

Study of Solving the Bottleneck Problem of the Estimation of Biological Dose in the Window of Time of Medical Emergency in Large-scale Nuclear Radiation Accidents

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Original research

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Abstract

Purpose

In order to achieve the goal of rapid response, effective disposal and protection of life of large-scale radiation events, how to establish the uniform standard curve of biological dose estimation for chromosome aberration analysis becomes an urgent need.

Methods

Chromosomal aberrations with different irradiation dose rates were used to analyze the biological dose curve and the share of the "dicentric + ring" caused by the dose rate at each dose point. The dose-rate effect of ^{60}Co -rays on peripheral blood lymphocytes was analyzed by statistical method .

Results

Irradiation dose is dominant ; At each dose point, "(dicentric chromosome + centric rings) /cell" is proportional to "dose rate", that is, $Y = kX + b$; Between 1-5Gy dose, "(dicentric chromosome + centric rings) /Cell " holds a quadratic linear relationship with dose rate, that is, $y = ax^2 + bx + c$.

Conclusion

The fraction of "dicentric + ring" caused by dose rate was calculated, if "Dose rate" is $Z \text{ Gy}\cdot\text{min}^{-1}$, it corresponds to an increase in linear relationships. Biological dose estimation curve : $Y = 3.318 \times 10^{-3} + 2.0541 \times 10^{-2} x + 7.1721 \times 10^{-2} x^2$ ($1.16 \text{ Gy}\cdot\text{min}^{-1} R^2 = 0.9997$) (3). Dose rate : $Y \text{ Dose rate} = 1.2534 \times 10^{-2} x^2 + 6.6164 \times 10^{-2} x - 2.732 \times 10^{-3}$ ($0.01 \text{ Gy}\cdot\text{min}^{-1} R^2 = 0.999$) (1). The estimated dose is formula (3) - (1.16-Z) × formula (1).

Introduction

In response to the problem of rapid and high-throughput accurate estimation of personal high biological dose exposure during nuclear emergencies and nuclear terrorism, we will focus on research to solve the bottleneck of large quantities of biological dose estimation problem in large-scale radiation medical emergency events within a window period quickly and dose estimation of the illuminated staff clearly to determine whether the staff are irradiated the radiation damage degree and the important basis of classification of early treatment measures to prevent the public panic, and the reasonable medical treatment. the chromosome "dicentric + ring" with the irradiation dose rate on the rise of share are calculated, Research and development of a unified medical emergency curve for nuclear and radiation accidents are carried forward based on human peripheral blood lymphocyte chromosome "dicentric + ring" analysis. Rapid response to large-scale radiation events is developed to achieve the goal of rapid response, effective disposal and protection of life.

The classification of potential victims in medical rescue of nuclear and radiation accidents will help to make better use of current medical resources and improve the efficiency of rescue. Biodosimetry (BIOdosimetry) is an effective method to evaluate the extent of external radiation damage. The application of biological dose estimation method in nuclear accident classification is of great significance for effective medical rescue in nuclear accidents.

For a long time, dose assessment after ionizing radiation (IR) exposure has been done by analyzing chromosomal aberrations in mitotic cells. Analysis of metaphase dicentric chromosomes in peripheral blood lymphocytes has allowed the development of biodosimetry and has become the preferred method for suspected IR overexposure (International Atomic Energy Agency (IAEA) 2011). Cytogenetic dosimetry: Applications in radiation emergency preparedness and response.^[1]

Each institution was required to establish a biological dose estimation curve for chromosome aberration analysis. Under these circumstances, we cannot form a joint response to a nuclear and radiological accident.

Materials And Methods

Reagents: Biochemical RPMI-1640 (Xi'an, China), Methanol and glacial acetic acid were obtained from Spectrochem (China). Giemsa stain was purchased from Sigma-Aldrich (St Louis, Missouri), fetal bovine serum (FBS), potassium chloride and PI were obtained from Sigma Chemicals (Shanghai). Phytohemagglutinin-M were purchased from Invitrogen (GIBCO, Beijing).

Instruments: The SANYO MCO-20AIC CO₂ incubator from SANY (Sakata, Japan); microscope from OLYMPUS (OLYMPUS CK20, Tokyo, Japan). Quick CRP analyzer (Shanghai, China).

Collection, irradiation, and transportation of blood

All donors give informed consent. No recent ionizing radiation exposure, no smoking. For each exercise, blood samples were drawn from each of 5-6 donors (ages 26–68 years), Blood was collected through vein and added into 20 ml of lithium heparinization tube by puncture. All blood samples were irradiated in vitro in a test tube at room temperature.

Irradiation at 8 different dose points between 0.0 and 5.0Gy. Peripheral blood of volunteers was collected about 20 mL and divided into 1-ml portions. At 37±1°C, each vial was exposed to different doses of ⁶⁰Co radiation (2.8 and 3.7 Gy). One vial was not irradiated and kept as a control.

Cell culture and harvest

Based on general guidelines provided by the International Atomic Energy Agency (IAEA 2001, 2011) and ISO 19238 and 21243 (ISO 2004, 2008).

Dicentric chromosome assay

Cells were incubated at 37°C and 5% CO₂ for 50 h, and only the first metaphase diffusion was used to count the dichotomies. The standard way to ensure that only the first metaphase diffusion is scored is to add colchicine in advance. The whole blood culture method was adopted, and the ratio of blood to medium was 1:10.0.5mL heparin lithium was added to 5mL lymphocyte culture medium as anticoagulant. Prepare cell suspension. Cells were treated with 5 mL KCl hypotonic twice every 30 minutes, and then fixed with Carnoy solution for 4 times for 5 minutes each time. Prepare and stain for Giemsa, air dry and code. Used for chromosome aberration analysis of lymphocytes. [1]

Sufficient mitotic phase is analyzed according to the following formula, where p is the ratio of “dicentric+ ring” aberrations cells, n is the number of cells to be analyzed, and p can be calculated after a certain number of aberrations cells are obtained by counting analysis. At least 100 “dicentric+ ring” or 1000 mitotic phases were analyzed for each sample and biological dose estimates were made.

$$n=(1-p)\times 96.04/p$$

For example, for an accident exposed person, 100 metaphase mitotic cells were observed and 18 aberrant cells with double centromere and ring were found. When an error of 20% is allowed, calculate the number of cells to analyze.

Formula:

$$N = [(1-0.18)\times 96.04]/0.18=438$$

Cytokinesis block micronucleus assay

Two hours after exposure, 9 ml medium (80% RPMI-1640 and 20% FBS) was added to 1 ml of blood. Ph - M (20 mg/mL) was stimulated and incubated at 37°C. [2,3]

At the 44th hour, cyto-b was added 6 mg/mL and cultured for 28h. After incubation for 72 hours, cells were collected with a pre-cooled hypotonic solution (0.075M) and fixed with Carnoy's solution (methanol/acetic acid 5:1). For each dose of irradiated blood sample, multiple sections were cast, air-dried, and coded.

Then 8% Giemsa solution was dyed in phosphate buffer (pH6.8) and PI (1 mol /mL), and scored blindly manually, and MetaSystems automatically scored.^[2,3]

Results

Each Dose Point in the Fitted "Dose–Effect Curve by DIC Analysis. (See table 1)

Abbreviation: DIC, dicentric chromosome.

In the following dose ranges, the obtained data were fitted by the method of minimum sum of squares according to the four mathematical models provided by WHO, the significance test of the regression coefficient was carried out, and the correlation index (R_2) test of the fitting degree of the equation was carried out. According to the regression coefficient significance test (P), the degree of fit (R_2), the difference between a value and the spontaneous aberration rate, the optimal regression equation was selected for each dose range. 0-0.5Gy(Dic+r) $Y=3.99D^{1.1033}$; 0-0.5Gy(The total distortion), $Y=6.5328D^{1.0196}$; 0.5-5.0Gy(Dic+ r), $Y=7.1466D^{1.8933}$; 5.0Gy(Dic+r), $Y=8.9846D^{1.632}$. 0-6.0Gy (Dic+r), $Y=9.23D^{1.6606}$.

$$Y=5.32 \times 10^{-2}D+4.43 \times 10^{-2}D^2 \quad 0.27 \text{Gy} \cdot \text{min}^{-1} \quad R^2=0.9999$$

Biological dose estimation and error analysis were performed on the national assessment samples in 2015 and 2016 by using the dose curves established by different dose rates in different laboratories.

The dose curves with different exposure dose rates established by different laboratories were used to estimate the biological dose of the national assessment samples in 2015 and 2016. The error analysis is shown in table 2^[3].

Table 3 shows that the absolute value of the error increases with the increase of the radiation dose rate, which is significant with the increase of the radiation dose. It indicates that the irradiation dose is dominant and the irradiation dose rate is secondary.

Analysis of double + ring (%) and irradiation dose results of chromosome aberrations in peripheral blood irradiated by different dose rates in different laboratories (see table 4)

Table4 shows that the original data of the biological dose estimation curve of chromosome aberration established by different laboratories have certain differences when comparing the dose-effect curve of each laboratory. Although there was an increasing trend of different dose rates at the same dose, there were also cases in which the high dose rate irradiation of "dicentric+ring" (%) of chromosome aberration was lower than that of low dose rate irradiation.

$$1\text{Gy: } Y=5.936+5.074x, p=0.018$$

$$2\text{Gy: } Y=19.666+15.354x, p=0.024$$

$$3\text{Gy: } Y=40.604+29.299x, p=0.010$$

$$4\text{Gy: } Y=74.908+42.752x, p=0.012$$

$$5\text{Gy: } Y=122.004+62.054x, p=0.019$$

Y is the increasing of "dicentric+ring" (%) cause by the dose rate;

The unit of x is $\text{Gy} \cdot \text{min}^{-1}$

At each dose point, "Dic + r/Cell" is proportional to "dose rate", that is, $Y=k X +b$, It shown table 5, figure1, 2.

According to the values of k

$$\text{Dose rate : } Y_{\text{Dose rate}} = 1.2534 \times 10^{-2} x^2 + 6.6164 \times 10^{-2} x - 2.732 \times 10^{-3} \quad 1 \text{Gy} \cdot \text{min}^{-1} \quad R^2=0.999(1).$$

According to the values of b Remove "Dic + r/Cell" due to dose rate increase

$$Y_{\text{Dose1}} = 5.7213 \times 10^{-2} x^2 + 5.5899 \times 10^{-2} x - 6.4592 \times 10^{-3} \quad R^2 = 0.999 \quad (2).$$

The dose rate caused by the “dicentric+ring” increase in the share of the analysis, it shown table 6, 7 and Figure 3

The fraction of “dicentric+ring” caused by dose rate was calculated, if “Dose rate” is $Z \text{ Gy} \cdot \text{min}^{-1}$, it corresponds to an increase in linear relationships.

$$\text{Biological dose estimation curve: } Y = 3.318 \times 10^{-3} + 2.0541 \times 10^{-2} x + 7.1721 \times 10^{-2} x^2 \quad R^2 = 0.9997 \quad (3).$$

$$\text{Dose rate: } Y_{\text{Dose rate}} = 1.2534 \times 10^{-2} x^2 + 6.6164 \times 10^{-2} x - 2.732 \times 10^{-3} \quad R^2 = 0.999 \quad (1).$$

The estimated dose is formula (3) – (1.16-Z) × formula (1).

Discussion

Biodosimetry has been used for many years to estimate the amount of ionizing radiation an individual receives. This information is of vital importance to the medical community as it helps to develop effective and timely treatment plans for potential patients.

Several biomarkers have been developed to measure radiation damage. Traditionally, dicentric chromosome testing (DCA) is a dose estimation method based on the frequency of dicentric chromosomes in peripheral blood lymphocytes. As the background dual center frequency is low and stable (0.5%); DCA is very sensitive (IAEA 2011) and is particularly sensitive to ionizing radiation damage. In this experiment, when the dose level was as low as 0.1–0.2 Gy, 500–1000 intermediate extensions were analyzed, but this required many hours of analysis.

Peripheral blood lymphocytes are usually G₀ at rest and must be stimulated to enter metaphase. During this process, cells must overcome the different cell cycle checkpoints that control proper progression. When a cell suffers DNA damage, DNA repair mechanisms are activated by other signaling pathways, inducing delays in cellular processes, and triggering programmed cell death when necessary. At checkpoints, G₂/M ensures that cells do not enter mitosis before they have a chance to repair damaged DNA (Jeggo and Lobrich 2006; Jeggo PA, Lobrich M. 2006). The role of DNA repair and cell cycle checkpoint blocking in maintaining genomic stability. DNA repair. Now, 92 - 1198.

However, in mass casualty incidents, only patients treated with 2.0 Gy or more did not need such sensitivity.

In these cases, the sensitivity of the analysis can be reduced by reducing the number of metaphase cells, greatly reducing the time required for analysis. Standard shunt DCA analysis only analyzes 50 mid-term diffusions now, providing a detection threshold of 1/2 Gy. Still sufficient to guide the treatment of acute radiation syndrome (ARS) (Lloyd 1997, Lloyd et al. 2000, Voisin et al. 2001, ISO [ISO] 2008; GB/T 28236-2011)

By introducing a scoring technique called “the time efficiency of sorting based scoring can be greatly improved without losing the accuracy of dose estimation. DCA quick scan; (Flegal et al., 2010, 2012). This approach is not based on counting individual centromeres, but checking for obvious damage of intermediate diffusion simply and quickly, thereby eliminating the count of individual chromosomes as traditional DCA (CDCA) methods do to ensure the integrity of the cell which is analyzed, This approach has been shown to be as accurate as traditional triage scoring, while reducing grading time by approximately 6 times (Flegal et al., 2012).^[5]

Another strategy to improve biodosimetric throughput is the development of a network of biodosimetric laboratories. A number of networks have been established to improve dose estimation throughput, such as the National Biological Dose Response Program (NBDRP) in Canada (Miller et al. 2007), the Biological dosimetry Network in Latin America (Garcia et al. 1995) and the Chromosome network in Japan (Yoshida et al. 2007). In addition, the European Network, the European Biodosimetry Network (RENEB), is being gradually established (Kulka et al. 2012). When a network is established, regular comparisons must be made between the various laboratories of the network to maintain and evaluate accuracy and throughput. Many one-off cross-comparisons have been carried out over the past few years, with each country having a different design within two laboratory networks (Garcia et al. 1995) and between laboratories in different networks or between countries (Roy et al. 2004, Wilkins et al. 2008, Di et al. 2011, Beinke et al. 2013). The purpose of this paper is to describe the comparative results of Canada's National Biological dose Response Program (NBDRP) over the past 6 years. Experiments of similar design are conducted annually, including DCA, routine and rapid scanning, and

CBMN analysis. These efforts involve four Canadian reference laboratories and, occasionally, two biodosimetry laboratories in the United States. The lessons learned from these comparisons will be discussed and the importance of repeating the comparison exercise will be emphasized. [6-11]

In order to accurately estimate the human biological dose at different dose rates, low, medium and high dose rates were irradiated to human peripheral blood to prepare chromosome samples, and the dose response curves were established according to the double-center frequency and loop frequency. The results show that at the same dose level, the distortion frequency increases with the increase of dose rate, and there is an obvious dose rate effect. The estimated absorbed dose of low dose - reaction curve is significantly higher than that of high dose - reaction curve. Therefore, the influence of dose rate should be considered in dose estimation, and the approximate dose rate and dose response curve should be selected to make the estimation results credible.

Using biological dose estimation curve: $Y=3.318 \times 10^{-3} + 2.0541 \times 10^{-2} x + 7.1721 \times 10^{-2} x^2 (1.16 \text{ Gy} \cdot \text{min}^{-1}; R^2=0.9997)$ (3); Dose rate : $Y_{\text{Dose rate}} = 1.2534 \times 10^{-2} x^2 + 6.6164 \times 10^{-2} x - 2.732 \times 10^{-3} (0.01 \text{ Gy} \cdot \text{min}^{-1}; R^2=0.999)$ (1).

Conclusion

Establish a unity standard curve of biological dose estimation for the analysis of chromosome aberration.

The fraction of "dicentric + ring" caused by dose rate was calculated, if "Dose rate" is $Z \text{ Gy} \cdot \text{min}^{-1}$, it corresponds to an increase in linear relationships.

Biological dose estimation curve : $Y = 3.318 \times 10^{-3} + 2.0541 \times 10^{-2} x + 7.1721 \times 10^{-2} x^2 (1.16 \text{ Gy} \cdot \text{min}^{-1}; R^2 = 0.9997)$ (3).

Dose rate : $Y_{\text{Dose rate}} = 1.2534 \times 10^{-2} x^2 + 6.6164 \times 10^{-2} x - 2.732 \times 10^{-3} (0.01 \text{ Gy} \cdot \text{min}^{-1}; R^2 = 0.999)$ (1).

The estimated dose is formula (3) - (1.16-Z) × formula (1).

These findings provide confidence to the medical community. Application of estimated biodosimetry to medical rescue during nuclear and radiation accidents is widespread, the public and government believes that in the event of a nuclear accident, biodosimetry can be applied to manage and medically treat casualties to ensure the minimization of health risks.

On this basis, the chromosome karyotype analysis pretreatment system and chromosome automatic scan analysis system were used to realize the automation of biological dose estimation. Joint laboratories in different parts of the world can respond to nuclear and radiation accidents in a timely manner.

Declarations

Ethics approval and consent to participate

The research was approved by the Bioethics Committee at the Gansu provincial center for disease control and prevention. This article does not contain any studies with animals performed by any of the authors.

Consent for publication

Agreed to publish

Availability of data and materials

Not applicable

Competing interests

The authors declare that they have no conflict of interest.

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Authors' contributions

Not applicable

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Tables

Table 1. The Number of Cells and DICs Analyzed at Each Dose Point in the Fitted “Dose–Effect Curve By DIC Analysis.”

Absorbed Dose (Gy)	Cell Number	Dic + r Number	Dic + r/Cell
0.0	11000	7	0.06
0.25	6310	60	0.951
0.50	6730	230	3.420
1	769	74	9.623
2	711	211	29.677
3	902	502	55.654
4	793	723	91.173
5	565	780	138.05

Abbreviation: Dic, dicentric chromosome; r, centric rings

Table 2 Analysis of estimated results of dose curves with different dose rates for national assessment samples

Sample Number	Cell Number	Dic+ r Number	0.27Gy/min		1.0Gy/min ^a		0.38Gy/min ^b		Dose rate (Gy·min ⁻¹)	Actual dose (Gy)
			Estimates (Gy)	Errors (%)	Estimates (Gy)	Errors (%)	Estimates (Gy)	Errors (%)		
2015 A	359	132	2.34	-2.5	1.92	-20.0	2.26	-5.8	0.27	2.4
2015 B	248	174	3.42	10.3	2.75	-11.3	3.38	9.0	0.27	3.1
2016 A	1142	1013	3.78	8.0	3.01	-14.0	3.76	7.4	1.008	3.5
2016 B	554	118	1.78	4.7	1.51	-11.2	1.76	3.5	1.008	1.7

Abbreviation: Dic, dicentric chromosome; r, centric rings

$$a \ Y = 8.0398 \times 10^{-2} D^2 + 3.4037 \times 10^{-2} D + 7.3512 \times 10^{-3}$$

Dose rate: 1.0Gy/min National Standards GB/T28236-2011.

$$b \ Y = 0.2297 + 6.8565 \times 10^{-2} D^2$$

Dose rate: 0.38Gy/min Human radiation cytogenetics.

$$Y = 5.32 \times 10^{-2} D + 4.43 \times 10^{-2} D^2 \quad 0.27 \text{Gy} \cdot \text{min}^{-1} \quad R^2 = 0.9999$$

Table 3 (2015, 2016, 2017) estimated results of biological dose of chromosome aberration in national assessment samples

sample number	Cell Number	Dic+ r Number	Dic t r/Cell	Estimates [Gy]	Actul dose [Gy]	Errors [%]
2015	32-A	248	174	70.16	3.42	3.10 +10.32
	32-B	359	132	36.77	2.34	2.40 -2.5
2016	34-A	1142	1013	88.70	3.90	3.50 +14.29
	36-B	554	118	21.30	1.67	1.70 -1.76
2017	39-1	131	71	54.20	3.14	2.8 12.14
	39-2	841	227	27.00	1.94	1.7 14.12

Abbreviation: Dic, dicentric chromosome; r, centric rings

Table 4. The Number of Cells and DICs Analyzed at Each Dose Point and Dose rate in the Fitted "Dose–Effect Curve by DIC Analysis."

Dose rate (Gy·min ⁻¹)	0.27 Gy·min ⁻¹	0.35 Gy·min ⁻¹	0.38 Gy·min ⁻¹	1.0 Gy·min ⁻¹	1.94 Gy·min ⁻¹	3.0 Gy·min ⁻¹
Absorbed Dose (Gy)	Dic t r/Cell	Dic t r/Cell	Dic t r/Cell	Dic t r/Cell	Dic t r/Cell	Dic t r/Cell
0.0	0.06	0.06	0.06	0.06	0.06	0.06
0.10	-	-	0.32	-	-	-
0.25	0.951	-	0.83	-	-	-
0.50	3.420	2.07	1.90	2.80	3.85	-
1	9.623	5.00	8.13	13.40	11.43	23.25
2	29.677	21.00	23.33	43.80	33.25	73.50
3	55.654	44.33	50.67	83.00	73.30	140.00
4	91.173	77.67	99.00	137.00	120.30	221.00
5	138.05	112.00	171.33	222.00	188.30	331.00

Abbreviation: Dic, dicentric chromosome; r, centric rings

Table 5. The relationship between radiation dose and "k Value" or "b Value" were analyzed

Absorbed Dose (Gy)	k Value	b Value
1	5.0740	5.00
2	15.354	21.00
3	29.299	44.33
4	42.725	77.67
5	62.054	112.00

Table 6 The dose rate caused by the "dicentric+ring" increase in the share of the analysis (1)

Dose rate (Gy·min ⁻¹)	Average (1.16Gy)	1.0-0.35 0.65(Gy·min ⁻¹)	1.0-0.38 0.62(Gy·min ⁻¹)	1.94-0.35 1.59(Gy·min ⁻¹)	1.94-0.38 1.56(Gy·min ⁻¹)	3.0-0.35 2.65(Gy·min ⁻¹)	3.0-0.38 2.62(Gy·min ⁻¹)
Absorbed Dose (Gy)	Dic+ r/Cell	Dic+ r/Cell	Dic+ r/Cell	Dic+ r/Cell	Dic+ r/Cell	Dic+ r/Cell	Dic+ r/Cell
1	11.81	8.4	5.27	6.43	3.3	18.25	15.12
2	37.43	22.8	20.47	12.25	9.92	52.50	50.17
3	74.49	38.67	32.33	29.87	22.63	95.67	89.33
4	124.36	59.33	38.00	42.63	21.30	143.33	122.00
5	193.78	110	50.67	76.30	16.97	219.00	159.67

Abbreviation: Dic, dicentric chromosome; r, centric rings

Table 7 The dose rate caused by the “dicentric+ring” increase in the share of the analysis (2)

Dose rate (Gy·min ⁻¹)	Average (1.16Gy)	0.03 (Gy·min ⁻¹)	0.01 (Gy·min ⁻¹)	Correction coefficient
Absorbed Dose (Gy)	Dic+ r/Cell	Dic+ r/Cell	Dic+ r/Cell	Dic+ r/Cell
1	11.81	3.13	1.04	0.088
2	37.43	2.33	0.78	0.021
3	74.49	6.34	2.11	0.028
4	124.36	21.33	7.11	0.057
5	193.78	59.33	19.77	0.102

Abbreviation: Dic, dicentric chromosome; r, centric rings

Figures

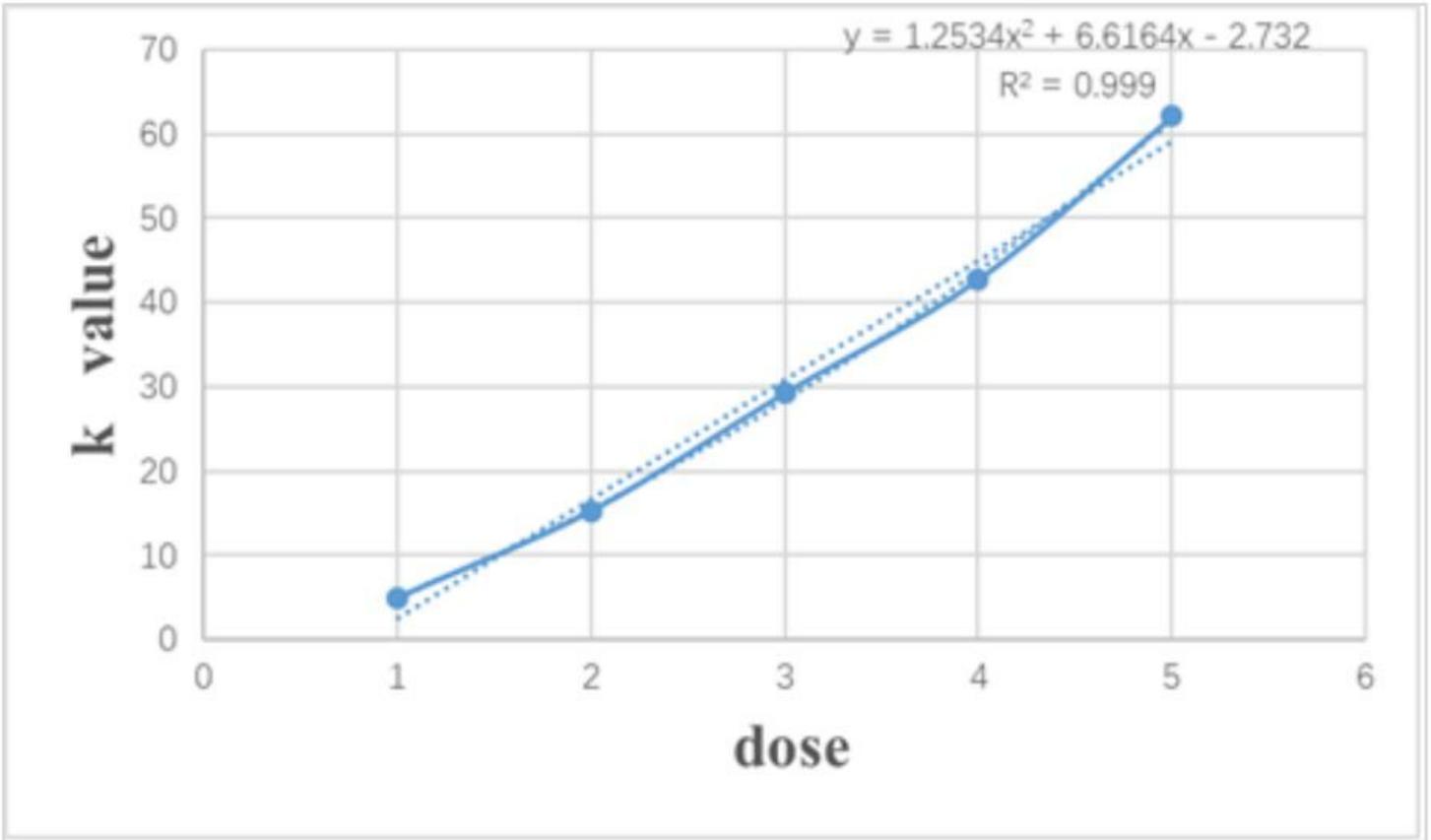


Figure 1

The relationship between radiation dose and k Value

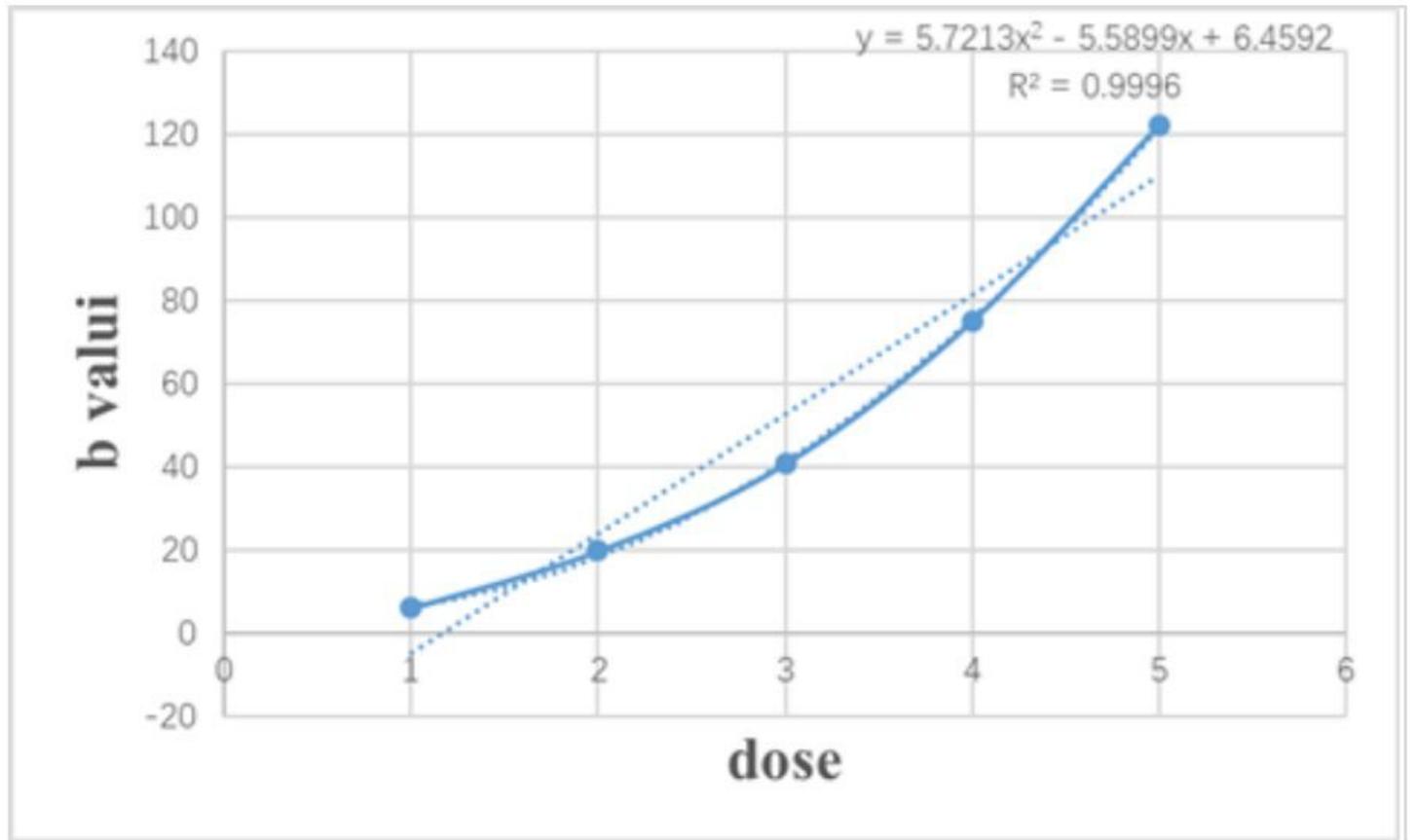


Figure 2

The relationship between radiation dose and b Value

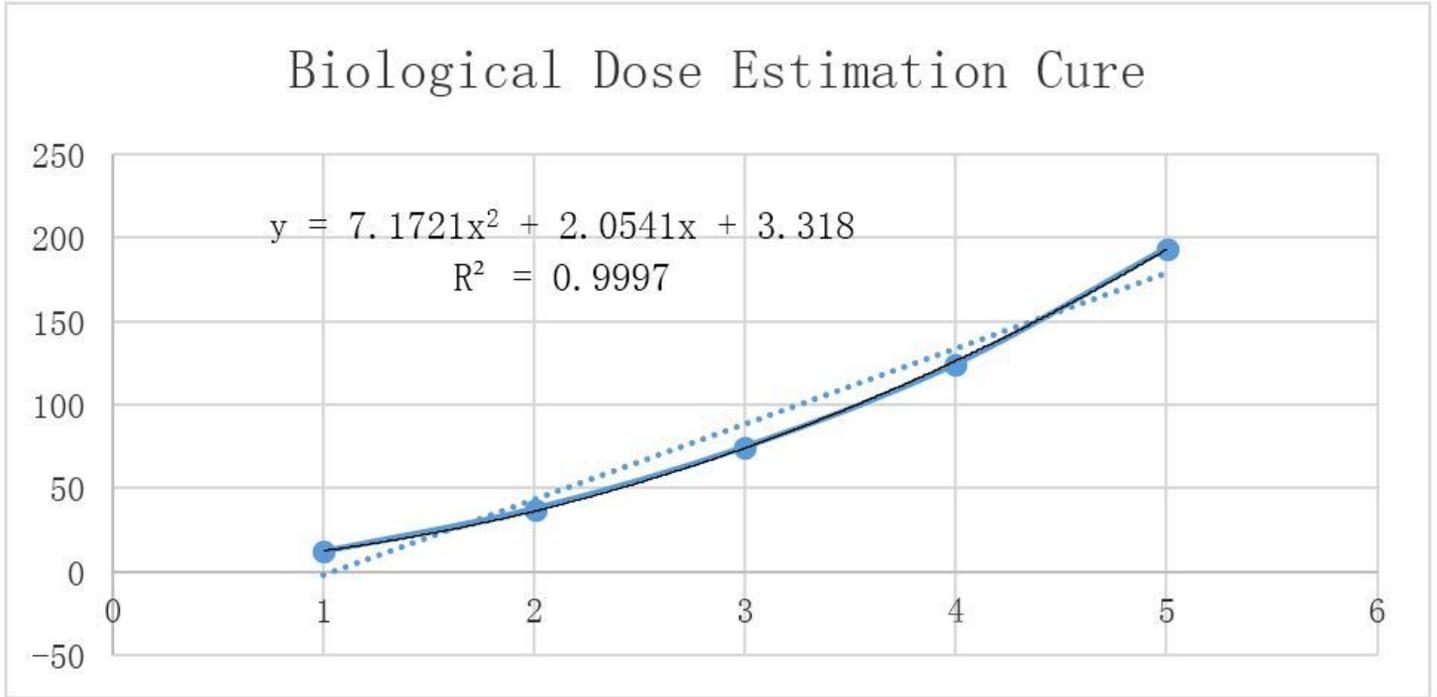


Figure 3

Biological dose estimation curve