

Artemisia Annua Extracts Improve the Cognitive Deficits and Reverse the Pathological Changes of Alzheimer's Disease via Regulating YAP Signaling

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Research Article

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Abstract

Background: Alzheimer's disease (AD) is a chronic neurodegenerative disease characterized by a progressive loss of memory and cognitive functions, language disorders, functional and behavioral alterations. The neurotoxicity is associated with the aggregation of β -amyloid ($A\beta$) plaques and the downstream pathologies events such as Tau hyperphosphorylation, oxidative stress, neuroinflammation, and mitochondrial dysregulation play critical roles in the development of AD. With no effective treatment available for the prevention and treatment of AD, the search for new therapies has become the focus of many researchers.

Methods: *Artemisia annua* extracts were extracted and a water-soluble *artemisia annua* extract (*Ex1*) was used in treatment for 3xTg AD mice via oral administration. Cognitive functional recovery, $A\beta$ accumulation, hyper-tau-phosphorylation, and the release of inflammatory factors and apoptosis were assessed three months after the treatment. In vitro, PC12 cells were incubated with 8 μ M $A\beta_{1-42}$ with or without *Ex1* at different concentrations for 24h. ROS levels, mitochondrial membrane potential, caspase-3 activity, neuronal cell apoptosis, inflammation, and the phosphorylation of Tau, as well as involvement in the signaling pathway, were assessed by using biological technology.

Results: Oral administration of *Ex1* to AD 3xTg mice significantly improved the cognitive deficits, reduced $A\beta$ accumulation, hyper-tau-phosphorylation, and the release of inflammatory factors and apoptosis. *Ex1* promoted the survival and proliferation of neural progenitor cells (NPS), increased the expression of synaptic proteins and neuronal cell survival. Similarly, *Ex1* significantly reversed the $A\beta_{1-42}$ -induced increase of ROS levels, caspase-3 activity, neuronal cell apoptosis, inflammation, and the phosphorylation of tau in vitro.

Conclusions: These findings suggest that a water-soluble *artemisia annua* extract (*Ex1*) may be a new multi-target anti-AD drug with potential use in the prevention and treatment of Alzheimer's disease.

Background

Alzheimer's disease (AD) is a chronic neurodegenerative condition with a worldwide incidence continuously increasing [1]. Characterized by a continuing memory loss and cognitive impairment, language disorders, functional and behavioural alterations, it has a dramatic bearing on patients' quality of life [2]. Despite the increasing understanding of AD pathophysiology, so far no effective drug has been proved successful against it, with available therapies failing to treat or prevent the disease progression[3]. AD pathological changes comprehend the presence of extracellular amyloid- β ($A\beta$) plaques and intracellular neurofibrillary tangles (NFTs) comprised of hyperphosphorylated microtubule-associated *tau* protein [4]. The overproduction and aggregation of $A\beta$ peptides in AD brains have been reported to prompt a series of pathological occurrences that lead to tau hyperphosphorylation, increased oxidative stress, mitochondrial dysregulation, microglial and astrocytic activation, ultimately resulting in neuronal and synaptic loss, and in a significant atrophy in brain areas involved in the regulation of the cognitive

function. Intracellular NFTs compromise both neuronal and synaptic functions and its extent and distribution have been reported to correlate with the duration and severity of AD [5].

Neurogenesis, comprising both the proliferation of neural stem or progenitor cells and the differentiation of neurons, is a long term process responsible for maintaining the normal function of the central nervous system (CNS) [6]. Neurogenesis impairment in the brains of adult mice has been associated with learning and memory deficits, and other cognitive alterations [7, 8]. In a recent study, analysis of AD brains revealed a progressive decline of neurogenesis as the disease progressed in comparison with the brains of neurologically healthy individuals. Importantly, this decline manifests at early stages of the disease, before the presence of A β plaques and NFTs [9]. Therefore, the development of therapeutic strategies aiming to enhance adult neurogenesis could stand as promising novel treatment strategies to tackle AD.

The Hippo pathway is an evolutionary conserved kinase cascade, whose main components include the mammalian sterile 20-like 1/2 (MST1/2), large tumor suppressor homolog 1/2 (LATS1/2), MOB kinase activator 1A/B (MOB1A/B), and Yes-associated protein (YAP)/Transcriptional co-activator with PDZ binding motif (TAZ) [10-13]. Numerous evidence suggest that these components, especially YAP, have a key role in organ development and tissue homeostasis via regulation of cellular behaviors such as cell proliferation, survival, apoptosis, migration, and differentiation [14, 15]. Hippo signaling also controls stem cells self-renewal, proliferation and differentiation, triggering the regeneration of tissue [16, 17]. Upon activation, MST1/2 kinase undergoes autophosphorylation and activates LATS1/2 and MOB1. LATS1/2 activation triggers the phosphorylation of YAP Ser127 promoting its cytoplasmic retention and proteolytic degradation in a 14-3-3 protein-dependent manner [18]. Contrarily, inactivation of MST1/2 enables unphosphorylated YAP to translocate to the nucleus and bind to the TEA domain family (TEADs) transcriptional factors, triggering the transcription of genes involved in a series of biological occurrences, including cellular growth, proliferation, and survival [19, 20]. Many of these biological events are mapped with those involved in the pathogenesis of AD. In fact, the hyperactivity of Hippo cascade has been reported to be connected to A β -induced neuron death and amyloid precursor protein (APP) signaling in AD [21].

Artemisia annua herb has been used for more than 2000 years in traditional Chinese medicine being attributed different important biological properties including anti-malarial [22], anti-tumor [23, 24], anti-inflammatory [25-28], antibacterial [29], antioxidant and immunoprotected effects [30-32]. Importantly, *Artemisia annua* is non-toxic and harmless within a certain dose range [33], with several studies reporting its potential therapeutic use [34, 35]. It contains several biologically active ingredients, such as sesquiterpene lactones (artemisinin), flavonoids, polysaccharides, coumarins, volatile oils and phenolic compounds known as phenols. Among these, artemisinin has been the most extensively studied due to its widely recognized anti-malarial properties [36]. More recently, researchers reported the neuroprotective effect of artemisinin and its derivatives and their prospective use in the treatment of different neurodegenerative diseases [37, 38]. Artemisinin was shown to be able to promote neural stem/progenitor cells differentiation into NeuN(+) neurons [29], and evidence that artemisinin is able to suppress YAP signal transduction have also been reported [30], with studies suggesting that YAP controls

neural progenitor number [31], self-renew [32], and neurogenesis [33]. Based on these findings, we speculated that *artemisia annua* might exert a neuroprotective effect that may be potentiated by the diversity and richness of its bioactive compounds, and this effect might be modulated via regulation of YAP signaling. Therefore, in this study, we intended to assess the protective effect of *artemisia annua* extract on AD and the potential underlying mechanisms of action. Obtained results showed that a water soluble *artemisia annua* extract *Ex1*, selected among 3 other *artemisia annua* extracts tested, relieved AD symptoms and reversed the pathological changes of AD *in vitro* and *in vivo* via activation of the YAP pathway.

Methods

Extracts from Artemisia annua preparation

Dried *extracts* from *artemisia annua* were obtained from Nanjing Puyi Biotechnology company. The extraction process was performed as follows: *Artemisia annua* water-soluble *Ex1* extracts were obtained by soaking *artemisia annua* dried powder in distilled water (1:10) wt./vol for 2 hours and then heated and boiled for additional 2 hours (primary extraction). The extract was then filtered, soaked again in distilled water (1:8) wt./vol and left boiling for 1.5 hours (secondary extraction). After filtration, the extracting solutions were evaporated at 65°C under reduced pressure (-0.08 MPa), followed by lyophilization to obtain a relative density of 1.12. *Artemisia annua Ex2* and *Ex3* extracts were obtained, following the same methodology, by soaking *artemisia annua* dried powder in 55% and 75% ethanol, respectively.

Animals and treatment

3xTg transgenic mice (APPSWE, TauP301 L and PS1M146V) were obtained from the Jackson Laboratory and bred in the animal facility of the University of Macau. All animal experiments were approved by the University of Macau Animal Ethics Committee (protocol No. UMAEC-001-2020). The animals were housed in 24-26°C room, 12 hours/dark-light cycle and food and water were available *ad libitum*. Animals were randomly divided into four groups: Wild-type (WD, Ctrl), 3xTg (Ctrl), 3xTg+6.7 mg/ml *artemisia annua* and 3xTg+20 mg/ml *artemisia annua* groups (n=10 animals per group, female, ~30g, aged 9 months). Animals from 3xTg+6.7 mg/ml group and 3xTg+20 mg/ml group were treated with *artemisia annua* extracts dissolved in the drinking water. Animals from the WT and 3xTg groups received equal amounts of water. After 3 months of treatment the behavioral performance of all mice was examined by Morris water maze.

Behavioral Tests

Morris water maze (MWM) test was used to analyze the effect of *artemisia annua* extracts on the memory and learning abilities of mice according to previously described methods [39-41]. Briefly, the animals were submitted to a place navigation test during 5 consecutive days, followed by a spatial probe trial on the sixth day. During the place navigation tests the platform was placed in the middle of one of the quadrants and 1 cm above the water surface. The path distance and latency of finding the platform

were tested and used as indicators of the mice learning ability. On the day of spatial probe trial, the mice searched the platform for 60 s, which had been previously removed. The time spent in the target quadrant and the number of crossings was measured. All data acquisition and processing were done by image analyzing software (ANY-maze; Stoelting). Before the Morris water maze test, the swimming abilities of all mice were assessed with mice unable to swim being excluded from the study.

Tissue samples preparation

All mice were euthanized using chloral hydrate (0.25 mg/ml) and the brains were dissected and fixed in 4% paraformaldehyde (4% PFA) for 48 h at 4°C. After fixation, some of the samples were dehydrated and embedded in OCT, and kept at -20 °C until further analysis. Other samples were put into 75% alcohol, dehydrated and embedded with paraffin (Leica, EG1150), and kept at 4 °C until further analysis.

Immunofluorescence analysis

For immunofluorescence, the brains were cut into 20 µm slices using a low temperature thermostat. After incubation with 0.2% Triton X-100 (Gibco) for 30 mins, the sections were washed with PBS and incubated with blocking buffer composed of 3% BSA (Sigma-Aldrich, A9647) in PBS for 30 min at room temperature. The samples were then incubated with primary antibodies overnight at 4°C: SOX2 (Millipore, MAB5603, 1:400), BrdU (Bu20a) mouse mAb (CST, 5292, 1:500), NESTIN (Millipore, MAB5922, 1:400), MAP2 (Millipore, MAB1637, 1:400), GFAP (CST, G9269, 1:600), Iba1 (GeneTex, GTX10042, 1:400), Phospho-Tau (Thr181) (CST, D9F4G, 1:500), Anti-Tau (phospho S396) (Abcam, ab109390, 1:400), β-Amyloid, Mouse (6E10) (BioLegend, 803004, 1:500), YAP (Santa cruz, SC-101199, 1:1000), p-YAP(Ser127) (CST, 4911s, 1:1000), TAZ (CST, 83669, 1:1000), Bcl2 (CST, 32012, 1:1000), Bax (CST, 34260-2, 1:1000), caspase 3 (CST, 1:1000), cleaved caspase 3 (CST, 1:1000), MST1(SCT, 3682, 1:1000); Mst1 (Phospho-Thr183) (ASB, 12144, 1:1000); LATS1(CST 3477, 1:1000), LATS1 (Phospho-Ser909) (SAB, 13033, 1:500) MOB1(CST, 13730, 1:1000), Phospho-MOB1 (Thr35) (CST, 8699, 1:1000), Survivin (SAB, 24092, 1:1000), PML(SAB, 32211, 1:1000), and GAPDH (CST, 3683s, 1:1000). In the next day, the samples were rinsed with PBS and incubated for one hour at room temperature with the corresponding secondary antibody (Alexa Fluor 488 anti-mouse or 594 anti-rabbit (Invitrogen, 1: 500)). The sections were blocked by anti-fluorescence quenching blocking solution with DAPI, then analyzed and photographed using a microscope (Carl Zeiss Confocal, LSM710). All studies were performed three times, with 10 animals in each group.

Cells culture and treatments

PC12 and SH-SY5Y cells were cultured in Dulbecco's Modified Eagle Medium (DMEM) supplemented with 10% fetal bovine serum (FBS) and 0.1% penicillin/streptomycin and incubated at 37 °C with 5% CO₂ humidified atmosphere. The medium was changed every 2–3 days, and the cells were sub-cultured when reaching 80–90% confluency using 0.25% trypsin. After digestion, the cells were centrifuged at 1000 rpm for 3 min and resuspended in fresh medium.

Primary neuronal cells were isolated from C57BL/6 mice brains and cultured in neuronal culture medium, as previously described [42]. Briefly, newborn C57BL/6 mice, obtained from the animal facility of the University of Macau, were sacrificed and the brain was surgically removed and washed with cold PBS to remove all the blood. Brain homogenates were digested with 0.25% trypsin for 10 min at 37°C. Obtained cell suspension was filtered through a 0.45µm pore size filter unit, centrifuged at 1000xg for 5 min, and the supernatant removed. Obtained cells were seeded in poly-D-lysine plates with neurobasal medium containing 1% B27, 1% N2, 1% NEAA and 50µM glutamine.

CRISPR/Cas9 genome editing

CRISPR/Cas9 sgRNA targeting YAP (ATACCCTTACCTGTCGCGAG) was designed using Crispr design online tool (<http://www.genome-engineering.org/crispr/>). The sgRNA oligo primer was synthesised by BGI, China. After that, sgRNA was cloned into the pSpCas9(BB)-2A-Puro (PX459) V2.0 sequence (Addgene plasmid #62988) from Feng Zhang lab[43]. The presence of the insert was verified by isolating the plasmid DNA from several bacterial colonies and performing sequencing from the U6 promoter (human) (CCGTAAGTTGAAAGTATTTTCG). Isolated plasmid from positive colonies was transfected into PC12 cells using Lipofectamine 3000 according to the manufacturer's instructions (Thermo Fisher). The cells were sorted out using 2.5ug/ml puromycin and cultured into single colonies in 96-well plates. YAP expression in WT and KO cells was assessed by western blot.

MTT assay

The cell viability was assessed using MTT assay as previously described [44, 45]. Briefly, the cells were seeded in 96-well plates at a density of 5×10^3 cells/well in complete medium. In the following day, seeded cells were incubated for 24 hours with: (1) different concentrations of *artemisia annua* extracts; (2) different concentrations of A β_{1-42} and (3) A β_{1-42} with or without different concentrations of *artemisia annua* extracts. After the treatment, cells were further incubated with MTT (0.5 mg/ml) for additional 3-4 hours, and the medium was replaced with 100 µl DMSO to dissolve the blue formazan crystals formed by live cells. The absorbance was measured at 570 nm using a microplate reader (SpectraMax 250, Molecular Device, Sunnyvale, CA, USA). Cell viability was calculated as a percentage of the control group.

Measurement of reactive oxygen species (ROS)

The levels of intracellular ROS were tested using Cell ROXs Deep Red Reagent (Thermo Fisher Scientific, USA), according to the protocol provided by the manufacturer. After appropriate treatment, the cells were kept in the dark with CellROXs Deep Red Reagent (5 mM) in DMEM (without FBS) for 30 min and washed twice with phosphate buffered saline (PBS) solution. The fluorescence was measured with an Infinite M200 PRO Multimode Microplate using an emission wavelength of 665 nm and an excitation wavelength of 640 nm.

Measurement of mitochondrial membrane potential ($\Delta\psi_m$)

The mitochondrial membrane potential ($\Delta\psi_m$) was measured by JC-1 assay, according to the protocol provided by the manufacturer. After appropriate treatment, the cells were incubated with 1x JC-1 (10 $\mu\text{g}/\text{ml}$ in medium without FBS) at 37°C for 30 min and washed two times with PBS solution. The intensities of red fluorescence (excitation 560 nm, emission 595 nm) and green fluorescence (excitation 485 nm, emission 535 nm) were measured using an Infinite M200 PRO Multimode Microplate. The ratio of JC-1 red/green fluorescence intensity was used to calculate the $\Delta\psi_m$. All the values were normalized to the control group.

Caspase 3 activity assay

The levels of caspase 3 were measured using a caspase 3 activity assay kit (C1115, Beyotime Institute of Biotechnology, Shanghai, China). After 24 h of treatment, the cells were digested with 0.25% trypsin at 37°C for 1 min, collected and centrifuged at 500x g for 5 min at 4 °C. The supernatant was then removed and the cells were washed once with PBS solution. Following the manufacturer's instructions, 100 μL of lysis buffer were added per two million cells. Cells were then lysed for 15 min on ice followed by centrifugation at 12000xg for 15 min at 4°C. Afterwards, 40 μL of the detection buffer and 10 μL of Ac-DEVD-pNA (2 mM) were added to 50 μL of each sample. Obtained solutions were mixed carefully avoiding the production of bubbles and incubated for 60-120 min at 37°C. The production of pNA was measured by the absorbance values at 405 nm using an Infinite M200 PRO Multimode Microplate. Caspase-3 activity results were normalized to the control group.

TUNEL assay

TUNEL staining was used to test cellular apoptosis, according to the instructions provided by the manufacturer (C1090, Beyotime, Shanghai, China). Briefly, after appropriate treatment, the cells were washed two times with PBS, and fixed in 4% paraformaldehyde (PFA) for 30 min. The cells were then washed one time with PBS, incubated with 0.3 % Triton X-100 in PBS for 10 min at room temperature, rinsed once with PBS, followed by incubation with 0.3 % H_2O_2 in PBS for 30min. After this period the cells were incubated with 50 μl of TUNEL reaction mixture (5 μl of TdT enzyme and 45 μl of fluorescent labeling solution) for 60 min at 37°C protected from light. TUNEL-positive cells (green fluorescence) were observed under a fluorescent microscope and counted. The apoptosis was calculated as a percentage of the total number of cells. For tissue samples the same methodology was used.

Flow cytometry

Flow cytometric assay was performed following the instructions provided by the Sangon Biotech manufacturer (REF:E606336-0100). Briefly, after appropriate treatment the cells were harvested and centrifuged at 1000 rpm for 5 min. The cells were rinsed twice with ice-cold PBS and resuspended in Annexin V-FITC/PI binding buffer (195 μL). Annexin V-FITC (5 μL) was added and the cells were kept in the dark at room temperature for 30 min. Cells were then centrifuged at 1000 rpm for 5 min and re-suspended in Annexin V-FITC/PI binding buffer (190 μL). Propidium iodide (PI) (10 μL) was further added

and allowed to incubate in the dark for 5 mins. The quantification of apoptotic cells was performed using flow cytometry analysis.

Western blot

Western blot was performed to assess the expression levels of molecules or enzymes involved in A β production and degradation, Tau phosphorylation, oxidative stress, synapse-related proteins, apoptosis-related proteins, and hippo pathway-associated proteins. Protein samples from cultured cells and brain homogenates were successfully extracted with RIPA buffer and quantified using the BCA assay kit (Thermo Fisher, 23225). After electrophoresis, the proteins were transferred to 0.22 μ m PVDF membranes for 1.5 hours. The blotted PVDF membranes were blocked for 2 h with 5% BSA (TBST) and incubated with the primary antibodies (1:1000) at 4°C overnight. After washing with TBST (3 times, 10 min each), the membranes were incubated for 2 h with the secondary antibody (1:5000) at room temperature. Enhanced chemiluminescent was used to detect the blots.

Statistical analysis

Statistical analysis was performed using GraphPad Prism 5 software. All results are expressed as the mean \pm SEM from three experiments. The statistical significance between multiple groups was determined using one or two-way ANOVA followed by Tukey's post-hoc test. $p < 0.05$ was considered statistically significant.

Results

Artemisia annua extracts improved the cognitive deficits of 3xTg AD mice.

The potential of the different *artemisia annua* extracts obtained via different techniques (refer to the methods section) to improve the cognitive functions of 3xTg AD mice was assessed by Morris Water Maze (MWM) test. Obtained results showed that 3xTg AD mice treated with the different *artemisia annua* extracts for 3 months performed better than untreated 3xTg AD mice (Supplementary Fig. S1). According to these preliminary results, *artemisia annua* water-soluble extracts (*Ex1*), in comparison with the 55% and 75% ethanol extracts *Ex2* and *Ex3*, had a stronger therapeutic effect on mice treated with 6.7 mg/ml and 20 mg/ml doses (Supplementary Fig. S1-A). Therefore, *Ex1* was used in the subsequent *in vivo* experiments whose results showed that oral intake of *Ex1* improved the behavioral performance of 3xTg AD mice in comparison with untreated animals. Specifically, treated animals exhibited significant reductions in the escape latency (**Fig. 1A-B**) denoting an improvement of their cognitive functions. Importantly, the escape latency of treated animals was similar to WT animals from the control group. *Ex1* treatment also promoted a significant increase of the number of platform crossings and of the percentage of time spent on the target quadrant (**Fig. 1C-E**). These findings are indicative of the potential of *artemisia annua* extracts to recover the learning and memory deficits of the 3xTg AD mice experimental model.

Ex1 reduced A β accumulation in 3xTg AD mice

Analysis of the effect of *Ex1* on A β accumulation, revealed that mice treated with *Ex1* exhibited lower A β deposition in the brain cortex and hippocampus than untreated animals, as evaluated by IF. Interestingly, the effect of *Ex1* on A β deposition was higher in animals treated with lower concentrations of the extracts (**Fig. 2A**). Further analysis of the expression of the amyloid precursor protein (APP) and A β ₁₋₄₂ in brain homogenates by western blot, revealed that APP expression levels were significantly reduced in treated 3xTg AD mice in comparison with untreated 3xTg AD animals and, once again, this effect was more evident in the group treated with a lower *Ex1* dose (**Fig. 2B-D**).

Ex1 reduced Tau-phosphorylation in 3xTg AD mice

Analysis of Tau phosphorylation showed that *Ex1* significantly improved Tau pathology (**Fig. 3**). Specifically, the fraction area of Tau-Thr181-positive neurons in the subregions of the hippocampus and cortex of 3xTg AD treated mice was significantly reduced in comparison with untreated mice (**Fig. 3A**). Moreover, mice receiving the dosage of 20 mg/ml exhibited a more pronounced reduction of tau-phosphorylation compared with animals treated with 6.7 mg/ml (**Fig. 3A**). Western blot analysis revealed that Tau-phosphorylation at different sites (Serine³⁶⁹ and Threonine¹⁸²) was significantly reduced in the brain of 3xTg AD mice treated groups. Interestingly, we also found that the animals treated with 20 mg/ml dose presented a more obvious decrease of Tau-phosphorylation (**Fig. 3B-C**). Still, the herbal extracts didn't affect the expression of total-Tau.

Ex1 attenuated neuroinflammation in 3xTg AD mice

Increasing evidence suggest that the occurrence of neuroinflammatory alterations, such as chronic microgliosis and astrogliosis, are crucial contributors to the progression of AD pathology [46]. Therefore, we evaluated the expression of Glial fibrillary acidic protein (GFAP, astrocytes marker) and Iba-1 (microglia marker) in the hippocampus and cortex. Obtained results indicate that the expression of GFAP was significantly increased in 3xTg AD mice in comparison with WT mice, being significantly reduced by *Ex1* treatment (**Fig. 4A**). Likewise, untreated 3xTg AD mice exhibited higher Iba-1 expression levels comparatively to WT mice, being reduced in both 6.7 mg/ml and 20 mg/ml treatment groups (**Fig. 4B**). To further support these findings, the levels of IL-1 β , IL-6, TNF- α and IFN- γ were assessed by western blot. Compared with untreated 3xTg AD, mice in both 6.7 mg/ml and 20 mg/ml treatment groups showed a significant reduction of the expression levels of these inflammatory factors (**Fig. 4C-F**).

Ex1 promoted the proliferation of neural progenitor cells and increased the expression synaptic proteins in 3xTg mice via regulation of hippo signaling

Evidence suggests the occurrence of neurogenesis impairments in the AD. The decline of adult neurogenesis that accompanies AD progression has been associated with an aggravation of the cognitive deficits and its upregulation has been shown to improve cognition [47, 48]. Hence, the development of treatments able to enhance neurogenesis pose as a potential therapeutic approach to be

used in the treatment of AD. Immunofluorescence double-labeling of neuronal progenitor cells (NPs) with Sox2 and Brdu (marker of proliferative cells) in the cortex and hypothalamus showed a significant reduction of the number of Sox2⁺/Brdu⁺ positive cells in 3xTg AD mice compared with WD control animals (**Fig. 5A**). In contrast, 3xTg AD mice treated with *Ex1* exhibited a significant higher number of Nestin⁺/Sox2⁺ positive cells in the same brain areas (**Fig. 5A**). And the number of Sox2⁺ and Brdu⁺ double positive cells was determined, compared with untreated 3xTg AD mice, treated mice exhibited significant increased numbers of Sox2⁺ and Brdu⁺ positive cells in both 6.7 mg/ml and 20 mg/ml treatment groups (**Fig. 5B-C**), indicating that *Ex1* promoted the survival and proliferation of NPs in 3xTg AD mice. Further investigation of the effect of *artemisia annua* extracts in the dendritic loss exhibited by 3xTg AD mice, showed that both 6.7 mg/ml and 20 mg/ml doses of *Ex1* treatment promoted the upregulation of synapse-related proteins expression levels (**Fig. 5D-E**), indicating that *artemisia annua* extracts rescued the dendritic loss in the brains of 3xTg AD mice.

Ex1 rescued neuronal cell apoptosis in 3xTg AD mice via activation of Hippo/YAP signaling

Multiple evidence indicate that the transcription coactivators YAP/TAZ and TEAD of the Hippo signaling pathway play a critical role in the proliferation, survival, and metabolism of cells [17, 49-51]. Moreover, in a recent study, YAP was also implicated as a hub molecule in AD pathology [52]. Assessment of the effect of *Ex1* in the neuronal apoptosis of AD mice by TUNEL staining assay, indicates that the increased number of apoptotic cortical neurons in 3xTg AD mice was significantly decreased by *Ex1* treatment (**Fig. 5F-G**). These alterations were accompanied by changes in the expression of different apoptosis regulators including Bax, Bcl-2 and cleaved caspase 3 (**Fig. 6H-I**). Specifically, *Ex1* promoted the increase of Bcl-2/Bax ratio and the decrease of cleaved caspase 3 expression (**Fig. 6H**). Previous studies indicate the involvement of the Hippo signaling in the inhibition of apoptosis [20]. Activation of the Hippo signaling pathway triggers the functional inactivation of YAP and TAZ promoting the occurrence of cellular apoptosis [53-55]. Accordingly, the expression levels of YAP and TEAD2 were significantly increased in treated 3xTg AD mice compared with untreated 3xTg AD animals, while YAP phosphorylation levels were significantly decreased by *Ex1* treatment (**Fig. 5J-K**). Previous studies suggest that YAP interaction with TEAD transcription factors may result in the upregulation of anti-apoptotic genes such as survivin [56, 57]. On the other hand, phosphorylated YAP may also bind to p73 promoting the upregulation of pro-apoptotic genes, such as bax and promyelocytic leukemia (PML) [58-60]. In this study, *Ex1* treatment promoted a significant increase of survivin expression levels while significantly reducing the expression of PML (**Fig. 5L-M**). In addition, the phosphorylation levels of upstream MST1 and LATS1 proteins of the YAP signaling cascade were significantly decreased by *Ex1* treatment (**Fig. 5N-P**), while MOB1 expression was not significantly altered (**Fig. 5Q-R**). These results indicate that *Ex1* reduction of brain neuronal apoptosis may occur via YAP/TEAD/survivin signaling.

Ex1 antagonized A β ₁₋₄₂-induced neurotoxicity and increased the viability of neuronal cells in vitro

Aiming to assess the neurotoxic effect of A β ₁₋₄₂ *in vitro*, PC12 cells were incubated with increasing concentrations of A β ₁₋₄₂ for 24 hours. Cell viability results revealed that incubation with A β ₁₋₄₂ had a

significant cytotoxic impact at a concentration of 8 μM resulting in the death of 50% of neuronal cells (**Fig. 6A**). The study of the potential protective action of *artemisia annua* against $\text{A}\beta_{1-42}$ -induced toxicity was preceded by the evaluation of the effect of the different extracts against $\text{A}\beta_{1-42}$. Similarly to the results obtained *in vivo*, *Ex1* exhibited, in comparison with *Ex2* and *Ex3*, a stronger neuroprotective effect against $\text{A}\beta_{1-42}$ induced neurotoxicity, being the extract chosen for the subsequent *in vitro* experiments (Supplementary Fig.S2). Incubation of PC12 cells with different concentrations of *Ex1* (1-1000 $\mu\text{g}/\text{ml}$) did not induce cytotoxicity on neuronal cells (**Fig. 6B**). Incubation of PC12 cells with different concentrations of *Ex1* and 8 μM $\text{A}\beta_{1-42}$ for 24 hours revealed that the extracts increased the viability of cells in a dose dependent manner, starting at the concentration of 10 $\mu\text{g}/\text{ml}$ (**Fig. 6C**). Similar results were obtained using human neuroblastoma SH-SY5Y cells and primary cortical neurons, in which *Ex1* dose-dependently protected these cells from $\text{A}\beta_{1-42}$ -induced neurotoxicity (**Fig. 6D-E**). These results propose that *Ex1* has a strong inhibitory action against the neurotoxicity of $\text{A}\beta_{1-42}$ exerting a neuroprotective action.

Ex1 treatment alleviated $\text{A}\beta_{1-42}$ -induced apoptosis and attenuated the pathologic changes triggered by $\text{A}\beta_{1-42}$ in PC12 cells

Apoptosis is a key event in AD, with studies reporting that $\text{A}\beta$ can directly trigger apoptotic neuronal death *in vitro* and *in vivo* [61, 62]. Moreover, evidence suggest the upregulation of several cell-death regulatory proteins in AD brains [63]. In this study, *Ex1* promoted the decrease of $\text{A}\beta_{1-42}$ -induced increase of PC12 cells apoptosis as shown in Figure 8. Incubation of PC12 cells with 8 μM $\text{A}\beta_{1-42}$ promoted a significative impairment of the mitochondrial function denoted by the decrease of $\Delta\psi\text{m}$ that was prevented by *Ex1* treatment (**Fig. 7A-B**). Further evaluation of ROS production revealed a significant increase of intracellular ROS levels induced by $\text{A}\beta_{1-42}$ that was reduced by *Ex1* treatment (**Fig. 7C-D**). In addition, the increase of caspase 3 activity (**Figure 7H**) and decrease of the expression ratio between the anti-apoptotic Bcl2 and pro-apoptotic Bax proteins promoted by $\text{A}\beta_{1-42}$ incubation, was reversed by *Ex1* treatment (**Fig. 7J-K**). Similar results were obtained using human neuroblastoma SH-SY5Y cells and primary neurons (Supplementary Fig. S3), suggesting that *Ex1* have a potent anti-oxidant effect.

Further study aimed to assess the potential of *Ex1* to attenuate AD pathologic changes including $\text{A}\beta$ aggregation, tau-phosphorylation, and the release of pro-inflammation factors. Here, PC12 cells were incubated with 8 μM $\text{A}\beta_{1-42}$ with or without *Ex1* at different concentrations for 24h. Western blot results showed that *Ex1* reduced the release of pro-inflammatory factors interleukin (IL)-1 β (**Fig. 7K-k1**), tumor necrosis factor (TNF)- α (**Fig. 7K-k2**) and IL-6 induced by $\text{A}\beta_{1-42}$ (**Fig. 7K-k3**). *Ex1* also had an inhibitory effect on the upregulation of the β -site APP cleaving enzyme 1 (BACE1) in a dose-dependent *manner* (**Fig. K-k4**). Similarly, the phosphorylation of Tau triggered by $\text{A}\beta_{1-42}$ incubation was dose-dependently reduced by *Ex1* at different phosphorylation sites (**Fig. K, k4-k6**), indicating that *Ex1* has a potent treatment effect on anti-AD related pathological changes induced by $\text{A}\beta_{1-42}$.

YAP is involved in the protective effect of Ex1 in PC12 cells

Assessment of the potential involvement of the Hippo/YAP signaling on the protective effect of *Ex1* in PC12 cells, showed that *Ex1* treatment promoted a dose-dependent increase of YAP and a downregulation of YAP phosphorylation levels (**Fig. 8A-B**). ICC assay further confirmed that *Ex1* treatment promoted YAP nuclear translocation and a significant increase of its expression levels (**Fig 8C**). In addition, *Ex1* promoted the upregulation of TEAD2 expression in a dose-dependent manner while having no significant effect in TAZ protein with the exception of the 300mg/ml dose (**Fig. 8D-E**). Further study found that *Ex1* promoted the increase of MST1/p-MST1 and LAST1/p-LAST1 ratios while having no significant effect in MOB1/p-MOB1, which are located upstream of the YAP signaling cascade (**Fig. 8J-K**). *Ex1* treatment also promoted a dose-dependent increase of survivin expression and a decrease of PML (**Fig. 8L-M**), two downstream anti- and pro-apoptosis genes of YAP signaling, indicating that *Ex1* anti-apoptotic effect may occur, at least in part, via regulation of Hippo signaling. To investigate this hypothesis, we checked the alterations in the Hippo signaling upon incubation with $A\beta_{1-42}$ and treatment with *Ex1*. Obtained results showed a decrease of YAP expression upon $A\beta_{1-42}$ incubation that was gradually increased by 300 μ g/ml *Ex1* treatment (**Fig. 8N-O**). In contrast, $A\beta_{1-42}$ promoted the upregulation of YAP phosphorylation that was attenuated by *Ex1* treatment while having no significant impact on TAZ (**Fig. 8N-O**). ICC assay further confirmed that *Ex1* promoted a significant increase of YAP expression and its translocation to the nucleus (**Fig.8R**). TEAD2 was significantly downregulated upon incubation with $A\beta_{1-42}$ and successfully rescued by *Ex1* treatment (**Fig 8P-Q**). In addition, the decrease of survivin and increase of PML expressions caused by $A\beta_{1-42}$ incubation was attenuated by *Ex1* treatment (**Fig 8P-Q**). $A\beta_{1-42}$ also promoted the upregulation of p-MST/MST1 and p-LAST1/LAST1 ratios and these were altered by *Ex1* treatment. No significant changes were identified on MOB1 of Hippo signaling (**Fig 8U-V**). These findings show evidence that *Ex1* is able to protect against $A\beta_{1-42}$ -induced apoptosis via regulation of YAP signaling.

To further verify whether YAP is associated with the survival effect promoted by *Ex1* against $A\beta_{1-42}$ -induced cell apoptosis, the cells were pretreated with verteporfin (a specific inhibitor of YAP) for 60 min at a concentration of 2.5 μ M [55] followed by incubation with *Ex1* and $A\beta_{1-42}$ for 24 h. MTT assay results showed that verteporfin at a concentration of 1 μ M blocked the neuroprotective action of *Ex1* against $A\beta_{1-42}$ -induced neurotoxicity (**Fig. 9A**). Incubation of cells with verteporfin for 60 min prior to $A\beta_{1-42}$ alone or with *Ex1* prevented the recovery of the mitochondrial membrane potential (**Fig. 9B-C**) and the decrease of intracellular ROS levels promoted by *Ex1* (**Fig. 9D-E**). TUNEL staining and flow cytometry results showed that verteporfin also blocked the inhibitory effect of *Ex1* against $A\beta_{1-42}$ -induced cell apoptosis (**Fig. 9F-I**). YAP knockout using Crispr Cas9 approach further confirmed the involvement of YAP signalling on *Ex1* neuroprotective effect. After confirmation of the successful knockout of YAP on PC12 cells by Western blot analysis (**Fig. 9J**), the cells were incubated with 8 μ M $A\beta_{1-42}$ with or without *Ex1* for 24 hours. MTT assay results confirmed that the neuroprotective effect of *Ex1* was blocked in the KO cellular model (**Fig. 9K**), further validating the involvement of YAP signaling in the protective effects of *Ex1* against $A\beta_{1-42}$ -induced toxicity.

Discussion

AD is a intricate multifactorial disease caused by an interaction between genetic and environmental factors [64]. Despite extensive research, there is still no effective treatment able to halt the development or progression of this disease whose worldwide incidence has been continuously increasing. Therefore, we propose that a therapeutic approach able to target multiple pathways to stop the different signaling cascades driving AD pathogenesis including A β aggregation, Tau phosphorylation, oxidative stress, and mitochondrial dysfunction, could pose as an effective strategy. *Artemisia annua*-derived compound artemisinin and its analogue artemether, have been associated with a broad spectrum of neuroprotective actions, holding encouraging prospects for future AD therapies [40, 65]. However, the potential therapeutic effect of *artemisia annua* on the cognitive impairments and pathological changes observed during AD are still not known. In the present study, we describe for the first time the potential of the *artemisia annua* extract *Ex1* to significantly improve 3xTg AD mice' cognitive deficits, reduce A β accumulation, hyper-tau-phosphorylation, and the release of inflammatory and apoptotic factors. Moreover, *Ex1* promoted the survival and proliferation of neural progenitor cells (NPs), increased the expression of synaptic proteins, and inhibited neuronal cell death while stimulating the activation of Hippo signaling pathway. In this study, we also report that *Ex1* was able to protect neuronal cells against the neurotoxicity induced by A β ₁₋₄₂ by promoting cell survival, restoring the mitochondrial membrane potential loss, and inhibiting ROS overproduction. In addition, *Ex1* was able to attenuate A β ₁₋₄₂-induced apoptosis, inflammation, and tau phosphorylation. It also stimulated the increase of YAP expression while decreasing YAP phosphorylation, suggesting the involvement of the Hippo signaling pathway in the mediation of its protective effects.

Transgenic 3xTg AD mice develop many of the AD hallmarks, including A β and tau pathology, neuroinflammation and cognitive deficits. In this study, oral administration of *Ex1* to 3xTg AD mice for 3 months significantly improved their learning and memory deficits as denoted by the increased escape latency, number of platform crossings and time spent on the target quadrant in the Morris water maze test. Further testing also revealed an important impact of the treatment on A β aggregation and tau hyperphosphorylation, by promoting a significant decrease of its expression levels in the cerebral cortex and hippocampus. Increasing evidence suggest that the occurrence of neuroinflammatory changes, including chronic microgliosis and astrogliosis are also key contributors to the progression of AD pathology [46]. As a resident immune cell of the central nervous system (CNS), microglia promotes A β clearance in the early stages of the disease hinder its progression [46]. However, microglia overactivation triggers the release of different pro-inflammatory factors, contributing to the installation of a neuroinflammatory state in AD brains [66]. Similarly, astrocytes also play a key role in AD progression with evidence suggesting the accumulation of reactive astrocytes around amyloid plaques contributing to scar formation [67-69]. Our results showed that *Ex1* promoted an improvement of the animals' neuroinflammatory state by inducing a significant decrease of astrocytes and microglia expression and ultimately impairing the release of different pro-inflammatory factors including IL-1 β , IL-6, TNF- α .

The neurotoxicity of A β ₁₋₄₂ has been widely reported with different studies describing the use of this peptide fragment in the development of AD *in vitro* experimental models [70]. In line with previous reports, the incubation of PC12 cells with increasing concentrations of A β ₁₋₄₂ promoted a dose-dependent cytotoxic effect denoted by the decrease of cellular viability [71-73]. Treatment with *Ex1* efficiently suppressed A β ₁₋₄₂ neurotoxicity by promoting the survival of different neuronal cells, including PC12 and SH-SY5Y cell lines and primary neurons. Further assessment of the damage induced by A β ₁₋₄₂ incubation revealed the occurrence of mitochondrial membrane potential loss, increase of ROS production and apoptosis. Widely recognized as key players in the course of AD progression [74, 75], the occurrence of mitochondrial dysfunction, oxidative damage and apoptosis was prevented by *Ex1*. Moreover, it also prevented the upregulation of many of the pathological and pro-inflammatory markers promoted by A β ₁₋₄₂ incubation. These findings provide evidence of *Ex1* potential treatment effect against AD using *in vivo* and *in vitro* experimental models.

Several core components of the Hippo signaling pathway, especially YAP, have been reported to play a crucial role in several diseases, being involved in the regulation of tumorigenesis, regeneration, and apoptosis in different tissues [76-78]. Studies reporting the role of the Hippo pathway in the nervous system have been gradually emerging [79] and YAP has been recently implicated as a hub molecule in AD pathology [52]. Likewise, this study, shows evidence of the targeting potential of this pathway in AD prevention and treatment. Assessment of the mechanisms underlying *Ex1* protective action against the occurrence of neuronal death *in vivo* revealed that it is mediated, at least in part, via regulation of YAP signaling. The brains of mice treated with the herbal extracts exhibited an accentuated decrease of the number of apoptotic cortical neurons and alterations in the expression of different apoptosis regulators including Bax, Bcl-2, cleaved caspase 3, survivin and PML. These changes were accompanied by an increase of YAP and TEAD2 expression and a decrease of phosphorylated YAP, MST1 and LATS1. Similarly, *in vitro* studies showed an upregulation of YAP expression and its nuclear translocation, a downregulation of YAP phosphorylation and an increase of TEAD2 expression that was dose-dependent. Incubation of PC12 cells with *Ex1* alone also promoted the increase of MST1/p-MST1 and LATS1/p-LATS1 ratios, the upregulation of survivin and the downregulation of PML. *Ex1* treatment also promoted a dose-dependent increase of Bcl-2/Bax ratio and a decrease of caspase 3 expression suggesting that *Ex1* control of the neuronal cellular apoptosis may occur, at least in part, via regulation of Hippo/YAP signaling. These findings are in line with a recent study reporting that A β sequesters YAP from the nucleus into cytoplasmic A β aggregates ultimately impairing its function and leading to necrosis [80]. Treatment of cells with *Ex1* attenuated these alterations as well as the increase of caspase 3 expression levels induced by A β ₁₋₄₂. Inhibition of YAP expression using the inhibitor Verteporfin or CRISPR Cas9 approaches prevented the protective action of *Ex1* against A β ₁₋₄₂-induced damage. Further studies showed that *Ex1* treatment attenuated A β ₁₋₄₂-induced phosphorylation of YAP, the increased p-MST1/MST1 and p-LATS1/LATS1 ratios, the reduced expression of TEAD2 and survivin and the increased the expression of PML further validating the involvement of YAP signalling in *artemisia annua* action.

It has been documented that YAP signaling in Hippo pathway drives TEADs regulation of the senescence and numbers of neural progenitor cells [17]. These cellular behaviors play a key role in the maintenance of the neural network activity suggesting the Hippo-pathway as a potential novel target to treat neurodegenerative diseases such as AD. Surprisingly, *in vivo* results showed an increased survival and proliferation of NP cells in the cerebral cortex and hypothalamus of animals treated with *artemisia annua* extracts. The occurrence of neurogenesis impairment has been implicated in AD [7, 8, 81], suggesting the use of therapeutic approaches able enhance adult neurogenesis as potential treatment strategies. Besides its neurogenic effect, *Ex1* also attenuated the occurrence of dendritic loss by promoting the upregulation of synapse-related proteins expression. Taking these findings into account, we might speculate that the strong neuroprotective effect exerted by *artemisia annua* extracts is due to its dual function in attenuating AD pathological alterations and promoting neurogenesis. Importantly, this action may be a result of the synergistic action of *Ex1* main active components artemisinic acid, arteether, and deoxyartemisinin.

Conclusions

Our findings demonstrate that a water soluble *artemisia annua extract (Ex1)* can improve the cognitive deficits and reverse the pathological changes of AD *in vivo*. In addition, *Ex1* has potential neuroprotective effect on A β ₁₋₄₂-induced neurotoxicity, characterized by reversed A β ₁₋₄₂-induced increase of ROS levels, caspase-3 activity, neuronal cell apoptosis, inflammation, and the phosphorylation of Tau *in vitro in vitro*. Our study further clarified the underlying therapeutic mechanisms of *Ex1 in vivo and invitro*. Although further researches are needed to elucidate the underlying beneficial ingredients of *Ex1*, we suggest the potential use of *Ex1* in AD therapy. Being able to target multiple key cascades leading to AD pathogenesis, including A β aggregation, tau phosphorylation, oxidative stress, mitochondrial dysfunction and neuroinflammation, *artemisia annua* extracts hold great promising as a potential compound to be used in the development of novel AD therapies (**Fig. 10**).

Limitations

In the present study, we demonstrated that *artemisia annua* has very promising effect in treating AD. However, there were still some possible limitations in our research. Firstly, it is well established that as a Chinese herb medicine, *artemisia annua* contains several biologically active ingredients, such as sesquiterpene lactones, flavonoids, polysaccharides, coumarins, volatile oils and phenolic compounds known as phenols. While many of these components are water insoluble we used only a water-soluble *extract* from *artemisia annua (Ex1)* in this study for testing the primary therapeutic effect on AD. Therefore, we need to further identify the underlying beneficial compounds of the *extract* via analysis of Chinese medicine ingredients. Further researches may consider using single compound from *Ex1* to test their effect separately. In the future, we also consider that the application of *Ex1* as the Chinese medicinal formula to develop the new products for treating or preventing AD. Secondly, we only elucidate the Yap signaling to regulate the functional recovery and pathological changes in AD. Considering the complexity

of the drug composition, these effects may be regulated by a multi-target manner. Thirdly, the pathogenesis of AD still need to be further explored. Although the toxicity of amyloid-beta is one of the central hypotheses, we only adopted A β ₁₋₄₂ as a marker for A β pathology. Future researches may consider using other types of A β protein to explore whether exist difference for its underlying effect.

Abbreviations

A β - Amyloid- β

AD - Alzheimer's disease

APP - Amyloid precursor protein

CNS - Central nervous system

DMEM - Dulbecco's Modified Eagle Medium

Ex1 - Water solvable *artemisia annua* extract

Ex2 - 55% ethanol *artemisia annua* extracts

Ex3 - 75% ethanol *artemisia annua* extracts

FBS - Fetal bovine serum

LATS1/2 - Large tumor suppressor kinases

MST1/2 - Mammalian sterile 20-like kinases:

MTT - 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide

MWM - Morris water maze

NFT - Intracellular neurofibrillary tangle

NP - Neural progenitor cell

ROS - Reactive oxygen species

TAZ - PDZ-binding motif

TEAD - TEA domain family

YAP - Yes-associated protein

$\Delta\psi_m$ - Mitochondrial membrane potential

Declarations

Ethics approval and consent to participate

The study was approved by the University of Macau Animal Ethics Committee (protocol No. UMAEC-001-2020).

Consent for publication

Not applicable.

Availability of data and materials

All data in this study are available from the corresponding author on reasonable request.

Competing interests

The authors declare that they have no competing interests.

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Authors' contributions

Wenhua Zheng conceived the idea. Wenshu Zhou, Bingxi Lei, Yang Chao, Xingan Xing performed the experiments. Wenshu Zhou and Marta Silva drafted the manuscript, analyzed the data, and designed the figures. All authors discussed the results and edited this manuscript. All authors read and approved the final manuscript.

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Figures

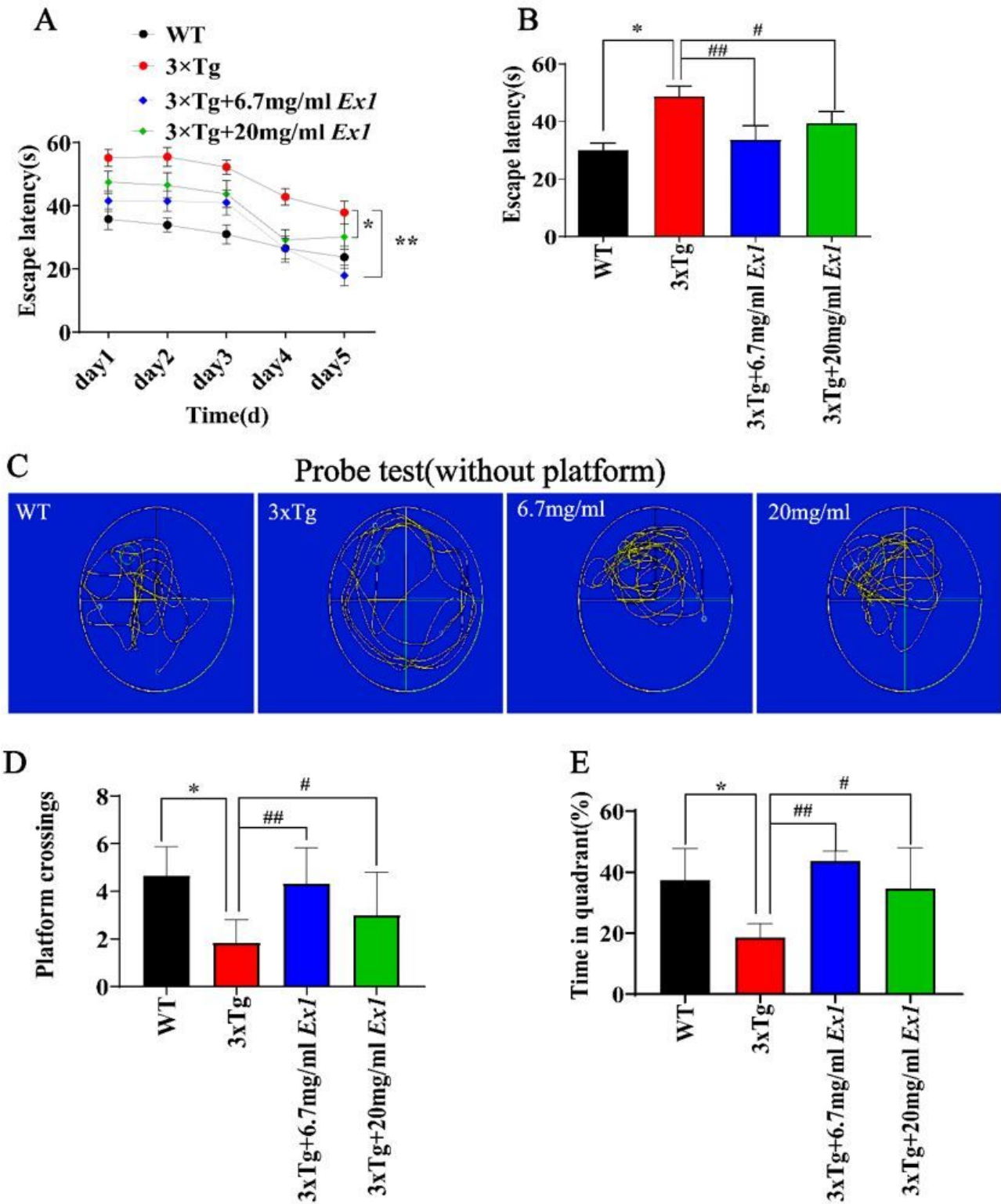


Figure 1

Ex1 improved the behavioral performance of 3xTg AD mice.

Morris water maze test results. (A) Escape latency during platform trials and (B) during spatial probe trial. (C) Representative image of the path of mice in 6 d trials. (D) Quantitative analysis of the number of

platform crossings (E) and of the time spent in the quadrants (Q3, quadrant where the platform is located; o.a. all other quadrants; mean \pm SEM, one- or two-way ANOVA, * $p < 0.05$, ** $p < 0.01$).

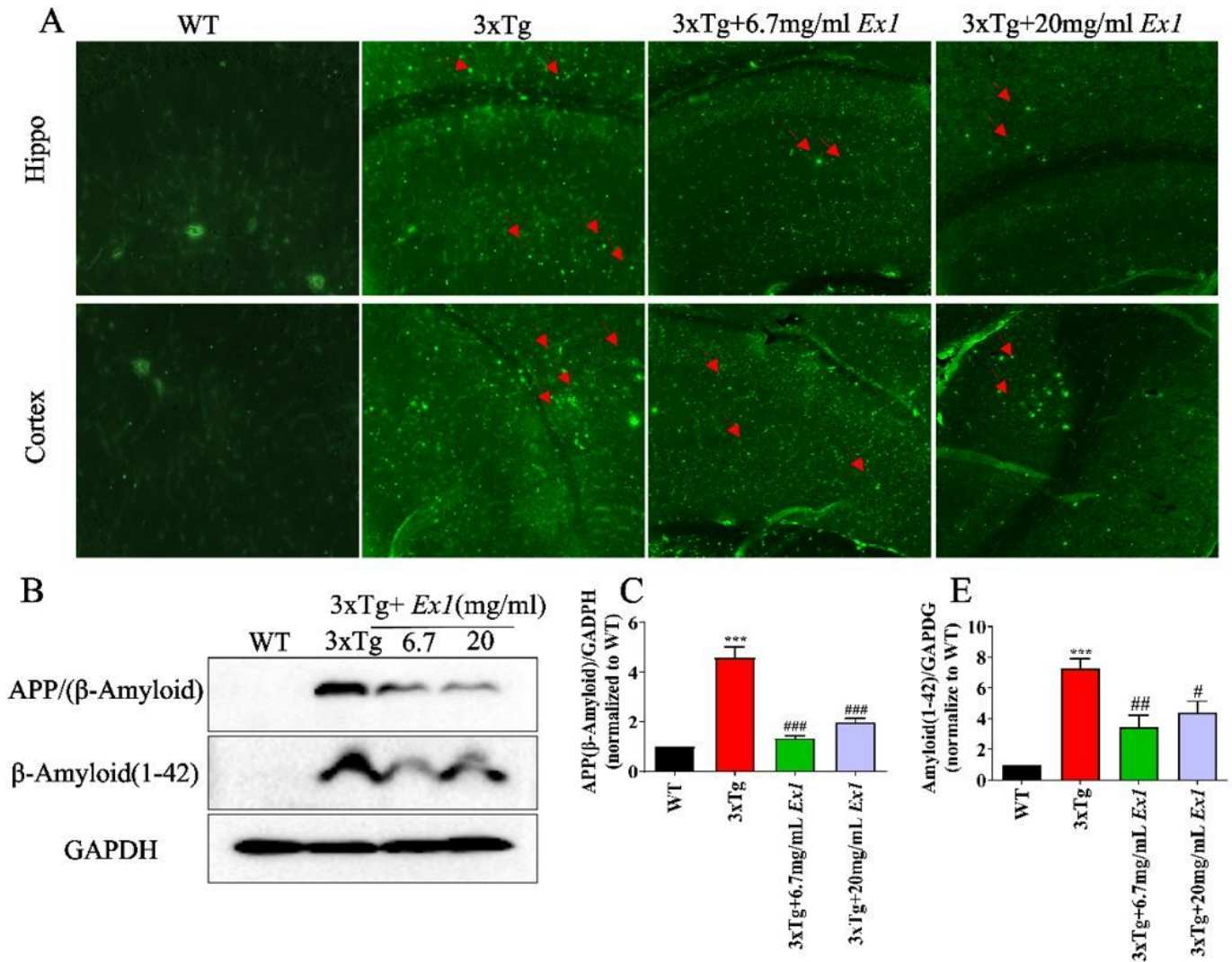


Figure 2

***Ex1* ameliorated amyloid deposition in 3xTg AD mice.**

(A) Representative images of β -amyloid immunofluorescence staining in different brain areas and (B) quantitative analysis of A β area fraction; (C-D) Western blots and quantitative analysis of APP expression levels in brain homogenates. Each experiment was performed in triplicate. *Representative comparison between WT control and 3xTg AD untreated mice, #Representative comparison between 3xTg AD groups, each assay was performed in triplicate. (n=10 per group for brain samples, mean \pm SEM, one-way ANOVA followed by Tukey's post-hoc test, * $p < 0.05$ was considered statistically significant).

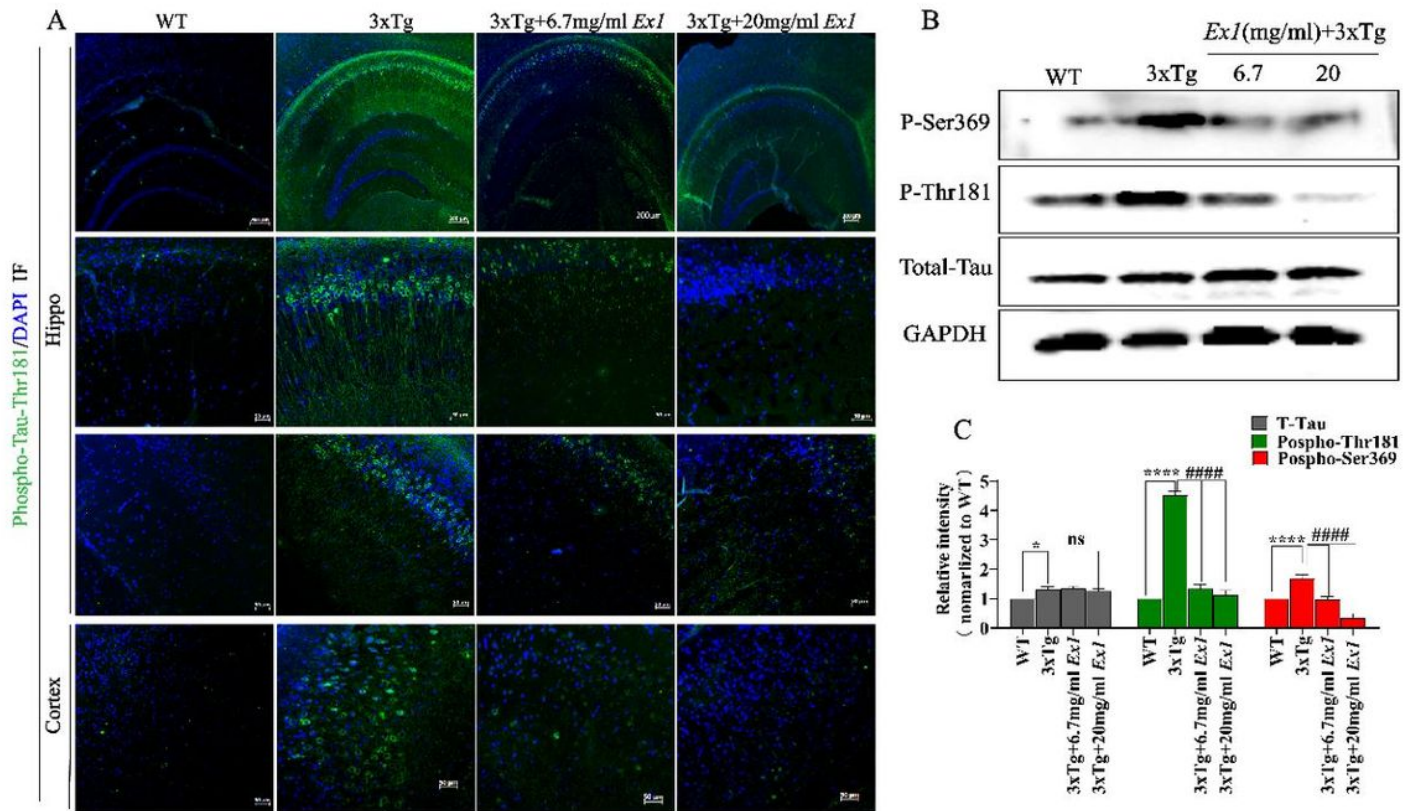


Figure 3

***Ex1* reduced Tau-phosphorylation in 3xTg AD mice.**

(A) Representative images of phosphorylated Tau immunofluorescence in the hippocampus and cortex of AD mice (scale bars 50 μ M). (B-C) Western blot analysis and quantification of phosphorylated Tau at Ser369-Tau (p-Ser369) and Thr181-Tau (p-Thr181) sites, and total Tau (T-tau) in brain homogenates. (Mean \pm SEM, one-way ANOVA followed by Tukey's post-hoc test, * $p < 0.05$ was considered statistically significant.

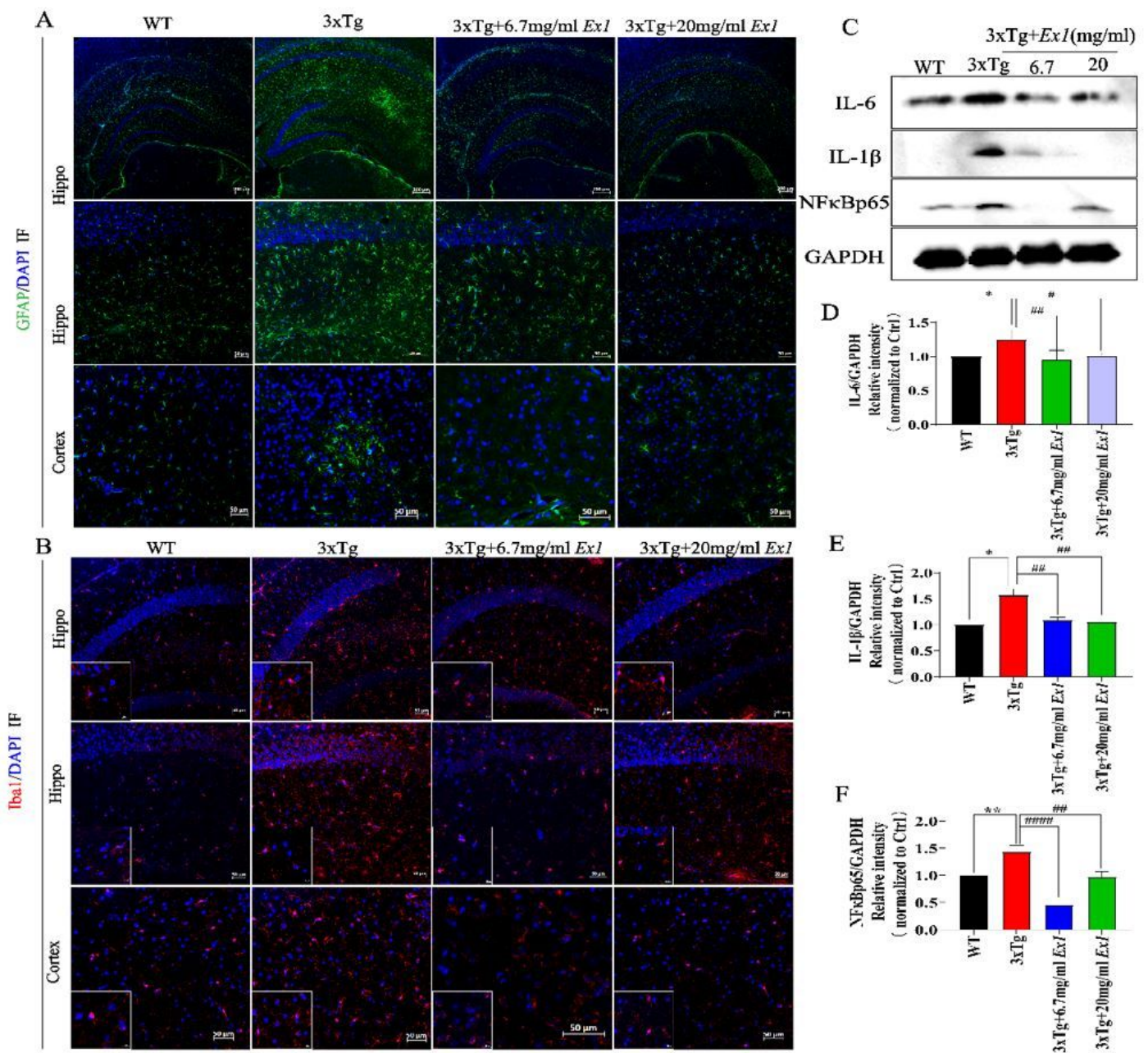


Figure 4

***Ex1* attenuated neuroinflammation in 3xTg AD mice.**

(A-B) GFAP and Iba-1 immunostaining in the hippocampus and cortex of 3xTg AD-treated and untreated mice (scale bars 50 μ M). (C) The expression of the inflammatory factors IL-1 β , IL-6, TNF- α and IFN- γ in brain homogenates was detected by Western blot. (D-F) Quantification of C. Each assay was performed in triplicate. *WT-Ctrl vs 3xTg-Ctrl; # 3xTg-Ctrl and different treatment groups, mean \pm SEM, one-way ANOVA followed by Tukey's post-hoc test, * $p < 0.05$ was considered statistically significant.

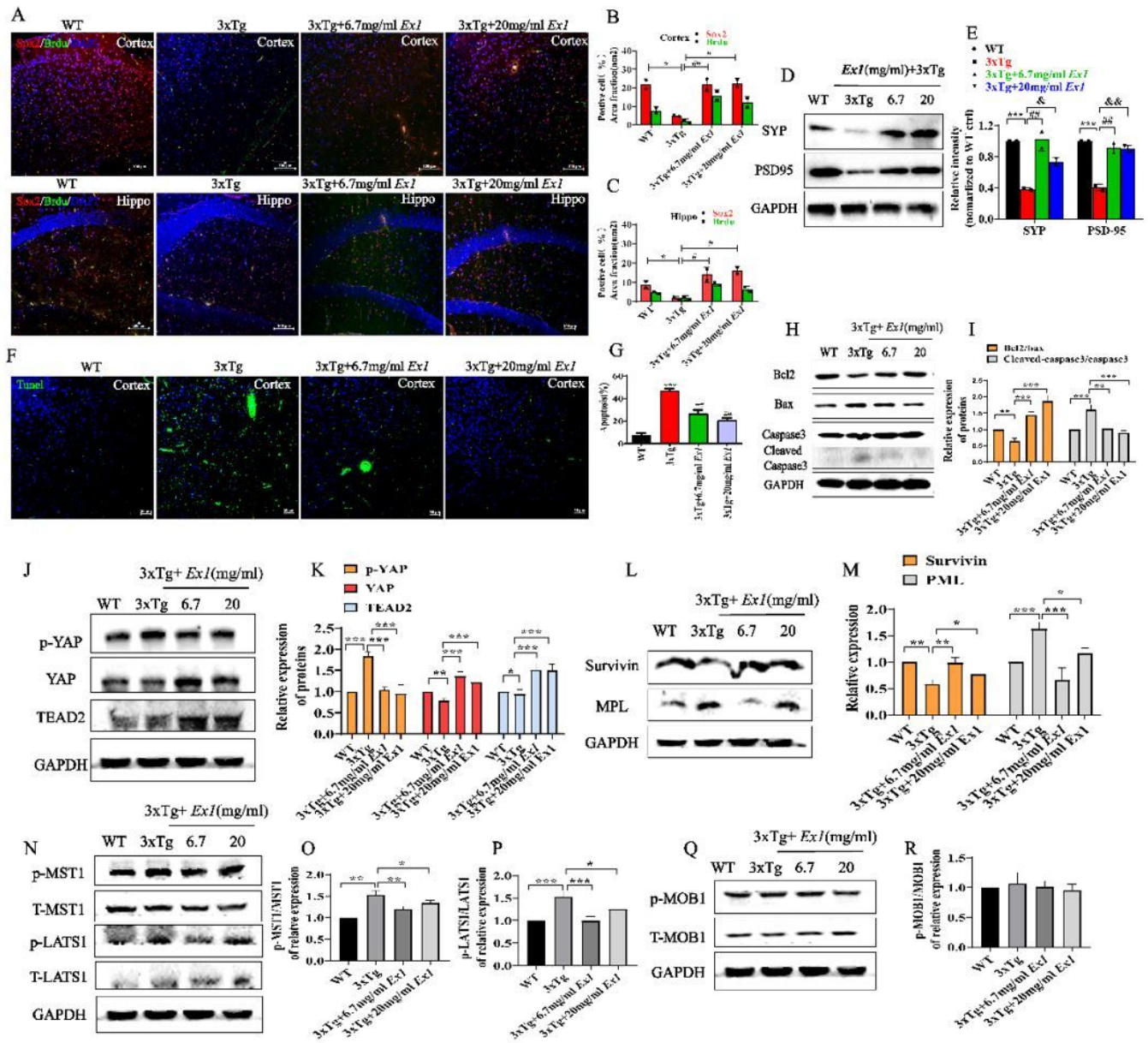


Figure 5

Ex1 promoted the proliferation of neural progenitor cells, increased synaptic plasticity, and rescued the neuronal apoptosis in 3xTg mice via regulation of hippo signaling.

(A) Representative images of Sox2⁺ and Brdu⁺ in the hippocampus and cortex, (B-C) Quantification of the number of Sox2⁺ and Brdu⁺ cells. (D) Western blot analysis of synapse-related protein including synaptophysin (SYP) and PSD95 in brain homogenates. (E) Quantification of D. (F) Apoptosis determined by TUNEL staining in the cortex (scale bars 50 μM). (G) Quantification of F. (H) The expression of Bax, Bcl2, caspase 3 and cleaved caspase-3 and GAPDH was detected by Western blot. (I) Quantification of H. (K) Western blot to assess the expression of p-YAP, YAP, EDTA2, GAPDH. (L) The downstream proteins expression of YAP such as survivin, and PML was detected by western blot. (M) Quantification of L. (N-R) The upstream proteins expression of YAP including p-MST1, MST1, p-LAST1, LAST1, p-MOB1, MOB1 and

GAPDH was assessed by western blot. (*comparison between WT and 3xTg AD mice, #comparison between 3xTg-Ctrl and treatment groups, mean ± SEM, Student t test, #/*p < 0.05, ##/**p < 0.01).

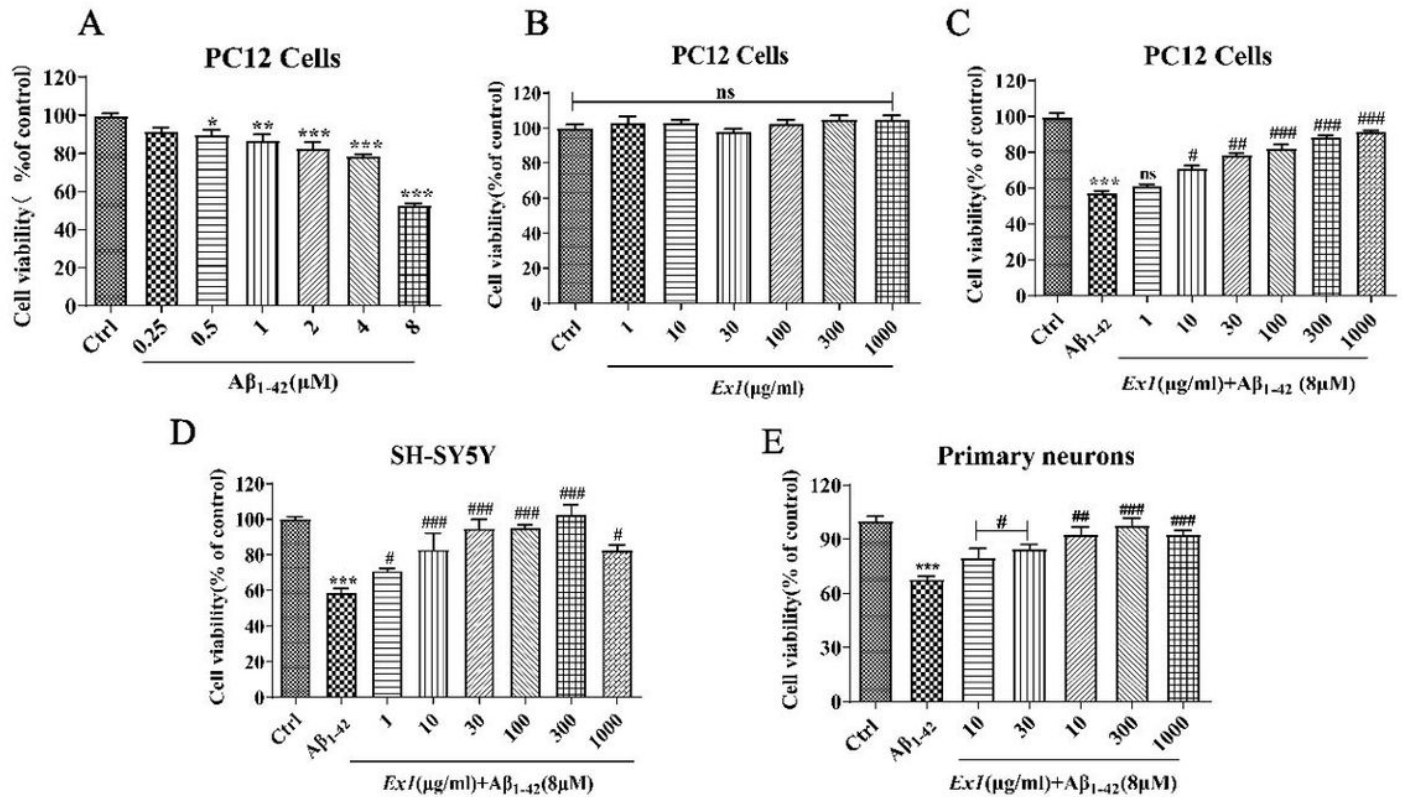


Figure 6

Ex1 reduced the neurotoxicity triggered by Aβ₁₋₄₂.

(A) Assessment of Aβ₁₋₄₂ cytotoxicity. Cells were treated with different concentrations of Aβ₁₋₄₂ (0.5-8 μM) for 24 hours and cell viability was assessed using the MTT assay. ***p<0.001 versus Ctrl group. (B) Assessment of the effect of *Ex1* treatment on Aβ₁₋₄₂-induced neurotoxicity. Cells were incubated with 8 μM Aβ₁₋₄₂ and treated with different concentrations of *Ex1* for 24 hours and cellular viability was assessed using the MTT assay. (C) Assessment of *Ex1* neurotoxicity. Cells were treated with different concentrations of *artemisia annua Ex1* extracts (1~1000 μg/ml) for 24 hours and cell viability was measured using the MTT assay. (D) Cellular viability of SH-SY5Y cells treated with 8 μM Aβ₁₋₄₂ alone or with (30 μg/ml, 100 μg/ml, 300 μg/ml) *Ex1*. (E) Cellular viability of primary neurons treated with 8 μM Aβ₁₋₄₂ alone or with (30 μg/ml, 100 μg/ml, 300 μg/ml) *Ex1*. Each assay was performed in triplicate and the experiment was repeated three times (n = 3, mean ± SEM, one-way ANOVA followed by Tukey's post-hoc test. *p<0.05, **p<0.01, ***p<0.001, were considered statistically significant. *Representative comparison between Ctrl and Aβ₁₋₄₂, #Representative comparison between Aβ₁₋₄₂ and *Ex1* treatment).

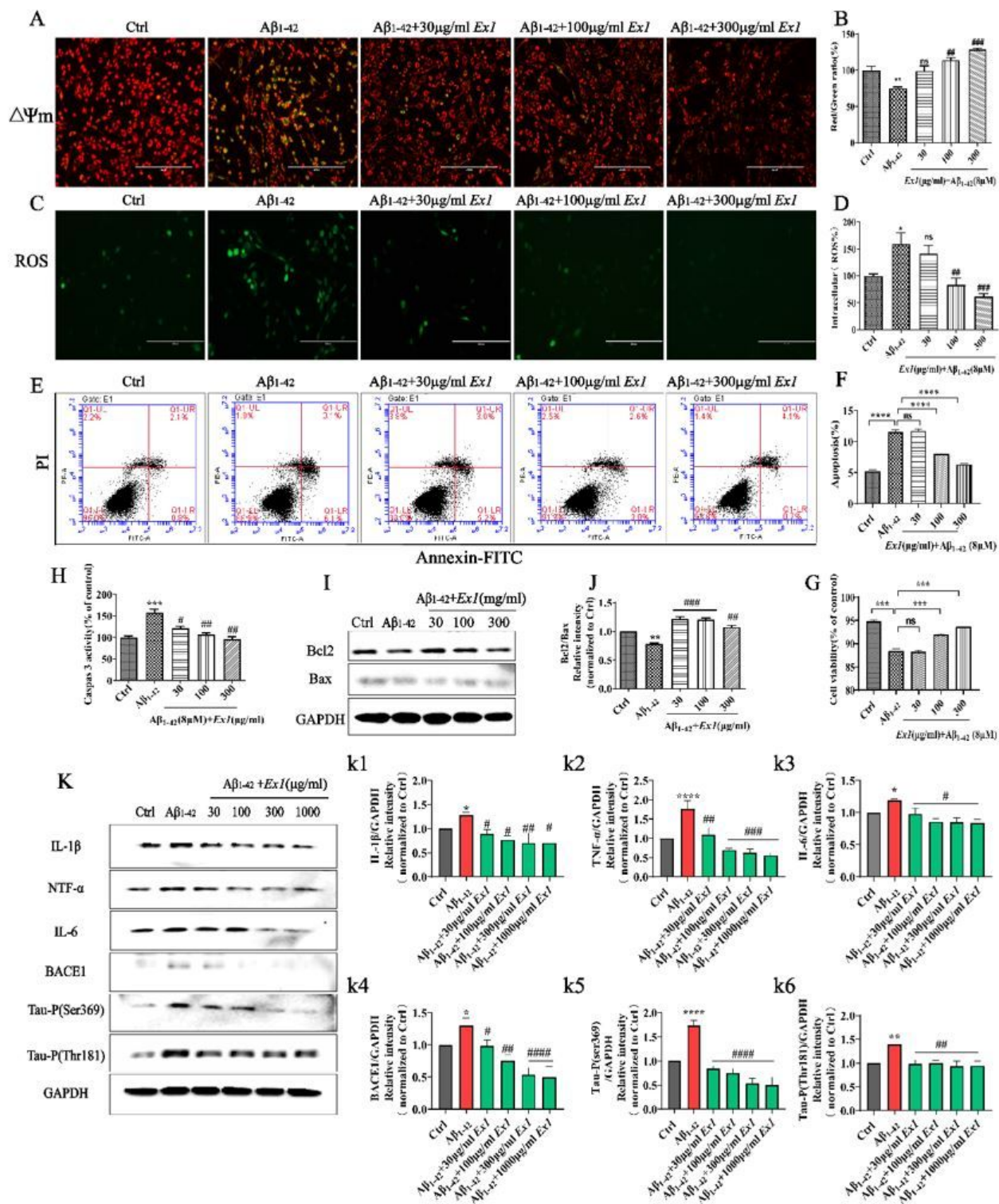


Figure 7

Ex1 attenuated apoptosis induced by A β ₁₋₄₂ and alleviated the pathologic changes triggered by A β ₁₋₄₂ in PC12 cells. PC12 cells were treated with 8 μ M A β ₁₋₄₂ alone or with (30 μ g/ml, 100 μ g/ml, 300 μ g/ml) *Ex1*. (A-B) The restoration of the mitochondrial membrane potential was denoted by the shift of red

fluorescence to green indicated by JC-1 staining. (C-D) Intracellular ROS levels were measured by the CellROXs Deep Green Reagent (scale bars 200 μ m). (E-G) Flow cytometry and quantitative analysis of cellular apoptosis. (H) Caspase 3 was detected by caspase 3 activity test assay kit. (I) Western blot analysis of Bcl-2 and Bax. GAPDH was used as loading control. (J) Quantification of Bcl2/Bax expression from I. (K) Western blot analysis of the pro-inflammatory factors IL-1 β , IL-6, TNF- α , the β -site APP cleaving enzyme 1 (BACE1), pS396-Tau and pT181-Tau, and GAPDH expression. (k1-k6) Quantification of K. Each assay was performed in triplicate and the experiment was repeated three times (n = 3, mean \pm SEM, one-way ANOVA followed by Tukey's post-hoc test. *p<0.05, **p<0.01, ***p<0.001 were considered statistically significant. *Representative comparison between Ctrl and A β ₁₋₄₂, #Representative comparison between A β ₁₋₄₂ and treatment).

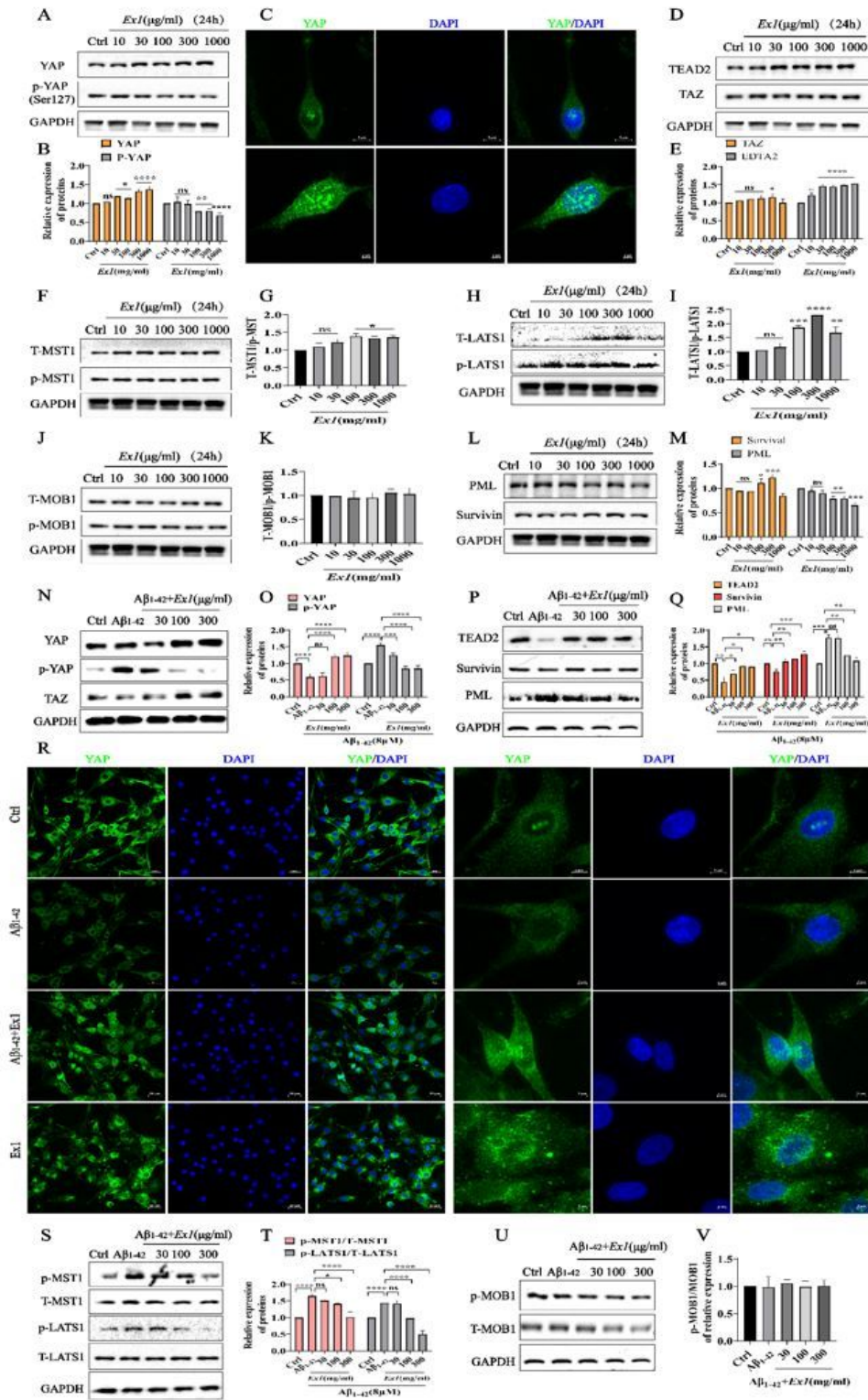


Figure 8

Ex1 protective effect occurs via regulating YAP signaling in PC12 cells.

PC12 cells were treated with (30 $\mu\text{g/ml}$, 100 $\mu\text{g/ml}$, 300 $\mu\text{g/ml}$, 1000 $\mu\text{g/ml}$) *Ex1* for 24 h. (A) Western blot analysis of YAP, P-YAP, and GAPDH expression. (B) Quantification of A, *Ex1* increased the expression of YAP and decreased the phosphorylation of YAP in a dose-dependent manner. (C) Immunofluorescence of

YAP. (D) The expression of TEAD2, TAZ and GAPDH were detected by western blot. (E) Quantification of D, *Ex1* promoted the expression of TEAD2 and TAZ in PC12 cells. (F) Western blot analysis of T-MST1/p-MST1 expression ratio. (G) Quantification of F, *Ex1* increased the expression ratio of T-MST1/p-MST1. (H) Western blot analysis of T-LATS1/p-LATS1 expression ratio. (I) Quantification of H, *Ex1* increased the expression ratio of T-LATS1/p-LATS1. (J) Western blot analysis of T-MOB1/p-MOB1 expression ratio. (K) Quantification of J, *Ex1* increased the expression ratio of T-LATS1/p-LATS1. (L) Western blot analysis of the pro-apoptosis protein PML, anti-apoptosis protein survivin and GAPDH expression. (M) Quantification of L, *Ex1* decreased the expression of PML, and increased the expression of survivin. (N-P) PC12 cells were incubated with 8 μM $\text{A}\beta_{1-42}$ with or without *Ex1* at different concentrations for 24h. Western blot analysis of the effect of *Ex1* on YAP, p-YAP, TAZ, TEAD2, survivin, PML and GAPDH. (O-Q) Quantification of N and P. (R) Immunofluorescence of YAP expression. (S) Western blot analysis of p-MST1/T-MST1 and p-LATS1/T-LATS1 expression ratios. (T) Quantification of S. (U) Western blot analysis of p-MOB1/T-MOB1 expression ratio. (V) Quantification of U. Each assay was repeated in triplicate (Mean \pm SEM, one-way ANOVA, Tukey's post-hoc test). * $p < 0.05$ was considered statistically significant.

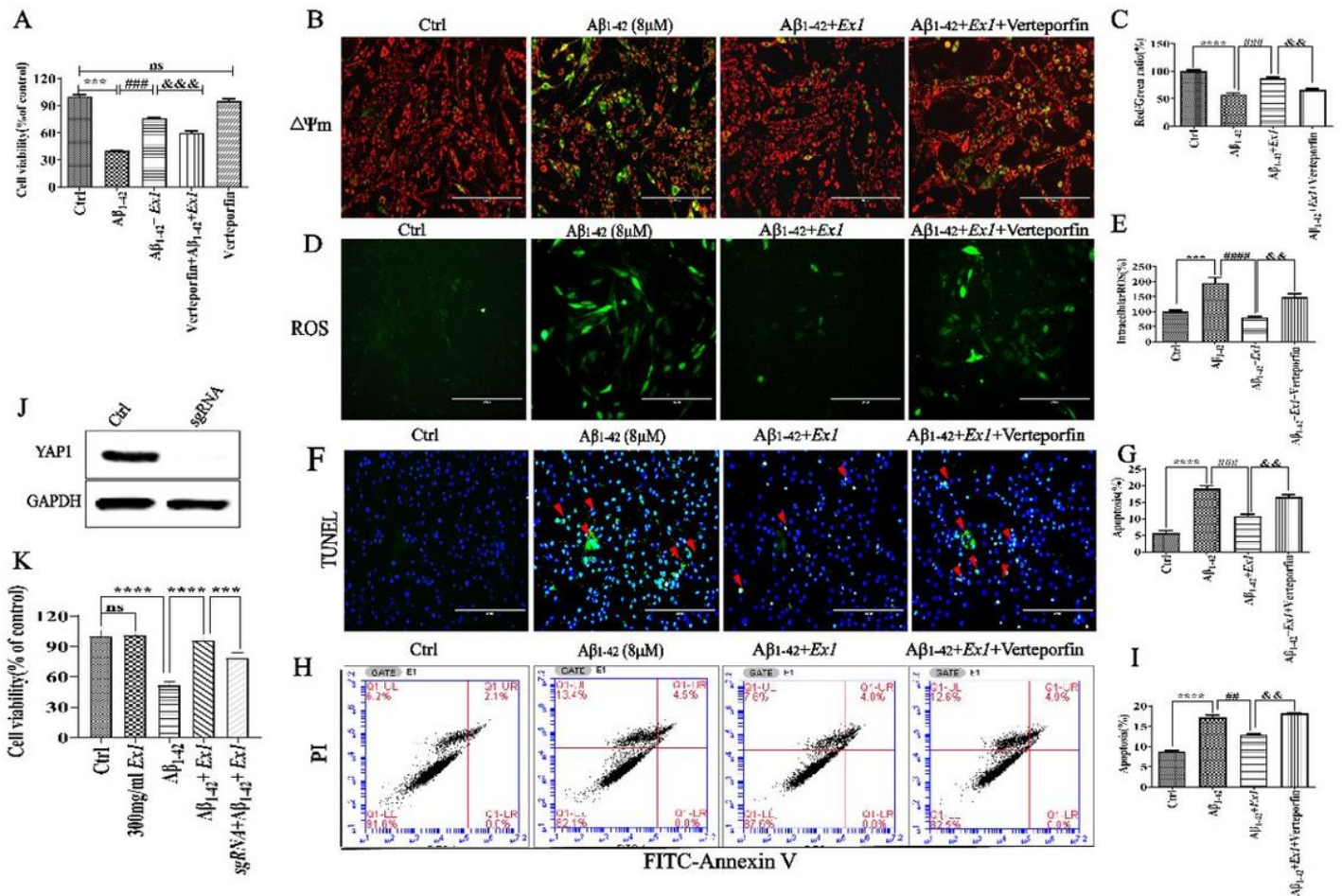


Figure 9

YAP signaling mediated the protective effects of *artemisia annua* extracts in PC12 cells. PC12 cells were pretreated with 2.5 μ M Verteporfin (YAP inhibitor) for 60 min and incubated with 8 μ M A β ₁₋₄₂ in the presence or absence of 300 μ g/ml *Ex1*. (A) Verteporfin inhibited the protective effect of *Ex1* on A β ₁₋₄₂ induced neurotoxicity. (B-C) The mitochondrial membrane potential was measured by JC-1 staining (scale bars 200 μ M). (D-E) Intracellular ROS levels were measured by ROS assay (scale bars 200 μ M). (F-G) Apoptosis was measured by TUNEL staining (scale bars 200 μ M). (H-I) Apoptosis was measured by Flow cytometry. (I) Cell viability was measured by MTT assay. (J) Western blotting analysis of YAP expression in WT and KO cells. (K) The viability of cells was measured by MTT assay. Each experiment was repeated in triplicate (n=3, Mean \pm SEM, one-way ANOVA, Tukey's post-hoc test). *p< 0.05 was considered statistically significant. *Representative comparison between Ctrl and A β ₁₋₄₂; #Representative comparison between A β ₁₋₄₂ and *Ex1* treatment; &Representative comparison between A β ₁₋₄₂ and A β ₁₋₄₂+*Ex1*+Verteporfin.

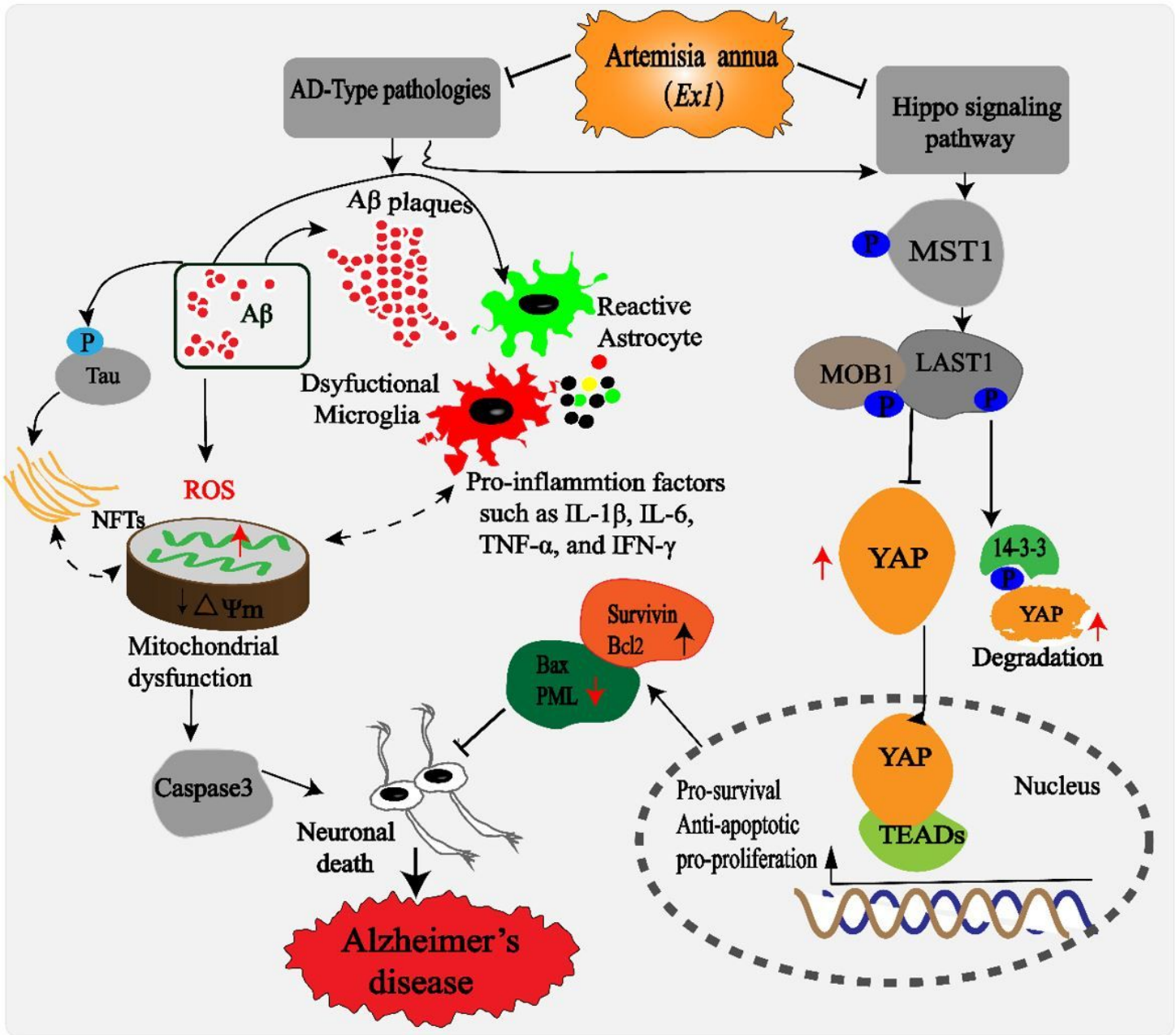


Figure 10

The possible mechanism of *artemisia annua* action on Alzheimer's disease.

Artemisia annua stimulated YAP overexpression in neuronal cells and in the brain of 3xTg mice, resulting in the activation of YAP, survivin/Bcl2 survival pathway and inhibition of apoptosis pathway. This process may inhibit A β aggregation and the downstream pathologic events triggered by A β such as oxidative stress, mitochondrial dysfunction, Tau phosphorylation and neuroinflammation. *Artemisia annua* may rescue neuronal loss and prompt the functional recovery of AD through YAP/TEADs/survivin.

Supplementary Files

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