

Aqueous enzymatic extraction of palm kernel oil

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Research

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1 **Aqueous enzymatic extraction of palm kernel oil**

2

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18

19 **Abstract**

20

21 Inexpensive enzyme with high hydrolytic activity is required to bring the aqueous
22 enzymatic extraction (AEE) of seed / biomass oil into commercialization. In this study
23 a commercial digestive drug which is mainly composed of amylase and protease
24 enzymes has been applied to extract the palm kernel oil. A single factor experiment
25 evaluated the effect of the ratio palm kernel to water, concentration of digestive drug
26 used, pH, incubation time and temperature on extraction efficiency, free fatty acid
27 (FFA) content and lipid profile in form of monoglyceride, diglyceride and triglyceride.
28 A significant effect was observed for all the parameters and the highest extraction
29 efficiency of 96% with FFA content less than 0.68% was observed in the incubation
30 condition of 1:5 ratio palm kernel to water, 9% w/w of digestive drug, pH of 9, 90 min
31 of incubation time at 45°C. Green metrics assesment confirmed that the AEE
32 process is more green process than the soxhlet method. In comparison with other
33 existing extraction methods, the AEE showed better extraction efficiency against the
34 screw press and supercritical carbon dioxide methods.

35

36 **Keywords:** digestive drug, palm kernel, lipid profile, green metric.

37

38 1. Introduction

39 The world vegetable oil consumption has increased 2.3% per annum during
40 the past two decades of 21st century, with China and Brazil as the highest
41 consumers at 30 and 24 kg/capita. Consumption is predicted to continue to
42 rise by 0.9% in the coming years (OECD et al. 2020). Currently mechanical
43 pressing and solvent based extraction methods were used in the oil industry
44 (Cheng and Rosentrater 2017). Hexane is the most popular extraction solvent
45 due to its high extraction yield and low cost (Cheng and Rosentrater 2017).
46 However, hexane is toxic, flammable and classified as a pollutant (Potrich et
47 al. 2020; Toda et al. 2016). Therefore, greener extraction processes have
48 been developed recently using green solvents such as carbon dioxide,
49 ethanol, ethyl acetate, etc (He et al. 2020; Dal Prá et al. 2018; Castejón et al.
50 2018; Castro-Puyana et al. 2017; Toda et al. 2016). The carbon dioxide
51 extraction process is usually conducted in a supercritical condition to produce
52 a good yield and pure oil (Costa et al. 2019; Mouahid et al. 2018). Even
53 though the polar solvents could not dissolve oil, some researchers have
54 confirmed the oil could be extracted with a comparable yield using a polar
55 solvent (de Oliveira et al. 2013; de Jesus et al. 2019; Kumar et al. 2017). For
56 example, Castejón *et al* found that ethanol could extract more oil from *Echium*
57 *plantagineum* L seeds than hexane assisted by ultrasound particularly at 55°C
58 (Castejón et al. 2018). However, those green processes required a high
59 temperature and pressure in a prolonged reaction time and consume a lot of
60 solvent (de Jesus et al. 2019; Sitepu et al. 2020).

61
62 Another green extraction process was using enzyme in aqueous environment.
63 The extraction efficiency of AEE on some oilseeds materials such as soybean,
64 peanut, sesame, and *Moringa oleifera*, as well as shrimp by-product has been
65 reported as higher (Liu et al. 2020; Wenwei et al. 2019; Mat Yusoff et al. 2016;
66 Mat Yusoff et al. 2015; Latif and Anwar 2011). Enzymes could hydrolyze the
67 cell wall of oil bearing materials releasing oil to the system (Liu et al. 2020; Mat
68 Yusoff et al. 2016; Mat Yusoff et al. 2015; Li et al. 2011; Latif and Anwar
69 2011). The use of enzyme in an AEE process has some advantages including
70 being environmentally friendly, inexpensive because of the use of water as

71 solvent, easy to separate, and finally, having better appearance and taste of
72 the oil product (Mat Yusoff et al. 2015). Moreover, valuable materials
73 contained in the residue such as protein and carbohydrate could be used for
74 other food purposes (Wenwei et al. 2019). Latif and Anwar concluded that the
75 protein which is also extracted in the AEE process has better quality and could
76 be used for human consumption (Latif and Anwar 2011). In addition the
77 degumming oil process which is energy intensive (Yao et al. 2020) has been
78 simultaneously processed in AEE as water dissolves the phospholipid (Zhao
79 et al. 2020; Teixeira et al. 2013).

80

81 The compounds composed in the cell walls affect the choice of enzyme type
82 and or its combination (Mat Yusoff et al. 2015). The extracted soybean oil was
83 observed to increase when using Alcalase, endo-protease enzyme, while the
84 extracted oil was decreased when using cellulase enzyme (Jung and Mahfuz
85 2009; Lamsal et al. 2006). Indeed the rapeseed cell walls were easier to break
86 by pectinase than other types of enzymes, which proved that the main
87 component of their cell walls is pectin (Zhang et al. 2007). Some oilseed cell
88 walls required a mixture of enzyme to disrupt. For example sunflower oil
89 increased significantly when using Viscozyme to rupture the cell walls (Latif
90 and Anwar 2009) and a similar effect was also observed on the AEE of bush
91 mango kernel flour (Womani et al. 2008). Long *et al* obtained a high oil yield of
92 flaxseed when using a combination of cellulase, pectinase and hemicellulase
93 in same ratio as the enzyme itself (Long et al. 2011). However, enzyme is
94 expensive and requires a significant amount to hydrolyze the cell walls for oil
95 extraction. Yusoff *et al* reported that more than 1% of enzyme based on the
96 weight of oil extracted, was needed to proceed the hydrolysis reaction, which
97 therefore raising the production cost (Mat Yusoff et al. 2015).

98

99 An immobilization enzyme for the AEE process has been developed to
100 overcome the cost issue. The main advantage of using an immobilized
101 enzyme is the possibility of using it several times without losing its activity
102 (Wan et al. 2008; Santos et al. 2020). Long *et al* have successfully
103 immobilized a mixture of cellulase, pectinase and hemicellulase onto alginate-
104 glutaraldehyde matrix to hydrolyze cell walls of flaxseed. Results showed that

105 the enzyme could be reused and lowering the production cost (Long et al.
106 2011). However, the result of enzyme reusability has not been cleared yet.
107 Other researchers observed that papain enzyme could be used several times
108 in the AEE of Sacha inchi seed oil with only a slight decrease in the oil yield. It
109 was suggested to add more enzymes to hold the hydrolytic activity same as
110 the first stage (Nguyen et al. 2020). Therefore, finding a low cost enzyme is
111 necessary to enable implementation of the AEE process on an industrial scale.

112

113 The pancreatin drug which contained a mixture of enzyme lipase, amylase and
114 protease has been used worldwide to repair human digestion (Lebenthal et al. 1994).
115 Many manufacturers have produced the pancreatin drug with different brand names
116 and doses of enzymes (Drugbank 2005). This drug opens the possibility of use in the
117 AEE process. To the best of our knowledge, no literatures have been reported the
118 utilization of a digestive drug as an enzyme source for the AEE process. Therefore,
119 this present study aimed to extract palm kernel oil using a mixture of the enzymes
120 contained in pancreatin drug in an aqueous system. The single effect of the palm
121 kernel : water ratio, pH, temperature, incubation time, and the concentration of
122 digestive drug used was studied in order to achieve the optimized condition. The
123 yields of extracted oil, FFA content, and lipid composition (monoglyceride (MG),
124 diglyceride (DG) and triglyceride (TG)) were determined. Also, the reusability of the
125 enzymes was measured. Finally the green chemistry metrics were calculated to
126 determine how green the AEE process is.

127

128 **2. Materials and methods**

129 *2.1. Materials*

130 The palm kernel was collected from a local palm oil processing plant in Medan,
131 Sumatera Utara – Indonesia. All chemicals were purchased from a local chemicals
132 distributor and were used without pre-treatment. The digestive drug (brand name
133 Vitazym) used in this study contains Amylase 10,000 IU, protease 9,000 IU, lipase
134 240 IU, DHA 30 mg, simeticone 25 mg, vit B₁ 10 mg, vit B₂ 5 mg, vit B₆ 5 mg, vit B₁₂
135 5 mcg, niacinamide 10 mg, Ca pantothenate 5 mg (MIMS 2020) and was bought
136 from local pharmacies.

137

138

139 *2.2. Oil extraction using soxhlet method*

140 The traditional extraction soxhlet method was used to determine the quantity of palm
141 kernel oil and the result was compared with the AEE. The procedure we followed for
142 the soxhlet extraction has been reported elsewhere (Al-Hamamre et al. 2012;
143 Tarigan et al. 2019). About 20 g of grounded palm kernel was extracted in the
144 soxhlet apparatus using hexane as an extracting agent under reflux condition for 30
145 minutes. The oil was collected and weighed after solvent evaporation and stored in a
146 desiccator for gas chromatography (GC) analysis.

147

148 *2.3. Aqueous enzyme extraction of palm kernel*

149 The ground palm kernel seeds were mixed with water at investigated ratio ranging
150 from 1:3 – 1:7 (w/v) and the digestive drugs was added according to explored
151 concentration (% , w/w). Next, the pH was adjusted with NaOH or HCl following
152 investigated value and incubated in the shaking incubator (Vision model VS8480SN)
153 at an appropriate temperature and time. The oils were separated from water and
154 residue using centrifuge running at 8000 rpm for 5 minutes and was stored in a
155 desiccator for analysis. The acid value was determined by the standard titration
156 method following ASTM D664. The AEE oil yield was calculated following equation
157 1. The extraction efficiency was measured based on the comparison between AEE
158 and soxhlet oil yield.

159
$$Yield_{AEE} = \frac{W_{AEE}}{W_{palm\ kernel}} \quad (1)$$

160
$$Extraction\ Efficiency\ (\%) = \frac{Yield_{AEE}}{Yield_{Soxhlet}} \times 100\% \quad (2)$$

161 where W_{AEE} is the weight of AEE oil extracted and $W_{palm\ kernel}$ is the weight of palm
162 kernel used.

163

164 *2.4. Lipid content and fatty acid profile analysis*

165 The lipid profile i.e. monoglyceride, diglyceride and triglyceride containing in each
166 palm kernel oil extracted was determined using gas chromatography. A 1 μ L of
167 sample was injected to GC Shimadzu type 2010 equipped with a capillary column
168 (length 15 m ID 0.25 mm) and a flame ionization detector with temperature set to
169 370°C. The carrier gas was helium with a constant delivered flow of 30 mL/min and
170 both the injection port and detector temperature was set to 370 °C.

171 *2.5. Green metrics calculation*

172 In order to determine how green the AEE process is, the green metrics equations
173 were adopted from previous published report (Sheldon 2018) and used to calculate
174 the environment impact of this study.

175
$$E - factor = \frac{Total\ mass\ of\ waste}{Mass\ of\ oil\ extracted} \quad (3)$$

176
$$Process\ mass\ intensification = \frac{Total\ mass\ in\ process}{Mass\ of\ oil\ extracted} \quad (4)$$

177
$$Solvent\ Intensity = \frac{Mass\ of\ solvents}{Mass\ of\ oil\ extracted} \quad (5)$$

178
$$Waste\ water\ intensity = \frac{Mass\ of\ process\ water}{Mass\ of\ oil\ extracted} \quad (6)$$

179
$$Effective\ mass\ yield = \frac{Mass\ of\ oil\ extracted}{Mass\ of\ hazardous\ reactants} \quad (7)$$

180

181 *2.5. Statistical analysis*

182 The significant effect of the ratio of palm kernel to water, pH, temperature, incubation
183 time, and concentration of digestive drug used to the independent parameters such
184 as extraction efficiency, free fatty acid content and lipid composition as MG, DG and
185 TG were statistically analysed using Statistica v13.3 software at significance level set
186 to $\alpha = 0.05$. The results are expressed as mean \pm SD. One way analysis of variance
187 (ANOVA) was used to compare the means.

188

189 **3. Results and discussion**

190 The traditional soxhlet method was used to determine the quantity of oil contained in
191 palm kernel. The oil extracted was 39.8 ± 3.04 % which is in the range of reported oil
192 content in palm kernel (Costa et al. 2019; Tarigan et al. 2017) and the acid value
193 was 1.01 ± 0.22 mg/g KOH. The oil dominated by saturated fatty acid was 82.52%
194 while monounsaturated and polyunsaturated fatty acids were 15.34% and 2.14%,
195 respectively. Table 1 presents the fatty acid profile of palm kernel oil with lauric acid
196 as the main component dominating more than half.

197

198

199

200

201

202 Table 1. Fatty acids profile of palm kernel oil

Fatty Acid		Concentration (g/100 g)	Percentage
C _{6:0}	Caproic	0.05	0.12
C _{8:0}	Caprylic	0.94	2.36
C _{10:0}	Capric	1.10	2.77
C _{12:0}	Lauric	20.32	51.07
C _{14:0}	Myristic	6.54	16.43
C _{16:0}	Palmitic	3.15	7.92
C _{18:0}	Stearic	0.71	1.78
C _{20:0}	Arachidic	0.03	0.08
C _{18:1}	Oleic	6.11	15.34
C _{18:2}	Linoleic	0.82	2.05
C _{20:1}	Gondoic	0.03	0.07
Total fatty acids		39.8	
Saturated		32.84	82.52
Monounsaturated		6.11	15.34
Polyunsaturated		0.85	2.14

203

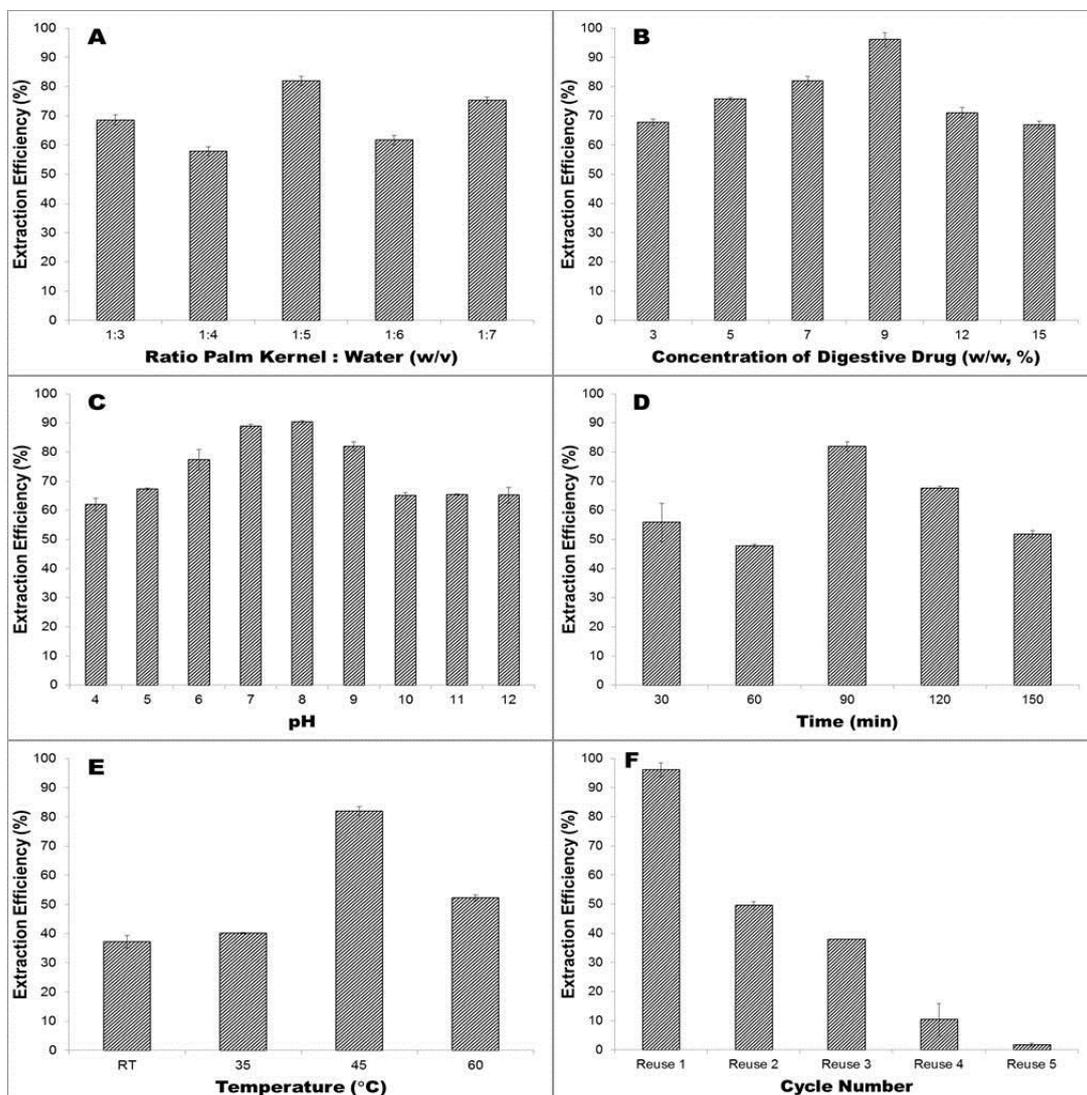
204 *3.1. Effect of ratio palm kernel : water*

205 The amount of solvent use to extract oil is important as it affects the oil extracted
 206 quantity and the following procedure for oil-solvent separation (Halim et al. 2012).
 207 Zakaria and Harvey explained that, based on Fick's law of diffusion, increasing the
 208 volume of solvent will increase the quantity of oil extracted (Zakaria and Harvey
 209 2012). Therefore, in this study the effect of the ratio of palm kernel to water on the
 210 AEE intensified extraction efficiency. The FFA content and lipid profile were
 211 investigated at ratio of 1:3 to 1:7 (w/v) with pH of 9, concentration of digestive drug of
 212 7% w/w, incubation time of 90 min and temperature of 45°C. A ratio below than 1:3 is
 213 inadequate to immerse the palm kernel seeds. Even though water cannot dissolve
 214 lipids, as they have different polarity, the seed to water ratio had a significant effect
 215 on all the measured variables. The extraction efficiency ranging from 57.91 ± 1.60%
 216 to 82.04 ± 1.60% with ratio of 1:5 was the highest, as shown in Fig. 1A. This result
 217 supports the previously published results which concluded that insufficient water
 218 volume prevents the enzyme from penetrating the cell wall while an excess of water

219 volume decreases the contact of the enzyme and substrate causing low yield (Zhang
 220 et al. 2007; Mat Yusoff et al. 2015). The FFA content of the palm oil extracted ranged
 221 from $0.39 \pm 0.03\%$ to $0.66 \pm 0.03\%$.

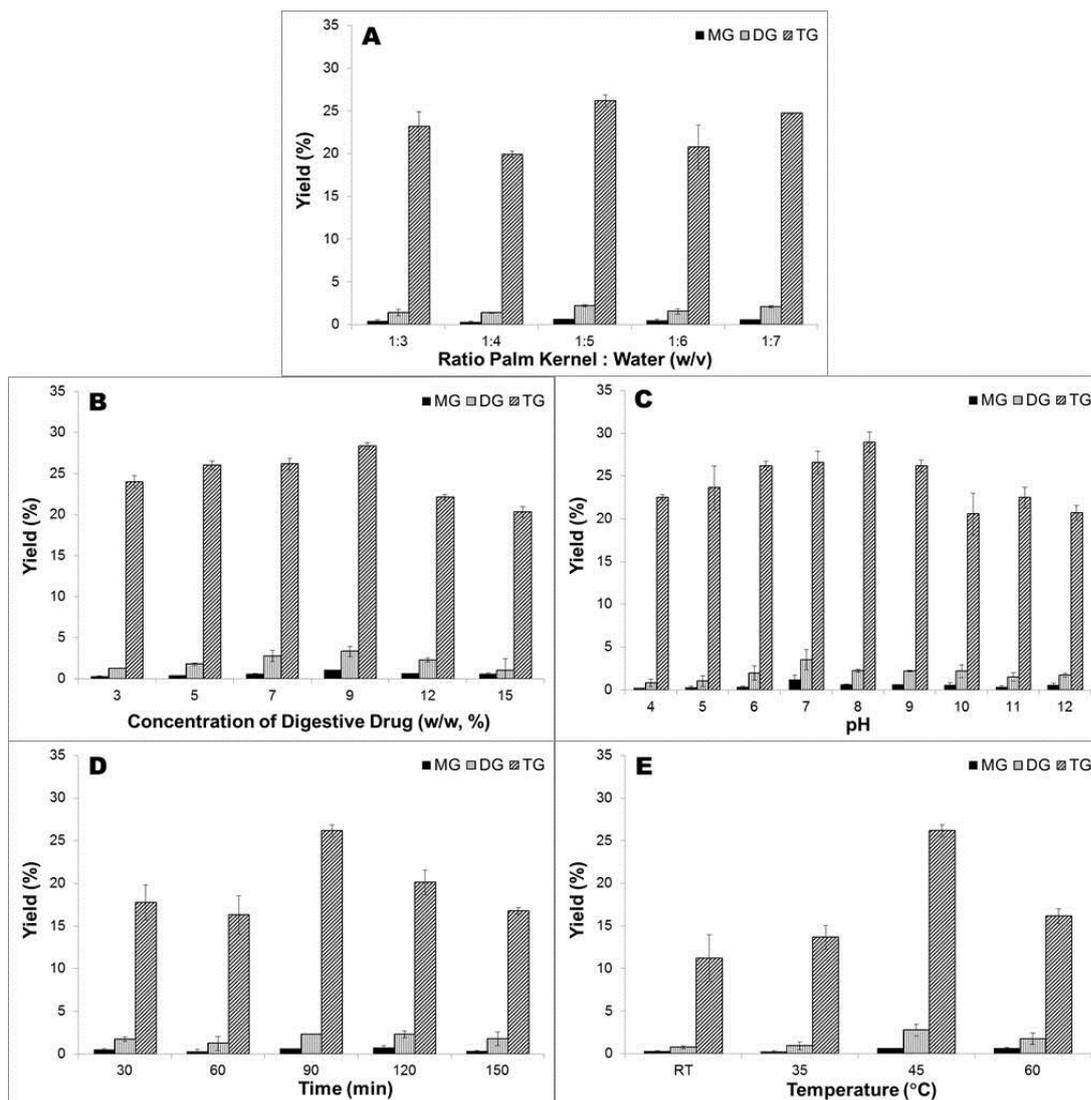
222

223 Water had a significant effect on MG, DG and TG content with the yield ranging from
 224 $0.35 \pm 0.29\%$ to $0.60 \pm 0.62\%$, $1.37 \pm 0.02\%$ to $2.19 \pm 0.13\%$ and 19.91 ± 0.37 to
 225 $26.16 \pm 0.70\%$, respectively. As shown in Fig. 2 the highest yield of MG was
 226 obtained using ratio of 1:6, while for DG occurred in a ratio of 1:5, and TG had
 227 maximum yield when the ratio of 1:4 was applied. The average yield of MG, DG, and
 228 TG in this study was 0.47, 1.17, and 22.94%, respectively.



229

230 **Fig. 1** The effect of (A) ratio palm kernel to water; (B) concentration of digestive
 231 drug; (C) pH; (D) incubation time; (E) temperature and (F) reusability of digestive
 232 drug on extraction efficiency of AEE intensified.



233

234 **Fig. 2** The effect of (A) ratio palm kernel to water; (B) weight of digestive drug; (C)
 235 pH; (D) incubation time and (E) temperature on MG, DG and TG yield of AEE
 236 intensified.

237

238 3.2. Effect of concentration of digestive drug

239 Finding a significant concentration of enzyme in AEE is critical as it affects the
 240 hydrolysis of cell walls releasing oil to the environment. Hence the effect of the
 241 concentration of the digestive drug used in this study was investigated at six different
 242 concentration (3, 5, 7, 9, 12 and 15% w/w) in reaction condition: ratio of palm kernel :
 243 water of 1:5, pH of 9, temperature of 45°C and at 90 min incubation time. As
 244 observed, the average extraction efficiency of 76.63% occurred for all the weights of
 245 the digestive drug used. The ANOVA test revealed that the concentration of
 246 digestive enzyme had significant effect on the extraction efficiency and free fatty acid

247 content. The highest extraction efficiency occurring at the weight of 9% w/w was
248 $96.11 \pm 2.31\%$. Figure 1B shows that the pattern of this parameter is in agreement
249 with some published results, which supports the conclusion that the extraction
250 efficiency increased to reach the maximum levels and decreased when increasing
251 the concentration of enzyme used (Zúñiga et al. 2003; Jiang et al. 2010; Mat Yusoff
252 et al. 2015; Mat Yusoff et al. 2016). This was presumably due to the increasing
253 saturation of substrate rendering less contact of enzyme to cell walls (Jiang et al.
254 2010).

255

256 The same trend has obtained for the effect of the weight of digestive drug to MG, DG
257 or TG yield (Fig. 2B). The yield of each lipid profile climbed to reach $1.05 \pm 0.04\%$,
258 $3.34 \pm 0.61\%$, and $28.37 \pm 0.41\%$, respectively, and then dropped to $0.30 \pm 0.07\%$,
259 $1.01 \pm 1.42\%$ and $20.29 \pm 0.67\%$, respectively. Therefore, the univariate test
260 identified a significant effect of the concentration of drug used to lipid profile.

261

262 3.3. Effect of pH

263 The effect of pH on extraction efficiency, FFA content and lipid profile were
264 determined based on different pH values from 4 to 12 with an increment of 1 value.
265 There were significant effects for all independent parameters. Furthermore, the Post-
266 hoc Tukey test analysis determined that the significance occurring in extraction
267 efficiency was driven by high efficiency of $>70\%$ at pH of 6 to 9, achieving extraction
268 efficiencies of $77.39 \pm 3.55\%$, $88.94 \pm 0.71\%$, $90.23 \pm 0.53\%$, and $82.04 \pm 1.60\%$,
269 respectively. In contrast, the significance of FFA content was forced by pH of 6, 10,
270 and 12 with percentage of $0.76 \pm 0.02\%$, $0.62 \pm 0.07\%$ and $0.57 \pm 0.01\%$,
271 respectively.

272

273 The average extraction efficiency for this parameter was 73.76% with the highest
274 occurring at pH 8 (Fig. 1C). The FFA content ranged from $0.26 \pm 0.01\%$ to $0.76 \pm$
275 0.02% which is lower than the minimum standard allowed for biodiesel production
276 (Britton and Raston 2015). The highest yield of MG was extracted using pH 7 with
277 $1.19 \pm 0.51\%$, while DG yielded of $3.53 \pm 1.17\%$ at the same pH. The maximum yield
278 of TG was obtained using pH 8 with valued at $28.96 \pm 1.16\%$.

279

280

281 *3.4 Effect of incubation time*

282 Another important variable that could affect the extracted oil yield is incubation time.
283 Hence five different incubation times were studied starting from 30 min to 150 min
284 using the ratio of palm kernel to water of 1:5, 7% w/w of weight of the digestive drug,
285 a temperature of 45°C and a pH of 9. As shown in Figure 1D, incubation time had
286 significant effect against extraction efficiencies and FFA content. The average
287 extraction efficiencies are 61.06%, ranging from $47.86 \pm 0.53\%$ to $82.04 \pm 1.60\%$.
288 Prolonged incubation time observed did not increase the yield. This becomes
289 constant indicating that the solubility of oils is saturated or the limitation of active
290 enzymes. Contrary to expectations, this result does not support the previous
291 research. Some studies showed that addition incubation time could increase the oil
292 yield (Jiang et al. 2010; Rui et al. 2009). However, the rate of increase was not
293 economic and the quality of oil also decreased. Furthermore, increasing the
294 incubation time increased the difficulty in oil purification (Liu et al. 2016). A main
295 significant effect was detected for an incubation time of 90 min that yielded the
296 highest extraction efficiency. In contrast, the significant effect for FFA content was
297 driven by an incubation time of 150 min that produced the highest percentage (0.97
298 $\pm 0.01\%$).

299
300 Incubation time had a significant effect on the MG, DG and TG (Fig. 2D). Extraction
301 of MG, DG, and TG was significantly lower at the incubation time of 60 min achieving
302 yields of $0.28 \pm 0.31\%$, 1.24 ± 0.82 and $16.31 \pm 2.26\%$, respectively. In contrast,
303 highest extractions of MG and DG were obtained at the incubation time of 120 min
304 giving yields of $0.72 \pm 0.26\%$ and $2.29 \pm 0.40\%$, while the maximum yield for TG of
305 $26.16 \pm 0.70\%$ occurred at incubation time of 90 min.

307 *3.5. Effect of temperature*

308 Recent evidence suggested that the high hydrolytic activity of enzymes on
309 AEE intensifies the process at a temperature range of 40°C - 55°C (Mat Yusoff
310 et al. 2015; Rui et al. 2009). However, considering production cost, low
311 incubation temperature is preferable, as maintaining thermal conditions in
312 prolonged reaction time is cost intensive. Therefore, the effect of temperature
313 in this study was investigated ranging from room temperature to 60°C.

314 A significant effect was observed in this parameter for extraction efficiency and FFA
315 content. This was mainly driven by high extraction efficiency at a temperature of
316 45°C, while FFA content was significantly influenced by high concentration of $0.73 \pm$
317 0.08% at a temperature of 60°C. The average extraction efficiency was 51.93%
318 ranging from $37.19 \pm 2.13\%$ to $82.04 \pm 1.60\%$ (Fig. 1E). The FFA content was
319 observed to increase in the increasing incubation temperature. This result supports
320 previous research as mentioned above. Average extraction yield of MG, DG and TG
321 for the effect of temperature was 0.44%, 1.55% and 16.52%, respectively. The
322 highest MG concentration of $0.65 \pm 0.09\%$ was observed at a temperature of 60°C,
323 while DG and TG had highest yield at 45°C of $2.78 \pm 0.70\%$ and $26.17 \pm 0.70\%$,
324 respectively.

325

326 *3.6. Reusability of the digestive drug*

327 One factor for reducing production cost in enzymatic method is reusing the
328 enzyme (Santos et al. 2020). To assess the reusability of the enzymes
329 contained in a digestive drug, the incubation was set based on the condition
330 giving the highest oil yield which is ratio palm kernel to water of 1:5, weight of
331 digestive drug of 9% w/w, pH of 9, incubation time of 90 min at 45°C. Figure
332 1F illustrates the extraction efficiency decrease in the second cycle and almost
333 nothing after the fifth cycle. It seems the enzymes lost contact with the cell
334 walls, as the residue from first cycle remains in the environment. Even though
335 the result of this study is similar to previous published results (Nguyen et al.
336 2020) regarding the decrease of oil yield after a second cycle, the reduced
337 yield in this study after a second cycle is too high, presumably due to the
338 mixture of enzymes used in this study compared to using a single enzyme.

339

340 *3.7. Green metrics assessment*

341 Environmental concern has driven the demand to determine how green the
342 chemicals process is (Curzons et al. 2001; Sheldon 2018). The term 'green
343 chemistry' was used to describe the chemical process which generates less
344 waste in the production process and avoids the use of hazardous chemicals.
345 In this study the green chemistry metrics such as environmental factor,
346 process mass intensification, solvent intensity, wastewater intensity and

347 effective mass yield were calculated following equations 3 – 7 mentioned
 348 above. Due to insufficient published data for other palm kernel extraction
 349 methods such as screw press and supercritical carbon dioxide (SCO)
 350 methods, a comparison was made using data from the extraction of linseed oil
 351 (Pradhan et al. 2010). Table 2 shows the raw data for the green metrics
 352 calculation in this study and in other researcher published results.

353

354 Table 2. The mass reactant used in various oil extraction methods.

Reactants (g)	Soxhlet	AEE	Screw Expeller	Supercritical CO ₂
Seed	Palm kernel*		Linseed(Pradhan et al. 2010)	
Seed weight	20	20	20	20
Seed residue	12.04	12.35	14.9	12.94
Hexane	131	0	0	0
Water	0	100	0	0
Oil	7.96	7.65	5.1	7.06

355 * This study

356 The e-factor which determines the ratio of waste product per oil yield showed
 357 that the AEE method has less 22% of waste product than the soxhlet method.
 358 The use of organic solvents in soxhlet extraction is harmful, requires a vast
 359 quantity of solvent, and has been identified as energy intensive for evaporation
 360 solvents (Halim et al. 2012).

361

362 Table 3. The green metric of different oil extraction methods.

Green Metrics	Soxhlet	AEE	Screw Expeller	Supercritical CO ₂
E-Factor (g/g)	17.97	14.69	2.92	1.83
Process mass intensification (g/g)	18.97	15.69	3.92	2.83
Solvent intensity (g/g)	16.46	0	0	0
Waste water intensity (g/g)	0	13.07	0	0
Effective mass yield (%)	6.08	0	0	0

363

364 It also apparent in Table 3 that the AEE processes performed better in the
 365 process of mass intensification, solvent intensity and effective mass yield than

366 the soxhlet method. However due to the use of water as a solvent, the AEE
367 method had a higher waste water intensity than the soxhlet method. The
368 screw expeller and SCO methods which have been categorized as green
369 processes (Herrero and Ibáñez 2015; Sheldon 2018) showed better green
370 metrics in all the parameters calculated. This is because no toxic solvents
371 were used and no waste water was produced. In general, the SCO method
372 has better green metrics indicator than other methods.

373

374 However, related to the direct cost of production such as energy consumption
375 and time consumption, the SCO is the disadvantage method (Nguyen et al.
376 2020). For example, Pradhan *et al.* required 180 min of extraction time to
377 obtain an oil yield of 35.5% at a temperature of 50°C and a pressure of 30
378 MPa while in only 12 min 25.5% oil yield was produced using the screw press
379 process. However, the extraction efficiency, calculated based on the soxhlet-
380 oil yield, of the AEE method is actually better than the other two green
381 processes. The extraction efficiency of 96% was observed in the AEE process
382 while 65% and 91% occurred from screw press and SCO methods,
383 respectively.

384

385 **4. Conclusions**

386 The utilization of a commercial digestive drug as enzyme source for the AEE
387 of palm kernel has been developed using various production variables. The
388 extraction efficiency of 96% with FFA content less than the standard required
389 for vegetable oil and biodiesel raw material was achieved in an incubation
390 condition of 1:5 ratio of palm kernel to water, 9 w/w% digestive drug, pH of 9,
391 and 90 min incubation time at 45°C. In contrast, the highest TG yield was
392 observed in a pH of 8 and with 7 w/w% digestive drug. There is a significant
393 effect on all parameter studied. Even though the screw press and SCO
394 methods have better green metrics indicators, the extraction efficiency of the
395 AEE process was 31% and 5%, respectively, better than those processes.

396

397 **List of abbreviations**

398 AEE Aqueous enzymatic extraction

399	FFA	Free fatty acid
400	MG	Monoglyceride
401	DG	Diglyceride
402	TG	Triglyceride
403	GC	Gas chromatography
404	NaOH	Sodium hydroxide
405	HCl	Hydrochloride acid
406	KOH	Potassium hydroxide
407	ANOVA	Analysis of variance
408	SCO	Supercritical carbon dioxide

409

410 **Declarations**

- 411 • Ethics approval and consent to participate: Not applicable
- 412 • Consent for publication: Not applicable
- 413 • Availability of data and materials: All data generated or analysed during this study
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418 FS conducting the research work and writing the manuscript assisted by MR,
419 FCU and TAH, M assisted in data analysis, JAK and JBT assisted in results and
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425

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Figures

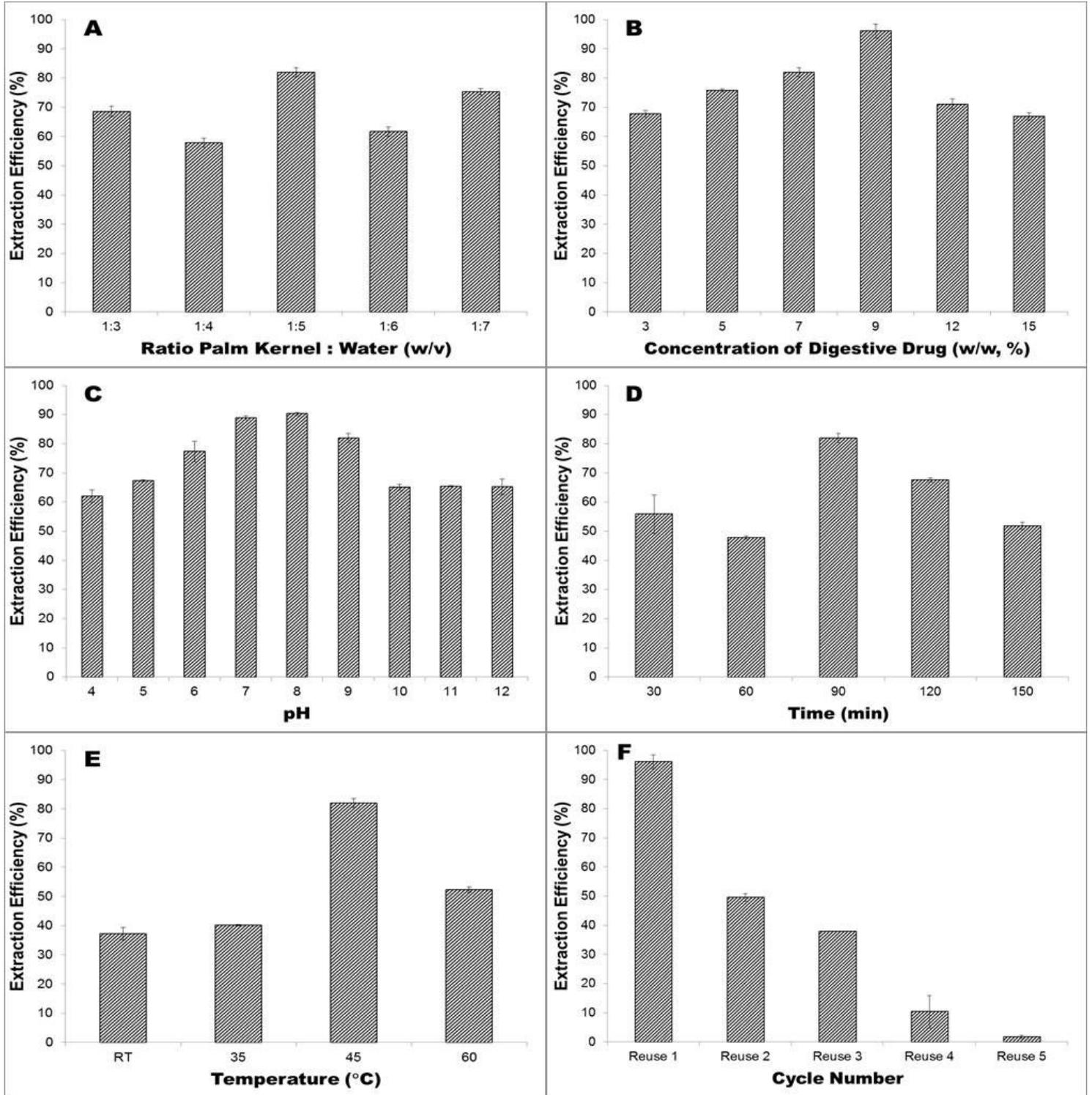


Figure 1

The effect of (A) ratio palm kernel to water; (B) concentration of digestive drug; (C) pH; (D) incubation time; (E) temperature and (F) reusability of digestive drug on extraction efficiency of AEE intensified.

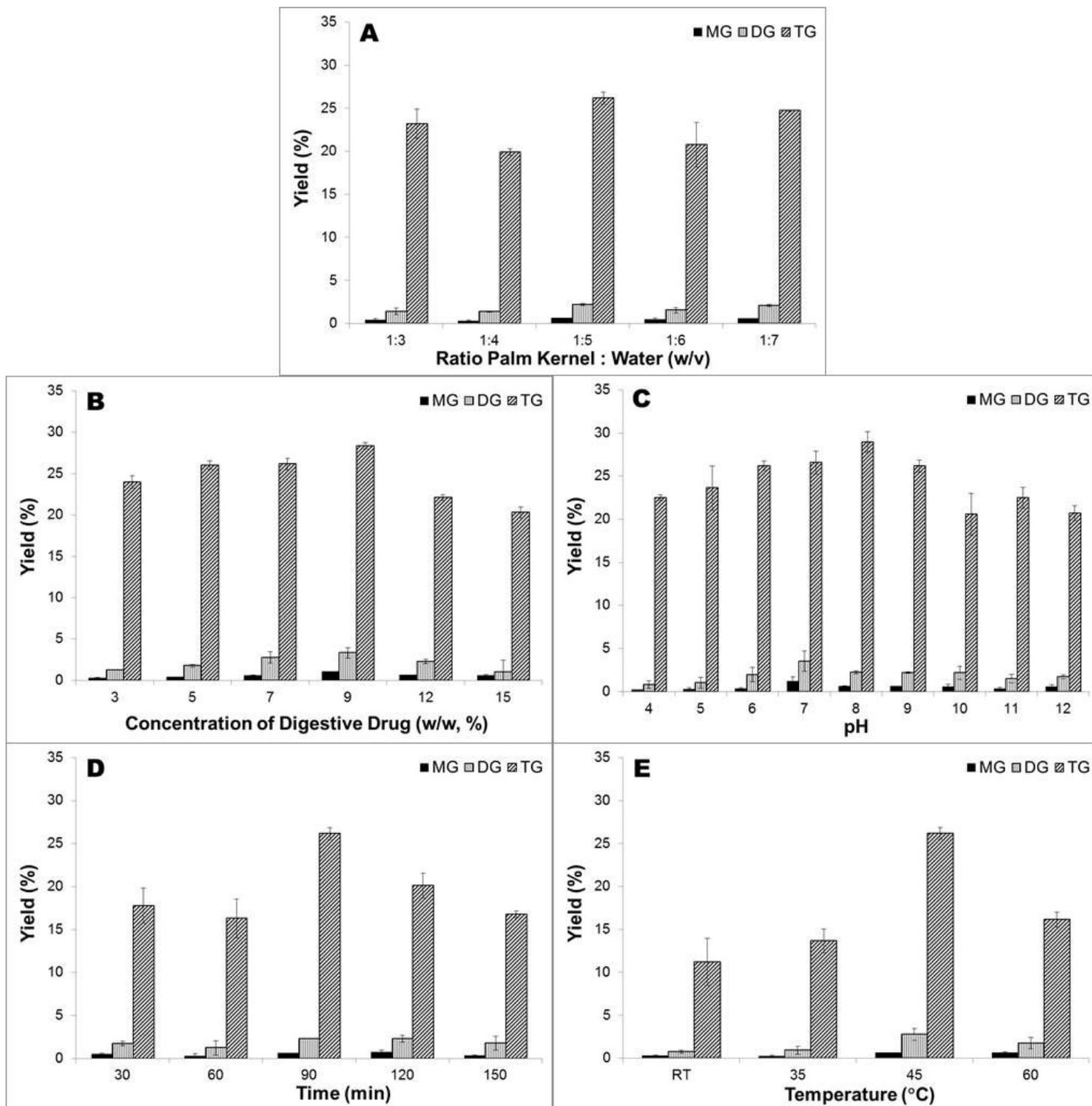


Figure 2

The effect of (A) ratio palm kernel to water; (B) weight of digestive drug; (C) pH; (D) incubation time and (E) temperature on MG, DG and TG yield of AEE intensified.

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