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Systematic Review

Keywords: Diagnostic imaging, COVID-19, respiratory infection, Computer Aided Detection system (CADs), radiology, CT images, review

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Application of Artificial Intelligence for Rapid Prevention of Epidemic Diseases (COVID-19)

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Abstract

Background: Epidemic diseases are hazardous in terms of a rapid outbreak. Rapid control of these diseases by finding patients and quarantine and treatment can be the only tool to reduce the number of cases and mortality at the beginning of the outbreak, in the absence of therapy and vaccines. COVID-19 (coronavirus) is a deadly viral disease that causes severe respiratory illness and spreads through the air. Artificial intelligence (AI) technologies have played an essential role in solving complex problems. The use of these technologies in response to the challenges posed by the COVID-19 epidemic can reduce the effects of epidemics in various contexts.

Objective: The purpose of this article is to review the applications of artificial intelligence in cases of contagious disease. In this work, COVID-19 disease has been used as an example of dangerous infectious diseases (while the studied methods can be used for all contagious diseases), and a systematic review of the literature on the role of artificial intelligence as COVID-19 has become a comprehensive and critical technology for combating epidemiology, diagnosis, and disease progression.

Methods: A complete search of the literature has been done using the databases of PubMed, Scopus, Web of Science, and Google Scholar, and other sources. In this work, the aim is to review articles that the authors believe can be helpful in the prevention of infectious diseases in the event of an outbreak of artificial intelligence in the prevention of more casualties. The first steps needed in a flurry of a disease (including coronavirus) include identifying the primary sufferers and isolating them from the public and examining the illness and how the disease has progressed. In these stages, artificial intelligence can very effectively help the medical community and even the government prevent an epidemic. In this study, the keywords COVID-19 and artificial intelligence and infectious diseases have been used.

Results: During our literature search, we came across 73 papers. Researchers analyzed studies examining the diagnostic roles and imaging features of patients with COVID-19. The

35 latter were scanned using CT or ultrasound scans, chest radiographs, or positron emission to-
36 mography/computed tomography (PET/CT) scans. Chest x-ray and CT scan are the imaging
37 modalities that are most widely utilized for the diagnosis and management of COVID-19 pa-
38 tients, with chest CT scan being more accurate and sensitive in diagnosing COVID-19 at an early
39 stage. Only a handful of studies have looked into the roles of ultrasonography and PET/CT
40 scans in diagnosing COVID-19 infection.

41 **Conclusions:** We gathered research from the existing COVID-19 literature that employed
42 artificial intelligence-based methodologies to give insights into various domains of COVID-19 in
43 this systematic review. Our findings indicate critical variables, data formats, and COVID-19
44 sources to help with clinical research and translation. Findings from this study may also assist
45 in reducing the harm caused by the pandemic in the case of such epidemic diseases in the future.

46 **Keyword:** Diagnostic imaging, COVID-19, respiratory infection, Computer Aided Detection
47 system (CADs), radiology, CT images, review.

48 1 Introduction

49 COVID-19 is a global health crisis, and according to the World Health Organization, as of October
50 15, 2021, approximately 16 million people were infected, and more than 666,000 deaths were reported
51 worldwide (1). High degrees of variance has been reported in symptoms of COVID-19, from mild
52 flu to acute respiratory distress syndrome (ARDS) or severe pneumonia (2; 3; 4). Effective drugs
53 and vaccinations are required immediately to treat and prevent COVID-19. Due to the lack of
54 valid therapeutic drugs, most inhibitory methods used to prevent disease transmission rely on social
55 isolation, quarantine procedures, and lockdown policies (5; 6). COVID-19 transmission has slowed
56 but not ceased as a result. Additionally, with the ease restrictions, the concerns about further waves
57 of infection rise (7; 8). To prevent the onset of subsequent COVID-19 waves, advanced control
58 measures such as contact tracking and point detection are needed (9; 10).

59 Artificial intelligence (AI) refers to various technologies that try to simulate human cognitive
60 capabilities and intelligent behaviors. Machine learning (ML) is an artificial intelligence discipline
61 that focuses on techniques that allow computers to construct patterns for complicated connections
62 or observed data patterns without explicit preparation. Deep Learning (DL), a subset of ML,
63 motivates biological neural networks to handle a broad range of complicated problems, including
64 medical imaging and natural language processing (NLP) categorization, with greater power and
65 flexibility than models that achieve regular ML (11).

66 The medical sector is seeking innovative methods to detect and manage the spread of COVID-19
67 during this worldwide health crisis (Coronavirus). Artificial intelligence is one of the technologies
68 that can quickly track viral propagation, identify at-risk patients, and be beneficial in real-time
69 infection management. By examining past patient data, it may also forecast death. Through pop-
70 ulation screening, medical assistance, information, and infection control recommendations, artificial
71 intelligence can contribute in the dealing with the virus (12; 13; 14). As an evidence-based medi-
72 cal tool, this technology can improve the planning, treatment, and reported results of COVID-19
73 patients.

74 This paper concentrates on the emerging COVID-19 pandemic and how to overcome issues during
75 an outbreak using contemporary AI and ML technology. We present a thorough review of research
76 on the model and technologies utilized to address the emerging COVID-19 outbreak. These studies
77 further explore the sorts of AI and ML methods that have recently employed integration and the
78 types of data sets, the ultimate performance of each suggested model, and the merits and downsides
79 of new methodologies.

80 **2 Methods**

81 PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) principles were
82 used to prepare and report this systematic literature review (15).

83 **2.1 Eligibility Criteria**

84 The study concentrated on peer-reviewed papers and pre-publication that employed artificial in-
85 telligence approaches to investigate and address the COVID-19 problem at several scales, such as
86 diagnostic, prognosis, and disease prognosis.

87 **2.2 Data Sources and Search Strategy**

88 The databases PubMed, Web of Science, and CINAHL were searched. The search was restricted to
89 research publications published in English and valid or pre-published journals or conference papers
90 from December 1, 2019, to June 27, 2020. The syntax was developed with the assistance of a
91 professional librarian and includes the following search terms: "CORONAVIRUS", "COVID-19",
92 "covid19", "cov-19", "cov19", "Acute Coronavirus Acute Respiratory Syndrome" 2 ", " Coronavirus
93 in Wuhan ", " Wuhan Seafood Market Pneumonia Virus ", " Coronavirus Virus 2019 ", " SARS-CoV-2
94 ", " SARS2 ", " SARS-2 ", " 2019-nCoV ".

95 **2.3 Study Selection**

96 Following the systematic search, 285 publications were found. 60 duplicates were deleted, leaving
97 225 possibly relevant papers for the title and abstract. After reviewing these papers, 102 further
98 publications were deleted, leaving 123 publications for full-text examination. These papers were then
99 reviewed for eligibility, and a total of 73 were included in the final analysis. The databases PubMed,
100 Web of Science, and CINAHL were searched. The search was restricted to research publications
101 published in English and valid or pre-published journals or conference papers from December 1,
102 2019, to Oct 27, 2021. The syntax was developed with the assistance of a professional librarian
103 and includes the following search terms: "CORONAVIRUS", "COVID-19", "Acute Coronavirus
104 Acute Respiratory Syndrome", "Coronavirus in Wuhan", "Coronavirus Virus 2019", "SARS-CoV-
105 2", "epidemic", "pandemic".

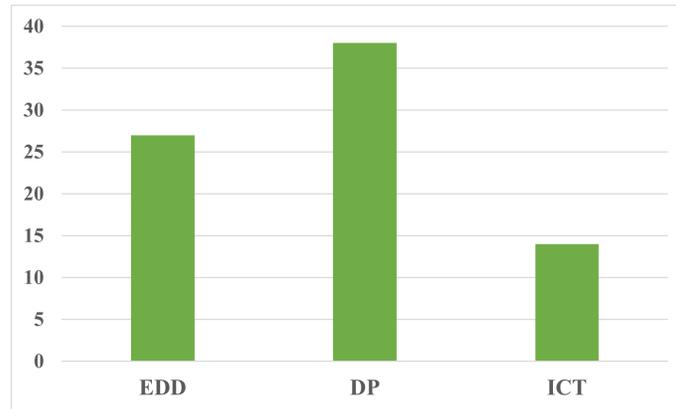


Figure 1: Caption

2.4 Data Collection and Analyses

The included research that employed artificial intelligence strategies to address the COVID-19 outbreak was subjected to quantitative and qualitative descriptive analysis. The research was divided into three categories based on their application: (1) early detection and diagnosis (EDD), (2) disease progression (DP), and (3) Individual contact tracing (ICT). Research on EDD was subjected to qualitative analysis, whereas studies on DP and ICT were subjected to descriptive quantitative analysis.

The search strategy led to the discovery of 285 articles, of which 73 articles were selected for further analysis. These papers were divided into three categories based on the applicability of artificial intelligence to the COVID-19 crisis: early detection and diagnosis, disease progression, and individual contact tracing. Of the 73 research studies, 27 (37 %) focused on detecting COVID-19 in medical imaging to differentiate Covid 19 from other lung diseases, categorized as early detection and diagnosis. Then, in 32 of the 73 cases (44 %), artificial intelligence approaches were utilized to estimate the progression of COVID-19 using radiological images of patients or laboratory data. Finally, 14 (19 percents) of the 73 research focusing on tracing patients with COVID-19 and presenting virus-infected locations and suspected persons were categorized (Fig. 1).

3 Application of AI for Rapid Prevention of Epidemic Diseases

3.1 Early detection and diagnosis (EDD)

Artificial intelligence can identify unusual symptoms rapidly and inform patients and health authorities. (16; 17; 18). This speeds up decision-making and saves money. Applying relevant algorithms contributes to the development of a novel detection and management system for COVID 19 situations. With medical imaging technologies such as computed tomography (CT) and magnetic resonance imaging (MRI) of human body parts, artificial intelligence may be used to diagnose infected patients. In two

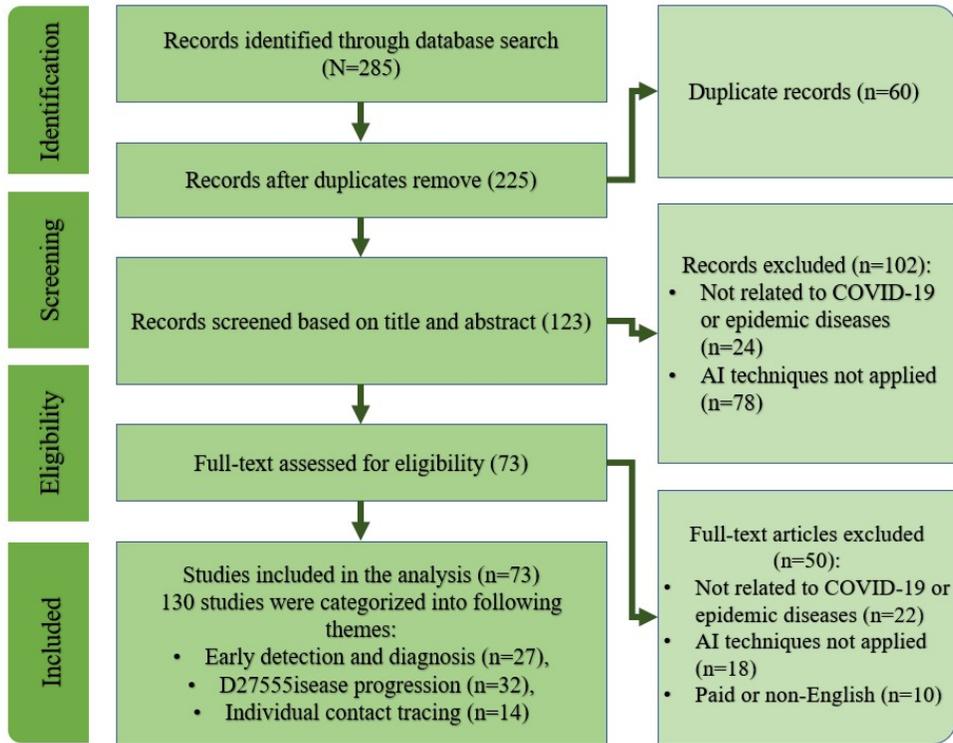


Figure 2: Dispersion of articles reviewed in this work.

130 parts, we will look into COVID-19 illness and ways for recognizing the virus:

131 3.1.1 COVID-19 Detection from Normal cases

132 Due to the development of computer systems, these systems can be used in medicine and the
 133 diagnosis of disease (19). In recent years, many advances have been made in computer systems and
 134 have been widely used to diagnose lung cancer (20). Recently, due to the prevalence of COVID-19
 135 disease (18), these systems can be used for automatic and early diagnosis of this disease. Many
 136 systems have recently been designed for this purpose, most of which use machine learning.

137 Dynamic lung CT of COVID-19 described and summarized in 4 steps (21). In summary, the first
 138 four days after early symptoms, the early stage is considered, and GGO can be seen subpleural in
 139 the lower lobes unilaterally or bilaterally. Progressing stage is 5-8 days when it is possible to find
 140 diffuse GGO spreading over bilateral polylobed. At the peak stage (9-13 days), dense consolidation
 141 becomes more common. Finally, when the infection is controlled, absorption occurs (usually after
 142 14 days), consolidation is gradually absorbed, and only GGO remains. These x-ray patterns are
 143 essential evidence for CT-based classification and COVID-19 severity assessment.

144 Several studies aimed at classifying patients with COVID-19 from patients without COVID-19
 145 (including patients with advanced pneumonia and cases without pneumonia). Chen et al. (22)
 146 used lung CT scans of 51 COVID-19 patients and 55 patients with other diseases for training a
 147 UNet++-based segmentation model, which as a result segments lesions associated with COVID-19.

148 The results of this method were: accuracy = 95.2%, sensitivity = 100%, and specificity = 93.6%. In
149 another dataset of 16 patients with viral pneumonia and 11 patients without pneumonia, this model
150 identified all patients with and nine patients without pneumonia. As a result, the time of reading
151 for radiologists was reduced by 65% using AI results.

152 A model based on U-Net + 3D CNN (DeCoVNet) proposed by C. Zheng et al. (23). In this
153 method, lungs are segmented using U-Net, and the result of segmentation is used as 3D CNN input
154 to predict the likelihood of COVID-19. Five hundred forty lung CT scans (i.e., 313 COVID-19
155 patients and 229 healthy) were used as data for deep learning. This model achieved a sensitivity of
156 90.7%, a specificity of 91.1%, and an AUC of 0.959.

157 Gene et al. (24) used chest computed tomography of 496 cases of COVID-19 and 1385 cases
158 without COVID-19. To segment the lungs and then to cut out positive cases of COVID-19, a
159 two-dimensional CNN-based model is proposed. According to the results, this model achieves a
160 specificity of 95.5%, a sensitivity of 94.1%, and an AUC of 0.979.

161 Deep Neural Networks (DNNs) have also been proposed as an approximation approach. This
162 approach is a key option for estimating the solution of a Partial Differential Equation and has been
163 employed for COVID-19 detection using CT scans and chest X-rays (25).

164 Deep learning-based feature extraction frameworks for automated COVID-19 categorization were
165 compared by Sara H. K., et al. (26). MobileNet, DenseNet, Xception, ResNet, InceptionV3, In-
166 ceptionResNetV2, VGGNet, and NASNet were selected from a pool of deep convolutional neural
167 networks in order to produce the most accurate feature, which is a crucial component of learn-
168 ing. DenseNet121 feature extractor and Bagging tree classifier were found to be the most accurate,
169 with 99% classification accuracy. Using a ResNet50 feature extractor trained by LightGBM, the
170 second-best learner had an accuracy of 98%.

171 **3.1.2 COVID-19 Detection from Similar Diseases**

172 One of the significant challenges that have garnered considerable attention is the difference between
173 the lung injuries caused by COVID-19, pulmonary edema, and other cases in CT images. It was ob-
174 served from early descriptions of respiratory failure due to COVID-19 that some patients experienced
175 hypoxemia that was disproportionate to the reported dyspnea or level of radiological opacity, with
176 greater than typical respiratory system compliance and less work of breathing. One idea that has
177 attracted much attention, especially on social media and in medicine, is the notion that lung injury
178 due to COVID-19 is more like pulmonary edema. This conclusion, expanded on social media, has
179 led to further speculation that therapies commonly used to prevent and treat pulmonary edema and
180 other acute altitude sicknesses may benefit patients with lung injuries due to COVID-19. However,
181 a review of the pathophysiology of pulmonary edema and a close examination of the mechanisms of
182 action of the drugs used to treat pulmonary edema should make it clear that the COVID-19 lung
183 injury is not comparable to pulmonary edema and that treatments used for pulmonary edema have
184 no benefit or, worse, cause harm to the patient with COVID-19 (27).

185 However, pathological studies in pulmonary edema and studies of effective mechanisms and drugs
186 for managing the pulmonary edema disease are not effective in patients with COVID-19 and, in

187 some cases, are even harmful, leading to injury to the patient. Given this, it can be concluded that
188 despite the similarities between pulmonary edema and COVID-19 in clinical characteristics such as
189 hypoxemia, radiography opacities and modified lung compliance, the pathophysiological mechanisms
190 of pulmonary edema and COVID-19 in the lungs are essentially different, and the diseases cannot
191 be viewed as equivalent. As a result, while systemically administered pulmonary vasodilators and
192 acetazolamide are beneficial in the treatment of pulmonary edema and acute mountain sickness, they
193 should not be used to treat COVID-19 due to the risk of several adverse effects such as deteriorated
194 ventilation and perfusion adaptation, impaired carbon dioxide transport, systemic hypotension, and
195 increased work of breathing (28).

196 Thousands of images per patient are generated in current clinical practices, making it cumber-
197 some for doctors to analyze all the data (19; 20). In addition, human interpretation of medical
198 images can produce errors so that not all information in the image is recognized. The advances
199 made in computer systems allow drawing on the expertise of radiologists to extract data from medi-
200 cal images (29; 30). Given the rapid spread of COVID-19, using Machine Learning (ML) algorithms
201 for processing chest CT scans might help to identify the defining clinical characteristics and severity
202 of the disease (31). Although CT provides rich pathological information, only a qualitative assess-
203 ment was made in the radiological reports, as there are no computer-aided tools for quantifying the
204 infection regions and their longitudinal changes (32). Developing computer vision systems aids in
205 medical applications such as image quality enhancement, organ segmentation, and organ texture
206 classification.(21; 33). Many papers have been written in recent years (2019-2021) about the auto-
207 matic detection of COVID-19 using CT scan images and machine learning algorithms to distinguish
208 patients with COVID-19 from non-infected patients (34).

209 Due to the radiological similarity of COVID-19 to common pneumonia and viral pneumonia,
210 differentiation in facilitating the screening process would be more useful in clinical practice. Thus,
211 Wang et al. (35) proposed a CNN model for the classification of these two diseases using 99 lung
212 CT scans in which exist 44 COVID-19 patients and 55 typical viral pneumonia). The test dataset
213 shows an overall accuracy, specificity, and sensitivity of 73.1%, 67.0%, and 74.0%.

214 Ying et al. (36) proposed deep learning computed tomography system (called Deep Pneumonia
215 using ResNet50) for identifying COVID-19 patients in patients with bacterial pneumonia and healthy
216 people. Chest CT data from 88 COVID-19 patients, 101 bacterial pneumonia patients, and 86
217 healthy people are used as data for learning the network. In addition, pieces of full lungs from CT
218 images are obtained of the chest as input data of deep learning. The model achieved good results
219 with 86.0% accuracy for classifying patients with COVID-19 or patients with bacterial pneumonia
220 and 94.0% accuracy for diagnosing pneumonia (COVID-19 or healthy).

221 Xu et al. (37) use lung CT scans of 219 patients with COVID-19, 224, and 175 influenzas A
222 and healthy cases. A V-Net-based deep learning model at first used for the segmentation of infected
223 areas. Infected area patches were then sent to the Resnet-18 network and indications of the relative
224 infection distance from the edge, and as output, they had three groups. The overall accuracy of the
225 model was 86.7%.

226 Shi et al. (38) used a chest CT scan of 2685 patients, consisting of 1658 patients with COVID-19
227 and 1027 patients with generalized pneumonia. At the pre-processing step, VB-Net (39) used for

228 segmentation of images into different parts like right and left lung. Various handcrafted elements were
229 designed using a trained random forest model. Based on the results of experiments, the sensitivity,
230 specificity, and accuracy are 90.7%, 83.3%, and 87.9%. In addition, test results are grouped by the
231 size of the infection, indicating a low sensitivity in patients with minor infections.

232 3.2 Disease progression

233 Artificial intelligence methods can be used to monitor the progression of the disease, and the pro-
234 gression of the disease can be measured according to the use of different drugs. Medical CT scans
235 are used for this purpose. For example, in a person with COVID-19 disease, the progression of lung
236 infections is significant and vital. By isolating these infections in the lungs (by segmentation algo-
237 rithms), the progression of the disease can be measured and monitored quickly and automatically.
238 (40; 41; 32; 30; 19).

239 Assessing the disease’s progression is very important in medicine, which helps analyze the disease
240 type. For example, in COVID-19 disease, one of the critical components for each patient is to check
241 the level of progression of the virus and infection in the lungs, according to which the patient’s
242 treatment should be determined. Unfortunately, the level of disease progression is a difficult task for
243 physicians and requires much time, while the diagnosis and treatment of COVID-19 patients need
244 high-speed methods. This is due to the rapid spread of the disease, and in some cases, the lack of
245 empty beds in hospitals complicates treatment and requires more speed. (42).

246 Early diagnosis and monitoring of illness progress are greatly aided by computer systems that
247 have been developed in medicine (18). As a result, these technologies have found several medical uses,
248 such as detecting lung cancer and separating a tumor from its surrounding tissue (29; 30). Processing
249 medical data necessitates separating infected lung tissue from the surrounding region (43; 44; 45).
250 The segmentation of infected tissues can identify the amount of viral dissemination in the lungs,
251 which is critical for patients with COVID-19. For one thing, it is difficult to distinguish diseased lung
252 tissue from surrounding healthy tissue because of this tissue’s similarity to its surrounding healthy
253 tissue. As a result, computer systems are unable to distinguish certain sections, such as the lungs,
254 from the rest of the body (46).

255 Image-based, model-based, and hybrid techniques are examples of segmentation methods. Active
256 Appearance Model (47) and Active Shape Model (32) are examples of model-based techniques.
257 These techniques rely on the image’s features (48) to segment it. Only information that appears in
258 the picture is used to segment an image using image-based approaches. Morphological operation;
259 thresholding (19) watershed, level set, active contour, and region growing (20) are some of the
260 image-based approaches that may be used.

261 Deep learning approaches are commonly utilized to segment ROI in CT scans, which give high-
262 quality 3D images for COVID-19 detection and are used to segment ROI in other images as well
263 (49; 50; 51). Deep networks that are frequently employed for patients with COVID-19 include
264 the traditional U-Net (52; 53; 54), UNet ++ (55), and VB-Net (56; 39). When compared to CT
265 scanning, X-ray imaging is more widely available across the world. However, dividing X-ray pictures
266 is considerably more difficult since the 2D projections are projected onto soft textures, which confuses

267 the image contrast and makes it difficult to distinguish between them.

268 COVID-19 application segmentation methodologies may be classified into two types in terms
 269 of target ROIs: lung-region-oriented methods and lung-lesion-oriented methods. The lung-region-
 270 oriented techniques seek to distinguish lung areas in CT or X-ray, such as the entire lung and lung
 271 lobes, from other (background) regions, which is needed in COVID-19 applications. (23; 57; 58).
 272 For example, Jin et al. (59) propose a two-step pipeline for screening COVID-19 in CT images,
 273 with the first stage consisting of an effective segmentation network based on UNet++ detecting the
 274 whole lung region. Lung-lesion-oriented techniques (60; 61) aim to distinguish lesions (or metal and
 275 motion artifacts) from lung regions. Finding the exact location of a lesion can be difficult because
 276 of the variety of sizes, shapes, and textures that lesions can take. It has been suggested that the
 277 use of the attention mechanism in screening may be useful in COVID-19 applications in addition to
 278 segmentation (62).

279 There have been multiple ways for lung segmentation in the literature with various aims (63).
 280 The U-Net (Fig. 3) is commonly used in COVID applications to segment lung areas and lung lesions.
 281 (57; 23). Many U-Net (Fig. ??) and its variations have been created in COVID-19 applications, with
 282 acceptable segmentation results. İçek et al. (63) propose a 3D U-Net that uses inter-slice information
 283 rather than layers like in a regular U-Net. Military et al. (64) offer the V-Net, which improves the
 284 network by using residual blocks as the fundamental convolutional block with a Dice loss. Shan
 285 et al. (39) employ a VB-Net for more effective segmentation by providing bottleneck blocks to the
 286 convolutional blocks. The UNet++ network suggested by Zhou et al. (65) is substantially more
 287 sophisticated than U-Net since it adds a nested convolutional structure between the encodable.

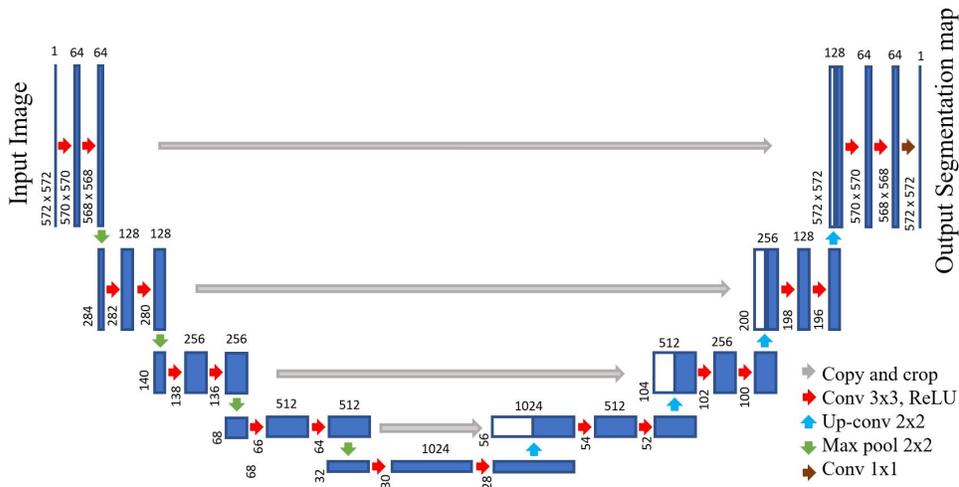


Figure 3: U-Net plan (example for 32x32 pixels in the lowest resolution). Each blue box depicts a multi-channel feature map. The number of channels is stated on the box. In the box's lower left border is displayed the x-y size. White boxes represent feature map copies. The arrows denote the operations.

288 Shariaty F. et al. (66) suggested a new ML-based COVID-19 infection segmentation in lung CT
 289 images to automatically detect infected areas and their severity. It is vital to address the following

290 challenges in deep learning (DL) methods: decrease the computational resource by reducing the
291 dimension of the initial data; and eliminate the critical dependency of the applied classifier on
292 the observed plot. The authors proposed solution to these challenges. They employed statistical
293 parameters derived in blocks of size m by m into which the original image is split as input data for
294 the classifier. The author's suggested DL-based segmentation system achieved 0.97 accuracy and
295 0.97 precision.

296 AI approaches have a unique position when it comes to modeling COVID-19, which is critical in
297 determining the disorder's future effect. Using these models, policymakers may forecast the future
298 path of the epidemic and plan accordingly. Modeling techniques can take into account the influence
299 of large-scale screening and disease-control measures. ARIMA and LSTM function well in this area,
300 according to the results. Indeed, ARIMA model is the most widely used strategy for predicting time
301 series trends. However, the findings of these research cannot be compared since these approaches
302 have not been used and trained on the same dataset. The pandemic predictions of COVID-19 have
303 been encouraging, however COVID-19 is still an unknown illness with no historical data to forecast
304 its spread, despite the hopeful predictions of artificial intelligence. These methodologies should be
305 integrated into a bigger population of diverse ethnicities in order to develop more accurate predictive
306 models.

307 COVID-19's stability and growth have been predicted using the ARIMA time technique. The
308 availability of extra datasets has been shown in recent research to improve the model's performance
309 or deliver more precise results. The model's output is based on data gathered from health-care
310 organizations and other sources. As a result, while prediction may not be 100 percent accurate,
311 it may be relied upon as a corrective measure (67). The accuracy of ARIMA can be improved
312 by combining it with new factors and algorithms. Using ARIMA, Adiga et al. (MAPE = 999.1)
313 reported the best performance metrics (68).

314 **3.3 Individual contact tracing**

315 Artificial intelligence can assist in analyzing the degree of viral infection by finding clusters and
316 "hot spots," as well as successfully tracking and monitoring people's contacts. In the sense that
317 according to the records of the people and the tests performed, if a person is infected with the
318 virus, by tracking the location of this person, it is possible to identify people suspected of having the
319 disease and places suspected of being infected in the city or region. This can forecast the disease's
320 future course and the chance of recurrence.

321 If a person has been diagnosed and proven to have COVID-19, the next critical step is to prevent
322 the disease from spreading further. According to the WHO, the virus is spread from person to person
323 primarily by contact with saliva, drops, or nasal discharge (69). Contact tracing is an essential public
324 health method for breaking the virus transmission chain to restrict the spread of SARS-Cov-2. To
325 avoid new outbreaks, the call tracking procedure identifies and manages persons who have recently
326 been exposed to a patient with COVID-19. Generally, this method identifies the afflicted person
327 and provides 14 days of follow-up from the moment of exposure. If this method is appropriately
328 executed, it can break the present novel coronavirus transmission chain, inhibit its spread, and lessen

329 the severity of the recent outbreak. In this regard, many infected countries use various technologies
330 such as Bluetooth, Global Positioning System (GPS), social charts, contact details, network-based
331 API, mobile tracking data, card transaction, digital call tracking process with the mobile application.
332 The system's data and physical address. The digital call tracking procedure is quicker and more
333 in real-time than the non-digital system. These digital applications are meant to capture personal
334 data, which is then evaluated by machine learning and artificial intelligence algorithms to follow a
335 person exposed to a new infection due to their recent contact chain.

336 The Google Scholar publications identify the several countries that have such ML and AI-based
337 call tracking schemes. According to studies, more than 36 countries have effectively implemented
338 digital call tracking in a centralized, decentralized, or a combination of the two approaches to
339 minimize work and boost the efficacy of traditional health care detection systems. (70).

340 In the case of contact tracking, studies have proven the use of ML and AI in enhancing the
341 contact tracking process against infectious chronic wasting disease (71). After applying graph theory
342 to animal infectious disease epidemic data, mainly inter-farm transport data, the resulting graph
343 properties produced by the proposed model can be used to increase more efficient contact tracking.
344 In addition, the graphs generated have a potential predictive effect on the number of infections that
345 can occur. However, there are still limitations to scenario handling, privacy, data control, and even
346 data security breaches. Countries strive to overcome challenges. Some countries, such as Israel,
347 have enacted an "emergency law for the use of mobile data" to combat the current epidemic (72).
348 Among global call tracking programs, some countries have violated privacy laws and been reported
349 to be insecure (70). So far, they have done a good job by completing the manual tracking process.
350 However, almost every country has its contact tracking plan, as the outbreak continues to spread
351 around the world, becoming a global health emergency. To combat COVID-19 as a unit, we need
352 to provide a proper and standard-focused call tracking application for tracking every human being
353 worldwide. It has also been reported that some specific queries should address this issue: "Is it
354 mandatory or optional?" "Is the effort clear or transparent?" "Has data collection decreased?" "Is
355 the collected information being lost as announced?", "Is the data safe with the host" and "Are there
356 any restrictions or controls on the use of the information?"

357 Some systems collect the location area corresponding to each phone number from the Call De-
358 tailed Record (CDR) provided by the Mobile Network Operators (MNOs) and the medical infor-
359 mation (particularly history of the COVID-19 engagement) of each subscriber. In (73), the authors
360 use CDR information to trace, track, and isolate the patients. They adopt information to minimize
361 the widespread coronavirus disease. In (74) and (75), the CDR information is used for criminal
362 investigation. The authors also used the aggregated and anonymized geolocation information from
363 passively collected mobile phone data to inform successfully and model the spatial and temporal
364 dynamics of endemic and emerging infectious diseases, including malaria (76; 77; 78; 79), cholera
365 (80), measles (81; 82).

4 Conclusions and Discussion

Since the outbreak of the novel SARS-CoV-2, scientists and medical industries worldwide have been urged to deal with the pandemic by developing alternative methods of rapid screening and prediction, contact tracing, forecasting, and the development of vaccines or drugs that are more accurate and reliable. Machine Learning and Artificial Intelligence are two promising methodologies used by a variety of healthcare providers. This study focuses on recent studies that use such advanced technology to supplement researchers in various ways, addressing the difficulties and obstacles that arise when utilizing such algorithms to support medical experts in real-world issues. This study also contains recommendations conveyed by researchers on AI/ML-based model design, medical specialists, and policymakers on a few faults observed in the current circumstance while dealing with the epidemic. This review demonstrates that using contemporary technology with AI and ML enhances screening, prediction, contact tracking, forecasting, and drug/vaccine development with extraordinary dependability. The majority of the papers used deep learning algorithms, which were shown to be more promising, resilient, and advanced than other learning algorithms. However, given the current urgency, an upgraded model with high-end performance accuracy in screening and predicting SARS-CoV-2 with a distinct type of linked disease by assessing suspects' clinical, mammographic, and demographic information and infected patients is required. Finally, AI and ML may dramatically enhance COVID-19 pandemic management, medicine, screening and prediction, forecasting, contact tracking, and drug/vaccine research while reducing human participation in medical practice. However, most of the models have not been deployed sufficiently to demonstrate their real-world functioning, but they are still capable of fighting the pandemic.

Ethical approval

All procedures performed in studies involving human participants were by the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

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