In silico discovery of GPCRSs and GnRHRs as Novel SARS-CoV-2 binding receptors, the Scientific Breakthrough that could explain the observed High cortisol, Appetite loss, Ansomnia and Hypogonadism, as well as Hypothyroidism, Retinol deficiency and menstrual disturbances among SARS-COV-2 patients.

Mahmoud Ramadan Elkazzaz (✉ mahmoudelkazzaz2051@gmail.com)

Department of chemistry and biochemistry, Faculty of Science, Damietta University, Egypt

<https://orcid.org/0000-0003-3703-520X>

Amr Ahmed (✉ drmedahmed@gmail.com)

Director of tuberculosis program Ghubera, public health department ,First health cluster ,Ministry of health , Riyadh, Saudia Arabia <https://orcid.org/0000-0003-3477-236X>

Ghareeb Alshuwaier (✉ galshuwaier@ksu.edu.sa)

Professor of Sport Nutrition (Sport Nutritionist) Exercise Physiology Department, College of Sports Science and Physical Activity (King Saud University, Riyadh)

Israa M Shamkh

Chemo and Bioinformatics Lab, Bio Search Research Institution, BSRI. Giza , Egypt, Federal University of Alfenas, Brazil

Yousry Esam-Eldin Abo-Amer

Hepatology,Gastroenterology and Infectious Diseases Department, Mahala Hepatology Teaching Hospital, Egypt <https://orcid.org/0000-0002-6136-8840>

Tamer Haydara

Department of Internal Medicine, Faculty of Medicine, Kafrelsheikh University, Egypt

Research Article

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In silico discovery of GPCRSs and GnRHRs as Novel SARS-CoV-2 binding receptors, the Scientific Breakthrough that could explain the observed High cortisol, Appetite loss, Ansomnia and Hypogonadism, as well as Hypothyroidism, Retinol deficiency and menstrual disturbances among SARS-COV-2 patients.

Background

COVID-19 is known to cause chemosensory dysfunction. A common symptoms of COVID-19 is a disorder in hormonal balance and olfactory function which may persist after recovery including COVID-19-related anosmia and hypogonadism. Hormonal problems such as Hypogonadism and Hypothyroidism are being observed in patients with Covid-19. Rise in cases of hormonal imbalance post COVID recovery is a cause for concern. Moreover, anosmia is a well-tolerated symptom of COVID-19, but their aetiology isn't understood. The studies demonstrated that the new coronavirus could affect the central nervous system through the olfactory bulb or blood circulation. Furthermore, in addition to anosmia or hyposmia induction, as well as taste disorders, the virus may cause Appetite loss, High cortisol, Anxiety, Retinol deficiency, Eye-ache, earache, Dizziness, Memory, Minstrual disturbances and hallucination. G-protein coupled receptors (GPCRSs) are well known to be expressed throughout the body, and they represent the genome's largest superfamily of signaling. It was showed that G-protein coupled receptors (GPCRS) and Gonadotropin-releasing hormone receptors (GnRHRs, a subtype of GPCRS), were expressed sufficiently in olfactory region and hypothalamus as well as thyroid gland and the human lung. It was found that GPCRSs are responsible for diverse biological functions such as Appetite, Cortisol level, Smelling and Tasting regulation as well as Retinol transport and act as receptors of Thyroxine. Herein by using molecular docking and stimulation analysis, we succeeded to elucidate the direct neuroinvasive route of COVID-19 into the nasal epithelium and human brain cells which may lead to anosmia and hormonal imbalance mainly through the olfactory route by direct binding to G-protein coupled receptors (GPCRS). Furthermore, we strongly suspect that binding of COVID-19 to the expressed GPCRS in the lung is a main cause of ion channeling disruption leading to pulmonary edema and failure. Moreover, we confirmed our results by investigating Gonadotropin-releasing hormone receptors (GnRHRs) as a novel binding receptor of COVID-19.

Methodology

In the current study, we used PatchDock server to conduct a docking study of the SARS-CoV-2 Spike protein with both of GnRHRs and GPCRSs protein. The structure of the crystal structure of the proteins were retrieved from RSCB

(<https://www.rcsb.org/>) with accessions numbers (PDB ID 7BR3 and 6P9X respectively). we obtained the crystal structure of spike with accession number (PDB ID: 6VYB). The proteins are downloaded in the pdb format. The spike - receptor protein was investigated to determine the conservative residues of binding of Spike protein with the GnRHRs and GPCRS proteins in order to discover the ability of Spike to interact with GnRHR and GPCR receptors. We performed Molecular Dynamics (MD) Simulation to investigate the positional and conformational changes of the included proteins in relation to the binding site that provides insight into the binding stability. MD simulation of the complex was carried out with the GROMACS 4.5.4 package using the GROMOS96 43a1 force field .

Results

This analysis of simulations molecular dynamics and molecular docking showed a high affinity between Spike protein and both of GnRHRs and GPCRSs . Results indicated that the spike binds to GNRHRS with binding energy (-1424.7 k.cal/mol) and to GPCRS with binding energy (-1451.8 k.cal/mol). The obtained results confirmed that the native model binds to GPCRS with the highest docking score of (-1451.8) when compared to the other GNRHRS complexes, which have the lowest binding affinity, as evidenced by the docking score of (-1424.9). These results signifies better conjugation of GNRHRS to the binding pocket of the spike receptor in the RDB of the spike protein . Comparing the binding free energy of GPCRS to GNRHRS showed that the GNRHRS protein was found to bind to the vital residues in the RBD of the spike protein. But GPCRSs protein were found to bind to new RDB in other place in chain B of the spike. The molecular dynamics (MD) simulations study revealed significant stability of s pike protein with the GnRHRs and GPCRS separately up to 50 ns.

CONCLUSIONS

The COVID-19 entry receptor, angiotensin-converting enzyme 2 (ACE2), is not expressed in the receptor of olfactory neurons, or its generation is limited to a minor fraction of these neurons. A change or disorder in hormonal balance and olfactory function is a common symptom of COVID-19 as well as Appetite loss and retinol deficiency , but its aetiology is unknown. SARS-CoV-2 was found to bind strongly and directly to both GPCRS and GnRHRs which expressed sufficiently in olfactory neurons. As a result, we confirm that COVID-19 could use these receptors especially GNRHRS as a direct neuroinvasive route into human brain cells, potentially leading to long-term neurological complications and hormonal imbalance in addition to Appetite loss and retinol deficiency via the olfactory route. Our findings may also shed a new light on the mechanism of pulmonary edema in COVID-19 patients. Therefore ,we propose that GPCRS and is involved in COVID-19 pathophysiology and can be exploited as a potential therapeutic target for COVID-19.

Introduction

G-protein coupled receptors (GPCRs) are well known to be expressed throughout the body, and they represent the genome's and are the largest and .largest superfamily of signalling proteins(1), the most diverse group of membrane receptors in eukaryotes. They are activated by a wide range of ligands, including light energy, lipids, sugars, peptides, and proteins(2,3,4), which transport information from the outside environment into the cell in order to mediate the corresponding functional responses. When GPCRs bind to ligands, their conformational changes trigger a cascade of biochemical reactions within the cell. These intracellular reactions control sensory functions like smell, taste, and vision, as well as a wide range of physiological processes like secretion, neurotransmission, metabolism, cellular differentiation, inflammation, and immune responses(5,6,7,8). Almost 80% of COVID-19 infected patients experience significant symptoms which is neurological origin such as anosmia , unconsciousness ,dizziness, headaches, muscle tiredness and irritability. (9) A study showed that COVID-19-related anosmia has been linked to inflammation and viral persistence in the olfactory epithelium region , as well as infection of the brain in hamsters models (10). Although, previous research showed that COVID-19 enters the brain via an olfactory path from the nose toward brain(11,12,13,14). But, the COVID-19 entry receptor, angiotensin-converting enzyme 2 (ACE2), is not expressed in receptor of olfactory neurons, or its generation is limited to a minor fraction of these neurons(15,16,17,18). Expression profiling of 100 GPCRs demonstrates that most are expressed in multiple tissues and that individual tissues express multiple GPCRs. Over 90% of GPCRs are expressed in the brain(52). GPCRs expressed sufficiently in

olfactory bulb (OB) and act as olfactory receptors(53) GPCRSs are signal receptors that respond to a wide range of stimuli. Chemosensory GPCRSs (csGPCRSs) are receptors for sensory signals from outside the body that are detected as odors, pheromones, or tastes (54,55). Peptides, lipids, neurotransmitters, and nucleotides are all examples of endogenous signals that GPCRSs respond to (56,57). These GPCRSs are involved in a variety of physiological processes, including neuronal excitability regulation, metabolism, reproduction, development, hormonal homeostasis, and behaviour. Two specific GPCRSs, A2B adenosine receptors and 2 adrenergic receptors, are primarily involved in CFTR regulation and are abundantly expressed in airways (58,59). Under physiological conditions, the adenosine-CFTR regulation system is critical for mucosal airway surface protection (60) and alveolar surface layer(ASL) regulation (61). Viruses, on the other hand, are well known for their ability to not only exploit GPCRSs to enter host cells, but also to use their intracellular signalling pathways for survival and replication (62). GPCRS induce Retinol-binding protein (RBP) and retinoid signaling indirectly via inducing both of follicle-stimulating hormone (FSH) and luteinizing hormone (LH) (67). It was showed that female patients with COVID- 19 had various extents of transient menstrual changes, mainly manifesting as prolonged cycles and decreased volume. A few patients also showed shortened or disordered menstrual cycles and increased volume, which were rarely observed in the control group. Younger women in Wuhan, China's outbreak experienced changes in their menstrual cycles while hospitalized for acute illness with COVID-19 infection(68). The most common change was having menstrual cycles that were 33 days or more apart (that occurred for 42 percent of the 237 women studied) (68). These longer cycles were much more common in sicker women who needed ventilators or intensive care(68). Women's reproduction can be suppressed by any acute illness, as we have known for eons. In a 1977 study, for example, menopausal women hospitalized with terminal illness had very low levels of luteinizing hormone (LH), so low that they were comparable to menstruating women's LH levels (typically 5-15). LH levels increased toward normal high menopausal levels as women were treated and recovered (in the 50-150 range) (69). The very sick women had similar, lower-than-expected LH levels. Weight loss , illnesses and emotional/social/psychological

stress are well known to alter women's menstrual cycles. The brain (hypothalamus) has a protective role; it makes adaptations to protect women from pregnancy when under duress. Brain signals cause lower gonadotrophins (the two hormones called LH and follicle stimulating hormone [FSH] that are part of a complex coordinating system for women's reproduction. According to our findings COVID-19 could bind to GPCRs and GnHRHs leading to disruption of different GPCRS and GnHRHs signaling resulting in existing symptoms and complications including Hormonal imbalance (High cortisol, Hypogonadism, Hypothyroidism lymphopenia, Neurological disorders, Ineffective RIG-I pathway, Interferon inhibition, Hormonal imbalance, Thrombosis, and Smell .(and taste loss.

Methodology

Molecular Docking

Dataset of the proteins

In the current study we used PatchDock server to conduct a docking study of the SARS-CoV-2 Spike protein with both of GnRHRs and GPCRSs protein.. The structure of the crystal structure of the proteins are retrieved from RSCB (<https://www.rcsb.org/>) with accessions numbers (PDB ID 7BR3 and 6P9X respectively. we obtained the crystal structure of spike (PDB ID: 6VYB). The proteins are downloaded in the pdb format. The spike receptor protein was investigated to determine the conservative residues of binding of Spike protein with the GnRHRs and GPCRS proteins in order to discover the ability of Spike to interact with GnRHRs and GPCRSs and to explain the loss of smelling and taste as well as retinol deficiency , hormonal imbalance and lung edema if the spike protein of the virus are bind with GNRHRS and GPCRSs in a good binding affinity that declare the mechanism of the interaction which lead to lose of the smelling of the human . protein Docking study of each Spike - GNRHRS GPCRSs protein were carried out using PatchDock server, this uses molecular docking algorithm based on structure geometry. Firstly, we put the proteins (spike , GNRHRS and GPCRS) after we download it from RSCB we submit it on SAMSON software For pre-docking, all water molecules and ligands were removed while hydrogen atoms were added to the target proteins. In addition, the affinity minimization was performed. For Spike with all of them

GPCRS and GNRHRS proteins to make docking between them to get know are the spike will bind to another receptor GPCR or GNRHRS. Secondly we submitted the data into the server, spike as receptor (spike - receptor) and the ligand (GPCRS), at the first then (spike as a receptor) and the ligand (GNRHRS), in which both amino acid sequences and PDB structures are supported. Then, submitted into the server PatchDock program.

PatchDock program

We performed docking analysis using PatchDock program. This uses molecular docking algorithm based on structure geometry. The PatchDock algorithm divides the Connolly dot surface representation of the protein molecules into three classes, namely, convex, concave, and flat patches (64,65). Then, complementary patches were matched to generate the candidate transformations. Each of the candidate transformation is additionally evaluated by a scoring function which considers both the atomic desolvation energy and geometric fit (66). Next, root mean square deviation (RMSD) clustering is applied to the candidate solutions to discard redundant solutions. The input parameters for the docking are the PDB coordinate file of the protein and ligand molecule. Three major steps are followed in the PatchDock analysis: (i) surface patch matching, (ii) molecular shape representation, and (iii) filtering and scoring.

Molecular Dynamics Simulation

MD simulation of the complex was carried out with the GROMACS 4.5.4 package using the GROMOS96 43a1 force field. The lowest binding energy (most negative) docking conformation generated by AutoDock was taken as initial conformation for MD simulation. The topology parameters of proteins were created by using the Gromacs program. The complexes (spike - GNRHRS) and (spike - GPCR) were immersed in an octahedron box of simple point charge (SPC) water molecules. (336 - 267) Na⁺ counter-ions were added by replacing water molecules to ensure the overall charge neutrality of the simulated system. (spike - GNRHRS) and (spike - GPCR) complexes were energy-minimized initially by steepest descent 10,000 steps, followed by conjugate gradient method 10,000 steps. In

order to equilibrate the system, the solute was subjected to position-restrained dynamics simulation (NPT) at 300 K for 300 ps. Finally, the full system was subjected to MD production run at 300 K temperature and 1 bar pressure for 20 000 ps. MD simulations were repeated thrice in order to verify the reproducibility of our study.

Analysis of Molecular Dynamics Trajectory

The trajectory files were analyzed by using g_rms, g_rmsf, and g_sas GROMACS utilities in order to obtain the root-mean-square deviation (RMSD), root-mean square fluctuation (RMSF), and solvent accessibility surface area (SASA). Numbers of distinct intermolecular hydrogen bonds formed during the simulation were calculated using g_h bond utility. The trajectory files of PCA were analyzed through the use of g_covar and g_anaeig of GROMACS utilities in order. The analysis of the secondary structure elements of the protein was performed using the program “do_dssp,” which utilizes the DSSP program [54].

Results and Discussion

Docking Analysis

To investigate the binding of the spike with GPCRS and GNRHRS proteins, docking analysis was carried out with a specific GPCRS and GNRHRS proteins . Results indicated that the spike are bind to GNRHRS in (PHE 456- GLN 493 -GLY 496 -THR 500 – GLY 502 - LEU 455 -TYR 449 – LYS 417) which are the vital residues in the RDB of the Spike proteins which bind to GNRHRS by binding energy -1424.7 k.cal/mol . GPCRS results indicated that Comparing the binding free energy of GPCRS to GNRHRS showed that the GNRHRS protein was found to bind to the vital residues in the RBD of the spike protein. But GPCRSs protein were found to bind to new RDB in other place in chain B of the spike as showed in table 1.

Proteins	PDB ID	Binding energy	Protein binding with RDB of spike

Spike GNRHRS	- PDB ID spike : 6VYB PDB ID GNRHRS:6P9X.	-1424.9	PHE 456 GLN 493 GLY 496 THR 500 GLY 502 LEU 455 TYR 449 LYS 417
Spike GPCRS	- PDB ID GPCRSS: 7BR3	-1451.8	TYR 28 ASN30 PHE 33 THR 33 PHE 59 ASN 61 ASN 211 ASP 215 PRO 217 GLN 218 GLY 219 PHE 220 LYS 278 THR 286 ASP 287 LEU 293

			ASP 294
			PRO 259
			LEU 296
			SER 297
			LYS 300
			THR 602
			ASN 603
			THR 604
			SER 605
			ASN 606
			GLU 607
			VAL 608
			ALA 609
			VAL 610
			CYS 617

Table 1 displays the lowest calculated binding energy value of GPCRS and GNRHRS docked to the spike protein in RDB

The GPCRS and GNRHRS binding to spike protein RDB the table 1 show that the GNRHRS protein are bind to the vital residues. Comparing to the binding free energy of GPCRS which not bind to RDB but bind in other place in chain B of the spike protein the result show that the lowest binding is GNRHRS and the highest GPCRS (-1424.9 , -1451.8) representatively Detailed analysis showed that the GPCRS acquired an altered mode of binding in spike protein . both of the GPCRS and GNRHRS complexes are showed in secondary structure in Figure 1, it is clear that in the native model of the spike and its binding to GNRHRS are take an alternative way to bind to

spike protein like ACE2 .also and GPCRS are bind in deferent chain to get the effect of losing the smelling .

Figr 1. shows the spike protein with GNRHRS in the left side as see in the figer its bind like an ACE2 in the same binding energy in the right side spike protein binding with GPCRS

Spike - GPCR

GPCR

Figur 2 shows the binding of the spike protein which is in blue ,green and rose which is the tree chains of the protein chain A,B and C which bind to the white part which is GPCRS as show its bind in alternative way to get the effect of losing smelling

Figur 3 the binding of the spike protein which is in blue ,green and rose which is the tree chains of the protein chain A,B and C which bind to the white part which is GNRHRS as show it binds in the RDB of spike protein so it is an alternative way to get the effect of losing smelling

Results were described before to optimize the Docking score of the native model of spike with GNRHRS and GPCRS. the calculated energy are done by using Patch Dock (Table 1). The obtained results confirmed that the native model binds to GPCRS with the highest docking score of -1451.8 when compared to the other GnRHRS complexes, which have the lowest binding affinity, as evidenced by the docking score of -1424.9.. These results signifies better conjugation of GNRHRS to the binding pocket of the spike receptor in the RDB of the spike protein . Comparing the binding free energy of GPCRS to GNRHRS showed that the GNRHRS protein was found to bind to the vital residues in the RBD of the spike protein. But GPCRSs protein were found to bind to RDB in other place in chain B of the spike.

Simulation Study of (spike - GNRHRS) and (spike – GPCRS)Complexes

The results obtained from the above docking analysis provoked us to explore the dynamic behavior of (spike - GNRHRS) and (spike – GPCRS)Complexes. We analyzed the root mean square deviation (RMSD), root mean square fluctuation (RMSF), radius of gyration (Rg), solvent accessible surface area (SASA), number of hydrogen bonds (NH)

$$RMSF_i = \sqrt{\frac{1}{T} \sum_{t=1}^T \langle (r'_i(t)) - r_i(t_{ref}))^2 \rangle}$$

The main purpose of the MD simulation studies was to investigate the positional and conformational changes of GNRHRS and GPCRS proteins in relation to the binding site of spike protein RDB that provides insight into the binding stability. MD revealed that GNHR could efficiently activate the biological pathway with changing the conformation in c terminal and N terminal but its effects on the middle of the protein in between 1000 : 1500 residues in RMSF plot

$$RMSD_x = \sqrt{\frac{1}{N} \sum_{i=1}^N (r'_i(t_x)) - r_i(t_{ref}))^2}$$

in the binding site of spike protein as in figure 4 (spike - GNHR) in addition to the MD simulation of GPCR are revealed that its efficiently activate the biological pathway with changing in the conformation in c terminal and the middle of the protein in between 500 : 1000 residues in the C terminal and from 1300 : 1500 in RMSF plot in the binding site of spike protein as in figure 4 (spike - GPCR). To evaluate the stabilities of (spike - GNHR) and (spike – GPCR)Complexes, during the MD simulations, root mean square deviation (RMSD) where it is used to measure the average change in displacement of a selection of atoms for a particular frame with respect to a reference frame. It was calculated for all frames in the trajectory. The RMSD for frame x is for (spike - GNHR) and (spike – GPCR)Complexes was calculated with respect to the initial structures along (the 50 (ns)) trajectories (Fig. 4). The trajectories indicated for (spike - GNHR) and (spike – GPCR)the binding of the receptor on the active site after 50 ns in system with a mean RMSD

value of (7.5 ns ,4.9 ns) representatively . In addition, the confirmation change of the (spike - GNHR) protein between 1000 : 1500 in the system also proved the credibility of the docking results. Total energy of the most active conformation of the molecule was -1424.9 K.cal / mol . Also the confirmation change of the (spike - GPCR) protein are affected in the C terminal and the middle so it is between 500 : 1000 residues in the C terminal and from 1300 : 1500 in the middle in the system also proved the credibility of the docking results and the binding between (spike - GPCR explore new binding site in spike protein .Total energy of the most active conformation of the molecule was -1424.9 K.cal / mol , -1451.8 K.cal / mol for (spike - GNHR) and (spike - GPCR) representatively The temperature and pressure do not have any effect on the conformation of the structure. The hydrogen bonds formed between the protein and inhibitor after simulation were mostly concentrated in the activation loop region of the protein which is responsible for the catalytic machinery and substrate binding. This is explicitly understood from the above observation.

Figure 4.Root Mean Square Deviation (RMSD) as a function of simulated times for the complexes formed between SARS-CoV-2 Spike protein with GPCRSS and GNRHRS protein. The Root Mean Square Fluctuation (RMSF) is useful for characterizing local changes along the protein chain. Analysis of RMSD and RMSF of (spike - GNHR) and (spike - GPCR) complexes at 30000 ps. (A,B) Time evolution of backbone RMSDs of the (spike - GNHR

)structure. (C, D) RMSF of the carbon alpha over the entire simulation. The ordinate is RMSF (Ao), and the abscissa is residue.

Figure 5. Protein secondary structure elements (SSE) like alpha-helices and beta-strands For spike – GnHR and spike – GPCR are monitored throughout the simulation. The plot above reports SSE distribution by residue index throughout the protein structure. The plot below summarizes the SSE composition for each trajectory frame over the course of the simulation, and the plot at the bottom monitors each residue and its SSE assignment over time. The % Helix , % Strand and % Total SSE are (21.93 , 13.56 , 35.48) and (20.25 , 13.79 , 34.04) .

Figure6. The plot above reports SSE distribution by residue index throughout below summarizes the SSE the spike – GnHR and spike – GPCR structure. The plot composition for each trajectory frame over the course of the simulation where it monitors each residue and its SSE plot at the bottom done for 50 nsec , and the assignment where its 30% over time.

Binding of COVID-19 to GNRHRS, a subtypes of GPCRSS could lead to smell losing and hypogonadism.

The new coronavirus was found to have the ability to affect the central nervous system via the olfactory bulb or blood circulation in many studies. In addition to causing anosmia or hyposmia, as well as taste disorders, the virus can also cause headaches, eye pain, ear pain, dizziness, and hallucination(63). The gonadotropin-releasing hormone receptor (GnRHRs), also known as the luteinizing hormone releasing hormone receptor (LHRHR), is a member of the seven-transmembrane, G-protein coupled receptor (GPCRS) family(20). According to our findings, COVID-19 could bind to GnRHRs leading to blocking the binding of GnRH to this receptor and disrupts its signal resulting in hypogonadism and anosmia. It was found that congenital anosmia (inability to smell) is frequently associated with GnRH deficiency in humans, leading to the widely held belief that GnRH neurons rely on olfactory structures to reach the brain, but this hypothesis has yet to be proven. (21). The olfactory bulb (OB) is a conserved region found in brain that its main function is receiving sensory neurons direct synaptic input in the nasal epithelium part and conveys that instructions to the rest of the brain (22). It gets instructions from the brain regarding odours recognized by cells in the nasal cavity. Axons of the olfactory sensory neurons extends to the region of the olfactory bulb, which is dedicated to process odour-related instructions (23).The nervus terminalis, or zeroeth cranial nerve, contains specific neurons that produce gonadotropin-releasing

hormone (GnRH). All vertebrate animals without sharks have a nervus terminalis, a chain of neurons implanted within vomeronasal or olfactory nerves in the region of the nasal canal, where it is considered a distinct nerve. The main role of the gonadotropin-releasing hormone (GnRH) constituent of the nervus terminalis is supposed to have neuromodulatory properties . (24). Numerous studies suggested that the role of the intranasal gonadotropin-releasing hormone (GnRH) system is to adapt and modify olfactory information, maybe at opportune times for reproduction.(24) 30 to 40 percent of neurons located in the region of the nervus terminalis genetically express gonadotropin-releasing hormone (GnRH), and a small dozen of these neurons may produce gonadotropin-releasing hormone (GnRH) directly into blood veins underlying the olfactory epithelium (OE). (25). During prenatal GnRH neurons emerge from the nasal placode and travel into the brain(26). These neurons become critical ingredients of the hypothalamic-pituitary-gonadal axis, which is required for activity of reproduction, after they enter the brain. Hypogonadotropic hypogonadism (HH) is caused when this mechanism is disrupted (HH). Kallman syndrome is a clinical term for HH that is accompanied by anosmia (KS)(5). A. Maestre de San Juan in 1856, he was the first to describe a loss of smell and hypogonadism (a disorder in which the body produces insufficient amounts of a hormone). followed by F. J. Kallmann in 1944. (26,27)Kallmann discovered a co-segregation of hypogonadism and anosmia (loss of smell) in 3 families and hypothesised that the disease, now known as Kallmann syndrome, was hereditary (KS) (27). Changes in sense of smell are potentially connected with Covid-19, specifically in patients with fever symptoms and women , according to 17 research articles found in databases; these changes rise Covid-19, degree of suspicion, and they warrant the implementation of surveillance and isolation measures as soon as possible(28). Although no current research has looked at its function in host contagion, but dysosmia (disordered smell perception) which

has been found in cases with covid-19 infection might recall disorders related to the sense of smell typical of the Kallmann syndrome(KS), where the terminal nerve may play an important role in disruption of hormones . Furthermore, a study showed that COVID-19 patients had considerably lower levels of total Testosterone (tT) and luteinizing hormone (LH) than control (p 0.0001), while controls had lower levels of circulating Estradiol(E2). In 257 (89.8%) of the hospitalized patients, testosterone levels suggestive of hypogonadism were detected (29).The hypothalamus is a critical region located in the brain that produces, integrates, and regulates several processes including the blood pressure, hormonal balance, body temperature, circadian rhythm, basal homeostasis, emotion and sexual behavior (30,31) . Through the circulating amounts of gonadal sex steroids and stress hormones, the hypothalamus is functionally connected to the pituitary gland, gonads and adrenal gland (32) The primary regulator of mammalian function of reproduction in both men and women is gonadotropin-releasing hormone (GnRH). It acts via distinct receptors, G-protein coupled receptors (GnRH) found in gonadotropes to induce production of the gonadotropin hormones, follicle and luteinizing -stimulating hormones (FSH), (LH)(33).

COVID-19 could block thyroxine GPCRs leading to hypothyroidism and anosmia.

There is an increasing body of literature on the impact of COVID-19 on the pituitary-thyroid axis. Currently, we know that SARS-CoV-2 could lead to short-term and reversible thyroid dysfunction. According to our findings, COVID-19 could bind to thyroxine GPCRs leading to blocking the binding of thyroxine to this receptor and disrupt its signal resulting in hypothyroidism . The thyroid-stimulating hormone (TSH) or thyrotropin (34) receptor

(TSHR) (35,36) is a member of the class A G-protein-coupled receptors (GPCRs) (37). It was revealed that a significant proportion of hypothyroidism associated with COVID-19 and altered thyroid hormones was significantly more in COVID-19 patients as compared to control groups(38) . It was showed that Hypothyroidism is associated with prolonged COVID-19-induced anosmia(39)

COVID-19 could block GPCRs leading to disorder in tastes .

According to the report of Moein et al., the publications included case reports or self-report surveys among different countries, and researchers proved the loss of smell and taste as a predictor of COVID-19 (40). Taste is one of the most important sensations for human life, enabling us to perceive different tastes from the diverse range of food available in nature and is a major determinant of our ingestion decisions(41). The anatomical units of taste detection are taste receptor cells (TRCs) that are assembled into taste buds distributed across different papillae of the tongue and palate epithelium. Taste processing is first achieved at the level of TRCs that are activated by specific tastants. They transmit information *via* sensory afferent fibers to the gustatory cortex in the brain for taste perception . Three different morphologic subtypes of TRCs in taste buds sense the different tastes we perceive. Type I glial-like cells detect salty taste while type II cells expressing GPCRs detect sweet, umami, and bitter tastes. Type III cells sense sour stimuli(41,42). Therefore, according to our findings COVID-19 could target GPCRs in Type II cells leading to taste disorder

COVID-19 could bind to GPCRSs leading to blocking of GPCRS signaling and pulmonary edema

COVID-19 mortality is primarily driven by abnormal alveolar fluid metabolism of the lung, leading to fluid accumulation in the alveolar airspace. This condition is generally referred to as pulmonary edema and is a direct consequence of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection(43). GPCRSs are primarily responsible for signal transduction/propagation cascades (44,45) . GPCRSs located on the cell surface transduce exogenous signals that activate GTP-binding "G" proteins, which in turn activate effector proteins (such as adenylyl cyclase and phospholipases) and second messengers (such as calcium or cAMP) (44,45) . The cAMP/PKA pathway (46) regulates CFTR activity and is typically induced by Gs-coupled GPCRSs that stimulate adenylyl cyclase (AC), raising cAMP levels and stimulating PKA (47). Invading pathogens, on the other hand, frequently exploit these endogenous signalling pathways (48). The A₂B adenosine receptors and the α_2 adrenergic receptors are two specific GPCRSs that are primarily involved in CFTR regulation and are abundantly expressed in the airways (47, 49). Under physiological conditions, the adenosine-CFTR regulation system is essential for mucosal airway surface protection (50) and alveolar surface layer (ASL) regulation (51). Viruses, on the other hand, are well known for their ability to not only use GPCRSs to enter host cells, but also to use their intracellular signalling pathways for survival and replication (48). Based on this general concept, it is possible that SARS-CoV-2 may also compromise GPCRS signalling, and this effect may contribute to the pathophysiology of pulmonary edema.

COVID-9 could disrupt progesterone signaling via binding to progesterone receptors (GPCR)

The progesterone prepares the body for pregnancy in the event that the released egg is fertilized. If the egg is not fertilized, the corpus luteum breaks down, the production of progesterone falls and a new menstrual cycle begins. Membrane progesterone receptors (mPR α , mPR β , mPR γ , mPR δ , and mPR ϵ) were identified as putative G protein-coupled receptors (GPCRs) for progesterone(69). It was showed that female patients with COVID- 19 had various extents of transient menstrual changes, mainly manifesting as prolonged cycles and decreased volume. A few patients also showed shortened or disordered menstrual cycles and increased volume, which were rarely observed in the control group(70). Therefore, COVID-19 could disrupt progesterone signaling leading to menstrual cycle disturbance.

COVID-9 could disrupt FSH signaling leading to low expression of Rbp4 and retinol deficiency.

Follicle-stimulating hormone (FSH) is central to reproduction in mammals. It acts through a G-protein-coupled receptor on the surface of target cells to stimulate testicular and ovarian functions(71).It was showed that FSH increased the levels of total retinoids and retinal; and that FSH also stimulated the gene expression of STRA6 and CRBP1 (which are thought to play important roles in retinol uptake by cells(72,73). ADH1 and ADH7 (which catalyze the conversion of retinol to retinal (74), and ALDH1A1 (which catalyzes the conversion of retinal to RA (74). Therefore, FSH also enhances the uptake and metabolism of retinol in granulosa cells, though the increase in RA levels was not significant. The increase in retinyl ester levels may be caused by the quick uptake of retinol into cells under the stimulation of FSH, which

may then result in the accumulation of retinyl esters. Another study showed that FSH can also increase retinyl ester levels in the presence of physiological concentration of retinol (i.e. 1 μ M) in Sertoli cells cultured in vitro (75). The expression of Rbp4 was significantly induced by follicle-stimulating hormone (FSH) or FSH + luteinizing hormone (LH) in combination in immature mouse (3 weeks old) ovaries in vivo and in granulosa cells cultured in vitro, both at the mRNA and protein levels(76). Therefore, COVID-9 could inhibit Rbp4 and retinol enzyme activation leading to retinol deficiency via disrupting FSH signaling .

COVID-19 could disrupt The ghrelin receptor a G protein-coupled receptor (GPCR) in the brain leading to less appetite

It was explore the associated factors of appetite and death anxiety amongst COVID-19 patients and found that COVID-19 patients suffered from Appetite loss. In comparison with other chronic diseases, the risk rate in patients diagnosed with COVID-19 was very high (77,78). The ghrelin receptor is a G protein-coupled receptor (GPCR) mainly distributed in the brain, and also expressed in peripheral tissues. Remarkably, the ghrelin receptor possesses a naturally high constitutive activity representing 50% of its maximal activity(79). Ghrelin is a newly discovered brain–gut peptide and an endogenous ligand for growth hormone secretagogues receptor (GHS-R). Ghrelin and GHS-R present extensively in central and peripheral tissues such as stomach, brain and other organs of rodent and human, which suggest it has multiple biological effects. It has been reported that ghrelin has significant role in the regulation of energy homeostasis, food intake and appetite(80). Levels of ghrelin circulation in the body fluctuate in response to the time elapsed since

a person's last meal, falling immediately after food consumption. Ghrelin receptors are in the brain (central area) and the vagus nerve leading to the stomach (periphery)(81)

According to our results COVID-19 could bind to Ghrelin GPCR receptors leading to disruption of its signal and Appetite loss which was showed among COVID-19 patients.

COVID-19 could disrupt The Alpha-2-adrenergic receptors a G protein-coupled receptor (GPCR) in the brain leading to less High cortisol and Memory complication

Alpha-2-adrenergic receptors are members of the G protein-coupled receptor, The α_2 adrenergic receptor (AR) belongs to the G protein-coupled receptor (GPCR) superfamily. *In vivo*, activation of the α_2 AR by endogenous ligand, epinephrine and norepinephrine, leads to decrease in epileptogenesis (82) and anxiety (83). In response to α_2 -agonists, the α_2 AR activation can lower blood pressure by central mechanisms (84,85), evoke sedation (85), reduce pain perception (85,86), and improve working memory (87,88). There are three subtypes of α_2 ARs, α_2A -, α_2B - and α_2AAR , which are encoded by three different genes but all couple to the G_i/o subfamily of G proteins to inhibit adenylyl cyclase and voltage-gated Ca^{2+} channels and to activate receptor-operated K^+ channels and mitogen-activated protein kinase (MAPK) in native cells (89,90).

It was showed that The ADRA2A agonist clonidine enhanced both basal and stimulated cortisol production. Clonidine-induced increase in basal cortisol levels was blocked by the ADRA2A antagonist yohimbine(91). Here, we suggest that COVID-19 could bind to

ADRA2A GPCRs and act as ADRA2A antagonist leading to increasing blood cortisol in COVID-19 patients.

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Conflicts of interest

The authors have no conflicts of interest to declare that are relevant to the content of this article

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