

In-vitro and In-vivo effects of Cu-Melo Seed 'trypsinseed' trypsin Inhibitor on Angiogenesis and Tumor Characteristics in Balb-c Mice With Breast Cancer

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Abstract

Background

Melon seeds as an excellent supply of protease inhibitors may have a protective role against tumor progression and angiogenesis. However, its effects on angiogenesis and the mechanism of its motion on cancer progression remain elusive. This study aimed to investigate the effect of bioactive compounds of melon seed on the expression of angiogenesis genes in breast cancer cell lines.

Methods

Trypsin inhibitor (TI) was purified from the seed powder of Cucumis Melo. Half-maximal inhibitory concentration (IC₅₀) was determined for TI, extract of melon seed powder (EXT), and tamoxifen (TAM) by MTT test. Also, breast tumor was induced by subcutaneous injection of MC4-L2 cell line in balb-c inbred mice breast tissue. After tumor growth, mice were treated with TI, EXT, and TAM to examine their effects on the tumor characteristics and the expression of the angiogenesis-related genes including MMP-2, MMP-9, and VEGF using the RT-PCR method.

Results

TI, EXT, TAM, and adjuvant treatment of TI+TAM resulted a reduction in expression of MMP-2, MMP-9, and VEGF. All treatments improved the breast tumor characteristics and the necrosis. The Real Time-PCR method verified the positive effects of the treatments on the breast cancer cell line and tumors.

Conclusion

The results indicated that treatments with trypsin Inhibitor Purified from Cucumis Melo Seeds and also combination therapy of trypsin inhibitor and tamoxifen can be considered as an alternative therapy in breast cancer patients. Further studies are warranted.

Introduction

Breast cancer is known as the most commonly diagnosed and the second leading cause of cancer-related mortality in women (1, 2). Similar to most solid tumors, breast cancer requires new blood vessel growth, and these new vessels not only help to meet the growing metabolic demands of the tumor by supplying additional nutrients but also provide potential routes for tumor dissemination and metastasis (3). In breast cancer, tumor-induced angiogenesis is first evident at the pre-invasive stage of high-grade ductal carcinoma (4). It is now evident that tumors have a very limited capacity to grow without vascular support. Therefore, the formation of blood vasculature is an obligatory step to sustain the influx of essential nutrients to the cancer cells (5, 6).

Some proteases such as matrix metalloproteinase (MMPs) are considered to play important roles in immune responses, inflammatory reactions, and tissue remodeling (7, 8). Recent studies confirmed that

the expression of MMPs in tumor cells is closely correlated to their metastatic activity (9). The MMP axis has several areas of overlap with the cytokine network and inflammatory cytokines or growth factors can regulate the expression of MMPs. Cytokines and growth factors play an important role in promoting the activation of MMPs from the inactive zymogens to the active enzymes. In a recent study, several endothelial growth factors including vascular endothelial growth factor (VEGF) were demonstrated to promote neovascularization (10). In fact, VEGF is a specific mitogen and survival factor for endothelial cells and a key promoter of physiological and pathological angiogenesis (11-13).

HER2 is a protein that helps breast cancer cells grow quickly. Breast cancer cells with higher than normal levels of HER2 are called HER2-positive. These cancers tend to grow and spread faster than breast cancers that are HER2-negative, but are much more likely to respond to treatment with drugs that target the HER2 protein. The advancement of focused on HER2 treatments, has altogether progressed the result for patient with HER2 positive breast cancer(14). Tamoxifen (TAM) is considered a gold standard in the treatment of estrogen receptor (ER)-positive breast cancer (15). Estrogen receptors are one of the most important targets for controls of carcinogenesis and inhibition of tumor cell growth. This drug is also effective as adjuvant therapy and considerably improves follow-up outcomes of surgery by reducing the risk of disease recurrence and death. Tamoxifen antitumor effect is first of all due to the ability to selectively block the ERs found in most breast cancer patients (15). However, some side effects of TAM appear in breast cancer patients with long-term therapy (16).

Some plant-derived compounds such as flavonoids, phytoestrogens, and protease inhibitors were reported to be able to prevent one-third of cancers (17, 18) and inhibit tumor cell proliferation and new vessel formation in tumors without major side effects and significant toxicity to normal tissues (17, 19). These natural compounds can provide protection against inflammatory diseases through the regulation of inflammatory pathways (19). Some plants such as melon extract and its trypsin inhibitor protein has many biological functions including anti oxidative, anti-inflammatory, and anticancer effects (17). Melon seeds can be used as a source of nutrients, natural antioxidants, and bioactive compounds (20). Recent studies showed that different component of melons have anticancer role by affecting on a variety of different mechanisms including cell proliferation, autophagy, level of insulin-like growth factor 1 receptor and its downstream signaling pathway. But the main mechanism and its antiangiogenic effects in breast cancer is unknown (21-24).

The present study aimed to investigate the effect of bioactive compounds of melon seed including TI protein and its EXT on the expression of angiogenesis genes including MMP-2&9 and VEGF in-vivo and in-vitro on MC4-L2 breast cancer cell line. We also assessed the changes in tumor tissue characteristics in the mice model such as inflammation, necrosis, angiogenesis, cell proliferation, and tumor size.

Materials And Methods

Seed preparation of target plant

First, the seeds of the melon plant were prepared through washing it to remove any kind of contamination. The seeds were then dried indirectly using sunlight and the kernels were separated and crushed using a grinder. The resulting powder was used as a starting material to purify the target peptides by chromatography.

Preparation of affinity column with trypsin ligand and chromatography

After preparation of the specified seed powder, the chromatography method was done as previously described elsewhere (25). Only, in the last step, the supernatant was loaded onto the column, and therefore the column was washed with deionized water until the absorbance of fractions at 280 nm came to zero. Three column volumes of deionized water with PH=2.5 accustomed to wash sure proteins from the column (deionized water was adjusted to PH=1.5 with 0.1 N HCl).

Polyacrylamide gel electrophoresis

Polyacrylamide gel electrophoresis was performed in the presence of sodium dodecyl sulfate SDS-PAGE based on the Schagger and Von Jagow method (26) as previously explained (25).

Measurement of protein concentration

The final and quantitative protein concentrations were determined by the Bradford method as the standard procedure (27).

Assay of TI activity

The activity of the Trypsin inhibitor from Cucumis melo (Muskmelon) was determined by the residual trypsin activity following the method of Hajela (28) with slight modifications using N- α -benzoyl-DL-arginine-p-nitroanilide (BAPNA) as the substrate and bovine trypsin as the standard enzyme. The reaction mixture containing 50 μ l TI (5 mg/ml), 50 μ l trypsin (1 mg in 5 mL of 0.05 M Tris-HCl, pH 8.0, containing 0.03 M CaCl₂) and 100 μ l 0.05 M Tris-HCl (pH 8.0) containing 0.03 M CaCl₂ was incubated at 37 °C for 10 min in a shaking water bath. The residual activity was measured by adding 1 mL of 0.8 mM BAPNA (7 mg dissolved in a minimum volume of DMSO and adjusting its final volume to 20 mL with 0.05 M Tris-HCl, pH=8.0, containing 0.03 M CaCl₂) to the reaction mixture followed by incubation at 37 °C for 10 min in a shaking water bath. The reaction was stopped by adding 20 μ l of 30% (v/v) glacial acetic acid. A blank and a trypsin control were run simultaneously. In blank, acetic acid was added prior to the addition of BAPNA and in trypsin control, distilled water was added in place of the TI. The absorbance was recorded at 410 nm against the blank using a double beam UV-visible spectrophotometer (Model 2202, Systronics, India). An appropriate volume of the kidney bean extract, which was enough to give 40-60% inhibition of trypsin, was taken for the assay. One trypsin unit (TU) was defined as an increase of 0.01 absorbance units at 410 nm per 1.2 mL of the reaction mixture. TI activity was expressed as the number of trypsin units inhibited (TUI).

In-vitro phase

Cell line and culture conditions

MC4-L2 mouse breast cancer cell lines (National Center for Genetic and Biological Resources of Iran, Tehran) were maintained and grown in 25 and 75 cm² flasks (SPL, Pocheon, Korea) in DMEM: Ham's F12 + 2 mM L-Glutamine + 15 mM HEPES buffer, penicillin (100 µg/ml), streptomycin (100 µg/ml), and 10% (vol/vol) fetal bovine serum (FBS, Gibco BRL, Life Technologies, Grand Island, NY) in a 37°C incubator and 5% CO₂. Cells were monitored by a phase-contrast microscope until they reached appropriate confluence. Once the cells reached 90% confluency, the MC4-L2 cells was harvested with 0.25% trypsin–0.02% ethylenediaminetetraacetic acid (EDTA). Cell viability and numbers were determined by a hemocytometer and trypan blue exclusion. Cell viability was calculated to be greater than 98%.

Cell viability assay in vitro

Toxicity and cell proliferation were assessed using the MTT Sigma test. First, to determine and set up the exact number of cells required to perform the desired test in a 96-well pellet in 8 rows of 12 wells, different values of 5×10^3 , 10×10^3 , 15×10^3 , 20×10^3 , 25×10^3 , 30×10^3 , 50×10^3 and 100×10^3 of MC4-L2 cells were poured into 10% FBS-enriched DMEM-F12 medium to evaluate cell growth. After 24 hours, the cell growth rate was examined using a microscope and the number of 10^4 cells per well of the pellet had the best response, which was selected as the number of cells approved for MTT testing. To perform the MTT test, 10^4 cells of MC4-L2 cell line were poured into each of 96 culture pellets and then 10% FBS enriched with 100 ml of DMEM-F12 culture medium per 100 ml was added. After 24 hours of incubation at 37 ° C with 5% CO₂, different concentrations of TI (5, 10, 25, 50, 100, 200, 300, 400, 800, 1200 µg/ml), EXT (5, 10, 25, 50, 100, 200, 400, 800, 1200 µg/ml) and, TAM (0.01, 0.1, 1, 5, 10, 15, 20 µmol) were added to each well and then 100 ml of the desired culture medium was added. The cells were incubated again for 48 hours and these steps were repeated 3 times for all concentrations. After 48 hours of incubation at 37 ° C with 5% CO₂, equivalent to 10 microliters of 3-(4,5-dimethylthiazole-2)-2,5-diphenyltetrazolium bromide MTT solution (Sigma) (0.5 mg/ml MTT powder in PBS), was added to each of the culture medium houses and incubated again for 4 hours at 37 ° C with 5% CO₂ and then centrifuged at 3000 rpm for 10 minutes. To dissolve the Formazan crystal, the supernatant containing MMT was completely removed and 200 µl of dimethyl sulfoxide (DMSO) was added to each well and kept at room temperature for 30 minutes to dissolve completely. The ELISA reader was read at 570 nm and 630 nm.

Examination of anti-angiogenesis effects of TI, EXT, and TAM

According to MTT results and after preparation of the MC4-L2 cell line, 10^4 cells were poured into each well of a 96-well plate and placed in an incubator for 24 hours. Then we emptied the medium on the wells and 500 µl of fresh medium with 10% FBS was added to the wells. The Control group received no treatment. Treatments groups were designed as BPS solution, 5 µmol of TAM, 400 µg / ml of EXT, TI at concentrations of 200 and 300 µg/ml, and 300 µg/ml of TI + 5 µmol of TAM. Then the plates were incubated at a CO₂ incubator for 72 h. Treatments were carried out in five for each dose. Finally, the anti-angiogenesis effects were examined using fluorescent staining and the RT-PCR method.

Fluorescent staining method and viability test

PBS 1X solution, FDA (Fluorescein Diacetate) and, PI (Propidium Iodide) were used in a proportion of 1 ml, 10 μ l, and 100 μ l, respectively. Images were recorded using a microscope camera (Fig 1).

Animal Phase

Experimental animals and tumor model

The Ethics Committee at Shiraz University of Medical Sciences approved the experiments (IR.SUMS.REC.1398.950). Five to six weeks-old normal female BALB/c inbred female mice were purchased from Pasteur Institute (Tehran, Iran). The mice were housed in an animal facility at a temperature of 22 -24°C and 65% humidity. Trypsinized MC4-L2 cells were then harvested and washed to induce tumor formation in the mice. Their concentration was adjusted to 3.5×10^6 cells/100 μ l with phosphate-buffered saline (PBS) at less than 98% viability. Prepared cells were injected subcutaneously into the right upper thigh of each mouse. Approximately 7–10 days after injection of the cancer cells, the tumors were palpated in the injected areas. The BALB/c inbred mice were randomly divided into six groups of five mice per group: controlled breast cancer mice without any treatment (normal control group), breast cancer mice treated with either 300 μ gr/ml or 600 μ gr/ml of TI, breast cancer mice treated with 800 μ gr/ml of EXT, breast cancer mice group received 10 μ mol TAM and the last group was breast cancer mice that received combination therapy of 600 μ gr/ml of TI + 10 μ mol TAM. The treatment period duration was 14 days. Finally, the mice were first anesthetized and then killed, and their tumor tissue was extracted and stored in 10% formalin.

Histological assessments

Tissue passage steps, preparation of paraffin blocks, and preparation of 5-micron sections were performed. H&E staining method was performed for histological assessments using undiluted Mayer's hematoxylin (Merck, Darmstadt, Germany) and 0.5% eosin (Merck). Evaluations were performed by light microscope (Olympus cx31) for the intensity and scoring of inflammation (-, -/+, and +/+), necrosis (%), and peripheral vessels as angiogenesis (+, ++, +++) (Fig 2).

Molecular phase

RNA extraction and cDNA synthesis

Total RNA extraction was extracted from MC4-L2 cell line-treated and tumor tissues of mice using TRIZOL reagent (Gene All, South Korea), according to the manufacturer's instructions. RNA concentrations were determined using the NanoDrop spectrophotometer (Thermo Scientific, Germany). The quality of extracted RNA was assessed by 1% agarose gel electrophoresis. After RNA extraction, the complementary DNA (cDNAs) were synthesized using a cDNA synthesis kit (EURx, Poland), according to the manufacturer's instructions.

Quantitative real-time polymerase chain reaction

Real-time polymerase chain reaction (PCR) was used to determine the expression levels of MMP-2, MMP-9, and VEGF genes in the MC4-L2 cell line and tumor tissue of mice.

Designing of primers used for RT-PCR were done by Allele ID 6 software and are listed in Table 1. Subsequently, the primer specificity was confirmed by Primer-BLAST (<https://www.ncbi.nlm.nih.gov/tools/primer-blast>) and In-Silico PCR (<https://genome.ucsc.edu/cgi-bin/hgPcr>). The human glyceraldehyde-3-phosphate dehydrogenase (GAPDH) gene was considered as the housekeeping gene (internal control).

The real-time PCR reactions were performed in duplicates using the SYBR Green PCR master kit (EURx, Poland) in a real-time PCR instrument (Applied Biosystems, USA). The expression of interested genes (MMP-2, MMP-9, and VEGF) at transcript level were normalized to the GAPDH gene expression, and the standard deviations were calculated. Relative real-time PCR was performed in duplicates, and each experiment was repeated two times. The program for thermocycling was as follows: 1 cycle at 95°C for 2 min, followed by 40 cycles at 95°C for 30 seconds, and then 1 cycle at 65°C for 20 seconds. Finally, the relative quantification of the gene expression was achieved using the comparative Ct method (29).

Table 1: Nucleotide sequences of the primers used for the gene expression analysis by real-time PCR.

Aneling temperature	Oligo Sequence 5'→ 3'	Gene
59	Forward primer TGATGGCATCGCTCAGATCC Reverse primer TGTCACGTGGTGTCACTGTC	MMP-2 primers
59	Forward Primer CGCTCATGTACCCGCTGTAT Revers Primer GCCTTGGGTCAGGCTTAGAG	MMP-9 primers
58	Forward Primer CTGGAAGAATCGGGAGCCTG Revers Primer ACCACCGTGTCTTCTCTTGC	VEGFa primers
59	Forward Primer ACTGAGCAAGAGAGGCCCTA Revers Primer TATGGGGGTCTGGGATGGAA	GAPDH

Statistical analyses

Normal distribution of data on histopathological factors and tumor characteristics was assessed using the Kruskal-Wallis test. The statistical differences in the expression levels of genes and the fold changes

in treated and control groups were compared using the Livak method ($2^{-\Delta\Delta CT}$). One-way ANOVA was used for other parameters with LSD as the post-hoc test. Statistical analyses were performed using SPSS software (version 22.0; IBM Corporation, Armonk, NY, USA). The results were considered to be significant when the P-values were <0.05 .

Results

Protein purification and electrophoresis

Electrophoresis analysis of purified protein Hejela method (28) identified a single band with a molecular mass of 3.4 kDa (Fig 3). The results are presented as Supplementary file.

Anti-proliferative effect of TI, EXT, and TAM

The MTT results speculated that TI and EXT in doses of 5-1600 $\mu\text{gr/ml}$ and TAM in doses of 0.01-20 μmol induced a significant reduction in the proliferation of MC4-L2 breast cancer cells which was dose-dependent with an IC50 value of about 300 $\mu\text{gr/ml}$, 400 $\mu\text{gr/ml}$, and 5 μmol respectively (Fig 4).

Effect of TI, EXT and TAM on MMP-2, MMP-9 and VEGF secretion in vitro and in vivo

In-vitro results on the MC4-L2 cell line showed a significant decrease in MMP-2 transcript gene expression in the groups receiving TI300 (99.9%, P-value $< P<0.05$) and TAM+TI300 (99.92%, P-value $< P<0.01$) compared to the control group and PBS. There was no significant difference between the other groups (Fig 5-A). In addition, the expression of MMP-2 at the breast tumor tissue indicated a significant decrease in all groups included TAM, EXT800, TI300, TI600, and TAM+TI600 (98%, 97.12%, 97.93%, 99.94%, 99.99% respectively, P-value $< P<0.001$) groups compared to control group.. There was also a significant decrease in the expression of the MMP-2 transcript gene in the TAM + TI600 (99.76%, P-value $< P<0.05$) group compared to the EXT800 group. There was no significant difference between the other groups (Fig 6-A).

On the other hand, a significant reduction was observed in the expression of the MMP-9 transcript gene of the MC4-L2 cell line in the TAM+TI300 (99.93%, P-value $< P<0.01$) group compared to the control group. Also, a significant decrease was found in the expression level of the MMP-9 transcript gene in the TI300 (99.65%, P-value $< P<0.05$) and TAM+TI300 (99.93%, P-value $< P<0.01$) groups compared to the PBS group. There was no significant difference between the other groups (Fig 5-B). In addition, the expression of the MMP-9 transcript gene of breast tumor tissue was significantly decreased in all study groups included TAM, EXT800, TI300, TI600, and TAM+TI600 (99.36%, 98.86%, 99.40%, 99.98%, ~100% respectively, P-value $< P<0.001$) groups compared to control group. There was also a significant decrease in the expression of the MMP-9 transcript gene in the TI600 (98.24%, P-value $< P<0.05$) and TAM+TI600 (99.74%, P-value $< P<0.01$) groups compared to the EXT800 group. There was no significant difference between the other groups (Fig 6-B).

Regarding the VEGF transcript gene, the results of the study indicated a significant decrease in the expression of the VEGF transcript gene in both TI300 (99.87%, P-value<0.05) and TAM+TI300 (99.97%, P-value<0.01) groups compared to the control group in MC4-L2 cell line. Also, the expression of the VEGF transcript gene in the groups receiving TAM+TI300 (99.96%, P-value<0.05) showed a significant reduction compared to the PBS group. There was no significant difference between the other groups (Fig 5-C). The results showed a significant decrease in the expression of the VEGF transcript gene at the tumor tissue level in all treated groups, TAM, EXT800, TI300, TI600, and TAM+TI600 (98.83%, 99.3%, 99.57%, 99.52%, 99.98% respectively, P-value<0.001) groups compared to control group . There was no significant difference between the other groups (Fig 6-C).

Effect of TI, EXT, and TAM on angiogenesis, inflammation, and tissue necrosis

A significant decrease in the mean score of angiogenesis was observed in the groups receiving TI600 and TAM+TI600 compared to the control group at the levels of (P=0.018) and (P=0.009), respectively. There was no significant difference between the other groups (Fig 7-A).

The results showed a significant increase in the percentage of tumor tissue necrosis in the groups receiving TAM, EXT800, TI300, TI600 and TAM+TI600 compared to the control group (P <0.027, P = 0.016, P=0.009, P = 0.004, and P <0.001, respectively). Also, a significant increase was observed in TAM+TI600 group compared to the TAM and EXT800 groups (P = 0.024 and (P = 0.041, respectively). There was no significant difference between the other groups (Fig 7-B).

The results showed a significant increase in the mean score of inflammation in all groups compared to the control group (P <0.001). There was no significant difference between the other groups (Fig 7-C).

Effect of TI, EXT, and TAM on body weight and breast tumor tissue characteristics

The results indicated no significant difference in body weight between groups over time (Fig 8-A). There was a significant decrease in the mean tumor volume in all treated groups, TAM (131.94±6.83, P<0.001), EXT800(244.97±90.14, P<0.01), TI300 (205.08±54.79, P<0.001), TI600 (81.05±13.73, P<0.001), and TAM+TI600 (161.13±36.47, P<0.001) compared to the control group (558.35±26.68). No significant difference was observed between the other groups on other days (Fig 8-B).

The results showed a significant reduction in the mean tumor width in all treated groups included TAM (5.88±0.25, P<0.05), TI300 (5.62±0.49, P<0.01), TI600 (5.22±0.48, P<0.01), and TAM+TI600 (4.82±0.32, P<0.001) (except the group receiving EXT800) compared to the control group (9.20±0.36). There was no significant difference between other groups on different days (Fig 8-C).

A significant decrease in mean tumor length was observed in the groups receiving TI600 (4.72±0.28, P<0.01) and TAM (5.20±0.46, P<0.01) compared to the control group (9.08±0.33) in second week of treatment. No significant difference was observed between other groups on different days (Fig 8-D).

There was a significant decrease in the mean tumor depth in the second week in all treated groups included TAM (3.78 ± 0.26 , $P < 0.05$), EXT800 (3.16 ± 0.45 , $P < 0.01$), TI300 (3.44 ± 0.23 , $P < 0.01$), TI600 (2.57 ± 0.34 , $P < 0.01$), and TAM+TI600 (3.84 ± 0.76 , $P < 0.05$) compared to the control group (5.76 ± 0.21). No significant difference was observed between the other groups on other days (Fig 8-E).

The results also show a significant decrease in the mean tumor weight in the groups receiving TI300 (0.124 ± 0.015 , $P < 0.01$), TI600 (0.099 ± 0.013 , $P < 0.01$), and TAM + TI600 (0.099 ± 0.005 , $P < 0.01$) compared to the control group (0.240 ± 0.022). Also, a significant reduction was observed in the groups receiving TI300 (0.124 ± 0.015 , $P < 0.05$), TI600 (0.099 ± 0.013 , $P < 0.01$), and TAM+TI600 (0.099 ± 0.005 , $P < 0.01$) compared to the TAM group (0.208 ± 0.036). The groups receiving TI600 (0.099 ± 0.013 , $P < 0.05$) and TAM+TI600 (0.099 ± 0.005 , $P < 0.05$) showed a significant decrease compared to the EXT800 group. There was no significant difference between the other groups (Fig 9).

Discussion

This study was the first to explore the anti-angiogenic potential of *C. Melo* TI, EXT, and combination therapy of TI and TAM in both in-vitro and in-vivo situations in the MC4-L2 breast cancer cell line and tumor tissue in mice (Fig 10). The results of the present study indicated that TI, EXT, TAM, and adjuvant treatment of TI+TAM resulted in a reduction in expression of MMP-2, MMP-9, and VEGF. All treatments improved the breast tumor characteristics and the necrosis. In general, the positive effects of the treatments on the breast cancer cell line and mouse animal model was reported. Melon is one of the medicinal plants that have various antitumor and antioxidant compounds. It is also one of the drug supplements that can be effective in the treatment of cancer with various mechanisms. This plant has anti-inflammatory, anti-proliferative, anti-tumor, antioxidant effects and can regulate immune system. One of the most important components of this plant's seed is protease inhibitors that are classified into cysteine protease inhibitors, serine protease inhibitors, and Metalloprotease inhibitors (25, 30, 31).

Previous studies were reported that protease inhibitors consumption can decrease the risk of cancer development by inhibition of angiogenesis (32). Since the formation of new blood vessels being one of the critical stages of tumor growth, angiogenesis inhibition can be one of the most important approaches of cancer prevention (33). The results of this study identified that TI and EXT in doses of 5-1600 $\mu\text{g}/\text{ml}$ and TAM in doses of 0.01-20 μmol can induce a dose-dependent reduction in the proliferation of MC4-L2 breast cancer cell line.

In this study, the effect of 200 and 300 $\mu\text{g}/\text{ml}$ of TI, 400 $\mu\text{g}/\text{ml}$ of EXT and 5 μmol of TAM in MC4-L2 breast cancer cell line and 300 and 600 $\mu\text{g}/\text{ml}$ of TI, 800 $\mu\text{g}/\text{ml}$ of EXT and 10 μmol of TAM in mouse animal model with breast cancer was assessed along with a combination therapy of TI+TAM. The results identified that these treatments had a beneficial effect on angiogenesis inhibition by reduction or inhibition of MMP-2, MMP-9, and VEGF transcript gene expression. These treatments also could improve the breast tumor characteristics and had a beneficial effect on the increase of tumor necrosis and

reduction of peripheral vessels in comparison to the control group. These effects were also more pronounced in TI and TAM+TI treated groups.

Rasouli et al. reported similar results of TI from C. Melo on the expression of angiogenesis-related genes such as VEGF, MMP-2&9 in breast cancer cells (25). In another study, a similar effect of trypsin inhibitor protein extracted from soybean on inhibition of angiogenesis was obtained (34).

According to the previous studies, plant-derived compounds specifically inhibited tumor cell proliferation and new vessel formation in tumors without significant toxicity to normal tissues and major side effects (19, 35). Also, several studies have already reported the cytotoxic, antioxidant/anti-inflammatory, and immunomodulatory effects of this fruit extract (36).

Melon seeds were reported to be a good source of natural active components and have antioxidant properties (37-39). As a fact, plant seeds contain two major families of protease inhibitors, the Kunitz and Bowman-Birk inhibitors that have been earlier studied as anticancer agents (40-42). Some protease inhibitors from other sources have also been studied on cancer development. Since the most common cause of cancer death in humans is angiogenesis-mediated metastasis of the primary tumor, angiogenesis modulation can be a promising approach to treat cancer (43, 44).

Angiogenesis is a multistep process involving degradation of basement membrane and extracellular matrix components, proliferation, migration, and tubulogenesis of endothelial cells, and finally maturation of the neovasculature. In the present study, TI and melon seed extract inhibited expression of VEGF, MMP-2&9 from MC4-L2 cells, and breast tumor tissue in mice. VEGF, as the most important antiangiogenic factor, plays a key role during the angiogenesis process which involves induction of endothelial cell proliferation, migration, and also MMP secretion (45). According to these results, TI and EXT's suppressive effect on the expression of VEGF, MMP-2&9 which affects other important events during angiogenesis, might be considered as one of the mechanisms of its anti-angiogenic activity. However, more studies are required to exactly determine the anti-angiogenesis mechanisms of TI and EXT.

Our results also found that all treatments led to an increase in necrosis and inflammation in tumor tissue and a significant decrease in peripheral vessels that led to a reduction of angiogenesis in comparison to the control group. The results also demonstrated that the TAM+TI600 group appeared to be more beneficial than the other treatments and the control group. Similar results were reported in some studies about TI and TAM's beneficial effects on necrosis, inflammation, and angiogenesis (25, 34, 46).

Previous studies indicated that inflammation increased vascular permeability, in which the leukocytes migrate into the injured tissues. The inflammatory mediators like TNF- α , interferon- γ , interleukins as well as chemokines play an important role in inflammation (8, 13). However, dysregulation of the inflammatory response may result in many disorders including autoimmune diseases and cancer (47).

Our results identified that there was a significant reduction in tumor characteristics such as weight, length, depth, and volume in all treated groups in comparison to the control group. No published study has been investigated these outcomes yet. These changes may be due to the inhibition of angiogenesis and increases in tumor necrosis.

Conclusion

TI, EXT, and TAM therapy could inhibit the expression of angiogenesis-related genes such as MMP-2, MMP-9, and VEGF, and increase tumor tissue necrosis. They also cause positive changes in tumor tissue parameters such as length, width, depth, and height of the tumor with a dose-dependent effect. Combination therapy by TI and TAM had the greatest effect on reducing tumor size, inhibiting the expression of angiogenesis-related genes and tissue necrosis. Further in-vivo and in-vitro studies will be warranted to confirm these results and to discover the molecular mechanisms.

Abbreviations

TI: Trypsin Inhibitor protein; EXT: Extract of C.Melo seed powder; TAM: Tamoxifen; MMPs: Matrix metalloproteinases; VEGF: Vascular endothelial growth factor; ERs: Estrogen receptors ; SDS-PAGE: sodium dodecyl sulphate–polyacrylamide gel electrophoresis; BApNA: N- α -benzoyl-DL-arginine-pnitroanilide; MTT: 2,3-bis-(2-methoxy-4-nitro-5-sulfophenyl)-2H-tetrazolium-5-carboxanilide; DMSO: Dimethyl sulfoxide; FDA: fluorescein diacetate; PI propidium iodide; GAPDH: Glyceraldehyde 3-phosphate dehydrogenase; RT-PCR: Reverse transcription polymerase chain reaction; EDTA: ethylenediaminetetraacetic acid.

Declarations

Acknowledgments

The results presented herein were extracted from the thesis written by Ms. Shahla Rezaei.

Authors' contributions

ShR and ZM designed the study. ShR and FK were involved in the data collection and analysis. ShR prepared the drafting of the manuscript. ShR, MH and, SD prepared the final draft of the manuscript. ShR, FK, NA, MRH, RY were involved in the design of the study, analysis of the data, and critically reviewing the manuscript. All authors read and approved the final manuscript.

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Ethics approval and consent to participate

The Ethics Committee at Shiraz University of Medical Sciences approved the protocol of the experiment (IR.SUMS.REC.1398.950).

Availability of data and materials

All the data used and/or analyzed during the current study are available from the corresponding author on eligible request.

Conflict of interest

The authors had no conflict of interest to declare.

Competing interests

The authors declare that they have no competing interests.

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Figures

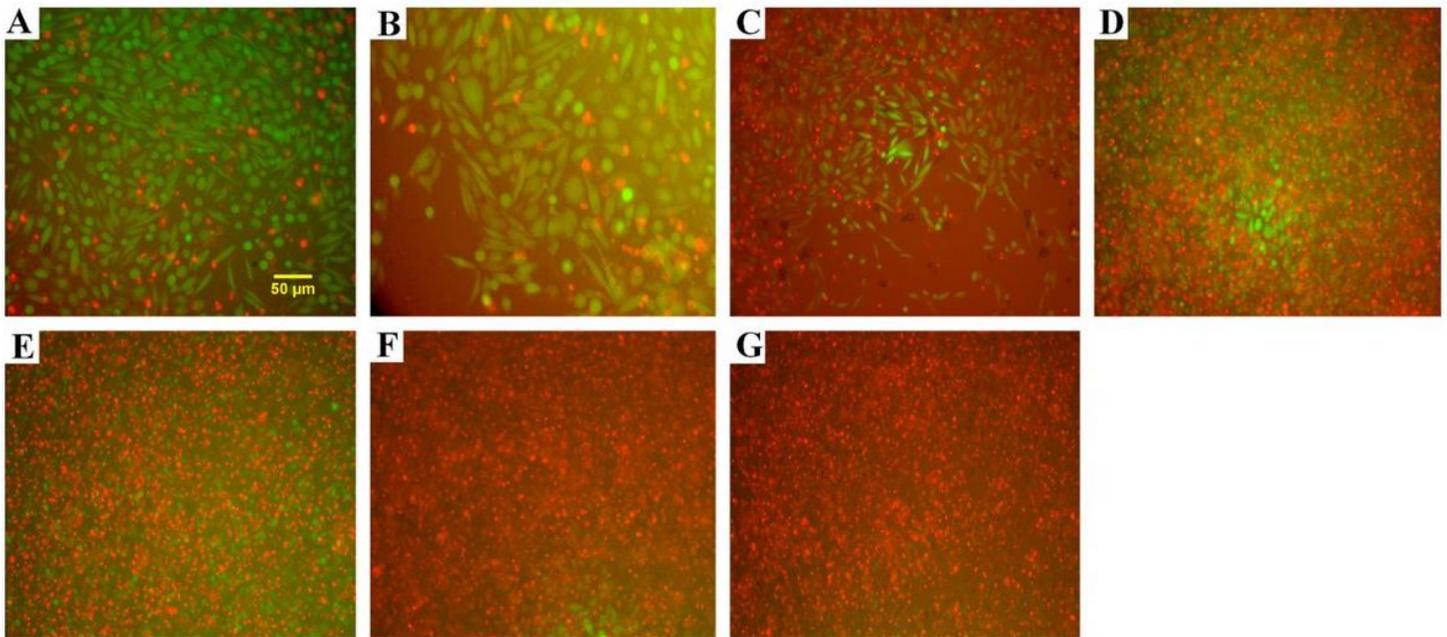


Figure 1

Evaluation of photomicrography by fluorescent staining method. A-G indicate control, tamoxifen 5 μ mol, extract 400 μ gr/ml, trypsin inhibitor 200 μ gr/ml, trypsin inhibitor 300 μ gr/ml and tamoxifen 5 μ mol+trypsin inhibitor 300 μ gr/ml groups by inverted microscopy, respectively.

Green and red areas represent living and dead cells, respectively.

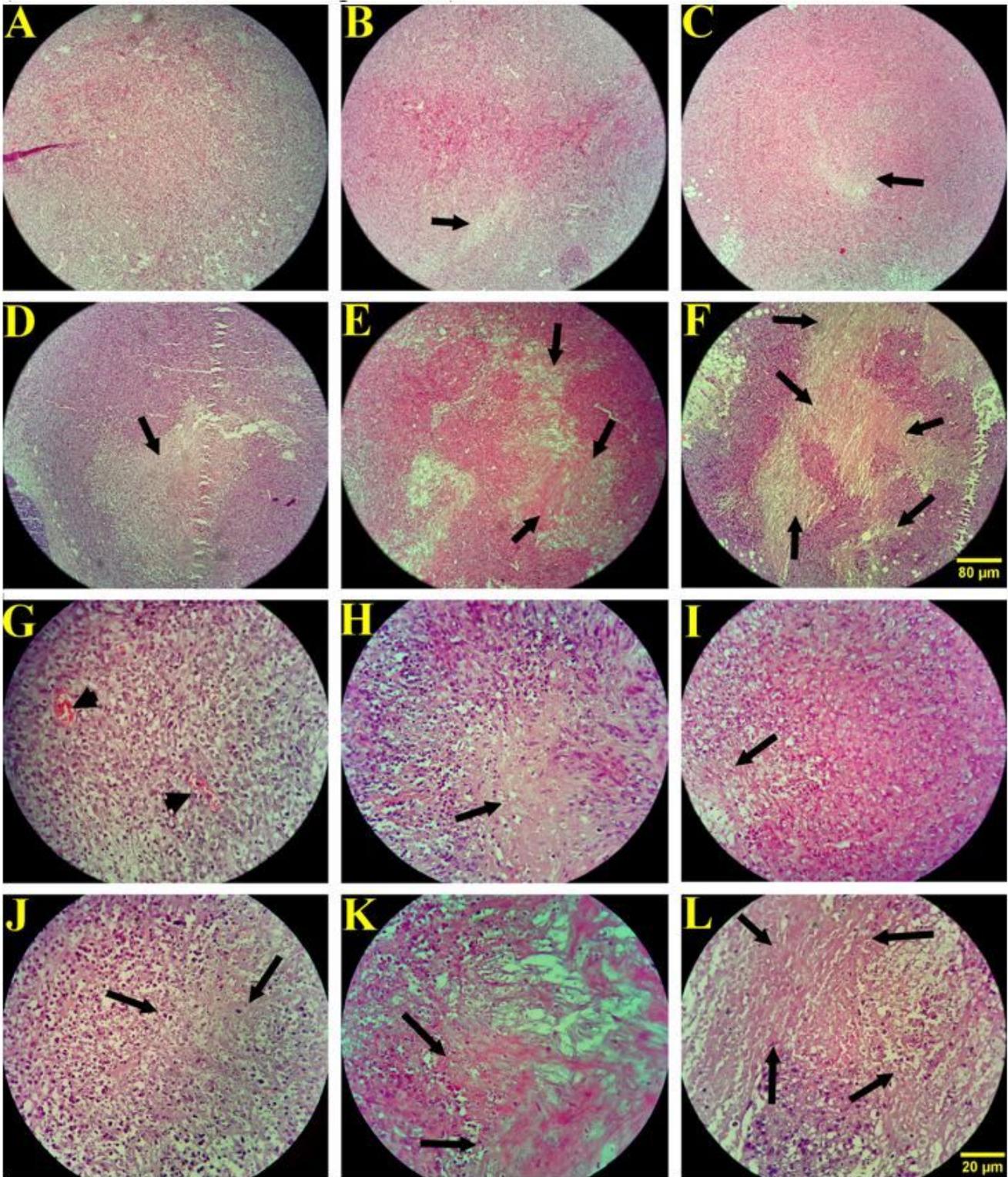


Figure 2

Histopathology evaluation of breast tumor tissue in experimental groups by H&E method (A-F*100, G-L*400 indicate magnification). B&H: breast cancer tamoxifen 10 μmol group; C&I: breast cancer extract 800 $\mu\text{gr/ml}$ group; D&J: breast cancer trypsin inhibitor 300 $\mu\text{gr/ml}$ group; E&K: breast cancer trypsin inhibitor 600 $\mu\text{gr/ml}$ group; F&L: breast cancer tamoxifen 10 μmol +trypsin inhibitor 600 $\mu\text{gr/ml}$. The white areas represent the shattered nuclei. The arrow sign indicates necrotic areas and the arrowhead indicates blood vessels.

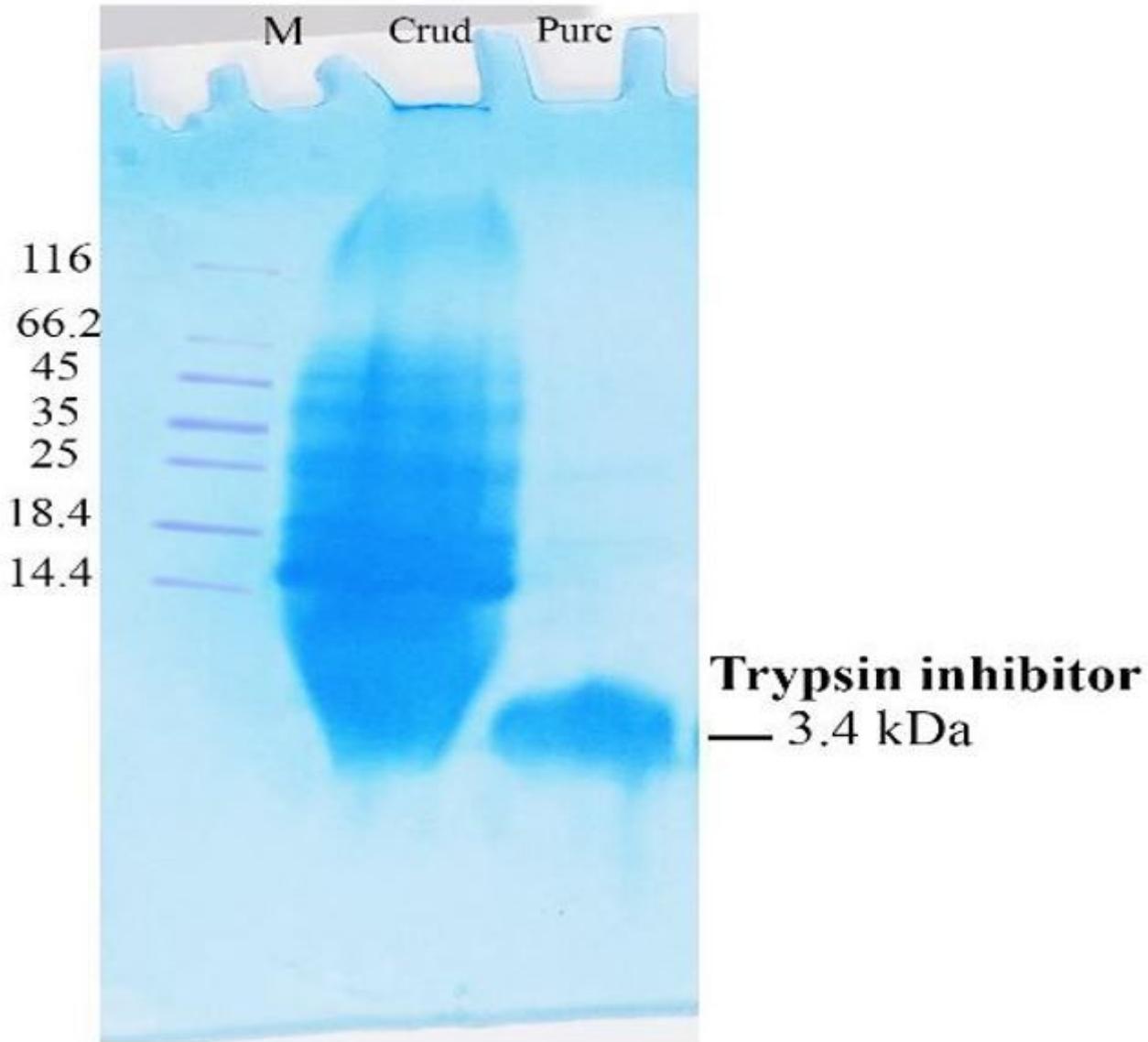


Figure 3

purified trypsin inhibitor from C. Melo

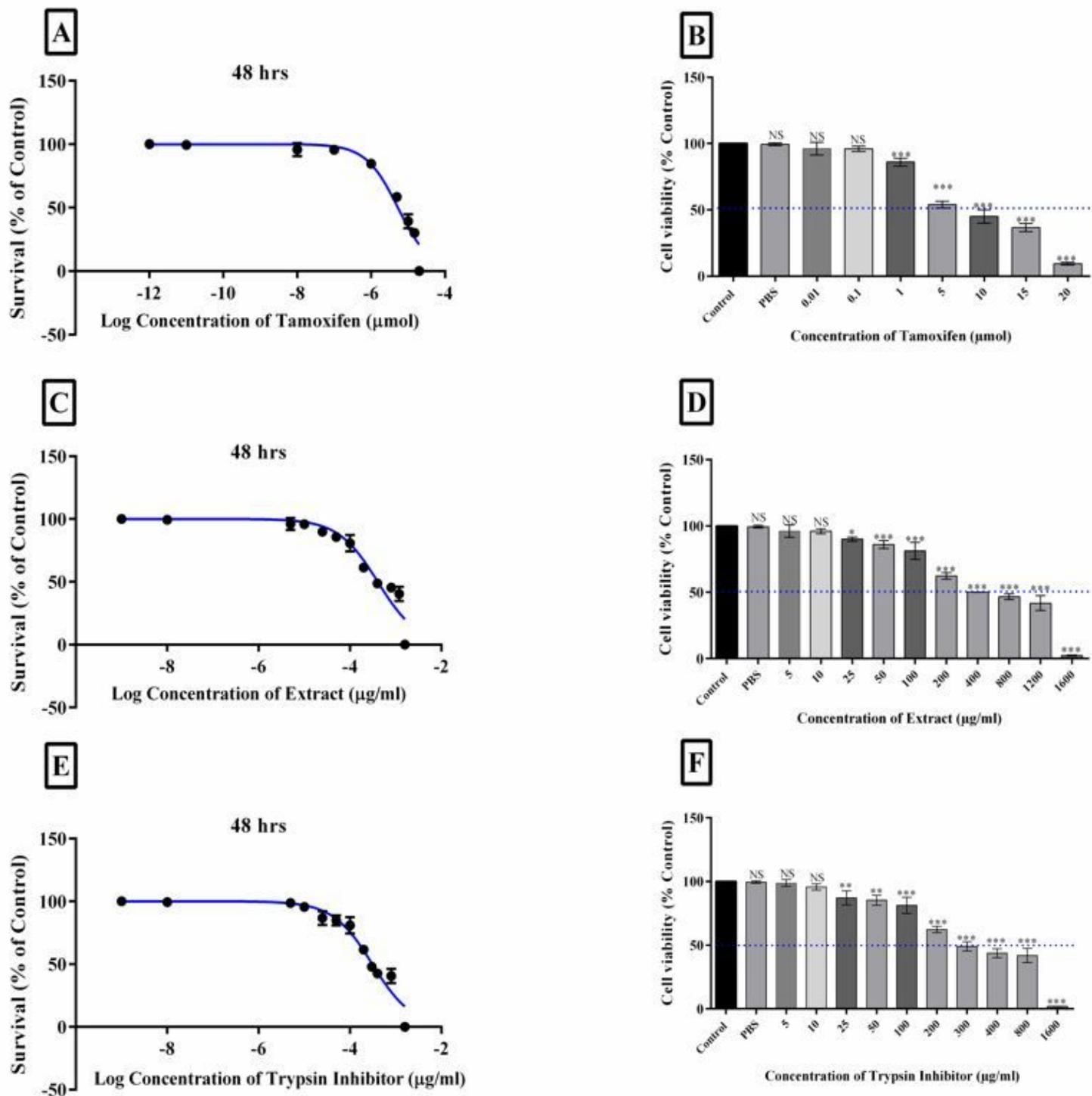


Figure 4

MTT assay of TAM, EXT, and TI on MC4-L2 cell line after 48h: (A, C, E) TAM, EXT and TI inhibited the growth of MC4-L2 cell line at 0.01-20 μmol , 5-1600 $\mu\text{g/ml}$ respectively. Data are presented as mean \pm SD; (B, D, F) TAM, EXT, and TI have no cytotoxic effect on MC4-L2 cell line at 0.01-20 μmol , 5-1600 $\mu\text{g/ml}$, respectively.

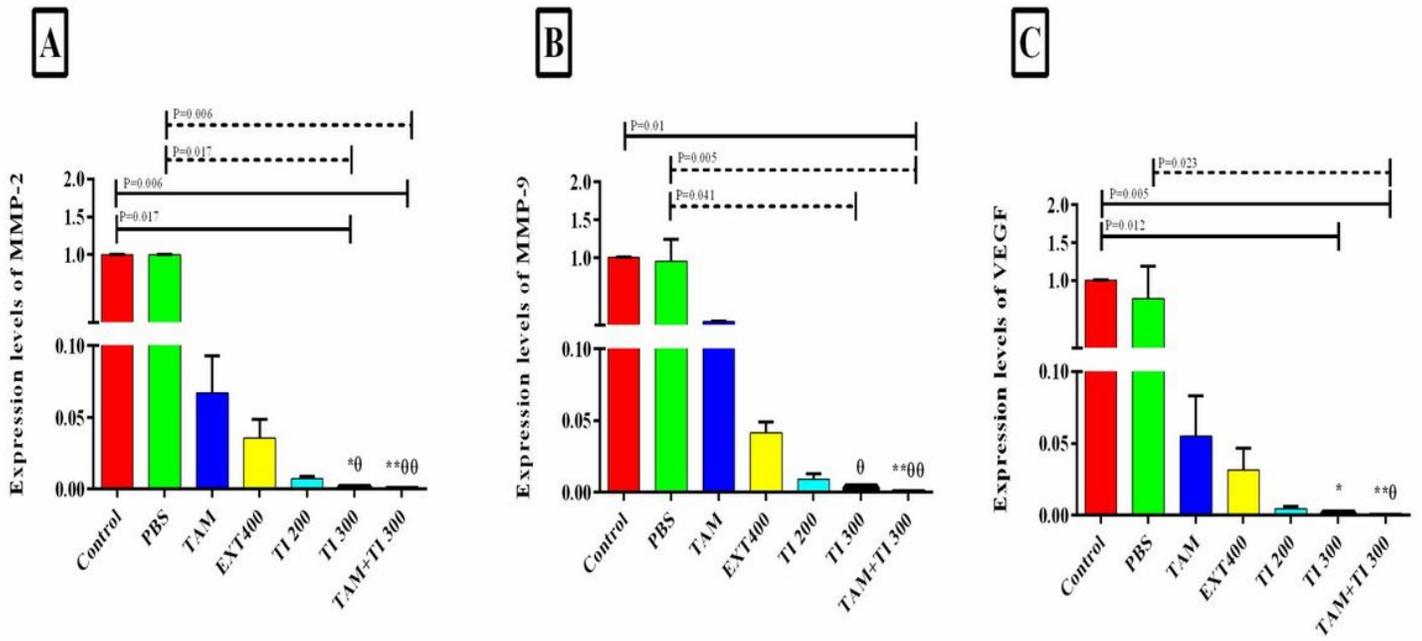


Figure 5

In-vitro evaluation of MMP-2, MMP-9, and VEGF secretion by RT-PCR method on MC4-L2 cell line(A-C). Control: Medium culture+MC4-L2 cell line as control group; BPS: Medium culture+MC4-L2 cell line + PBS solution; TAM: Medium culture+MC4-L2 cell line+tamoxifen 5 μ mol group; EXT400: Medium culture+MC4-L2 cell line+extract 400 μ gr/ml group; TI200: Medium culture+MC4-L2 cell line+trypsin inhibitor 200 μ gr/ml group; TI300: Medium culture+MC4-L2 cell line+trypsin inhibitor 300 μ gr/ml group; TAM+TI600: Medium culture+MC4-L2 cell line+tamoxifen 5 μ mol+trypsin inhibitor 300 μ gr/ml. A) *, **: TI300 and TAM+TI300 vs. Con at $P < 0.05$ and $P < 0.01$, respectively; & & &: TI300 and TAM+TI300 vs. PBS. B) **: TAM+TI300 vs. Con at $P < 0.01$; & & &: TI300 and TAM+TI300 vs. PBS. D) *, **: TI300 and TAM+TI300 vs. Con at $P < 0.05$ and $P < 0.01$, respectively; &: TAM+TI300 vs. PBS. Each data point was presented as mean \pm SD.

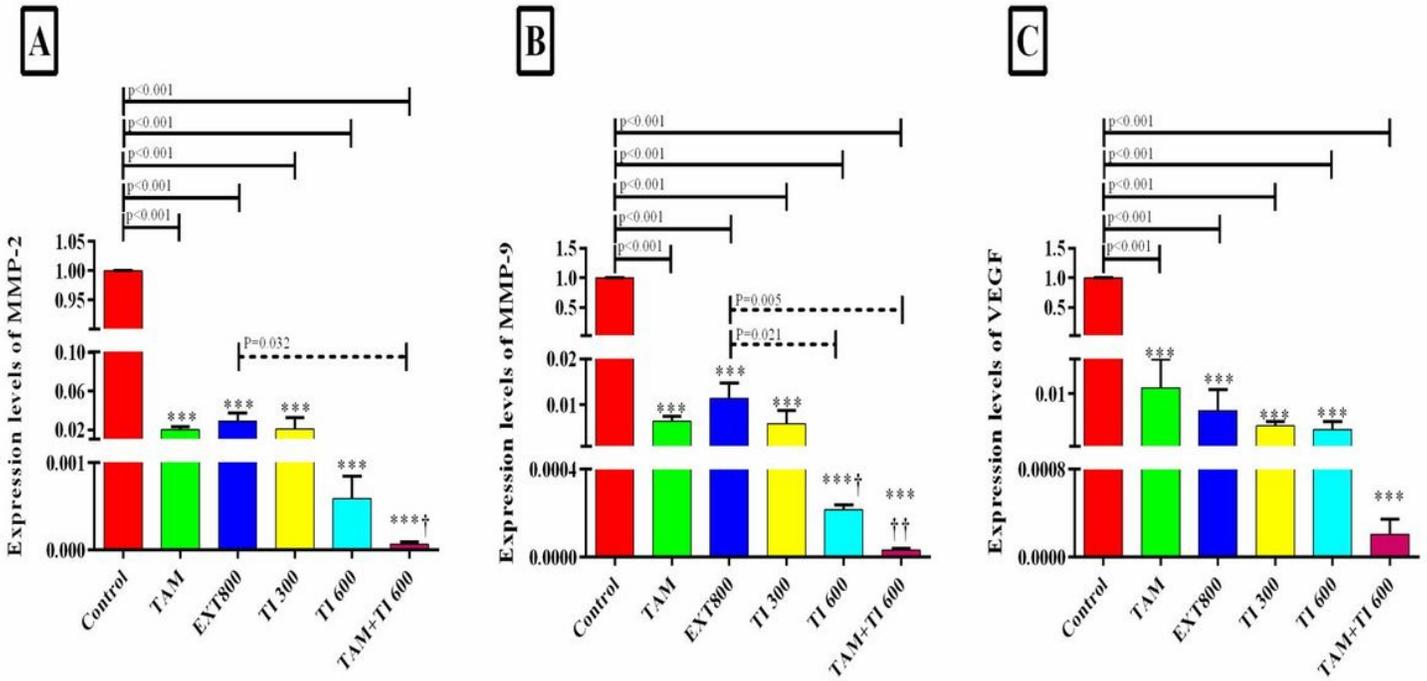


Figure 6

In-vivo evaluation of MMP-2, MMP-9, and VEGF secretion by RT-PCR method in breast cancer mice(A–C). Control: breast cancer control group; TAM: breast cancer tamoxifen 10 μ mol group; EXT800: breast cancer extract 800 μ gr/ml group; TI300: breast cancer trypsin inhibitor 300 μ gr/ml group; TI600: breast cancer trypsin inhibitor 600 μ gr/ml group; TAM+TI600: breast cancer tamoxifen 10 μ mol+trypsin inhibitor 600 μ gr/ml. A) ***: All treated groups vs. Con at $P < 0.001$; †: TAM+TI600 vs. EXT800. B) ***: All treated groups vs. Con at $P < 0.001$; †, ††: TI600 and TAM+TI600 vs. EXT800. C) ***: All treated groups vs. Con at $P < 0.001$. Each data point was presented as mean \pm SD.

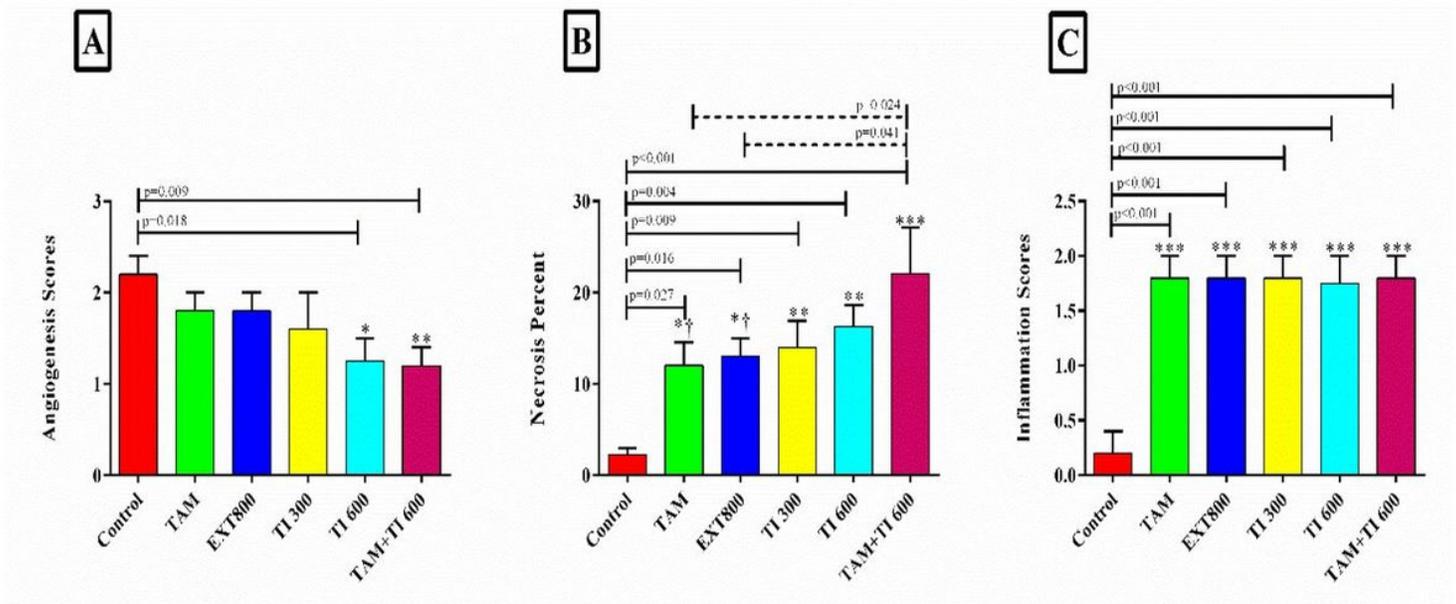


Figure 7

Evaluation of angiogenesis, necrosis, and inflammation of breast tumor tissue (A-C). Control: breast cancer control group; TAM: breast cancer tamoxifen 10 μmol group; EXT800: breast cancer extract 800 $\mu\text{g}/\text{ml}$ group; TI300: breast cancer trypsin inhibitor 300 $\mu\text{g}/\text{ml}$ group; TI600: breast cancer trypsin inhibitor 600 $\mu\text{g}/\text{ml}$ group; TAM+TI600: breast cancer tamoxifen 10 μmol +trypsin inhibitor 600 $\mu\text{g}/\text{ml}$. A) angiogenesis: *, **: TI600 and TAM+TI600 vs. Con at $P < 0.05$ and $P < 0.01$, respectively; B) necrosis: *, **, ***: TAM, EXT800, TI300, TI600 and TAM+TI600 vs. Con at $P < 0.05$, $P < 0.01$ and $P < 0.001$, respectively; †: TAM+TI600 vs. TAM and EXT800. C) inflammation: ***: All treated groups vs. Con at $P < 0.001$. Each data point was presented as mean \pm SD.

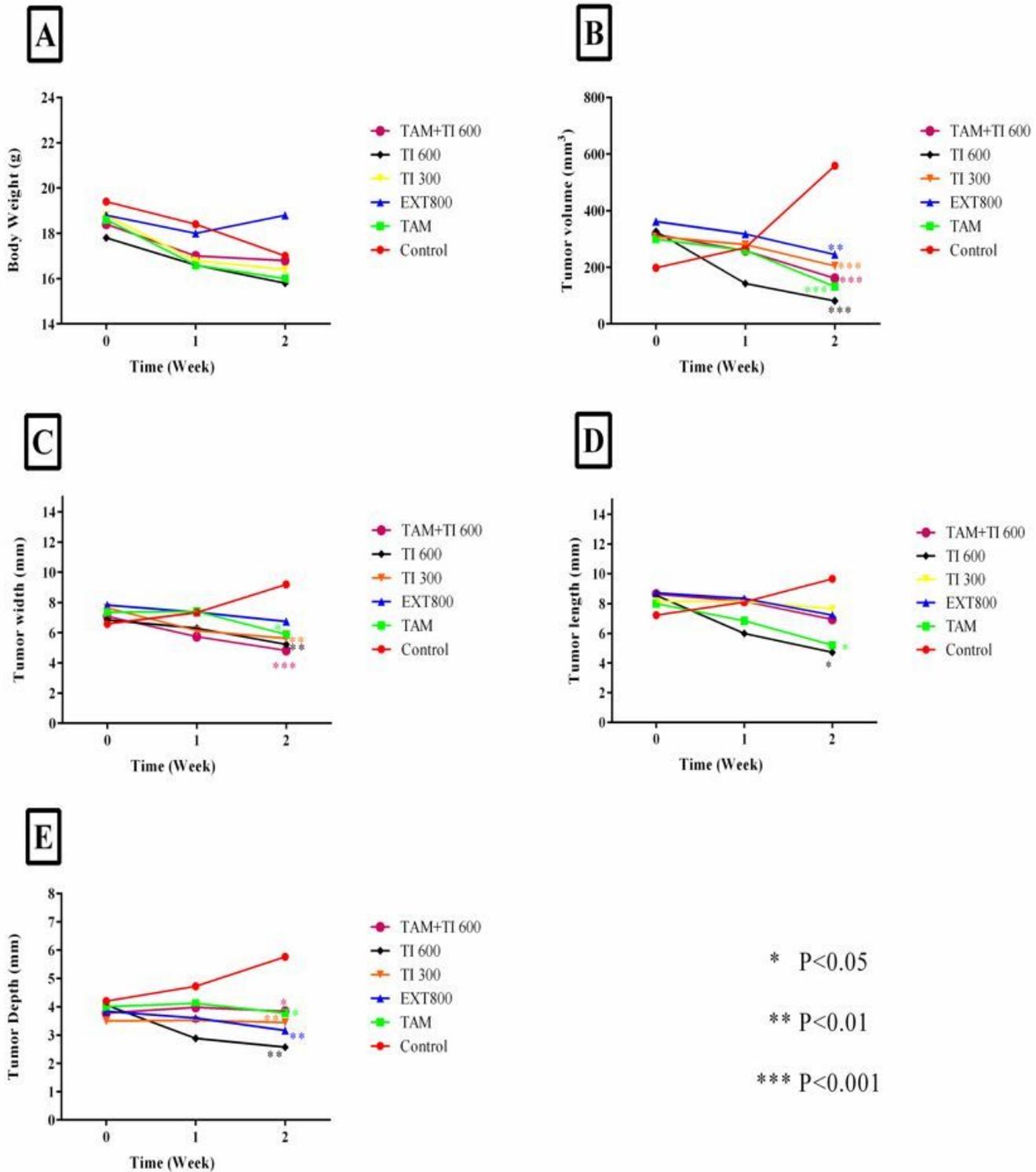


Figure 8

Evaluation of body weight and tumor characteristics in experimental groups. A-E: Control: breast cancer control group; TAM: breast cancer tamoxifen 10 μ mol group; EXT800: breast cancer extract 800 μ gr/ml group; TI300: breast cancer trypsin inhibitor 300 μ gr/ml group; TI600: breast cancer trypsin inhibitor 600 μ gr/ml group; TAM+TI600: breast cancer tamoxifen 10 μ mol+trypsin inhibitor 600 μ gr/ml. A) *: All treated groups vs. Con at P<0.05; B) **, ***: TAM, EXT800, TI300, TI600 and TAM+TI600 groups vs. Con at

P<0.01 and P<0.001, respectively; C) *, **, ***: TAM, TI300, TI600 and TAM+TI600 vs. Con at P<0.05, P<0.01 and P<0.001, respectively; D) *: TAM and TI600 vs. Con at P<0.05; E) *, **, ***: TAM, TI300, TI600 and TAM+TI600 vs. Con at P<0.05, P<0.01 and P<0.001, respectively. Data are presented as Mean ± SD.

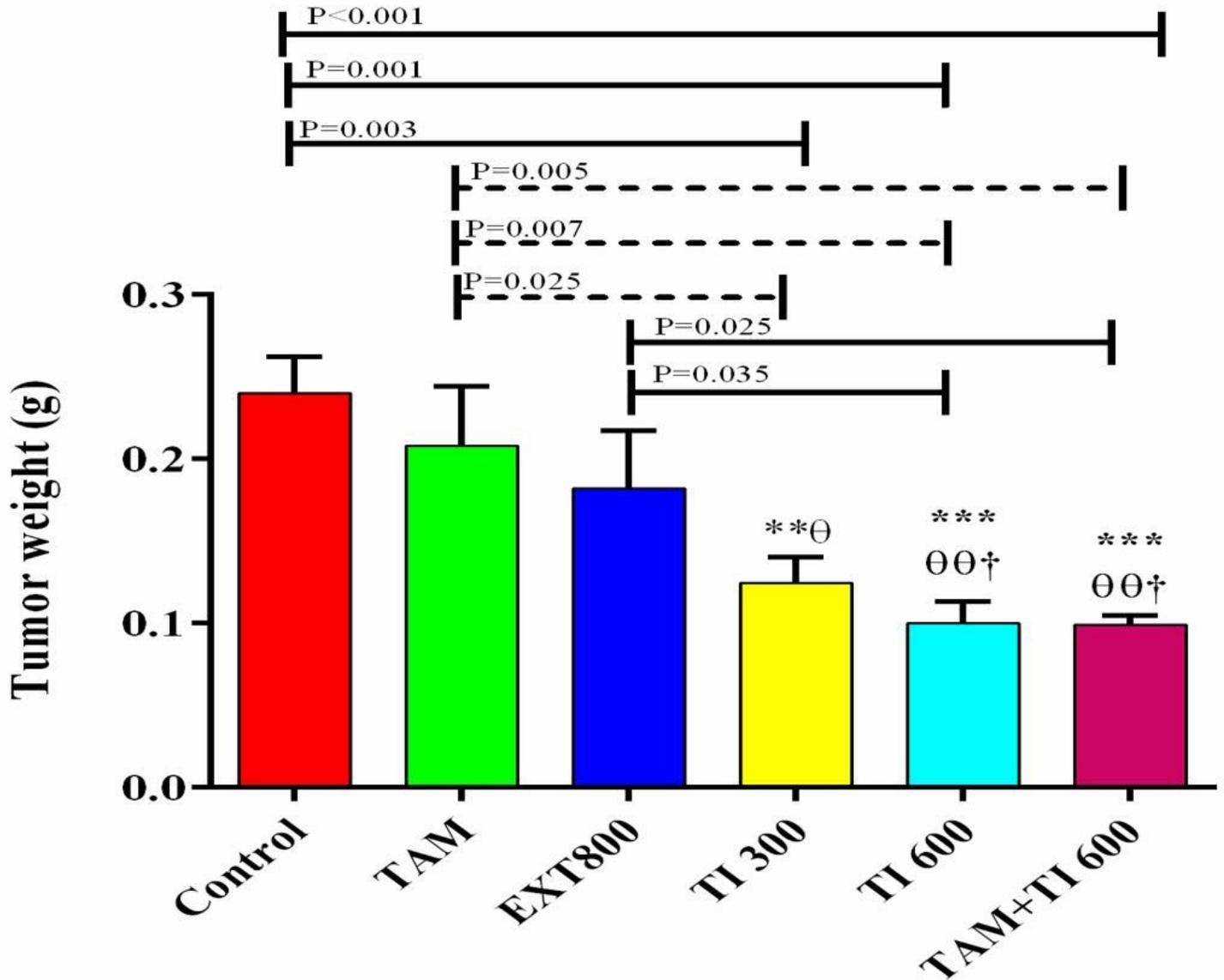


Figure 9

Evaluation of tumor weight in experimental groups at the end of the interventions. Control: breast cancer control group; TAM: breast cancer tamoxifen 10 µmol group; EXT800: breast cancer extract 800 µgr/ml group; TI300: breast cancer trypsin inhibitor 300 µgr/ml group; TI600: breast cancer trypsin inhibitor 600 µgr/ml group; TAM+TI600: breast cancer tamoxifen 10 µmol+trypsin inhibitor 600 µgr/ml. **: All treated groups vs. Con; *, **, ***: TAM, TI300, TI600, and TAM+TI600 groups vs. Con; †: TI300, TI600, and TAM 10µmol+TI600 groups vs. TAM; ‡: TI600 and TAM+TI600 groups vs. EXT800. Data are presented as Mean ± SD.

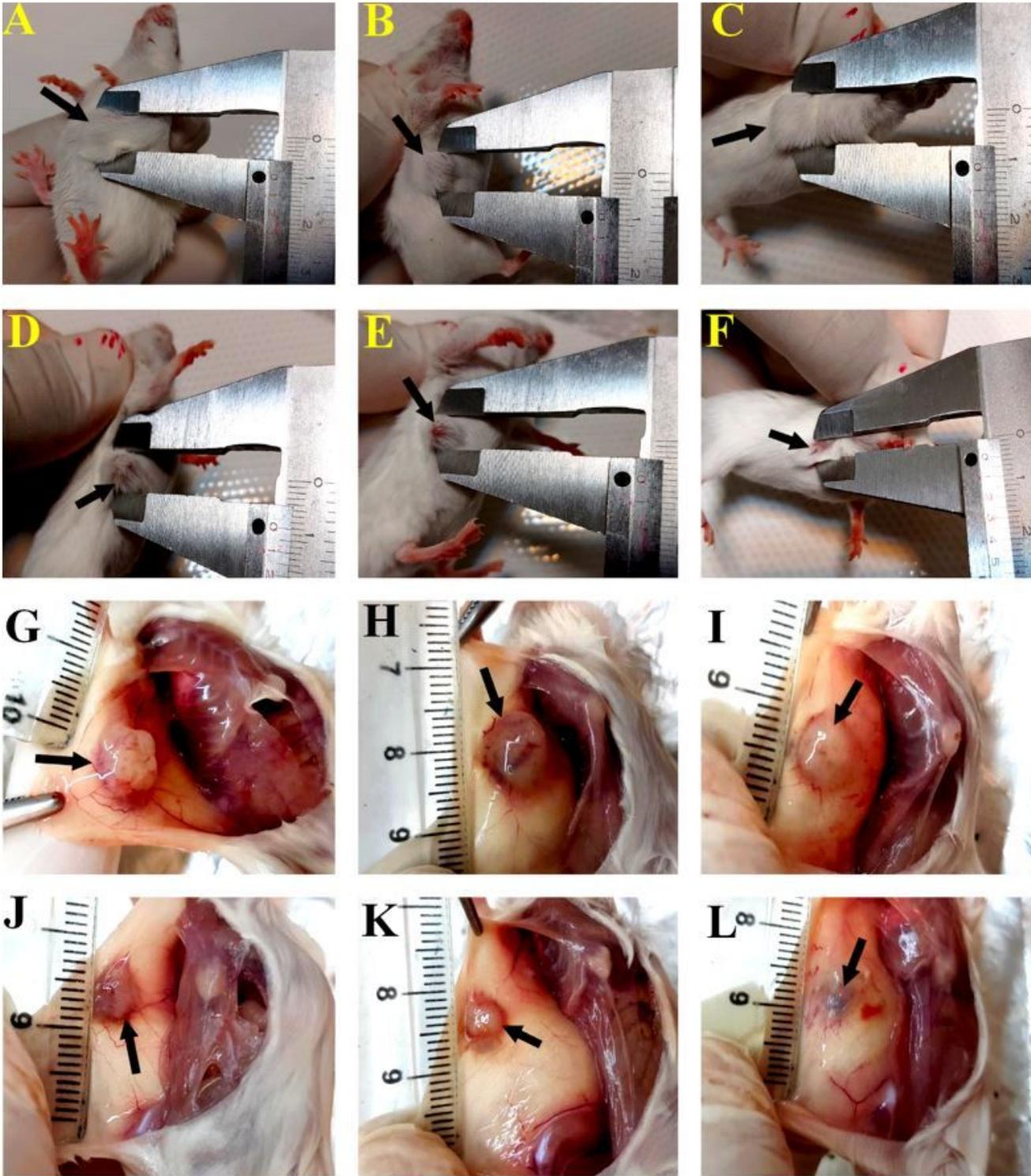


Figure 10

Induced breast tumor in mice

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