

Extracellular vesicles released by the human gut symbiont *Bacteroides thetaiotaomicron* in the mouse intestine are enriched in a selected range of proteins that influence host cell physiology and metabolism

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30

1 **Abstract**

2 It is becoming increasingly clear that bacterial extracellular vesicles (BEVs) produced by members of the
3 intestinal microbiota can contribute to microbe-host cell interactions that impact on host health. A major
4 unresolved question is the nature of the cargo packaged into these BEVs and how they can impact on host
5 cell function. Here we have analysed the proteome of BEVs produced by the major human gut symbiont
6 *Bacteroides thetaiotaomicron* in both *in vitro* cultures using defined and complex medias, and *in vivo* in
7 fed or fasted animals to determine the impact of nutrient stress on the BEV proteome, and to identify
8 proteins specifically enriched in BEVs produced *in vivo*. In contrast to BEVs produced *in vitro* where
9 limiting nutrient provision resulted in an increase in a large fraction of proteins, the protein content of BEVs
10 extracted from fasted versus fed mice was less affected with similar numbers of proteins showing increased
11 and decreased abundance. We identified 102 proteins exclusively enriched in BEVs *in vivo* of which the
12 majority (66/102) were enriched independently of their expression in the parent cells implicating the
13 existence of an active mechanism to drive the selection of a group of proteins for their secretion into BEVs
14 within the intestine. Amongst these abundantly expressed proteins in BEVs *in vivo* were a bile salt hydrolase
15 and a dipeptidyl peptidase IV that were characterised further and shown to be active and able to degrade
16 host-derived substrates with defined roles in metabolism. Collectively these findings provide additional
17 evidence for the role of BEVs in microbiota-host interactions with their contents playing key roles in the
18 maintenance of intestinal homeostasis, and host metabolism.

19

20 **Introduction**

21 The human gastrointestinal (GI) tract accommodates a microbial community (the microbiota) comprising
22 trillions of cells that carry out vital functions for human health. Increasing our understanding of the basis
23 of this mutualistic relationship and its impact on human health and disease is dependent on defining the
24 pathways and mediators of microbiota-host crosstalk. Many studies have identified the importance of
25 microbe- and host-derived soluble factors in this crosstalk [reviewed in 1,2]. More recently, another
26 pathway of host-microbe crosstalk has been identified that involves bacterial extracellular vesicles (BEVs)
27 [3], which contain various macromolecules with the potential of contributing to interactions with other
28 members of the microbial community but also with host cells [4-7].

29

30 BEVs represent a novel secretion system enabling the dissemination of membrane-encapsulated cellular
31 materials including proteins, nucleic acids and metabolites into the extracellular milieu [8,9] and beyond
32 [7]. These include membrane vesicles (MVs) produced by Gram-positive bacteria, and outer membrane
33 vesicles (OMVs) and outer-inner membrane vesicles [10-12] produced by Gram-negative bacteria. BEVs
34 produced by pathogenic bacteria have historically been the most intensively investigated. The animal GI

1 tract contains a multitude of bacterial species capable of producing membrane vesicles that are implicated
2 in digestion and in the development and functioning of the immune system [5,13,14]. *Bacteroides*
3 *thetaiotaomicron* (Bt) is a prominent Gram-negative anaerobe residing in the caecum and colon of most or
4 all animals. The BEVs it produces are small, spherically bilayered (50–400 nm) vesicles derived from the
5 cell envelope that contain mainly periplasmic contents in their lumen. Proteomic studies have shown that
6 members of the *Bacteroides* genus, including Bt, use their BEVs as delivery vehicles for the distribution of
7 hydrolases, such as proteases and glycosidases [15] within the lumen of the GI tract [16]. In particular, Bt
8 BEVs can digest polysaccharides [13], phytate and inositol polyphosphate derivatives [16], and modulate
9 the immune system [5,6,17-20]. They can access and transmigrate boundary epithelial cells using different
10 routes enabling them to interact with mucosal immune cells and to disseminate more widely via the
11 bloodstream [7,14,20]. Our further understanding of BEV biology in general and of their interaction with
12 the host in particular, is dependent on defining the factors that regulate their generation and the cargo they
13 carry [12,21].

14

15 We have performed a comparative proteomic analysis of BEVs produced under different nutrient conditions
16 both *in vitro* and *in vivo* in the mouse caecum to assess the impact of nutrient availability on BEV protein
17 composition. Differential proteome analysis enabled comparisons of the abundance of each protein
18 identified in BEVs with that in the parent cells. As a result, we identified proteins in BEVs that are
19 determinants in BEV-host interactions and able to play key roles in the maintenance of the intestinal
20 homeostasis and host metabolism.

21

22 Materials and Methods

23

24 BEV preparation

25 BEVs were isolated following a method adapted from Stentz et al. [22]. The bacterium Bt VPI-5482 was
26 grown anaerobically at 37°C with agitation using a magnetic stirrer in either Brain Heart Infusion (BHI)
27 medium (Oxoid/Thermo Fisher, Basingstoke, United Kingdom) or the defined medium, BDM [9], both
28 supplemented with 0.001% haemin. BHI (three independent cultures) and BDM (three independent
29 cultures) were inoculated with an overnight culture of Bt at an initial OD₆₀₀ of 0.05. After 5 h in BHI and
30 12 h in BDM (OD approximately 3.0, early stationary phase), the cells were centrifuged at 5500 g for 45
31 min at 4°C. The cell pellets were rinsed twice with 50 mL of ice-cold phosphate buffered saline (PBS), pH
32 7.4, snap frozen in liquid nitrogen and stored at -80°C prior to extraction. The supernatants were filtered
33 through polyethersulfone (PES) membranes (0.22 µm pore-size) (Sartorius) to remove debris and cells. The
34 sterility of the vesicle-containing filtrates was confirmed by plating onto BHI-haemin agar. BEVs in the

1 500 ml filtrates were concentrated by crossflow ultrafiltration (100 kDa MWCO, Vivaflow 200, Sartorius)
2 to 0.5 mL, diluted by addition of 500 mL of ice-cold phosphate buffered saline (PBS), pH 7.4, and the
3 suspensions were concentrated again by crossflow filtration to 0.5 mL and filter-sterilised through a 0.22
4 µm PES membrane (Sartorius). Vesicle concentration was determined by Nanoparticle Tracking Analysis
5 (NTA). The volume of the retentate was adjusted to 8.9 ml and the BEV suspension ultracentrifuged
6 (150,000 g at 4°C or 2 h in a Ti70 rotor (Beckman Instruments)). After ultracentrifugation, the supernatant
7 was removed using a vacuum pump and the BEV pellets snap frozen in liquid nitrogen and stored at -80°C
8 prior to extraction.

9

10 **Nanoparticle analysis**

11 For BEVs generated *in vitro* (Fig. 2a) the size, concentration and zetapotential of the isolated Bt BEVs was
12 determined using a ZetaView PMX-220 TWIN instrument according to manufacturer's instructions
13 (Particle Metrix GmbH, Germany). Aliquots of BEV suspensions were diluted 1000- to 20,000-fold in
14 particle-free PBS or water for analysis. Size distribution video data was acquired using the following
15 settings: temperature: 25°C; frames: 60; duration: 2 seconds; cycles: 2; positions: 11; camera sensitivity:
16 80 and shutter value: 100. Data were analysed using the ZetaView NTA software (version 8.05.12) with
17 the following post acquisition settings: minimum brightness: 20; max area: 2000; min area: 5 and
18 tracelength: 30.

19 For BEVs generated in the mouse GIT, size distribution of vesicles was performed on 1mL of BEV
20 suspensions diluted 100-fold with PBS. Videos were generated using a Nanosight nanoparticle instrument
21 (NanoSight Ltd, Malvern, USA) to count BEV numbers in BEV samples. A 1-min AVI file was recorded
22 and analysed using NTA (Version 2.3 Build 0011 RC, Nanosight) software to calculate size distributions
23 and vesicle concentrations using the following settings: Calibration: 166 nm/pixel; Blur auto: Detection
24 threshold: 10, Minimum track length: auto, Temperature: 21.9C, Viscosity: 0.96 cP. The accuracy of the
25 measurement was confirmed using 100 nm silver nanoparticles (Sigma-Aldrich).

26

27 **Metabolites and enzyme enrichment in BEVs**

28 The enzymatic reactions inferred from the enzymes observed as being present in BEV were used to compile
29 three sets of metabolites: substrate (but not product) metabolites, product (but not substrate) metabolites
30 and those metabolites that were both substrates and products (involved in multiple reactions). These
31 metabolites were measured in both media and metabolites were then ordered by fold-change in BEV with
32 respect to BHI.

33

34 **BEV, EV and bacterial cell isolation from the mouse caecum**

1 Ten germfree C57BL/6 (males, 14 weeks old) mice were gavaged with 10^8 CFU Bt in 100 µL PBS. Mice
2 had unrestricted access to chow (Rat and Mouse n°3 breeding, Special Diet Services) and water for 2 days
3 after which a group of 5 mice were deprived of food for 16 hours. The study was reviewed and approved
4 by the Animal Welfare and Ethical Review Body (AWERB, University of East Anglia, Norwich, UK) and
5 was conducted within the provisions of the Animals (Scientific Procedures) act 1986.

6
7 Post mortem, the caecal contents were collected and homogenised in PBS (10% w/v). Homogenates were
8 centrifuged for 2 min at 100 g and the supernatant collected. A 100 µL aliquot was removed to enumerate
9 bacteria on BHI-haemin agar ($= 12 \pm 3 \times 10^{10}$ CFU/g colon content). The supernatants were then centrifuged
10 at 5,500 g, 4°C for 15 min. The cell pellets were rinsed twice with 30 mL PBS and snap frozen in liquid
11 nitrogen and stored at -80°C prior to extraction. The supernatants were filtered through polyethersulfone
12 (PES) membranes (0.22 µm pore-size) (Sartorius). The sterility of the vesicles (BEV and EV)-containing-
13 filtrate was confirmed by plating onto BHI-haemin agar. Vesicle suspensions were concentrated as
14 described above. Following crossflow ultrafiltration, further purification of BEVs and EVs was performed
15 by fractionation of the suspension [20] by size-exclusion chromatography using a CL2-B Sepharose
16 (Sigma-Aldrich) (120 cm x 1 cm column) in PBS buffer. The absorbance of the fractions was measured at
17 280 nm and the first fractions corresponding to the first absorbance peak were pooled and concentrated to
18 1 mL with a Vivaspin 20 centrifugal concentrator (100 kDa molecular weight cut-off, Sartorius) and filtered
19 through a 0.22 µm PES membrane (Sartorius). Vesicle concentration was determined by Nanoparticle
20 Tracking Analysis (NTA). The volume of the retentate was adjusted to 8.9 mL and the BEV suspension
21 centrifuged (150,000 g at 4°C or 2 h in a Ti70 rotor (Beckman Instruments)). After centrifugation, the
22 supernatant was removed using a vacuum pump and the vesicle pellets snap frozen in liquid nitrogen and
23 stored at -80°C prior to extraction.

24
25 **Proteomics**
26 Comparative proteomics was carried out on samples of BEVs produced in BHI versus BDM and from
27 BEVs and EVs isolated from the caecum of fed or fasted mice. For the *in vitro* experiments vesicles were
28 isolated (above) from 3 independent cultures for each culture medium. One of the samples obtained in BDM
29 was excluded from further analysis as it produced anomalous results. In the comparison of BEVs generated
30 *in vivo* 5 mice were used for each condition providing 10 datasets including ratios (fasted versus fed) for
31 each protein identified with the level of confidence determined by the false discovery rate (FDR), that were
32 then further analyzed. Parental cells were from BHI cultures or the caecum of Bt colonised mice (3
33 replicates for each condition).

34

1 Samples for proteomics analysis consisted of 100 ug of BEV or cell protein extract prepared and labelled
2 at the Bristol University proteomics facility using TMT reagents (10-Plex format, Isobaric Mass Tagging
3 kit, Thermo Scientific). Labelled samples were pooled and then fractionated using High pH Reverse Phase
4 Liquid Chromatography. The resulting fractions were subjected to nano-LC MSMS using an Orbitrap
5 Fusion Tribrid mass spectrometer with an SPS-MS3 acquisition method. Fragmentation of the isobaric tag
6 released the low molecular mass reporter ions which were used to quantify the peptides. Protein quantitation
7 was based on the median values of multiple peptides identified from the same protein, resulting in highly
8 accurate protein quantitation between samples. The data sets were analysed using the Proteome Discoverer
9 v2.1 software and run against the Bt VPI-5482 or mouse database and filtered with a 5% (1%) FDR cut-
10 off.

11

12 ***Proteomics data curation***

13 BEVs versus parent cells produced *in vitro* and *in vivo*: from 3092 listed proteins of the raw results to 2047.
14 A hundred contaminant proteins (FALSE) were removed from the data. Using the 99% confidence level
15 (<1% FDR), 213 additional proteins were removed. Proteins that were not found in BEVs (732) were also
16 removed from the list resulting in a total of 2047 identified proteins. For the abundance ratio of BEV
17 proteins (mouse caecum versus BHI) those with a ratio ≥ 15 and a PSMs ≥ 10 were retained, excluding
18 proteins that were not identified in the fasted versus fed animal experiment, resulting in a total of 102
19 proteins. To discriminate between proteins that are enriched in BEVs *in vivo*, the 36 proteins with an
20 abundance ratio in the cell lysate (mouse caecum versus BHI) ≥ 5 were considered as non-enriched whereas
21 the 66 proteins with an abundance ratio in cell lysates (mouse caecum versus BHI) ≤ 5 were considered
22 enriched in BEVs.

23

24 ***Gene ontology analysis***

25 The proteins were categorized according to species specific gene ontology (GO) annotations using
26 PANTHER version 14.0 at <http://www.pantherdb.org/> [23].

27

28 ***Electron microscopy***

29 Cells were grown in BHI to early stationary phase and visualised by negative staining electron microscopy.
30 2 μ L of liquid culture were applied to a 600-mesh copper TEM grid coated with formvar/carbon. The
31 sample was left to settle out for 5 minutes and 2 μ L of 2x fixative (5% glutaraldehyde in 200mM sodium
32 cacodylate buffer, pH 7.2) was added and left for 5 minutes. The grid was then immersed for 10 minutes in
33 10 μ l of 1x fixative, washed 5 times with 100mM sodium cacodylate buffer, pH 7.2 and 5 times with
34 ultrapure water (1 minute each). The grid was air dried before negative staining in 2% aqueous Uranyl

1 acetate-stain was applied and removed immediately. Grids were air dried and viewed in a Jeol 1230 TEM
2 operated at an accelerating voltage of 80kV. Images were recorded on a Gatan One View 16MP digital
3 camera.

4 Pellets of BEVs (including EVs for immunogold staining) were resuspended and fixed by vortex and
5 pipetting in 100 µL 2.5% Glutaraldehyde in 0.1M PIPES buffer. Large aggregates of material still present
6 upon pellet resuspension, were removed by centrifugation for 2 min at low speed (5 g). A 50 µL portion of
7 supernatant was mixed 1:1 with cooled molten 4% low gelling temperature agarose (TypeVII, Sigma),
8 solidified by chilling and cut into approximately 1 mm³ pieces. The BEV sample pieces were transferred
9 into glass vials for further fixation in 2.5% glutaraldehyde in 0.1M PIPES buffer overnight at 4°C. Fixed
10 BEV sample pieces were washed in 0.1M PIPES buffer (3x) and post-fixed in 1% OsO₄ (Agar Scientific)
11 for 2 h. Following OsO₄ fixation, samples were washed in deionised water (3x), followed by dehydration
12 through an ethanol series (30, 50, 70, 90, 3x 100%). The samples were infiltrated with a 1:1 mix of 100%
13 ethanol to LR White medium grade resin, followed by a 1:2 and a 1:3 mix of 100% ethanol to LR White
14 resin and finally 100% resin, with at least 1 h between changes. The resin was changed twice more with
15 fresh 100% resin with periods of at least 8 h between changes. The sample pieces were each transferred
16 into BEEM embedding capsules with fresh resin and polymerised for 24 h at 60°C. Sections approximately
17 90 nm thick were cut using an ultramicrotome (Ultracut E, Reichert-Jung) with a glass knife, collected on
18 Cu Formvar/carbon grids and stained sequentially with 2% uranyl acetate solution for 1 h at 21°C, and 0.5%
19 lead citrate solution for 1.5 min at 21°C. Deionised water washes were performed (5x) following each of
20 the staining steps. Sections were examined and imaged in a FEI Talos F200C transmission electron
21 microscope at 200kV with a “Gatan One View” digital camera. For immunogold staining, a “short” version
22 of the Aurion Immunogold labelling (IGL) protocol
23 (http://www.aurion.nl/the_aurion_method/Post_embedding_conv) was used with 1h antibody incubations
24 and detergent (0.1% TWEEN). The primary antibody (anti-OmpA) was diluted 1/500 and the secondary
25 antibody (GAR-10, Agar Scientific, Stanstead, UK) was diluted 1/50. After antibody labelling, the sections
26 were stained with 2% uranyl acetate for 40 min. The sections were examined and imaged in a FEI Tecnai
27 G2 20 Twin transmission electron microscope at 200 kV.
28

29 ***Construction of a BT_2086 deletion mutant***

30 An 899 bp chromosomal DNA fragment upstream from BT_2086 and including the first 30 nucleotides of
31 its 5'-end region was amplified by PCR using the primer pair f-5'bsh1_SpHI, r-5'bsh1_Sall. This product
32 was then cloned into the SpHI/Sall sites of the *E. coli-Bacteroides* suicide shuttle vector pGH014 [22]. A
33 900 bp chromosomal DNA fragment downstream from BT_2086, including the last 44 nucleotides of the
34 3'-end region, was amplified by PCR using the primer pair f-3'bsh1_BamHI, r-3'bsh1_SacI and was cloned

1 into the BamHI/SacI sites of the pGH014-based plasmid. The resulting plasmid containing the
2 Δ BT_2086::tetQ construct, was mobilized from *E. coli* strain GC10 into Bt by triparental filter mating [24],
3 using *E. coli* HB101(pRK2013) as the helper strain. Transconjugants were selected on BHI-haemin agar
4 containing gentamicin (200 mg/L) and tetracycline (1 mg/L). Determination of susceptibility to either
5 tetracycline or erythromycin was done to identify recombinants that were tetracycline resistant and
6 erythromycin susceptible after re-streaking transconjugant bacteria on LB-agar containing tetracycline or
7 both antibiotics. PCR analysis and sequencing were used to confirm allelic exchange. A transconjugant,
8 GH511 containing the Δ BT_2086::tetQ construct inserted into the Bt chromosome was selected for further
9 studies.

10

11 **Bile salt hydrolase activity**

12 Thin layer chromatography to assess the activity and substrate specificity of BSHs in Bt were performed
13 according to Sedláčková et al. [25]. Bt strains were grown in 5mL BHI for 16 h. The cultures were
14 centrifuged at 9000 g for 10 min at 4°C, the cell pellets washed with 2 ml of PBS and resuspended in 5 mL
15 of PBS. 500 μ L of washed sample (or 5x10⁹ BEVs in 500 μ L PBS) were mixed with 500 μ L of substrate
16 solution (Na-GCA 0.3% and Na-TCA 0.3% in PBS) and incubated for 16 h at 37°C. The TLC chamber
17 containing the mobile phase (isoamyl acetate 40%, propionic acid 30% and 1-propanol 20% in water) was
18 equilibrated for 30 minutes. The reaction mixtures were speed-vacuum dried, the pellets dissolved in 500
19 μ L of methanol and the solution was centrifuged at 14 000 g at 4°C for 1 min. 3 μ L of the supernatants and
20 of the standards (cholic acid [CA], sodium taurocholic acid [Na-TCA] or sodium glycocholic acid [Na-
21 GCA] 5 mM in methanol) were spotted onto silica gel plates (TLC Silica gel 60 F₂₅₄, Merck). The plate was
22 inserted into the chamber and allowed to run for about 40 min and removed when the solvent front was 1
23 to 2 cm from the top edges. The plate was dried at 110°C for 3 min and sprayed with a solution of
24 phosphomolybdic acid (10% w/v in ethanol). The plate was dried again until spots were visible.

25

26 **DPP4 assay**

27 DPP4 assays were performed as described by Beauvais et al. [26]. Briefly, 750 μ l of 50 mM Tris HCl buffer
28 (pH 7.5) and 50ul Ala-Pro-pNA (5 mg/mL in methanol) were added to 200 μ l of BEV suspension. The
29 reaction mixture was incubated at 37°C and the OD₄₀₅ was measured at 1 min intervals for 100 min. The
30 amount of protein in BEVs was determined using the Bio-Rad Protein Assay.

31

32

33

1 **Results**

2

3 ***Impact of nutrient availability on BEV biophysical characteristics and hydrolytic enzyme content***

4 Bt produces large amounts of uniform BEV particles which are released from the bacterial cell surface into
5 the external milieu (Fig. 1). To test whether environmental factors have an impact on BEV structure,
6 production and protein composition, Bt was cultured in either a complex (BHI) or defined and minimal
7 (BDM) media and BEVs isolated from the culture supernatants. BEV concentration harvested from Bt
8 grown in BHI and BDM media were similar while their average size increased from 135 ± 6 nm in BHI to
9 205 ± 3 nm in BDM (Fig. 2a). Electron microscopy imaging confirmed that BEVs from BHI and BDM
10 were similar in appearance and structure although those produced in BDM were larger in size (Fig 2b). The
11 average zeta potential of BEVs from both BHI and BDM media was -25 mV and -22 mV (in PBS, pH 7.2,
12 25°C) respectively, which is similar to what was reported for *E. coli*-derived BEVs [27].

13

14 The proteomic profile of BEVs produced in BHI versus BDM cultures were compared by differential
15 proteomic analysis. In general, 1,438 proteins were identified corresponding to approximately 30% of the
16 predicted proteome of parent cells [28]. Of note, the majority of proteins were more abundant in BEVs
17 produced in nutrient-poor, BDM, medium (Fig. 3a). Proteins categorized according to universal gene
18 ontology (GO) annotations showed that many of the proteins displaying an increase abundance (fold change
19 > 3) were hydrolases, and in particular glycoside hydrolases, and proteases in addition to transferases,
20 oxidoreductases, ligases and lyases (Fig. 3b). Whereas the complete predicted proteome of Bt is composed
21 of 64% acidic proteins ($pI < 7.4$, physiological pH), 79% of the BEV proteins were acidic, confirming the
22 enrichment of acidic proteins in BEVs (data not shown).

23

24 The Bt transcriptome in response to nutrient availability was previously investigated by microarray analysis
25 [29] using probe pairs derived from 4,779 predicted genes to compare transcriptional profiles obtained from
26 *Bt* grown in rich versus minimal medium (with glucose as the sole carbon source) during early log phase to
27 stationary phase. Accordingly, we selected the 250 most abundant proteins that were more, or less, abundant
28 in the defined medium compared to the rich medium (highest peptide spectrum match PSM) with the level
29 of expression of their corresponding genes determined under the same conditions (BDM-G). The results
30 showed that the fold differences in protein and the corresponding RNA expression correlated with each
31 other (Fig. 3c) (Spearman correlation coefficient $r_s = 0.44$, $p = 2.10^{13}$) indicating that BEV protein content
32 reflected RNA levels in the parental cell.

33

1 Our analysis also showed that there was a corresponding increase in the metabolites generated from
2 reactions catalysed by the more abundant proteins present in BEVs produced in BDM (Table 1).
3 Intriguingly, the concentration of the substrates specific for these enzymes [9] was also increased in BEVs
4 indicating that some of the reactions are reversible and/or the diffusion of the substrate from the external
5 milieu into BEVs is facilitated by the presence of higher levels of enzyme.

6
7 Since the BEV protein content was affected by nutrient availability *in vitro*, we investigated if nutrient
8 deprivation *in vivo* (in fasting animals) could similarly lead to changes in the BEVs' proteome.
9

10 ***BEV proteomic profile in vivo***

11 To assess whether nutrient deprivation affects the protein composition of BEVs produced by Bt in the GI
12 tract, germfree mice were orally gavaged with Bt with one group of conventionalised mice allowed
13 unrestricted access to food and water with a second group being deprived of food for 16 h. BEVs extracted
14 from the caecum were equivalent in size from both fed or fasted mice with a mean size of approximately
15 190 nm when measured with a NanoSight instrument (Fig. 4a). By contrast, 1.8 times more nanoparticles
16 were recovered from the caecum of fasted mice compared to fed animals (Fig. 4a). The presence and
17 identity of Bt BEVs in mouse caecal preparations was confirmed by immuno-EM using an antiserum
18 specific for the outer membrane protein OmpA (BT_3852) of Bt (Fig. 4b).

19
20 Comparison of the proteome of caecal BEVs from fasted versus fed animals showed differences in protein
21 abundance (Fig. 4c). However, they were less pronounced (between -6 and 3-fold) when comparing with
22 *in vitro* cultures using BDM versus BHI media (Fig. 3a). Unlike for BEVs obtained *in vitro*, for which most
23 of the proteins (82 %) displayed an increased abundance when produced in nutrient-poor growth medium,
24 there were similar numbers of proteins exhibiting increased (48 %) and decreased (52 %) abundance, when
25 comparing the two *in vivo* conditions (see results in Vesiclepedia, number).

26
27 Comparison of the proteome of caecal BEVs from fed and fasted animals showed differences in protein
28 abundance (Fig. 4c). Of 558 proteins identified in BEVs extracted from fasted and fed mice, 322 were
29 differentially abundant (fold change ≥ 1.3). Of these, 142 were more abundant in BEVs extracted from
30 fasting animals whereas 180 proteins were more abundantly represented in BEVs derived from fed animals.
31 GSEA analysis [30] revealed two biological processes significantly enriched in BEVs from fasted animals,
32 “peptide metabolic process” [GO:0006518] (70 proteins) and “protein processing” [GO:0016485] (69
33 proteins) gene ontologies. Sixty-nine of these proteins also belonged to the molecular function ontology
34 “metallocarboxypeptidase activity” [GO:0004181]. The BEVs from fed animals contained a set of eight

1 proteins displaying “serine-type peptidase” activity [GO:0008236] that were more abundant compared to
2 fasted mice.

3

4 A large number of proteins expressed from polysaccharide utilization units (PULs), that are sets of
5 neighbouring genes involved in the breakdown of specific glycans [31], were present in BEVs (Table S1)
6 and were classified using the Polysaccharide-Utilization Loci DataBase (PULDB)
7 <http://www.cazy.org/PULDB/> [32] (Table S1). The starch degrading PUL66 was highly abundant which
8 most likely reflects the high (~34%) starch content of the animal chow. PULs involved in the degradation
9 of rhamnogalacturonan-II (PUL77), pectic galactan (PUL86) and arabinogalactan (PUL65) were also
10 highly abundant. Of note, in fasted mice there was an increased abundance of PULs capable of degrading
11 host glycans and mucins (PULs 6, 19, 35, 37, 80 and 81).

12

13 ***A set of proteins is selectively secreted in BEVs in the GI tract***

14 To investigate whether proteins are selectively enriched in BEVs *in vivo*, we first compared the proteome
15 of BEVs harvested from the caecum of Bt mono-colonised germfree mice with that of BEVs generated *in*
16 *vitro* in BHI media. A total of 102 proteins were identified based upon the abundance being at least 15-fold
17 higher in *in vivo* generated BEVs (Table S2, a and b). Next, we determined how many of these proteins
18 might be enriched in BEVs *in vivo* as a result of their increased production in BEV's parental cells by
19 comparing the levels of expression of the 102 proteins in caecal-derived parental cells with those grown *in*
20 *vitro* in BHI medium (Table S2a, b). We assumed that for a given protein, the enrichment in BEVs *in vivo*
21 occurs independently of protein expression, if the *in vivo* versus *in vivo* abundances of the protein in their
22 parent cells are comparable, whereas its enrichment in BEVs is a consequence of higher expression in
23 parental cells, if the abundance in the parent cells *in vivo* is increased compared to *in vitro* growth
24 conditions.

25 This analysis revealed that the abundances of the majority of proteins (66/102) were comparable in parental
26 cells generated *in vivo* or *in vitro* (Table S2a, Fig. 5a) excluding changes in protein production in parental
27 cells contributing to the increased abundance of these proteins in BEVs *in vivo*. In contrast, 36 of the 102
28 proteins displayed a 5-fold or higher abundance in parental cells under *in vivo* versus *in vitro* conditions
29 (Table S2b, Fig. 5b) consistent with the increased production in parental cells contributing to their increased
30 abundance in BEVs *in vivo*. To corroborate these findings, we compared the levels of expression of RNA
31 for each of the 102 proteins enriched in BEVs *in vivo* using data obtained from a global transcriptomics
32 analysis of Bt grown under different *in vitro* and *in vivo* conditions analogous to those we have used here
33 [29]. Changes in the abundance of the 102 proteins in BEVs generated *in vivo* were closely mirrored by

1 changes in RNA levels as the fold difference values between protein abundance in the cells and expression
2 of the corresponding gene were significantly correlated [Spearman correlation coefficient $r_s = 0.81$ ($p <$
3 0.0001)] (Fig. 5a and b, Table S2). These results are consistent with the selective enrichment of a set of
4 (102) protein in BEVs *in vivo* that can occur in parallel with (36) or independently of (66) changes in protein
5 production in parental cells.

6
7 The enrichment of the 102 proteins in BEVs generated *in vivo* was independent of food intake and
8 availability since the abundance of these proteins was comparable in BEVs from fasted versus fed mice
9 (fold change ≈ 1.0) (Fig. 5a, b).

10
11 We used the SignalP-5.0 Server software programme to predict the presence of known Gram-negative
12 bacteria signal peptides amongst the 102 proteins enriched in BEVs (Fig. 5c). Most of the 36 proteins whose
13 abundance values were 15-fold or higher in BEVs *in vivo* versus *in vitro* were predicted to be transported
14 via the bacterial Sec-dependent protein secretion system. By contrast, 31/66 of the proteins displaying a 5-
15 fold or less increase in abundance in parent cells were predicted to be secreted independently of known
16 (Sec) bacterial secretion systems.

17
18 **Enrichment of bile salt hydrolases and dipeptidyl hydrolases IV in BEVs in vivo**
19 Prominent among the 36 proteins enriched in both BEVs and parent cells *in vivo* (Table S2) was the bile
20 salt hydrolase (BSH) BT_2086. BSHs produced by gut commensal bacteria catalyse the hydrolysis of bile
21 salts conjugated with the amino acids taurine or glycine residues and release free bile acids such as cholic
22 acid (CA) and glycine and taurine [33]. Bt cells degrade both glyco- and tauro-conjugated bile acids GCA
23 and TCA (Fig. 6). The specificity of the BSH encoded by BT_2086 was established by generating a Bt
24 mutant lacking BT_2086 (Δ BT2086). The mutant was unable to degrade TCA whereas hydrolysis of GCA
25 to produce cholic acid was unaffected most likely reflecting the activity of the other predicted BSH,
26 BT_1259 [28]. In the case of BEVs, levels of bile salt hydrolase activity and CA production were lower
27 than that of parent cells as reflected in higher residual levels of GCA and TCA after incubation with BEVs
28 (Fig. 6). Despite this it was clear that Δ BT2086 generated BEVs produced strikingly less CA compared to
29 BEVs from wild type Bt. These findings indicate that BEVs produced by Bt contain a BSH able to
30 deconjugate tauro-conjugated bile salts.

31
32 The dipeptidyl-peptidase 4 (DPP4)-like protein (DPP6) encoded by BT_1314 was also abundant in BEVs
33 *in vivo* (Table S2). Human DPP4 or CD26 truncates proteins containing the amino acid proline or alanine
34 in the second position of the N-terminus, and DPP-4-like activity encoded by the intestinal microbiome has

1 been proposed to constitute a novel mechanism to modulate protein digestion and host metabolism [34].
2 We tested therefore whether intact BEVs could hydrolyse DDP4 specific substrates (H-Ala-Pro-p-
3 nitroaniline) [26]. BEVs produced *in vitro* in BDM exhibited activity of 0.57 nmol/min/mg BEV total
4 protein whereas BEVs isolated from BHI exhibited activity of 0.09 nmol/min/mg. This agrees with the
5 abundance ratios measured for BT_1314 which was 6 times more abundant from BEVs obtained in BDM
6 compared to those obtained in BHI. The same was also true for two other putative DPP4 enzymes detected
7 in BEVs; BT_3254 (3 times more abundant from BDM) and BT_4193 (4 times more abundant from BDM).
8 However, *in vivo*, BT_1314 was selectively enriched (~20-fold) in BEVs.

9

10 ***Proteome of EVs produced in the GI tract***

11 EVs in mammals are produced by almost all cell types and contribute to the coordinated signalling events
12 and communication between the gut microbiota, intestinal epithelial cells, endothelial cells, and immune
13 cells during homeostasis, immune activation, and inflammation [35]. Vesicles isolated from the caecum of
14 fasted and fed mice mono-colonised with Bt consisted of a combination of BEVs and EVs. By running a
15 peptide match against the UniProt mouse protein database, 1152 proteins from mouse EVs were identified
16 (see results in Vesiclepedia, number). These included tetraspanin proteins which belong to a family of
17 membrane proteins [36,37] including the cell surface glycoprotein CD9, six members of the 14-3-3 protein
18 family comprising phospho-binding proteins, and nine annexins (Anxa1-7, Anxa11 and 13), all commonly
19 found in eukaryotic vesicles [38]. From a comparison of our protein profile with that obtained from EVs of
20 cultured human primary and metastatic colorectal cancer cells [38] (Source of human EV proteome:
21 Vesiclepedia_500, at http://microvesicles.org/exp_summary?exp_id=550) 333 (29%) of the 1152 proteins
22 overlapped and were present in both data sets. As expected, the EV cancer markers AXL, DNM2, CD59,
23 CTNND1, EPHA2, ITGA1, ITGA5 and VIM [39,40] were only present in human CRC EVs and were not
24 detected in mouse caecal EVs.

25

26 We next compared the distribution of the overlapping proteins based on gene ontology (GO) categories
27 (Table 2). Seven categories of proteins were dissimilarly represented in mouse caecal versus human cancer
28 cell proteins. Proteins involved in developmental and cellular process, biological adhesion, and cellular
29 component organisation (or biogenesis) were more frequent in human cancer cell EVs. Intriguingly, the
30 proportion of proteins involved in cellular proliferation was increased in mouse caecal EVs. Furthermore,
31 proteins contributing to multi-organism process and the immune system were also increased in caecal EVs.
32 In comparing the abundance ratio for each protein contained in caecal EVs derived from fasted versus fed
33 animals (Table 3), amongst EVs produced in fasted mice two serine protease inhibitors (A3M and A3K)

1 were more abundant (5-fold and 2.7-fold, respectively). We also observed a 3.5-fold increase in the
2 abundance of the murine specific α -defensin CRISC-2 in EVs produced in fasted mice.

3

4 **Discussion**

5 Our study provides new insights into microbe-host interactions in the mammalian GI tract and how BEVs
6 can contribute to this crosstalk. Using the ubiquitous human commensal gut bacterium Bt as a model
7 system, we have shown that the profile of proteins it packages into BEVs is influenced by nutrient
8 availability, and provided evidence of the selective and exclusive enrichment of proteins in BEVs *in vivo*
9 in the mouse GI tract that include enzymes capable of influencing host metabolism.

10

11 From previous work on bacterial pathogens it is known that bacterial proteins including virulence factors
12 are selectively enriched in BEVs, consistent with vesiculation being a coordinated rather than passive
13 process [5,41,42]. Virulence factors enriched in BEVs include gingipain proteases produced by the human
14 oral pathogen *Porphyromonas gingivalis*, or the virulence factors VacA, urease and CagA produced by the
15 gastric pathogen *Helicobacter pylori*, whereas other abundant cellular proteins not contributing to infection
16 are excluded from BEVs [43,44]. Like for pathogens, proteomic analysis of BEVs produced by cultured
17 commensal *Bacteroides* species identified proteins found exclusively in BEVs, including acidic lipoproteins
18 with hydrolytic and carbohydrate-binding activities encoded by PULs [15,45]. Our analysis of BEV
19 proteins under different culture conditions highlights the ability of Bt to effectively respond to nutrient
20 stress by changing the profile of proteins it produces and packages in its BEVS, as predicted in a prior
21 transcriptomics based study [29]. A similar phenomenon has been described in *Campylobacter jejuni*,
22 which, although considered to be a commensal bacterium in avian hosts, is pathogenic and causes bacterial
23 gastroenteritis in humans [46]. Proteomic analysis of the *C. jejuni* BEVs identified numerous proteins with
24 differential abundance under culture conditions reflecting the different body temperatures of the two hosts,
25 with significantly higher amounts of virulence proteins associated with BEVs from cultures at 37°C culture
26 compared to BEVs produced at 42°C [47].

27

28 Our analysis of BEVs produced *in vivo* reveals that a set of cellular proteins (66) are selectively enriched
29 in BEVs compared to their parental cells. In addition, as the levels of these proteins were comparable in fed
30 versus fasted animals the process responsible for the accumulation of these proteins into BEVs functions
31 independently of nutrient (food) supply (Fig. 5a). Thus, local environmental factors other than diet and
32 nutrient supply are involved in the selection and secretion of a set of proteins into BEVs. Furthermore,
33 based upon the known functionality of some of these proteins (e.g. dipeptidyl-peptidase and asparaginase)
34 they are most likely selectively packaged into BEVs by the bacterium with the purpose of influencing host

1 cell physiology and in particular, metabolism. The mechanisms that account for this enrichment of proteins
2 in BEVs is unknown and likely to involve unique processes as nearly half of the proteins enriched in BEVs
3 are not predicted to be secreted by a known bacterial secretion system.

4

5 The dipeptidyl-peptidase encoded by BT_1314 is enriched in BEVs *in vivo* and has the potential to influence
6 host physiology via its effect on protein and glycan (e.g. gluten) digestion, signal transduction and apoptosis
7 [34]. Based upon its ability to cleave and inactivate various signalling molecules important in metabolism
8 (i.e. incretins), the immune system (i.e. growth factors and cytokines) and CNS (i.e. neuropeptides) [48-50]
9 it is tempting to speculate that upon accessing the systemic circulation [7] BEVs can impact on various
10 aspects of host physiology and behaviour, a possibility that awaits confirmation from further studies. The
11 type II L-asparaginase encoded by BT_2757 was also selectively enriched in BEVs *in vivo*. Asparaginase
12 activity is required to deamidate asparagine to aspartate, an essential amino acid for proliferating
13 mammalian cells (e.g. cancer cells) and as a neurotransmitter [51,52]. The human asparaginase enzyme
14 (ASPG) exhibits a relatively low affinity for L-asparagine while bacterial enzymes, that are commonly used
15 as anticancer drugs, have a higher affinity for the substrate [53]. Indeed, *E. coli*-derived asparaginase is
16 used in food manufacturing to reduce levels of the human carcinogen acrylamide [54] and clinically to treat
17 leukemia and lymphoma patients [55]. The uptake of aspartate generated from asparaginase cleavage of
18 asparagine is inefficient in most mammalian cells [51]. It can therefore be envisaged that following
19 internalization of Bt BEVs into the cytosol of mammalian cells such as intestinal epithelial cells [7], BEVs
20 could supply cells with asparaginase activity and address a shortage of aspartate to aid host cell metabolism.
21 Our findings and that of Yao and colleagues [56] demonstrating that Bt BEVS produced in the mouse GI
22 tract contain abundant quantities of biologically active, BT_2086-encoded, bile salt hydrolase is of potential
23 significance for host physiology. Bile acid signaling pathways mediate insulin-resistance, obesity, lipid
24 metabolism and systemic metabolic processes [33].

25

26 Fasting results in an increase in the relative abundance of members of the Bacteroidetes phylum irrespective
27 of the fasting period (1-3 days) [57]. This increase can be explained by the ability of some phyla members
28 to utilize host glycans in the absence of dietary equivalent glycans [15,58,59], which was also observed in
29 fasting mice that are a model for multiple sclerosis [60]. These observations indicate that the survival and
30 growth of Bt may not be adversely affected by a lack of dietary nutrients in the GI tract [57]. This may
31 explain the small variations observed in the proteome of BEVs produced from Bt colonising the lower GI
32 tract of fasted mice when compared to the dramatic changes observed in the proteome of BEVs produced
33 in the low nutrient culture medium BDM. Furthermore, we did not observe an increase in host glycan-

1 specific and surface-exposed glycohydrolases in BEVs from fasted animals. Indeed, their abundance
2 exhibited a downward trend (up to 2-fold) compared to their levels in BEVs from fed animals.

3
4 It is interesting to note that for all PULs the abundance of the integral membrane oligosaccharide importer
5 SusC is increased by about fifty percent in BEVs produced under fasting conditions whereas for the other
6 proteins belonging to the same PULs, including SusD (nutrient binding accessory protein) they are equally
7 abundant or less abundant under fasting versus fed conditions. The glycosyl hydrolases associated to PUL
8 systems which are preferentially packaged into BEVs [45] can provide substrates to support the growth of
9 other bacteria in animals harbouring a conventional microbiota, conferring a “public good” function to
10 BEVs [13, 61].

11
12 As part of this study we established the proteome profile of mammalian EVs in the mouse intestine. In
13 comparing the abundance ratio for each protein contained in caecal EVs derived from fasted versus fed
14 animals (Table 3), EVs produced in fasted mice contained two serine protease inhibitors (A3M and A3K
15 serpins) with their abundance increased 5-fold and 2.7-fold, respectively. Moreover, 7 additional serpins
16 (protease inhibition activity, InterPro family IPR000215) were identified with similar abundance in fasted
17 and fed mice. It has been reported that high protease activity measured in the feces of patients suffering
18 from irritable bowel syndrome correlates with a decrease in microbial diversity [62]. It is therefore tempting
19 to speculate that the various serine protease inhibitors detected and identified in EVs produced in mice
20 mono-colonised with Bt (submitted to Vesiclepedia, number) is a consequence of the lack of microbial
21 diversity, and is to counteract the detrimental effect of proteases present in high abundance in the gut lumen
22 [62] of mono-colonised mice.

23
24 We also compared the protein profile of mouse caecal EVs with that obtained from EVs of cultured human
25 primary and metastatic colorectal cancer cells [38]. Human and mouse small intestines share many
26 similarities in their intestinal microbial defence strategies, including production of α -defensins which are
27 also found in EVs [35]. Mice, however, produce a unique antimicrobial peptide and member of the CRS
28 (cryptdin-related sequences)-peptide family, not found in man [63]. We observed a 3.5-fold increase in the
29 abundance of the CRISC-2 α -defensins in EVs produced in fasted mice. Whether a decrease in nutrient
30 availability in the mouse intestine leads to increased expression of CRISC-2, to an increased number of the
31 secretory Paneth cells and/or to CRISC-2 preferentially packaged into EVs still needs to be determined.

32
33 In summary our findings provide evidence for the influence of unfavourable growth conditions on BEV
34 protein composition, and for the selective and exclusive enrichment of proteins in BEVs *in vivo* in the

1 mouse GI tract that include enzymes capable of influencing the host metabolism. Furthermore, other
2 proteins enriched in BEVS *in vivo* are translocated more abundantly into vesicles because of higher
3 expression in their parent cells. Further investigations are needed to evaluate the impact of selected
4 candidates such as BSH, DPP4-like dipeptidyl-peptidase or asparaginase on host physiology. This will help
5 further in defining determinants in BEV-host interactions playing key roles in the maintenance of intestinal
6 metabolism and homeostasis.

7

8 **Supplemental online material**

9 Table S1 and Table S2.

10

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15

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17 No potential conflict of interest was reported by the author.

18

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22

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11

1 **Figure Legends**

2 **Figure 1.** Release of BEVs from the cell surface of Bt into the external milieu. The cells were grown in
3 BHI to early stationary phase and visualised by negative staining electron microscopy.

4

5 **Figure 2.** Impact of nutrient availability on BEV structure (a) Nanoparticle tracking analysis of BEVs
6 suspensions obtained from Bt grown in nutrient-rich (BHI) or nutrientpoor (BDM) culture media (n=3). (b)
7 EM images of BEVs derived from Bt cells grown in complex medium BHI or defined medium BDM.

8

9 **Figure 3.** Proteomic profiles of BEVs produced in nutrient-rich and nutrient-poor media (a) Abundance
10 ratio of each of the 1,438 proteins identified in protein profiling of BEVs obtained in BDM versus BHI.
11 Proteins with a ratio higher than 1 are marked in red and those with a ratio below 1 are indicated in blue.
12 (b) Proteins displaying an increased abundance (fold change >3) were categorized according to universal
13 gene ontology (GO) annotations: Blue bars represent the total number of protein representing each category
14 in BEVs: Orange bars represent the number of proteins of each category in BEVs that are >3 fold more
15 abundant in BDM vs BHI. (c) Impact of growth medium on BEV proteome and parent cell transcriptome.
16 Correlation between the abundance ratios of each of the 250 most abundant proteins (highest peptide
17 spectrum match PSM) and the level of expression of the corresponding gene (Sonnenburg et al., 2018)
18 identified in rich (BHI) versus minimal defined (BDM) growth media.

19

20 **Figure 4.** Structure and protein composition of BEVs produced in the mouse GIT. (a) Size distribution of
21 extracellular vesicles produced in the caecum of germfree mice mono-colonised with Bt. The vesicles were
22 extracted from caecal contents of mice either fed *ad libitum* or fasted for 16 h (n=5 ea.). (b) TEM images
23 of vesicles extracted from the caecum of fed or fasted mice. Lower panel shows immunodetection of Bt
24 BEVs from fed mice using an in-house generated rabbit anti-Bt OmpA antiserum and colloidal gold anti-
25 rabbit Ig. Scale bar = 100 nm. (c) Comparison of the abundance of each of the 558 proteins identified in
26 BEVs extracted from fasted versus fed mice. Proteins with a ratio higher than 1 are marked in red and those
27 with a ratio below 1 are indicated in blue.

28

29 **Figure 5.** Proteins enriched in BEVs produced in the mouse GIT. The 102 proteins found to be enriched in
30 BEVs *in vivo* (fold change ≥ 15 , Table S2), were divided into two groups based upon comparing their levels
31 in BEVs versus parental cells. (a) 66 proteins had a less than 5-fold increase in abundance in the parent
32 cells *in vivo* (Table S2) are combined in (a), and results of the 36 proteins with a greater than 5-fold change
33 in the parent cells *in vivo* (Table S2) are combined in (b). For the two groups of proteins in (a) and (b), their
34 expression is compared to that of the mRNA expression level of the corresponding gene in cells grown in

1 similar conditions [29]. The impact of food withdrawal (Fasted/Fed) on the abundance of proteins in the
2 two groups is also shown. (c) SignalP-5.0 Server at <http://www.cbs.dtu.dk/services/SignalP/> was used to
3 predict the presence of different types of signal peptides present amongst the two sets of enriched proteins.
4 The 66 set is represented by dark blue bars and the 36 set of enriched proteins is represented by light blue
5 bars. Sec/SPI are secretory signal peptides transported by the Sec translocon and cleaved by Signal
6 Peptidase I; Sec/SPII are lipoprotein signal peptides transported by the Sec translocon and cleaved by Signal
7 Peptidase II; Tat/SPI are Tat signal peptides transported by the Tat translocon and cleaved by Signal
8 Peptidase I; “Other” are predicted secreted proteins translocated by uncharacterized secretion pathways.

9

10 **Figure 6.** Bile salt hydrolase activity in Bt and BEVs. Thin layer chromatography was used to confirm BSH
11 activity and substrate specificity of the BSH encoded by BT_2086 present in Bt cells and BEVs obtained
12 after growth in BHI. Cholic acid [CA], taurocholic acid [TCA] and glycocholic acid [GCA] standards were
13 incubated with whole cells or BEVs from wild type (WT) or a Bt BSH1 deletion mutant (Δ BT_2086) for
14 24h at 37°C after which supernatants were spotted onto a silica gel plates. The plate was inserted into a
15 TLC chamber, run for 40 min and stained with phosphomolybdic acid.

16

17

Table 1 Enrichment of metabolites produced or utilised by the reactions catalysed by enzymes with increased abundance in BEV produced in BDMs versus BHI.

Criterion	Products	Substrates	Both
Fold-change >= 5*	1.5×10^{-6}	3.0×10^{-1}	1.5×10^{-5}
q <= 0.05 (FDR)**	1.1×10^{-11}	5.9×10^{-7}	2.3×10^{-4}

* P-values were calculated using the Gene Set Enrichment Analysis (GSEA) algorithm ** The Benjamini-Hochberg correction was used to account for multiple testing (three sets, as defined above), giving q-values at a 0.05 false discovery rate (FDR) level.

Table 2 Comparison of mouse caecal and human cancer cell EV gene ontology

EV proteome	Mouse			Human		
	Number of proteins*	% proteins vs total	% proteins vs class hits	Number of proteins*	% proteins vs total	% proteins vs class hits
PANTHER GO-Slim Biological Process						
Developmental process (GO:0032502)	47	4.50	2.70	70	6.70	3.70
Multicellular organismal process (GO:0032501)	43	4.10	2.50	54	5.20	2.90
Cellular process (GO:0009987)	410	39.50	23.90	512	49.10	27.10
Reproduction (GO:0000003)	5	0.50	0.30	4	0.40	0.20
Cell population proliferation (GO:0008283)	12	1.20	0.70	6	0.60	0.30
Localization (GO:0051179)	170	16.40	9.90	157	15.10	8.30
Reproductive process (GO:0022414)	5	0.50	0.30	4	0.40	0.20
Multi-organism process (GO:0051704)	17	1.60	1.00	4	0.40	0.20
Biological adhesion (GO:0022610)	16	1.50	0.90	26	2.50	1.40
Immune system process (GO:0002376)	37	3.60	2.20	10	1.00	0.50
Cellular component organization or biogenesis (GO:0071840)	131	12.60	7.70	213	20.40	11.30
Biological regulation (GO:0065007)	230	22.20	13.40	228	21.90	12.10
Growth (GO:0040007)	3	0.30	0.20	5	0.50	0.30
Signaling (GO:0023052)	111	10.70	6.50	107	10.30	5.70
Metabolic process (GO:0008152)	261	25.20	15.20	294	28.20	15.60
Pigmentation (GO:0043473)	2	0.20	0.10	2	0.00	0.00
Response to stimulus (GO:0050896)	175	16.90	10.20	151	14.50	8.00
Rhythmic process (GO:0048511)	2	0.20	0.10	1	0.10	0.10
Locomotion (GO:0040011)	35	3.40	2.00	40	3.80	2.10

*The number of proteins from a category noticeably increased or decreased is indicated in red and blue, respectively

Table 3 Differently abundant proteins in EVs from the caecum of fasted versus fed mice

Accession	Description	Ratio: (S) / (NS)*	T-test	Protein Class
<u>Increased abundance in fasted mice</u>				
Q03734	Serine protease inhibitor A3M	5.01	0.013575	Protease inhibitor
Q5ERJ0	CRS1C-2 alpha-defensin	3.47	0.007428	Defensin
Q9CPY7	Cytosol aminopeptidase Lap3	2.79	0.047037	Aminopeptidase
A0A0R4J011	Serine protease inhibitor A3K	2.682	0.03133	Protease inhibitor
Q00898	Alpha-1-antitrypsin 1-5	2.117	0.010164	Protease inhibitor
Q9CYL5	Golgi-associated plant pathogenesis-related protein 1	2.014	0.022046	-
Q8R000	Organic solute transporter subunit alpha	2.01	0.017694	Transport
<u>Decreased abundance in fasted mice</u>				
E9Q7Q0	Mucin-4	0.499	0.001219	Cell-matrix adhesion
I6L958	Igk protein	0.498	0.023509	Immunoglobulin
P02816	Prolactin-inducible protein homolog	0.489	0.01436	-
E9Q035	Uncharacterized protein	0.47	0.012476	Transport/Carrier
B1AWC9	Phosphodiesterase	0.463	0.033889	Phosphodiesterase
Q7TQD7	Myo1b protein	0.46	0.030377	Actin-binding
B2RS76	Carboxypeptidase B1 (Tissue)	0.437	2.29E-05	Peptidase
Q9CQC2	Colipase	0.437	0.001193	Protein-binding activity modulator
Q9D2R0	Acetoacetyl-CoA synthetase	0.434	0.007679	Ligase
Q64444	Carbonic anhydrase 4	0.422	0.000349	Lyase
Q4FJZ7	Ada protein	0.41	0.000154	Deaminase
L7N2D7	Uncharacterized protein	0.408	0.020565	-
P00688	Pancreatic alpha-amylase	0.4	0.000298	Amylase
B2RTM0	Histone H4	0.383	0.01015	Metalloprotease
Q683Y7	Immunoglobulin heavy chain variable region (Fragment)	0.323	0.017091	Immunoglobulin
A0A075B677	Immunoglobulin kappa variable 4-53	0.322	2.75E-05	Immunoglobulin
Q9Z0Y2	Phospholipase A2	0.273	0.001599	Phospholipase
O88952	Protein lin-7 homolog C	0.268	0.004373	Cell junction
Q6P8U6	Pancreatic triacylglycerol lipase	0.255	0.000247	Lipase

- Ratios > 2 or < 0.5

Figures

Figure 1

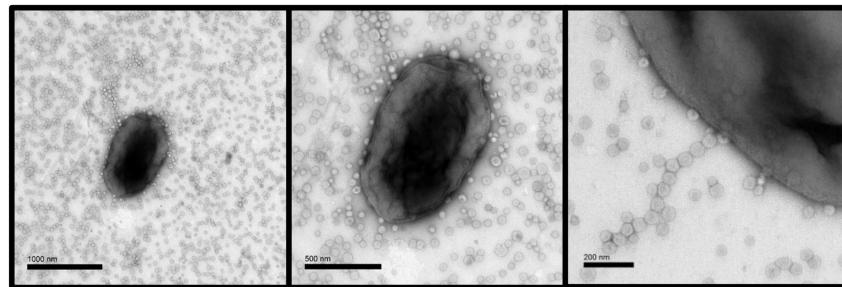


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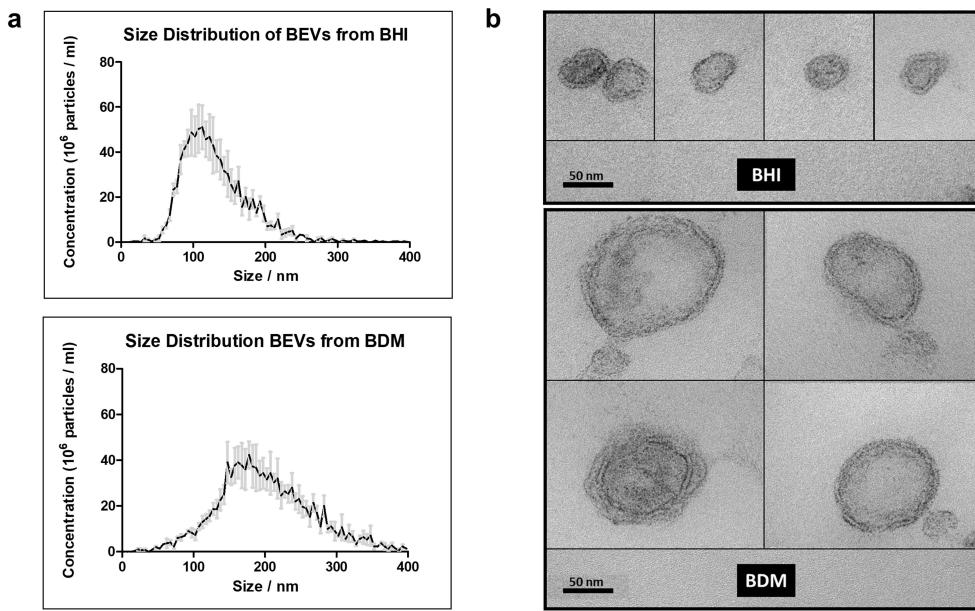


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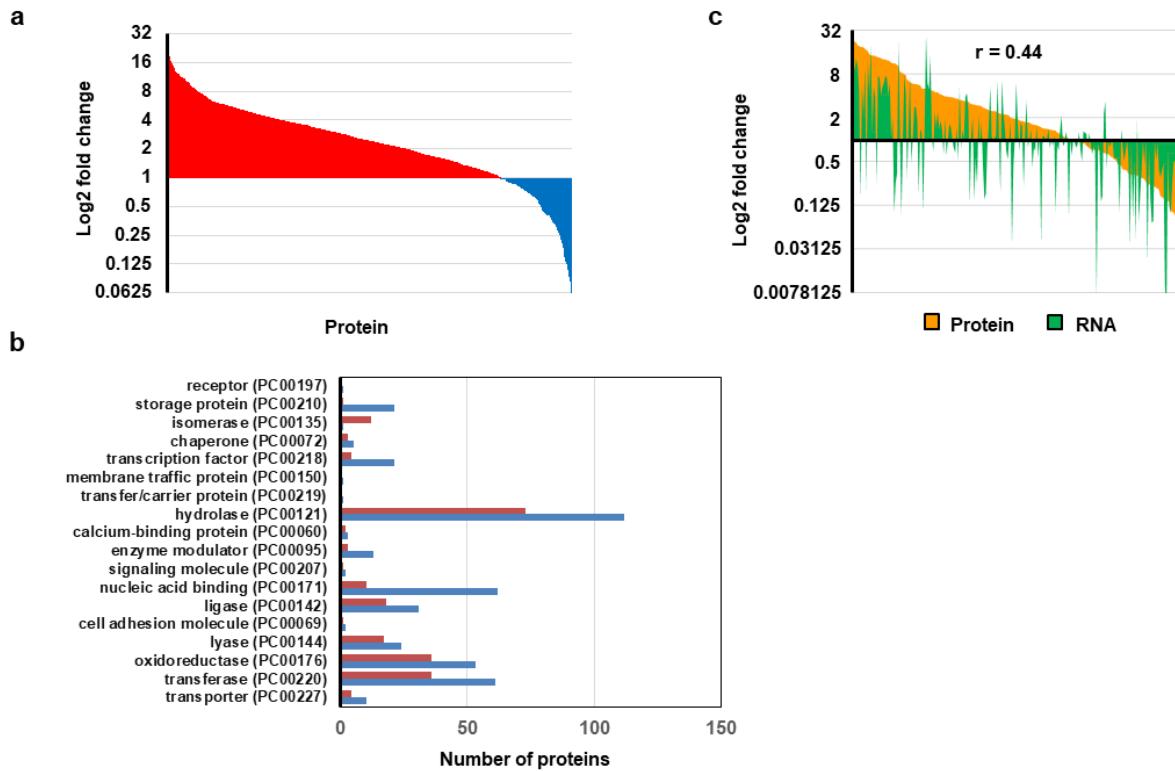


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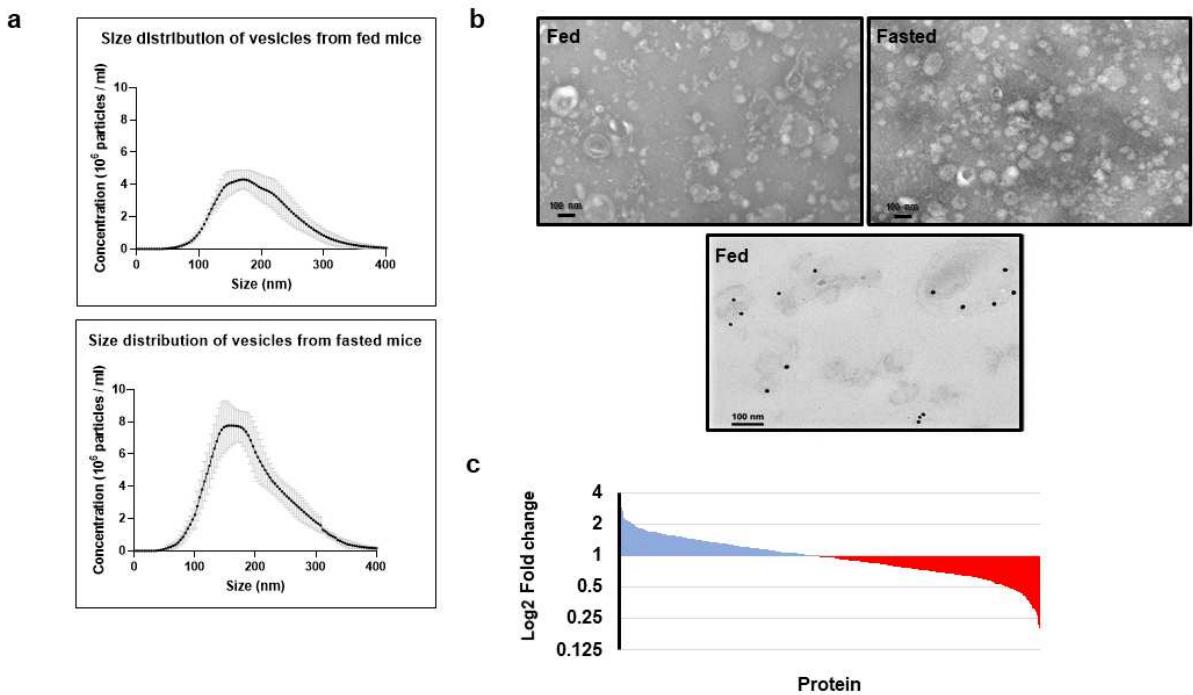
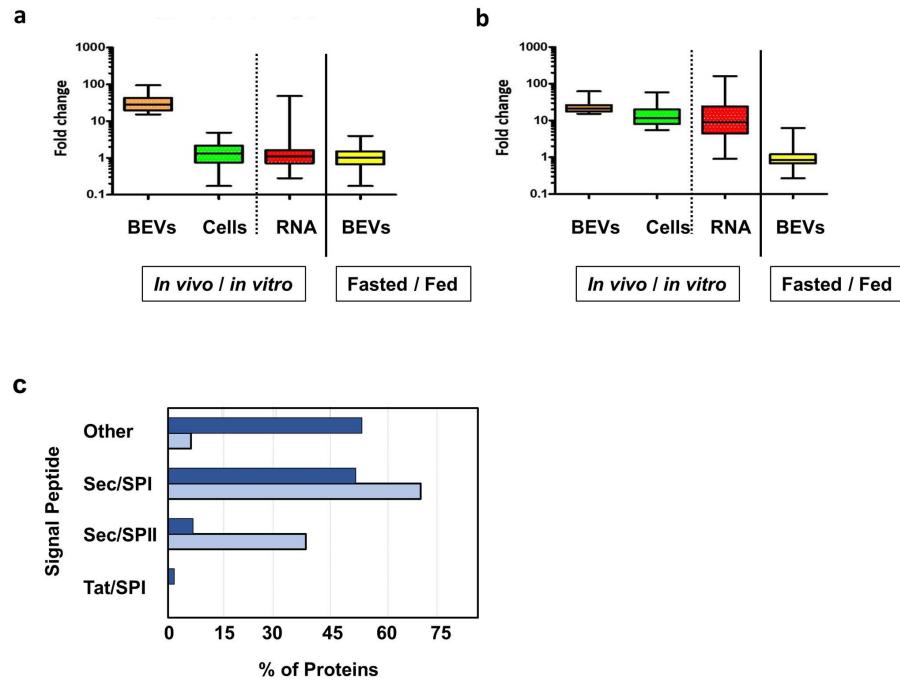


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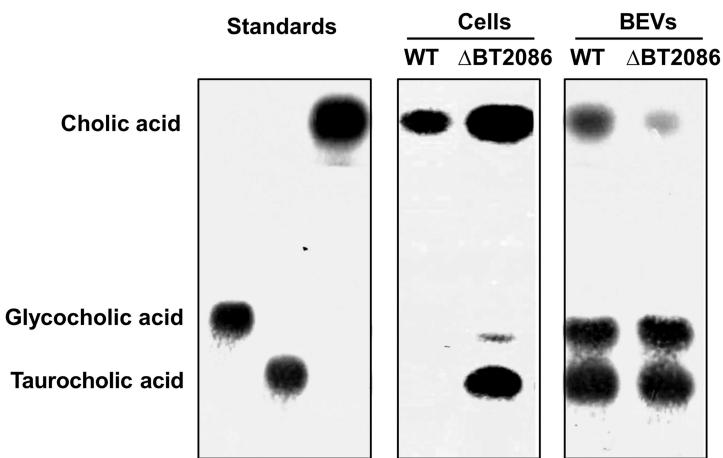


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Supplementary Files

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- [TableS2RGS.xlsx](#)