

Modulation of Inflammatory Cytokines Secretion Response from Stimulated Human PBMCs Following Application of Recombinant Human Cytokines IL-37b and IL-38 Produced in Plants.

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Research Article

Keywords: Recombinant proteins, human cytokines, IL-37b, IL-38, inflammatory response, LPS, PHA, plant-based bioreactors, PBMCs

Posted Date: February 17th, 2022

DOI: <https://doi.org/10.21203/rs.3.rs-1318853/v1>

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2 Application of Recombinant Human Cytokines IL-37b and IL-38 Produced in Plants.

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11 Abstract

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13 Affordable therapeutics are vitally needed for humans worldwide. Plant-based production of recombinant
14 proteins can potentially enhance, back-up, or even substitute for the manufacturing capacity of the
15 conventional, fermenter-based technologies. We plastome-engineered a tobacco cultivar to express high
16 levels of two “plantakines” - recombinant human cytokines, interleukins IL-37b and IL-38, and confirmed
17 their native conformation and folding. Assessment of their biological functionality was performed *ex vivo*
18 by analyzing the effects exerted by the plantakines on levels of 11 cytokines secreted from human
19 Peripheral Blood Mononuclear Cells (PBMCs) challenged with an inflammatory agent. Application of the
20 plant-produced IL-37b and IL-38 in PBMCs stimulated with Lipopolysaccharide or Phytohaemagglutinin
21 resulted in significant, dose-dependent modulation of pro-inflammatory cytokines secretion and
22 attenuation of levels of several cytokines involved in inflammatory response. Our results demonstrate
23 feasibility of manufacturing functional recombinant human proteins using scalable, cost-effective and
24 eco-friendly plant-based bioreactors.
25

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27 Keywords

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29 Recombinant proteins, human cytokines, IL-37b, IL-38, inflammatory response, LPS, PHA, plant-based
30 bioreactors, PBMCs.
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33 Abbreviations

34 GM-CSF - granulocyte macrophage-colony stimulating factor;

35 IL – Interleukin;

36 PBMCs - Peripheral Blood Mononuclear Cells;

37 LPS – Lipopolysaccharide;

38 PHA – Phytohaemagglutinin;

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Introduction

Plants make a lot of sense as production platforms for all kinds of biologics. Photosynthetic capacity allowing autotrophic growth renders plants the most energy-efficient and cost-effective platform for manufacturing of various recombinant proteins, secondary metabolites and other assorted small molecules, as plants require only three abundantly available raw input ingredients for biosynthesis - carbon dioxide, water and sunlight. Hence, the initial part of the manufacturing process, the "upstream production" that generates the biomass accumulating the desired product ensues significant costs savings, eliminating the need for construction, maintenance and operation of fermenter facilities^{1 2 3}. Benefits to "downstream production" steps of the process, where the desired product is extracted and purified are also recognized for plant-based systems, with some of the bottlenecks being addressed in recent studies^{4 5 6}. Additional advantages of exploiting plants as single-use, clean and biodegradable bioreactors for production of recombinant proteins include inherent safety due to inability of mammalian pathogens to propagate in plant tissue and virtually unlimited scalability of plant-based production^{7 8}.

Since the emergence of the first reports of successful genetic transformation of plants and the expression of recombinant heterologous proteins of human origin in transgenic plants, tremendous technological advances were achieved in the "molecular pharming" field, with the first FDA-approved pharmaceutical for human use in 2012, taliglucerase alfa, produced in carrot cells⁹. Today several biopharmaceuticals on the market are sourced from plants and a few biotechnology companies around the world use plant-based production platforms in their manufacturing processes^{10 3 11}. Plant-based bioreactors could facilitate making more affordable many biologic drugs in use today and provide a source of therapeutics supplied locally, which can be very beneficial in the context of developing nations, or when global supply chains are disrupted^{11 12}.

Among the methodologies used for plant-based recombinant protein manufacturing, plastome-engineered plants possess several advantageous features as a platform, simply generating extraction-ready biomass from seed. Plastome-engineered plants can express and accumulate very high yields of the desirable product and, thus, can represent the most cost-effective production route^{13 14 15 16}. We set to demonstrate the feasibility of plastome-engineered plant bioreactor platform for production of biologically active recombinant human cytokines. Based on our preliminary screens searching for valuable proteins with a potential for prolific expression in plastids, we engineered the plastome of a low-alkaloid tobacco cultivar to produce "bioreactor lines" expressing mature forms of two "plantakines" - human interleukins IL-37 (isoform b, IL-37b) and IL-38, both characterized as anti-inflammatory cytokines^{17 18}. IL-37b and IL-38 belong to the IL-1 family of 11 interleukins, 7 of which are pro-inflammatory¹⁹. Both IL-37b and IL-38 function in regulation/mitigation of human inflammatory responses; a plethora of studies demonstrated central involvement for IL-37b and IL-38 in immunity and disease and, therefore, as potential candidates for development as therapeutic agents^{20 21}. The created plastome-engineered bioreactor lines produced up to ~1 gram of the recombinant protein per 1 kg of fresh leaf biomass. After confirmation of their correct folding, we assessed the biological activity of the plant-produced IL-37b and IL-38 in *ex vivo* experiments by monitoring the response to inflammatory agents (IAs) in freshly isolated cultured human Peripheral Blood Mononuclear Cells (PBMCs), manifested in the levels of secreted inflammatory cytokines.

PBMCs are the central and crucial components of the immune system that brings forth a response to intruder pathogens, as well as identifies and fights own body cells that have undergone malignant transformation (cancer). PBMCs are an assorted mixture of highly specialized immune cells, PBMCs

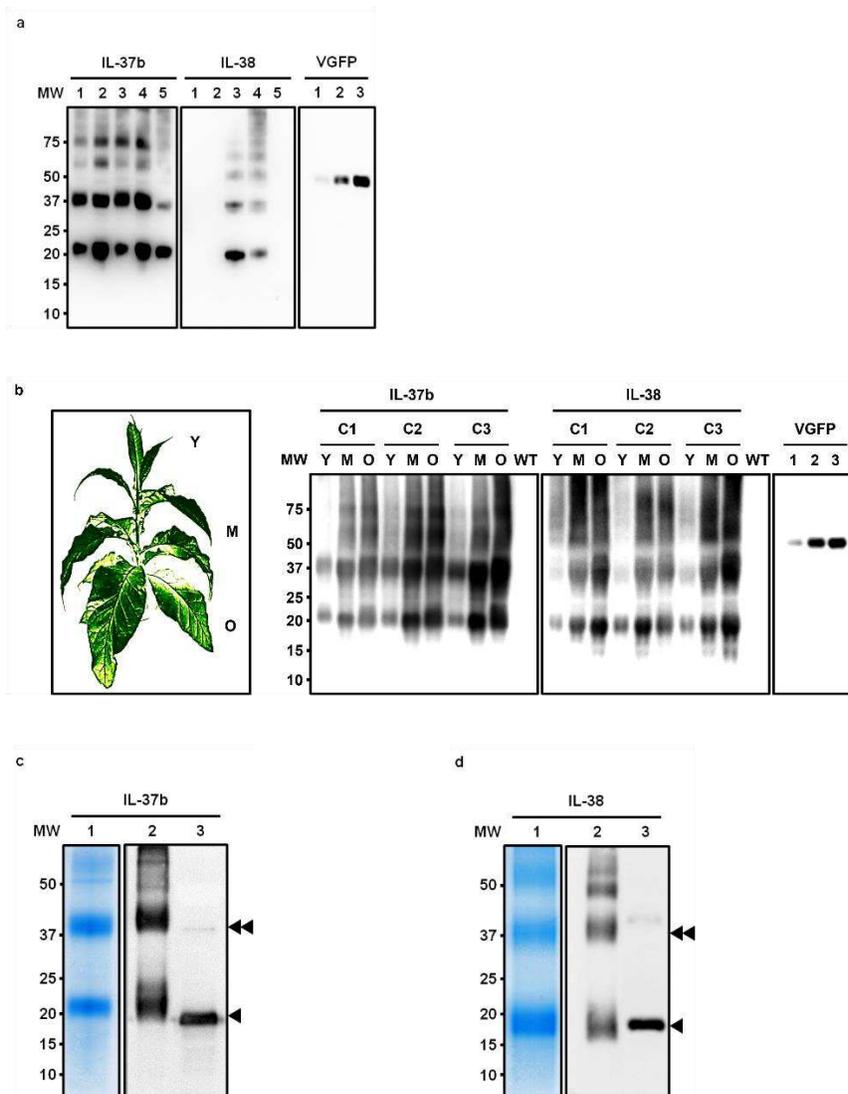
1 population is comprised of a multitude of immune cell types including lymphocytes (~85%), monocytes
2 (~15%) and dendritic cells (<1%)²². *In vitro* and *ex vivo* human PBMCs studies are ubiquitous in cell
3 biology and immunology research and an important biotechnological tool in developing new therapeutics
4 and diagnostics^{23 24 25 26 27}. We hypothesized that by monitoring the inflammatory response in IA-
5 stimulated PBMCs we could study the effects of the plantakines (and their active concentrations) exerted
6 on the levels of specific inflammatory markers.

7 We report significant modulation of inflammation responses from PBMCs stimulated with different IAs
8 as a result of treatments with the plant-produced IL-37b and IL-38. We observed attenuation of levels of
9 several secreted inflammatory cytokines, generally consistent with the previous reports characterizing the
10 biological activity of IL-37b and IL-38 as anti-inflammatory. Both plantakines exerted dose-dependent
11 modulations of PBMCs responses, leading at different concentrations to either inhibition or enhancement
12 of secretion of some of the inflammatory markers monitored. In addition, different IAs brought about
13 different magnitude of inflammatory responses reflected in levels of cytokines secreted from the
14 stimulated PBMCs, confirming a similar experimental outcome reported recently. Thus, our study
15 validates applicability of the plant-based production platform for cost-efficient and eco-friendly
16 manufacturing of functional recombinant human cytokines in large quantities.

17 18 19 Results

20 21 *Monomers, dimers and multimers of IL-37b and IL-38 accumulate in engineered chloroplasts*

22 We engineered the plastome transformation constructs to produce IL-37b and IL-38 as mature peptides
23 (V46 – D218 for IL-37b, C2–W152 for IL-38), optimizing the expression by selecting suitable cis-acting
24 regulatory genetic elements and using plastid-preferable codons (data not shown). Screening for prolific
25 producer lines of IL-37b and IL-38 identified the best configurations of plastid expression cassettes by
26 examining their crude leaf tissue extracts with Western blots (Figure 1a). Two bioreactor lines were
27 selected and grown in greenhouse to maturity, expressing the recombinant human IL-37b and IL-38 at ~1
28 g and 0.75 g, respectively, per 1 kg of fresh leaf tissue. Interestingly, prevalent amounts of both
29 plantakines were found to accumulate in older leaves, demonstrating significant stability of these
30 recombinant proteins in the chloroplasts (Figure 1b). We observed large amounts of the monomeric
31 forms, as well as the dimerized and multimerized forms of the cytokines IL-37b and IL-38 in the crude
32 leaf extracts and in samples after purification; the dimers (and higher molecular weight multimers) were
33 very stable and detectable in SDS-PAGE analyses gels even after harsh denaturing conditions of the
34 sample preparation. That observation was in stark contrast to the bacteria-produced recombinant IL-37b
35 and IL-38 counterparts available commercially, that predominantly presented the monomeric forms of the
36 cytokines when used as controls in Western blot experiments using specific antibodies (Figure 1c, d).
37 Placement of the HIS-tag at the N-terminal had no effect on the formation of dimers/multimers for both
38 expressed cytokines (data not shown).



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3 **Figure 1. Expression and Purification of the Plantakines IL-37b and IL-38.**
4 **a:** SDS-PAGE and Western blots of samples from crude leaf tissue extracts of the primary transplastomic
5 clones generated for expression of plantakines IL-37b and IL-38 tagged with a HIS-tag at the C-terminus.
6 Numbers 1 – 5 for each IL-37b and IL-38 represent extracts (~100 µg fresh leaf tissue) from different
7 clones; clones 1, 2 and 5 for IL-38 show no expression. VGFP (EGEH²⁸) is a HIS-tagged GFP variant
8 used as quantifiable control protein; lanes 1, 2 and 3 represent 12.5, 25 and 50 ng, respectively. All blots
9 probed with the same anti-His tag antibody.
10 **b:** Left panel: Schematic representation of a greenhouse-grown bioreactor plant assessed to determine the
11 spatial expression patterns of the cytokines by sampling young (Y), mature (M) and old (O) leaves; Right
12 panel: Three clones (C1, C2, C3) for each bioreactor line expressing either IL-37b or IL-38 were sampled
13 (~1 mg fresh leaf tissue in lane) and assessed with Western blots. Wild-type (WT) tobacco extracts were
14 used as negative controls. VGFP was used as quantifiable control protein; lanes 1, 2 and 3 represent 12.5,
15 25 and 50 ng, respectively.

1 **c:** Lanes 1 and 2 both contain ~1 µg of the purified plantakine IL-37b, SDS-PAGE & stained (lane 1) or
2 Western-blotted and probed with anti-IL-37 antibody (lane 2) along with 500 ng of bacteria-produced
3 human recombinant IL-37b as a control (lane 3).

4 **d:** Lanes 1 and 2 both contain ~1 µg of the purified plantakine IL-38, SDS-PAGE & stained (lane 1) or
5 Western-blotted and probed with anti-IL-38 antibody (lane 2) along with 500 ng of bacteria-produced
6 human recombinant IL-38 as a control (lane 3).

7 Molecular weight marker (MW) ladder is in kiloDaltons. Single black triangle arrows depict the
8 monomers of the plantakines of the predicted molecular sizes (20.3 kDa and 18.3 kDa for IL-37b and IL-
9 38, respectively), double arrows depict the dimers. Higher molecular weight multimeric structures are
10 also detectable.

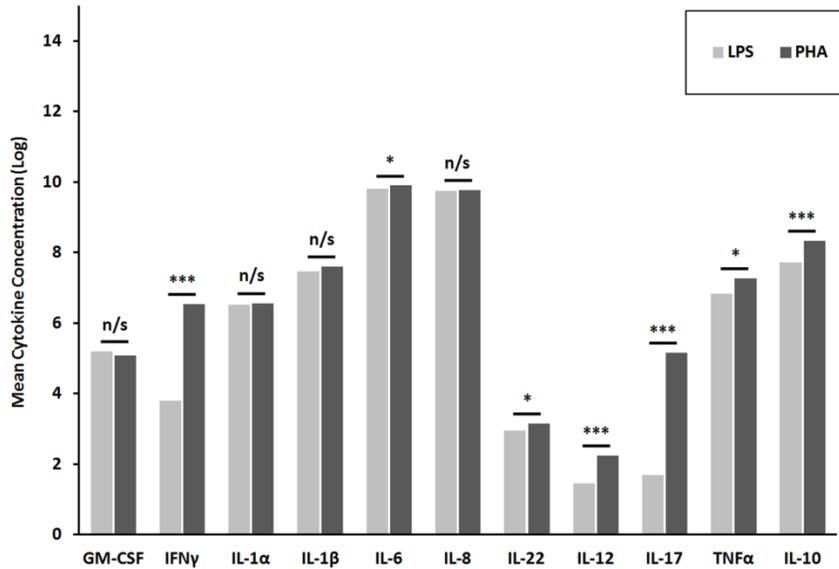
11 12 13 14 *Plantakines bioactivity assessment - experimental design*

15 The bioactivity of our plantakines IL-37b and IL-38 was assessed by monitoring the secretion of 11
16 cytokines, generally regarded as inflammatory markers, from PBMCs stimulated with an IA. Freshly
17 isolated human PBMCs were subjected to various treatments - combinations of the IAs with the
18 plantakines at different concentrations. Two different model IAs were used, either the bacterial
19 lipopolysaccharides (LPS) or a lectin from *Phaseolus vulgaris* (phytohaemagglutinin, PHA); each of the
20 IAs was applied onto cells separately, each IA was applied at two concentrations: LPS at 150 and 300
21 pg/mL; PHA at 5 and 10 µg/mL. Each IA at each concentration was applied in combination with one of
22 the two plantakines, each of them at three different concentrations: 1, 10 and 100 ng/mL of the
23 monomeric forms present in the purified extracts. Also included were treatments comprised of either IA at
24 their lower concentrations, in combination with both plantakines at 10 ng/mL concentration in order to
25 assess possible synergistic effects. Cells with only IAs applied represented the reference (positive controls
26 for each concentration), cells without any treatment represented the basal level (negative control). The
27 levels of eleven different pro-inflammatory cytokines secreted into the medium from the PBMCs - GM-
28 SCF, IFN γ , TNF α , IL-1 α , IL-1 β , IL-6, IL-8, IL-22, IL12, IL-17 and IL-10 were compared between the
29 treatments and the controls. We applied Generalized Estimating Equation (GEE) model for the statistical
30 data analysis. This statistical approach allows for nested observations and was used to test the effects of
31 the plantakines IL-37b and IL-38 and their dosage in the context of IA-stimulated PBMCs inflammatory
32 responses.

33 34 35 *Different IAs bring about different magnitude of inflammatory responses from PBMCs*

36 In order to validate the obtained data, as well as to gain insights into the quantitative and qualitative
37 differences in the PBMCs' inflammatory responses between the two IAs tested, we first compared the
38 mean values for each monitored secreted cytokine elicited by either LPS or PHA. The magnitude of the
39 general responses from the stimulated PBMCs, manifested in levels of the secreted pro-inflammatory
40 cytokines was found significantly different between the two IAs. PHA elicited stronger response in 7 out
41 of 11 pro-inflammatory cytokines monitored; namely, IL-17, IFN γ , TNF α , IL-12, IL-22, IL-10 and IL-6
42 displayed, respectively, 2930%, 1240%, 55.7%, 118%, 21.5%, 86.4% and 10.1% higher levels, compared
43 with the LPS-elicited levels ($p < 0.001 - p < 0.05$, Figure 2). The levels of GM-CSF, IL-8, IL-1 α and IL-
44 1 β showed no statistically significant difference between the IAs in our experiments.

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Figure 2. Differences in levels of inflammatory cytokines secreted from PBMCs in response to stimulation with either LPS or PHA.

Legend:

n/s – no significant difference;

* – significant difference, $p < 0.05$;

*** – significant difference, $p < 0.001$.

Plant-produced IL-37b and IL-38 modulate inflammatory responses from IA-stimulated PBMCs

To gain insight into the bioactivity of the plantakines IL-37b and IL-38 exerted on IA-stimulated PBMCs we compiled the data generated from treatments with observed modulatory effects on secreted inflammatory markers. GEE analysis was performed four times, for each combination of the IA and its concentration, for each secreted cytokine monitored, generating statistically significant ($p < 0.05$) level modulations displayed in 118 treatments out of the total 286 treatment combinations assessed. Plantakines exerted statistically significant modulatory effects on the levels of secreted inflammatory cytokines in 67 and 51 treatments that occurred in LPS- and PHA-stimulated PBMCs, respectively (Table I). Collectively, treatments with plantakines IL-37b and IL-38 resulted in more profound anti-inflammatory activity in LPS-stimulated PBMCs rather than PBMCs stimulated with PHA, as only 10 treatments resulted in increased secretion of inflammatory cytokines in LPS-stimulated PBMCs, while decreased secretion was observed in 57 treatments. In contrast, secretion of inflammatory markers in PHA-

1 stimulated PBMCs was suppressed in 17 treatments with plantakines and increased in 34. Notably, all the
 2 treatments with the simultaneous application of both IL-37b and IL-38 brought about increases in
 3 secretion of inflammatory cytokines under stimulations with either IA, while separate applications of the
 4 plant-produced IL-37b or IL-38 suppressed secretion of inflammatory cytokines in 44 and 30 treatments,
 5 and increased it in 12 and 22, respectively. Fewer treatments with plantakines caused suppression of
 6 inflammatory cytokines secretion and the numbers of treatments where inflammatory cytokines secretion
 7 increased grew in association with a higher concentration of either IA used to stimulate the PBMCs
 8 (Table I).

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Table I. Modulation in levels of inflammatory cytokines secreted from IA-stimulated PBMCs with applied IL-37b and IL-38 plantakines treatments.

PBMCs stimulation IA									
LPS				PHA				IA concentration	
150 pg/mL		300 pg/mL		5 µg/mL		10 µg/mL		Plantakine treatment	
IL-37b	IL-38	IL-37b	IL-38	IL-37b	IL-38	IL-37b	IL-38		
286									All treatments combinations
118									Treatments with statistically significant modulation (p<0.05)
39		67		26		51			
10		28		34		24			
5*		5		17**		17		Increased secretion	
1	1	3	2	3	7	5	12		
57		17		9		7		Decreased secretion	
34	23	9	7	9	1	6	1		
18	16	11	12	9	1	6	1		

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We further analysed the changes in levels of the secreted inflammatory cytokines from the stimulated PBMCs resulting from treatments with different doses of the plantakines IL-37b and IL-38. For each inflammatory marker monitored, the outcomes of the treatments were calculated as percentages of secretion modulation with its probability value in comparison with the positive controls at the

1 corresponding IAs concentrations (Table II). The modulatory effects of the plantakines IL-37b and IL-38
 2 could be observed on the levels of most of the monitored secreted inflammatory cytokines elicited with
 3 either LPS or PHA, showing a general tendency of attenuation. IL-37b attenuated levels of IFN γ , IL-1 α ,
 4 IL-1 β , IL-22, IL-17 and TNF α in LPS-stimulated PBMCs, the effect could be seen at all the
 5 concentrations examined, levels of IFN γ and IL-22 were also reduced by IL-37b in PHA-stimulated
 6 PBMCs (Table II). Unexpectedly, IL-37b at all 3 concentrations brought about an increase in IL-17
 7 secreted from PBMCs stimulated with PHA at 10 μ g/mL, similar increases were observed for IL-1 α and
 8 GM-CSF levels with IL-37b at 100 ng/mL. Modulation of GM-CSF levels by both IL-37b and IL-38
 9 displayed dose-dependent character: at low concentrations (1 ng/mL) both plantakines attenuated GM-
 10 CSF levels by more than 50% in PBMCs stimulated with 150 pg/mL LPS, while 100 ng/mL plantakines
 11 concentration increased the levels of GM-CSF, those increases observed more profoundly at LPS 300
 12 pg/mL concentration. Both plantakines boosted GM-CSF in PHA-stimulated PBMCs: at higher
 13 concentrations (100 ng/mL) IL-37b brought about 155.9% and 127.8% increases in GM-CSF levels at 5
 14 μ g/mL and 10 μ g/mL PHA stimulation, respectively, and IL-38 showed 380.5% and 326.6%, $p < 0.001$.
 15 Interesting, a combination of both plantakines, each at concentration 10 ng/mL exerted a 228.6% ($p <$
 16 0.001) increase in secreted GM-CSF levels, pointing out a possible synergistic effect from the
 17 simultaneous application, since when applied separately on PBMCs with the same 5 μ g/mL PHA
 18 stimulation, plantakines IL-37b and IL-38 modulated GM-CSF levels to increase 50.5% and 103.3%,
 19 respectively ($p < 0.001$). Simultaneous applications of both plantakines resulted in increased secretion of
 20 several pro-inflammatory cytokines from PHA-stimulated PBMCs, IL-1 α , IL-1 β , IL-12, IL-17, TNF α and
 21 IL-10 displayed, respectively, 35.0%, 35.0%, 134.5%, 43.3%, 61.6%, and 43.3% increased levels ($p <$
 22 0.001 – $p < 0.05$). Notably, only insignificant modulation of IL-6 and IL-8 levels was observed, yet, when
 23 plantakines IL-37b and IL-38 were applied at the lowest concentration (1 ng/mL), statistically significant
 24 attenuation (-9.5% for IL-6 elicited at 150 pg/mL LPS, $p=0.012$, and -28.5% for IL-8 elicited at 300
 25 pg/mL LPS, $p=0.032$) was detected, aligned with the anti-inflammatory functions expected from IL-37b
 26 and IL-38 (Table II).

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Table II. Results of GEE model analyses of modulation of inflammatory cytokines levels secreted from IA-stimulated PBMCs with applied treatments of plantakines IL-37b and IL-38.

The percentages represent the average effect of the plantakines treatments compared with the positive controls at corresponding concentrations. Calculated p-values are also displayed. IM – Inflammatory Marker.

IM	Plantakines Treatments (ng/mL)	Inflammatory Agent (IA)			
		LPS, pg/mL		PHA, μ g/mL	
		150	300	5	10
GM-CSF	IL-37b (1)	-54.2%, $p < 0.001$	-25.3%, $p < 0.001$	19.6%, $p = 0.013$	-5.0%, $p = 0.411$
	IL-37b (10)	-11.3%, $p = 0.024$	59.2%, $p < 0.001$	50.5%, $p < 0.001$	-5.8%, $p = 0.011$
	IL-37b (100)	53.9%, $p < 0.001$	100.5%, $p < 0.001$	155.9%, $p < 0.001$	127.8%, $p < 0.001$
	IL-38 (1)	-59.4%, $p < 0.001$	-14.1%, $p = 0.118$	18.0%, $p = 0.403$	1.5%, $p = 0.881$

	IL-38 (10)	7.3%, p = 0.230	29.1%, p < 0.001	103.3%, p < 0.001	42.6%, p = 0.016
	IL-38 (100)	21.2%, p = 0.013	88.8%, p < 0.001	380.5%, p < 0.001	326.6%, p < 0.001
	IL-37b (10) × IL-38 (10)	78.7%, p < 0.001		228.6%, p < 0.001	
IFN γ	IL-37b (1)	-53.2%, p < 0.001	-39.3%, p < 0.001	-16.5%, p = 0.038	-7.7%, p = 0.125
	IL-37b (10)	-47.3%, p < 0.001	0.0%, p = 1.000	-39.3%, p < 0.001	-44.0%, p < 0.001
	IL-37b (100)	-21.3%, p = 0.009	-13.1%, p = 0.487	-40.5%, p < 0.001	-22.9%, p < 0.001
	IL-38 (1)	-63.9%, p < 0.001	-16.5%, p = 0.006	-35.6%, p = 0.137	-36.9%, p = 0.164
	IL-38 (10)	-16.5%, p = 0.012	-24.4%, p = 0.018	-53.2%, p = 0.032	-53.2%, p = 0.046
	IL-38 (100)	-40.5%, p = 0.008	-21.3%, p < 0.001	6.2%, p = 0.856	6.2%, p = 0.852
	IL-37b (10) × IL-8 (10)	4.1%, p = 0.907		4.1%, p = 0.883	
IL-1 α	IL-37b (1)	-24.4%, p < 0.001	-11.3%, p = 0.006	-2.0%, p = 0.648	-2.0%, p = 0.701
	IL-37b (10)	-14.8%, p < 0.001	10.5%, p = 0.077	-7.7%, p = 0.125	-11.3%, p = 0.246
	IL-37b (100)	-7.7%, p = 0.068	8.3%, p = 0.298	10.5%, p = 0.327	19.7%, p = 0.012
	IL-38 (1)	-25.9%, p < 0.001	-7.7%, p = 0.178	-9.5%, p = 0.480	-5.8%, p = 0.469
	IL-38 (10)	-14.8%, p < 0.001	2.0%, p = 0.550	4.1%, p = 0.690	-2.0%, p = 0.893
	IL-38 (100)	-3.9%, p = 0.380	6.2%, p = 0.188	46.2%, p = 0.015	40.5%, p < 0.001
	IL-37b (10) × IL-38 (10)	15.0%, p = 0.110		35.0%, p = 0.024	
IL-1 β	IL-37b (1)	-24.4%, p < 0.001	-16.5%, p < 0.001	-5.8%, p = 0.409	-2.0%, p = 0.550
	IL-37b (10)	-19.7%, p < 0.001	6.2%, p = 0.094	-13.1%, p = 0.021	-9.5%, p = 0.181
	IL-37b (100)	-16.5%, p = 0.127	-2.0%, p = 0.701	2.0%, p = 0.761	2.0%, p = 0.701
	IL-38 (1)	-27.4%, p < 0.001	-13.1%, p < 0.001	-2.0%, p = 0.888	0.0%, p = 1.000
	IL-38 (10)	-13.1%, p = 0.002	-2.0%, p = 0.550	4.1%, p = 0.801	4.1%, p = 0.761
	IL-38 (100)	-13.1%, p = 0.002	2.0%, p = 0.648	43.3%, p = 0.019	46.2%, p = 0.001
	IL-37b (10) × IL-38 (10)	17.4%, p = 0.264		35.0%, p = 0.030	
IL-6	IL-37b (1)	-9.5%, p = 0.012	-3.9%, p = 0.380	-5.8%, p = 0.409	-2.0%, p = 0.826
	IL-37b (10)	-2.0%, p = 0.701	6.2%, p = 0.323	-5.8%, p = 0.515	-9.5%, p = 0.181
	IL-37b (100)	8.3%, p = 0.178	8.3%, p = 0.329	0.0%, p = 1.000	4.1%, p = 0.711
	IL-38 (1)	-7.7%, p = 0.178	-5.8%, p = 0.323	-5.8%, p = 0.798	-2.0%, p = 0.898
	IL-38 (10)	0.0%, p = 1.000	2.0%, p = 0.736	10.5%, p = 0.538	6.2%, p = 0.722
	IL-38 (100)	0.0%, p = 1.000	0.0%, p = 1.000	15.0%, p = 0.432	4.1%, p = 0.810
	IL-37b (10) × IL-38 (10)	8.3%, p = 0.608		6.2%, p = 0.697	
IL-8	IL-37b (1)	-26.7%, p = 0.100	24.6%, p = 0.367	-14.8%, p = 0.356	35.0%, p = 0.391
	IL-37b (10)	-28.5%, p = 0.082	-11.3%, p = 0.264	22.1%, p = 0.552	6.2%, p = 0.832
	IL-37b (100)	6.2%, p = 0.370	15.0%, p = 0.511	68.2%, p = 0.343	15.0%, p = 0.544
	IL-38 (1)	22.1%, p = 0.625	-28.5%, p = 0.032	-11.3%, p = 0.736	-5.8%, p = 0.823
	IL-38 (10)	8.3%, p = 0.639	-5.8%, p = 0.469	8.3%, p = 0.772	-3.9%, p = 0.886
	IL-38 (100)	-9.5%, p = 0.077	46.2%, p = 0.500	10.5%, p = 0.731	-2.0%, p = 0.943
	IL-37b (10) × IL-38 (10)	-11.3%, p = 0.655		-5.8%, p = 0.818	
IL-22	IL-37b (1)	-7.9%, p = 0.555	-18.2%, p = 0.004	-54.0%, p < 0.001	-17.3%, p = 0.026
	IL-37b (10)	-36.0%, p = 0.016	-26.1%, p < 0.001	-40.3%, p = 0.003	-26.4%, p < 0.001
	IL-37b (100)	-13.4%, p = 0.078	-33.5%, p < 0.001	-51.2%, p < 0.001	-12.4%, p = 0.131
	IL-38 (1)	-38.1%, p = 0.065	-40.0%, p < 0.001	8.1%, p = 0.631	86.8%, p < 0.001
	IL-38 (10)	-29.4%, p = 0.008	-45.0%, p < 0.001	55.8%, p < 0.001	61.7%, p = 0.061
	IL-38 (100)	-23.7%, p = 0.241	-31.8%, p = 0.003	15.3%, p = 0.347	50.0%, p = 0.020
	IL-37b (10) × IL-38 (10)	46.0%, p = 0.084		5.9%, p = 0.670	
IL	IL-37b (1)	-4.0%, p = 0.832	11.0%, p = 0.534	42.1%, p = 0.055	9.1%, p = 0.617
	IL-37b (10)	21.8%, p = 0.574	2.8%, p = 0.759	-2.6%, p = 0.825	-36.6%, p < 0.001

	IL-37b (100)	19.7%, p = 0.372	-4.8%, p = 0.483	7.5%, p = 0.613	-11.0%, p = 0.091
	IL-38 (1)	14.9%, p = 0.607	1.9%, p = 0.906	63.3%, p = 0.020	22.2%, p = 0.476
	IL-38 (10)	51.1%, p = 0.522	10.6%, p = 0.586	107.0%, p = 0.079	8.8%, p = 0.750
	IL-38 (100)	17.2%, p = 0.544	17.4%, p = 0.271	123.0%, p < 0.001	74.3%, p = 0.002
	IL-37b (10) × IL-38 (10)	98.5%, p = 0.023		134.5%, p < 0.001	
IL-17	IL-37b (1)	0.0%, p = 1.000	-16.5%, p < 0.001	-16.5%, p = 0.105	12.7%, p < 0.001
	IL-37b (10)	-36.9%, p = 0.002	-5.8%, p = 0.094	-9.5%, p = 0.286	19.7%, p < 0.001
	IL-37b (100)	-35.6%, p = 0.003	-16.5%, p = 0.038	-3.9%, p = 0.510	15.0%, p < 0.001
	IL-38 (1)	-21.3%, p = 0.004	-28.8%, p < 0.001	4.1%, p = 0.807	22.1%, p = 0.166
	IL-38 (10)	-16.5%, p = 0.012	-31.6%, p < 0.001	24.6%, p = 0.215	19.7%, p = 0.188
	IL-38 (100)	-24.4%, p = 0.025	-30.2%, p < 0.001	29.7%, p = 0.107	55.3%, p = 0.003
	IL-37b (10) × IL-38 (10)	12.7%, p = 0.409		43.3%, p = 0.021	
TNF α	IL-37b (1)	-18.1%, p = 0.018	-9.5%, p = 0.627	-56.0%, p = 0.170	-25.9%, p = 0.399
	IL-37b (10)	-28.8%, p = 0.020	17.4%, p = 0.431	-60.1%, p = 0.109	0.0%, p = 1.000
	IL-37b (100)	-28.8%, p = 0.020	0.0%, p = 1.000	-45.1%, p = 0.020	35.0%, p = 0.145
	IL-38 1	-36.9%, p = 0.035	-49.3%, p = 0.184	46.2%, p = 0.173	55.3%, p = 0.411
	IL-38 10	-44.0%, p = 0.116	-40.5%, p = 0.311	49.2%, p = 0.123	166.4%, p = 0.105
	IL-38 100	-34.3%, p = 0.232	-13.1%, p = 0.581	85.9%, p = 0.026	252.5%, p = 0.017
	IL-37b (10) × IL-38 (10)	19.7%, p = 0.445		61.6%, p = 0.002	
IL-10	IL-37b (1)	-9.5%, p = 0.114	-14.8%, p < 0.001	-5.8%, p = 0.094	4.1%, p = 0.510
	IL-37b (10)	-9.5%, p = 0.012	10.5%, p = 0.012	-5.8%, p = 0.370	6.2%, p = 0.442
	IL-37b (100)	-22.9%, p < 0.001	-24.4%, p < 0.001	-25.9%, p < 0.001	-5.8%, p = 0.370
	IL-38 (1)	-14.8%, p = 0.040	6.2%, p = 0.006	17.4%, p = 0.244	22.1%, p = 0.033
	IL-38 (10)	-3.9%, p = 0.264	8.3%, p = 0.178	15.0%, p = 0.224	32.3%, p < 0.001
	IL-38 (100)	-30.2%, p < 0.001	-28.8%, p < 0.001	15.0%, p = 0.275	22.1%, p = 0.033
	IL-37b (10) × IL-38 (10)	35.0%, p = 0.021		43.3%, p < 0.001	

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Discussion

In the present study we engineered the tobacco plant plastome to produce green bioreactors capable of manufacturing profuse amounts of two functional recombinant human cytokines, IL-37b and IL-38, mainly known as anti-inflammatory modulators of immune responses¹⁷⁻²⁹. To our best knowledge, this is the first report describing such a prolific expression and production of both recombinant human cytokines in their active forms in plants, a previous successful attempt to produce IL-37b in tobacco via nuclear genome transformation reported much lower yields, while there are no reports on IL-38 production in plants hitherto³⁰. Very interesting is the fact that the penultimate amino acid (the second amino acid in the peptide chain after the initiating Methionine) of the IL-38 peptide is Cysteine, which was underlined, along with Histidine, as the strongest instability-conferring penultimate amino acid for protein expression and accumulation in plastids, leading the researchers to propose existence of an N-terminus-dependent protein degradation pathway in plastids³¹. Our bioreactor lines produced IL-38 peptide with the penultimate Cysteine at 8% – 10% of the total soluble protein in the leaf tissue, contradicting the proposed model. Further, the same transformation construct expressing an IL-38 peptide variant with an added penultimate Serine, which was reported as a stabilizing penultimate amino acid, reached similar

1 levels of IL-38 accumulation (data not shown), suggesting that the proposed N-terminus-dependent
2 protein degradation pathway in chloroplasts is either limited in its processing capabilities, or involves
3 additional unknown regulatory factors that specifically direct degradation of select proteins³¹.
4 The accumulated dimerized (and multimerized) forms of the plantakines IL-37b and IL-38 in the crude
5 leaf extracts and in purified samples constituted ~50% of the entire recombinant protein yields,
6 contrasting the results of successful recombinant production studies of IL-37b and IL-38 proteins in
7 bacteria, which never reported dimerization of the purified cytokines in their SDS-PAGE analyses, even
8 when the purified IL-37b was concentrated by ultrafiltration^{32 33 34}. This observation suggests that the
9 chloroplast stroma compartment, accumulating the synthesized recombinant proteins, provides a
10 beneficial milieu of internal conditions/chaperones/scaffolds assisting the folding of these cytokines and
11 promoting their further dimerization and multimerization. It is also reasonable to assume the remarkable
12 stability of those dimer/multimeric forms of the cytokines in plastids, since the highest levels of
13 accumulation were observed in older leaves. Bacteria-produced IL-37b was shown to form dimers at
14 nanomolar concentrations and tetramers at higher concentrations, which greatly diminished its bioactivity,
15 suggesting a mechanism of activity regulation through monomer/dimer equilibrium and leading to an
16 engineered monomeric IL-37b variants with much stronger biological activity^{35 36}. Those monomeric
17 variants, however, along with the natural mature recombinant IL-37b peptide showed appearance of
18 minor bands that corresponded to the dimer size in SDS-PAGE analyses and further investigation of these
19 protein structures is needed³⁵. Also, intriguing is the question whether the formation of dimers/multimers
20 contributes to the overall stability of those cytokines against proteolysis, thus enabling the proposed
21 mechanism of self-regulation and *in situ* preservation in a stable inactive form in the intercellular space,
22 where the local IL-37b concentration reached the dimerization constant values³⁵. A mechanism of
23 bioactivity regulation through the dimer formation, similar to that of IL-37b, was proposed for IL-38 in a
24 recent review²⁹; however, no scientific reports are available addressing this subject. Further structural
25 studies will answer the question whether IL-38 can be engineered into a stable, bioactive monomer,
26 similarly to IL-37b.

27 Bodily inflammatory processes are a part of innate immune responses, promoted by pro-inflammatory
28 cytokines released from the cells of the immune system as a reaction to the presence of an inflammatory
29 agent or stimuli. Secreted levels of 11 well-characterized inflammatory cytokines, namely GM-SCF,
30 IFN γ , TNF α , IL-1 α , IL-1 β , IL-6, IL-8, IL-22, IL12, IL-17 and IL-10 were monitored in our experiments
31 with freshly isolated PBMCs subjected to treatments with two different IAs in combination with two
32 plant-produced anti-inflammatory cytokines IL-37b and IL-38 at different concentrations. This
33 experimental setup allowed for focusing on the biological effects exerted by the plantakines IL-37b and
34 IL-38 via a direct comparison of the levels of pro-inflammatory cytokines secreted from IAs-stimulated
35 PBMCs with or without the plantakines treatments at corresponding concentrations (Tables I, II).

36 Although PHA and LPS bind to completely different sets of receptors, both IAs seem to trigger varying
37 signal transduction cascades, particularly leading to the activation of NF- κ B, which plays an essential role
38 in regulating the expression of genes linked to innate immunity and inflammatory responses^{37 38}. Seven
39 out of 11 inflammatory cytokines monitored in our study displayed significantly higher secretion from
40 PBMCs stimulated with PHA rather than LPS, IL-17 secretion varied more than 30-fold (Figure 1).
41 Remarkably, our findings strongly corroborate a recent report stating that after PHA-stimulation human
42 PBMCs secreted significantly higher levels of inflammatory cytokines, compared to stimulation with
43 LPS, which apparently failed to notably induce IL-17, TNF α and IL-12³⁹.

1 The modulatory effects exerted on levels of the inflammatory markers secreted from IA-stimulated
2 PBMCs confirmed the biological activity of plant-produced IL-37b and IL-38. Statistically significant
3 modulations occurred in both LPS- and PHA-stimulated PBMCs due to treatments with the plantakines
4 (Table I). For quenching inflammation, treatments with plantakines appeared to be more effective in LPS-
5 stimulated PBMCs, where 85% of all treatments resulted in attenuations of the levels of secreted
6 inflammatory markers, while only 30% of treatments attenuated inflammatory markers in PHA-stimulated
7 PBMCs, implying varying efficacy and specificity of the anti-inflammatory action under different stimuli.
8 Attenuated, rather than increased secretion of inflammatory cytokines occurred 3.5 and 1.7 times more
9 frequently in treatments with IL-37b and IL-38, respectively, in accord with the proposed role for IL-37b
10 as a primary and fundamental inhibitor of inflammation^{17 40}. Treatments combining both plantakines,
11 however, resulted in increased secretion of inflammatory markers under either IA; also, with higher
12 concentrations of either IA applied for PBMCs stimulation, treatments with plantakines suppressive of
13 secretion of inflammatory cytokines became scarcer, while more treatments caused increased
14 inflammatory secretion (Table I). These observed phenomena are inexplicable at this point and require
15 further scientific exploration.

16 Levels of the inflammatory markers secreted from the stimulated PBMCs displayed distinct and varying
17 patterns of modulation following application of treatments with the plant-produced IL-37b and IL-38
18 (Table II). The number of treatments that triggered an increased, rather than attenuated secretion, was
19 higher only in 2 among the 11 inflammatory cytokines monitored, namely GM-CSF and IL-12, indicating
20 general anti-inflammatory effects exerted by the treatments with plantakines in IA-stimulated PBMCs.
21 Notable were the differences in the magnitude and the scope of the modulation, reflected in the outcomes
22 of the treatments being either an attenuation or an increase of the inflammatory secretion levels: an
23 attenuation of the secretion was the outcome of 74 treatments, averaging -28% level reduction, while
24 increases in secreted levels of inflammatory cytokines, observed in 44 treatments, displayed 79% on
25 average. Among the 11 cytokines monitored, only the levels of IFN γ exhibited consistent attenuation
26 from treatments with either plantakine in PBMCs stimulated with either IA, displaying also the strongest
27 attenuation observed in our experiments (-63.9%, $p < 0.001$), exerted by application of 1 ng/mL IL-38 in
28 PBMCs stimulated with 150 μ g/mL LPS. In contrast, GM-CSF levels were 3 times more frequently
29 increased, rather than attenuated by treatments with the plantakines, with the strongest increase reaching
30 380.5%, $p < 0.001$, upon application of 100 ng/mL IL-38 in PBMCs stimulated with 5 μ g/mL PHA (Table
31 II). Strikingly, the plant-produced IL-37b and IL-38 both exerted dose-dependent regulation of GM-CSF
32 secreted levels, bringing about attenuation at low concentrations, while causing increases at high
33 concentrations. Although both IL-37b and IL-38 are generally characterized as anti-inflammatory
34 cytokines active in quenching inflammation^{41 18}, studies have reported that recombinant unprocessed IL-
35 38 could increase inflammatory cytokine IL-6 production in human macrophages in response to LPS or
36 IL-1 β stimuli^{42 43}. In addition, IL-37b was reported to increase TNF α production in higher concentrations
37 and *Candida*-induced IL-17 production was reportedly blocked by low concentrations of IL-38, while
38 higher doses of IL-38 induced more IL-17 production, a pattern which resembled IL-37b bioactivity^{44 42}.
39 Both IFN γ and GM-CSF are crucial cytokines for activation/differentiation of myeloid cell populations⁴⁵
40 ⁴⁶ and their nuanced regulation by the plant-produced IL-37b and IL-38 may serve as a primer for future
41 studies to discern novel patterns in PBMCs inflammatory responses. Interesting also to note that
42 statistically significant attenuation of IL-6 and IL-8, two profound inflammation markers monitored in our
43 study^{47 48} was only detected upon applications of low concentrations of the plantakines, aligned with the
44 anti-inflammatory functions expected from IL-37b and IL-38.

1 In conclusion, we developed plastome-engineered, low-alkaloid tobacco bioreactor lines for cost-efficient
2 and prolific production of two functional human cytokines with profound anti-inflammatory properties,
3 IL-37b and IL-38, which are underlined as prospective therapeutic agents. Our explorative study
4 demonstrated that the plantakines exerted significant modulation of levels of secreted cytokines involved
5 in inflammatory responses monitored in IA-stimulated PBMCs, indicating a dose-dependent mode of
6 action and general attenuation of several secreted inflammation markers. Enhancement of several pro-
7 inflammatory cytokines, associated with higher concentrations of the plantakines applied in treatments
8 was also observed, revealing novel patterns of inflammation regulation by IL-37b and IL-38. Different
9 magnitude of responses from PBMCs were seen in levels of secreted cytokines elicited by different IAs,
10 where PHA elicited stronger response than LPS in levels of most secreted cytokines monitored.
11 Cumulatively, our results demonstrate feasibility of producing functional human recombinant cytokines
12 in plants and further promote the accelerated adoption of plant-based manufacturing of various
13 recombinant proteins by biotechnology industries.

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17 Methods

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19 *Plastome engineering*

20 Plastome-engineered bioreactor lines expressing recombinant human IL-37b and IL-38 (UniProt
21 identifiers Q9NZH6 and Q8WWZ1, respectively) in their mature forms (V46 – D218 for IL-37b, C2–
22 W152 for IL-38), each bearing a C-terminal hepta-HIS-tag, were produced by Igor Kolotilin for Solar
23 Grants Biotechnology Inc.

24

25 *Recombinant protein extraction and purification*

26 Total soluble proteins from fresh leaf tissue of the bioreactor lines were extracted as described⁴⁹. In short,
27 flash-frozen leaf tissue was milled into powder with pestle and mortar and then 5 volumes of the
28 extraction buffer (1XPBS, pH=7.4) was added, complemented with 10 µg/mL leupeptin 2 mM PMSF and
29 2% PVPP. After filtration through Whatman #1 paper, the extract was centrifuged twice for 15 minutes at
30 13,000Xg in 4°C. The recombinant proteins were purified from the cleared extract utilizing the C-
31 terminal His-tag and the immobilized metal ion-affinity chromatography (Cytiva Life Sciences™ His
32 SpinTrap™, Cat. No. 28932171), dialysed against 1XPBS, pH=7.4 and filtered through 0.22 µm (EMD
33 Millipore, Cat. No. SLGV004SL) to obtain sterile solutions.

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35 *SDS-PAGE and Western Blots*

36 SDS-PAGE and Western Blots experiments were performed as described previously⁴⁹. Anti-His-tag
37 antibodies (GenScript, Cat. No. A00186-100), as well as the monoclonal antibodies against human IL-37b
38 and IL-38 (MyBioSource Inc., Cat. No. MBS 7600509 and R&D Systems, Cat. No. DY9110-05,
39 respectively) were used to detect the blotted proteins according to manufacturers' recommendations;
40 bacteria-produced recombinant human IL-37b (R&D Systems, Cat. No. 7585-IL-025) and IL-38
41 MyBioSource, Cat. No. MBS635478) were used as the positive controls. Western blots membranes were
42 visualized using the enhanced chemiluminescence (ECL) detection kit (GE Healthcare, Cat. No.
43 RPN2232) and imaged with the DNR Bio-Imaging System MicroChemi (RANCOM A/S, Birkerød,

1 Denmark). Densitometry was performed using the TotalLab TL 100 software (Nonlinear Dynamics,
2 Durham, NC).

3 4 *ELISA Experiments*

5 ELISA experiments with the plantakines IL-37b (Invitrogen™, Cat. No. LS885210322) and IL-38 (R&D
6 Systems Inc., Cat. No. DY9110-05) were performed according to manufacturers' recommendations.
7 BioTek Instruments (VT, USA) Epoch Microplate Spectrophotometer was used to acquire numerical
8 ELISA data.

9 10 *Experiments with PBMCs - General design and Multiplex cytokine analysis*

11 After isolation, the PBMCs from each donor separately were counted, plated in equal numbers per well
12 and stimulated for 24h with the applied treatments. Control wells on the plate contained media only (as
13 basal level controls), and LPS and PHA (as positive controls at their corresponding concentrations). After
14 the 24h treatments stimulation the PBMCs' culture supernatants were used in the multiplex Luminex
15 platform-assisted analysis of the concentrations of the 11 secreted pro-inflammatory cytokines.

16 The whole blood from 5 random human donors was collected in ACD Vacutainer tubes and immediately
17 processed for isolation of PBMCs by gradient density centrifugation using Lympholyte. The freshly
18 isolated PBMCs from each donor separately were cultured in a volume of 200 μ L at a concentration of
19 1.25×10^6 cells/mL in 96-well plates (~250,000 cells/well) in an incubator set at 37°C, 5% CO₂ and
20 >80% humidity. PBMCs were treated with one of two IAs at 2 concentrations each (LPS at 150 and 300
21 pg/mL; PHA at 5 and 10 μ g/mL) in combination with two test items (plant-produced IL-37b or IL-38) at
22 three concentrations each (1, 10 and 100 ng/mL), based on the monomeric form amounts estimated with
23 densitometry (ImageJ). Each treatment was tested in triplicates. Control wells contained media only
24 (negative control, basal level of detection) and the examined IAs at both tested concentrations as the
25 positive controls. The PBMCs were incubated for 24 hours after the stimulation for analysis of the levels
26 of the secreted cytokines that were determined in the culture supernatant using a multiplex immunoassay
27 (MAGPix®, Luminex), analytes were selected from the Milliplex panel HCYTOMAG-60K, sensitivity
28 range of 3.2 to 10,000 pg/mL. All parameters of the Milliplex panel cytokines analysis using Luminex
29 platform were validated (Millipore-Sigma).

30 31 *Statistical analysis*

32 Non-linear logarithm transformation was performed to address non-normality of distribution of Luminex-
33 derived numeric data. Generalized Estimating Equation (GEE) method was used in the analysis of nested
34 (correlated) structure of the data. Secreted inflammatory cytokine values were used as dependent
35 variables and test item (plantakines) with dosage as independent predictors (factors). Separate analyses
36 were conducted for each of the 11 monitored cytokines and each inflammatory agent/concentration
37 combination. Analysis was performed using SPSS software version 27 using the level of significance 0.05
38 (p-values < 0.05 are reported as statistically significant).

39 40 41 *Acknowledgements*

42
43 We are thankful for expert advice from Dr. Idriss Saiah, Dr. Gurpreet Kaur Singh and Dr. Farideh
44 Nourian (Immuni T Corp. Montreal. Quebec, Canada) in the design of the experiments with PBMCs and

1 to Anton Svendrovski, MBA, M.Sc., for the proficient help with the statistical analyses. Our sincere
2 appreciation goes to Mr. Felipe Campusano, B.Sc., B.Pharm. (Solar Grants Biotechnology Inc.) for his
3 support and guidance throughout the project.

4 We are grateful for the opportunity provided by AAFC London Research and Development Centre and
5 Fanshawe College CARIB lab, London, Ontario, to conduct collaborative projects.

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8 Author contributions

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10 IK performed all the work regarding creation of the plastome-engineered bioreactor lines expressing the
11 plantakines, purification and the initial molecular characterization of the purified recombinant proteins.

12 Immuni T Inc. performed the study with PBMCs, statistical analyses of the data were carried out by
13 UZIK Consulting Inc. IK wrote the manuscript.

14

15 Competing interests

16

17 This study was funded and conducted by Solar Grants Biotechnology Inc., of which Dr. Igor Kolotilin is
18 the founder and Chief Scientific Officer.

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