

Mechanistic Study of Silica Nanoparticles on the Size-dependent Retinal Toxicity *in Vitro* and *in Vivo*

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Abstract

Background: Silica nanoparticles (SiO₂ NPs) are extensively applied in the biomedical field. The increasing medical application of SiO₂ NPs has raised concerns about their safety. However, studies on SiO₂ NP-induced retinal toxicity are lacking.

Methods: We investigated the retinal toxicity of SiO₂ NPs with different sizes (15 and 50 nm) *in vitro* and *in vivo* along with the underlying mechanisms. The cytotoxicity of SiO₂ NPs with different sizes was assessed in R28 human retinal precursor cells by determining the ATP content and LDH release. The cell morphologies and nanoparticle distributions in the cells were analyzed by phase-contrast microscopy and transmission electron microscopy, respectively. The mitochondrial membrane potential was examined by confocal laser scanning microscopy. The retinal toxicity induced by SiO₂ NPs *in vivo* was examined by immunohistochemical analysis. To further investigate the mechanism of retinal toxicity induced by SiO₂ NPs, reactive oxygen species (ROS) generation, glial cell activation and inflammation were monitored.

Results: The 15-nm SiO₂ NPs were found to have higher cytotoxicity than the larger NPs. Notably, the 15-nm SiO₂ NPs induced retinal toxicity *in vivo*, as demonstrated by increased cell death in the retina, TUNEL-stained retinal cells, retinal ganglion cell degeneration, glial cell activation, and inflammation. In addition, The SiO₂ NPs caused oxidative stress, as demonstrated by the increase in the ROS indicator H₂DCF-DA. Furthermore, the pretreatment of R28 cells with N-acetylcysteine, an ROS scavenger, attenuated the ROS production and cytotoxicity induced by SiO₂ NPs.

Conclusions: These results provide evidence that SiO₂ NPs induce size-dependent retinal toxicity and suggest that glial cell activation and ROS generation contribute to this toxicity.

1. Introduction

Due to the wide application of nanomaterials in various fields, they are being increasingly manufactured. Silica nanoparticles (SiO₂ NPs) are abundant in the Earth, and over 100 SiO₂ NP products have been released on the global market [1–3]. In the last decade, SiO₂ NPs have shown promise for applications in the biomedical field, including in disease labeling, biosensors, and the delivery of drugs and vaccines, due to their thermal stability and biocompatibility [4, 5]. Mesoporous and core/shell SiO₂ NPs have been developed for tumor imaging and therapy [6]. In addition, SiO₂ NPs have been reported for application in the treatment of ocular diseases. For example, SiO₂ NPs loaded with a nitric oxide donor can be used to treat primary open-angle glaucoma [7]. The intravitreal injection of SiO₂ NPs was shown to significantly inhibit retinal angiogenesis in oxygen-induced retinopathy mice [8]. However, the growing potential for human exposure to SiO₂ NPs has attracted concern surrounding human health.

Some *in vivo* and *in vitro* studies have shown that SiO₂ NPs can cause toxicity to different organs in the human body; toxicity has been demonstrated in lung epithelial cells [9], liver cells [10], intestinal cells [11], the lungs [12], and kidneys [13]. In addition, SiO₂ NPs were found to induce genotoxicity and alterations in gene and protein expression [12, 14], and Chen et al. [15] reported that SiO₂ NPs can induce cornea toxicity. The local ocular delivery of medicine has become an important strategy for treating retinal diseases [16–18], and intravitreal injection has become a common treatment method for various retinal diseases including diabetic retinopathy, macular degeneration, macular edema, and inflammatory diseases [19, 20]. However, the use of intravitreal drugs can result in retinal toxicity [21]. For example, silver nanoparticles were found to induce apoptosis in the human retinal pigment epithelia cell line ARPE-19 *in vitro* [22]. Wang et al. [23] reported that ZnO nanoparticles induced murine photoreceptor cell death *in vitro*. Nanomaterials can also induce ocular inflammation [24], and inflammation of the retinal tissue can lead to the secretion of cytokines and retinal damage. However, little is currently known about the retinal toxicity induced by SiO₂ NPs *in vitro* and *in vivo*.

The effects of nanomaterials on cells may be influenced by various properties, including the nanomaterial's crystallinity, size, shape, and surface area. Natural silica can exist in two states: crystalline and amorphous. Crystalline silica can easily lead to silicosis and lung cancer and is classified as a Group 1 carcinogen by the International Agency for Research on Cancer (IARC) [1] [25]. Notably, the toxicity of amorphous SiO₂ NPs has begun to attract the attention of scientists in recent years. Mice treated with 70-, 300-, and 1000-nm amorphous SiO₂ NPs showed no changes in hematology, histopathology, or biochemistry [26]; in contrast, Liu et al. [1] found that amorphous SiO₂ NPs induced inflammation in HUVEC cells by activating the HMGB1/TLR4/MYD88/NF- κ B signaling pathway. Tassinari et al. [27] that amorphous SiO₂ NPs induced acute toxicity in the liver and spleen of male and female rats after intravenous administration. Brandão et al. [12] demonstrated that amorphous SiO₂ NPs induced genotoxicity in lung cells. Particle size is also an important factor affecting the toxicity of SiO₂ NPs. For example, in the A549 cell line, SiO₂ NPs induced higher toxicity than SiO₂ microparticles [28]. An *in vitro* study showed that SiO₂ NP-induced toxicity depends not only on the particle size, but also on the cell type [29]. In the present study, we investigated the effect of amorphous SiO₂ NP size on retinal toxicity.

The mechanism of SiO₂ NP-induced toxicity remains unclear. One potential mechanism by which SiO₂ NPs might induce retinal toxicity involves reactive oxygen species (ROS). Some reports have suggested that SiO₂ NPs can induce ROS production in various cell lines, including human keratinocytes [30], human HK-2 cells [31], and HUVEC cells [1]. Many studies have indicated that ROS are closely related to cytotoxicity [32, 33], and the inhibition of ROS can ameliorate the cytotoxicity. Other studies have demonstrated that SiO₂ NPs can induce inflammation [11], and oxidative stress and inflammation are thought to be closely related to the toxicity induced by nanoparticles.

Previous studies generally focused on a limited number of endpoints; in contrast, in the current study, we implemented a comprehensive set of tests to assess the potential effects of SiO₂ NPs on the retina and

retinal cells. More specifically, the cytotoxicity, morphological changes, and localization of SiO₂ NPs in R28 cells induced by SiO₂ NPs with two different sizes (15 and 50 nm) were investigated. We also determined the role of SiO₂ NPs in the apoptosis of retinal cells and the damage of retinal ganglion cells (RGCs). In addition, we explored the potential role of glial cell activation, inflammation and ROS accumulation in SiO₂ NP-induced retinal toxicity (Scheme 1).

2. Experimental Section

2.1 Chemicals and reagents

SiO₂ NPs were purchased from Shanghai Macklin Biochemical Co., Ltd (Shanghai, China). Fetal bovine serum (FBS), Dulbecco's modified eagle medium (DMEM), and penicillin/streptomycin were obtained from Life Technologies (Carlsbad, CA, USA). N-acetylcysteine (NAC) and 2',7'-dichlorofluorescein diacetate (H₂DCF-DA) were purchased from Sigma-Aldrich (St. Louis, MO, USA). A JC-1 mitochondrial membrane potential assay kit was purchased from Beyotime Biotechnology Co., Ltd. (Shanghai, China).

2.2 Characterization of SiO₂ NPs

The sizes and morphologies of the SiO₂ NPs were evaluated by transmission electron microscopy (TEM; Tecnai F20, Philips, Netherlands, 200kV) and field-emission scanning electron microscopy (FE-SEM; JEOL JSM-7001F). The crystal structures of the SiO₂ NPs were examined by powder X-ray diffraction (XRD) using monochromic Cu-K α radiation (Rigaku Smart Lab, Japanese Neo Confucianism, Japan) at 40 kV and 300 mA.

2.3 Cell culture

The retinal precursor cell line R28 was obtained from Kerfast (Boston, MA, USA) and cultured according to the supplier's instructions. The cells were cultured in DMEM+, which contained 420 mL DMEM (Sigma-Aldrich, St. Louis, MO, USA), 15 mL sodium bicarbonate (Sigma-Aldrich, St. Louis, MO, USA), 50 mL calf serum (Hylone), 5 mL MEM non-essential amino acids (GIBCO), 5 mL L-glutamine (GIBCO), and 0.625 mL Gentamicin (80 mg/mL; Solarbio Life Sciences Co., Ltd, Beijing, China). The cells were maintained at 37°C in a humidified atmosphere containing 5% CO₂. Next, the SiO₂ NPs were dispersed in ultrapure water to prepare a stock solution (200 mg/mL). The stock solution was sonicated using a probe sonicator (Ningbo Xinzhi Biotechnology Co., Ltd., Ningbo, China) at 600 W for 40 min and diluted to different concentrations with culture medium just before cell exposure. The cells were adjusted to a concentration of 1×10⁵ cells/mL in a volume of 100 μ L per well in 96-well plates for toxicity assays.

2.4 Cell morphology

R28 cells were seeded in 96-well plates at a density of 1×10⁴ cells/well and cultured overnight in a CO₂ incubator. The cells were exposed to SiO₂ NPs at different concentrations (5–80 μ g/mL) for 12 and 24 h.

The changes in cell morphology were examined using a phase-contrast microscope (Leica DM16000B, Heidelberg, Germany).

2.5 Uptake of SiO₂ NPs

To examine the localization of SiO₂ NPs in R28 cells, R28 cells were plated in six-well plates, cultured overnight, and treated with SiO₂ NPs (20 µg/mL) for 24-h. The R28 cells were then collected, washed three times with phosphate-buffered saline (PBS), and fixed with 2.5% glutaraldehyde solution at 4°C overnight. After the fixed cells were dehydrated, serial ultrathin sections were created and examined by TEM (Hitachi H7650, Japan).

2.6 Detection of mitochondrial membrane potential

The SiO₂ NP-induced changes in mitochondrial membrane potential were assessed as previously described [34]. Briefly, R28 cells were seeded in dishes at a density of 1×10⁵ cells/mL and cultured overnight. The cells were treated with different concentrations of SiO₂ NPs for 6, 12 and 24 h. Following treatment, the cells were washed three times with PBS and then incubated with JC-1 (20 µM; Beyotime, Beijing, China) for 15 min. After removing the JC-1 staining solution, the cells were washed three times, and PBS was added for imaging by confocal laser scanning microscopy (CLSM; ZEISS LSM 800, Germany).

2.7 Intravitreal injection of SiO₂

Three-week-old male Sprague–Dawley rats were purchased from Pengyue Experimental Animal Company (Jinan, China). All animal procedures were carried out in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals and were in compliance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. Animal protocols were approved by the Committee of Yantai University for the Care and Use of Laboratory Animals. All rats were housed under 12-h dark/light cycles at 23°C ± 1°C, and food and water were available *ad libitum*. Prior to intravitreal injection, the rats were anesthetized via the intraperitoneal injection of ketamine (100 mg/kg) and xylazine (7 mg/kg), and the pupils were anesthetized with 0.5% proxymetacaine hydrochloride. The rats were randomly divided into three groups: sham, vehicle control (PBS), and SiO₂ NPs. Intravitreal injections were carried out using a 30-gauge needle attached to a 1-mL syringe; 5 µL of SiO₂ NP suspension was injected to obtain a final concentration of 80 µg/mL in the vitreous humor.

2.8 TUNEL assay

Assays were performed using a one-step TUNEL Apoptosis Assay Kit (Beyotime) following the manufacturer's instructions. Briefly, cryosections were stained using the kit to test DNA fragmentation as an indicator of cell death. To count TUNEL-positive cells, three sections from each rat were imaged by confocal laser scanning microscopy (CLSM; ZEISS LSM 800, Germany). The counts from all sections of the same animal were averaged, and the data from six rats were used to obtain the average and standard deviation (SD) for the group.

2.9 Evaluation of retinal ganglion cells (RGCs) and inflammatory markers in SiO₂ NP-injected retinas

Cryosections were stained with primary antibodies in blocking solution overnight at 4°C prior to incubation with secondary antibodies diluted in blocking solution for 1 h at room temperature. Nuclei were stained with 4',6-diamidino-2-phenylindole (DAPI). The primary antibodies were as follows: mouse anti- β -III-tubulin (1:100, Beyotime), rabbit anti-glial fibrillary acid protein (anti-GFAP; 1:100, Beyotime), rabbit anti-TNF- α (1:100, Beyotime), and IL-1 β (1:100, Beyotime). To quantify immunofluorescence intensity, the areas of β -III-tubulin and GFAP immunopositivity were determined by thresholding based on the images obtained using Image J (National Institutes of Health, Bethesda, MD, USA). TNF- α - and IL-1 β -positive cells were quantified from at least three sections of each rat. Each group included six rats. Comparisons between groups were made using one-way analysis of variance (ANOVA).

2.10 Measurement of ROS

Intracellular ROS production was assessed using H₂DCF-DA staining as previously described [34]. Briefly, R28 cells were treated with 10 μ M H₂DCF-DA for 30 min in the cell culture incubator. The cells were washed with PBS to remove unincorporated dye and then treated with 5–80 μ g/mL SiO₂ NPs in phenol red-free medium. The cells were incubated for 24 h, and the fluorescence intensity was measured after 2, 4, 6, 12, and 24 h using a Synergy H4 Hybrid microplate reader. Meanwhile, the oxidation of H₂DCF-DA was detected by CLSM (ZEISS LSM 800, Germany) at the same time points.

2.11 Statistical analysis

All data are presented as the mean \pm SD. Statistical analysis was performed using Graph Pad Prism 6 (La Jolla, CA, USA). Treatment-related differences were evaluated by one-way ANOVA followed by Dunnett's tests (for comparisons of different concentrations to the vehicle control) or by two-way ANOVA followed by Tukey's multiple comparison test (for comparisons of two treatment groups in NAC pretreatment experiments). A difference was considered statistically significant when the *p* value was less than 0.05.

3. Results

3.1 Characterization of SiO₂ NPs

The wide application of SiO₂ NPs in the biomedical field has raised concerns regarding the safety of these NPs in humans and the environment. While the cytotoxicity of SiO₂ NPs has been investigated by numerous scientists [3, 5, 35], most of these studies explored various SiO₂ NP characteristics using a wide variety of *in vitro* models. Until now, no study has evaluated the retinal toxicity either *in vitro* or *in vivo*. In the present study, we explored the retinal toxicity of two types of SiO₂ NPs with different sizes both *in vitro* and *in vivo*. We also investigated the potential mechanism underlying the retinal toxicity induced by SiO₂ NPs.

Recently, SiO₂ NPs have shown great potential in the treatment of ocular diseases [36–39]. Given the widespread use of SiO₂ NPs to treat ocular diseases, the ocular toxicity of SiO₂ NPs requires more attention from scientists and ophthalmologists. Park et al. reported that SiO₂ NPs with sizes of 50, 100, and 150 nm did not induce significant cytotoxicity in cultured human corneal epithelial cells [40]. However, Chen et al. reported that SiO₂ NPs led to cytotoxicity, ROS generation, and DNA damage in the human cornea [15]. SiO₂ NPs can be used as intravitreal drug carriers [38, 41]; however, to the best of our knowledge, the retinal toxicity of SiO₂ NPs has not been investigated before now. Therefore, we conducted both *in vitro* and *in vivo* experiments to evaluate the retinal toxicity of SiO₂ NPs with sizes of 15 and 50 nm. The *in vitro* study used human R28 retinal precursor cells, which are expected to mimic *in vivo* responses.

We first evaluated the effect of SiO₂ NP size on retinal toxicity. The morphology, size, and structure of the SiO₂ NPs were characterized by SEM, TEM, and XRD, respectively. The SEM images of the two types of SiO₂ NPs (Figs. 1A & B) indicate that both NPs had spherical morphologies. The TEM images (insets of Figs. 1A & B) show that the SiO₂ NPs had sizes of approximately 15 and 50 nm and were slightly aggregated in aqueous solution. Based on the XRD spectra (Figs. 1C & D), both types of SiO₂ NPs were amorphous.

3.2 Cytotoxicity of SiO₂ NPs in R28 cells

We compared the cytotoxicity of the SiO₂ NPs with different sizes (15 and 50 nm) in human R28 retinal precursor cells. Cytotoxicity was determined by adenosine triphosphate (ATP) assay and lactate dehydrogenase (LDH) release assay. (Fig. 2). The R28 cells were treated with the two types of SiO₂ NPs at various concentrations ranging from 5–80 µg/mL for 12 and 24 h. As shown in Fig. 2, the SiO₂ NPs induced significant time- and concentration-dependent decreases in ATP content (Figs. 2A & B) and LDH release (Fig. 2C & D). Among the two types of SiO₂ NPs, the R28 cells showed greater sensitivity to the 15-nm SiO₂ NPs.

3.3 SiO₂ NPs induce morphological changes in R28 cells

The morphology of the R28 cells changed as the SiO₂ NP concentration increased. After 12 h, the cell morphology became irregular when the NP concentration reached 20 (50-nm SiO₂ NPs; Fig. 3A) or 40 µg/mL (50-nm SiO₂ NPs; Fig. 3A). At 24 h, the changes in cell morphology became more prominent with increasing SiO₂ NP concentration (Fig. 3B) At the concentration of 80 µg/mL, most cells were detached, and the density was obviously reduced.

3.4 In vitro localization of SiO₂ NPs in R28 cells

The *in vitro* distributions of SiO₂ NPs with sizes of 15 and 50 nm in R28 cells were evaluated by TEM. In R28 cells before SiO₂ NP treatment, no SiO₂ NPs were observed in the nucleus or cytosol (Fig. 4). After

exposure for 24 h, both 15- and 50-nm SiO₂ NPs were visible in the cytoplasm, and some 15-nm SiO₂ NPs were found in the mitochondria.

3.5 SiO₂ NPs induce mitochondrial dysfunction

As the 15-nm SiO₂ NPs accumulated in the mitochondria, we measured the change in mitochondrial depolarization ($\Delta\Psi_m$) in R28 cells treated with 15-nm SiO₂ NPs. The value of $\Delta\Psi_m$ was measured using JC-1 dye. The R28 cells were treated with SiO₂ NPs at concentrations of 20, 40, and 80 $\mu\text{g/mL}$ for 6, 12, and 24 h. Decreases in mitochondrial depolarization in the R28 cells were observed as early as 6 h after treatment with 80 $\mu\text{g/mL}$ SiO₂ NPs (Fig. 5A). As shown by the JC-1 staining images (Fig. 5C), the transition from red fluorescence to green fluorescence became more obvious at 24 h after treatment, suggesting that the SiO₂ NPs induced a significant time- and concentration-dependent decrease in mitochondrial depolarization (Fig. 5). Consequently, in subsequent experiments, the SiO₂ NP concentration of 80 $\mu\text{g/mL}$ was used to investigate the retinal toxicity *in vivo*.

3.6 SiO₂ NPs induce retinal toxicity in vivo

To examine the retinal toxicity of SiO₂ NPs *in vivo*, SiO₂ NPs were intravitreally injected. At 1, 7, and 14 d after injection, the rats were euthanized, and frozen sections of the retina were prepared for fluorescence staining. The retina shape became irregular at 7 d after injection, and the retinas became very loose at 14 d after injection. Notably, many cells infiltrated into the retinal ganglion cell layer (GCL); these cells were suspected to be inflammatory cells. To measure retinal cell death after SiO₂ NP injection, cells stained with DAPI were counted in the outer nuclear layer (ONL), inner nuclear layer (INL), and GCL. The number of cells decreased with time after injection in the ONL, INL, and GCL, and the overall number of cells also decreased (Fig. 6). Next, retinal cryosections were analyzed by TUNEL apoptosis assay (Fig. 7). The percentage of apoptotic cells increased in the SiO₂ NP-treated groups in a time-dependent manner. Compared to the sham group, the intravitreal injection of SiO₂ NPs increased the number of TUNEL-positive cells by approximately 4-, 16-, and 32-fold after 1, 7, and 14 d, respectively.

3.7 SiO₂ NPs activate the inflammatory response in vivo

As mentioned above, cells that we suspected to be inflammatory cells infiltrated the GCL. Thus, we investigated whether the SiO₂ NPs caused retinal inflammation. GFAP, a marker of glial cells in the retina, was assessed by immunofluorescence staining. As demonstrated in Fig. 8, glial cells were obviously activated as early as 1 d after the injection of SiO₂ NPs, and the number of activated glial cells rose sharply at 7 d after injection (Figs. 8A & B). The maximum GFAP signal induction was approximately 60 times that of the PBS control at 14 d after injection (Fig. 8C). RGCs can be damaged by various stimuli such as inflammation, ischemia, oxidative stress, and excitotoxicity [42]. Therefore, to understand whether the activation of glial cells can damage RGCs, we evaluated the expression of β -III-tubulin, a marker of RGCs. As shown in Fig. 8A, at 1 d after SiO₂ NP injection, the RGCs (β -III-tubulin positive) were reduced by 52% compared to the vehicle control. The cell number decreased more predominately at 7 and

14 d after injection (Figs. 8B & C). These findings demonstrate that the intravitreal injection of SiO₂ NPs activated glial cells and damaged RGCs.

As SiO₂ NPs have been demonstrated to induce inflammation in HUVEC cells [1], and pro-inflammatory cytokines (e.g., TNF- α and IL-1 β) secreted by macrophages play a crucial role in the inflammation process, we investigated whether the SiO₂ NPs induced the secretion of TNF- α and IL-1 β . The retinas were stained with antibodies against TNF- α and IL-1 β and assessed by immunofluorescence staining. The levels of TNF- α and IL-1 β were notably increased in the group injected with SiO₂ NPs compared to the control. For example, the number of IL-1 β -positive cells increased by 8- and 23-fold compared to the vehicle control at 1 and 7 d after SiO₂ NP injection, respectively (Figs. 9A & B); the number of TNF- α -positive cells showed similar trends (Figs. 9C & D).

Taken together, the above results indicate that the SiO₂ NPs caused retinal cell death and activated retinal inflammation.

3.8 SiO₂ NPs cause ROS overproduction

Driven by the *in vitro* and *in vivo* effects of SiO₂ NPs on cell viability, morphology, mitochondrial dysfunction, apoptosis, and inflammation, we investigated the potential mechanisms underlying the retinal toxicity of SiO₂ NPs. Previous studies demonstrated that one of the main toxicity mechanisms of NPs involves ROS generation [15, 23, 43]. Therefore, we first investigated whether the 15- and 50-nm SiO₂ NPs induced oxidative stress. R28 cells were treated with SiO₂ NPs at concentrations ranging from 5 to 80 μ g/mL, and ROS production was monitored at 2, 4, 6, 12, and 24 h after treatment (Fig. 10). The SiO₂ NPs were found to have size-, time-, and concentration-dependent effects on ROS generation. Compared with the control group, the ROS levels increased significantly within 2 h of treatment with 15-nm SiO₂ NPs at 80 μ g/mL. The ROS level continued to increase dramatically over time, reaching a maximum value (approximately 3 times that of the control group) at 6 h after treatment with 15-nm SiO₂ NPs (Fig. 10A). Similarly, the ROS level increased significantly at 4 h after treatment with 50-nm SiO₂ NPs (80 μ g/mL); the maximum ROS level (2.3 times that of the control) occurred at 6 h after treatment (Fig. 10C). The ROS levels then decreased from 6 h to 12 and 24 h after treatment, presumably due to reduced cell growth (Fig. 2). To further verify the ROS generation results, we performed ROS fluorescence staining. R28 cells were treated with 15- and 50-nm SiO₂ NPs at concentrations of 20 and 80 μ g/mL. The CLSM images show that the ROS levels increased with incubation time (Figs. 10B & D). The increase in ROS level suggests that treatment with SiO₂ NPs resulted in oxidative stress. Subsequent assays focused on the 15-nm SiO₂ NPs.

3.9 SiO₂ NP-induced retinal toxicity is attenuated by ROS scavenging

To further investigate the role of ROS generation in the retinal toxicity of SiO₂ NPs, we used NAC, a ROS scavenger, to inhibit intracellular ROS generation. R28 cells were pretreated with NAC (10 mmol) for 1 h prior to treatment with SiO₂ NPs (5–80 µg/ml) for 12 h. As shown in Fig. 11A, NAC significantly attenuated ROS induction. To further verify this result, we performed ROS fluorescence staining. The CLSM images show that pretreating cells with NAC before treatment with 40 µg/mL SiO₂ NPs inhibited ROS production (Fig. 11B). Finally, the pretreatment of cells with NAC significantly decreased SiO₂ NP-induced retinal toxicity in the R28 cells, as evidenced by the reduction in ATP content (Fig. 11C). These findings indicate that SiO₂ NP-induced retinal toxicity was partially mediated by ROS generation.

4. Discussion

The wide application of SiO₂ NPs in the biomedical field has raised concerns regarding the safety of these NPs in humans and the environment. While the cytotoxicity of SiO₂ NPs has been investigated by numerous scientists [3, 5, 35], most of these studies explored various SiO₂ NP characteristics using a wide variety of *in vitro* models. Until now, no study has evaluated the retinal toxicity either *in vitro* or *in vivo*. In the present study, we explored the retinal toxicity of two types of SiO₂ NPs with different sizes both *in vitro* and *in vivo*. We also investigated the potential mechanism underlying the retinal toxicity induced by SiO₂ NPs.

Recently, SiO₂ NPs have shown great potential in the treatment of ocular diseases [36–39]. Given the widespread use of SiO₂ NPs to treat ocular diseases, the ocular toxicity of SiO₂ NPs requires more attention from scientists and ophthalmologists. Park et al. reported that SiO₂ NPs with sizes of 50, 100, and 150 nm did not induce significant cytotoxicity in cultured human corneal epithelial cells [40]. However, Chen et al. reported that SiO₂ NPs led to cytotoxicity, ROS generation, and DNA damage in the human cornea [15]. SiO₂ NPs can be used as intravitreal drug carriers [38, 41]; however, to the best of our knowledge, the retinal toxicity of SiO₂ NPs has not been investigated before now. Therefore, we conducted both *in vitro* and *in vivo* experiments to evaluate the retinal toxicity of SiO₂ NPs with sizes of 15 and 50 nm. The *in vitro* study used human R28 retinal precursor cells, which are expected to mimic *in vivo* responses.

We first evaluated the effect of SiO₂ NP size on retinal toxicity. First, the particle morphology and average size were examined by SEM and TEM (Fig. 1). The two types of SiO₂ NPs had sizes of 15 ± 5 and 50 ± 5 nm. The 15-nm particles showed greater toxicity in R28 cells than the 50-nm particles (Figs. 2 and 3), consistent with previous studies on the effect of NP size on toxicity [1, 11, 44]. TEM imaging showed that both sizes of SiO₂ NPs were uptaken by R28 cells within 24 h and localized within the cytoplasm (Fig. 4). Importantly, the 15-nm SiO₂ NPs were found in the mitochondria in addition to in the cytoplasm, which may explain why the 15-nm SiO₂ NPs were more toxic than the 50-nm particles. Chen et al. [45] observed 70-nm SiO₂ NPs in the nuclei of human epithelial HEp-2 cell; however, the nuclear translocation of SiO₂ NPs was not observed in the current study. The localization of NPs in cells can cause changes in cell morphology [46]. Thus, we evaluated the effects of the 15- and 50-nm SiO₂ NPs on R28 cell morphology.

Treatment with SiO₂ NPs led to size-, time-, and concentration-dependent decreases in cell density and caused the cell shape to become ambiguous (Fig. 3).

As mentioned above, the 15-nm SiO₂ NPs were more toxic than the 50-nm particles, consistent with previous studies finding that smaller particles tend to have higher cytotoxicity than larger particles. Thus, subsequent toxicity assays focused on the 15-nm SiO₂ NPs. Mitochondria play a key role in cell survival and are the primary location of ATP production. Mitochondrial depolarization can lead to a decrease in ATP level. In this study, the SiO₂ NPs induced mitochondrial dysfunction (Fig. 5).

Because the concentration of SiO₂ NPs used as a drug carrier was reported to be 100 µg/mL [38], we studied the *in vivo* retinal toxicity of SiO₂ NPs at a concentration of 80 µg/mL, which was the highest concentration used in our *in vitro* experiments. First, cell death and TUNEL assays were performed. Consistent with the *in vitro* results, the SiO₂ NPs showed time-dependent toxicity in the retina (Figs. 6 and 7). Meanwhile, cells suspected to be inflammatory cells were observed in the GCL. Inflammation is the key factor in RGC damage. Importantly, the injection of SiO₂ NPs induced glial cell activation and RGC damage in a time-dependent manner (Fig. 8). Our data also indicate that the injection of SiO₂ NPs induced the pro-inflammatory cytokines TNF-α and IL-1β. Therefore, inflammation may be a factor in the retinal toxicity induced by SiO₂ NPs.

Oxidative stress is the most studied factor in NP-induced toxicity because the small sizes and large surface areas of NPs are thought to generate ROS and induce oxidative stress [47]. After the cell is adversely stimulated, the mitochondria produce excess ROS due to an imbalance between ROS formation and the activity of the cellular antioxidant system. If the ROS cannot be completely degraded, the excess ROS will cause oxidative stress and induce cytotoxicity, leading to cell death [48]. Recent studies found that amorphous SiO₂ led to ROS generation in MRC-5 human lung fibroblast cells [43] and MH-S macrophage cells [49]. Interestingly, the present study demonstrated that 15- and 50-nm SiO₂ NPs also caused ROS generation in R28 cells in a size- and dose-dependent manner for the first time (**Fig. 9**). Furthermore, the SiO₂ NP-induced cytotoxicity in R28 cells was attenuated by pretreating the cells with NAC, an antioxidant (Fig. 10). This finding is in good agreement with a previous study in which cellular damage in vascular endothelial cells was attributed to the pro-oxidant effect of SiO₂ NPs [4].

Conclusion

In summary, in the current study, both 15- and 50-nm SiO₂ NPs induced cytotoxicity in R28 cells *in vitro*. Based on the decrease in ATP, LDH release, localization in the mitochondria, and ROS generation, the 15-nm SiO₂ NPs were more toxic than the 50-nm NPs. The 15-nm SiO₂ NPs also induced retinal toxicity and activated inflammatory response *in vivo*. ROS overproduction seems to play a critical role in the retinal toxicity induced by SiO₂ NPs. The results provide new insights into the mechanism of SiO₂ NP-induced retinal toxicity and improve our understanding of the potential hazards associated with the use of SiO₂ NPs. It should be noted that this study did not consider the effects of SiO₂ NPs on signaling pathways.

Additional studies are needed to better understand the contribution of signaling pathways to SiO₂ NP-induced retinal toxicity.

Declarations

Ethical Statement

All animal procedures were carried out in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals and were in compliance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. Animal protocols were approved by the Committee of Yantai University for the Care and Use of Laboratory Animals. All the procedures in this study were approved.

Author contributions

Zhuhong Zhang: Supervision and Writing. **Laien Zhao:** Investigation. **Yuanyuan Ma, Jia Liu and Yanmei Huang:** Methodology. **Xiaoxuan Fu, Shengjun Peng and Xiaojie Wang:** Data curation. **Yun Yang, Xiaoyan Zhang and Wanru Ding:** Methodology and Data curation. **Jinguo Yu and Yanping Zhu:** Editing. **Hua Yan:** Supervision and Editing. **Shubin Yang:** Supervision and Methodology.

Conflict of Interest

The authors declare no conflict of interest.

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Scheme

Scheme 1 is available in supplementary section.

Figures

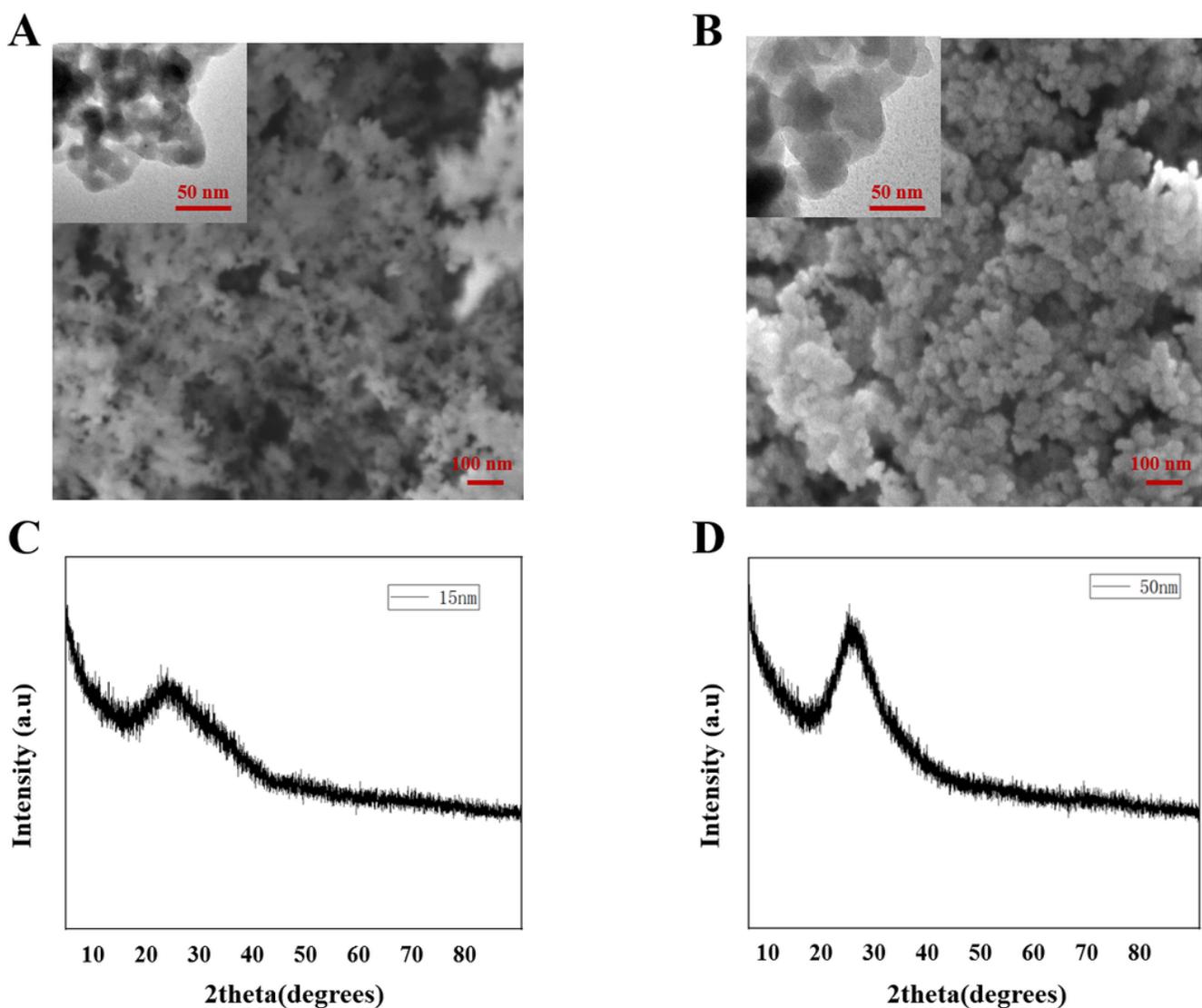


Figure 1

Characterization of SiO₂ NPs. SEM and TEM (insets) images of (A) 15-nm SiO₂ NPs and (B) 50-nm SiO₂ NPs. XRD spectra of 15-nm SiO₂ NPs (C) and 50-nm SiO₂ NPs (D).

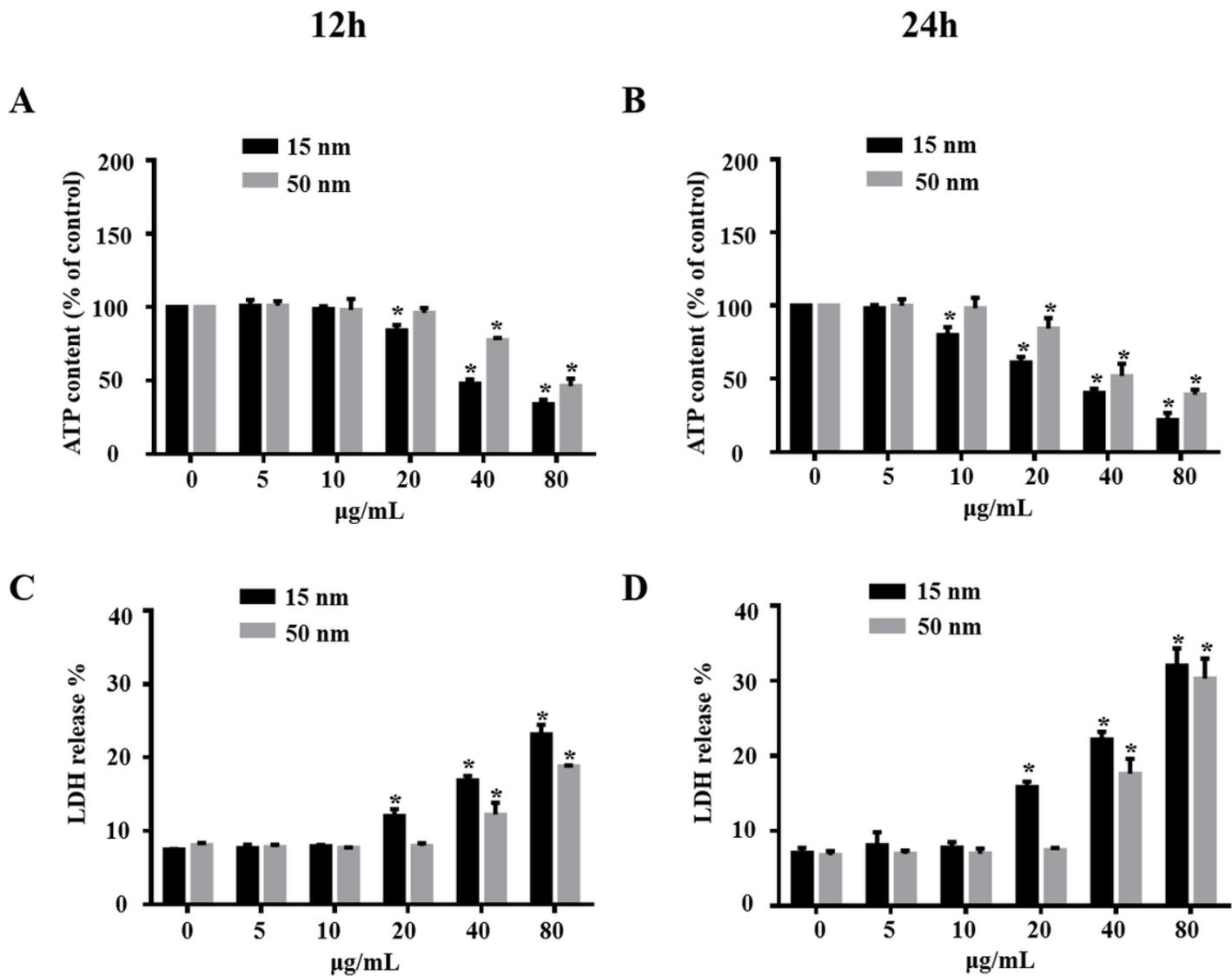


Figure 2

SiO₂ NPs induce cytotoxicity in R28 cells. R28 cells were exposed to different concentrations (5–80 µg/mL) of SiO₂ NPs for (A and C) 12 h and (B and D) 24 h before measurements of (A and B) ATP content and (C and D) LDH release. Data points represent the mean ± SD from three independent experiments with three samples per concentration in each experiment. **p* < 0.05 compared to the control.

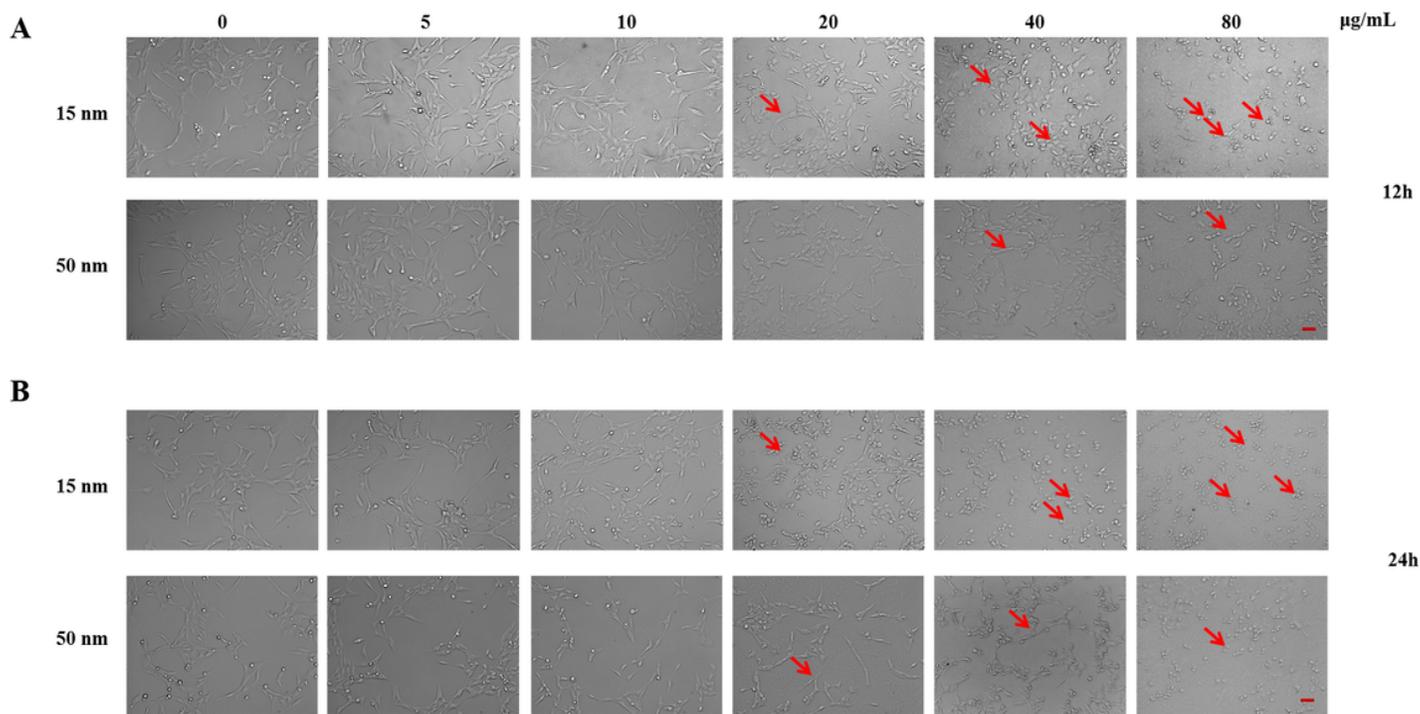


Figure 3

SiO₂ NPs induce morphological changes in cells. Morphological changes were observed via microscopy in R28 cells after 12 h (A) and 24 h (B) of exposure to 15- and 50-nm SiO₂ NPs at the indicated concentrations. Scale bar: 25 µm.

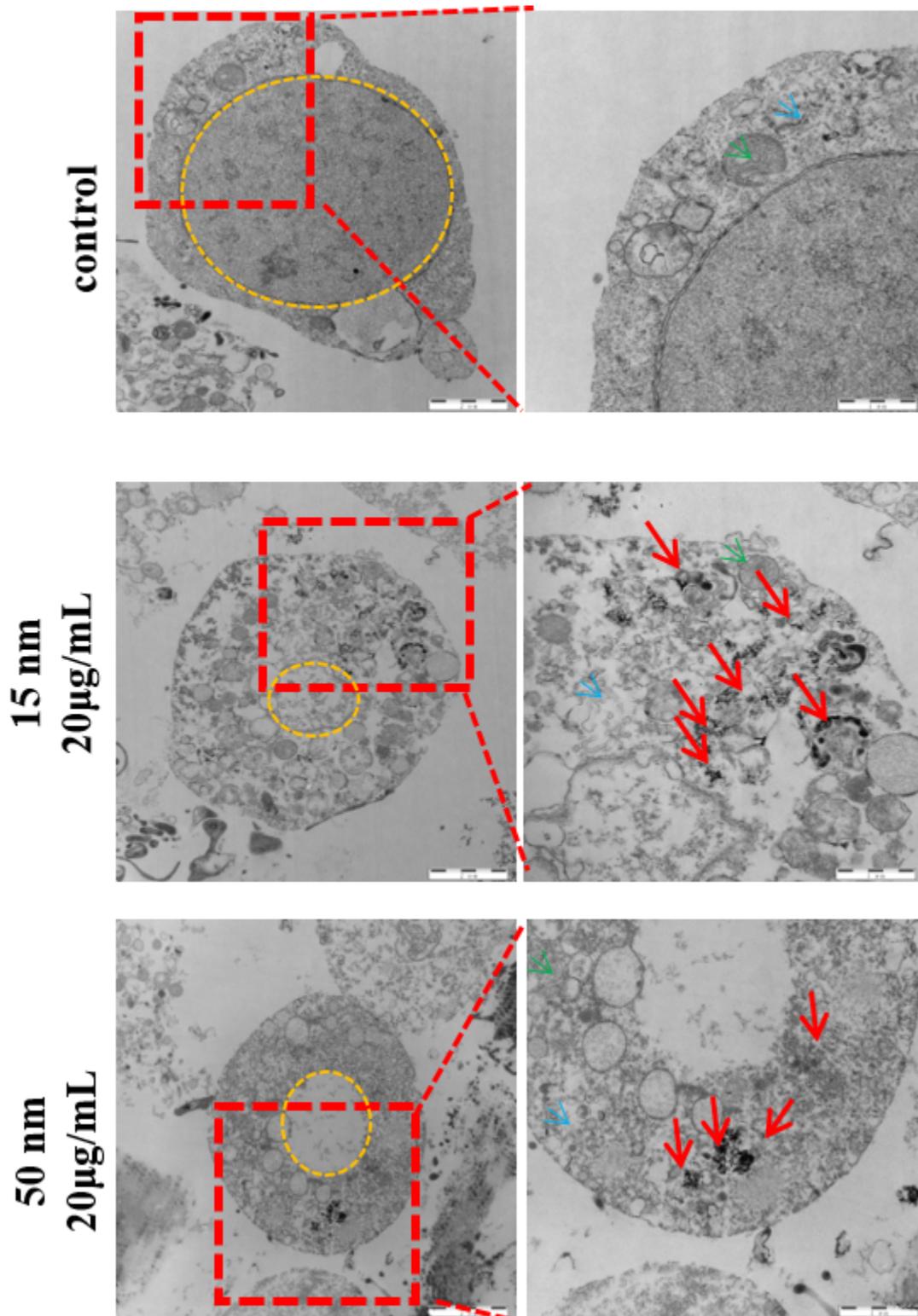


Figure 4

TEM evaluation of the cellular uptake and localization of 15- and 50-nm SiO₂ NPs in R28 cells over 12 h. Scale bars: 1 µm and 2 µm.

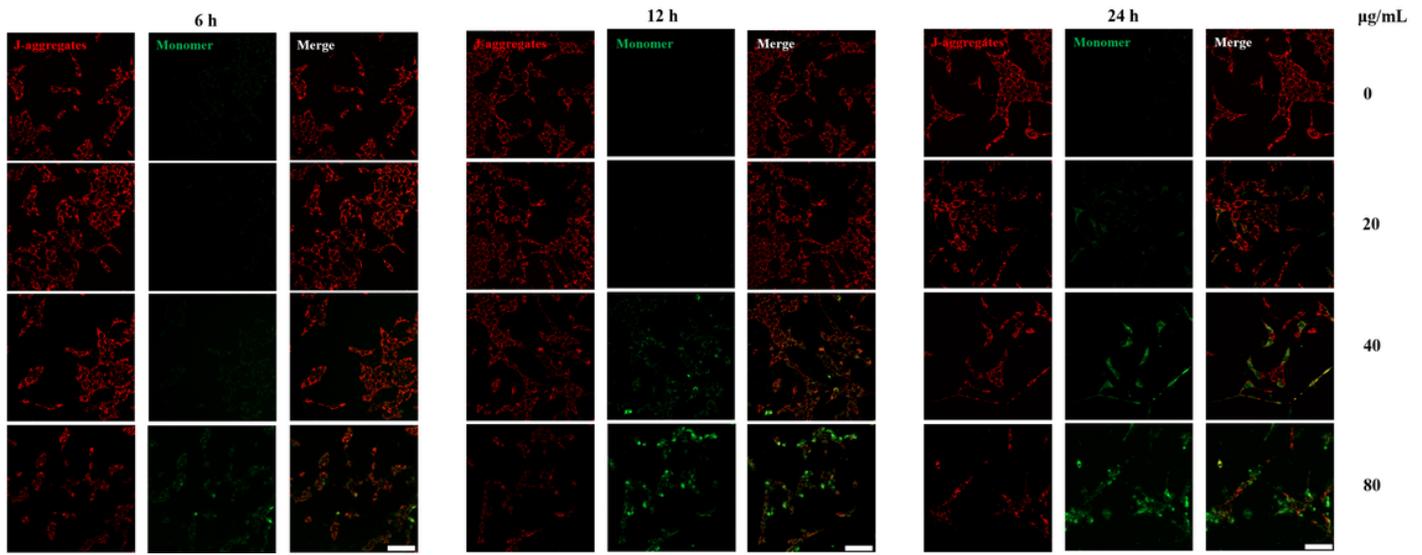


Figure 5

SiO₂ NPs induce mitochondrial dysfunction. R28 cells were treated with three concentrations (20, 40, and 80 µg/mL) of SiO₂ NPs for 6 h (A), 12 h (B) and 24 h (C), and mitochondrial membrane potential was evaluated by JC-1 staining. Scale bar: 50 µm.

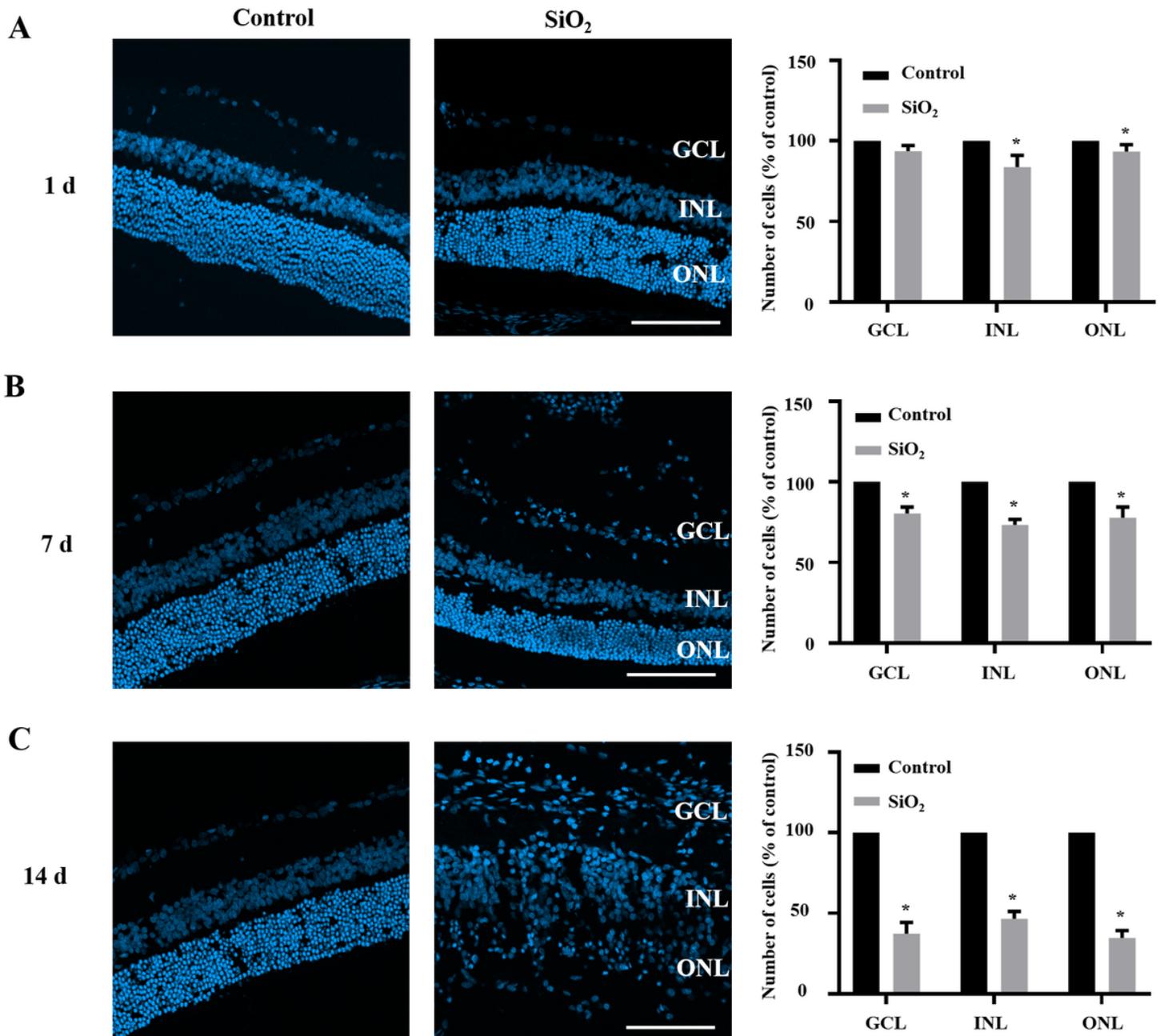


Figure 6

SiO₂ NPs decrease the number of retinal cells. PBS or 15-nm SiO₂ NPs were injected into the right eyes of rats. After euthanization, retinal sections were prepared for fluorescence microscopy. At 1 d (A), 7 d (B), and 14 d (C) after injection, the retinal layers (INL, GCL, and RGC layers) were stained by DAPI, and the cells in each layer were counted. Representative images are shown in the left panel, and the bar graph depicts the mean percentages of dead cells. * $p < 0.05$ compared to the vehicle control. Scale bar: 100 μ m.

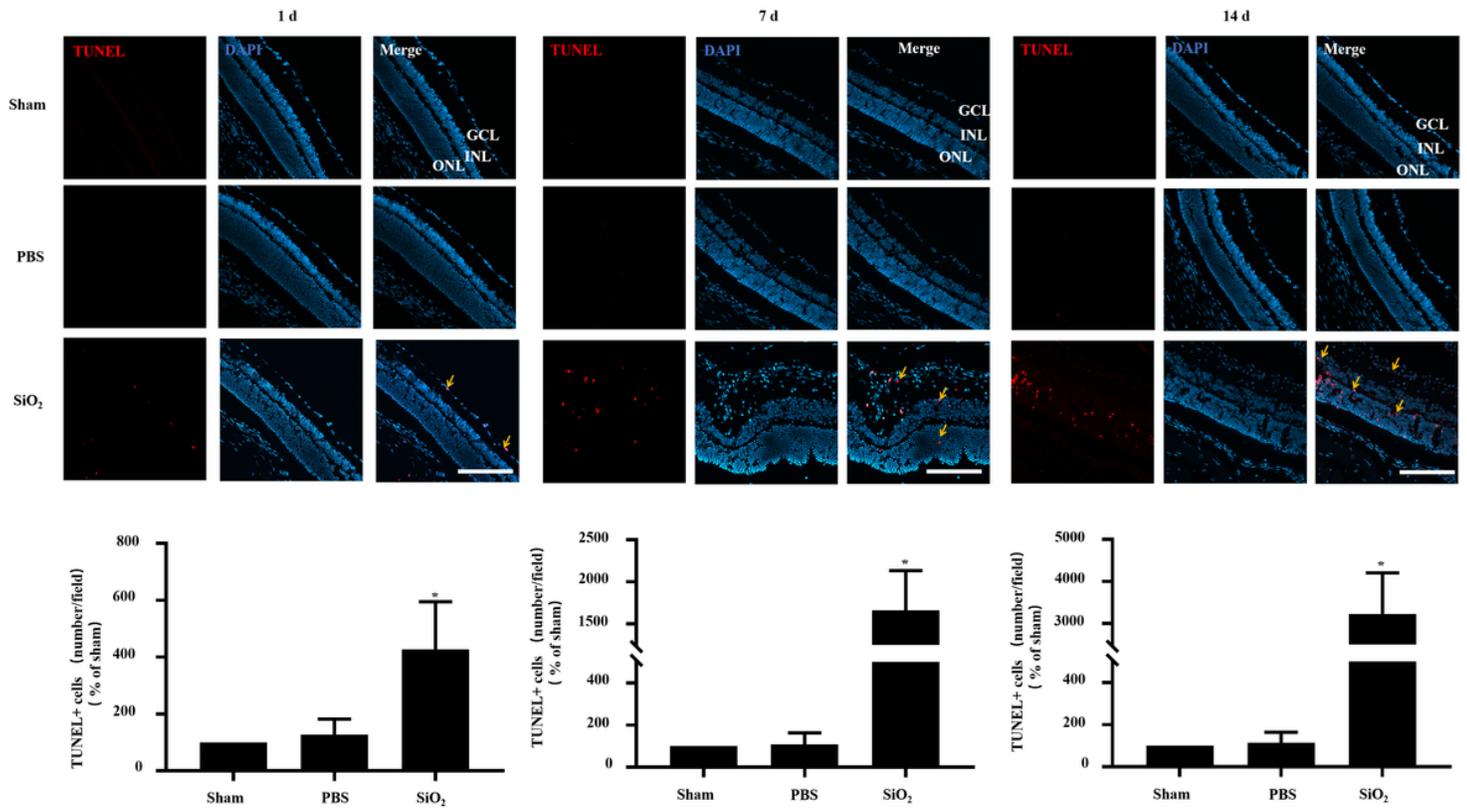


Figure 7

SiO₂ NPs cause apoptosis in rat retinas. Retinal sections were prepared as described in Fig. 6. At 1 d (A), 7 d (B), and 14 d (C) after SiO₂ NP injection, the retinas were analyzed by TUNEL assay (red = TUNEL; blue = DAPI). TUNEL-stained cells were observed in the GCL, INL, and ONL (orange arrows). Representative TUNEL staining images are shown in the upper panel. The bar graph depicts the mean percentages of apoptotic cells. * $p < 0.05$ compared to the sham group. Scale bar: 100 μ m.

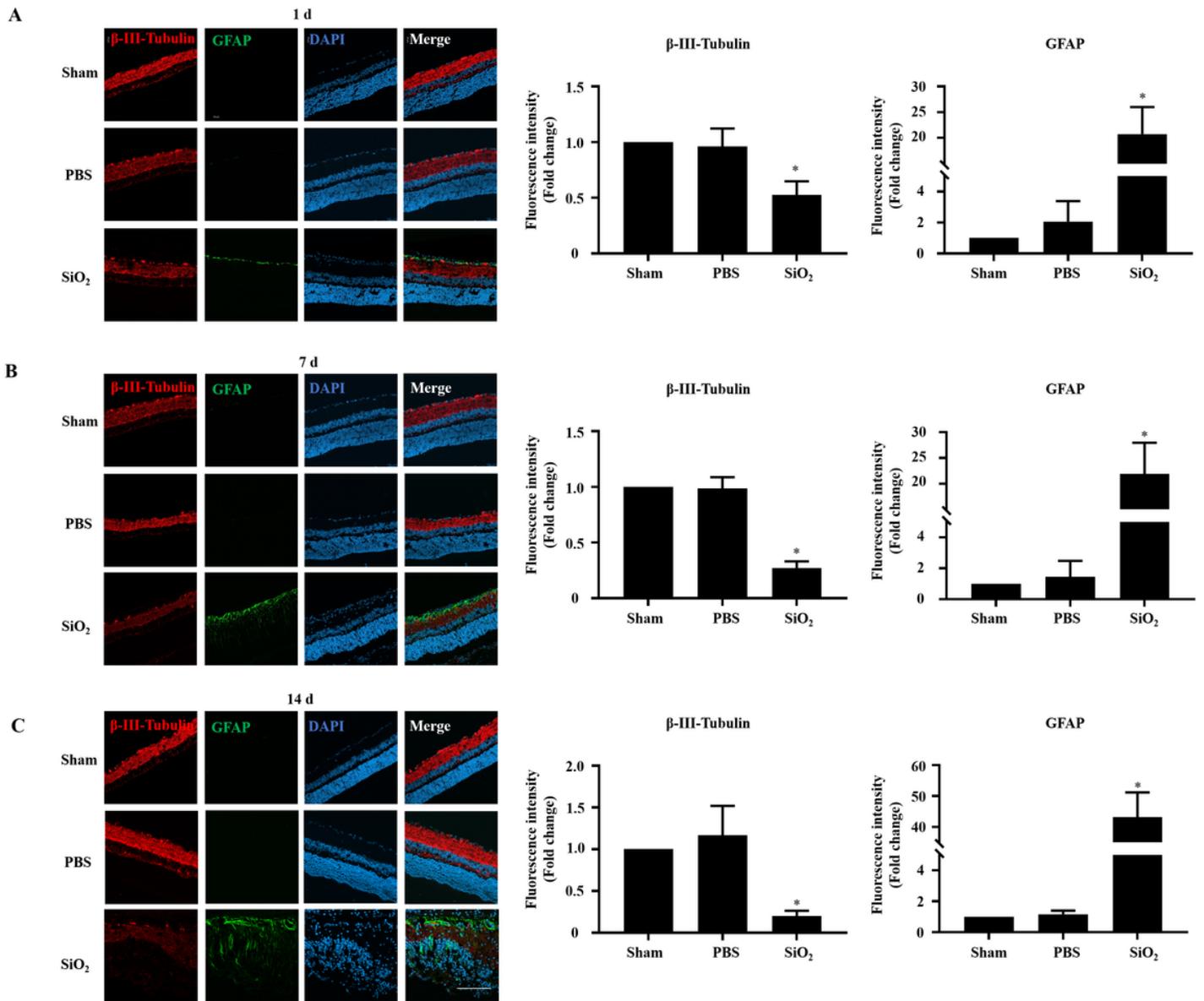


Figure 8

SiO₂ NPs induce the activation of retinal glial cells and reduce RGCs. Retinal sections were prepared as described in Fig. 6. At 1 d (A), 7 d (B), and 14 d (C) after SiO₂ NP injection, retinas were stained with the antibodies of β -III-tubulin (a marker of RGCs) and GFAP (a marker of glial cells). Representative images showing the distributions of β -III-tubulin (red) and GFAP (green). The bar graph depicts the mean fluorescence intensity. * $p < 0.05$ compared to the sham group. Scale bar: 100 μ m.

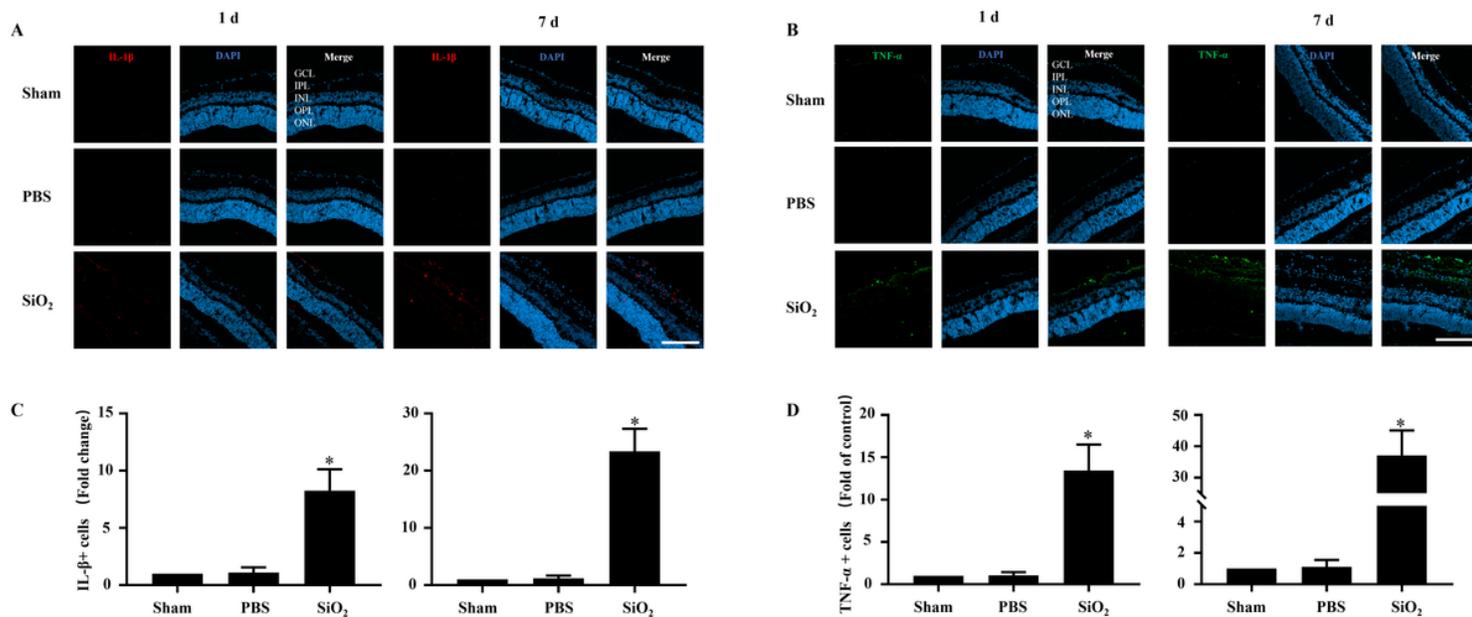


Figure 9

SiO₂ NPs cause the secretion of IL-1 β and TNF- α . Retinal sections were prepared as described in Fig. 6. At 1 d (A and C) and 7 d (B and D) after SiO₂ NP injection, retinas were stained with the antibodies of TNF- α and IL-1 β . Representative images showing the distributions of IL-1 β (red) and TNF- α (green). The bar graph depicts the mean fluorescence intensity. * p < 0.05 compared to the sham group. Scale bar: 100 μ m.

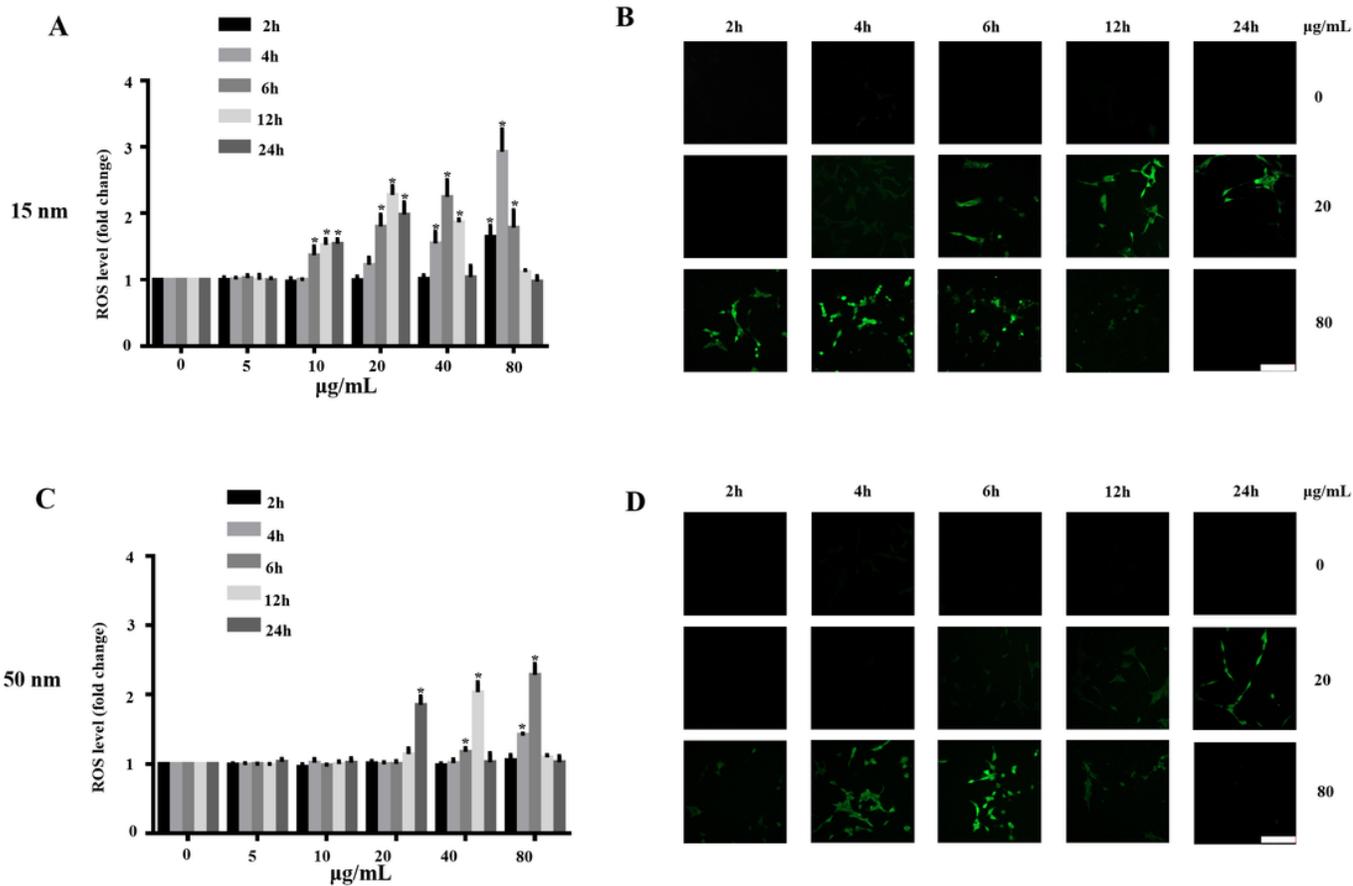


Figure 10

SiO₂ NPs induce ROS generation. ROS levels were measured by H₂DCF-DA staining at 2, 4, 6, 12 and 24 h after exposure to 15-nm (A) and 50-nm (C) SiO₂ NPs at various concentrations (5–80 µg/ml). (B and D) The ROS levels were monitored by CLSM, showing that ROS level increased with time after exposure to SiO₂ NPs at concentrations of 20 and 80 µg/mL. Data points are mean ± SD from three independent experiments with three samples per concentration. **p* < 0.05 compared to the control. Scale bar: 100 µm.

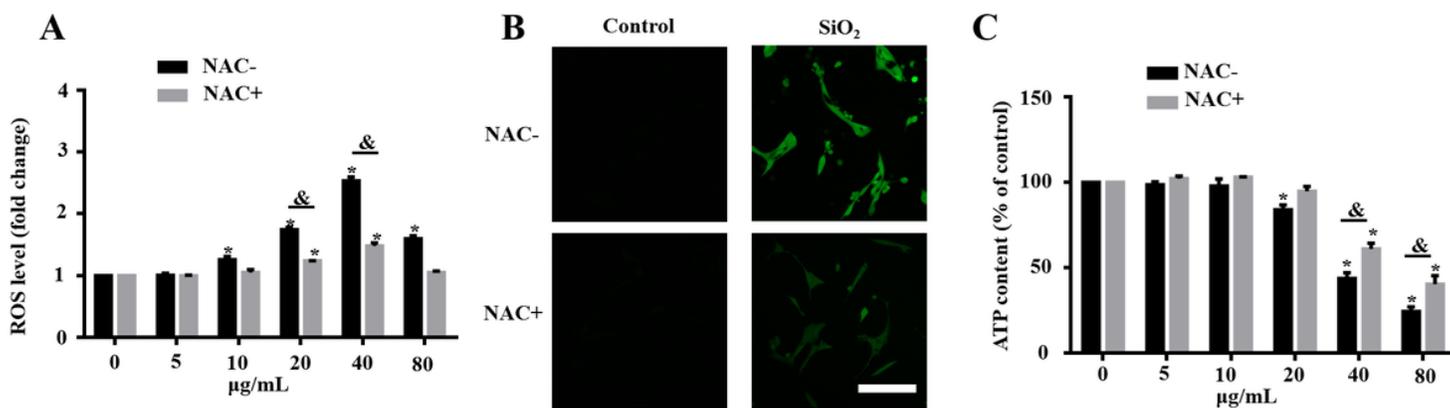


Figure 11

NAC attenuates SiO₂ NP-induced cytotoxicity. (A) Intracellular ROS levels were measured at 6 h after SiO₂ NP treatment with and without pretreatment with 10 mM NAC for 1 h. (B) ROS levels were monitored by CLSM, which showed that the ROS level increased at 6 h after exposure to SiO₂ NPs at a concentration of 40 µg/mL (C) ATP content was evaluated at 12 h after treatment with SiO₂ NPs with and without pretreatment with 10 mM NAC for 1 h. The data points are the mean ± SD from at least three independent experiments. **p* < 0.05 compared to the vehicle control without NAC pretreatment; #*p* < 0.05 compared to the vehicle control with NAC pretreatment; &*p* < 0.05 between treatments with and without NAC pretreatment at the same concentration of SiO₂ NPs.

Supplementary Files

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