

Pre-operative denosumab is associated with higher risk of local recurrence in giant cell tumor of bone: a systematic review and meta-analysis

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Abstract

Background In 2013, denosumab was introduced as peri-operative adjuvant treatment for giant cell tumor (GCT) of bone as it inhibits osteoclast activity. It is suggested that denosumab relieves pain, facilitates curettage in lesions requiring resection initially. However, controversy remains whether denosumab increases the risk of local recurrence after surgery.

Methods Medline, Embase and the Cochrane Library were comprehensively searched in June 2019 to identify studies investigating the clinical outcome of GCT of bone with and without peri-operative denosumab after surgery. Data were gathered and a meta-analysis was conducted.

Result Ten studies with 1082 cases (169 in denosumab group, 913 in control group) were included. Overall, denosumab was associated with significantly higher risk of recurrence ($P < 0.02$) and inferior 5 year recurrence free survival ($P = 0.000$). Denosumab and curettage has a relatively higher risk of recurrence comparing to curettage alone ($P = 0.07$). The risk of recurrence is not significantly increased if denosumab was administered both preoperatively and postoperatively ($P = 0.24$).

Conclusion Administration of denosumab is associated with increased risk of recurrence due to a variety of reasons, though it is proven effective in relieving pain, enabling curettage and improved functional outcome. Post-operative denosumab is recommended as it continuously suppress/eliminates residue tumor cells.

Background

Giant cell tumor is a benign but locally aggressive bone neoplasm which typically affects young patients in the meta-epiphyseal regions of the bone[1]. The treatment of GCT remains controversial over decades as to search for the balance between adequate surgical margin and sufficient adjacent joint function. Curettage can minimize bone loss and the destruction to soft tissue, thus leading to better joint function, less pain and less peri-operative complications. But it is associated with higher risk of local recurrence[2-4]. Some researches introduced adjuvants including local adjuvant and bisphosphonates combined with curettage, but the results were inconclusive[5-7].

In 2013, the Food and Drug Administration of United States approved the clinical use of denosumab, a human monoclonal antibody that interferes in the bone remodeling process by binding receptor activation of nuclear factor- β ligand (RANKL) to treat osteoporosis, bone metastasis and bone tumors including giant cell tumor[8].

In the past six years, studies have been done to investigate the clinical effect of denosumab on giant cell tumor of bone, suggesting that it might be a promising adjuvant therapy by reducing osteoclast activity.

Some studies suggest that denosumab is associated with tumor response, facilitating curettage in lesions that required resection initially by allowing the forming of peripheral bone rim and eventually reduce surgical morbidity[9-11]. However, other studies reported minimal inhibitory effect on GCT from denosumab[12], some argue that denosumab might make it difficult to achieve a clear margin during surgery and therefore increase the risk of recurrence[13].

The incidence of giant cell tumor of bone is quite low, reported incidence included 1.38 per million in US, 1.49 per million in China[14]. Considering the rare incidence and the fact that denosumab has only been approved by FDA for 6 years, most studies investigating on this subject are retrospective studies with small cohort. The purpose of our meta-analysis is to gather existing data from these studies and evaluate the safety and clinical efficacy of denosumab as peri-operative treatment of GCT of bone. The primary aim is to analyze whether denosumab increases the risk of local recurrence after surgery and explore any potential causes.

Methods

Search Strategy

Medline, Embase and the Cochrane Library were comprehensively searched by two independent researchers until June 31st, 2019. Search terms included: denosumab, giant cell tumor, GCT, surgery and related MeSH terms. The search term used in Medline were (((("Giant Cell Tumor of Bone"[Mesh] OR "Giant Cell Tumors"[Mesh]) OR ("Gene Cell Tissue"[Journal] OR "gct"[All Fields])) OR ("giant cell tumour"[All Fields] OR "giant cell tumors"[MeSH Terms] OR ("giant"[All Fields] AND "cell"[All Fields] AND "tumors"[All Fields]) OR "giant cell tumors"[All Fields] OR ("giant"[All Fields] AND "cell"[All Fields] AND "tumor"[All Fields]) OR "giant cell tumor"[All Fields])) AND ("denosumab"[MeSH Terms] OR "denosumab"[All Fields])).Any additional studies were identified from references of retrieved studies.

Inclusion and exclusion criteria

Studies were included if they (1)were clinical trials, (2)included patients receiving denosumab and underwent surgery for giant cell tumor of bone, (3)compared clinical outcome with patients that underwent surgery without denosumab treatment. Studies were excluded if they were (1) conference abstracts, non-human studies, cadaveric studies or studies published in forms other than clinical articles, (2) studies without quantitative data, (3)studies without comparison between cases receiving denosumab and cases underwent surgeries alone, or(4) studies that included GCT of the skull.

Data extraction and quality assessment

Data were collected from included studies and were screened and analyzed by two researchers. Quantitative data and key information in each studies were recorded in Excel and verified. The quality of included studies were assessed according to the Newcastle-Ottawa Scale(NOS). The level of evidence of included studies were assessed based on the CEBM Level of Evidence.

Statistical analysis

Discontinuous data were analyzed by odds ratios. Pooled analysis was performed with an 95% confidence intervals(CIs). Generally, Mantel-Haenszel(M-H) method was utilized, Peto's method was applied when event

incidence is deemed rare and heterogeneity is low. Heterogeneity was assessed using the chi-squared and I-squared(I^2) tests. A fixed effect model was applied when $I^2 < 50\%$, and a random effect model when $I^2 > 50\%$. A p value < 0.05 was considered statistically significant. In the cases that trials have no event in one arm or another, a small quantity (0.5) would be added to the cell counts to avoid division by zero errors according to the Systematic Reviews in Health Care: Meta-Analysis in Context. In the case where the $P = 0.000$ is displayed, it means $P \leq 0.0005$. Revman 5.3 and Stata 14.0 were used to conduct this meta-analysis as Revman provides more detailed forest plot in discontinuous data analysis while Stata is capable of survival analysis and various heterogeneity analysis. Data and results were cross-checked between these two software.

Results

Study characteristics

A comprehensive search of Medline, Embase and the Cochrane Library yielded 648 articles. 10 studies with 1082 cases (169 in denosumab group, 913 in control group) were eventually included after careful screening title, abstract, and full texts by two independent researchers. (Figure 1). Basic characteristics and quality assessment of included studies are listed in table 1. Parameters including recurrence, indication to administer denosumab, administration time and dosage, surgical approach, lesion site, primary/recurrent lesion Campannaci grade, denosumab related complication and malignant transformation of lesion are recorded and analyzed.

Histopathological diagnosis of giant cell tumor was all achieved in included studies. The indications for denosumab are specified in 6 studies, including: lesions in distal radius, invasive radiographic findings, unresectable lesions and possible severe morbidity after surgery.

Recurrence

As the primary outcome of this meta-analysis, local recurrence is recorded in all included studies. Administration dosage was 120mg per injection and interval was once a month with 0-3 additional dosage in the first month. The total dosage given prior to surgery was inconsistent among included studies. 4 studies [13, 15-17] administered denosumab pre-operatively and post-operatively. Overall, 61 cases in the denosumab group and 175 cases in the control group had local recurrence. Pooled analysis showed significantly higher risk of recurrence in the denosumab group (OR: 2.37, 95% CI: 1.16 to 4.85, $p = 0.02$, $I^2 = 57\%$) (figure 2). Surgical choice was taken into account by comparing cases underwent curettage with denosumab and curettage alone in 4 studies [9, 16-18] (OR: 2.13, 95% CI: 0.95 to 4.76, $p = 0.07$, $I^2 = 29\%$) (Figure 3), though the result was not statistically significant. 7 studies [9, 15-20] reported outcome on primary lesions, which also suggest significantly higher risk of local recurrence in the denosumab group (OR: 1.91, 95% CI: 1.17 to 3.09, $p = 0.009$, $I^2 = 36\%$) (Figure 4). In 4 studies [13, 15-17] denosumab was administered both preoperatively and postoperatively, no statistically significant difference was found when comparing pre and post denosumab administration group and control group in terms of local recurrence (OR: 1.96, 95% CI: 0.63 to 6.07, $p = 0.24$, $I^2 = 79\%$) (Figure 5).

Recurrence free survival

Recurrence free survival analysis was conducted in 4 studies[13, 16, 20, 21], pooled analysis including 754 cases with at least 12 months of follow-up showed that denosumab is associated with unfavorable 5 year recurrence free survival(ES: 3.707, 95% CI: 2.30 to 5.98, $p=0.000$, $I^2=0\%$).

Complications and others

6 studies[9, 13, 15, 19, 21, 22] reported denosumab-related complications, in the 388 cases treated with denosumab, no osteo-necrosis of jaw or hypocalcemia was observed. 1 study[13] reported a periapical abscess and a periodontal disease during the course of denosumab administration. No other denosumab-related complications were reported in all included studies. Prior to administration of denosumab, dental check, blood test for renal function and calcium level were conducted by Agarwal et al[19]. Scoccianti et al[9] conducted dental check before denosumab administration. Oral supplementary of Vitamin D and calcium is administered in 4 studies[3, 9, 13, 19]. Generally, Vitamin D was given more than 400IU/day and calcium more than 500mg/day. Administration of denosumab were similar, most studies administered denosumab once a month with 1-3 additional doses during the first month, the duration of administration prior to surgery differs for various reasons. Yang et al[22] reported significant decreased VAS score, intraoperative blood loss and CT enhancement after administration.

Radiographic outcome

Publication bias

Galbraith test(Figure6) and L'abbe test(Figure7) was conducted to assess heterogeneity among different studies in terms of local recurrence, which showed low heterogeneity among different studies.

Sensitivity analysis

Sensitivity analysis was conducted by excluding study with fewer than 10 cases and studies with less than 12 months of follow up, which did not have a significant impact on our result in terms of local recurrence.

Discussion

In vitro studies have found that denosumab suppress the proliferation of giant cells by actively inhibits osteoclast activity[12], a reduction in the stroma cells was also observed by Chawla et al[10]. Osteolysis is then suppressed and new bone formation innovated[23].

However, controversy remains regarding to the oncologic outcome of giant cell tumor of bone after denosumab treatment. A total of 169 cases underwent denosumab treatment and surgery, 61(36.1%) of them experienced recurrence, pooled analysis of overall recurrence and recurrence free survival showed a significantly inferior outcome in the denosumab group. The following factors are considered relevant to the higher recurrence rate in the denosumab group:

It is has been reported that the neoplastic cells turned proliferative once the use of denosumab is stopped[12], which may lead to recurrence if adequate surgical margin is not achieved. Several studies have reported the newly formed sclerotic bone and thickened cortex made it difficult to identify surgical margin and to curette.

Residue tumor cells may hide within the new bone and thickened cortex and may recur once denosumab is discontinued[22, 24, 25]. Traub et al[25] described that the tumor tissue was replaced by gritty, fibrous-like tissue new bone, they suggested intra-operative fluoroscopy to guide the extent of resection. On the other hand, it is argued that the newly formed peripheral bone rim and hardened tumor tissue reduced the risk of inadvertent contamination[19]. Although we did not acquire sufficient data to conduct pooled-analysis on the outcome of denosumab combining curettage and local adjuvant, it is strongly recommended in many studies to use local adjuvant and high speed burr[3, 24, 26, 27]. Most studies included in our analysis applied various methods of local adjuvant in most patients except for one study specified that no local adjuvant was used[20].

Giant cell tumor of bone typically presents as an eccentric and radiolucent lesion on radiograph, sclerosis can be seen in some lesions. Cortical discontinuity can be found on X-ray and CT, and extensive edema can be found on MRI, which are considered as prognostic markers for local recurrence[6, 28]. Sclerosis around and within the lesion tumor after denosumab was reported in most studies. A significant decrease in enhancement in enhanced CT value suggested the decrease of blood supply after denosumab administration[22]. On MRI, marrow replacement by tissue with different signal intensity were reported.[18] For 18F-FDG PET/CT, studies found 94%-96% cases underwent denosumab treatment had decreased SUVmax values[10, 29]. Ueda et al[11] used CT/MRI and 18FDG-PET/PET-CT to assess objective response of giant cell tumor of bone after denosumab treatment and found a 35%/82%/71% response rate according to RECIST/EORTC/Choi Criteria respectively, suggesting a robust radiographic response after denosumab treatment. Images of GCT of bone on X-ray reported by Agarwal et al[19] was cited in Figure 8 upon permission from editorial office.

Surgical choice between intralesional curettage and wide resection might influence the risk of recurrence[16]. Previous studies have reported a significantly lower risk of recurrence after wide resection than curettage[2, 3]. Through pre-operative administration of denosumab intralesional curettage became feasible in lesions requiring wide resection originally[3]. Pooled analysis compared recurrence between denosumab before curettage and curettage alone, which showed a tendency towards increased risk of recurrence in the denosumab group, but the result was not statistically significant considering only limited number of studies and cases were involved. This can be explained in that these lesions were more aggressive originally and would receive more radical surgical procedures if denosumab was not applied.

In most studies denosumab was preferred in lesions that are either large, located in distal radius (lesions located in distal radius are considered more aggressive and more likely to recur[21]), with higher Campanacci grade or have other progressive signs, which inherently pose a greater risk of recurrence. Agarwal et al[19] matched the denosumab group and control group in terms of lesion size and Campanacci grade, 11 of 25(44%) cases in the denosumab group had local recurrence comparing to 7 of 34(21%) cases in the control group, though the difference was not statistically significant due to limited sample size. A randomized controlled trial is currently being conducted in Japan[26], which could decrease the influence of selection bias. However, due to the rare incidence of this disease, such investigation can be very time consuming. Pooled analysis combining recurrent and primary tumor yielded similar result comparing to that of primary tumor alone, which is in consistent with previous finding that recurrent tumors were not at increased risk for recurrence[27].

Standard administration of denosumab included monthly injection with 1-3 additional dosage in the first month, which was applied in all included studies. There is no consensus on how many doses should be given prior to surgery as many factors including radiographic evaluation, economy and patients' choice are taken into account. Agarawal et al[19] proposed three weekly doses were enough to solidify the tumor and decrease spillage. Chen et al[15] recommend the duration of medication should be shortened to the greatest extent to avoid formation of thick rim of new bone. Urakawa et al[17] applied denosumab both pre-operatively and post-operatively, in the 31 cases treated with denosumab, administration exceeding 5 times was significantly associated with lower risk of recurrence. When only studies applying preoperative and postoperative denosumab are included, pooled analysis showed no significant difference in recurrence comparing to the control group. It might be deduced that postoperative denosumab continues suppress/eliminate any residue tumor cells in the body.

This meta-analysis has several limitations: 1. Due to the rare incidence of the disease, all included studies were retrospective studies with small cohort, hence the quality of our study is limited and further analysis based on anatomic site was not feasible. 2. Cases were not randomized or standardized between denosumab group and control group, which created selection bias. Most studies applied denosumab to more aggressive lesions. 3. Follow up in included studies were not consistent with each other, which could influence our assessment of local recurrence. 4. Although sclerosis and ossification is observed in most studies, we did not acquire sufficient data to conduct pooled analysis to assess radiographic outcome after denosumab treatment.

Our study has several strengths: 1. Due to the rare incidence (1-1.5 per million)[14] of giant cell tumor and the fact that denosumab has only been introduced to treating giant cell tumor for nearly a decade, there has been a limited number of studies and cases reported on this issue. Our analysis gathered existing and valuable information to conduct a quantitative analysis with a relatively large number of cases involved. 2. Articles were screened carefully by two independent researchers. 3. Retrieved data were verified and sorted in subgroups to analyze any potential causes of the difference in recurrence. 4. Statistical analysis was conducted with rigorous heterogeneity assessment. 5. Considering the rare incidence of denosumab-induced complication, we gathered a rather large cohort to investigate this issue.

Conclusion

As a benign tumor, the treatment of giant cell tumor of bone has been focusing more on relieving pain, optimizing functional outcome and minimizing surgical trauma. Denosumab has been shown effective in relieving pain. Pre-operative denosumab enabling curettage of lesions required resection initially. However, as an aggressive lesion, reported recurrence of giant cell tumor of bone following curettage ranged from 14% to 34%[3, 6, 16, 27, 30-32]. In our analysis, we have found a significant higher recurrence when patients are treated with denosumab prior to surgery. We have also found that the risk of recurrence is not significantly increased if denosumab is administered both pre-operatively and post-operatively. Pre-operative and post-operative denosumab combining with curettage when adequate surgical margin is carefully achieved might be an appropriate option. Further studies with longer follow-up and rigorous design is needed to further investigate the clinical efficacy and safety of denosumab on the treatment of giant cell tumor of bone.

Abbreviations

GCT: Giant cell tumor

Declarations

Ethics approval and consent to participate

Since our study is a meta-analysis, an Ethical Review Committee Statement is not required.

Consent for publication

Not applicable

Availability of data and materials

Not applicable. The data used for analysis was retrieved from openly published studies listed in our manuscript.

Competing interests

All authors declare no conflict of interest.

Funding

Not applicable

Authors' contributions

XC write the manuscript and analysed the data. HL searched the database and retrieved data from included studies. SZ searched the database and checked the included articles and retrieved data and recorded them. YW did language editing and checked the statistical analysis of this article. WWQ guided the whole research process and contribute to the discussion section.

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Not applicable

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Table

Table1. Study Characteristics

Study	Year	Country	No. of cases		Follow-up(months)	Site	Surgery	Quality Score
			Denosumab	Control				
Agarwal(19)	2018	India	25	34	12 to 24	E/K	C/W	*****
Chen(15)	2018	China	20	10	3 to 36	K	Unspecified	****
Costantino(3)	2018	Italy	25	222	>24	E/K	C	*****
Liu(18)	2016	China	1	3	>8	E	C	****
Medellin(20)	2018	UK	7	100	>12	E	C/W	*****
Scoccianti(9)	2018	Italy	12	9	14 to 92	E/K	C	*****
Tsukamoto(13)	2019	Japan	25	317	54 to 124	E/K	C/W	*****
Urakawa(17)	2018	Japan	40	158	60 to 72	E/K	C	*****
Yang(22)	2018	China	6	10	>24	K	C/W	*****
Zou(21)	2018	China	8	50	21 to 321	K	C/W	*****

E:Extremity K:Trunk C:Intralesional Curettage W:Wide Resection

Figures

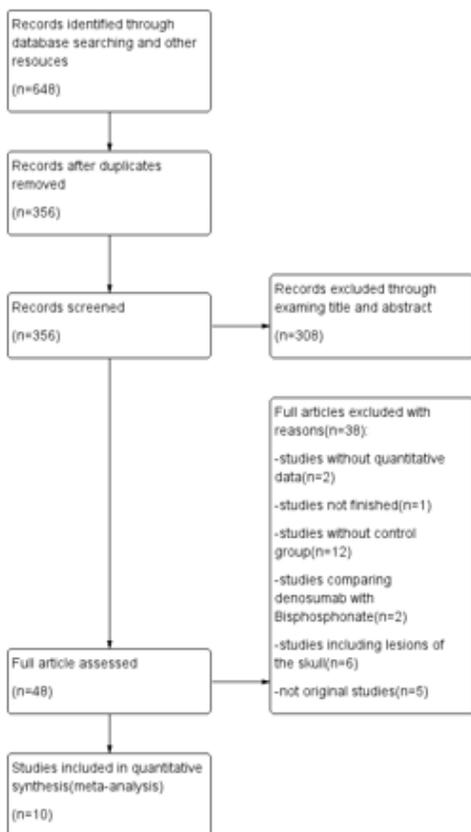


Figure 1

Flow diagram

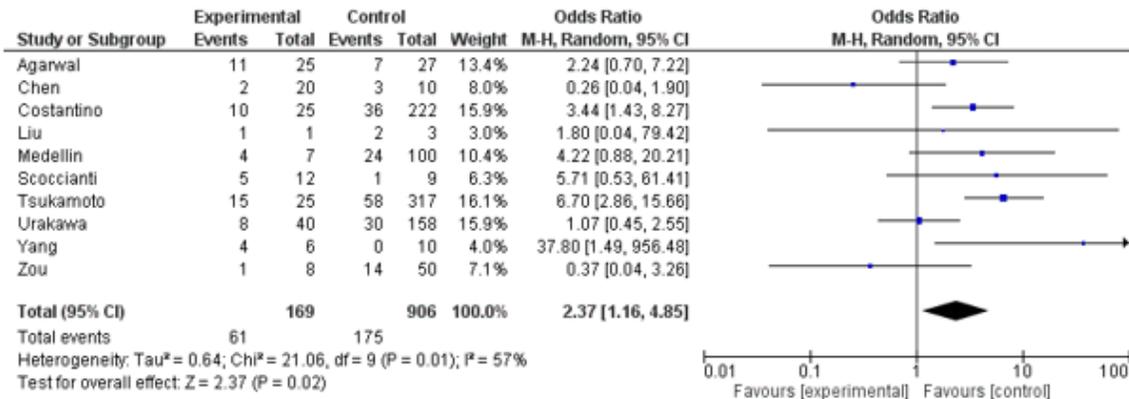


Figure 2

Overall Recurrence

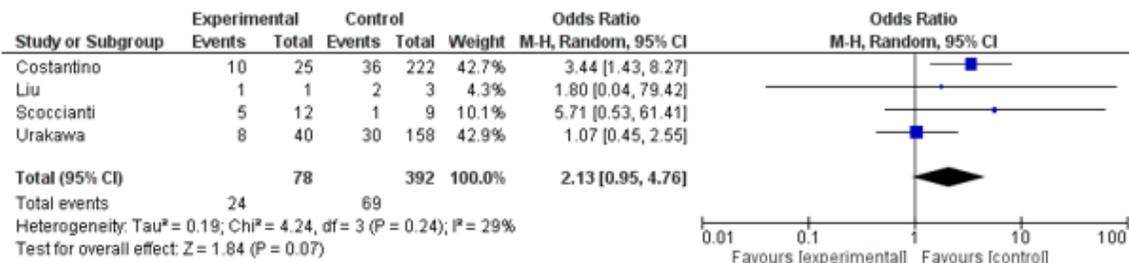


Figure 3

Recurrence in denosumab and curettage versus curettage alone

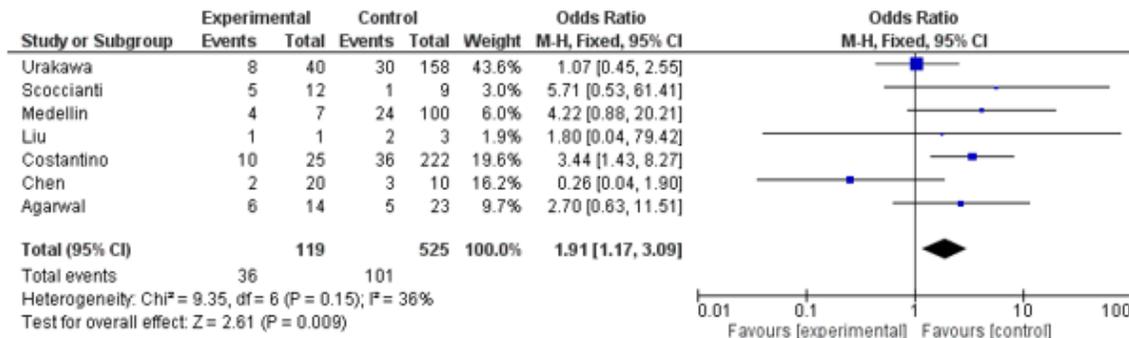


Figure 4

Recurrence with primary lesions

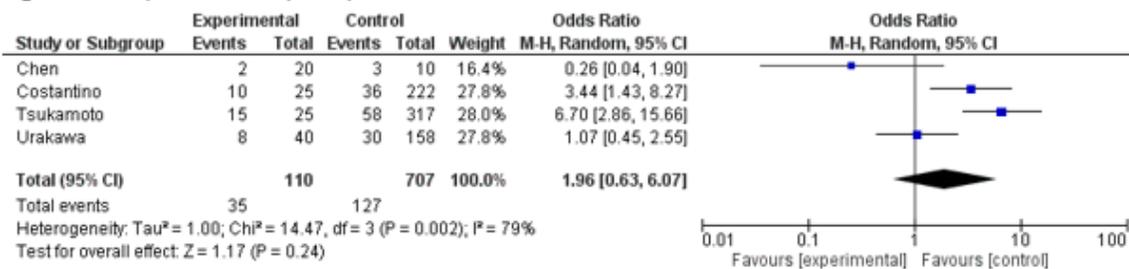


Figure 5

Preoperative and postoperative denosumab versus control

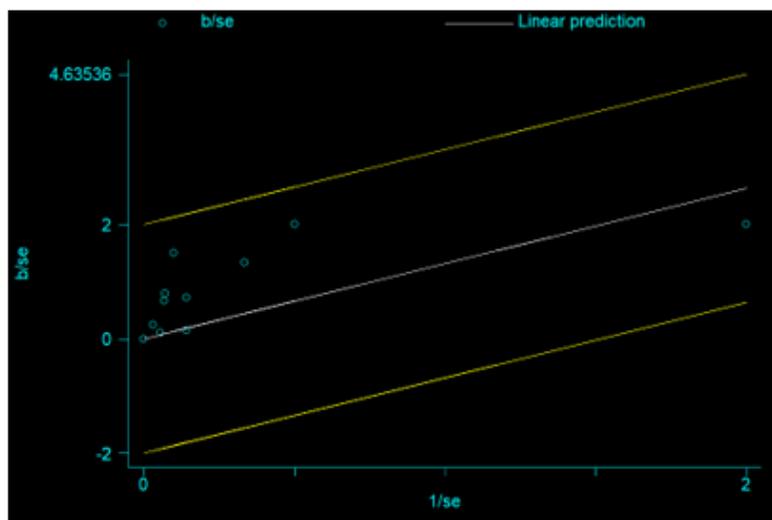


Figure 6

Galbraith plot-overall recurrence

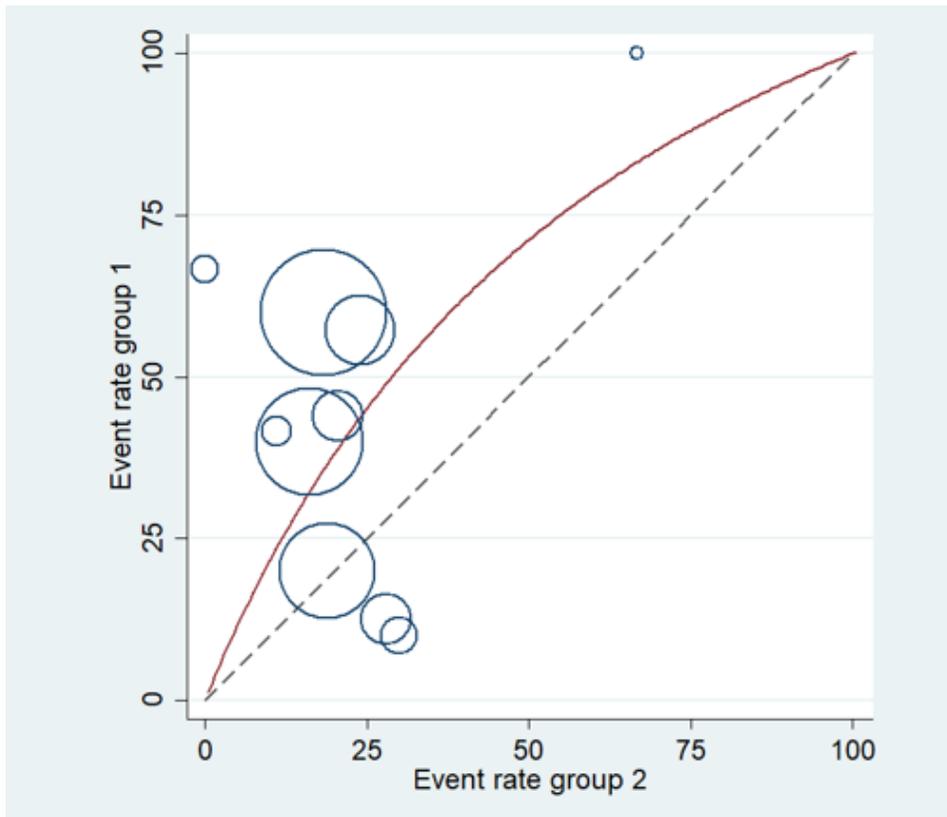


Figure 7

L'abbe plot-overall recurrence

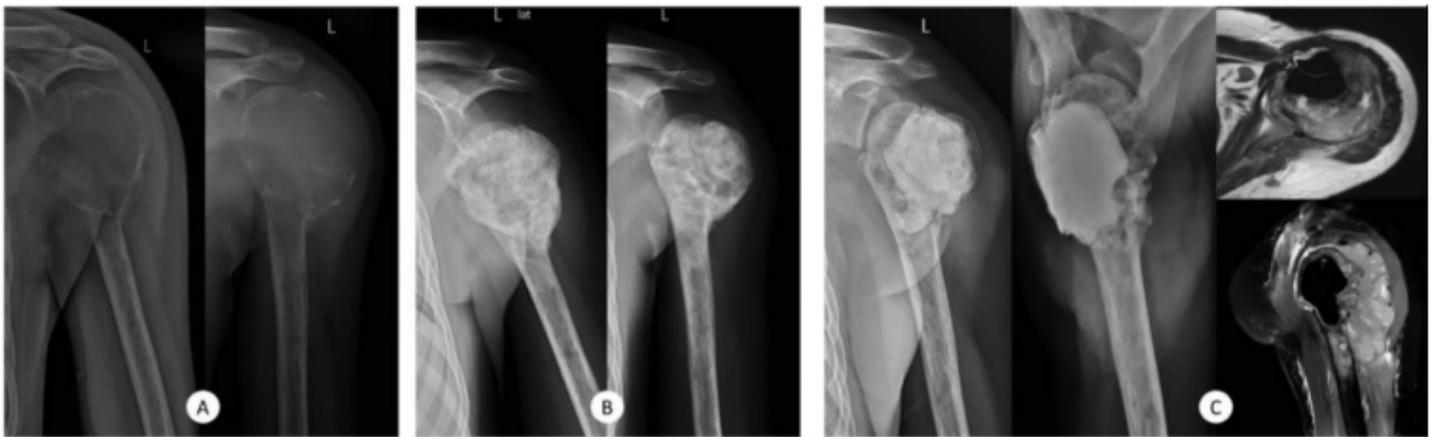


Figure 8

Case cited from Agarwal et al. This shows a patient with a proximal humerus GCT with (A) a radiograph at presentation who was treated with eight injections of denosumab, which led to (B) bony shell formation and sclerosis within the lesion after which the patient underwent intralesional surgery for disease clearance. Eight months postoperatively the patient presented with a local recurrence, which as seen on (C) radiography and MRI suggested aggressive malignant transformation. Biopsy confirmed osteosarcoma.

Supplementary Files

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