

# Cervical Epidural Electrical Stimulation Restores Voluntary Arm Control In Paralyzed Monkeys

**Marco Capogrosso** (✉ [MCAPO@pitt.edu](mailto:MCAPO@pitt.edu))

University of Pittsburgh

**Beatrice Barra**

University of Fribourg

**Sara Conti**

University of Fribourg

**Matthew Perich**

Icahn School of Medicine at Mount Sinai <https://orcid.org/0000-0001-9800-2386>

**Katie Zhuang**

University of Fribourg

**Giuseppe Schiavone**

École Polytechnique Fédérale de Lausanne <https://orcid.org/0000-0001-7121-9825>

**Florian Fallegger**

Ecole Polytechnique Federale de Lausanne

**Katia Galan**

Ecole Polytechnique Federale de Lausanne

**Nicholas James**

Ecole Polytechnique Federale de Lausanne

**Quentin Barraud**

SWISS FEDERAL INSTITUTE OF TECHNOLOGY (EPFL) <https://orcid.org/0000-0003-0894-1959>

**Maude Delacombaz**

University of Fribourg

**Melanie Kaeser**

University of Fribourg

**Eric Rouiller**

Unit of Physiology

**Tomislav Milekovic**

University of Geneva <https://orcid.org/0000-0001-6769-6506>

**Stephanie Lacour**

Ecole Polytechnique Fédérale de Lausanne (EPFL) <https://orcid.org/0000-0001-9075-4022>

**Jocelyne Bloch**

Centre Hospitalier Universitaire Vaudois (CHUV)

**Gregoire Courtine**

## Article

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1 **CERVICAL EPIDURAL ELECTRICAL STIMULATION RESTORES VOLUNTARY ARM**  
2 **CONTROL IN PARALYZED MONKEYS**

3 B. Barra<sup>1,2,\*</sup>, S. Conti<sup>1,\*</sup>, M.G. Perich<sup>3</sup>, K. Zhuang<sup>1</sup>, G. Schiavone<sup>4</sup>, F. Fallegger<sup>4</sup>, K. Galan<sup>5</sup>, N. D.  
4 James<sup>5</sup>, Q. Barraud<sup>5</sup>, M. Delacombaz<sup>1</sup>, M. Kaeser<sup>1</sup>, E. M. Rouiller<sup>1</sup>, T. Milekovic<sup>3</sup>, S. Lacour<sup>4</sup>, J.  
5 Bloch<sup>6,7</sup>, G. Courtine<sup>5,6,7</sup> and M. Capogrosso<sup>1,2,8</sup>

6 <sup>1</sup> Platform of Translational Neuroscience, Department of Neuroscience and Movement Sciences, Faculty of Sciences and Medicine,  
7 University of Fribourg, Fribourg, Switzerland

8 <sup>2</sup> Rehab and Neural Engineering Labs, University of Pittsburgh, Pittsburgh, USA.

9 <sup>3</sup> Department of Fundamental Neuroscience, Faculty of Medicine, University of Geneva, Geneva, Switzerland

10 <sup>4</sup> Bertarelli Foundation Chair in Neuroprosthetic Technology, Laboratory for Soft Bioelectronic Interfaces, Institute of  
11 Microengineering, Institute of Bioengineering, Centre for Neuroprosthetics, École Polytechnique Fédérale de Lausanne, Geneva,  
12 Switzerland.

13 <sup>5</sup> Center for Neuroprosthetics and Brain Mind Institute, School of Life Sciences, Ecole Polytechnique Fédérale de Lausanne,  
14 Lausanne, Switzerland.

15 <sup>6</sup> Department of Neurosurgery, CHUV, Lausanne, Switzerland;

16 <sup>7</sup> Defitech Center for Interventional Neurotherapies (NeuroRestore), University Hospital Lausanne (CHUV), University of Lausanne  
17 (UNIL) and Ecole Polytechnique Fédérale de Lausanne, Lausanne, Switzerland.

18 <sup>8</sup> Department of Neurological Surgery, University of Pittsburgh, Pittsburgh, USA

19 \*these authors contributed equally to this work

20 Correspondence to: Marco Capogrosso - mcapo@pitt.edu

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24 **SUMMARY**

25 Regaining arm motor control is critical for people with paralysis. Despite promising results on  
26 grasping, no technology could restore effective arm control. Here, we show that electrical  
27 stimulation of the cervical spinal cord enabled three monkeys with cervical spinal injury to execute  
28 functional arm movements. We designed an epidural interface that engaged surviving spinal  
29 circuits via the recruitment of large sensory afferents to produce movement. Simple stimulation  
30 bursts produced sustained joint movements which, triggered by movement-related intracortical  
31 signals, enabled monkeys with arm paralysis to perform an unconstrained, three-dimensional  
32 reach and grasp task. This restoration of voluntary motor control was enabled by the synergistic  
33 integration of spared descending commands and electrical stimulation within the spinal cord. The  
34 simplicity of this technology promises realistic clinical translation.

35

## 36 MAIN TEXT

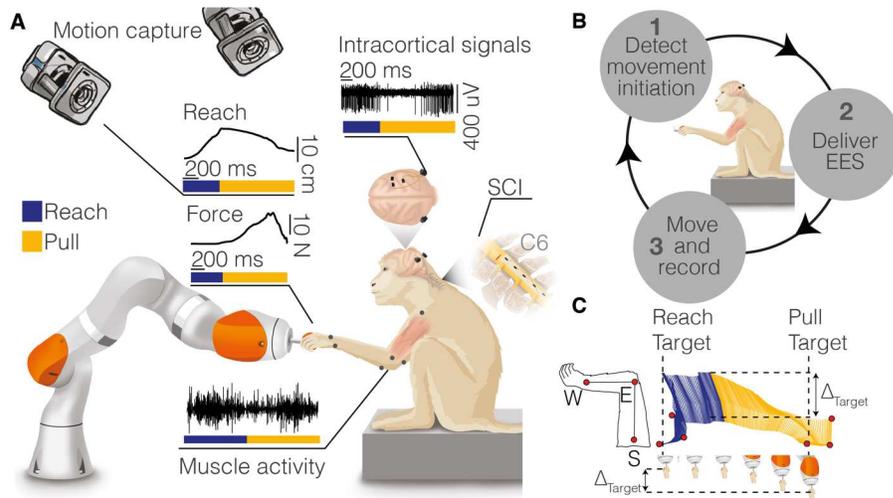
37 More than 5 million people in the US currently live with some form of motor paralysis<sup>1</sup>. For those  
38 with impaired hand and arm control, recovery of upper limb motor function represents a top  
39 priority<sup>2</sup>. Unfortunately, recovery of hand and arm motor function is still an unsolved clinical  
40 challenge.

41  
42 Generated in the cortex, motor commands are relayed to subcortical and spinal circuits which in  
43 turn activate motoneurons to produce skilled motor actions<sup>3</sup>. Spinal cord injury (SCI), or stroke,  
44 can damage communication between these nodes leading to motor paralysis. Historically,  
45 neurotechnologies were conceived around the idea of enabling movements in paralyzed subjects  
46 via a technological bypass to extract signals from cortical areas and artificially generate muscle  
47 activity below the lesion<sup>4</sup>. For example, functional electrical stimulation (FES) directly activates  
48 arm muscles and, when coupled to intracortical brain recordings, allowed paralyzed monkeys and  
49 humans to perform skilled grasping tasks<sup>5-8</sup>. These pioneering works demonstrated the maturity  
50 of neurotechnologies as potential solutions for arm paralysis. However, translation of these  
51 systems into daily clinical practice is currently hindered by two distinct limitations. First, muscle  
52 recruitment generated by FES induces muscle fatigue<sup>9</sup> that prevents the generation of sustained  
53 forces and consequently fails to enable three-dimensional arm movements required for daily  
54 activities. Second, since FES bypasses existing circuits, orchestrating the activation of multiple  
55 muscles to produce functional movements requires very complex stimulation protocols<sup>10</sup>  
56 controlled by sophisticated algorithms<sup>6,8</sup>. As a result, these systems require a complex  
57 combination of hardware and software. Unfortunately, this complexity does not cope well with  
58 dynamic clinical environments that need robust and practical solutions for a rapid set up and large-  
59 scale use.

60  
61 In contrast, epidural electrical stimulation (EES) of the lumbar spinal cord exploits residual spinal  
62 circuits and supra-spinal connections to produce movements<sup>11</sup> and restored weight bearing  
63 locomotion in humans with SCI using simple stimulation protocols and approved medical  
64 technologies<sup>12-14</sup>. Similar to intraspinal stimulation<sup>15-17</sup>, EES engages motoneurons via large  
65 sensory afferents leading to a natural motoneurons recruitment order that is resistant to artificial  
66 fatigue. This enables the production of forces that can sustain the whole-body weight<sup>18</sup>. Moreover,  
67 engagement of motoneurons from pre-synaptic pathways allows residual descending inputs and  
68 spinal circuits to control motoneurons excitability and produce voluntary movement after complete  
69 motor paralysis<sup>19,20</sup>. Enabling the amplification of residual supra-spinal inputs would be critical to  
70 restore upper limb movements with a simple technology. Therefore, translation of EES to the  
71 restoration of arm and hand movements is contingent on the ability to recruit similar sensorimotor  
72 circuits in the cervical spinal cord as in the lumbar cord<sup>16,21,22</sup>. Interestingly, spinal circuits also  
73 play a critical role in arm and hand motor control<sup>23-25</sup>, therefore we hypothesized that a neural  
74 interface, designed to target cervical sensory-motor circuits, could enable the generation of  
75 voluntary arm movements after paralysis.

76  
77 Here, we tested this conjecture in monkeys with SCI. We designed a personalized epidural  
78 interface to target primary afferents within the cervical dorsal roots. We hypothesized that the  
79 stimulation of the roots with bursts linked to movement attempts would enable voluntary motor  
80 control and improve critical functional deficits that emerge after SCI such as: muscle strength,  
81 dexterity to execute functional tasks, and movement quality. We tested the efficacy of our system  
82 on three adult macaque monkeys with incomplete cervical spinal cord injury.

83



**Figure 1. Experimental framework.** (A) Monkeys were trained to reach for, grasp, and pull a target object placed at the end effector of a robotic arm. We measured 3D forces applied to the robot joints, full-limb kinematics, electromyographic (EMG) activity from eight muscles of the arm and hand, and intracortical signals from primary sensorimotor areas. (B) Conceptual scheme of the experimental protocol: (1) A decoder running on a control computer identified movement attempts and (2) delivered electrical spinal cord stimulation to the appropriate spinal roots. (3) Stimulation produced arm and hand movement that we recorded and analyzed off-line. (C) Stick diagram decomposition of arm movement during a reach, grasp and pull movement in intact monkeys (S = shoulder, E = elbow, W = wrist). We considered a movement complete when a target spatial threshold was crossed during pull. Copyright Jemère Ruby.

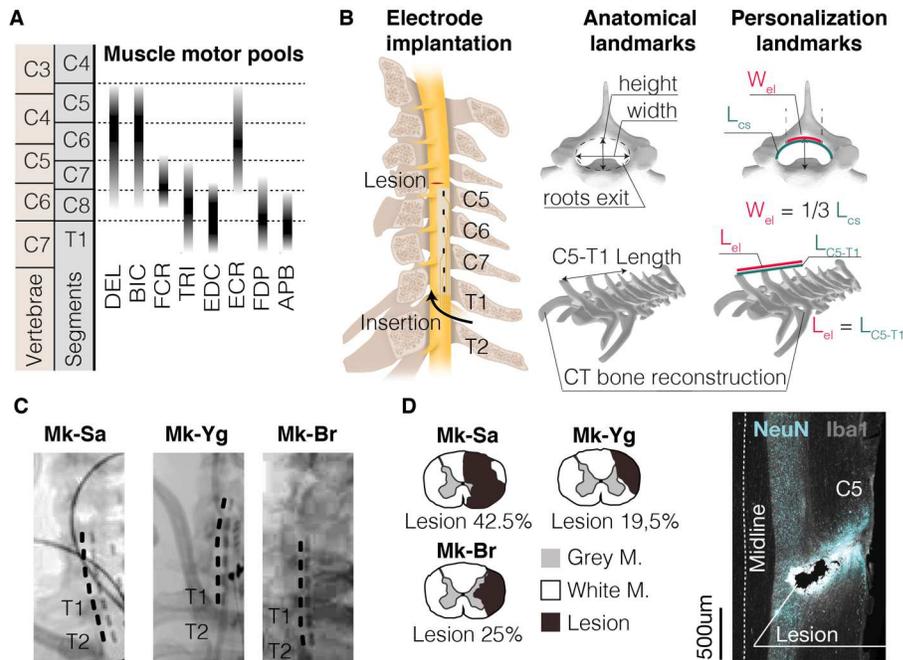
84 **Results**

85 **Studying natural arm movements**

86 Clinically effective systems should demonstrate the ability to enable truly functional arm  
 87 movements rather than simplified tasks such as single-joint movements. Consequently, we  
 88 developed a robotic platform allowing the quantification of reach and grasp movements<sup>26</sup> that  
 89 would feel natural and unconstrained to monkeys. We trained three *Macaca fascicularis* monkeys  
 90 to reach for, grasp, and pull an instrumented object placed on the end effector of a robotic arm  
 91 (Figure 1). Movement trajectories were not constrained, and the monkeys intuitively and  
 92 rapidly<sup>29,30</sup> learned the task by developing their individual kinematic strategies (Extended Data  
 93 Figure 1). Our system was designed to quantify functional outcomes on task performances,  
 94 muscle activation, muscle strength and movement dexterity. To evaluate these outcomes, we  
 95 measured full-limb 3D kinematics (Vicon Motion Systems, Oxford, UK), pulling forces, and  
 96 electromyographic (EMG) signals from the principal arm muscles (Figure 1). Before the SCI, we  
 97 observed clear bursts of EMG activity throughout the upper limb in the three movement phases:  
 98 reach, grasp, and pull in all monkeys. Multi-microelectrode arrays (Blackrock Microsystems, Salt  
 99 Lake City, USA) implanted in the arm/hand region of the right sensorimotor (M1, S1) and premotor  
 100 (PMv) cortex also showed consistent modulation of neural activity with kinematics (Figure 1,  
 101 Extended Data Figure 1) as largely expected.

102 **Personalized spinal interface**

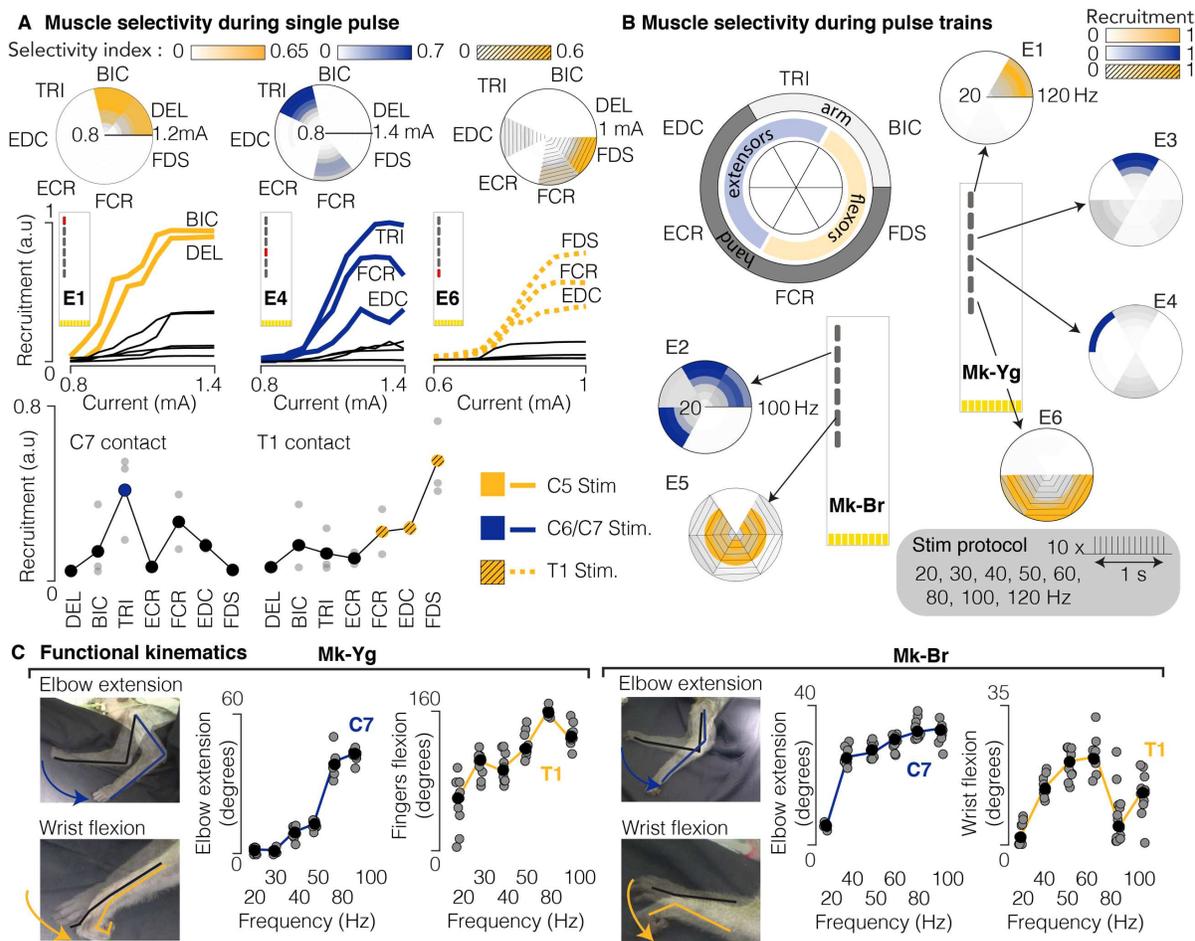
103 To design an optimal interface, we ascertained the anatomy of the monkey cervical spinal cord.  
 104 We extrapolated available anatomical information and found that, similar to humans, motoneurons  
 105 innervating arm muscles are segmentally organized<sup>27</sup> (Figure 2A). Our previous work showed  
 106 that stimulation of a single dorsal root will mainly recruit motoneurons located in the corresponding  
 107  
 108



**Figure 2. Epidural electrode design and implantation.** (A) Motoneurons pool distribution of arm and hand muscles in the cervical spinal cord in relation to vertebrae and spinal segments (adapted from Jenny and Inukai, 1983). Deltoid (DEL), Biceps Brachii (BIC), Flexor Carpi Radialis (FCR), Triceps Brachii (TRI), Extensor Digitorum Communis (EDC), Extensor Carpi Radialis (ECR), Flexor Digitorum Profundus (FDP), Abductor Pollicis Brevis (APB). (B) Schematic representation illustrating the positioning and insertion of the spinal implant in the epidural space; on the right, anatomical landmarks used to tailor the epidural interface to each monkey's anatomy (Length of dorsal aspect of spinal canal  $L_{cs}$ , length of C5-T1 spinal segment  $L_{C5-T1}$ , electrode width  $W_{el}$ , electrode length  $L_{el}$ ). Three-dimensional reconstructions of vertebrae are obtained by CT-reconstruction (Osirix, Pixmeo, Switzerland). (C) Representative X-ray scans of the epidural implant in the three monkeys (Mk-Sa, Mk-Br and Mk-Yg). (D) Anatomical reconstruction of the cervical spinal cord lesion (black area) for the 3 monkeys, shown on a transversal section. On the right, representative image of longitudinal section of the spinal cord of Mk-Br around the lesion site stained with NeuN (neuronal cell bodies) and Iba1 (microglia).

109 segment<sup>28,29</sup>. Therefore, we designed a spinal interface that could target each of the roots  
 110 independently by placing contacts on the lateral aspect of the cord to target the entry zone of  
 111 each individual root<sup>28</sup>. Since each monkey possessed a unique anatomy, we tailored the design  
 112 of our interface to each specific subject. For this, we measured white matter diameter and  
 113 vertebral canal features from Computed Tomography (CT) and Magnetic Resonance Imaging  
 114 (MRI). We then spaced the electrodes rostro-caudally and medio-laterally to match the transversal  
 115 and longitudinal dimensions of the cord of each animal (Figure 2B, Extended Data Figure 2A).  
 116 This allowed us to simplify the neural interface architecture by minimizing the number of contacts  
 117 required for whole arm muscle recruitment while maintaining high specificity and reducing the  
 118 complexity of the implant<sup>30</sup>. We then designed a surgical strategy to position the epidural interface  
 119 between the C6 and T1 dorsal roots. We performed laminectomies between the T1 and T2  
 120 vertebrae and the C5 and C6 vertebrae, then pulled the neural interface through the intermediate  
 121 epidural space with the help of a custom soft inserter<sup>30</sup>. We verified that the position of the array  
 122 remained stable for the entire duration of the study (up to 3 weeks) through repeated X-ray  
 123 imaging (Figure 2C, Extended Data Figure 2B). During the same surgery, we performed a  
 124 unilateral spinal cord injury at the C5/C6 segments (Figure 2D). Postmortem analysis showed  
 125 that the spinal interface did not damage the cervical cord in any of the three monkeys but did

126 reveal that Mk-Br received an unplanned compression injury at the insertion site (T3 spinal  
 127 segment), which may have occurred during implantation (**Extended Data Figure 2C**). Since the  
 128 T3 segment is below the innervation of the arm motoneurons, this lesion did not affect the  
 129 phenotype of arm and hand deficits that did not differ from the other monkeys (See Methods).



**Figure 3. EES produces single joint movements in anesthetized animals. (A)** Examples of muscle selectivity (polar plot) and muscle recruitment obtained by stimulating (1 Hz) at C5, C6/C7, and T1 spinal segments (Mk-Yg). Below, average muscle activations elicited from C7 and T1 contacts in n=3 monkeys (Grey bullets: for each animal, average recruitment across all stimulation currents. Big bullets: mean of average recruitments across animals). **(B)** Muscle recruitment obtained during delivery of pulse trains in anesthetized monkeys. Recruitment was estimated by computing the energy of EMG signals for each muscle and each stimulation contact. Stimulation frequencies ranged from 20 to 120 Hz (n = 2). For each muscle, energy values were normalized to the maximum value obtained across all frequencies and contacts. **(C)** Single joint angles excursions induced by stimulation at C7 (blue) and T1 (yellow) roots. Stimulation frequencies ranged from 20 to 100Hz (n = 2). Black bullets: mean. Line: interpolation of the mean values.

130  
 131 **Cervical EES produces single joint movements**

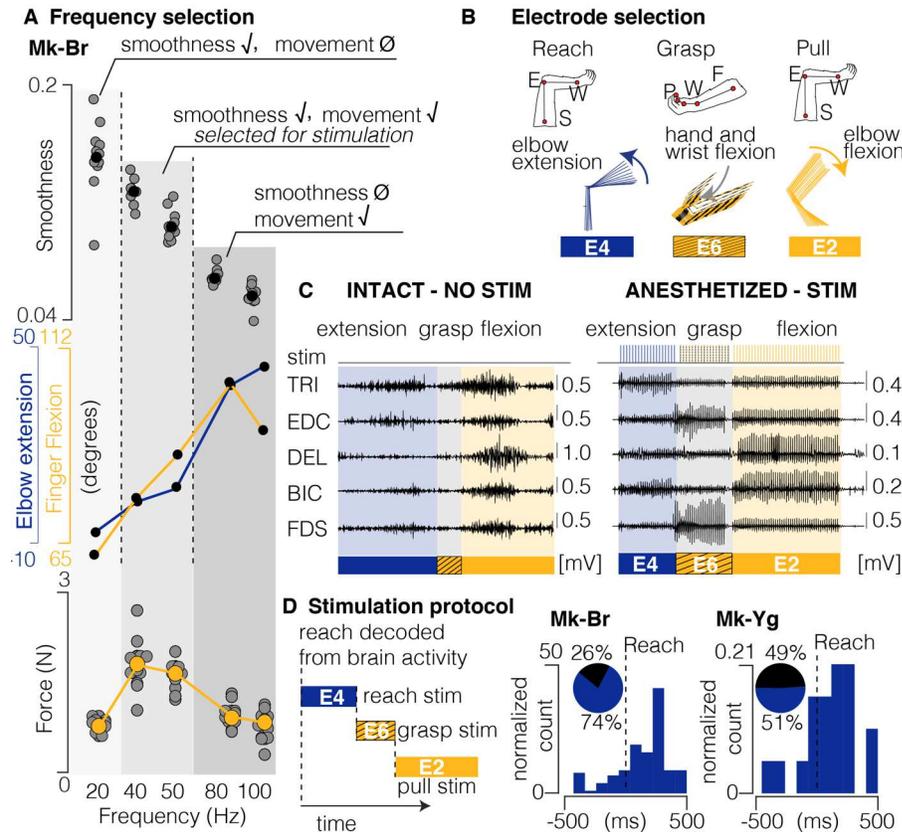
132 We next assessed the selectivity of the epidural interface. In propofol anaesthetized monkeys, we  
 133 delivered asymmetric, charge-balanced biphasic pulses of EES at low repetition rate (1Hz) at  
 134 various current amplitudes from each contact. Minimum and maximum amplitude values were  
 135 selected as the first subthreshold and first saturation current value respectively. As predicted<sup>28</sup>,

136 different stimulation contacts generated muscle recruitment patterns that mirrored the segmental  
137 organization of cervical motoneurons (**Figure 3A, Extended Data Figure 3A**). Specifically,  
138 caudal contacts elicited spinal reflexes mostly in the hand and forearm muscles, while rostral  
139 contacts recruited biceps and deltoids.

140  
141 To ensure that this segmental selectivity translated into functional arm and hand movements, we  
142 delivered supra-threshold stimulation at various frequencies (20-120 Hz) from each contact in two  
143 animals (Mk-Br and Mk-Yg). Selectivity was preserved during long stimulation trains (**Figure 3B**)  
144 and different contacts elicited distinct joint movements (**Video 1**). For example, contacts primarily  
145 targeting the C7 root (innervating triceps) produced clear elbow extension; instead, caudal  
146 contacts (C8/T1) elicited grasping and wrist movements (**Figure 3C, Extended Data Figure 4**).  
147 All single joint angles excursions were gradually modulated by varying the stimulation frequency  
148 (**Figure 3C**). In most of the upper arm muscles we found a monotonic relationship between  
149 muscle activation and stimulation frequency. However, for some muscles (e.g. abductor pollicis),  
150 responses were lower at higher frequencies (**Extended Data Figure 3B**). We identified the  
151 optimal stimulation range to be around 50-60 Hz (**Figure 4**). Movements elicited at frequencies  
152 lower than 40 Hz were often too weak to complete a joint movement; bursts at frequencies  
153 between 50 and 60 Hz produced smooth<sup>31</sup> and full-range movements and maximal forces, while  
154 frequencies higher than 60 Hz produced either abrupt movements or incomplete movements  
155 (**Figure 4A**) due to attenuation of muscle responses during stimulation of sensory afferents<sup>28,32,33</sup>  
156 (**Extended Data Figure 4B**). We identified three stimulation contacts that could consistently elicit  
157 arm extension (reach), hand flexion (grasp) and arm flexion (pull) (**Figure 4B**). We then verified  
158 that this selection of few contacts could be used to sustain reaching, grasping and pulling  
159 movements. By sequentially executing bursts on these three contacts, we could trigger whole arm  
160 movements that mimicked smooth<sup>31</sup> and natural multi-joints movements (**Figure 4C, Video 1**).  
161 Extension, grasping and pulling movements produced clear EMG bursts as well as robust and  
162 smooth kinematics. These data demonstrate that with only three contacts, stimulation bursts can  
163 engage functionally relevant muscles that produce whole arm movements and sustained muscle  
164 activation and forces. Therefore, we planned to link the delivery of these bursts to movement  
165 onsets that we derived from intra-cortical signals. Indeed, since our lesions were not complete,  
166 movement onsets could be reliably detected even after SCI from intra-cortical signals (**Figure**  
167 **4D**). Similarly to other spinal cord stimulation studies we could not identify contacts that selectively  
168 produced finger extension<sup>34</sup>. This is likely caused by the overlap of extensor motor-pools in the  
169 forearm<sup>27</sup> (**Figure 2A**), but possibly also because stronger flexors may dominate kinematics in  
170 the case of co-contraction at rest.

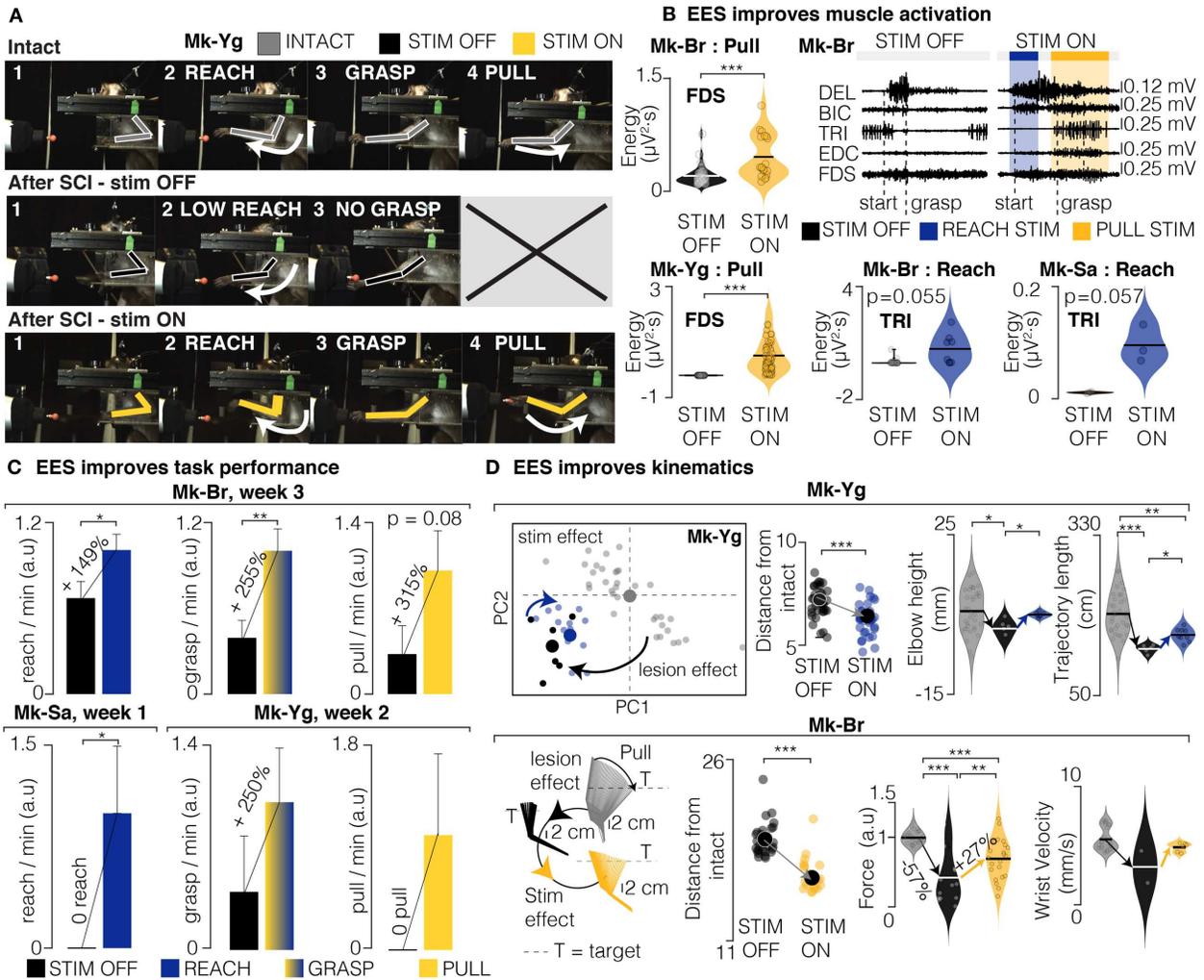
171  
172  
173 **EES improves arm control after spinal cord injury**

174 We next tested whether our stimulation protocol could improve functional outcomes of upper limb  
175 movements. Specifically, we tested the efficacy of EES to improve muscle activation, pulling  
176 forces, functional task performance, and kinematic quality of three-dimensional movements after  
177 SCI. In all monkeys, the unilateral lesion led to motor deficits of the left arm and hand. Each  
178 monkey retained the ability to activate proximal shoulder and biceps muscles, while elbow and  
179 hand function were compromised. Severity of the impairment and extent of spontaneous recovery  
180 (**Extended Data Figure 5B**) varied across monkeys because of the variability in lesion size  
181 (**Figure 2D**). Generally, animals showed severe paralysis immediately after lesion, and then  
182 gradually regained some movement capabilities (**Extended Data Figure 5B**). Due to the initial  
183 impairment, immediately after the lesion, monkeys were not able to perform the behavioral task.  
184 Consequently, during the first week, we simplified the task by presenting an object close to the



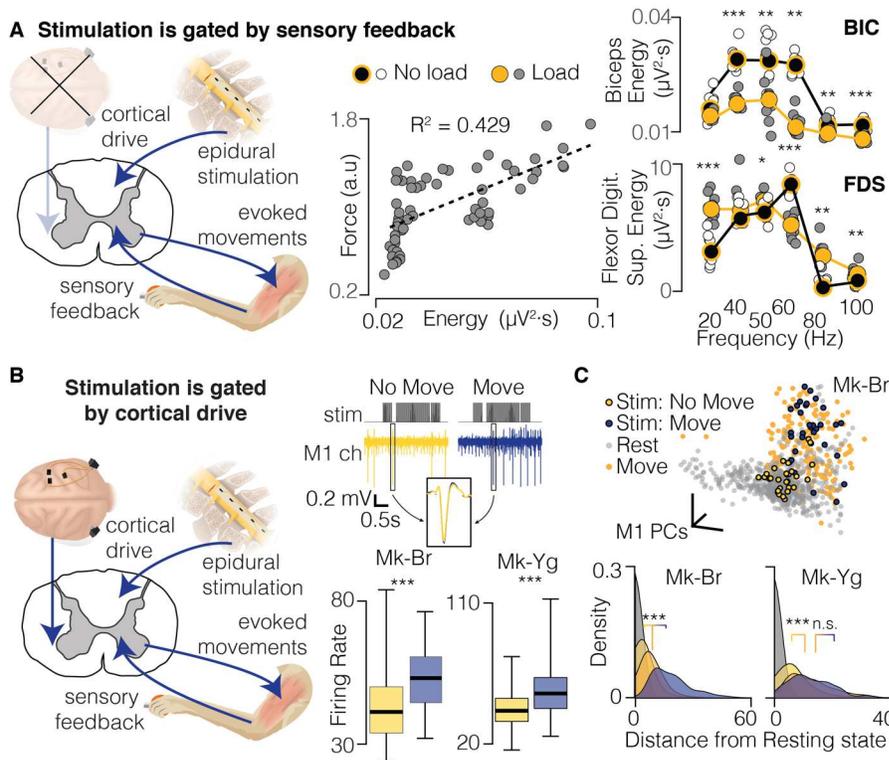
**Figure 4. Design of stimulation protocol.** (A) Combined representation of movement smoothness, elbow and finger flexion, and pulling force during anesthetized stimulation. Shades of gray highlight three frequency ranges that produce: (1) smooth trajectory, but little movement and low force (20Hz), (2) smooth trajectory, extended movement and medium force (40 and 50Hz), (3) abrupt and very extended movement and low force (80 and 100Hz). The range 40-50 Hz was selected as the best optimization of sufficient movement, smoothness and force production. (B) Schematic representation of arm and hand kinematics during stimulation delivered from the selection of three contacts to produce elbow extension (blue), hand and wrist flexion (yellow and black), and elbow flexion (yellow). (C) Example of comparison between EMG activity during intact movement (left) and movement elicited by chaining stimulation from the three selected contacts (right). (D) Scheme illustrating how stimulation is triggered from movement-related intra-cortical signals. On the right, online performances of movement attempt decoder in two animals with SCI. Pie charts represent percentage of predicted (blue) and unpredicted (black) reach events by our decoder.

185 monkeys and triggering stimulation manually to encourage the animal to perform the task. After  
 186 the first week, all monkeys spontaneously attempted to perform the task, making it possible to  
 187 link the delivery of stimulation bursts to real-time detection of movement onset using intra-cortical  
 188 signals. Whenever the monkeys strived for a reach, grasp or pull movement, we delivered bursts  
 189 of stimulation promoting reach or grasp/pull respectively. Outcomes were computed for each  
 190 animal independently and compared between EES on, and EES off conditions. EES significantly  
 191 enhanced muscles activity and forces (**Figure 5B,D**) compared to no stimulation. In terms of  
 192 functional task performances, without stimulation, the monkeys were rarely capable of completing  
 193 any part of the task (defined as reach, grasp and pull). Instead, with the support of EES, the rate  
 194 of successes was significantly and robustly improved (**Figure 5C, Video 2,3,4**). EES did not only  
 195 improve task performance and strength but also overall quality of movement (**Figure 5D**). Indeed,  
 196 principal component analysis (PCA) of three-dimensional kinematic parameters (i.e., timing, force,



**Figure 5. EES improves task performance, muscle strength and movement quality. (A)** Snapshots of Mk-Yg performing the task before SCI, after SCI without EES, and after SCI with EES. A full successful trial is composed of a reach, a grasp, and a pull. After SCI, Mk-Yg could only perform reaching movements without EES, while when EES was delivered the full task could be performed. **(B)** Violin plots of signal energy of triceps and FDS EMG profiles during reach (Mk-Br and Mk-Sa) and pull (Mk-Br and Mk-Yg). All individual data points are represented by bullets. Black lines correspond to means of the distribution. Statistical analysis with Wilcoxon Ranksum test. On the right, example raw EMG data after SCI with and without EES. **(C)** Bar plots report the rate of successful movements after SCI, without and with stimulation. Data are presented as mean  $\pm$  STD and normalized on the mean value in stimulation condition. Statistics were performed with Bootstrap. **(D)** Example PC analysis of kinematic features (See methods). Top-left, first and second PC space. Bottom left, stick diagram representation of arm kinematics during pull in intact conditions, after SCI without and with EES. At the immediate right (both bottom and top), euclidean distance in the feature space of trials without stimulation (black) and with stimulation (blue) from the centroid of the trials in intact condition. At the extreme right, example violin plots of movement quality features in the three conditions: intact, after SCI, and after SCI with stimulation. Statistics with Wilcoxon Ranksum test. Asterisks: \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .

197 arm trajectories, joint angles) revealed that during EES, movement kinematics were significantly  
 198 closer to pre-lesion kinematics than the few successful movements performed without stimulation  
 199 (Figure 5D). Notably, animals sustained the weight of the arm and lifted their elbow more,



**Figure 6. EES must be synchronized with motor intention.** (A) Left: EES modulates spinal circuitry to presynaptically recruit motoneurons innervating the muscles of the arm. Thus, EES interacts with descending cortical drive sent through residual pathways after SCI. Middle: correlation between energy of the EMG trace of the biceps muscle and arm flexion force produced by muscle contraction during an isometric arm flexion induced by stimulation. Right: energy of EMG signal of biceps and FDS muscles during free arm flexion (no load) or isometric arm flexion (load) induced by stimulation. White and grey bullets: individual data points for no load and load conditions. Black and yellow bullets: mean values for no load and load conditions. Black and yellow lines: interpolation of mean values for no load and load conditions. (B) (Top) The same EES pulse train (top) applied to Mk-Br can result in different motor output. For an example M1 channel, the stimulation that evoked movement (blue, right) corresponded to more spiking activity than the same stimulation evoking no movement (yellow, left). (Bottom) Distribution of average firing rates across all M1 channels during stimulation trains that evoked no movement (yellow) and movement (blue). (C) (Top) State space view of M1 activity for all time points during rest (gray) and preceding attempted movement (orange). The brain states during successful stimulation (blue) were similar to those preceding attempted movements, while the unsuccessful stimulation (yellow) overlapped with the rest states. (Bottom) We computed a relative Mahalanobis distance between the two stimulation conditions and the cluster of neural states at rest. For both monkeys, neural states during stimulation periods with no movement were close to rest.

200 performed wider movements, and generated stronger forces (Figure 5D), getting closer to normal  
 201 kinematic trajectory patterns without any long-term training.

202

### 203 Sensory feedback and cortical inputs shape EES efficacy.

204 We then investigated the role of spinal circuits and residual cortical inputs in the regaining of  
 205 voluntary movements that we observed. Indeed, since activation of motoneurons was pre-  
 206 synaptic, both spinal reflexes and residual cortical inputs could shape motor output during  
 207 EES<sup>19,35</sup>. First, we assessed the influence of sensory inputs on EES-generated motor output.  
 208 Under propofol anesthesia, we delivered bursts of EES targeting the elbow flexion in isometric  
 209 conditions (Figure 6A). We found that induced EMG activity was highly correlated with measured

210 force output. We then performed the same experiments under unconstrained kinematics and  
211 found that EMG activity for different EES frequencies was significantly different from those of  
212 isometric movements (**Figure 6A**). The force load at the hand changed the input/output  
213 relationship between EES stimulation frequency and EMG activation. Under anesthesia, only  
214 changes in sensory feedback can explain the observed changes on EES motor effects.  
215

216 Second, we noticed that, at the start of the task, during false positive movement detections,  
217 despite EES was delivered the monkeys did not move or performed the task. Instead, if stimulation  
218 bursts were delivered during movement but at a wrong time, movements could be induced and  
219 even impair task execution (**Video 4**, part 3). We then hypothesized that, when awake, residual  
220 supra-spinal inputs needed to be in a movement-permissive state to enable voluntary movements  
221 with EES (**Figure 6B**). To test this hypothesis, we examined post-hoc neural spiking activity from  
222 the primary motor cortex (M1) of Mk-Br and Mk-Yg during true positive and false positive trials.  
223 We identified trials where EES enhanced muscle activation and compared it to events where EES  
224 did not generated any muscle activity in relation to M1 activity at rest or during movements without  
225 stimulation. We found that motor cortex was significantly more active when EES produced  
226 movement (**Figure 6B**) than when it did not. We then applied PC analysis to reduce the M1  
227 population activity to low-dimensional states and compare M1 activity during EES with periods of  
228 no stimulation (**Figure 5C**). Interestingly, during false positive stimulation resulting in no motor  
229 output, overall M1 neural activity was closer to activity at rest. Instead, when stimulation resulted  
230 in successful muscle activation, M1 neural activity overlapped with activity observed during  
231 movement states with no stimulation. These results are in agreement with our hypothesis that  
232 volitional cortical input was necessary to enable the production of effective movements during  
233 EES.  
234

## 235 **Discussion**

236 We showed that EES of cervical spinal cord immediately improved muscle activation and strength,  
237 task performances and movement quality during a natural-like reach and grasp task in monkeys  
238 with unilateral cervical SCI. Moreover, these results were obtained with simple stimulation  
239 protocols engaging up to three contacts (one for reach, one for grasp and one for pull) that  
240 enabled multi-joint movements. We believe that the design of our interface was key to achieve  
241 this result. The dorsal roots are a robust anatomical target that we could easily identify through  
242 standard imaging to personalize surgical planning and interface design. Our simple protocol only  
243 required the detection of movement onset signals to trigger pre-determined stimulation bursts.  
244 Therefore, stimulation control could be simplified and brain recordings may not be required in  
245 clinical applications that might exploit more practical residual movements in patients with  
246 incomplete paralysis<sup>14,36</sup>.  
247

248 By engaging spinal circuits, EES generated smooth and functional muscle activations that  
249 enabled the production of forces sustaining the weight of the arm. Moreover, EES was sensitive  
250 to the action of residual descending cortical inputs allowing the cortex to shape voluntary muscle  
251 activation and inhibition to produce a desired kinematic output<sup>37,38</sup>. Indeed, the analysis of brain  
252 data during voluntary execution of moments with EES suggested that the cortex must be in a  
253 movement-permissive state to enable movement with EES. Indeed, in order to produce a  
254 functionally relevant motor output, stimulation bursts had to be coherent to motor intention. These  
255 features might be regarded as limitations: activating muscles with segmental specificity implies  
256 the impossibility to achieve single-muscle recruitment, and the sensitivity and dependence on  
257 residual cortical inputs implies a potential failure of EES in motor complete injuries. However,  
258 previous studies showed that even completely paralyzed subjects retain residual but functionally

259 silent descending inputs<sup>12,14,19</sup>. Therefore, residual cortical activity may help shaping EES efficacy  
260 even in severe patients. In summary, we believe that by exploiting the functionality of residual  
261 spinal circuits and supra-spinal inputs EES constitutes a simple yet robust approach to the  
262 restoration of arm motor control with high translational potential.

263

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282

### 283 **Author Contributions**

284 MC, BB and SC conceived the study; BB, MGP, and TM designed and implemented the hardware  
285 and software tools; SC designed the behavioral task and training strategy; GS and SL designed  
286 and manufactured the implantable interface; BB, SC, MGP and MC conducted the experiments;  
287 BB, SC, MGP and KZ performed the data analysis; SC, MD and MK trained the animals; SC, KG,  
288 NJ and QB processed the histological data; JB, GC and MC designed surgical implantation  
289 strategies and stimulation strategies. GC and JB, performed surgical implantations and lesions.  
290 EMR and MC implemented and supervised procedures on monkeys; MC, BB, SC and MGP wrote  
291 the manuscript; all authors edited the manuscript; SL, TM, JB, GC and MC secured funding for  
292 the study; MC supervised the study.

293

### 294 **Competing Interests**

295 G.C., J.B., S.L., M.C., B.B. and K.Z. hold various patents in relation to the present work. G.C.,  
296 S.L. and J.B. are founders and shareholders of GTX medical, a company developing an EES-  
297 based therapy to restore movement after spinal cord injury.

298

### 299 **Data and materials availability**

300 All software and data will be available upon reasonable request to the corresponding author.

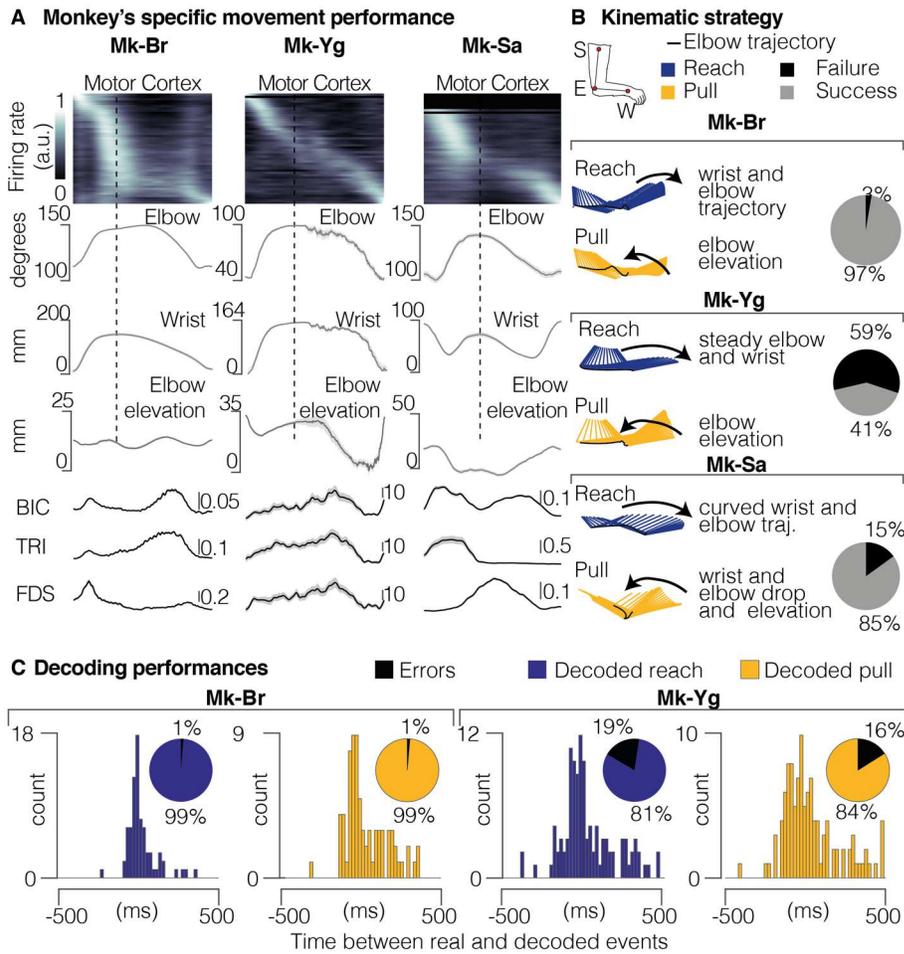
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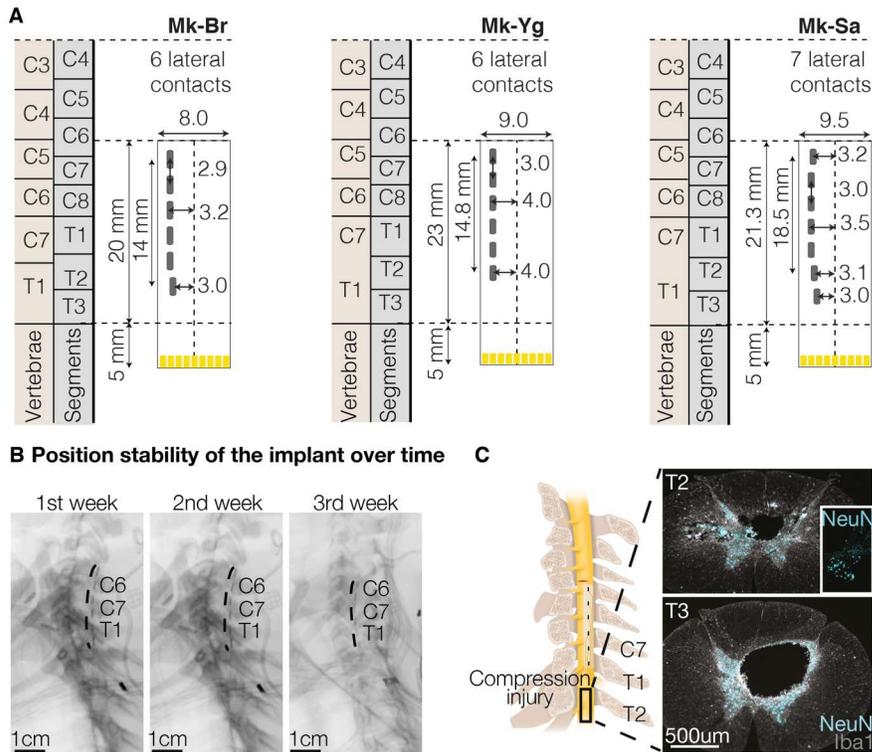
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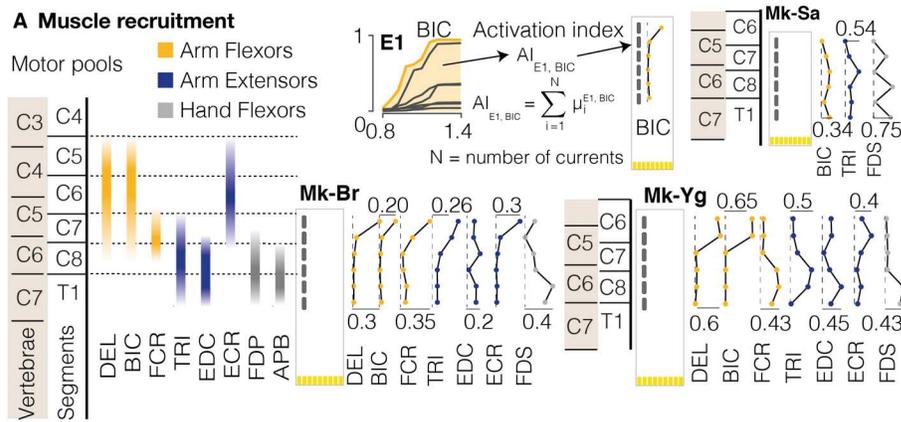
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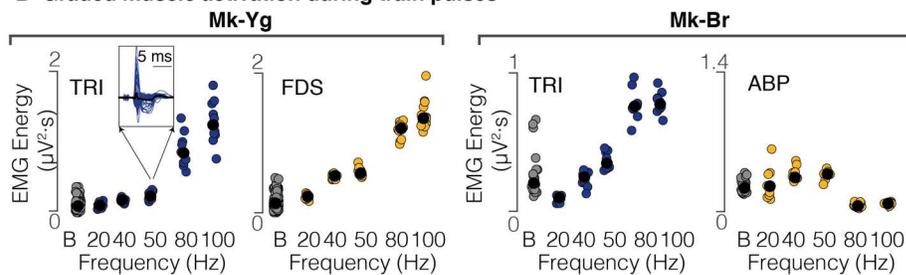
**Extended Data Figure 1. (A)** Portfolio of signals recorded during intact movement for each animal. These signals have been recorded during the experimental session prior to the lesion. Black line corresponds to the mean profile across all trials, shaded area shows the SEM across all trials. **(B)** Kinematic strategies implemented by each monkey. Stick diagrams representations of the arm kinematic during reach (blue) and pull (yellow). The black line highlights the elbow trajectory. Pie charts represent the percentage of success and failure in task performance before lesion. **(C)** Offline decoding performance for Mk-Br and Mk-Yg before lesion. Histograms show the timing accuracy of detected reach (blue) and grasp (yellow) events. Pie charts (inset) show the percentage of correctly identified events.



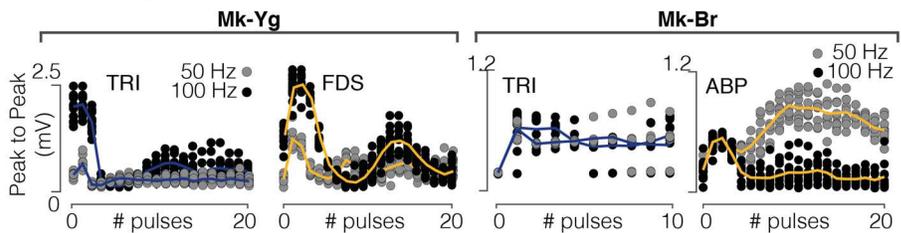
**Extended Data Figure 2. (A)** Personalized design of the epidural implant for each animal. All measures are in millimeters. Yellow traces at the bottom of the electrode identify connectors. **(B)** Position stability of the epidural array over time, illustrated through X-rays imaging taken during 3 consecutive weeks after the implantation. **(C)** Compression injury at the insertion level of the array (T2-T3 segment) in Mk-Br, discovered post-mortem, stained with NeuN and Iba1.



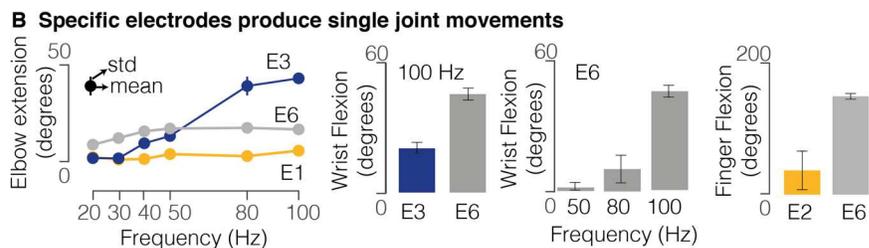
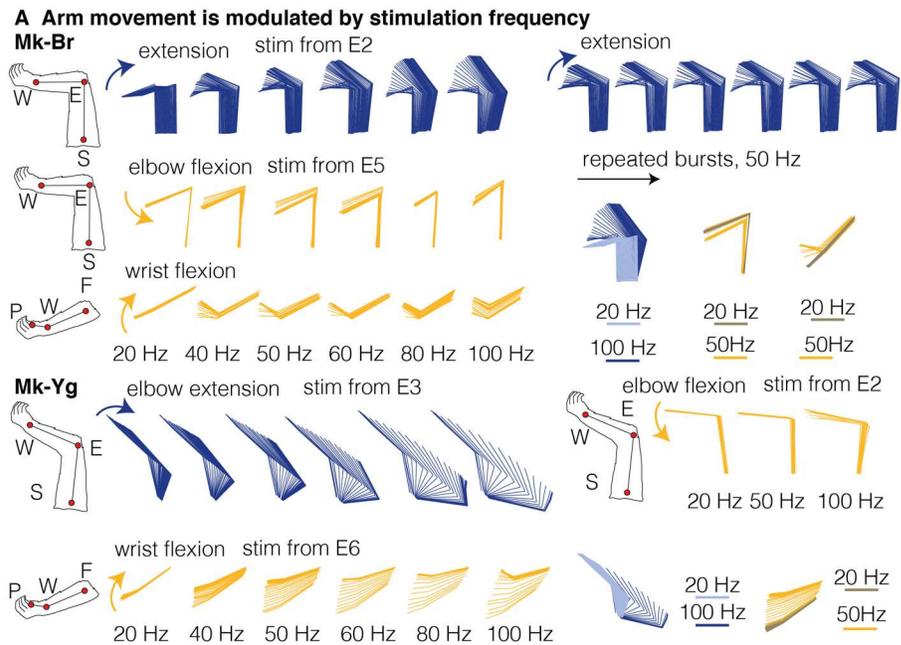
**B Graded muscle activation during train pulses**



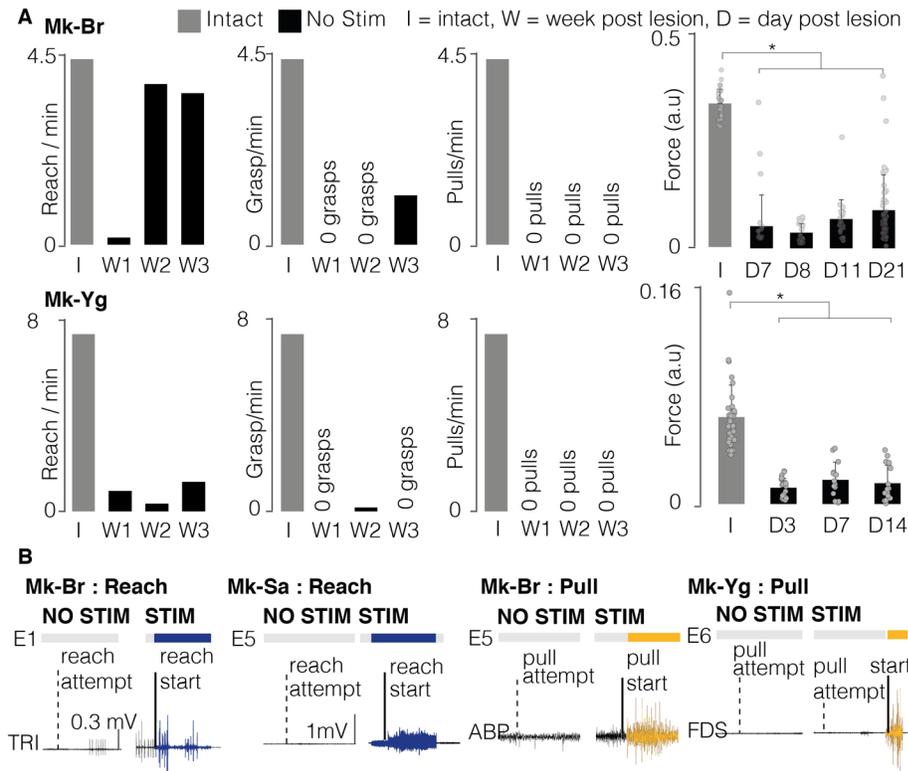
**C Muscle responses are modulated at higher frequencies**



**Extended Data Figure 3. (A)** Single pulse muscle recruitment for each animal, contact, and muscle. Bullets identify the Activation Index (computation illustrated in the schematic above). Each bullet corresponds to a specific muscle (on the x-axis) and a specific contact (on the y-axis, illustrated in the implant schematic on the left). Lines connect bullets corresponding to the same muscle, across different stimulation contacts. **(B)** Energy of EMG signals of triceps (Mk-Br and Mk-Yg), Flexor Digitorum Superficialis (Mk-Yg) and abductor pollicis (Mk-Br) muscles, following pulse-train stimulation at different frequencies (on the x-axis). Black bullets represent mean values. **(C)** Evolution over time of the peak to peak value of stimulation evoked responses during a stimulation burst. Each plot shows the evolution for a specific muscle following pulse-train stimulation at 50 and 100Hz. Triceps is shown for Mk-Br and Mk-Yg, Flexor Digitorum Superficialis for Mk-Yg and abductor pollicis for Mk-Br. Each data point is represented by a bullet and lines represent mean values over time.



**Extended Data Figure 4. (A)** Stick diagram schematic of movements elicited by pulse-trains of stimulation in anesthetized conditions. Mk-Br: on the left, arm kinematic obtained by delivering stimulation at different frequencies from contacts number 2 and 5 (counting from the top); on the top-right, arm kinematics obtained by repetitive delivery of a burst at 50 Hz; on the bottom right, superimposition of stick diagrams obtained with stimulation at 20 Hz and at higher frequencies (50 or 100 Hz). For Mk-Yg: arm kinematic obtained by delivering stimulation at different frequencies from contacts number 3 and 6 and superimposition of stick diagrams obtained with stimulation at 20 Hz and at higher frequencies (50 or 100 Hz). **(B)** On the left, elbow extension produced by stimulation at different frequencies. Bullets represent the mean value across different pulse-trains, and lines represent the standard deviation. Note that most of times standard deviation is so small that it remains hidden from the bullet. At the immediate right, wrist flexion obtained by stimulation through different contacts (at 100Hz) and at different frequencies (from contact number 6). At the extreme right, wrist flexion obtained by stimulation through different contacts. Values are plotted as the mean  $\pm$  STD.



**Extended Data Figure 5. (A)** Illustrations of Mk-Sa and Mk-Br performing the task before SCI and after SCI without and with EES. A full successful trial is composed of a reach, a grasp and a pull. After SCI, Mk-Sa could not perform any movement, while when EES was delivered she could perform a reach movement. After SCI, Mk-Br could perform a weak reach and grasp but could not perform a pull, while when EES was delivered she could perform the complete task. **(B)** Evolution (in days) of pull force after SCI with and without stimulation. Values are plotted as the mean  $\pm$  SEM. Statistical analysis was carried out with Wilcoxon Ranksum test. **(C)** Examples of enhancement of EMG activity produced by EES after SCI in the three animals.

311 **Materials and Methods**

312

313 *Animals involved in the study*

314

315 All procedures were carried out in accordance to the Guide for Care and Use of Laboratory  
316 Animals<sup>39</sup> and the principle of the 3Rs. Protocols were approved by local veterinary authorities of  
317 the Canton of Fribourg (veterinary authorization No 2017\_04E\_FR), including the ethical  
318 assessment by the local (cantonal) Survey Committee on Animal Experimentation and final  
319 acceptance by the Federal Veterinary Office (BVET, Bern, Switzerland). Three adult female  
320 *Macaca Fascicularis* monkeys were involved in the study (Mk-Sa 9 years old, 4.0 kg, Mk-Br 3  
321 years old, 3.4 kg, Mk-Yg 3 years old, 4.0 kg). Animals were not food deprived, could freely access  
322 water at any time and were housed in collective rooms designed in accordance to the Swiss  
323 guidelines (detention in groups of 2-5 animals in a room of 45 m<sup>3</sup>). Rooms were enriched with  
324 toys, food puzzles, tree branches and devices to climb and hide, as well as access to an outdoor  
325 space of 10-12 m<sup>3</sup>). Detailed information on which animals were involved in specific experimental  
326 procedures are reported in **Supplementary Table 1**.

327 *Surgical procedures*

328 For each animal, we performed three surgical procedures, (1) intracortical electrodes implantation,  
329 (2) intramuscular electrodes implantation, and (3) epidural implant insertion and spinal cord injury.  
330 Mk-Sa deviated from this protocol. Mk-Sa was first implanted with the epidural interface before  
331 injury, however an infection occurred and resulted in the explanation of the lead to treat the  
332 infection. After recovery, the animal was re-implanted, and lesion performed following the same  
333 protocol of Mk-Br and Mk-Yg. All the surgical procedures were performed under full anaesthesia  
334 induced with midazolam (0.1 mg/kg, i.m.), methadone (0.2 mg/kg, i.m.), and ketamine (10 mg/kg,  
335 i.m.) and maintained under continuous intravenous infusion of propofol (5 ml/kg/h) and fentanyl  
336 (0.2-1.7 ml/kg/h) using standard aseptic techniques. A certified neurosurgeon (Dr. Jocelyne Bloch,  
337 CHUV, Lausanne, Switzerland) performed all the surgical procedures.

338 During the first surgical procedure, we implanted multi-microelectrode arrays in the primary motor  
339 cortex (M1-42 channels), ventral premotor cortex (PMv-32 channels) and sensory cortex (S1-42  
340 channels) for a total of 128 channels for Mk-Br and Mk-Yg (Blackrock Microsystems, 400  $\mu$ m pitch  
341 and electrodes tip lengths 1.5 mm 1.5 mm and 1mm for M1, PMv and S1 respectively). Instead,  
342 Mk-Sa was implanted with 2 microelectrode arrays of 64 channels each and pitch of 1.5 and 1  
343 mm in M1 and PMd respectively. Functional motor areas of the arm were identified through  
344 anatomical landmarks and intra-surgical micro-stimulation. In order to access the brain areas of  
345 interest we performed a 20 mm diameter craniotomy and we incised the dura. The arrays  
346 implantation was achieved using a pneumatic compressor system (Impactor System, Blackrock  
347 Microsystems). A pedestal (*Pedestal A*) was then fixated to a compliant titanium mesh (Medtronic  
348 Ti-Mesh) modelled to fit the skull shape and implanted in a previous surgery a few weeks earlier<sup>26</sup>.

349 During the second surgical procedure we implanted intramuscular electrodes (Teflon-coated  
350 stainless-steel wires, Cooner Wire, cat. no. AS631). Mk-Yg received electrodes in the following

351 arm and hand muscles: Deltoid (DEL), Biceps Brachii (BIC), Triceps Brachii (TRI), Extensor  
352 Digitorum Communis (EDC), Flexor Carpi Radialis (FCR), Extensor Carpi Radialis (ECR), Flexor  
353 Digitorum Superficialis (FDS). Mk-Br received an additional electrode in the Abductor Pollicis  
354 Brevis (ABP). Due to practical constraints, Mk-Sa received electrodes only in Biceps Brachii (BIC),  
355 Triceps Brachii (TRI) and Flexor Digitorum Superficialis (FDS). In all animals, wires were then  
356 connected to an additional pedestal (Pedestal B), fixated to the titanium mesh.

357 During the third surgical procedure, monkeys were subjected to a lesion at the cervical level  
358 (C5/C6) of the spinal cord. The surgeon used a micro-blade to cut approximately one third of the  
359 dorsolateral aspect of the spinal cord, in order to interrupt the main component of the corticospinal  
360 tract unilaterally. All monkeys retained autonomic functions, as well as limited arm flexion and  
361 shoulder adduction capabilities. We monitored the animals for the first hours after surgery and  
362 several times daily during the following days. Monitoring scales were used to assess post-  
363 operative pain. Antibiotics were given immediately after the surgery and then once per day for 10  
364 subsequent days, anti-inflammatory drugs were given once per day for 5 days (Rymadyl 4mg/kg,  
365 s.c.; Dexamethasone 0.3mg/kg, s.c.), and analgesic was given twice per day for 5 days (Temgesic  
366 0.01mg/kg, i.m.). Within the same procedure, each monkey received a tailored epidural implant.  
367 The implant was inserted in the epidural space of the cervical spinal cord, according to methods  
368 described in Schiavone 2020<sup>30</sup> and Capogrosso 2018<sup>11</sup>. The implant was inserted below the T1  
369 vertebra and pulled until it covered spinal segments from C6 to T1. We performed intra-operative  
370 electrophysiology in order to assess and refine the implant positioning so that electrodes are  
371 aligned to the animal-specific anatomical features. In particular, we verified that single pulses of  
372 stimulation delivered from the most rostral and most caudal electrodes elicited contractions in the  
373 BIC and FDS muscle respectively. We re-routed the wires subcutaneously in order to connect  
374 them to the *Pedestal B*. All surgical and post-operative care procedures are developed in details  
375 in previous reports<sup>11,40</sup>. For Mk-Sa, data presented in this paper were collected several weeks pre  
376 lesion and 1 week post lesion, unfortunately a severe infection of the spinal array and EMGs that  
377 recurred after day 7 lead to the premature euthanasia of the monkey before the study could be  
378 completed in agreement with the endpoints in our animal authorization. For Mk-Br and Mk-Yg  
379 data presented in this paper were collected several weeks pre lesion and until 3 weeks post lesion.  
380 At the end of week 3 post lesion, Mk-Br had 2 episodes of self-mutilation on the foot ipsi-lateral  
381 to the lesion. In consequence we euthanized the animal before the end of the protocol according  
382 to the endpoints in our animal authorization. As described in the results section, we found post-  
383 mortem that Mk-Br had a medial spinal cord contusion at the T3 level. While this lesion did not  
384 affect motor control of the legs or the arms, it may have generated neuropathic pain.

### 385 Data acquisition

386 For Mk-Sa and Mk-Br, we acquired three-dimensional spatial coordinates of arm and hand joints  
387 using a 14-camera motion tracking system (Figure 1, Vicon Motion Systems, Oxford, UK) that  
388 tracked the Cartesian position of 6 infrared reflective markers (6 to 9 mm in diameter each, Vicon  
389 Motion Systems, Oxford, UK) at a 100 Hz framerate. All markers were placed on the left arm, one  
390 below the shoulder, three on the elbow (proximal, medial and distal position), and two on the left

391 and right side of the wrist. For each subject, a model of the marker placement was calibrated in  
392 Vicon's Nexus software at the beginning of each experimental session. For Mk-Yg spatial  
393 coordinates of arm and hand joints were recorded using two cameras placed parallel to the sagittal  
394 and transversal plane of the animal (Vicon Motion Systems, Oxford, UK). The 3D coordinates of  
395 the arm and hand joints were extracted using DeepLabCut<sup>41</sup>. Due to the reduced informative  
396 content extracted from the camera parallel to the transverse plane, we then only used 2D  
397 coordinates on the animals' sagittal plane. The training set needed for automatic data labeling  
398 was created by manually labeling a subset of recorded videos. An investigator was blinded to the  
399 experimental condition and was instructed to mark four anatomical landmarks that mirrored the  
400 position of markers in Mk-Sa and Mk-Br (shoulder, medial elbow, left and right wrist). Neural  
401 signals were acquired with a Neural Signal Processor (Blackrock Microsystems, USA) using the  
402 Cereplex-E headstage with a sampling frequency of 30 kHz. Electromyographic signals were  
403 acquired with a Behavioral Neurophysiology chronic recording system (RZ2 BioAmp Processor,  
404 Tucker-Davis Technologies, USA) at a sampling frequency of 12207 Hz.

405  
406 *Electrophysiology in sedated monkeys*

407 Monkeys were sedated with a continuous intravenous infusion of propofol (5 ml/kg/h) that  
408 minimizes effects on spinal cord stimulation<sup>42</sup>. We delivered single pulses of cathodic, charge  
409 balanced, asymmetric square pulses (0.3 ms, 1 Hz) from each electrode contact while recording  
410 compound potentials from all implanted arm and hand muscles. Electromyographic signals were  
411 acquired with a Behavioral Neurophysiology chronic recording system (RZ2 BioAmp Processor,  
412 Tucker-Davis Technologies, USA) at a sampling frequency of 12207 Hz. We then delivered 10  
413 repetitions of pulse trains from each contact, at several frequencies ranging from 20 to 120 Hz.  
414 We recorded compound potentials from all implanted arm and hand muscles and arm kinematics  
415 through two high resolution cameras (Sony FDR-X3000 Action Cam 4K). Through this procedure  
416 we identified three contacts that primarily elicited (1) arm flexors, (2) arm extensors and (3) hand  
417 flexors. In a reduced set of trials, we also recorded the force produced by arm flexion through a  
418 10 N range force sensor (Dual-Range Force Sensor, DFS-BTA, Vernier, Beaverton, Oregon,  
419 USA). To record the pulling force produced during isometric arm flexion, the hand was fixated to  
420 the sensor hook through a string, and the sensor and the elbow were kept in place by two  
421 experimenters, in order to optimally capture the strength produced by muscle contraction.

422 *Behavioral experimental recordings*

423 All animals were trained to perform a three-dimensional robotic reach, grasp and pull task,  
424 previously described in detail in (Barra 2019<sup>26</sup>) and briefly recalled here for simplicity.  
425 All animals were instructed to wait for a start signal by resting the left hand on a metallic bar.  
426 When the "go-cue" was given, monkeys had to reach for and grasp a small spherical object  
427 attached to the robot end effector and located in the three-dimensional space. The object was  
428 placed approximately 180 mm above the animal seating height, 150 mm far from the  
429 shoulder/head coronal plane and 30 mm left of the animal's left arm. Once animals got a hold on  
430 the object, they had to pull it towards their own body until trespassing a virtual spatial threshold.

431 The accomplishment of such virtual threshold was automatically detected by the robot control  
432 through online monitoring of the end effector position. Once attained the threshold, monkeys had  
433 to let go on the object and go back to the metallic bar. Fruits and vegetables were used to reward  
434 successful movements. Animals were trained daily (5 days per week) and every session ended  
435 as soon as the animals showed any sign of fatigue or impatience.

436

#### 437 Stimulation during three-dimensional reach and pull task in injured monkeys

438 All monkeys were recorded after injury as soon as they could independently move in their housing,  
439 feed themselves autonomously and did not show signs of discomfort. This corresponded to 3, 5  
440 and 6 days after injury respectively for Mk-Yg, Mk-Br and Mk-Sa. Each recording session was  
441 organized as follows. First, we recorded two blocks without stimulation, each of the duration of  
442 approximately 2 minutes. During those blocks we visually evaluated the impairment level of the  
443 animal and the performance of the brain decoder. Second, we used the brain decoder to trigger  
444 specific stimulation patterns. Contacts used to elicit those functions were defined through the  
445 experiments described in the previous paragraph and combined together to create stimulation  
446 protocols that allowed the animal to perform a full reach, grasp and pull movement.

#### 447 Identification and classification of arm movements for kinematic analysis

448 We defined the movement performed by the animals as composed of three different phases:  
449 reach, grasp and pull. The identification of the reach phase was done by marking the moment in  
450 which the left hand left the metallic bar to when the hand closed around the object secured to the  
451 robot hand effector (the grasp event). The grasp phase was considered to be a window of 100  
452 ms around the moment in which hand closed around the object. The pull phase started from the  
453 grasp event and finished when the animal accomplished the task by pulling the object across the  
454 virtual spatial threshold and placed the hand back on the resting bar. Events related to the 3  
455 phases of the movement (movement onset: reaching, grasp onset: grasping and release of the  
456 object, and pulling) were identified manually by inspecting video recordings from Vicon Motion  
457 Systems (Oxford, UK). The same method was applied to mark successful and complete  
458 performance of reach, grasp and pull movements as events. A successful reach was defined as  
459 a complete extension of the arm that brought the hand at the position of the target (even when  
460 grasp could not be performed). A successful grasp was defined as a successful closure of the  
461 hand around the target. A successful pull was defined as the accomplishment of a complete  
462 flexion movement that brought the target past the virtual spatial threshold. Events were then  
463 extracted from Vicon and used to perform analysis on the kinematic of the movements and to  
464 train the brain decoder by automatic routines (Matlab 2019b). All the analysis was conducted as  
465 blinded experiments.

#### 466 Decoding motor states from intracortical signals

467 We designed a neural decoder that detected reaching and grasping events using intracortical

468 spiking activity. In order to detect spikes, we set a threshold on each channel of -4 times the root-  
469 mean-square voltage recorded during a brief period while the monkey was at rest. We estimated  
470 firing rates in each of the motor cortical array channels by summing the multiunit spikes with a  
471 150 ms history every 0.5 ms. We used these multiunit firing rate estimates to compute a twenty-  
472 dimensional neural manifold capturing the majority of population variance<sup>43</sup>. We projected the  
473 spiking activity onto this manifold to calibrate a multiclass regularized linear discriminant analysis  
474 decoder<sup>40</sup> that predicted the labeled timing of reach and grasp events. The decoder used 500 ms  
475 of past neural activity and output the probability of observing the reach and grasp events. During  
476 calibration, we defined a probability threshold for each event ranging from 0.8 to 0.99 to optimize  
477 predictions of the timing of each event using cross-validation. Since the monkeys could not  
478 complete the task after SCI, we were unable to consistently acquire labeled training data. We  
479 therefore calibrated a decoding algorithm using reaches from a recording session of a healthy  
480 monkey. We then manually labeled attempted reaches after SCI by manual inspection of video  
481 recordings. Using canonical correlation analysis, we aligned the neural dynamics<sup>44</sup> preceding  
482 reaches on the healthy sessions to the observed neural dynamics preceding attempted reaches  
483 after SCI. These aligned dynamics were used to control the decoder trained on the healthy  
484 reaches.

485 We implemented a custom C++ software application running a control suite that used the  
486 decoding algorithm to trigger EES stimulation in real-time. The application received neural data  
487 over UDP and made predictions using the decoding algorithm at 15 ms intervals. When the output  
488 probabilities crossed the defined threshold, the application triggered preprogrammed patterns of  
489 EES.

#### 490 *Analysis of muscle recruitment curves*

491 Electromyographic activity was bandpass filtered between 30 and 800 Hz with an offline 3<sup>rd</sup> order  
492 Butterworth filter and stimulus artifact were removed. For each animal, stimulation contact, muscle  
493 and stimulation amplitude, we extracted compound potentials from 50ms-long segments of  
494 electromyographic activity following a stimulation pulse. We then computed the peak-to-peak  
495 amplitude of compound potentials. Since we gave four pulses of stimulation for each selected  
496 current amplitude, we averaged across values corresponding to the same stimulation amplitude  
497 and represented as the mean recruitment value of each muscle as a function of the injected  
498 current. For each muscle, recruitment values have been subsequently normalized by the  
499 maximum value obtained for that specific muscle, provided that we obtained response saturation  
500 (and therefore maximal contraction) in at least one occasion during the session. In addition, we  
501 computed a selectivity index for each muscle<sup>45</sup>.

502 In order to obtain a comprehensive measure of muscle recruitment for each contact that would  
503 allow to compare across animals, we computed, for each animal, each muscle and each contact,  
504 an Average Recruitment Index (ARI) as the average of the recruitment values across all  
505 stimulation amplitudes used from a specific stimulation site.

506 To compute muscle recruitment during the delivery of pulse train stimulation, we computed the  
507 energy of the EMG signal during the duration of stimulation. We then applied the same  
508 normalization procedure described above for single pulse recruitment.

#### 509 Analysis of muscle activity during EES

510 Electromyographic activity was bandpass filtered between 30 and 800 Hz with an offline 3<sup>rd</sup> order  
511 Butterworth filter and stimulus artifact were removed. In all animals we computed the energy EMG  
512 signals, for each implanted muscle. Energy of EMG signals during stimulation were computed on  
513 each segment in which stimulation was delivered after the animal started a movement attempt.  
514 Energy of EMG signals without stimulation were computed on each segment in which stimulation  
515 was not delivered and the animal started a movement attempt. A movement attempt was defined  
516 as an increased EMG activity of the Biceps and Deltoid muscles.

#### 517 Analysis of kinematics performance

518 We performed Principal Component Analysis on a large set of kinematic features. We computed  
519 the features on data segments during the reach phase and the pull phase.(see movement  
520 identification explained above, section *Identification and classification of arm movements for*  
521 *kinematic analysis*). All kinematic signals were previously low pass filtered at 6 Hz. Segments  
522 were not interpolated nor resampled. Before performing PCA analysis, features were centered to  
523 have mean 0 and scaled to have standard deviation of 1 ( Matlab 2019). The computed features  
524 for Mk-Br included: minimum value, maximum value and total excursion of joint angles (shoulder  
525 flexion, elbow flexion, and wrist pronation); maximum, minimum and average angular velocity (for  
526 the shoulder flexion, elbow flexion and wrist pronation); minimum, maximum and average position  
527 along the sagittal, frontal and vertical axis of each arm joint (shoulder, elbow, wrist); maximum  
528 minimum and average wrist velocity along the sagittal, frontal and vertical axis; movement  
529 smoothness<sup>31</sup>; trajectory length during and time required to complete movements. All the listed  
530 features have been computed identically during the reach phase and the pull phase separately  
531 and treated as different features. In addition, computed maximal applied three-dimensional pulling  
532 force and the average position along the sagittal, frontal and vertical axis of each arm joint  
533 (shoulder, elbow, wrist) during grasp;

534 Since for Mk-Yg we only extracted 2D kinematics on the sagittal plane, the kinematic features for  
535 Mk-Yg included: minimum value, maximum value and total excursion of joint angles (shoulder  
536 flexion and elbow flexion); maximum and average angular velocity (for the shoulder flexion and  
537 elbow flexion); minimum, maximum and average position along the sagittal and vertical axis of  
538 each arm joint (shoulder, elbow, wrist); maximum and average wrist velocity along the sagittal  
539 and vertical axis; movement smoothness<sup>31</sup>; trajectory length during and time required to complete  
540 movements. All the listed features have been computed during the reach phase.

541

#### 542 Comparison of motor cortical activity during EES evoking movement and no movement

543 To study how motor cortical activity interacted with EES, we analyzed the neural recordings from  
544 Mk-Br and Mk-Yg. We identified periods where EES pulse trains produced no discernible  
545 movements by setting a threshold on hand velocity. We compared multi-unit neural firing rates on  
546 each channel in this period to neural firing rates in the previously identified trials where EES  
547 enabled reaching and grasping. First, we counted the number of spikes within the window of  
548 stimulation and divided by the duration of stimulation. We then averaged across stimulus  
549 repetitions of the movement and no movement conditions and pooled across recording sites in  
550 motor cortex.

551 We next computed instantaneous estimates of multi-unit firing rates on each channel by counting  
552 the number of spikes in non-overlapping 20 ms bins and convolving with a gaussian kernel of 50  
553 ms width. We applied Principal Component Analysis (PCA) to compute 10-dimensional neural  
554 manifolds spanning this multi-unit population activity<sup>43</sup>. We projected the neural activity onto these  
555 manifold axes during the periods where EES evoked either movement or no movement. We then  
556 identified periods where the monkey was at rest with no EES, as well as periods where the  
557 monkey attempted movements of the arm with no EES. To compare the similarity of neural activity  
558 between these conditions, we computed the Mahalanobis distance between activity at rest and  
559 the three other periods: EES with movement, EES with no movement, and attempted movements  
560 with no EES.

#### 561 Histology

562 Monkeys were deeply anesthetized (lethal dose of pentobarbital, 60mg/kg, injected i.v.) and  
563 transcardially perfused with saline (about 200 ml), followed by 3 liters of 4% paraformaldehyde  
564 (PFA). Dissected spinal cord were post-fixed in 4% PFA overnight, and then immersed in 30%  
565 sucrose solution for 2 weeks. 50 $\mu$ m transverse or horizontal sections were cut using a cryostat  
566 and kept in 0.1M PBS azide (0.03%) at 4°C. Primary antibodies were: rabbit anti-Iba1 (1:1000,  
567 Wako) and guinea pig anti-NeuN (1:300, Millipore). Fluorescence secondary antibodies were  
568 conjugated to: Alexa fluor 647 and Alexa fluor 555 (Life technologies). Sections were coverslipped  
569 using Mowiol. Immunofluorescence was imaged digitally using a slide scanner (Olympus VS-120).  
570 Lesions were reconstructed using image analysis software (NeuroLucida) to trace the lesion over  
571 serial sections (200  $\mu$ m apart).

#### 572 Statistical procedures:

573 All data are reported as mean values  $\pm$  standard error of the mean (s.e.m.) or mean values  $\pm$   
574 standard deviation (std). The choice is highlighted directly in the figures or in the relative caption.  
575 Significance was analyzed using the non-parametric Wilcoxon rank-sum test. In only one case  
576 (Figure 5c), significance was analyzed using bootstrap. The level of significance was set at  
577 \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .

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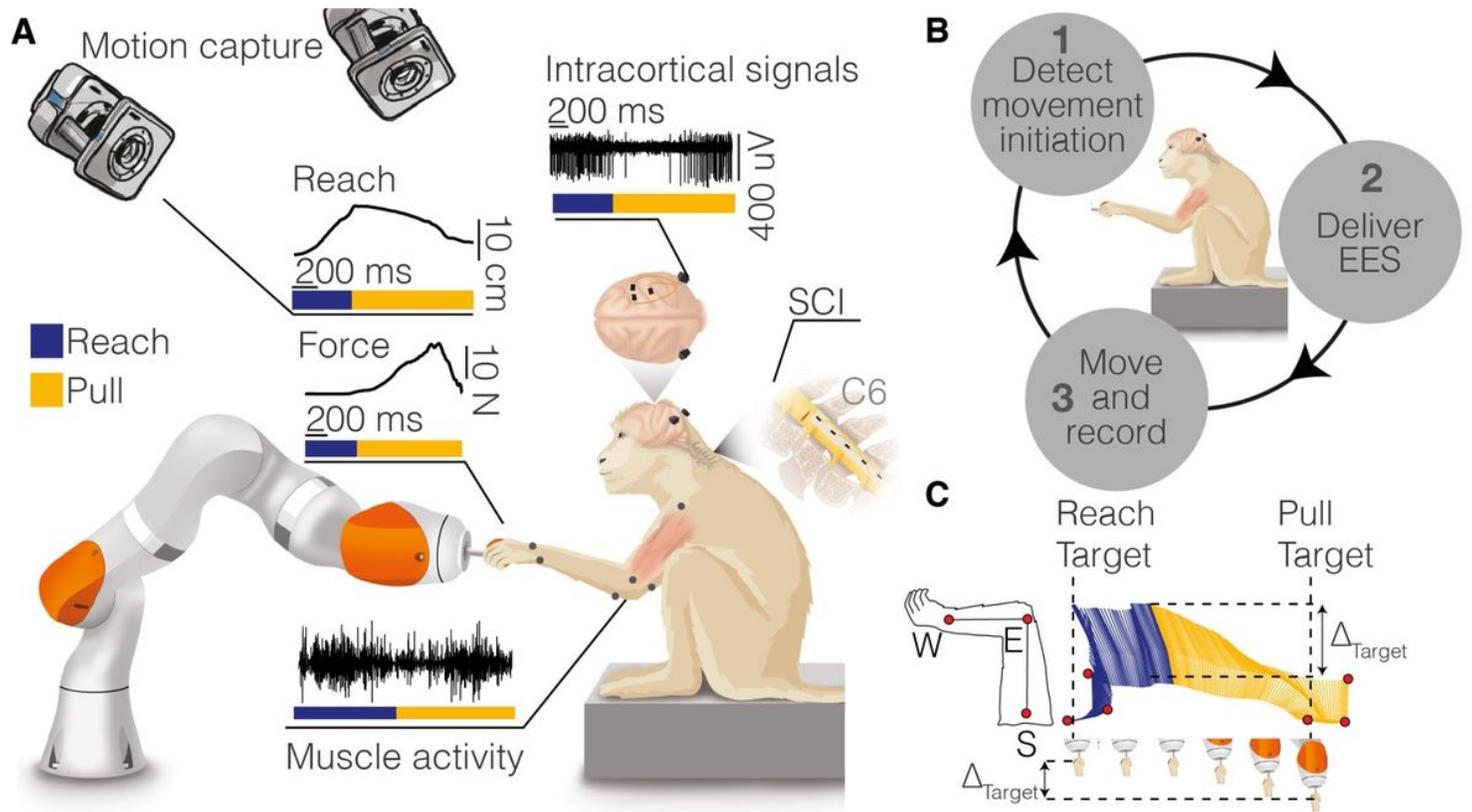
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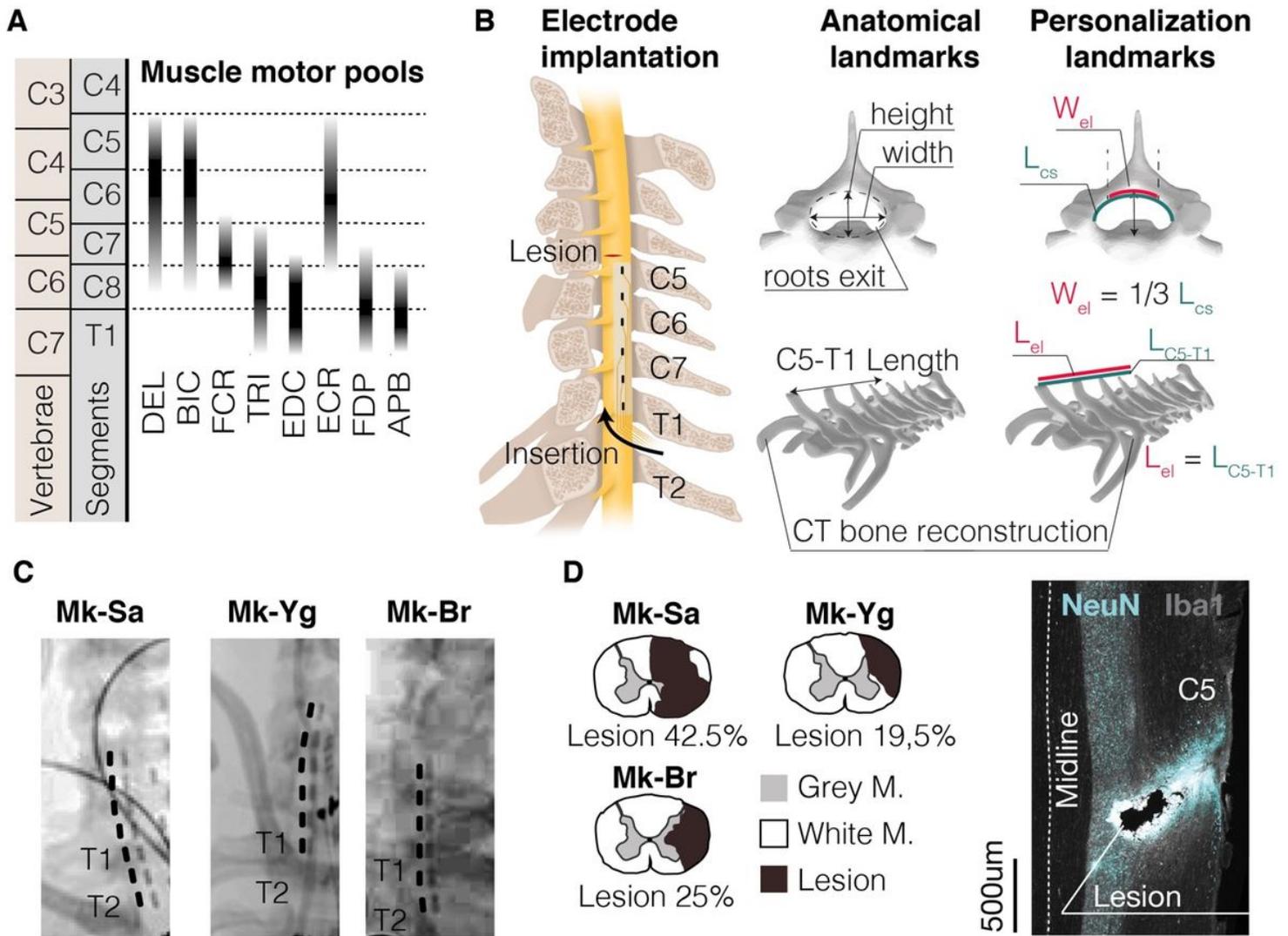
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# Figures



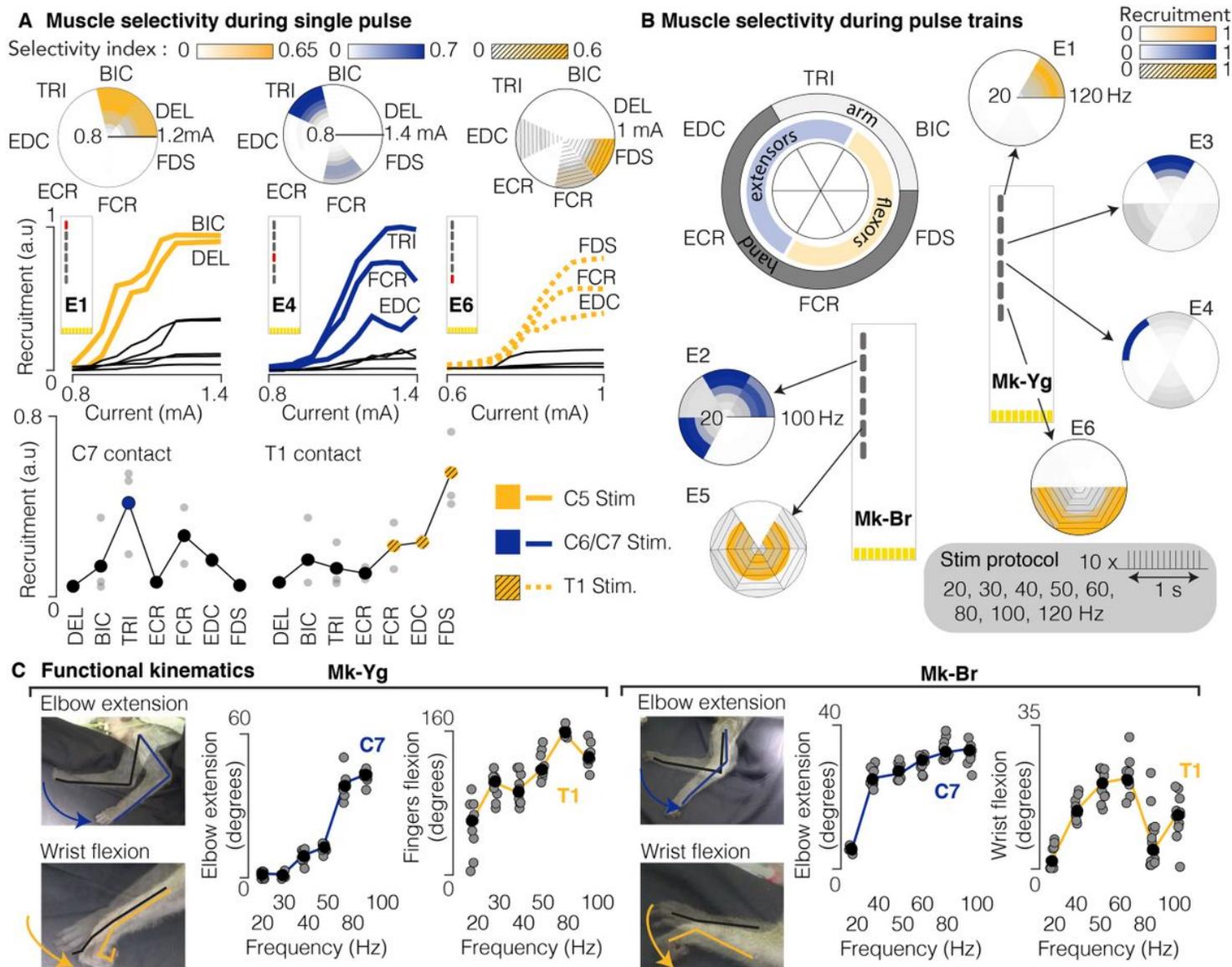
**Figure 1**

Experimental framework. (A) Monkeys were trained to reach for, grasp, and pull a target object placed at the end effector of a robotic arm. We measured 3D forces applied to the robot joints, full-limb kinematics, electromyographic (EMG) activity from eight muscles of the arm and hand, and intracortical signals from primary sensorimotor areas. (B) Conceptual scheme of the experimental protocol: (1) A decoder running on a control computer identified movement attempts and (2) delivered electrical spinal cord stimulation to the appropriate spinal roots. (3) Stimulation produced arm and hand movement that we recorded and analyzed off-line. (C) Stick diagram decomposition of arm movement during a reach, grasp and pull movement in intact monkeys (S = shoulder, E = elbow, W = wrist). We considered a movement complete when a target spatial threshold was crossed during pull. Copyright Jemère Ruby.



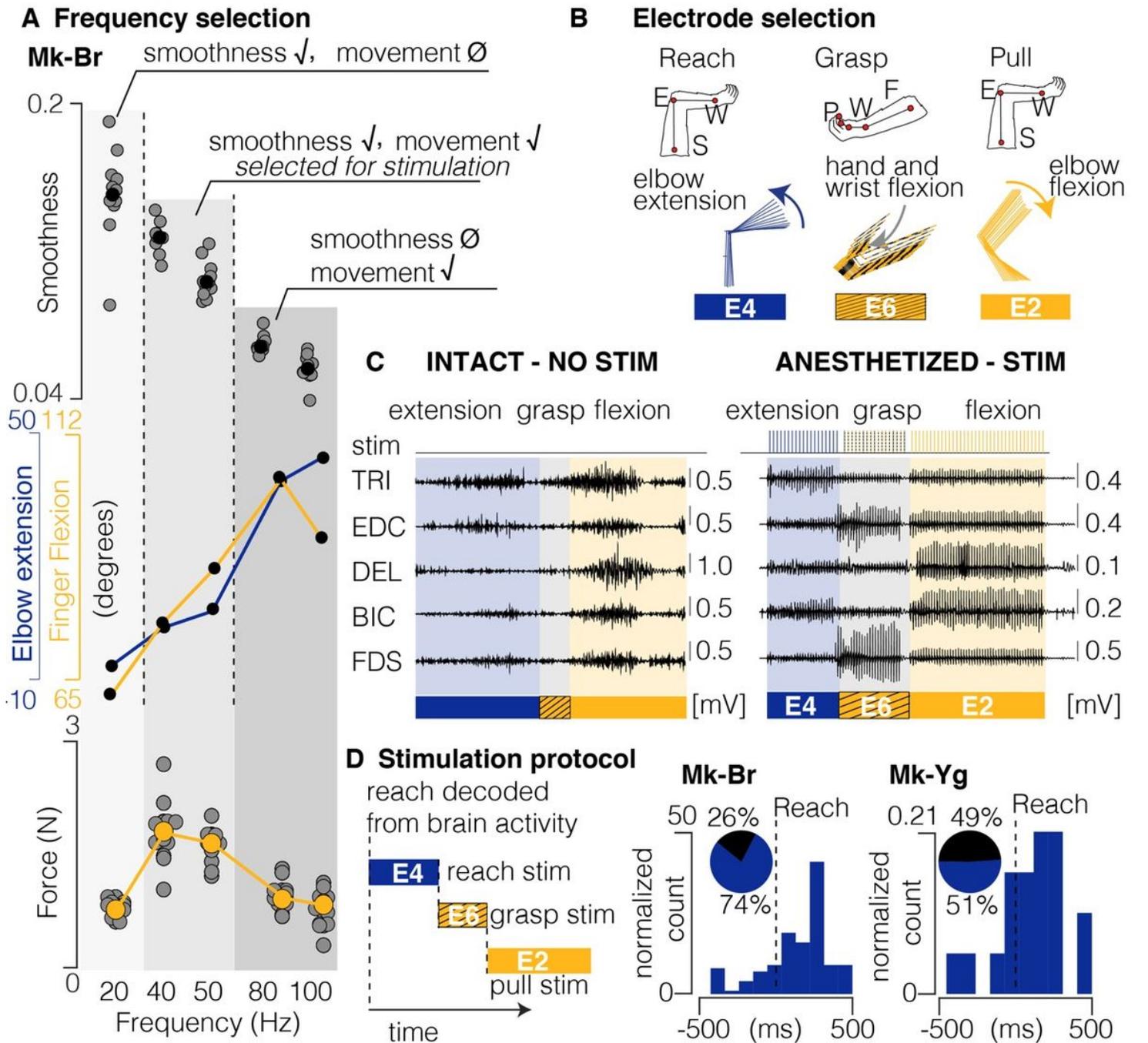
**Figure 2**

Epidural electrode design and implantation. (A) Motoneurons pool distribution of arm and hand muscles in the cervical spinal cord in relation to vertebrae and spinal segments (adapted from Jenny and Inukai, 1983). Deltoid (DEL), Biceps Brachii (BIC), Flexor Carpi Radialis (FCR), Triceps Brachii (TRI), Extensor Digitorum Communis (EDC), Extensor Carpi Radialis (ECR), Flexor Digitorum Profundus (FDP), Abductor Pollicis Brevis (APB). (B) Schematic representation illustrating the positioning and insertion of the spinal implant in the epidural space; on the right, anatomical landmarks used to tailor the epidural interface to each monkey's anatomy (Length of dorsal aspect of spinal canal  $L_{cs}$ , length of C5-T1 spinal segment  $L_{C5-T1}$ , electrode width  $W_{el}$ , electrode length  $L_{el}$ ). Three-dimensional reconstructions of vertebrae are obtained by CT-reconstruction (Osirix, Pixmeo, Switzerland). (C) Representative X-ray scans of the epidural implant in the three monkeys (Mk-Sa, Mk-Br and Mk-Yg). (D) Anatomical reconstruction of the cervical spinal cord lesion (black area) for the 3 monkeys, shown on a transversal section. On the right, representative image of longitudinal section of the spinal cord of Mk-Br around the lesion site stained with NeuN (neuronal cell bodies) and Iba1 (microglia).



**Figure 3**

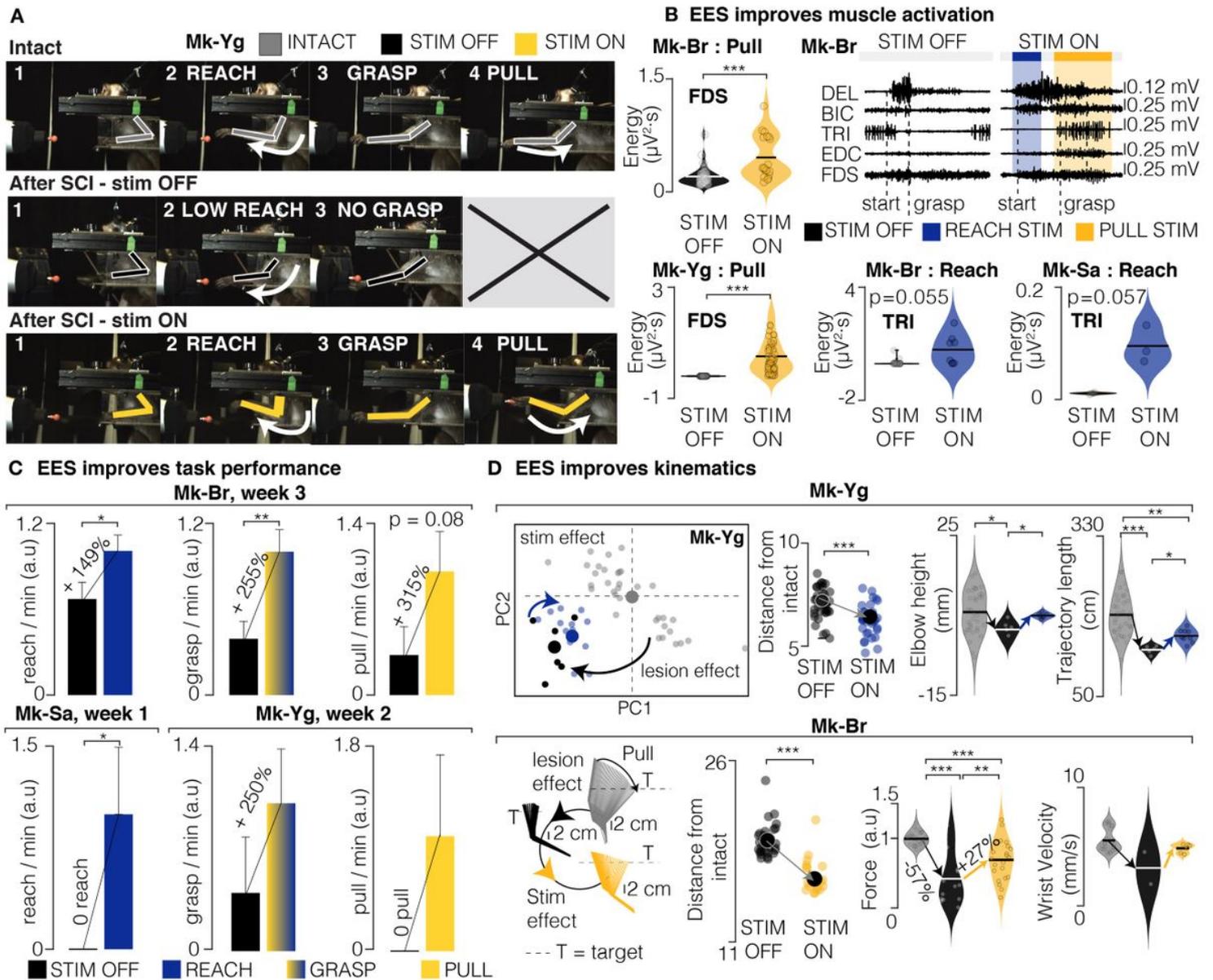
EES produces single joint movements in anesthetized animals. (A) Examples of muscle selectivity (polar plot) and muscle recruitment obtained by stimulating (1 Hz) at C5, C6/C7, and T1 spinal segments (Mk-Yg). Below, average muscle activations elicited from C7 and T1 contacts in  $n=3$  monkeys (Grey bullets: for each animal, average recruitment across all stimulation currents. Big bullets: mean of average recruitments across animals). (B) Muscle recruitment obtained during delivery of pulse trains in anesthetized monkeys. Recruitment was estimated by computing the energy of EMG signals for each muscle and each stimulation contact. Stimulation frequencies ranged from 20 to 120 Hz ( $n = 2$ ). For each muscle, energy values were normalized to the maximum value obtained across all frequencies and contacts. (C) Single joint angles excursions induced by stimulation at C7 (blue) and T1 (yellow) of the mean values.



**Figure 4**

Design of stimulation protocol. (A) Combined representation of movement smoothness, elbow and finger flexion, and pulling force during anesthetized stimulation. Shades of gray highlight three frequency ranges that produce: (1) smooth trajectory, but little movement and low force (20Hz), (2) smooth trajectory, extended movement and medium force (40 and 50Hz), (3) abrupt and very extended movement and low force (80 and 100Hz). The range 40-50 Hz was selected as the best optimization of sufficient movement, smoothness and force production. (B) Schematic representation of arm and hand kinematics during stimulation delivered from the selection of three contacts to produce elbow extension (blue), hand and wrist flexion (yellow and black), and elbow flexion (yellow). (C) Example of comparison between EMG activity during intact movement (left) and movement elicited by chaining stimulation from the three

selected contacts (right). (D) Scheme illustrating how stimulation is triggered from movement-related intra-cortical signals. On the right, online performances of movement attempt decoder in two animals with SCI. Pie charts represent percentage of predicted (blue) and unpredicted (black) reach events by our decoder.

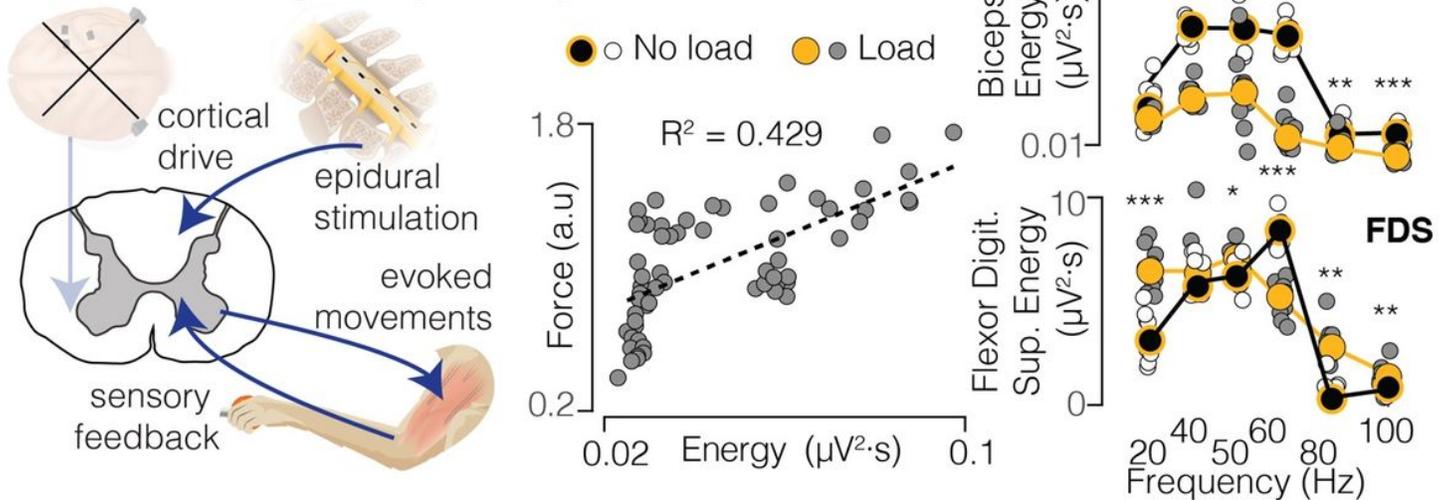


**Figure 5**

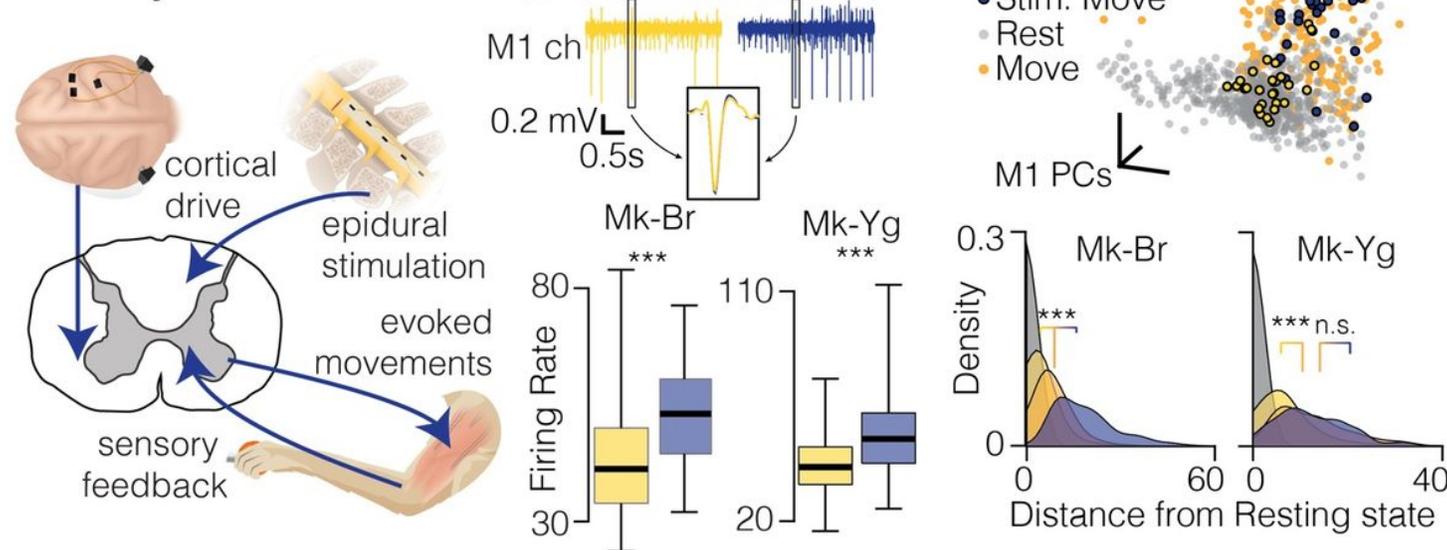
EES improves task performance, muscle strength and movement quality. (A) Snapshots of Mk-Yg performing the task before SCI, after SCI without EES, and after SCI with EES. A full successful trial is composed of a reach, a grasp, and a pull. After SCI, Mk-Yg could only perform reaching movements without EES, while when EES was delivered the full task could be performed. (B) Violin plots of signal energy of triceps and FDS EMG profiles during reach (Mk-Br and Mk-Sa) and pull (Mk-Br and Mk-Yg). All individual data points are represented by bullets. Black lines correspond to means of the distribution. Statistical analysis with Wilcoxon Ranksum test. On the right, example raw EMG data after SCI with and without EES. (C) Bar plots report the rate of successful movements after SCI, without and

with stimulation. Data are presented as mean  $\pm$  STD and normalized on the mean value in stimulation condition. Statistics was performed with Bootstrap. (D) Example PC analysis of kinematic features (See methods). Top-left, first and second PC space. Bottom left, stick diagram representation of arm kinematics during pull in intact conditions, after SCI without and with EES. At the immediate right (both bottom and top), euclidean distance in the feature space of trials without stimulation (black) and with stimulation (blue) from the centroid of the trials in intact condition. At the extreme right, example violin plots of movement quality features in the three conditions: intact, after SCI, and after SCI with stimulation. Statistics with Wilcoxon Ranksum test. Asterisks: \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .

### A Stimulation is gated by sensory feedback



### B Stimulation is gated by cortical drive



**Figure 6**

EES must be synchronized with motor intention. (A) Left: EES modulates spinal circuitry to presynaptically recruit motoneurons innervating the muscles of the arm. Thus, EES interacts with descending cortical drive sent through residual pathways after SCI. Middle: correlation between

energy of the EMG trace of the biceps muscle and arm flexion force produced by muscle contraction during a isometric arm flexion induced by stimulation. Right: energy of EMG signal of biceps and FDS muscles during free arm flexion (no load) or isometric arm flexion (load) induced by stimulation. White and grey bullets: individual data points for no load and load conditions. Black and yellow bullets: mean values for no load and load conditions. Black and yellow lines: interpolation of mean values for no load and load conditions. (B) (Top) The same EES pulse train (top) applied to Mk-Br can result in different motor output. For an example M1 channel, the stimulation that evoked movement (blue, right) corresponded to more spiking activity than the same stimulation evoking no movement (yellow, left). (Bottom) Distribution of average firing rates across all M1 channels during stimulation trains that evoked no movement (yellow) and movement (blue). (C) (Top) State space view of M1 activity for all time points during rest (gray) and preceding attempted movement (orange). The brain states during successful stimulation (blue) were similar to those preceding attempted movements, while the unsuccessful stimulation (yellow) overlapped with the rest states. (Bottom) We computed a relative Mahalanobis distance between the two stimulation conditions and the cluster of neural states at rest. For both monkeys, neural states during stimulation periods with no movement were close to rest.

## Supplementary Files

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