

# Revealing the Transmission Dynamics of COVID-19: A Bayesian Framework for $R_t$ Estimation

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## Article

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1 **Revealing the Transmission Dynamics of COVID-19:**  
2 **A Bayesian Framework for  $R_t$  Estimation**

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14

15 **ABSTRACT**

16 In epidemiological modelling, the instantaneous reproduction number,  $R_t$ , is important to  
17 understand the transmission dynamics of infectious diseases. Current  $R_t$  estimates often suffer  
18 from problems such as lagging, averaging and uncertainties demoting the usefulness of  $R_t$ . To  
19 address these problems, we propose a new method in the framework of sequential Bayesian  
20 inference where a Data Assimilation approach is taken for  $R_t$  estimation, resulting in the state-  
21 of-the-art ‘DARt’ system for  $R_t$  estimation. With DARt, the problem of time misalignment  
22 caused by lagging observations is tackled by incorporating observation delays into the joint  
23 inference of infections and  $R_t$ ; the drawback of averaging is improved by instantaneous  
24 updating upon new observations and a model selection mechanism capturing abrupt changes  
25 caused by interventions; the uncertainty is quantified and reduced by employing Bayesian  
26 smoothing. We validate the performance of DARt through simulations and demonstrate its  
27 power in revealing the transmission dynamics of COVID-19.

28

## 29 INTRODUCTION

30 Epidemic modelling is important for understanding the evolving transmission dynamics and  
31 responding to the emerging pandemic<sup>1-8</sup>. In particular, the instantaneous reproduction number  
32  $R_t$  has drawn extensive attention and become an essential metric, indicating the trajectory of  
33 prevalence<sup>9</sup>.  $R_t$  is defined as the average number of secondary cases that could be generated  
34 by a primary case, if conditions remained the same thereafter time  $t$ . There are two major  
35 applications of  $R_t$ : as a trend indicator for the nowcast of transmission<sup>10</sup>, and as a quantitative  
36 metric for the retrospective assessment of intervention impacts<sup>6,11</sup>. Both applications depend  
37 on a reliable system estimating the time-varying  $R_t$  from appropriate epidemiological  
38 observations with accuracy and timeliness. Inappropriate interpretation or imprecise estimation  
39 of  $R_t$  could furnish misleading information. Several systems<sup>9,12-15</sup> have been proposed to  
40 estimate  $R_t$ , however, in practice, this remains a challenging task due to the following issues<sup>16</sup>:

41 **a. Lagging observations.** Given a mathematic model of transmission dynamics,  $R_t$   
42 estimation is to infer the time-varying parameters of the model based on epidemiological  
43 observations, where the number of infections could be the ideal data source. However, the  
44 actual infection number is unknown and can only be inferred from other epidemiological  
45 observations (e.g., the daily confirmed cases). Such observations are lagging behind the  
46 infection events due to inevitable time delays between an individual being infected and  
47 reported (e.g., days for symptom onset<sup>17</sup>). Direct  $R_t$  estimation from lagging observations  
48 without adjusting for the time delay results in the temporal inaccuracy<sup>16,18</sup>. To address this  
49 problem, a two-step strategy, first estimating infections from epidemiological observations  
50 with a temporal transformation followed by  $R_t$  estimation using epidemic models, has been  
51 commonly used in practice<sup>18</sup>. The simple temporal shift of observations by the mean  
52 observation delay turns out not sufficient for the relatively long observation delay nor the  
53 rapidly changing transmission dynamics, which are seen in the COVID-19 pandemic<sup>18</sup>.  
54 Backward convolution method (i.e., subtracting time delay, with a given distribution, from  
55 each observation time) leads to an over-smooth reconstruction of infection and bias for  $R_t$   
56 estimation<sup>9</sup>. More advanced deconvolution methods<sup>19</sup> through inverting the observation  
57 process are mathematically more accurate but sensitive to the optimisation procedure (e.g.,  
58 stopping criterion) of the ill-posed inverse problem. In addition, the estimated result of  
59 infection number is often calculated as a point estimate for the  $R_t$  estimation so that the

60 uncertainty from the observation process is discarded<sup>20</sup>. As an alternative to the two-step  
61 strategy, we are investigating a new Bayesian approach of jointly estimating both infection  
62 number and  $R_t$  with uncertainty from epidemiological observations with explicitly  
63 parameterising observation delay.

64 **b. Averaging inference.** There are two general paradigms to deal with the challenge of  
65 estimating time-varying parameters: 1) reformulating the problem into an inference of  
66 static or quasi-static parameters, so that various methods for static parameter estimation  
67 can be used; 2) developing inference methods for explicit time-varying parameter  
68 estimation. For the first approach, the evolution of  $R_t$  is usually parameterised with several  
69 static parameters (e.g., the decay rate of an exponential  $R_t$ <sup>14</sup>). The quasi-static method is to  
70 assume slow  $R_t$  evolution that could be treated as static within a short period. For example,  
71 Cori et al.<sup>13</sup> proposed a sliding-window method ‘EpiEstim’ using a segment of observations  
72 for averaging inference, with the assumption that  $R_t$  keeps the same within the sliding  
73 window. This assumption does not apply to the rapidly changing transmission dynamics  
74 with interventions, and the window size affects the temporal and quantitative accuracy of  
75  $R_t$  estimation. Best practices of selecting the sliding window are still under investigation<sup>18</sup>.  
76 Instead of adopting a local sliding window, Flaxman et al.<sup>11</sup> defined several intervention  
77 periods according to intervention measures, assuming a constant  $R_t$  within each period.  
78 This requires additional information about the intervention timeline, which could be not  
79 accurate, and the abrupt change is blurred. Although the technical challenges are  
80 substantially reduced by inferring static parameters rather than a high-dimensional  $R_t$  time  
81 series, the fixed-form  $R_t$  assumption or the averaging inference is not able to describe the  
82 switching transmission dynamics that were common due to the intervention measures  
83 imposed during the COVID-19 pandemic. In contrast to window-based methods, data  
84 assimilation<sup>21</sup> with sequential Bayesian inference<sup>22,23</sup> is a window-free alternative that has  
85 been less explored for  $R_t$  estimation. Applying sequential Bayesian inference, data  
86 assimilation supports instantaneous updating model states upon the arrival of new  
87 observations. Moreover, the Bayesian model selection mechanism<sup>24</sup> can be used for  
88 modelling the switching transmission dynamics under interventions, avoiding the  
89 drawback of averaging inference. This motivates us to employ the sequential Bayesian  
90 approach for  $R_t$  estimation.

91 **c. Uncertainty.** The confidence of  $R_t$  estimation is of equal importance compared to the  
92 estimate itself, especially when providing evidence for policymaking. The uncertainty of  
93  $R_t$  estimates come from different sources, including the intrinsic uncertainties of epidemic  
94 modelling, data observation and inference process. Firstly, the uncertainty of  
95 epidemiological parameters affects the final  $R_t$  estimates. For example,  $R_t$  estimation is  
96 found sensitive to the distribution of generation time intervals<sup>18</sup>. Secondly, the uncertainty,  
97 resulting from systematic error (e.g., weekend misreporting) and random error (e.g.,  
98 observation noise), in the observation process should be properly measured. During the  
99 COVID-19 pandemic, we have seen different reporting standards across countries and  
100 regions, with different levels of uncertainty. This is not only the uncertainty of observations,  
101 but also that of the time delay between the infection event and the observation that affects  
102  $R_t$  estimates. Thirdly, the uncertainty could be enlarged or smoothed in the inference  
103 process. For example, the use of a sliding window could smooth the  $R_t$  estimation but may  
104 simultaneously miscalculate the uncertainty, due to the overfitting within the sliding-  
105 window. To provide a reliable credible interval (CI) of  $R_t$  estimates, the aforementioned  
106 three types of uncertainty should all be handled and reported as part of the final  $R_t$   
107 estimates. As a state-of-the-art package, EpiEstim (Version 2)<sup>25</sup> allows users to account for  
108 the uncertainty from epidemiological parameters by resampling over a range of plausible  
109 values. However, the uncertainty from imperfect observations and the side effects  
110 associated with the sliding window is not addressed. Recently, ‘EpiNow’<sup>15</sup> was proposed  
111 to integrate the uncertainty of observation process, but the inference is still based on the  
112 sliding window. In this work, we deal with model and data uncertainty in the data  
113 assimilation framework<sup>21</sup> with a Bayesian smoothing mechanism to enable both the latest  
114 and historical observations to be continuously integrated into  $R_t$  estimation to alleviate  
115 spurious variability.

116 In order to tackle these practical issues, we propose a comprehensive Bayesian data  
117 assimilation system, namely ‘DARt’ (Data Assimilation for  $R_t$  estimation), for joint estimates  
118 of infections and  $R_t$  together with their uncertainty. The evolution of the transmission  
119 dynamics is described by a hierarchical transition process, which is informed by the newly  
120 observed data through an observation process formulated with explicit observation delay. A  
121 model selection mechanism is built in the transition process to detect abrupt changes under  
122 interventions. The performance of the DARt system is validated and compared to the state-of-  
123 the-art EpiEstim system through simulations and real-world applications, showing its power of

124 estimation and adequacy for practical use. We have made the system available online for broad  
125 use in  $R_t$  estimation for both research and policy assessment.

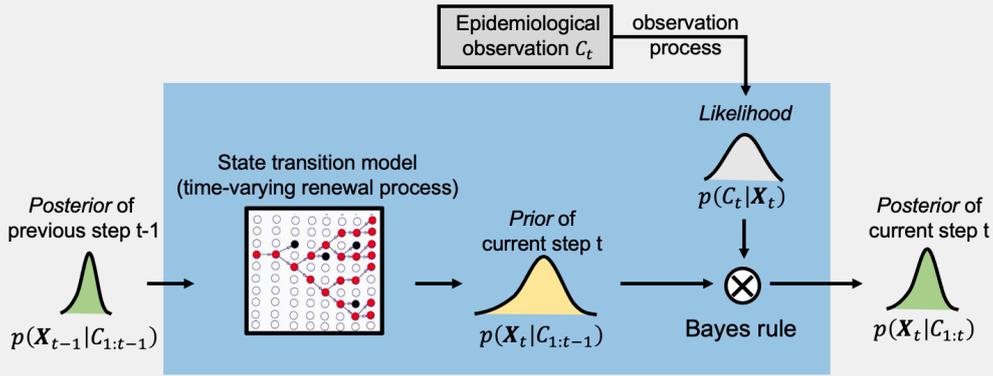
## 126 **Results**

### 127 **1. DART: A Data Assimilation System for $R_t$ Estimation**

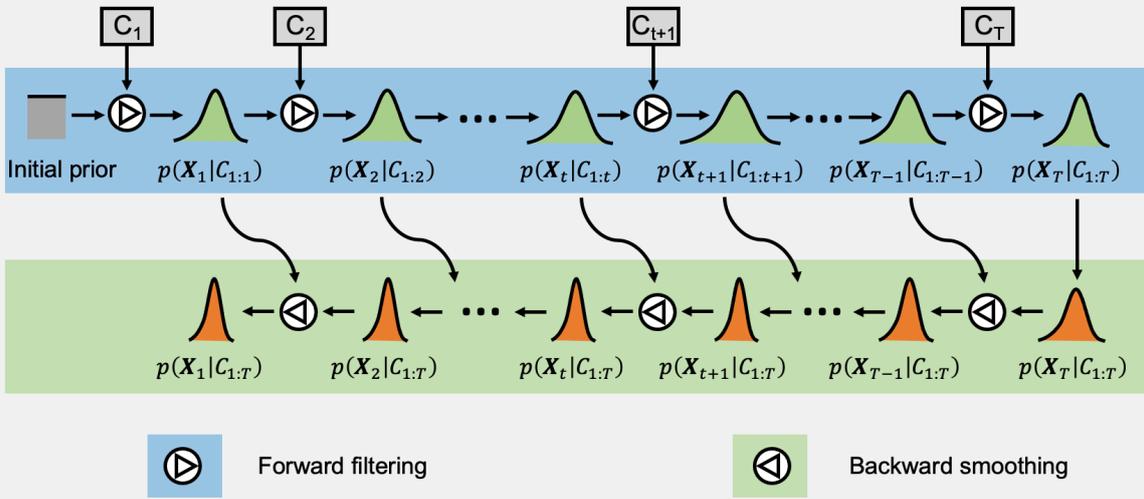
128 With DART, we jointly estimate the number of incident infections ( $j_t$ ), the instantaneous  
129 reproduction number ( $R_t$ ), and the change indicator ( $M_t$ ) of the switching dynamics of  $R_t$ . This  
130 is achieved by the inference of the latent state  $\mathbf{X}_t$ , consisting of  $R_t$ ,  $j_t$  and  $M_t$ , with all available  
131 observations  $\mathcal{C}_{1:T}$  up to the latest observation time  $T$  within a data assimilation framework (see  
132 Methods). In contrast to inferring the ‘pseudo’ dynamics (i.e., reformulating into a static/quasi-  
133 static problem), our proposed DART system directly estimates the ‘real’ time-varying  $R_t$  by  
134 assimilating information from the observation with the model forecast.

135 As a data assimilation system, DART consists of three main components: 1) a **state transition**  
136 **model** – describing the evolution of latent states based on an epidemic renewal process; 2) an  
137 **observation function** – linking the underlying latent states to lagging epidemiological  
138 observations; and 3) a **sequential Bayesian inference engine**, as depicted in Figure 1 –  
139 updating the state estimation with ongoing observations using *forward Bayesian filtering*  
140 (Figure 1 (A)) and refining historical state estimates using all observations with *backward*  
141 *Bayesian smoothing* (Figure 1 (B)).

**(A) DART: forward filtering at each time step**



**(B) DART: forward filtering and backward smoothing**



$$p(\mathbf{X}_t | C_{1:t}) = \frac{p(C_t | \mathbf{X}_t) p(\mathbf{X}_t | C_{1:t-1})}{\int p(C_t | \mathbf{X}_t) p(\mathbf{X}_t | C_{1:t-1}) d\mathbf{X}_t}$$

$$p(\mathbf{X}_t | C_{1:T}) = p(\mathbf{X}_t | C_{1:t}) \int p(\mathbf{X}_{t+1} | \mathbf{X}_t) \frac{p(\mathbf{X}_{t+1} | C_{1:T})}{p(\mathbf{X}_{t+1} | C_{1:t})} d\mathbf{X}_{t+1}$$

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**Figure 1.** Illustration of the inference of DART system for  $R_t$  estimation. The latent state  $\mathbf{X}_t$  includes the number of infections ( $j_t$ ), the instantaneous reproduction number ( $R_t$ ), and the change indicator ( $M_t$ ) of abrupt change. The epidemiological observation is denoted as  $C_t$ , and is linked to the latent state via the observation function. For each time step, the estimation of the latent state  $p(\mathbf{X}_t | C_{1:t})$  are constantly updated according to ongoing reported observations using sequential Bayesian updating with forward filtering and backward smoothing. **(A) Forward filtering at each time step.** The posterior state estimation  $p(\mathbf{X}_{t-1} | C_{1:t-1})$  estimated from previous step  $t - 1$  is transformed as the *prior*  $p(\mathbf{X}_t | C_{1:t-1})$  for the current step  $t$ , where a time-varying renewal process is used as the state transition model as detailed in Figure 7. Together with the *likelihood*  $p(C_t | \mathbf{X}_t)$  obtained from epidemiological observation at the current step, the *posterior* of the current

154 step  $p(\mathbf{X}_t|C_{1:t})$  is estimated. At the same time, as shown in **(B)**, **backward smoothing** is  
155 to compute  $\{p(\mathbf{X}_t|C_{1:T})\}_{t=1}^T$ , taking account of all the observations  $C_{1:T}$  up to the time  $T$   
156 by applying a Bayesian smoothing method (see Methods).

### 157 ▪ **State transition model**

158 As shown in Figure 1(A), the latent state  $\mathbf{X}_t$  is updated with a state transition model based on  
159 a time-varying renewal process<sup>26,27</sup>. Besides  $R_t, j_t$ , we introduce an auxiliary binary latent  
160 variable  $M_t$  to indicate the switching dynamics of  $R_t$  under interventions without assuming a  
161 pre-defined evolution pattern of  $R_t$  (e.g., constant or exponential decay).  $M_t = 0$  indicates a  
162 smooth evolution of  $R_t$  corresponding to minimal or consistent interventions;  $M_t = 1$   
163 indicates an abrupt change of  $R_t$  corresponding to new interventions or outbreak. The smooth  
164 evolution of  $R_t$  is modelled as a Gaussian random walk while the abrupt change is  
165 implemented through resetting the  $R_t$  memory by assuming a uniform probability distribution  
166 for the next time step of estimation. That provides an automatic way of framing a new epidemic  
167 period as manually done in Ref<sup>1</sup>. The transition of  $M_t$  is modelled as a discrete Markovian  
168 process with fixed transition probabilities controlling the sensitivity of change detection.  
169 Compared with the widely used two-step strategy (i.e.,  $j_t$  and  $R_t$  are estimated successively),  
170 the joint inference of  $R_t$  and  $j_t$  provides a comprehensive picture of the evolving epidemics  
171 (see details in Methods).

### 172 ▪ **Observation function**

173 An observation function is designed as a convolution process, reflecting the fact that  
174 observation  $C_t$  at time  $t$  is linked with a series of infection numbers of lagging days by a time  
175 delay distribution:  $C_t = \sum_k \varphi_k j_{t-k}$  where the kernel  $\varphi_k$  is the probability that an individual  
176 infected is observed after  $k$  days (see details in Methods). According to the observation types,  
177 different observation delays such as incubation time, testing and reporting delay can be chosen  
178 by selecting the corresponding kernel  $\varphi_k$ . Therefore, through the observation function, the  
179 lagging relationship between the latent state and observations are explicitly modelled to handle  
180 the issue of temporal inaccuracy. This makes our  $R_t$  estimates aligned with the timeline, which  
181 is important for the retrospective analysis of policy impacts.

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183   ▪   **Sequential Bayesian inference engine**

184   In DART, the Bayesian inference has two phases: **forward filtering** and **backward smoothing**.  
185   The forward filtering uses the up-to-date prior from the state transition model and the likelihood  
186   determined by the latest observation to update the current latent state, by computing its  
187   posterior following the Bayes rule. The backward smoothing works by looking back to refine  
188   the previous state estimation when more observations have been accumulated to reduce the  
189   uncertainty of  $R_t$  estimation.

190   **Forward filtering.** For each new time step  $t$ , the latent state  $\mathbf{X}_t$  is continuously updated upon  
191   the new observation  $C_t$ , following Bayes rule:  $p(\mathbf{X}_t|C_{1:t}) \propto p(\mathbf{X}_t|C_{1:t-1}) p(C_t|\mathbf{X}_t)$ , where  
192    $p(\mathbf{X}_t|C_{1:t-1}) = \int p(\mathbf{X}_t|\mathbf{X}_{t-1})p(\mathbf{X}_{t-1}|C_{1:t-1}) d\mathbf{X}_{t-1}$  is the prior forecasted by the state  
193   transition model from the previous step  $t - 1$ , and  $p(C_t|\mathbf{X}_t)$  is the likelihood determined by  
194   the new observation  $C_t$  under the forecasted state  $\mathbf{X}_t$ . This approach differs from the fixed prior  
195   in the Bayesian inference of static parameters (e.g., the fixed gamma distribution adopted in  
196   ‘EpiEstim’). This filtering mechanism, as shown in Figure 1 (A), computes the posterior  
197   distribution of the latent state by assimilating the forecast from the forward transition model  
198   with the information from the new epidemiological observations. For the implementation of  
199   this Bayesian updating process, we adopt a particle filter method<sup>23</sup> to efficiently approximate  
200   the posterior distribution through Sequential Monte Carlo (SMC) sampling (see details in  
201   Method). This eschews any fixed-form assumptions for the posterior – of the sort used in  
202   variational filtering and dynamic causal modelling<sup>28</sup>.

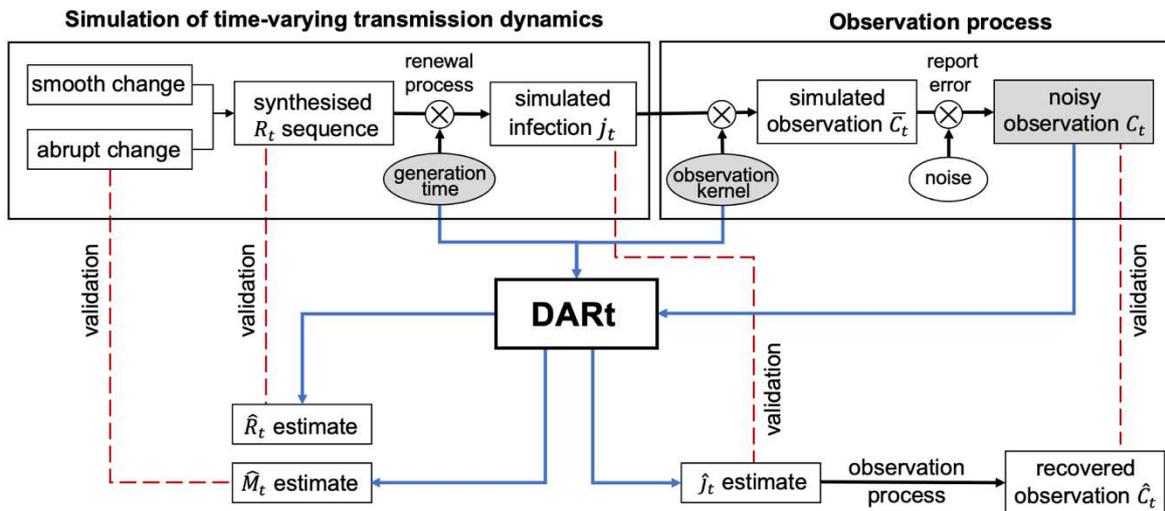
203   **Backward smoothing.** The estimated result  $p(\mathbf{X}_t|C_{1:t})$  from aforementioned forward filtering  
204   only includes the past and present information flows, corresponding to the prior  $p(\mathbf{X}_t|C_{1:t-1})$   
205   and likelihood  $p(C_t|\mathbf{X}_t)$ , respectively. The  $R_t$  estimation would be accurate if all infections  
206   related to  $R_t$  are fully observed in  $C_{1:t}$ . However, this is certainly not the case due to  
207   observation delay. As a result, the  $R_t$  estimate from forward filtering is with large uncertainty  
208   inherited from the likelihood where the present observations include little up-to-date infection  
209   information. In order to reduce the uncertainty in  $R_t$  estimation from forward filtering, DART  
210   adopts the Bayesian backward smoothing technique, estimating the latent state at a time  $t$   
211   retrospectively, given all observations available till time  $T$  ( $T > t$ ). Compared with other  $R_t$   
212   estimation methods, DART takes the advantage of additional information to smooth inference  
213   results with reduced uncertainty caused by incomplete observations. More specifically, the

214 smoothing mechanism can be described as: given a sequence of observations  $C_{1:T}$  up to time  $T$   
 215 and filtering results  $p(\mathbf{X}_t|C_{1:t})$ , for all time  $t < T$ , the state estimates are smoothed as:  
 216  $p(\mathbf{X}_t|C_{1:T}) = p(\mathbf{X}_t|C_{1:t}) \int p(\mathbf{X}_{t+1}|\mathbf{X}_t) \frac{p(\mathbf{X}_{t+1}|C_{1:T})}{p(\mathbf{X}_{t+1}|C_{1:t})} d\mathbf{X}_{t+1}$ , where  $p(\mathbf{X}_{t+1}|C_{1:T})$  is the  
 217 smoothing results at time  $t + 1$  where  $\int p(\mathbf{X}_{t+1}|\mathbf{X}_t) \frac{p(\mathbf{X}_{t+1}|C_{1:T})}{p(\mathbf{X}_{t+1}|C_{1:t})} d\mathbf{X}_{t+1}$  is the smoothing  
 218 factor, as shown in Figure 1(B). In this way, all the relevant observations are fully exploited to  
 219 enable us to reduce the uncertainty of  $R_t$  estimation.

220 In summary, comparing with the sliding-window (i.e., averaging inference) approaches, our  
 221 sequential Bayesian updating mechanism of DART features an instantaneous  $R_t$  estimation and  
 222 smoothing uncertainty through the utilisation of all available observations.

## 223 2. Validation through simulation

224 Due to the lack of ground-truth  $R_t$  in real-world epidemics, we present a set of experiments  
 225 based on synthetic data to establish the face validity of DART system. Figure 2 illustrates the  
 226 design of simulation experiments where a synthesised  $R_t$ , is adopted as the ground truth to  
 227 validate its estimated  $\hat{R}_t$ . We also estimated  $R_t$  using the state-of-the-art  $R_t$  estimation package  
 228 EpiEstim<sup>25</sup> to compare the effectiveness in overcoming three aforementioned issues (i.e.,  
 229 lagging, averaging and uncertainty).



230

231 **Figure 2.** Validation experiment of the DART system on simulated data. First, the ground-  
 232 truth  $R_t$  sequence is synthesised using piecewise Gaussian random walk split by two

233 abrupt change points, simulating the drop of mean  $R_t$  from 3.2 to 1.6 and then 0.8 under  
234 two intensive interventions. The sequence of incident infection  $j_t$  is simulated based on a  
235 renewal process parameterised by the synthesised  $R_t$  and starting with 5 infections on the  
236 first day. The observation process includes applying a convolution kernel representing  
237 the probabilistic observation delay to obtain the expectation of observation  $\bar{C}_t$  and adding  
238 Gaussian noise representing the reporting error to obtain the noisy ‘real’ observation  $C_t$ .  
239 The inputs (in grey) to the DART system are the distributions of generation time,  
240 observation kernel and simulated noisy observation  $C_t$ . The system outputs are the  
241 estimated  $\hat{R}_t$ , estimated  $\hat{j}_t$  and change indicator  $\hat{M}_t$ . These outputs are compared with the  
242 synthesised  $R_t$ ,  $j_t$  and the time of abrupt changes. Also, the observation function is  
243 applied to the estimated  $\hat{j}_t$  to compute the recovered observation  $\hat{C}_t$  with uncertainty,  
244 which is compared to the ‘real’ observation. This provides an indirect way to validate the  
245 correctness of inference results. These comparisons results are shown in Figure 3.

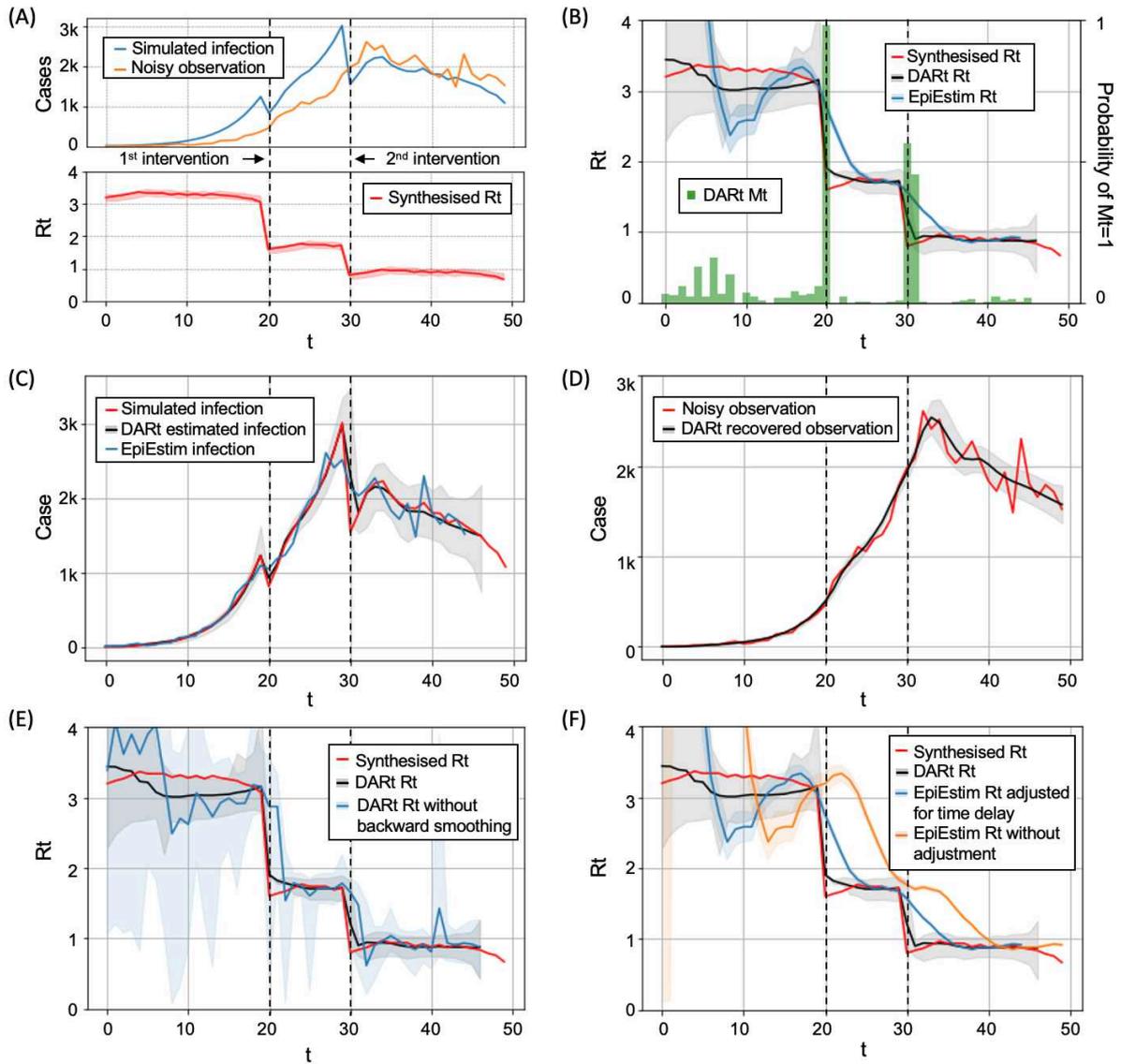
246 **Data synthesis.** We first generated a synthesised  $R_t$  curve from a piece-wise Gaussian random  
247 walk mimicking the scenario of two successive interventions (Figure 3 (A)). To approximate  
248 the early stage of exponential growth, the simulation started with  $R_0 = 3.2$ , which reflects the  
249 basic reproduction number of COVID-19 and followed a Gaussian random walk  
250  $R_{t+1} \sim \text{Gaussian}(R_t, (0.05)^2)$ . At  $t = 20$ , we set  $R_{20} = 1.6$  indicating the mitigation outcome  
251 of soft interventions. After soft interventions, the epidemic is still being uncontrolled with the  
252 evolution of  $R_t$  resuming to the Gaussian random walk as above. At  $t = 30$ ,  $R_t$  experienced  
253 another abrupt decrease to a value under 1, where we set  $R_{30} = 0.8$  to indicate the suppression  
254 effects of intensive interventions (e.g., lockdown). Afterwards, the epidemic is being controlled,  
255 and the evolution of  $R_t$  follows the same random walk as above.

256 With the simulated  $R_t$  curve, we followed the renewal process using the generation time  
257 distribution as reported by Ferretti et al.<sup>3</sup> (i.e., the Weibull distribution with shape and scale  
258 equal to 2.826 and 5.665 days respectively) to simulate the infected curve  $j_t$  starting with 5  
259 infections at  $t = 0$ . Then we generated the lagging observation curve of onset cases  $\bar{C}_t$  using  
260 the incubation time distribution<sup>3</sup> (i.e., the lognormal distribution with log mean and standard  
261 deviation of 1.644 and 0.363 days respectively) as the observation time delay. Throughout this  
262 paper, both the generation time distribution and the incubation time distribution are truncated  
263 and normalised, where values smaller than 0.1 are discarded. To simulate the real-world noisy  
264 observations, we added Gaussian noise as  $C_t \sim \text{Gaussian}(\bar{C}_t, 9\bar{C}_t)$ .

265 **Validation procedure and results.** As shown in Figure 2, DART takes inputs from simulated  
266 observation  $C_t$ , the distribution of generation time and observation delay, and produces the  
267 estimated outputs ( $\hat{R}_t$ , daily infection  $\hat{j}_t$  and the change indicator  $\hat{M}_t$ ), which are validated via  
268 comparing with the synthesised  $R_t, j_t$ , and the dates of abrupt change, respectively. We also  
269 obtained the recovered observation  $\hat{C}_t$  (i.e., the observation result of estimated daily infection  
270  $\hat{j}_t$ ) and checked its consistency with the ‘real’ observation  $C_t$ .

271 To compare with the state-of-the-art EpiEstim package<sup>25</sup>, we input the infection curve and the  
272 distribution generation time to EpiEstim to estimate  $R_t$  with a 7-day sliding window following  
273 the recommended practice. It is noted that two approaches of preparing infection curve input  
274 for EpiEstim were taken as common practice: 1) ‘plug-and-play’ use<sup>1</sup> by taking observations  
275  $C_t$  as the infection without adjusting for the observation delay; 2) the two-step strategy<sup>29</sup> that  
276 shift  $C_t$  backwards in time by the median observation delay (5 days in the simulation). We  
277 implemented both practices and compared with DART.

278 All validation results are shown in Figure 3.



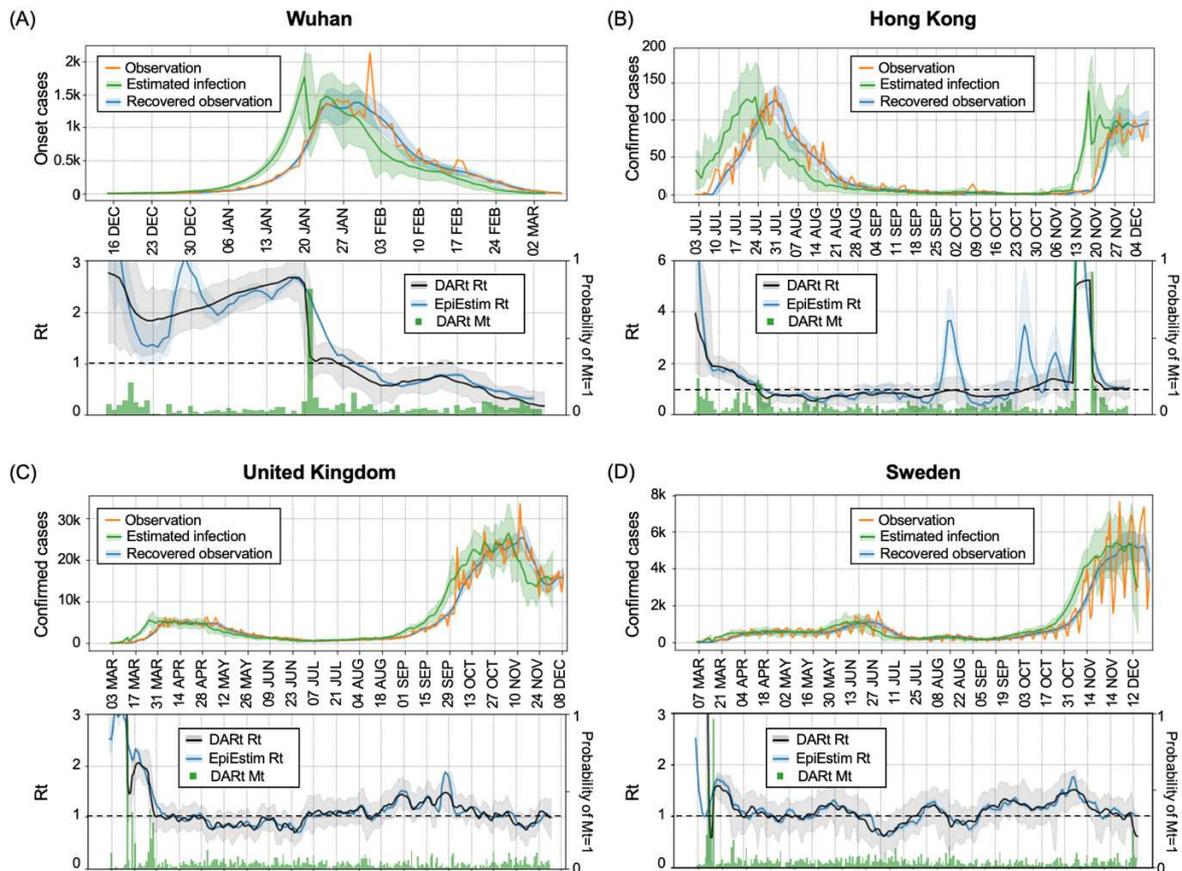
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280 **Figure 3. Validation results.** (A) Synthesised  $R_t$ , simulated  $j_t$  and  $C_t$  curves from the  
 281 evolution of transmission dynamics under two successive interventions. Validation  
 282 results are listed as follows. **Correctness of  $R_t$  estimation:** (B) shows the comparison  
 283 of the synthesised  $R_t$  with the DART estimated  $R_t$ , as well as and that of the EpiEstim  
 284 with backward shifted  $C_t$  as its infection. The comparison indicates that DART is more  
 285 robust to observation noise and the estimated  $R_t$  matches the synthesised  $R_t$  better with  
 286 relatively less degree of fluctuations. Moreover, DART can respond to abrupt changes  
 287 instantaneously demonstrating its ability to overcome the weakness of averaging. The  
 288 probabilities of having abrupt changes are captured by  $M_t$  as shown in green bars. Even  
 289 under observation noise, DART can still acutely detect abrupt changes. **Correctness of**  
 290  **$j_t$  estimation:** (C) shows the simulated  $j_t$ , DART estimated  $j_t$ , and  $j_t$  of EpiEstim. We

291 can find that the DART estimated  $j_t$  with 95% CI match well the simulated  $j_t$ . In contrast,  
292 the EpiEstim result diverts from  $j_t$ , indicating that, with the shifting the observation  
293 curve to approximate infection numbers, EpiEstim results still suffer from the inaccuracy  
294 of approximation. **Accuracy in recovering observations  $C_t$ : (D)** compares the  
295 distribution of recovered  $C_t$  from DART with the simulated  $C_t$  curve. The recovered  $C_t$   
296 with 95% CI can generally match well the simulated  $C_t$  without undesired local  
297 fluctuations. **Effectiveness of DART smoothing: (E)** illustrates the effectiveness of  
298 backward smoothing by comparing the DART estimated  $R_t$  results with and without  
299 smoothing, showing the expected smoothing effect of estimated  $R_t$  with reduced CI.  
300 **Temporal accuracy of DART: (F)** shows the results from EpiEstim with and without  
301 shifting the observation curve backwards. Although the time misalignment problem can  
302 be alleviated by temporal shifting in EpiEstim, its inferred  $R_t$  cannot match well to the  
303 synthesised  $R_t$  curve, failing to reflect two abrupt changes in a timely fashion.

### 304 **3. Applicability to real-world data**

305 We applied DART to estimate  $R_t$  in four different regions during the emerging pandemic. Each  
306 region represents a distinct epidemic dynamic, allowing us to test the effectiveness and  
307 robustness of DART in each scenario. 1) Wuhan: When COVID-19 had the outbreak in the city,  
308 the government responded with very stringent interventions such as a total lockdown. By  
309 studying the  $R_t$  evolution there during the early few months of this year, we can check the  
310 capability of the system in detecting the expected abrupt change of  $R_t$ . 2) Hong Kong: during  
311 the year, the daily increase of reported cases in Hong Kong has been remaining at a low level  
312 for most of the time with the maximum daily value under 200. As no stringent interventions  
313 have been introduced in such a city with high-density population, this is an ideal scenario of  
314 studying smooth change of  $R_t$  with the risk of sudden resurgence. 3) United Kingdom: UK is  
315 undergoing an intense secondary outbreak of COVID-19 with daily infections exceeding  
316 10,000. Instantaneous  $R_t$  estimation is very meaningful for this scenario for examining the  
317 impacts of various proposed policies. We also applied DART to estimate the distinct epidemic  
318 curves of typical cities in England to reflect the local epidemic dynamics (see Supplementary  
319 Materials). 4) Sweden: Sweden is a representative of countries that have less stringent  
320 intervention policies and has a clear miss-reporting pattern repeated weekly. This makes  
321 Sweden an ideal case to examine the robustness of DART with considerable observation noise.



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**Figure 4.** Epidemic dynamics in Wuhan (A), Hong Kong (B), United Kingdom (C) and Sweden (D). The top row of each subplot shows the number of daily observations (in yellow), the recovered daily observations (in blue) and the recovered daily infections (in green). The consistency between the yellow line and blue line indirectly validated the soundness of  $R_t$  results. The bottom row compares the DARt  $R_t$  estimation (in black) with the EpiEstim results (in blue).  $R_t = 1$  is plotted in dash line for reference. The distributions of all estimates from both DARt and EpiEstim are with 95% CI. The probabilities of having abrupted changes ( $M_t=1$ ) are shown in green bars. For Wuhan, in contrast with EpiEstim having a smooth decrease in  $R_t$  around the lockdown time, the  $R_t$  curve from DARt experienced a sharp decrease showing the instantaneous response to the intervention, which is also detected by  $M_t$ . For Hong Kong, DARt can generate a more stable  $R_t$  than EpiEstim, especially during September and October when the number of cases remained at a very low level. For the UK and Sweden,  $R_t$  curves from DARt and EpiEstim largely follow the same trend. However, CIs of  $R_t$  from EpiEstim are quite narrow (even cannot be easily observed from this figure), indicating the underestimated uncertainty of estimation by EpiEstim.

339 **Epidemic dynamics in these four regions.** The inference results for  $R_t$  and reconstructed  
340 observations for these four countries are shown in Figure 4. For Wuhan, the observation data  
341 are the number of onset cases compiled retrospectively from epidemic surveys, while for Hong  
342 Kong, UK and Sweden, the observation data are the number of reported confirmed cases.  
343 Throughout this paper, we use the onset-to-confirmed delay distribution from Ref<sup>30</sup> together  
344 with the distribution of incubation time proposed in Ref<sup>3</sup> to approximate the observation delay.  
345 As the ground-truth  $R_t$  is not available, we validate the results by checking whether the  
346 recovered distributions of observation well cover the observation curve of  $C_t$ . As shown in the  
347 top panel of each subplot in Figure 4, the CIs of recovered  $C_t$  distributions (in blue) covered  
348 most parts of the original observations (in yellow), showing the reliability of our  $R_t$  estimation.

349 Figure 4 (A) shows the results using Wuhan's onset data<sup>1</sup>. We observe that there was a sharp  
350 decrease in Wuhan's  $R_t$  after 21<sup>st</sup> of Jan 2020, which is also indicated by  $M_t$  as the probability  
351 of abrupt changes peaked at this time (in green bars). Around that time, a strict lockdown  
352 intervention has been enforced in Wuhan. This sharp decrease is likely to be the result of this  
353 intervention, indicating its impact. The small offset between the exact lockdown date and the  
354 time of sharp decrease might be due to noisy onset observations and approximated incubation  
355 time distribution. After lockdown,  $R_t$  decreased smoothly, indicating that people's awareness  
356 of the disease and the precaution measures taken had made an impact. Since the beginning of  
357 Feb 2020, the value of  $R_t$  remained below 1 for most of the time with the enforcement of  
358 quarantine policy and increases in hospital beds to accept of all then diagnosed patients. It is  
359 noted that the onset curve has a peak on 1<sup>st</sup> of Feb 2020, due to a major correction in reporting  
360 standard. Neither  $R_t$  nor  $j_t$  curve from our model suffers from this fluctuation, showing its  
361 robustness delivered by the smoothing mechanism. The results from Wuhan show our  
362 switching mechanism can overcome the issue of averaging and automatically detect sharp  
363 changes in epidemiological dynamics.

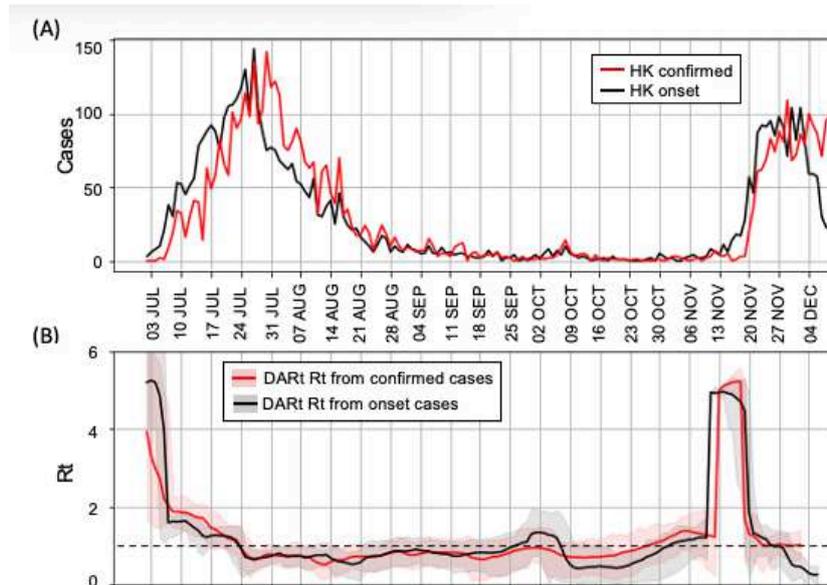
364 Figure 4 (B) shows the inferred results from Hong Kong reported confirmed cases<sup>31</sup> since early  
365 July. In Hong Kong, the number of infections remains low for the most time and the  
366 government has continuously imposed soft interventions: for example, on 11<sup>th</sup> of July, the  
367 Hong Kong government forbidden social gatherings with  $> 8$  people in restaurants and pubs;  
368 from 24 July, all citizens are required to wear masks in indoor places. We can see that the  $R_t$   
369 curve has remained largely under 1 until November. In the middle of November 2020, a  
370 dramatic increase in  $R_t$  emerged indicating a new wave of outbreak. By looking at the

371 probabilities represented in green bars of Figure 4 (B), we can find that the start of the new  
372 wave can be also detected by  $M_t$ . The change in  $R_t$  we have found is consistent with the official  
373 reports about a newly imported case has triggered a new outbreak.

374 Figure 4 (C) shows the inference results from the United Kingdom's reported confirmed cases<sup>32</sup>.  
375 After a continuous decline during May and June 2020, the second wave of COVID-19 cases is  
376 evidenced. Around the end of June,  $R_t$  started climbing above 1 for the subsequent dates and  
377 reached almost 1.5 at the end of August. At the beginning of September, shortly after the  
378 reopening of schools at full capacity, a new wave of epidemic outbreak occurred. Then, a series  
379 of interventions were introduced from late September and a national lockdown has enforced  
380 on 5<sup>th</sup> of November, where  $R_t$  curves kept decreasing and became lower than 1 after the  
381 lockdown. With the end of lockdown on 2<sup>nd</sup> of December, the  $R_t$  was again around 1. The  
382 match between the time of changes in  $R_t$  and the dates of interventions indicates the  
383 effectiveness of DART in policy impact monitoring. Moreover, there was a sharp increase in  
384 the number of reported confirmed cases on 4<sup>th</sup> of October 2020 caused by miss reporting  
385 between September 25 and October 2. The estimated  $R_t$  didn't experience a spike at that time,  
386 indicating the robustness of DART at the presence of observation noise.

387 Figure 4 (D) shows the inferred epidemic dynamics in Sweden from the daily reported data<sup>33</sup>.  
388 We find that the daily reported cases in Sweden have shown periodic drop every 7 days that  
389 are likely caused by misreporting. By looking at the results, we can find that the influence of  
390 such periodic fluctuations has been smoothed by DART to provide a consistent  $R_t$  curve.

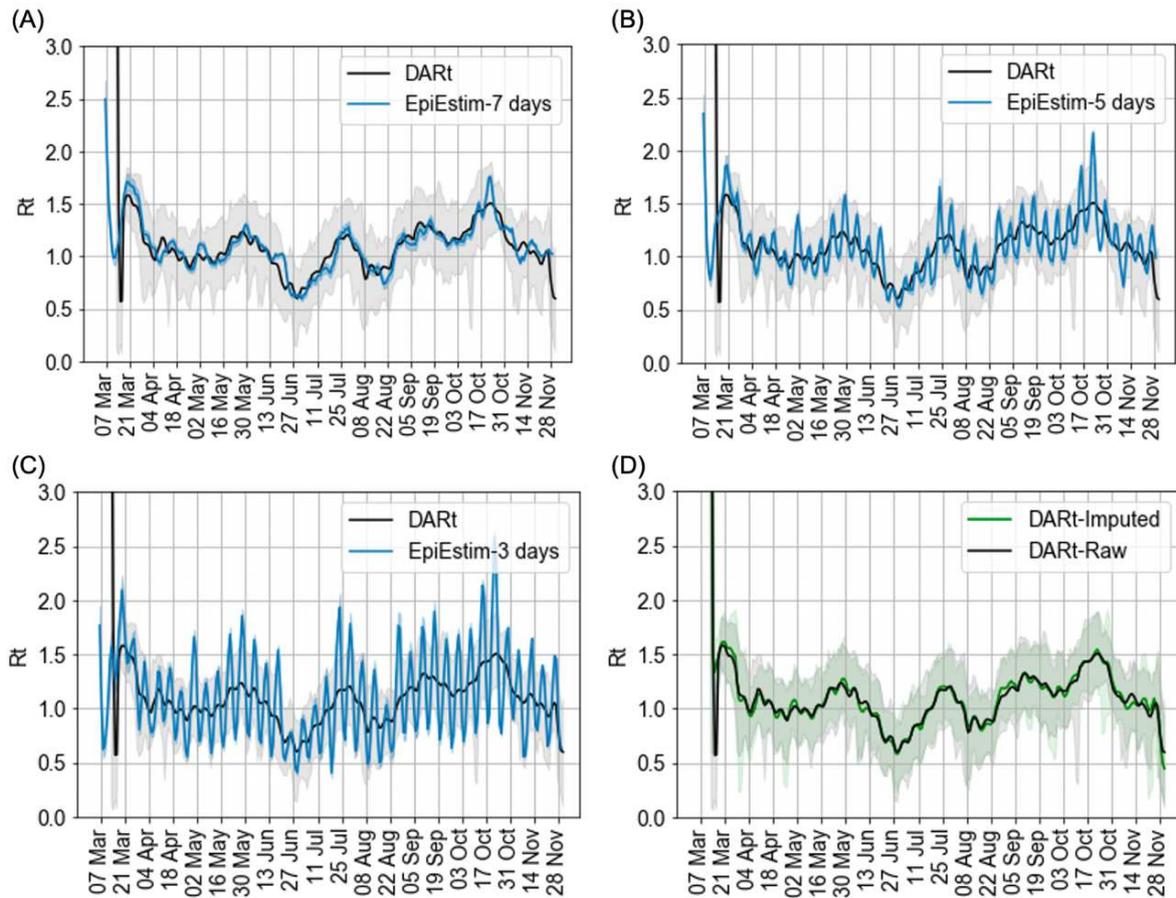
391 **Comparing DART performance with different types of observations.** Figure 5 shows the  
392 results of  $R_t$  estimation using onsets and confirmed cases (Figure 5 (A)) as observations in  
393 Hong Kong to estimate  $R_t$ , respectively. We choose Hong Kong for illustration purpose since  
394 both onset and reported confirmed cases are publicly accessible. The CIs of inferred results  
395 from two different observations largely overlapped (Figure 5 (B)). For the emerging outbreak  
396 started in mid-November, as the record of onset cases is not completely documented by the  
397 government yet (especially for the recent week) and the tails of onset and confirmed curves in  
398 Figure 5 (A) are different. This result reflects that, with a proper observation kernel according  
399 to the observation types (e.g., onset, confirmed cases), DART can make consistent estimation  
400 from a wide range of observation types.



401

402 **Figure 5.** Comparison of estimated  $R_t$  curves of Hong Kong using different observations.  
 403 (A) Observations of daily onset (black) and confirmed cases (red) used as the input are  
 404 compared in. (B)  $R_t$  estimations with 95% CI inferred from onsets and confirmed cases  
 405 using DART are in black and red, respectively.  $R_t = 1$  is plotted in dash line for reference.

406 **Sensitivity to systematic observation errors.** For Sweden, we observe a systematic  
 407 observation error that – on every Monday – the number of reported cases is significantly smaller  
 408 than the other days. This kind of observation noise could induce unnecessary fluctuations to  $R_t$   
 409 curves. Therefore, we used Sweden’s data to further illustrate the robustness of our scheme in  
 410 the presence of noise. The blue curves in Figure 6 (A), (B) and (C) are the results from EpiEstim  
 411 with the sliding-window size set to 7, 5 and 3 days, respectively. For comparison, the estimated  
 412  $R_t$  curve from DART is shown as the black curve in each subplot. We found that EpiEstim is  
 413 sensitive to the choice of window size in this case. In contrast, DART does not require a pre-  
 414 setting of window size. To illustrate the robustness of our scheme to observation noise, we made  
 415 imputed reported numbers on all Mondays by the average of their neighbouring values. The  
 416 inference results are shown in Figure 6 (D), where the green curve is from the imputed  
 417 observations with systematic observation errors alleviated and the black curve is the results  
 418 directly using the raw observations. The results of DART between using the raw observation  
 419 and imputed observation are almost indistinguishable, indicating its robustness at the presence  
 420 of observation noise.



421

422 **Figure 6.** Inference results for Sweden with different settings. (A)-(C) compare results  
 423 from DART (black) and EpiEstim (blue) with sliding window ranging from 7, 5 and 3  
 424 days, respectively. These subplots show EpiEstim is sensitive to the setting of sliding  
 425 window width. (D) compares the DART results using raw reported data (black) with using  
 426 imputed reported data (green). The similar results of DART between using the raw  
 427 observation and imputed observation as the input indicate the robustness of DART at the  
 428 presence of observation noise.

429 To summarise, DART has been applied to four different regions for revealing the  
 430 transmission dynamics of COVID-19 to demonstrate its real-world applicability and  
 431 effectiveness. Consistent with the findings in the simulation study, DART has shown its  
 432 advantage over the popular EpiEstim in the following aspects:

- 433 • Instantaneity: Unlike EpiEstim which is sensitive to the width of the sliding window,  
 434 DART is window-free following the sequential Bayesian inference approach. DART

435 equips the change indicator to detect the sharp change  $R_t$ , while EpiEstim is difficult  
436 to reflect the abrupt epidemic change due to its averaging mechanism.

437 • Robustness: With Bayesian smoothing, the  $R_t$  curve from DART is more stable at the  
438 presence of observation noise, comparing with that of EpiEstim. Moreover, during  
439 the period of low infection numbers (such as the period at the beginning of October  
440 in Hong Kong), EpiEstim might generate pseudo peaks in  $R_t$  while DART can avoid  
441 such fluctuation.

442 • Temporal accuracy: EpiEstim requires manually shifting the observation curve  
443 backwards by the median observation delay for  $R_t$  estimation, while DART  
444 performed a joint estimation of  $R_t$  and  $j_t$  by explicitly encoding the lag into  
445 observation kernels. This alleviates the bias of shifting and inappropriate settings and  
446 interpretation from the ‘plug-and-play’ use of EpiEstim by non-experts.

447

## 448 **Discussion and Conclusion**

449 In this paper, we have proposed DART by adopting a Bayesian inference scheme for estimating  
450  $R_t$ . Our work provides a state-of-the-art  $R_t$  estimation tool supporting a wide range of  
451 observations. In the system, epidemic states can therefore be updated using newly observed  
452 data, following a data assimilation process in the framework of sequential Bayesian belief  
453 updating. For the model inference, a particle filtering/smoothing method is used to approximate  
454 the  $R_t$  distribution in both forward and backward directions of time, ensuring the  $R_t$  at each  
455 time step assimilates information from all time points. By taking the Bayesian approach, we  
456 have emphasised the uncertainty in  $R_t$  estimation by accommodating observation uncertainty  
457 in likelihood mapping and introduced Bayesian smoothing to incorporate sufficient  
458 information from observations. Our method provides a smooth  $R_t$  curve together with its  
459 posterior distribution. We have demonstrated that inferred  $R_t$  curves can explain different  
460 observations accurately. Our work is not only important in revealing the epidemical dynamics  
461 but also useful in assessing the impact of interventions. The sequential inference mechanism  
462 of  $R_t$  estimation takes into account the accuracy of time alignment and provides an abrupt  
463 change indicator. This method offers a promising method for intervention assessment,

464 comparing the approach of directly incorporating interventions as co-factors into epidemic  
465 model<sup>11,34</sup>.

466 We have made some approximations to facilitate the implementation. First, the observation  
467 time and generation time distributions are truncated into fixed and identical length.  
468 Theoretically, these two distributions can be of any length, while most values are quite small.  
469 In our state transition model, one variable of the latent state is a vectorised form of infection  
470 numbers over a period. The purpose of vectorisation is to facilitate implementation by making  
471 the transition process to be Markovian. The length of this vector variable is determined by the  
472 length of effective observation time and the generation time distributions. Truncating these two  
473 distributions to a limited length, by discarding small values, would facilitate the vectorisation.  
474 Apart from truncation, we have assumed that these two distributions do not change during the  
475 prevalence of disease. However, as we have discussed previously<sup>20</sup>, introducing interventions,  
476 such as an increased testing capacity, would affect the observation time. The distribution of  
477 generation time would also change as the virus is evolving. It is possible to extend our model  
478 with time-varying observation function. For example, the testing capability and time-varying  
479 mortality rate could also be considered in the observation process.

480 Second, we approximate the variance of observation error empirically. Given the variance of  
481 observations is unknown and could change over time across different regions, the standard  
482 deviation of the Gaussian likelihood function is not set to a fixed value in our scheme. We  
483 estimate the region-specific time-varying observation variance from the observational data.  
484 Although the empirical estimation yielded reasonable results for the four regions and cities in  
485 the UK (see Supplementary Materials), it may generate some implausible results in some  
486 scenarios; for example, when the epidemic is growing or resurging explosively, leading to an  
487 overestimation of observation variance. An adaptive error variance inference should be  
488 developed to tackle this issue.

489 The third approximation is implicit in the use of a particle filter to approximate the posterior  
490 distributions over model state variables – including  $R_t$  – with a limited number of samples (i.e.,  
491 particles). Particle filtering makes no assumptions about the form of posterior distributions. On  
492 the contrary, the variational equivalent of particle filter, namely variational filtering<sup>28</sup> provides  
493 an analytical approximation to the posterior probability and can be regarded as limiting  
494 solutions to an idealised particle filter, with an infinite number of particles<sup>35</sup>. As not only the

495 mean value of  $R_t$  but also its estimation uncertainty is important for advising governments on  
496 policymaking, an analytical approximation to help properly quantify uncertainty is desirable.

497 Fourthly, change detection is approximated by the change indicator  $M_t$ . The change indicator  
498 is included as part of the latent state and inferred during particle filtering. This work opens a  
499 venue to explore variational Bayesian inference for switching state models<sup>36</sup>. Crucially,  
500 variational procedures enable us to assess model evidence (a.k.a. marginal likelihood) and  
501 hence allow automatic model selection. Examples of Variational Bayes and model comparison  
502 to optimise the parameters and structure of epidemic models can be found in previous studies<sup>37</sup>.  
503 These variational procedures can be effectively applied to change detection.

504 Finally, the method outlined in the paper can, in principle, be applied to generative epidemic  
505 models that include more latent states that underwrite the renewal process; for example, contact  
506 rates, transmission strengths, et cetera. We envisage that such models would be considered  
507 from observational, spatial-temporal and social perspectives. From the observational aspect,  
508 multiple epidemic curves are generally available (e.g., daily onsets, deaths or confirmed cases).  
509 This allows using different kinds of data to inform model parameters (and structure). This sort  
510 of modelling may call for a generative model that explicitly includes the latent states generating  
511 the data at hand (e.g., hospital admissions). Dynamic causal models<sup>37</sup> are potential candidates  
512 here because they extend conventional (SEIR) models to include spatial location, mobility,  
513 hospitalisation et cetera. From the spatial-temporal perspective, one could construct a  
514 homogeneously mixed spatial-temporal model with connected regions that share the same  
515 model structure but with distinct model parameters<sup>38</sup>. Mobility information could then be used  
516 to inform inter-regional spread, when suitably parameterised. From the socio-behavioural  
517 aspect, one could build a comprehensive model by including epidemic-relevant behavioural  
518 factors into the model, especially human mobility trends. This usually entails modelling  
519 differential contact rates between subpopulations (or populations in specific locations) as a  
520 function of other latent states: for example, modelling social distancing as a non-linear function  
521 of the prevalence of infection<sup>39</sup>. Mobility is reflected in the use of public transportation,  
522 people's average walking distance, people's attitude towards disease (cautious or passive), and  
523 people's lifestyle (e.g., work from home, take-away). All of these metrics are, to a greater or  
524 lesser extent, available as empirical constraints on suitably structured generative models. By  
525 considering different modelling factors, the estimation results of  $R_t$  should be more accurate  
526 and furnish more precise credible intervals.

527 In conclusion, our work provides a practical scheme for accurate and robust  $R_t$  estimation. It  
528 opens a new avenue to study epidemic dynamics within the Bayesian framework. We provide  
529 an open-source  $R_t$  estimation package as well as an associated Web service that may facilitate  
530 other people's research in computational epidemiology and the practical use for policy  
531 development and impact assessment.

532

## 533 **Methods**

534 The DART system estimates  $R_t$  in the framework of data assimilation with a sequential  
535 Bayesian inference approach. Three main components of DART: 1) a **state transition model** -  
536 describing the evolution of the latent state; 2) an **observation function** – defining an  
537 observation process describing the relationship between the latent state and observations; 3) a  
538 **sequential Bayesian engine**: statistical reason time-varying model parameters with  
539 uncertainty by assimilating prior state information provided by the transition model and the  
540 newly available observation. In this section, we first introduce the renewal process for  
541 modelling epidemic dynamics, which is the fundamental of our state transition model. We then  
542 describe the observation function, linking a sequence of infection numbers with the observation  
543 data. Next, we present a detailed state transition model and propose the sequential Bayesian  
544 update module.

### 545 **1. Renewal process for modelling epidemic dynamics**

546 Common  $R_t$  estimation methods include compartment model-based methods (e.g., SIR and  
547 SEIR<sup>40</sup>) and time-since-infection models based on renewal process<sup>25</sup>. Their relationships are  
548 discussed in Supplementary Materials Section 1.1. Comparative studies have been done in  
549 Ref<sup>18</sup> to show that EpiEstim, one of the renewal process-based methods, outperforms other  
550 methods in terms of accuracy and timeliness. Given the renewal process, the key transition  
551 equation derived from the process is:

$$552 \quad j_t = R_t \sum_{k=1}^{T_w} w_k j_{t-k} \quad (1)$$

553 where  $j_t$  is the number of incident infections on day  $t$ ,  $T_w$  is the time span of the set  $\{w_k\}$ , and  
554 individual  $w_k$  is the probability that the secondary infection case occurs  $k$  days after the  
555 primary infection, describing the distribution of generation time<sup>9</sup>. The profile of  $w_k$  is related  
556 to the biological characteristics of the virus and is generally assumed time-independent during  
557 the epidemic. Considering the simplicity and performance of applying the renewal process to  
558 model epidemic dynamics, our work adopts Equation (1) as the basic transition function for  
559 joint estimation of  $R_t$  and  $j_t$ .

560

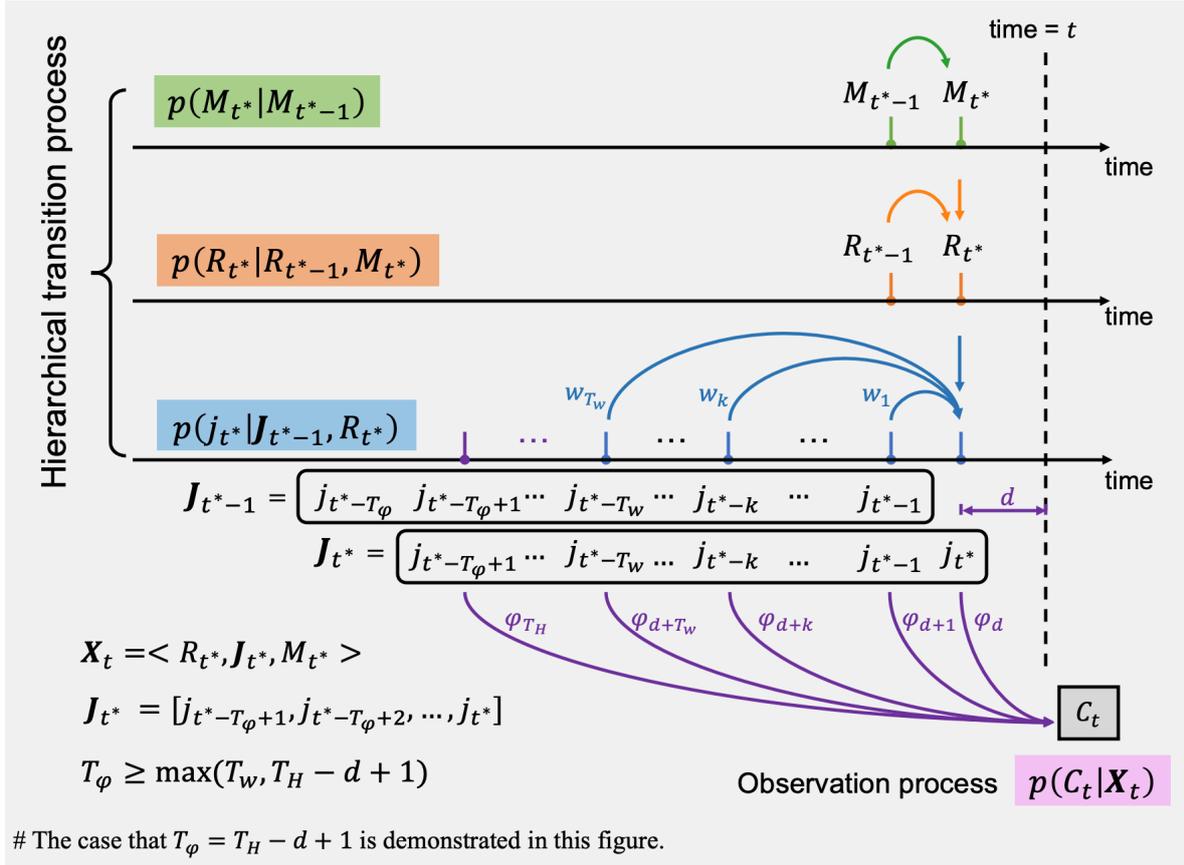
## 561 2. Observation process

562 In epidemiology, the daily infection number  $j_t$  cannot be measured directly but is reflected in  
563 observations such as the case reports of onset, confirmed and deaths. There is an inevitable  
564 time delay between the real date of infection and the date reporting, due to the incubation time,  
565 report delay, etc. Taking account of this time delay, we model the observation process as a  
566 convolution function between kernel  $\varphi$ , and the infection number in  $T_H$  most recent days.

$$567 \quad C_t = \sum_{k=d}^{T_H} \varphi_k j_{t-k} \quad (2)$$

568 where  $C_t$  is the observation data, and  $\varphi_k$  is the probability that an individual infected is  
569 observed on day  $k$ .  $T_H$  is the maximum dependency window. It is assumed that the past daily  
570 infections before this window do not affect the current observation  $C_t$ . Since there is a delay  
571 between observation and infection, we suppose the most recent infection that can be observed  
572 by  $C_t$  is at the time  $t - d$ , where  $d$  is a constant determined by the distribution of observation  
573 delay.

574 To accommodate various observation types (e.g., the number of daily reported cases, onsets,  
575 deaths and infected cases), DART will choose the appropriate time delay distributions  
576 accordingly. For example, for the input of onsets, the infected-to-onsets time distribution is  
577 chosen to be the kernel in the observation function. For the input of daily reported cases, the  
578 infected-to-onset and the onset-to-report delays are used together as the kernel in the  
579 observation function. These delay distributions can be either directly obtained from literature  
580 or learned from case reports that contain individual observation delays<sup>3</sup>. Detailed descriptions  
581 of the observation functions for different epidemic curves can be found in Supplementary  
582 Materials (Section 1.2).



584 **Figure 7. Illustration of the hierarchical transition process and observation process.** The  
 585 most recent infection that can be observed by  $C_t$  is at the time  $t^* = t - d$  where  $d$  is a constant  
 586 determined by the distribution of observation delay. Suppose  $T_\varphi$  is the length of the vector  
 587  $\mathbf{J}_{t^*} = [j_{t^*-T_\varphi+1}, j_{t^*-T_\varphi+2}, \dots, j_{t^*}]$  such that  $C_t$  is only relevant to  $\mathbf{J}_{t^*}$  and  $j_{t^*}$  only depends on  
 588  $\mathbf{J}_{t^*-1}$  via the renewal process. Therefore,  $T_\varphi \geq \max(T_w, T_H - d + 1)$ . The case that  $T_\varphi =$   
 589  $T_H - d + 1$  is depicted in this figure.

### 590 3. Sequential Bayesian Inference

591 In Figure 8, we illustrate the Bayesian inference scheme of DART with the following  
 592 descriptions.

#### 593 ■ State transition model

594 In our model, indirectly observable variables  $j_t$  and  $R_t$  are included in the latent state. The state  
 595 transition function for  $R_t$  is commonly assumed to follow a Gaussian random walk or constant  
 596 within a sliding window as implemented in EpiEstim. This kind of simplification is not capable  
 597 of capturing an abrupt change in  $R_t$  under stringent intervention measures. To address this

598 problem, we introduce an auxiliary binary latent variable  $M_t$  to characterise and switch  
 599 between two distinct evolution patterns of  $R_t$  – smooth transition (Mode I,  $M_t = 0$ ) and abrupt  
 600 change (Model II,  $M_t = 1$ ):

$$601 \quad p(R_t | R_{t-1}, M_t) \sim \begin{cases} \mathcal{N}(R_{t-1}, \sigma_R^2) & M_t = 0 \quad \text{Mode I} \\ \text{U}[0, R_{t-1} + \Delta] & M_t = 1 \quad \text{Mode II} \end{cases} \quad (3)$$

602 where  $\mathcal{N}(R_{t-1}, \sigma_R^2)$  is a Gaussian distribution with the mean value of  $R_{t-1}$  and variance of  
 603  $\sigma_R^2$ , describing the random walk with the randomness controlled by  $\sigma_R$ .  $\text{U}[0, R_{t-1} + \Delta]$  is a  
 604 uniform distribution between 0 and  $R_{t-1} + \Delta$  allowing sharp decrease while limiting the  
 605 amount of increase. This is because we assume that  $R_t$  can have a big decrease when  
 606 intervention is introduced but it is unlikely to increase dramatically as the characteristics of  
 607 disease would not change instantly.

608 The transition of the change indicator  $M_t$ , is modelled as a discrete Markovian process with  
 609 fixed transition probabilities:

$$610 \quad p(M_t = 0 | M_{t-1}) = p(M_t = 0) = \alpha \quad (4a)$$

$$611 \quad p(M_t = 1 | M_{t-1}) = p(M_t = 1) = 1 - \alpha \quad (4b)$$

612 where  $\alpha$  is a value close to and lower than 1. The above function means that the value of  $M_t$  is  
 613 independent of  $M_{t-1}$ , while the probability of Mode II (i.e.,  $M_t = 1$ ) is quite small. This is  
 614 because it is unlikely to have frequent abrupt changes in  $R_t$ .

615 For the incident infection  $j_t$ , the state transition can be modelled based on Equation (1) as  
 616  $p(j_t | j_{t-1}, \dots, j_{t-T_w})$ . To make the transition process to be Markovian, we vectorise the infection  
 617 numbers as follows. Suppose the infection numbers  $\{j_{t-k}\}_{k=d}^{T_H}$  that can be observed in  $C_t$  are all  
 618 contained in  $\mathbf{J}_{t^*} = [j_{t^*-T_\varphi+1}, j_{t^*-T_\varphi+2}, \dots, j_{t^*}]$ , where  $t^* = t - d$ , and the length of this vector  
 619  $T_\varphi$  is larger than or equal to  $T_H - d + 1$ . We also require  $T_\varphi$  to be not smaller than  $T_w$ .  
 620 Therefore, all the historical information needed to infer  $j_{t^*}$  is available from  $\mathbf{J}_{t^*-1}$ , i.e.,  $\mathbf{J}_{t^*}$  only  
 621 depends on  $\mathbf{J}_{t^*-1}$  (i.e., being Markovian). The state transition process and observation process  
 622 are illustrated in Figure 7.

623 The latent state in our model is then defined as  $\mathbf{X}_t = \langle R_t^*, \mathbf{J}_t^*, M_t^* \rangle$ , which contribute to  $C_t$   
 624 at time  $t$ . The state transition function of  $\mathbf{J}_t^*$  is therefore Markovian:

$$625 \quad p(\mathbf{J}_t^* | \mathbf{J}_{t-1}^*, R_t^*) = \text{Poisson}(j_{t^*}; R_t^* \sum_{k=1}^{T_w} w_k j_{t^*-k}^*) \prod_{m=1}^{T_\varphi-1} \delta(\mathbf{J}_t^{(m)}, \mathbf{J}_{t-1}^{(m+1)}) \quad (5)$$

626 where  $\mathbf{J}_t^{(m)}$  is the  $m$ -th component of the latent variable  $\mathbf{J}_t^*$  and  $\delta(x, y)$  is the Kronecker delta  
 627 function (please refer to Supplementary Materials 2.3 for more details). With Equation (3)-(5),  
 628 the latent state transition function  $p(\mathbf{X}_t | \mathbf{X}_{t-1})$  can be obtained as a Markov process:

$$629 \quad p(\mathbf{X}_t | \mathbf{X}_{t-1}) = p(\mathbf{J}_t^* | \mathbf{J}_{t-1}^*, R_t^*) p(R_t^* | R_{t-1}^*, M_t^*) p(M_t^* | M_{t-1}^*) \quad (6)$$

### 630 **▪ Forward Filtering**

631 We formulate the inference of the latent state  $\mathbf{X}_t = \langle R_t^*, \mathbf{J}_t^*, M_t^* \rangle$  with the observations  $C_t$   
 632 as within a data assimilation framework. Sequential Bayesian approach (also called ‘filtering’)  
 633 is adopted to infer the time-varying latent state, which updates the posterior estimation using  
 634 the latest observations following the Bayes rule.

635 Let us denote the observation history between time 1 and  $t$  as  $C_{1:t} = [C_1, C_2, \dots, C_t]$ . Given that  
 636 previous estimation  $p(\mathbf{X}_{t-1} | C_{1:t-1})$  and new observation  $C_t$ , we would like to update the  
 637 estimation of  $\mathbf{X}_t$ , i.e.,  $p(\mathbf{X}_t | C_{1:t})$  following the Bayes rule with the assumption that  $C_{1:t}$  is  
 638 conditionally independent of  $C_{1:t-1}$  given  $\mathbf{X}_t$ :

$$639 \quad p(\mathbf{X}_t | C_{1:t}) = \frac{p(C_t | \mathbf{X}_t) p(\mathbf{X}_t | C_{1:t-1})}{\int p(C_t | \mathbf{X}_t) p(\mathbf{X}_t | C_{1:t-1}) d\mathbf{X}_t} \quad (7)$$

640 where  $p(\mathbf{X}_t | C_{1:t-1})$  is prior and  $p(C_t | \mathbf{X}_t)$  is the likelihood. The prior can be written in the  
 641 marginalised format:

$$642 \quad p(\mathbf{X}_t | C_{1:t-1}) = \int p(\mathbf{X}_t | \mathbf{X}_{t-1}) p(\mathbf{X}_{t-1} | C_{1:t-1}) d\mathbf{X}_{t-1} \quad (8)$$

643 where  $\mathbf{X}_t$  is assumed to be conditionally independent of  $C_{1:t-1}$  given  $\mathbf{X}_{t-1}$ , and the transition  
 644  $p(\mathbf{X}_t | \mathbf{X}_{t-1})$  is defined in Equation (6) based on the underlying renewal process. The likelihood

645  $p(C_t|\mathbf{X}_t)$  can be calculated assuming the observation uncertainty follows a Gaussian  
 646 distribution:

$$647 \quad p(C_t|\mathbf{X}_t) \sim \mathcal{N}(H(\mathbf{X}_t), \sigma_c^2) \quad (9)$$

648 where  $H$  is the observation function with a kernel chosen accordingly to the types of  
 649 observations and  $\sigma_c^2$  is the variance of observation error estimated empirically. To show the  
 650 benefits of using this Gaussian likelihood function, we show the simulation results of using  
 651 Poisson likelihood without considering the observation noise. Results can be found in  
 652 Supplementary Figure 2, where the estimations fluctuate dramatically under noisy observation.

653 By substituting Equation (8) into Equation (7), we obtain the iterative update of  $p(\mathbf{X}_t|C_{1:t})$   
 654 given the transition  $p(\mathbf{X}_t|\mathbf{X}_{t-1})$  and likelihood  $p(C_t|\mathbf{X}_t)$ :

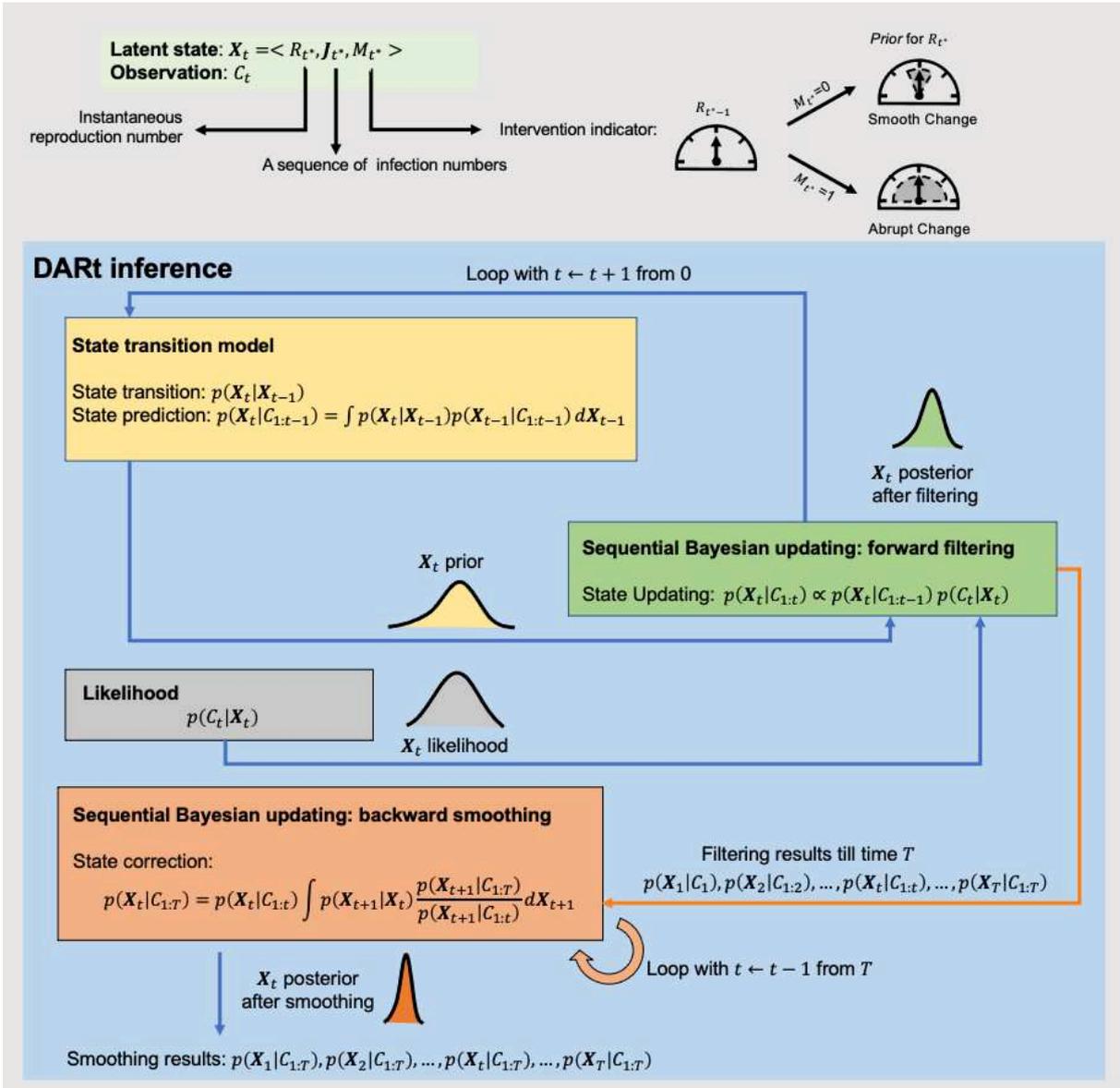
$$655 \quad p(\mathbf{X}_t|C_{1:t}) = \frac{p(C_t|\mathbf{X}_t) \int p(\mathbf{X}_t|\mathbf{X}_{t-1})p(\mathbf{X}_{t-1}|C_{1:t-1}) d\mathbf{X}_{t-1}}{\iint p(C_t|\mathbf{X}_t) \int p(\mathbf{X}_t|\mathbf{X}_{t-1})p(\mathbf{X}_{t-1}|C_{1:t-1}) d\mathbf{X}_{t-1} d\mathbf{X}_t} \quad (10)$$

#### 656   ▪ **Backward Smoothing**

657 In DART, we adopt backward smoothing to infer the latent state at a certain time, given all  
 658 observations relevant to the state. Based on the filtering results of  $p(\mathbf{X}_t|C_{1:t})$  for  $t \in \{1, \dots, T\}$ ,  
 659 we can obtain the smoothing results  $p(\mathbf{X}_t|C_{1:T})$ , where  $T$  is the total number of observations.  
 660 To assimilate the information from subsequent observations, we use a standard backward pass  
 661 method:

$$662 \quad p(\mathbf{X}_t|C_{1:T}) = p(\mathbf{X}_t|C_{1:t}) \int p(\mathbf{X}_{t+1}|\mathbf{X}_t) \frac{p(\mathbf{X}_{t+1}|C_{1:T})}{p(\mathbf{X}_{t+1}|C_{1:t})} d\mathbf{X}_{t+1} \quad (11)$$

663 which provides the iterative backward calculation of  $p(\mathbf{X}_t|C_{1:T})$  from time  $T$  to time  $t$ . More  
 664 details can be found in Supplementary Materials (Section 2). For computational convenience,  
 665 particle methods are used to approximate the posterior distributions (details in Supplementary  
 666 Materials, Section 2.4). Detailed parameter settings can be found in Supplementary Materials,  
 667 Section 4.



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**Figure 8.** Three components of DART: state transition model, observation function and sequential Bayesian update module with two phases (forward filtering and backward smoothing). The latent state that can be observed in  $C_t$  are defined as  $\mathbf{X}_t = \langle R_{t^*}, \mathbf{J}_{t^*}, M_{t^*} \rangle$  where  $R_{t^*}$  is the instantaneous reproduction number,  $M_{t^*}$  is a binary state variable indicating different evolution patterns of  $R_{t^*}$ ,  $\mathbf{J}_{t^*} = [j_{t^*-T_\phi+1}, j_{t^*-T_\phi+2}, \dots, j_{t^*}]$  is a vectorised form of infection numbers  $j_t$ ,  $t^*$  indicates the most recent infection that can be observed at time  $t$  is from the time  $t^*$  due to observation delay, and  $T_\phi$  is the length of the vector  $\mathbf{J}_{t^*}$  such that  $C_t$  is only relevant to  $\mathbf{J}_{t^*}$  and  $j_{t^*+1}$  only depends on  $\mathbf{J}_{t^*}$  via the renewal process.

## 679 **Data availability**

680 We obtained daily onset or confirmed cases of four different regions (Wuhan, Hong Kong,  
681 Sweden, UK) from publicly available resources<sup>1,31–33</sup> (accessed on 11<sup>th</sup> of December 2020).  
682 For Wuhan, we adopted the daily number of onset patients from the retrospective study<sup>1</sup> (from  
683 the middle of December to early March). For UK data, we downloaded the daily report cases  
684 (cases by date reported) from the official UK Government website for data and insights on  
685 Coronavirus (COVID-19)<sup>32</sup> (from early March to the end of November 2020). Data for UK  
686 Cities were also downloaded from the same resource<sup>32</sup> (from early August to the end of  
687 November). For Sweden data, we downloaded the daily number of confirmed cases from the  
688 European Centre for Disease Prevention and Control<sup>33</sup> (from early March to the end of  
689 November 2020). For Hong Kong, we downloaded the case reports from government website<sup>31</sup>  
690 (from early July to the end of November 2020), including descriptive details of individual  
691 confirmed case of COVID-19 infection in Hong Kong. For those asymptomatic patients whose  
692 onset date are unknown, we applied their reported date as their onset date, and for those whose  
693 onset date is unclear, we simply removed and neglected these records. Only local cases and  
694 their related cases are considered, while imported cases and their related cases are excluded.

## 695 **Code availability**

696 We are releasing DART as open-source software for epidemic research and intervention policy  
697 design and monitoring. The source code of our method and our web service are publicly  
698 available online (<https://github.com/Kerr93/DART>).

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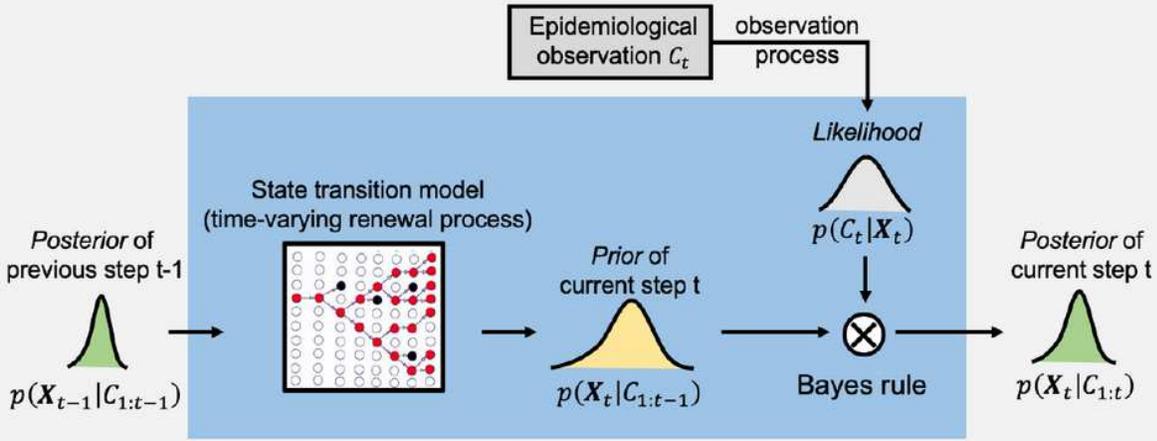
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- 788

## 789 **Author Contributions**

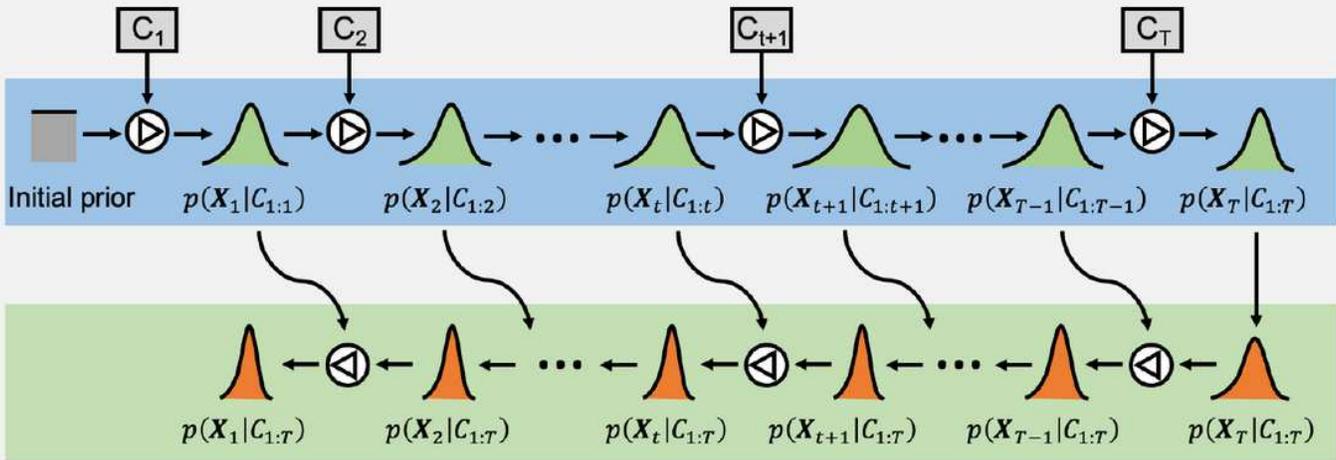
790 X.Y., S.W. and Y.G. conceived the overall study. X.Y., S.W., Y.G. and R.X. designed the  
791 method and analysed the data. X.Y. and Y.X. contributed to the experimental design and  
792 algorithm implementation. Y.X. delivered the tool and Web service. X.Y., S.W, L.L., K.F. and  
793 Y.G. wrote the manuscript. K.F., R.X. and L.L provided statistical guidance. All authors have  
794 discussed the results, edited and approved the contents of the manuscript.

# Figures

**(A) DART: forward filtering at each time step**



**(B) DART: forward filtering and backward smoothing**



Forward filtering



Backward smoothing

$$p(\mathbf{X}_t | \mathcal{C}_{1:t}) = \frac{p(\mathcal{C}_t | \mathbf{X}_t) p(\mathbf{X}_t | \mathcal{C}_{1:t-1})}{\int p(\mathcal{C}_t | \mathbf{X}_t) p(\mathbf{X}_t | \mathcal{C}_{1:t-1}) d\mathbf{X}_t}$$

$$p(\mathbf{X}_t | \mathcal{C}_{1:T}) = p(\mathbf{X}_t | \mathcal{C}_{1:t}) \int p(\mathbf{X}_{t+1} | \mathbf{X}_t) \frac{p(\mathbf{X}_{t+1} | \mathcal{C}_{1:T})}{p(\mathbf{X}_{t+1} | \mathcal{C}_{1:t})} d\mathbf{X}_{t+1}$$

**Figure 1**

[See manuscript PDF file for full caption] Illustration of the inference of DART system for  $\mathbf{x}_t$  estimation.

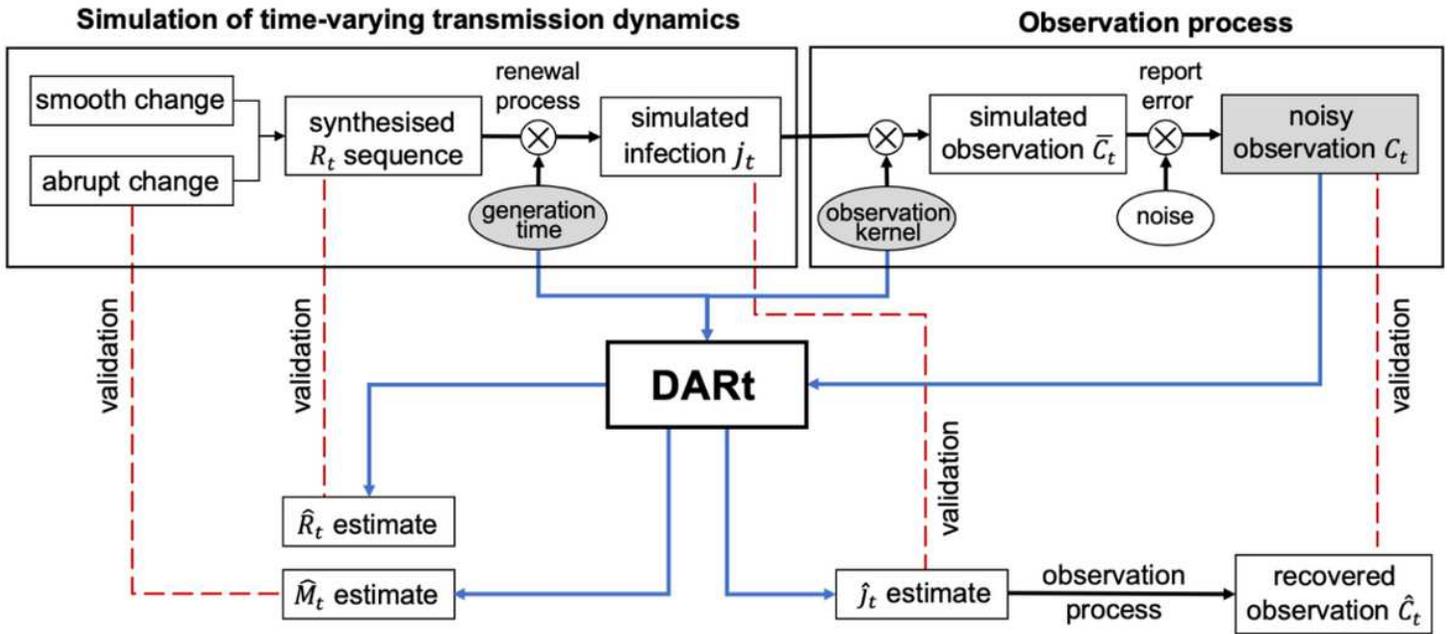
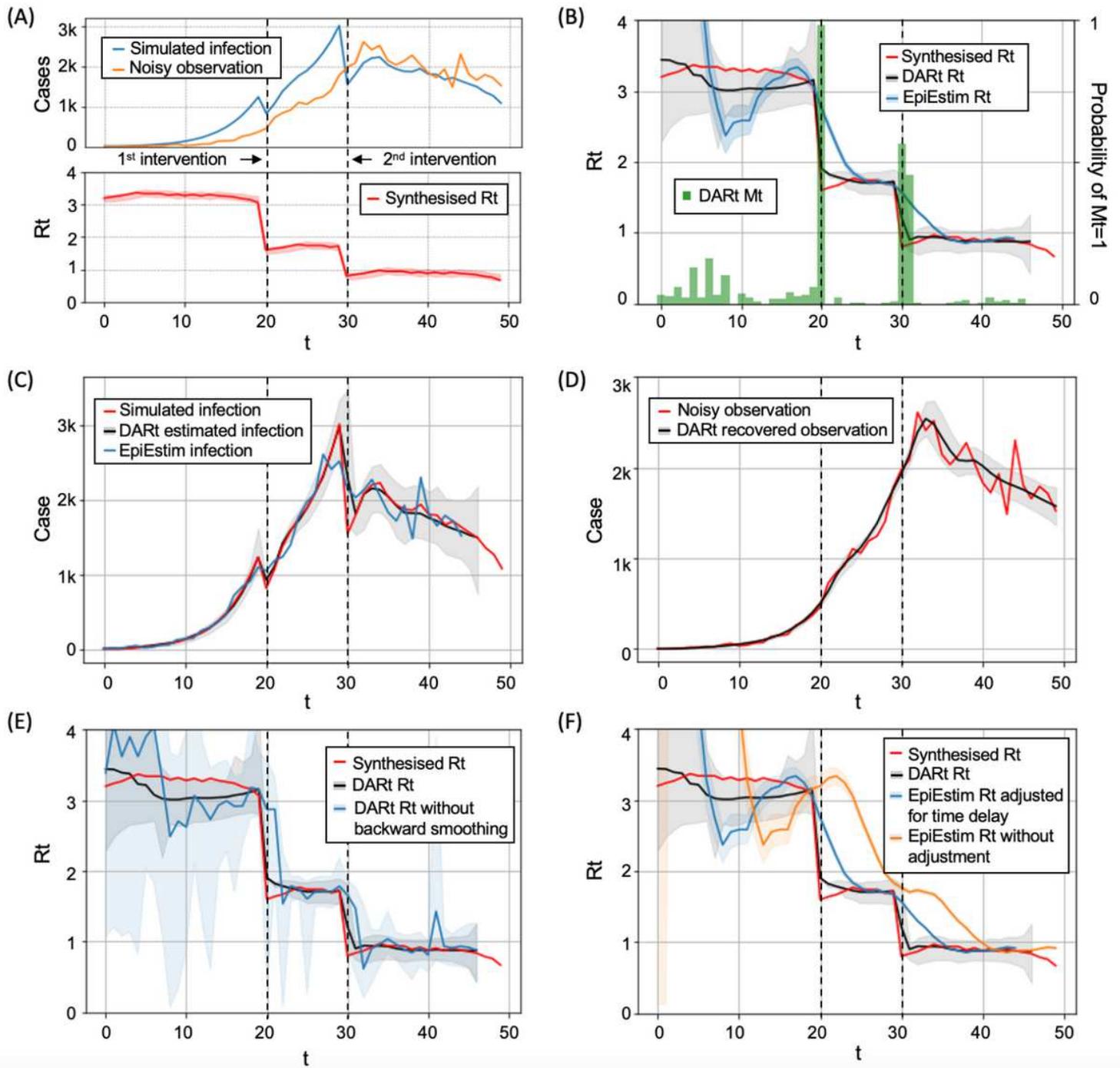


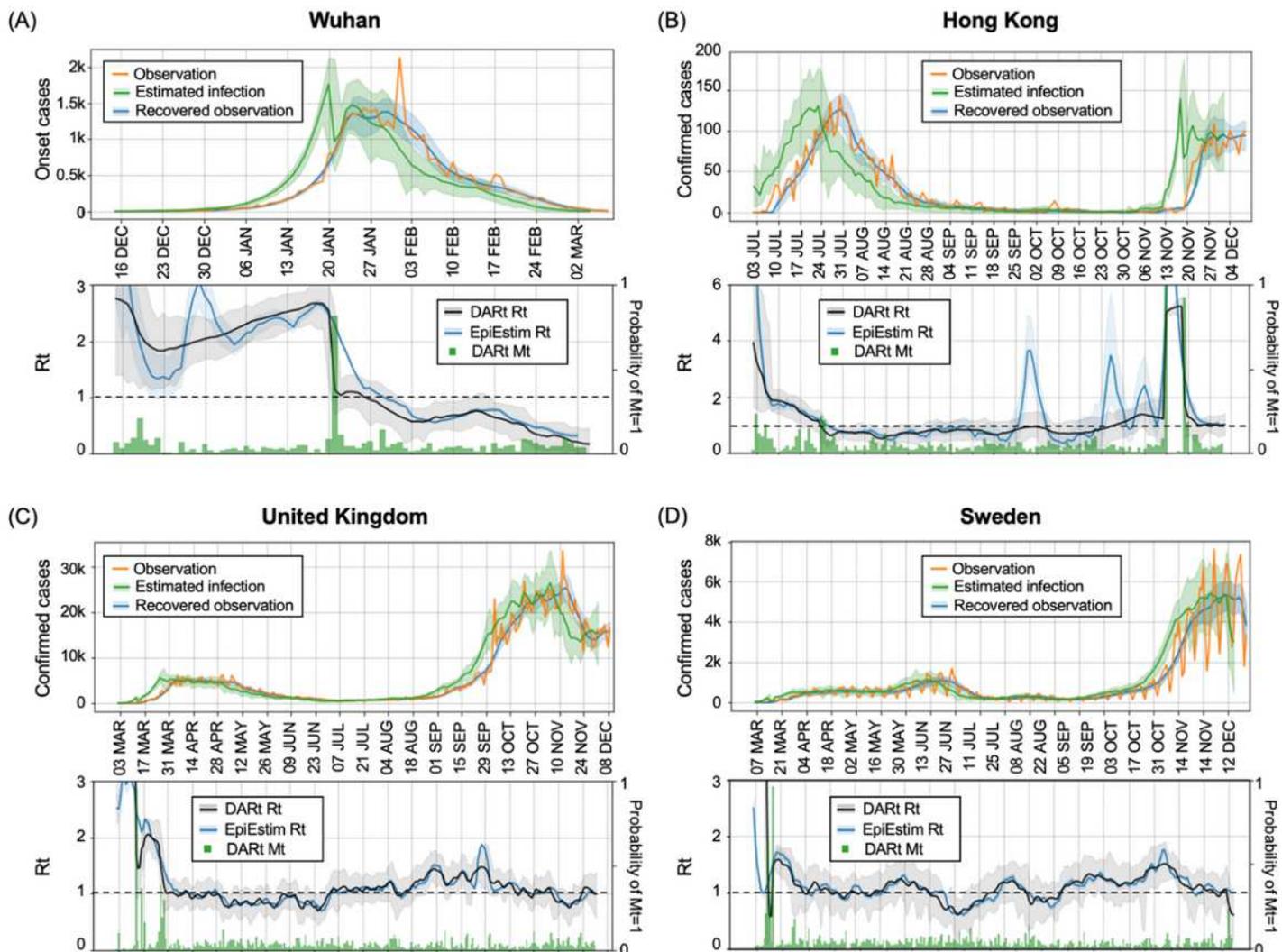
Figure 2

[See manuscript PDF file for full caption]. Validation experiment of the DART system on simulated data.



**Figure 3**

[See manuscript PDF file for full caption] Validation results.



**Figure 4**

[See manuscript PDF file for full caption] Epidemic dynamics in Wuhan (A), Hong Kong (B), United Kingdom (C) and Sweden (D).

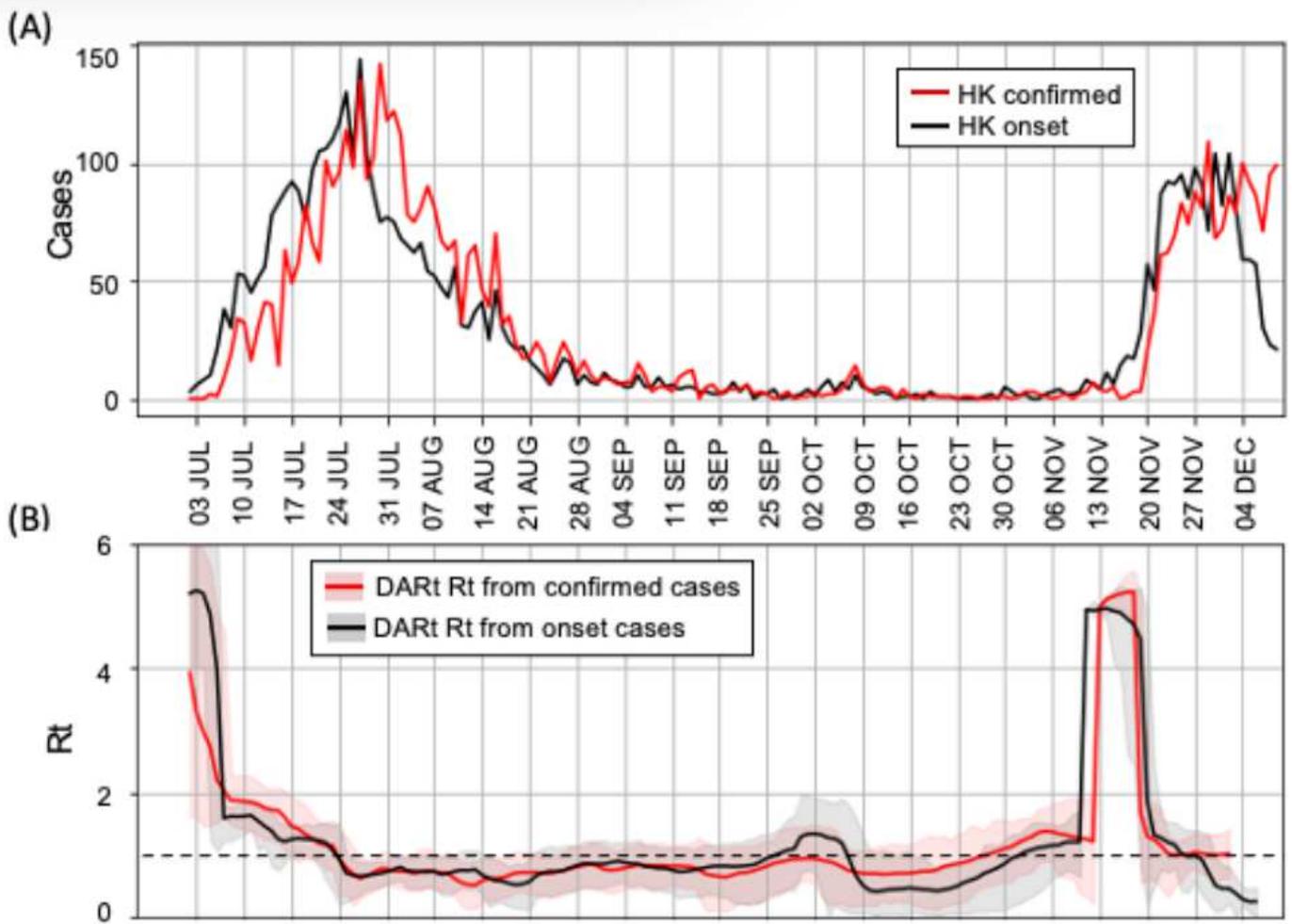
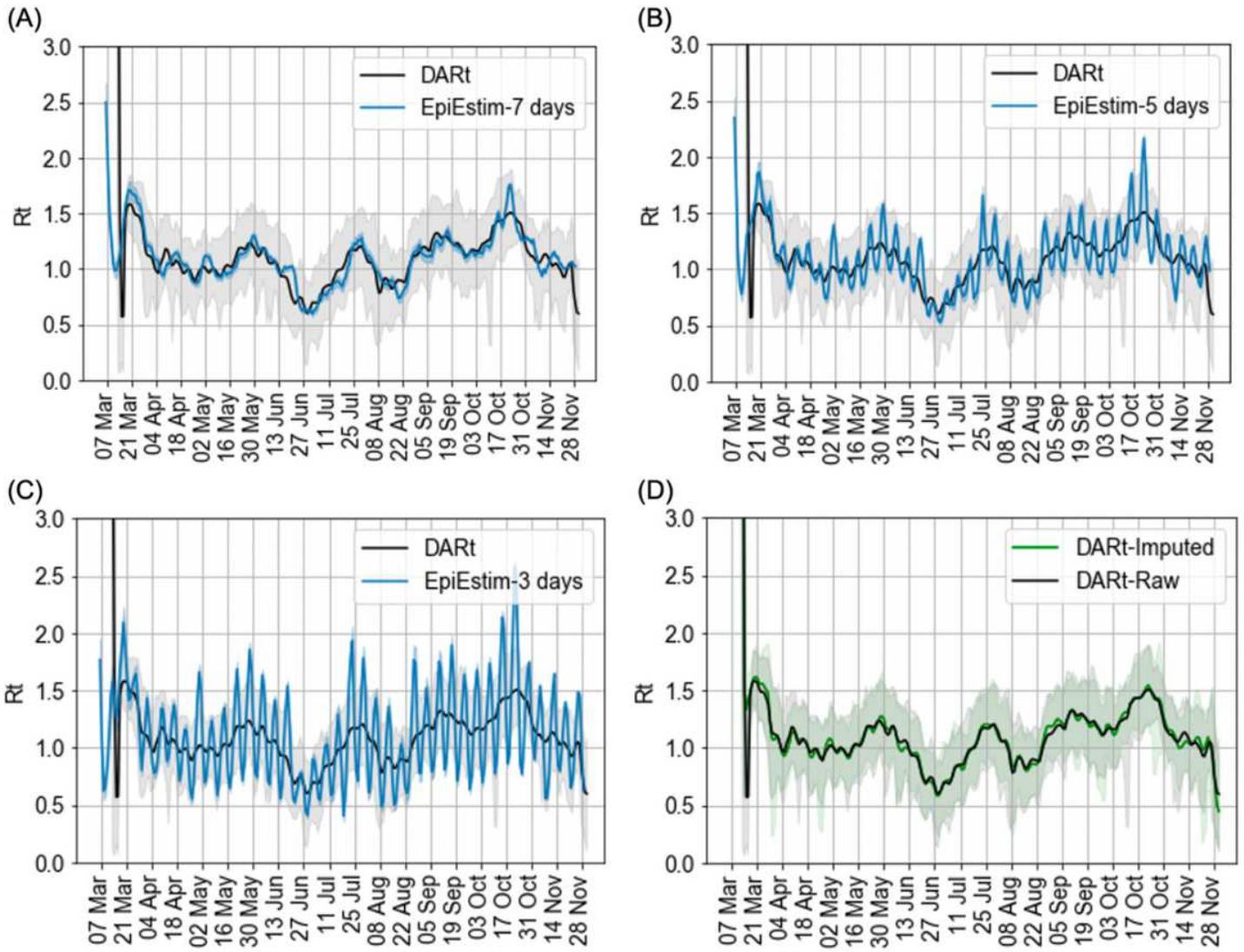


Figure 5

[See manuscript PDF file for full caption] Comparison of estimated  $R_t$  curves of Hong Kong using different observations.



**Figure 6**

[See manuscript PDF file for full caption] Inference results for Sweden with different settings.

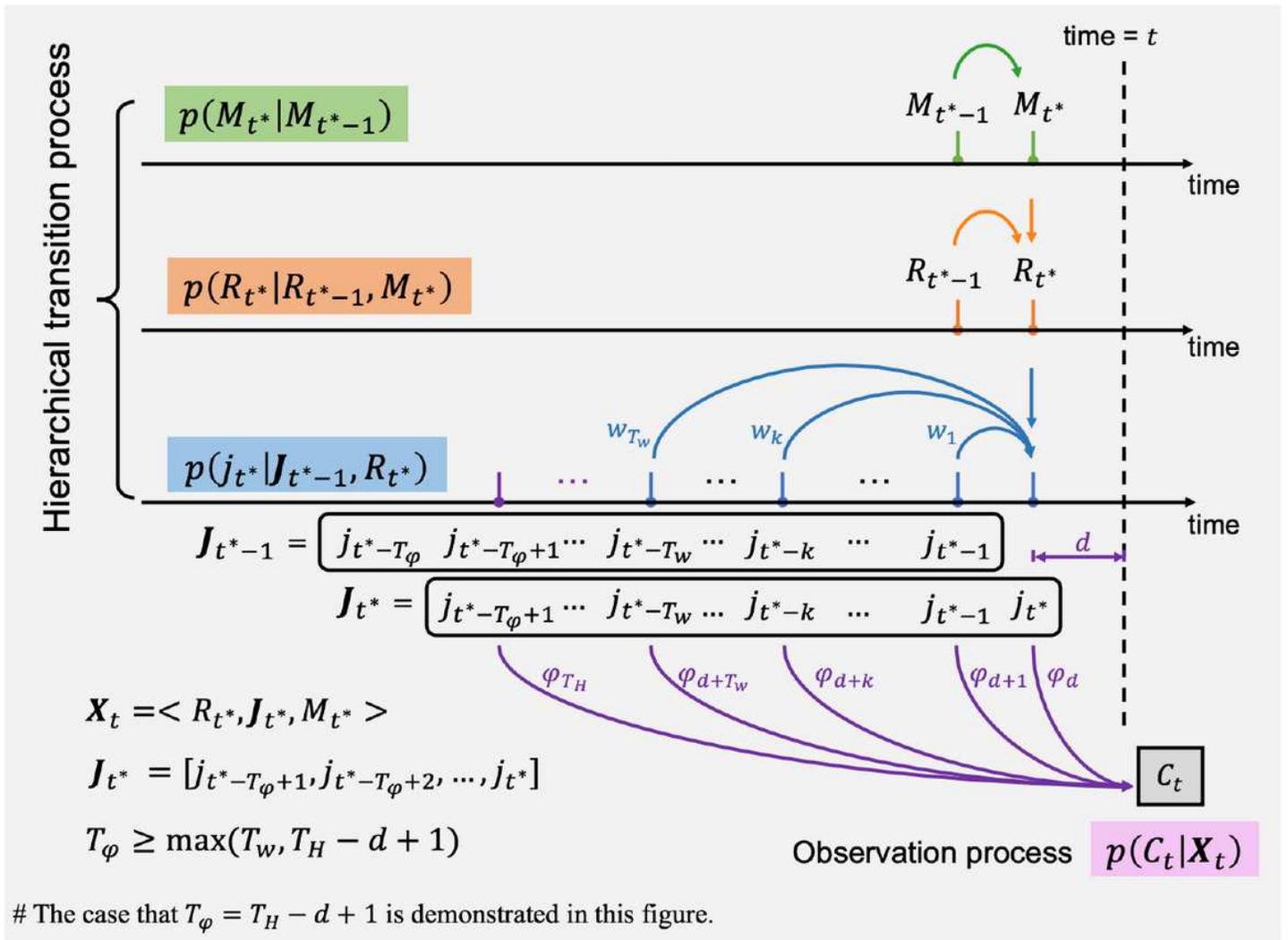


Figure 7

[See manuscript PDF file for full caption] Illustration of the hierarchical transition process and observation process.

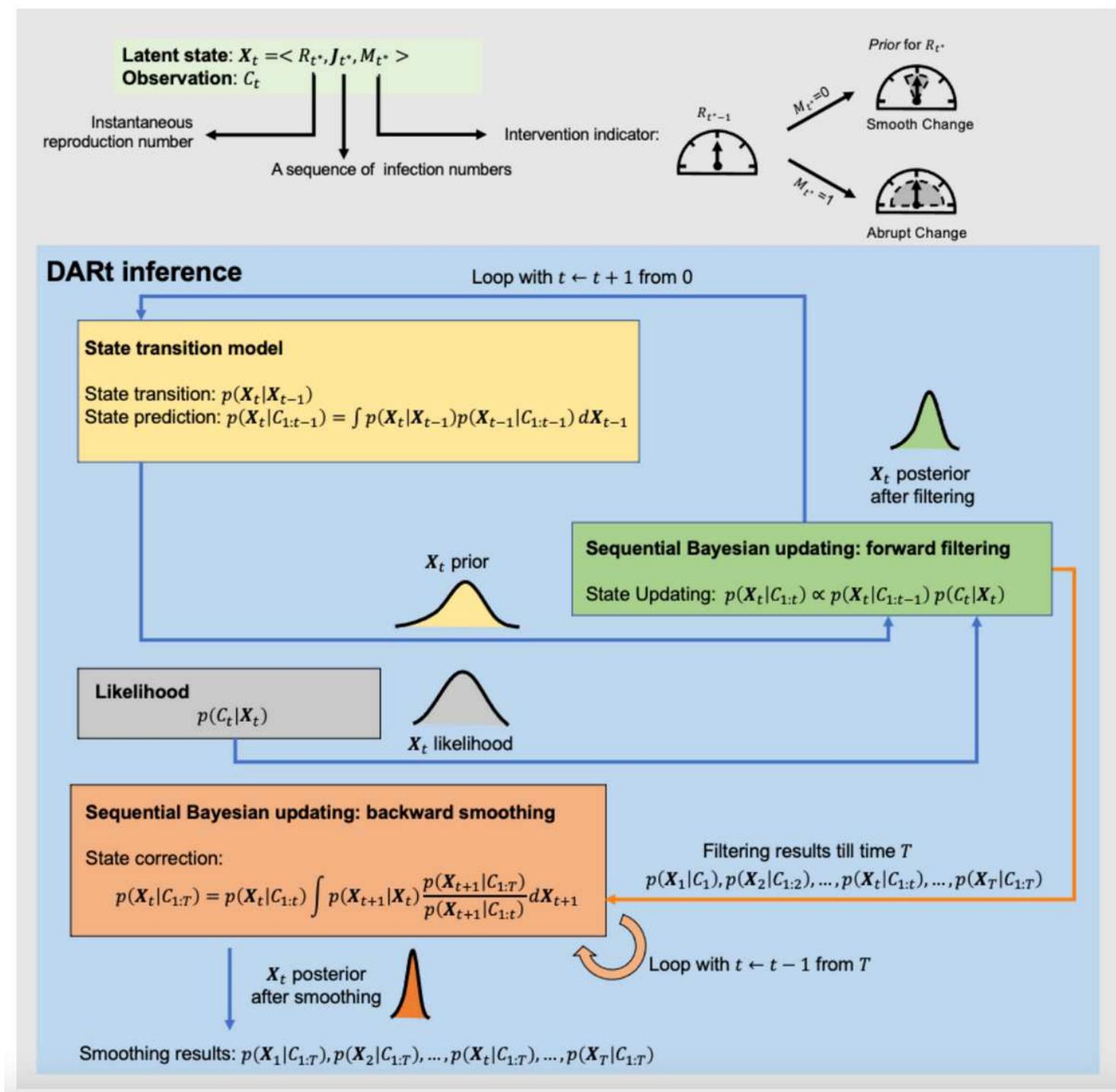


Figure 8

[See manuscript PDF file for full caption] Three components of DART: state transition model, observation function and sequential Bayesian update module with two phases (forward filtering and backward smoothing).

## Supplementary Files

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- [Supplementarysubmission.pdf](#)