Survive and Thrive in Brazil: The Boa Vista Early Childhood Program: Study protocol of a randomized controlled trial

Alexandra Brentani (✉ alexandra@usp.br)

Universidade de São Paulo Faculdade de Medicina <https://orcid.org/0000-0001-6650-9705>

Ana Paula Scolezze Ferrer

Universidade de São Paulo Faculdade de Medicina

Luana Bessa

Universidade de São Paulo Faculdade de Medicina

Susan Chang

University of the West Indies

Susan Walker

University of the West Indies

Christine Powell

University of the West Indies

Jena Hamadani

International Centre for Diarrhoeal Disease Research Bangladesh

Sandra Grisi

Universidade de São Paulo Faculdade de Medicina

Günther Fink

Universität Basel

Study protocol

Keywords: child development, parenting interventions, infant mortality, neonatal mortality, early childhood development

Posted Date: January 29th, 2020

DOI: <https://doi.org/10.21203/rs.2.22148/v1>

License: This work is licensed under a Creative Commons Attribution 4.0 International License.

[Read Full License](#)

Version of Record: A version of this preprint was published at Trials on May 7th, 2020. See the published version at <https://doi.org/10.1186/s13063-020-4217-3>.

Abstract

Background

A growing body of evidence suggests that early life health and developmental outcomes can be improved through parental support programs. The objective of this project was to test the feasibility, impact, and relative cost-effectiveness of an adapted “Reach Up and Learn” program delivered through home visiting programs as well as through center-based parenting groups on child health and development in the municipality of Boa Vista, Brazil.

Methods

A randomized stepped wedge design was used to roll out and evaluate the two parenting platforms in Boa Vista municipality. A total of 39 neighborhoods with high vulnerability index were selected for the study. For the first phase of the program, 9 neighborhoods were randomly selected for home visits, and 2 were randomly selected for the center-based parenting groups. In the second phase of the program, 10 neighborhoods were added to the home visiting program, and 8 were added to the center-based program. In the final phase of the program, the remaining 10 control areas will also be assigned to treatment. Study eligibility will be assessed through a baseline survey completed by all pregnant women in the 39 study areas. Pregnant women will be eligible to participate in the study if they are either classified as poor, were under age 20 when they became pregnant, or if they indicate to have been exposed to domestic or sexual violence. To assess program impact, an endline survey will be conducted when children reach age 2. The primary study outcome is child development at age 2 as measured by the PRIDI instrument. Secondary outcome will be infant mortality, which will be assessed linking municipal vital registration systems to the program rollout.

Discussion

This trial will assess the feasibility and impact of parenting programs rolled out at medium scale. The results from trial should create evidence urgently needed for guiding Brazil’s national Criança Feliz program as well as similar efforts in other countries.

Background

Brazil has made remarkable progress with respect to child nutrition and child survival over the past decade, with particularly impressive results in large urban areas. Infant mortality has dropped by roughly 50% since 2000 to 14 deaths per 1000 births across the country [1]. Most of the remaining mortality occurs during the neonatal period. More than 25,000 newborns are estimated to die each year within the first 28 days of their life in Brazil, with most deaths occurring in the first seven days after birth. Previous studies suggest that one of the most effective ways to prevent such deaths are home visiting programs, which support mothers in the first weeks of infant’s lives, promote breastfeeding and kangaroo mother care, and ensure appropriate medical care when needed [2–6]. From a child health and development

perspective, best outcomes have generally been achieved when continued support was provided to mothers from pregnancy throughout the first years of children's life. A nurturing and stimulating environment sensitive to maternal needs as well as the child's health, nutritional and emotional needs is not only essential for healthy development but can also mitigate harmful effects of risk factors related to poverty and lack of parental resources [7–17].

Parental programs to promote nurturing environments have been successfully implemented in a range of low- and middle-income countries, including UNICEF's *Care for Child Development (CCD)* framework, Jamaica's *Reach Up and Learn* program, *Early Head Start* in the USA and UK's *Sure Start* [9, 18–22].

Brazil has successfully implemented its “family health strategy” - a health focused home visiting program coordinated by primary care units - since 2006 [23–25]. In 2016, the government passed the “Criança Feliz” law to further increase the support provided to vulnerable families [26]. Even though the program foresees home visits to all vulnerable families, there is very little guidance on how such programs should be implemented in Brazil, and what kind of content should be promoted.

In this project, we assess the scalability of a locally adapted version of an early childhood program previously developed in Jamaica. Between 2014 and 2016, the Jamaican “Reach up and Learn” curriculum was adapted to the Brazilian context and tested through a small randomized trial in São Paulo ([ClinicalTrials.gov](https://clinicaltrials.gov/ct2/show/study/NCT0270400) NCT0270400). The content, delivered through fortnightly home visits, comprises parenting skills tips as well as child stimulation activities supported with basic toys, addressing motor, social emotional and cognitive development and language for families with children from 9–36 months.

While the reach of this program was not universal in this original trial, the estimated impact on participating mothers was large, and the program was well received at the local level (manuscript with main results under review). While this curriculum was delivered through home visits in the original study in Sao Paulo, recent evidence from Bangladesh [6] suggests that similarly positive impacts can be achieved through center-based parenting groups that are substantially cheaper from a logistical perspective.

Given this and given also that the municipality had previously invested in a center-based model, it was decided to test both delivery platforms within this project. Given the relatively high burden of neonatal mortality in the study area, we also decided to start the intervention earlier. By enrolling pregnant women at the beginning of their third trimester, the revised intervention program aims to improve support for mothers during the antenatal and neonatal periods with the ambition to increase health service utilization and reduce the risk of adverse birth outcomes. Figure 1 presents the theory of change through which the curriculum may improve child survival and development.

Objectives: The objective of this study is to rigorously assess the impact of an extended version of the previously tested and validated parenting curriculum on child survival and development in Boa Vista municipality. Through a three-arm trial, we will assess home visits through child development agents (intervention 1) as well as center-based parenting groups (intervention 2) relative to a randomly selected

control group. Through a stepped-wedge rollout approximately one third of communities will receive the intervention in phase I of the rollout; in phase II of the program, two thirds of communities will be selected for interventions. All areas will receive interventions in the last phase of the program.

The specific study objectives are:

- To evaluate the effect of home- and center-based parenting programs on child survival and development;
- To assess the impact of both programs on parenting behavior and practices;
- To evaluate the implementation process;
- To estimate program cost and cost-effectiveness;
- To assess relative program, reach among extremely poor and immigrant populations;
- To assess program spillover on older siblings in the household.

Trial Design

The study was designed as a stepped wedge randomized trial with 3 arms. Arm 1 represents intervention delivered through fortnightly home visits; Arm 2 consists of the same content delivered through fortnightly center-based group meetings; arm 3 is the control group.

To avoid contamination, neighborhoods were used as units of randomization. All 53 neighborhoods in Boa Vista were classified according to the Municipality vulnerability criteria. Only neighborhoods classified as B (medium vulnerability) and C (high vulnerability) will be targeted by the program. As of 2017, 42 neighborhoods were in this category.

Three neighborhoods had either existing home visiting programs or other planned interventions, and were excluded from the study, leaving a final study sample of 39 neighborhoods.

From a programmatic perspective, the *Survive and Thrive in Brazil - The Boa Vista Early Childhood Program* eventually aims at providing support to all children born in the municipality of Boa Vista from the end of the second trimester of pregnancy until children reach age three. This program was designed to closely align with the national “Criança Feliz” program (Legal Framework of Early Childhood, Law 13.257 / 2016) [23], which will also provide partial funding for this initiative.

Methods

Study setting:

The city of Boa Vista has a population of approximately 330,000 people, with, 22,377 families (~30%) currently receiving or enrolled in social cash transfers under the bolsa familia program, very similar to the national average (35% of the population) [27]. According to the Municipality health secretariat, infant

mortality rate is estimated at 14.2 per 1000 live births, with 21% of births by teenage mothers and 11% of infants born preterm[28].

Eligibility criteria:

Study eligibility is restricted both spatially and at the individual level. As mentioned in the Study Design section, the scale-up targets only vulnerable neighborhoods. Boa Vista social services classify all neighborhoods based on literacy rates, average per capita income (less than ¼ of the minimum wage), access to water, sanitation, sewage systems and electricity into A (low vulnerability), B (medium vulnerability) and C (high vulnerability) areas. Out of the 55 neighborhoods in Boa Vista, 12 were classified as “high socioeconomic status (A), 14 were classified as “low vulnerability” (B) and 29 were classified as “high vulnerability” (C). The study was restricted to the 43 B and C areas.

Within all target areas, all pregnant women as well as women with children under the age of one are eligible for the program as long as they are either poor, were under the age of 20 at the time of conception or were ever exposed to domestic or sexual violence.

Interventions:

Home visit arm (Arm 1)

The intervention will be delivered during fortnightly home visits with the presence of the child and at least one of the main caregivers (the program focusses on the mother, but ideally with the father participation or any other family member that routinely spends time with the child). The home visiting curriculum is divided in 3 main modules: 1) pregnancy module: this module is designed to make mothers aware of pregnancy danger signs, to encourage adherence to antenatal care (attendance, performing exams and supplementation), to improve bonding and positive parental practices and to prepare women for breastfeeding. 2) Neonatal module: comprises 3 home visits during the baby's first month of life. One visit during the first week, a second visit at 15 days and the third visit at 28 days. The primary focus of these visits is babies' health, breastfeeding and bonding. 3) child module for ages 02–36 months. Each home visit has 3 or 4 play activities to address child development domains (gross motor, fine motor, language, cognitive development and social emotional development). A recycled materials toy kit is used to support these activities. Visits take in average 45 minutes; after demonstrating and practicing each activity with the caregiver, the visitor leaves the toys, and mother/caregiver is encouraged to play and interact with the child in the two-week interval between the visits. Activities are age-appropriate, and toys and learning materials are exchanged for a new set at each visit. Home visits will be conducted by newly hired and trained child development agents, who will be tasked to complete 60 home visits per month (3 visits per workday), supporting 30 families.

Group-meeting arm:

Group meetings are designed to deliver essentially the same content. Meetings are held fortnightly at the CRAS center (Social Services Centers) for groups of 8 mothers and their children, other members of the family can participate as well. Groups are formed with participants at a similar stage of gestation or with children of similar age. Group composition remains fixed to increase bonding over time. The only difference between the center and the home-based curriculums is the number of activities per session: due to the larger number of participants, the number of activities is reduced to 2 at centers. The neonatal module is also reduced to 1 or 2 sessions, since we do not expect mothers to attend the sessions during the first 2 weeks of babies' life. Group moderators will be hired by the project and will be tasked to schedule 3 age-groups specific 1 hour and 30 min sessions each day.

Program teams will be based at the 7 regional social service units (CRAS) and will deliver the intervention according to the services coverage area. Group meetings will be held at the centers, where a meeting room will be fully dedicated to the project and are more easily accessed by mothers, since they are distributed within the more vulnerable areas.

Outcomes:

The primary study outcome is child development at age 2 as assessed by the PRIDI scale. The secondary study outcome is child survival, which will be assessed using data from the municipality's vital registration system (SIM and SINASC). Maternal depression will be assessed using the Center for Epidemiologic Studies Depression Scale (CES-D Scale).

Intention to treat analysis will be used to compare outcomes across the 3 study arms.

Additional per-protocol analysis will be conducted using data on program compliance. Our primary measure of compliance in the home visiting arm will be the number of home visits completed. Our primary compliance measure in the center-based groups will be the number of sessions attended by the mother.

Randomization

Randomization of program rollout timing was based on a simple random number draw in Stata. The number of treated areas in phases 1 and 2 were determined based on logistical feasibility and an initial agreement between the municipality and the project team: in phase one, 9 areas were chosen for home visits and 2 for center-based programs. In phases 2 and 3, program reach was gradually increased to reach all communities as outlined in the Study Design section above. In phase I, 11 neighborhoods will receive the intervention; in phase II, 27; in phase III, all B and C neighborhoods will receive interventions.

Figure 3 summarizes the neighborhood selection process and shows the random allocation of interventions by phase. Figure 4 shows the spatial location of areas chosen for each intervention phase.

Recruitment

Recruitment for this project will be implemented in close collaboration with the Municipality Secretariat for Social Wellbeing and Health (SSWH). The SSWH identifies eligible pregnant women each month, and links them to the project team. Each woman is then visited by study staff and, conditional on their consent, completes a baseline interview. According to the municipality of Boa Vista, there are approximately 600 new pregnancies per month. The baseline forms are then used to establish eligibility for the program. As stated above, the following three (non-mutually exclusive) groups of women are eligible for the program:

- Household classified as poor
- pregnant women under age 20 (teenage pregnancies)
- women with previous exposure to partner violence

In the first few years of the program, a small sample of women with children under age 1 will also be enrolled. This sample will be used to assess the relative impact of reduced exposure to the interventions.

Blinding: Given the nature of the intervention, blinding of participants is not possible. Endline interviewers will be blind to group assignment.

Sample size and power calculations

Based on the estimated number of births in the targeted B and C areas, we anticipate completing approximately 12,000 baselines (screening interviews) over the project period. Out of these mother-child dyads, we will randomly select 3000 for the endline assessment. We assume an average causal effect of 0.5SD on compliant mothers. With an anticipated average compliance rate of 50%, the study is powered to detect an intent-to-treat effect of 0.25SD with power 0.9 between each of the two intervention arms and the control arm, assuming an average sample of 120 households in each of the 11 neighborhoods treated in Phase 1, and an average sample of 60 households in each of the 28 control neighborhoods, assuming an intra-class correlation of 0.02.

In order to assess spillovers within households, we will also assess all older siblings under age 4 in households selected for endline. Based on the high fertility rates observed at baseline, we anticipate a sample of 750 older siblings. Assuming a uniform distribution of siblings across clusters, the study is powered to detect a 0.3SD change in PRIDI score with power 0.8.

In order to assess domain-specific changes in children's development, we will also invite 80 mothers from each arm for a detailed assessment using the Bayley's Scales for Infant and Toddler development. For

these assessments, we will randomly select moms from the control group as well as compliant mothers from the two intervention arms.

Timeline

Baseline survey collection started in December 1 2017. Home visits team was trained in November 2017 and visits were launched shortly after initiation of baseline in Phase 1 home visiting areas; the first births within this group occurred in February 2018. Due to logistical challenges, center-based programs were started later; the two areas randomly selected for Phase 1 of the project were formally launched in July 2018. Phase II (both for home visits and center-based programs) was started in July 2019, with 10 neighborhoods added to home visiting programs, and 8 added to center-based programs.

Endline surveys are scheduled to start in March 2020 and will target children at age 2. With the targeted sample size of 3000 households we anticipate to complete endline by March 2021. BSID-3 assessments will start in July and should be completed within six months.

Data management:

Baseline and endline data will be collected in electronic format on tablets and stored on a secure server. The project leader will be responsible for the anonymization of the data system. A unique identifier will be used in the data system to preserve participant's privacy and confidentiality.

Statistical methods:

For statistical analysis, standard regression models will be used for the continuous PRIDI outcome. Logistic regression models will be used for the secondary mortality outcome. All analysis will be conducted using the Stata 15 statistical software package. Primary analysis will be intent-to-treat. To assess the impact of partial compliance, we will also estimate average treatment effects on the treated (per-protocol analysis).

Ethical clearance:

The study was approved by the Researcher's institution IRB under protocol number CAAE:73722917.4.0000.0076 in August 2017. Each participant signs the consent form at enrollment, during the baseline interview visit. Should the participant be a minor, the consent form is signed by the responsible adult.

Trial Status:

As of November 2019, trial enrollment is open and is scheduled to continue until July 2020. The present protocol is in its first version, since November 2017.

Discussion

A large body of evidence has highlighted the importance of early parenting and nurturing care on child development. However, equitable early childhood programs and public policies are crucial, for ensuring continued progress in Brazil's as well as international efforts [11, 29–31]. In 2016, our group adapted and evaluated a home-based early childhood stimulation program with positive impact on child development. The proposed project aims to build on that evidence, creating a program that addresses not only child development, but child survival as well. We will evaluate the feasibility, impact and cost-effectiveness of this program at the municipality level. The proposed project will tackle the two most salient problems for children under 5 in Brazil: the continued high rates of neonatal mortality, and the large disparities in early childhood development. Children growing up in poor urban areas of Brazil continue to be exposed to a substantial amount of adversity in early childhood due to exposure to pollutants, external and domestic violence, unstable family environment, maternal depression and inadequate learning opportunities. Early disadvantages appear to be particularly large in illegal slum settlements characterized by poor hygiene, high levels of environmental pollution, high levels of community violence and in many cases also social isolation, often resulting in high incidence and prevalence of maternal depression. Our aim is to use this transition to scale project to provide information to the Brazilian government, contributing to these new national efforts. If successful, the tested interventions can potentially be used at the regional level and also nationwide and can ideally help Brazil to further accelerate its positive trends in neonatal survival and to help create healthy early life environment for all children in the country.

Table

Table 1. Data Collection Overview

Data collection phase	Instruments
Baseline (12000)	Participant identification, anthropometrics and habits SE characteristics Household characteristics Previous Gestations information Maternal depression (EPDS) Neighborhood characteristics and social support Couples conflict Parental knowledge Maternal cognitive development (WAS) Paternal characteristics
Main Endline (N=3000)	Child development (PRIDI) – Primary outcome Maternal depression CES-D Caregiver self efficacy (PSOC) Parental style (ACT) Parental Knowledge Child anthropometrics (height and weight)
In-depth endline assessment (N=240)	Attachment and caregiver interactions (OMCI) Bayley Scales for Infant and Toddler Development (BSID-III)
Qualitative Interviews	Focus groups with Child development agents and Group-meeting facilitators Individual interviews with program beneficiaries divided by full compliers, non compliers and dropouts by intervention study arm.

References

1. Wang, H., et al., *Global, regional, and national levels of neonatal, infant, and under-5 mortality during 1990-2013: a systematic analysis for the Global Burden of Disease Study 2013*. Lancet, 2014. **384**(9947): p. 957-79.
2. Neupane, D., et al., *Lower mortality is observed among low birth weight young infants who have received home-based care by female community health volunteers in rural Nepal*. BMC Pregnancy Childbirth, 2017. **17**(1): p. 218.

3. Kante, A.M., et al., *The impact of paid community health worker deployment on child survival: the connect randomized cluster trial in rural Tanzania*. BMC Health Serv Res, 2019. **19**(1): p. 492.
4. Bhutta ZA, S.S., Cousens S, Mohammad S, Memon ZA, Ali I, et al. , *Improvement of perinatal and newborn care in rural Pakistan through community-based strategies: a cluster-randomised effectiveness trial*. . Lancet, 2011. **377**(9763): p. 403-12.
5. Gupta, R., A. Pandey, and B.M. John, *Home visits: a strategy to improve newborn survival*. Lancet, 2013. **382**(9905): p. 1627.
6. Jena D Hamadani, P., et al., *Integrating an early childhood development programme into Bangladeshi primary health-care services: an open-label, cluster-randomised controlled trial*. Lancet Global Health, 2019. **7**(3): p. PE366-E375.
7. Chan M, L.A., Hansen K. , *The early years: silent emergency or unique opportunity?* . Lancet, 2016.
8. Britto PR, L.S., Proulx K, et al. , *Nurturing care: promoting early childhood development*. Lancet, 2016.
9. Grantham-McGregor S, C.Y., Cueto S, et al.. , *Developmental potential in the first 5 years for children in developing countries*. Lancet, 2007. **369**: p. 60-70.
10. Engle PL, B.M., Behrman JR, et al. , *Strategies to avoid the loss of developmental potential in more than 200 million children in the developing world*. Lancet, 2007. **369**: p. 229-42.
11. Black MM, W.S., Fernald LCH, Andersen CT, DiGirolamo ET AL. . Lancet Published OnlineOctober 4, 2016. [http://dx.doi.org/10.1016/S0140-6736\(16\)31389-7](http://dx.doi.org/10.1016/S0140-6736(16)31389-7)., *Advancing early childhood development: from science to scale 1. Early childhood development coming of age: science through the life course*. Lancet, 2016.
12. Walker SP, W.T., Gardner JM, Lozoff B et al. , *Child development: risk factors for adverse outcomes in developing countries*. Lancet, 2007. **369**(9556): p. 145-157.
13. Walker SP, W.T., Grantham-McGregor SM, et al. , *Inequality in early childhood: risk and protective factors for early child development*. Lancet, 2011. **378**: p. 1325-1338.
14. Cooper PJ, T.M., Swartz L, et al. , *Improving quality of mother-infant relationship and infant attachment in socioeconomically deprived community in South Africa: randomised controlled trial*. BMJ, 2009. **338**: p. b974.
15. Aquino R, d.O.N., Barreto ML. , *Impact of the family health program on infant mortality in Brazilian municipalities*. Am J Public Health, 2009. **99**(1): p. 87-89.
16. Graça, M., *Good early development- the right of every child*. Lancet, 2016.
17. Johnson SB, R.J., Noble KG. , *State of the Art Review: Poverty and the Developing Brain*. Pediatrics, 2016. **137**(4): p. e20153075.
18. Walker SP, C.S., Powell CA, Grantham-McGregor SM. , *Effects of early childhood psychosocial stimulation and nutritional supplementation on cognition and education in growth-stunted Jamaican children: prospective cohort study*. Lancet, 2005. **366**(9499): p. 1804-7.
19. Grantham-McGregor SM, P.C., S. P. Walker, Himes JH. , *Nutritional Supplementation, Psychosocial Stimulation, and Mental Development of Stunted Children: The Jamaican Study*. Lancet, 1991.

- 338**(8758): p. 1-5.
20. Gertler P, H.J., Pinto R, et al. , *Labor market returns to an early childhood stimulation intervention in Jamaica*. Science, 2014. **1014**: p. 998-1001.
 21. Lucas J.E., R.L.M., Daelmans B., *Care for Child Development: na intervention in support of responsive caregiving and early child development*. Child: care, health and development 2017. **44**(1).
 22. Bhutta ZA, D.J., Bahl R, Lawn JE, Salam RA, Paul VK, et al. , *Can available interventions end preventable deaths in mothers, newborn babies, and stillbirths, and at what cost?* . Lancet, 2014. **384**(9940): p. 347-70.
 23. Macinko J, d.F.M.d.S.M., Guanais FC, da Silva Simões CC. , *Going to scale with community-based primary care: An analysis of the family health program and infant mortality in Brazil, 1999–2004*. Soc Sci Med, 2007. **65**(10): p. 2070-80.
 24. Goldbaum M, G.R., Novaes HM, Cesar CL. , *Health services utilization in areas covered by the family health program (Qualis) in Sao Paulo City, Brazil*. Rev Saude Publica, 2005. **39**(1): p. 90-99.
 25. Rocha R, S.R., *Evaluating the impact of community-based health interventions: evidence from Brazil's Family Health Program*. Health Econ. , 2010. **19**: p. 126-58.
 26. Brasileiro, G., *Lei 13. 257 de 08 de março de 2016*. 2016:
http://www.planalto.gov.br/ccivil_03/_Ato2015-2018/2016/Lei/L13257.htm.
 27. <http://mds.gov.br/assuntos/bolsa-familia>, M.d.C.-S.E.d.D. Social, Editor. 2019.
 28. DATASUS, *TABNET*. 2017.
 29. Sahwar YR, S.J., *Generation of global political priority for early childhood development: the challenges of framing and governance*. Lancet, 2016.
 30. Shonkoff J, R.J., Foote N. , *Expanding the evidence base to drive more productive early childhood investment*. Lancet, 2016.
 31. Shonkoff JP, L.P., *Neuroscience and the future of early childhood policy: moving forward from why to what and how*. Neuron, 2010. **67**.

Declarations

Ethics approval and consent to participate

The project was approved by the PI's institutional IRB, the Comissão de Ética em Pesquisa, Hospital Universitário USP under protocol CAAE:73722917.4.0000.0076 in August 2017. All participants signed the standardized Consent form prior to enrollment. In the case of teenage mothers, the consent form is signed by their responsible adult. The signed consent form will be obtained for all study participants.

Consent for publication

No individual data was used for this publication.

The results communication strategy will be created along the project together with the municipality and the funders. There are no publication restrictions.

Availability of data and materials

The datasets generated and/or analyzed during the current study are not publicly available until the end of the project but are available from the corresponding author on reasonable request.

Competing interests

The authors declare that they have no competing interests" in this section.

Funding

The project is funded by Grand Challenges Canada, Fundação Maria Ceília Souto Vidigal and the Interamerican Development Bank.

Sponsor did not have any role in study design, data collection or managing and publishing decisions.

Authors' contributions

"AB, GF, SW and SC were responsible for study design and preparation. AB, SW, SC, CP, LB, SG, AF, JH were responsible for the development and adaptation of the intervention methodology. AB and LB are responsible for project implementation. AB, GF and AF were major contributors in writing the manuscript. All authors read, contributed and approved the final manuscript."

Acknowledgements

Not applicable.

Figures

Figure 1

Theory of change

Figure 2

Neighborhood Vulnerability Index

Figure 3

Neighborhood Selection and Randomization

Figure 4

Spatial Distribution of Program Rollout Phases

Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [SPIRITChecklist.doc](#)
- [fundingdocumentation.pdf](#)
- [renamedc0ac3.pdf](#)
- [SPIRITFigure.doc](#)
- [IRBAPPROVALTRANSLATION.docx](#)