut Street, Indianapolis,  
30 IN 46202, USA; telephone: 317-278-2238; email: [hnakshat@iupui.edu](mailto:hnakshat@iupui.edu)

31 **Abstract**

32 **Background:** The COVID-19 pandemic posed a unique challenge for summer research  
33 programs in 2020, particularly for programs aimed at hands-on experience for younger trainees.  
34 The Indiana University Melvin and Bren Simon Comprehensive Cancer Center supports two  
35 pipeline programs, which traditionally immerse high school juniors, seniors, and early  
36 undergraduate students from underrepresented populations in science in hands-on projects in  
37 cancer biology labs. However, due to social distancing policies during the pandemic and  
38 reduction of research operations, these students were not physically allowed on campus. Thus,  
39 the authors set out to strategically pivot to a wholly virtual curriculum and evaluate the Virtual  
40 Summer Research Experience in Cancer outcomes.

41 **Methods:** The virtual program included four components: 1. a core science and professional  
42 development curriculum led by high school teachers and senior undergraduates; 2. faculty-  
43 delivered didactic sessions on cancer science; 3. mentored, virtual research projects with research  
44 faculty; and 4. online networking events to encourage vertical mentoring. Outcomes data were  
45 measured using an 11-item Research Preparation scale, daily electronic feedback, and structured  
46 evaluation and feedback via Zoom weekly.

47 **Results:** Outcome data suggested high self-reported satisfaction with the virtual program.  
48 Outcome data also revealed the importance of coordination between multiple entities for  
49 seamless program implementation. This includes the active recruitment and participation of high  
50 school teachers and further investment in information technology capabilities of institutions.

51 **Conclusions:** Findings reveal a path to educate and train high school and early undergraduate  
52 students in cancer research when hands-on, in-person training is not feasible. Virtual research  
53 experiences are not only useful to engage students during public health crises but can provide an

54 avenue for cancer centers to expand their cancer education footprints to remotely located schools  
55 and universities with limited resources to provide such experiences to their students.

56 **Keywords:** research education; mentoring; virtual education; pipeline program; curriculum  
57 development

## 58 **Background**

59           The COVID-19 pandemic resulted in significant challenges to the United States  
60 healthcare system [1, 2]. Many Academic Health Centers and Cancer Centers were charged with  
61 maintaining the traditional tripartite mission of clinical care, research, and education. Within  
62 medical education, virtual or distance learning combined with simulation became more common  
63 [1, 3]. Similarly, graduate medical and research education incorporated virtual didactic and  
64 telemedicine training [3-7]. Here, we describe the strategic pivot to the Virtual Summer  
65 Research Experience in Cancer (vSREC) from two traditional pipeline programs, aimed at  
66 immersing high school juniors, seniors, and early undergraduate students from underrepresented  
67 populations in biomedical science.

68           Providing early biomedical research opportunities has been shown to enhance future  
69 interest in biomedical careers [8]. Student-reported gains included disciplinary skills, research  
70 design, information or data analysis skills, information literacy, self-confidence, communication,  
71 and professional advancement [9-11]. Importantly, the impact of early biomedical research  
72 experiences is higher among students from underrepresented backgrounds [12, 13]. These  
73 research experiences and the resulting sense of responsibility positively impact academic and  
74 career success after accounting for parental income, IQ, and other factors that influence  
75 achievement [14]. In addition to focusing on diverse student trainees, teachers' participation in  
76 research programs that include laboratory research and professional development can improve  
77 their students' achievement in science [15].

78           Several National Cancer Institute (NCI)-designated cancer centers have instituted  
79 summer research programs (SRP) for high school and early undergraduate students  
80 underrepresented in biomedical research. Since 2003, the Indiana University Simon

81 Comprehensive Cancer Center (IUSCCC) has provided summer research experiences to over  
82 300 students, hereafter termed interns, from underrepresented populations, defined using the NIH  
83 definition of populations underrepresented in the extramural biomedical workforce (detailed in  
84 Table 1). In addition, in 2013, IUSCCC launched the Future Scientist Program (FSP), focusing  
85 on high school juniors in the Indianapolis Public School district, which contains a high  
86 percentage of disadvantaged students. The two-month-long programs not only provided first-  
87 hand research experience in cancer but also allowed students to develop long-term professional  
88 relationships with faculty mentors. Over 70% of interns have entered healthcare/science  
89 professions, and several have become physician-scientists, physicians, or biomedical scientists  
90 (unpublished data).

**Table 1** NIH Definitions of students and underrepresented populations in science and from disadvantaged backgrounds.

<i>To qualify for the program, a student must meet criteria of ONE of these categories</i>		
<b>Categories</b>	<b>As defined by</b>	<b>Examples of groups</b>
<b>Racial and ethnic groups</b>	National Science Foundation	Black, African-American, Hispanic, Latinos, American Indian, Alaskan Native, Native Hawaiian, Other Pacific Islanders
<b>Individuals with disabilities</b>	Americans with Disabilities Act	Visual, hearing, walking, lifting, or cognitive disabilities
<i>Or, a student must meet criteria of TWO subcategories to qualify for the program.</i>		
<b>Disadvantaged backgrounds</b>	Homelessness	McKinney-Vento Homeless Assistance Act
	Foster system	Administration for Children and Families
	Eligible for free or reduced lunch	US Department of Agriculture
	No parents with Bachelor's degree	ED.gov
	Eligible for Pell grants	ED.gov
Grew up in rural or low income area	Health Resources and Services Administration Rural Health Grants Eligibility Analyzer or Center for Medicare and Medicaid Services-designated low income and health professional shortage area	

92 Previously, SRP and FSP had a similar structure: interns received a stipend to work on a  
93 research project in a faculty mentor’s laboratory (usually bench-based research) for 6–8 weeks,  
94 culminating in a poster and/or oral presentation. The laboratory experience was enriched by  
95 attendance at guest lectures on cancer biology and clinical cancer care, workshops on  
96 college/medical/graduate school applications and professional etiquette, and formal didactic  
97 training in research ethics, responsible conduct of research, and use of animals in research. Also,  
98 interns had social and celebratory events along with vertical mentoring opportunities with other  
99 trainees to teach how to network and navigate the university environment. IUSCCC also more  
100 recently initiated a 3–4-week high school teacher research program (TRP), placing teachers in  
101 research laboratories for hands-on experience.

102 Preparation to launch SRP, FSP, and TRP for the 2020 summer started in Fall 2019  
103 (Figure 1A), and application review, interviews, and candidate selection were almost complete  
104 just before the COVID-19 pandemic caused by the SARS-CoV2 novel coronavirus [16] forced a  
105 “hibernation” of research on our campus, pausing all but essential in-person research, as Indiana  
106 and much of the United States were placed under stay-at-home orders [17]. Since an in-person  
107 program became impossible, we opted to retool the curriculum as a virtual experience because of  
108 the importance of the programs in the lives of young interns, not just as a career-enhancing  
109 experience, but also as a full-time, stipend-based activity in a summer with few other options.

110 Here, we describe how the traditional SRP and FSP pipeline programs were modified into  
111 a virtual summer program, named Virtual Summer Research Experience in Cancer (vSREC), and  
112 its impact on participating interns. This first-of-its-kind virtual pipeline program is unique in that  
113 it brought together a diverse group of high school and undergraduate students, high school  
114 teachers, IUSCCC leadership, and faculty mentors with a shared goal to provide a positive

115 experience in early biomedical research. Such a program is not only useful in future situations  
116 that require virtual learning, but also could be implemented on a routine basis to provide summer  
117 opportunities to students from rural school districts, non-research-intensive universities, or  
118 universities not affiliated with a cancer center or medical school.

## 119 **Methods**

### 120 *Study Participants*

121 All vSREC interns were invited to participate from May 2020 to July 2020. Intern  
122 demographics are detailed in Table 2 and included six Caucasian, 14 African American, one  
123 Asian, and one mixed-race interns. This study received approval from the Institutional Review  
124 Board at Indiana University (IRB protocol #1110007280) and informed consent was obtained  
125 from all the participants. All procedures followed were in accordance with the ethical standards  
126 of the responsible committee on human experimentation and with the declaration of Helsinki.

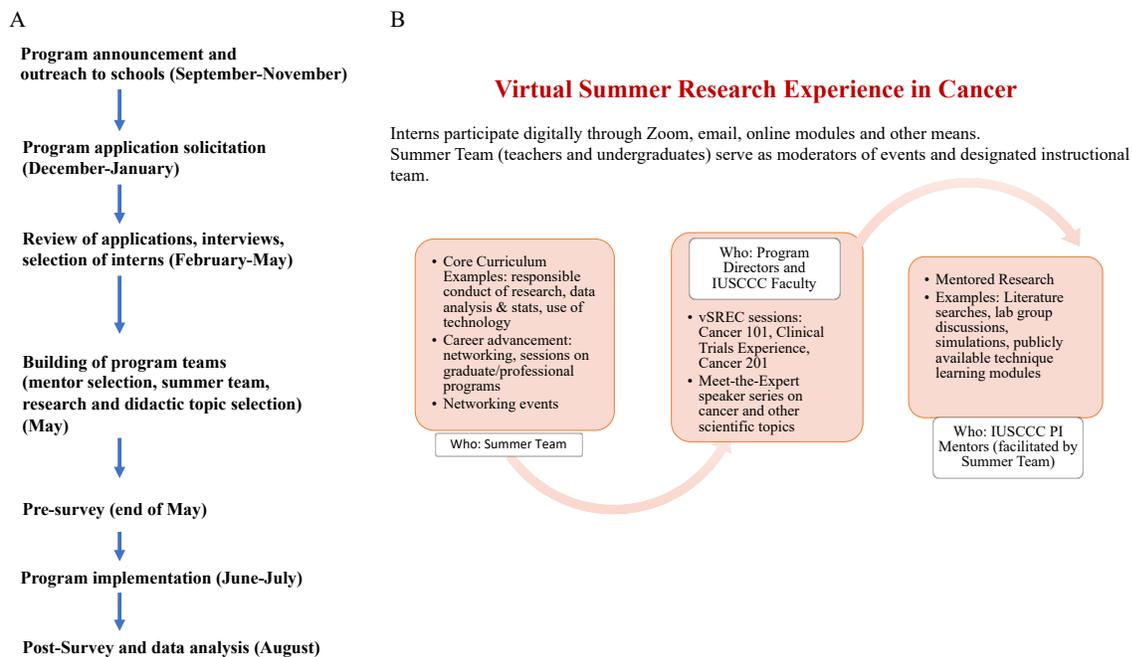
127 **Table 2** Intern demographics. n=22 interns total.

Characteristic	n (%)
Gender	
Male	4 (18%)
Female	18 (82%)
Educational level completed	
High school junior	8 (36%)
High school senior	5 (23%)
College freshman	9 (41%)
Race	

Caucasian	6 (27%)
African-American	14 (64%)
Asian	1 (5%)
Multi-Racial	1 (5%)
Ethnicity	
Hispanic/Latinx	3 (14%)
Non-Hispanic/Latinx	19 (86%)

128 ***Design of the vSREC***

129            Figures 1A and B provide a schematic timeline and overview of the vSREC; additional  
130 details on program design are in Additional file 1. The educational objectives of vSREC  
131 mirrored the objectives of the in-person programs of previous years: to expose interns to  
132 university-level cancer research through a full-time, paid summer program; to introduce concepts  
133 in cancer biology and medicine; to inspire interns to pursue further studies in science and/or  
134 medicine; and to build long-term relationships between mentors and interns. For vSREC, we  
135 added the objective of enhancing contemporary scientific literacy through education on virology  
136 and SARS-CoV2, as new knowledge in this area was moving incredibly rapidly in the summer of  
137 2020, along with significant dissemination of misinformation [18]. Additionally, we aimed to  
138 provide hands-on training for dealing with diversity and inclusion. This training was particularly  
139 timely during the Summer 2020 period of Black Lives Matter protests across the United States  
140 and recognition of racism, discrimination, and microaggressions in health care settings [19-22].



141  
 142 **Fig. 1** Schematic presentation of vSREC. A) Timeline and workflow of vSREC. B) vSREC core  
 143 curriculum and participating teams and Faculty.

144 To meet all these objectives, vSREC utilized input and expertise in technology, teaching  
 145 and evaluation, and cancer biology from a diverse group of individuals. Technology-adept local  
 146 undergraduate students, who had completed rigorous science coursework, had a desire to pursue  
 147 health- or science-related fields, had laboratory research experience, and/or had completed  
 148 previous summer research programs on campus, provided hands-on and competent technology  
 149 support, vertical mentoring, and campus navigation and networking advice. Local science  
 150 teachers designed and delivered a 6-week core curriculum covering topics related to the research  
 151 processes, scientific literacy, ethics, and grade-level resources for academic and career  
 152 advancement. IUSCCC faculty delivered engaging lectures in cancer biology, starting with  
 153 fundamental cancer topics and moving through areas of specialty, while also modeling various  
 154 career paths. Faculty also served as research project mentors along with their laboratory groups,

155 providing virtual projects that could be done remotely. These included in silico analyses,  
 156 literature reviews, and analyses of existing imaging or other datasets, plus virtual training in  
 157 laboratory techniques. Finally, engaging networking events gave students the chance to interact  
 158 with peers and others. Further details of these components are provided in Additional file 1. An  
 159 example intern’s weekly program schedule and activities are depicted in Figure 2, and Additional  
 160 file 2 details all curriculum events, the daily checkout questions, and the extensive list of  
 161 questions interns posed during the closing Cancer 201 lecture.

Time of the day	MONDAY, June 15	TUESDAY, June 16	WEDNESDAY, June 17	THURSDAY, June 18	FRIDAY, June 19	Time of the day
9:00 AM	Independent Study	Scholarship Resources, Essays for Common App	Medical Library Resources, Pub Med, ORCID	Break	Outreach Research Programs	9:00 AM
10:00 AM	Mentor Research Group Zoom	Break	PRISMA Article Comparisons	Analyzed Cell Images	Mentor Research Group Zoom	10:00 AM
11:00 AM	Independent Study	1:1 Zoom with Mentor	PRISMA Article Comparisons	Analyzed Cell Images	Break	11:00 AM
NOON	LUNCH HOUR					NOON
1:00 PM	Career Pathways & Value of Mentors	Breast Cancer Bench Research	BREAK	Breast Cancer Clinical Advances	Interactions with MD-PhD students	1:00 PM
2:00 PM	Break	Analyzed Images	Journal Club Ob-Gyn Research Grp	1:1 Student Coordinator Meeting	Excel – Conditional Formatting Module	2:00 PM
3:00 PM	Independent Study	Reviewed Journal Articles	Break	Responsible Conduct of Research Modules	Excel – Formulas Module	3:00 PM
4:00 P	Independent Study	Break	Reviewed Journal Articles	Responsible Conduct of Research Modules	Excel - Statistics Module	4:00 PM
<b>Colors Legend</b>						
1:1 Student Coordinator Meetings & Help Sessions	Team Meetings & Core Curriculum	Guest Speakers	Interactive Network Events	Mentor & Lab Group Interactions	Independent Study	Modules

162  
 163 **Fig. 2** Representative vSREC weekly activity schedule. Activity of week 2 of the program for a  
 164 specific intern is shown.

165 *Evaluation Methods*

166 Survey instruments were created locally to evaluate the interns' perceptions of the  
167 vSREC educational and research experience, their mentors, and the skills learned from the  
168 virtual experience. Furthermore, a 11-item Research Preparation scale was developed to assess  
169 whether interns perceived they improved their understanding of the research process as a result  
170 of the program. A post-survey of mentors was similarly administered. Surveys were collected  
171 and managed using REDCap electronic data capture tools. REDCap (Research Electronic Data  
172 Capture) is a secure, web-based application designed to support data collection for research [23].

173 At the beginning of the vSREC, interns were invited to complete a pre-survey that  
174 collected demographic information, and a Research Preparation scale that evaluated the degree to  
175 which interns felt prepared and able to conduct research. Further, using free responses, interns  
176 were asked what they hoped to learn from the program and to discuss any concerns about the  
177 virtual research experience.

178 Interns completed a post-survey at the end of the program that included the same 11-item  
179 Research Preparation scale as well as scales evaluating the overall research and educational  
180 experience and evaluation of the research mentor. Free responses collected data about what  
181 interns learned from the research experience, future career goals, and their overall perception of  
182 the virtual research experience.

183 A Wilcoxon Signed Rank Test was used to compare interns' responses on the Research  
184 Preparation scale, using SPSS v.27 (IBM Corp, Armonk NY). Significance was set at  $p \leq 0.05$ .  
185 Responses to the post-survey were analyzed using descriptive statistics. Finally, free response  
186 data from pre- and post-surveys were coded and analyzed using thematic analysis.

## 187 **Results**

### 188 *Pre-Program Concerns*

189 All 22 interns in the vSREC completed the pre-survey. In a free-text response, six interns  
190 expressed concerns about having a different research experience due to the virtual format.  
191 Specifically, they worried about not getting hands-on experience and having difficulty working  
192 with their mentors at a distance.

### 193 *Program Outcomes: Interns*

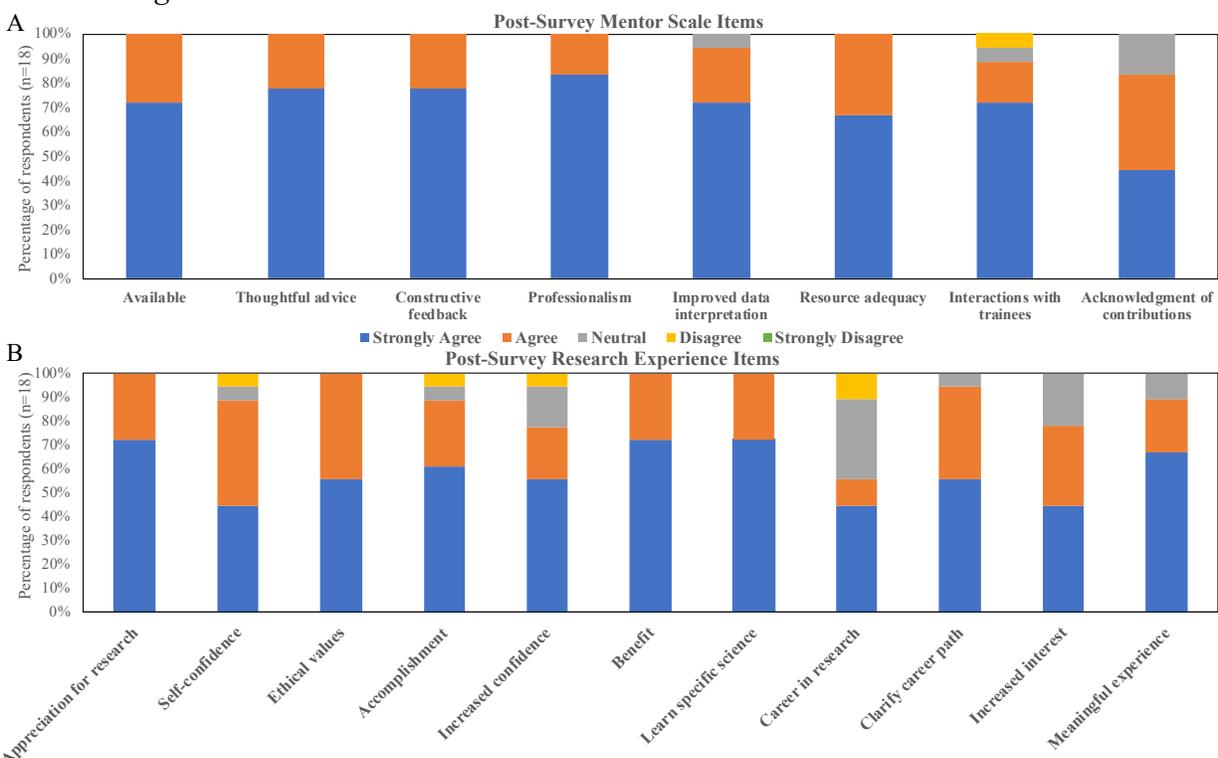
194 A total of 18 interns completed the post-survey (12 in the SRP and six in the FSP, 82%  
195 response rate). All interns agreed or strongly agreed that their mentors were available to answer  
196 questions, provide advice, feedback, and provide resources to complete their research project  
197 (Figure 3A). Interns further described how mentors supported them in the summer research  
198 experience by making themselves available to answer questions, provide feedback, and offer  
199 mentorship beyond the program. Others described how their mentors were able to create a  
200 positive learning environment. One intern stated:

201 *He created such a friendly and informative atmosphere. My mentor was very engaging*  
202 *and friendly during all our interactions, which definitely made me comfortable and*  
203 *content with my internship. In addition, he was able to explain very complex ideas in*  
204 *such a wonderful way! He started with the basics, then added fun anecdotes, until we*  
205 *could finally fully understand the more complex material. This helped to keep my interest*  
206 *level extremely high throughout all our interactions as well as during my independent*  
207 *study. His passion definitely rubbed off on me!*

208  
209 Each intern rated the vSREC experience as good or excellent. All self-reported gaining a  
210 greater appreciation for research, learning ethical conduct of research, and studying a topic in  
211 depth. Fifty-five percent agreed or strongly agreed that they wanted to pursue a career in research  
212 (Figure 3B). Interns found expert speakers to be the most enjoyable aspects of the vSREC,

213 followed by networking events. They appreciated the speakers sharing their research experiences  
 214 and the pathways they took in their careers to reach their goals. One intern described:

215 *The most enjoyable aspect of the virtual summer research experience was being able to*  
 216 *hear all these different guest speakers who had such different paths that they followed to*  
 217 *achieve their goal. It was overwhelming and very encouraging to continue chasing my*  
 218 *dream after hearing all the bad experiences and setbacks that they experienced yet still*  
 219 *managed to overcome.*



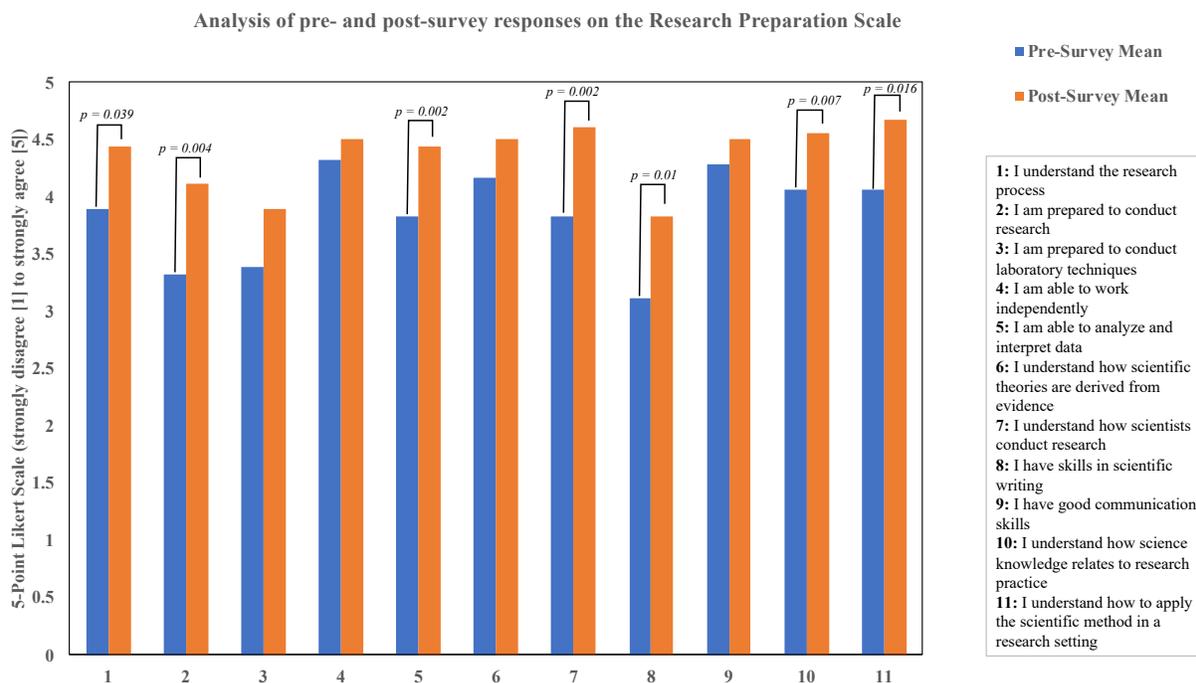
220  
 221 **Fig. 3** Evaluation of mentors and programs by vSREC interns. A) Evaluation of mentors by  
 222 interns. B) The impact of vSREC on interns; results of post-program survey of n=18 interns.

223 Interns also discussed the digital skills they learned during the virtual program and how  
 224 they planned to use these in the future. Interns discussed how many of the skills in Zoom,  
 225 Google Drive, and Canvas would assist them in college, particularly in online courses.

226 While the interns overwhelmingly enjoyed the virtual program, many discussed their  
 227 challenges and recommendations for future virtual programs. Nearly half of respondents

228 expressed a desire to have a hands-on research experience and felt it was difficult to sit in front  
 229 of their computer for several hours a day. Interns recommended having more activities that were  
 230 interactive to build rapport and engagement among interns and mentoring staff and to try to  
 231 match interns in a lab with others at their level of education.

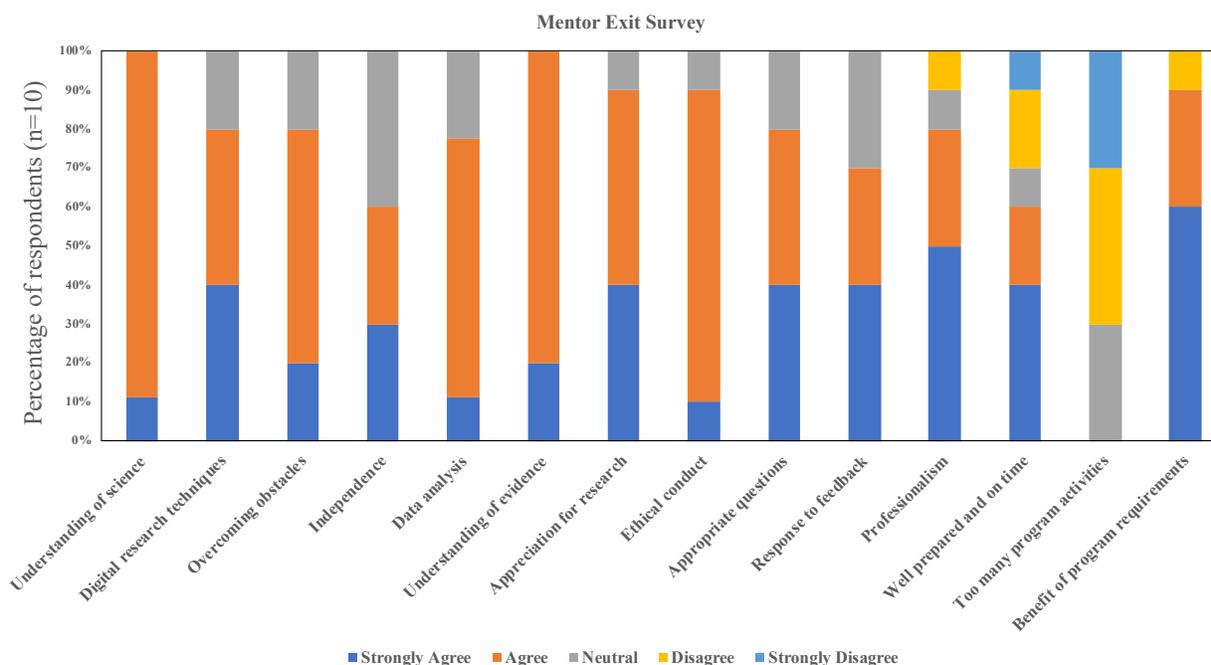
232 The Research Preparation Scale was included on both the pre- and post-surveys to  
 233 evaluate interns' perceptions of their ability to perform and conduct research after completing the  
 234 virtual program. Interns reported a significantly greater understanding of the research process  
 235 and in their preparation to conduct research. They also felt more able to analyze and interpret  
 236 data and improved skills in scientific writing. Lastly, interns reported a greater understanding of  
 237 how scientists conduct research, apply science to research, and apply the scientific method  
 238 (Figure 4).



239  
 240 **Fig. 4** Comparative analysis of pre- and post-program survey results of interns' pre-vSREC  
 241 expectations and experience of vSREC. n=18 interns.

242 **Program Outcomes as Assessed by Mentors**

243 At the end of the program, mentors were also sent a REDCap survey to assess their  
244 opinion of their interns' progress. Of 10 respondents (out of 17 mentors), all agreed or strongly  
245 agreed (on a 5-point Likert scale) that “my intern gained understanding of how scientists work  
246 on real problems,” while 80% agreed or strongly agreed that “my intern learned digital research  
247 techniques” and “asked appropriate questions” (Figure 5). No mentors felt that interns spent too  
248 much time on other program activities, and 90% agreed/strongly agreed that program  
249 requirements enhanced the experience. However, 30% of mentors felt that interns were not on  
250 time or well prepared for Zoom meetings and commented anecdotally about varying levels of  
251 engagement and lack of clarity of expectations for both mentors and interns.



252  
253 **Fig. 5** Evaluation of vSREC interns by mentors; results of post-program survey of n=10 mentors.

## 254 **Discussion**

### 255 *Program Outcomes: Summary*

256 As the COVID-19 pandemic unfolded in the USA, leading to lab hibernation in late  
257 March 2020, IUSCCC program leaders prioritized creation of these alternatives to hands-on  
258 research experiences. Due to stress associated with COVID-19, the abrupt closure of schools,  
259 and the resulting loss of social networks, the leadership of vSREC had tepid expectations for the  
260 program and expected student attrition. However, all but one student selected for the program  
261 based on an interview before hibernation readily accepted the offer to participate in vSREC.  
262 Moreover, each intern finished the program. The self-reported student and mentor outcomes  
263 strongly suggest a high degree of satisfaction with the program. However, there is an opportunity  
264 for further improvements, which are described below.

### 265 *Lessons Learned: Mentors and Interns*

266 The research mentors provided a crucial link to research projects, models of cancer  
267 research career paths, and discipline-specific lecture topics, ensuring a cancer research focus was  
268 maintained. In the future, we envision additional innovative virtual projects in the areas of  
269 bioinformatics, image analysis, literature searches, and other *in silico* lab topics.

270 For interns, future plans might focus on professional communication. This training would  
271 include how to create a calendar-based schedule, how to schedule meetings on a mentor's  
272 calendar, and professional etiquette for timeliness. Expectations related to intern-mentor  
273 interactions during the course of the program may further improve program experience, mentor  
274 satisfaction, and outcomes.

275 *Lessons Learned: Program Implementation*

276 Active participation of high school teachers was key to the success of this program, as  
277 they applied their teaching and student-teacher interaction skills to keep interns engaged during  
278 the entire program. They also designed the curriculum shared by all interns, providing a common  
279 point of reference for all program participants. In the future, it will be valuable to draw on  
280 teacher expertise to design tests of student knowledge pre- and post-program, to ensure that self-  
281 reported learning achievements are supported by unbiased metrics.

282 Recruiting teachers for summer programs may pose a challenge in the future. Currently,  
283 teachers are seeing fewer opportunities for professional development within their schools  
284 because more time is being taken up to troubleshoot and prepare for the health and safety of the  
285 students within the virtual and in-person teaching platforms. This, in turn, creates fewer  
286 opportunities to enlist other strong teachers to help out with the summer program. A further  
287 challenge is that teachers are working longer hours to develop virtual and in-person lessons to  
288 accommodate the hybrid calendars created by most schools. This gives them less personal time  
289 to participate in professional development activities such as the Teacher Research Program. In  
290 the future, similar programs will need to consider innovative ways to recruit and retain strong  
291 teachers to help facilitate these high school pipeline programs.

292 The undergraduate students of the Summer Team were an invaluable part of the program,  
293 providing near-peer mentoring and technological support for online tools. The availability of  
294 computing devices and a good internet connection is a limiting factor for any virtual program. In  
295 an ideal program, tablets with cellular data connections would be made available to interns who  
296 need them. Although using multiple learning management system (LMS) platforms allowed for  
297 more comprehensive functionality than opting for a single standalone platform, this multi-

298 platform use caused confusion for the interns, as they often struggled to remember the purpose of  
299 each platform. However, the benefits of this multi-platform method included access to the  
300 different native tools within each platform. No one platform provides all of the features needed  
301 to run a wholly virtual program. Still, training on integrating external platforms such as G Suite  
302 and Zoom into a central LMS system such as Canvas can help reduce some of the confusion that  
303 interns faced during the vSREC experience. Also, more comprehensive pre-program IT training  
304 for all interns by a member of the institution's educational IT support team could help better  
305 prepare students for the upcoming program.

### 306 *Future Directions*

307         A current problem in education is how to engage students with limited mobility (i.e.,  
308 long-term wheel-chair bound or temporary injury limited mobility students) in the laboratory  
309 [24]. While the rehabilitation field has used adaptive sports as therapy [25], the adaptation of  
310 equipment and research facilities has been less swift. The opportunities for virtual research  
311 projects, such as those examples described here, offer a chance for meaningful engagement in  
312 cancer research to interns previously hindered by limited mobility. As work from home and  
313 telehealth becomes more accepted, we envision innovative opportunities to increase.

### 314 **Conclusions**

315         The IUSCCC SRP program typically gets >200 applications for 15-17 slots. Thus, many  
316 students with interest in cancer research do not get the opportunity to participate. Further,  
317 IUSCCC summer programs do not provide a residential option, so many students from rural  
318 communities may be disadvantaged from participating. The virtual programs, however, offer the  
319 opportunity to engage students beyond geographic proximity to National Cancer Institute-  
320 designated cancer centers, particularly for those cancer centers that have entire states as their

321 catchment area. Thus, a program such as this, developed in response to COVID-19, can  
322 potentially change the depth and breadth of cancer education. These impactful programs allow  
323 cancer centers to engage with communities. Although we hope that IUSCCC will be in a position  
324 to offer a hands-on laboratory experience in 2021, our virtual framework provides an appealing  
325 and effective alternative if needed.

## 326 **Supplementary Information**

327 **Additional file 1.** Detailed Program Design. docx

328 **Additional file 2.** Tables presenting vSREC final program, daily checkout survey, and Cancer  
329 201 questions. xlsx

### 330 **Abbreviations**

331 COVID-19: coronavirus disease 2019; FSP: Future Scientist Program; IUSCCC: Indiana  
332 University Simon Comprehensive Cancer Cancer; LMS: learning management system; NCI:  
333 National Cancer Institute; REDCap: Research Electronic Data Capture; SRP: Summer Research  
334 Program; TRP: Teacher Research Program; vSREC: Virtual Summer Research Experience in  
335 Cancer

## 336 **Declarations**

### 337 **Ethics approval and consent to participate**

338 This study received approval from the Institutional Review Board at Indiana University (IRB  
339 protocol #1110007280, approved 05/29/2020) and informed consent was obtained from all the  
340 participants. All procedures followed were in accordance with the ethical standards of the  
341 responsible committee on human experimentation and with the declaration of Helsinki.

342 **Consent for publication**

343 Not applicable.

344 **Availability of data and materials**

345 The datasets used and/or analysed during the current study are available from the corresponding  
346 author on reasonable request.

347 **Competing interests**

348 The authors declare that they have no competing interests.

349 **Funding**

350 None.

351 **Authors' contributions**

352 TWC and SMH co-directed the program and contributed to the manuscript; ES managed the  
353 program and contributed to the manuscript; JB analyzed data and contributed to the manuscript;  
354 L-AC, JO, and ES were teachers in the Summer Team and contributed to the manuscript; RS,  
355 AB, OO, and JD were students in the Summer Team and contributed to the manuscript; AH and  
356 LC were teachers in the Summer Team; VB managed the program; HN oversaw the program and  
357 contributed to the manuscript. All authors read and approved the final manuscript.

358 **Acknowledgments**

359 The authors wish to thank the leadership of IUSCCC and the Indiana CTSI for making financial  
360 and other resources available for effective implementation of the program. The authors also  
361 thank mentors and trainees and staff members of their labs for mentoring interns and faculty  
362 members of IUSM for didactic lectures. The authors thank Kaitlin Condrón for the creation of  
363 display figures and IUSCCC for education program support.

## 364 **References**

- 365 1. Long N, Wolpaw DR, Boothe D, et al. Contributions of health professions students to  
366 health system needs during the COVID-19 pandemic. *Acad Med.* 2020;  
367 10.1097/ACM.0000000000003611.
- 368 2. Langlois S, Xyrichis A, Daulton BJ, et al. The COVID-19 crisis silver lining:  
369 interprofessional education to guide future innovation. *J Interprofess Care.* 2020:1-6.
- 370 3. Mishra K, Boland MV, Woreta FA. Incorporating a virtual curriculum into  
371 ophthalmology education in the coronavirus disease-2019 era. *Curr Opin Ophthalmol.*  
372 2020;31(5):380-385.
- 373 4. ElHawary H, Salimi A, Alam P, Gilardino MS. Educational alternatives for the  
374 maintenance of educational competencies in surgical training programs affected by the  
375 COVID-19 pandemic. *J Med Educ Curric Dev.* 2020;7:2382120520951806.
- 376 5. Xu L, Ambinder D, Kang J, et al. Virtual grand rounds as a novel means for applicants  
377 and programs to connect in the era of COVID-19. *Am J Surg.* 2020;S0002-  
378 9610(20)30536-5.
- 379 6. Keller DS, Grossman RC, Winter DC. Choosing the new normal for surgical education  
380 using alternative platforms. *Surgery (Oxford).* 2020;38(10):617-622.
- 381 7. O'Connell A, Tomaselli PJ, Stobart-Gallagher M. Effective use of virtual gamification  
382 during COVID-19 to deliver the OB-GYN core curriculum in an emergency medicine  
383 resident conference. *Cureus.* 2020;12(6):e8397.
- 384 8. Fernandez-Repollet E, Locatis C, De Jesus-Monge WE, Maisiak R, Liu W-L. Effects of  
385 summer internship and follow-up distance mentoring programs on middle and high  
386 school student perceptions and interest in health careers. *BMC Med Ed.* 2018;18(1):84.

- 387 9. Lopatto D. Undergraduate research as high-impact student experience. Peer Review.  
388 2010;12(2).
- 389 10. Boyd MK, Wesemann JL, Frederick KA. Broadening participation in undergraduate  
390 research: Fostering excellence. Washington, DC: Council on Undergraduate Research.  
391 2009.
- 392 11. Linn MC, Palmer E, Baranger A, Gerard E, Stone E. Undergraduate research  
393 experiences: Impacts and opportunities. Science. 2015;347(6222):1261757.
- 394 12. Nagda BA, Gregerman SR, Jonides J, von Hippel W, Lerner JS. Undergraduate student-  
395 faculty partnerships affect student retention. Rev Higher Ed. 1998;22:55-72.
- 396 13. Pender M, Marcotte DE, Sto Domingo MR, Maton KI. The STEM Pipeline: The role of  
397 summer research experience in minority students' Ph.D. Aspirations. Educ Policy Anal  
398 Arch. 2010;18(30):1-36.
- 399 14. Spengler M, Damian RI, Roberts BW. How you behave in school predicts life success  
400 above and beyond family background, broad traits, and cognitive ability. J Personality  
401 Soc Psychol. 2018;114(4):620-636.
- 402 15. Silverstein SC, Dubner J, Miller J, Glied S, Loike JD. Teachers' participation in research  
403 programs improves their students' achievement in science. Science. 2009;326(5951):440-  
404 442.
- 405 16. Li H, Liu Z, Ge JB. Scientific research progress of COVID-19/SARS-CoV-2 in the first  
406 five months. J Cell Mol Med. 2020;24(12):6558-6570.
- 407 17. Jacobsen GD, Jacobsen KH. Statewide COVID-19 stay-at-home orders and population  
408 mobility in the United States. World Med Health Policy. 2020;10.1002/wmh3.350.

- 409 18. Tagliabue F, Galassi L, Mariani P. The “pandemic” of disinformation in COVID-19. *SN*  
410 *Comprehensive Clin Med.* 2020;2(9):1287-1289.
- 411 19. Bullock JL, Lockspeiser T, del Pino-Jones A, Richards R, Teherani A, Hauer KE. They  
412 don’t see a lot of people my color. *Acad Med.* 2020;95(11S):S58-S66.
- 413 20. Sotto-Santiago S, Mac J, Duncan F, Smith J. “I didn’t know what to say”: Responding to  
414 racism, discrimination, and microaggressions with the OWTFD approach.  
415 *MedEdPORTAL.* 2020;16(1):10971.
- 416 21. Acholonu RG, Cook TE, Roswell RO, Greene RE. Interrupting microaggressions in  
417 health care settings: a guide for teaching medical students. *MedEdPORTAL.*  
418 2020;16(1):10969.
- 419 22. Roswell RO, Cogburn CD, Tocco J, et al. Cultivating empathy through virtual reality:  
420 Advancing conversations about racism, inequity, and climate in medicine. *Acad Med.*  
421 2020; 10.1097/ACM.0000000000003615.
- 422 23. Harris PA, Taylor R, Thielke R, Payne J, Gonzalez N, Conde JG. Research electronic  
423 data capture (REDCap)-A metadata-driven methodology and workflow process for  
424 providing translational research informatics support. *J Biomed Informatics.*  
425 2009;42(2):377-381.
- 426 24. Duerstock BS. Accessible microscopy workstation for students and scientists with  
427 mobility impairments. *Assistive Technol.* 2006;18(1):34-45.
- 428 25. Lape EC, Katz JN, Losina E, Kerman HM, Gedman MA, Blauwet CA. Participant-  
429 reported benefits of involvement in an adaptive sports program: a qualitative study.  
430 *PM&R.* 2018;10(5):507-515.

# Figures

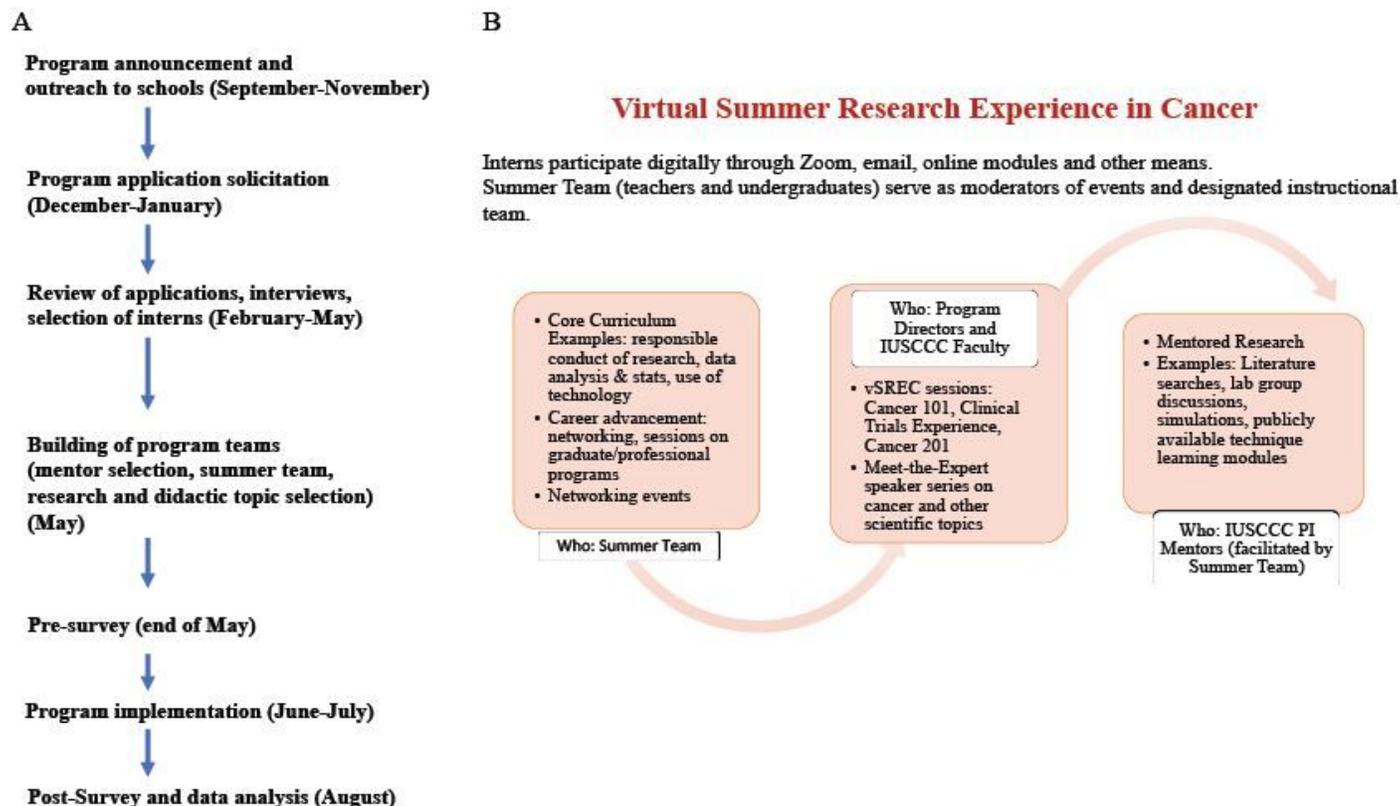


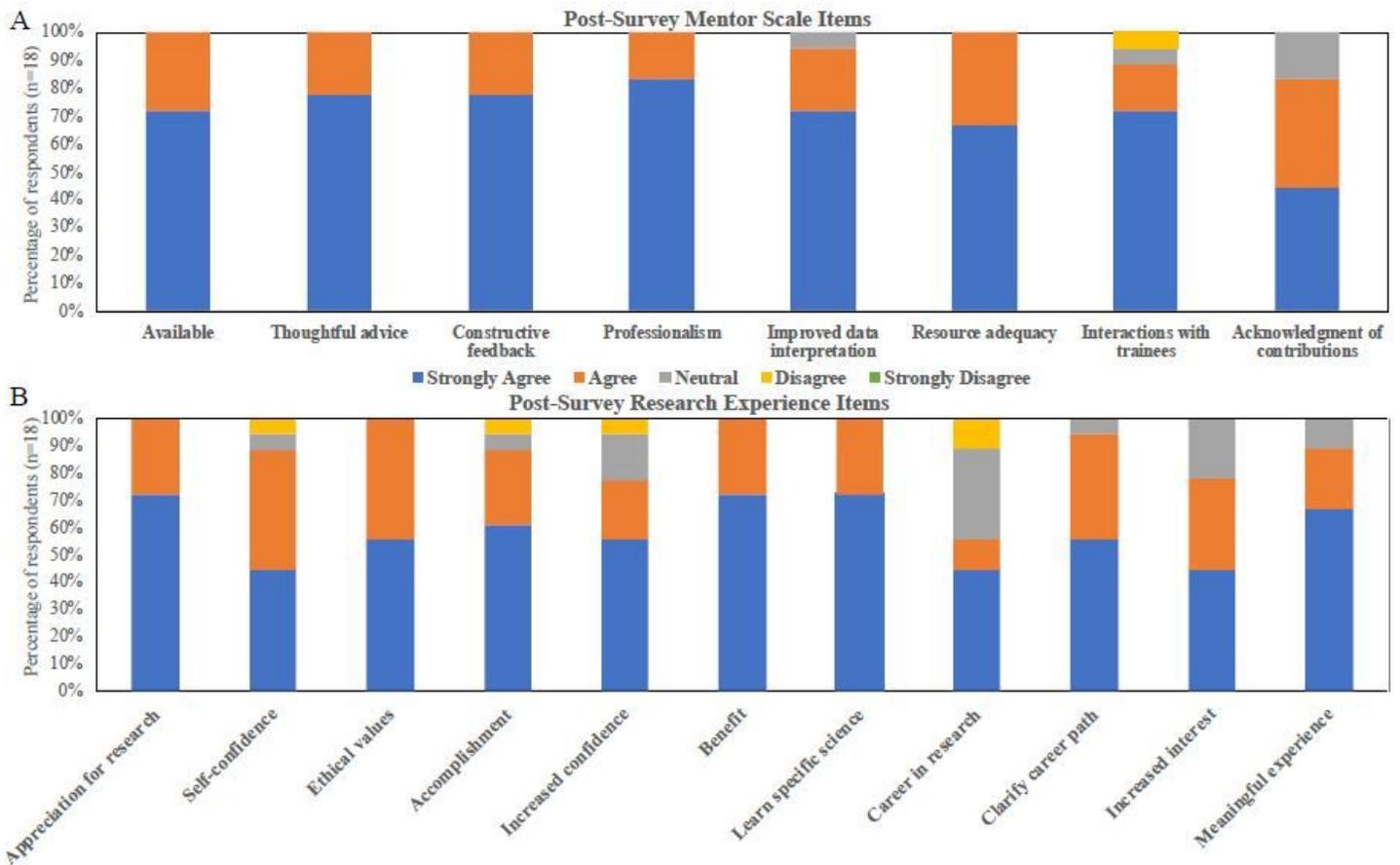
Figure 1

Schematic presentation of vSREC. A) Timeline and workflow of vSREC. B) vSREC core curriculum and participating teams and Faculty.

Time of the day	MONDAY, June 15	TUESDAY, June 16	WEDNESDAY, June 17	THURSDAY, June 18	FRIDAY, June 19	Time of the day
9:00 AM	Independent Study	Scholarship Resources, Essays for Common App	Medical Library Resources, Pub Med, ORCID	Break	Outreach Research Programs	9:00 AM
10:00 AM	Mentor Research Group Zoom	Break	PRISMA Article Comparisons	Analyzed Cell Images	Mentor Research Group Zoom	10:00 AM
11:00 AM	Independent Study	1:1 Zoom with Mentor	PRISMA Article Comparisons	Analyzed Cell Images	Break	11:00 AM
NOON	LUNCH HOUR					NOON
1:00 PM	Career Pathways & Value of Mentors	Breast Cancer Bench Research	BREAK	Breast Cancer Clinical Advances	Interactions with MD-PhD students	1:00 PM
2:00 PM	Break	Analyzed Images	Journal Club Ob-Gyn Research Grp	1:1 Student Coordinator Meeting	Excel – Conditional Formatting Module	2:00 PM
3:00 PM	Independent Study	Reviewed Journal Articles	Break	Responsible Conduct of Research Modules	Excel – Formulas Module	3:00 PM
4:00 P	Independent Study	Break	Reviewed Journal Articles	Responsible Conduct of Research Modules	Excel - Statistics Module	4:00 PM
<b>Colors Legend</b>						
1:1 Student Coordinator Meetings & Help Sessions	Team Meetings & Core Curriculum	Guest Speakers	Interactive Network Events	Mentor & Lab Group Interactions	Independent Study	Modules

**Figure 2**

Representative vSREC weekly activity schedule. Activity of week 2 of the program for a specific intern is shown.



**Figure 3**

Evaluation of mentors and programs by vSREC interns. A) Evaluation of mentors by interns. B) The impact of vSREC on interns; results of post-program survey of n=18 interns.

### Analysis of pre- and post-survey responses on the Research Preparation Scale

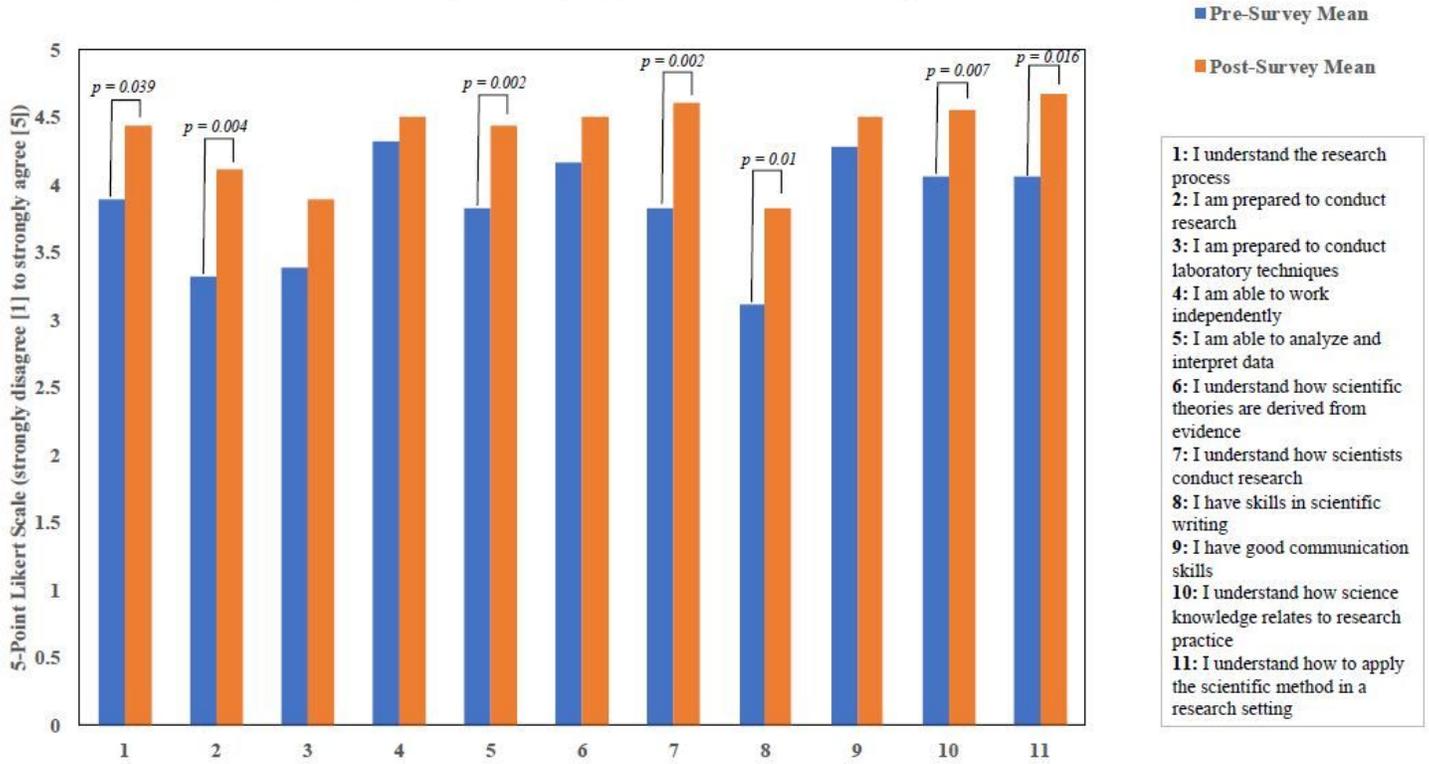
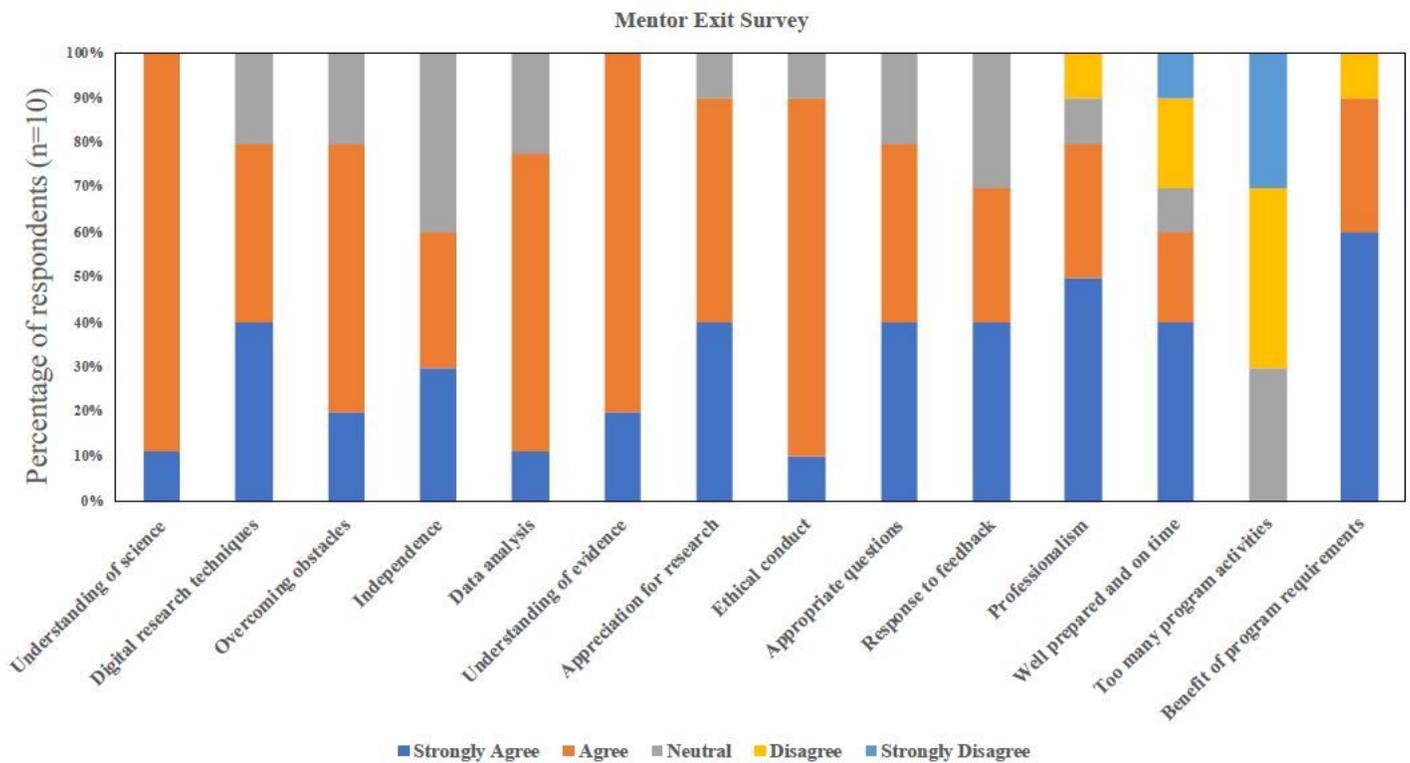


Figure 4

Comparative analysis of pre- and post-program survey results of interns' pre-vSREC expectations and experience of vSREC. n=18 interns.



## Figure 5

Evaluation of vSREC interns by mentors; results of post-program survey of n=10 mentors.

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [Additionalfile1.docx](#)
- [Additionalfile3.xlsx](#)
- [Additionalfile2.xlsx](#)