

Single Extracellular Vesicles (EV) Proteomic Profiling Altered and Identifies Co-Localization of SARS-CoV-2 Nucleocapsid Protein with CD81/Integrin-Rich EV Subpopulation in Sputum Samples of COVID-19 Patients

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Research Article

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Title:

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Running title: Single EVs proteomic profiling in sputum samples of COVID-19 patients

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Keywords

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1 **Highlights**

- 2 **1. Single-EV protein sequencing profiling (proximity barcoding assay) was applied to**
3 **analyze sputum EVs from 20 hospitalized COVID-19 patients and 20 healthy**
4 **individuals.**
- 5 **2. Sputum EVs from COVID-19 patients carried SARS-CoV-2 N protein, which was**
6 **correlated with IL-6 and TGF- β expression levels.**
- 7 **3. Viral protein was found to co-localize with a specific EV subpopulation featured**
8 **expression of multiple proteins, including CD81, SNAI2 and integrins.**
- 9 **4. Single extracellular vesicles proteomic profile in the sputum of COVID-19 patients**
10 **reveals altered host and virus-derived proteins in relation to infection**

11
12 **Abstract**

13 Understanding the pathogenesis of SARS-CoV-2 is crucial to respond to the current
14 coronavirus disease 2019 (COVID-19) pandemic. Sputum samples from 20 COVID-19
15 patients and healthy controls were collected, respectively. During the isolation of infectious
16 SARS-CoV-2 virus, EV-like vesicles were associated with virions under a transmission
17 electron microscope. Next, the expression of IL6 and TGF- β increased in EVs derived from the
18 sputum of patients, and these were highly correlated with the expression of the SARS-CoV-2 N
19 protein. Further, proximity barcoding assay (PBA) was used to investigate the immune-related
20 proteins in the EVs, and the relationship between EVs and SARS-CoV-2 N protein in
21 COVID-19 patients' samples. Particularly, to investigate the differential contribution of the
22 specific EV subsets, the protein expression of a single EV was detected and analyzed for the
23 first time. Among the 40 EV subpopulations, 18 were found to have significant differences.
24 The EV subpopulation regulated by CD81 were most likely to correlate with the changes in the
25 pulmonary microenvironment after SARS-CoV-2 infection. This study provides evidence on

26 the association between EVs and the SARS-CoV-2 virus, give a deep insight into the possible
27 pathogenesis of SARS-CoV-2 infection and the possibility of nanoparticles drug intervention
28 in viral infection.

29

30 **Introduction**

31 Globally, there are more than 179.27 million confirmed coronavirus disease 2019
32 (COVID-19) cases, with more than 5,089,384 deaths reported to Worldometers as of Nov. 11,
33 2021. The number of countries having more than 10 million confirmed cases worldwide
34 increased to 36. With the global outbreak of COVID-19 and the limited availability of clinical
35 treatments, researchers around the world are looking for potential drugs to treat COVID-19 [1,
36 2]. Due to the severe clinical progression of COVID-19 patients with increased inflammation
37 and immune response disorders, a considerable number of patients had severe pneumonia, and
38 even developed acute respiratory distress syndrome (ARDS) [3]. Cytokine storm-related
39 syndrome (IL6, IL1, TNF α , etc.) has been proposed as the trigger for ARDS. Accordingly,
40 treatments (such as corticosteroids) to control the inflammatory cytokine signaling are being
41 used to reduce the mortality of patients with COVID-19 [4, 5]. Extracellular vesicles (EV),
42 especially exosomes, have emerged as key mediators in various physio-pathological processes
43 related to virus infection and are actively involved in response to virus-induced injury [6],
44 mediating inflammatory response and inflammation-related protection, since they display dual
45 beneficial and detrimental roles [7].

46 Exosomes, which are functional vehicles secreted by various types of cells, possess a
47 diameter of 30–130 nm and carry a complex cargo of proteins, lipids, and nucleic acids. It has
48 been proven that the hepatitis A virus can hijack exosome membranes and transport virus
49 pathogenesis-related proteins [8], genomes, and even virus particles to all parts of the body,
50 using the characteristics of the free shuttle, and the accurate localization of exosomes between

51 the host and target cells [9]. Blocking the vesicle release in HCV-positive cells increased the
52 intracellular dsRNA levels, and the activation of toll-like receptor 3, inhibited HCV replication
53 [10]. Therefore, it was speculated that EVs might also be involved in transmitting severe acute
54 respiratory syndrome coronavirus-2 (SARS-CoV-2). The membrane hijacking by
55 SARS-CoV-2 likely promotes the virus spread within the lung through EV-like vesicles.
56 However, little is known about the role of EVs during SARS-CoV-2 infection and subsequent
57 immune response. Furthermore, the EV subsets in sputum samples and subsequent changes in
58 their proteomic features during SARS-CoV-2 infection remains poorly understood. Therefore,
59 it is of great significance to investigate the relationship between EVs and SARS-CoV-2
60 infection. In particular, the identification of proteins transmitted by EVs would help identify
61 potential drug targets, develop vaccines, or reasonably reuse existing drugs according to the
62 specific protein expression.

63 The present study aims to identify the EV and virus co-expression proteins using a library
64 of DNA tagged antibodies. EVs obtained from healthy donors and COVID-19 patients were
65 examined. Single EVs were classified into subpopulations according to their proteomic
66 features via an unsupervised machine learning method. The subpopulations were visualized.
67 Meanwhile, the proportion of each subpopulation was quantified, and the proteomic
68 fingerprints for each subpopulation were profiled. Then, the co-expression of the N protein of
69 SARS-CoV-2 (SARS-CoV-2 N) with other EV proteins was selected from the protein
70 combination dataset and analyzed to predict virus-EV association. Thus, the present study may
71 increase the knowledge on the EV subset involved in the pathogenesis of the COVID-19
72 disease, which could be useful for the design of therapeutic strategies to fight SARS-CoV-2
73 infection, and the screening of potential targets and drugs for COVID-19 treatment.

75 **Results**

76 *Demographic information and Characterization of EVs from the sputum samples of*
77 *COVID-19 patients*

78 Twenty severe COVID-19 patients (nCOV group, n=20) and healthy controls (HC group,
79 n=20) were enrolled in the current study. Most of them were over 50 years old, with an
80 average age of 56.6 and 56.7 years old, respectively. The sputum of these patients was
81 collected when they were still in the ICU. Twelve of the 20 COVID-19 required ventilator,
82 who was diagnosed with acute respiratory distress syndrome (ARDS). The patient
83 information is provided in Figure 1A.

84 The sputum samples were collected as described in the Materials and Methods section.
85 The SARS-CoV-2 virus was successfully isolated from the sputum supernatant of a COVID-19
86 patient, demonstrating an infectious virus in the sputum. (**Figure 1B**, red arrow).
87 Surprisingly, EV-like vesicles were found close to the virions (**Figure 1B**, blue arrow). Next,
88 the EVs were isolated and identified from the sputum by differential ultracentrifugation. The
89 EVs were cup-shaped and had a lipid bilayer membrane vesicle structure by electron
90 microscopy (**Figure 1C**). To further characterize the nature of these released vesicles, particle
91 tracking was performed using a NanoSight instrument. The nanoparticle tracking analysis
92 (NTA) provided the particle size distribution profiles and concentration measurements. As
93 shown in **Figure 1D**, the primary peak was observed at approximately 86 nm, consistent with
94 the size of most EVs (30-200 nm). The size distribution was quite monodispersed. The particle
95 from sputum sample from the COVID-19 patients had a concentration of $2.35 \times 10^8 \pm 2 \times 10^6$
96 particles/ml.

97

98 *Patients with COVID-19 secreted more proteins in individual EV, and EVs participated in the*
99 *immune response*

100 The EV and virus co-expression proteins were identified using the PBA method. The
101 scheme of the workflow is illustrated in **Figure 2A**. The antibody-conjugated oligonucleotides
102 were brought into the proximity on the same EV due to the protein-antibody interaction,
103 thereby obtaining the same EV tag barcoding [13]. EVs obtained from different sources were
104 characterized by the presence of specific combinations of surface proteins and their abundance,
105 allowing each EV to be quantified in the mixed samples, to serve as markers for specific
106 engagement in the disease. After library construction and sequencing, the original data were
107 obtained in fastQ file format. After quality control and tag extraction, the file of the identified
108 individual EVs and detected proteins are summarized for each sample.

109 From the 5 μ l sputum samples, the mean number of EVs detected in the PBA exhibited an
110 increasing trend after SARS-CoV-2 infection (**Figure 2B**, left), and the number of proteins
111 detected in EVs obtained from the nCOV group were doubled (**Figure 2B**, middle) than the HC
112 group. Among the proteins under investigation, sputum EVs in the nCOV group had a higher
113 number of detected proteins (3.6 proteins/EV) than the 1.9 proteins/EV in the HC group
114 (**Figure 2B**, right). The samples under investigation included the sputum of patients with
115 COVID-19 infection (nCOV, n=20), healthy controls (HC, n=20) and PBS negative controls
116 (PBS, n=4). As shown in **Figure 2C**, SARS-CoV-2 N protein signals could be detected in EVs
117 obtained from COVID-19 patients (**Figure 2C**). In the control group, the protein signal of
118 some individuals was slightly higher than that of PBS, which was considered as an acceptable
119 systematic error and antibody nonspecific binding. In the subsequent analysis, the
120 SARS-CoV-2 N protein was centralized, and the data for SARS-CoV-2 N expression of the
121 control group was set as 0 for the data processing of the nCOV group. By the summation of

122 signals of each detected protein on all EVs of the sample, the EV associated protein expression
123 of each sample was obtained.

124 Consistent with previous reports on the expression of cytokines in serum [14], the
125 expression levels of IL6 and TGF- β were also increased in EVs of COVID-19 patients.
126 Furthermore, this elevation was highly correlated with the SARS-CoV-2 N protein expression
127 (**Figure 2D**). We also identified other proteins that were significantly increased after
128 SARS-CoV-2 infection, including T-cell activation marker CD26, human leukocyte antigen
129 HLA-A, and adhesion molecule MAdCAM-1 (mucosal addressing cell adhesion molecule-1),
130 which were overexpressed in inflammatory mucosal tissues (**Fig. S1**). These results show that
131 EVs were involved in the immune response to COVID-19. However, although
132 immunoglobulin A (IgA) might be higher than IgM (consistent with the findings in serum
133 [15]), there was no significant difference in the total expression of IgA and IgM in sputum
134 EVs of healthy controls and patients with COVID-19 (**Figure 2E**). After TMM normalization,
135 protein expression heatmap (**Figure 2F**) showed that nCOV patients have a general shift of
136 EV proteomic profile compared to HC samples, although with exceptions. Differentially
137 expression proteins were analyzed in a volcano plot after normalizing TMM protein
138 expression data and then generated the dot plot (**Fig. S2**). Compared to HC group, the
139 abundance of TROP-2, CD36, EGFR, IgA and IgM decreased in nCOV group while CDH1
140 (E-cadherin1), ZEB-1 and ZO-1 increased.

141

142 *EV subpopulations atlas and the featured change in patients with COVID-19.*

143 The algorithm FlowSOM was used to analyze the behavior of all markers on all individual
144 EVs, and the clusters of EVs were generated using a self-organizing map. The clusters, which
145 were the EV subpopulations, were determined according to proteomic fingerprints of each EV.
146 The investigators detected 9,377,119 EVs with an average of 234,428 EVs per sample (**Figure**

147 **2B**). The dimensionality reduction indicated the substantial phenotypic similarity and
148 differences between patients with COVID-19 and controls. The t-distributed stochastic
149 neighbor embedding (tSNE) plot for each sample is shown in Figure 3A, which identified 40
150 clusters. The clustering of individual EVs obtained from all samples was displayed in the tSNE
151 plot, in which 40 clusters were color labelled (**Figure 3B**).

152 Next, a modeling approach was employed to detect the features that distinguish healthy
153 individuals from infected individuals. **Figure 4A** shows the similarity and differences in EV
154 proteomics between the sputum sample of the nCOV and HC groups, in which all EVs in the
155 nCOV group were colored green, while EVs in the HC group were colored red. Through these
156 red and green markers, the different subpopulations of EVs between these two groups can be
157 more intuitively distinguished (**Figure 4A**). The proteomic similarity of EVs was observed in
158 the tSNE plot. The proportion of each subpopulation was quantified. Among the 40
159 subpopulations, 18 clusters were found with significant differences. These were cluster 2, 3, 4,
160 6, 7, 9, 10, 12, 13, 14, 32 and 34, which had a significantly elevated ratio of EV subpopulations
161 in the nCOV group, while the ratio for the subpopulation decrease in cluster 16, 21, 22, 26, 27
162 and 33 (**Figure 4B** and **S3**).

163 Among these, cluster 2, 3, 4, 12, 13, 34 and 33 accounted more in the distribution of the
164 subpopulation with differences, and the difference was particularly significant. We further
165 analyzed the seven groups, and the proteomic fingerprints for each subpopulation were profiled.
166 For each differentially expressed EV subpopulation, the location in the total EVs and the top 7
167 featured proteins are shown in Figure 5. First, we were concerned about cluster 2, which
168 constituted 4.92% of all EVs in the nCOV group, and only 0.55% of all EVs in the HC group
169 (**Figure 5A** and **S3**). The EVs in cluster 2 contained a large amount of SARS-CoV-2 N protein.
170 These should be the EVs directly contacted with SARS-CoV-2 or secreted by the cells
171 responsible for viral replication. These EVs highly expressed exosome biomarker CD81, and

172 the following cell adhesion molecules: epithelial cell adhesion molecule (EpCAM), CDH1,
173 ITGB4, ITGA5, SNAI2, etc. **Figure 5B** shows the proteomic characteristics of cluster 2 (100
174 proteins). Clusters 3, 4, 12, 13 and 34 are EVs that increased in the nCOV group, with highly
175 expressed protein CLEC2A, CD81, ITGB3, CD151 and ITGB2, respectively (**Figure 5C**). In
176 contrast, cluster 33 was reduced, and comprised 3.37% of the EVs in the nCOV group, while
177 this comprised of 14.12% of EVs in HC group (**Fig. S3**). Cluster 33 featured a higher
178 expression of EGFR and IgA (**Figure 5D**). The proteomic profiles are shown in Figure 5D.

179

180 *EVs regulated by CD81 are more likely to carry SARS-CoV-2 proteins*

181 Protein combinations are defined as the co-localization of two proteins on the same
182 individual EV, which can be considered as the fingerprints of individual EVs. The investigators
183 employed the correlation analysis heat map triangular modeling, and profiled the protein
184 co-expression on individual EVs obtained from sputum samples of COVID-19 infected
185 individuals. The quantity of each possible pair of co-expressed proteins was obtained as the
186 protein combination dataset, and this was used as input variables for the abundance and
187 differential analysis (**Figure 6A**). The protein combinations exhibited a universal increasing
188 trend in the nCOV group, except for the combinations of EGFR and IgA. The co-expression
189 between the integrin subgroups significantly increased.

190 To investigate the co-localization of viral protein with EVs, we further analyzed the
191 combinations of SARS-CoV-2 N protein with other proteins on individual EVs. Among the
192 markers that regulate EVs, the co-expression of CD9, CD63, CD81 and Alix with
193 SARS-CoV-2 N were calculated (**Figure 6B**), and found that the EVs regulated by CD81 were
194 more likely to bind to the SARS-CoV-2 N protein (**Figure 6C**). In addition, we found that
195 cluster 2 (**Figure 5B**), cluster 4 (**Figure 5C**), cluster 6, cluster 7, cluster 12 and cluster 34 were
196 the EVs that were highly expressed after SARS-CoV-2 infection, while CD81 was highly

197 expressed in both clusters. In particular, the protein matrix of cluster 4 shows that the
198 expression of CD81 is the most and abnormally high (**Figure 6D**). These results suggest that
199 the EVs regulated by CD81 are the most likely subpopulations of EVs that cause the changes in
200 the pulmonary microenvironment after SARS-CoV-2 infection. The protein expression
201 distribution of CD81(red) and SARS-CoV-2 N (blue) in all EV and the green part represented
202 the co-expression region (**Figure 6E**).

203

204 **Discussion**

205 In the current study we isolated and identified EVs from the sputum of COVID-19 patient
206 to investigate EV inflammatory and immune responses in COVID-19 patients. We found
207 EV-like vesicles that coexisted alongside virions (**Figure 1A**), and the mean number of EVs
208 showed an increasing trend after the SARS-CoV-2 infection (**Figure 2B**). The nucleocapsid
209 protein of SARS-CoV-2 (SARS-CoV-2 N) is an important structural protein, which is located
210 in the core part of the virus particle, and binds to the viral RNA, playing an important role in the
211 process of virus packaging and other process [16, 17]. As expected, the SARS-CoV-2 N
212 protein can be detected in EVs obtained from patients with COVID-19 infection: when the
213 mean signal value in the control group was taken as the baseline (the blue dotted line in **Figure**
214 **2C**), 19 of 20 individuals were detected for SARS-CoV-2 N protein in EVs; when the
215 maximum signal value in the control group was taken as the baseline (the red dotted line in
216 **Figure 2C**), 12 of 20 individuals were detected. In any case, the above results prove that EVs
217 might have some roles in SARS-CoV-2 transmission. That maybe membrane hijacking by
218 SARS-CoV-2 likely promotes the virus spread through Exosome-like vesicles, which requires
219 further studies.

220 We used the systems biology approach (Proximity Barcoding Assay, PBA) to determine
221 the expression of membrane proteins in EVs with and without COVID-19 infection. The

amount of protein encapsulated in EVs obtained from sputum significantly increased in patients with COVID-19 (**Figure 2B**), and the viral infection stimulated the EVs secretion. The cell and animal models of SARS-CoV-2 infection [2], in addition to the serum profiling of COVID-19 patients, consistently revealed the unique and inappropriate inflammatory response [18]. The investigators detected the increased expression of IL-6 and TGF- β in EVs obtained from COVID-19 patients (**Figure 2D**), which is consistent with the previous results in peripheral blood [19]. Furthermore, the expression of IL-6 and TGF- β was highly consistent with that of the SARS-CoV-2 N protein in EVs. Meanwhile, we found that most integrins and other adhesion molecules were also upregulated (**Fig. S1**), which could jointly influence the interaction of immune cells with the local microenvironment [20, 21]. All these indicate that EVs are engaged in the immune response to COVID-19 infection. Secretory immunoglobulin A (IgA) play an important role in the protection and homeostatic regulation of the respiratory mucosal epithelium, which is referred to as “immune exclusion” [15]. However, there was no significant difference in the total expression of IgA in sputum EVs before and after the infection with SARS-CoV-2 (**Figure 2E**). It was considered that there should be differences in IgA in some EV subpopulations, but this could not be reflected in the analysis of the total protein.

To obtain the protein expression of a single EV, the algorithm FlowSOM was applied to analyze the behavior of all markers on all individual EVs, and generate the clusters of EVs using a self-organizing map. The clustering of individual EVs obtained from all samples was displayed in the tSNE plot, in which 40 clusters were color labelled (**Figure 3B**). After quantifying the proportion of each subpopulation, we found that there were significant differences in 18 clusters (**Fig. S3**).

The EVs in cluster 2, which constituted 4.92% of all EVs in the nCOV group and only 0.55% of all EVs in the HC group (**Figure 5A and S3**), contained a large amount of protein

247 SARS-CoV-2 N. It was considered that these are EVs that directly transport SARS-CoV-2. In
248 cluster 2, epithelial cell adhesion molecule (EpCAM), CDH1, ITGB4, ITGA5, SNAI2, CD81,
249 ITGB2, ZEB1, CD151, mucosal addressin cell adhesion molecule-1 (MAdCAM-1), and other
250 adhesion molecules, were highly expressed. A previous study has shown that CDH1 is required
251 for HCV (Hepatitis C virus) infection, while CDH1 silencing significantly inhibits the HCV
252 infection in primary human hepatocytes at the post-binding entry step [22]. Furthermore,
253 ITGB2, ITGB3 and CD151 were involved in the process of vesicle internalization and
254 recycling to the cell membrane [23-25]. ITGB3 plays a central role in intracellular
255 communication through extracellular vesicles [26]. Meanwhile, CD151 plays a critical role in
256 influenza A virus signaling [27], and ITGB4 participates in cell recognition through CD81 [21].
257 The present results merely confirm that these were all highly expressed in cluster 2. Therefore,
258 we boldly speculate that the high expression of adhesion proteins, such as EpCAM and
259 CDH1(**Figure 2F and S2**), on EVs may make these more susceptible to SARS-CoV-2
260 infection. These adhesion factors (ITGB4, ITGB2, ITGB3 and CD151) improve the
261 recognition function of EVs, and eventually, these EVs were more likely to carry virus
262 particles, and absorbed by the recipient cells. Once these EVs are ingested by epithelial cells,
263 the expression of CDH1 in cells would be reduced due to the virus-induced epithelial to
264 mesenchymal transition (EMT) [28]. Hence, it was found that ZEB1 and Snai2 were both
265 highly expressed. In addition, the abnormal expression of integrins plays an important role in
266 fibrosis formation [30]. The histological examination of biopsy samples obtained from
267 COVID-19 patients revealed the bilateral diffuse alveolar damage with cellular fibromyxoid
268 exudates [31], and the processes mentioned above may be partly responsible.

269 Except for cluster 2, cluster 3, 4, 6, 7, 9, 10, 12, 13, 14, 32 and 34 were the EVs that
270 increased in the nCOV group, with highly express protein CLEC2A, CD81, ITGA1, ITGA5,
271 ITGB6, ITGB3, SNAI1, CD151, GPC1, RETN and ITGB2, respectively (**Figure 5C**). These

272 are all correlated to the protein expression of cluster 2. Adhesion molecules are involved in
273 various important physiological functions and pathological processes, including leukocyte
274 adhesion to vascular endothelial cells, and lymphocyte homing during the process of
275 inflammation [20]. This process is controlled through the modulation of integrin binding to
276 endothelial and mucosal ligands (e.g. integrin $\alpha 4\beta 7$ and MAdCAM-1) [32]. After the
277 SARS-CoV-2 infection, there may be some new types of multistep adhesion cascade in EVs,
278 leading to inflammation. Indeed, all this needs to be further verified by more follow-up
279 experiments.

280 Back to the EVs themselves, it is known that EVs are regulated by surface markers, such as
281 CD9, CD63, CD81 and ALIX [33], while different factors regulate different EV functions [34,
282 35]. We found that the EVs regulated by CD81 were more likely to bind to the SARS-CoV-2 N
283 protein (**Figure 6C**). In addition, it is known that cluster 2 (**Figure 5B**), cluster 4 (**Figure 5C**),
284 cluster 6, cluster 7, cluster 12 and cluster 34 (**Fig. S3**) are EVs with an upregulated protein
285 expression after SARS-CoV-2 infection, and that CD81 is highly expressed in all these clusters.
286 These results suggest that the EVs regulated by CD81 are the most likely subpopulations of
287 EVs that cause the changes in the pulmonary microenvironment after SARS-CoV-2 infection.

288 Furthermore, it was found that hepatitis C virus (HCV), which have been extensively
289 studied, enters the host cell through interactions with a cascade of cellular factors, such as
290 CDH1, claudin-1(CLDN1), and occludin (OCLN) [22]. Subsequently, it can be recognized
291 and absorbed by recipient cells. Unexpectedly, these transmission processes may be similar to
292 those of SARS-CoV-2, the EVs regulated by CD81 also highly expressed CDH1. The
293 difference is that EGFR is not required for the transmission of the SARS-CoV-2 (**Figure 6A**).
294 HCV uses a dynamic and multi-step process to engage and enter host cells, in which EGFR is
295 necessary for internalization [36].

296 In conclusion, we found that EVs (mostly regulated by CD81) can carry the
297 SARS-CoV-2 N protein, and its expression is highly correlated with that of inflammatory
298 factors in EVs. These results demonstrate that EVs derived from sputum of patients may
299 participate in the infection and immune response of COVID-19. The mechanism of the HCV
300 infection, and subsequently internalizing these into recipient cells, might have some
301 similarities to the relationship between EVs and SARS-CoV-2 infection, giving us many
302 hints. This can provide some information for the further study of COVID-19 and promote our
303 understanding of the possible pathogenesis of SARS-CoV-2 infection and the possibility of
304 nanoparticles drug intervention in viral infection.

305

306

307 **Materials and methods**

308 *Patient and healthy donor selection and inclusion criteria*

309 The present study was approved by the Ethics Committee of the First Affiliated Hospital of
310 Guangzhou Medical University (Guangzhou, China). Written informed consent was obtained
311 from all study participants. A sample ID was applied to ensure sample tracking with
312 confidentiality on sample donor identity. The healthy control (HC) group included 20 healthy
313 donors without symptoms, such as cough, allergy, respiratory tract discomfort, and so on. The
314 nCOV group included 20 patients with RT-PCR confirmed infection of SARS-CoV-2. The
315 clinic-pathological conditions of patients included in the present study are shown in Figure 1A.
316 The HC group consisted of 15 males and 5 females, with an average age of 56.6 years old. The
317 nCOV group consisted of 14 males and 6 females, with an average age of 56.7 years old.

318

319 *Detection of SARS-CoV-2 for the diagnosis of COVID-19:*

320 The presence of the SARS-CoV-2 was detected by real-time RT-PCR methods [11].

321 Nucleic acid was extracted from respiratory samples and sputum using a Viral RNA extraction

322 kit obtained from Daan Gene Co., Ltd. (Guangzhou, China). The RNA extraction from sputum

323 and blood was performed using a total RNA extraction kit obtained from Sangon Biotech

324 (Shanghai, China). The real-time PCR assay kit for targeting the SARS-CoV-2 RdRp and N

325 gene regions was provided by Daan Gene Co., Ltd.

326

327 *Sputum sample collection and pretreatment*

328 The sputum of patients was collected during a pulmonary exacerbation, and in a stable

329 condition. Similarly, the sputum of normal people (HC group) was induced by the inhalation of

330 hypertonic (NaCl 5%) or isotonic (NaCl 0.9%) saline. The sputum samples were observed

331 under a microscope to ensure the qualified samples. The standard is that the ratio of white

332 blood cells to squamous cells is greater than 2.5. The sputum samples were dispersed with PBS

333 at a ratio of 1:3, and centrifuged at 500 g to remove the cells, cell debris, and aggregates. All

334 operations were performed in biosafety laboratories, and the samples were aliquoted and

335 stored at -80°C until analysis.

336

337 *Virus Isolation and Transmission Electron Microscopy*

338 Vero E6 cells were used for virus isolation. A quantitative reverse transcription PCR

339 (qRT-PCR)-positive sputum swab specimen was saved in viral transport media (DMEM

340 containing 1% bovine serum albumin, 15 µg/mL amphotericin, 100 units/mL penicillin G, and

341 100 µg/mL streptomycin). Before virus isolation, the sample was filtered with a 0.45-µm

342 strainer and diluted 1:10 with DMEM containing 2% FBS and antimicrobial drugs. Cells were

343 infected at 37°C for 1 h. The inoculum was removed and replaced with a fresh culture medium.

344 Cytopathic effect (CPE) was observed in Vero E6 cells infected with SARS-CoV-2 isolate
345 after 72 h but not in mock-infected cells. Culture supernatant was negatively stained and
346 visualized by transmission electron microscopy.

347 *Characterization of extracellular vesicles in the sputum sample*

348 After collecting the induced sputum, the EVs were isolated from the sputum supernatant
349 using a standard ultracentrifugation protocol after initial extraction using the EV extraction kit
350 (ExoQuick-TC, EXOTC50A-1, SBI, USA). The concentration and size distribution of particles
351 in the sputum were investigated via a nanoparticle tracking system (Nanosight NS300,
352 Malvern Panalytical Ltd., UK) [12]. The morphology of the EVs were recorded via
353 transmission electron microscopy (H-7650, Hitachi, Japan).

354

355 *EV capture, fixation and permeabilization*

356 The streptavidin-coated PCR plates (PCR0STF-SA5/100, Biomat, Italy) were incubated
357 with 2.5 μ g/ml of biotinylated cholera toxin subunit B (C34779, Thermo-Fisher Scientific,
358 USA) in PBS (C10010500BT, Gibco, USA) at room temperature for two hours. Then, the plate
359 wells were rinsed for three times with PBST washing buffer, 0.05% Tween-20 (003005,
360 Thermo-Fisher Scientific, USA) in PBS. Afterwards, 20 μ l of sputum/PBS samples were added
361 to the wells of the plate. Wells were rinsed with PBST after incubation at room temperature for
362 two hours. The fixation step was performed by adding 20 μ l 4% paraformaldehyde in PBS
363 (BL539A, Biosharp, China) into each well. Thereafter, 0.2% Triton-X (T8787, Sigma-Aldrich,
364 USA) in PBS were added for permeabilization to facilitate the detection of the inner proteins of
365 EVs. Then, the wells of the plate were rinsed for three times with PBST before further tests.

366

367 *EV proteomics analysis via Proximity Barcoding Assay (PBA)*

368 The experimental method for the proximity barcoding assay (PBA) was performed
369 adopting the previously published protocol [13]. For the EV proteomic analysis, 100 antibodies
370 were conjugated with DNA oligonucleotides comprising 8-nucleotide (nt) protein tag,
371 8-nucleotide (nt) molecule tag and universal sequences as adapters. The proteins under
372 investigation included typical EV biomarkers, biomarkers related in lung diseases, and a panel
373 of cell adhesion molecules. The PBA tests were designed according to the protocols in
374 Vesicode AB (Solna, Sweden), and performed in Secretech (Shenzhen, China).

375

376 *Data processing*

377 After the DNA sequencing, the raw data was obtained in bcl file format. After running the
378 bcl2fastq program (Illumina, USA), the fastq files of each sample were generated according to
379 the sample indexes. Using fastx_toolkit, low-quality reads (Phred quality score Q<20) were
380 removed before further analysis. The clean data files for each sample constituted the DNA
381 reads of 75 bp, and the EV tag, protein tag, and molecule tag were extracted. The molecule tags
382 were used to deduplicate the amplified sequences due to the PCR reaction for library
383 construction, and the unique reads were used in the subsequent assays. The protein tags were
384 translated to the protein name by matching the antibody-DNA tag conjugation list (**SI. Table**
385 **1**). The EV-protein matrix contained columns for protein expression and rows of single EVs for
386 each sample, as indicated by the detected EV tags (**SI. Table 2**).

387 The EV-associated protein expression levels were obtained by summing the quantity of a
388 certain protein detected on all EVs. The data was normalized using the count per million (CPM)
389 method, accounting for the library size, and the trimmed mean (TMM) method, accounting for
390 composition bias. The protein combinations are the information of the protein co-expression on
391 the same EV. An unsupervised machine learning algorithm, FlowSOM, was applied to cluster

392 EVs, according to the proteomic features of EVs. The number of clusters was determined
393 according to the consensus matrix, in which the lowest number of clusters for optimal
394 separability was selected. The proteomic similarity of EVs was observed in the T-distributed
395 Stochastic Neighbor Embedding (t-SNE) plot. The proportion of each subpopulation was
396 quantified. The proteomic fingerprints for each subpopulation were profiled.

397 The protein combinations were summarized in the format of the EV tag-(p1, p2, p3...).
398 The quantity of each possible pair of co-expressed protein was obtained as the protein
399 combination dataset, and used as input variables for the abundance and differential analysis.
400 The differential analysis between the nCOV and HC groups was performed and visualized. The
401 co-expression of SARS-CoV-2 protein SARS-CoV-2 N with EV proteins was selected from
402 the protein combination dataset and analyzed to predict virus-EV association.

403

404 *Quantification and Statistical Analysis*

405 ANOVA and Student's t-test were performed to analyze the differences in mean values
406 between groups using GraphPad Prism 7. All results were expressed as mean \pm standard error
407 of the mean (SEM), and were corrected for multiple comparisons. P-values <0.05 were
408 considered statistically significant. The significance was indicated by asterisks and * stands for
409 a P-values ≤ 0.05 , ** for P-values ≤ 0.005 , *** for P-values ≤ 0.001 and **** for P-values
410 ≤ 0.0001 .

411

412 **Declarations**

413 **Acknowledgements and Role of the funding source**

414 This work is supported by the emergency grants for prevention and control of SARS-CoV-2
415 of Ministry of Guangdong province (2020B111133001), the China Postdoctoral Science
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419 of Guangdong Pearl River Talents Program (2017BT01S155), and Zhongnanshan Medical
420 Foundation of Guangdong Province (ZNSA-2020013).

421 **Conflict of interest and Consent for publication**

422 The authors have declared that no conflict of interest exists. This work described has not been
423 submitted elsewhere for publication, in whole or in part, and all the authors listed have
424 approved the manuscript that is enclosed.

425 **Ethics approval**

426 All procedures followed were in accordance with the ethical standards of the Medical Ethical
427 Council of the First Affiliated Hospital of Guangzhou Medical University and with the
428 Helsinki Declaration of 1975, as revised in 2000. Informed consent was obtained from all
429 patients for being included in the study. This article does not contain any studies with animal
430 subjects performed by any of the authors.

431 **Author contributions**

432 PR, RS, DW, and JZ conceived the study; RS, YZ, GB, JS, PK, LY and AZ collected clinical
433 specimen and executed the experiments; RS, YC, YZ, GB, PK, YL, WL, JL, NC, JX and DW
434 analyzed the data; JZ, BL and YZ contributed to critical revision of the manuscript; PR, RS,
435 YC and DW wrote the manuscript. All authors revised and approved the final version.

436 **Availability of Data and Material**

437 All the high-throughput sequencing data and experimental materials generated in this study
438 are available from the corresponding authors upon reasonable request.

439

440 **Figure legends**

441 **Figure 1. Demographic information and Characterization of EVs from the sputum**
442 **samples of COVID-19 patients.** (A) Donor information and the clinical complications of
443 COVID-19 infected patients. (B-C) The morphology of SARS-CoV-2 and EVs recorded by
444 Transmission Electron Microscopy. (D) The Nanoparticle Tracking Analysis of particles in the
445 sputum samples of COVID-19 patients (50 μ l of EVs were extracted from 100 μ l of sputum, and
446 detected after 200-fold dilution). In the inset, the size distribution (black lines) of EVs is
447 depicted (no magnet was employed). The error bars (in red) indicate the standard error of the
448 mean.

449

450 **Figure 2. Patients with COVID-19 secreted more proteins in individual EV and EVs**
451 **participated in the immune response.** (A) The Proximity Barcoding Assay (PBA) for the
452 analysis of the protein profile on a single EV level. A lipid membrane binding layer captured
453 the EVs of each sample; that is, streptavidin-biotin-CTB, coated on the wall of a 0.2ml well.
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455 of the barcoded antibodies (SI. Table 1) were applied to interact with the proteins on
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457 extension reaction. The DNA sequence results were prepared into the sequencing library, and
458 read out through high throughput sequencing using Illumina NextSeq 500. (B) The
459 quantification of EVs and proteins detected in the PBA, and the ratio of proteins per EV from
460 COVID-19 patients (nCOV group) and healthy controls (HC group) were plotted. (C)
461 SARS-CoV-2 N protein signals can be detected in EVs obtained from nCOV, HC and PBS
462 negative controls. (D) The quantification of IL6 and TGF- β proteins, and their correlation
463 with SARS-CoV-2 N protein, detected from the nCOV and HC groups. COVID-19 patients
464 (nCOV, n = 20), healthy controls (HC, n = 20), and PBS negative controls (PBS, n=4). (E)

465 The quantification of IgA and IgM proteins. ****Indicates P<0.0001 in the t-test. **(F)** Total
466 expression of proteins in sputum EV samples of nCOV and HC groups, the heatmap shows
467 the proteomic profile of samples.

468

469 **Figure 3. The EV subpopulations from 40 different samples were determined using**
470 **unsupervised machine learning process, FlowSOM. (A)** Forty subpopulations were
471 displayed in the t-distributed stochastic neighbor embedding (tSNE) plot. The tSNE
472 representation of EVs from all analyzed samples (n = 40) were colored by manually annotating
473 the EV type. **(B)** The tSNE plot for each sample obtained from healthy individuals (HC, n = 20)
474 and COVID-19 infected patients (nCoV, n= 20), and was conducted for each cluster.

475

476 **Figure 4. EV subpopulations atlas and the featured change in patients with COVID-19.**
477 **(A)**The similarity and differences in EV proteomics between the sputum samples in the
478 COVID-19 and HC groups are shown, in which all EVs in the nCoV group were colored green,
479 while the EVs in the HC group were colored red. **(B)** The quantification of the EV
480 subpopulation for the nCOV and HC groups. Compared to the HC group, the nCOV group had
481 a significantly high ratio of EV subpopulations, which was indicated as cluster 2, 3, 4, 6, 7, 9,
482 10, 12, 13, 14, 32 and 34, while there was a decreased ratio of subpopulations in cluster 16, 21,
483 22, 26, 27 and 33. (*indicates P<0.05, **indicates P<0.01, ***indicates P<0.001, and
484 ****indicates P<0.0001 in the t-test).

485

486 **Figure 5. The differential distribution of EVs obtained from the nCOV and HC groups,**
487 **the EV cluster distribution for the nCOV (red) and HC (blue) groups. (B)** For each
488 differentially expressed EV subpopulation, the location in the total EVs and the top 7 featured
489 proteins are shown. **(A-B)** cluster 2 constitutes 4.92% of all EVs in the nCOV group, but this

490 was only 0.55% in the HC group. The EVs of cluster 2 show the high expression of
491 SARS-CoV-2 N protein with EV biomarker CD81 and cell adhesion molecules, including
492 EpCAM, CDH1, ITGB4, ITGA5, SNAI2 and so on. **(C-E)** The proteomic profiles of cluster 3,
493 4,13 and 33. Cluster 33 featured the higher expression of EGFR and IgA, comprising 14.12%
494 of EVs in the HC group and 3.37% of EVs in the nCOV group.

495

496 **Figure 6. EVs regulated by CD81 are more likely to carry SARS-CoV-2.** **(A)** The protein
497 combinations were demonstrated in the matrix. The fold change in expression was color coded,
498 and the significance was indicated with the size of the dots. **(B-C)** The co-localization of the
499 SARS-CoV-2 N protein with EV biomarkers. **(B)** The Venn diagram analysis for multiple
500 groups of data. **(C)** The levels of enriched co-localization. The number of associated query
501 proteins in a term are shown on the right side of each term bar. **(D)** The proteomic profiles of
502 cluster 4. **(E)** The protein expression distribution of CD81(red) and SARS-CoV-2 N (blue) in
503 all EV, and the green part represented the co-expression region.

504

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- 594

Figures

Figure 1

A

Group HC: Healthy control (n=20, average age=56.6)			Group nCOV: COVID-19 patients (n=20, average age=56.7)		
Patient number	Gender ¹	Age	Patient number	Gender ¹	Age
HC1	M	67	nCOV1	F	25
HC2	M	56	nCOV2	F	65
HC3	F	48	nCOV3	M	64
HC4	M	54	nCOV4	M	49
HC5	M	58	nCOV5	M	41
HC6	M	61	nCOV6	F	72
HC7	M	68	nCOV7	M	58
HC8	F	54	nCOV8	F	82
HC9	M	40	nCOV9	M	49
HC10	M	52	nCOV10	M	53
HC11	M	53	nCOV11	M	61
HC12	F	60	nCOV12	M	42
HC13	F	56	nCOV13	M	72
HC14	M	65	nCOV14	M	26
HC15	M	59	nCOV15	M	79
HC16	M	50	nCOV16	M	50
HC17	F	41	nCOV17	F	55
HC18	M	64	nCOV18	M	66
HC19	M	69	nCOV19	M	68
HC20	M	57	nCOV20	F	57

¹Gender:
M, male
F, female

²Clinical complications:
A, Acute respiratory distress syndrome (severe)
B, Respiratory failure
C, Septic shock
D, Myocardial damage
E, Abnormal coagulation function
F, Sepsis
G, Acute kidney injury
H, Multiple organ dysfunction syndrome
I, Hepatic insufficiency
J, Hypoproteinemia
N, None

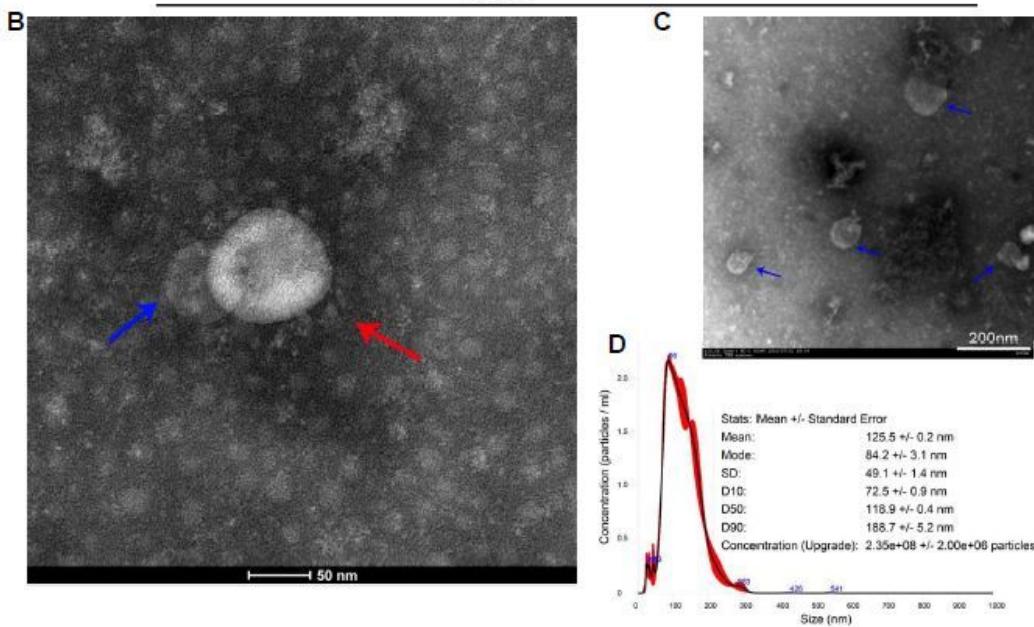


Figure 1

Demographic information and Characterization of EVs from the sputum samples of COVID-19 patients.
 (A) Donor information and the clinical complications of COVID-19 infected patients. (B-C) The morphology of SARS-CoV-2 and EVs recorded by Transmission Electron Microscopy. (D) The

Nanoparticle Tracking Analysis of particles in the sputum samples of COVID-19 patients (50 μ l of EVs were extracted from 100 μ l of sputum, and detected after 200-fold dilution). In the inset, the size distribution (black lines) of EVs is depicted (no magnet was employed). The error bars (in red) indicate the standard error of the mean.

Figure 2

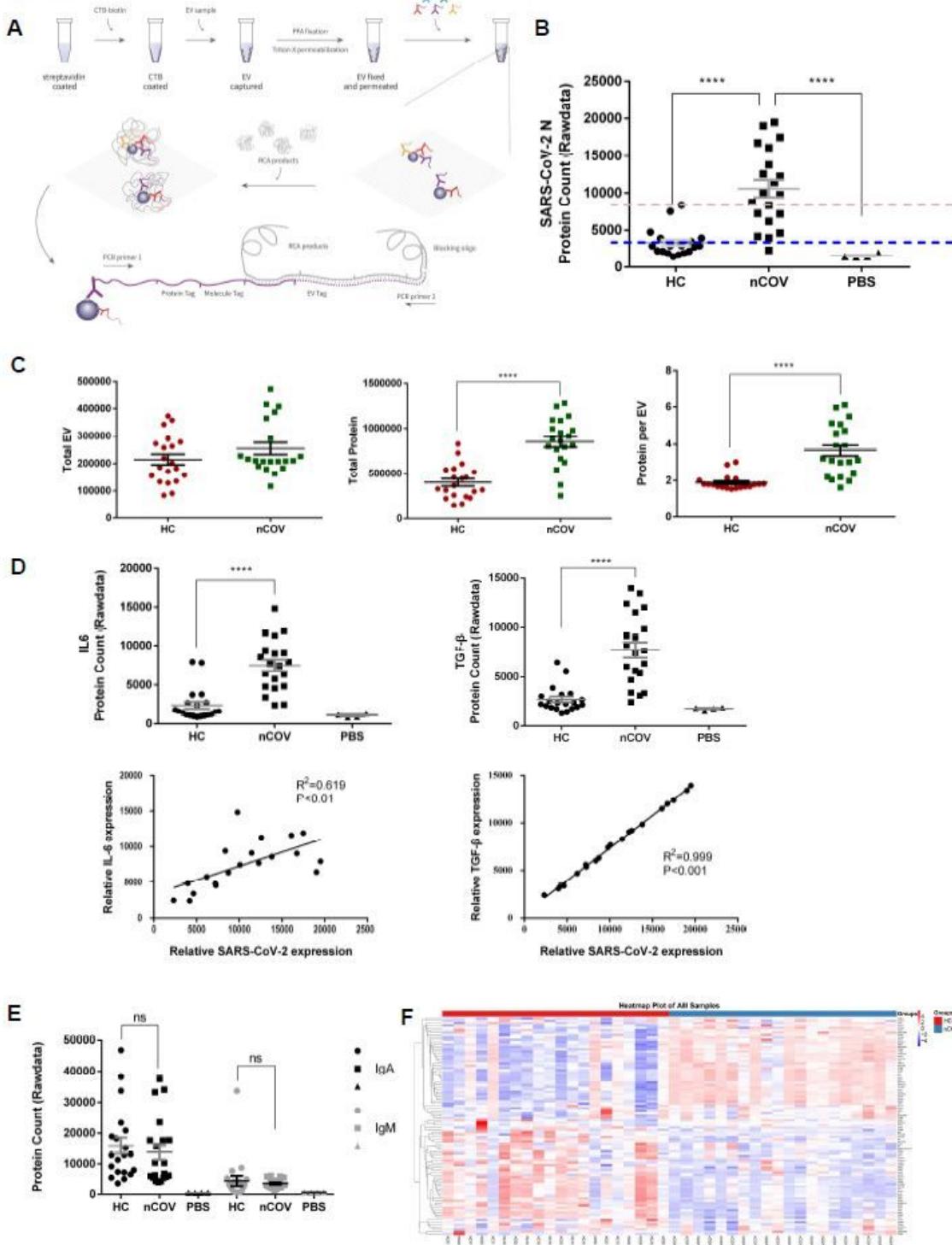


Figure 2

Patients with COVID-19 secreted more proteins in individual EV and EVs participated in the immune response. (A) The Proximity Barcoding Assay (PBA) for the analysis of the protein profile on a single EV level. A lipid membrane binding layer captured the EVs of each sample; that is, streptavidin-biotin-CTB, coated on the wall of a 0.2ml well. After fixation with formaldehyde and permeabilization with Triton X, the 100-antibody panel of the barcoded antibodies (SI. Table 1) were applied to interact with the proteins on individual EVs. The PBA templates endow each EV with a specific 16-bp EV tag through extension reaction. The DNA sequence results were prepared into the sequencing library, and read out through high throughput sequencing using Illumina NextSeq 500. (B) The quantification of EVs and proteins detected in the PBA, and the ratio of proteins per EV from COVID-19 patients (nCOV group) and healthy controls (HC group) were plotted. (C) SARS-CoV-2 N protein signals can be detected in EVs obtained from nCOV, HC and PBS negative controls. (D) The quantification of IL6 and TGF- β proteins and their correlation with SARS-CoV-2 N protein, detected from the nCOV and HC groups. COVID-19 patients (nCOV, n = 20), healthy controls (HC, n = 20), and PBS negative controls (PBS, n=4). (E) The quantification of IgA and IgM proteins. ****Indicates P<0.0001 in the t-test. (F) Total expression of proteins in sputum EV samples of nCOV and HC groups, the heatmap shows the proteomic profile of samples.

Figure 3

tSNE Plot of All Samples Auto–Clustered by FlowSOM

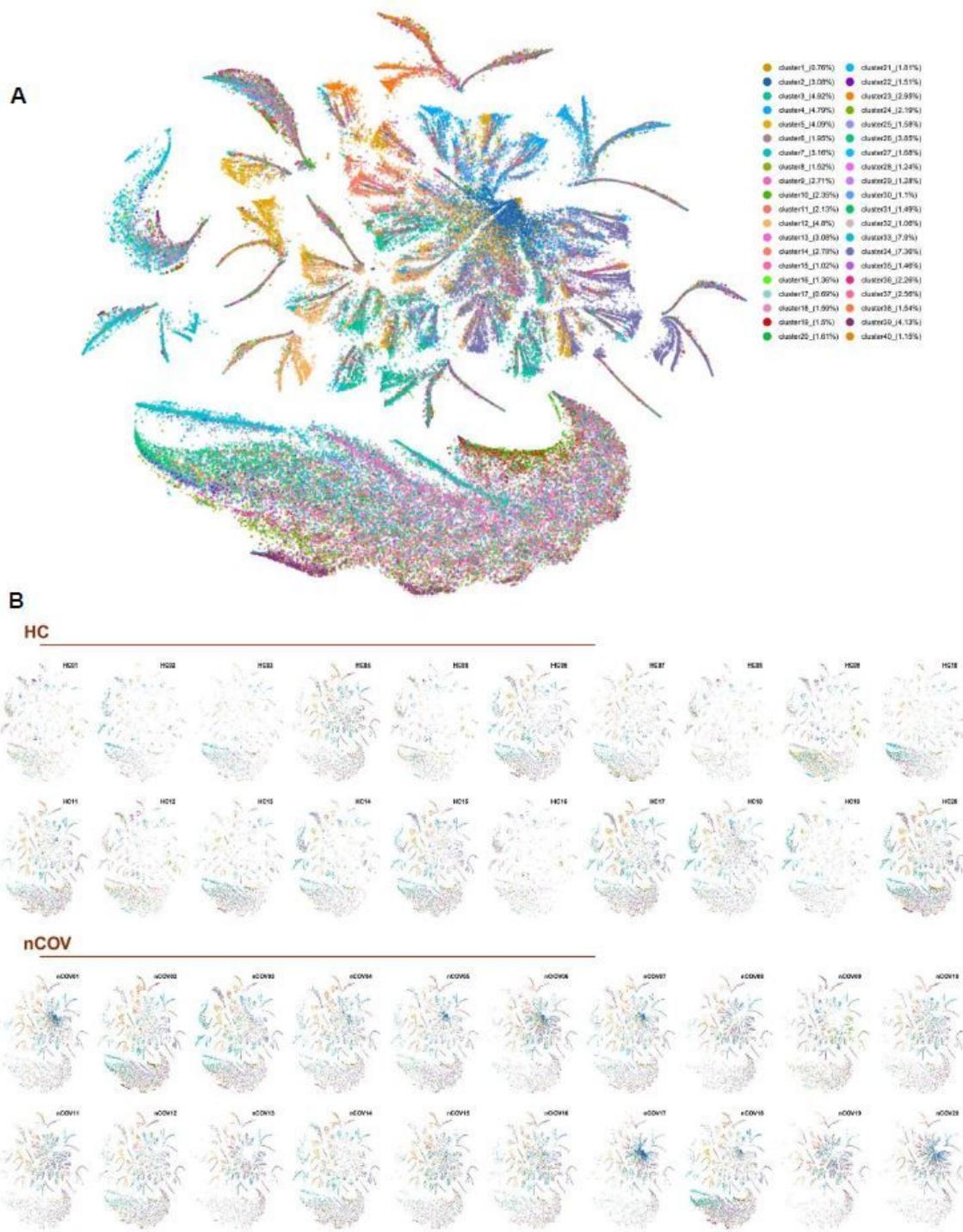


Figure 3

The EV subpopulations from 40 different samples were determined using unsupervised machine learning process, FlowSOM. (A) Forty subpopulations were displayed in the t-distributed stochastic neighbor embedding (tSNE) plot. The tSNE representation of EVs from all analyzed samples ($n = 40$) were colored by manually annotating the EV type. (B) The tSNE plot for each sample obtained from healthy individuals (HC, $n = 20$) and COVID-19 infected patients (nCoV, $n = 20$), and was conducted for each cluster.

Figure 4

tSNE Plot of All Samples Colored by Groups

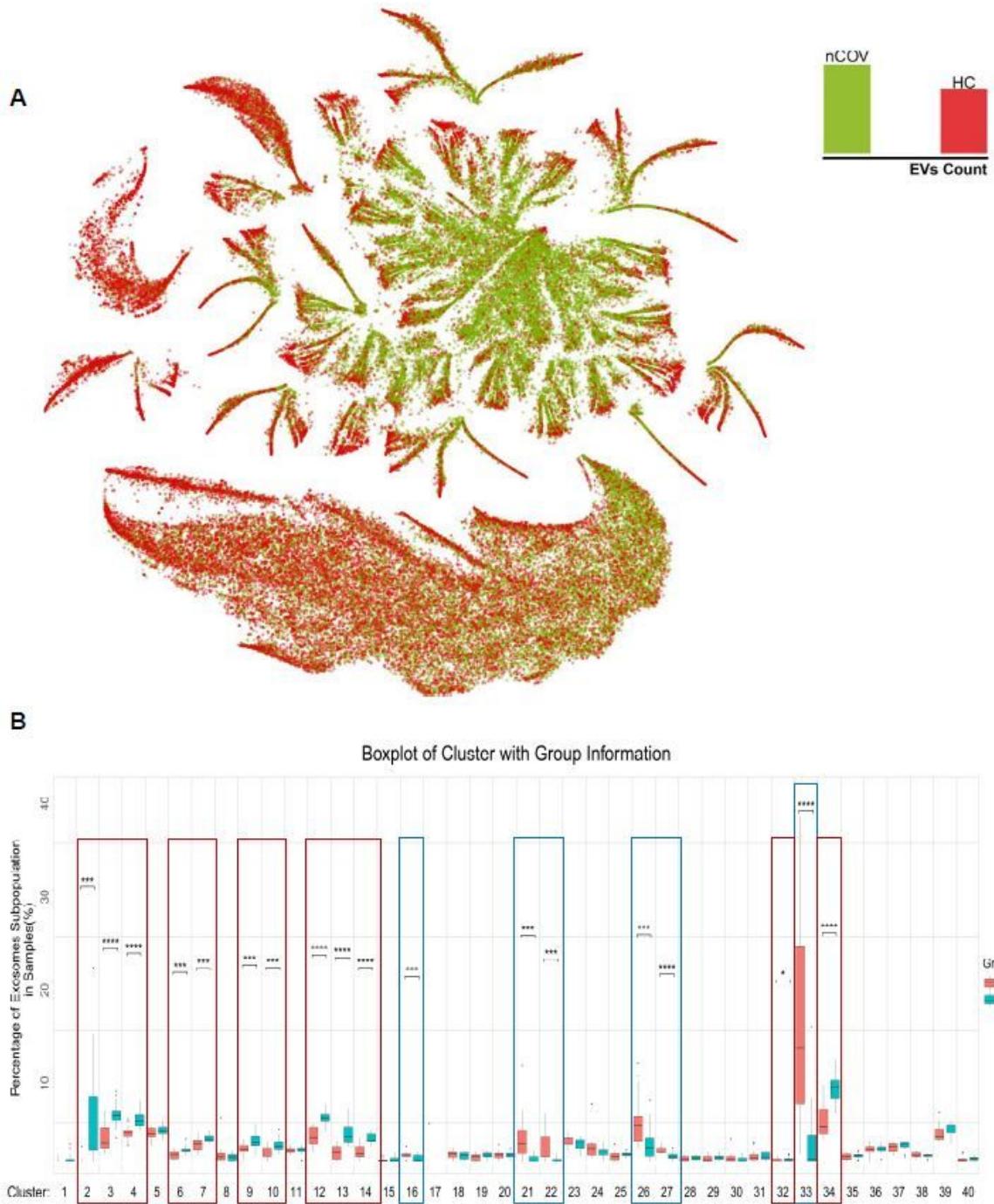


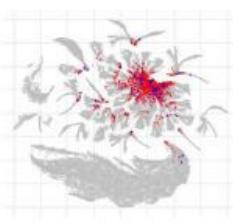
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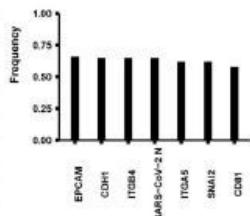
7, 9, 10, 12, 13, 14, 32 and 34, while there was a decreased ratio of subpopulations in cluster 16, 21, 22, 26, 27 and 33. (*indicates $P < 0.05$, **indicates $P < 0.01$, ***indicates $P < 0.001$, and ****indicates $P < 0.0001$ in the t-test).

Figure 5

A

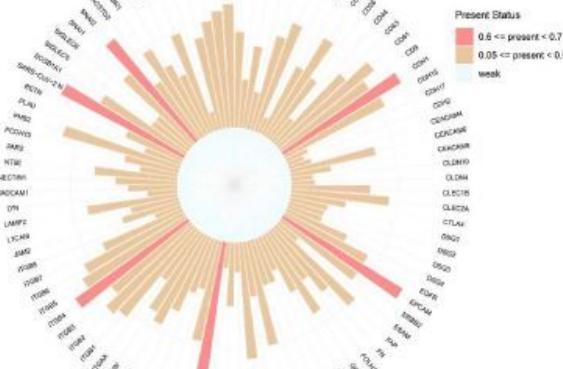


cluster2

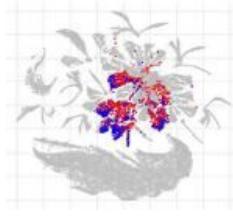


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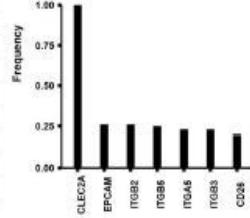
Marker Intensity of cluster2_(3.08%)



C

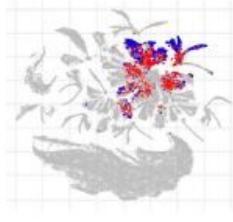


cluster3

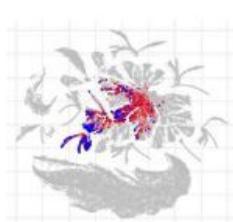
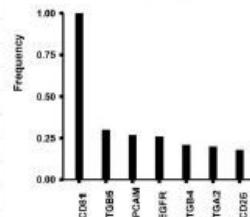


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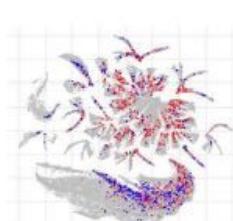
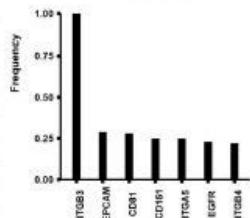
cluster33



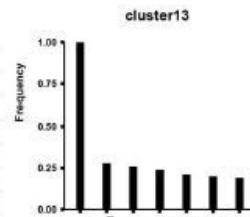
cluster4



cluster12



cluster13



Marker Intensity of cluster33_(7.9%)

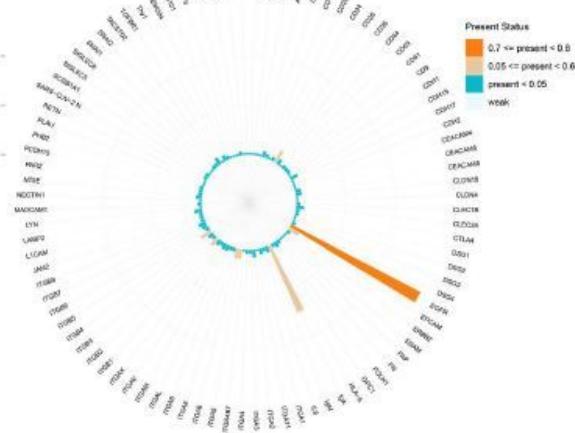


Figure 5

The differential distribution of EVs obtained from the nCOV and HC groups, the EV cluster distribution for the nCOV (red) and HC (blue) groups. (B) For each differentially expressed EV subpopulation, the location in the total EVs and the top 7 featured proteins are shown. (A-B) cluster 2 constitutes 4.92% of all EVs in the nCOV group, but this was only 0.55% in the HC group. The EVs of cluster 2 show the high expression of SARS-CoV-2 N protein with EV biomarker CD81 and cell adhesion molecules, including EpCAM, CDH1, ITGB4, ITGA5, SNAI2 and so on. (C-E) The proteomic profiles of cluster 3, 4, 13 and 33. Cluster 33 featured the higher expression of EGFR and IgA, comprising 14.12% of EVs in the HC group and 3.37% of EVs in the nCOV group.

Figure 6

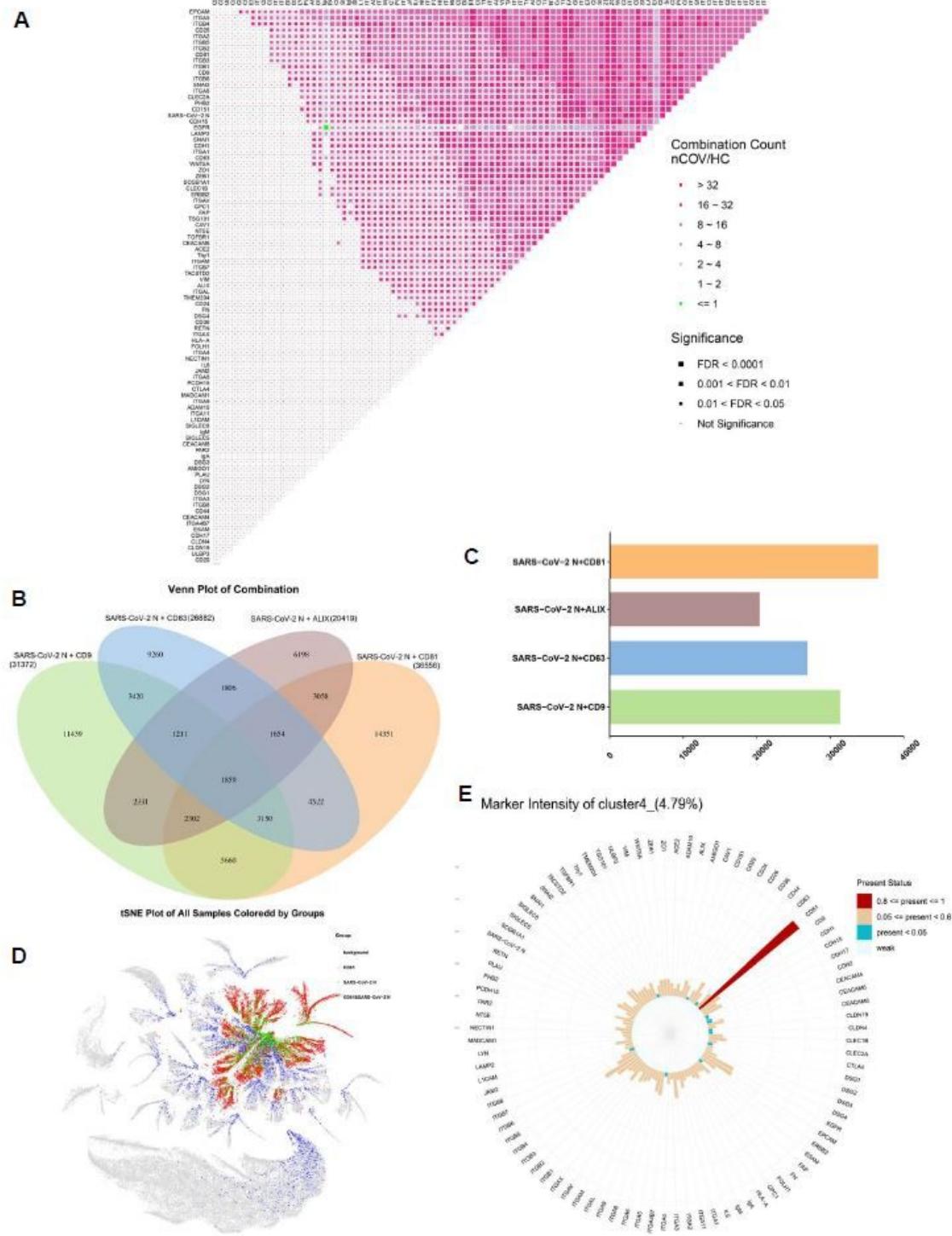


Figure 6

EVs regulated by CD81 are more likely to carry SARS-CoV-2. (A) The protein combinations were demonstrated in the matrix. The fold change in expression was color coded, and the significance was indicated with the size of the dots. (B-C) The co-localization of the SARS-CoV-2 N protein with EV biomarkers. (B) The Venn diagram analysis for multiple groups of data. (C) The levels of enriched co-localization. The number of associated query proteins in a term are shown on the right side of each term

bar. (D) The proteomic profiles of cluster 4. (E) The protein expression distribution of CD81(red) and SARS-CoV-2 N (blue) in all EV, and the green part represented the co-expression region.

Supplementary Files

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