

2,4 -Dichlorophenoxyacetic Acid Induced Modulations in Immune System and Histopathological Alterations in Common Carp *Cyprinus Carpio*

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Abstract

2,4-dichlorophenoxyacetic acid (2,4-D), the most commonly applied herbicide since 7 decades in different formulations. Its effects in the aquatic environment are not well documented, particularly on fishes. In the current study, *Cyprinus carpio* fingerlings were exposed to 2,4-D to understand the effect of different concentrations in two experiments including i) LC₅₀ study for acute and ii) sub-lethal toxicity for physiological responses. In the acute toxicity, fish were exposed to 100, 200, 300, 400 and 500 mgL⁻¹ 2,4-D and resulted in 290 mgL⁻¹ as LC₅₀ in 96 h exposure. During 96 h, fish behaviour was monitored and mortality was recorded. In sub-lethal toxicity test, a separate batch of fish were exposed to 2.9 mg/L (1/100th LC₅₀), 29 mg/L (1/10th LC₅₀) and 58 mg/L (1/5th of LC₅₀) for 28 days, followed by immunological and histopathological responses were studied. The immunological responses indicated the adverse effect of 2,4-D on common carp by increasing the levels of superoxide dismutase (SOD) and catalase (CAT) responses indicating the DNA damage, in contrast the lysozyme activity and reactive oxygen species (ROS) declined. Meanwhile, histomorphological responses revealed the impairment in tissue microarchitecture such as proliferated nerve cells, clumped erythrocytes, tumour like structures in the brain, and prominent aneurysms and vasodilatations in gills, increased Bowman's space and melanomacrophages (MMCs) in the kidney, and vacuolizations in the liver. The results revealed that 2,4-D is immunotoxic and disparagingly alters tissue microarchitecture of fish.

Introduction

Pesticides play an imperative role in agriculture production, and herbicides constitute a largest group and receive special attention. Amongst, 2,4-dichlorophenoxyacetic acid (2,4-D) is the most widely applied in the last seven decades because of its affordability, wide spectrum and efficiency, and it is present in over 1,500 formulations in the markets (Tayeb et al., 2011; Islam et al., 2018). 2,4-D dissolves in water and also in other solvents making it ease for penetration in plants (Islam et al. 2018). It was introduced as a plant growth-regulator in 1942 and used in more than 100 countries. Primarily it is being applied in agriculture, forestry, home gardens to control aquatic vegetations (broad leaf) and to some extent as a growth regulator (WHO, 1984). Being a selective herbicide (Tayeb et al. 2011) it eliminates only dicots without affecting monocots and has the potential to alter protein synthesis and cell division in plants (Stevens and Breckenridge, 2001). According to the US Environmental Protection Agency (EPA), 2,4-D kills plants in three ways by modifying the i) plasticity of plant cell walls, (b) protein synthesis and (c) enhancing the ethylene production.

The toxic effects of 2, 4-D to non-target organisms is studied extensively and revealed that it disrupts the metabolic activities in higher vertebrates such as rats. Specifically, 2,4-D is hepatotoxic (Tayeb et al. 2010), genotoxic (Abul Farah et al. 2003), neurotoxic (Bortolozzi et al. 2004; Freitas et al. 2019) and immunosuppressive (Pistl et al. 2003) in rats. Apart from these disruptions, studies have revealed that 2,4-D reduced growth rate, impaired reproduction, altered behaviour and appearance, and ultimately caused death (Wafa et al. 2011).

Fish are highly sensitive to the contaminants, and are suitable bio-indicators of environmental contamination (Prusty et al. 2011). Various physiological responses are regularly used in fishes to know the effects of pollutants (Gimeno et al. 1995; Sancho et al. 2000). Among these responses, blood often exhibits pathological changes before fish exhibit any external symptoms due to contaminants, and frequently sampled without causing any disturbances to the animal or even death. Furthermore, the evaluation of biochemical and immunological characteristics in fish blood has become an important means of understanding possible mechanisms of toxicological impacts (Borges et al. 2007; Sudova et al. 2009). The activities of serum and or plasma enzymes have also been used as sensitive indicators of stress in fish exposed to diverse water pollutants (Kavitha et al. 2010). Among the several contaminants, studies on 2,4-D at immunological and histomorphological levels in fishes is scanty, and the present study investigated its impacts on ubiquitously available common carp, *Cyprinus carpio* at lethal and sub-lethal concentrations.

Materials And Methods

Exposure experiment

2,4-Dichlorophenoxyacetic acid (EC97%) (2,4-D) of commercial grade was used for both lethal and sub-lethal exposures. Fish were exposed to different concentrations of 2,4-D including 100, 200, 300, 400 and 500 mgL⁻¹ to obtain the median lethal dose (LC₅₀). Both experiments were conducted in triplicates and each replicate contained 10 fish in it. During the experiment, fish were monitored regularly for their behavior and mortality. After obtaining LC₅₀, a separate batch of fish were exposed for sub-lethal toxicity experiment. For sublethal toxicity test, fish were exposed to 2.9 mg/L (1/100th LC₅₀), 29 mg/L (1/10th LC₅₀) and 58 mg/L (1/5th of LC₅₀) for 28 days, following which, immunological and histopathological responses were analysed. The water quality parameters such as temperature, pH, DO and ammonia were regularly monitored. After termination of the exposure experiment, fish were utilized for immunological and tissue architecture studies.

The experiments were conducted as per the national and international guidelines for care and use of animals.

Immunological parameters

Immunological parameters such as superoxide dismutase (SOD), catalase (CAT), lysozyme activity and reactive oxygen species (ROS) were measured using protocols described earlier. Briefly, the blood samples were collected via the caudal vein near the caudal peduncle and the serum was separated by centrifuging at 5000 rpm for 5 mins and stored at -20 °C. For SOD assay, reagents were used according to the protocol (Nishikimi et al. 1972) and the absorbance was recorded using UV/spectrophotometer (Lambda 25, Perki Elmer, Germany). The ROS was measured according to Anderson and Siwicki (1995). Briefly, *Aeromonas hydrophila* cells diluted in PBS were used along with 100 µL of fish blood samples. While, lysozyme activity was measured following turbidimetric assay (Parry et al. 1965, Sankaran and

Gurnani, 1972) with partial modification using PBS having pH 5.8 and young culture of *Micrococcus luteus*. The reduction in the absorbance was measured at 450 nm at room temperature in ELISA microplate reader (Infinite M200 PRO, Tecan, Switzerland). While, catalase activity was measured according to Nicholls (1962) with phosphate buffer (pH 7.0) and the absorbance measured at 240 nm in a spectrophotometer thermostated at 25 °C.

Histomorphology

The microarchitecture of key tissues including the brain, gills, liver and kidney was performed using standard protocol Kong et al. (2008). Briefly, the tissue samples were preserved in 10% neutral buffered formaldehyde (Sigma Aldrich, CAS #HT501128). Then processed in series of methanol and chloroform, and sectioned (4-6) μm using rotary microtome (Leica RM2125RT, Germany), and hematoxylin and eosin stained, then mounted (CAS #130-12-2, Molychem Pvt. Ltd.). Images were photographed using NIKON 80i microscope.

Statistical analyses

The LC_{50} of 2, 4-D was calculated using probit analyses with 95% confidence interval. One-way ANOVA was applied to understand the effect of 2,4-D on water quality, and immunological responses was performed using Statistical Package for the Social Sciences (SPSS v16.0). Following which, Duncan post-hoc test was applied for comparison purposes to determine the significant differences among the treatments and the significance was set at $P < 0.05$.

Results And Discussion

The LC_{50} of the 2,4 D was found to be 290 mg L^{-1} during the 96 h exposure having 95% confidence limits according to the acute toxicity results. The LC_{50} result of the current study is in contrast with that of Deivasigamani (2015) who reported 100 mg L^{-1} for common carp and $34.64 \mu\text{L}$ in guppy *Poecilia vivipara* (Viagario and Saboia-Morais 2014). This difference within the species could be due to the form of the pesticide used and also may be the environmental conditions. Further, a very low level LC_{50} of 2.86 mg L^{-1} was recorded by Gaaied et al. (2020) in zebrafish embryos. Collectively, the differences observed may due to the difference in fish size, concentration of the pesticide, exposure intensity, susceptibility of the target animal which depends on the age, sex, health status and genetic variation (Fent 2003, 2004).

Immunological responses

The study showed increased activity of SOD and CAT with increase in 2,4-D concentrations (Table1). However, ROS and lysozyme activity decreased with 2,4-D exposure (Table 1). The high level of SOD and CAT activity in the exposed fish might have occurred due to the triggering of antioxidant enzymes for defense mechanism to overcome the negative effects of 2,4 -D. While, the lysozyme activity was hindered due to the 2,4-D exposure, the activity of lysozyme decreased with increase in pesticides and its activity was significantly less compared to both positive and negative controls (Fig. 1). It is well accepted that

fish phagocytes after activation are able to generate superoxide anion (O_2^-) and its reactive derivatives (i.e. hydrogen peroxide and hydroxyl radicals) during the period of intense oxygen consumption, called the respiratory burst. These reactive oxygen species are toxic for bacterial pathogens (Paiva and Bozza, 2014) of fish. The results show that the activity of immune parameters in serum could be used as biomarkers for monitoring environmental stressors, and indicate that the activities of specific biomarkers in *C. carpio* are more sensitive to pesticides.

Table 1
Immunomodulation effect of sub-lethal concentrations of 2, 4-dichlorophenoxyacetic acid in *C. carpio* exposed for 28 days.

Treatments	ROS	SOD	CAT
T1	1.08±0.12 ^a	2.48±0.24 ^a	2.12±0.17 ^a
T2	0.81±0.10 ^b	3.51±0.49 ^b	3.82±0.45 ^b
T3	0.79±0.09 ^b	3.97±0.60 ^c	4.26±0.56 ^c
T4	0.74±0.11 ^b	4.21±0.61 ^d	5.11±0.81 ^d

Amongst the several immune parameters, lysozyme is one of the important defense molecules that is altered due to pesticides (Saurabh and Sahoo, 2008). Previously, a study revealed a significantly decreased lysozyme activity in plasma, liver, kidney and spleen in great sturgeon *Huso huso* (Khoshbavar-Rostami et al. 2006) exposed to diazinon. Similarly, it has been reported that chlorpyrifos elicited lysozyme attenuation in plasma and spleen of common carp (*C. carpio*) exposed acutely to 75 µg/L (Li et al. 2013). In contrast, 2.0 and 4.0 mg/L diazinon in grass carp *Ctenopharyngodon idella* significantly induced lysozyme activity (Soltani and Pourgholam, 2007) and chlorpyrifos (0.102 and 0.255 mg/L) in Nile tilapia *Oreochromis niloticus* (El-Bouhy et al. 2014). It was also reported that exposure of Nile tilapia *O. niloticus* to chlorpyrifos (0.102 and 0.255 mg/L) provoked an increase in the activity of lysozyme in the plasma of these organisms; however, at a lower concentration (0.051 mg/mL) the pesticide did not cause any effect on lysozyme (Zahran et al. 2018). In turn, disruption of lysozyme which has antibiotic properties originates in leucocytes that possess a broader functions (Demers and Bayne, 1997) has been frequently utilized as an indicator of non-specific immune functions, which combats primary infections in fish would deleteriously get affected due to pesticides in fish (Saurabh and Sahoo, 2008). It may be challenging to demarcate the causes for immunological responses caused by various contaminants, perhaps it is possible to consider these as suitable biomarkers for quick scrutiny of pesticides, using live fish.

Histomorphology

The current study extensively focussed on histopathology of selected tissues, since micro-architecture of the organs provides detailed information about the screening of environmental pollutants using target tissues. The study observed a disparaging alterations in the tissues at sub-lethal levels and the responses

were dose dependent, however no differences observed between control and environmental concentration (29 µg/L) of 2,4-D, hence histology pictures for environmental concentration is not provided for any of the tissues studied.

2,4-D is a synthetic auxin (a plant hormone), which is absorbed by the leaves of plants. Upon its application, plants respond with uncontrolled and unsustainable growth, which ultimately kills plant (Clark and Pazdernik, 2016). Similarly, in the current study, 2,4-D might have increased the cell numbers and formed tumours at high concentrations in fish tissues with exposure. And it is reported that nervous system is one of the targets for 2,4-D and effects were found relating to degeneration of nerve motor function, lethargic and behavioural changes (Bortolozzi et al. 2001; De Morro et al. 1993) in rats and chick embryos. In zebrafish embryos, a significant loss of nerve signals, reduced axon projections to the tectum, thin and truncated neuron axons of the motor regions were observed (DeMarco et al. 2021).

In the histological investigations, tegmentum area of the brain of unexposed fish showed a well organized nerve fibres and uniformly scattered nerve granules and clearly visible erythrocytes (Fig. 2A). While, fish exposed to 2.9 mg/L 2,4-D revealed increased intensity of dark granules, and nerve fibres in bundles (Fig. 2B). However, at 29 mg/L 2,4-D, the quantity of nerve fibres decreased and the nerve granules were prominent, along with pigments. In some regions of the tegmentum, pyknosis of granules were observed along with clumping of erythrocyte (Fig. 2C). Whereas, high concentration exhibited severely intensified (dense) granules and reduced nerve fibres (Fig. 2D). It was also noticed that the cilia at the borders of the tegmentum was severely affected as the concentration of the herbicide increased. The increase in granules reflects the basic property of 2,4-D where it enhances growth of plants through increase in cell numbers, hence in fish also it might have proliferated cells leading to tumour formation. However, in zebrafish significantly increased cell death, damaged growth of motor neurons and found less teratogenic. These differences could be due to either species sensitivity and or age of the fish. The cell death observed in zebrafish embryos could be to the development of the animal where cell proliferation was inhibited (Ton et al. 2006), however the precise mechanism for such differences need to be investigated.

Pineal gland, an endocrine gland that plays an imperative role in melatonin production, and also functions in photosensitivity (Dodt, 1963). A well organized pinealocytes and astrocytes were observed in pineal gland, and these cells possessed proper shapes along with uniformly distributed erythrocytes in unexposed fish (Fig. 2E). While with 2,4-D exposures, erythrocyte numbers increased with abnormal shape along with big sized blood vessels, cell necrosis and size of the pinealocytes also increased (Fig. 2F&G). Whereas at highest concentrations, vacuolization was severe and nerve fibres were disrupted disparagingly (Fig. 2H). The alterations observed would affect the melatonin secretion, followed by hypothalamic-pituitary-thyroid axis driven pigmentations, perhaps this could be used as a potential biomarker. Besides, it might affect the regulation of other physiological rhythms including translating photoperiodic stimuli into function (Walton et al. 2011; Zheng et al. 2021), since it plays an important role in regulation of circadian rhythms. It is also proven that any environmental stressor that alters the function of pineal gland would lead to jeopardy on the well-being of vertebrates including fish (Sanchez-

Vazquez et al. 2019). The perturbed homeostasis of the melatonin would ultimately result in altered circadian rhythms which might hinder the fitness of the fish in terms of survival, growth and reproduction, (Zheng et al. 2021) and consequently biased sex ratio.

The tectum of the brain revealed a clearly visible mononuclear cells along with uniformly distributed nerve fibres in unexposed fish (Fig. 2I). While with increased concentrations, the fibrous dendrites, necrosis, vacuolization were initiated and the erythrocyte numbers increased (Fig. 2J&K). However, at highest concentration, multi-nucleated cells and severe vacuolization was prominent (Fig. 2L). Since tectum is a sensory and primarily visual in function (Northmore, 2011), damage in it by herbicide exposure might affect locating food and may lead to loss of prey and predator relationship. Similar alterations were also observed by Mishra and Devi (2014) in *Channa* sp exposed to chlorpyrifos. The alterations observed in the optic tectum reflects the motor coordination in animals (Marks and Berg, 1999; Kermer et al. 2004). The vacuolization in the tectum due to 2,4-D in the current study are similar to alterations in the retina and lens of fish contaminated by detergent (Huang and Wang, 1995). Collectively, the changes observed might influence the normal function of the brain because it plays an important role for visualization (Roy et al. 2006). The 2,4-D exposure induced cell manifestation, and may drastically affect fish behavior. The results of the study opine that 2,4-D is immunotoxic and neurotoxic and it may influence the visual and sensory functions of fish (Mishra ands Devi, 2014).

While, thalamus of the brain in unexposed fish revealed that the nerve fibres were very clearly distributed and erythrocytes were well organized with proper shapes (Fig. 2M). Whereas, fish exposed to highest concentration of 2,4-D exhibited thick blood vessels, clumping of blood cells and nerve tumours (Fig. 2N). The abnormal proliferation of cells might have led to the formation of tumor in the brain due to 2,4-D. According to our knowledge, this is the first report which identified tumor formations in fish the brain due to herbicide and it needs further studies to understand the precise mechanisms.

The study presented a well organised primary and secondary lamellae along with uniformly distributed chondrocytes in control group (Fig. 3A). Whereas, fish exposed to 2.9 and 29 mg/L 2,4-D exhibited a minute telangiectasia, increased erythrocytes, necrosis, leukocyte infiltration, fused secondary lamellae, vasodilatations and decreased chondrocyte size (Fig. 3B&C). At highest concentration, numerous aneurysms, congregated erythrocytes in aneurysms, and reduced chondrocytes in primary lamellae were prominent (Fig. 3D). Similar observations were also made in *P. vivipara* exposed to 2,4-D (Vigario and Saboia-Morais, 2014). The histopathological alterations observed for pesticide exposures in the earlier investigations have revealed that the gills are the primary routes for entry of several contaminants, and possess large surface area having direct contact with water (Simonato et al. 2008; Abdel-Moneim et al. 2012; Baskar, 2014). The numerous aneurysms recorded at the higher concentrations of 2,4-D exposure could be due to the rupture of pillar cells associated with increased blood flow (Camargo and Martinez, 2007; Paulino et al. 2014) which might have caused by the stress that is induced by the pesticide exposure. The alterations observed in gills might be because of polarity of 2,4-D and it can contact and interact easily with the epithelial cells (Vigario and Saboia-Morais, 2014). As per the current and earlier

studies, histopathology of gills is one of the excellent biomarkers for environmental impact assessment and provide relevant information on the health status (Strzyżewska-Worotyńska et al. 2017).

Concurrently, the study recorded a uniformly distributed proximal convoluted tubules (PCT) and distal convoluted tubules (DCT) in unexposed fish (Fig. 4A). Whereas with 2,4-D exposures, lumen in PCT was noticeable, and damage of hematopoietic tissue was evident (Fig. 4B). With increased concentration (29 mg/L), Bowman's space increased, minute tumour nodules and melanomacrophages (MMCs) were prominent (Fig. 4C). At highest concentration, fluid accumulations (exudates) were commonly found, severe damage of kidney tissue through the formation of tumour was more prominent along with huge vacuolisations (Fig. 4D). Similar alterations were also observed in *Clarias gariepinus* exposed to cypermethrin (Velmurugan et al. 2009) and *Piaractus mesopotamicus* exposed to trichlorofon (Mataqueiro et al. 2009). The yellowish to black MMCs observed in hematopoietic tissues of kidney and liver indicated the development of chronic inflammatory lesions (Agius and Roberts, 2003) or stress (Peters and Schwarzer, 1985) are a consequences of 2,4-D exposure. These alterations implicate the deterioration of the renal tubules, glomeruli and tumour formation, and the intensity of damage was increased with increased concentrations and similar changes were also observed in rats exposed to malathion (Al-Attar, 2010). The disparaging alterations observed in kidney in various investigations reveal that these changes might take place to perform the sequestration of the pesticides for their degradation to reduce the toxicity of the contaminants (Agius and Roberts, 2003), by compromising their micro-architecture.

Liver, an organ for metabolism, detoxification and accumulation of toxic substances. In the current investigation, uniformly distributed hepatocytes and Kupffer cells were observed in unexposed fish (Fig. 5A). However, at environmental concentration, slight vacuolization was initiated to appear and with a few anucleated hepatocytes (figure not shown). While at sub-lethal concentrations, yellowish to black MMCs were noticed (not shown in figure), pancreas appeared thickening and vacuolization was more prominent with pyknosis of hepatocytes (Fig. 5C&D). These responses are in agreement with the Vigario and Saboia-Morais (2014) in *P. vivipara* exposed to 2, 4-D. In both studies the responses were dose dependent and severity of effects increased with increase in 2,4-D concentration. The vacuolization observed at higher concentration indicate the toxic effect of 2,4-D and this might lead to tumour formation through spongiosis (Hinton and Lauren, 1990; Ortiz et al. 2003). The disappearance of nuclei or micronuclei observed in the exposed fish might be an indication of genotoxicity of 2,4-D, and perhaps this would be adopted as genotoxic assessment tool as it is a simple and short term assay which helps monitoring the water quality (Grisolia, 2002).

In summary, the study showed 2,4-D as an immunotoxic, and perturbed multiple tissues investigated. Further studies are warranted to understand its precise neurotoxic effects. The histo-architecture witnessed that 2,4-D can cause tumours in multiple tissues through cell proliferation. However, future studies are warranted to know the molecular insights of herbicides impact either in fish or any other aquatic animals.

Declarations

Competing interests

All authors have no competing interests to declare.

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Figures

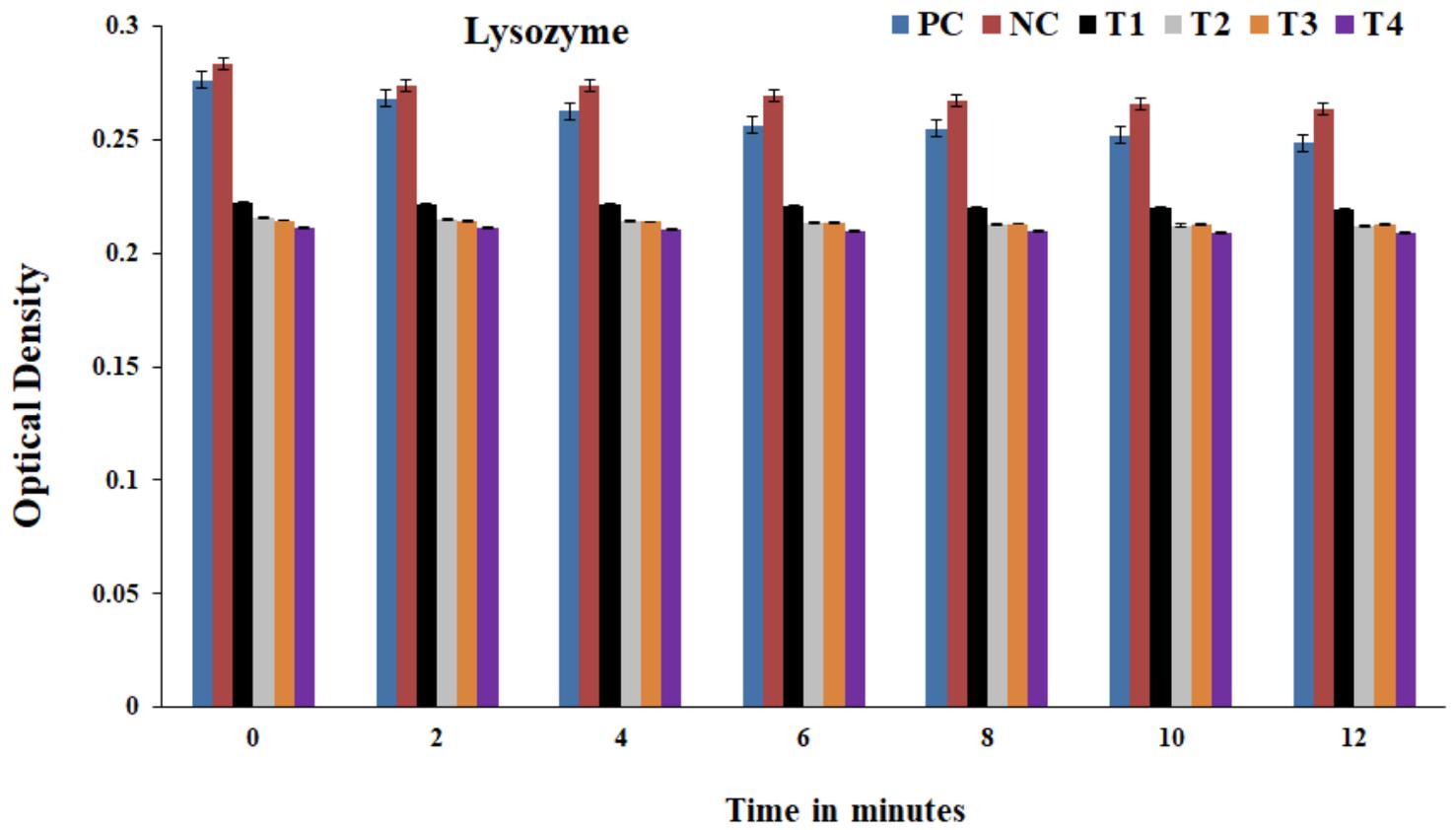


Figure 1

Lysozyme activity in the serum in common carp *Cyprinus carpio* exposed to herbicide 2,4-D

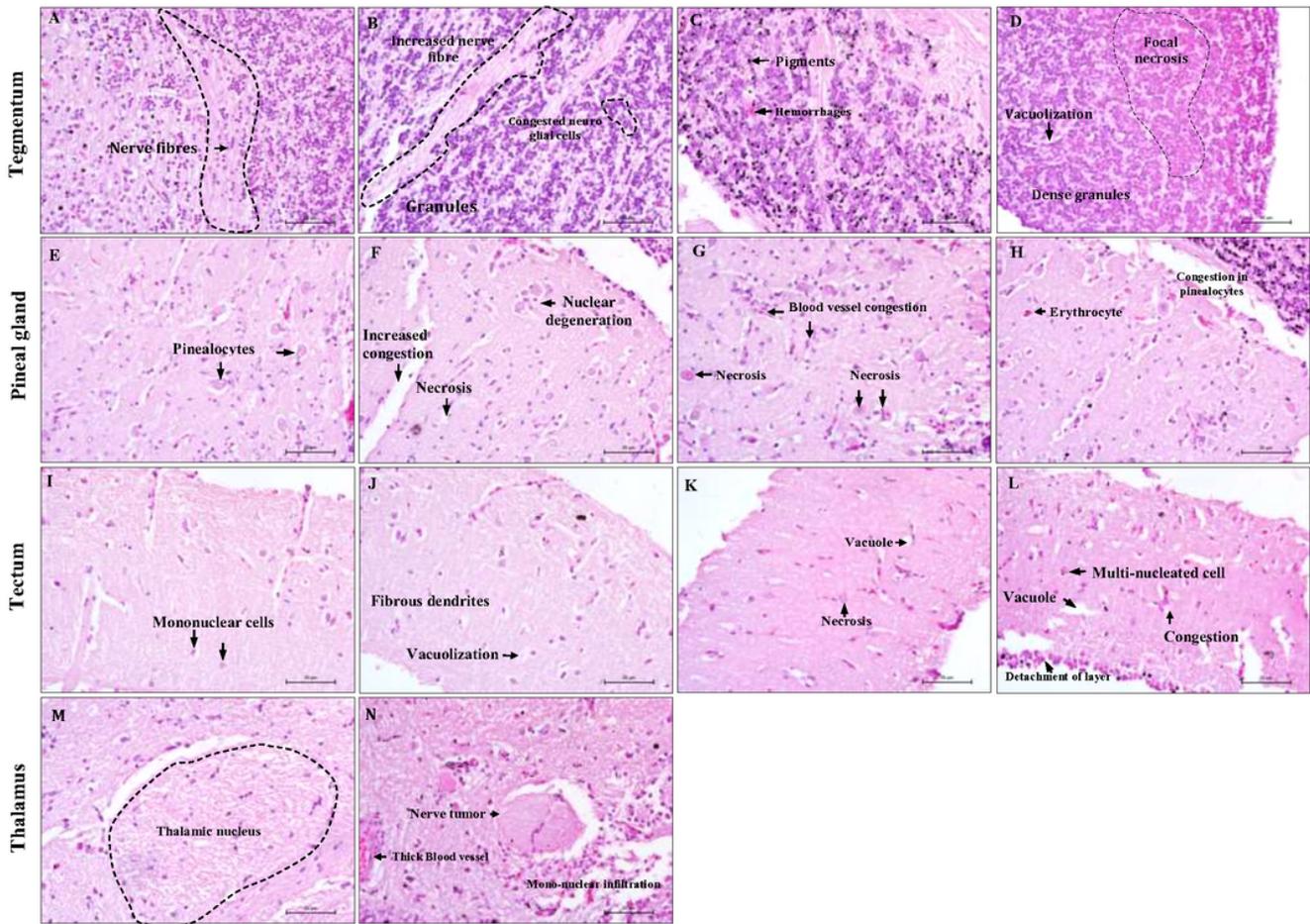


Figure 2

Microphotographs for detection of changes in the tegmentum (A-D), pineal gland (E-H), tectum (I-L) and thalamus (M & N) of the brain of common carp *Cyprinus carpio*. Control (A, E, I & M), Fish exposed to 2.9 mg/L 2,4-D (B, F, J), Fish exposed to 29 mg/L 2,4-D (C, G, K), Fish exposed to 58 mg/L 2,4-D (D, H, L & N). Scale bar=50 μ m. H & E staining.

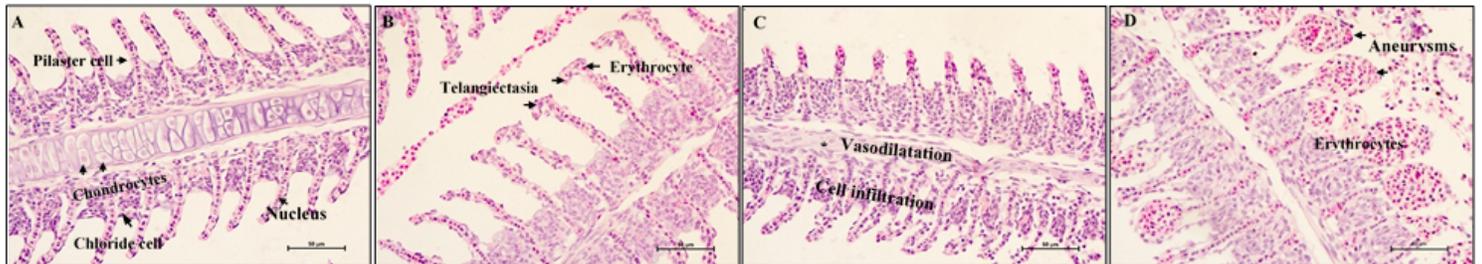


Figure 3

Microphotographs for detection of changes in the gills of common carp *Cyprinus carpio*. A) Control, B) Fish exposed to 2.9 mg/L 2,4-D, C) Fish exposed to 29 mg/L 2,4-D, C) Fish exposed to 58 mg/L of 2,4 D. Scale bar=50 µm. H & E staining.

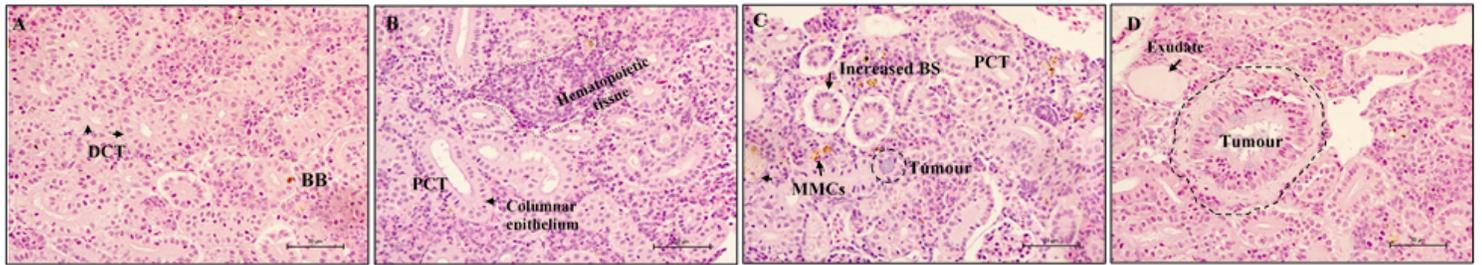


Figure 4

Microphotographs for detection of changes in the kidney of common carp *Cyprinus carpio*. A) Control, B) Fish to 2.9 mg/L 2,4-D, C) Fish exposed to 29 mg/L 2,4-D, C) Fish exposed to 58 mg/L 2,4-D. Scale bar=50µm. H & E staining. DCT: Distal convoluted tubules, PCT: Proximal Convoluted Tubules; BS: Bowman's space; BB: Brush border. Scale bar=50 µm. H & E staining.

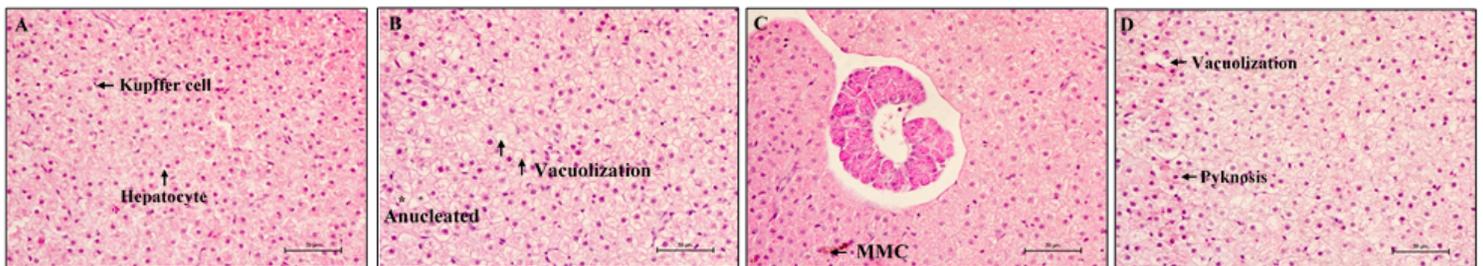


Figure 5

Microphotographs for detection of changes in the liver of common carp *Cyprinus carpio*. A) Control, B) Fish to 2.9 mg/L 2,4-D, C) Fish exposed to 29 mg/L 2,4-D, C) Fish exposed to 58 mg/L 2,4-D. Scale bar=50 µm. H & E staining.