

Dietary powder and molecular imprinted polymer nanoencapsulated sodium propionate to enhance growth performance, digestive enzymes activity, antioxidant defense and mucosal immune response in African cichlid (*Labidochromis lividus*) fingerlings

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Research Article

Keywords: Organic salt, Molecular imprinted polymer, Nanoencapsulation, digestive enzyme, antioxidant enzyme, Mucosal immunity, African cichlid.

Posted Date: February 16th, 2022

DOI: <https://doi.org/10.21203/rs.3.rs-1219759/v1>

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Abstract

This study was conducted to examine the effects of powder sodium propionate (P-SP) and SP loaded molecular imprinted polymer (MIP) nanoparticles (MIP-SP NPs) on growth, skin mucosal immune parameters and digestive and liver enzymes activities of African cichlid (*Labidochromis lividus*) fingerlings. The synthesized MIP-SP particles were characterized via FE-SEM/EDS, TEM, FTIR and ICP-OES techniques. Fish with an average weight of 500 ± 2 mg were stocked into 12 experimental units and fed with experimental diets prepared by supplementation of basal diet (control) with MIP NPs, P-SP (5 g SP Kg^{-1} of dry diet) and MIP-SP NPs for 8 weeks. The findings demonstrated that growth performance parameters improved in the MIP-SP NPs followed by the P-SP dietary group compared to the control groups ($P < 0.05$). The activity of digestive enzymes of lipase, trypsin, protease and alkaline phosphatase was higher in the fish fed with SP-supplemented diets than the controls ($P < 0.05$). The highest activity of protease and lipase enzymes was observed in the MIP-SP NPs dietary group ($P < 0.05$). The alanine aminotransferase (ALT) and aspartate aminotransferase (AST) levels of liver tissue decreased in the SP dietary groups, while the catalase (CAT), superoxide dismutase (SOD) and alkaline phosphatase (ALP) levels increased in comparison to the control groups ($P < 0.05$). The highest SOD and ALP levels were observed in the fish fed with the MIP-SP NPs-supplemented diet ($P < 0.05$). The skin mucosal immune indices including alternative haemolytic complement activity (ACH50), lysozyme and total immunoglobulin (Ig) levels increased in the MIP-SP NPs and P-SP dietary groups in comparison to the controls ($P < 0.05$). The findings indicated that sodium propionate encapsulated in molecular imprinted polymer nanoparticles could enhance the efficiency of dietary SP in African cichlid fish.

1. Introduction

Nowadays, one of main constraints to productivity of aquaculture industry is outbreak of various bacterial, fungal and viral diseases. Traditionally, antibiotics have been administrated as growth promoters and controlling disease in animal feeds (Liu et al., 2014; Wongsasak et al. 2014; He et al., 2017). However, their usage in aquaculture is restricted because of emergence of antibiotic resistant pathogenic strains (Cabello et al., 2013; Safari et al., 2016; Chow et al., 2017), various adverse effects on the environment (Rico et al., 2012; Romano et al., 2014) and the threat to human consumers through accumulation of antibiotic residues in aquatic animals (Defoirdt et al., 2009; Marshall and Levy, 2011). During the past decades, various immunostimulants (Sajeevan et al., 2009; Safari and Sarkheil, 2018), probiotics (Camara-Ruiz et al., 2020; Wuertz et al., 2021) and prebiotics (Zhou et al., 2007; Safari and Paolucci, 2018) have been identified as environment friendly alternatives for antibiotics. Recently, the effects of dietary organic acids and their salts on growth performance, enhancement of immune status and disease resistance have been examined in various aquaculture species (Hoseinifar et al., 2016; Safari et al., 2017; He et al., 2017).

Organic acids and their salts composed of short-chain fatty acids (C1-C7) and carboxylic acids with one or more carboxyl group (-COOH) in their structure are known as acidifier and often used in livestock feed for controlling disease (Defoirdt et al., 2009; Ng and Koh, 2016). It is believed that organic acids act their

antibacterial effect through altering pH of bacterial cells thereby inhibiting the growth of bacteria and thus reducing pathogenic bacteria within the gastrointestinal tract of the host animal (Booth and Stratford, 2003; Baruah et al., 2008). Propionic, lactic, formic and formic acids and their salts are the most common organic acids examined in aquaculture (Hoseinifar, et al., 2016; Ng & Koh, 2016). There are reports that organic acids and their salts effectively enhance the growth, nutrient utilization and health status of aquatic animals (Agouz et al., 2015; Safari et al., 2016; Chow et al., 2017) probably due to a significant decrease in pH of gut and upper intestinal tract (Baruah et al., 2005; Abu Elala and Ragaa, 2015), increase in the digestive enzyme activities (Su et al., 2014; Castillo et al., 2014), stimulating the growth of intestinal epithelial cells (Topping and Clifton, 2001; Gao et al, 2011), improvement in the digestibility of major nutrients (Morken et al., 2011) and altering the gut microbial community (Silva et al. 2016). Van der Wielen (2002) reported that butyrate is less ideal as a feed additive for animals because of its quick absorption in the upper digestive tract. It has been shown that the efficiency of butyric acid can be increased when administrated in form of encapsulation due to slow release and effectively delivery of the butyric acid throughout of the gastro-intestinal tract (Chow et al., 2017). Leaching of organic acids and their salts from feed into water body is considered as a fundamental challenge in their administration in aquafeeds (Ng and Koh, 2016). Encapsulation or coating of organic acids is beneficial approach to prevent leaching.

Drug delivery is a useful approach for slow and controlled release of pharmaceutical compounds to obtain the maximum therapeutic effects in humans or animals (Zaidi, 2016). Micro and nanoencapsulation technologies possess properties of entrapment, protection and controlled release of active ingredients and thus improving its bioavailability (Poncelet, 2006; Paramera et al., 2011). Biopolymers and synthetic ones are considered as very exciting and useful drug delivery devices in pharmaceutical industry (Lulinski, 2013; Zaidi, 2016). Molecularly imprinted polymers (MIP) as the drug dosage forms are synthetic materials that provide a great potential in drug delivery (Cunliffe et al., 2005; Piletsky and Turner, 2006). MIPs for drug delivery are usually synthesized by polymerization process in the presence of a template (target molecule), functional monomer and cross-linker (Jaiswal et al., 2015). MIPs exhibit outstanding advantages such as slow and controlled release of drug, efficient drug loading, stability and resistant to harsh conditions (pH, organic solvents, temperature, and pressure), biocompatibility and ease of preparation (Puoci et al., 2011; Gao et al., 2014; Asadi et al., 2016; Zaidi, 2016). Asadi et al. (2016) synthesized nano-structured molecularly imprinted polymer for controllable sustained release of olanzapine as an antipsychotic drug to the brain tissue of rat under external magnetic field. Zhu et al. (2017) also showed that vinblastine (VBL) loaded molecular imprinted nanoparticles (MIPNPs) had a sustained-release behavior and level of VBL loaded MIPNPs in tissues and serum of rats was higher than that of commercially available injection. To best of our knowledge, information on use of MIPs as drug or active ingredient carriers is limited in aquatic animals.

In the present study, a molecular imprinted polymer (MIP) was synthesized as a carrier for sodium propionate (SP) as a template and examined the potential effect of dietary SP loaded MIP nanoparticles versus powder SP on growth indices, activity of digestive and antioxidant enzymes as well as immune status of African cichlid (*Labidochromis lividus*) fingerlings. Cichlid fish are one of the most diverse and

popular ornamental fish in the world. The African cichlid is one the most common species in aquarium fish farms and produce commercially for the ornamental fish market (Smith, 2000). The ornamental fish trade is growing rapidly worldwide (Raja et al., 2019). Therefore, enhancement of growth, health status and disease resistance of the fish is necessary for further development of the ornamental fish industry.

2. Materials And Methods

2.1 Chemicals

Methacrylic acid, ethylene glycol dimethacrylate, potassium persulfate, acetone and ethanol were purchased from Merck Co. Sodium propionate ($C_3H_5NaO_2$) was also purchased from Sigma-Aldrich Co.

2.2. Synthesis of molecular imprinted polymer-sodium propionate (MIP-SP) particles

Firstly, 1 mM methacrylic acid and 1 mM sodium propionate (SP) were poured into 50 mL of water/ethanol solution (50:50 v/v) and mechanically stirred at room temperature for 1 h. Afterwards, 4 mM ethylene glycol dimethacrylate and 0.1 M potassium persulfate were added to solution, respectively. The mixture was stirred for 10 min and sonicated for 5 min. Then, the reaction was purged using N_2 for 10 min and a balloon filled with N_2 was placed over the balloon reaction to deoxygenate the solution. The reaction balloon was placed in a bain-marie bath (water bath) at 60°C for 20 h. In following, the reaction balloon cooled to room temperature. Sediment was collected from the bottom of balloon and washed several times with ethanol and acetone, respectively. The product (MIP-SP) was dried at room temperature. The synthesized MIP particles without loading SP were considered as control.

2.3. Characterization of synthesized MIP-SP particles

Field emission scanning electron microscopy (FE-SEM; MIRA3 TESCAN, Brno, Czech Republic) coupled with x-ray energy dispersive spectroscopy (EDS) was used to determine the shape, size and elemental composition of synthesized particles. Transmission electron microscopy (TEM; ZEISS LEO 912 AB) was also applied to determine the shape and size of particles. To measure the average diameter and size distribution of particles, the diameter of 310 individual particles on TEM images was measured using AxioVision digital image processing software (Release 4.8.2.0, Carl Zeiss Micro Imaging GmbH, Germany). The functional groups in MIP-SP particles were identified using fourier transform infrared (FT-IR) spectroscopy (Bruker Alpha, Ettlingen, Germany) over range of 400–4000 cm^{-1} .

The SP content of the synthesized MIP-SP nanoparticles was measured according to method described by Sarkheil et al. (2021) in triplicate. Briefly, 0.5 g of MIP-SP powder was poured into a 50 mL round bottom balloon containing 9 mL of HCL, 3 mL of HNO_3 and 2 mL of H_2O_2 . The powder sample was digested through maintaining the mixture at room temperature for 24 h and then, heating at 95°C for 2 h. Afterwards, the digested sample was filtered using a Whatman filter paper (0.45 μm) and diluted to 25 mL

using double distilled water. Finally, the concentration of Na⁺ ions in the solution was measured using inductively coupled plasma-optical emission spectrometry (ICP-OES).

2.4. Preparation of experimental diets

To prepare four experimental diets, a basal diet was supplemented with two forms of powder SP (P-SP) and MIP-SP nanoparticles (MIP-SP NPs) at the level of 5 g Kg⁻¹ of dry diet according to the SP inclusion level of diets for various fish species at different life stage (Hoseinifar et al., 2016; Wassef et al., 2019; Sarkheil et al., 2021). The basal diet without SP and supplemented with MIP nanoparticles (MIP NPs) was considered as control. The ingredients and proximate chemical analysis of the experimental diets are given in Table 1. To prepare the experimental diets, the basal diet was ground into powder form using a miller, boiling water was added, mixed well to convert into a uniform paste and then, different forms of SP was added. The dough was pelletized by using a meat grinder with a mesh diameter of 2 mm to match the size of commercial feeds. Afterwards, the pellets were dried at 30°C for 24 h and stored at -20°C until use in the feeding trial. The pH of prepared diets was determined according to the procedure explained by Boland et al. (1981) by using a pH meter (Crison, Basic 20⁺, model).

2.5. Proximate composition of diet

The chemical composition of the experimental diets was analyzed in triplicate based on the standard methods (AOAC, 2005). Dry matter was measured by oven drying at 105°C for 24 h; crude protein (N×6.25) was determined by Kjeldahl system (Buchi Labortechnik AG, Flawil, Switzerland) after acid digestion; crude lipid was measured by Soxtec system HT 1043 (Foss Tecator, AB); ash content of diets was determined through placing the samples in a muffle furnace (Exciton Co., EX.1200-2 L, model) at 550°C for 12 h. To analyze crude fiber of the experimental diets, NaOH (Merck Co.) and H₂SO₄ (Merck Co.) solutions were used to digest the diet samples. Afterwards, the digested samples were placed in crucibles and dried at 120°C for 12 h. The crucibles were transferred into a muffle furnace at 550°C. Finally, the weight of crucibles was measured.

2.6. Fish and experimental conditions

The African cichlid (*Labidochromis lividus*) fingerling (average weight 0.5±0.002 g and average length 3.79±0.05 cm, n=250) were purchased from a local supplier of ornamental fish in Mashhad, Razavi Khorazan province. The fish were maintained in two 250 L fiberglass tanks filled with dechlorinated tap water under continuous aeration and 12:12 light: dark photoperiod for two weeks. During acclimation period, the fish were fed with the basal diet twice a day. In following, the fish were randomly divided in four groups in three replicates (n=18 each replicate) and stocked in 12-glass aquarium (150 L) filled with 130 L of dechlorinated tap water. Each glass-aquarium was equipped with an air stone for continuous aeration by using a central air pump (Hailea ACO 318, India), an aquarium heater and a white fluorescent lamp for adjustment of water temperature to 25 °C and 12:12 light: dark cycle, respectively. The fish were fed with the experimental diets three times daily at 8:00 a.m., 12:00 p.m. and 4:00 p.m. to apparent satiation for a period of eight weeks. During the feeding period, 25% of the water in each aquarium was replaced with freshwater every day. The feces were also siphoned after one hour of feeding. Temperature,

dissolved oxygen and pH of water in each aquarium were recorded during the eight weeks of experiment using a portable multi-meter (AZ-8603, model) as $25 \pm 2.3^\circ\text{C}$, $6.25 \pm 0.65 \text{ mg L}^{-1}$ and 7.30 ± 0.6 , respectively.

2.7. Assessment of growth performance

In the present study, we analyzed the effects of two forms of dietary SP on the growth performance and survival of fish through measurement of final length and weight of fish in each aquarium at the end of feeding trial. The parameters of growth performance and also the survival rate of fish determined using the following formula:

$$\text{Weight gain (g)} = [(\text{final body weight (g)} - \text{initial body weight (g)}) / \text{initial body weight (g)}] \times 100$$

$$\text{Specific growth rate (\%)} = (\text{SGR; \% Body weight day}^{-1}) = [(\text{Ln final body weight (g)} - \text{Ln initial body weight (g)}) / \text{Time (day)}] \times 100$$

$$\text{Daily growth index (DGI) (g)} = [(\text{final body weight (g)} - \text{initial body weight (g)}) / \text{Time (day)}]$$

$$\text{Feed conversion ratio (FCR)} = (\text{Feed consumed (g)} / \text{Weight gain (g)})$$

$$\text{Condition factor (CF) (g cm}^{-3}) = [\text{final weight (g)} / \text{final length (cm)}^3] \times 100$$

$$\text{Survival rate (\%)} = (\text{final number of fish} / \text{initial number of fish}) \times 100$$

2.8. Digestive enzymes assessment

At the end of feeding experiment, the fish were starved for 24 h and then, three fish randomly selected from each aquarium and anaesthetized individually using ground clove oil (80 mg L^{-1}). Then, intestine tissue was removed from the body of each fish and rinsed with cold distilled water (4°C) (Huang et al., 1999). Tissue homogenization was performed by a homogenizer (IKA T25 model) in 0.2 M NaCl (1:5; w/v) (Gawlicka et al., 2000). Homogenates were centrifuged ($15000 \times g$, 4°C) for 15 min and supernatants were kept at -80°C and used for measurement of digestive enzymes activities using an ultraviolet visible spectrophotometer (DR 5000TM model, HACH CO., USA). Results were reported as $\text{U mg}^{-1} \text{ protein min}^{-1}$.

Protease activity was assayed according to the casein-hydrolysis method (Hidalgo et al., 1999). In this method, 0.05 mL of the supernatant of each homogenate was mixed with 0.125 mL of casein (1% w/v) and 0.125 mL of buffer (0.1 M Tris-HCl, pH 9.0) and incubated at 37°C for 1 h. To stop the reaction, trichloroacetic acid (TCA) solution (8% w/v; 0.3 mL) was added to the solution. The samples were kept at 4°C for 1 h and then, were centrifuged at $1800 \times g$ for 10 min. Finally, the absorbance of supernatant was measured at 280 nm.

The method of Erlanger et al. (1961) was followed for the measurement of trypsin activity in the intestine homogenate. The N- α -benzoyl-dlarginine-pnitroanilide (BAPNA) as substrate. The BAPNA (1 mM) was added to 20 mM of CaCl_2 and 50 mM of Tris-HCl, pH 8.2. It was incubated with the enzyme extract in the supernatant at 25°C . The production of nitroaniline was measured at 410 nm.

The α -amylase activity was determined based on the method of the 3,5-dinitrosalicylic acid using soluble starch (1% w/v) prepared in 0.02 M Na_2HPO_4 , pH 6.9 with 0.006 M NaCl as substrate (Worthington, 1991). One unit of activity was defined as one micromole of maltose released in per minute. The absorbance was measured at 540 nm.

Lipase activity was assayed based on the method detailed by Gawlicka et al. (2000) using 0.4 mM of p-nitrophenylmyristate as a substrate at 25°C and a wavelength of 405 nm.

The activity of alkaline phosphatase (ALP) enzyme was determined using a commercial kit (Pars Azmoon Company, Iran) at optical density (OD) of 405 nm.

2.9. Immunological assessment

The activity of immunological parameters including total immunoglobulin (Ig), lysozyme and alternative complement pathway hemolytic activity (ACH50) were assayed in skin mucus of fish. Collection of skin mucus was performed according to the protocol described by Subramanian et al. (2007). Briefly, fish were starved for 24 h at the end of feeding trail and three specimens were randomly sampled from each glass aquarium. The sampled fish were anesthetized using clove oil (80 mg L^{-1}) and then transferred individually into a polyethylene bag containing NaCl solution (50 mM ; 5 mL g^{-1} fish; Merck, Germany). Fish was rubbed slowly inside the plastic bag for 1-2 min to collect the skin mucus. The collected mucus was immediately poured into a tube test (15 mL), centrifuged ($1500 \times g$ for 10 min at $4 \text{ }^\circ\text{C}$) and obtained supernatant was stored at $-80 \text{ }^\circ\text{C}$ for future analysis.

The skin mucus total immunoglobulin (Ig) was determined according to the procedure suggested by Siwicki et al. (1994). Firstly, the total protein content of each skin mucus sample was measured based on the standard method described by Lowry et al. (1951). In following, Ig molecules were precipitated using a 12% solution of polyethylene glycol and the amount of total protein in each sample was re-measured. The difference in two measured protein contents was calculated as the total Ig content.

The lysozyme activity of samples was determined by the lysis of the lysozyme sensitive Gram-positive bacterium, *Micrococcus luteus* as explained by Hoseninifar et al. (2016). Briefly, lysozyme-sensitive Gram-positive bacterium *Micrococcus luteus* ($50 \text{ } \mu\text{L}$, Sigma, USA) suspension was prepared using 0.02 M sodium acetate buffer with pH 5.8 (0.02 mg L^{-1}), transferred into a 96 well plate and then $50 \text{ } \mu\text{L}$ of mucus sample was poured in each wall. After incubation of well plates at $30 \text{ }^\circ\text{C}$ for 15 min, the OD of sample was monitored at 450 nm twice with an interval of 50 min using a spectrophotometer (DR 5000™ model, HACH CO., USA). The difference between absorbance values was calculated as amount of lysozyme activity (U mL^{-1}).

The method explained by Yano (1992) was applied for measurement of alternative complement pathway hemolytic activity (ACH50) of samples. Briefly, diluted skin mucus samples from 50 to $250 \text{ } \mu\text{L}$ was poured in tube tests and barbitone buffer in the presence of ethyleneglycol-bis (2-aminoethoxy)-tetraacetic acid (EGTA) and Mg^{2+} was added to increase the total volume of each tube test to $250 \text{ } \mu\text{L}$.

Then, 100 μL of New Zealand Rabbit Red Blood Cells (RaRBC) was allotted into each tube test and incubated for 90 min at 20°C. In following, 3.15 mL NaCl was added to each tube test and centrifuged for 5 min at 1600 \times g. The OD of obtained supernatant was read at 414 nm. The number of ACH50 unit mL^{-1} was determined based on the skin mucus volume producing 50% ACH.

2.10. Liver enzymatic analysis

The liver enzymes activities were measured in the sampled fish at the end of the feeding experiment. The liver tissues of the fish were removed, washed with ice-cold 0.95% saline and homogenized in presence of ice-cold 0.1 M Tris HCL buffer (pH 7.1) with using a glass homogenizer. In following, the homogenized tissues were centrifuged (1000 rpm, 4 °C for 10 min) and the obtained supernatants were stored at -80 °C to measure the liver enzymes in the future (Jindal et al., 2018).

Aspartate aminotransferase (AST) and alanine aminotransferase (ALT) activities were determined based on colorimetric method described by Frankel-Reitman method (Reitman and Frankel, 1957) using commercial kits (Ziest Chem Diagnostic Co., Tehran, Iran) at a wavelength of 505 nm.

Superoxide dismutase (SOD) activity was measured according to the procedure explored by Marklund and Marklund (1974). Briefly, the reaction mixture was prepared by mixing 30 μL of homogenate supernatant with 2 mL of Tris-HCl (50 mM, pH= 8.2). The reaction was followed by adding 20 μL of pyrogallol solution (10 mM, pH=7.4). Then, autoxidation of the pyrogallol was compared with the control at a wavelength of 420 nm and the SOD concentration was determined through 50% inhibition of pyrogallol oxidation.

Catalase (CAT) activity was measured according to the methodology of Aebi (1984) using hydrogen peroxide (H_2O_2) as a substrate. Briefly, the reaction solution was prepared through combination of 50 mM H_2O_2 in 50 mM potassium phosphate buffer. Afterwards, the decomposition of H_2O_2 by CAT enzyme were determined using spectrophotometer at OD of 240 nm at pH= 7.

The activity of alkaline phosphatase (ALP) was examined using a commercial kit (Pars Azmoon Company, Iran) at OD of 405 nm.

2.11. Statistical analysis

Data were presented as mean \pm standard deviation (SD). SPSS software (Version, 19) was applied for statistical analysis. The normality assumption of data was assayed by performing the Kolmogorov-Smirnov test. Significant differences between means at $P < 0.05$ were determined by subjecting the data to One-Way Analysis of Variance (ANOVA) followed by Duncan's New Multiple Range test.

3. Results

3.1. Characterization of synthesized MIP-SP particles

Synthesized MIP-SP particles with small spherical shape are shown in Fe-SEM and TEM micrographs (Fig. 1a, c). The loading of SP into MIP particles was confirmed by the presence of sodium (Na^+) ions in the EDS analysis (Fig. 1b). The measurement of particle sizes on TEM micrographs showed that the particles had mean diameter of 61.22 ± 13.90 nm with the size distribution of 27.87 to 98.97 nm (Fig. 1c, d). Based on the result of ICP-OES, the amount of SP loaded into MIP nanoparticles was 8.5%.

Figure 2 shows the FT-IR spectra obtained for MIP-SP NPs. As it is seen, the typical acrylic polymer bands can be clearly observed in the FT-IR spectrum. The appeared signal at 3524 cm^{-1} are attributed to the presence of O-H stretching. The bending vibration of hydroxyl group is also observed at 1390.7 cm^{-1} . The strong signal in the spectral region of 1726 cm^{-1} can be assigned to the C=O functional groups at propionate, methacrylic acid and acrylic ester. The signals appeared at 1262.4 cm^{-1} and 1154.6 cm^{-1} for the symmetric and asymmetric C-O stretch bands. Other important absorption peaks were shown at 1640 cm^{-1} and 964.6 cm^{-1} are attributed to the presence of stretching and out of plane vibration of residual vinylic C=C and C-H bonds, respectively.

3.2. Growth performance

Table 2 shows the growth parameters and survival rate of African cichlid fingerlings fed with diets supplemented with two forms of sodium propionate for 8 weeks. No significant difference was observed between the initial weight of fish in different dietary groups ($P > 0.05$). The final weight (FW), weight gain (WG), specific growth rate (SGR) and daily growth index (DGI) of fish increased in SP dietary groups compared to control groups ($P > 0.05$). The highest FW, WG and DGI indices were observed in the MIP-SP NPs dietary group ($P < 0.05$). The FCR value decreased in the fish fed on SP-supplemented diets compared to the controls ($P < 0.05$). Fish fed on MIP-SP NPs-supplemented diet showed the lowest FCR ($P < 0.05$). The condition factor (CF) parameter and survival rate (%) showed no significant differences between the dietary groups ($P > 0.05$).

3.3. Digestive enzymes assays

The effects of different SP-supplemented diets on the digestive enzymes activities are presented in Table 3. The protease, trypsin, lipase and alkaline phosphatase activities were higher in the SP dietary groups than the control groups ($P < 0.05$). The protease and lipase activities were significantly higher in the MIP-SP NPs dietary group than the P-SP dietary group ($P < 0.05$). No significant difference in the α -amylase activity was observed between different dietary groups ($P > 0.05$).

3.4. Immunological analyses

Figure 3 (a-c) shows the changes of the skin mucus immune parameters in the fish fed with SP-supplemented diets. The total immunoglobulin (Ig), lysozyme (LYZ) and alternative haemolytic complement (ACH50) activities were higher in the SP dietary groups than the control groups ($P < 0.05$). The highest levels of these indices were observed in the MIP-SP NPs dietary group ($P < 0.05$).

3.5. Liver enzymatic assessment

Figure 4 (a-e) shows the liver enzyme levels in the fish fed on SP-supplemented diets. The alanine aminotransferase (ALT) and the aspartate aminotransferase (AST) levels decreased significantly in the SP-supplemented dietary groups in comparison to the control groups ($P < 0.05$) (Fig. 4a-b). The SP-dietary groups showed the higher superoxide dismutase (SOD), catalase (CAT) and alkaline phosphatase (ALP) levels than the controls ($P < 0.05$). The SOD and ALP levels in the fish fed on MIP-SP NPs-supplemented diet were higher than those fed on P-SP-supplemented diet ($P < 0.05$) (Fig. 4c, e).

4. Discussion

Encapsulation of pharmaceutical agents in a carrier can be considered as a suitable approach to improve their efficiency for aquatic animals by slow and controlled release and reducing leaching. Two major types of carriers for targeted or non-targeted drug delivery are included inorganic and organic carriers such as synthetic polymers (Senapati et al., 2018). Polymeric nanoparticles made from synthetic polymers or from natural polymers are biocompatible and often biodegradable systems that commonly used for nanomedicine applications (Park et al., 2008; Senapati et al., 2018). In the current study, sodium propionate (SP) was encapsulated in the nanoparticles of molecular imprinted polymer (MIP) as a drug delivery vehicle. The characterization of synthesized particles showed that the MIP particles were nanoscale with mean diameter of 61.22 ± 13.0 nm and loaded with SP (8.5%). The effects of dietary MIP-SP NPs on the survival, growth, digestive and antioxidant enzymes activity and skin mucus indices of African cichlid (*L. lividus*) fingerlings compared to powder form of sodium propionate (P-SP) were investigated.

Feeding the African cichlid fingerlings with SP-supplemented diets at level of 5 g Kg^{-1} of dry diet for 56 days resulted in enhancement of growth performance including final weight, WG, SGR(%), DGI and FCR. Several studies have attributed the improvement of nutrient utilization and growth performance of aquatic animals fed on diets containing organic acids and their salts to reduction of the digesta pH (Chowdhury et al., 2021), changes in microbial population of the intestinal tract (Ng and Koh, 2016), stimulation of digestive enzyme secretion (Chowdhury et al., 2021) and increased feed intake (Da Silva et al., 2015; Omosowone et al., 2018). Omosowone et al. (2018) showed that *Clarias gariepinus* and *Oreochromis niloticus* fingerlings fed 2% butyric acid-supplemented diet for 12 weeks had better feed utilization and growth performance. Feeding red sea bream *Pagrus major* with 1% citric acid improved weight gain and FCR values and absorption of phosphorus from dietary components (Hossain et al., 2007). Organic acid might influence on digestibility of protein and amino acids and absorption of minerals in growing pigs (Partenen et al., 1999).

The administration of encapsulated form of SP had significantly greater effect on the final weight, WG, DGI and FCR compared to the powder form of SP. Nanoencapsulation of bioactive ingredients improve their bioavailability due to the increase of surface-to-volume ratio of nanocarrier, enhance their interaction with metabolism and enzyme factors and allow them to pass through cell walls (McClements and Jafari, 2018; Jafari et al., 2017). Nanocarriers protect bioactive ingredients from premature degradation in the biological environment, increase cellular uptake and prolong their presence in the blood (Kumari et al.,

2010). Safari et al. (2021) reported that dietary administration of encapsulated organic salts (Na-acetate, Na-butyrate, Na-lactate and Na-propionate) at level of 20 g kg⁻¹ improved the growth performance and survival of crawfish (*Astacus leptodactylus leptodactylus*). Chow et al. (2017) attributed the improved growth performance of hybrid catfish (*Clarias macrocephalus* × *Clarias gariepinus*) fed on encapsulated butyric acid (ButiPEARL)-supplemented diet to slow release of the butyric acid in the gastrointestinal tract. They stated the better villi growth in the small intestine due to more accessibility of butyric acid and thus better digestibility of nutrients. Kalantarian et al. (2020) reported that feeding *Salmo trutta caspius* juveniles with diets supplemented with 5, 10 and 15 g sodium diformate kg⁻¹ diet for 60 days led to a significant increase in villi height in proximal area of intestine.

One of the possible reasons for the improvement of growth performance of African cichlid fingerlings fed on SP-supplemented diets is probably due to the increased activity of digestive enzymes including trypsin, protease, alkaline phosphatase and lipase. The increase in trypsin, protease and lipase activities in *S. trutta caspius* fed with sodium diformate-supplemented diets for 60 days were also reported (Kalantarian et al., 2020). The increase in digestive enzymes activity might be due to the secretion of secretin in result of acidification of the gastrointestinal tract (Ng and Koh, 2016). The findings of current study indicated more positive effect of encapsulated sodium propionate on the activities of protease and lipase enzymes in comparison to its powder form. Nanoparticles delivery system enhances absorption of encapsulate bioactive compounds in the gastrointestinal tract through active endocytosis (des Rieux et al., 2006). Internalized nanoparticles in epithelial cells may be translocated to endo/lysosome and degraded in lysosome to release their contents or may remain intact in endolysosome and enter blood circulation by exocytosis (Qian et al., 2009; Li et al., 2014). Encapsulation of bioactive compounds is a practical approach for slow release and delivering them at the intended location of the gastrointestinal tract (Piva et al., 2007; Chen et al., 2017). Tian et al. (2017) found that microencapsulated sodium butyrate (MSB) had superior effect on improvement of the trypsin, lipase, amylase and chymotrypsin activities compared to powder sodium butyrate (PSB) in grass carp (*Ctenopharyngodon idella*).

Disease outbreaks are considered to be a major challenge for the expansion of aquaculture industry due to causing significant economic losses (Opiyo et al., 2018). Fish have developed several mechanisms to fight pathogenic microorganisms which inhabit the aquatic environments (Cámara-Ruiz et al., 2021). The mucosal surfaces including gill, skin, gut and olfactory organ which coated by a mucosal layer provide the first line of defense mechanism in aquatic organisms (Rombout et al., 2011; Benhamed et al., 2014). The mucosal layer contains potent bioactive molecules such as antimicrobial peptides, lysozyme, complement proteins, immunoglobulins, lectins and haemolysins (Palaksha et al., 2008; Nigam et al., 2012). Several studies have evaluated the effects of different feed additives such as organic acids and their salts on enhancement of innate immune system in aquatic organisms (Safari et al., 2016; Busti et al., 2020; Chowdhury et al., 202). The organic acids like propionate and acetate can act as ligands for G protein-coupled receptor 43 and thus modulate fish immunity (Maslowski and Mackay, 2011). Sotoudeh et al. (2020) reported that administration of diets supplemented with blends of organic acids (sodium propionate and sodium acetate) for eight weeks increased plasma lysozyme and ACH50 of yellowfin

seabream (*Acanthopagrus latus*) juveniles. Safari et al. (2017) also showed up-regulation of immune-related genes expression which was associated with increasing lysozyme activity and Ig level in the skin mucus of common carp (*C. carpio*) fed with SP-supplemented diets for eight weeks. The findings of our study also showed that inclusion of two different forms of SP into diet increased significantly the lysozyme and total Ig levels and ACH50 activity in the skin mucus. The administration of SP in nanoencapsulate form showed the greater incremental effects on the mucosal immunity of African cichlid. Busti et al. (2020) stated that encapsulated organic acids and nature identical compounds are protected from degradation in the stomach and arrive intact in the intestine tract where they exert their effects on gut microbiota of European sea bass juveniles. Some studies have reported that gut microbiota plays critical roles in regulation of innate immunity in fish (Gómez and Balcázar, 2008; Nie et al., 2017). Abu Elala and Ragaa. (2014) reported the modification of beneficial intestinal flora in gut of tilapia (*Oreochromis niloticus*) after feeding with 0.3% potassium diformate (KDF), which resulted in the activation of humeral and cellular innate immune responses.

AST and ALT enzymes are found in kidney, heart, muscles and mainly in liver cells (Rastiannasab et al., 2016). Function of these enzymes is to metabolize protein and breakdown food to produce energy and their tissue activities are markers for liver function (Metón et al., 2015; Rastiannasab et al., 2016). Increased AST and ALT levels in the liver and blood indicate damage to liver cells (Huang et al., 2006; Rastiannasab et al., 2016). The findings of current study showed that feeding the African cichlid fingerlings with diets supplementation with MIP NPs and different forms of SP did not increase AST and ALT levels in the liver tissue. These results indicated that the supplemented diets had no detrimental effect on the function of liver tissue. Agouz et al. (2015) also found that ALT and AST levels did not increase significantly in blood of Nile tilapia *O. niloticus* fed on diets contained 1% and 1.5% of two organic acid salts (calcium lactate + sodium acetate, 1:1) blend in comparison to the control group.

Alkaline phosphatase (ALP) is known as a polyfunctional enzyme that possess a vital role in the membrane transport activities, mineralization of the skeleton of aquatic organisms (Zikic et al., 2001), growth and synthesis of protein (Ram and Sathyanesan, 1985). Administration of dietary encapsulated organic acid significantly increased ALP level in the serum of Pacific White Shrimp (*Litopenaeus vannamei*) compared to the control group (Chowdhury et al., 2021). In the present study, the liver ALP level increased significantly in the SP dietary groups.

Fish, like all aerobic organisms that are exposed to the attack of reactive oxygen species have an antioxidant defense system (Trenzado et al., 2006). Several factors such as feeding behavior and environmental parameters can either enhance or weaken the antioxidant defense response in fish and shellfish (Martínez-Álvarez et al., 2005; Hoseinifar et al., 2020). Some studies have reported the beneficial effects of feed additives such as probiotics, prebiotic, and synbiotic on the promotion of antioxidant enzyme activity in different fish species (Dawood et al. 2018; Van Doan et al. 2020). Up-regulation in genes of glutathione peroxidase (GPx), glutathione-disulphide reductase (GSR), glutathione S-transferase (GSTA) as antioxidant enzymes was noticed in liver of common carp (*C. carpio*) fed on diets containing 1% and 2% of SP (Safari et al., 2017). Chiu et al. (2008) also found an increase in SOD activity in juvenile

of grouper, fish (*Epinephelus fuscoguttatus*) fed on diets containing 1.0 and 2.0 g kg⁻¹ of sodium alginate. In the present study, our findings showed that administration of different forms of SP in the diets at the level of 5 g Kg⁻¹ increased significantly the liver SOD and CAT activity. In contrast to these results, Safari et al. (2016) showed down-regulation of CAT and SOD genes in liver of zebra fish (*Danio rerio*) fed with diets supplemented with 5, 10 and 20 g SP Kg of diet.

Bioavailability of antioxidant molecules is limited due to the difficulty of passing through the cell membranes and degradation during delivery to tissues. Nano-encapsulated antioxidant molecules provide advantages such as increased bioavailability and controlled release of antioxidants (Khalil et al., 2020). The findings of our study revealed that the liver SOD activity increased in the fish fed on MIP-SP NPs-supplemented diet compared to those fed with P-SP-supplemented diet.

5. Conclusion

This study was conducted to compare the effects of two forms of sodium propionate on the growth performance, mucosal immune response, and digestive and liver enzymes activities of African cichlid (*L. lividus*) fingerlings. According to the results, it can be concluded that sodium propionate encapsulated in molecular imprinted polymer (MIP) nanoparticles showed higher efficiency compared to powder sodium propionate to improve growth performance and mucosal immune response in African cichlid fingerlings. It is recommended to use modified MIP nanoparticles as an effective strategy for active delivery of pharmaceutical compounds to the target sites in fish and shellfish species.

Declarations

Acknowledgements

The authors thank the staff of the Faculty of Natural Resources and Environment of Ferdowsi University of Mashhad (FUM) for their cooperation in conducting this research. This study was financially supported by a grant from Ferdowsi University of Mashhad (No. 2/47528).

Conflict of interest

The authors declare that there are no conflicts of interest.

Ethics approval

The all experiments on fish were performed according to Ferdowsi University of Mashhad (FUM) animal ethic right and Directive 2010/63/EU of the European Parliament and of the Council of 22 September 2010 on the protection of animals.

Data availability statement

The data of this study are available on reasonable request from the corresponding author.

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Funding:

This work was supported by a grant from Ferdowsi University of Mashhad (No. 2/47528).

Conflicts of interest/Competing:

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Ethics approval:

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Consent to participate:

Not applicable

Consent for publication:

Not applicable

Availability of data and material:

All data and materials are included in this published article.

Code availability:

Not applicable

Authors' contributions:

Mehrdad Sarkheil: Supervision, Conceptualization, Methodology, Data collection, Project administration, Writing- Original draft preparation; Omid Safari: Writing - Review & Editing; Davood Kordestani: Conceptualization, Methodology, Writing - Review & Editing. All authors read and approved the final version. All authors read and approved the final manuscript.

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Tables

Table 1. Ingredients and proximate composition of experimental diets

Ingredients (g kg⁻¹ dry-weight basis)	Control	MIP NPs	P-SP	MIP-SP NPs
Fish meal ¹	205	205	205	205
Wheat flour ¹	220	220	220	220
Soybean meal ¹	250	250	250	250
Corn gluten ¹	125	125	125	125
Soybean oil ¹	25	25	25	25
Fish oil ¹	25	25	25	25
Mineral premix ²	35	35	35	35
Vitamin premix ³	35	35	35	35
Carboxymethyl cellulose ⁴	59	5.18	54	0.18
Anti-fungi ⁵	15	15	15	15
BHT ⁶	1	1	1	1
Vit C ⁷	5	5	5	5
Sodium propionate ⁸	0	0	5	0
Molecular imprinting polymer nanoparticles	0	53.82	0	0
Molecular imprinting polymer-sodium propionate nanoparticles	0	0	0	58.82
Proximate composition (g kg⁻¹ dry-weight basis)				
Dry matter	958.6	958.6	958.6	958.6
Crude protein	405	405	405	405
Crude fat	62	62	62	62
Crude fiber	341	341	341	341
Ash	71	71	71	71
Cross energy (Mj/Kg)	16.15	16.15	16.15	16.15
pH	5.91	5.87	5.79	5.77

MIP-NPs: molecular imprinted polymer nanoparticles; P-SP: powder sodium propionate; MIP-SP NPs: molecular imprinted polymer-sodium propionate nanoparticles.

¹Behparvar Aquafeed Co, Iran.

² Mineral premix contains (mg kg⁻¹): Mg, 100; Zn, 60; Fe, 40; Cu, 5; Co, 0.1 and I, 1 (Kimia Roshd Co, Gorgan, Iran).

³Vitamin premix contains (mg kg⁻¹): E, 30; K, 3; thiamine, 2; riboflavin, 7; pyridoxine, 3; pantothenic acid, 18; niacin, 40; folacin, 1.5; choline, 600; biotin, 0.7 and cyanocobalamin, 0.02 (Kimia Roshd Co, Gorgan, Iran).

⁴ Sigma-Aldrich Co, Germany.

⁵ Kimia Roshd Co, Gorgan, Iran.

⁶ Kimia Roshd Co, Gorgan, Iran.

⁷ Kimia Roshd Co, Gorgan, Iran.

⁸ Sigma-Aldrich Co, Germany.

Table 2. Growth performance, feed utilization indices and survival rate of African cichlid (*L. lividus*) fingerlings fed on diets supplemented with different forms of sodium propionate for 56 days (mean ± SD, n=3).

Parameters	Dietary sodium propionate groups			
	Control	MIP NPs	P-SP	MIP-SP NPs
Initial weight (g)	0.51±0.017 ^a	0.50±0.006 ^a	0.50±0.002 ^a	0.50±0.009 ^a
Final weight (g)	5.12±0.32 ^a	5.24±0.09 ^a	6.11±0.17 ^b	6.83±0.64 ^c
Weight gain (g)	4.60±0.33 ^a	4.73±0.08 ^a	5.61±0.17 ^b	6.33±0.65 ^c
SGR (%BW day ⁻¹)	4.11±0.15 ^a	4.16±0.009 ^a	4.45±0.05 ^b	4.64±0.19 ^b
DGI (g)	0.082±0.005 ^a	0.084±0.001 ^a	0.10±0.003 ^b	0.12±0.010 ^c
CF (g cm ⁻³)	1.56±0.14 ^a	1.57±0.13 ^a	1.83±0.12 ^a	1.87±0.19 ^a
FCR	2.18±0.043 ^c	2.19±0.09 ^c	1.80±0.12 ^b	1.52±0.166 ^a
Survival rate (%)	82.22±5.55 ^a	84.07±8.48 ^a	85.92±8.48 ^a	93.33±5.55 ^a

MIP-NPs: molecular imprinted polymer nanoparticles; P-SP: powder sodium propionate; MIP-SP NPs: molecular imprinted polymer-sodium propionate nanoparticles. SGR: specific growth rate; DGI: daily growth index; CF: condition factor; FCR: food conversion ratio. Data assigned with different letters in a row are significantly different (ANOVA, P<0.05).

Table 3. Digestive enzymes activity (U mg protein⁻¹ min⁻¹) of African cichlid (*L. lividus*) fed on diets supplemented with different forms of sodium propionate for 56 days (mean ± SD, n=3).

Enzyme	Dietary sodium propionate groups			
	Control	MIP NPs	P-SP	MIP-SP NPs
Protease	1.50±0.065 ^a	1.52±0.015 ^a	1.79±0.020 ^b	1.94±0.01 ^c
Trypsin	1.22±0.086 ^a	1.25±0.049 ^a	1.47±0.020 ^b	1.56±0.021 ^b
Lipase	1.27±0.045 ^a	1.28±0.070 ^a	1.47±0.045 ^b	1.89±0.025 ^c
amylase	0.55±0.015 ^a	0.56±0.25 ^a	0.57±0.30 ^a	0.58±0.20 ^a
Alkaline phosphatase	0.93±0.060 ^a	0.90±0.035 ^a	1.26±0.065 ^b	1.41±0.17 ^b

MIP-NPs: molecular imprinted polymer nanoparticles; P-SP: powder sodium propionate; MIP-SP NPs: molecular imprinted polymer-sodium propionate nanoparticles. Data assigned with different letters in a row are significantly different (ANOVA, P<0.05).

Figures

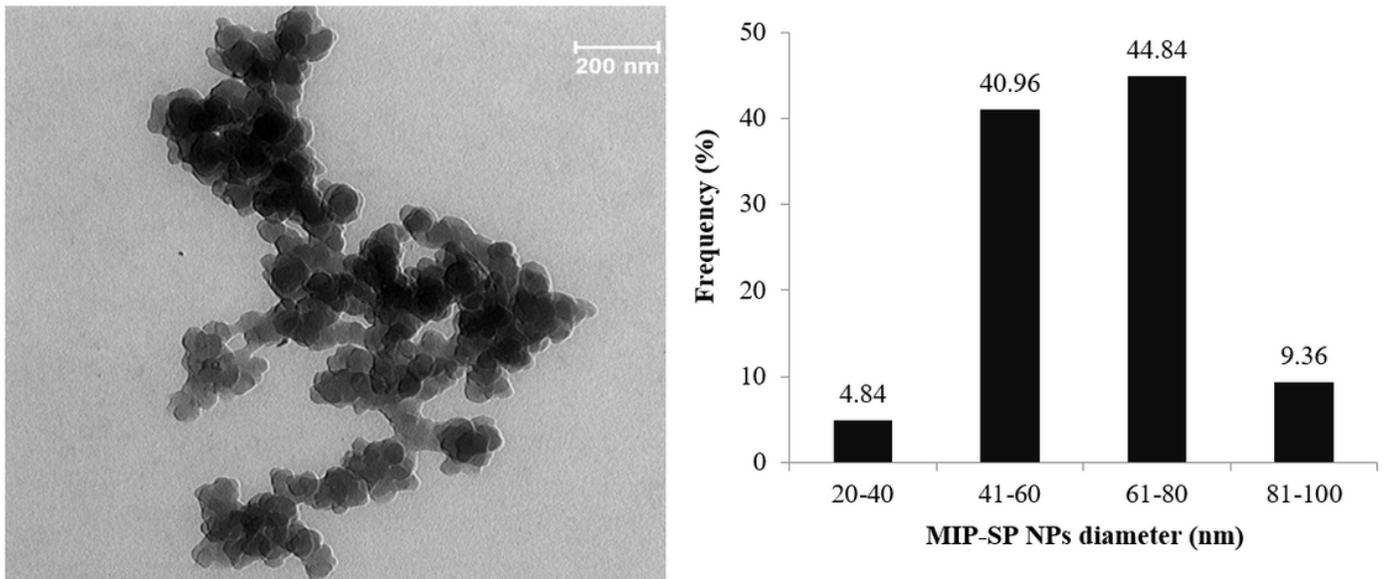


Figure 1

FE-SEM micrograph (a), EDS pattern (b), TEM micrograph (c) and histogram for particle size distribution of MIP-SP nanoparticles (d).

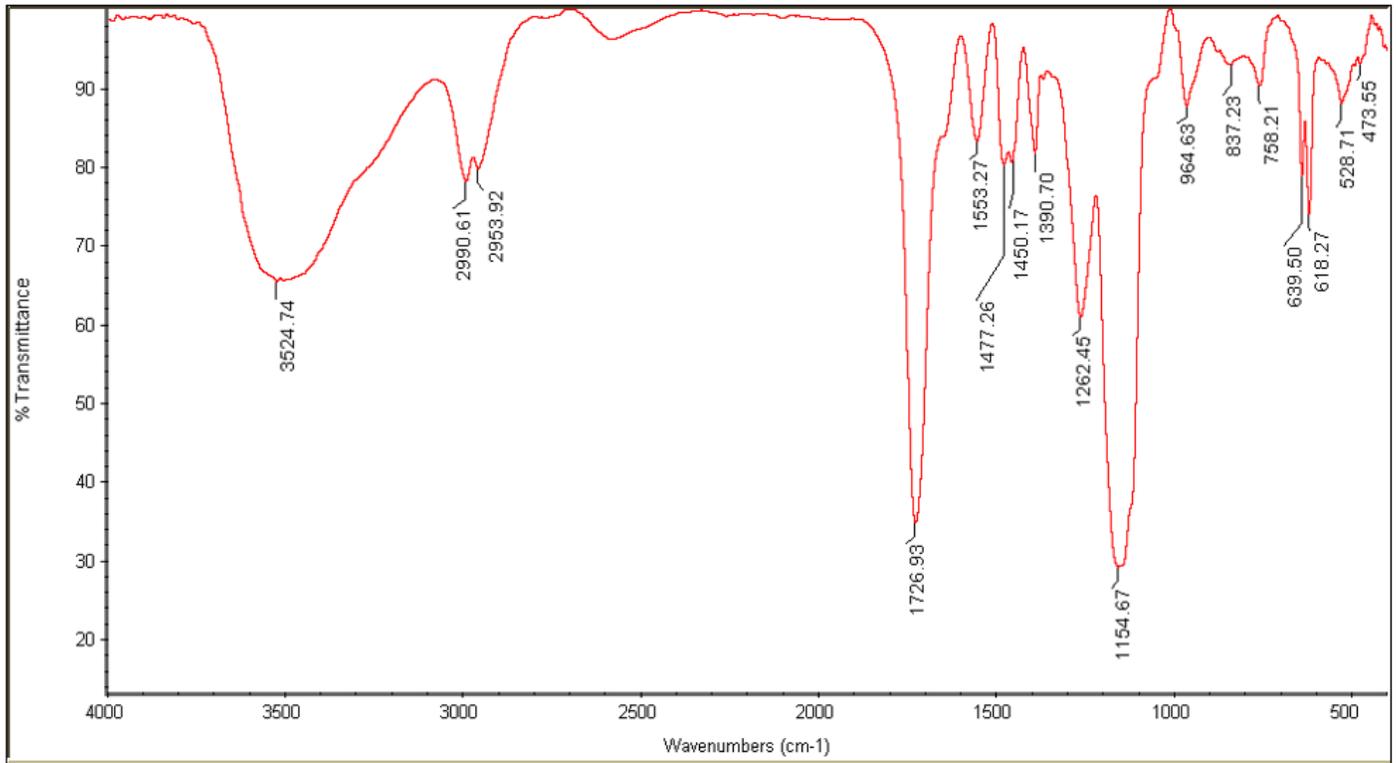


Figure 2

FT-IR spectra of MIP-SP NPs.

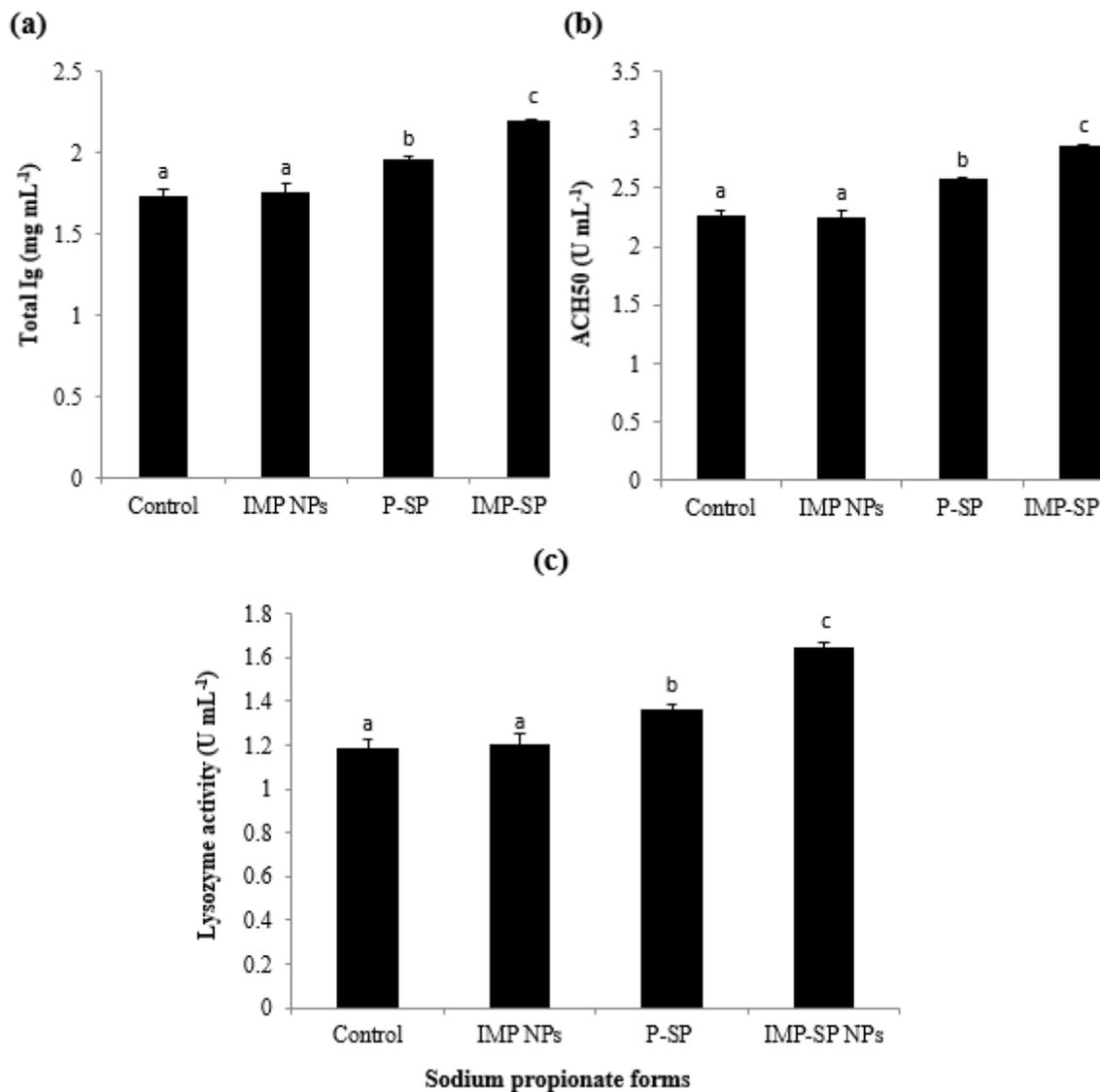


Figure 3

Total immunoglobulin (Ig) (a), alternative haemolytic complement activity (ACH50) (b) and lysozyme activity (c) levels in skin mucus of African cichlid (*L. lividus*) fingerlings fed on diets supplemented with different forms of sodium propionate for 56 days. Bars assigned with different letters are significantly different (ANOVA, $P < 0.05$). MIP-NPs: molecular imprinted polymer nanoparticles; P-SP: powder sodium propionate; MIP-SP NPs: molecular imprinted polymer-sodium propionate nanoparticles.

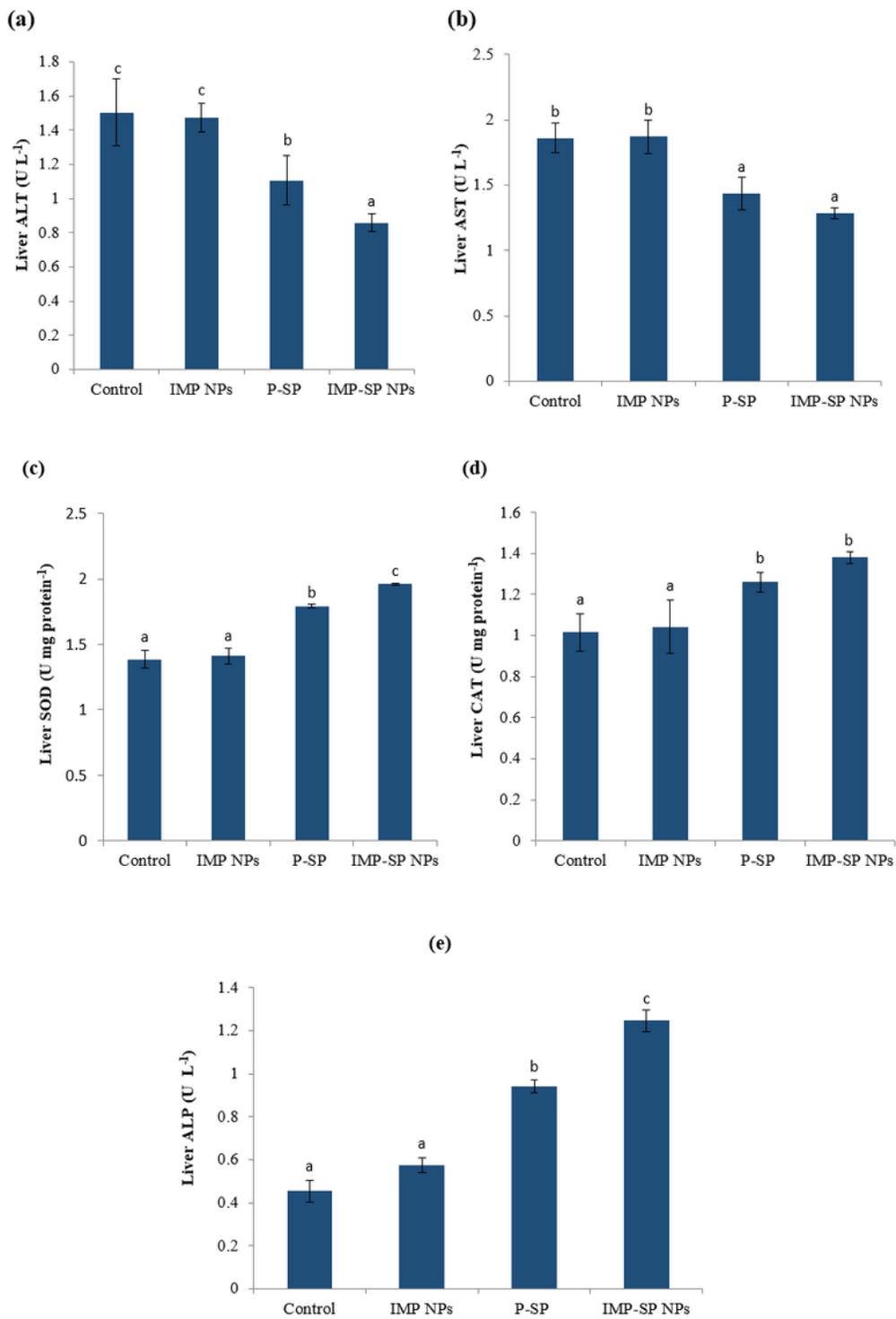


Figure 4

Alanine aminotransferase (ALT) (a), aspartate aminotransferase (AST) (b), superoxide dismutase (SOD) (c), catalase (CAT) (d), and alkaline phosphatase (ALP) (e) levels in liver of African cichlid (*L. lividus*) fingerlings fed on diets supplemented with different forms of sodium propionate for 56 days. Bars assigned with different letters are significantly different (ANOVA, P<0.05). MIP-NPs: molecular imprinted

polymer nanoparticles; P-SP: powder sodium propionate; MIP-SP NPs: molecular imprinted polymer-sodium propionate nanoparticles.

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