

Preprints are preliminary reports that have not undergone peer review. They should not be considered conclusive, used to inform clinical practice, or referenced by the media as validated information.

# Combining Rapid Antigen Testing and Syndromic Surveillance Improves Community-Based COVID-19 Detection in Low-to-Middle-Income Countries

# Fergus Chadwick ( Fergusjchadwick@gmail.com )

Institute of Biodiversity, Animal Health and Comparative Medicine https://orcid.org/0000-0001-8650-1938

### Jessica Clark

University of Glasgow

### Shayan Chowdhury

a2i, United Nations Development Program

### Tasnuva Chowdhury

Institute of Biodiversity, Animal Health and Comparative Medicine

### **David Pascall**

**MRC Biostatistics Unit** 

### Yacob Haddou

Institute of Biodiversity, Animal Health and Comparative Medicine

### Joanna Andrecka

Food and Agriculture Organisation of the United Nations in support of the UN Interagency Support

Team, Bangladesh

# Mikolaj Kundegorski

School of Mathematics and Statistics

# Craig Wilkie

School of Mathematics and Statistics

# **Eric Brum**

Food and Agriculture Organisation of the United Nations in support of the UN Interagency Support Team, Bangladesh

# Tahmina Shirin

Institute of Epidemiology Disease Control And Research IEDCR

# A S M Alamgir

Institute of Epidemiology Disease Control And Research IEDCR

# Mahbubur Rahman

Institute of Epidemiology, Disease Control and Research (IEDCR) https://orcid.org/0000-0001-8577-8281

# Ahmed Alam

Institute of Epidemiology Disease Control And Research IEDCR

# Farzana Khan

Institute of Epidemiology Disease Control And Research IEDCR

# **Ben Swallow**

School of Mathematics and Statistics https://orcid.org/0000-0002-0227-2160

# Frances Mair

General Practice and Primary Care

# Janine Illian

University of Glasgow

# Davina Hill

Institute of Biodiversity, Animal Health and Comparative Medicine

# **Dirk Husmeier**

University of Glasgow

# **Jason Matthiopoulos**

University of Glasgow https://orcid.org/0000-0003-3639-8172

# Katie Hampson

Boyd Orr Centre for Population and Ecosystem Health

# Ayesha Sania

Division of Developmental Neuroscience, Department of Psychiatry

# Article

Keywords:

Posted Date: January 12th, 2022

# DOI: https://doi.org/10.21203/rs.3.rs-1181429/v1

License: (a) (b) This work is licensed under a Creative Commons Attribution 4.0 International License. Read Full License

**Version of Record:** A version of this preprint was published at Nature Communications on May 26th, 2022. See the published version at https://doi.org/10.1038/s41467-022-30640-w.

2	Surveillance Improves Community-Based COVID-19
3	Detection in Low-to-Middle-Income Countries
4	Fergus J Chadwick <sup>a,b</sup> , Jessica Clark <sup>a,b</sup> , Shayan Chowdhury <sup>c</sup> , Tasnuva
5	Chowdhury <sup>a</sup> , David J Pascall <sup>d</sup> , Yacob Haddou <sup>a,b</sup> , Joanna Andrecka <sup>f</sup> , Mikolaj
6	Kundegorski <sup>e,b</sup> , Craig Wilkie <sup>e,b</sup> , Eric Brum <sup>f</sup> , Tahmina Shirin <sup>g</sup> , A S M
7	Alamgir <sup>g</sup> , Mahbubur Rahman <sup>g</sup> , Ahmed Nawsher Alam <sup>g</sup> , Farzana Khan <sup>g</sup> , Ben
8	Swallow <sup>e,b</sup> , Frances Mair <sup>h</sup> , Janine Illian <sup>e,b</sup> , Davina L Hill <sup>a,b</sup> , Dirk Husmeier <sup>e</sup> , Jason Matthiopoulos <sup>a,b</sup> , Katie Hampson <sup>a,b</sup> , Ayesha Sania <sup>i</sup>
9	Jason Matthopoulos *, Rate Hampson *, Ayesha Sama
10	<sup>a</sup> Institute of Biodiversity, Animal Health and Comparative Medicine, University of Glasgow
10	Institute of Dioutoersity, Animal Incash and Computative Meaterne, University of Gausgow
11	<sup>b</sup> COVID-19 in LMICs Research Group, University of Glasgow
12	$^{c}a2i$ , United Nations Development Program, ICT Ministry, Bangladesh
13	<sup>d</sup> MRC Biostatistics Unit, University of Cambridge
14	<sup>e</sup> School of Mathematics and Statistics, University of Glasgow
15 16	<sup>f</sup> Food and Agriculture Organisation of the United Nations in support of the UN Interagency Support Team, Bangladesh
17	<sup>g</sup> Institute of Epidemiology, Disease Control and Research, Ministry of Health, Bangladesh
18 19	<sup>h</sup> General Practice and Primary Care, Institute of Health and Wellbeing, University of Glasgow
20	<sup>i</sup> Division of Developmental Neuroscience, Department of Psychiatry, Columbia University

Combining Rapid Antigen Testing and Syndromic

\*Corresponding Author

1

 $Preprint\ submitted\ to\ Nature\ Communications$ 

December 17, 2021

Email address: f.chadwick.1@research.gla.ac.uk; telephone: 00447919591515 (Fergus J Chadwick)

21 Contents

22	1	Abstract	3						
23	2	Introduction							
24	3	Results							
25	4	Discussion 1							
26	5	Methods	12						
27		5.1 Data Collection	12						
28		5.2 Statistical Modelling	12						
29		5.3 Role of the Funding Source	16						
30	6	Funding	16						
31	7	Acknowledgements	16						
32	8	Data Availability	16						
33	9	Declaration of Interests	17						
34	10	References	17						
35	11	Supplementary Materials: Statistical Methodology	20						
36		11.1 Modelling	20						
37	12	Supplementary Materials: Data Collection	<b>25</b>						

#### 38 1. Abstract

Diagnostics for COVID-19 detection are limited in many settings. Syndromic 39 surveillance is often the only means to identify cases, but lacks specificity. 40 Rapid antigen testing is inexpensive and easy-to-deploy but concerns remain 41 about sensitivity. We examine how combining these approaches can improve 42 surveillance for guiding interventions in low-income communities in Dhaka, 43 Bangladesh. Rapid-antigen-tests and PCR validation was performed on 1172 44 symptomatically-identified individuals at home. Statistical models were fit to 45 predict PCR status using rapid-antigen-test results, syndromic data, and their 46 combination. Model predictive and classification performance was examined 47 under contrasting epidemiological scenarios to evaluate their potential for im-48 proving diagnoses. Models combining rapid-antigen-test and syndromic data 49 yielded equal-to-better performance to rapid-antigen-test-only models across 50 all scenarios. These results show that drawing on complementary strengths 51 across two rapid diagnostics, improves COVID-19 detection, and reduces false-52 positive and -negative diagnoses to match local requirements; improvements 53 achievable without additional expense, or changes for patients or practition-54 ers. 55

#### 56 2. Introduction

Identification and isolation of COVID-19 cases remains key to the pandemic 57 response. The faster and more accurately cases can be identified, the more 58 effectively clinical care can be provided, and transmission reduced through 59 targeted interventions. Real-time PCR has rapidly become the gold-standard 60 test for SARS-CoV-2 detection (although see Dramé *et al*)<sup>[1]</sup> due to its high 61 sensitivity and specificity.<sup>[2]</sup> However, turnaround can be slow and access to 62 laboratory diagnostics is limited in many parts of the world. As such, syn-63 dromic surveillance has often been the primary means of case identification 64 for guiding individual and population-wide mitigation measures.<sup>[3,4]</sup> Rapid 65 antigen tests are an increasingly popular alternative to PCR as they have 66 high specificity, and are less expensive, easier to perform, and faster, return-67 ing results within 20 minutes. Hence, rapid antigen tests have potential to 68 greatly decrease the time and expense associated with case detection, but con-69 cerns have been raised that their lower sensitivity leads to unacceptably high 70 false negative diagnoses.<sup>[5–8]</sup> Improving COVID-19 diagnosis is therefore a 71 priority and requires us to better harness imperfect but fast and inexpensive 72 methods.<sup>[9]</sup> 73

Syndromic surveillance has been used since the start of the pandemic. <sup>[10]</sup> 74 The COVID-19 case definition was based on early data from clinical cases.<sup>[11]</sup> 75 but, as the virus has evolved and spread, the clinical picture of COVID-19 has 76 changed. Updated case definitions have improved, though are necessarily non-77 specific and generate many false positive diagnoses (and ignores asymptomatic 78 cases entirely).<sup>[12,13]</sup> A natural extension is syndromic modelling, whereby 79 symptomatic and risk factor data are used to fit a model to allow more ac-80 curate prediction of how likely a patient is to have COVID-19.<sup>[14]</sup> However, 81 disease syndromes change between populations, when new variants emerge, 82 and as other diseases become more or less common,<sup>[12,15]</sup> which can make syn-83 dromic models perform poorly in new settings across space and time. This 84 is a particular challenge for seasonal respiratory pathogens, where symptoms 85 often co-occur and are non-specific.<sup>[12]</sup> 86

A key limitation of both rapid tests and syndromic surveillance is their low 87 effectiveness at COVID-19 detection in asymptomatic patients. Asymptomatic 88 cases are known to play a role in driving transmission. <sup>[16]</sup> Unfortunately, re-89 sources are so limited in low- and middle-income settings that health agencies 90 and governments have resolved to focus exclusively on symptomatic patients 91 for both provision of care and intervention to reduce transmission due to their 92 larger contribution to transmission. Asymptomatic cases can still be identi-93 fied through contact tracing from symptomatic patients. Reliable diagnosis 94 of symptomatic cases of COVID-19, therefore, is essential in low- and middle-95 income countries. 96

<sup>97</sup> Even for symptomatic patients, neither rapid tests nor syndromic surveillance

can match PCR in terms of both sensitivity and specificity. However, lower 98 sensitivity and specificity may be admissible depending on the scale and im-99 pact of misclassification.<sup>[17]</sup> Low specificity means more common COVID-19 100 misdiagnoses (false positives), leading to unnecessary self-isolation, which 101 is expensive to individuals and society.<sup>[18]</sup> Low sensitivity means COVID-102 19 cases will be missed (false negatives) and mitigation measures not put in 103 place.<sup>[19]</sup> These misclassifications are complementary for a given diagnostic, 104 meaning increasing specificity will lead to decreased sensitivity, and vice versa. 105 The typical approach is to maximise the number of correct classifications 106 and assume that both misclassification types are equally costly. But, if the 107 disease is prevalent or increasing, false negatives will have an outsized and 108 costly impact.<sup>[19]</sup> Or, under low prevalence, false negatives will be correspond-109 ingly low so even a high false negative rate (low sensitivity) will have modest 110 impact, but small decreases in specificity will lead to a large number of expen-111 sive false positives.<sup>[20]</sup> In practice the situation will be more nuanced and mod-112 ulated by testing capacity constraints, requiring a balance to be struck.<sup>[17]</sup> 113

The best diagnostic approach for surveillance will therefore be one where 114 correct classifications have highest value and misclassifications have lowest 115 cost. Here, we examine the use of rapid antigen testing and syndromic surveil-116 lance of COVID-19 in symptomatic patients from low-income communities in 117 Dhaka, Bangladesh, where a large volunteer workforce supports COVID-19 118 diagnosis, care and prevention. We demonstrate that by combining rapid anti-119 gen testing and syndromic surveillance we can draw on their complementary 120 strengths, ameliorate their respective weaknesses, and tune them for differ-121 ent epidemiological scenarios. We compare their performance alone and in 122 combination for general prediction and as diagnostics under three scenarios 123 with different misclassification requirements. Overall, we show that the op-124 timised combined models achieve equal-to-much-lower error rates than the 125 next best method in all metrics, and how integrating data from multiple rapid 126 testing methods can improve diagnostics, particularly when adapted to local 127 situations. 128

#### 129 3. Results

Of 1241 participants enrolled by community support teams across Dhaka, 130 1172 had complete data available for analyses. The remainder were removed 131 due to duplicated sample identification codes that prevented reliable matching 132 of test results to symptom metadata. These duplications occur at random, 133 due to human error, and we do not believe they could bias results. Patient 134 summaries by age, gender, case positivity and symptoms are presented in Ta-135 ble 1. Case positivity in Dhaka increased from 15.8% to 23.8% from the first 136 (19th-26th May) to the last week (4th-11th July) of the study, corresponding 137 to prevalence rising from 1.4 to 13.8 confirmed cases per 100 000 people. 138

									S	ympto	ms (%	(́)					
Age (years)	Gender	Count	Positivity Rate $(\%)$	Breathing Problems	Cough	Diarrhoea	Fever	Headache	Loss of Smell	Loss of Taste	Muscle Pain	Red Eyes	Runny Nose	Sore Throat	Tiredness	Vomiting	Wet Cough
16-25	Women	133	20	24	71	4	94	77	39	51	53	11	50	44	74	20	20
16-25	Men	168	20	20	71	5	91	74	45	48	49	9	36	42	62	12	21
26 - 35	Women	167	25	27	71	10	90	74	37	44	50	4	40	42	68	11	19
26 - 35	Men	194	27	26	77	10	88	73	39	39	50	7	37	31	70	15	14
36 - 45	Women	111	28	27	77	4	94	77	40	50	55	5	45	41	74	18	24
36-45	Men	128	26	22	70	7	90	72	38	39	56	9	40	41	68	8	17
46 - 55	Women	74	22	18	72	3	88	73	34	35	53	0	35	35	58	14	14
46 - 55	Men	64	25	14	59	5	86	59	33	33	53	11	45	31	70	8	16
56 +	Women	64	22	22	70	9	84	56	36	30	45	3	33	27	61	12	22
56 +	Men	69	25	30	65	4	77	59	41	36	46	7	38	23	54	13	16
All		1172	<b>24</b>	<b>23</b>	<b>71</b>	6	89	<b>72</b>	39	<b>42</b>	51	7	40	37	67	<b>13</b>	18

Table 1: Breakdown of patient numbers by age and gender, in relation to case positivity by PCR and reported symptoms (both as % rounded to nearest integer). Although age is binned here, raw age in years was used for analyses. Furthermore, in the survey non-binary genders were permitted but none reported.

Model selection for both Model Classes 2 (syndromic-data only) and 3 (syn-139 dromic and rapid-antigen-test data) showed a marked decline in predictive 140 power at more than 4 symptoms. The final four symptoms retained in Model 141 Class 2 were fever, diarrhoea, vomit and loss of taste and in Model Class 3 142 were loss of taste, dry cough, wet cough and fever. The symptoms are listed 143 in the order they removed through model selection (i.e. all four symptoms 144 were retained in the four symptom model, the first was removed in the three 145 symptom model, the second was also removed in the two symptom model 146 etc.). The covariate gender was dropped for both model classes while age was 147 dropped in Class 2 but retained in Class 3. 148

In the comparison of model predictive performance, Model Class 1 (rapid-antigen-test only) performed worst with an out-of-sample cross-entropy of
3.24 (cross-entropy values further from zero correspond to worse predictive performance). The median cross-entropy values were between 2.53 and 2.59
for models in Class 2. Models in Class 3 performed best with cross-entropy values between 1.44 and 1.47 (see Figure 1).

Generic model classification performance for the one and four symptom models in Classes 2 and 3 is shown by their ROC curves (Figure 2). The curves for the models of different complexities are extremely similar (as are the two and three symptom model curves, not shown), however, note that the four symptom model has higher precision and granularity across both axes. The Class 1 model is a binary test (rapid-antigen-test positive or negative) and so the ROC is a single value, not a curve.

Scenario-specific classification performance is shown in Figure 3. Across all 162 scenarios (defined in Table 2), the best models in Class 3 that used both 163 the rapid antigen testing and syndromic data performed equally well or bet-164 ter than the other two model classes. In Scenario 1 ("Agnostic"), models in 165 Classes 1 and 3 performed equally well (overlapping posterior interquartile 166 ranges) and distinctly better (no overlap in posterior interquartile range) than 167 models in Class 2 (syndromic-data only). The median errors were 0.47 for 168 models in Class 1 and Class 3 and between 0.87 and 0.9 for models in Class 169 2 (Figure 3). In Scenario 2, the model in Class 1 failed to meet the scenario-170 requirement. The median errors were between 0.75 and 0.76 for models in 171 Class 2, and 0.44 and 0.49 for models in Class 3 (Figure 3). 172

In Scenario 3 ("Low Incidence"), Model Class 2 (syndromic data) again performed worst, and Model Class 3 achieved the lowest error, with Model Class
1 falling between the two (closer to Class 3 than 2). The error in Class 1 was
0.02 and the median errors ranged from 0.19 to 0.2 for Class 2, and 0.18 to
0.2 for Class 3 (Figure 3).

The candidate models are chosen as a result of a selection process and performed much better than more complex models (i.e. with 5 or more symp-

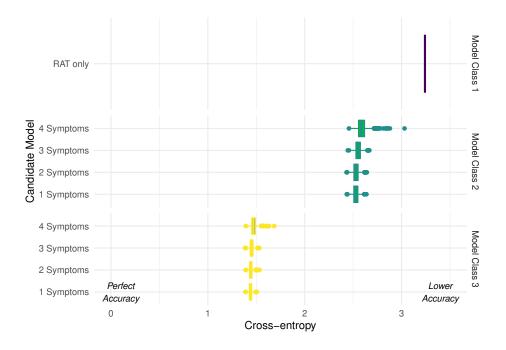


Figure 1: Predictive performance of candidate models. Interquartile ranges for the posterior cross-entropy of the best candidate models at each level of model complexity tested under temporal cross-validation. Values closer to zero indicate better models. The intermediate complexity models perform best at prediction, although performance is similar across all the models within each model class (1. rapid antigen test (RAT) only; 2. syndromic data only; and 3. combined). Models in Class 2 and 3 showed a marked decline in predictive power at more than four symptoms, leading us to choose this as the maximum complexity model in our candidate models.

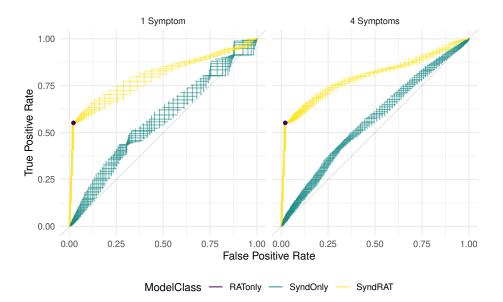


Figure 2: Interquartile ranges for receiver operating characteristics (ROC) for rapid-antigentesting-only approach (Model Class 1) and posterior median and interquartile range ROC for Class 2 (syndromic-data only) and 3 (syndromic and rapid-antigen-testing data) models. Note that in Model Class 1 the ROC is a single value as the binary test has a single sensitivity and specificity. In Models Class 2 and 3, the ROC are curves which demonstrate the performance of the model for any hypothetical scenario as defined by the axes (as opposed to Figure 5 which demonstrates model performance in specific epidemiological scenarios which are realisations of single points in this space).

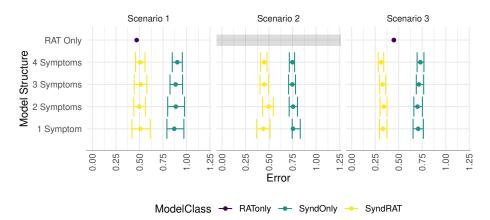


Figure 3: Performance of models under each scenario measured by posterior median and interquartile range for errors defined in Table 1. Lower errors correspond to better model performance. There is no error rate defined for Model Class 1 (rapid-antigen-testing-only model) in Scenario 2 as the model failed to meet the requirement for that scenario (indicated by grey bar).

toms) or simpler models (with no symptoms but an intercept and covariates)
in terms of cross-entropy and ROC. For Classes 2 and 3 across all scenarios,
the number of symptoms made relatively little difference within the final four
candidate models in terms of median performance, although the more complex
models have higher precision.

Across all metrics, the rapid antigen test result is the most informative datatype for potential COVID-19 patients. However, incorporation of even one symptom and the use of a modelling framework greatly improves our ability to predict and classify cases, both generically and in specified scenarios. Including additional symptoms and covariates provides further information on the patient's status and greater model flexibility, resulting in higher precision in predictions and classifications.

#### <sup>192</sup> 4. Discussion

We have demonstrated that combining rapid antigen tests with syndromic 193 modelling yields better identification of COVID-19 cases than either diagnos-194 tic in isolation. These gains in performance are mirrored across metrics of 195 prediction, as well as general and scenario-specific classifications. The biggest 196 improvement is seen under the scenario of "Epidemic Growth" (see Table 2) 197 as experienced recently in Bangladesh (time of writing, September 2021), and 198 as expected following relaxation of restrictions and with the emergence of new 199 variants. In this scenario, the combined data model has a false negative rate 200 26 (IQR: 24-29) percentage points lower than the rapid antigen test model. 201 Although the syndromic model matches the combined model's false negative 202 rate, its false positive rate is 31 (IQR: 29-34) percentage points higher. Simi-203 larly, the combined model class performs equally well or better than the other 204 models for the other scenarios explored (Figure 3). These scenarios offer snap-205 shots of performance, while the model prediction and classification metrics 206 provide an indication of how the models perform more generically (Figures 207 1 and 2, respectively). The more complex model classes are flexible, so can 208 be tailored to specific needs, and benefit synergistically from combining rapid 209 antigen testing with the non-specific syndromic data. Applying our framework 210 to the thousands of cases confirmed daily in Dhaka by PCR, mass deployment 211 of rapid antigen tests with syndromic surveillance can catch tens to thousands 212 of cases that would otherwise be missed. 213

The final symptoms and covariates chosen through model selection should be interpreted cautiously. These models were developed for prediction and classification in a unique sub-population: community support team (CST)identified, symptomatic patients in low-income communities in Dhaka. Different symptoms and risk factors were retained for different model classes, despite data being collected over a short period from the same population.

These differences may point to mechanisms by which CST-identified and rapid 220 antigen test positive individuals differ from other groups. They also underline 221 the importance of collecting a relatively broad range of symptom data as the 222 syndromic profile of the disease shifts from population to population. Of inter-223 est is whether individuals identified by PCR but missed by rapid antigen tests 224 are less infectious and more typical of asymptomatic cases (perhaps due to 225 different lengths of time since symptom onset). This could be examined using 226 viral load measured as Threshold Cycle (Ct) values from PCR and further 227 testing for other illnesses.<sup>[21]</sup> Our use of PCR as a validation test should also 228 be explored further, as it does not have 100% sensitivity so additional valida-229 tion tests may be informative. It is challenging, however, to find alternative 230 gold-standards that can still be carried out in the community.<sup>[22]</sup> Thanks to 231 the modelling framework chosen, it is possible to include additional covariates 232 where they are collected reliably, such as disease prevalence, vaccination rates 233 or the individual's socio-economic status. 234

This boost in diagnostic performance can be achieved with data already being 235 collected in Bangladesh and with methods being rolled out in other low and 236 middle income countries.<sup>[23,24]</sup> We ensured our method is scalable by devel-23 oping it using a large community-based sample and with input from the CST 238 program organisers. As CST data are collected via a mobile phone applica-239 tion the diagnostic model can be updated in real-time. The algorithm of the 240 app could therefore be modified to reflect local epidemiological requirements, 241 informed by local case rates and the considered cost/benefits of misdiagnosis, 242 thereby facilitating adaptation to new variants or even new diseases. However, 243 these models only achieve good performance if validation data are of good 244 quality from the focal population. Similarly, honing your diagnostic to a tar-245 get misdiagnosis requires an in-depth understanding of local conditions, which 246 can be challenging, requiring socio-economic insight. These are limitations 247 not only of our method, but of all current diagnostic approaches which do not 248 acknowledge them, ignore potential biases and reach only a small (and priv-249 ileged) proportion of the population. Making these decisions explicit allows 250 them to be more readily challenged, researched and improved upon. 251

Pandemic management can only be done with testing at scale. The combined 252 syndromic and rapid antigen testing approach that we report is promising 253 for large-scale COVID-19 testing in low-income communities. Moreover, our 254 framework is adaptable, including for many other infectious diseases where 255 strict adherence to gold-standard laboratory diagnostics greatly limits testing 256 capacity. Imperfect diagnostics are frequently imperfect in different ways, 257 and these differences are ripe for statistical treatment. These methods are 258 often more agile than gold-standard diagnostics in changing situations as 259 experienced during the pandemic, when fast responses are essential. Overall, 260 our approach shows that by understanding how to utilise the complementary 261 strengths of imperfect but rapid diagnostics (and deploying the more limited 262 gold-standard testing for validation), good quality large-scale testing can be 263

<sup>264</sup> achieved even in low-income communities.

#### <sup>265</sup> 5. Methods

#### 266 5.1. Data Collection

Recruitment took place across low-income communities in Dhaka North Com-267 munity Corporation between 19th May 2021 and 11th July 2021. Participants 268 were identified for COVID-19 testing by community support teams (CSTs). 269 CSTs are community-based volunteer health workers trained to identify indi-270 viduals reporting symptoms suggestive of COVID-19 through hotline calls or 271 community-based reporting channels. Probable cases identified by CSTs are 272 counselled to isolate for 14-days under household guarantine, connected to 273 telemedicine services for home-based COVID-19 management, and provided 274 with over-the-counter medication or medical referrals if the case is severe. 275 CSTs submit surveillance data to a centralized database through a mobile 276 phone-based application (see Supplementary Materials: Data Collection). 277

Participants were selected for testing if they were over 15 years old, had a 278 fever (>38°C), and one or more of 14 symptoms listed in Table 1. CSTs col-279 lected the enrolled individual's age and gender, and took two nasal swabs. 280 One swab was used for rapid antigen testing (SD Biosensor STANDARD<sup>TM</sup> Q 281 COVID-19 Ag Test BioNote) at the household, and the other returned under 282 cold-storage to the Institute of Epidemiology, Disease Control and Research 283 (IEDCR) for PCR testing. The full questionnaire and testing protocols are 284 provided in Supplementary Materials: Data Collection. 285

Participants provided written informed consent to sample collection and
for their results to be analysed in the study. The study protocol was ap-

<sup>288</sup> proved by the Institutional Review Board at the IEDCR, Ministry of Health,

289 Bangladesh, IEDCR/IRB/04.

#### <sup>290</sup> 5.2. Statistical Modelling

#### <sup>291</sup> 5.2.1. Structure

<sup>292</sup> We developed three model classes using: 1. the rapid-antigen-test result; 2.

<sup>293</sup> the syndromic data, and 3. the two data sources combined (Figure 4). We

<sup>294</sup> identified cases by PCR. For Model Class 2, we used a Bayesian multivariate

<sup>295</sup> probit model,<sup>[25]</sup> with multivariate referring to multiple response variables,

<sup>296</sup> not multiple explanatory variables. The multivariate probit structure allows

<sup>297</sup> the model to account for the binary and correlated nature of the symptoms,

while conditioning on the risk factors of age and gender, thereby improving

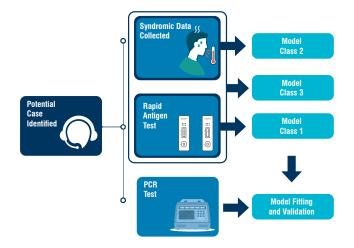


Figure 4: Schematic description of identification of likely COVID-19 cases by community support teams (CSTs) and model definitions. CSTs collect syndromic data (age, gender and presence/absence of 14 predetermined symptoms), and two sets of naso-pharyngeal swabs (for rapid antigen testing and PCR). We used three model classes: rapid-antigen-test-only in 1, syndromic data only in 2, and both rapid-antigen-test and syndromic data in 3. The PCR result is used to train and test each model using temporal cross-validation.

over models which implicitly assume independence between symptoms. By 299 using a Bayesian formulation, we generate full posteriors for our parameter 300 estimates, allowing natural quantification of uncertainty. For Model Class 3, 301 we use the specificity of rapid antigen tests by treating rapid test-positives 302 as cases. While this sounds like a strong assumption, this simply translates 303 in practice to telling al rapid test-positive individuals to assume they have 304 COVID-19. Rapid-antigen-test-negative individuals are modelled using the 305 sensitive syndromic approach of Model Class 2 to capture PCR-positives 306 missed by the rapid antigen test. This approach leverages the potentially 307 different syndromic profiles of PCR-positive patients who are rapid-antigen-308 test-positive and -negative, allowing the model to adapt solely to the latter. 309 The models were fitted to the data using Bayesian inference techniques based 310 on Hamiltonian Monte Carlo in the Stan programming language.<sup>[26]</sup> Further 311 technical details and model equations are presented in Supplementary Materi-312 als: Statistical Methodology. 313

#### 314 5.2.2. Model Selection

<sup>315</sup> We conducted backwards model selection, starting with the most complex

 $_{_{316}}$  biologically plausible model, to identify a subset of models with the highest

- <sup>317</sup> predictive power under temporal cross-validation (Figure 5). Shrinking the
- number of possible models was necessary to lower computational demand and



Figure 5: Rounds of model selection in the multivariate probit component of Model Classes 2 and 3. With 14 symptoms (5 shown for demonstration purposes) and two covariates there are over 131 000 possible model combinations. To make exploring these models computationally feasible and to reduce the risk of overfitting, we carried out two rounds of model selection. A subset of symptoms are identified using relationship between each symptom and PCR-status identified by the corresponding model. From this subset of symptoms, a more exhaustive search of potential models is then conducted to identify the best symptom-covariate relationships, using temporal-cross validation to measure model performance. The best model for each level of complexity (i.e. number of symptoms) are then used as our candidate models. Only these final models are used for classification. This reduces the set of models tested as classifiers from >131 000 to just four per model class.

reduce the risk of overfitting. The large number of symptoms corresponds 319 to many potential model configurations (>131 000 for 14 symptoms and two 320 covariates) which might perform well on the test sets by chance (even under 321 temporal cross-validation) but lack transferability to novel situations. By 322 first using the strength of the relationship with the PCR-status (coarse se-323 lection, Figure 5) and general predictive power (fine selection, Figure 5) to 324 narrow down the number of candidate models, and then testing those mod-325 els under the epidemiological scenarios, we are more likely to choose models 326 that generalise well to new data (see Supplementary Materials: Statistical 327 Methodology.). 328

Table 2: Requirements and performance criteria for each epidemiological scenario. The requirement refers to a base level of performance the model must achieve. These requirements were determined through discussion amongst the authors and colleagues at IEDCR. The performance criterion is used to determine which model performs the 'best' given that the requirement has been met.

Requirement	Performance Criterion (Error)			
Maximise correct	Sum of error rates			
classification rates $<20\%$ false negative	False positive rate			
rate $<20\%$ false positive	False negative rate			
	Maximise correct classification rates <20% false negative rate			

#### <sup>329</sup> 5.2.3. Measuring Model Performance

We assessed models using three sets of increasingly policy-relevant criteria. First, we use predictive performance to measure model performance in a decision-free context (i.e. comparing predicted probabilities of an individual having COVID-19 to their true status). Second, we use receiver operating characteristic (ROC) curves to show generic model classification performance. Finally, we measure classification performance under three epidemiological scenarios (defined in Table 2).

We scored the models' predictive power using cross-entropy (defined in Supplementary Materials: Statistical Methodology). Cross-entropy measures the accuracy of predicted probabilities of binary outcomes, rather than making binary classifications, similar in concept to a mean square error for normallydistributed data, but adapted for binary data.<sup>[27]</sup> A cross-entropy value close to zero corresponds to high levels of accuracy and larger values indicating lower accuracy.

In practice, models are often evaluated on their performance as deterministic 344 classifiers rather than as stochastic prediction engines (i.e. their ability to clas-345 sify an individual as a COVID-19 case or not, rather than the probability that 346 the individual is a case). Deterministic classification requires that a probabil-347 ity threshold is chosen over which patients are classified as COVID-19 positive. 348 Classifier performance was compared generically (using ROC curves to look 349 at the error rates that can be achieved with each model without specifying a 350 scenario). Generic performance here is only used to show the flexibility of the 351 model classes, i.e. model performance without reference to a specific scenario. 352 The best model for a local situation can only be determined if the relative 353 costs of false positives and negatives are considered. 354

<sup>355</sup> We compare model performance under three scenarios (using error terms de-

scribed in Table 2) developed for illustrative purposes through discussion with 356 colleagues at IEDCR. In Scenario 1, we do not consider epidemiological con-357 text but minimise false negative and false positive rates equally by maximis-358 ing the correct classification rates individually and in total, as measured by 359 the harmonic mean (not the arithmetic mean which would maximise the rates 360 in total, see Supplementary Materials: Statistical Methodology.). Scenario 2 361 corresponds to epidemic growth as experienced during the spread of the Delta 362 variant during the period of data collection. Under these circumstances, false 363 negatives are costly relative to false positives. In Scenario 3, incidence is as-364 sumed to be low and relatively stable. In this situation, policy-makers may 365 prioritize keeping false positive diagnoses low to prevent fatigue and to keep 366 the workforce active. 367

#### <sup>368</sup> 5.3. Role of the Funding Source

<sup>369</sup> The study funders did not participate in the design of the study, data collec-

tion/analysis/interpretation, or in the writing of this paper.

#### 371 6. Funding

- <sup>372</sup> This work is supported by a grant from the Bill and Melinda Gates Foun-
- dation to FAO (INV-022851). FJC is funded by EPSRC (EP/R513222/1),
- $_{\rm 374}$   $\,$  DJP by the JUNIPER consortium (MR/V038613/1), and KH by Wellcome
- $_{375}$  (207569/Z/17/Z). The authors declare no competing interests.

#### 376 7. Acknowledgements

- <sup>377</sup> We would like to thank members of the community support teams in Bangladesh
- <sup>378</sup> who have provided essential services throughout the pandemic. Earlier drafts
- <sup>379</sup> of this manuscript benefited from the input of Paul Johnson, Daniel Haydon,
- Anne-Sophie Bonnet-Lebrun, Luca Nelli, Crinan Jarrett, Rita Claudia Car-
- doso Ribeiro, Halfan Ngowo, Heather McDevitt and Gina Bertolacci. The
- <sup>382</sup> University of Glasgow COVID-19 in LMICs Group provided the environment
- <sup>383</sup> in which to develop this work.

#### 384 8. Data Availability

- <sup>385</sup> The data and statistical code used in this study are available in a GitHub
- repository at https://github.com/fergusjchadwick/COVID19\_SyndromicRAT\_public.

#### **9.** Declaration of Interests

<sup>388</sup> The authors declare no competing interests.

#### 389 10. References

- <sup>390</sup> [1] Dramé M, Teguo MT, Proye E, Hequet F, Hentzien M, Kanagaratnam L, et al. Should RT-PCR be considered a gold standard in the diagno-<sup>391</sup> sis of covid-19? Journal of Medical Virology 2020.
- <sup>392</sup> [2] Corman VM, Landt O, Kaiser M, Molenkamp R, Meijer A, Chu DK, et al. Detection of 2019 novel coronavirus (2019-nCoV) by real-time RT-PCR. Eurosurveillance 2020;25:2000045.
- <sup>394</sup> [3] Chowdhury R, Luhar S, Khan N, Choudhury SR, Matin I, Franco OH. Long-term strategies to control COVID-19 in low and middle-income countries: An options overview of community-based, non-pharmacological interventions. European Journal of Epidemiology 2020;35:743–8.
- <sup>396</sup> [4] Vandenberg O, Martiny D, Rochas O, Belkum A van, Kozlakidis Z. Considerations for diagnostic COVID-19 tests. Nature Reviews Microbiology 2021;19:171–83.
- <sup>398</sup> [5] Dinnes J, Deeks JJ, Berhane S, Taylor M, Adriano A, Davenport C, et al. Rapid, point-of-care antigen and molecular-based tests for diagnosis of SARS-CoV-2 infection. Cochrane Database of Systematic Reviews 2021.
- <sup>400</sup> [6] Boum Y, Fai KN, Nikolay B, Mboringong AB, Bebell LM, Ndifon M, et al. Performance and operational feasibility of antigen and antibody rapid diagnostic tests for COVID-19 in symptomatic and asymptomatic patients in cameroon: A clinical, prospective, diagnostic accuracy study.
   <sup>401</sup> The Lancet Infectious Diseases 2021.
- <sup>402</sup> [7] Mak GC, Cheng PK, Lau SS, Wong KK, Lau C, Lam ET, et al. Evaluation of rapid antigen test for detection of SARS-CoV-2 virus. Journal of Clinical Virology 2020;129:104500.
- <sup>404</sup> [8] Muhi S, Tayler N, Hoang T, Ballard SA, Graham M, Rojek A, et al. Multi-site assessment of rapid, point-of-care antigen testing for the diagnosis of SARS-CoV-2 infection in a low-prevalence setting: A validation and implementation study. The Lancet Regional Health-Western Pacific 2021;9:100115.

406	[9]	Larremore DB, Wilder B, Lester E, Shehata S, Burke JM, Hay JA, et al. Test sensitivity is secondary to frequency and turnaround time for
407		COVID-19 screening. Science Advances 2021;7:eabd5393.
408	[10]	Jin Y-H, Cai L, Cheng Z-S, Cheng H, Deng T, Fan Y-P, et al. A rapid advice guideline for the diagnosis and treatment of 2019 novel coronavirus (2019-nCoV) infected pneumonia (standard version). Military Medical Research 2020;7:1–23.
	[ ]	
410 411	[11]	Organization WH, others. WHO COVID-19 case definition. World Health Organization; 2020.
412	[12]	Maharaj AS, Parker J, Hopkins JP, Gournis E, Bogoch II, Rader B, et al. The effect of seasonal respiratory virus transmission on syndromic surveillance for COVID-19 in ontario, canada. The Lancet Infectious Diseases 2021;21:593–4.
413		Discases 2021,21.000 4.
414	[13]	Struyf T, Deeks JJ, Dinnes J, Takwoingi Y, Davenport C, Leeflang MM, et al. Signs and symptoms to determine if a patient presenting in primary care or hospital outpatient settings has COVID-19. Cochrane
415		Database of Systematic Reviews 2021.
416	[14]	Menni C, Valdes AM, Freidin MB, Sudre CH, Nguyen LH, Drew DA, et al. Real-time tracking of self-reported symptoms to predict potential COVID-19. Nature Medicine 2020;26:1037–40.
417		
418	[15]	Garry S, Abdelmagid N, Baxter L, Roberts N, Waroux O le P de, Is- mail S, et al. Considerations for planning COVID-19 treatment services in humanitation remonses. Conflict and Health 2020;14:1–1
419		in humanitarian responses. Conflict and Health 2020;14:1–1.
420	[16]	Moghadas SM, Fitzpatrick MC, Sah P, Pandey A, Shoukat A, Singer BH, et al. The implications of silent transmission for the control of COVID-19 outbreaks. Proceedings of the National Academy of Sci-
421		ences 2020;117:17513–5.
422	[17]	Peeling RW, Olliaro PL, Boeras DI, Fongwen N. Scaling up COVID-19 rapid antigen tests: Promises and challenges. The Lancet Infectious
423		Diseases 2021.
424	[18]	Surkova E, Nikolayevskyy V, Drobniewski F. False-positive COVID-19 results: Hidden problems and costs. The Lancet Respiratory Medicine 2020;8:1167–8
425		2020; 8:1167-8.

426 427	[19]	West CP, Montori VM, Sampathkumar P. COVID-19 testing: The threat of false-negative results. Mayo clinic proceedings, vol. 95, Elsevier; 2020, p. 1127–9.
428 429	[20]	Healy B, Khan A, Metezai H, Blyth I, Asad H. The impact of false pos- itive COVID-19 results in an area of low prevalence. Clinical Medicine 2021;21:e54.
430 431	[21]	Albert E, Torres I, Bueno F, Huntley D, Molla E, Fernández-Fuentes MÁ, et al. Field evaluation of a rapid antigen test (panbio <sup>TM</sup> COVID-19 ag rapid test device) for COVID-19 diagnosis in primary healthcare centres. Clinical Microbiology and Infection 2021;27:472–e7.
432 433	[22]	Giri AK, Rana DR. Charting the challenges behind the testing of COVID-19 in developing countries: Nepal as a case study. Biosafety and Health 2020;2:53–6.
434 435	[23]	Aziz AB, Raqib R, Khan WA, Rahman M, Haque R, Alam M, et al. Integrated control of COVID-19 in resource poor countries. Interna- tional Journal of Infectious Diseases 2020.
436 437	[24]	Schultz MJ, Gebremariam TH, Park C, Pisani L, Sivakorn C, Taran S, et al. Pragmatic recommendations for the use of diagnostic testing and prognostic models in hospitalized patients with severe COVID-19 in low-and middle-income countries. The American Journal of Tropical Medicine and Hygiene 2021;104:34.
438 439	[25]	Albert JH, Chib S. Bayesian analysis of binary and polychotomous response data. Journal of the American Statistical Association 1993;88:669–79.
440 441	[26]	Carpenter B, Gelman A, Hoffman MD, Lee D, Goodrich B, Betancourt M, et al. Stan: A probabilistic programming language. Journal of Statistical Software 2017;76:1–32.
442 443	[27]	Gneiting T, Raftery AE. Strictly proper scoring rules, prediction, and estimation. Journal of the American Statistical Association 2007;102:359–78.
444 445	[28]	Lewandowski D, Kurowicka D, Joe H. Generating random correlation matrices based on vines and extended onion method. Journal of Multivariate Analysis 2009;100:1989–2001.

#### 446 11. Supplementary Materials: Statistical Methodology

<sup>447</sup> Below we have extended the modelling description provided in the main text

- to include more technical detail. The code used to implement these tasks is
- <sup>449</sup> available at https://github.com/fergusjchadwick/COVID19\_SyndromicRAT\_public.

#### 450 11.1. Modelling

#### 451 *11.1.1. Structure*

<sup>452</sup> We examined the ability of the two imperfect identification methods, syn-

 $_{453}$  dromic modelling and rapid antigen testing (RAT), to predict the patient's

<sup>454</sup> COVID-19 status when used separately and together. These combinations

<sup>455</sup> define three model classes (Main Text Figure 4).

<sup>456</sup> Model Class 1 uses only the RAT result. It equates being RAT-positive with
<sup>457</sup> the patient being PCR-positive for COVID-19 (hereafter, PCR-positive), and
<sup>458</sup> being RAT-negative with PCR-negativity.

Model Class 2 uses only the syndromic data. For this model, we used a Bayesian 459 multivariate probit model.<sup>[25]</sup> The multivariate probit structures the outcomes 460 of the PCR test and symptoms presence/absence as a D-dimensional vector of 461 binary outcomes  $(\mathbf{y}_i = (y_{i1}, y_{i2}, \dots, y_{id}), y_{ij} \in \{0, 1\})$ . These outcomes are de-462 termined by an indicator function which takes a D-dimensional vector of con-463 tinuous latent variables  $(\mathbf{z}_i = (z_{i1}, z_{i2}, \dots, z_{iD}), z_{ij} \in \mathbb{R})$ . These latent con-464 tinuous variables then covary as realisations of a D-dimensional multivariate 465 normal, with the mean of the error structure informed by a linear predictor (in our case formed of the covariates age and gender),  $\sum_{j=1}^{J} x_{ij} \beta_{jd} + \epsilon_{id}$ , and 466 467 a covariance ( $\Sigma$ ) between dimensions. The linear predictor allows us to condi-468 tion the outcomes on risk factor variables (here, age and gender). The covari-469 ance structure allows us to account for the correlated nature of the symptoms 470 with each other and the outcome. This multivariate approach (multiple re-471 sponse variables) is also a very efficient way of encoding complex relationships 472 between symptoms. These relationships need to be accounted for because 473 symptoms are not simply additive in their predictive power. For example, in 474 the diagnosis of measles the "Three C's" are used: cough, coryza (irritation 475 and inflammation of the mucous membrane in the nose leading to head cold. 476 fever, sneezing) and conjunctivitis. These symptoms individually, and in pair-477 wise combination could be indicative of a wide range of diseases, but when 478 all three are present measles is a highly probable cause (obviously, this is a 479 simplified example conditioning on patient age and vaccination status). In the 480 alternative, univariate approach, symptoms would be encoded as covariates in 481 the linear predictor for PCR-status, and the complex relationships would need 482 to be reflected as high-order interaction terms. These interaction terms use a 483

large number of parameters and can be hard to fit to data. Using a multivariate structure allows us to exploit more efficient posterior sampling algorithms,
and in higher dimensional settings like this uses fewer parameters.

<sup>487</sup> The covariance matrix formulation of the model described above is not iden-<sup>488</sup> tifiable, because the variance,  $diag(\Sigma)$  and means of the latent variables,  $z_i$ <sup>489</sup> trade off against each other.<sup>[25]</sup> For this reason, we use a correlation matrix, <sup>490</sup>  $\Omega$ , formulation with the variance set to 1. A correlation based framework also <sup>491</sup> makes communication with clinicians and other practitioners smoother as

<sup>492</sup> correlations are more familiar. We thus formulate the multivariate probit as:

$$y_{id} = \mathbb{I}(z_{id} > 0)$$

$$\boldsymbol{z}_i = \boldsymbol{x}_i \boldsymbol{\beta} + \boldsymbol{\epsilon}_i$$

$$z_{id} = \sum_{j=1}^J x_{ij} \beta_{jd} + \boldsymbol{\epsilon}_{id}$$

$$\boldsymbol{\epsilon}_i \sim N(\boldsymbol{0}, \boldsymbol{\Omega})$$

$$\Omega_{ii} = 1$$

$$\boldsymbol{\beta} \sim N(0, 1)$$

$$\boldsymbol{\Omega} \sim \text{LKJ}(1)$$
(1)

Model Class 3 combines the two data sources. We utilise the specificity of 493 RAT by treating RAT-positive patients as PCR-positive patients. The RAT-494 negative patients are modelled using the sensitive syndromic approach using 495 Model Class 2 to capture PCR-positive patients that are missed by the RAT. 496 This approach leverages the potential different syndromic profiles of PCR-497 positive patients who are RAT-positive and -negative, allowing the model to 498 adapt solely to the latter. Structurally, the model combines Model Class 1 499 and Model Class 2, with RAT-positive patients being modelled using Model 500 Class 1, and RAT-negative patients with Model Class 2. 501

By using a Bayesian formulation, we generate full posteriors for our parameter 502 estimates, allowing natural quantification of uncertainty. Bayesian methods 503 also facilitate the use of more informative priors. We used minimally informa-504 tive priors here. For covariate coefficients (betas) we used standard normals 505 which are relatively flat in the probit scale. For the correlation prior, we used 506 the Lewandowski-Kurowicka-Joe (LKJ) distribution, a covariance matrix prior 507 with unit variance (i.e. a prior for correlation matrices). The LKJ distribution 508 has a single parameter,  $\eta$ , which controls the degree of marginal correlation 509 shrinkage. We used minimal shrinkage,  $\eta = 1$ <sup>[28]</sup>. More informative priors 510 that incorporate spatio-temporal effects, for instance, would be natural exten-511 sions. The models were fitted to the data using Bayesian inference techniques 512 based on Hamiltonian Monte Carlo in the Stan programming language <sup>[26]</sup>. 513 The models all converged with zero divergent transitions and large effective 514

515 sample sizes.

#### 516 11.1.2. Model Selection

We conducted backwards model selection (starting with the most complex, 517 biologically plausible model) to identify a subset of models with the highest 518 predictive power under temporal cross-validation (Main Text Figure 5). For 519 the cross-validation, we divided the data into 5 folds of equal sizes in time 520 order (i.e. the first fold is formed of the chronologically first  $\frac{N}{K}$  patients, where N is the number of patients and K is the number of folds, the second fold by the next  $\frac{N}{K}$  etc.) To test the sensitivity of this cross-validation structure, we 521 522 523 also did a strict temporal division (i.e. the first  $\frac{T}{K}$  days where T is the num-524 ber of days samples were taken on). The results did not change qualitatively 525 between these approaches. 526

The coarse round of model selection (Main Text Figure 5) selected candidate 527 symptoms based on whether they had a strong and consistent correlation 528 with PCR as estimated according to Equation (1). The models were fit with 529 both covariates throughout the coarse round and symptoms were compared 530 in nested models. In the fine round of model selection, these candidate symp-531 toms and the covariate combinations (age and gender, age, gender and no co-532 variates) were permuted to more exhaustively explore the model space. Reduc-533 ing the number of possible models using the two stages of model selection was 534 necessary to reduce computational demand and reduce the risk of overfitting 535 models to the test scenarios. The large number of symptoms corresponds to 536 a high number of potential model configurations ( $>131\ 000$  for 14 symptoms 537 and two covariates) which might perform well on the test sets (even under the 538 challenging conditions of temporal cross-validation) but lack transferability. 539

By using general predictive power to narrow down the number of candidate 540 models and then testing those models, we are more likely to choose models 541 that generalise well to new data. It was clear when fitting the models that 542 there were "jumps" in performance (as defined below) between models con-543 taining five and four symptoms, so the models with one to four symptoms 544 were used as the candidate models. Zero symptom models were not included 545 in the analysis as they do not correspond to a feasible policy (with covariates 546 they would require governments to ask individuals of a given gender and age 547 as COVID-19 positive, and without covariates they would involve randomly 548 assigning individuals as COVID-19 positive). 549

#### 550 11.1.3. Predictive Performance

We scored the models' predictive power using binary cross-entropy (hereafter, cross-entropy). Cross-entropy measures the accuracy of models that gener-

ate probabilities of binary outcomes, rather than make binary classifications,

similar in concept to a mean square error for normally-distributed data, but

adapted for binary data.<sup>[27]</sup> A cross-entropy value close to zero corresponds to high levels of accuracy, with larger values indicating lower accuracy. More specifically, the metric allows us to compare a binary vector,  $\boldsymbol{y} \in [0, 1]$ , with a vector of probabilistic predictions  $(p(\boldsymbol{y}) \in (0, 1))$  as follows:

$$\boldsymbol{H}_{p}(q) = -\frac{1}{N} \sum_{i=1}^{N} y_{i} \cdot \log(p(y_{i})) + (1 - y_{i}) \cdot \log(1 - p(y_{i}))$$
(2)

The resulting score is comparable across all methods for assigning predictions where the same test data are used, allowing us to compare predictions from Model Classes 1-3.  $H_p(q) \in 0$ ,  $\mathbf{R}_+$  with zero indicating perfect prediction (assigning probabilities of ones and zeroes to outcomes of ones and zeros exactly) and larger values indicating worse predictions.

#### 564 11.1.4. Classification Performance

In applied settings, models must often be evaluated on their performance as classifiers rather than just as prediction engines (i.e. their ability to say a patient is COVID-19 positive or negative, not simply the probability the patient might be COVID-19 positive or negative). To generate a classification,  $\hat{Y}$ , a probability threshold,  $\hat{p}$ , must be chosen over which patients are classified as COVID-19 positive:

$$\hat{Y} = \begin{cases}
1, & \text{if } p(y) \ge \hat{p} \\
0 & \text{otherwise}
\end{cases}$$
(3)

Receiver operating characteristics (ROCs) are a way to measure the performance of a set of classifications in terms of true and false positives and negatives (TP, FP, TN and FN) and the rates of each of these classification types (e.g.  $TPR = \frac{TP}{TP+FN}$ , and  $FPR = \frac{FP}{FP+TN}$ ). The error rates are calculated with respect to a particular threshold,  $\hat{p}$ , or across the range of possible  $\hat{p}$ s to generate a ROC curve. In our epidemiological scenarios (outlined below) we use our ROC curve calculations to identify single thresholds which yield a required error rate.

We strongly emphasise that generic performance here is only used to show the flexibility of the model classes; the best model for a local situation can only be determined if the relative cost of false positives and false negatives is known. Here, we choose three representative scenarios. Each scenario has a requirement and error rate (defined in Main Text Table 2). We identify the threshold,  $\hat{p}$ , at which the requirement is most closely exceeded (i.e. if the requirement is an error rate should be a maximum 15%, the threshold that produces an error rate below 15% but as close to 15% as possible will be chosen).

In Scenario 1, we do not consider epidemiological context but simply minimise 588 false negative and false positive rates equally. We do this by maximising the 589 two correct classification rates both individually and in total, as measured by 590 the harmonic mean. The harmonic mean is used widely in the classification 591 literature as it is maximised by achieving large values in all its component 592 parts, rather than the arithmetic mean which can be maximised by having 593 one extremely large component at the expense of other components. In other 594 words, the arithmetic mean could be large because it has a very high TPR but 595 a small TNR, whereas the harmonic mean will maximise both TPR and TNR. 596 While conceptually the harmonic mean is better suited than the arithmetic for 597 this use case, both produce qualitatively the same results for these data. 598

<sup>599</sup> Scenario 2 corresponds to the situation in Bangladesh at time of writing

(September 2021), with COVID-19 cases beginning to rapidly increase again.

<sup>601</sup> Under these circumstances, false negatives are extremely costly relative to

 $_{\rm 602}$   $\,$  false positives due to the exponential growth of the disease.

<sup>603</sup> In Scenario 3, the pandemic is not declining but maintaining a steady rate

<sup>604</sup> of cases. In this situation, policy-makers may be keen to keep false positive

diagnoses low to prevent lockdown fatigue and to keep the workforce active.

The requirements in Scenario 2 and 3 were developed in discussion with the Institute of Epidemiology, Disease Control and Research (IEDCR), Bangladesh, for illustrative purposes.

### <sup>609</sup> 12. Supplementary Materials: Data Collection

- 610 This document compiles the Community Support Teams' Standard Operating
- 611 Procedures for the identification of potential COVID-19 patients, screenshots
- $_{\rm 612}$   $\,$  of the data-collection application, and the protocol for the taking of nasal
- <sup>613</sup> swabs for rapid antigen and PCR testing.

# Standard Operating Procedure (SOP) 1 c\_for support for Community Support Teams to identify the vulnerable/Risk group

### **Preamble:**

The Community Support Teams (CST) must be able to follow all the protocols involved in Phase-II of community surveillance of COVID19, in order to control the spread of Coronavirus and find out and protect the vulnerable individuals.

### **Important Definitions:**

**Potential Virus Fighter (PVF):** An individual reporting symptom of COVID-19. We will be identifying PVFs in the following ways:

a) through visiting household everyday looking for PVF

b) through individuals calling government hotlines 333) and reporting any symptom;

c) other household members of the PVF/VVF who showed symptom being screened

Once the PVF has been screened, the result can be either of these three:

**Verified Virus Fighter (VVF):** A PVF who has been screened and has high fever and with relevant signs/symptoms of respiratory disease (for example cough, shortness of breath (in last 15 days), sore throat) or the loss of the sense of smell.

OR an individual who tested COVID-19 positive in the last few days.

**PVF with follow-up:** A PVF who has been screened and whose body temperature is between 99.0oF to 99.4oF AND who has at least one sign/symptom of respiratory disease (for example cough, shortness of breath (in last 15 days), sore throat, the loss of the sense of smell).

**Cleared Virus Fighters (CVFs):** A PVF whose body temperature is below 99oF or who does not exhibit any symptoms of respiratory disease (for example cough, shortness of breath, sore throat, the loss of the sense of smell).

### **Vulnerable Individuals:**

Certain individuals are at higher risk of developing complications and dying from COVID-19, these include older individuals (50 years or older in the context of Bangladesh), diabetics, hypertensive individuals, individuals with respiratory diseases such as COPD or those with compromised immune systems. Pregnant women are also a high-risk group for COVID-19 related adverse outcomes.

### Scope

For use by CSTs, AMS/VAMs, telemedicine doctors, field Implementation teams and their support teams operating in urban & rural areas of Bangladesh to carry out surveillance for COVID19 and identification and protection of vulnerable groups.

### Purpose

The purpose of this Standard Operating Procedure (SOP) is to provide a brief overview of the workflow of CSTs work to a) identify vulnerable individuals efficiently, b) identify the PVF c) take the necessary steps to follow once someone identified as VVF, CVF or follow up PVF. The SOP will link to other technical SOPs and provide guidance to the following activities.

### **Specific Objectives**

- 1. Reach out to the community and attempt to make contact with households
- 2. Screen all individuals with COVID-like symptoms (PVFs) to identify if they are VVFs
- Provide counselling on home management of COVID-19, ensuring 14-day quarantine, mask-wearing guidance to VVFs, and also refer them to CST telemedicine or hospital depending on the severity.
- Screen all individuals 35 years and older and any pregnant women to identify vulnerable individuals (over 50 years, diabetics, hypertensives, individuals with COPD and pregnant women)
- 5. Provide counselling on specific protection measures for vulnerable individuals and referral to telemedicine for management of morbidities (diabetics, hypertensive, etc) and pregnancy.

6. Provide SRHR telemedicine numbers to all females aged 15-49 years in the household.

### **Procedure:**

Once the CSTs are trained and grouped into teams and assigned to a particular ward, they will need to do the following coordination activities:

### A. Coordination with local authorities Urban:

The AM/VAM (with support from the Field Implementation (FI) team of BRAC will organize inperson meetings for the different wards and zones of the city corporation. The participants should include: the focal person from the ward councilor, the ward councilor, and the zonal executive officer (ZEOs) and the Deputy Chief Health Officer (DCHO). The AM/VAM will support the FI team to inform the local police station about the CSTs working under their jurisdiction. This will include sharing a list of each CST member (along with their photos) working in their particular wards.

Steps in organizing the meeting:

a) They will be provided the contact details of focal persons and members from Ward councillors.

b) All physical distancing rules have to be followed: the meeting will only include essential individuals to prevent overcrowding. There should be a minimum of 1-metre distance between each individual.

c) All participants will perform hand hygiene on arrival and when leaving the meeting and they will all wear masks

d) Prior to the commencement of the meeting, the meeting venue, including chairs and tables, will be cleaned with disinfectants, especially hard surfaces.

e) Keep the meeting as brief as possible, try to finish within 20-30 minutes

f) CST members will check each participant's body temperature before the meeting and maintain hand hygiene throughout the meeting. Participants with whose body temperature is over 99.0oF should be screened as a PVF and cannot join the meeting

**Follow-up**: On a regular basis, the CST should share activity updates with the local authority /focal person through telephone. The AMs/VAMs will update the FI team regularly, who will also facilitate discussion with the ward councilors/ZEOs/DCHO.

Follow-up: On a regular basis, share activity updates with the local authority through telephone.

Note: Representatives from the different partner organizations will try to attend the field coordination meetings.

### **B.** Maintenance/Handling of logistics

Refer to SOPS 3 and 5 for materials needed for CSTs to carry out their duties in a safe and professional manner.

CST members will be provided with an Infrared thermometer, oximeter, Wrist watch BP monitor, three-layer cloth mask, measuring tape, gloves, goggles, bleaching powder, disinfectant containing 70% alcohol, id card and vest. They can keep the logistics in house of one of the members. Infrared thermometer, oximeter, three-layer cloth mask will be provided in the training by FAO. Other logistics like more masks and sanitizers will be provided and managed by BRAC.

### **B.** Contacting PVFs

### 1. Word-of-mouth:

The CSTs will aim to visit an agreed number of households (but the focus should be on complete and comprehensive screening - it is more important to identify VVFs and vulnerable than to maximize household visit numbers). During the visit they will identify PVFs by word of mouth.

# 2. Government Hotline:

- The CSTs will also have to visit households with PVFs identified through the government hotline. The AM/VAM will contact the PVFs who called in Government hotlines in the last 2-3 days using the phone number used in the call. They will communicate with individuals, guided by a talking point tree, which explains the CST activities and requests the person to allow a screening visit from the CSTs. The contact information will be passed to the specific CST team through the CST mobile app.
- The CST will receive a list of phone numbers of PVFs in their CST mobile app.

- One of the CST members will call the PVF, introduce themselves, describe the purpose of visiting their house and request to schedule a visit. (They will follow the leaflet on FAQ "Coronavirus and CST team related information).
- If the PVF is reluctant for a visit, the CST member will try to convince them using interpersonal communication skills. If they still do not agree for the household visit, then the CST member will try to advise them about quarantine over the phone and also ask if they require food or medicine support. The CST will also check if there is any pregnant woman in the house, or any woman who has given birth in the last 6 weeks.

**Note**: The CST (AM/VAM) should make every effort to contact the PVF, this includes calling each number three times before giving up if it is not answered. If the individual is not willing to have a home visit, the CST will try to counsel them; this may include two calls to try to arrange a home visit.

### D. The total Household Visit will include three major activities:

1. Household Form 1

2. PVF Screening (Please follow the <u>SoP 3 \_Quarantine Screening 31</u> <u>August'20 V8.docx</u> and <u>SoP 5 \_Home Family Quarantine support\_310820</u> <u>V8.docx</u>)

3. Vulnerable Screening

# **Household Form**

- 1. After arriving at a house, the CST will ask to speak to an adult household member and note down the household address in the CST app.
- 2. The CST will explain about the CST programme, about COVID-19 precautions, and provide CST related leaflet and stickers
- 3. At this point, the CST will seek consent if the household agrees to a health screening and their information to be passed to health services.
- 4. Consent Statement: Take consent from the responder. If the household agrees to a health screening and their information to be passed to health services.
- 31 December'20 V1 5

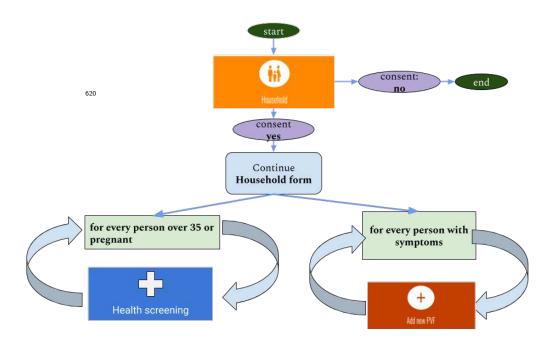
- 5. If the household member doesn't agree then the CST will continue to finalize the form without collecting any phone number and name, give them the CST sticker, thank them and leave the house.
- 6. If the household member agrees to continue, the CST will note down then his/her name and phone number as the primary respondent and proceed with the rest of the household form questions (basic questions about vulnerability: Age breakdown of HH members (most important to obtain accurate information about number of individuals over 50 years of age); pregnant, hypertension, diabetes and COPD).

### **PVF Screening:**

- 7. The CST will then screen each member with COVID-19 symptoms with the PVF screening form will need to be completed for each PVF.
- 8. At first, the CST will seek consent for PVF screening, if the person doesn't agree then the CST will end the PVF screening. If the person agrees, then the CST will continue with the PVF screening form. This PVF screening process will need to be repeated for each household member with COVID-19 symptoms.

**Consent Statement**: "We will ask simple questions about your health and measure your temperature using an infra-red thermometer. All of your data will be kept confidential under the Ministry of Health and Family Welfare of Bangladesh. Your data might be shared for telemedicine referral and other health-related research or services. You have the right to stop this interview at any point in time or refuse to give answers to any questions that make you uncomfortable..."

6



### **Vulnerable Screening**

- 1. If there is anyone over 35 years of age or if there is a pregnant woman, then please offer them health screening. Please start with the oldest household member.
- 2. The CST will explain why it is necessary to identify vulnerable people.
- 3. The CST will follow the App to fill up the first part of the health screening form.
- 4. Depending on whether the person has one or more declared health issues, the CST will seek consent to do a physical examination to help identify undiagnosed conditions (for example, if an individual says no or does not know about having high blood pressure, the CST will measure their blood pressure).

**Consent Statement:** Do you want to have a physical examination now, this will include you measuring your own waist and might include measuring blood pressure.

5. Once the person agreed to the screening process, please follow SOP 4 c\_on how to measure BP and SOP 4 d\_on how to measure waist circumference.

- 6. The CST will proceed to ask remaining questions on the screening form.
- At the end of the screening form, the CST should ask for the respondent's name and phone number.

### C. Steps to take for individuals identified as vulnerable:

For individual identified as Elderly, Diabetic, Hypertensive and COPD- provide counselling based on SOP 09 and refer them to CST telemedicine.

Pregnant women: Refer to SRHR telemedicine

### D. Steps to take after PVF screening based on the screening result

### 1. Steps to be taken if PVF is identified as VVF:

- Please refer to SOP 5 Home Family Quarantine Support". Support the VVF in maintaining quarantine for 14-days along with their entire households.
- Measure oxygen saturation levels and enter the level into the App. Take appropriate action based on the oxygen saturation levels.
- Connecting to the telemedicine doctor who will determine the severity of the VVF's symptoms. Depending on the severity, the doctor will recommend a course of action. (Refer to SOP 7: Dedicated Medical Guidance Call Centre for VVF). If it is not possible to connect to the doctor, the CST can leave the number with the VVF to call later. When connecting the VVF with a Telemedicine doctor CST needs to inform the doctor about this. Doctor will decide the severity of the case.
- Provide essential medicine and food support for low income households or arrange for these things to be procured by friends or neighbors.
  - a. The CST will teach the other members of the household on how to avoid direct contact with VVFs while still supporting and motivating the VVF fight against COVID-19. The CST will ensure that the neighbors will understand the role of the VVF in the fight against COVID 19 and are ready to help them.

- b. The CST will proceed to include information on all household members as per the app specifications (name, phone number, age, gender and relationship with the VVF). If another household member is showing COVID-19 symptoms and wants to be screened as a PVF, only then the CST will screen them as a PVF, otherwise only the information mentioned above needs to be collected for each household member.
  - c. Carry out scheduled follow up visits to ensure adherence to proper quarantine, check if medicines or food is needed and to check if symptoms have worsened.
- At the 14th day of quarantine period, doctors from telemedicine will call VVF to find out the current status if no further sickness is in the household, they are all free to end isolation.

### 2. Steps to be taken if the PVF is identified as PVF with follow up

The CST will counsel them about monitoring symptoms very closely, and call the CST right away if l if the symptoms worsen

- a. The CST will share their phone numbers if they need further support and will advise of any follow up visits
- b. In any event, the CSTs will revisit him/her within two days to reassess their symptoms and start the whole screening processes again by following the relevant section in the App.
- c. The App will determine if the person is VVF, PVF with follow up or cleared PVF;
- d. If the app changes the status of the PVF with Follow-up to VVF, then the CST will follow SOP 5 as outlined above.
- e. If the app keeps the status of the PVF with follow up, the CST will ask the PVF to contact them if the symptoms worsen. If PVF doesn't contact the CST, CST does not need to visit the household further.
- f. Cleared PVF, the CST will follow the SOP 5 for these categories.
- g. The CST will advise the PVF with follow-up to call the CST immediately if symptoms worsen. The CST will always also advise the entire household to wear masks when going outside their homes and to request visitors to wear masks when visiting.
- 31 December'20 V1 9

h. If anyone in the family develops cough or fever, they may report again contacting their local CST or using 333 or 16263.

# 3. Monitoring VVFs and PVFs with follow-up:

- Monitoring visits will clearly schedule and are designed to:
  - a. check the health status of the household
  - b. check for compliance with isolation; this should include problem solving if the family are having trouble access food or medicines
  - c. Ensure that the family are not being subjected to stigmatization from neighbours.

V1

#### Standard Operating Procedure (SOP) 3 for Screening Potential Virus Fighters

#### Preamble

Once a PVF is identified and details entered into the CST Mobile App, the job of the CST is to screen the CST for COVID19 as soon as possible. The screening process is assisted by the App, which will confirm the status of the PVF.

#### **Important Definitions:**

**Potential Virus Fighter (PVF):** An individual reporting symptom of COVID-19. We will be identifying PVFs in the following ways:

- a) through word of mouth from the community
- b) through individuals calling government hotlines 333) and reporting any symptom;
- c) other household members of the PVF being screened

#### Once the PVF has been screened, the result can be either of these three:

1. Verified Virus Fighter (VVF): A PVF who has been screened and has high *fever* and with relevant signs/symptoms of respiratory disease (for example cough, shortness of breath (in last 15 days), sore throat) or the loss of the sense of smell.

**OR** an individual who tested COVID-19 positive in the last few days.

- 2. **PVF with follow-up:** A PVF who has been screened and whose body temperature is between 99.0°F to 99.4°F AND who has at least one sign/symptom of respiratory disease (for example cough, shortness of breath (in last 15 days), sore throat, the loss of the sense of smell).
- **3.** Cleared Virus Fighters (CVFs): A PVF whose body temperature is below 99°F or who does not exhibit any symptoms of respiratory disease (for example cough, shortness of breath, sore throat, the loss of the sense of smell).

#### Vulnerable Individuals:

Certain individuals are at higher risk of developing complications and dying from COVID-19, these include older individuals (50 years or older in the context of Bangladesh), diabetics, hypertensive individuals, individuals with respiratory diseases such as COPD or those with compromised immune systems. Pregnant women are also a high-risk group for COVID-19 related adverse outcomes.

**Community Support Team (CST):** In urban and residential areas, the CST will consist of at least two volunteers from different volunteer organizations (e.g., Platform, CDP, Utshorgo foundation, Young Bangla), students from the communities and/or volunteers nominated by the Ward councilors.

In urban slum area the CST will consists of two Shasthyo Kormi (SK) from BRAC.

Each CST team will be assigned to one ward, and they will be supervised by Area Managers (AM) or Volunteer Area Managers (VAM).

These AMs/VAMs will be responsible for multiple wards (and hence multiple CSTs).

#### Scope

The SOP is used to determine the status of PVFs by identifying signs and symptoms of COVID19. The PVFs may be identified by the hotline, the community, or as close contacts of a VVF or identified COVID19 patients.

#### Purpose

The purpose of this SOP is to provide detailed guidelines to the CST on how to screen **PVFs**) to determine if they are

- a) VVFs
- b) PVF with follow-up

c) Cleared PVF

#### Logistics required (in necessary quantity as per visit plan) for CST:

- Smart phone/tab
- Soap and clean water or alcohol-based hand rub
- PPE items (mask, goggles, gloves)
- Infrared thermometer
- Oximeter
- Biohazard bag/thick poly bag/covered container
- A bucket of prepared diluted 0.2% sodium hypochlorite/bleach solution
- All materials required to make a diluted 0.2% bleach solution for demonstration if PVF is found to be a VVF

- All necessary supportive medicines (first line treatment advised by government telemedicine number 16263) will be carried for distribution to VVF household.
- Phone numbers of local ME

#### Procedure

- 1. The CSTs will make a daily plan for household (Khana) visits to identify PVF by word of mouth as part of their daily work and the PVFs on the App provided by Area managers.
- 2. The CST will visit household as per given daily target and look for PVFs to be screened.
  - CST will start the conversation with permission and introduce themselves, explain the HH members why they are here.
  - Then they will ask if someone in the household is sick or want to be screened as a PVF
  - If there is any sick person or the member of household want to be screened, please follow the steps from "6 to 14"
  - If the household denied for screening please follow steps "4 and 5".
- 3. The CST calls the number from the app to confirm the name and number of the PVF and to request a screening visit. If the number does not answer, they should try three times before reporting the number as not answering.
- 4. If the PVF is reluctant for a visit, the CST member will try to convince them using good interpersonal communication skills. If they still do not agree for the household visit/screening, then the CST member will try to advise them about quarantine over the phone and also ask if they require food or medicine support. The CST will also check if there is any pregnant woman in the house, or any woman who has given birth in the last 6 weeks. The CST should not give up on the home visit but call again at another time.
- 5. The CST should use good communication skills to build trust with the PVF and household members before starting the screening. They should remember to treat the PVF as an equal and to respect his/her concerns. They should explain clearly why they are wearing PPE and why they will be taking measurements and asking questions. They cannot enter the house and commence the screening without permission of the household members.

- Before entering the house, the CST members should wash their hands using soap and water or an alcohol-based hand rub prior to donning appropriate Personal Protective Equipment (PPE):
  - a. Eye Protection: Goggles
  - b. A clean three layer cloth mask
  - c. A pair of new gloves
- 7. PVF should collect information in a respectful way and record the data on the CST mobile app. If the app does not work for some reason they will record the data in the given PVF interview form. The order of questioning and data collection will be guided by the app or interview form.
- 8. All personal data and a complete history of the PVF's symptoms should be recorded on the CST mobile app or the form.
- 9. The PVF's temperature should be taken with an infrared thermometer and the measurement recorded on the CST mobile app. CST members will point the thermometer in 3 centimeters distance from the forehead of the VVF. Please refer to SOP 4a Using the Infrared thermometer.
- 10. Based on the signs and symptoms and temperature reading, the mobile app will determine if the PVF meets the definition for a **VVF** or **PVF with follow-up** or a **Cleared PVF.**
- 11. The CST will also check if there is any pregnant woman, any woman who has given birth in the last 6 weeks (42 days) or any vulnerable people in the household.

#### 12. If the PVF is a <u>VVF</u>, then the CST will take the following steps:

a) The CST will measure the blood oxygen saturation of the VVF using the pulse oximeter and record the reading in the CST mobile app (see SOP 4b. Using the oximeter).

- b) If the oxygen saturation level is equal to or below 93%, the CST should explain to the VVF that he needs specialized medical treatment and immediately call the AM/VAM for assistance to take the VVF to hospital.
- c) The CST should proceed to ask the rest of the questions as prompted in the CST mobile app.
- c) The CST should add information (name, age, sex, telephone number and relationship to the VVF) of each household member in the CST mobile app.
- d) These household members should be screened as PVFS.
- e) The CST will check if any member of the household (including the PVF who was just screened) is either pregnant or a breastfeeding. The household will be given the OGSB number to call for any advice on referral to a hospital or any other issue. If a female household member is pregnant: The CST will advise them to go to a health facility for regular antenatal visit, and to deliver in their facilities. -If a female household member is a breastfeeding mother: The CST will advise them to wear masks while breastfeeding, and for them to consider family planning.
- f) The CST should connect to the telemedicine doctor and hold the conversation on speaker phone so that both the VVF and CST can hear. The medical expert who will determine the severity of the VVF's symptoms and depending on the severity, will recommend a course of action. (Refer to SOP 9: Dedicated Medical Guidance Call Centre for VVF). If it is not possible to connect to the doctor, the CST can leave the number with the VVF to call later.
- g) The CST should then follow the Home Family Quarantine Support SOP 5 for guidance on counselling the VVF and their family for maintaining 14-day home quarantine, implementing IPC within the household and support measures.

- h) The VVF should be advised that there will be personal follow up visits on days 3 and 7 and then a phone check up on day 10.
- The CST will then ask the VVF if they want to be tested for COVID-19, if the opportunity arises. Before recording the answer in the CST mobile app, the CST will clearly describe the consequences of agreeing to be tested as described below:

Please tell them that if they opt for testing, then the government (IEDCR) may call them for sample collection. If the family agrees to be contacted by the government for testing, then they might get a call from the government, and then two or more individuals might visit their house to collect the sample(s). These individuals might be wearing coveralls or other PPE items that might scare the neighbors. There is also a chance that the neighbors might ostracize/avoid the family because of this. If the VVF is less than 18 years old, then please ensure that their at least one of their parents/guardians is part of this conversation. The VVF and their family have complete autonomy to decide if they want to get tested or not. Their decision to test or not to test will not impact the services or support that they are supposed to receive from the CSTs.

#### Please refer to the Sample Collection SOP for details.

#### 13. If the PVF is a <u>PVF with follow-up</u>, then the CST will take the following steps:

- a) Counsel them on monitoring their symptoms and the importance of contacting the CST right away if symptoms worsen. They should advise on wearing masks outside the house for all household members
- b) The CST will revisit the PVF with follow-up in two-days' time for re-screening.

#### 14. If the PVF is a <u>Cleared PVF</u>, then the CST will take the following steps:

- a) Counsel them on monitoring their symptoms and the importance of contacting the CST right away if symptoms worsen. They should advise on wearing masks outside the house for all household members.
- b) The CST won't revisit the Cleared PVF again unless they call back for further support.
- At this point, if there is any household member who is also reporting COVID-19 like symptoms and wants to be screened as a PVF, then the CST can screen this person as a PVF (recording this person as a new PVF screening in the CST mobile-app).
- 3. At the end of each household screening the CST members should remove the gloves carefully so as not to allow the outer surface of the gloves to contact their skin and then dispose of them appropriately in a covered container.
- 4. They should wash their hands using soap or clean with an alcohol-based hand rub before donning a new set of gloves.
- Masks should be worn all day replaced whenever they become wet or visibly soiled and disposed appropriately in a thick poly bag/covered container. Refer to SOP 8 for correct donning and doffing of masks and mask care.

#### Standard Operating Procedure No 5 for Home Family Quarantine/Isolation of Verified Virus

#### Preamble

The isolation of the Verified Virus Fighter (VVF) and family is to prevent uncontrolled spreading of the virus responsible for COVID19. To ensure that the VVF and family are able to follow the 14 days isolation, he/she should be treated in such a way that he/she is comfortable and willing to remain in isolation. The other members of the household should be protected from COVID19 infection from the VVF through prevention control practices.

#### **Important Definitions:**

**Potential Virus Fighter (PVF):** An individual reporting symptoms of COVID-19. We will be identifying PVFs in the following ways:

a) through word of mouth from the community

b) through individuals calling government hotlines 333) and reporting any symptom;

c) other household members of the PVF being screened

#### Once the PVF has been screened, the result can be either of these three:

1. Verified Virus Fighter (VVF): A PVF who has been screened and has high *fever* and with relevant signs/symptoms of respiratory disease (for example cough, shortness of breath (in last 15 days), sore throat) or the loss of the sense of smell.

**OR** an individual who tested COVID-19 positive in the last few days.

2. **PVF with follow-up:** A PVF who has been screened and whose body temperature is between 99.0°F to 99.4°F AND who has at least one sign/symptom of respiratory disease (for example cough, shortness of breath (in last 15 days), sore throat, the loss of the sense of smell).

**3.** Cleared Virus Fighters (CVFs): A PVF whose body temperature is below 99°F or who does not exhibit any symptoms of respiratory disease (for example cough, shortness of breath, sore throat, the loss of the sense of smell).

#### Vulnerable Individuals:

Certain individuals are at higher risk of developing complications and dying from COVID-19, these include older individuals (50 years or older in the context of Bangladesh), diabetics, hypertensive individuals, individuals with respiratory diseases such as COPD or those with compromised immune systems. Pregnant women are also a high-risk group for COVID-19 related adverse outcomes.

#### Scope

For use by Community Support Teams (CSTs) once a PVF has been declared a , VVF and recommended to follow 14 days of isolation.

#### Purpose

The purpose of this SOP is to provide guidance for CST on how to advise and support VVFs on self-isolation and on quarantine of household contacts.

The steps in screening of the PVF is covered in the SOP 3 Quarantine Screening.

## Procedure

1. Once the **PVF** has been confirmed to be a **VVF** by the CST using the Mobile App, the CST should advise the VVF and family of his/her status and explain the role of the VVF in controlling the spread of COVID19. It is crucial that the CST explain the importance of his/her actions for the community and Bangladesh and gain the agreement of the VVFs and their families. Good communication skills are needed. Key points to be made include:

- The COVID19 virus is very contagious and can be spread through sneezing and coughing and touching contaminated surfaces. But the virus can easily be killed by cleaning and disinfection.
- Most people do not get very sick, but a small group may need to go to hospital.
- By isolating the VVF is preventing spread of the virus and is working to protect his/her community. If the virus spreads uncontrollably, the hospitals will be unable to cope and many people will die (can use the fish pond example).
- Isolation is a selfless act that helps others; the VVF is a hero.
- After 14 days of isolation the VVF should be over the COVID virus; it will also be clear if the other family members have also caught COVID19.
- The CST will support the family through the isolation period.

- Discuss openly with the VVF any concerns and fears that he/she may have. Reinforce that the CST and ME are going to assist them. Explain clearly the assistance that the VVF can expect: this includes support visits, telemedicine, food bank support, access to basic medicines and hospital transfer if needed,
- 3. VVF should be advised to go immediately into Family Quarantine/Isolate in their home with all household members (persons who live in the same home).
- 4. The process of isolation and quarantine should be carefully explained to the VVF and family in a supportive and non-threatening manner. Home Family Quarantine/Isolation means the VVF and their entire household have to adhere to the following conditions for the next 14-days:
  - a. They should not leave their home for any reason.
  - b. If, by chance, they do come across other people, they should stay at least 1 meter (3 feet) apart.
  - c. They should not go out to buy food or collect medicine: they can ask the CST to support them in the process, ask someone else to drop off medicine or groceries at their home or order them by phone or online.
  - d. They should not allow any visitors, other than the CST or medical persons, in their home.

#### Household hygiene

1. It is very important to protect other household members from COVID19. The VVF should strictly adhere to the following to prevent infecting other household members:

2. The VVF should remain isolated in a separate room and stay 1 meter (3 feet) from other members of the house.

3. He/she and must wear mask and also all family members must wear mask when more than one person is in a room.

4. Enough food and drinks should be prepared and delivered to the VVF's room but not handed to Him/her. Empty plates and cups should be placed into a bucket at the end of each meal and removed and washed in hot soapy water.

5. If the family uses common bathroom, specific bathroom times should be scheduled for the VVF and space given for him/her to move to the bathroom and back to the bedroom.

6. The family members should continue to communicate with the VVF and provide them with company and reassurance from a distance of 3 feet while wearing masks.

7. The VVF should not share dishes, drinking glasses, cups, eating utensils, bed linen, clothes or towels with the rest of the family.

8. VVFs who are breastfeeding mothers can breastfeed their infants wearing a mask. They should thoroughly wash their hands with soap and water or sanitize their hands with alcohol-based hand rub before breastfeeding.

- 9. To reduce the spread of infection in the home, the VVF and other household members should do the following:
  - a. Wash their hands with soap and water often, for at least 20 seconds, or use an alcohol-based hand rub when soap and water is not available. The CST members will show them how to correctly wash their hands and show a sample of alcohol based hand rub.
  - b. The VVF should wear a cloth mask that covers the nose and mouth when he/she must be around other people or animals, including pets. The mask is not necessary when the VVF is alone.
  - c. All the household members must wear masks at all times inside the house (except when someone is completely alone).
  - d. All the household members should sneeze and cough inside the mask; for sudden onset of coughing or sneezing when they are not wearing the mask, they should cover their mouth and nose with a tissue or sleeve (not hands), put used tissues in the covered waste bin immediately and wash hands afterwards. If the mask gets soiled by cough or becomes wet it should be changed.
  - e. The responsibility of taking care of VVF should be given to the healthiest family member who is without any comorbidities such as diabetes, hypertension, cancer, heart disease, chronic respiratory disease.
  - f. Surfaces that are touched often (like door handles, bathrooms, kettles, light switches, chair arms) should be cleaned regularly using household cleaning products and disinfected with 0.2% bleach.. Electronic items such as phones should be cleaned with alcohol.

- g. If a caregiver or other person needs to clean and disinfect a sick person's bedroom or bathroom, they should wear a mask and disposable gloves prior to cleaning. They should wait as long as possible after the VVF has used the bathroom before coming in to clean or use the bathroom. The area should be cleaned first with soap and water followed by disinfection with 0.2% bleach. The disinfected area should remain wet for 5 minutes and then excess bleach cleaned up with a clean cloth.
- h. Wash the cloth mask with warm water and detergent every day or soak in 0.2% dilute bleach (Add 2 teaspoons of bleaching powder to 1 liter of water) for at least 1 minute, rinse with water, and then let air dry in sunlight if possible.
- i. The house should be cleaned with normal household products, such as water and detergent, followed by a 0.2% disinfectant bleach. CST members will demonstrate how to make a 0.2% bleach solution (see below) and give each family a 250 mg packet of powder bleach to clean the surrounding surfaces around the VVF and the bathroom after use.
- j. Used tissues and disposable cleaning cloths should be placed in garbage/ polythene bags and then put into a second bag and tied securely. The bag should be stored for 3 days before putting it in the outside bin. Other household waste may be disposed of as normal.
- k. Laundry should be washed in the usual way. Laundry that has been in contact with an ill person can be washed with other people's items but they should not be shaken as this may spread the virus in the air.
- 10. To stay well while at home, the VVF and any ill household members should:
  - a. drink plenty of water to stay hydrated,
  - b. The VVF and family members should take Vitamin C, Vitamin D and zinc,
  - c. take paracetamol to help ease symptoms like fever and malaise,
  - d. stay in touch with family and friends over the phone or on social media, to help avoid feeling low or lonely
  - e. try to keep busy; -try activities such as , reading, online learning and watching films
  - f. do light exercise, if he/she feels well enough

635

11. If the household includes a vulnerable individual (someone who is 60 years old or over, has a long-term condition, is pregnant or has a weakened immune system), the household should try to move him/her to another house for 14 days.

12. If the vulnerable person must stay in the home, the VVF and the vulnerable individual should try to keep away from each other as much as possible by:

- a. Keeping 1 meters (3 feet) away from each other,
- b. Should wear mask all time even at home,
- c. avoiding using shared spaces, such as kitchens or bathrooms, at the same time,
- d. opening windows in shared spaces, if possible, for air circulation,
- e. cleaning a shared bathroom each time it is used, for example by wiping the touched surfaces with a disinfectant,
- f. using detergent and warm water when washing dishes and dry everything thoroughly,
- g. not sharing a bed, if possible,
- h. not sharing towels, including hand towels.

13. If the VVF or another ill household member needs medical help during Family Quarantine/Isolation, he/she should not go to a clinic, pharmacy or hospital. He/she should stay at home and call the community support team or contact the telemedicine doctor dedicated to VVFs . The CST will have the number for the local ME.

14. The CST team members should follow up physically with the VVF and his/her household members on the 3rd and 7th day. During the visit they will check VVF's temperature, oxygen saturation and confirm if the VVF and his family are maintaining quarantine (please see SOP 1 Process Flow\_Urban Areas for details) Data on body temperature, oxygen saturation, adherence to home quarantine, will be recorded through the CST mobile app during the follow-up visits. The CSTs will also follow-up through telephone on the 10th day to make sure VVF and his family maintained home quarantine properly and also to enquire if they require further food support/medical attention.

15. During the follow-up visits, the CSTs should counsel the VVF and the family again on steps 2-11 (to reinstate the importance of maintaining quarantine).

16. The CST will ensure that the neighbors understand the fight and are ready to help them morally and mentally to boost up VVF and the family.

## Preparation of disinfectant bleach solution

1. A 0.2% bleach solution should be made fresh every day by the CST. They will need the following equipment:

- $10^{637}$  litre bucket with a lid
- 20% bleach powder
- I teaspoon
- 1 plastic or wooden stirrer
- Measure for 500 ml (ie a water bottle)

• Protective equipment such as Mask, gloves, goggles. Solution must be made in an open environment.

2. Before beginning the dilution, wear the PPE.

3. To make 1 liter of bleach solution, pour 1 liter of water into the bucket. Add two teaspoon of bleach powder and mix with the stirrer. Immediately put the lid on the bucket

4. Experience will show how much is needed for a day's work but do not make more than be safely carried in the bucket. The calculation is easy: for 2 liters of water add 4 teaspoons of bleach; for 5 liters of water use 10 teaspoons of bleach powder

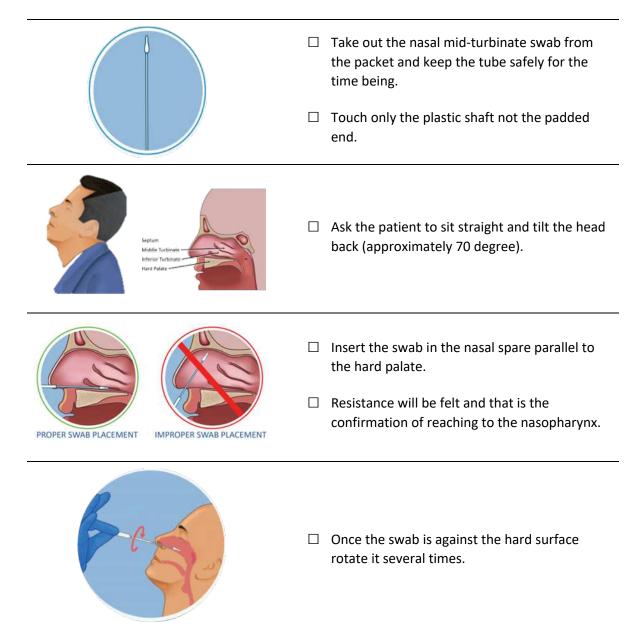
5. At the end of the day, pour out any remaining solution

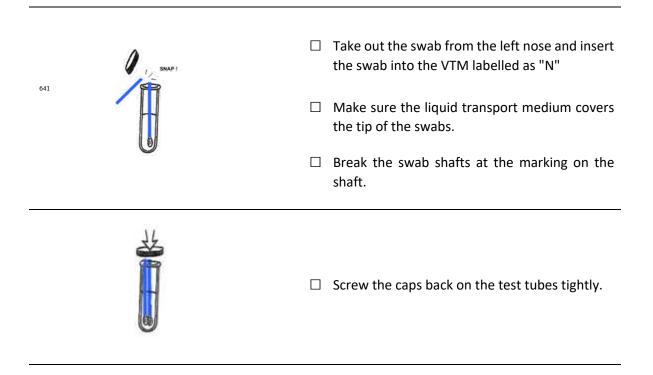
#### 638 12.0.1. Data Collection Mobile Application

PVF	Screening	10. PVF's temperature reading
← Household	K Contraction	Enter temperature (95 to 110 °F) *F
Address Respondent name Respondent phone number Com	HH5 Aa 11112236547 splete household visit 🍽	11. Symptoms Cough Diarrhoea Headache
← PVF Form		Loss of smell
Does the person agree to a health screening and their information to be passed to health services?		Loss of taste
All of your data will be kept confidential under the Ministry of Health and Family Welfare of Bangladesh. Your data might be shared for telemedicine referral and other health-related research or services. You have the right to stop this interview at any point in time or refuse to give answers to any questions that make you uncomfortable.		Muscle pain
		Shortness of breath
		Sore throat
1. Phone number		Tiredness
+88 Enter phone number		Red eyes / Conjunctivitis
2. Alternative phone number		Runny nose
+88 Enter phone number		Sputum production (Wet cough)
3. PVF Name		Vomiting
Enter name		12. Has the PVF tested positive for covid in the last 7 days?
4. Age of the PVF		○ Yes ○ No
Age		
5. Gender		Save and next

# Nasal Sample Collection and Testing Protocol

Nasal sample collection (infographics showing Left Nasal sample collection) instruction for CST 1





Once the nasal sample is collected by CST 1, CST 2 will check the box in the app (See example below).

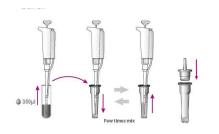
#### Specimen:

 $\Box$  Collected  $\Box$  Not collected

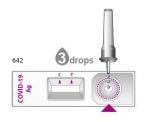
If collected mention type:

□ Right nasal swab □ Throat swab □ Saliva Combined left nasal swab and throat swab

#### Nasal swab sample analysis



- □ Using a micropipette, collect the 350µl of specimen from the VTM. Mix the specimen with an extraction buffer in anther tube.
- □ Press the nozzle cap tightly onto the tube.





□ Apply 3 drops of extracted specimen to the specimen well of the test device.

 $\hfill\square$  Read the test result in 15-30 minutes.

#### Interpretation of Nasal sample analysis

CAUTION

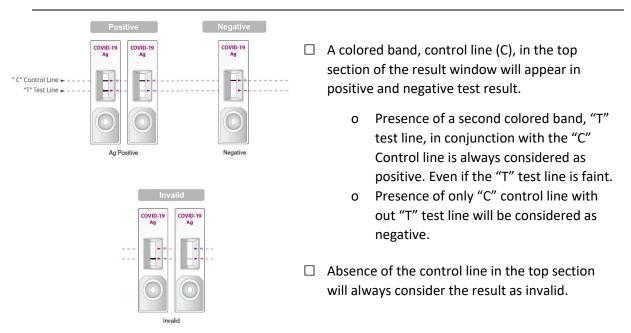


Image and Information Sources:

https://www.cdc.gov/coronavirus/2019ncov/downloads/lab/NMT Specimen Collection Infographic FINAL 508.pdf

# Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

• nrreportingsummaryFJC.pdf