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## Article

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# Volcanoes and ENSO: a re-appraisal with the Last Millennium Reanalysis

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## ABSTRACT

The potential for explosive volcanism to affect the state of the El Niño-Southern Oscillation (ENSO) has been debated since the 1980s. Several observational studies, largely based on tree rings, have since found support for a positive ENSO phase in the year following large eruptions. Models of different complexities also simulate such a response, detectable above the backdrop of internal variability – though they disagree on the underlying mechanisms. In contrast, recent coral data from the heart of the tropical Pacific suggest no uniform ENSO response to all eruptions over the last millennium. Here we leverage paleoclimate data assimilation to integrate the latest paleoclimate evidence into a consistent dynamical framework and re-appraise this relationship. Our analysis finds only a weak statistical association between volcanism and ENSO, suggestive of either no causal association, or of an insufficient number of large volcanic events over the past millennium to obtain reliable statistics. While currently available observations do not support the model-based inference that tropical eruptions promote an ENSO response, there are hints of a response to hemispherically asymmetric forcing, consistent with the "ITCZ shift" mechanism. We discuss the difficulties of conclusively establishing a volcanic influence on ENSO given the many degrees of freedom affecting the response, including eruption season, spatial characteristics of the forcing, and ENSO phase preconditioning.

## Introduction

The El Niño-Southern Oscillation (ENSO), the quasi-periodic alternation of warm and cold phases of the tropical Pacific ocean-atmosphere system, is the leading source of global interannual climate variability<sup>1</sup>. ENSO influences weather conditions not only in the tropical Pacific<sup>2</sup>, but also globally through atmospheric teleconnections<sup>3</sup>. Skillful prediction of the ENSO cycle, including its phase and amplitude, is therefore key to the successful forecasting of worldwide meteorological and oceanographic conditions at sub-seasonal to seasonal scales.

External forcing has the potential to affect ENSO variability<sup>4</sup>. In particular, explosive volcanism may inject large amounts of sulfate aerosols into the atmosphere, abruptly reducing incoming shortwave radiation and affecting the subsequent global ocean-atmosphere climate variability for several years<sup>5</sup>. A causal relationship between large eruptions and ENSO would be a significant source of climate predictability on interannual scales, and would be important for evaluating climate models' sensitivity to volcanic forcing, as well as assessing the risk of geoengineering solar radiation management schemes that emulate the stratospheric sulfate aerosol loading characteristic of large explosive eruptions<sup>6</sup>. The link between volcanism and ENSO has been vigorously debated since it was first proposed<sup>7</sup>. Since then, several tree-ring based observational studies have found support for an El Niño-like response in the year following large eruptions<sup>8–12</sup> and at least five mechanisms have been proposed to account for this relationship: (i) the ocean dynamical thermostat (ODT)<sup>4,13,14</sup>, which states that the upwelled water in the eastern Pacific (EP) makes the region less sensitive to radiative forcing than the western Pacific, and leads to nonuniform Pacific SST response to uniform incoming solar radiation reductions after eruptions; (ii) the land-ocean temperature gradient (LOTG) mechanism<sup>15–17</sup>, which states that the low thermal inertia of the land introduces a LOTG after eruptions, which affects the Pacific zonal wind anomalies and hence the ocean temperature; (iii) the subtropical wind stress curl mechanism<sup>18,19</sup>, which states that the initial enhanced cooling in EP after eruptions leads to a negative (anticyclonic) subtropical wind stress curl,

37 which drives equatorward convergence of warmer subtropical waters and delays the ODT; (iv) the extratropical teleconnection  
38 mechanism<sup>17,20</sup>, which states that volcanically induced cooling of tropical Africa weakens the West African monsoon and  
39 alters the Walker circulation; and (v) the Inter Tropical Convergence Zone (ITCZ) shift mechanism<sup>19–22</sup>, which states that the  
40 Northern Hemisphere (NH) cooling after NH eruptions shift the ITCZ southward, which weakens the Pacific trade winds and  
41 leads to an El Niño-like response. Several studies have also suggested a La Niña-like response 2 years after an eruption<sup>12,23</sup>,  
42 which could be due to the oscillatory nature of ENSO dynamics<sup>12</sup>, or to the eastward position of the anomalous western North  
43 Pacific anticyclone, exciting upwelling Kelvin waves and enhancing thermocline feedback and zonal advection, leading to a  
44 greater cooling rate in the eastern Pacific<sup>23</sup>.

45 Ensemble simulations with a highly simplified ENSO model<sup>14</sup> suggested a threshold effect that would make ENSO insen-  
46 sitive to all but the largest eruptions of the past millennium (approximately the magnitude of Krakatau and above). This has  
47 generally been confirmed by experiments with more realistic models<sup>19–22,24</sup>. However, a recent analysis of a long, monthly  
48 coral record from the heart of the tropical Pacific<sup>25,26</sup> suggests no uniform ENSO response to all eruptions over the last mil-  
49 lennium, even for the largest eruptions<sup>27</sup>. This is in line with results from recent modeling studies using large ensembles that  
50 allow quantification of the influence of stochastic as well as deterministic elements<sup>24</sup>. Indeed, ENSO is thought to be affected  
51 by multiple uncertain or poorly constrained factors, including the phase of the quasi-biennial oscillation (QBO)<sup>28</sup>, the forcing  
52 magnitude, location, and season of the eruption<sup>19,24</sup>, as well as pre-conditioning of the ENSO state (neutral, Central Pacific  
53 El Niño, Eastern Pacific El Niño, or La Niña)<sup>16</sup>. Yet, observational studies on this track are hindered by the limited num-  
54 ber of well known eruption events, the temporal resolution of volcanic forcing reconstructions, and the spatial and temporal  
55 availability of proxy records.

56 Paleoclimate records offer a longer period of observation but conflicting accounts: reconstructions based mostly on tree-  
57 ring proxies<sup>8–12</sup>, which experience ENSO through teleconnections, have been used to argue of an El Niño-like response within  
58 a year of the eruption; in contrast, reconstructions using corals from the core ENSO region<sup>26,27,29</sup> – which provide a firsthand,  
59 albeit discontinuous, account of ENSO variations – do not support this conclusion.

60 In this study, we re-appraise the potential links between volcanism and ENSO, by integrating the latest paleoclimate  
61 evidence from both tree rings and corals into a consistent dynamical framework, the Last Millennium Reanalysis (LMR)<sup>30,31</sup>,  
62 and interpret the results in the context of recent modeling work showing a large role for both initial and boundary conditions  
63 in shaping the climate response to volcanism<sup>16,24</sup>.

## 64 Corals vs tree rings

65 Coral archives are a natural choice for ENSO reconstruction due to their geographical proximity to ENSO centers of action<sup>32</sup>  
66 and the demonstrated link between the geochemistry of their skeletons and ENSO conditions<sup>33,34</sup>. However, their limited time  
67 span produces discontinuous records, which can only be pieced together by splicing<sup>26</sup>. The longest and most complete coral  
68 ENSO record published to date<sup>26,27,35</sup> is located at Palmyra atoll, at the edge of the Niño 3.4 region. The record covers 535  
69 of the past 1000 years, leaving many gaps, and with limited replication over common intervals. Tree-ring based proxies, on  
70 the other hand, have been used to build long, cross-dated, and heavily replicated reconstructions that continuously span the  
71 Common Era. Their distance to ENSO centers of action means that they rely on teleconnections between the tropical Pacific  
72 and their local terrestrial rainfall and temperature anomalies, leaving them vulnerable to confounding factors. Combining  
73 data from both archives could ameliorate their individual limitations. Before doing so, however, we compare reconstructions  
74 assimilating the two archives separately, as this provide insights into the possible causes of the discrepancy between previous  
75 studies and on how to interpret a combined signal.

76 Our strategy leverages the data assimilation algorithm of the Last Millennium Reanalysis (Methods). We first assimilate  
77 corals to reconstruct tropical Pacific surface temperature during the boreal winter (DJF).

78 Our coral collection includes the synthesis of Ocean2k<sup>29,36</sup>, supplemented by the latest Palmyra record<sup>27</sup>. The resultant  
79 reconstruction is denoted as LMR (Corals), and its spatial and temporal skill is presented in Fig. 1(a,d). The skill of the  
80 Niño 3.4 reconstruction is remarkably high compared to many other existing reconstructions (see Extended Data Fig. 1), with  
81 a temporal correlation coefficient ( $R$ ) of 0.86 (that is, 74% of shared variance) and a coefficient of efficiency ( $CE$ )<sup>37</sup> of 0.71  
82 against ERSSTv5 (Extended Reconstructed Sea Surface Temperature v5)<sup>38</sup>. However, due to the temporal gaps in the Palmyra  
83 record, the reconstruction is incomplete over the last millennium (Fig. 2b) and the ensemble-mean variability collapses when  
84 Palmyra observations are unavailable.

85 The assimilation of tree rings for Niño 3.4 reconstruction is challenging due to their distance to the target region. To  
86 overcome this, we gather the six best tree-ring based Niño 3.4 predictors identified by Li et al.<sup>10</sup> (denoted as Li13b6): the first  
87 two principal components of the North American Drought Atlas (NADA) (Version 2a)<sup>39</sup> and Monsoon Asia Drought Atlas  
88 (MADA)<sup>40</sup>, the Kauri tree-ring composite<sup>41</sup>, and the South America Altiplano tree-ring composite<sup>42</sup> (Extended Data Fig. 2),  
89 and assimilate them in LMR as proxies for Niño 3.4 SST (see Methods). The resultant reconstruction, denoted as LMR  
90 (Li13b6) in Fig. 1b,e displays skill comparable to LMR (Corals), though slightly weaker, with  $R = 0.75$  and  $CE = 0.57$ . Note

91 that the scatter plots in Extended Data Fig. 2 (m-r) indicate that Li13b6 predictors tend to underestimate the Niño 3.4 anomaly  
92 in year 1 after instrumental era eruptions (as the colored dots tend to hover above the linear model fit), yet this behavior is not  
93 obvious in the reconstruction LMR (Li13b6) (Fig. 1h), suggesting an advantage for processing the proxy observations within  
94 the LMR paleo-data assimilation framework. The spatial verification (Fig. 1b) indicates that the reconstruction skill peaks  
95 around the center of the Niño 3.4 region and decays quickly away from it. A major advantage of the tree-based reconstruction  
96 is its continuous nature over the past millennium (Fig. 2c).

97 We next assess the ENSO response to volcanism in both reconstructions. To perform an equitable comparison, we select  
98 large eruptions defined as volcanic stratospheric sulfur injection (VSSI) greater than 6 Tg S according to the eVolv2k version  
99 3 dataset<sup>43</sup>, and focus on periods when the Palmyra coral record is available (Fig. 2a). We assess the forced ENSO responses  
100 using both the widely-used superposed epoch analysis (SEA) approach (also known as compositing), as well as a ranking  
101 analysis (see Methods). The SEA (Fig. 3a,b) applied to the 12 large events when Palmyra is available (Fig. 2a) suggests that  
102 there is no Niño 3.4 composite value that is significantly higher than that of randomly drawn non-volcanic years, even at the  
103 relatively permissive 90% level.

104 However, SEA is sensitive to dating uncertainties, as the compositing procedure requires that the reconstruction segments  
105 of individual events align precisely, without which otherwise minor timing offsets can compound and damp the composite  
106 signal. SEA may also be affected by the small sample size. This may first come into play through a type I error, which is  
107 tested in the SI Text 2. We find that even small ensembles ( $n = 5$ ) can mitigate this problem, so it is not material for this  
108 particular issue. However, like all averaging methods, an SEA carried over a small sample may be dominated by a small  
109 number of events with extreme anomalies, with most events showing a modest response<sup>44</sup>. Thus, a “significant” composite  
110 response is a necessary but insufficient condition to establish a physical response. Only when most of the events show strong  
111 responses can we be confident about the robustness of the relationship. Therefore, it is important to parse composites into  
112 the contributions from, and consistency of, individual events. This is achieved through a ranking analysis (Fig. 3c-f), which  
113 compares the Niño 3.4 response of each event to the distribution of all non-volcanic years. Events with response values larger  
114 than a certain quantile (say, 80, 90, or 95%) of the distribution of non-volcanic years are considered “significant”.

115 Though the ranks of eruption-year events in the two reconstructions do not agree with each other in detail, both LMR  
116 (Corals) and LMR (Li13b6) point to the same conclusion: that most eruption years are not statistically different from non-  
117 eruption years in both year 0 and year 1, at any significance level.

## 118 Combining corals and tree rings

119 Given this agreement, we combine both archives to perform a continuous reconstruction, denoted as LMR (Corals+Li13b6).  
120 Verification statistics (Fig. 1c,f) show a slight skill improvement compared to LMR (Corals), with  $R = 0.86$  and  $CE = 0.71$   
121 against ERSSTv5. More importantly, the temporal gaps in LMR (Corals) over the past millennium are now filled with the  
122 information from Li13b6 (Fig. 2), which allows a larger sample size of eruption events, hence a more robust evaluation of  
123 ENSO’s response to volcanism.

124 The SEA on LMR (Corals+Li13b6) suggests once again that there is no significant post eruption Niño 3.4 composite  
125 response (Fig. 4a,b) whether using the previously selected 12 events, or all 22 large eruptions of the last millennium (Fig.  
126 2a). Similarly, the ranking analysis (Fig. 4c-f) indicates low significance ratio in year 0 and year 1 for both cases of selected  
127 events.

128 Overall, both SEA and ranking analysis support the conclusion that the statistical link between ENSO phases and last  
129 millennium volcanism is weak. It is worth noting that, comparing rankings in the case of 12 (Fig. 4c,e) vs. 22 events (Fig.  
130 4d,f), events after 1850 CE appear to be significant more likely, suggesting that the sensitivity is time-dependent, a possibility  
131 that we investigate below.

## 132 A non-stationary sensitivity?

133 While our results appear to reconcile previous results obtained from corals and tree rings, discrepancies remain in the published  
134 literature (e.g. Dee et al.<sup>27</sup>, hereafter D20, vs Li et al.<sup>10</sup>, hereafter Li13).

135 An important factor in such comparisons is the choice of events used to diagnose the volcanic signal. Due to the temporal  
136 coverage of the Palmyra coral record, D20 performed SEA mainly on early eruptions (1171, 1230, 1258, 1458, 1641, 1695  
137 CE), while Li13 performed SEA on a pool with more recent eruptions (1350, 1360, 1450, 1580, 1586, 1593, 1600, 1641, 1660,  
138 1673, 1680, 1815, 1822, 1831, 1835, 1883, 1902, 1913, 1951, 1963, 1982, 1991 CE). Extended Data Fig. 3a indicates that the  
139 Li13 reconstruction is heavily heteroskedastic: the variance is less than 1 over much of the pre-instrumental period (before  
140 1850 CE), and larger after that point. If post 1850 CE events are excluded, the significance level of the year 1 response drops  
141 from >99% to around 90% (Extended Data Fig. 3b, dashed dotted curve). This alone suggests that instrumental-era events are  
142 dominating the SEA, leading to a biased result.

143 To assess individual events, we compare rankings using all eruptions vs pre-instrumental eruptions only (Extended Data  
144 Fig. 3c,d). It can be seen that the instrumental period eruptions overall show a stronger Niño 3.4 anomaly than the pre-  
145 instrumental period eruptions (Extended Data Fig. 3c). Without instrumental-era eruptions, only (3, 2, 1) out of 15 events  
146 show a larger Niño 3.4 response than (80%, 90%, 95%) of the non-volcanic years (Extended Data Fig. 3d), indicating that  
147 most of the pre-instrumental period eruptions are not significantly different from non-volcanic years.

148 The above analysis suggests that the reconstructed ENSO response to volcanism is non-stationary, at least between pre-  
149 instrumental and instrumental period eruptions.

150 This could be caused by data attrition, which reduces variability of a reconstruction going back in time since the proxy  
151 observations provide the only source of variability in our reconstructions. Moreover, MADA is compiled using a correlation-  
152 weighted, ensemble-based modification of the “point-by-point regression”<sup>40</sup>, and the ensemble members become less similar  
153 to each other during earlier periods, over which temporal variability is damped compared to recent intervals. In addition,  
154 dating accuracy is a non-negligible problem for fossil corals<sup>45</sup>, where errors compound back in time, potentially reducing  
155 the variability of composite series derived from them<sup>34</sup>. In addition, we note that the instrumental period is quite short and  
156 devoid of the very large eruptions that occur in the pre-instrumental period, so results obtained over this period may not be  
157 statistically representative. Furthermore, instrumental records have shown evidence of the potential of coincidence between  
158 ENSO activity and volcanism, at least for the Agung (1963), El Chichon (1982), and Pinatubo (1991) eruptions, when strong  
159 El Niño events were already underway before the eruptions went off<sup>46</sup>.

160 Repeating the above analysis in Extended Data Fig. 3 on LMR (Li13b6) and LMR (Corals+Li13b6), we see similar  
161 characteristics (SI Fig. 5 & 6) to that of Li13, suggesting that the seemingly divergent conclusions between Li13 and our study,  
162 regarding the statistical significance of ENSO response to volcanism, are mainly caused by different choices of eruption key  
163 dates (see SI Text 3 for details).

## 164 Effects of forcing asymmetry

165 Previous studies have suggested that the hemispheric asymmetry of volcanic forcing is another factor that may differentially  
166 affect ENSO activity<sup>15,20,21,24</sup>. Therefore, we investigate the relationship between forcing parameters and the Niño 3.4 SST  
167 from LMR (Corals+Li13b6). Tropical eruption events are categorized by different hemispheric asymmetry levels (below  
168 0.8, between 0.8 and 1.5, and above 1.5) defined as aerosol spread based on ratio of Greenland to Antarctic sulfate flux<sup>43</sup>.  
169 Extreme events are defined as having a VSSI>20 (1230, 1257, 1458, 1815). Extended Data Fig. 4 indicates a consistently  
170 positive linear relationship between VSSI and year 0 Niño 3.4 responses for events with hemispheric asymmetry larger than  
171 1.5, and between 0.8 and 1.5, although the latter category is dominated by the 1257 extreme event. The relationship for year  
172 1 Niño 3.4 responses is weak for both categories, and there are not enough events to get any meaningful insights for events  
173 with asymmetry smaller than 0.8, nor with extreme events. The positive linear relationship between VSSI and year 0 Niño  
174 3.4 response for strongly asymmetric tropical eruptions is in agreement with the ITCZ shift mechanism<sup>19–22</sup>. However, the  
175 relatively small sample size invites caution about the interpretation. Potentially confounding factors are discussed below.

## 176 Discussion

177 Using state-of-the-art datasets and methods, combining the strengths of both coral and tree-ring records, the present evidence  
178 is as yet unable to detect an effect of explosive volcanism on ENSO phase, consistent with D20<sup>27</sup>. This conclusion is supported  
179 by corals and trees independently. Yet, corals and trees disagree regarding the relative rank between individual events (Fig.  
180 3). This issue might be caused by attrition in both networks, which reduces reconstruction variance back in time. Similarly,  
181 temporal gaps in the Palmyra coral record limit the pool of eruption events and non-volcanic years to a smaller size, making  
182 the comparison less stable.

183 Beyond the issue of attrition, proxy archives harbor limitations of their own. The tree-ring records used here, for instance,  
184 are sensitive to the local hydrological expression of volcanic eruptions, which may be mistaken for the remote effects of ENSO  
185 via teleconnections<sup>22</sup>. The ENSO reconstruction based on the South American Altiplano composite<sup>42</sup> also suggests that the  
186 non-stationary behavior of ENSO variance is masked by intrinsic tree-ring width variability. Indeed, when ENSO variance is  
187 low, the teleconnection is weak, and tree ring variability is more reflective of local temperature and moisture conditions than  
188 those from the remote tropical Pacific; such non-stationarity may obscure the volcanoes-ENSO link. The current coral network  
189 is more proximal to ENSO centers of action, yet is dominated by records from the western and central equatorial Pacific (Fig.  
190 1a) which capture La Niña events more faithfully than El Niño events, and tend to underestimate the amplitude of large eastern  
191 Pacific (EP) events<sup>34,47</sup>. The sparse geographical coverage is another issue, preventing the estimation of tropics-wide SST in  
192 a way that would allow for a robust calculation of relative sea surface temperature (RSST)<sup>17</sup>. Indeed, it has been suggested  
193 that El Niño phases could be enhanced by volcanism even when the absolute SST signal in the central and eastern tropical  
194 Pacific is weak<sup>48</sup>.

195 RSST highlights the impact of volcanism on ENSO relative to the tropical mean cooling, and is computable in our recon-  
196 structed SST fields. This is shown in Extended Data Fig. 5, which displays a temporally-flat tropical average temperature  
197 anomaly for most of the years between 1100-2000 CE, resulting in RSST-based Niño 3.4 anomalies that are indistinguishable  
198 from the SST-based ones. This is a direct result of the sparse coral network before the nineteenth century, and will not im-  
199 prove until this network is vastly expanded over tropical oceans. However, even with the RSST conversion, we still observe  
200 consistently low significance ratio in the ranking analysis of the last millennium climate model simulations (see SI Text S4 for  
201 details).

202 Another caveat comes from limitations associated with the choice of the model prior in the LMR paleo-DA framework.  
203 The model prior here refers to the model simulation from which climate states are chosen at random by the Kalman filter  
204 algorithm. Its chief role is to provide the spatial covariance information within and between fields, and affects how the  
205 information from proxy observations propagates to locations where those observations are not available. According to a  
206 recent study<sup>49</sup>, the known biases in the location of the South Pacific Convergence Zone (SPCZ) in most climate models leads  
207 to incorrect inferences about Niño 3.4 SST from corals located in the SPCZ region, in such a paleoclimate data assimilation  
208 context. Moreover, ref. 49 shows that corals located in both the SPCZ and Niño 3.4 regions produce local cooling during  
209 the 1809 and 1815 eruptions, but all prior ensembles considered (including those drawn from 20th century reanalyses) have a  
210 covariance pattern that yields remote influence (that is, the influence of one region on another) inconsistent with this pattern.  
211 In addition to model bias, this suggests that model priors conditional on eruption time would be important for properly  
212 representing the information in proxy records. We note that, in the present study, these biases are mitigated prior to 1800,  
213 when only proxies tied to the Niño 3.4 index are used.

214 Finally, a recent modeling study<sup>24</sup> suggests that the ENSO response to volcanism is rather weak during DJF because it  
215 changes sign around that season. Yet, the response could be strong before the sign changes, which is usually during January-  
216 September (JAS) and/or October-December (OND). Repeating our analysis using JAS and OND as target seasons, we find  
217 our conclusions insensitive to this choice (SI Text 5). This is in apparent contradiction to that modeling study<sup>24</sup>, yet may  
218 be explained by the limitations of currently available proxy records noted above. Assigning eruption events to specific years  
219 based on volcanic forcing reconstructions could also lead to time offsets in analyses using different target seasons<sup>50</sup>, which  
220 will potentially obscure the relation to eruption events. This is a problem that we cannot resolve currently without a better  
221 knowledge of the eruption season.

222 That we do not find a consistent ENSO response in the relatively small statistical sample of the last millennium is not  
223 evidence that there is zero predictability associated with volcanoes. As suggested by recent modeling studies<sup>16,24</sup>, the forcing  
224 magnitude, location, and season of the eruption, as well as pre-conditioning of the ENSO state can greatly affect the ENSO  
225 response to volcanic eruptions. These multiple factors must align to favor the development of ENSO events, providing a source  
226 of predictability only when these factors are known with a sufficient degree of accuracy. It is therefore reasonable to expect  
227 that the lack of an observed, consistent relationship between ENSO phases and explosive volcanism in our reconstructions  
228 may be due, in part, to an imperfect knowledge of these factors. However, even when controlling for eruption timing in PMIP3  
229 and CESM-LME simulations, a ranking analysis still demonstrates an inconsistent ENSO response to volcanism when this  
230 major source of variability is held fixed (SI Text 4), suggesting that all factors need to be jointly determined, or that a larger  
231 ensemble is needed to discern common trends.

232 Given the large number of degrees of freedom, a large sample size is needed to isolate a consistent signal – larger perhaps  
233 than offered by the past millennium. It is thus important to develop more high-resolution proxy records spanning the tropical  
234 oceans over the last millennium, and possibly extend them through the longer Holocene. The reconstruction of volcanic  
235 forcing also needs to be expanded with longer temporal coverage for more robust statistics. Until these goals have been  
236 achieved, it is unclear how much one can conclude from the paleoclimate record about the contribution of volcanic eruptions  
237 to ENSO dynamics, or to the assessment of the risks posed by solar radiation management strategies in relation to ENSO.

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## 352 **Methods**

### 353 **The Last Millennium Reanalysis data assimilation framework**

354 The version of the Last Millennium Reanalysis (LMR) data assimilation (DA) framework used here<sup>30,31</sup> is an offline ensemble  
355 Kalman filter<sup>51</sup>, optimized for multivariate climate field reconstruction<sup>52</sup>. It consists of a collection of prior states generated  
356 by the CCSM4 climate model, a proxy database, a set of “forward operators” or proxy system models (PSMs)<sup>53</sup> that translates  
357 the environmental variables to the proxy space, and an ensemble Kalman filter operator. In our implementation, the temporal  
358 variation of the posterior stems entirely from the temporal information from the proxies, while the covariance structure of  
359 the model prior serves to spread the temporal information of each proxy to remote regions and other variables than those  
360 directly related to the proxy. For further details, see studies<sup>30,31</sup>. For computational convenience, this study utilizes a fast  
361 implementation of the LMR framework, LMRt<sup>54</sup>. In each assimilation experiment, we perform 50 Monte Carlo iterations,  
362 each using a different randomly chosen 100-member ensemble states from the CCSM4 last millennium simulation<sup>55</sup> as the  
363 model prior. No proxy randomization is performed to guarantee the similarity between each ensemble member so that the  
364 median curve of the reconstructed Niño 3.4 index series is representative of the whole reconstruction product. The default  
365 covariance localization<sup>56</sup> radius of 25,000 km is applied, and we note that the results are insensitive to this exact choice.

366 Note that the calibration period for the PSMs is 1850-2000 CE so as to achieve the best reconstruction skill. To guard  
367 against potential overfitting, as well as the potential impact of climate change we see in NADA PC2 and the Kauri composite  
368 (Extended Data Fig. 2d,e), a cross-validation of the reconstructed Niño 3.4 is performed with disjoint calibration and validation  
369 periods (see SI Text 1); the result suggests that the reconstruction skill is stable to this choice.

### 370 **Data Sources**

371 We consider information from seasonally-sensitive or monthly-resolved proxy records. Coral records are from the Ocean2k  
372 compilation<sup>29</sup> updated with the latest Palmyra data<sup>27</sup>. Each coral record is treated as a proxy for local sea surface temperature  
373 (SST), and is calibrated over 1850-2000 CE through a univariate linear regression procedure against the local, boreal winter  
374 (DJF) SST, which shows high reconstruction skill as in previous studies<sup>30,31</sup>. Experiments with a model that takes the oxygen  
375 isotopic composition of seawater into account did not produce noticeable improvements, which is in agreement with a recent  
376 study<sup>49</sup>. Tree-based records from both hemispheres are taken from a previous reconstruction (Li13<sup>10</sup>), using seven predictor  
377 timeseries. The six best predictors are the first two principal components (PCs) of North American Drought Atlas (NADA)  
378 (Version 2a)<sup>39</sup> and Monsoon Asia Drought Atlas (MADA)<sup>40</sup>, the Kauri tree-ring composite<sup>41</sup>, as well as the South American  
379 Altiplano composite<sup>42</sup>, with the explained variance of Li13 being 11.2%, 8.4%, 40.5%, 24.2%, 38.1%, 56.5%, respectively.  
380 The other predictor is the west-central Argentina composite<sup>57</sup>, which contributes negligibly to reconstruction skill (with an  
381 explained variance of Li13 of 1.8%), and is ignored here. We refer to these best six records as “Li13b6”.

382 We reproduced the principal components of NADA and MADA via principal component analysis (PCA)<sup>58</sup>, so that we  
383 are able to extend the timespan of NADA PCs to 1001-2000 CE, compared to the original timespan (1300-2000 CE) in  
384 Li13. The timespan of the reproduced MADA PCs remains 1300-2000 CE due to the temporal coverage of MADA itself<sup>40</sup>.  
385 The Kauri tree-ring composite covers the 1578-2003 period, and the South American Altiplano tree-ring composite covers  
386 1290-2010 CE. Data beyond 2000 CE are not used since our reconstruction stops at 2000 CE. Note that the South American  
387 Altiplano composite we use is the residual chronology instead of the standard chronology. A residual chronology is obtained by  
388 filtering (prewhitening) the standard chronology via autoregressive modeling<sup>59</sup>. This procedure removes some low-frequency  
389 variability and therefore emphasizes the higher-frequency variability in tree-ring growth and remains appropriate for the  
390 reconstruction of interannual variability. All six predictors are treated as proxies for Niño3.4 SST and are calibrated over 1850-  
391 2000 CE through a univariate linear regression procedure against the Niño3.4 index series derived from a spatially completed  
392 version of HadCRUT4.6<sup>60</sup> leveraging the GraphEM<sup>61</sup> algorithm. Extended Data Fig. 2g-k show a temporal verification of  
393 each predictor against the Niño 3.4 series derived from ERSSTv5 as in Fig. 1d-f.

## 394 Superposed epoch analysis

395 The superposed epoch analysis (SEA)<sup>62</sup> is a widely-used method for analyzing the climate responses to volcanic erup-  
396 tions<sup>10,27,63</sup>. In our case, we extract the median Niño3.4 index series as the target for analysis for each LMR reconstruction.  
397 Large eruption events are defined as a volcanic stratospheric sulfur injection (VSSI) greater than 6 Tg S according to the  
398 eVolv2k version 3 dataset<sup>43</sup>. SEA considers segments around each event, here extending from 3 years prior to the event year  
399 and 6 years after the event year. As in previous work<sup>27</sup>, the mean of the 3 years prior to the event year is removed so that each  
400 segment represents the anomaly response relative to the mean state before each event. A composite is obtained by averaging  
401 these 10-year windows. A bootstrap significance test is then performed: the same number of years as the eruption events  
402 under consideration are randomly drawn from the pool of non-volcanic years for 1000 times, and the composite is calculated  
403 for each draw with an identical process that we calculate the composite for eruption years, based on which we calculate the  
404 1%, 5%, 10%, 90%, 95%, and 99% quantiles of the non-volcanic years at each relative year as the significance levels. Here  
405 the non-volcanic years are defined as the years excluding eruption events defined as VSSI>1.

## 406 Ranking analysis

407 A ranking analysis<sup>64</sup> is designed to assess whether the ENSO response to each individual event is significantly different from  
408 non-volcanic years. Similar to SEA, we extract the median Niño 3.4 index series from each LMR reconstruction as the target  
409 for analysis, and collect the segments around each eruption event, with a window from 3 years prior to the event year and  
410 6 years after the event year, and the mean of the 3 years prior to each event year is removed. Then we decide the relative  
411 year we would like to evaluate (year 0 and year 1 in this study), and a list of Niño 3.4 anomaly values for each event is  
412 formed, which we sort in ascending order. We collect the Niño 3.4 anomaly values for all non-volcanic years and perform a  
413 kernel density estimation with a Gaussian kernel with a bandwidth selected by Scott's Rule<sup>65</sup>, after which its 50%, 80%, 90%,  
414 and 95% quantiles are calculated. Events with response values larger than the 80%, 90%, and 95% quantiles are considered  
415 "significant" at each level, and a significance ratio is calculated. For instance, a significance ratio  $(a, b, c)/n$  means that  $(a, b, c)$   
416 out of  $n$  events have response values higher than the (80%, 90%, 95%) quantiles of the distribution of non-volcanic years.

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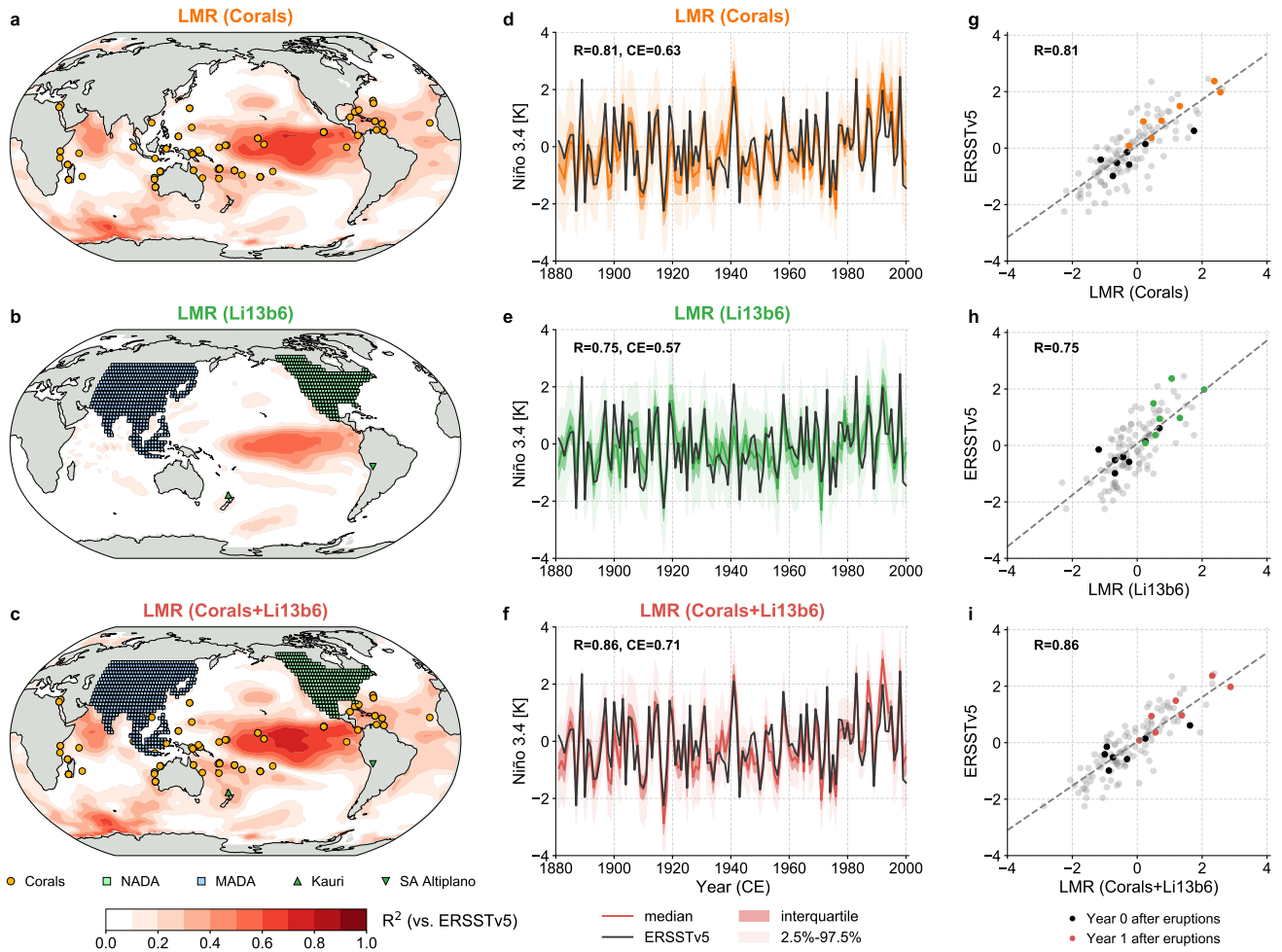
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## 455 **Acknowledgements**

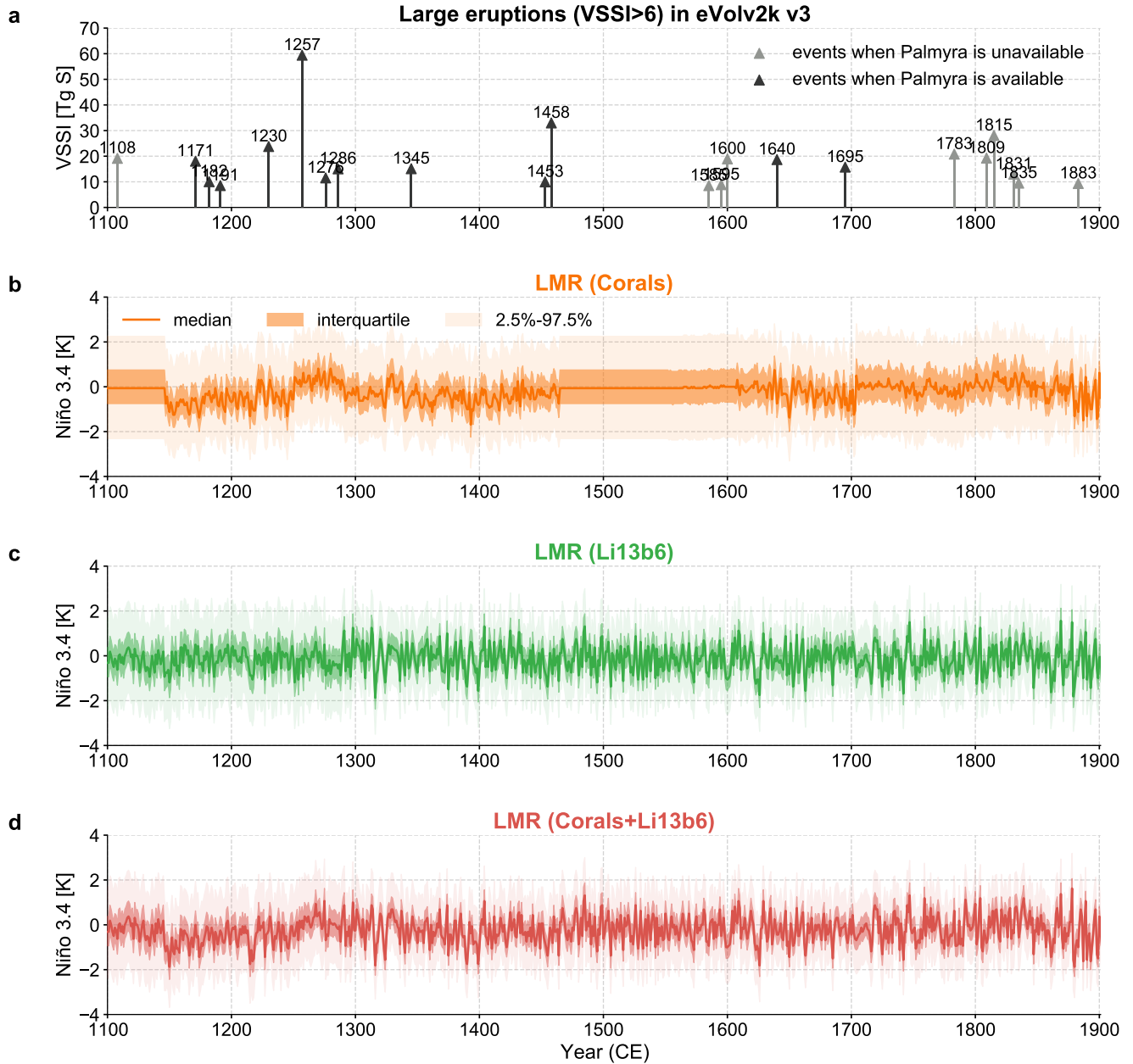
456 The authors acknowledge support from the Climate Program Office of the National Oceanographic and Atmospheric Admin-  
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## 459 **Author contributions statement**

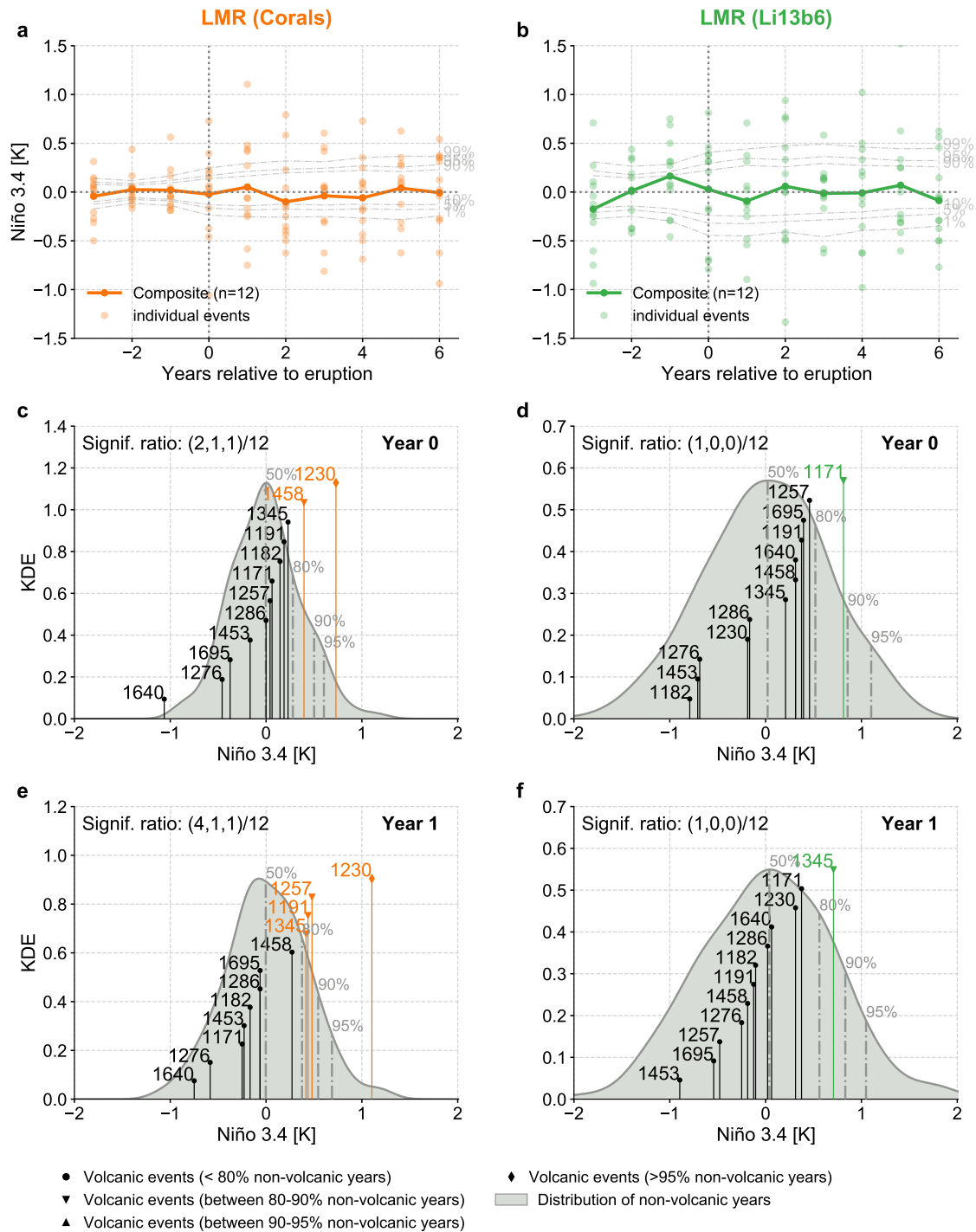
460 JEG, KJA, GJH, ATW, and FZ designed the research. FZ conducted all calculations and produced all the figures. All authors  
461 interpreted results and wrote the paper.



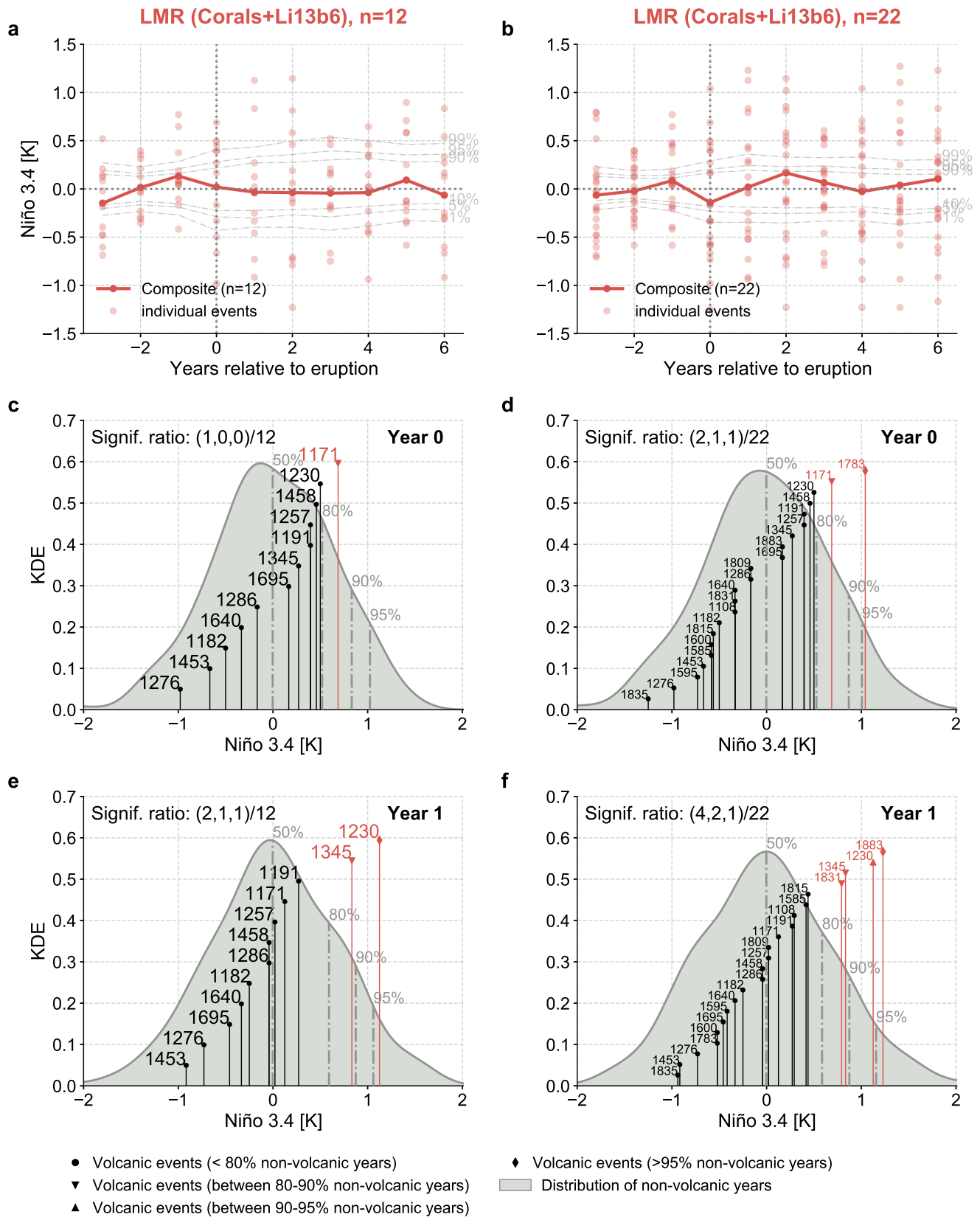
**Fig. 1.** (a-c) Spatial verification of the median field of the LMR<sup>30,31</sup> reconstructed boreal winter (December-February, DJF) surface temperature assimilating three sources: (a,d) corals from the Ocean2k compilation<sup>29</sup> updated with the latest Palmyra data<sup>27</sup>; (b,e) the six best predictors from Li et al.<sup>10</sup> (denoted as Li13b6), and (c,f) both data sources combined. Validation is performed against the Extended Reconstructed Sea Surface Temperature, Version 5 (ERSSTv5)<sup>38</sup> over the instrumental period (1881-2000 CE). The orange dots denote the location of the corals, the mint and blue squares denote the location of the North American Drought Atlas (NADA) (Version 2a)<sup>39</sup> and Monsoon Asia Drought Atlas (MADA)<sup>40</sup> sites, the green upward triangle denotes the location of the Kauri tree-ring composite<sup>11</sup>, and the green downward triangle denotes the location of the South America Altiplano (SA Altiplano) tree-ring composite<sup>42</sup>. (d-f) Temporal verification of the median of the LMR reconstructed DJF Niño 3.4 series (colored curves) against the ERSSTv5 derived Niño 3.4 (black solid curve) over the instrumental period (1873-2000 CE). For each reconstruction, dark shading denotes the interquartile range, and light shading denotes the central 95% region, from 2.5% to 97.5%.  $R$ =correlation coefficient,  $CE$ =coefficient of efficiency<sup>37</sup>. (g-i) Scatter plot of the data points in (d-f). The grey dashed curve represents the linear regression fitting curve. The black and colored dots denote the data points at year 0 and year 1 relative to large eruption years (1883, 1902, 1913, 1951, 1963, 1982, 1991) as in Li et al.<sup>10</sup>, respectively.



**Fig. 2.** (a) The 22 large eruption events defined as the volcanic stratospheric sulfur injection (VSSI) greater than 6 according to eVolv2k version 3<sup>43</sup>. 12 events over the years when the Palmyra coral record<sup>26,27,35</sup> is available are colored in black, while other events are colored in grey. See Extended Data Table 1 for the details of the metadata. (b-d) Same as Fig. 1d-f, but for the past millennium.



**Fig. 3. (a-b)** Superposed epoch analysis (SEA) of the reconstructions LMR (Corals) and LMR (Li13b6) regarding the 12 events when Palmyra is available. Solid curves with dots denote the composite mean, and the light dots denote the Niño 3.4 anomaly at each year for each individual event. The light grey dashed curves denote the 1%, 5%, 10%, 90%, 95%, and 99% quantiles of the composite means from 1000 bootstrap draws from non-volcanic years (Methods). **(c-d)** Ranking analysis of the LMR reconstructed Year 0 Niño 3.4 values. The grey shaded area denotes the distribution of the Niño 3.4 anomaly value over all non-volcanic years, whose 50%, 80%, 90%, and 95% quantiles are denoted by vertical dot-dashed curves, serving as significance levels (Methods). The vertical solid lines mark individual volcanic events; for each, the horizontal axis position denotes the Niño 3.4 anomaly value, and the vertical axis position denotes the relative rank of the Niño 3.4 anomaly value compared to all other events. The circle/downward triangle/upward triangle/diamond marker represents that a volcanic event has a Niño 3.4 anomaly value that is below 80%/between 80-90%/between 90-95%/above 95% of that over the non-volcanic years. The significance ratio denotes the number of events that are above the 80%, 90%, and 95% significance levels, respectively, out of all volcanic events. **(e-f)** Same as (c-d), but for the year 1 Niño 3.4 values.



**Fig. 4.** Same as Fig. 3, but for LMR (Corals+Li13b6) regarding the 12 events when Palmyra is available and all the 22 events over the past millennium.

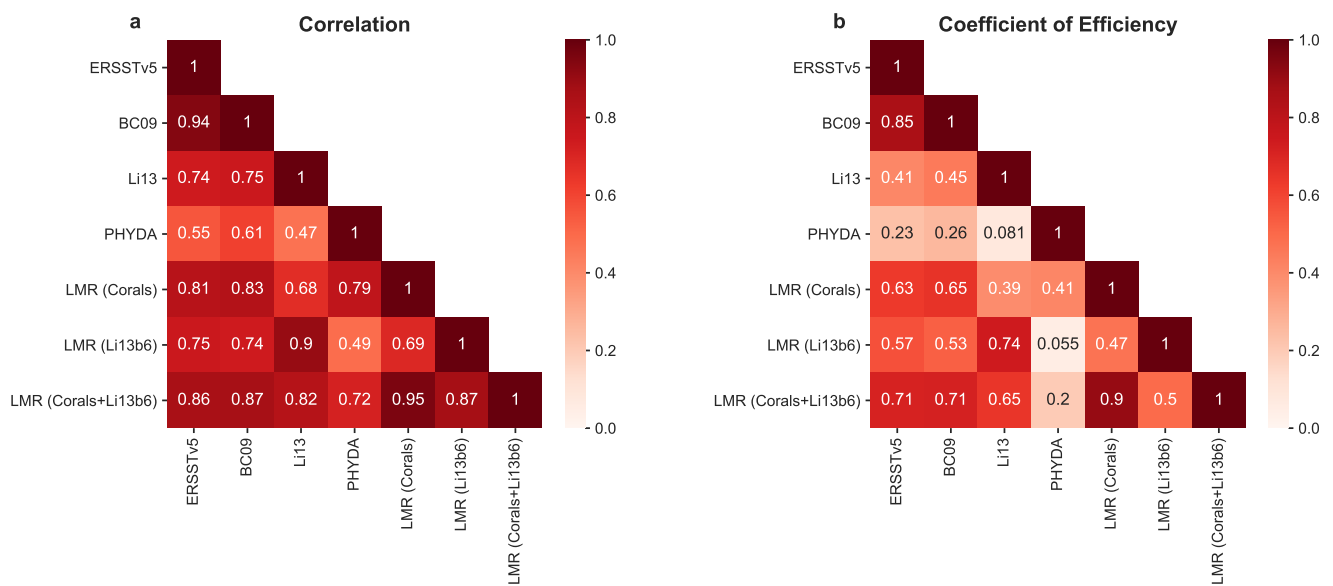
**Extended Data Table 1.** Metadata of the 22 large eruptions shown in Fig. 2a according to eVolv2k version 3<sup>43</sup>. Note that the value 0.0 in the column of Latitude denotes that the precise eruption latitude is unknown but the event is defined as tropical, and the value -1.0 in the column of Asymmetry (hemispheric asymmetry for tropical eruptions) denotes that the event is defined as extratropical.

Eruption year	Latitude	Asymmetry	VSSI
1108	0.0	4.0	19.16
1171	0.0	1.8	18.05
1182	45.0	-1.0	10.05
1191	0.0	0.7	8.53
1230	0.0	2.1	23.78
1257	-8.4	1.4	59.42
1276	0.0	0.2	11.53
1286	0.0	1.2	15.06
1345	0.0	1.4	15.11
1453	0.0	4.9	9.97
1458	0.0	0.6	32.98
1585	19.5	10.6	8.51
1595	4.9	0.8	8.87
1600	-16.6	2.0	18.95
1640	6.1	2.8	18.68
1695	0.0	1.1	15.74
1783	64.4	-1.0	20.81
1809	0.0	1.3	19.26
1815	-8.0	0.8	28.08
1831	19.5	8.1	12.98
1835	13.0	2.0	9.48
1883	-6.0	1.7	9.34

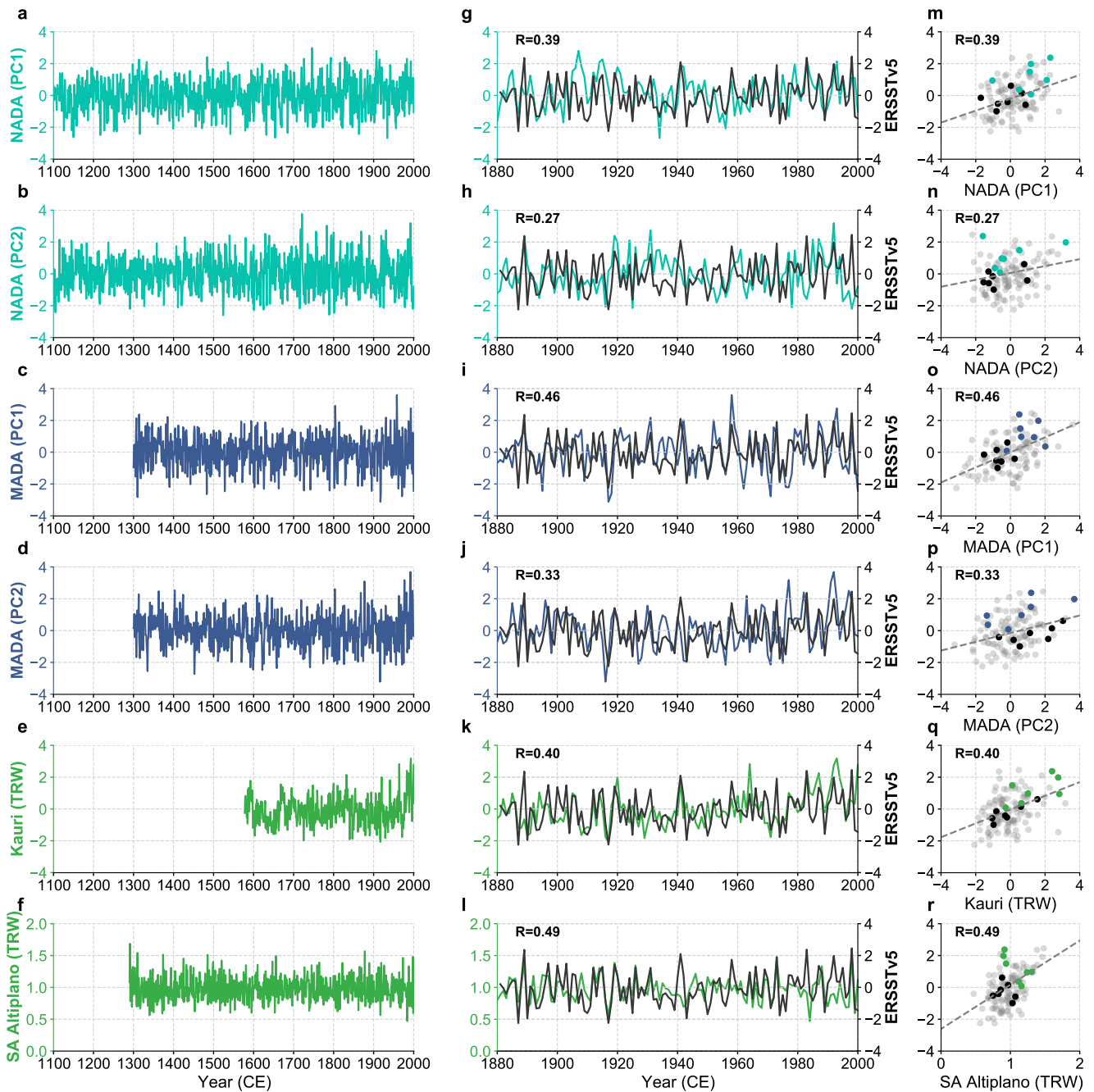
VSSI=volcanic stratospheric sulfur injection.

Asymmetry=hemispheric asymmetry (NH/SH) of aerosol spread  
for tropical eruptions based on ratio of Greenland to Antarctic flux.

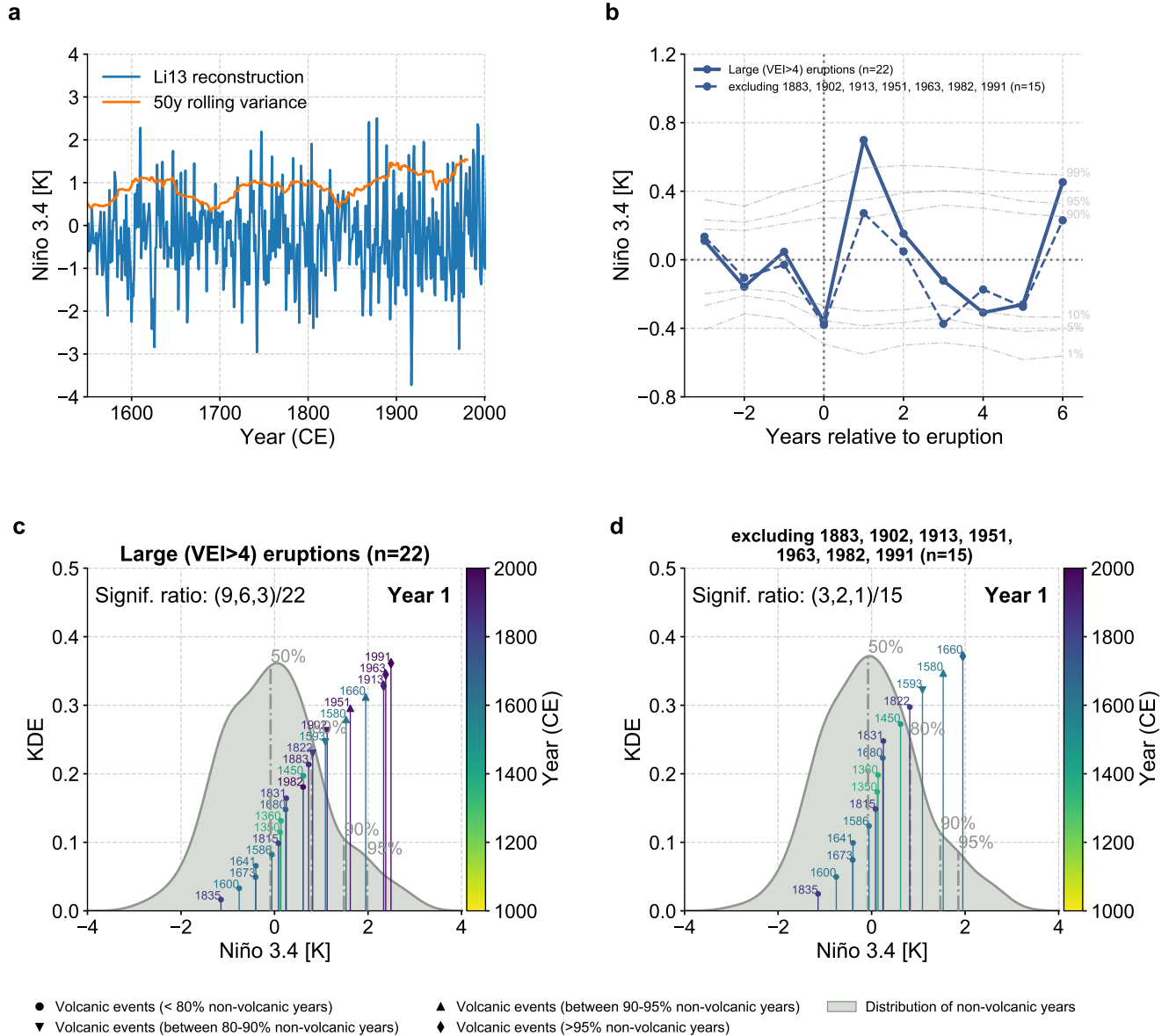




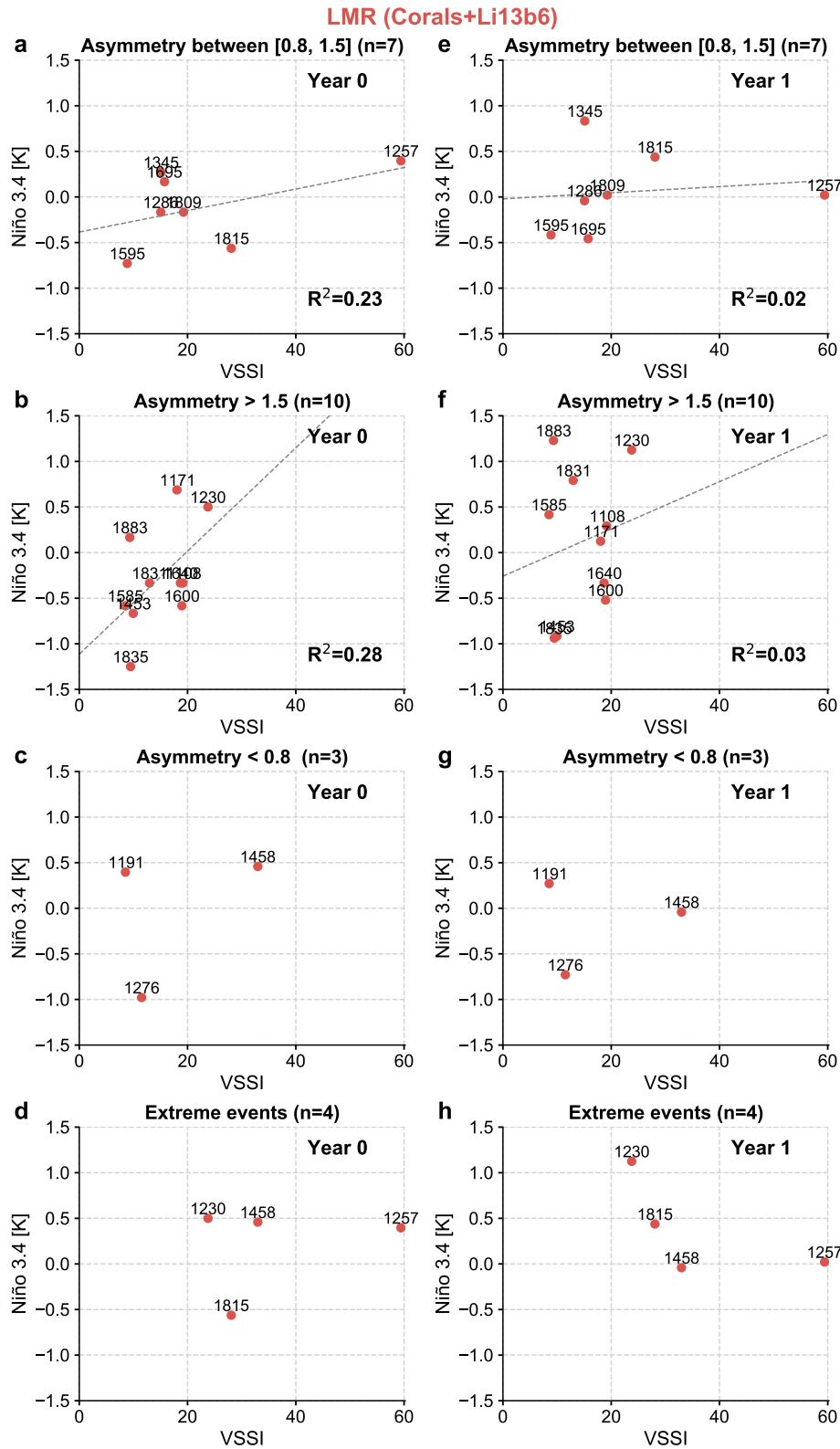
**Extended Data Fig. 1. (a)** Correlation coefficient and **(b)** coefficient of efficiency between instrumental observations and reconstructions of December-February (DJF) Niño 3.4 over timespan 1881-2000 CE. Data sources include: Extended Reconstructed Sea Surface Temperature, Version 5 (ERSSTv5)<sup>38</sup>, Bunge and Clarke<sup>66</sup>, Li et al.<sup>10</sup>, the Paleo Hydrodynamics Data Assimilation product (PHYDA)<sup>67</sup>, and the reconstructions of this study LMR (Corals), LMR (Li13b6), and LMR (Corals+Li13b6). Note that Li13 is a November-Januray (NDJ) reconstruction, and its correlation to NDJ ERSSTv5 and NDJ BC09 is 0.76 and 0.75, respectively, and the coefficient of efficient is 0.47 and 0.5, respectively.



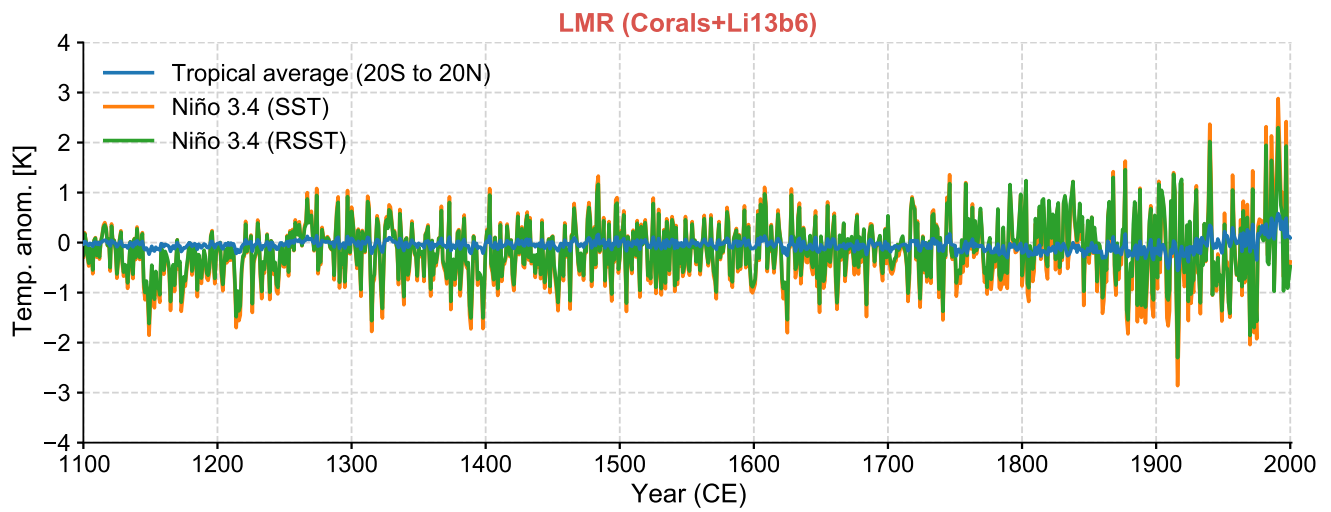
**Extended Data Fig. 2.** (a-f) Timeseries of the six best predictors from Li et al.<sup>10</sup>, including the first two principle components of NADA and MADA, the Kauri tree-ring composite<sup>41</sup>, as well as the South American Altiplano tree-ring composite<sup>42</sup>, over the past millennium (1100-2000 CE). (g-l) Same as in (a-f), but over the instrumental period (1881-2000 CE). Validation is performed against the December-February (DJF) seasonally averaged Niño 3.4 calculated from Extended Reconstructed Sea Surface Temperature, Version 5 (ERSSTv5)<sup>38</sup> over the instrumental period (1881-2000 CE). (m-r) Scatter plots of the data points in (g-l). The black and colored dots denote the data points at year 0 and year 1 of large eruption years (1883, 1902, 1913, 1951, 1963, 1982, 1991) as in Li et al.<sup>10</sup>, respectively. The dashed grey lines denote the linear regression fitting curves. R=correlation.



**Extended Data Fig. 3.** (a) The timeseries of the Li et al.<sup>10</sup> Niño 3.4 reconstruction (denoted as Li13). (b) SEA of Li13, comparing the pool of all 22 large eruptions defined as Volcanic Explosivity Index (VEI) larger than 4 and the pool excluding the events over the instrumental period after 1850 CE. (c) Ranking analysis of Li13 with the pool of all 22 large eruptions. (d) Ranking analysis of Li13 with the pool excluding the events over the instrumental period after 1850 CE. The color denotes the eruption year.

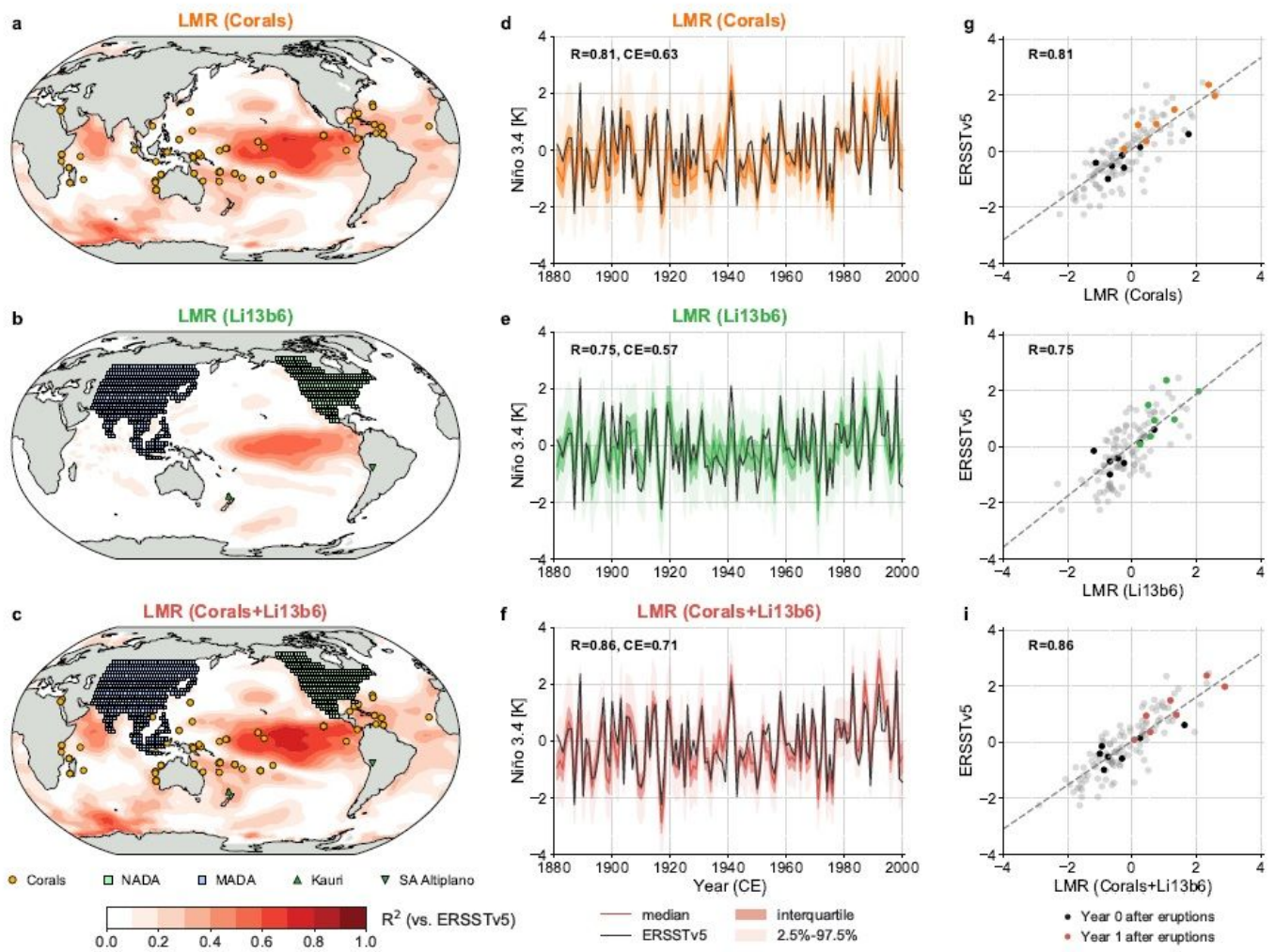


**Extended Data Fig. 4.** Scatter plots of the reconstructed year 0 and year 1 Niño 3.4 anomaly in LMR (Corals+Li13b6) against VSSI from eVolv2k version 3<sup>43</sup> for tropical eruption events listed in Extended Data Table 1, categorized by (a, e) Asymmetry between [0.8, 1.5], (b, f) Asymmetry > 1.5, (c, g) Asymmetry < 0.8, as well as (d, h) extreme events with VSSI>20 (1230, 1257, 1458, 1815). The dashed grey lines denote the linear regression fitting curves. R=correlation coefficient. Asymmetry=hemispheric asymmetry (NH/SH) of aerosol spread for tropical eruptions based on ratio of Greenland to Antarctic flux.



**Extended Data Fig. 5.** The timeseries of tropical average (20S-20N) temperature anomaly, sea surface temperature (SST) based Niño 3.4, and relative sea surface temperature (RSST)<sup>17</sup> based Niño 3.4.

# Figures



**Figure 1**

(a-c) Spatial verification of the median field of the LMR30, 31 reconstructed boreal winter (December-February, DJF) surface temperature assimilating three sources: (a,d) corals from the Ocean2k compilation<sup>29</sup> updated with the latest Palmyra data<sup>27</sup>; (b,e) the six best predictors from Li et al.<sup>10</sup> (denoted as Li13b6), and (c,f) both data sources combined. Validation is performed against the Extended Reconstructed Sea Surface Temperature, Version 5 (ERSSTv5)<sup>38</sup> over the instrumental period (1881-2000 CE). The orange dots denote the location of the corals, the mint and blue squares denote the location of the North American Drought Atlas (NADA) (Version 2a)<sup>39</sup> and Monsoon Asia Drought Atlas (MADA)<sup>40</sup> sites, the green upward triangle denotes the location of the Kauri tree-ring composite<sup>11</sup>, and the green downward triangle denotes the location of the South America Altiplano (SA Altiplano) tree-ring composite<sup>42</sup>. (d-f) Temporal verification of the median of the LMR reconstructed DJF Niño 3.4 series (colored curves) against the ERSSTv5 derived Niño 3.4 (black solid curve) over the instrumental period (1873-2000 CE). For each reconstruction, dark shading denotes the interquartile range, and light shading denotes the central 95% region, from 2.5% to 97.5%. R=correlation coefficient, CE=coefficient of

efficiency<sup>37</sup>. (g-i) Scatter plot of the data points in (d-f). The grey dashed curve represents the linear regression fitting curve. The black and colored dots denote the data points at year 0 and year 1 relative to large eruption years (1883, 1902, 1913, 1951, 1963, 1982, 1991) as in Li et al.<sup>10</sup>, respectively. Note: The designations employed and the presentation of the material on this map do not imply the expression of any opinion whatsoever on the part of Research Square concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. This map has been provided by the authors.

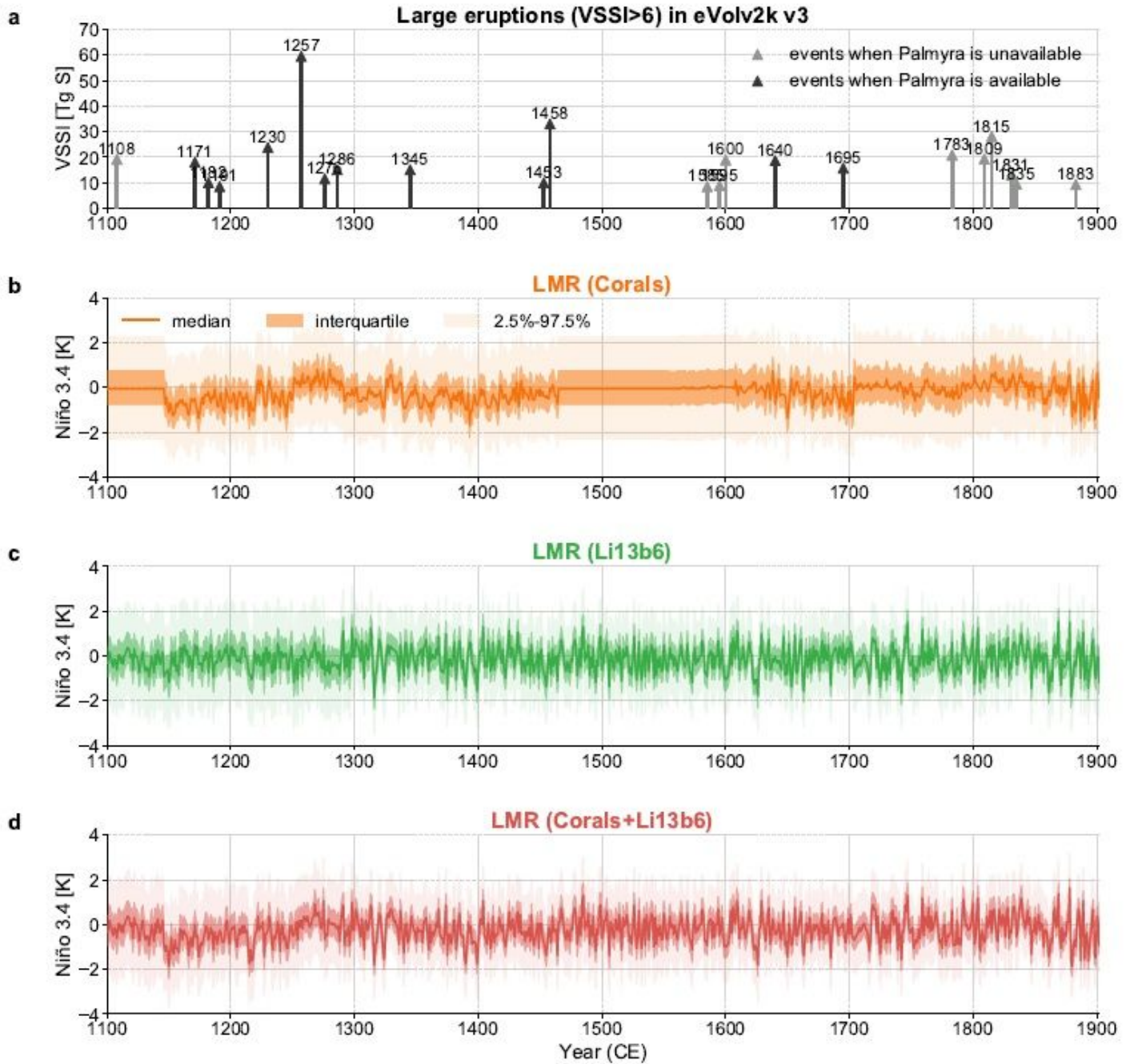


Figure 2

(a) The 22 large eruption events defined as the volcanic stratospheric sulfur injection (VSSI) greater than 6 according to eVolv2k version 343. 12 events over the years when the Palmyra coral record<sup>26, 27, 35</sup> is available are colored in black, while other events are colored in grey. See Extended Data Table 1 for the details of the metadata. (b-d) Same as Fig. 1 d-f, but for the past millennium.

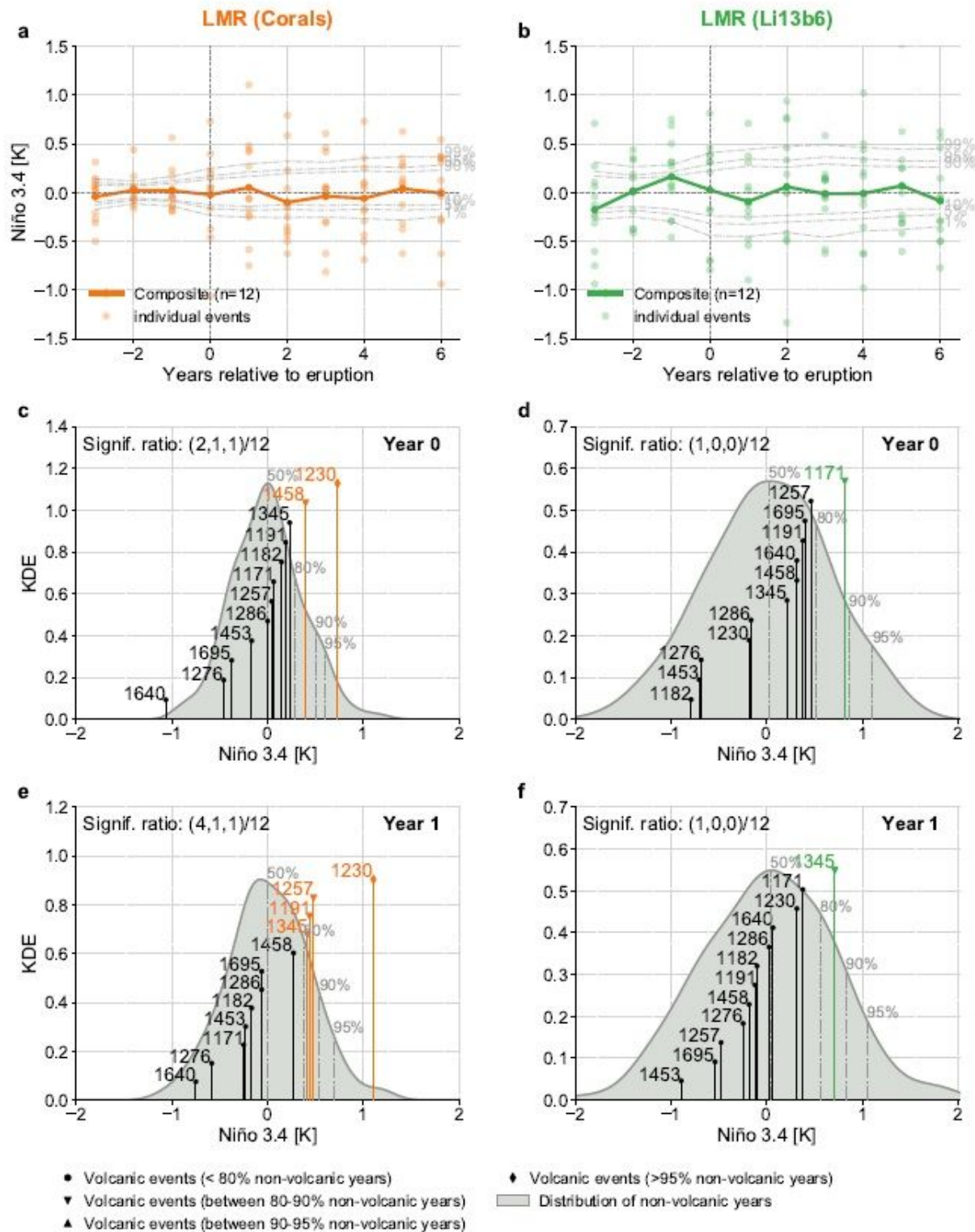
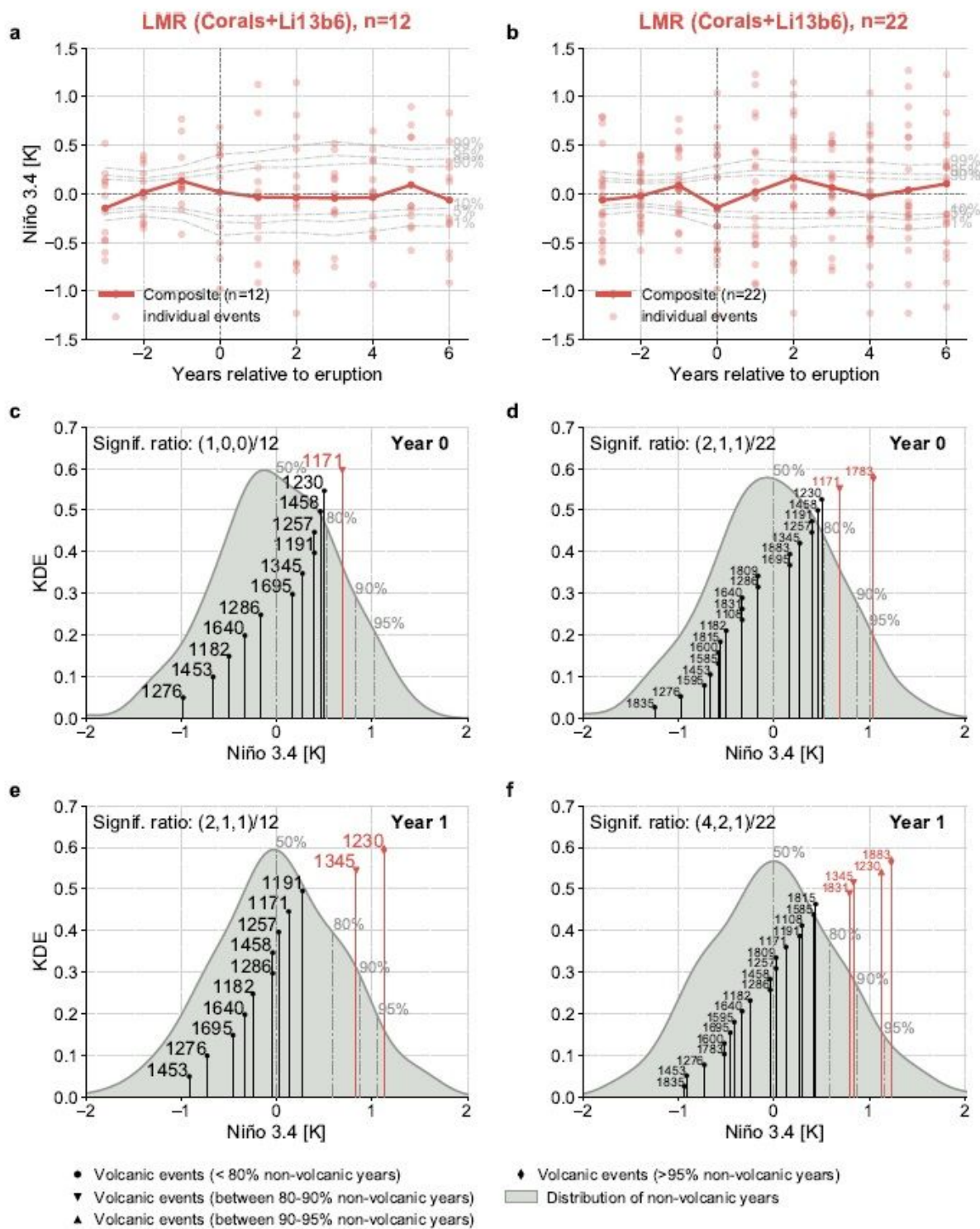


Figure 3



(a-b) Superposed epoch analysis (SEA) of the reconstructions LMR (Corals) and LMR (Li13b6) regarding the 12 events when Palmyra is available. Solid curves with dots denote the composite mean, and the light dots denote the Niño 3.4 anomaly at each year for each individual event. The light grey dashed curves denote the 1%, 5%, 10%, 90%, 95%, and 99% quantiles of the composite means from 1000 bootstrap draws from non-volcanic years (Methods). (c-d) Ranking analysis of the LMR reconstructed Year 0 Niño 3.4 values. The grey shaded area denotes the distribution of the Niño 3.4 anomaly value over all non-volcanic years, whose 50%, 80%, 90%, and 95% quantiles are denoted by vertical dot-dashed curves, serving as significance levels (Methods). The vertical solid lines mark individual volcanic events; for each, the horizontal axis position denotes the Niño 3.4 anomaly value, and the vertical axis position denotes the relative rank of the Niño 3.4 anomaly value compared to all other events. The circle/downward triangle/upward triangle/diamond marker represents that a volcanic event has a Niño 3.4 anomaly value that is below 80%/between 80-90%/between 90-95%/above 95% of that over the non-volcanic years. The significance ratio denotes the number of events that are above the 80%, 90%, and 95% significance levels, respectively, out of all volcanic events. (e-f) Same as (c-d), but for the year 1 Niño 3.4 values.



**Figure 4**

Same as Fig. 3, but for LMR (Corals+Li13b6) regarding the 12 events when Palmyra is available and all the 22 events over the past millennium.

## Supplementary Files

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