

Optimality principles explaining divergent responses of alpine vegetation to environmental change

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1 **Optimality principles explaining divergent responses of alpine vegetation to environmental** 2 **change**

3

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5

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13

14 **Abstract:** Recent increases in vegetation cover, observed over much of the world, reflect increasing
15 CO₂ globally and warming in cold areas. However, the strength of the response to both CO₂ and
16 warming appears to be declining. Here we examine changes in vegetation cover on the Tibetan
17 Plateau over the past 35 years. Although the climate trends are similar across the Plateau, drier regions
18 have become greener by $0.31 \pm 0.14\% \text{ yr}^{-1}$ while wetter regions have become browner by $0.12 \pm 0.08\%$
19 yr^{-1} . This divergent response is predicted by a universal model of primary production accounting for
20 optimal carbon allocation to leaves, subject to constraint by water availability. Rising CO₂ stimulates
21 production in both greening and browning areas; increased precipitation enhances growth in dry
22 regions, but growth is reduced in wetter regions because warming increases below-ground allocation
23 costs. The declining sensitivity of vegetation to climate change reflects a shift from water to energy
24 limitation.

25

26 **Main text**

27 A global increase in vegetation cover has been observed in recent decades¹⁻³ although this greening
28 is not universal and some regions have experienced browning^{4,5}. Greening has been attributed to
29 human activities^{1,2,6}. Recent increases in atmospheric CO₂ concentration have had a positive impact
30 on primary production and enhanced vegetation cover⁷⁻⁹. The impact of changes in climate has been
31 more spatially heterogeneous^{2,3} but it is thought that warming explains the marked greening trend
32 observed in high northern latitudes¹⁰⁻¹². There has been a 16% decline in the area of the northern
33 extratropics where vegetation growth is limited by temperature over the past three decades, primarily
34 at the southern margin of high-latitude ecosystems¹⁰. However, there is evidence that the thermal
35 response of vegetation growth and carbon uptake has weakened over this period^{13,14} for reasons that

36 are still unclear, imposing large uncertainties on vegetation responses to future warming and
37 vegetation feedbacks to the carbon cycle.

38

39 Most analysis of vegetation responses to temperature has focused on the high northern latitudes^{11,13,14}.
40 The Tibetan Plateau, known as the "third pole"¹⁵, has experienced rapid warming^{16,17} with an increase
41 of 0.35°C decade⁻¹ since 1970¹⁸. The increase in temperature over the Plateau is higher than the
42 global mean warming, and comparable to that seen in the Arctic¹⁸. The impact of environmental
43 change on the vegetation of this region has not been extensively studied^{19,20}, despite the fact that it
44 provides an opportunity to examine whether the positive response of vegetation to warming in cold
45 regions is universal.

46

47 We have used remotely sensed maximum absorbed photosynthetically active radiation (F_{\max}) as a
48 measure of changes in peak vegetation cover^{6,21} and compared these trends to changes in climate and
49 environmental factors. We developed a parsimonious model that simulates primary production using
50 an optimality-based approach to account for carbon allocation to leaves subject to constraint by water
51 availability (see Methods). We used this model to quantify the individual contributions of changes in
52 precipitation, CO₂ concentration, radiation, vapour pressure deficit and temperature to the observed
53 trends in vegetation growth across the Tibetan Plateau and to examine the cause of the observed
54 decline in the sensitivity of vegetation growth to climate in recent decades. We show that both the
55 observed vegetation changes on the Tibetan Plateau and the observed changes in sensitivity to climate
56 change can be explained by this simple model that invokes limitations on vegetation growth by water
57 or energy availability.

58

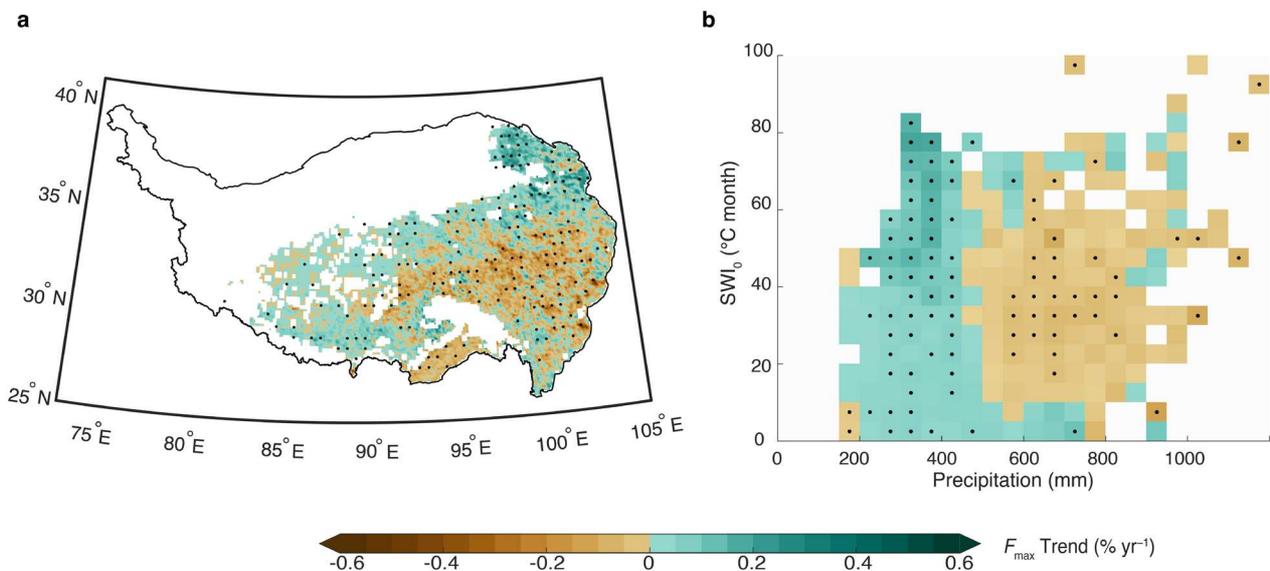
59 **Results**

60 The climate of the Tibetan Plateau changed significantly between 1982 and 2016. Annual total
61 precipitation increased from 492 to 596 mm, implying an average increase of 3.1 mm yr⁻¹
62 (Supplementary Fig. 1a). The largest increases in precipitation occurred in the driest areas. Those
63 relatively small areas of the Plateau with high precipitation experienced a slight decrease
64 (Supplementary Figs 2a, 3a and 4). Summer temperature, as measured by the accumulated
65 temperature of the growing season (SWI₀), increased at a rate of 0.31 °C month yr⁻¹ (Supplementary
66 Fig. 1b). The growing season became longer by 0.43 day yr⁻¹ (Supplementary Fig. 1c). As a result of
67 the extended growing season, incident solar radiation as measured by accumulated photosynthetic
68 photon flux density (PPFD) during the growing season increased by 20.3 mol m⁻¹ yr⁻¹
69 (Supplementary Fig. 1d). Although precipitation increased, atmospheric water demand as measured

70 by vapour pressure deficit (VPD) increased by $0.0018 \text{ kPa yr}^{-1}$ (Supplementary Fig. 1e). The trends
 71 in SWI_0 , PPFd and VPD are not spatially uniform, but they changed in the same direction across the
 72 whole of the region (Supplementary Figs 2 and 3). Atmospheric CO_2 concentration, which is the
 73 principal driver of the changes in climate but has additional effects on plant physiology and growth,
 74 increased from 341 ppm in 1982 to 404 ppm in 2016 (Supplementary Fig. 1f).

75

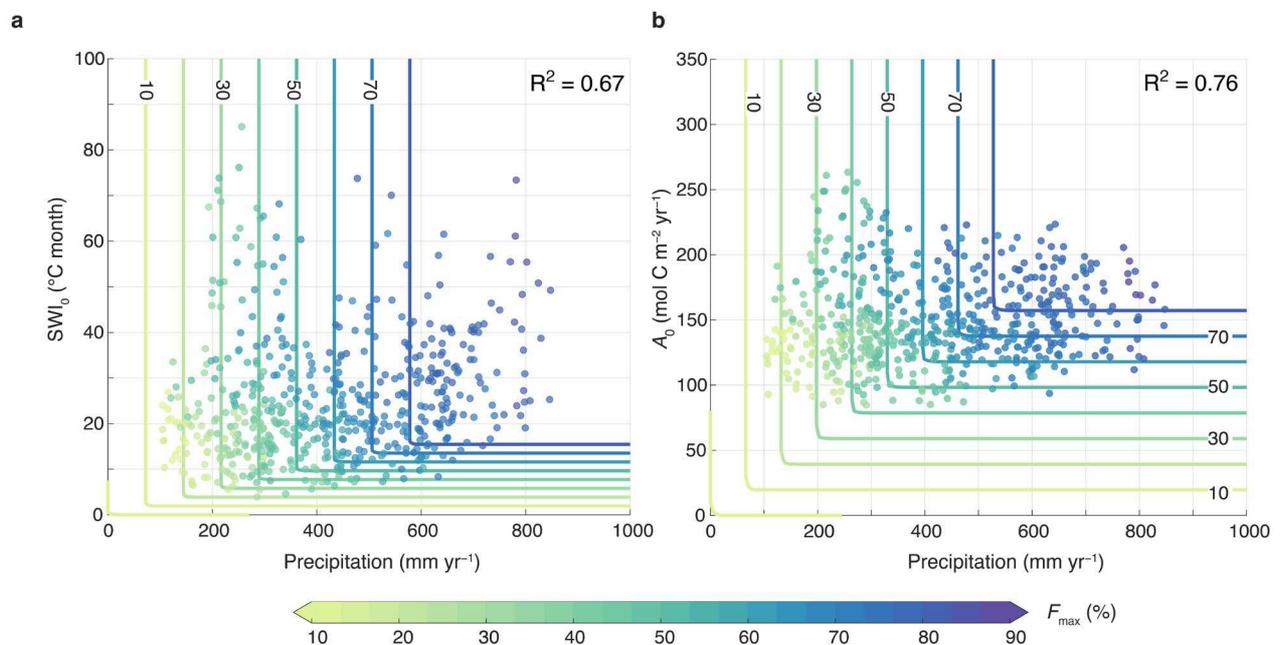
76 Although climate, radiation and CO_2 have changed in the same direction, the change in F_{max} across
 77 the Tibetan Plateau has not been uniform (Fig. 1a). About half (53%) of the area has experienced
 78 greening and about half (47%) browning between 1982 and 2016. The greening trend is most
 79 pronounced in the northwest, with a significant increase over 19% of the Plateau. Browning is more
 80 pronounced in the central and south-eastern parts of the Plateau and is significant over 15% of the
 81 area. In the climate space defined by annual total precipitation and SWI_0 , we found that the rapid
 82 increase in peak vegetation occurred in areas with low annual precipitation ($<500 \text{ mm}$) while
 83 browning occurred in areas with high precipitation ($> 500 \text{ mm}$) (Fig. 1b).



85 **Fig. 1 | Divergent responses of alpine peak vegetation cover to environmental change.** **a**, Spatial distribution
 86 of the temporal trend of GIMMS maximum fAPAR (F_{max}) over 1982–2016. **b**, Trend of GIMMS F_{max} in the
 87 climate space of summer warmth index (SWI_0) and annual total precipitation. The climate space is subdivided into
 88 different bins of equal intervals with bin widths arbitrarily set to $5 \text{ }^\circ\text{C month}$ for SWI_0 and 50 mm for
 89 precipitation. Trends for each bin are calculated by averaging the subset of all pixels falling within that bin. Bins
 90 containing less than 5 pixels are not included. Grid cells and climate bins labelled black dots indicate that the
 91 trends are statistically significant ($P < 0.05$).

92

93 F_{\max} shows a strong relationship with both precipitation and temperature, with low values in drier and
 94 colder areas and high values in wetter and warmer areas. These two climate factors together explained
 95 67% of the spatial variation in F_{\max} (Fig. 2a). Log-sum-exp regression (see Methods) shows that F_{\max}
 96 increased approximately linearly with precipitation and temperature when water and heat supply are
 97 insufficient (that is, in low precipitation and temperature conditions). F_{\max} is even more closely
 98 related to precipitation and potential gross primary production (A_0) as calculated by the P model (see
 99 Methods), with low F_{\max} values in drier and low-energy supply areas and high values in wetter and
 100 high-energy supply areas (Fig. 2b). These two variables together account for around 75% of the
 101 spatial variation in F_{\max} , reflecting the fact that potential gross primary production integrates the
 102 effects of SWI_0 , PPDF and VPD on vegetation growth. This empirical analysis suggests that plant
 103 growth on the Tibetan Plateau may be limited by either water availability or energy availability, where
 104 water limited areas are mainly located in the northwest of the Plateau and energy limited areas in the
 105 centre and southeast (Supplementary Fig. 6).

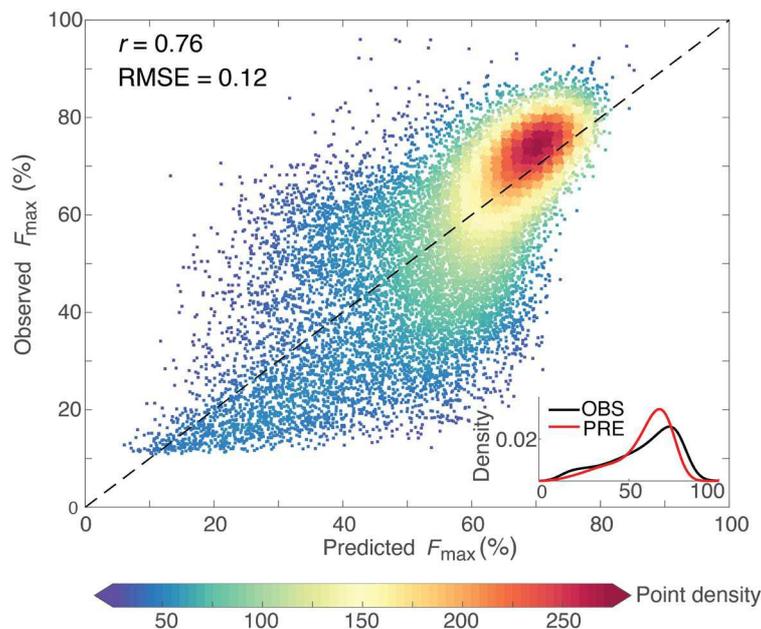


107 **Fig. 2 | Relationship between peak vegetation growth and climate. a,** Relationship between F_{\max} and total
 108 precipitation and summer warmth index (SWI_0) in 1982. **b,** Relationship between F_{\max} and total precipitation and
 109 potential gross primary production (A_0) in 1982. F_{\max} selected in each 50 mm and 5 °C month (50 mm and 100 g
 110 C m⁻²) bin represents the maximum attainable vegetation cover for a given annual precipitation and SWI_0 (A_0).
 111 Climate bins containing less than 5 grid cells are not included in these plots. Coloured lines represent the fitted
 112 contour of F_{\max} , ranging from 0 to 80% with an interval of 10%.

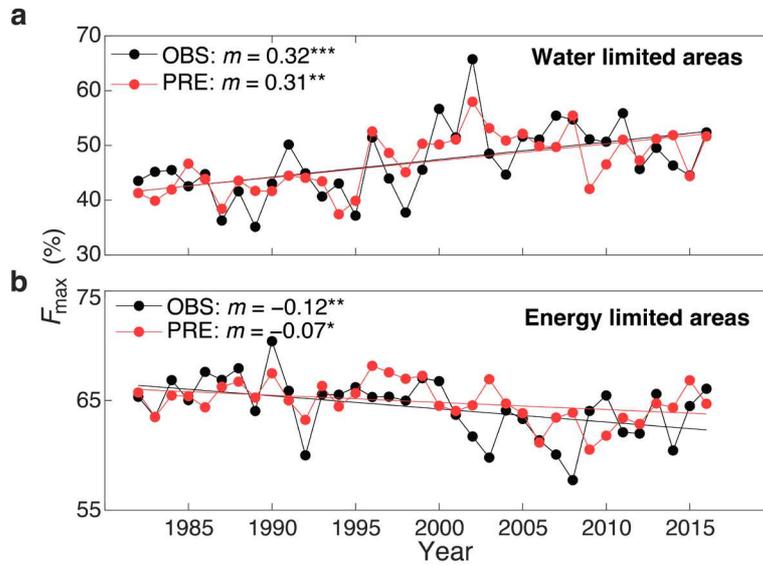
113

114 We developed a parsimonious model (see Methods) to investigate the observed changes of vegetation
 115 cover in space and through time (Supplementary Fig. 7). This model is based on the principle that the

116 carbon allocation to leaves results from the maximisation of net profit after all the costs of
 117 constructing and supporting leaves have been accounted for, subject to the constraint that water is
 118 available to allow optimal functioning of the leaves. Model predicted F_{\max} is consistent with satellite
 119 observations (Fig. 3), with a correlation coefficient (r) between predicted and observed F_{\max} of 0.76
 120 and a root mean squared error (RMSE) of 0.12. The model performed slightly better when vegetation
 121 cover is higher, that is when F_{\max} was > 0.5 . Correlations of the spatial patterns for individual years
 122 ranged from 0.58 to 0.82 (Supplementary Fig. 8). Comparison of predicted F_{\max} with field
 123 measurements of aboveground biomass from 1689 plots across the Plateau (Supplementary Fig. 9)
 124 shows the model also performs well at site level ($P < 0.001$) without any in-situ calibration. Moreover,
 125 the model correctly predicted the observed divergent trends in dry versus wet areas (Fig. 4). The
 126 model predicted an increase in F_{\max} of $0.32 \pm 0.19\% \text{ yr}^{-1}$ in the water limited areas, indistinguishable
 127 from the satellite-observed trend of $0.31 \pm 0.14\% \text{ yr}^{-1}$. In energy limited areas, the predicted F_{\max}
 128 decreased by $0.07 \pm 0.06\% \text{ yr}^{-1}$, close to (though somewhat less than) the observed decline of
 129 $0.12 \pm 0.08\% \text{ yr}^{-1}$. The interannual variation in F_{\max} is also well predicted by the model in both regions,
 130 though slightly better in water limited regions ($r = 0.75$) than energy limited regions ($r = 0.45$).

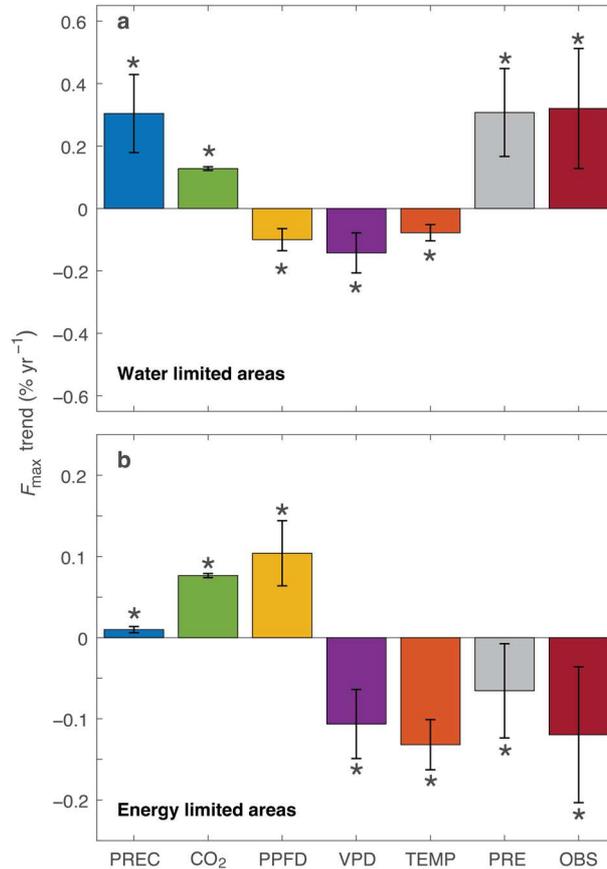


132 **Fig. 3 | Comparison of estimated peak vegetation cover against observations.** F_{\max} data are collected in the
 133 climate space of annual total precipitation and summer warmth index (SWI_0) over 1982–2016. The density of
 134 points is represented by different colours. The black dashed line is the 1:1 line. The insert panel represents the
 135 probability density of predicted and observed F_{\max} .



137 **Fig. 4 | Trends in observed and predicted peak vegetation cover on the Tibetan Plateau. a, b,** Annual time
 138 series of observed GIMMS F_{max} (black line) and predicted F_{max} (Red line) in water limited areas (a) and energy
 139 limited areas (b) over 1982–2016. F_{max} data are collected in the climate space of total precipitation and SWI_0 . The
 140 solid lines show fitted linear regressions, with slope m (% yr^{-1}) and P values indicated (* $P < 0.05$; ** $P < 0.01$;
 141 *** $P < 0.001$).

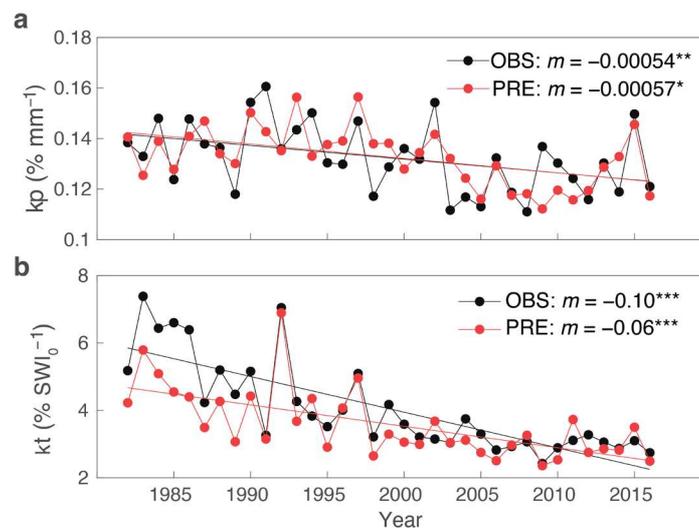
142
 143 Factorial simulations, in which one environmental variable was allowed to change while the others
 144 were held constant (see Methods), allowed us to diagnose the relative contribution of different
 145 environmental factors to the observed trends in F_{max} (Fig. 6). Increasing precipitation was the major
 146 driver of F_{max} trends in water limited areas ($0.30 \pm 0.12\% yr^{-1}$) but was relatively unimportant in
 147 energy limited areas ($0.010 \pm 0.004\% yr^{-1}$). Increasing CO_2 had a positive effect on vegetation cover
 148 overall, but the effect was larger in water limited areas ($0.128 \pm 0.006\% yr^{-1}$) than in energy limited
 149 areas ($0.077 \pm 0.003\% yr^{-1}$). Radiation had opposite effects in the two areas: increased radiation
 150 reduced vegetation cover in water limited regions ($-0.100 \pm 0.035\% yr^{-1}$) but encouraged vegetation
 151 growth in energy limited regions ($0.104 \pm 0.040\% yr^{-1}$). Increased VPD and warming had negative
 152 effects in both areas, but when compared with other environmental factors, the impact of VPD and
 153 warming was greater in energy limited areas ($-0.106 \pm 0.043\% yr^{-1}$, $-0.132 \pm 0.031\% yr^{-1}$ respectively)
 154 than water limited areas ($-0.142 \pm 0.064\% yr^{-1}$, $-0.078 \pm 0.026\% yr^{-1}$ respectively). This difference in
 155 response reflects the fact that increased atmospheric aridity and warming in energy limited areas
 156 necessitates increased below-ground allocation for nutrient and water uptake^{22, 23} and is consistent
 157 with an inferred increase in the unit cost of constructing and maintaining leaves (z_{cost}) (Supplementary
 158 Fig. 8).



160 **Fig. 5 | Attribution of trends in peak vegetation cover to various factors. a, b,** Trends in F_{max} derived from
 161 observation (OBS) and modelled trends driven by precipitation (PREC), rising CO₂ (CO₂), photosynthetic photon
 162 flux density (PPFD), vapour pressure deficit (VPD), temperature (TEMP) and all environmental factors (PRE)
 163 using the Mann-Kendall test in water limited areas (a) and in energy limited areas (b). Error bars show the 95%
 164 confidence intervals of the regression. Statistically significant trends ($P < 0.05$) are marked with one asterisk.
 165

166 Our analyses show that the relationship between vegetation cover and climate has weakened over the
 167 past three decades (Fig. 6). Model predictions indicate that the sensitivity of vegetation cover to
 168 precipitation decreased by $13.6 \pm 3.9\%$ over the period between 1982 and 2016, while the sensitivity
 169 to temperature decreased by $36.9 \pm 15.6\%$. These declines in sensitivity are also seen in the satellite
 170 observations. The interannual variation in observed sensitivity is also captured by the model, though
 171 the performance of the model in predicting temperature sensitivity ($r = 0.89$) is slightly better than
 172 predicting precipitation sensitivity ($r = 0.64$). Factorial simulations show that nearly half ($49.9 \pm 14.5\%$)
 173 of the decrease in temperature sensitivity results from increased temperature (Supplementary Fig.
 174 11b); the effect of increased temperature offsets the positive impacts of increased precipitation
 175 ($7.6 \pm 6.9\%$), elevated CO₂ ($3.6 \pm 0.7\%$) and increased PPFD ($21.6 \pm 10.0\%$) on vegetation growth.
 176 These factorial simulations also show that recent increases in CO₂ have a positive influence on the

177 sensitivity of vegetation growth to precipitation (Supplementary Fig. 11a). This somewhat
 178 counterintuitive result reflects the fact that although water-use efficiency increases with elevated
 179 CO₂^{24, 25}, the CO₂ induced enhancement of growth places high demands on water availability. The
 180 positive effect of CO₂ on the sensitivity of vegetation growth to increasing precipitation is offset by
 181 the negative influence of other variables. Specifically, the decreased sensitivity to precipitation is
 182 influenced both by changes in VPD and by changes in precipitation itself^{26,27}, which contribute
 183 7.8±2.2% and 6.9±2.9% respectively to the decline in sensitivity. In water limited environments,
 184 plants respond to increases in VPD through stomatal closure^{28,29} and there is thus less transpiration
 185 and lower overall water demand. Under these conditions, increased precipitation does not translate
 186 into increased F_{\max} because the water demand is already satisfied. The situation is different in energy
 187 limited regions, where increased VPD inhibits photosynthesis and therefore directly reduces growth
 188 and the need for water. The declining sensitivity to precipitation reflects the fact that as precipitation
 189 increases there is an overall shift from water limitation to energy limitation across the Tibetan Plateau,
 190 with water limited areas shrinking and energy limited areas expanding significantly (Supplementary
 191 Fig. 12). These changes mean there is a reduction in the water constraint on vegetation growth, such
 192 that vegetation growth becomes less sensitive to further increases in precipitation.



194 **Fig. 6 | Weakened relationship between vegetation cover and climate.** **a**, Annual time series of observed (black
 195 line) and predicted (red line) sensitivity of vegetation cover to precipitation (kp) on the Tibetan Plateau over
 196 1982–2016. **b**, Annual time series of observed (black line) and predicted (Red line) sensitivity of vegetation cover
 197 to temperature (kt) on the Tibetan Plateau over 1982–2016. Both the observed and predicted sensitivity of peak
 198 vegetation cover to climate are obtained from log-sum-exp regression in the climate space of precipitation and
 199 SWI₀. The solid lines show fitted linear regressions, with slope m (a, % mm⁻¹ yr⁻¹; b, % SWI₀⁻¹ yr⁻¹) and P values
 200 indicated (* $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$).

201 **Discussion**

202 We have shown that a parsimonious modelling framework based on a theory of optimal plant function
203 accounts for changes in vegetation cover both at individual sites and regionally. Annual peak
204 vegetation cover has been used to track environmental constraints on terrestrial ecosystem
205 productivity in previous studies^{6-8,10,21}. However, the divergent responses of maximum seasonal
206 vegetation cover to recent observed climate changes in water limited and energy limited areas of the
207 Tibetan Plateau has not been noted before. The long-term increase in growing season PPFD had
208 opposite effects on water use and energy uptake. In energy limited areas, the lengthening of the
209 growing season^{19,30}, and the consequent increase in cumulative radiation, stimulated photosynthesis³¹
210 (Supplementary Fig. 1c and d) and had a positive impact on vegetation cover. However, in water
211 limited (arid or semi-arid) regions, increased PPFD increased potential productivity (A_0), resulting in
212 increased water demand per unit leaf area and, since water supply is limited, this imposed a constraint
213 on vegetation growth (Supplementary Fig. 11a). Increases in precipitation have partly offset the
214 negative impact of increased radiation and warming in water limited areas³², but only had a minor
215 (albeit positive) effect on vegetation cover in energy limited areas (Fig. 5b).

216
217 Increasing CO₂ concentrations have had a positive influence on peak vegetation cover in both energy
218 and water limited areas (Fig. 5 and Supplementary Fig. 11). The same phenomenon has been observed
219 in field experiments^{33,34}. In energy limited areas, increased CO₂ concentration is expected to increase
220 vegetation cover due to enhanced photosynthesis^{2,9,35}. Increased water use efficiency with increasing
221 atmospheric CO₂ concentration^{7,8,25} reduces the water constraint in water limited areas. In contrast,
222 the recent increasing trend in VPD has had a negative impact on peak vegetation growth in both
223 energy and water limited areas, a phenomenon noted in global analyses²⁹. Increased VPD triggers
224 stomatal closure, a mechanism for reducing water loss, leading to a decline in photosynthesis^{29,36}.

225
226 Our analyses indicate that warming leads to changes in allocation, consistent with other observations
227 and experimental evidence^{22,23}. Liu et al.²³, for example, have shown that warming leads to a shift
228 towards deeper rooting and more below-ground carbon allocation in alpine grasslands, allowing
229 plants to acquire more water and nutrients. The observed decline in vegetation sensitivity to warming
230 over the past three decades, noted in other studies^{10,13,14}, may similarly reflect increased below-ground
231 carbon allocation.

232

233 Our study confirms that the sensitivity of vegetation growth to increasing temperature has weakened
234 in recent decades, as shown in other studies^{10,13,14}. The magnitude of this decrease (36.9±15.6%) on
235 the Tibetan Plateau between 1982 and 2016 is similar to the value of 32.8% obtained from the
236 analyses of the northern extratropics for the period between 1982 and 2012¹⁰. In contrast to the
237 findings of Keenan and Riley¹⁰ for the northern extratropics, this declining sensitivity does not
238 translate into a reduction of the area that is energy limited on the Tibetan Plateau which expands by
239 11.8% over the period 1982 to 2016. This appears to be the result of the interplay between temperature
240 and changes in other climate factors. The substantial increase in precipitation over the Plateau results
241 in a decline in the area that is water limited but is insufficient to overcome the additional costs of
242 constructing and maintaining leaves in energy-limited regions resulting from the increased radiation
243 and atmospheric dryness. There have been several studies that have shown that increasing
244 precipitation has led to increased vegetation growth in dry regions^{26,27}, and thus a reduction in the
245 area of water limitation as in the Tibetan Plateau. However, these studies do not explicitly examine
246 changes in the overall sensitivity to increasing precipitation, which we have shown has also weakened
247 in recent decades albeit at a lower rate than the sensitivity to temperature. Understanding how this
248 change in sensitivity to precipitation will affect the response to temperature will be important for
249 understanding future changes in vegetation growth.

250
251 Process-based global vegetation models have been used to explore the causes of recent changes in
252 vegetation cover^{3,6}. However, the global climate data sets used to drive these simulations represent
253 the climate of the Tibetan Plateau poorly (see Supplementary Figs 14 and 15) and this precludes any
254 direct comparison of our results with existing process-based simulations. Nevertheless, eco-
255 evolutionary optimality (EEO)^{37,38} approaches have been shown to provide as good a representation
256 of ecosystem processes as more complex global vegetation models^{39,40}, and our analyses suggest that
257 these approaches provide a useful alternative way of exploring the causes of recent vegetation
258 changes.

259

260

261 **Conclusion**

262 Despite having experienced similar climate trends over the last three decades, drier regions of the
263 Tibetan Plateau have shown enhanced vegetation cover (greening) while wetter regions have shown
264 decreased peak seasonal vegetation cover (browning). These divergent responses can be explained
265 using a model that invokes limitation of vegetation growth by energy or water. While recent increases
266 in CO₂ have tended to increase vegetation cover in both energy and water limited regions, changes in

267 temperature and atmospheric dryness (VPD) have impacted these regions differently. Warming has
268 brought additional allocation costs, weakening the sensitivity of vegetation to temperature increases,
269 particularly in energy limited regions. This parsimonious modelling framework based on eco-
270 evolutionary theory^{37,38} has thus succeeded in predicting maximum vegetation cover and its temporal
271 trends, and the unexpected spatial divergence of these trends across the Tibetan Plateau. Our analysis
272 demonstrates the potential of parsimonious EEO-based modelling to reveal the mechanisms
273 underlying recent trends in vegetation cover and its sensitivity to climate change.

274

275 **Methods**

276 **Satellite data:**

277 We used GIMMS third-generation fraction of absorbed photosynthetically active radiation fAPAR
278 (fAPAR3g) dataset⁴¹ as an index of vegetation cover. fAPAR is a main driver of vegetation
279 productivity^{42,43} and has been widely employed to track the environmental limitations on
280 vegetation^{10,44}. The extended version of this data set covers the interval of 1982–2016
281 (<http://sites.bu.edu/cliveg/datacodes/>), with a spatial resolution of 1/12° and a temporal resolution of
282 2 weeks and it was resampled to 0.1° using bilinear interpolation to match the spatial resolution of
283 climate data.

284

285 We determined the annual maximum fAPAR data as the peak greenness, a proxy for the capacity of
286 ecosystem primary production⁶, at each 0.1° grid cell from the biweekly composites. The maximum
287 fAPAR (F_{\max}) at each geographic grid was then binned in climate space determined by the
288 corresponding annual total precipitation and summer warmth index (SWI₀, the sum of the monthly
289 mean temperatures above 0 °C). The bin width was arbitrarily set to 50 mm for precipitation and 5
290 °C month for SWI₀. In each climate bin, by selecting F_{\max} in the upper 90–95th percentile, we
291 identified the grid cells with maximum fAPAR attainable for a given amount of precipitation and
292 temperature and the corresponding environmental variables for these grid cells. This binning
293 procedure is designed to disentangle the respective effects of water and heat supply in limiting peak
294 growth of vegetation and minimise the impact of non-climatic influences on greenness on the analyses
295 Similar analyses were used in the climate space determined by annual total precipitation and potential
296 gross primary production (A_0) with the bin width of 50 mm for precipitation and 100 g C m⁻² yr⁻¹ for
297 A_0 . Climate bins with less than 5 grid cells were not included in this analysis. Vegetation dynamics
298 on the Tibetan Plateau were examined with F_{\max} data in both geographic and climate space using
299 ordinary least squares linear regression.

300

301 Climatic variables

302 We obtained daily climate data for the period 1982–2016 from the China Meteorological Forcing
303 Dataset (CMFD) at a 0.5 degree spatial resolution⁴⁵ (<http://data.tpdc.ac.cn/en/data/8028b944-daaa-4511-8769-965612652c49/>). The meteorological elements of CMFD used in this study were specific
304 humidity (q), air pressure(p), air temperature (T), precipitation (PREC), and downward shortwave
305 radiation (Srad).
306

307

308 Using the CMFD data, we calculated vapour pressure deficit (VPD, Pa) as the difference between
309 saturated vapour pressure (e_s , Pa) and actual vapour pressure (e_a , Pa):

$$\text{VPD} = e_s - e_a = 611.0 \cdot e^{\left(\frac{17.27T}{T+237.3}\right)} - \frac{pq}{0.378q + 0.622} \quad (1)$$

310 Here, T is air temperature ($^{\circ}\text{C}$). p is air pressure (Pa) and q is specific humidity (kg/kg).

311

312 Following Meek et al.⁴⁶, we derived photosynthetic photon flux density (PPFD) from solar radiation
313 (Srad):

$$\text{PPFD} = 60 \cdot 60 \cdot 24 \cdot 2.04 \cdot 10^{-6} \cdot \text{Srad} \quad (2)$$

314 where, PPFD is the daily photosynthetic photo flux density ($\text{mol m}^{-2} \text{d}^{-1}$); Srad is daily mean
315 downward shortwave radiation (W m^{-2}).

316

317 Air temperature and VPD were averaged over the growing season, defined as the period of the year
318 when air temperature is continuously above 0°C . PPFD was also accumulated over the growing
319 season. Precipitation was accumulated over the whole year. The annual time series of atmospheric
320 CO_2 concentration between 1982 and 2016 was obtained from the National Oceanic and Atmospheric
321 Administration Earth System Research Laboratory (NOAA:
322 <https://www.esrl.noaa.gov/gmd/ccgg/trends/>). We used ordinary least squares regression to calculate
323 the trends of long-term annual total precipitation (PREC), growing season mean vapour pressure
324 deficit (VPD), summer warmth index (SWI_0), growing season accumulated photosynthesis photo flux
325 density (PPFD) and atmospheric CO_2 concentration (CO_2).

326

327 Besides CMFD dataset, we also obtained daily climate data from Climatic Research Unit-National
328 Centers for Environmental Prediction (CRU-NCEP) dataset, consisting of air temperature,
329 precipitation, solar radiation, specific humidity, and air pressure, with the spatial resolution of 0.5
330 degree⁴⁷. This dataset is the climate forcing of Trends in Net Land Carbon Exchange (TRENDY)

331 Inter-model Comparison Project. We evaluated the performance of this global climate driving data
332 set on the Tibetan Plateau by comparing the spatial distributions and temporal trends of climate
333 variables derived from CRU-NCEP and CMFD datasets.

334

335 **log-sum-exp regression analysis**

336 We applied log-sum-exp regression⁴⁸, which fits a continuous approximation to the minimum
337 function, to explore the spatial dependence of vegetation cover on precipitation and SWI₀. A mixed
338 effect model in the ‘nlmefit’ function of MATLAB was used to perform this non-linear regression
339 with the ‘year’ as the random effect using the formula:

$$F_{\max} = -\frac{1}{K} \ln(e^{-K \text{kp} \text{PREC}} + e^{-K \text{kt} \text{SWI}_0} + e^{-K f_{\max}}) \quad (3)$$

340 where maximum fAPAR (F_{\max}) is the response variable, precipitation (PREC, mm) and summer
341 warmth index (SWI₀, °C month) are the predictor variables. K , kp, kt and f_{\max} are the parameters.

342

343 The greater the value K , the closer this function is to the minimum function. Here, as Peng et al.⁴⁸
344 recommended, K was set as a constant 10. kp and kt fitted by observations, are expressed as the
345 change in F_{\max} with for a unit increase of precipitation and temperature, i.e., the sensitivity of F_{\max} to
346 the precipitation and temperature in units of % mm⁻¹ and % °C month⁻¹ respectively. f_{\max} , set as a
347 constant (0.95), represents the maximum possible fraction of PAR that can be absorbed by the
348 canopy^{49, 50}.

349

350 **Modelling of maximum vegetation cover**

351 By coupling the eco-evolutionary optimality and hydro-climatological rate limitation framework with
352 a universal primary production model (P model)^{38,51-53}, we propose a theory to investigate patterns of
353 vegetation cover in space and time. The basic hypothesis is that peak vegetation cover is limited either
354 by energy supply (in which case, allocation to leaves maximises net energy profit) and water supply.

355

356 • **Prediction of potential gross primary production:**

357 The P model is a universal and extensively tested light use efficiency (LUE) model^{31,54,55} to predict
358 gross primary production (GPP) by plants. It is based on the Farquhar-von Caemmerer-Berry (FvCB)
359 model for biochemical processes⁵⁶ combined with eco-evolutionary optimality hypotheses (the least-
360 cost and coordination hypotheses) to represent the adaptation of stomatal behaviour and
361 photosynthetic capacities to environmental conditions^{52,57}. The least-cost hypothesis states that plants
362 minimize the summed costs of maintaining carboxylation and transpiration capacity by regulating

363 their leaf-internal CO₂ concentration⁵⁷. The coordination hypothesis states that the carboxylation-
 364 limited rate (A_c) and electron transport-limited rate (A_J) of photosynthesis, the lesser of which
 365 determines the instantaneous photosynthetic rate, tend to equality⁵⁵. Comparisons between predicted
 366 GPP and eddy covariance data show the P model performs as well as more complex models^{40,53}.

367

368 Based on the P model, GPP (A) can be expressed as a product of fAPAR and potential gross primary
 369 production (A_0) :

$$A = \text{fAPAR } A_0 \quad (4)$$

370 where A_0 is the product of light use efficiency (LUE) and incident photosynthetically active radiation
 371 (PAR):

$$A_0 = \text{PAR LUE} \quad (5)$$

372 In equation (5):

$$\text{LUE} = \varphi_0 m \sqrt{1 - \left(\frac{c^*}{m}\right)^2} \quad (6)$$

$$m = \frac{(c_i - \Gamma^*)}{(c_i - 2\Gamma^*)} \quad (7)$$

$$\chi = \frac{c_i}{c_a} = \frac{\Gamma^*}{c_a} + \left(1 - \frac{\Gamma^*}{c_a}\right) \frac{\xi}{(\xi + \sqrt{\text{VPD}})} \quad (8)$$

$$\xi = \sqrt{\frac{\beta(K + \Gamma^*)}{1.6\eta^*}} \quad (9)$$

373 where PAR is photosynthetically active radiation ($\text{mol m}^{-2} \text{d}^{-1}$), calculated from S_{rad} by eq. (2); φ_0
 374 is the intrinsic quantum yield of photosynthesis ($\text{mol CO}_2 \text{ mol}^{-1} \text{ photon}$). m reflects the impact of
 375 leaf-internal CO₂ on carbon assimilation, determined by the leaf-internal CO₂ partial pressure (c_i , Pa)
 376 and the CO₂ partial pressure compensation point (Γ^* , Pa); χ is the ratio of the leaf-internal to ambient
 377 CO₂ partial pressure (c_a , Pa); VPD is vapour pressure deficit (Pa); η^* the viscosity of water relative
 378 to its value at 25°C (dimensionless); K is the effective Michaelis-Menten coefficient of Rubisco (Pa)
 379 at a given temperature and atmospheric pressure. Two dimensionless constants ($c^*=0.41$ and $\beta=146$)
 380 are globally estimated from independent data. The P model code is available at
 381 <https://github.com/stineb/rpmodel>.

382

383

384 • **The eco-evolutionary-optimality-based energy limitation:**

385 We propose that plants maximize net energy profit after the costs of constructing and supporting
 386 leaves are accounted for. fAPAR is estimated from leaf area index (LAI) by Beer's law⁵⁸:

$$fAPAR = 1 - e^{-k LAI} \quad (10)$$

387 where LAI ($m^2 m^{-2}$) is projected leaf area per unit ground area and $k = 0.5$ is the extinction coefficient
 388 for photosynthetically active radiation.

389
 390 Net energy profit (P_n) is assumed to be equal to the difference between the energy gain through
 391 assimilation (GPP) and the cost of constructing and maintaining leaves:

$$P_n = GPP - z_{cost} LAI \quad (11)$$

392 where, z_{cost} ($mol C m^{-2} yr^{-1}$) depends on climate. It should be larger when the photosynthetic
 393 characteristics of vegetation are affected by warming or increased aridity at relatively higher
 394 temperature, lower soil moisture, and/or higher vapour pressure deficit since more carbon needs to
 395 be allocated to root construction^{23, 59}. Note that although both GPP and LAI have a large spatial
 396 variation, z_{cost} expresses the unit carbon cost requirements for the leaf, which varies much less across
 397 the Tibetan Plateau with grassland as the dominant vegetation coverage. Therefore, z_{cost} was set a
 398 constant across the Tibetan Plateau each year.

399
 400 Substituting equation (11) to equation (10), net profit can be expressed as:

$$P_n = A_0(1 - e^{-k LAI}) - z_{cost} LAI \quad (12)$$

401 When the first derivative of equation (12) is equal to zero, the net energy profit is maximized since
 402 the second derivative of equation (12) is always negative:

$$\frac{\partial P_n}{\partial LAI} = k A_0 e^{-k LAI} - z_{cost} = 0 \quad (13)$$

403 The solution of equation (13) can then be written as:

$$LAI = \frac{1}{k} \ln\left(k \frac{A_0}{z_{cost}}\right) \quad (14)$$

404 Substituting equation (9) in equation (13) yields energy limited fAPAR ($fAPAR_{energy}$):

$$fAPAR_{energy} = 1 - \frac{z_{cost}}{k A_0} \quad (15)$$

405 The formula shows that in energy limited conditions, peak vegetation cover should only be controlled
 406 by energy supply. The greater the A_0 , the larger the fAPAR.

407

408 • **The mass-balance-based water limitation:**

409 The mass-balance-based water limitation requires that transpiration (accompanied by carbon
 410 assimilation) should be matched by the water supply from precipitation^{60,61}. We assume that
 411 vegetation makes use of a certain fraction (f_0) of precipitation to maintain its capacity for
 412 photosynthesis.

$$T = f_0 \text{PREC} \quad (16)$$

413 where T is the total transpiration in the growing season (mm yr^{-1}). PREC is annual total precipitation
 414 (mm yr^{-1}). f_0 is the ratio of precipitation to transpiration (dimensionless), which depends on the
 415 partitioning of evapotranspiration (ET) and precipitation. To simplify the model, f_0 is set as a constant
 416 throughout the Tibetan Plateau.

417

418 Water demand of vegetation can be estimated by Fick's Law⁶²:

$$T = 1.6 G_s \text{VPD} \quad (17)$$

419 where G_s is canopy conductance to CO_2 .

420

421 Carbon assimilation, accompanied by transpiration, can be expressed as a function of canopy
 422 conductance (G_s), ambient CO_2 concentration (c_a) and the ratio of leaf-internal CO_2 (c_i) to c_a (χ) using
 423 Fick's law as well:

$$\text{GPP} = G_s c_a (1 - \chi) \quad (18)$$

424

425 Then, substituting equations (4) and (18) into (17), T can be calculated as:

$$T = \frac{1.6 \text{fAPAR} A_0 \text{VPD}}{c_a(1 - \chi)} \quad (19)$$

426 Derived from equation (16) and (19), based on the water mass-balance, water limited vegetation cover
 427 ($\text{fAPAR}_{\text{water}}$) can be calculated as:

$$\text{fAPAR}_{\text{water}} = \frac{c_a(1 - \chi) f_0 \text{PREC}}{1.6 \text{VPD} A_0} \quad (20)$$

428

429 • **Parameter estimation:**

430 This framework posits that peak vegetation cover should be determined by the lesser of the water and
 431 energy limited vegetation cover⁶¹. F_{max} can then be expressed as:

$$F_{\text{max}} = \min \left[1 - \frac{z_{\text{cost}}}{k A_0}, \frac{c_a(1 - \chi) f_0 \text{PREC}}{1.6 \text{VPD} A_0}, f_{\text{max}} \right] \quad (21)$$

432 Here, f_{max} is set as a constant (0.95)^{49,50}. It represents the maximum achievable fAPAR and is
 433 independent of other parameters. f_0 (the ratio of total precipitation to water supply) and z_{cost} (unit
 434 carbon cost of construction and maintenance of leaves) are fitted by the observed fAPAR and climate
 435 data using log-sum-exp regression:

$$F_{\max} = -\frac{1}{K} \ln[e^{-K(1-\frac{z_{\text{cost}}}{kA_0})} + e^{-K\frac{c_a(1-\chi)f_0 \text{PREC}}{1.6\text{VPD}A_0}} + e^{-Kf_{\max}}] \quad (22)$$

436

437 **Above-ground biomass data**

438 We used site-based measurements of aboveground biomass as an additional validation of the model
 439 performance. Aboveground biomass measurements from 1689 sites on the Tibetan Plateau
 440 compiled by Xia et al.⁶³ were obtained from [https://iopscience.iop.org/article/10.1088/1748-](https://iopscience.iop.org/article/10.1088/1748-9326/aa9997/data)
 441 [9326/aa9997/data](https://iopscience.iop.org/article/10.1088/1748-9326/aa9997/data). The measurements were all taken in July and early August, at the peak of
 442 vegetation growth on the Plateau and are thus comparable to F_{\max} . The site data were projected in
 443 the climate space of SWI_0 and precipitation, with bin widths arbitrarily set to 5 °C month for SWI_0
 444 and 50 mm for precipitation. We then selected the biomass data at the upper 85–95th percentile and
 445 the corresponding fAPAR in each climate-space bin to identify grid cells with peak vegetation
 446 cover attainable for a given amount of precipitation and temperature.

447

448 **Diagnosing the contribution of environmental factors**

449 We applied our model to diagnose the driving forces of greening and browning of the Tibetan Plateau.
 450 Six simulations with different inputs were used to assess the ability of the model to predict response
 451 patterns of vegetation cover to climate change and environmental factors. In the first simulation
 452 (SIM), all input variables varied over time. In the other five experiments (PREC, CO₂, PPF, VPD,
 453 TEMP), the named input variable was held constant at its median value over the 35 years and the
 454 other variables were allowed to vary realistically. The difference between the SIM and each of the
 455 individual variable simulations provides a measure of the effect of single drivers. Similar analyses
 456 were used to diagnose the contribution of individual environmental factors to the trends in
 457 precipitation and temperature sensitivity.

458

459 **Data availability**

460 The GIMMS3g fAPAR data are available on NASA NEX (see instructions at
 461 <http://sites.bu.edu/cliveg/datacodes/>). The CMFD climate datasets underlying analysis are publicly
 462 available at Third Pole Environment Data Centre ([http://data.tpdc.ac.cn/en/data/8028b944-daaa-](http://data.tpdc.ac.cn/en/data/8028b944-daaa-4511-8769-965612652c49/)
 463 [4511-8769-965612652c49/](http://data.tpdc.ac.cn/en/data/8028b944-daaa-4511-8769-965612652c49/)). The CRU-NCEP climate dataset can be obtained from
 464 <https://rda.ucar.edu/datasets/ds314.3/>. Aboveground biomass measurements from 1689 sites on the
 465 Tibetan Plateau compiled by Xia et al.⁶³ can be downloaded at
 466 <https://iopscience.iop.org/article/10.1088/1748-9326/aa9997/data>.

467

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481

482 **Author contributions**

483 H.W., I.C.P. and S.P.H. designed the study. Z.Z. performed the analysis. S.Q. and S.T. contributed to
484 the idea development. I.C.P. and S.P.H. contributed to the interpretation of the results. H.W. and Z.Z.
485 wrote the first draft. All authors participated in the revision of the manuscript.

486

487 **Competing interests**

488 The authors declare no competing interests.

489

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