

Comparison of the Mass Tissue Strength of Strawberry Fruit between Vertical and Horizontal axes

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Research

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23 phase, the fruit mass tissue has not been damaged. Along with the duration of the
24 compression, mass tissue damage has started to occur.

25

26 *Conclusion*

27 The outer mass tissue of a strawberry is more susceptible to damage than the deep mass
28 tissue. Therefore, the post-harvest handling process from agricultural land to the hands of
29 consumers requires gentle handling to maintain fruit quality. The percentage of mass tissue
30 damage of strawberries can be minimized if arranged vertically in the package. The
31 percentage of fruit mass tissue damage obtained from this study can be used to predict
32 changes in fruit volume non-destructively.

33 **Keywords:** Compression test; Deformation plastic; Mass tissue; Strawberry

34

35 **Background**

36 Fruit mass tissue damage is one of the most critical attributes in evaluating consumer
37 acceptance of the quality of strawberry fruit (*Fragaria ananassa* Duch.) (Sirisomboon et
38 al., 2012; Huang et al., 2020). This fruit is very susceptible to damage during its post-
39 harvest quality handling (Liang et al., 2020). Damage can occur during picking in the land,
40 the distribution process to traders and consumers, and the storage process in the supply
41 chain (La Scalia et al., 2016; Kelly et al., 2019; Ha et al., 2020). Bruised damage can cause
42 accelerated damage to the whole fruit during subsequent handling (Li and Thomas, 2014).
43 Many fruits with seemingly minor damage during harvest are then discarded by traders

44 which results in waste and can affect economic benefits for farmers and traders (Yan et al.,
45 2019).

46 For food technology, damage to fruit tissue is the behavior of tissue damage to cell
47 mass when the fruit was exposed to excessive impact (Li et al., 2017). Fruit mass tissue
48 damage is highly dependent on fruit texture (Sirisomboon et al., 2012). Therefore, it is very
49 important to measure the mass tissue damage of the fruit to assess the quality of postharvest
50 fruit (Duarte-Molina et al., 2017; Contigiani et al., 2018). Several researchers have
51 previously estimated the tissue damage to the fruit mass during the harvesting process (Li,
52 2013; Li et al., 2017), then developed harvesting tools such as robotic harvesting (Ji et al.,
53 2017).

54 An effort to minimize the damage to mass tissue in the fruit is an important thing to
55 do to maintain the quality and efficiency of agricultural products. Previous studies related
56 to bruising damage to the surface of the fruit have been investigated by Li et al. (2013) that
57 storing the fruit for several days then evaluating it by touch. Babarinsa and Ige (2012) have
58 described a method for evaluating bruises on tomatoes using mechanical impact parameters
59 related to the energy absorbed. Li et al. (2013) had predicted the distribution of mechanical
60 damage to tomatoes using finite element simulations. Besides, there are several studies on
61 the calculation of the volume of tissue damage to the mass of fruit after harvest by
62 measuring fruit anatomy, such as apples (Celik et al., 2011), oranges (Ihueze and
63 Mgbemena, 2017), passion fruit (Ansar et al., 2019), but this method is not suitable for
64 strawberries because of the color of the mass tissue the broken and the undamaged look the
65 same.

66 The results of the study Aliasgarian et al. (2015) illustrated that 'Selva' variety of
67 strawberries cannot be sold if the skin has abrasions or bruises on the surface and more than
68 50% of the strawberries cannot be sold due to damage caused by impact during
69 transportation. Chaiwong and Bishop (2015) reported that a vibration frequency ranging
70 from 3 to 5 Hz affected the quality of the 'Elsanta' strawberry. Kelly et al. (2019) explained
71 that the quality of the strawberries can be maintained by keeping the temperature constant
72 during post-harvest handling.

73 The results of research on the quality of strawberries were more dominated by
74 changes in fruit quality during post-harvest, such as the freshness of strawberries depending
75 on the fruit variety (Pham and Liou, 2017; Zeliou et al., 2018), storage time and conditions
76 (La Scalia et al., 2016), storage method (Contigiani et al. 2018; Yan et al., 2019; Zhang et
77 al., 2018), while the effect of vibration affects fruit firmness (Chaiwong and Bishop, 2015).
78 The firmness of the fruit is a physical characteristic that describes the most important
79 qualities of a strawberry. Many factors influence the firmness of strawberries, such as
80 genetics, growing conditions, level of maturity, size, postharvest handling, and internal
81 temperature (Doving and Mage, 2002). Fruit strength data is also influenced by the test
82 method used and until now there is no standard test method for the texture strength of
83 strawberries (Fu et al., 2008).

84 Information about the damage to the mass tissue of strawberries caused by
85 compression, the direction of loading, and the percentage of fruit mass tissue damage is still
86 limited. As a result, it is difficult to quantitatively assess the mass tissue damage and
87 deformation of the strawberry fruit. This gap also hinders the development of non-
88 destructive methods for fruit quality analysis (Zude et al., 2019) and limits the opportunity

89 to investigate the influence of external stresses during harvest (Zhuang et al., 2019),
90 appropriate packaging and transportation methods for distribution processes (Li et al.,
91 2017). Therefore, this study aimed to compare the strength of the strawberry fruit mass
92 between the vertical and horizontal axes using a compressive test at different speeds and
93 levels of compressibility.

94

95 **Materials and Methods**

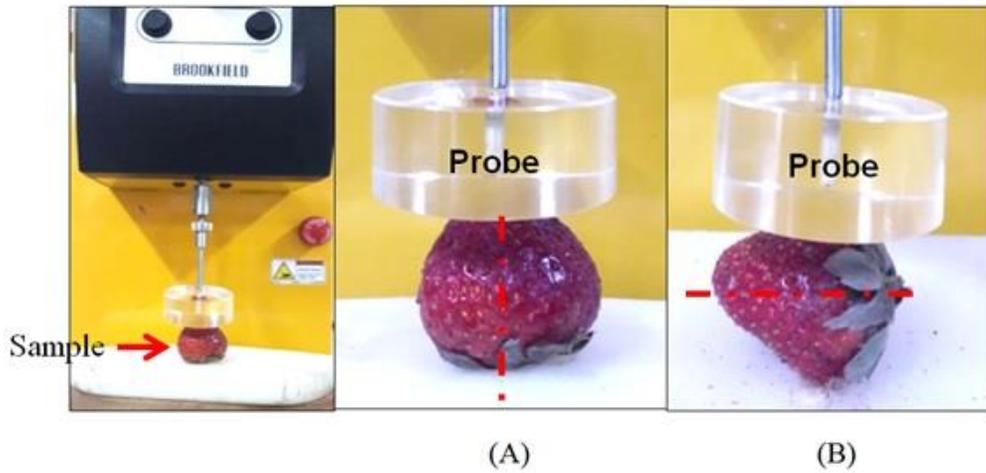
96 *Material*

97 The ingredients used are strawberries with Sweet Charlie varieties. This fruit is
98 obtained from agricultural farmers in Sembalun, East Lombok, Indonesia. After being
99 carefully transported to the Bioprocess Engineering Laboratory of the University of
100 Mataram, the fruit is then cleaned manually with water and checked again to make sure it is
101 not damaged and not infected. The test is carried out within 24 hours at room temperature
102 (29 ± 1 °C) and RH 60-65%.

103

104 *Deformation Test*

105 The sample deformation test used a texture analyzer under the Brookfield brand (Fig.
106 1). Loading was done from the vertical and horizontal axes. The variations in compression
107 speed are 2, 4, and 6 mm/s, and the compressibility levels are 6, 12, 18, 24, and 30%. Each
108 test was repeated 3 times. The deformation curve of the test results is recorded in real-time.



109

110 **Fig. 1.** Strawberry fruit deformation test, (A) compression from vertical axis direction, and
 111 (B) compression from horizontal axis direction.

112

113 *Determination of the percentage of fruit deformation*

114 The percentage of fruit deformation after compression can be calculated using the
 115 equation (Tabacu and Ducu, 2020):

116
$$\varepsilon_c = \frac{\Delta L}{L} \times 100 \quad (1)$$

117 where ε_c is the fruit deformation (%), ΔL is the difference in sample length before and after
 118 testing (mm), and L is the initial length of the sample (mm).

119

120 *Determination of the percentage of fruit mass tissue damage*

121 After being compressed, each sample was halved and then placed on a table for 5
 122 hours to wait for the enzymatic browning reaction. Furthermore, the tissue damage to the

123 sample mass marked with brown color is separated and then weighed using an electronic
124 scale.

125 The water loss ratio (η) during storage at 5 hours for the control group sample was
126 calculated using Equation (2):

$$127 \quad \eta = \frac{m_0 - \dot{m}_0}{m_0} \quad (2)$$

128 where η is the ratio of fresh fruit water loss in the control group (m_0) and (\dot{m}_0) is the mass
129 of fresh fruit after 5 hours of storage in the control group.

130 The brown mass tissue was associated with the mass tissue of the fruit mass damaged
131 during compression and the non-brown mass tissue associated with the mass tissue of the
132 fruit mass that was not damaged. Compressed fruit has the same rate of water loss within 5
133 hours after splitting. Therefore, the m_4 mass of the damaged mass tissue in each sample and
134 the percentage of damaged mass tissue (R) were calculated using Equations (3) and (4) (Xu
135 et al., 2006).

$$136 \quad m_4 = m_1 - m_2 - m_3 = m_1 - m_1\eta - m_3 \quad (3)$$

$$137 \quad R = \frac{m_4}{m_1} \times 100\% \quad (4)$$

138 where m_1 is the initial mass of fresh fruit in the experimental group (g), m_2 is the mass of
139 water loss in the compressed fruit after 5 hours of storage (g), m_3 is the mass of undamaged
140 tissue mass in the compressed fruit after 5 hours of storage (g), m_4 is the mass of tissue
141 mass damaged in the compressed fruit after 5 hours of storage (g), and R is the percentage
142 of the mass of damaged fruit tissue after 5 hours of storage (%).

143

144 *Statistical analysis*

145 Two-factor analysis of variance was used to determine the ratio of tissue damage to
146 the mass of strawberries between the vertical and horizontal axes after being compressed
147 with different compression speeds and levels of compressibility. The difference is
148 considered significant if the probability value less than 0.05 ($P < 0.05$) (Ansar et al., 2020).

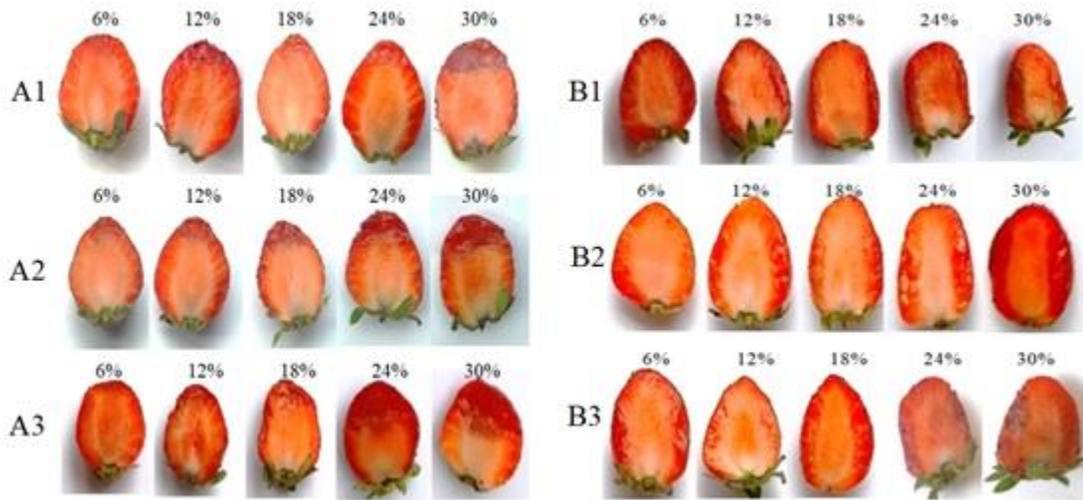
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150 **Results and Discussion**

151 *Effect of compression direction on fruit mass tissue damage*

152 Fruit compressed from the vertical direction showed less tissue mass damage when
153 compared to the horizontal direction (Fig. 2). This is thought to occur because the
154 strawberries are elliptical so that the curvature contour on the horizontal axis is much
155 greater than the vertical axis. As a result, the number of cells was compressed more on the
156 horizontal axis than on the vertical axis, so the damage on the horizontal axis is greater than
157 on the vertical axis. The results showed that the compression direction had a significant
158 effect ($P < 0.05$) on the fruit mass tissue damage.

159 Fruit mass tissue damage always occurs in areas in direct contact with the probe. The
160 mass tissue damage at the equator is always greater than that in the fruit stalk. This is
161 related to the curvature of the fruit contour at the equator, where the contact surface is
162 smaller than that of the fruit stalk. This data is in line with the results of the study reported
163 by An et al. (2020) that the percentage of fruit mass tissue damage was lower in the fruit
164 stalk compared to the mass tissue damage that was near the probe which was compressed
165 on the vertical axis.



166

167 **Fig. 2.** Fruit mass tissue damage after compression, (A1, A2, and A3) compression from
 168 the vertical direction, and (B1, B2, and B3) compression from the horizontal direction at
 169 velocities 2, 4, and 6 mm/s.

170

171 At the beginning of the loading, the outer mass tissue more quickly receives the
 172 compressive force when compressed from the vertical direction because the outer layer is
 173 close to the fruit flower. When compressed from the horizontal direction, the probe exerts a
 174 compressive force on the outer mass tissue. Therefore, when the fruit is in the plastic
 175 deformation stage during compression, the peak force is higher from the vertical than in the
 176 horizontal direction. Besides, because the strawberry is elliptical, the curvature of the fruit
 177 from the vertical is much smaller than the contour from the horizontal. This shows that
 178 strawberries are more susceptible to mass tissue damage when loading is carried out from
 179 the horizontal direction than from the vertical direction.

180

181 At the time of loading the probe is only able to compress a small portion of the mass
 network that is from the vertical direction and compress the mass network more widely

182 when loading from the horizontal direction. As a result, strawberries that experience a
183 loading force from the horizontal direction show a higher resistance than from the vertical
184 direction. These findings indicate that the percentage of tissue damage to the mass of
185 strawberries can be minimized if the fruit is arranged vertically in the package. Similar
186 results have been found by Sadrnia et al. (2008) for watermelons, Li et al. (2015) for
187 tomatoes, Perez-Lopez et al. (2014) for peaches, and Liu et al. (2019) for apples.

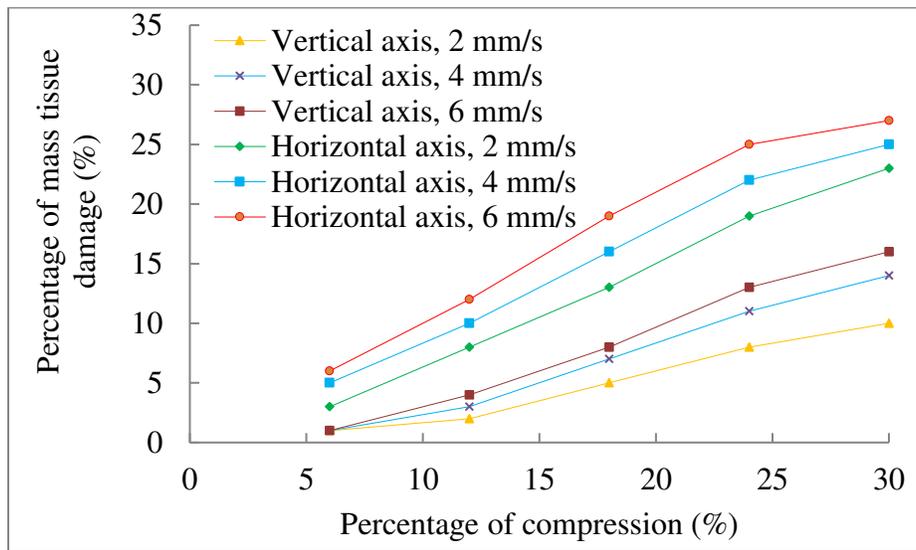
188 When the fruit is compressed, the fruit cells at the bottom of the probe experience a
189 high compression curve, while the adjacent cells experience tension or bending. The
190 direction of compression has a significant effect on tissue damage to the fruit mass. The
191 damage to the fruit mass tissue was greater in the horizontal direction than in the vertical
192 axis. Compression from the direction of the vertical axis produces a combined mechanical
193 response between the fruit structure and cell tissue mass. However, compression from the
194 direction of the horizontal axis of the mechanical response only results from the structure of
195 the fruit. The results of this study are in line with the results of the research reported by Li
196 et al. (2014) that compression from the horizontal axis only provides a mechanical response
197 from the dense biomaterial tissue mass so that the fruit cell structure becomes weak.

198 This finding is very useful because evaluating the percentage of fruit mass tissue
199 damage is tedious and challenging to produce accurate data, whereas the energy absorbed is
200 easily measured by simply a compressive test. The same thing was revealed by Miraei-
201 Ashtiani et al. (2019) that the tissue damage to fruit mass is closely related to fruit
202 mechanics which can be measured quantitatively using the parameters of the energy
203 absorbed.

204

205 3.2. Effect of compression speed on fruit mass tissue damage

206 The observational data showed that the compression rate had a significant effect on
207 the tissue damage to the fruit mass. Fruit suffers a large percentage of damage at high
208 loading speeds. Fruit compressed from the vertical axis and the horizontal axis always had
209 a greater percentage of damage at a compression speed of 6 mm/s than at 4 and 2 mm/s
210 (Fig. 3).



211
212 **Fig. 3.** Percentage curve of fruit mass tissue damage at the compression rate of 2, 4, and 6
213 mm/s.

214
215 The results of the analysis of variance show that the F-count value (78.088) is greater
216 than the F-crit value (2.776) (Table 1). This means that there is a significant effect ($P < 0.05$)
217 of compression speed on the damage to fruit mass tissue. When the fruit is compressed
218 from the direction of the vertical or horizontal axis, the damage to the fruit tissue at a
219 compression rate of 6 mm/s is always greater than that of 4 and 2 mm/s. This is presumably
220 because when the fruit is compressed, the mass tissue of the fruit experiences a volume

221 reduction in a short and fast time. Consequently, the fruit provides a high defensive force to
 222 the probe because the impulses applied are the same for all compression rates of 2, 4, and 6
 223 mm/s.

224 Table 1. Analysis of variance on the effect of compression speed on fruit mass tissue
 225 damage.

Source of Variation	SS	df	MS	F	P-value	F-crit
Rows	1424.171	4	356.043	78.088	2.115E-13	2.776
Columns	830	6	138.333	30.339	4.523E-10	2.508
Error	109.429	24	4.560			
Total	2363.600	34				

226

227 Another thing that needs to be expressed is that the strawberry fruit is elliptical, so
 228 when compressed at high speed, the compressed fruit cells get bigger (Fig. 3). The
 229 percentage of damage gradually increases with increasing compression speed. The
 230 phenomenon of increasing the percentage of fruit mass tissue damage is similar to the
 231 results of studies reported by Kohyama et al. (2013) that the tissue mass of strawberries
 232 when compressed at high speed always shows large tissue damage. The tissue damage to
 233 the mass of strawberries compressed at high speed was greater than that compressed at low
 234 speed (Singh et al., 2014). Therefore, the process of distributing fruit from agricultural land
 235 to markets needs to be done carefully to avoid collisions. Based on these results, it is
 236 necessary to consider the compression load threshold to maintain the quality of the fruit
 237 during post-harvest handling, packaging, and transportation.

238

239 *Effect of compressibility level on fruit mass tissue damage*

240 The research data showed that the compressibility level had a significant effect
 241 ($P < 0.05$) on the percentage of fruit mass tissue damage (Fig. 3). At the beginning of
 242 compression, the percentage of fruit mass tissue damage increases rapidly then decreases
 243 slowly. The percentage of fruit mass tissue damage that is in direct contact with the surface
 244 of the probe contact area increases gradually during loading before permanent tissue
 245 damage occurs. Likewise, the number of compressed cells increases gradually, and in the
 246 end, the fruit undergoes 3 phases of deformation, namely elastic, plastic, and permanent
 247 mass tissue damage.

248 Based on the analysis of variance, it is known that the F-count value (450.571) is
 249 greater than the F-Crit value (3.838) (Table 2). This shows that the fruit has different cell
 250 structures due to the different physical characteristics of the fruit with different loading
 251 directions. This phenomenon is important as the basis for determining the fruit transport
 252 design model.

253 Table 2. Analysis of the variance of the effect of the compressibility level on the damage to
 254 fruit mass tissue.

Source of Variation	SS	df	MS	F	P-value	F crit
Rows	841.067	4	210.267	450.571	1.911E-09	3.838
Columns	52.933	6	26.467	56.714	1.882E-05	4.459
Error	3.733	24	4.467			
Total	897.733	34				

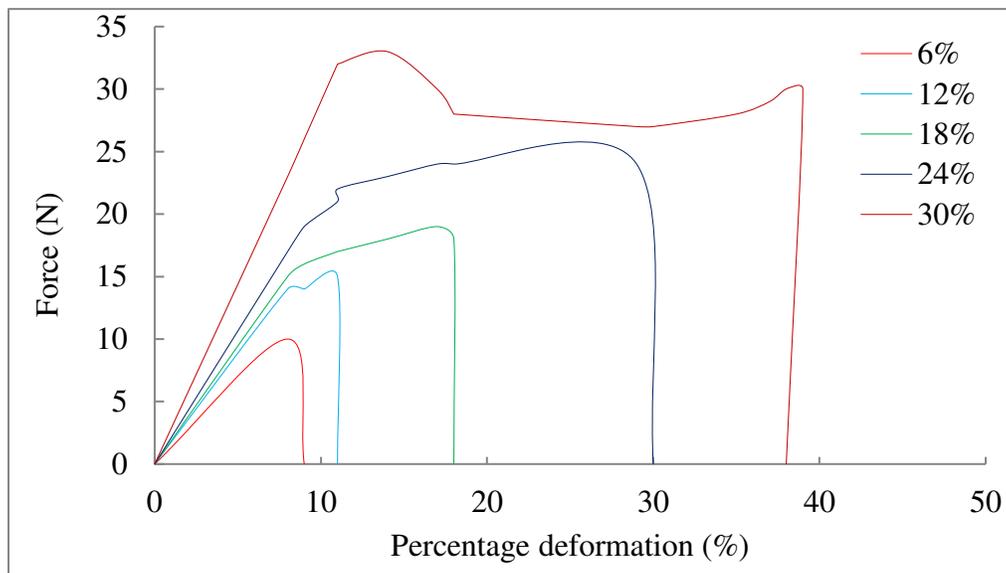
255
 256 Collisions always occur during postharvest handling and transportation because the
 257 fruit at the bottom of the container can be subjected to additional compressive forces from
 258 the container. Fruit mass tissue damage can occur if the compressive force exceeds the

259 threshold strength of the fruit mass tissue. Due to its viscoelastic nature, the mass tissue of
260 the fruit can be damaged even with the slightest impact but occurs repeatedly (Link et al.,
261 2018). The compression movement that occurs repeatedly consists of 2 models, namely
262 compression between fruit and fruit and compression from solid to fruit.

263

264 *Strawberry fruit deformation*

265 The research data show that during compression, there is deformation and the surface
266 contact area increases with increasing compression force (Fig. 4). This phenomenon can be
267 illustrated using a circular contact plane theory approach, where the size of the contact area
268 is smaller than the radius of the contact surface so that the contact surface area is elliptical.
269 Jahanbakhshi et. al. (2018) have explained that contact plane theory can be used to predict
270 the collision behavior between 2 round pieces during compression, but it is difficult to
271 measure and validate the compressive forces and fruit deformations that occur during
272 compression.



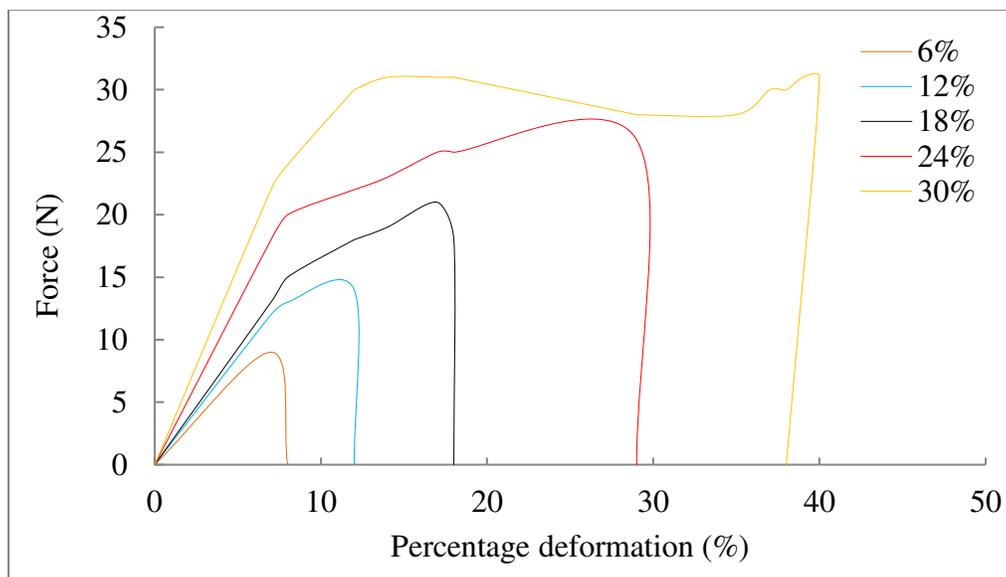
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274 **Fig. 4.** Deformation curve of the compressed strawberry fruit from the vertical axis at
275 different speeds and compressibility levels.

276

277 The compressibility level was 6%, the deformation curve was close to linear and no
278 brown color appeared on the longitudinal equatorial part of the fruit at any load (Fig. 5).
279 This shows that the compressibility level is 6% as the elastic deformation limit for
280 compression in the direction of the vertical axis with velocities of 2, 4, and 6 mm/s. Before
281 the inflection point, the deformation curve looks linear. After the inflection point is
282 reached, the deformation percentage no longer increases, although the loading force tends
283 to increase. However, the percentage of brown color in the longitudinal equatorial portion
284 of each sample increased very rapidly with increasing fruit deformation.

285



286

287 **Fig. 5.** Deformation curve of strawberry which is compressed from the horizontal axis at
288 different speeds and compressibility levels.

289

290 Fig. 5 shows the deformation curve of a strawberry fruit compressed from the
291 horizontal axis at different speeds and degrees of compressibility having a similar pattern to
292 the compressed sample from the vertical axis, where the deformation of 6% is considered
293 the elastic deformation limit. The inflection point is seen at a compression speed of 2 mm/s
294 and a compressibility level of 6%. The point of this curve is the limit of the plastic
295 deformation susceptibility of the sample to the load from the horizontal axis.

296 The compressibility level of 24% is the limit of the percentage of plastic deformation
297 that causes damage to the inner tissue of the fruit when compressed from the horizontal axis
298 at speeds of 2, 4, and 6 mm/s. When the compressibility level is more than 24% at a
299 compression speed of 2 mm/s or 30% at a compression speed of 6 mm/s, the percentage of
300 fruit brown increases with the increasing percentage of deformation. In contrast, the
301 percentage of brown color decreases at the longitudinal equator when the compressibility is
302 less than 24% at a compression rate of 2 mm/s or 30% at a compression rate of 6 mm/s. The
303 same study had reported by Braun and Ivanez (2020) that the difference in outcome
304 between cell sizes was more pronounced at a 10% damage percentage. However, the
305 difference between the three cell sizes shows a variation of not more than 6% and the
306 highest percentage of damage was around 50%.

307 During compression, the fruit undergoes 3 phases of deformation, namely elastic,
308 plastic, and permanent mass tissue damage. In the elastic deformation phase, the fruit has
309 not been damaged. As the compression time increases, permanent mass tissue damage
310 begins to occur. In this phase, the fruit cells begin to break and break down on the skin,
311 causing damage to the fruit structure.

312

313 **Conclusions**

314 Strawberry fruit undergoes three stages of deformation during compression, namely
315 elastic deformation, plasticity, and permanent damage to tissue mass. The amount of energy
316 absorbed depends on the direction of the axis and the speed of compression, whereas the
317 percentage of mass damaged depends only on the direction of the compression axis. Fruit
318 mass tissue damage is greater when compressed from the horizontal axis than the vertical
319 axis. Compression from the direction of the vertical axis produces a combined mechanical
320 response between the fruit structure and cell tissue mass. However, on the horizontal axis,
321 the mechanical response results only from the fruit structure.

322 The outer mass tissue of a strawberry is more susceptible to damage than the deep
323 mass tissue. Therefore, the post-harvest handling process from agricultural land to the
324 hands of consumers requires gentle handling to maintain fruit quality. The percentage of
325 mass tissue damage of strawberries can be minimized if arranged vertically in the package.
326 The percentage of fruit mass tissue damage obtained from this study can be used to predict
327 changes in fruit volume non-destructively. These findings provide the information needed
328 to develop more efficient and effective packaging methods.

329

330 **Availability of data and materials**

331 The dataset used and/or analyzed from this study will be provided upon request.

332

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471 **Conflict of Interest**

472 The authors declare that they have not a conflict of interest that could have appeared
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474

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480 **Contributions**

481 AS and MR conducted the research. SW and LI analyzed the data. SW and LI compiled

482 designed experiments and edited manuscripts. AS and MR wrote the draft manuscript. All

483 authors contributed to writing, correcting, and reviewing the final manuscript. All authors

484 read and approved the final manuscript.

485 **Ethics declarations:**

486 Ethics approval and consent to participate

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488

489 Consent for publication

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491

492 Competing interests

493 The authors claim that they have no competing interests.

494

Figures

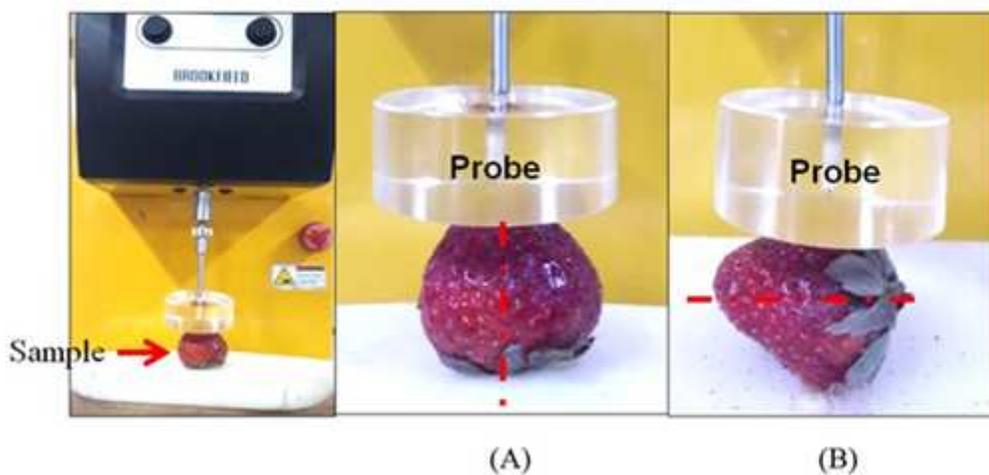


Figure 1

Strawberry fruit deformation test, (A) compression from vertical axis direction, and (B) compression from horizontal axis direction.

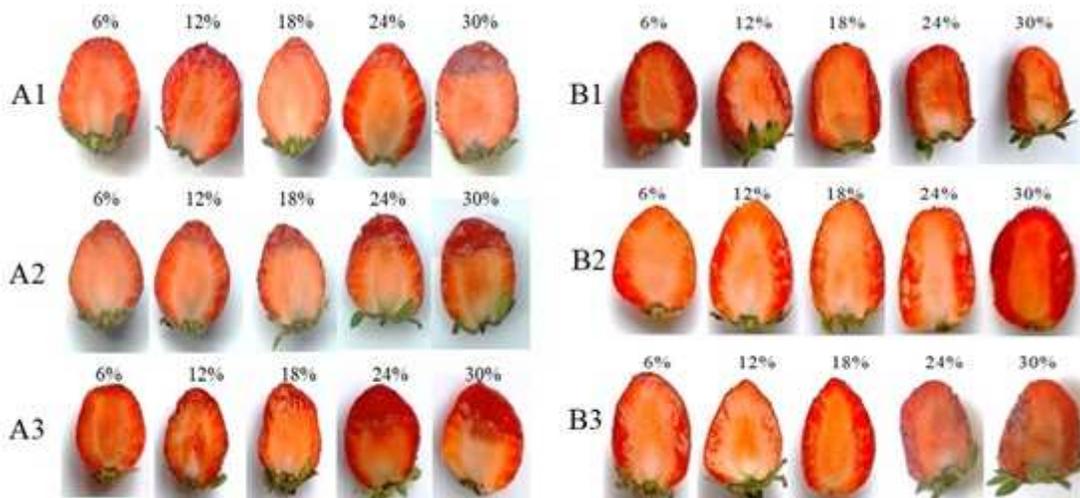


Figure 2

Fruit mass tissue damage after compression, (A1, A2, and A3) compression from the vertical direction, and (B1, B2, and B3) compression from the horizontal direction at velocities 2, 4, and 6 mm/s.

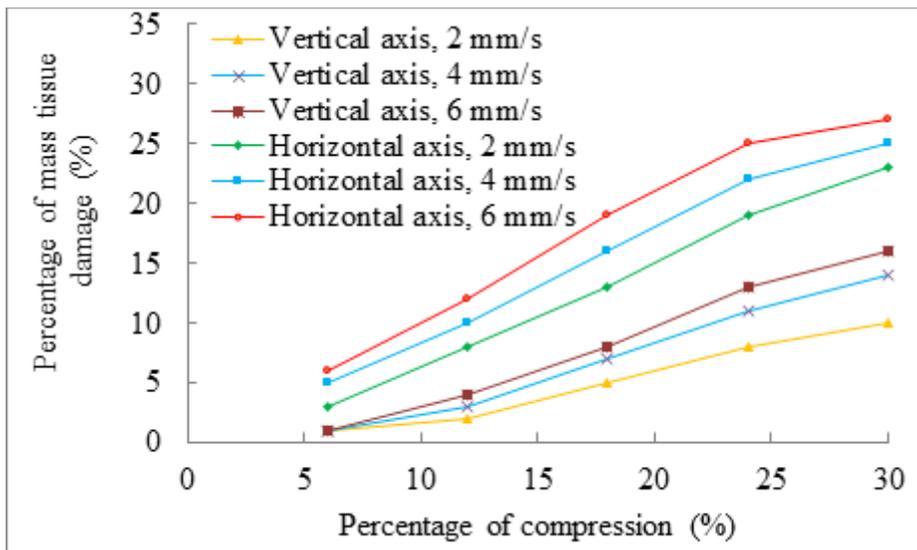


Figure 3

Percentage curve of fruit mass tissue damage at the compression rate of 2, 4, and 6 mm/s.

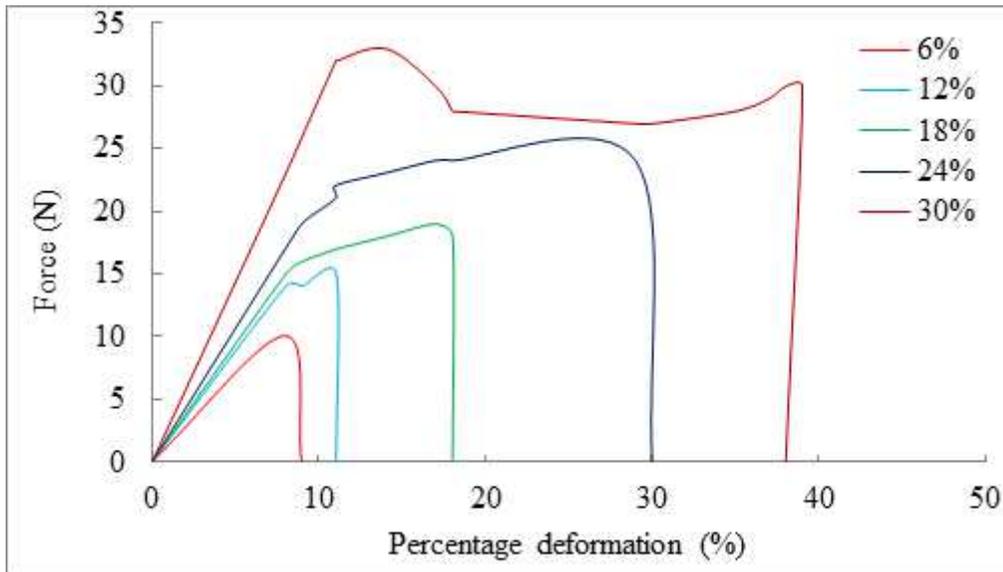


Figure 4

Deformation curve of the compressed strawberry fruit from the vertical axis at different speeds and compressibility levels.

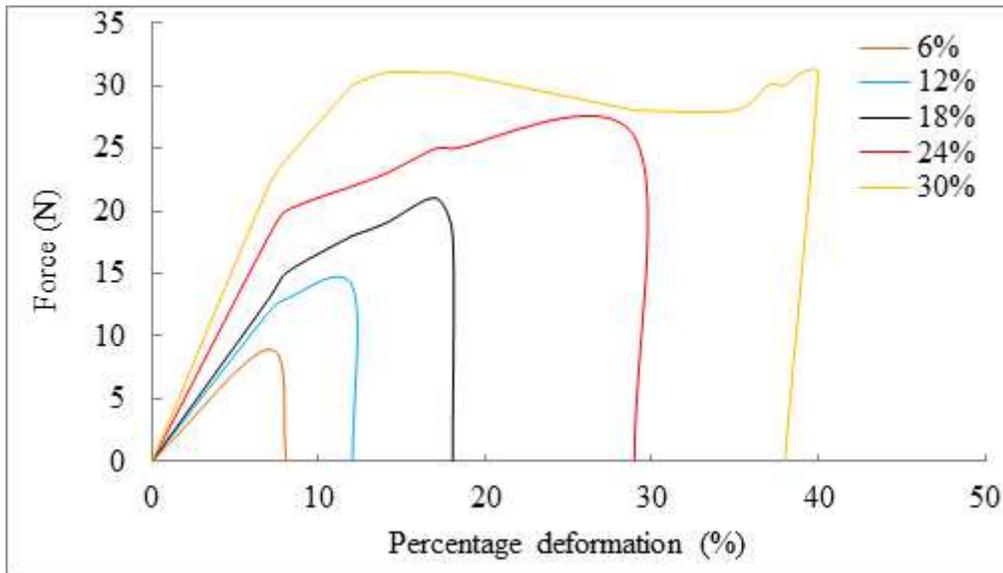


Figure 5

Deformation curve of strawberry which is compressed from the horizontal axis at different speeds and compressibility levels.

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