

### Exploring the Potential Mechanism of Zhengan Xifeng Decoction for ischemic stroke based on Network pharmacology and Molecular Docking

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#### Research

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### Abstract

**Backgroud** Ischemic stroke (IS) is an acute cerebrovascular incident that threatens public health. Zhengan Xifeng Decoction (ZXD), as a common herbal formula, has been widely applied in clinical practice for IS. The purpose of this study was to investigate the bioactive ingredients and potential pharmacological mechanisms of ZXD for IS based on network pharmacology and molecular docking.

**Methods** Chemical ingredients of ZXD were screened from TCMSP, BATMAN-TCM and the literature. Then, the targets of the chemical ingredients were predicted through STITCH and SwissTargetPrediction databases. IS-related targets were selected from DisGeNET, DrugBank, MalaCards and GeneCards databases. And, the String database and Cytoscape 3.8.2 software were used to construct the proteinprotein interaction (PPI) network. Kyoto Encyclopedia of Genes and Genomes (KEGG) and Gene Ontology (GO) enrichment analysis were analyzed in Metascape. At last, Molecular docking was carried out using Open Babel GUI, AutoDock 1.5.6 and Pymol.

**Results** 284 active ingredients involving 2353 putative targets were identified in ZXD, of which 1098 targets were linked to IS. A total of 20 core targets including MAPK3, MAPK1, and AKT1 were identified by analyzing PPI network. The biological process associated with IS were related to response to growth factor, apoptotic signaling pathway, MAPK cascade and neuron death. And KEGG enrichment included that Prolactin signaling pathway, VEGF signaling pathway and ErbB signaling pathway were closely correlated with neurogenesis, neurotransmission, synaptic plasticity vascular growth factor regulation, in IS. Finally, molecular docking revealed that core ingredients of Quercetin, Carvone and Asparamide had well-binding ability to core targets.

#### Conclusion

The study suggested that ZXD treated IS by modulating multiple targets and pathways. And, the results demonstrated that the mechanism of ZXD anti-IS may be related to the regulation of neuroprotection and angiogenesis through Prolactin signaling pathway, VEGF signaling pathway and the ErbB signaling pathway.

#### Introduction

Ischemic stroke (IS) is an acute cerebrovascular incident caused by disorder of the cerebral blood supply, which mainly causes ischemia, hypoxia, and even neuronal necrosis of brain tissue that leads to neurological deficits. Research has shown that IS is a neurological disorder with high morbidity, mortality, disability, and recurrence rates, which seriously endangers public physical and mental health [1]. Overproduction of free radicals, calcium overload, excitotoxicity and oxidative stress in cerebral ischemia and hypoxia may trigger cell necrosis or apoptosis, resulting in neuronal death in IS. In addition, the acute inflammatory response in cerebral ischemia leads to the blood-brain barrier (BBB) destruction, brain edema, and neuronal injuries [2, 3]. However, the effectiveness of therapeutic drugs for IS is limited, making it important to investigate and develop new therapeutic agents.

As a classical formula in Chinese medicine, Zhengan Xifeng Decoction (ZXD) with the effect of calming liver and suppressing hyperactive yang, extinguishing wind and dredging collaterals, is often used in clinical practice for stroke [4]. ZXD consists of 12 herbal medicines: Niuxi (*Achyranthis Bidentatae Radix*), Zheshi (*Haematitum*), Longgu (*Fossilia OssiaMastodi*), Muli (*Ostreae Concha*), Guiban (*Testudinis Carapax et Plastrum*), Tiandong (*Asparagi radix*), Yinchen (*Artemisiae Scopariae Herba*), Xuanshen (*Scrophulariae Radix*), Gancao (*Glycyrrhizae Radix et Rhizoma*), Chuanlianzi (*Toosendan Fructus*), Maiya (*Hordei Fructus Germinatus*), Baishao (*Paeoniae Radix Alba*). Clinical study found that ZXD was effective in regulating inflammatory responses, improving neurological function and increasing daily living ability in patients with IS [5]. Animal study showed that ZXD significantly reduced cerebral edema and infarct size, which contributed to improve behavioral impairment in MCAO rats, and it regulated the expression of caspase-3 to reduce nerve cell apoptosis in ischemic areas [6]. However, the mechanism of ZXD for IS has not been clarified.

With the rapid development of available biomedical data, new insights for drug discovery are being provided by systems biology and pharmacology. Network pharmacology is able to be reconstructed by integrating molecular networks with multidisciplinary, including biochemistry, bioinformatics, and systems biology to facilitate the mining of drug effect through novel network models of "multi-target, multi-effect, complex disease" [7]. In this study, we used the network pharmacology approaches including protein-protein interaction (PPI) network construction, network topology analysis, gene function analysis and molecular docking to reveal the mechanism of ZXD for IS. Flow chart is shown in Figure 1.

### **Materials And Methods**

# Active ingredients and corresponding targets collection

TCMSP (https://old.tcmsp-e.com/tcmsp.php) [8], BATMAN-TCM (http://bionet.ncpsb. org/batman-tcm/) [9] and the literature were used to screen the ingredients of ZXD. Ingredients that meet oral bioavailability  $\geq 20\%$ , BBB  $\geq -0.3$ , drug-likeness  $\geq 0.1$  or meet the Lipinski Rule of Five were selected [10], in addition, ingredients did not meet the above requirements and had pharmacological activity were also included. TCMSP, BATMAN-TCM, STITCH (http://stitch.embl.de/)[11] and Swiss TargetPrediction (http://www.swisstargetprediction.ch/)[12]databases were used to obtain the targets of ingredients.

## **Targets collection for IS**

The IS related targets were obtained from DisGeNET (https:// www.disgenet.org/)[13], DrugBank (https://go.drugbank.com/), MalaCards (https:// www.malacards.org/)[14] and GeneCard (https://www.genecards.org/) databases, and then the targets were normalized using the UniProt database (https:// www. uniprot.org/) [15].

## **PPI network construction**

The common targets of ZXD and IS were obtained through website of Venn (http://bioinformatics.psb.ugent.be/webtools/Venn/), and the common targets were uploaded to STRING

(https://www.string-db.org/) to obtain the PPI network [16]. The PPI network data were imported into Cytoscape 3.8.2 software for visualization and topology analysis, and the central modules and key targets of the PPI network were obtained in Cytoscape using plug-ins MCODE and cytoHubba.

## Construction of ingredient-target-IS network

The active ingredient-common target-IS network was constructed in Cytoscape software, and the topological analysis was performed to screen the key ingredients according to the value of degree, betweenness centrality and closeness centrality.

## GO and KEGG pathway enrichment analysis

The GO analysis including biological processes (BC), molecular functions (MF) and cellular components (CC), and KEGG enrichment analysis were analyzed in Metascape database [17]. *P*-values <0.01 was considered to be significant. The results of top 20 with statistical significance were visualized as bubble plots in the bioinformatics platform(http://www.bioinformatics.com.cn/).

## Verification with Molecular Docking

The 3D structures of key active ingredients were obtained from PubChem database (https://pubchem.ncbi.nlm.nih.gov/), and the 3D structures of key targets were retrieved from RCSB PDB database(https://www1.rcsb.org/). The original ligand and water molecule were removed from the receptor protein via using the PyMOL software. Molecular docking was conducted by using Autodock Tools 1.5.6, and the docking results were visualized in PyMOL. The lower of the binding energy score, the better of the binding performance.

### Results

## The active ingredients and targets of ZXD

A total of 284 ingredients and the corresponding 2353 targets were obtained. Among them, 20 ingredients of Niuxi (*Achyranthis Bidentatae Radix*), 1 ingredient of Zheshi (*Haematitum*), 5 ingredients of Longgu (*Fossilia OssiaMastod*i), 10 ingredients of Muli (*Ostreae Concha*), 18 ingredients of Guiban (*Testudinis Carapax et Plastrum*), 9 ingredients of Tiandong (*Asparagi radix*),33 ingredients of Yinchen (Artemisiae Scopariae Herba), 13 ingredients of Xuanshen (*Scrophulariae Radix*), 141 ingredients of Gancao (*Glycyrrhizae Radix et Rhizoma*), 9 ingredients of Chuanlianzi (*Toosendan Fructus*), 23 ingredients of Maiya (*Hordei Fructus Germinatus*), 26 ingredients of Baishao (*Paeoniae Radix Alba*). The information of the ingredients was shown in Additional file 1(Table 1).

	Table 1
	The information of the ingredients of ZXD
Herb	Active ingredients
Niuxi (Achyranthis Bidentatae Radix)	poriferasta-7,22E-dien-3beta-ol, Inophyllum E, Spinasterol, DIBP, DBP, 28- norolean-17-en-3-ol, berberine, coptisine, wogonin, oleanolic acid, delta 7- stigmastenol, baicalein, epiberberine, beta-sitosterol, Stigmasterol, palmatine, beta-daucosterol_qt, betaine, Ecdysterone, inokosterone
Zheshi ( <i>Haematitum</i> )	Ferric Oxide
Longgu ( <i>Fossilia</i> <i>OssiaMastodi</i> )	Calcium Phosphate, Calcium Carbonate, Phosphorus pentoxide, Magnesium oxide, Ferric oxide
Muli ( <i>Ostreae</i> <i>Concha</i> )	calcium carbonate, calcium phosphate, taurine, zinc, docosahexenoic acid, eicosapentaenoic acid, Calcium Sulphate, Ferric Oxide, Silicon, Aluminum
Guiban ( <i>Testudinis</i> <i>Carapax et</i> <i>Plastrum</i> )	Aspartic Acid, Calcium Carbonate, Phenylalanine, glycine, Lanine, methionine, serine, isoleucine, threonine, glutamic acid, histidine, leucine, arginine, γ-aminobutyric acid, cystine, proline, lysine, tyrosine
Tiandong ( <i>Asparagi radix)</i>	Stigmasterol, quercetin, Ferulic acid, diosgenin, Coniferol, beta-sitosterol, Asparagine, Aspafilioside A, 7-Methoxy-2-methyl isoflavone
Yinchen ( <i>Artemisiae Scopariae Herba</i> )	Vanillin, Scopoletin, Scoparone, Salicylic Acid, Rhamnocitrin, quercetin, P- Cymene, Methyleugenol, Isorhamnetin, Isoarcapillin, Hyperin, Eupalitin, Hydroxyacetophenone, Genkwanin, Furaldehyde, Eupatolitin, Eugenol, Cirsilineol, Chlorogenic Acid, Carvone, Carene, Capillene, Caffeic Acid, beta- sitosterol, Beta-Elemene, Beta-Caryophyllene, Azelaic Acid, Artepillin C, Artepillin A, Areapillin, Alpha-Terpineol, Alpha-Humulene, 4'-Methylcapillarisin,
Xuanshen ( <i>Scrophulariae</i> <i>Radix</i>	Sugiol, P-Methoxycinnamic Acid, P-hydroxycinnamic acid, oleic acid, Methylchavicol, L-Asparagine, Harpagide, cinnamic acid, beta-sitosterol, Aucubin, 6-O-methylcatalpol_qt, 6-O-Methyl Catalpol, (-)-Nissolin
Gancao ( <i>Glycyrrhizae</i> <i>Radix et</i> <i>Rhizoma</i> )	Xambioona, Vestitol, Urea, Uralenol-3-Methylether, Uralenin, Uralene, Umbelliferone, Tetrahydropalmatine, Tetrahydroharmine, Sitosterol, Sinapic Acid, Sigmoidin B, Shinpterocarpin, Shinflavanone, Schaftoside, Ruvoside, Rutin, Pinocembrin, Phaseollinisoflavan, Phaseolinisoflavan, Phaseol, Ononin, oleanolic acid, Odoratin, Nicotiflorin, Neoisoliquiritin, Narwedine, Monoolein, Monoammonium Glycyrrhizinate, Methylglyoxal, Medicarpin,
	Mairin, Lupiwighteone, Liquoric Acid, Liquiritin, Liquiritigenin, Licorisoflavan A, Licoricone, Licoricidin, Licoisoflavone B, Licoisoflavone, Licoisoflavanone, Licofuranocoumarin, Licocoumarone, licochalcone G, licochalcone a, Licoarylcoumarin, Licoagroisoflavone, Licoagrocarpin, kanzonols W, Kanzonol Z, Kanzonol U, Kanzonol F, Kanzonol B, Jaranol, Isotrifoliol, Isoquercitrin, Isoorientin, Isoononin, Isoliquiritigenin, Isoliensinine, Isolicoflavonol, Isoglycyrol, Isobavachin, Inflacoumarin A, Inermine, icos-5-enoic acid, HMO, Hispidulin, Hispaglabridin B, Hedysarimcoumestan B, Gmelofuran, Glyzaglabrin, Glyyunnanprosapogenin D, Glypallichalcone, Glycyrrhizin, Glycyrrhizic Acid, Glycyrrhisoflavone, Glycyrrhisoflavanone, Glycyrrhetinic Acid, Glycyrol, Glycyrin,

	Glycycoumarin, Glyasperins M, glyasperin F, glyasperin D, Glyasperin C, glyasperin B, Gloeosteretriol, Glisoflavanone, Glepidotin B, Glepidotin A, Glabrone, Glabridin, Glabrene, Glabranin, Ganoderic Acid A, Gancaonin P-3'- Methylether, Gancaonin M, Gancaonin L, Gancaonin I, Gancaonin H, Gancaonin G, Gancaonin F, Gancaonin B, Gancaonin A,
	gadelaidic acid, formononetin, Ferulic Acid, Eurycarpin A, Euchrenone, Echinatin, Dimethyl Sebacate, DIBP, dehydroglyasperins C, DBP, Daidzein dimethyl ether, Corylifolinin, Castanin, Astragalin, Alpha-Trihydroxy Coprostanic Acid, 8- Prenylwighteone, 7-Methoxy-2-methyl isoflavone, 7-hydroxy-2-methyl-3-phenyl- chromone, 7-Acetoxy-2-methylisoflavone, 6-Prenylluteolin, 6-prenylated eriodictyol, 6-Hydroxyrubiadin, 5,6,7,8-Tetrahydro-4-Methylquinoline, 4'-O- Methylglabridin, 4'-Methoxyglabridin, 3'-Methoxyglabridin, 3-Hydroxyglabrol, 3'- Hydroxy-4'-O-Methylglabridin, 3,3'-Dimethylquercetin, 2,4,4'-Trihydroxychalcone, 1-Methoxyphaseollidin, 18beta-Glycyrrhetinic Acid, 18alpha-Glycyrrhetinic Acid, (Z)-1-(2,4-dihydroxyphenyl)-3-phenylprop-2-en-1-one, (2R)-7-hydroxy-2-(4- hydroxyphenyl)chroman-4-one
Chuanlianzi ( <i>Toosendan</i> <i>Fructus</i> )	Torachrysone, Toosendanin, Stigmasterol, Myristic Acid, Methyl Tormentate, Medioresinol, Mandenol, linolenic acid, Ethyl linolenate,
Maiya ( <i>Hordei</i> Fructus Germinatus)	α-tocopheryl quinone, vitamin E, Vitamin D, vitamin B, Tyrosol, Tyramine, Tryptanthrin, Tryptamine, Sucrose, Sterigmato-cystin, Sphaelactone A, Spermine, Pyrethrin I, Putrescine, Lecithin, Hordenine, Heterodendrin, Gramine, Choline, Catalase, beta-sitosterol, Betaine, Adenine
Baishao ( <i>Paeoniae Radix Alba</i> )	Tellimagrandin I, Strictinin, Satol, Pyrethrin Ii, Pyrethrin I, Phenol, Pentagalloylglucose, Pedunculagin, Palbinone, Paeonol, Paeonilactone C, Paeonilactone B, Paeonilactone A, oleanolic acid, Methyl linolelaidate, Mairin, Lactiflorin, Gallotannin, Gallocatechin, Gallicacid, Epigallocatechin,

### IS targets and PPI network

A total of 4154 targets related- IS were obtained, of which 1098 were duplicated with targets of ZXD (Figure 2). A total of 118 key nodes with 3096 edges were involved in PPI network (Figure 3). 4 subclusters were obtained from MCODE analysis (Figure 4). In addition, the 20 key targets were identified by CytoHubba (Figure 5).

### Ingredient-target-IS network

The ingredient-target-IS network included 6544 edges, 1098 nodes of targets and 276 nodes of ingredients (Figure 6). The top 20 key ingredients were screened according to value of degree, betweenness centrality and closeness centrality based on topology analysis Additional file 1(Table 2).

	Table 2			
	List of key ingredients in t	he top 20		
Active ingredients	Herbs	Degree	Betweenness Centrality	Closeness Centrality
Quercetin	Yinchen ( <i>Artemisiae Scopariae Herba)</i> , Tiandong ( <i>Asparagi radix</i> )	178	0.018719476	0.386888014
Carvone	Yinchen ( <i>Artemisiae Scopariae</i> <i>Herba</i> )	159	0.011934583	0.375272926
Asparagine	Tiandong ( <i>Asparagi radix</i> )	148	0.006331886	0.368435155
Gramine	Maiya (Hordei Fructus Germinatus)	125	0.005652462	0.364334923
Capillene	Yinchen ( <i>Artemisiae Scopariae</i> <i>Herba</i> )	121	0.004724727	0.350944359
Myristic Acid	Chuanlianzi ( <i>Toosendan Fructus</i> )	115	0.004189071	0.362414338
Tetrahydropalmatine	Gancao ( <i>Glycyrrhizae Radix et</i> <i>Rhizoma</i> )	112	0.005191466	0.364334923
Azelaic Acid	Yinchen ( <i>Artemisiae Scopariae</i> <i>Herba</i> )	109	0.003631769	0.360703043
Tryptanthrin	Maiya <i>(Hordei Fructus</i> <i>Germinatus)</i>	104	0.005202398	0.363564252
Phenylalanine	Guiban ( <i>Testudinis Carapax et</i> <i>Plastrum</i> )	90	0.003438173	0.356217617
Vitamin B	Maiya <i>(Hordei Fructus</i> <i>Germinatus)</i>	83	0.003090385	0.356033143
Vitamin E	Maiya <i>(Hordei Fructus</i> <i>Germinatus)</i>	76	0.002434101	0.349162011
Salicylic Acid	Yinchen ( <i>Artemisiae Scopariae</i> <i>Herba</i> )	63	0.002092352	0.355113636
Alpha-Trihydroxy Coprostanic Acid	Gancao (Glycyrrhizae Radix et Rhizoma)	59	0.001366897	0.347925101
Tyramine	Maiya <i>(Hordei Fructus</i> <i>Germinatus)</i>	57	0.001039679	0.341191067
Methionine	Guiban ( <i>Testudinis Carapax et</i> <i>Plastrum</i> )	52	0.000822594	0.339673913
Carene	Yinchen ( <i>Artemisiae Scopariae</i> <i>Herba</i> )	52	0.000989777	0.347749115
	Baishao ( <i>Paeoniae Radix</i>	51		

Beta-Sitosterol	<i>Alba</i> ), Maiya <i>(Hordei Fructus Germinatus),</i> Niuxi ( <i>Achyranthis Bidentatae Radix</i> ), Tiandong ( <i>Asparagi radix)</i> Xuanshen ( <i>Scrophulariae Radix</i> ), Yinchen ( <i>Artemisiae</i> <i>Scopariae Herba</i> )		0.001844805	0.352564103
Beta-Elemene	Yinchen ( <i>Artemisiae Scopariae</i> <i>Herba</i> )	51	0.000827316	0.345303867
Beta-Caryophyllene	Yinchen ( <i>Artemisiae Scopariae</i> <i>Herb</i> )	51	0.00068119	0.342210055

### GO and KEGG pathway analysis

GO enrichment analysis of 118 core targets obtained 209 potential BP, 89 CC and 79 MF, and the BP were mainly involved in response to growth factor, apoptotic signaling pathway, MAPK cascade and neuron death. The CC were mainly involved in transcription regulator complex, membrane raft, membrane microdomain and cytoplasmic side of membrane. And the MF were mainly involved in kinase binding, protein kinase binding, transcription factor binding and DNA-binding transcription factor binding. The top 20 terms were shown in Figure 7. KEGG enrichment analysis of 118 core targets obtained 126 pathways, mainly including Prolactin signaling pathway, VEGF signaling pathway, ErbB signaling pathway. The top 20 terms were shown in Figure 8. In addition, MCODE analysis of the PPI network obtained 4 sub-networks, and the results of KEGG pathway enrichment of sub-networks mainly included Prolactin signaling pathway, ErbB signaling pathway. (Figure 9).

### Molecular docking

The MAPK1, MAPK2 and AKT1 of the key targets were selected to molecularly docked with the Quercetin, Carvone and Asparamide of the key ingredients. The results showed the key ingredients were well-bind to the active sites of three key targets. The docking results of key ingredients with the key targets were shown in Table 3, Figure 10.

Ingredients	Binding energy(KJ/mol)				
	MAPK3	MAPK1	AKT1		
Quercetin	-16.9	-22.2	-18.3		
Carvone	-23.1	-27.0	-23.8		
Asparamide	-11.1	-13.9	-16.9		

Table 3
Docking results of key active ingredients with
key targets

#### Discussion

As one of the most common cerebrovascular diseases, the pathogenesis of IS is complicated [18]. At present, ZXD was found to have positive influences on reducing NIHSS scores in patients with IS. In addition, ZXD had the active effect on reducing brain edema and improving vascular endothelial function by inhibiting the overexpression of ET-1, TNF- $\alpha$  and local inflammatory response [19]. The network pharmacology revealed that ZXD exerted the anti-IS effect by modulating multi-targets and pathways.

The key ingredients such as quercetin, carvone, and asparagine have been proven to be effective in alleviating brain damage and ameliorating neurological functions. Acidosis-induced activation of ASIC1a (acid-sensing ion channel 1a) facilitated intracellular calcium overload during IS, which was closely related to ischemic neuronal death [20]. Pandey et al. indicated that quercetin from Yinchen (*Artemisiae Scopariae Herba*) and Tiandong (*Asparagi radix*) exerted neuroprotective effects by modulating ASIC1a to reduce infarct volume and improve neurobehavior in IS [20]. In addition, quercetin glucoside had the curative potential for facilitating angiogenesis in ischemic tissues, which was essential for improving blood supply to ischemic areas and restoring neurological function after IS [21]. Carvone, an important ingredient of Yinchen (*Artemisiae Scopariae Herba*), was found to decrease infarct volume, alleviate neuroinflammation in cerebral ischemic tissues, and ameliorate neurological deficits of MCAO rats through downregulating the expression of NLRP3, caspase-1, TNF- $\alpha$  and IL-1 $\beta$  [22]. Asparagine from Tiandong (*Asparagi radix*) was crucial for nervous system balance, myelin formation and brain development [23]. Moreover, Asparagine-linked (N-linked) glycan chains of glycoprotein played an important role in angiogenesis [24].

From the analysis of the PPI network, MAPK3, MAPK1 and AKT1 of the key targets had critical effects on IS. MAPK3 (ERK1) and MAPK1 (ERK2) were important components of MAPK family that mediated cell growth, adhesion, survival and angiogenesis. The MEK/ERK signaling pathway was activated during IS, which enhanced the expression of TNF-α, IL-1β, IL-6 and iNOS in the cerebral vasculature, resulting in the destruction of the BBB, blockage of nerve cell migration and inhibition of neurogenesis and synaptogenesis [25, 26]. Meng et al [27] found that Xuanshen (*Scrophulariae Radix*) from ZXD possibly inhibited neuronal apoptosis during IS by regulating the MAPK pathway which participated the stimulation of hypoxia-inducible factors in angiogenesis [28]. Akt, as a serine/threonine protein kinase, could exert the effect of pro-survival, anti-apoptotic activities and angiogenesis [29]. The studies concluded that early activation of Akt improved the oxygen supply/depletion balance in microregions after cerebral ischemia/ reperfusion. Moreover, AKT was critical to regulate the expression of VEGF that was essential for neurogenesis and angiogenesis after IS [30, 31]. Lei et al found that quercetin exerted neuroprotective effect by reducing ROS overproduction induced by cerebral ischemia and reperfusion in the hippocampus, which was probably related to the upregulation of Akt signaling [32].

BP analysis of the core targets mainly included response to growth factor, apoptotic signaling pathway and neuron death. Nerve growth factor had neurotrophic and anti-apoptotic effects, and vascular endothelial growth factor also directly affected neuronal growth, survival, and axonal growth in the nervous system, which might be essential in the treatment of IS. Moreover, the KEGG analysis indicated that the sub-networks were mainly related to neural regeneration, repair and angiogenesis, which were consistent with the results of BP analysis.

The enrichment analysis of KEGG showed that ZXD affected multiple pathways which had crucial roles in the treatment of IS, including Prolactin signaling pathway, VEGF signaling pathway and ErbB signaling pathway. Prolactin was a peptide hormone with biological functions involved in brain and behavior regulation. Glutamate toxicity led to excess Na<sup>+</sup> and Ca<sup>2+</sup> influx into neuronal cells which was critical mechanism of neuronal death in IS [33]. The study proved that prolactin was involved in hypothalamic neuronal signaling through regulating the MAPK/ERK pathway, and was a potential candidate for neurotherapeutics as it significantly reduced brain calcium and nitrate levels in different brain regions of MCAO rats to improve cerebral ischemia-reperfusion injury [34, 35]. Lin et al [36] found that guercetin might promote prolactin receptor (PRLR) expression through the activation of AKT which contributed to axon regeneration. VEGF was an angiogenic factor and a powerful neurogenic growth factor, which was able to stimulate neurogenesis in the subventricular zone and dentate gyrus of the hippocampus [37]. Liang et al showed that PI3K/AKT and MAPK/ERK pathways mediated VEGF transcription to promote angiogenesis in MCAO rats. In addition, administration of VEGF to MCAO rats induced angiogenesis of the ischemic border and improved neurobehavioral scores [38, 39]. Han et al found that tetrahydropalmatine, an ingredient of Gancao (Glycyrrhizae Radix et Rhizoma) in ZXD, alleviated ischemia-reperfusion injury by increasing the expression of VEGF [40]. NRG/ErbB signaling pathway was associated with axon formation, neurotransmission and synaptic plasticity. Noll et al discovered that NRG1, a ligand for ERbB3 and ERbB4, attenuated neuronal damage after IS, which was a potential target for the therapy of patients with stroke [41]. Thus, ZXD probably protected the brain from IS through neuroprotection and angiogenesis, which were mediated through interactions with the key targets and pathways that discussed above.

The study of network pharmacology revealed the putative key ingredients, targets, pathways and pharmacological mechanisms of ZXD for IS, which provided direction and basis for future research. However, there were probably some limitations in this study. Higher quality TCM databases were needed to ensure the accuracy and completeness of data. In addition, further biological studies were needed to validate the results of the above study.

### Conclusion

In conclusion, we investigated the potential mechanism of ZXD in the treatment of IS based on network pharmacology approaches. The underlying functional ingredients such as quercetin, carvone, and asparagine were identified in this study which may exert the effect of neuroprotective and angiogenesis on IS through Prolactin signaling pathway, VEGF signaling pathway and ErbB signaling pathway. Furthermore, the results of molecular docking supported the conclusions. Our results provided a new insight to reveal the mechanism of herbal formulas of ZXD for IS.

#### Declarations

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## Availability of data

All data are available in the manuscript and they are showed in figures and tables.

### Ethics approval and consent to participate

Not applicable.

## **Consent for publication**

Not applicable.

## **Competing interests**

The authors declare no conflict of interest, financial or otherwise.

### Author contributions

Yasu Zhang and Xiaomin Liu are equally contributor to this manuscript. study concept or design<sup>®</sup>Yasu Zhang; Xiaomin Liu; Xiaodong Feng; data collection: Junzi Long; data analysis or interpretation: Qian Gao; Mengyang Pan; Zhuoyan Gu; revision of the manuscript and study supervision: Xiaodong Feng. The author(s) read and approved the final manuscript.

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#### Figure 1

Flow chart of this article

Venn diagram of intersection targets of ZXD and IS

#### Figure 3

PPI network (A total of 288 targets with degree > 13 were obtained for the first time and 188 targets with degree > 30 were obtained for the second time)

#### Figure 4

Sub-clusters of PPI network



#### Figure 5

The 20 key targets of PPI network



The ingredient-target-IS network (Red represents common targets, blue represents ingredients, and yellow represents diseases



The top 20 terms of GO enrichment analysis of 118 core targets



The top 20 terms of KEGG enrichment analysis of 118 core targets



KEGG enrichment analysis of 4 sub-networks



#### Figure 10

(a) The docking model of Quercetin with MAPK1

- (b). The docking model of Carvone with MAPK3
- (c). The docking model of Asparamide with AKT1