

FastGWA-GLMM: a generalized linear mixed model association tool for biobank-scale data

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1 **FastGWA-GLMM: a generalized linear mixed model association tool for biobank-scale data**

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11

12 **Abstract**

13 Compared to linear mixed model-based genome-wide association (GWA) methods, generalized
14 linear mixed model (GLMM)-based methods have better statistical properties when applied to
15 binary traits but are computationally much slower. Here, leveraging efficient sparse matrix-based
16 algorithms, we developed a GLMM-based GWA tool (called fastGWA-GLMM) that is orders of
17 magnitude faster than the state-of-the-art tool (e.g., ~37 times faster when $n = 400,000$) with
18 more scalable memory usage. We show by simulation that the fastGWA-GLMM test-statistics of
19 both common and rare variants are well-calibrated under the null, even for traits with an extreme
20 case-control ratio (e.g., 0.1%). We applied fastGWA-GLMM to the UK Biobank data of 456,348
21 individuals, 11,842,647 variants and 2,989 binary traits (full summary statistics available at
22 <http://fastgwa.info/ukbimpbin>) and identified 259 rare variants associated with 75 traits,
23 demonstrating the use of imputed genotype data in a large cohort to discover rare variants for
24 binary complex traits.

25

26 **Introduction**

27 Over the past decade, we have witnessed the tremendous growth of data from genome-wide
28 association studies (GWASs). For example, there are nearly half million genotyped individuals
29 with rich phenotypes in the UK Biobank (UKB)¹, which have played a pivotal role in discovering
30 novel genotype-phenotype associations in recent years²⁻⁶. Nonetheless, the scale of biobank data
31 imposes great computational challenges on methods for genome-wide association (GWA)
32 analysis. New methods and tools have been actively developed for biobank-scale data, including
33 linear regression-based tools such as PLINK2 (ref.⁷) and BGENIE¹, and linear mixed model
34 (LMM)-based tools such as DISSECT⁸, BOLT-LMM⁹, and fastGWA¹⁰. LMM-based methods are
35 usually preferred over linear regression-based methods largely because the former can account
36 for relatedness without the need to remove related individuals. Despite that the linear regression-
37 and LMM-based methods are developed under normality assumption, they are often used for
38 binary traits¹¹⁻¹³. However, recent studies^{9,14} show that test statistics from LMM-based methods
39 are inflated under the null when the case-control ratio of the trait of interest is low, leading to an
40 inflated false-positive rate (FPR), particularly for rare variants. To avoid such inflation, a common
41 practice is to remove rare variants (e.g., minor allele frequency, MAF < 0.01) and phenotypes with
42 a low case-control ratio (e.g., < 1:99)^{9,10}, resulting in unnecessary loss of data.

43
44 Compared to LMM-based approaches, generalised linear mixed model (GLMM)-based methods
45 are better suited for GWA analysis for binary traits¹⁴. Unfortunately, most of the GLMM-based
46 GWA methods are not scalable to large biobank data. SAIGE¹⁴ is one of very few exceptions and is
47 currently the most commonly used GLMM-based tool for biobank-scale data because of its
48 computational efficiency and well-calibrated test-statistics of both common and rare variants for
49 unbalanced binary traits. However, it is almost computationally prohibitive to use SAIGE to
50 analyse all the thousands of binary traits in the UKB, more so in cohorts with larger sample sizes
51 than the UKB (e.g., data accumulated in the direct-to-consumer genetic testing companies). The
52 main reason why the performance of SAIGE is encumbered is because of the manipulation of full-
53 dense $n \times n$ matrices (although not explicitly computed) with n being the sample size, which is
54 both time- and resource-consuming.

55
56 In our previous work, we developed an LMM-based GWA tool, fastGWA, that is orders of
57 magnitude faster than BOLT-LMM, mainly owing to the use of a sparse genomic relationship
58 matrix (GRM) to capture pedigree relatedness among individuals¹⁰. However, when we applied
59 fastGWA in the GWA analyses of all the UKB traits, we had to remove around 3 million rare
60 variants (MAF \leq 0.01) and \sim 1,000 traits with a case-control ratio < 1:99 to avoid the inflation in
61 FPR mentioned above¹⁰. In this study, we aim to develop a GWA tool that is scalable to GWAS data

62 of over a million individuals and applicable to both common and rare variants for all binary
63 phenotypes including those with a low case-control ratio. To achieve this goal, we incorporated
64 GLMM into the fastGWA framework and developed efficient sparse matrix-based algorithms for
65 parameter estimation and association test. We name the method fastGWA-GLMM and
66 demonstrate by simulation that the test-statistics from fastGWA-GLMM are not inflated for either
67 common or rare variants even if the case-control ratio is extremely low (e.g., 0.1%). We then show
68 by analysing subsets of the UKB data that fastGWA-GLMM is orders magnitude faster than SAIGE
69 with more scalable memory usage (e.g., when $n = 400,000$, fastGWA-GLMM is ~ 34 times faster
70 and uses only about a third memory compared with SAIGE). From the speed test results, we
71 predict that fastGWA-GLMM is, in principle, applicable to GWAS data with sample sizes over a
72 million. We have implemented fastGWA-GLMM in the GCTA software package¹⁵. In addition, we
73 have used fastGWA-GLMM to perform GWA for 2,989 binary traits from the UKB and made the
74 full summary statistics publicly accessible at the fastGWA data portal
75 (<http://fastgwa.info/ukbimpbin>).

76

77 **Results**

78 **Overview of the method**

79 The fastGWA-GLMM model can be written as

$$80 \quad \text{logit}(\boldsymbol{\mu}) = \boldsymbol{x}_s \boldsymbol{\beta}_s + \boldsymbol{X}_c \boldsymbol{\beta}_c + \boldsymbol{g}$$

81 where \boldsymbol{y} is an $n \times 1$ vector of binary phenotypes; $\boldsymbol{\mu}$ is a vector of $\mu_i = P(y_i = 1 | x_{s-i}, X_{c-i}, g_i)$ with
82 μ_i being the probability of subject i being a case given the subject's genotype x_{s-i} , covariates X_{c-i} ,
83 and random genetic effect g_i ; \boldsymbol{x}_s is a vector of genotype variables of a variant of interest with its
84 effect $\boldsymbol{\beta}_s$; \boldsymbol{X}_c is the incidence matrix of fixed-effect covariates (e.g., sex, age and principal
85 components) with their corresponding coefficients $\boldsymbol{\beta}_c$; \boldsymbol{g} is a vector of effects that capture genetic
86 and common environmental effects shared among related individuals, $\boldsymbol{g} \sim N(0, \boldsymbol{\pi} \sigma_g^2)$ with $\boldsymbol{\pi}$ being
87 the pedigree relationship matrix and σ_g^2 being the corresponding variance component. In practice,
88 if pedigree information is unavailable or incomplete, $\boldsymbol{\pi}$ can be replaced by the GRM with all the
89 small off-diagonal elements (e.g., those < 0.05) set to zero, i.e., the sparse GRM¹⁰.

90

91 The fastGWA-GLMM method comprises two steps: 1) the estimation step: estimating σ_g^2 , $\boldsymbol{\beta}_c$, and
92 the other parameters under the null model (i.e., $\text{logit}(\boldsymbol{\mu}) = \boldsymbol{X}_c \boldsymbol{\beta}_c + \boldsymbol{g}$); 2) the association test step:
93 performing score test for each variant and, if necessary, applying saddle point approximation
94 (SPA) to the score statistic to correct for potential inflation driven by case-control imbalance and
95 low MAF (**Online Methods**). In the estimation step, we have developed an extraordinarily
96 efficient method (named fastGWA-GLMM-REML; **Online Methods**) to estimate the variance
97 components in the GLMM in a robust manner even for traits with an extreme case-control ratio

98 (e.g., 0.1%). In the association test step, based on the estimates obtained from the step above, the
99 score test statistic for each variant can be computed by the following equation:

$$100 \quad T_{score} = \mathbf{x}_s^T (\mathbf{y} - \hat{\boldsymbol{\mu}}) \text{ with } \text{var}(T_{score}) = \mathbf{x}_s^T \mathbf{P} \mathbf{x}_s$$
$$101 \quad \frac{T_{score}^2}{\text{var}(T_{score})} \sim \chi_{df=1}^2$$

102 where \mathbf{P} is an $n \times n$ projection matrix, which is dense despite $\boldsymbol{\pi}$ being sparse. Therefore, to avoid
103 computational bottleneck due to matrix multiplication involving \mathbf{P} , a GLMM version of the
104 GRAMMAR-GAMMA approximation¹⁴ is implemented in fastGWA-GLMM (**Online Methods**).

105

106 As for the inflation in test-statistics due to case-control imbalance, for any variant with a score
107 test p-value larger than a threshold (e.g., $\chi_{df=1}^2 = 2$), SPA is applied to calibrate the test statistic.

108 In addition, to further improve computational efficiency, in fastGWA-GLMM, we developed an
109 approximate approach to account for covariates for variants with score test $\chi_{df=1}^2$ smaller than
110 the threshold (**Online Methods**). This strategy greatly reduces the runtime, especially when the
111 number of covariates is large. An alternative version of fastGWA-GLMM without this covariate
112 approximation strategy is also available, which is a few times less efficient depending on the
113 number of covariates (**Online Methods**).

114

115 **Runtime and resource requirements**

116 We used the UKB data consisting of 456,348 individuals of European ancestry and 11,842,647
117 variants (**Online Methods**) to evaluate the resource requirements of fastGWA-GLMM in GCTA
118 v1.93.3 and benchmarked it against SAIGE v0.42.1. Note that the standard logistic regression (as
119 implemented in PLINK2 v2.00a2.3) was not included in the runtime comparison because it
120 is >100 times slower than fastGWA-GLMM and not applicable to some of our simulation settings.

121 After randomly sampling subgroups of individuals (n ranged from 50,000 to 400,000) from the
122 UKB, we performed a GWA in each subset of data using fastGWA-GLMM and SAIGE respectively,
123 on a computing platform with 80 GB memory and 8 CPU cores. The trait used for comparison is
124 “Irritability” (case-control ratio = 0.39; UKB data-field: 1940). The genotype data were stored in
125 BGEN v1.3 format¹⁶. Each test was repeated 5 times for an average of runtime and memory usage.

126 As shown in **Figure 1a**, for a GWA with $n = 400,000$, fastGWA-GLMM only required 4.9 hours,
127 which is ~ 37 times more efficient than SAIGE. Besides, the runtime of the estimation step of
128 fastGWA-GLMM is negligible compared to that of SAIGE (**Supplementary Table 1**). Moreover,
129 the runtime of fastGWA-GLMM was generally stable for traits with different levels of case-control
130 ratio (**Supplementary Figure 1**), so is SAIGE (**Supplementary Table 2**). As for memory
131 requirements, the actual memory usage of fastGWA-GLMM was almost invariant to sample size
132 (~ 4 GB for n ranged from 50,000 to 400,000), while this was not the case for SAIGE, e.g., SAIGE

133 only required 1.88 GB memory for $n = 50,000$, but the memory usage soon increased to 13.0 GB
134 when $n = 400,000$ (**Figure 1b** and **Supplementary Table 3**). Our observation that the runtime
135 of fastGWA-GLMM increased almost linearly with sample size with almost invariant memory
136 usage (**Figure 1**) suggests that fastGWA-GLMM is, in principle, scalable to sample sizes over a
137 million given the same computing environment as used in this study.

138

139 **False-positive rate (FPR) and statistical power**

140 In order to quantify the statistical performance of fastGWA-GLMM in comparison with other
141 methods, including SAIGE¹⁴ and PLINK2 (logistic regression using all individuals or unrelated
142 individuals, denoted as LR-All and LR-unRel, respectively)⁷, we generated a sample of 100,000
143 simulated individuals with substantial population stratification and relatedness from a subset of
144 the real UKB genotype data (**Online Methods**). Based on the simulated genotype data, we
145 randomly sampled a number of causal variants from all variants on the odd chromosomes to
146 simulate phenotypes, leaving the variants on the even chromosomes as the null variants to
147 quantify the type-1 error rate. We also introduced common environmental effects (i.e., non-
148 genetic effects shared among close relatives) and population stratification effects to the
149 phenotype (**Online Methods**). Finally, using the simulated data, we quantified the FRP (i.e., the
150 proportion of null variants with p-values $<$ a threshold) and statistical power (measured by the
151 mean χ^2 statistic at the causal variants) for different association methods.

152

153 The results showed that when the prevalence was larger than 0.05, the FPRs of the null variants
154 at five different p-value thresholds ($\alpha=0.05$, 0.005, 5×10^{-4} , 5×10^{-5} , and 5×10^{-6}) were largely
155 consistent with the expected values for fastGWA-GLMM, SAIGE, and LR-unRel but inflated for LR-
156 All because relatedness was not accounted for in LR-All (**Figure 2** and **Supplementary Figure**
157 **2**). When the prevalence was 0.01 or below, both LR-unRel and LR-All showed inflated FPRs,
158 while such inflation was not observed for SAIGE and fastGWA-GLMM. The FPR of SAIGE was
159 slightly more deflated than that of fastGWA-GLMM in all the simulation scenarios (**Figure 2** and
160 **Supplementary Figure 2**). Particularly, in the scenario with prevalence = 0.005, the FPRs of
161 SAIGE were more deflated than those of all the other methods because the parameter estimation
162 process of SAIGE failed to converge in $\sim 25\%$ of the simulation replicates (see below for more
163 discussion).

164

165 We partitioned all the null variants into two groups (common and rare variants) based on an MAF
166 threshold of 0.01 and evaluated the FPR of the two groups separately in each simulation scenario.
167 The FPRs for rare variants (MAF $<$ 0.01) from LR-unRel and LR-All were substantially inflated in
168 the scenarios with low prevalences, while those from fastGWA-GLMM remained consistent with

169 the expected values for both common and rare variants regardless of the prevalence level
170 (**Supplementary Figures 3 and 4**). SAIGE showed similar performance as fastGWA-GLMM,
171 except that it showed more deflated FPRs than all the other methods when prevalence = 0.005
172 due to its convergence issue as described above.

173
174 Next, we quantified the statistical power of different methods by calculating the mean χ^2 statistic
175 at the causal variants. We found that the power of fastGWA-GLMM was slightly higher than that
176 of SAIGE (**Figure 3**). The mean χ^2 statistic of LR-All and LR-unRel was not informative in this case
177 as it suffered from inflation driven by both relatedness and case-control imbalance. We then
178 quantified the power of common and rare causal variants separately. The patterns were similar
179 between common and rare variants, though the power to detect the rare causal variants was
180 lower than that for the common causal variants (**Figure 3**). We also used the area under the curve
181 (AUC) as a metric to compare the difference in power between the methods given the same level
182 of FPR (**Online Methods**). In almost all the scenarios, SAIGE, fastGWA-GLMM, and LR-All showed
183 similar AUCs while LR-unRel showed lower AUCs than the other methods because of its smaller
184 sample size (**Supplementary Figure 5**). The only exception is the scenario with prevalence =
185 0.001, in which LR-All and LR-unRel showed higher AUCs than fastGWA-GLMM and SAIGE,
186 possibly due to the overcorrection of GLMM and/or SPA under this extreme condition.
187 Nevertheless, since the FPRs of LR-All and LR-unRel were heavily inflated when prevalence =
188 0.001 (**Figure 2**), the higher power for LR in this scenario is not practically meaningful. In
189 addition, we showed that the test statistics of fastGWA-GLMM remained well-calibrated when
190 cases were oversampled (**Supplementary Figures 6-8**). We further demonstrated that when
191 pedigree information was fully available, fastGWA-GLMM using pedigree relationship matrix
192 performed almost equally well as that using the sparse GRM (**Supplementary Note**;
193 **Supplementary Figures 9 and 10**).

194

195 **Application of fastGWA-GLMM to 2,989 binary traits in the UKB**

196 We used fastGWA-GLMM to conduct GWA analyses of 11,842,647 imputed variants in all the UKB
197 participants of European ancestry ($n=456,348$) for 2,989 binary phenotypes. These binary
198 phenotypes were either generated from the analysis pipelines used by the Neale Lab
199 (<http://www.nealelab.is/uk-biobank>) or from our in-house ICD-10-to-PheCode pipeline using
200 map from ref.¹⁷ (**Online methods**). To benchmark fastGWA-GLMM against SAIGE and PLINK2
201 LR-unRel (note: $n=348,456$ for LR-unRel), we selected eight representative phenotypes
202 (prevalence ranging from 0.0008 to 0.45; **Supplementary Table 4**) from the 2,989 traits. Based
203 on the summary statistics from each method for the eight traits, we noticed that overall fastGWA-
204 GLMM identified more genome-wide significant loci than SAIGE or LR-unRel (**Supplementary**

205 **Figure 11** and **Supplementary Table 5**). The difference was more apparent when the prevalence
206 of the trait was moderate to high (≥ 0.1) (**Supplementary Figure 11a-c**) and became less
207 significant as the prevalence decreased (**Supplementary Figure 11d-h**). Additionally, after
208 clumping, the number of quasi-independent signals from fastGWA-GLMM was also higher than
209 that from SAIGE or LR-unRel (**Supplementary Table 6**). As for case-control imbalance, the
210 results from LR-unRel started to exhibit inflation for traits with prevalence < 0.01 (see the 3rd
211 panels of **Supplementary Figure 11e-h**), consistent with our simulation results, and the inflation
212 was more prominent for the rare variants (see the 3rd panels of **Supplementary Figure 12e-h**).
213 Meanwhile, the results from fastGWA-GLMM and SAIGE remained robust for traits with low
214 prevalence. Among all the 2,989 traits analysed, we identified 326 pairs of quasi-independent
215 genome-wide significant associations between 259 rare variants (MAF < 0.01 and p-value $\leq 5 \times 10^{-9}$)
216 and 75 traits (**Supplementary Table 7, Online Methods**). Of the 259 rare variants, 37 are
217 located in either the exonic regions or the 3' or 5' UTRs (**Supplementary Table 7**), highlighting
218 the enrichment of rare variants in the coding and UTR regions (enrichment p-value = 9.6×10^{-5} ,
219 **Supplementary Note**).

220

221 We have previously developed an online tool to query and visualize the GWAS results of over
222 2,000 phenotypes from the UKB¹⁰. Similarly, the association results of the 2,989 binary
223 phenotypes from this study are also freely available for visualization and downloading through
224 our fastGWA data portal at <http://fastgwa.info/ukbimpbin>.

225

226 **Discussion**

227 In this study, we developed an association method, fastGWA-GLMM, with extraordinary
228 performance in computational efficiency, for GWA analyses of binary phenotypes in large cohorts
229 such as the UKB. Tested in a dataset of 400,000 individuals and 11,842,647 variants, fastGWA-
230 GLMM is ~ 37 times faster than SAIGE (the most efficient existing method for binary traits).
231 Besides, the implementation of GLMM framework allows users to retain the maximum number of
232 individuals in a GWA analysis in the presence of relatedness, and the incorporation of SPA
233 correction properly calibrates the test-statistics for traits with extreme case-control ratios. The
234 application of fastGWA-GLMM to 2,989 binary traits in the UKB further demonstrated its utility
235 and efficiency.

236

237 The major advantage of fastGWA-GLMM over LR-unRel is that it does not need to remove related
238 individuals from the study, as the relatedness can be well accounted for by a pedigree relatedness
239 matrix or a sparse GRM. Take the real data application in the UKB as an example. FastGWA-GLMM
240 was able to include all 456,348 participants into the association test, while LR-unRel could only

241 utilize information from 348,456 unrelated participants. Since most of the large population-based
242 cohorts rely on an assessment-centre based recruitment strategy, the proportion of relatives in
243 the cohorts tends to be high and will keep increasing in the future¹. In such case, it is crucial to
244 avoid removing data of related individuals. Another advantage of fastGWA-GLMM over LR-unRel
245 is its efficiency. FastGWA-GLMM, as many other GLMM-based methods, uses a score statistic for
246 association test, which is computationally easy to compute (**Online Methods**). In contrast, LR-
247 unRel as in PLINK2 is based on an iteratively reweighted least squares method and the Wald's
248 test that solves the full model for each variant repeatedly, which is much slower than the score
249 test especially when covariates are included.

250
251 The advantages of fastGWA-GLMM over LMM-based methods, including the original fastGWA
252 method¹⁰, can be summarized into two aspects. The first is the better interpretability of the effect
253 sizes, as we can directly use natural logarithm to convert the $\hat{\beta}_s$ from fastGWA-GLMM into odds
254 ratio (**Supplementary Note**). However, such transformation in LMM-based methods is indirect
255 and requires sophisticated approximations¹⁸. The second aspect is the better-controlled FPR of
256 fastGWA-GLMM by the SPA correction. Since SPA correction was only designed for GLMMs but
257 not LMMs¹⁹, a common strategy for LMM-based methods to mitigate such inflation is to exclude
258 any trait with a small case-control ratio (e.g., $\leq 1:99$) and any variant with a low MAF (e.g., $<$
259 0.01)^{9,10}. Yet, excluding them causes significant loss of valuable information. For instance, the
260 3,821,959 rare variants tested in this study would have been removed from the analyses using
261 the LMM-based methods, among which we identified hundreds of variants associated with the
262 traits at a very stringent significance level and some of them are known (**Supplementary Table**
263 **7**). For example, we identified a rare missense variant in the *HOXB13*, rs138213197, strongly
264 associated with prostate cancer, and this association had also been reported repeatedly in
265 previous studies²⁰⁻²².

266
267 SAIGE is a GLMM-based method that uses a dense GRM. Apart from the GRM setting, there are
268 another two major differences between fastGWA-GLMM and SAIGE. The first difference is that
269 fastGWA-GLMM uses a grid search-based algorithm, fastGWA-GLMM-REML, to estimate the
270 variance components (**Online Methods**), which is more robust and often orders of magnitude
271 more efficient than the average information (AI) REML algorithm used in SAIGE even for traits
272 with extreme case-control ratios. We observed that under the simulation scenario with
273 prevalence = 0.005, the variance estimation procedure of SAIGE failed to converge for 26 out of
274 100 simulation replicates. The second difference is that instead of using covariate-adjusted
275 genotype data to calculate a score test statistic for every variant, fastGWA-GLMM first uses
276 unadjusted (but mean-centred) genotype data to calculate an approximate score test statistic,

277 and then re-calculate the exact test statistic using the covariate-adjusted genotype data only if the
278 p-value from the approximate score test is smaller than a threshold (by default, $\chi_{df=1}^2 > 2$); note
279 that the SPA correction is also applied when this threshold is met (**Methods**). This strategy allows
280 fastGWA-GLMM to omit the computation of matrix multiplication between the covariate matrix
281 and ~95% of the genotype vectors. We confirmed that the difference of test statistics between
282 the approximate covariate-adjustment approach and the exact approach is negligible, and only
283 variants with $\chi_{df=1}^2 < 2$ might suffer from slight deflation in test-statistics which does affect the
284 power of detecting association at a genome-wide significance level (**Supplementary Figure 13**).
285 This strategy is particularly useful when the number of covariates is large (e.g., larger than 20).
286 In our software tool, there is an option to allow users to switch off this approximation and force
287 all the statistics to be calculated by the covariate-adjusted genotypes, which will cause a loss of
288 computational efficiency by a few folds, depending on the number of covariates.

289

290 There are a few caveats when applying fastGWA-GLMM in practice. First, if pedigree data are not
291 usable, a sparse GRM needs to be pre-computed from the SNP data. A very efficient parallelized
292 algorithm has been implemented in GCTA to compute the sparse GRM¹⁰. Since the sparse GRM
293 setting has already been adopted by fastGWA¹⁰, once generated, the same sparse GRM of a cohort
294 can be used for GWA analyses of all the quantitative and binary phenotypes. Therefore, the
295 average computational cost per trait is minimal. Second, the $\hat{\sigma}_g^2$ estimated from fastGWA-GLMM-
296 REML cannot be interpreted as genetic variance or heritability. This is mainly due to the use of
297 the penalized quasi-likelihood and the Laplace method¹⁴. However, from our simulations and real
298 data applications, it did not affect the statistical performance of the association test of fastGWA-
299 GLMM. Third, in our previous work, we found that when analysing quantitative traits the $\hat{\sigma}_g^2$
300 estimated based on a sparse GRM might be a better quantity to control for relatedness than that
301 from dense-GRM-based methods¹⁰. In this study, however, when analysing binary traits, we
302 observed that fastGWA-GLMM did not have such advantage over SAIGE. Both fastGWA-GLMM and
303 SAIGE had well-controlled FPR. Fourth, the inclusion of rare variants in the association tests
304 increases the multiple testing burden. Hence, in this study, following the guideline from previous
305 studies^{23,24}, we used p-value $\leq 5 \times 10^{-9}$ instead of 5×10^{-8} as the genome-wide significance threshold.

306

307 Despite these caveats, fastGWA-GLMM is a highly efficient GLMM-based method that is applicable
308 to GWA analyses of a large number of binary phenotypes in biobank-scale data. The extensive
309 simulations under different parameter settings and the real-data analyses of nearly 3,000 UKB
310 traits have together manifested its statistical robustness and computational efficiency. We believe
311 that fastGWA-GLMM is a very useful tool for current and up-coming large-scale data, and the

312 summary statistics released from this study will be useful for future studies to give insights into
 313 the genetic basis of many health-related outcomes.

314
 315 **ONLINE METHODS**

316 **Estimating the variance components**

317 As described in the Results section, the fastGWA-GLMM model can be written as $\text{logit}(\boldsymbol{\mu}) =$
 318 $\mathbf{x}_s\boldsymbol{\beta}_s + \mathbf{X}_c\boldsymbol{\beta}_c + \mathbf{g}$. The logit function, $\text{logit}(\mu) = \log\left(\frac{\mu}{1-\mu}\right)$, is a commonly used link function in
 319 GLMM that links the expectation of the dependent binary variable \mathbf{y} to a linear predictor that
 320 involves the independent variables. Solving this full model repeatedly for each variant is
 321 computationally unfeasible in large samples, so a common strategy is to first solve σ_g^2 as well as
 322 the other essential components under the null model, i.e., $\text{logit}(\boldsymbol{\mu}) = \mathbf{X}_c\boldsymbol{\beta}_c + \mathbf{g}$, and then calculate
 323 the score statistic for each variant based on the estimates from the null model. This strategy has
 324 been adopted by many existing LMM and GLMM methods^{14,25-33}.

325
 326 Following GMMAT³³ and SAIGE¹⁴, the log quasi-likelihood of the null model is

$$327 \quad \text{ql}(\boldsymbol{\beta}_c, \sigma_g^2) = \log \int \exp \left\{ \sum_{i=1}^n \text{ql}_i(\boldsymbol{\beta}_c | \mathbf{g}) \right\} \times (2\pi)^{-0.5n} |\boldsymbol{\pi}\sigma_g^2|^{-0.5} \times \exp \{-0.5\mathbf{g}^T (\boldsymbol{\pi}\sigma_g^2)^{-1} \mathbf{g}\} d\mathbf{g}$$

328 where $\text{ql}_i(\boldsymbol{\beta}_c | \mathbf{g}) = \int_{y_i}^{\mu_i} \frac{a_i(y_i - \mu)}{\mu_i(1 - \mu_i)} d\mu$ is the quasi-likelihood for the i^{th} individual given the random
 329 effect \mathbf{g} , and a_i is a known constant which will be omitted during the derivation. Following the
 330 derivations in ref.³³, we have $\hat{\boldsymbol{\beta}}_c = (\mathbf{X}_c^T \mathbf{V}^{-1} \mathbf{X}_c)^{-1} \mathbf{X}_c^T \mathbf{V}^{-1} \tilde{\mathbf{Y}}$ and $\hat{\mathbf{g}} = \sigma_g^2 \boldsymbol{\pi} \mathbf{V}^{-1} (\tilde{\mathbf{Y}} - \mathbf{X}_c \hat{\boldsymbol{\beta}}_c)$, where \mathbf{V} is
 331 a variance-covariance matrix (i.e., $\mathbf{V} = \mathbf{W}^{-1} + \boldsymbol{\pi}\sigma_g^2$) with \mathbf{W} being a diagonal matrix (i.e., $w_{ii} =$
 332 $\mu_i(1 - \mu_i)$), and $\tilde{\mathbf{Y}}$ is the so-called ‘working vector’ with $\tilde{\mathbf{Y}} = \mathbf{X}_c\boldsymbol{\beta}_c + \mathbf{g} + \text{logit}'(\boldsymbol{\mu})(\mathbf{y} - \boldsymbol{\mu})$. Given
 333 $\hat{\boldsymbol{\beta}}_c$ and $\hat{\mathbf{g}}$, the restricted maximum likelihood (REML) version of $\text{ql}(\boldsymbol{\beta}_c, \sigma_g^2)$ can be written as

$$334 \quad \text{ql}(\boldsymbol{\beta}_c, \sigma_g^2) = \text{const} - 0.5 \log |\mathbf{V}| - 0.5 \log |\mathbf{X}_c^T \mathbf{V}^{-1} \mathbf{X}_c| - 0.5 \tilde{\mathbf{Y}}^T \mathbf{P} \tilde{\mathbf{Y}}$$

335 where $\mathbf{P} = \mathbf{V}^{-1} - \mathbf{V}^{-1} \mathbf{X}_c (\mathbf{X}_c^T \mathbf{V}^{-1} \mathbf{X}_c)^{-1} \mathbf{X}_c^T \mathbf{V}^{-1}$. An iterative approach is required to compute the
 336 quasi-likelihood and estimate the parameters. A commonly used algorithm is the average
 337 information REML (AI-REML)³⁴, which has been adopted by both GMMAT³³ and SAIGE¹⁴.
 338 Leveraging the sparsity of $\boldsymbol{\pi}$, we propose a grid-search-based REML approach (called fastGWA-
 339 GLMM-REML) with a special optimizer (see below) that can directly maximize $\text{ql}(\boldsymbol{\beta}_c, \sigma_g^2)$ and
 340 return a maximum likelihood estimate of σ_g^2 , which is often orders of magnitude faster and more
 341 robust (especially for traits with extremely unbalanced case-control ratios) than AI REML. A brief
 342 summary of fastGWA-GLMM REML is shown as follows.

- 343 1) Let subscript i denote the iteration step with i starting from 0;
- 344 2) $\hat{\boldsymbol{\beta}}_{c(i)}$ is estimated from a standard logistic regression (i.e., $\text{logit}(\boldsymbol{\mu}) = \mathbf{X}_c\boldsymbol{\beta}_c$), which is
 345 used as the starting value for $\boldsymbol{\beta}_c$;

- 346 3) $\hat{\sigma}_{g^{(i)}}^2$ and $\hat{\boldsymbol{g}}_i$ are set to 0;
- 347 4) Calculate $\hat{\boldsymbol{\mu}}_i = \text{logit}^{-1}(\mathbf{X}_c \hat{\boldsymbol{\beta}}_{c^{(i)}} + \hat{\boldsymbol{g}}_i)$;
- 348 5) Calculate $\tilde{\mathbf{Y}}_i = \mathbf{X}_c \hat{\boldsymbol{\beta}}_{c^{(i)}} + \hat{\boldsymbol{g}}_i + \frac{\mathbf{y} - \hat{\boldsymbol{\mu}}_i}{\hat{\boldsymbol{\mu}}_i(1 - \hat{\boldsymbol{\mu}}_i)}$,
- 349 $\mathbf{W}_i = \text{diag}\{\hat{\boldsymbol{\mu}}_i(1 - \hat{\boldsymbol{\mu}}_i)\}$;
- 350 6) Perform fastGWA-GLMM-REML to estimate $\hat{\sigma}_{g^{(i+1)}}^2$ given $\hat{\boldsymbol{\beta}}_{c^{(i)}}$ and $\hat{\boldsymbol{g}}_i$ (see details in next
- 351 section);
- 352 7) Calculate $\mathbf{V}_{i+1} = \mathbf{W}_i^{-1} + \hat{\sigma}_{g^{(i+1)}}^2 \boldsymbol{\pi}$;
- 353 8) Calculate $\hat{\boldsymbol{\beta}}_{c^{(i+1)}} = (\mathbf{X}_c^T \mathbf{V}_{i+1}^{-1} \mathbf{X}_c)^{-1} \mathbf{X}_c^T \mathbf{V}_{i+1}^{-1} \tilde{\mathbf{Y}}_i$,
- 354 $\hat{\boldsymbol{g}}_{i+1} = \hat{\sigma}_{g^{(i+1)}}^2 \boldsymbol{\pi} \mathbf{V}_{i+1}^{-1} [\tilde{\mathbf{Y}}_i - \mathbf{X}_c \hat{\boldsymbol{\beta}}_{c^{(i+1)}}]$;
- 355 9) Set $i = i + 1$ and repeat 4) to 8) until both $\left(\frac{|\hat{\boldsymbol{\beta}}_{c^{(i+1)}}| - |\hat{\boldsymbol{\beta}}_{c^{(i)}}|}{|\hat{\boldsymbol{\beta}}_{c^{(i+1)}}| + |\hat{\boldsymbol{\beta}}_{c^{(i)}}|}\right)_{max}$ and $\frac{|\hat{\sigma}_{g^{(i+1)}}^2 - \hat{\sigma}_{g^{(i)}}^2|}{\hat{\sigma}_{g^{(i+1)}}^2 + \hat{\sigma}_{g^{(i)}}^2} \leq a$
- 356 threshold (by default 5×10^{-5}).

357 We use the sparse matrix Cholesky decomposition algorithm implemented in the Eigen C++
 358 library (<http://eigen.tuxfamily.org>) to compute the terms involving $|\mathbf{V}|$ or \mathbf{V}^{-1} in a very efficient
 359 manner.

360

361 The grid-search-based fastGWA-GLMM-REML optimizer

362 As mentioned above, we have developed a grid-search-based optimizer to estimate σ_g^2 , which is
 363 more robust and often orders of magnitude faster than AI-REML. In the i^{th} iteration of the
 364 estimation step of the fastGWA-GLMM REML method, the grid-search-based optimizer runs as
 365 follows.

- 366 1) Wide-range search. We set a grid of k values of $\hat{\sigma}_g^2$, i.e., $[l^{(i)}, u^{(i)}]$, compute $\text{ql}(\boldsymbol{\beta}_c, \sigma_g^2)$
 367 given each value of $\hat{\sigma}_g^2$, and select the flanking grids of the $\hat{\sigma}_g^2$ value that produces the
 368 maximum quasi-likelihood to form a finer-scale searching interval (denoted by
 369 $[\hat{\sigma}_{low,0}^2, \hat{\sigma}_{up,0}^2]$) for the fine-tuning step below.
- 370 2) Fine-tuning search. Similar as the process above, we divide $[\hat{\sigma}_{low,0}^2, \hat{\sigma}_{up,0}^2]$ into a grid of 16
 371 $\hat{\sigma}_g^2$ values, compute $\text{ql}(\boldsymbol{\beta}_c, \sigma_g^2)$ given each value of $\hat{\sigma}_g^2$, and select the flanking grids of the
 372 $\hat{\sigma}_g^2$ value that produces the maximum quasi-likelihood to form a finer-scale searching
 373 interval (denoted by $[\hat{\sigma}_{low,1}^2, \hat{\sigma}_{up,1}^2]$). This fine-tuning step is repeated 4 times, and
 374 $\hat{\sigma}_{(max)}^2 = (\hat{\sigma}_{low,5}^2 + \hat{\sigma}_{up,5}^2)/2$ is returned as an estimate of $\sigma_{g^{(i)}}^2$ for the i^{th} iteration of
 375 fastGWA-GLMM-REML.

376 The $l^{(i)}$ is the lower bound of the grid which is set to 0 when $i \leq 3$ or $\frac{\sigma_{g^{(i-3)}}^2 + \sigma_{g^{(i-2)}}^2 + \sigma_{g^{(i-1)}}^2}{3} \leq 0.1$,

377 and set to $\frac{\sigma_{g^{(i-3)}}^2 + \sigma_{g^{(i-2)}}^2 + \sigma_{g^{(i-1)}}^2}{3} \times 0.8$ when $i > 3$ and $\frac{\sigma_{g^{(i-3)}}^2 + \sigma_{g^{(i-2)}}^2 + \sigma_{g^{(i-1)}}^2}{3} > 0.1$. Similarly, the $u^{(i)}$

378 is the upper bound of the grid which is set to $\tilde{\mathbf{Y}}_i^2$ when $i = 1$, set to $10\sigma_{g(i-1)}^2$ when $i = 2$ and 3,
379 and set to $\frac{\sigma_{g(i-3)}^2 + \sigma_{g(i-2)}^2 + \sigma_{g(i-1)}^2}{3} \times 1.2$ when $i \geq 3$. The k is the number of steps in the grid which is
380 set to 800 when $i = 1$, set to 200 when $i = 2$ and 3, and set to 50 when $i \geq 3$. We apply the
381 settings above to determine the boundaries and grid steps given the observation from
382 simulations that 3 iterations are sufficient to identify a reasonable interval for σ_g^2 . The reason why
383 we do not adopt the commonly used conventional optimizers (e.g., the golden-section search) is
384 that the domain of $\text{ql}(\boldsymbol{\beta}_c, \sigma_g^2)$ does not always cover the whole range of $[0, \tilde{\mathbf{Y}}_i^2]$. Therefore, it is
385 difficult to choose an appropriate searching interval $[l^{(i)}, u^{(i)}]$ for the conventional optimizers,
386 which would lead to a local optimum. On the other hand, the main reason why we do not adopt
387 AI-REML as implemented in SAIGE¹⁴ is that AI-REML often fails to converge when the case-control
388 ratio is low. For example, in our simulations, SAIGE did not converge in 26 out of 100 simulation
389 replicates under the simulation scenario with prevalence = 0.005.

390

391 **Computing the score test statistic by the GRAMMAR-GAMMA approximation**

392 As mentioned above, the fastGWA-GLMM method comprises two steps, the estimation step and
393 the association test step. After obtaining all the necessary estimates from the null model in the
394 estimation step, we can test the association of each variant using the score test: $T_{score} =$
395 $\tilde{\mathbf{x}}_s^T(\mathbf{y} - \hat{\boldsymbol{\mu}})$ with $\text{var}(T_{score}) = \tilde{\mathbf{x}}_s^T \mathbf{P} \tilde{\mathbf{x}}_s$, where $\tilde{\mathbf{x}}_s$ is the covariate-adjusted genotype vector with
396 $\tilde{\mathbf{x}}_s = \mathbf{x}_s - \mathbf{X}_c(\mathbf{X}_c^T \mathbf{W} \mathbf{X}_c)^{-1} \mathbf{X}_c^T \mathbf{W} \mathbf{x}_s$. We know from the prior work¹⁴ that $\mathbf{X}_c^T(\mathbf{y} - \hat{\boldsymbol{\mu}}) = \mathbf{0}$ and
397 $\mathbf{P} \mathbf{X}_c(\mathbf{X}_c^T \mathbf{W} \mathbf{X}_c)^{-1} \mathbf{X}_c^T \mathbf{W} = \mathbf{0}$, we then have $T_{score} = \tilde{\mathbf{x}}_s^T(\mathbf{y} - \hat{\boldsymbol{\mu}}) = \mathbf{x}_s^T(\mathbf{y} - \hat{\boldsymbol{\mu}})$ and $\text{var}(T_{score}) =$
398 $\tilde{\mathbf{x}}_s^T \mathbf{P} \tilde{\mathbf{x}}_s = \mathbf{x}_s^T \mathbf{P} \mathbf{x}_s$. The score test p-value can be computed based on $\frac{T_{score}^2}{\text{var}(T_{score})} \sim \chi_{df=1}^2$.

399

400 T_{score} can be computed efficiently as it only involves vector multiplication and $(\mathbf{y} - \hat{\boldsymbol{\mu}})$ only needs
401 to be calculated once. However, $\text{var}(T_{score})$ is difficult to obtain since \mathbf{P} is an $n \times n$ dense matrix,
402 and $\mathbf{x}_s^T \mathbf{P} \mathbf{x}_s$ needs to be evaluated repeatedly for every variant. The GRAMMAR-GAMMA
403 approximation is a method to tackle this problem in LMM-based GWA analysis for quantitative
404 traits³⁰, and has been extended to cope with GLMMs in SAIGE¹⁴. In brief, for a random variant, its
405 gamma ratio ($\gamma = \frac{\tilde{\mathbf{x}}_s^T \mathbf{P} \tilde{\mathbf{x}}_s}{\tilde{\mathbf{x}}_s^T \mathbf{W} \tilde{\mathbf{x}}_s}$) is approximately constant regardless of its genotypes. The denominator
406 is easy to compute because \mathbf{W} is an $n \times n$ diagonal matrix. Therefore, by randomly selecting m
407 variants (the default m value is 200 in fastGWA-GLMM), we first estimate the mean of the gamma
408 ratio by $\hat{\gamma} = \frac{1}{m} \sum \frac{\tilde{\mathbf{x}}_s^T \mathbf{P} \tilde{\mathbf{x}}_s}{\tilde{\mathbf{x}}_s^T \mathbf{W} \tilde{\mathbf{x}}_s}$ and then calculate $\text{var}(T_{score}) \approx \hat{\gamma} \tilde{\mathbf{x}}_s^T \mathbf{W} \tilde{\mathbf{x}}_s$ for all the variants¹⁴. This
409 strategy avoids computing $\text{var}(T_{score}) = \tilde{\mathbf{x}}_s^T \mathbf{P} \tilde{\mathbf{x}}_s$ repeatedly for each variant and reduces the
410 computational complexity of the association test step to nearly $O(mn)$. The runtime can be

411 further reduced by an approximate covariate adjustment approach, especially when the number
412 of covariates is large (e.g., $c > 20$). The full derivation of the approximate covariate adjustment
413 approach has been described in the **Supplementary Note**. We observed from real data
414 applications that the difference between the test statistics of the approximate and exact methods
415 was very small (**Supplementary Figure 13**). In our software tool, users can mute the
416 approximation method, and in that case, it is a few times slower than the default version,
417 depending on the size of c .

418

419 **Correcting for genomic inflation by saddle point approximation**

420 After obtaining the score test statistics, we calibrate the fastGWA-GLMM p-values by saddle point
421 approximation (SPA)^{35,36} to avoid potential inflation driven by case-control imbalance. The SPA
422 method has recently been improved to cope with GWAS data (called fastSPA)^{14,19}. FastSPA was
423 originally implemented in R¹⁹. To improve the computational efficiency, we implemented fastSPA
424 by highly optimised C++ codes in fastGWA-GLMM. By default, fastGWA-GLMM applies the fastSPA
425 correction to variants with $\chi_{df=1}^2 \leq 2$.

426

427 **The UK Biobank data**

428 The UK Biobank (UKB) is a large cohort study consisting of approximately 500,000 participants
429 aged between 40 and 69 at recruitment, with extensive phenotypic records¹. In this study,
430 456,348 UKB participants of European ancestry were selected for simulation and real data
431 analyses. Genetic data were genotyped by two different arrays, the Applied Biosystems™ UK
432 Biobank Axiom™ Array and the Applied Biosystems™ UK BiLEVE Axiom™ Array¹. SNP
433 imputation was conducted by the UKB analysis team using whole-genome sequence data from
434 the Haplotype Reference Consortium³⁷ and the UK10K project³⁸ as the reference panels. The
435 imputed data were filtered with standard QC criteria in PLINK2⁷, e.g., $MAF \geq 0.0001$, Hardy-
436 Weinberg Equilibrium test $P \geq 10^{-6}$, genotyping rate ≥ 0.9 , and imputation info score ≥ 0.8 ,
437 resulting in 11,842,647 imputed variants (8,020,670 common and 3,821,977 rare). Note: we used
438 588,927 genotyped variants for the simulation study and 11,842,647 imputed variants for real
439 data analyses¹.

440

441 **Simulation**

442 To assess the statistical performance of fastGWA-GLMM, we simulated 100,000 artificial
443 individuals with a moderate proportion of relatives (10% of all samples) and substantial
444 population stratification (to mimic two different ancestry backgrounds). A “mosaic-chromosome”
445 scheme modified from ref.³² was used to generate the artificial individuals (see ref.¹⁰ for detailed
446 description of the simulation settings). The difference of the current simulation process with that

447 from ref.¹⁰ was the inclusion of 32,658 genotyped rare variants from the UKB (MAF ranging from
448 0.01 to 0.0001).

449

450 A set of different parameters were used to simulate a binary phenotype. We started from
451 simulating a quantitative phenotype for the 100,000 simulated individuals based on the model
452 below

453

$$\mathbf{y} = \mathbf{g}_{com} + \mathbf{g}_{rare} + \mathbf{z}b_p + \mathbf{e}_C + \mathbf{e}$$

454 where $\mathbf{g}_{com} = \sum_{i=1}^{m_1} \mathbf{x}_{com-i} b_{com-i}$ is the sum of the genetic effects of m_1 common causal variants
455 (MAF ≥ 0.01) with \mathbf{x}_{com-i} being a vector of variant genotypes and $b_{com-i} \sim N(0,1)$; $\mathbf{g}_{rare} =$
456 $\sum_{i=1}^{m_2} \mathbf{x}_{rare-i} b_{rare-i}$ is the sum of the genetic effects of m_2 rare causal variants (MAF < 0.01) with
457 \mathbf{x}_{rare-i} being a vector of variant genotypes and $b_{rare-i} \sim N(0,1)$; \mathbf{z} is a vector consisting of 0
458 (British) and 1 (Irish) to indicate ancestry with b_p being the mean difference in phenotype
459 between the two groups; \mathbf{e}_C is a vector of common environmental effects shared among
460 individuals in the same families with $\mathbf{e}_C \sim N(\mathbf{0}, I\sigma_C^2)$; and \mathbf{e} is a vector of residuals with
461 $\mathbf{e} \sim N(\mathbf{0}, I\sigma_e^2)$. The causal variants ($m_1 = 10,000$ and $m_2 = 1,000$) were randomly sampled from
462 variants on the odd chromosomes, so the variants on the even chromosomes could be treated as
463 the null variants to quantify type-1 error rate. We varied the variance of the common
464 environmental effects in different simulation scenarios including (see **Supplementary Note** for
465 detailed description of the parameter settings):

466

a) no common environmental effects (denoted by “noEnv”);

467

b) common environmental effects explaining 10% of V_p among the 1st and 2nd degree
468 relatives (denoted by “comEnv”);

469 After obtaining the quantitative phenotypic value for each individual, we dichotomized the
470 phenotype given seven sample prevalence rates (i.e., 0.3, 0.2, 0.1, 0.05, 0.01, 0.005, or 0.001) to
471 convert it to a binary phenotype. Each simulation was repeated 100 times.

472

473 **Assessing the false positive rate and statistical power**

474 Four different methods, SAIGE, LR-All, LR-unRel, and fastGWA-GLMM, were used to conduct GWA
475 analyses for the simulated data. The top 10 principal components (PCs) computed from a set of
476 LD-pruned variants (MAF ≥ 0.01 , window size = 1 Mb, step size = 50 variants, and LD r^2 threshold
477 = 0.05) using flashPCA2 (ref.³⁹) were included in the association analysis as fixed covariates. For
478 fastGWA-GLMM, 538,752 common variants with MAF ≥ 0.01 were used to compute the sparse
479 GRM, while for SAIGE, as recommended in the software documentation, a set of 78,295 LD-pruned
480 common variants were used as “ModelSNPs” for the estimation of the additive genetic variance
481 (**Supplementary Note**). After performing GWA analyses of the simulated data, we quantified the

482 FPR using the null variants on the even chromosomes and the power using the mean χ^2 of the
483 causal variants for each method in each simulation scenario. We additionally evaluated the area
484 under the curve (AUC) for each method, which can be interpreted as how well a method ranks
485 true positives above true negative (**Supplementary Note**). Moreover, we also measured the
486 statistical performance of each methods for common ($MAF \geq 0.01$) and rare ($MAF < 0.01$) variants
487 separately.

488

489 **Real data analyses**

490 We used fastGWA-GLMM to perform GWA analyses of 2,989 binary traits in the UKB. Participants
491 with imputed SNP data and labelled as European ancestry (UKB data-field 1001) were included
492 in the analyses ($n=456,348$ and $m=11,842,647$). Of all the traits, 2,154 were generated based on
493 the QC pipeline provided by the Neale Lab (https://github.com/Nealelab/UK_Biobank_GWAS),
494 which were either originally dichotomous or transformed from multi-categorical traits. The rest
495 traits were generated from the ICD-10 records from the UKB. The original ICD-10 records
496 provided by the UKB were text-based data (UKB data-field 41202), which were not easy to
497 process. Therefore, we first extracted every unique ICD-10 code for each individual, and then
498 grouped the ICD-10 codes into different PheCode based on the PheCode v1.2 ICD-10 map¹⁷. Any
499 individual not labelled with a particular PheCode was treated as a control for that PheCode. We
500 did not remove individuals with relevant diseases from the control group to avoid selection bias⁴⁰.
501 Eventually, 835 PheCode traits were retained for further analysis. We removed traits with $n_{cases} <$
502 100 or $n_{total} < 5,000$ and retained 2,989 traits in total. We fitted age, age², sex, age \times sex, age² \times sex,
503 and the top 20 PCs provided by the UKB as covariates in the GWA analysis (note: only age, age²,
504 and the top 20 PCs were fitted for the sex-specific traits). We also applied SAIGE to all the 456,348
505 individuals and PLINK2 logistic regression to 348,501 unrelated individuals for eight binary
506 phenotypes selected from the UKB for comparison with fastGWA-GLMM. The same covariates
507 were fitted, and details of the parameter settings of SAIGE and PLINK2 are described in the
508 **Supplementary Note**. Clumping analyses were performed using the GWAS results from
509 fastGWA-GLMM, SAIGE, and PLINK2, respectively (LD-clumping parameters used: p-value
510 threshold= 5×10^{-9} , window size=5Mb, and LD r^2 threshold=0.01) for each of the eight phenotypes.

511

512 **Statistical testing**

513 In all the association analyses, we used a $\chi^2_{df=1}$ statistic to test against the null hypothesis of no
514 association (i.e., $H_0: T_{score} = 0$).

515

516 **Code availability**

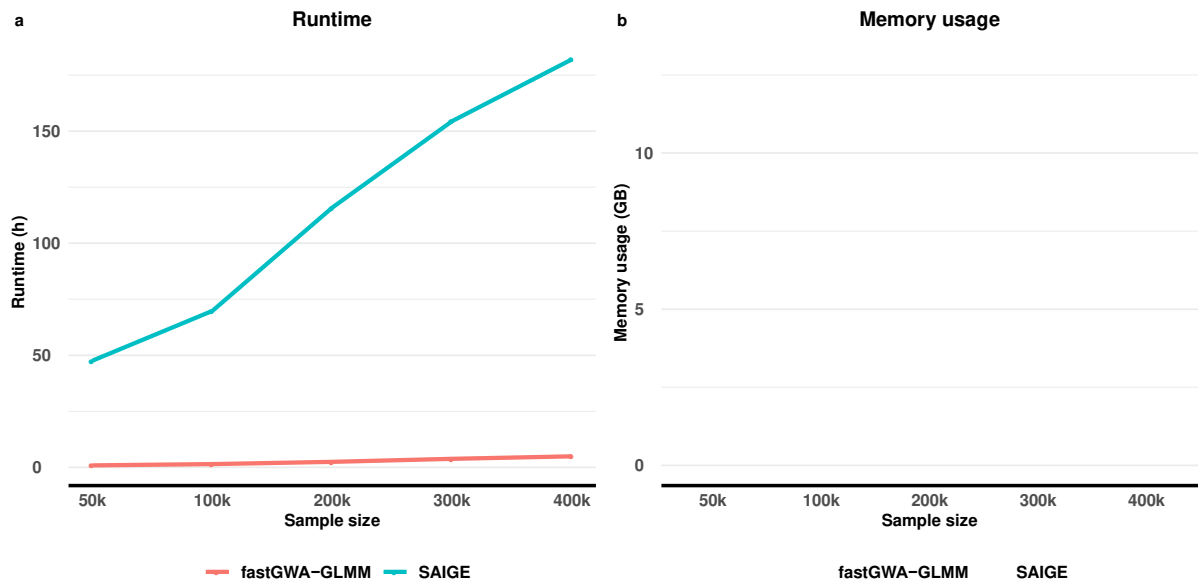
517 fastGWA-GLMM is integrated in the GCTA software (<http://cnsgenomics.com/software/gcta>).

518

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525 Wellcome Trust medical charity, Medical Research Council, Department of Health, Scottish
526 Government and the Northwest Regional Development Agency. It has also had funding from the
527 Welsh Assembly Government, British Heart Foundation and Diabetes UK.

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530

531 **Figure 1. Comparison of runtime and memory usage between fastGWA-GLMM and SAIGE.**

532 In panel a), the x-axis represents the sample size, and the y-axis represents the runtime in hour

533 units. For both fastGWA-GLMM and SAIGE, the runtime consists of two components: 1) the

534 estimation of mixed model parameters ("Para. Est."), and 2) the association test ("Assoc."). In

535 panel b), the x-axis represents the sample size, and the y-axis represents the memory usage in GB

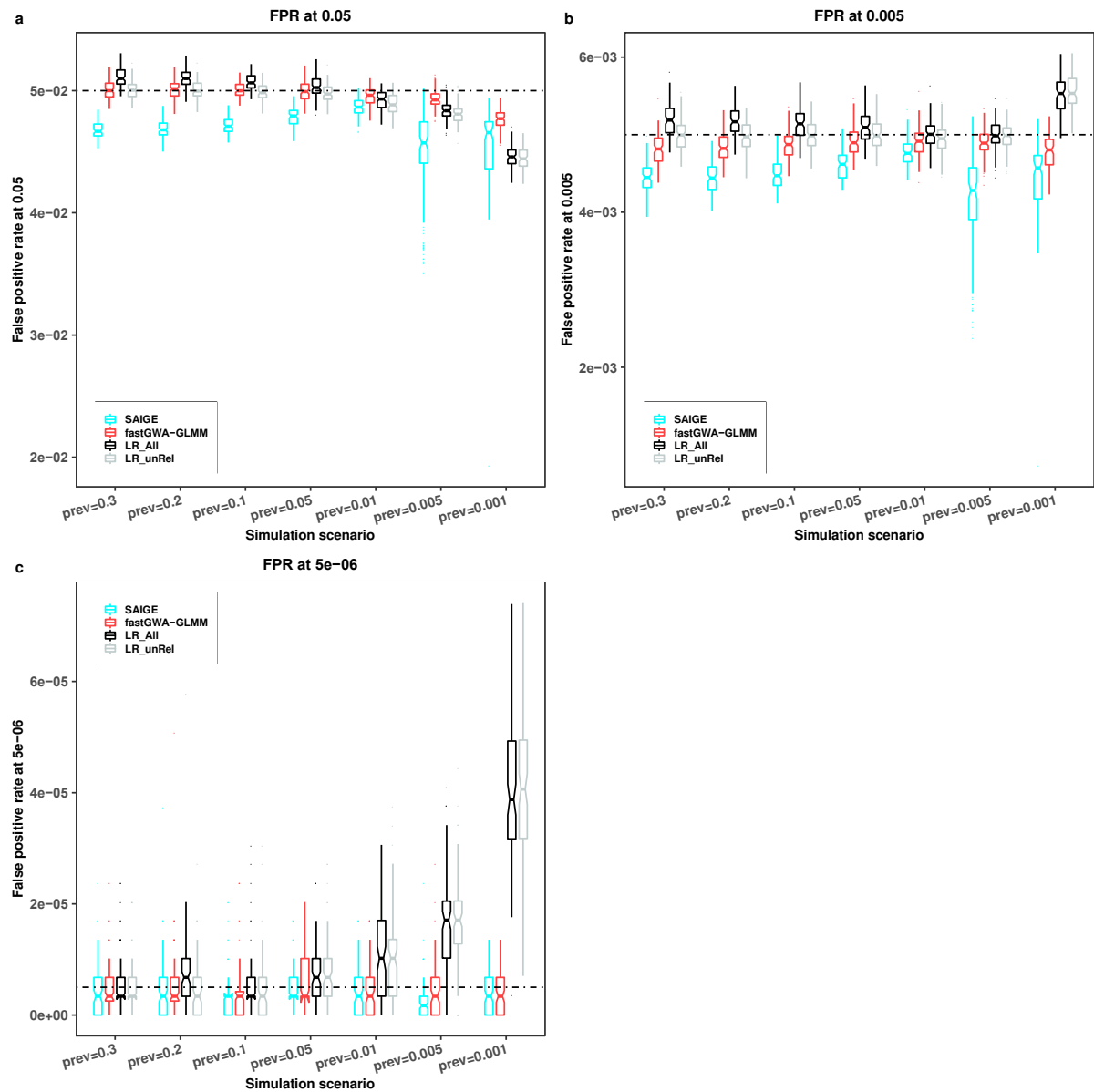
536 units. The data used in the tests consisted of 11,842,647 variants, of which 114,494 LD-pruned

537 variants were used as "model SNPs" in SAIGE (**Supplementary Note**). All tests were performed

538 in the same computing environment: 80 GB memory and 8 CPU cores (Intel Xeon Gold 6148).

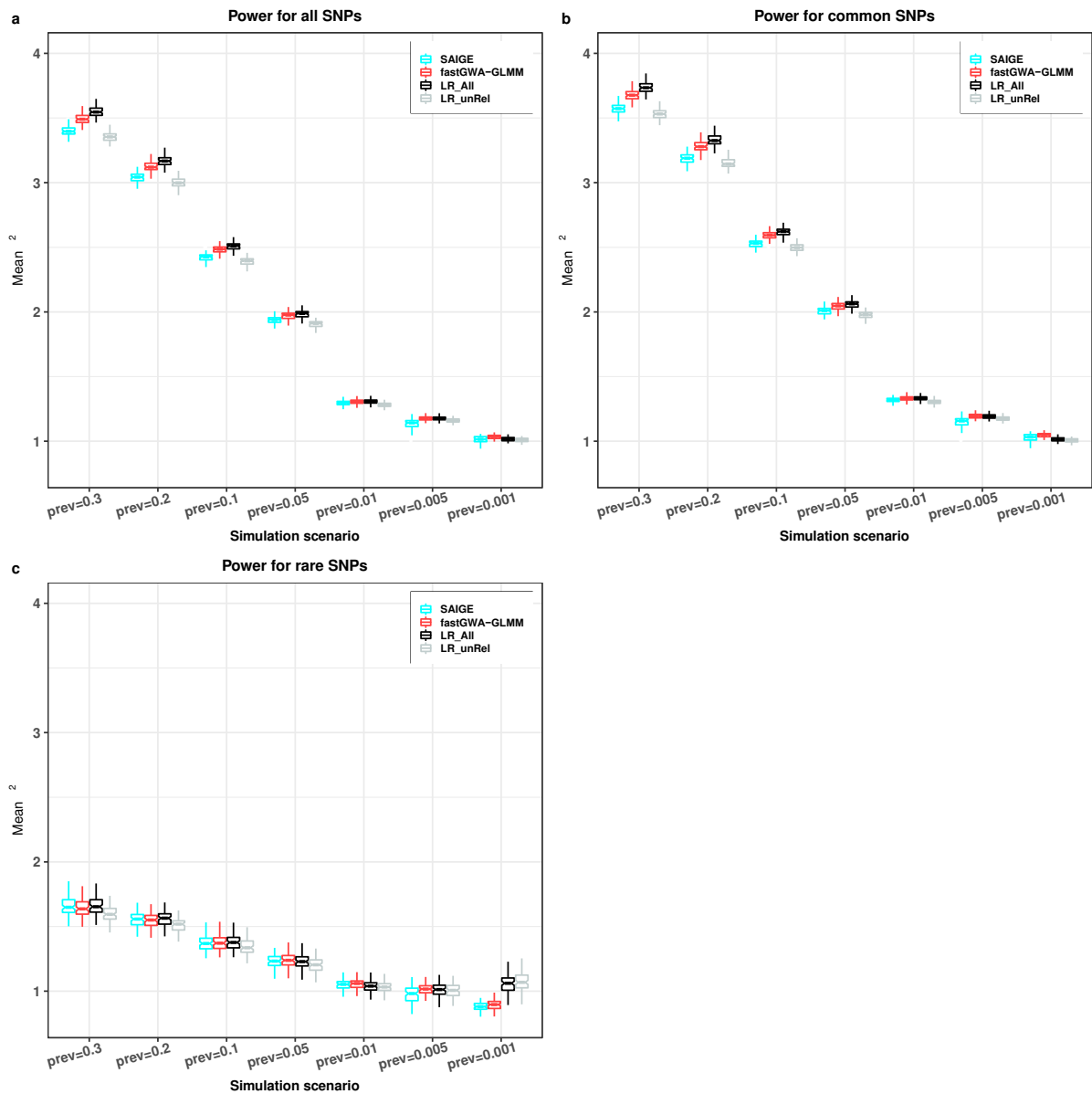
539 Each test was repeated 5 times for an average.

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Figure 2. False positive rate (FPR) computed from the null variants. The y-axis represents the FPR computed from the null variants (i.e., all the variants on the even chromosomes), and the x-axis represents different levels of prevalence of the simulated binary phenotypes (prevalence = $n_{case}/(n_{case} + n_{control})$). FPR is evaluated at five different p-value thresholds ($\alpha=0.05, 0.005, \text{ and } 5 \times 10^{-6}$), as shown from panels a to c. The dashed lines indicate the expected FPR (i.e., the alpha level). Each boxplot represents the distribution of FPR across 100 simulation replicates. The line inside each box indicates the median value, notches indicate the 95% confidence interval, central box indicates the interquartile range (IQR), whiskers indicate data up to 1.5 times the IQR, and outliers are shown as separate dots.



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Figure 3. Comparison in power between the methods. Here, power is measured by the mean χ^2 of the causal variants. The y-axis represents the mean χ^2 of the causal variants (10,000 common and 1,000 rare causal variants on the odd chromosomes), and the x-axis represents different levels of prevalence of the simulated binary phenotypes (prevalence = $n_{case}/(n_{case} + n_{control})$). Apart from being evaluated for the 11,000 variants altogether in panel (a), the mean χ^2 is evaluated for common (MAF ≥ 0.01) and rare (MAF < 0.01) causal variants separately, as shown in panels (b) and (c), respectively. Each boxplot represents the distribution of mean χ^2 across 100 simulation replicates. The line inside each box indicates the median value, notches indicate the 95% confidence interval, central box indicates the interquartile range (IQR), whiskers indicate data up to 1.5 times the IQR, and outliers are shown as separate dots.

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Figures

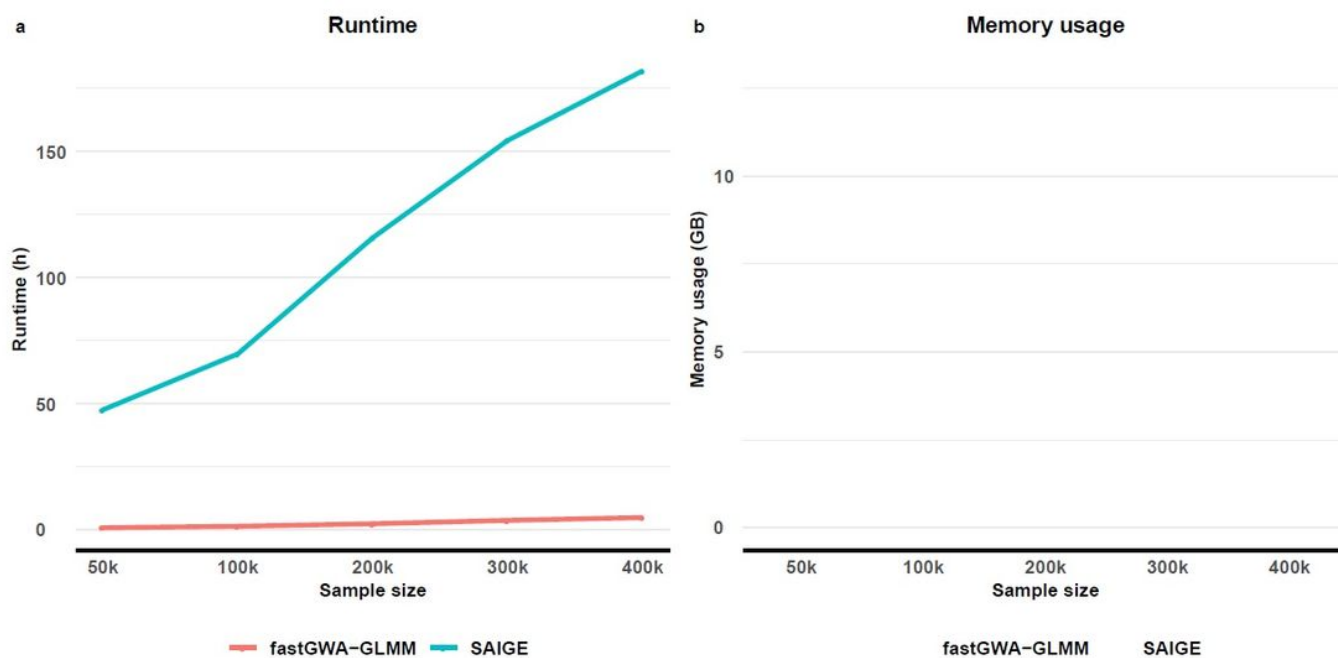


Figure 1

Comparison of runtime and memory usage between fastGWA-GLMM and SAIGE. In panel a), the x-axis represents the sample size, and the y-axis represents the runtime in hour units. For both fastGWA-GLMM and SAIGE, the runtime consists of two components: 1) the estimation of mixed model parameters (“Para. Est.”), and 2) the association test (“Assoc.”). In panel b), the x-axis represents the sample size, and the y-axis represents the memory usage in GB units. The data used in the tests consisted of 11,842,647 variants, of which 114,494 LD-pruned variants were used as “model SNPs” in SAIGE (Supplementary Note). All tests were performed in the same computing environment: 80 GB memory and 8 CPU cores (Intel Xeon Gold 6148). Each test was repeated 5 times for an average.

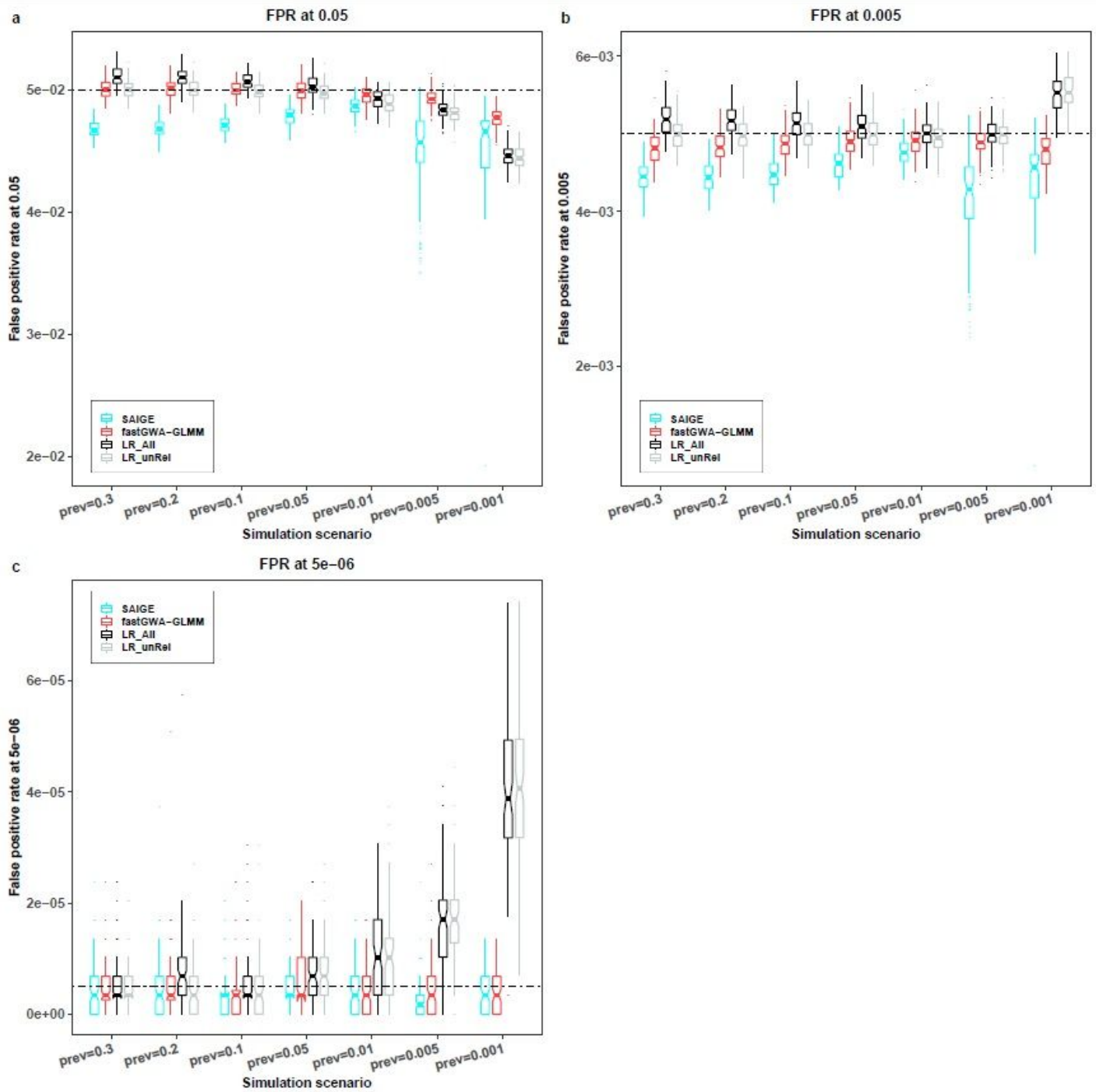


Figure 2

False positive rate (FPR) computed from the null variants. The y-axis represents the FPR computed from the null variants (i.e., all the variants on the even chromosomes), and the x-axis represents different levels of prevalence of the simulated binary phenotypes (prevalence = $\frac{\text{number of affected individuals}}{\text{total number of individuals}}$). FPR is evaluated at five different p-value thresholds (a=0.05, 0.005, and 5×10^{-6}), as shown from panels a to c. The dashed lines indicate the expected FPR (i.e., the alpha level). Each boxplot represents the distribution of FPR across 100 simulation replicates. The line inside each box indicates the median value, notches

indicate the 95% confidence interval, central box indicates the interquartile range (IQR), whiskers indicate data up to 1.5 times the IQR, and outliers are shown as separate dots.

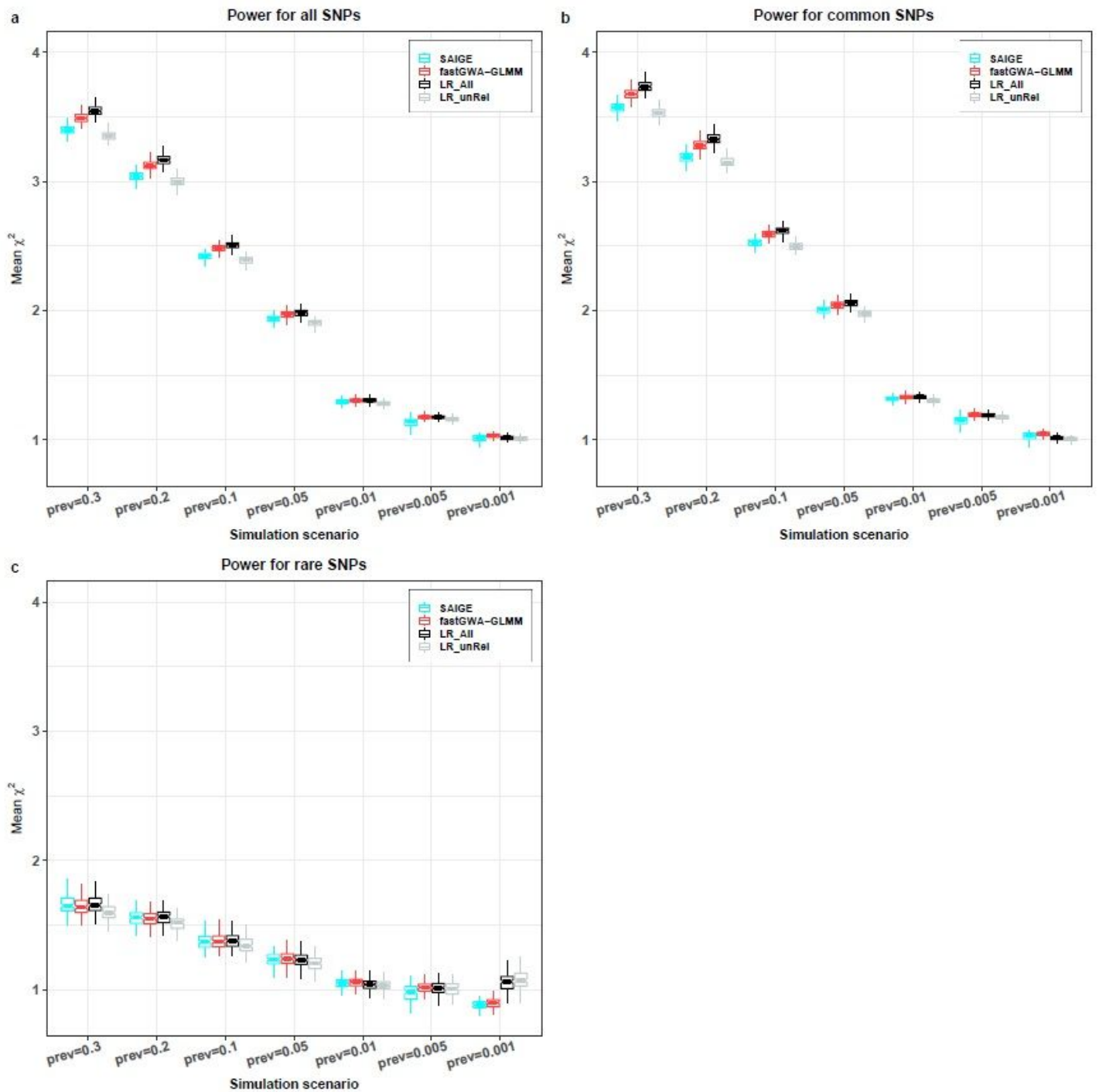


Figure 3

Comparison in power between the methods. Here, power is measured by the mean χ^2 of the causal variants. The y-axis represents the mean χ^2 of the causal variants (10,000 common and 1,000 rare causal variants on the odd chromosomes), and the x-axis represents different levels of prevalence of the simulated binary phenotypes (prevalence = $\frac{\text{number of affected individuals}}{\text{total number of individuals}}$). Apart from being evaluated for the 11,000 variants altogether in panel (a), the mean χ^2 is evaluated for common (MAF ≥ 0.01) and rare (MAF

< 0.01) causal variants separately, as shown in panels (b) and (c), respectively. Each boxplot represents the distribution of mean x_2 across 100 simulation replicates. The line inside each box indicates the median value, notches indicate the 95% confidence interval, central box indicates the interquartile range (IQR), whiskers indicate data up to 1.5 times the IQR, and outliers are shown as separate dots.

Supplementary Files

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- [fastGWAGLMMSupplementary14Dec2020.pdf](#)