Change in Axial Length After Vitrectomy with Silicone Oil Tamponade for Rhegmatogenous Retinal Detachment

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Abstract

Background

We aimed to explore the changes in the axial length and related factors after vitrectomy for rhegmatogenous retinal detachment (RRD).

Methods

This study retrospectively evaluated patients who underwent vitrectomy with silicone oil (SO) tamponade for RRD and subsequent silicone oil removal at our clinic. Using a Zeiss IOLMaster 700, axial length was measured before vitrectomy for RRD and SO removal. The change in axial length (Δ AL) was calculated, and multivariate binary logistic regression analysis was performed to investigate the potential correlation between Δ AL and clinical factors, such as preoperative hypotony, extreme myopia, age, macular involvement, choroidal detachment, operation duration, and operation history.

Results

In total, 213 eyes from 213 patients were included. The mean axial length changed significantly pre- and post-vitrectomy (25.98 ± 2.87 mm and 26.25 ± 3.07 mm, respectively, $P < 0.001$); the mean Δ AL was 0.37 ± 0.62 mm. Multivariate binary logistic regression analysis showed that preoperative hypotony and extreme myopia were significantly correlated with the Δ AL ($P = 0.001$ and $P = 0.001$, respectively). A higher proportion of hypotonic eyes had Δ AL ≥ 0.3 mm (33/76 in hypotony eyes and 32/137 in others; $P = 0.003$). A higher proportion of extremely myopic eyes also had a Δ AL ≥ 0.3 mm (23/46 in extremely myopic eyes and 42/167 in others; $P=0.002$).

Conclusion

Axial length changed after vitrectomy for RRD, especially in cases with hypotony or extreme myopia; secondary lens implantation should be considered in these cases.

Background

Pars plana vitrectomy (PPV) has long been used to treat rhegmatogenous retinal detachment (RRD),[1] often combined with phacoemulsification.[2] However, there are still some controversies over whether an intraocular lens (IOL) should be implanted simultaneously.[2, 3] One procedure results in fewer surgery visits, faster visual recovery, and lower costs,[4, 5] although the disadvantage of postoperative refractive errors, especially myopic shift, is of concern.[6, 7] Several factors may contribute to postoperative refractive error, and underestimation of axial length (AL) may be the main source of this error.[8] Several studies have explored the change in AL after PPV for RRD; however, the results remain controversial.[6, 9–

11] Some studies were limited by a small number of cases,[6, 9, 10] while some used ultrasound, which has been found to have low accuracy in RRD cases. The use of the IOLMaster 700 is reportedly more accurate than ultrasound for AL measurement in RRD eyes.[12] Hence, this study used an IOLMaster 700 to measure AL before and after PPV with silicone oil (SO) tamponade. The change in AL was assessed, and the potential clinical factors associated with larger AL changes were further analyzed.

Methods

Patients who underwent PPV with SO tamponade and subsequent SO removal at our hospital between January 2016 and April 2021 were recruited for this study. Only patients whose retina was still attached 2 months after SO removal were included. This study was conducted according to the tenets of the Declaration of Helsinki. All patients provided written informed consent for participation in and publication of this study. All eyes underwent a standard 23/25-gauge PPV with SO (Oxane 5700, Bausch & Lomb Inc., Waterford, Ireland) injection. The SO was removed through the same location. Patient demographics, medical history, and clinical characteristics were retrieved from their medical records. Prior intraocular operations, such as scleral buckling and vitrectomy, were considered as operation history. A thorough ocular examination was performed before each operation, including best-corrected visual acuity (BCVA) measurement, slit-lamp biomicroscopy, indirect ophthalmoscopic examination of the fundus, intraocular pressure (IOP) measurement with a non-contact tonometer (Nidek NT400, Nidek Co., Ltd., Aichi, Japan), and AL measurement using an IOLMaster 700 (version 3.01; Carl Zeiss Meditec, Jena, Germany). Change in AL (Δ AL) was calculated as follows: Δ AL = |postoperative AL – preoperative AL|. Eyes with an IOP less than 10 mmHg [13] or IOP difference between two eyes more than 4 mmHg (fellow eye – operated eye) were classified as hypotonic.[14, 15] Eyes with preoperative AL $\geq$ 28 mm were defined as extremely myopic.[16]

Statistical analysis

Statistical analysis was performed using SPSS Statistics 20.0 for Windows (version 20.0, IBM Corp., Armonk, NY, USA). Continuous values are expressed as the mean $\pm$ standard deviation. Continuous variables were compared using the paired t-test and Student's t-test. We compared clinical characteristics between those with or without Δ AL $\geq$ 0.3 mm using the chi-square test. Univariate binary logistic regression analysis was used for elucidating potential clinical factors that lead to Δ AL $\geq$ 0.3 mm and factors with a P-value of < 0.1 underwent multivariable logistic regression analysis. A P-value less than 0.01 was considered to be statistically significant.

Results

There were 213 eyes of 213 patients (120 male and 93 female) with ages ranging from 13 to 79 years (mean 53.97 ± 13.10 years) that were included in this study. In 131 (61.5%) eyes, phacoemulsification was combined during PPV for RRD. Preoperatively, the mean IOP of the RRD eyes was significantly lower than that of the fellow eyes (12.67 ± 4.32 mmHg vs 14.92 ± 3.40 mmHg; $P < 0.001$), and the mean AL

was 25.98 ± 2.87 mm (range: 21.60–34.83 mm). At the time of SO removal (mean 5.32 ± 2.3 months later), the mean IOP was 17.57 ± 5.46 mmHg, which was significantly higher than the preoperative IOP ($P < 0.001$). The postoperative mean AL was 26.25 ± 3.07 mm (range: 21.54–35.61 mm), which was also higher than the preoperative mean AL ($P < 0.001$) (Table 1).

Table 1
Demographic and clinical characteristics of patients

Variable		Patients (n=213)
Age, mean $\pm$ SD		53.97 $\pm$ 13.10
Gender	Male	120
	Female	93
Macula involvement	On	79
	off	134
Duration between two operations(month)		5.32 $\pm$ 2.3
Operation history	Yes	26
	No	187
AL^a		
Preoperative AL (mm), mean $\pm$ SD		25.98 $\pm$ 2.87
Postoperative AL (mm), mean $\pm$ SD		26.25 $\pm$ 3.07
Δ AL (mm), mean $\pm$ SD		0.37 $\pm$ 0.62
IOP^b		
Preoperative IOP (mmHg), mean $\pm$ SD	Operated Eyes	12.67 $\pm$ 4.32
	Contralateral Eyes	14.92 $\pm$ 3.40
Postoperative IOP (mmHg), mean $\pm$ SD	Operated Eyes	17.57 $\pm$ 5.46
	Contralateral Eyes	15.42 $\pm$ 3.43
^a Statistical difference between pre-operated and post-operated AL (Paired T test), P values less than 0.001		
^b Statistical difference between operated and contralateral eyes both pre and postoperatively (Paired T test), P values less than 0.001		

IOP: intraocular pressure

AL: axial length

The overall mean Δ AL was 0.37 ± 0.62 mm. Univariate binary logistic regression analysis revealed that preoperative hypotony ($P = 0.003$) and extreme myopia ($P = 0.002$) were related with a high incidence of Δ AL ≥ 0.3 mm. However, age ($P = 0.222$), macular involvement ($P = 0.733$), choroidal detachment ($P = 0.069$), operation duration ($P = 0.104$), and operation history ($P = 0.069$) were not associated. Multivariate binary logistic regression analysis confirmed that preoperative hypotony and extreme myopia were two factors significantly correlated with a high incidence of Δ AL ≥ 0.3 mm (hypotony: $P = 0.001$; extreme myopia: $P = 0.001$) (Table 2).

Table 2
Binary logistic regression analyses of the association between Δ AL and clinical variables

Variable	Univariate analysis			Multivariate analysis		
	OR	95% CI	P-value	OR	95% CI	P-value
age	0.986	0.965-1.008	0.222			
Macula involvement (off,1; on,0)	1.112	0.606-2.040	0.733			
Choroidal detachment (yes,1; no,0)	2.856	0.920-8.863	0.069			
Operate duration	1.105	0.980-1.246	0.104			
Operation history (yes,1; no,0)	2.167	0.941-4.990	0.069			
Preoperative hypotony (yes,1; no,0)	2.518	1.379-4.597	0.003*	2.771	1.481-5.186	0.001*
Preoperative extreme myopia (AL $\geq$ 28mm) (yes,1; no,0)	2.976	1.515-5.848	0.002*	3.306	1.638-6.672	0.001*
OR: odds ratio						
CI: confidence interval						
AL: axial length						
*:P values less than 0.01						

Eyes with preoperative hypotony had a higher rate of Δ AL ≥ 0.3 mm (33/76, 43.4%) than those without (32/137, 23.4%) ($P = 0.003$). Eyes with extreme myopia had a higher rate of Δ AL ≥ 0.3 mm (23/46, 50%) than those without (42/167, 25.1%) ($P = 0.002$). The risk of Δ AL ≥ 0.3 mm among subjects with hypotony was, on average, 2.771-fold higher than that among subjects without hypotony (odds ratio [OR]=2.771, 95% confidence interval [CI] 1.481–5.186). The ORs of Δ AL ≥ 0.3 mm among patients with

extreme myopia were, on average, 3.306-fold higher than those among patients without extreme myopia (OR=3.306, 95% CI 1.638–6.672) (Table 2).

In 15 eyes that had both preoperative hypotony and extreme myopia, the Δ AL was 0.46 ± 0.37 mm (preoperative AL: 30.73 ± 1.92 mm vs postoperative AL: 31.12 ± 1.88 mm; $P = 0.005$), while the Δ AL in eyes with neither hypotony nor extreme myopia was 0.20 ± 0.29 mm (preoperative AL: 24.76 ± 1.45 mm vs postoperative AL: 24.83 ± 1.53 mm; $P = 0.034$). Eyes with both hypotony and extreme myopia had higher rates of Δ AL ≥ 0.3 mm (8/15 in eyes with both and 17/106 in the eyes with neither; $P = 0.003$) (Table 3).

Table 3
 Δ AL in eyes with preoperative hypotony or not, in eyes with extreme myopia or not

		Δ AL ≥ 0.3 mm	
Preoperative IOP	hypotony	76	33/76
	Not hypotony	137	32/137
P value ^a	0.003*		
Preoperative AL(mm)	extreme myopia	46	23/46
	Not extreme myopia	167	42/167
P value ^a	0.002*		
extreme myopia & hypotony	Both	15	8/15
	Neither	106	17/106
P value ^a	0.003*		
AL: axial length			
IOP: intraocular pressure			
*:P values less than 0.01			

Discussion

A total of 213 eyes of 213 RRD patients were included in this study. The mean Δ AL after PPV was 0.37 ± 0.62 mm, and the Δ AL was closely and positively correlated with preoperative hypotony and extreme myopia.

PPV combined with phacoemulsification has been widely used in the treatment of RRD, but the refractive results are not always optimal.[6, 7] Accurate AL measurements are essential for the IOL power calculation. Both A-scan ultrasonography and assessment using the IOLMaster have been used in clinical

practice. The IOLMaster measures the distance from the front of the cornea to the retinal pigment epithelium,[17] while A-scan ultrasonography measures the distance from the cornea to the internal limiting membrane, which has led to AL underestimation in previous studies.[3] In addition, changes in the refractive medium can also lead to inaccurate A-scan ultrasonography measurements.[18] The IOLMaster uses a technique based on partial coherence interferometry and is considered to be more accurate.[19] The new non-contact, swept-source-based IOLMaster 700, which provides a deeper scan depth and faster scan speed,[20] shows great repeatability and reliability for AL measurement,[21] and thus was used to study Δ AL in this study.

Previous studies have found Δ AL to be between 0.1 and 0.63 mm postoperatively [9–11, 22]; a Δ AL of 0.37 mm was reported in the current study, which is within this range. Analysis found that this change in AL was significant. Previously, Mukhtar et al.[10] and Liu et al.[9] reported a significant increase in AL after PPV for RRD, while Huang et al.[11] and Kang et al.[6] found no significant Δ AL. After close inspection of the data, it was noticed that Huang et al.[11] in fact reported a Δ AL of 0.63 mm postoperatively (preoperative AL 24.15 mm and 6-month postoperative AL 24.78 mm); however, they defined a P-value less than 0.005 as statistically significant. Kang et al.[6] only recruited macular-on RRD patients with BCVA $\geq$ 0.7, while patients with longer AL (AL $\geq$ 28 mm) were not recruited. However, myopia has a high prevalence in Asian populations,[23] and a large study in Taiwan showed that 10.51% of RRD patients were highly myopic (> -6.0 D).[24] In contrast, nearly half of the RRD patients were macular-off.[25] In the current study, 46 eyes were extremely myopic, one-third (76/213) were hypotonic, and half of the eyes (134/213) were macular-off, which may explain the variation among studies. When considering the 106 eyes that had neither hypotony nor extreme myopia preoperatively, the change of AL was also non-significant (pre: 24.76 ± 1.45 mm; post: 24.83 ± 1.53 mm; $P = 0.034$), which is in line with the results of Kang et al.[6]

It has been reported that a difference of 0.30 mm is correlated to a clinically significant 0.75-D error in the IOL power calculation,[26] and thus, 0.30 mm was used as the standard to separate the Δ AL in our study. Multivariate logistic regression analysis revealed that hypotony and extreme myopia were closely and positively correlated with increased Δ AL (Table 2). Zhang et al.[27] and Cho et al.[28] also reported that the change in IOP was related to increases in AL. In their studies, a 1.7–2-mmHg increases in postoperative IOP resulted in a 0.36–0.43-D myopic shift.[27, 28] Similarly, in our study, a mean increase of 5 mmHg of IOP was correlated with a 0.27-mm increase in AL (approximately 0.65-D myopic shift).[26, 28] RRD is often accompanied by a reduction in IOP.[29] It was reported that eyes with uncomplicated unilateral retinal detachments have a mean IOP 1.3–3.5 mmHg lower than the fellow eyes,[30–33] and our study showed that 207 unilateral RRD eyes have a mean IOP 2.34 mmHg lower than the fellow eyes ($P < 0.001$) (Supplementary Figure 1). Therefore, in hypotonic eyes, AL may be more likely to be underestimated preoperatively.

Another important factor associated with Δ AL was extreme myopia. Previously, Jee *et al.*[34] found that the Δ AL was significant in highly myopic eyes (0.46 ± 0.28 mm; $P = 0.043$) and non-significant in non-high myopic eyes (0.11 ± 0.34 mm; $P = 0.135$). Jeoung et al.[8] reported that in eyes with an AL of > 26

mm preoperatively, postoperative AL increased significantly (0.25 ± 0.23 mm; $P < 0.05$). Several factors may contribute to the change in AL in highly myopic eyes, such as the thickness of the sclera. Globe wall stress [35] can be calculated by $IOP \times (r/2t)$, in which “r” is AL/2, and “t” is the wall thickness, which shows that stress is positively related with AL, and negatively with eye wall thickness. As a result, the same IOP change may lead to more stress changes in highly myopic eyes, which have a higher AL and thinner eye wall; this may explain the increased changes in AL.

Patients with RRD and cataracts can be treated with combined PPV and phacoemulsification, and the IOL may be implanted during the same procedure, or later. Our results suggest that for patients with hypotony or extreme myopia, it is better to re-measure the AL after the retina is reattached. This will result in a more accurate IOL calculation. The present study was limited by its single-center design, limited number of patients, and inclusion of only Chinese patients who received SO tamponade. Thus, the results require further verification.

Conclusions

In the present study, we analyzed AL measured by the IOLMaster 700 in eyes with RRD before vitrectomy and SO removal. AL changed after vitrectomy for RRD, especially in cases with hypotony or extreme myopia, which suggests that secondary lens implantation should be considered in these cases for better visual outcomes.

List Of Abbreviations

Δ AL

change in axial length

AL

axial length

BCVA

best-corrected visual acuity

CI

confidence interval

IOL

intraocular lens

IOP

intraocular pressure

OR

odds ratio

PPV

pars plana vitrectomy

RRD

rhegmatogenous retinal detachment

Declarations

Ethics approval and consent to participate: This study was conducted according to the tenets of the Declaration of Helsinki. It was approved by the ethics committee of Fudan University. Written informed consent was obtained from all the study participants.

Consent for publication: Not applicable.

Availability of data and materials: All data relevant to the study are available from the corresponding author on reasonable request.

Competing interests: None declared.

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Authors' contributions: CJ and HZ conceived the idea, designed the project and protocols, and developed the collaborations. JS, KW, HW, JW, YZ, and JY acquired the data. JS analyzed the results. JS and KW wrote the manuscript. CJ provided scientific oversight and guidance and edited the manuscript. JS, KW, CJ, and HZ are the guarantors of this work and, as such, had full access to all of the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

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