

The impact of molded pulp product process on the mechanical properties of molded BCTMP

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1 **The impact of molded pulp product process on the mechanical** 2 **properties of molded BCTMP**

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9 **Abstract**

10 This study was carried out using bleached softwood Chemi-Thermo-Mechanical Pulp to evaluate the
11 influence of Molded Pulp Products' manufacturing process parameters on the finished products'
12 mechanical and hygroscopic properties. A Taguchi table was done to make 8 tests with specific process
13 parameters such as moulds temperature, pulping time, drying time and pressing time. The results of
14 these tests were used to obtain an optimized manufacturing process with improved mechanical
15 properties and a lower water uptake after sorption analysis and water immersion. The optimized process
16 parameters allowed us to improve the Young' Modulus after 1h immersion of 58% and a water uptake
17 reduction of 78% with the first 8 tests done.

18 **Keywords:** Cellulose fibers, Molded Pulp Product, mechanical properties, barrier properties

19 **1. Introduction**

20 As single use plastic packaging is becoming more controversial in the current environmental context,
21 industrials have been studying other materials and manufacturing processes to propose new products
22 with a lower environmental impact. Some industrials have chosen to turn to wood cellulose fiber
23 historically used for the pulp and paper industry.

24 There are several processing methods known to extract cellulose fibers from wood chips. These
25 processes either use mechanical technique, chemical technique, thermal technique or a combination of
26 these techniques. A widely known and used technique in the paper industry is called kraft process [1,2]
27 and uses a combination of thermal, mechanical and mostly chemical products to obtain cellulose fibers
28 free of hemicellulose, lignin, pectin and other wood molecules.

29 Another fiber extraction method used is called Chemi-Thermo-Mechanical Pulping process or
30 CTMP [2,3]. This process is considered to be a chemi-mechanical processing method as most of the
31 wood molecules (lignin, hemicellulose) are kept in the final pulp. It has replaced some chemical pulps

32 for several applications as it is a less-expensive pulp to produce with a much higher yield of pulp
33 produced.

34 In this method, the wood chips are first pretreated with about 2% of sodium sulfite or hydrogen
35 peroxide, then they are sent to specific refiners with high pressure and steam to free the fibers. The high
36 temperature and presence of steam allow the fibers to soften and reduce their cutting and fines
37 formation. This pulp may be further bleached (BCTMP) to obtain a whiter pulp even if the result cannot
38 be as white as for kraft pulps since lignin is maintained in the CTMP process [2].

39 Processed pulp (kraft or BCTMP) or recycled paper are used as raw material to make 3D products
40 using a specific manufacturing process called Molded Pulp Products process (MPP process). The first
41 patent of a molded pulp processing was published in 1890 [4], whereas a patent for a manufacturing
42 machine was published in 1903 by Mr. Martin L. Keyes [5] . This process has been developed and
43 modified but its use in industry was first limited to the manufacturing of egg trays. The MPP process can
44 vary depending on the final destination of the manufactured product. According to the International
45 Molded Fiber Association (IMFA) [6], there are 4 categories of MPPs depending on the process used [7],
46 which are described as followed:

- 47 • “Thick-wall”: made using one mould resulting in a smooth side (in contact with mould) and a
48 rougher side. The piece is oven dried, has a thickness of 5 to 10 mm and is mainly used to transport
49 and protect heavy products (vehicle parts, motors, ...)
- 50 • “Transfer Molded”: made using two moulds, a forming one (same as the "thick-wall" process) and
51 a transferring one. The surface in contact with the forming mould is smoother than the other
52 surface. The resulting piece is also oven dried, 3 to 5 mm thick and is used to make egg trays or
53 other product packaging to protect objects such as cellphones, electrical appliances and drink trays
- 54 • “Thermoformed” or “Thin-wall”: made using a number of moulds to press and dry the piece. The
55 resulting product is 2 to 4 mm thick, denser than for previous processes and gives a smooth surface
56 to both sides. Making a "thin-wall" product allows to obtain a piece with a similar finish to
57 thermoformed plastic products and may be used to make drink trays, cellulose tableware such as
58 plates, bowls or food trays that require a good product visual
- 59 • “Processed”: This type is referring to molded fiber products that require some type of secondary or
60 special treatment other than simply being molded and cured, such as a coating, printing or cutting

61 on the finished piece. This process may be used for food applications that require a specific barrier
62 that cannot be done by the cellulose product alone

63 In this study, the "thin-wall" method was tested with 4 moulds used: a forming one, a transferring
64 one and two moulds to press and dry the piece. In order to better understand the influence of the MPP
65 process on the properties of the resulting product, 6 different process parameters were analyzed by
66 changing temperature or specific step time. The result of these experiments will allow us to obtain a
67 manufacturing process with specific parameters that gives higher mechanical properties and limited
68 water uptake following water immersion. Tensile tests in different conditions and water uptake analysis
69 were carried out to compare the influence of the process parameters tested on the structure and
70 properties of the manufactured MPPs. Water uptake tests were made following 1h water immersion and
71 sorption analysis 5 different water activities (a_w). Tensile tests included initial analysis as well as after
72 1h water immersion and sorption analysis in the same conditions as water uptake tests.

73 As 6 process parameters were chosen to be tested at 2 levels each, a total of 64 tests should be done
74 to correctly analyze all process possibilities. To lower the number of tests, a design of experiment was
75 done following the Taguchi method, allowing us to lower the number of tests needed to 8. With the
76 experimental results of these 8 specific tests, the Taguchi Table allowed us to obtain theoretical results
77 of all the other tests possibilities. 2 final tests with optimized process parameters from the initial 8 were
78 done to confirm the Taguchi method used for this study.

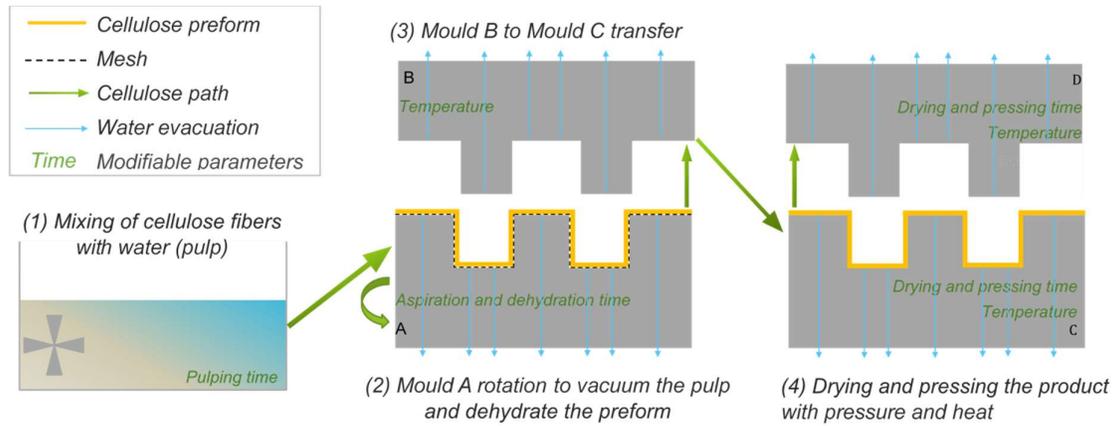
79 **2. Materials and methods**

80 *2.1. Material and production of MPP*

81 Bleached Chemi-Thermo-Mechanical Pulp (BCTMP) of softwood was purchased from Rottneros
82 (Sweden) and used with no further modification to the fibers. The preparation of the test samples was
83 done in several steps:

- 84 • 3D pieces manufacturing using the molded pulp process
- 85 • Samples cutting in the shape of shouldered bars using a punch cutting object
- 86 • Conditioning of the samples depending on the test to be done

87 The first step uses a molded pulp processing machine whose diagram is shown in Figure 1.



88
89

Figure 1: Diagram of the manufacturing process of molded pulp products (MPPs)

90 In this process 6 parameters, detailed in Table 1, were tested to observe and analyze their influence
91 on the water uptake and the mechanical properties of the finished product. These parameters are easily
92 changed in a production process depending on the desired production properties and objectives (cycle
93 time, finished product water content).

94

Table 1: Process parameters tested

Parameter tested	Level 1	Level 2
Time of pulping	10 minutes	40 minutes
Mould B temperature	20 °C	120 °C
Moulds C-D temperature	220 °C	250 °C
Dehydration time	10 seconds	30 seconds
Drying time moulds C-D	0 second	10 seconds
Pressing time moulds C-D	15 seconds	45 seconds

95

2.2. Design of experiment

96 Taguchi methods were used to optimize and reduce the number of experiments without neglecting
97 the experimental possibilities. Table 2 shows the experimental card used and the parameters that were
98 tested in the manufacturing process as well as the levels chosen to analyze the manufacturing process.
99 In order to study 6 parameters with 2 levels and 1 interaction, the L8 Taguchi's matrix is used. The
100 pulping time was the most restraining parameter on the production time and was affected to the first
101 column of the table. Other parameters had roughly the same influence on the process time. No
102 preference was attributed and one interaction was analyzed. We have chosen the interaction between
103 Moulds C-D temperature and dehydration time.

104

105

In order to correctly compare the factors tested and their influence on the analyzed properties, their effect was calculated following the Equation 1 for the level 1 of each factor and Equation 2 for level 2 of

106 each factor. Y_t is the average result of all the results for the analyzed factor. The index k is the studied
 107 parameter. 1 and 2 correspond to the level of the parameter (in the studied design of experiment, level 1
 108 corresponds to the lower value of the parameter and level 2 to the higher value).

109 *Table 2: Taguchi table used to optimize the number of experimental runs*

Test n°	Pulping time	Mould B Temperature	Moulds C-D Temperature	Dehydration time	Drying time moulds C-D	Pressing time moulds C-D	Result
1	10	20	220	10	0	15	Y1
2	10	20	220	30	10	45	Y2
3	10	120	250	10	0	45	Y3
4	10	120	250	30	10	15	Y4
5	40	20	250	10	10	15	Y5
6	40	20	250	30	0	45	Y6
7	40	120	220	10	10	45	Y7
8	40	120	220	30	0	15	Y8
							Y_t

110 All experiments are done 5 times to allow the optimization of the robustness of the model developed
 111 for the process. At the end, a confirmation test is done. In this study, we used the tests that are supposed
 112 to optimize the mechanical properties and the water uptake.

113
$$E_{1,k} = \frac{\text{Sum of the results, } Y, \text{ for which the parameter } k \text{ has a level of 1}}{\text{Number of results considered in the above sum}} - Y_t \quad [1]$$

114
$$E_{2,k} = \frac{\text{Sum of the results, } Y, \text{ for which the parameter } k \text{ has a level of 2}}{\text{Number of results considered in the above sum}} - Y_t \quad [2]$$

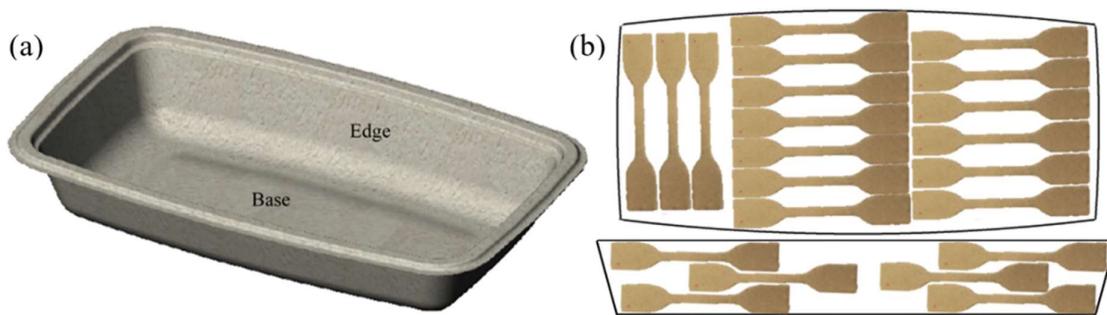
115 Once we obtained the theoretical results with the help of Taguchi method, we made MPPs using
 116 process parameters that theoretically gave higher mechanical properties and lower water uptake and
 117 compared with the results obtained experimentally. For this comparison, tests were done with samples
 118 immersed in distilled water for 1 hour at 23 °C ($\pm 2^\circ\text{C}$). Samples were weighed once prior to their test
 119 conditioning and then after being taken out of water and slightly wiped, then tensile testing was done.
 120 This comparison allowed us to test the Taguchi table's efficiency and conclude on the theoretical results
 121 given.

122 *2.3. Characterization techniques of Molded Pulp products*

123 Tensile tests were made using an MTS 10kN machine with a load cell of 250N, at a speed of 1
 124 mm/min. At least 5 samples were done for each condition tested. A shouldered testing bar shaped punch
 125 cutter was used to obtain the testing samples from the 3D product with the desired shape and size as
 126 shown in Figure 2 and with dimensions given in NF EN ISO 527-2 by specimen 5A type [8]. With this

127 cutting method, the samples obtained had exactly the same shape, thus reducing the possible errors in
 128 length or width measures. However, the thickness could be different and was measured on all samples
 129 prior to their testing.

130 Initial tensile tests were carried out on unmodified samples. For the analysis of sorption behavior,
 131 samples were kept in desiccators at a specific water activity (a_w) and at 23°C ($\pm 2^\circ\text{C}$), as shown in Table
 132 3. Samples were weighed at their initial condition, then oven dried at 105°C for 48h, weighed again and
 133 put in controlled humidity chambers at 23 °C ($\pm 2^\circ\text{C}$) until equilibrium was reached. Once sorption
 134 equilibrium was reached, samples were once again weighed and tensile tests were performed.



135

136 *Figure 2 : (a) 3D model of the food tray used for the study, (b) sample cutting zones used for the base and edge*
 137 *of the food tray*

138 The samples' water uptake was calculated with the following formula:

139
$$\tau (\%) = \frac{W_f - W_0}{W_0} * 100 \quad [3]$$

140 Where W_f is the sample's weight after sorption test and W_0 the dry sample's weight

141 *Table 3: a_w of saturated salts used to test sorption behavior of MPPs*

a_w	0.10	0.33	0.50	0.75	0.98
Saturated salt	KOH	MgCl2	Climatic chamber	NaCl	K2SO4

142 GAB model was used to better understand the sorption behavior of the materials tested as the
 143 Equation 4 shows. This model is an evolution of BET model made successively by Anderson [9], De
 144 Boer [10] and Guggenheim [11] to improve the isotherm for high relative pressure (a_w close to 1).
 145 Sorption analysis are often made on food products and living substances [12,13] as their weight depends
 146 on the relative humidity in air. Parker et al [14] made a review on the sorption studies previously done
 147 on cellulose, paper and pulp and shows that GAB model gives accurate results when compared to
 148 experimental results. Bedane et al [15] studied the paper modification with additives and coating on the
 149 moisture sorption and showed that GAB equation is effective to model the paper's sorption behavior.

150 It is interesting to analyze the effect of relative humidity (or a_w) on their weight and mechanical
 151 properties. τ is the weight gain after test and a_w is the water activity in the desiccator. K , C and τ_m are
 152 variables that are specific to each sample tested and may be obtained using solver parameter in excel. τ_m
 153 is the water content adsorbed on the first layer, also known as the monolayer moisture content. C is a
 154 constant related to the chemical potential's difference of the sorbate molecule (water for this study) in
 155 the upper layer and the monolayer whereas K is a constant related to the multilayers' heat
 156 properties [16]. These 2 constants vary with the temperature. C gives an indication on the isotherm type
 157 given by IUPAC and if $0 < C < 2$, the isotherm is type III whereas if $C > 2$ it is a type II isotherm [17].

$$158 \quad \tau (\%) = \frac{\tau_m * C * K * a_w}{(1 - K * a_w) * (1 + (C - 1) * K * a_w)} \quad [4]$$

159 Young Modulus was calculated using the test results following the Equation 5. S_{max} is the maximum
 160 slope of the force - elongation curve (with the force given in N, and the elongation given in mm/mm), l
 161 is the initial length of the sample in mm, b is the sample width in mm and t is the sample thickness in
 162 mm.

$$163 \quad E (MPa) = \frac{S_{max} * l}{b * t} \quad [5]$$

164 **3. Results and discussions**

165 *3.1. The influence of process parameters on the sorption properties of MPPs*

166 The resulting effects of each processing parameter tested for the sorption behavior is described in
 167 Table 4, the effects improve the property when it is negative since the objective is to limit the water
 168 uptake. We observe that for all a_w tested, the effects of each factor are all less than 1 which means, they
 169 have a small impact on the weight gain of the samples tested. However, when we observe which level of
 170 each parameter has the impact limiting the weight gain, we note that they are different depending on
 171 the process parameter observed and the a_w tested.

172 A longer pulping time gives a lower water uptake for a_w of 0.33, 0.5 and 0.75 with effects closer to
 173 zero as opposed to the effects for 0.10 and 0.98 where the water uptake is limited for shorter pulping
 174 time. Varying the pulping time may have an influence on the morphology of cellulose fibers with a
 175 possible reduction of fibers length and modification of surface fibrillation. Chen et al [18] studied the
 176 influence of beating on the properties of cellulose fibers and they observed that a longer pulping time

177 results in a higher water retention value due to a higher swelling ability of the pulp as well as a lower
 178 degree of crystallinity.

179 *Table 4: Resulting effect for each factor tested on water uptake of samples after sorption*

A_w	Level	Pulping time	Mould B temperature	Moulds C-D temperature	Dehydration time	Drying time moulds C-D	Pressing time moulds C-D
0.10	1	-0.31	-0.20	0.03	-0.05	0.07	-0.04
	2	0.31	0.20	-0.03	0.05	-0.07	0.04
0.33	1	0.08	-0.08	0.17	0.004	0.07	0.12
	2	-0.08	0.08	-0.17	-0.004	-0.07	-0.12
0.50	1	0.003	-0.10	0.22	-0.06	0.06	0.05
	2	-0.003	0.10	-0.22	0.06	-0.06	-0.05
0.75	1	0.07	0.19	0.05	0.13	-0.10	-0.11
	2	-0.07	-0.19	-0.05	-0.13	0.10	0.11
0.98	1	-0.28	0.52	-0.36	0.29	-0.35	0.16
	2	0.28	-0.52	0.36	-0.29	0.35	-0.16

180 A shorter pulping time allows the fiber to maintain their degree of crystallinity and thus a lower
 181 swelling ability and lower water uptake. In their study, Chen et al [18] also showed that when a longer
 182 beating time is applied to cellulose fiber, the pore size and volume are increased. Park et al. [19] studied
 183 the influence of pore size on cellulose fibers' drying properties and observed that a higher sample's
 184 moisture content is explained by the presence of wider pores. Beg et Al. [20] studied the influence of
 185 beating time on fibers morphology and showed that a longer pulping time shortens the fibers' length.

186 The mould B temperature has a better impact at lower temperature for a_w of 0.1 to 0.5, however, the
 187 effect is better at higher temperature for a_w of 0.75 and 0.98. For the moulds C and D temperature, we
 188 observe that the effect is optimized at higher temperature for all a_w expect 0.98 where a lower moulds'
 189 temperature is more effective. As the temperature of the moulds C and D is applied at the same time as
 190 pressure, the drying phenomena of the MPP is different from the mould B where only temperature is
 191 applied. The MPP is in contact with mould B for about 10 seconds, the product is not dry when it is
 192 transferred to the mould C. However, this short contact time with the mould B at 120°C allows the
 193 finished product to have a limited water uptake at high a_w .

194 Several studies [21,22] show that the Water retention value of cellulose pulp is lower when a higher
 195 temperature is applied to dry the product. A higher process temperature limits the ability of cellulose
 196 fibers to absorb water molecules. Chen et Al [21] also observed that a higher drying temperature
 197 increases the amount of lactones produced which can be translated by a lower swelling ability of the
 198 dried fiber. Norgren et al. [23] studied the influence of temperature on the density of produced materials

199 and observed that a higher temperature increases the product's density. With a higher density, they
200 observed that the tensile strength is also improved. Marta et al [24] studied the influence of drying
201 temperature on cellulose properties and observed that a higher drying temperature resulted in a lower
202 water content value translated by a fiber hornification thus reducing the available water adsorption sites
203 and swelling capability.

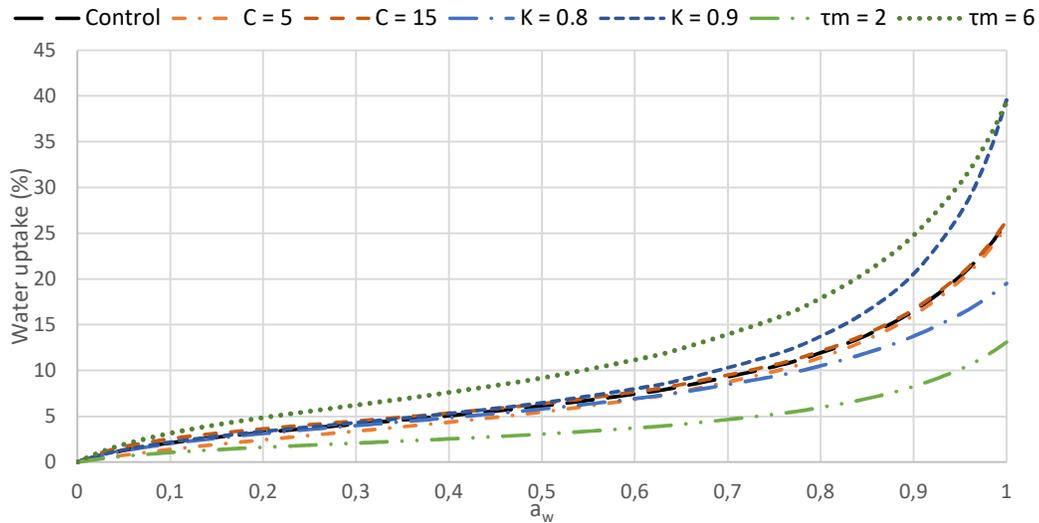
204 The drying time of moulds C and D is a process step during which no pressure is applied to the MPP
205 as opposed to the pressing time of moulds C and D where a pressure of 40 MPa is applied. For low a_w of
206 0.1 to 0.5, a longer drying time allows the MPP to reduce its water uptake. For 0.75 and 0.98 a_w , a shorter
207 drying time is preferred to limit the water uptake. This difference observed between low a_w and high a_w
208 may be explained by the monolayer and multilayer specific adsorption behaviors.

209 The pressing time of moulds C and D has more impact at 15 seconds for a_w of 0.10 and 0.75 whereas
210 a longer pressing time has a better impact on limiting the water uptake for all other a_w tested.

211 Figueiredo et al [25] tested the effect of pressure on the dried morphology of pulps and showed that
212 a higher pressure applied to the sample increases the crystallinity of cellulose fibers. They also showed
213 that it allows the fiber to have a higher swelling recovery translated by a higher water retention value
214 and better flexibility compared to fibers that are not submitted to high pressure. Applying a pressure for
215 a longer time on MPPs increases the water uptake, as observed in our tests with a longer pressing time
216 on moulds C and D.

217 Hunt et al. [26] studied the influence of pressure on cellulose fibers properties and observed that a
218 drying in a hot press strongly limits the material's shrinkage as well as reduces the product's thickness
219 and water content. Joelsson et al. [27] observed that a higher processing temperature and a higher
220 pressure increase the material's density, thus resulting in a lower pores size. Reducing the pores size
221 limits the water uptake and fiber swelling while increasing the cellulose's degree of crystallinity.

222 The analyzed factors had different effects depending on the a_w tested as the resulting effects (level 1
223 or level 2) varied when a_w was modified. In order to better understand the influence of the factors on the
224 water uptake after sorption analysis, the GAB equation was used. When modifying the variables in the
225 GAB equation, we can observe that depending on the variable analyzed, the resulting slope will either
226 have a high or a low shift as shown in Figure 3. The control slope has the variables set as followed: $C =$
227 10 , $K = 0.85$ and $\tau = 4$.



228

229

Figure 3: effect of GAB variables on the water adsorption

230

When C is varied between 5 and 15 the resulting slope is close to the control with a slight modification at lower a_w , showing that C is a factor translating the water uptake for a_w between 0 and 0.5. The variation of K between 0.8 and 0.9 shows bigger modifications in the slope as we observe a similar slope to the control for lower a_w . However, when a_w is higher than 0.6, we can observe that the slope with K=0.9 diverges from the control and results in a higher water uptake (39% at 1 compared to 25% for the control slope). This variable translates the behavior of the water multilayer on the cellulose fibers surface. Bedane et al [15] showed that the sorption slope is different when comparing the moisture content on the monolayer and the multilayer. They observed that a lower monolayer content is preferred to maintain the product's optimized properties.

239

With a higher K, the cellulose fiber is better able to adsorb water molecules thus increasing the multilayer and water uptake. A lower K indicates that the product is less capable of adsorbing water molecules thus limiting the water uptake at higher a_w . τ_m is the product's monolayer uptake, above this water content, the bilayer is created.

243

With a lower τ_m , we observe that the slope is lower for all a_w , indicating that with a lower monolayer limit the multilayer is also limited. This may be explained with higher inaccessible sites for water molecules to be adsorbed on thus reducing the product's water uptake for both the monolayer and the multilayers.

247

The variables τ_m , C and K were analyzed to understand the influence of the process parameters on the global sorption behavior for all water activities as shown in Table 5.

248

Table 5: Effect of process parameters on GAB model Variables τ_m , C and K

	Level	Pulping time	Mould B temperature	Moulds C-D temperature	Dehydration time	Drying time moulds C-D	Pressing time moulds C-D
τ_m	1	0,20	0,07	0,14	0,07	-0,06	-0,001
	2	-0,20	-0,07	-0,14	-0,07	0,06	0,001
C	1	-8,00	-2,51	1,10	-5,02	5,20	-0,16
	2	8,00	2,51	-1,10	5,02	-5,20	0,16
K	1	-0,005	-0,001	-0,006	-0,005	0,004	-0,001
	2	0,005	0,001	0,006	0,005	-0,004	0,001

250 When comparing the results of the process effects (Table 5) and the slope modification (Figure 3),
 251 we can observe that in order for C to have a higher effect result on the GAB equation modification
 252 compared to K and τ_m , it needs to be a higher number. It means that a small modification of K and/or τ_m
 253 has a much higher impact on the equation than C. Moreover, each constant has a different effect
 254 depending on the parameter tested. In order to limit the water uptake, C, K and τ_m must have the lowest
 255 result.

256 A lower drying and pressing time in moulds C and D and higher temperatures (moulds B, C and D),
 257 pulping time and dehydration time lower τ_m result. When τ_m is reduced, the cellulose-water monolayer
 258 is filled at a lower a_w . This may be explained by a limited access to cellulose surfaces with the presence
 259 of smaller pores or a lower cellulose surface fibrillation. As there is less availability for water molecules
 260 to be fixed to cellulose, its' monolayer is more rapidly filled. With a lower τ_m the resulting MPPs are then
 261 less hydrophilic, thus reducing the global water uptake for all a_w .

262 When the pulping time, dehydration time, pressing time and mould B temperature are at level 1, and
 263 Moulds C-D temperatures and drying time are at level 2, C is reduced. This may be explained by a higher
 264 degree of crystallinity as several studies [21,28] showed that a higher crystallinity results in a lower water
 265 uptake. The cellulose amorphous phase is more hydrophilic with more available sites when compared
 266 to crystalline phase

267 In order for K to be lower, all process parameters were at level 1 except for the drying time of moulds
 268 C and D. As K is a factor for multilayers and mostly impacts the equation at higher a_w [15,16], this lower
 269 result shows that for the given parameters the water vapor adsorption saturation may be reached at a
 270 lower water content. One explanation can be the reduction of pores size with the specific process
 271 parameters chosen.

272 This morphology modification given by the analysis of the process parameters allows us to infer that
 273 the mechanical properties of the MPPs may also be changed and optimized with the correct choice of
 274 parameters.

275 *3.2. Mechanical properties depending on the process parameters*

276 The initial tensile tests were performed to compare the influence of the MPPs production parameters
 277 without adding any other specific condition to the finished products. These results were compared in
 278 Table 6 with the tensile tests done after water sorption with a_w at 0.98 as it is the state in which MPPs
 279 had the lower mechanical property over all the a_w spectrum.

280 *Table 6: Resulting effect for each factor tested on the mechanical properties of samples*

test	Level	Pulping time	Mould B temperature	Moulds C-D temperature	Dehydration time	Drying time moulds C-D	Pressing time moulds C-D
Initial	1	48.22	-45.12	-31.09	-88.98	17.02	-40.08
	2	-48.22	45.12	31.09	88.98	-17.02	40.08
a_w 0.98	1	-35.90	-49.86	11.05	-18.70	0.64	-0.10
	2	35.90	49.86	-11.05	18.70	-0.64	0.10

281 The initial mechanical test, without any specific condition given to the samples prior to their testing,
 282 shows that the process parameters tested have an impact on the resulting MPPs' Young Modulus. A
 283 lower amount and size of pores as well as longer fibers given by a shorter pulping time is beneficial for
 284 a higher Young's Modulus as observed by several studies [18,29] with a resulting higher tensile index.
 285 A higher mould B temperature improves the MPP's Young's Modulus for both initial and after water
 286 sorption. Several studies [23,24,27] observed that a higher processing temperature allows the tensile
 287 index to be improved as it allows to have a lower WTR and swelling capacity [21,24,30].

288 Moreover, an even higher temperature used decreases the mechanical properties as given by the
 289 results in the drying time of moulds C and D as well as the moulds C and D temperature for the sorption
 290 analysis. Several Studies [24,28,31] observed that a high drying temperature reduces the paper breaking
 291 length and tensile strength. However, when pressure is applied in combination with high temperature,
 292 the cellulose fibers show a different behavior with a higher Young's Modulus for a longer pressing time
 293 on moulds C and D. It has been shown [23,27,32] that a high pressure and high temperature drying
 294 improve the mechanical properties with higher tensile strength as the average pore size is reduced and
 295 the density improved. It was also observed that the crystallinity is improved with high pressure and high
 296 temperature, which is translated by a lower water uptake and higher mechanical properties.

297 These mechanical and hygroscopic results show that with a specific manufacturing process, we may
 298 obtain MPPs with a lower water uptake and higher mechanical properties. As only 8 tests were done on
 299 the 64 possible, 2 more tests were performed to confirm the theoretical results given by the Taguchi
 300 table used.

301 *3.3. Process manufacturing optimization to improve MPPs properties*

302 The Taguchi table allowed us to obtain theoretical results on the water uptake and mechanical
 303 properties tested experimentally. With these results, 2 process parameters gave good results with a
 304 limited water uptake and higher mechanical properties. We decided to make MPPs following the specific
 305 process parameters given in

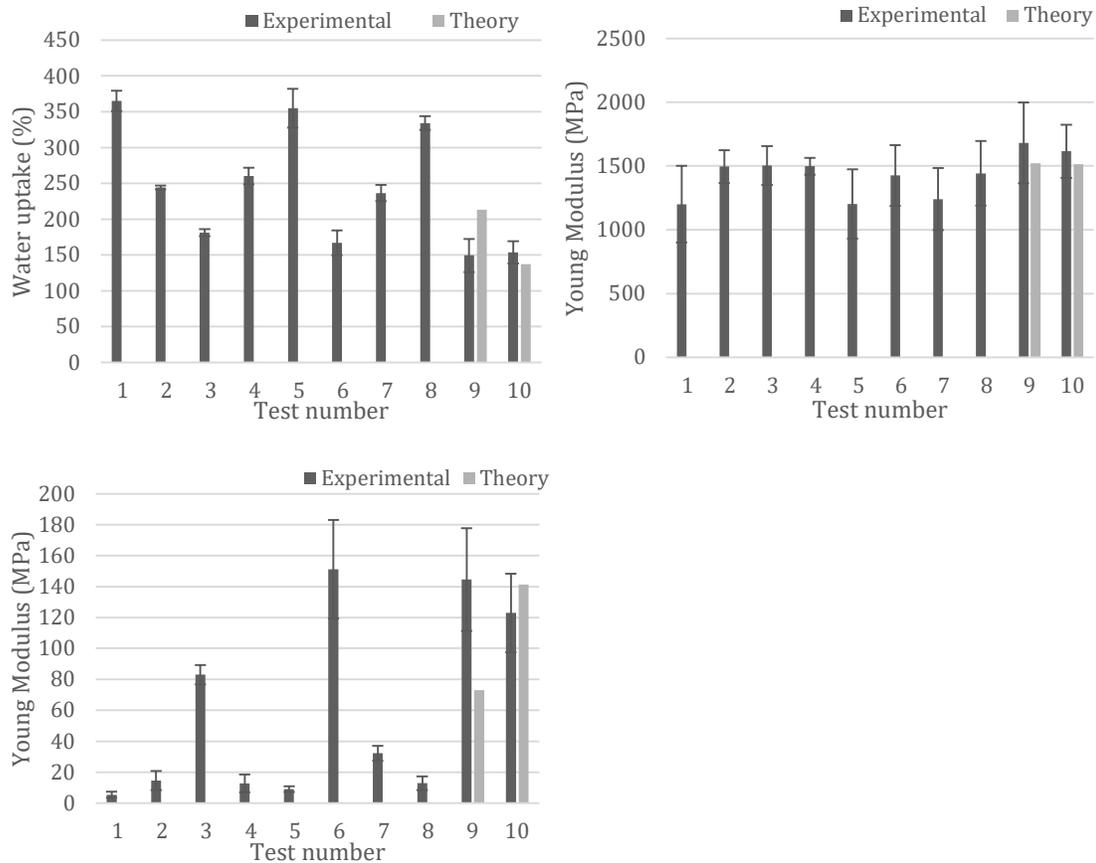
306 Table 7.

307 *Table 7: Optimized process parameters from Taguchi model*

Test n°	Pulping time	Mould B Temperature	Moulds C-D Temperature	Dehydration time	Drying time moulds C-D	Pressing time moulds C-D
9	40	120	220	30	0	45
10	40	120	250	30	0	45

308 We then tested the samples and compared the theoretical results with the experimental results,
 309 shown in Figure 4. We observe that for test n°9, the experimental results are better than the theory, with
 310 a lower water uptake and a higher Young's Modulus in both initial state and after 1h water immersion.
 311 For the test n°10, the initial Young's Modulus is higher than the theory, however the water uptake and
 312 Young's Modulus after immersion are not better than the theory even if the results are close.

313 With experimental results close to the theory for tests 9 and 10, we infer that the Taguchi Table gives
 314 conclusive results and allows us to rapidly and efficiently improve the MPPs processing with specific
 315 process manufacturing parameters. With the results of these 2 tests, we were able to obtain improved
 316 mechanical and hygroscopic properties on the MPPs made with bleached CTMP. When comparing the
 317 results of the tests 9 and 10 with the first 8 tests, we observe an optimization in the water uptake and
 318 initial mechanical properties. We obtain an average decrease of the water uptake of 15% for test 9 and
 319 over 78% for test 10 whereas the overall Young's Modulus after 1h of water immersion is improved by
 320 19% for test 9 and 58% for test 10. These specific process parameters used together efficiently improve
 321 the hygroscopic and mechanical properties of the MPPs made.



322

323 *Figure 4: Water uptake (top left), initial mechanical properties (top right) and mechanical properties after 1h*
 324 *immersion (bottom left) of MPP's depending on the process parameters used*

325 **4. Conclusion**

326 This study allowed us to optimize the hygroscopic and mechanical properties of BCTMP without
 327 using additives and by optimizing the manufacturing process.

328 We observed that pulping lowers the cellulose crystallinity thus increasing the swelling and WTR of
 329 cellulose fibers. With higher moulds' temperature, we showed that Swelling and WTR decreased as
 330 crystallinity increased and we also obtained lower pore size. When pressure is applied, the product's
 331 density increased and pore size reduced.

332 As a result, these modifications in the samples morphology either improved or decreased the
 333 mechanical properties. We were able to further understand the MPPs sorption behavior and improved
 334 the water uptake with the help of Taguchi table and GAB model. Depending on the process parameters
 335 analyzed, the GAB variables could be modified thus reducing the water uptake after sorption test.

336 It was interesting to analyze the process parameters by making optimized tests. These tests showed
337 that with specific parameters, we were able to further improve the hygroscopic and mechanical
338 properties of the MPPs. With test n°10 the water uptake was on average 78% lower than all 8 tests made
339 with the Taguchi table as well as a Young's modulus after 1h immersion 58% higher.

340 **Abbreviations**

341 CTMP: Chemi-Thermo-Mechanical Pulp, BCTMP: Bleached Chemi-Thermo-Mechanical Pulp, MPP:
342 Molded Pulp Product, a_w : water activity, τ_m : Water uptake in the monolayer, E: Young Modulus

343 **5. Declarations**

344 **Availability of data and materials**

345 The datasets used and/or analyzed during the current study are available from the corresponding
346 author on reasonable request

347 **Competing interests**

348 The authors declare that they have no competing interests

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352 **Authors' contributions**

353 Claire Dislaire carried out the work and drafted the original manuscript. Yves Grohens is the
354 supervisor of the PhD thesis, and Bastien Seantier is the co-supervisor of the PhD thesis. The authors
355 read and approved the final manuscript.

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359 Research Institute of the South Brittany University (France).

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Figures

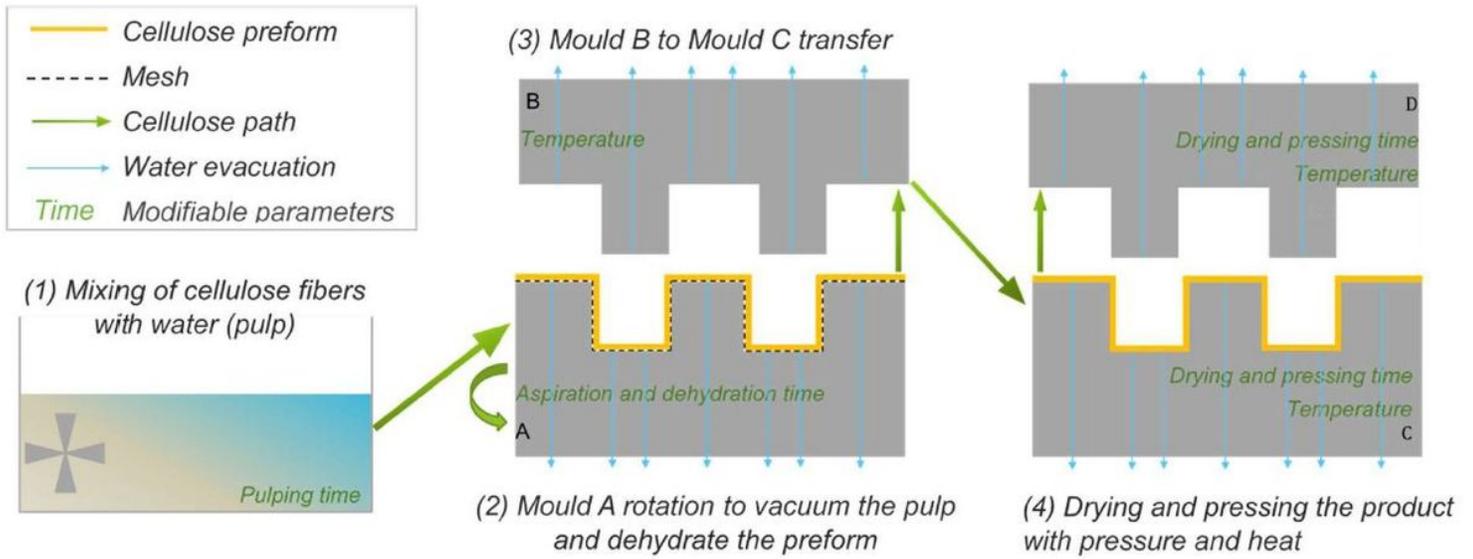


Figure 1

Diagram of the manufacturing process of molded pulp products (MPPs)

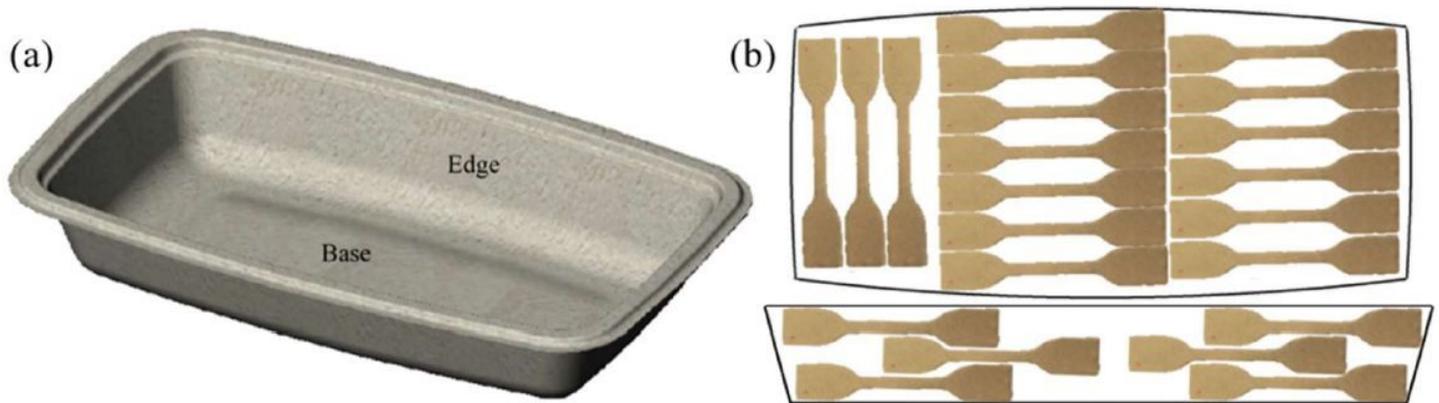


Figure 2

(a) 3D model of the food tray used for the study, (b) sample cutting zones used for the base and edge of the food tray

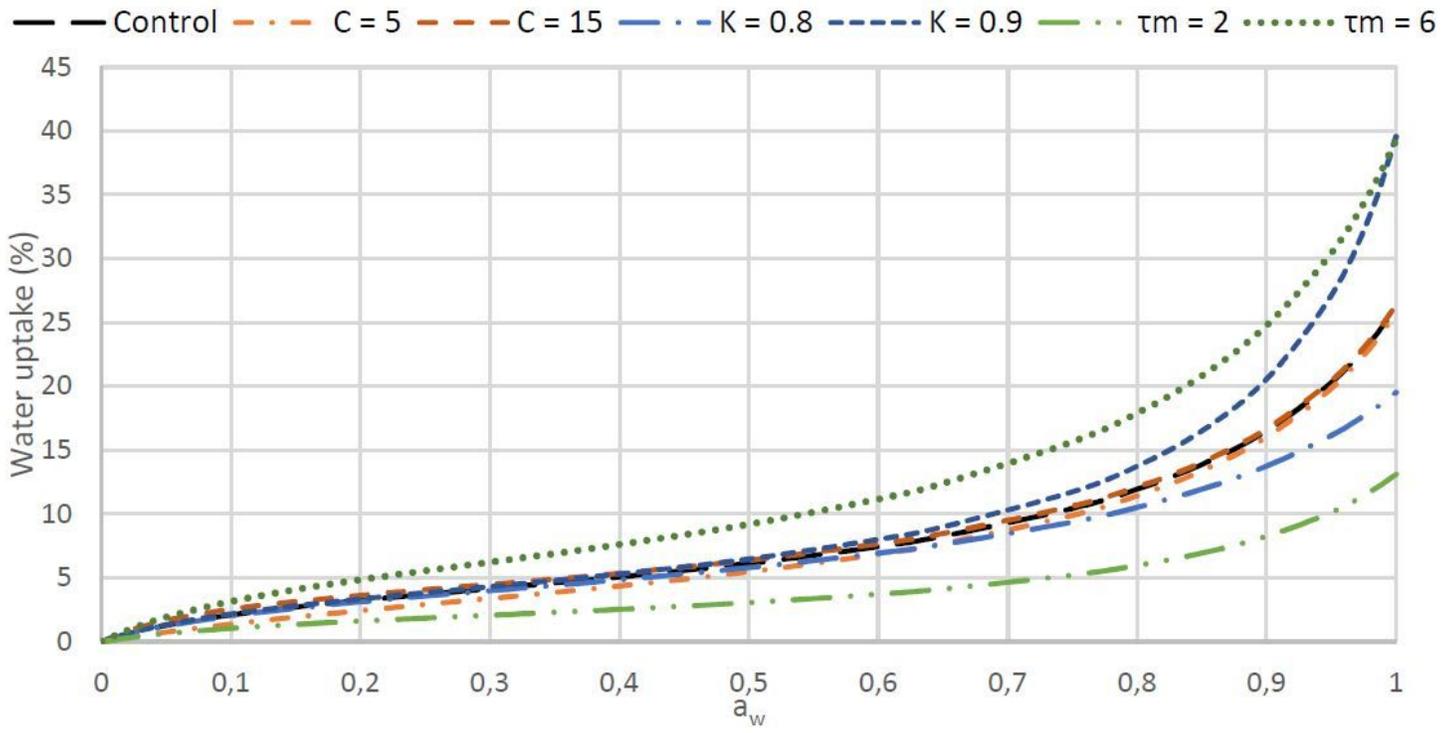


Figure 3

effect of GAB variables on the water adsorption

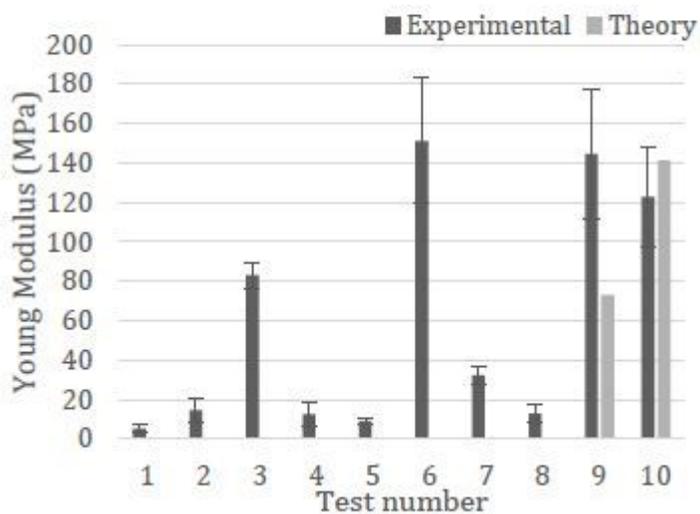
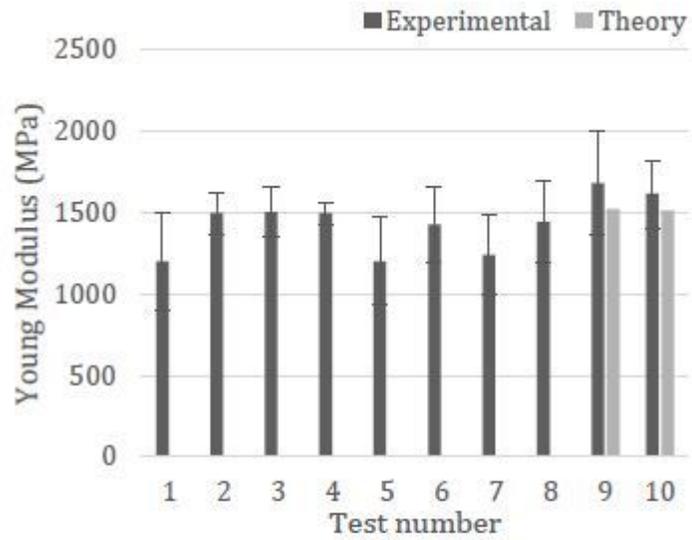
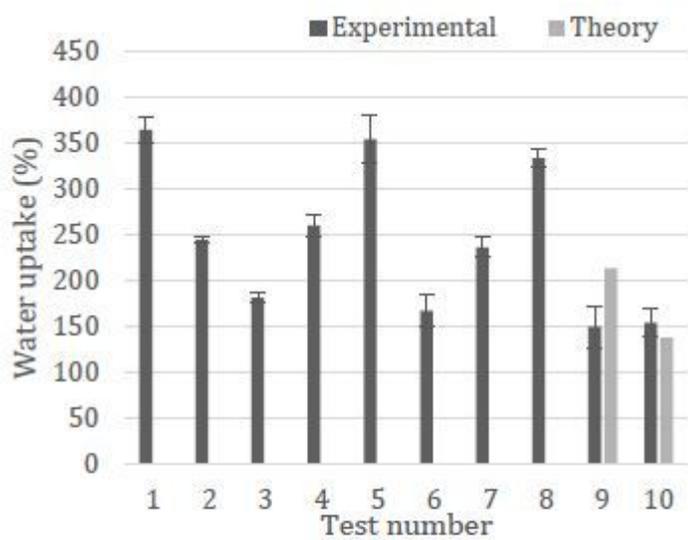


Figure 4

Water uptake (top left), initial mechanical properties (top right) and mechanical properties after 1h immersion (bottom left) of MPP's depending on the process parameters used