

# African ancestry genome-wide association study of blood pressure and hypertension identifies 25 novel loci through predicted gene expression

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88 **ABSTRACT**

89 African Americans (AAs) experience a high burden of hypertension but have been  
90 underrepresented in genetic studies of blood pressure. We performed common and rare  
91 variant genome-wide association studies (GWAS) of systolic (SBP) and diastolic (DBP)  
92 blood pressure, pulse pressure and hypertension in 95,457 AAs from the Million  
93 Veteran Program and Continental Origins and Genetic Epidemiology Network  
94 (COGENT) consortium with replication in up to 41,014 African-ancestry participants.  
95 GWAS meta-analysis confirmed 26 previously reported loci including 15 with SBP, four  
96 with DBP, 10 with pulse pressure and five with hypertension. Predicted gene expression  
97 analysis identified 25 genes newly associated with blood pressure. We provide  
98 validated African-ancestry polygenic scores for SBP and DBP that are strongly  
99 associated with hypertension. This work provides evidence for similar genetic  
100 architectures of hypertension and blood pressure across racial/ethnic groups and  
101 demonstrates the utility of predicted expression analysis in identifying novel genes  
102 beyond GWAS alone.

103

104



## 105 **Introduction**

106 Decades of scientific evidence implicate elevated blood pressure in the etiology of  
107 cardiovascular disease (CVD), including coronary artery disease, peripheral arterial  
108 disease, and stroke, as well as renal and ocular damage. Elevated blood pressure  
109 accounts for at least 13% of annual deaths worldwide.<sup>1,2</sup> Risk of death from ischemic  
110 heart disease and stroke increases linearly with systolic blood pressure (SBP) and  
111 diastolic blood pressure (DBP) elevations greater than 115 mmHg and 75 mmHg,  
112 respectively.<sup>3</sup> In the United States, 34% and 44% of adults of European and African  
113 ancestry, respectively, have hypertension, which rank among the highest prevalence  
114 rates of hypertension among ancestrally and geographically defined world  
115 populations.<sup>4,5</sup> Hypertension observed in African Americans is generally more severe,  
116 develops earlier, and leads to increased rates of cardiovascular disease (CVD)  
117 compared to European Americans<sup>6</sup>. Specific observations include a two-fold increase  
118 in risk of stroke and three-fold increase in risk of death among African Americans  
119 compared to European Americans.<sup>7,8</sup> Additionally, the progression from pre-  
120 hypertension to hypertension is accelerated in African American adults by an average of  
121 one year,<sup>9</sup> and African Americans with pre-hypertension also have a higher burden of  
122 CVDs than European Americans.<sup>10</sup> The higher rates of CVD among African Americans  
123 compared to European Americans are explained to some extent by higher burdens of  
124 obesity, diabetes (T2D), and other CVD risk factors, in addition to hypertension.<sup>11</sup>  
125 However, the adjusted cumulative incidence of hypertension is still higher in African  
126 Americans than European Americans across levels of body mass index (BMI, kg/m<sup>2</sup>).<sup>12</sup>

127 The canonical risk factors for hypertension traits have been identified primarily in  
128 European- and Asian-ancestry participants and include physical inactivity, diet, obesity,  
129 smoking, high alcohol consumption, and hypertension-increasing alleles.<sup>13-16</sup> Recent  
130 efforts to determine reasons for disparities between African- and European-ancestry  
131 individuals in the prevalence of hypertension and related adverse sequelae have  
132 included assessment of the impact of socioeconomic status, discrimination, and  
133 systemic racism.<sup>17-25</sup> However, exposure rates and strength of effects of well-recognized  
134 risk factors, together with socioeconomic factors, do not fully explain the associated  
135 disparities.

136 Large-scale genome-wide association studies (GWAS) have reported 3,800  
137 independent SNP signals associated with blood pressure traits (SBP, DBP, and pulse  
138 pressure), establishing that the genetic architecture of blood pressure is complex with  
139 many genetic determinants of modest effect.<sup>15,26-47</sup> The few GWAS, that have been  
140 published in African ancestry populations,<sup>26,28,29,38,48</sup> have relatively small sample sizes  
141 and have identified a small number of novel loci.

142 In this study, we have combined evidence for association from the Million Veteran  
143 Program (MVP) and Continental Origins and Genetic Epidemiology Network (COGENT)  
144 consortium to study common and rare genetic determinants of BP in 95,457 African-  
145 ancestry participants (Figure 1). Additionally, we evaluated replication in up to 41,014  
146 African-ancestry participants from five cohorts. Meta-analysis in discovery and  
147 replication samples detected 26 significantly associated loci, of which 15 loci associated  
148 with SBP, four loci with DBP, ten loci associated with pulse pressure, and five loci with  
149 hypertension. Additionally, we evaluated associations with genetically predicted gene  
150 expression (GPGE) using S-PrediXcan<sup>49</sup> and combined association evidence across  
151 traits using CPASSOC.<sup>50</sup> We further developed and validated African-specific polygenic  
152 scores for blood pressure that demonstrate substantial associations with blood pressure  
153 values between top and bottom deciles of the polygenic scores in independent data.

154

## 155 **RESULTS**

156 This study compiled discovery resources totaling 95,457 participants of African ancestry  
157 with blood pressure measurements and genome-wide genotype data (Supplementary  
158 Table 1). Generally, although MVP is predominantly male, other cohorts are more  
159 balanced (replication consisted of 43% male), resulting in discovery and replication  
160 combined near 60% male. Mean age ranged across studies from 44-61 years, while  
161 mean BMI was similar across studies, ranging from 29-31.

### 162 Single trait GWAS Results

163 In discovery-stage meta-analyses, 22 loci were identified at genome-wide significance  
164 for SBP (Supplementary Table 2a), and 20 significant loci were detected for DBP  
165 (Supplementary Table 2b). There were eight significant loci identified for pulse pressure  
166 and seven for HTN in discovery analyses (Supplementary Tables 2c and 2d,

167 respectively). SNP-based heritability of blood pressure phenotypes in discovery analysis  
168 as estimated with LD Score Regression was 0.065 (SBP), 0.067 (DBP), 0.081 (pulse  
169 pressure) and 0.059 (HTN). LD intercepts indicated that inflation was not due to  
170 population stratification (LD intercepts of 1.035, 1.027, 0.98, and 1.001 for SBP, DBP,  
171 pulse pressure, and HTN, respectively).

172 Replication of suggestive ( $p < 1 \times 10^{-6}$ ) common variants was performed in up to 27,301  
173 additional African-ancestry participants from MVP, UK Biobank, and BioVU  
174 (Supplementary Table 1). In total, 112 common sentinel SNPs were evaluated for  
175 replication across all four phenotypes. We report a tiered system of replication where  
176 tier 1 represents the most stringently replicated variants ( $p < 5 \times 10^{-8}$  in discovery,  
177  $p < 0.05/N$  SNPs in replication, and  $p < 5 \times 10^{-8}$  in meta-analysis with consistent direction),  
178 tier 2 replication is defined by  $p < 5 \times 10^{-8}$  in discovery,  $p < 0.05$  in replication, and  $p < 5 \times 10^{-8}$   
179 in meta-analysis with consistent direction, and tier 3 represents SNPs which were  
180 suggestive in discovery but with addition of replication became statistically significant  
181 after meta-analysis ( $p < 1 \times 10^{-6}$  in discovery,  $p < 0.05$  in replication, and  $p < 5 \times 10^{-8}$  in meta-  
182 analysis with consistent direction). All tiers of SNPs represent statistically significant  
183 results following replication and meta-analysis. Replication results are summarized in  
184 Supplementary Table 2a-d.

185 Among 41 variants ( $p < 1 \times 10^{-6}$ ) carried forward from discovery analysis for replication with  
186 SBP, 15 replicated significantly: two in tier 1, nine in tier 2, and four in tier 3, with the  
187 strongest association at rs3821845 in *CACNA1D* on chromosome 3 ( $p$ -value =  $9.94 \times 10^{-19}$ ,  
188 effect allele frequency [EAF] = 0.24; Table 1, Supplementary Table 2a). Of 29  
189 variants evaluated in replication for DBP, four replicated significantly: two in tier 1 and  
190 two in tier 2 (Supplementary Table 2b). A different sentinel SNP, rs9821489, in  
191 *CACNA1D* ( $r^2 = 0.272$  with rs3821845) was the strongest association for DBP as well  
192 ( $p$ -value =  $1.13 \times 10^{-18}$ ; Supplementary Table 2b). Ten of 33 variants from pulse pressure  
193 discovery analyses replicated significantly: five in tier 1, one in tier 2, and four in tier 3  
194 (Supplementary Table 2c). The SNP rs7006531 near *CDH17* was the strongest  
195 association for pulse pressure ( $p$ -value =  $4.56 \times 10^{-32}$ , EAF = 0.14; Supplementary Table  
196 2c). For HTN, of 24 candidate variants evaluated, five replicated significantly, two in tier  
197 1, two in tier 2, and one in tier 3 (Supplementary Table 2d). An intronic SNP

198 rs17035646 in *CASZ1* was the lead signal for HTN (p-value =  $4.20 \times 10^{-16}$ , EAF = 0.18;  
199 Supplementary Table 2d).

200 We used a joint conditional analysis implemented in GCTA to assess novelty of these  
201 results against 3800 previously identified SNPs associated with blood pressure  
202 (Supplementary Table 3). This conditional analysis of discovery results identified seven  
203 secondary signals (six unique SNPs) across the four phenotypes, however, none of  
204 these SNPs replicated (Supplementary Table 4).

### 205 Pathway Analysis

206 We used DEPICT to identify significantly enriched tissues (Supplementary Tables 5a-d)  
207 and pathways (Supplementary Tables 6a-c) for any of the four phenotypes using all  
208 discovery sentinel variants with  $p < 10^{-6}$ . For pulse pressure, several cell types were  
209 implicated in the tissue enrichment analysis (Mesenchymal Stem Cells, Osteoblasts,  
210 Connective Tissue Cells, Stromal Cells, and Fibroblasts) using a false discovery rate of  
211 5%. For the pathway gene set enrichment, 145 pathways were significant only for DBP.  
212 The top result was XY body, followed by EDC4 subnetwork and UBE2L3 subnetwork.  
213

### 214 Multi-trait GWAS Results

215 Combination of phenotype results in a multi-trait approach using CPASSOC<sup>50</sup> identified  
216 a large number of significant variants. Specifically, 9 loci that did not attain genome-  
217 wide significance in discovery analysis of any trait individually (Supplementary Table 7).  
218 Of these, 7 were independent of any of the 3,800 previously identified sentinel lead or  
219 secondary blood pressure SNPs (Supplementary Table 3;  $r^2 < 0.1$ ). Eight of the nine  
220 sentinel SNPs were identified using the model assuming heterogeneity between  
221 phenotypes, while one SNP was significant in the model assuming homogeneity  
222 between phenotypes: rs17429177 on chromosome 7 between *EVX1* and *HIBADH*,  
223 which was in LD with a known locus. Only one SNP was directly confirmed by multi-trait  
224 analysis of replication results, rs143320468 near the previously identified locus *CDH17*.  
225 Although not replicated in multi-trait analysis, rs10898966 near *PPME1* attained  
226 genome-wide significance in meta-analysis of the discovery and replication phases for  
227 pulse pressure (Supplementary Table 2c). Another three were not sentinel candidates

228 for single-trait common SNP variation, but upon investigation into multi-trait results were  
229 found to also surpass genome-wide significance with a single trait in the combined  
230 discovery and replication results (Supplementary Table 7).

### 231 Rare Variants Analysis

232 Discovery analysis of variants with minor allele frequency less than 1% was performed  
233 in MVP alone, as COGENT data for low frequency SNPs was unavailable. A total of  
234 three low frequency variants (MAF<1%, effective minor allele count $\geq$ 20) were  
235 suggestively ( $p<10^{-6}$ ) associated with SBP, seven with DBP, 19 with pulse pressure,  
236 and 11 with HTN (Supplementary Figure 1a-d; Supplementary Table 8). All suggestive  
237 rare variants ( $p<10^{-6}$ ) were evaluated for replication in up to 41,014 participants from  
238 four cohorts of recent African-ancestry – those included in common variant replication  
239 with the addition of TOPMed. TOPMed samples were included only in rare variant  
240 analyses due to extensive sample overlap with COGENT. Among the 53 suggestive  
241 variants from MVP, 40 were available in at least one replication cohort. Four SNPs had  
242 p-values less than 0.05 though none met Bonferroni correction for the number of tests  
243 performed. Intergenic SNP rs149762703 (near *LINC02301*) was suggestively  
244 associated with HTN in replication ( $p_{\text{replication}}=0.037$ ) and meta-analysis of discovery and  
245 replication indicated consistent directions of association, though not quite attaining  
246 genome-wide significance ( $p_{\text{meta}}=2.68\times 10^{-7}$ ; risk allele [A] Odds Ratio = 2.09 [95%  
247 Confidence interval 1.58-2.76], EAF=0.0033).

### 248 Genetically-predicted gene expression

249 Discovery and Replication meta-analysis results for common variants were used to  
250 evaluate the associations between BP traits and GPGE levels across five  
251 cardiovascular-related tissues (whole blood, heart-left ventricle, heart-atrial appendage,  
252 aorta, and tibial artery) from Gene Tissue Expression Project (GTEx) v7 using an  
253 African-ancestry covariance matrix developed in independent samples to account for  
254 population LD and S-PrediXcan software. Colocalization was confirmed at a majority of  
255 results. We detected significant ( $p<3.5\times 10^{-6}$ ) GPGE associations for 18 gene-tissue  
256 pairs with SBP, 19 with DBP, 49 for pulse pressure, and three with hypertension  
257 (Supplementary Tables 9a-d, Figure 3a-d). These findings represent 59 distinct genes,  
258 of which 52 also significantly colocalized. A total of 25 have not been definitively linked

259 to blood pressure in the literature (Table 1). Nine genes were significantly associated  
260 with two or more traits. Predicted increased expression of *HOXA2* in Tibial Artery was  
261 significantly associated with decreases in all three BP phenotypes, with the largest  
262 effects seen with SBP (-0.56 mm Hg per standard deviation of *HOXA2* transcript level;  
263 Figure 4). Predicted increased *SH3PXD2A* expression in heart-left ventricle tissue was  
264 associated with both decreased SBP and DBP (Figure 5). Additional associations  
265 across multiple phenotypes were detected with predicted *CCDC71L* in aorta with  
266 increased SBP and pulse pressure, predicted *BCAR1* in tibial artery (increased SBP  
267 and pulse pressure), aorta and whole blood (pulse pressure), *ULK4* in tibial artery  
268 (DBP) and whole blood (DBP and pulse pressure) (increased DBP, decreased pulse  
269 pressure), *CTSW* in left ventricle (decreased SBP and pulse pressure), *PRSS45* in  
270 aorta (increased DBP and risk of HTN) , *RP11-259G18.3* in tibial artery (decreased  
271 DBP and SBP), and *SNX32* in left ventricle (increased SBP and pulse pressure).

#### 272 Polygenic Scores of Blood Pressure

273 Polygenic scores were developed for DBP and SBP, derived from the discovery African-  
274 ancestry summary statistics (Supplementary Tables 10a and b). The African-ancestry-  
275 derived scores had optimal p-value thresholds of 0.1 for both SBP and DBP as  
276 determined in the BioVU replication set (Supplementary Figure 2). The PRS explained  
277 1.1 and 0.9 percent of the variance of SBP and DBP, respectively, in BioVU. Validation  
278 in UKB indicated higher percentages of variance explained (1.5 and 1.3 percent, for  
279 SBP and DBP respectively; Supplementary Table 11). In parallel, we evaluated the  
280 polygenic score catalog<sup>51</sup> scores for SBP and DBP<sup>52</sup> which are derived from European-  
281 ancestry genome-wide significant results<sup>47</sup>. The European-derived polygenic scores  
282 were also significantly associated with blood pressure in BioVU African-ancestry  
283 individuals, with effect estimates per standard deviation of PRS being consistent for  
284 DBP scores (3.41 mmHg [p-value =  $2.4 \times 10^{-7}$ ] and 3.42 mmHg [p-value =  $9.31 \times 10^{-7}$ ] for  
285 African- and European-derived scores respectively). The African-derived SBP score  
286 however had a much larger effect (8.07 mmHg [p-value =  $9.5 \times 10^{-14}$ ]) than the  
287 European-derived score (4.15 mmHg [p-value =  $4.4 \times 10^{-16}$ ]), though both were highly  
288 significant.

289 Comparison of top to bottom deciles for African-ancestry derived polygenic scores in  
290 UKB African-ancestry individuals represented an increase of 7.66 mmHg for SBP and  
291 4.35 mmHg for DBP (Supplementary Figure 3). Deciles of each score also showed  
292 increasing association with hypertension status, with the top decile relative to the  
293 bottom decile having odds ratios of 4.46 (95% Confidence Interval [CI]: 3.04-6.55; p-  
294 value =  $1.99 \times 10^{-14}$ ) and 3.31 (95% CI 2.26-4.86; p-value =  $9.28 \times 10^{-10}$ ), for SBP and  
295 DBP scores, respectively, when modeled separately adjusting for age, age squared,  
296 sex, BMI, and proportions of ancestry (Figure 6; Supplementary Table 12). The joint  
297 effect of both African-ancestry derived scores (SBP and DBP PRS) in the same model  
298 had a stronger relationship than each score individually, with a top-relative-to-bottom-  
299 decile odds ratio of 5.73 (95% CI 5.29-6.16; Figure 6, Supplementary Table 12).  
300 Performance of the model including both scores and basic covariates trained in BioVU  
301 and applied in UKB revealed an area under the receiver-operator curve (AUC) of 0.720  
302 (95% confidence interval: 0.708-0.731; Supplementary Figure 4), an increase of 0.01  
303 from the covariate-only model (AUC = 0.710).

304

## 305 **DISCUSSION**

306 The results of this analysis provide additional insight into the genetic and biological  
307 architecture of blood pressure traits in African ancestry populations. This population  
308 remains relatively understudied despite experiencing disproportionate health impacts of  
309 conditions related to high blood pressure. We leveraged the GWAS results to observe  
310 evidence of associations between expression of 25 previously unreported genes and  
311 blood pressure traits. Many of these genes exist in or are nearby regions that were  
312 mapped to blood pressure traits in prior studies but were not annotated in those reports  
313 or in the GWAS catalog. Additionally, we provide validated polygenic scores for  
314 predicting blood pressure traits, with base, target, and validation steps performed in  
315 recent African ancestry populations.

316 In the GWAS stage, we observed and replicated 35 sentinel loci. Of these, only one  
317 SNP was conditionally independent compared with prior GWAS sentinel SNPs.

318 Previous GWAS of blood pressure have approached sample sizes of 1 million  
319 participants and identified thousands of associated signals. The estimated chip-based

320 heritability of BP traits from these analyses ranged between six and eight percent which  
321 is substantially less than the heritability estimated by family studies and larger SNP-  
322 based studies. Additionally, the substantial difference between LDSC intercepts and  $\lambda_{GC}$   
323 indicates that blood pressure traits are likely very polygenic in African ancestry  
324 populations. Together, these facts suggest that the genetic architecture of blood  
325 pressure traits is highly complex and dominated by subtle effects in recent African  
326 ancestry populations as has been observed in European and East Asian populations.  
327 We leveraged the GWAS results to identify genes that are involved in blood pressure  
328 traits. We used a combination of S-PrediXcan to detect GPGE associations and  
329 estimate effects and COLOC to mitigate LD contamination, where the causal variants  
330 for expression and trait association are in LD but are distinct loci. We detected and  
331 colocalized 25 genes, pseudogenes, and non-coding RNAs that were previously  
332 unreported in the GWAS literature (Table 1).

333 The 25 unreported gene regions including the genes and 50kb flanking sequences  
334 contain previously reported associations with several non-blood pressure traits that may  
335 offer some insight into mechanisms of influence on blood pressure. We observed  
336 relationships between genes associated with blood pressure and prior findings from  
337 studies of both psychiatric and physical traits. Twelve of these genes are at or nearby  
338 previous associations with various blood cell and composition traits. *TRIP4*, *ALS2CL*,  
339 *RP11-259G18.3/CCDC36*, *SMIM4*, *IFT52*, *HSD17B6* *TPD52L1*, *HEMK1*, *HOXA2*,  
340 *SH3PXD2A*, and *SDCCAG3* are all in genomic regions with statistically significant  
341 associations with one or more blood cell labs or blood protein levels<sup>53-59</sup>. The *RP11-*  
342 *890B15.3*, *PPM1M*, *HSD17B6*, *HOXA2* and *HEMK1* regions have been associated with  
343 BMI, adiposity measures, or waist-hip ratio adjusted for BMI<sup>60-63</sup>. *TIGD7* and *HSD17B6*  
344 are nearby associations with bone mineral density<sup>64</sup>.

345 Several blood pressure genes are nearby loci associated with various psychiatric traits.  
346 The *MBTPS1* gene region has been associated with schizophrenia, while *RP11-*  
347 *3B7.1/CCDC36*, and *PPM1M* have been associated with neurotic behaviors<sup>65-68</sup>. *RP11-*  
348 *3B7.1/CCDC36*, and *KDELR3* were also nearby associations with sleep quality or  
349 duration<sup>69-71</sup>. Additionally, *CCDC36* and *SH3PXD2A* are in regions associated with  
350 educational attainment<sup>72-74</sup>. The alcohol dehydrogenase 1a (*ADH1A*) gene region has



351 been associated with alcohol dependency<sup>75</sup>, and another gene in this pathway *ALDH2*  
352 has been associated with blood pressure traits and has been under strong recent  
353 positive selection in East Asian populations<sup>15</sup>. The *TIGD7*, *HSD17B6*, and *AC005022.1*  
354 regions have also been associated with smoking behaviors<sup>76</sup>.  
355 The *RP11-819C21.1* region is nearby an association with use of beta blockers<sup>77</sup>, which  
356 is a class of drug sometimes used in combination with ACE inhibitors to control blood  
357 pressure in African ancestry patients with chronic kidney disease or myocardial  
358 infarction<sup>78</sup>. *AC005022.1* is also nearby a renal function sentinel SNP<sup>79</sup>. Additionally,  
359 *SH3PXD2A* is nearby a sentinel locus for atrial fibrillation<sup>80</sup> and the *KDELR3* region is  
360 associated with Electrocardiogram T-peak to T-end<sup>81</sup>, suggesting a role for heart rhythm  
361 and contractility in African ancestry blood pressure traits. *SH3PXD2A* is also within loci  
362 associated with intraocular pressure, cerebral small vessel disease, and white matter  
363 hyperintensities, all closely related to blood pressure levels<sup>82-84</sup>. *MBTPS1* has also been  
364 implicated in stroke<sup>85</sup>.  
365 The *HOXA2* and previously reported *HOXA7* genes are located in a gene cluster with  
366 several homeobox genes. This region was first mapped to blood pressure traits by the  
367 COGENT consortium in Franceschini et al<sup>28</sup>, and later observed in a transethnic study  
368 including African American individuals by Giri et al<sup>29</sup> and in a Japanese population by  
369 Takeuchi et al<sup>86</sup>. These studies identified this region, but substantial uncertainty  
370 remained about what the causal gene(s) were for blood pressure. In this study, we  
371 report evidence that this association is driven at least in part by regulatory effects on  
372 *HOXA2* and *HOXA7* expression in African ancestry individuals (Figure 4).  
373 Another aspect of this work is the development of externally validated polygenic risk  
374 scores to predict blood pressure levels and hypertension prevalence. The polygenic  
375 score catalog<sup>51</sup> does not currently contain scores for SBP or DBP derived from African  
376 ancestry populations, although genetic risk scores based on sentinel SNPs do exist for  
377 European-derived populations<sup>52</sup>. These scores have a wide range of potential  
378 applications, including predicting hypertension and hypertension sequelae, evaluations  
379 of genetic predisposition for increasing blood pressure to other traits in populations such  
380 as pediatric that may not be accessible for large-scale genomic interrogation<sup>87</sup>,  
381 facilitating Mendelian randomization studies<sup>88</sup>, and phenome-wide association studies<sup>29</sup>.

382 In our comparison of these African ancestry-derived PRS and European GRS<sup>52</sup> from the  
383 polygenic score catalog (PGS000301 and PGS000302) in African ancestry individuals,  
384 we observed that the African-ancestry derived scores explained nearly three-fold as  
385 much variance (1.1% and 0.9% for SBP and DBP, respectively compared to 0.35% and  
386 0.32%) as the PGS catalog scores. Additionally, we observed substantial and clinically  
387 relevant changes in average blood pressures between top and bottom deciles of the  
388 SBP and DBP PRSs. The odds ratio for hypertension for the scores separately as well  
389 as jointly were also very significant compared with effects of other classical  
390 hypertension risk factors. A predictive model of hypertension including the PRSs and  
391 only basic covariates has an AUC of 0.717. These results demonstrate that the PRSs  
392 are robustly associated with the target traits, are substantive predictors of blood  
393 pressure levels and hypertension risk when compared with other important risk factors,  
394 and that even with a modest percentage of explained variance have the potential to be  
395 a useful variable in research and clinical prediction.

396 Our study of rare variants failed to detect any replicated associations between blood  
397 pressure traits and variants with an allele frequency less than 0.01. There were  
398 limitations to this study, such as the use of older imputation references from the 1000  
399 Genomes project instead of TOPMed in the GWAS, and the mixture of GWAS and  
400 sequencing data in the replication stage. Despite these limitations, the data should have  
401 been sufficient to detect large effects at variants close to 0.01 frequency, with a sample  
402 size of about 100,000 across stages for most variants. We had at least 95% power to  
403 detect an effect size of 5mm Hg for SBP at a frequency of at least 0.003, 6mm Hg at a  
404 frequency of 0.002, and 9mm Hg at a frequency of 0.001 (Quanto v1.2.4). Therefore,  
405 we believe it is unlikely that very large effect alleles exist in this frequency range in the  
406 recent African ancestry population, although we acknowledge genomic coverage at  
407 these allele frequencies is likely incomplete. This suggests that intermediate-frequency  
408 variants between 0.01 and 0.001 do not substantively explain the racial disparities in  
409 blood pressure and hypertension traits such as has been reported in large studies of  
410 other populations, and that larger studies with better genomic coverage will be required  
411 to interrogate the influence of alleles with frequencies less than 0.001. African  
412 populations have more rare genetic variation than populations with other geographic

413 origins<sup>89</sup>, and so it is possible that studies in these populations will produce more  
414 significant associations and insights into important genes from rare variants than similar  
415 size studies conducted elsewhere.

416 In our analyses we have evaluated associations between common genetic variants, rare  
417 variants, GPGE and blood pressure traits using the largest sample of African Americans  
418 to date. These analyses provided new insights into biological factors and the effect  
419 sizes at rare variants that contribute to hypertension risk in recent African ancestry  
420 populations. We also provide externally validated African ancestry PRSs for researchers  
421 to use in subsequent research and predictive models. These advances, as well as  
422 providing some resolution of the association in the HOX gene cluster, represent  
423 progress in blood pressure genetics for African ancestry populations. The results of this  
424 study also support further efforts to expand sample sizes of African ancestry blood  
425 pressure GWAS.

426

## 427 **METHODS**

### 428 **Discovery Cohorts**

#### 429 **The Million Veteran Program**

430 The Million Veteran's Program (MVP) is a large cohort of fully consented participants  
431 who were recruited from the patient populations of 63 Veteran's Administration (VA)  
432 medical facilities<sup>90</sup>. Recruitment began in 2011 and is conducted in-person, which is  
433 initiated by an invitation letter and completed by answering baseline and lifestyle  
434 questionnaires, providing a blood sample, and providing access to medical records, and  
435 giving permission for re-contact. Consent to participate is provided after counseling by  
436 research staff and mailing of informational materials. All documents and protocols have  
437 been approved by the VA Central Institutional Review Board. Blood samples are  
438 collected by phlebotomists and banked at the VA Central Biorepository in Boston, MA.  
439 Genotyping was conducted using a customized Affymetrix Axiom Biobank Array chip  
440 with additional content added to provide coverage of African and Hispanic haplotypes,  
441 as well as markers for common diseases in the VA population. Researchers are  
442 provided with de-identified versions of these data, and do not have the ability or  
443 authorization to link these details with a participants' identity.

444 MVP Genotype QC

445 Blood samples drawn from consenting MVP participants were shipped to a central  
446 biorepository in Boston, Massachusetts, where DNA was extracted and shipped to two  
447 external genotyping centers for genotyping on an Affymetrix Axiom Biobank array  
448 designed specifically for the MVP. The MVP genomics working group applied standard  
449 quality control and genotype calling algorithms to the data in batches using the  
450 Affymetrix Power Tools Suite (v1.18). Standard quality control pipelines were used to  
451 exclude duplicate samples, samples with more heterozygosity than expected, or  
452 discordance genetically inferred sex versus self-report. We also excluded related  
453 individuals (halfway between 2<sup>nd</sup> and 3<sup>rd</sup> degree relatives or closer) as measured by  
454 KING software<sup>91</sup>.

455 We excluded: duplicate samples, samples with more heterozygosity than expected, an  
456 excess (>2.5%) of missing genotype calls, or discordance between genetically inferred  
457 sex and phenotypic gender. In addition, one individual from each pair of related  
458 individuals (as measured by KING software<sup>91</sup>) were removed. Prior to imputation,  
459 variants that were poorly called or that deviated from their expected allele frequency  
460 based on reference data from the 1000 Genomes Project<sup>92</sup> were excluded. After pre-  
461 phasing using EAGLE v2<sup>93</sup>, genotypes from the 1000 Genomes Project<sup>92</sup> phase 3,  
462 version 5 reference panel were imputed into Million Veteran Program (MVP) participants  
463 via Minimac3 software<sup>94</sup>. Principal component analysis was performed using  
464 FlashPCA<sup>95</sup>, to generate top 10 genetic principal components explaining the greatest  
465 variability.

466 Race/ethnicity

467 Information on race (non-Hispanic blacks, Asians, and Native Americans) and ethnicity  
468 (Hispanic: Yes or No) were obtained based on self-report through centralized VA data  
469 collection methods using standardized survey forms, or through the use of information  
470 from corporate data warehouse (CDW), or Observational Medical Outcomes  
471 Partnership (OMOP) data, when information from self-report survey was missing. Race  
472 and ethnicity categories were then merged to form the following administratively  
473 assigned race/ethnicity variables: non-Hispanic whites, non-Hispanic blacks, non-  
474 Hispanic Asians, non-Hispanic Native Americans and Hispanics. Individuals for whom

475 race and ethnicity could not be confidently assigned due to conflicting records and/or  
476 missing data, race/ethnicity category was set to unknown. Prior to analysis QC, there  
477 were 15,710 with unknown status for race/ethnicity. For these individuals, we used a K-  
478 means clustering approach in R following the McQueen algorithm with top 10 genetic  
479 principal components as input variables. In order to obtain the most reliable cluster  
480 designations for the missing data, the k-means approach was applied to the maximum  
481 available samples: the 1000 Genomes reference populations and all individuals for  
482 whom PCs were available regardless of whether race/ethnicity designations were  
483 unknown. K-clusters were optimized by testing values K=2 through K=10. K = 4 was  
484 ultimately chosen as the most optimal value, as visual examination of these most  
485 closely corresponded to non-Hispanic whites (N=5,265), non-Hispanic blacks  
486 (N=4,671), Asians (N= 3,936) and Hispanics (N= 1,838). Only non-Hispanic blacks were  
487 included in this analysis.

#### 488 MVP BP Phenotypes

489 We selected adults (age  $\geq 18$ ) and used the earliest median eligible non-Emergency  
490 Department outpatient measured SBP in the EHR, and also used the corresponding  
491 DBP from this measure. Measures are ineligible if they occur at or after an ICD-9 code  
492 from the groups 585, 405, or 428. If pain scores were available, we censored BP  
493 measures taken during encounters when a pain score  $\geq 5$  was recorded, because  
494 severe pain can elevate BP<sup>96,97</sup>. For measures taken while a patient was on an  
495 antihypertensive medication we added 15 mmHg to SBP and 10 mmHg to DBP<sup>40,98</sup>.

#### 496 MVP Analysis

497 For the MVP GWAS we performed linear regression association tests with additive  
498 models for untransformed BP traits, after adjusting for medication use. We adjusted  
499 linear regression models analyzing SNP associations for age at BP measure, age<sup>2</sup>, sex,  
500 BMI measured within 1 year of BP measure, and top 10 genetic principal components in  
501 analyses. All primary analyses for the MVP were conducted by strata of administratively  
502 assigned race/ethnicity or by their empirically designated clusters. All regression based  
503 analyses were conducted in SNPTEST-v2.5.4-beta<sup>99</sup>. Inference was limited to  
504 genotyped and imputed variants with SNPTEST Info scores of 0.4 or higher, with Hardy

505 Weinberg equilibrium  $p$ -value  $> 5 \times 10^{-8}$  for common variant analysis (minor allele  
506 frequency  $> 0.1$ ).

### 507 **Continental Origins and Genetic Epidemiology Network (COGENT) consortium**

508 COGENT consists of 19 studies ( $n = 29,378$  subjects) with GWAS level data which has  
509 been previously reported<sup>28,38</sup>. Each study followed protocols for phenotype  
510 harmonization. Each cohort was genotyped on either Affymetrix or Illumina genotyping  
511 platforms. Pre-imputation quality criteria were applied, and individuals with discordant  
512 self-reported gender and genetic gender were excluded. Imputation was performed  
513 using the software MACH-ADMIX, MACH-minimac or IMPUTE2<sup>100</sup> using the Phase 1  
514 integrated (March 2012 release) multi-ethnic reference panel from the 1000G  
515 Consortium<sup>92</sup>. Autosomal chromosome SNP associations for SBP, DBP, and pulse  
516 pressure were assessed by linear regression for unrelated data or by the generalized  
517 linear mixed-effects model for family data, under the assumption of an additive genetic  
518 model. Analysis of hypertension used logistic models. All models were adjusted for age,  
519 age<sup>2</sup>, sex, and body mass index. Up to ten principal components were included, as  
520 needed as covariates in the regression models, to control population stratification<sup>101,102</sup>.  
521 We used standardized pre-meta-analysis QC criteria for all 19 discovery studies<sup>103</sup>. At  
522 the SNP level, we excluded variants with 1) imputation quality  $r^2 < 0.3$  in MACH or  $< 0.4$   
523 in IMPUTE2; 2) the number of informative individuals ( $2 \times \text{MAF} \times N \times r^2$ )  $\leq 30$ ; 3) an effect  
524 allele frequency (EAF) difference larger than 0.3 in comparison with the mixture of 80%  
525 YRI and 20% CEU of 1000G; and 4) the absolute regression coefficient  $\geq 10$ . SNPs that  
526 passed the QC were carried forward for inverse variance weighted meta-analyses,  
527 implemented in METAL<sup>104</sup>

### 528 **Meta-analysis of discovery datasets**

529 Inverse-variance weighted fixed-effects meta-analysis of common variants across MVP  
530 subsets and summary statistics from COGENT was performed using the METAL  
531 software<sup>104</sup>. Genomic inflation factors were calculated, and  $\lambda_{GC}$  for the discovery from  
532 MVP were 1.195, and 1.053 for SBP and DBP, respectively, 1.303 and 1.315,  
533 respectively, from COGENT, and 1.275 and 1.140, respectively, in the overall discovery  
534 analysis.

### 535 **Selection of SNPs for Replication**

536 We considered for follow-up sentinel SNPs with meta-analysis p-value  $< 1 \times 10^{-6}$  for any  
537 BP traits. *In silico* replication summary statistics were requested for 4,578 SNPs from  
538 five studies of blood pressure phenotypes. Rare variants (MAF $<0.01$ ) were extracted  
539 from MVP-only discovery summary statistics as COGENT did not analyze low-  
540 frequency variants. Due to sample overlap between the COGENT contributing consortia  
541 and those contributing to the TOPMed dataset, TOPMed results were only contributed  
542 to replication meta-analyses of rare variants. Discovery and Replication data were  
543 combined using fixed-effects inverse-variance weighted meta-analysis implemented in  
544 METAL<sup>104</sup>.

#### 545 MVP Phase 3

546 MVP Phase 3 data was generated in the same manner as described above for an  
547 additional 10,392 samples of recent African ancestry.

#### 548 BioVU

549 The BioVU DNA Repository is a deidentified database of electronic health records  
550 (EHR) that are linked to patient DNA samples at Vanderbilt University Medical Center. A  
551 detailed description of the database and how it is maintained has been published  
552 elsewhere<sup>105</sup>. BioVU participant DNA samples were genotyped on a custom Illumina  
553 Multi-Ethnic Genotyping Array (MEGA-ex; Illumina Inc., San Diego, CA, USA). Quality  
554 control included excluding samples or variants with missingness rates above 2%.  
555 Samples were also excluded if consent had been revoked, sample was duplicated, or  
556 failed sex concordance checks. Imputation was performed on the Michigan Imputation  
557 Server (MIS) v1.2.4<sup>94</sup> using Minimac4 and the Haplotype Reference Consortium (HRC)  
558 panel v1.1<sup>106</sup>.

559 Among BioVU participants, we selected unrelated self-reported Black adults (age  $\geq 18$ )  
560 and used the earliest median eligible non-Emergency Department outpatient measured  
561 SBP in the EHR, and the corresponding DBP. Measures were considered ineligible if  
562 they occurred at or after an ICD-9/10 billing code from the groups 585/N18, 405/I15, or  
563 428/I50. For measures taken while a patient was on an antihypertensive medication we  
564 added 15 mmHg to SBP and 10 mmHg to DBP. Electronic health records were used to  
565 define HTN status through presence of an HTN ICD-9 code, treatment with an

566 antihypertensive drug, or having two SBP measures >140 mmHg and/or two DBP  
567 measures >90 mmHg.

568 We performed linear regression association tests with additive models for  
569 untransformed BP traits, after adjusting for medication use. We adjusted linear or  
570 logistic regression models analyzing SNP associations for age at BP measure, age<sup>2</sup>,  
571 bmi, sex, and the top 10 genetic principal components using SNPTEST-v2.5.4-beta<sup>99</sup>.  
572 Inferences were limited to genotyped and imputed variants with imputation info scores  
573 of 0.4 or higher, Hardy-Weinberg equilibrium p-values >5x10<sup>-8</sup>, and minor allele  
574 frequencies >0.01. Blood pressure and hypertension phenotype data were available  
575 from 9,268 self-reported black participants with MEGA genotyping.

#### 576 UK Biobank

577 SNPs were imputed centrally by UKB using a reference panel that merged the UK10K  
578 and 1000 Genomes Phase 3 panel as well as the Haplotype Reference Consortium  
579 (HRC) panel. For the current analysis, only SNPs imputed from the HRC panel were  
580 considered. The mean SBP and DBP values were determined from available blood  
581 pressure measurements, and when only one blood pressure measurement was  
582 available, we used this single value. We adjusted for medication use by adding 15 and  
583 10 mm Hg to SBP and DBP, respectively. We performed genome-wide analysis  
584 separately in reported “Black” and “Caribbean Black” UKB participants using linear  
585 regression for untransformed BP traits after adjusting for medication use and logistic  
586 regression for hypertension status. For each dataset, we adjusted regression models  
587 analyzing additively modeled SNP associations for age at BP measure, age<sup>2</sup>, BMI, sex,  
588 and the top 10 genetic principal components using SNPTEST-v2.5.4-beta. Inferences  
589 were limited to genotyped and imputed variants with imputation info scores of 0.4 or  
590 higher, Hardy-Weinberg equilibrium p-values >5x10<sup>-8</sup>, and minor allele frequencies  
591 >0.01.

592

#### 593 TOPMed

594 The TOPMed consortium study consists of diverse, well-phenotyped epidemiologic  
595 cohorts with whole genome sequencing (WGS) data. Details of TOPMed and analysis



596 of blood pressure are described elsewhere<sup>107-109</sup>. Briefly, single variants with minor  
597 allele count (MAC)  $\geq 10$  were tested for association with SBP, DBP, pulse pressure, and  
598 hypertension in ancestry-stratified analyses of 13,713 participants from 11 studies from  
599 the TOPMed WGS program freeze 6: Atherosclerosis Risk in Communities (ARIC)  
600 Study, The Cardiovascular Health Study (CHS), The Cleveland Family Study (CFS),  
601 Coronary Artery Risk Development in Young Adults (CARDIA), Genetic Epidemiology  
602 Network of Arteriopathy (GENOA), Genetic Studies of Atherosclerosis Risk  
603 (GeneSTAR), Hypertension Genetic Epidemiology Network (HyperGEN), Jackson Heart  
604 Study (JHS), Multi-ethnic Study of Atherosclerosis (MESA), Women's Health Initiative  
605 (WHI), and The Mount Sinai BioMe Biobank (BioMe).

606

### 607 **Classifying results by evidence for association**

608 For results that reached statistical significance of  $p\text{-value} \leq 5 \times 10^{-8}$  at any stage of the  
609 analysis, and that had consistent direction of effect between discovery and replication  
610 stages, we established three tiers of evidence that are annotated in results tables:

- 611 1) Genome-wide significance in the discovery stage, and Bonferroni-corrected  
612 significance in replication.
- 613 2) Genome-wide significance in the discovery stage, and  $p\text{-value} \leq 0.05$  in the  
614 replication stage.
- 615 3) All other associations reaching genome-wide significance across stages with  
616 replication  $p\text{-value} \leq 0.05$ .

### 617 **Conditional Analysis**

618 For conditional analysis of common variants we used two parallel approaches  
619 implemented in the Genome-wide Complex Traits Analysis (GCTA) software<sup>110</sup>, : (i)  
620 genome-wide joint conditional analysis; and (ii) locus-specific conditional analysis.

#### 621 (i) *Genome-wide joint conditional analysis*

622

623 Conditional analysis was conducted within GCTA software, using the *-cojo*  
624 method, which performs iterative conditional and joint analysis simultaneously  
625 with stepwise model selection<sup>111</sup>. The summary statistics from the GWAS  
626 discovery meta-analysis of MVP and COGENT were used as the input

627 summary data (separately by trait), and the imputed (info score  $\geq 0.4$ ), hard-  
628 called BioVU AA genetic data (N = 19,726) was used as the reference  
629 genotype-level data, in PLINK format. Combination of these two input data  
630 files restricted the GCTA analysis to the imputed SNPs in common to the  
631 GWAS discovery meta-analysis (which was itself restricted to MAF > 1%).  
632 Within the BioVU genetic data, LD was calculated between all pairwise SNPs.  
633 A p-value cut-off of  $5 \times 10^{-8}$  was used as the selection threshold within GCTA,  
634 and the collinearity threshold was set at the default value of 0.9, so that SNPs  
635 are not selected if the multiple regression with the current SNPs in the model  
636 has  $R^2 \geq 0.9$ . After combining results across all 22 chromosomes, each trait-  
637 specific analysis resulted in a distinct set of jointly independent significant  
638 signals. We then merged together genome-wide results across all four BP  
639 traits to exclude signals duplicated across traits. For SNPs in LD ( $r^2 \geq 0.1$ ), we  
640 selected the most significant SNP with the minimum p-value across all BP  
641 traits from the GCTA joint model. Hence all final SNPs are pairwise-LD-  
642 independent.

643

644 (ii) *Locus-specific conditional analysis*

645 Within each of the Tier 1 or 2 loci (Supplementary Tables 2a-d), we searched  
646 separately by trait for any potential secondary signals, which are  
647 independently associated in addition to the sentinel SNP. Tier 3 was excluded  
648 due to not attaining genome-wide significance in the discovery analysis,  
649 which was the basis for performing the conditional analyses. Each conditional  
650 analysis was performed across all imputed SNPs with MAF  $\geq 1\%$  within the  
651 1Mb locus region centered  $\pm 500$ kb around the sentinel SNP, conditioning on  
652 the sentinel SNP.

653

654 We evaluated independence of our results compared to 3,800 previously  
655 reported BP sentinel SNPs from lead or secondary loci. For loci containing  
656 only one SNP, the 1Mb locus region centered  $\pm 500$ kb around the SNP was  
657 used for analysis. For loci containing multiple identified SNPs, the interval

658 was wider than 1Mb, with the locus region starting 500kb downstream from  
659 the first SNP and ending 500kb upstream from the last SNP. For known loci  
660 containing only one sentinel SNP, conditional analysis was performed on all  
661 imputed SNPs with MAF  $\geq$  1% within the 1Mb region, conditioning on the  
662 single published SNP within the locus, testing for association of all three BP  
663 traits. Conditional analysis was performed within wider locus regions in order  
664 to condition jointly on all sentinel SNPs within the locus. If any pairs of SNPs  
665 at a locus were in high LD ( $r^2 \geq 0.9$ ) beyond the collinearity cut-off, the most  
666 significant SNP with the minimum P-value across all BP traits from the GWAS  
667 discovery meta-analysis was selected.

668  
669 All locus-specific conditional analyses used the "--cojo-cond" command in  
670 GCTA, with the list of sentinel or published SNPs being input as the  
671 conditional SNP-list. As for the genome-wide approach, the trait-specific  
672 GWAS discovery meta-analysis results were used as the input summary data,  
673 and the BioVU EA imputed genetic data was used as the reference PLINK  
674 dataset. The output provides the conditional analysis results of all SNPs  
675 within the locus region after conditioning on the sentinel or published SNPs.  
676 These results are then filtered to obtain a list of potential secondary SNPs  
677 which are both significant and independent according to the following criteria:

- 678 (a)  $P < 5 \times 10^{-8}$  from original GWAS discovery primary meta-analysis, so  
679 the SNP is significantly associated with BP itself, at genome-wide  
680 significance level
- 681 (b)  $P_c < 5 \times 10^{-8}$  from the conditional analysis, so that the SNP is also  
682 significantly associated with BP after conditioning on the sentinel /  
683 published SNPs
- 684 (c)  $-\log_{10}(p) / -\log_{10}(p_{\text{cond}}) < 1.5$ , i.e. there is less than a 1.5 fold  
685 difference between the GWAS P-value and the conditional P-value  
686 of the SNP, implying that conditioning on the sentinel / published  
687 SNPs has had little impact on the association of the potential  
688 secondary SNP, and hence it is statistically independent

689 All significant independent SNPs meeting the above criteria, from all loci across all  
690 chromosomes were combined together into one list. This is a longer list than from  
691 approach (i), as it contains all possible secondary SNPs, rather than only one lead SNP  
692 per independent signal, and many of the SNPs corresponding to the same signal will be  
693 in LD with each other.

694 The outputs from the two different approaches were then combined together to identify  
695 those SNPs which are genome-wide significant in the discovery dataset and jointly  
696 independent on a genome-wide level, as well as residing within an existing BP locus  
697 (either novel or known). For robustness, a secondary signal was only claimed if the SNP  
698 is validated from both approaches.

699

### 700 **Enrichment and Pathway Analyses**

701 Enrichment analyses in DEPICT<sup>112</sup> were performed by using trait-specific GWAS  
702 significant sentinel SNPs from known and novel loci from final meta-analysis as input.  
703 DEPICT is based on predefined phenotypic gene sets from multiple databases and  
704 Affymetrix HGU133a2.0 expression microarray data from more than >37k subjects to  
705 build highly-expressed gene sets for Medical Subject Heading (MeSH) tissue and cell  
706 type annotations. Output includes a p-value for enrichment and a yes/no indicator of  
707 whether the FDR q-value is <0.05. Tissue level and gene-set enrichment features with  
708 FDR <5% are considered.

709

### 710 **Cross-phenotype association analysis**

711 We applied the CPASSOC software to combine association evidence of SBP and DBP.  
712 CPASSOC provides two statistics,  $S_{Hom}$  and  $S_{Het}$ , as previously described<sup>50</sup>.  $S_{Hom}$  is  
713 similar to the fixed effect meta-analysis method<sup>104</sup> but accounts for the correlation of  
714 summary statistics of the multi-traits and for overlapping or related samples among the  
715 cohorts.  $S_{Hom}$  uses the trait sample size as the weight, so that it is possible to combine  
716 traits with different measure scales.  $S_{Het}$  is an extension of  $S_{Hom}$ , and it can increase the  
717 statistical power over  $S_{Hom}$  when a variant affect only a subset of traits. The distribution  
718 of  $S_{Het}$  under the null hypothesis was obtained through an estimated beta distribution.  
719 To calculate the statistics,  $S_{Hom}$  and  $S_{Het}$ , and to account for the correlation among the

720 traits, a correlation matrix is required. In this study, we used the correlation matrix  
721 calculated from the residuals of the four traits after adjustments for covariates and  
722 principal components.

723

### 724 **S-PrediXcan Analysis**

725 Genetically predicted gene expression was evaluated for the common variant subset  
726 with S-PrediXcan<sup>49</sup>, a gene-level approach that estimates the genetically determined  
727 component of gene expression in a given tissue and tests it for association with SNP-  
728 level summary statistics. The covariance matrix used to account for SNP-SNP  
729 relationships (linkage disequilibrium) was constructed using genotypes from 1000  
730 Genomes African ancestry samples. We utilized all four BP discovery+replication meta-  
731 analysis results for common variants and 5 cardiovascular disease-related tissues from  
732 GTEx v7<sup>113</sup> for this analysis. (Supplementary Table 9a-d).

733

### 734 **Polygenic Risk Scores**

735 Polygenic scores were constructed separately for DBP and SBP using discovery meta-  
736 analysis results from this manuscript. PRS-CS<sup>114</sup> was used to shrink effect estimates  
737 instead of pruning based on linkage disequilibrium, and PLINKv1.9<sup>115</sup> was used to  
738 compute weighted sum PRS at p-value thresholds from 0.5 to  $5 \times 10^{-8}$  in BioVU  
739 participants. Linear regressions were performed in R for SBP or DBP as a function of  
740 each PRS, age, age<sup>2</sup>, BMI, sex, and 10 principal components separately in 9,268 BioVU  
741 participants of African ancestry to evaluate variance explained by the PRS and model fit  
742 ( $r^2$ ). Upon selecting the best performing PRS by maximum variance explained by the  
743 PRS for each phenotype (Supplementary Tables 10a and b, scores were validated in  
744 UK Biobank (N = 7,641). Associations between PRS decile and hypertension status  
745 were evaluated through logistic regressions performed separately in both BioVU and UK  
746 Biobank data using R and adjusting for age, age<sup>2</sup>, BMI, sex, and proportions of genetic  
747 ancestry determined using ADMIXTURE with K=6 on an identical 100000 SNPs with  
748 1000 Genomes reference populations as described previously<sup>116</sup>. Predictive  
749 performance of logistic models for hypertension both with and without PRS were trained

750 in BioVU using 10-fold cross-validation to estimate weightings, and applied in UKB for  
751 evaluation of the area under the receiver operator curve (AUROC).

752

### 753 **AUTHOR CONTRIBUTIONS**

754 Conceptualization: NF, TLE, AMH, CJO, YVS, XZ; Data curation: JCB, BEC, AC, NF,  
755 AG, XG, JNH, AMH, MRI, SLRK, EEK, JL, LSP, SR, MMS, JAS, YVS, OW, LRY;  
756 Formal analysis: JNH, NF, AG, JMK, JL; Funding acquisition: DKA, AC, TLE, NF,  
757 SLRK, AMH, LSP, SR, JIR, XZ; Investigation: DKA, XG, SLRK, JNH, JIR, MMS;  
758 Methodology: DKA, HRM, YVS; Project administration: DKA, AC, TLE, AMH, EEK,  
759 BMP, JIR, JAS, LRY; Resources: JCB, BEC, AC, MF, NF, XG, MRI, SLRK, EEK, CK,  
760 JL, JEM, PBM, LSP, BMP, LMR, SR, JIR, MMS, JAS, XS, DV, HRW, LRY; Software:  
761 EST; Supervision: JNH, AMH, XZ TLE; Validation: DKA, PSdV, NF, AG, MRI, JNH,  
762 TNK, ACM, XS, JCB, BEC, AC, MF, NF, XG, MRI, SLRK, JMK, EEK, CK, JL, JEM,  
763 PBM, LSP, BMP, LMR, SR, JIR, MMS, JAS, XS, DV, HRW, LRY; Visualization: JNH,  
764 AG; Writing-original draft: JNH, TLE; Writing- review and editing: DKA, JCB, BEC, AC,  
765 PSdV, TLE, NF, AG, XG, MRI, JNH, SLRK, TNK, EEK, CK, RJFL, JEM, ACM, PBM,  
766 CJO, LSP, BMP, LMR, JIR, JAS, YVS, HRW, PFWF, LRY, XZ.

767

### 768 **DECLARATION OF INTERESTS**

769 The authors declare no conflicts of interest other than the following:  
770 CJO is currently employed by Novartis Institutes for Biomedical Research (unrelated to  
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773 this manuscript. With regard to potential conflicts of interest, LSP has served on  
774 Scientific Advisory Boards for Janssen, and has or had research support from Merck,  
775 Pfizer, Eli Lilly, Novo Nordisk, Sanofi, PhaseBio, Roche, Abbvie, Vascular  
776 Pharmaceuticals, Janssen, Glaxo SmithKline, and the Cystic Fibrosis Foundation. LSP  
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778 Diasyst, Inc., which markets software aimed to help improve diabetes management.  
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801

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828 MVP genome-wide summary statistics are available at dbGAP phs001672.v6.p1.



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**FIGURES**

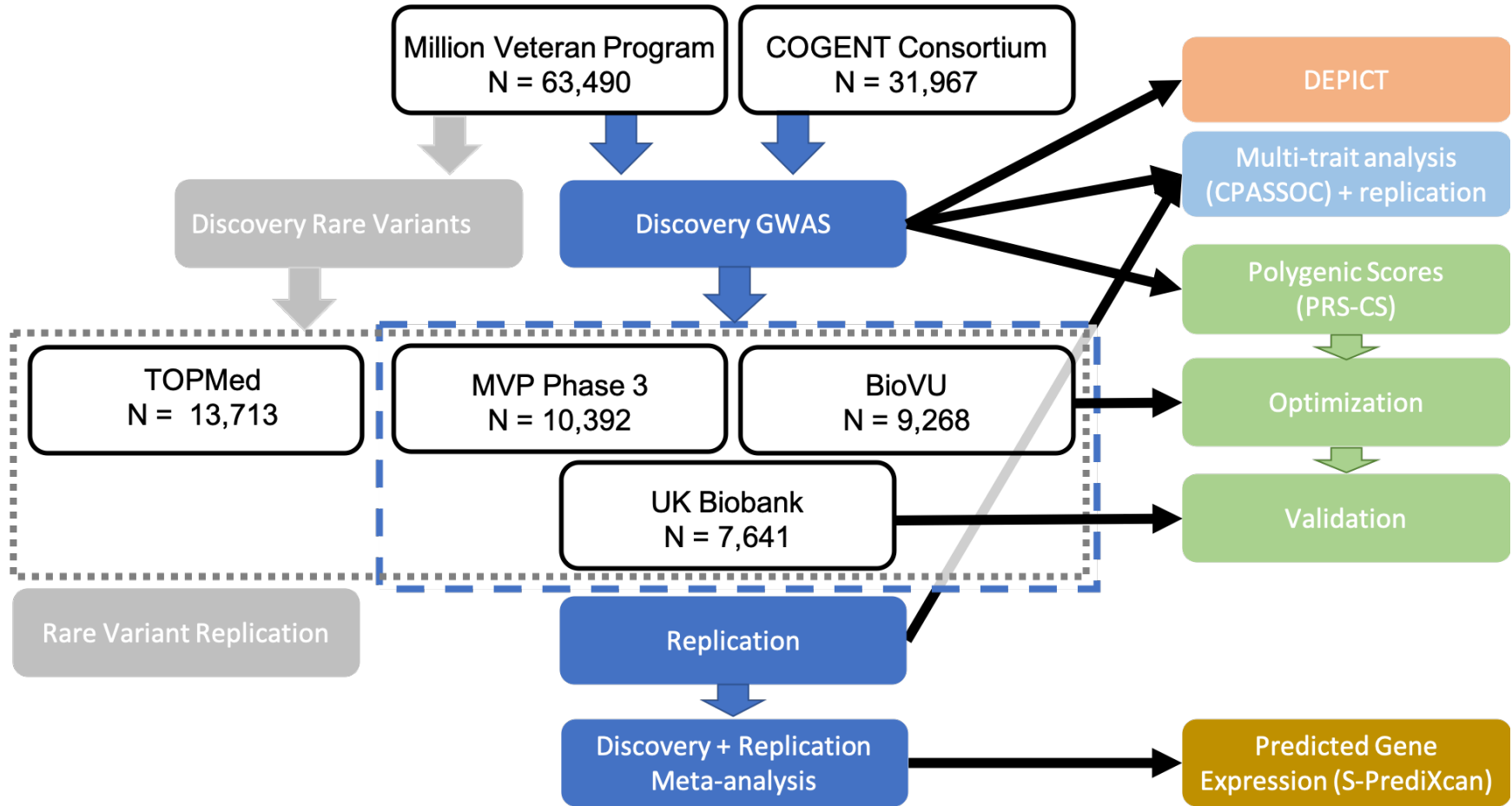


Figure 1. Study resources and workflow diagram



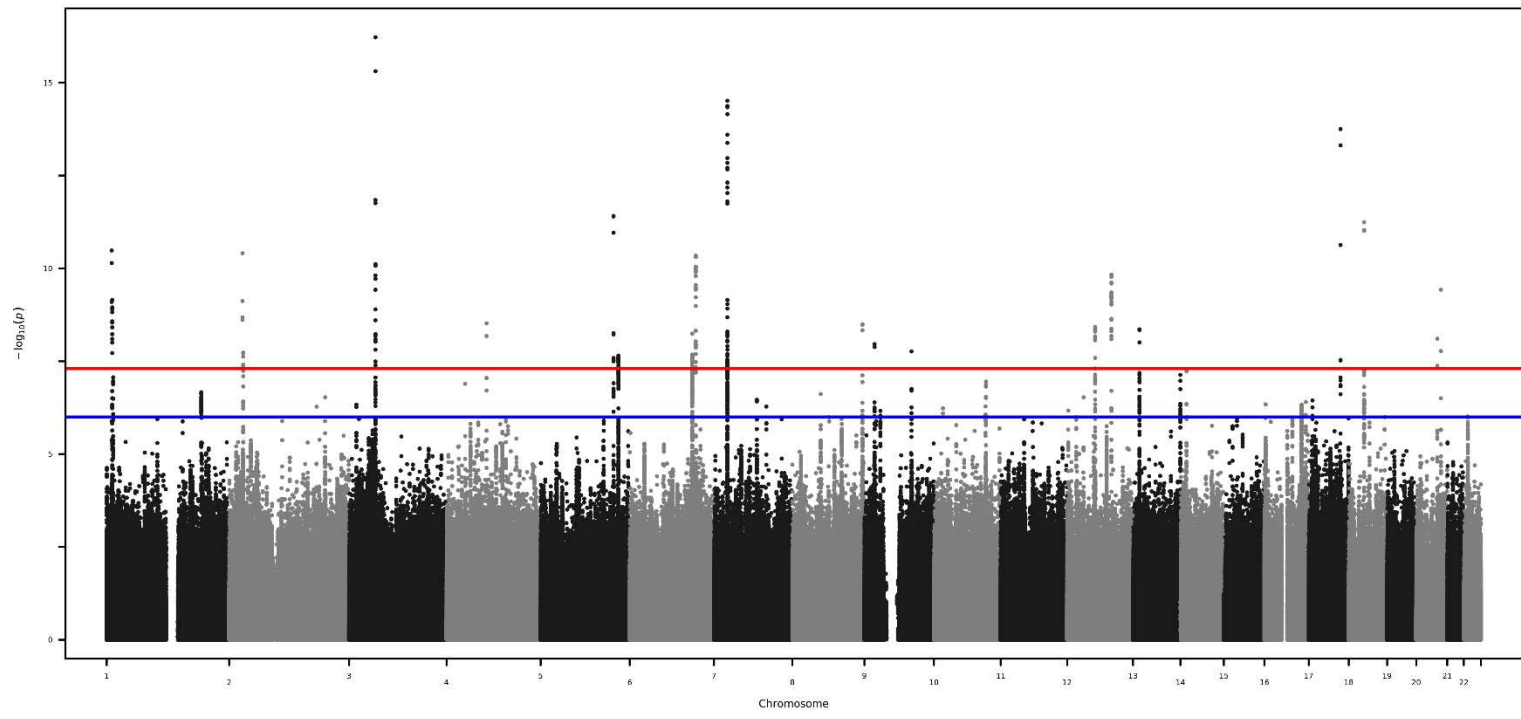


Figure 2a Discovery analysis Manhattan plot for SBP.

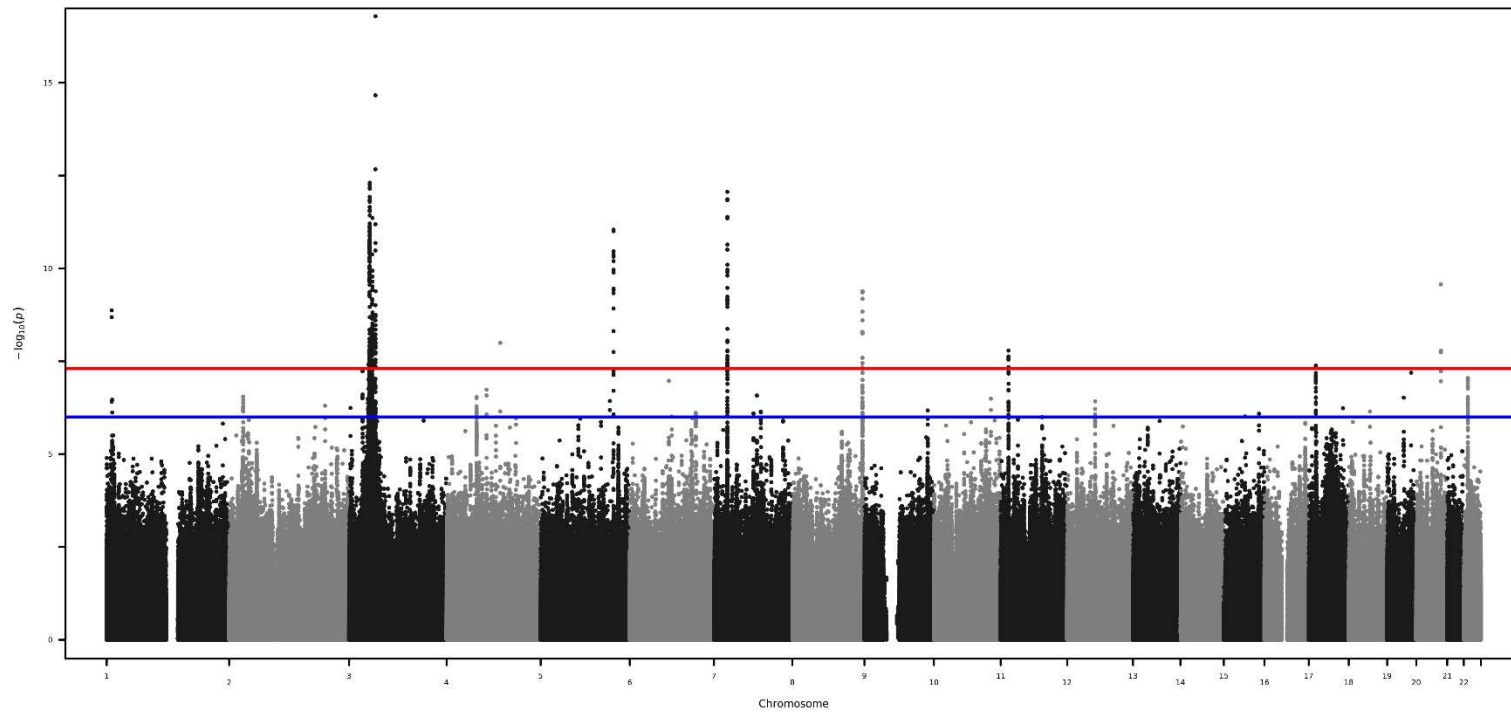


Figure 2b. Discovery analysis Manhattan plot for DBP.

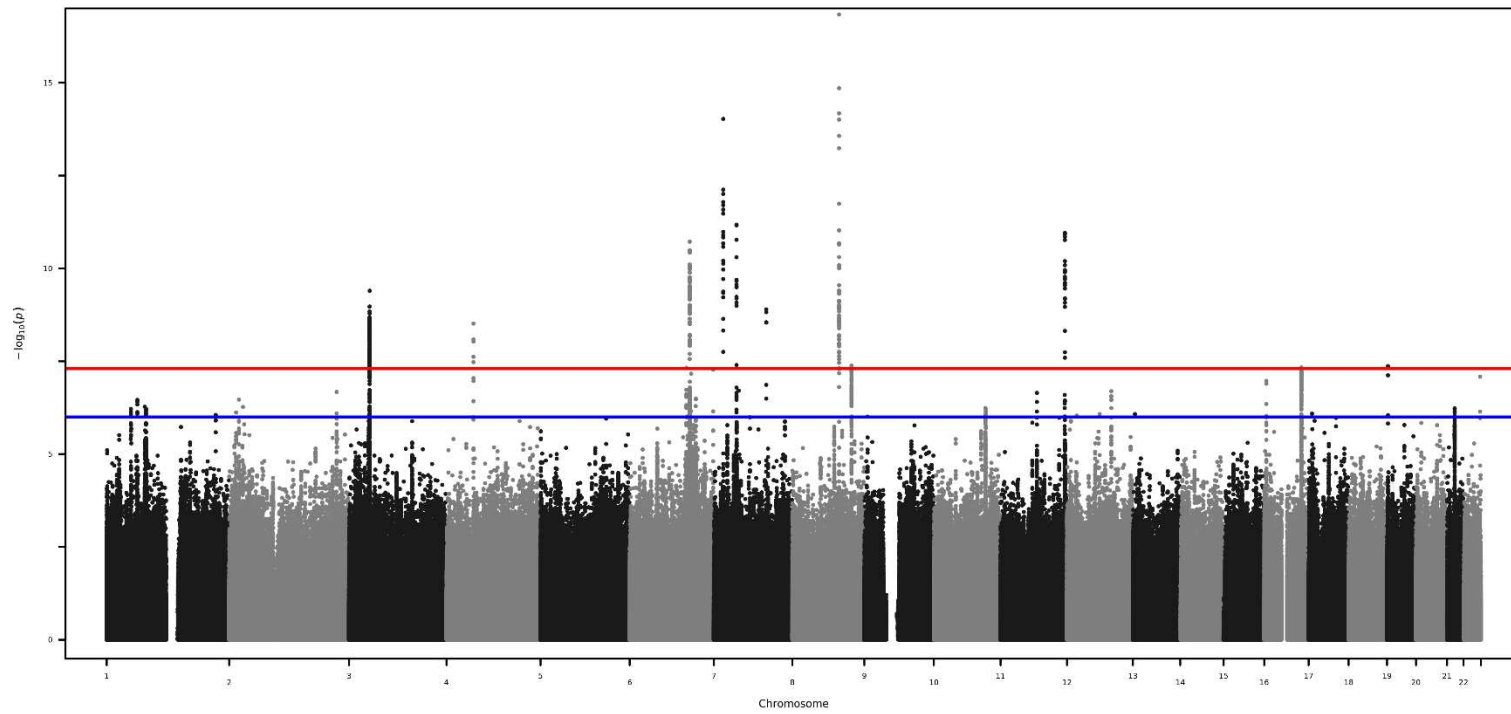


Figure 2c. Discovery analysis Manhattan plot for pulse pressure.

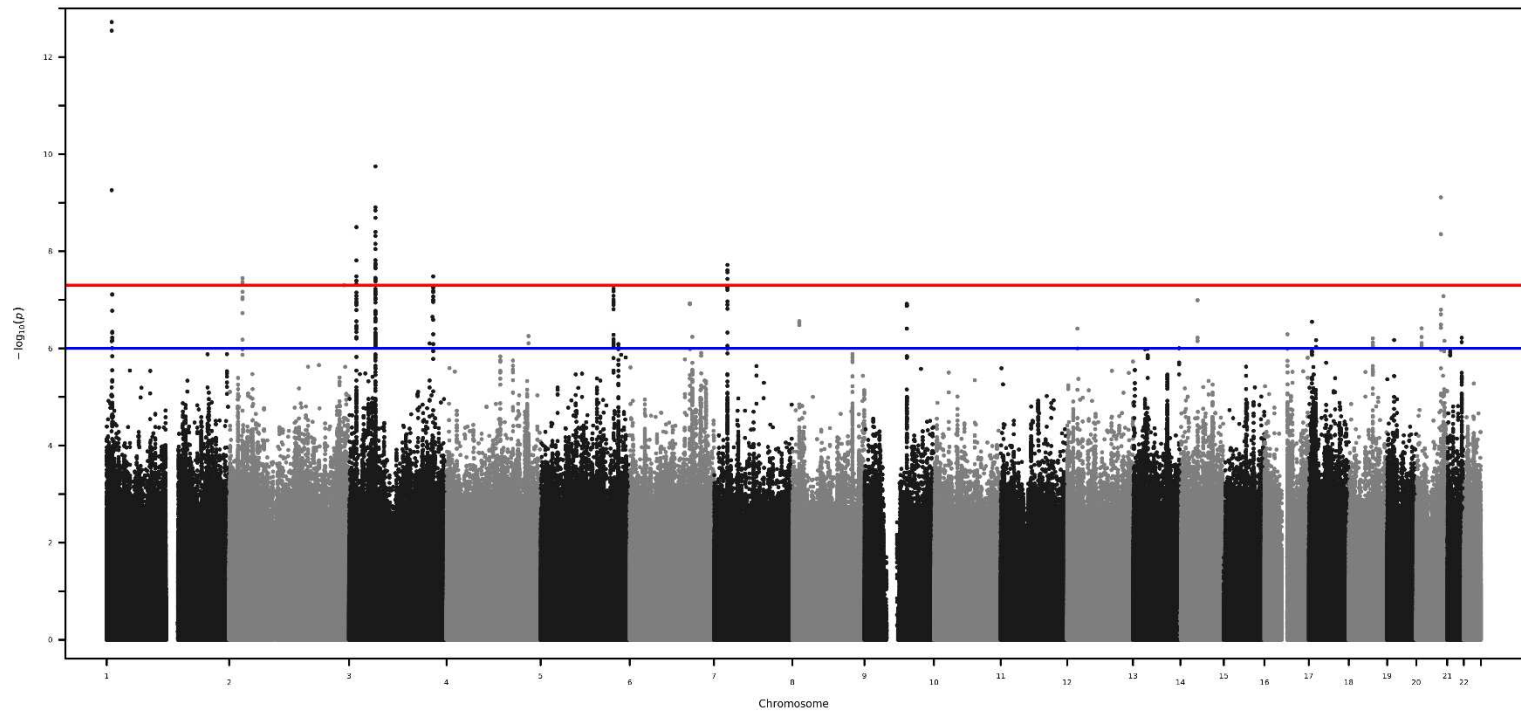


Figure 2d. Discovery analysis Manhattan plots for hypertension status.

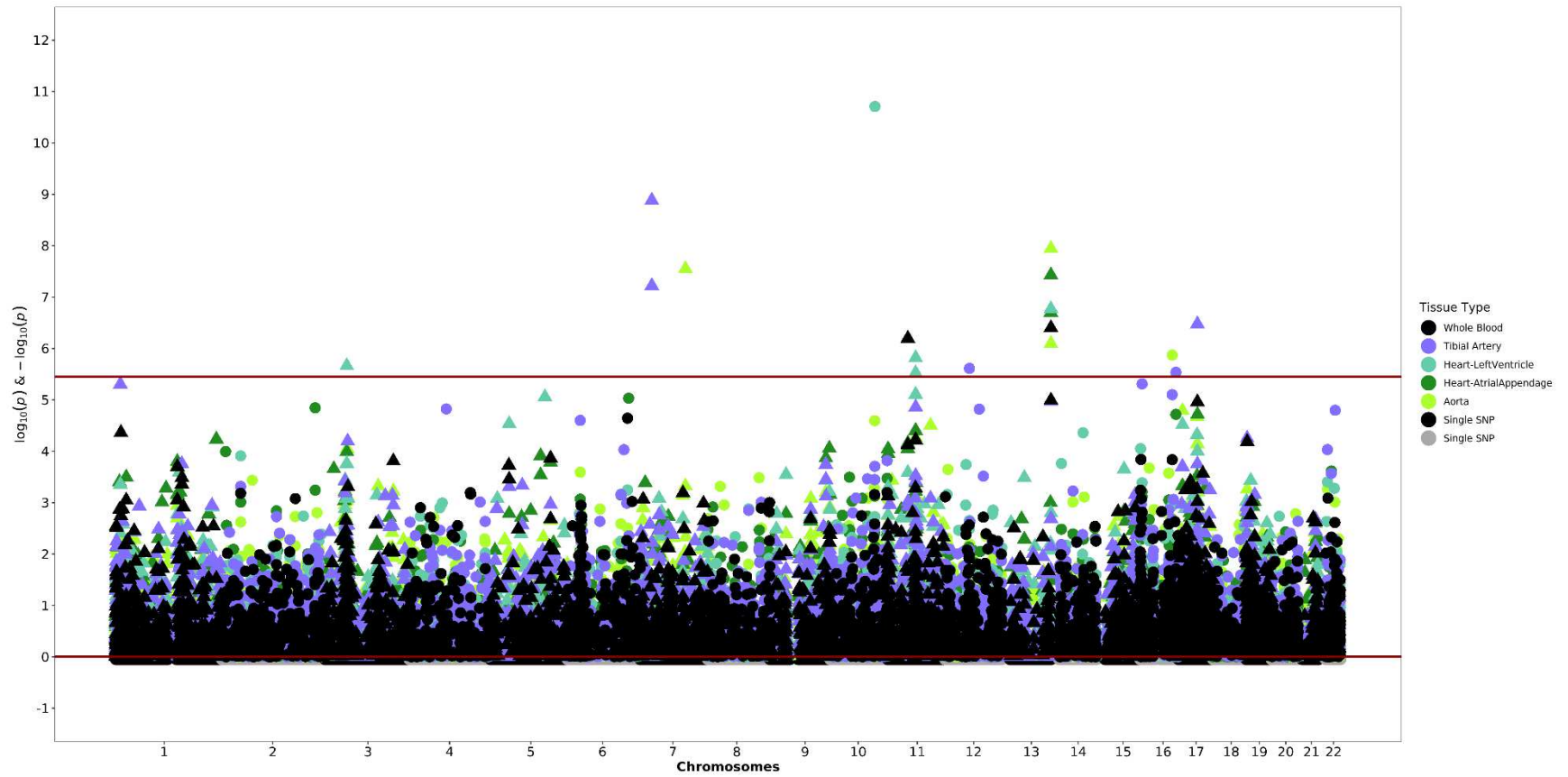


Figure 3a. Genetically-predicted gene expression results for Systolic Blood Pressure from 5 cardiovascular-related tissues from GTEx.

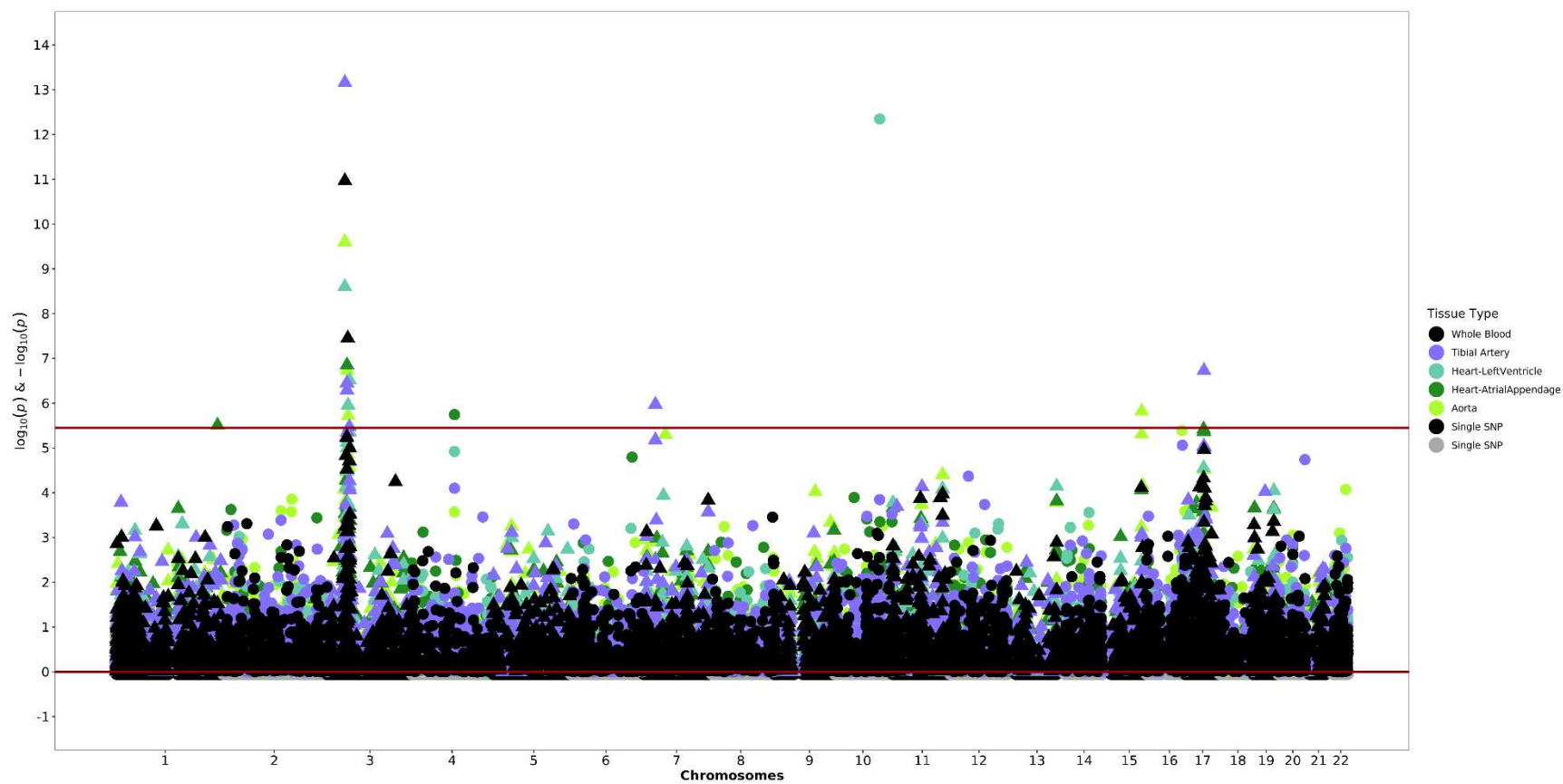


Figure 3b. Genetically-predicted gene expression results for Diastolic Blood Pressure in 5 cardiovascular-related tissues from GTEx.

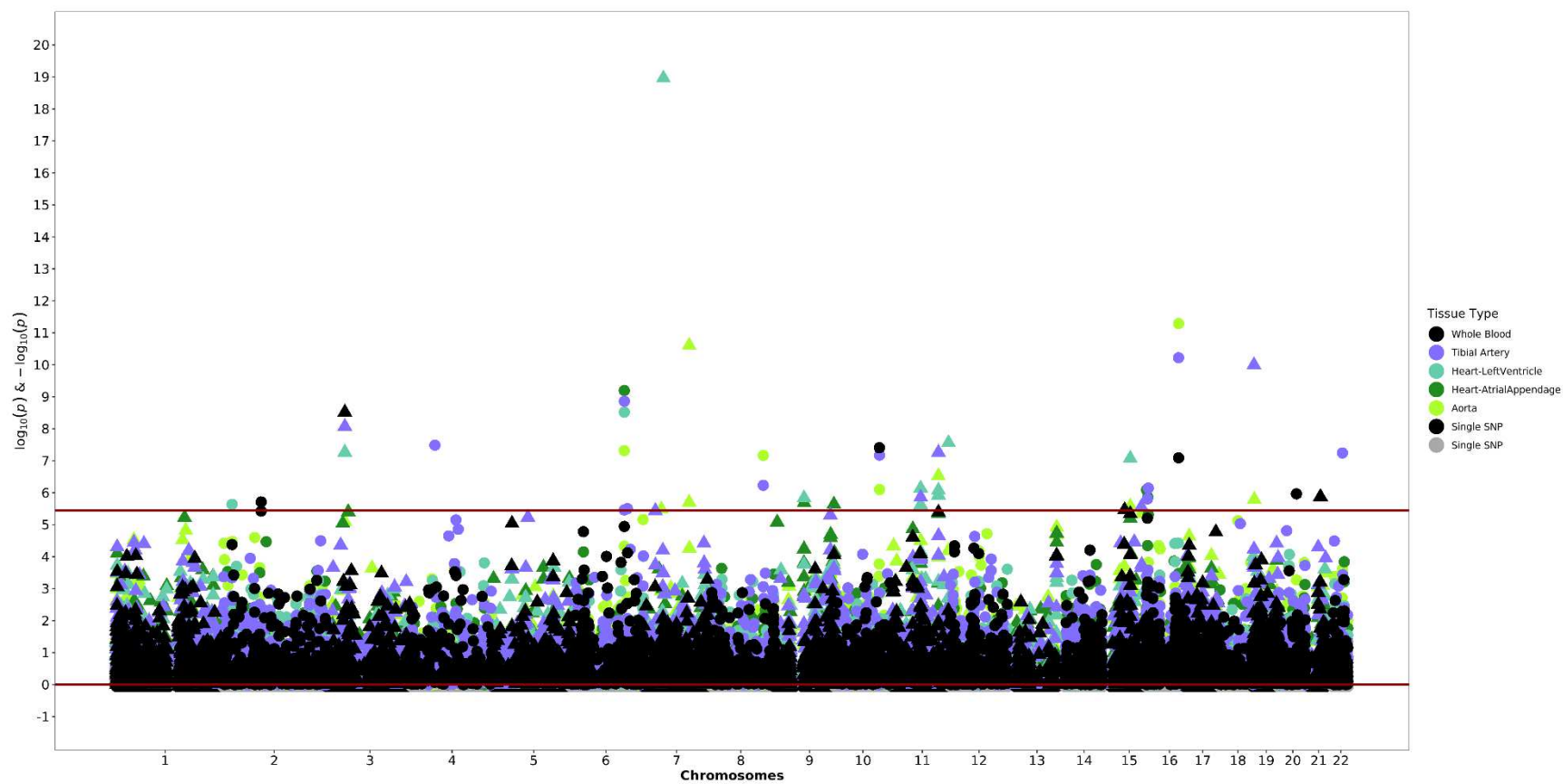


Figure 3c. Genetically-predicted gene expression results for Pulse Pressure from 5 cardiovascular-related GTEx tissues

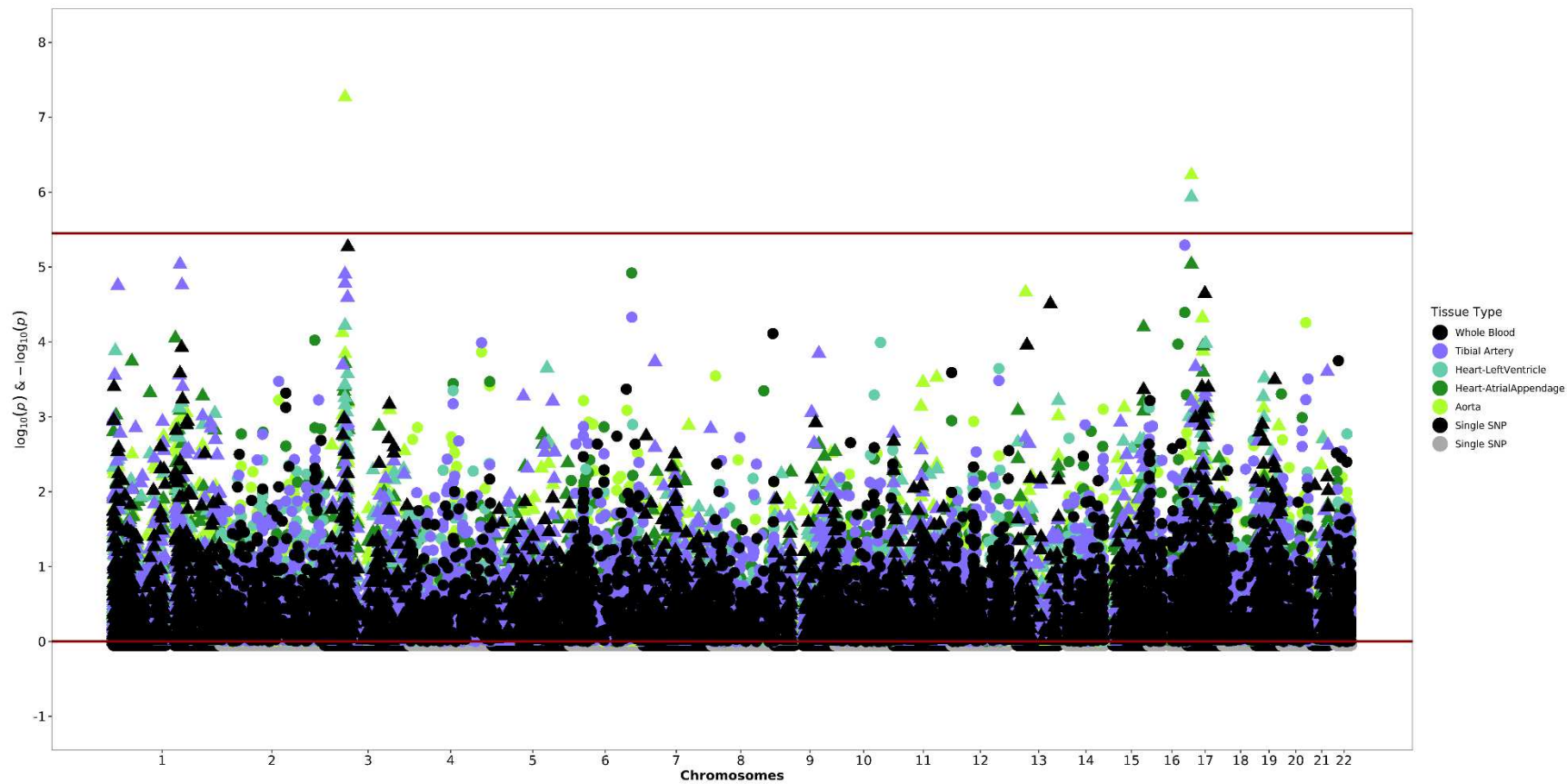


Figure 3d. Genetically-predicted gene expression results for hypertension status from 5 cardiovascular-related GTEx tissues.



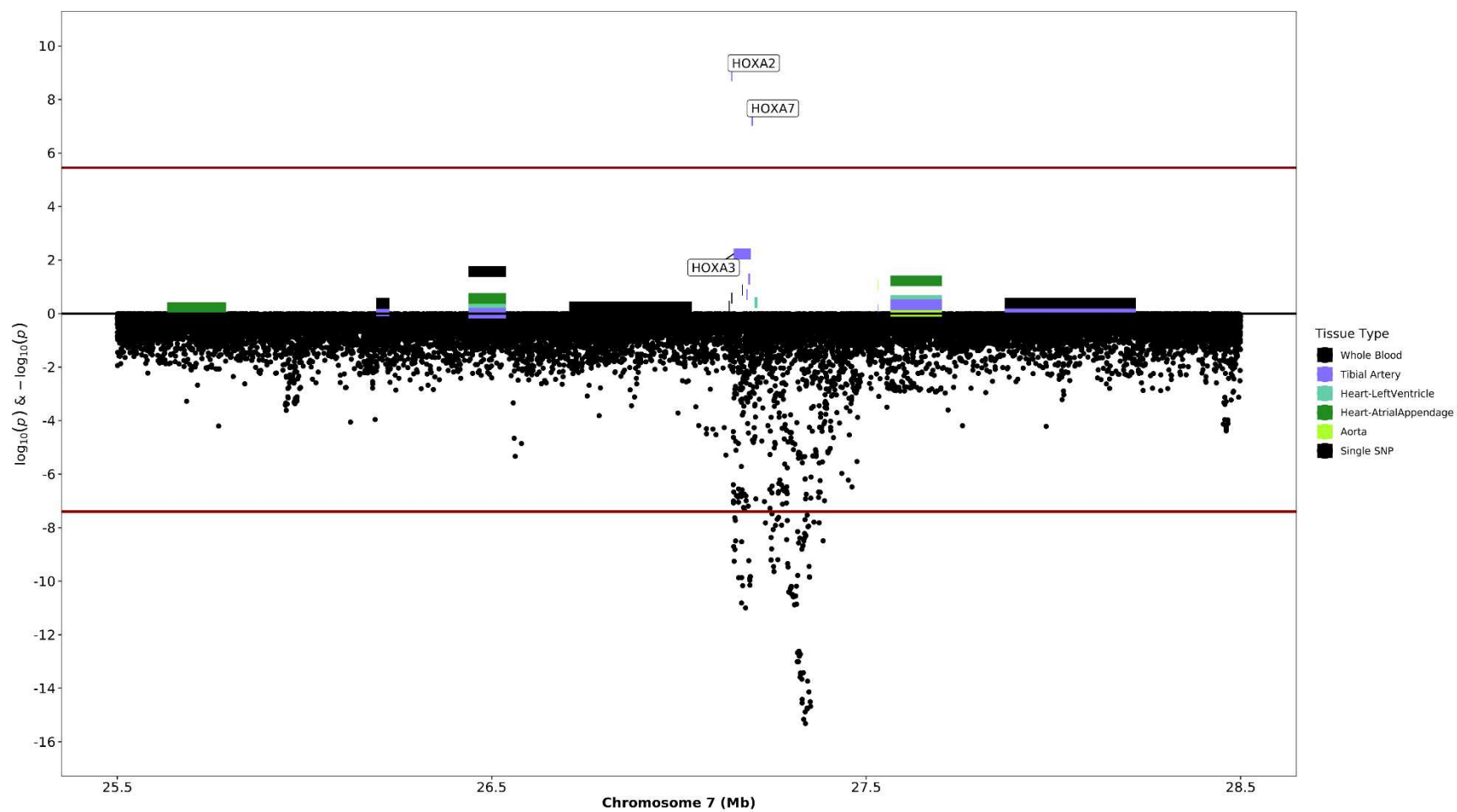


Figure 4. HOX gene region predicted gene expression association with systolic blood pressure.

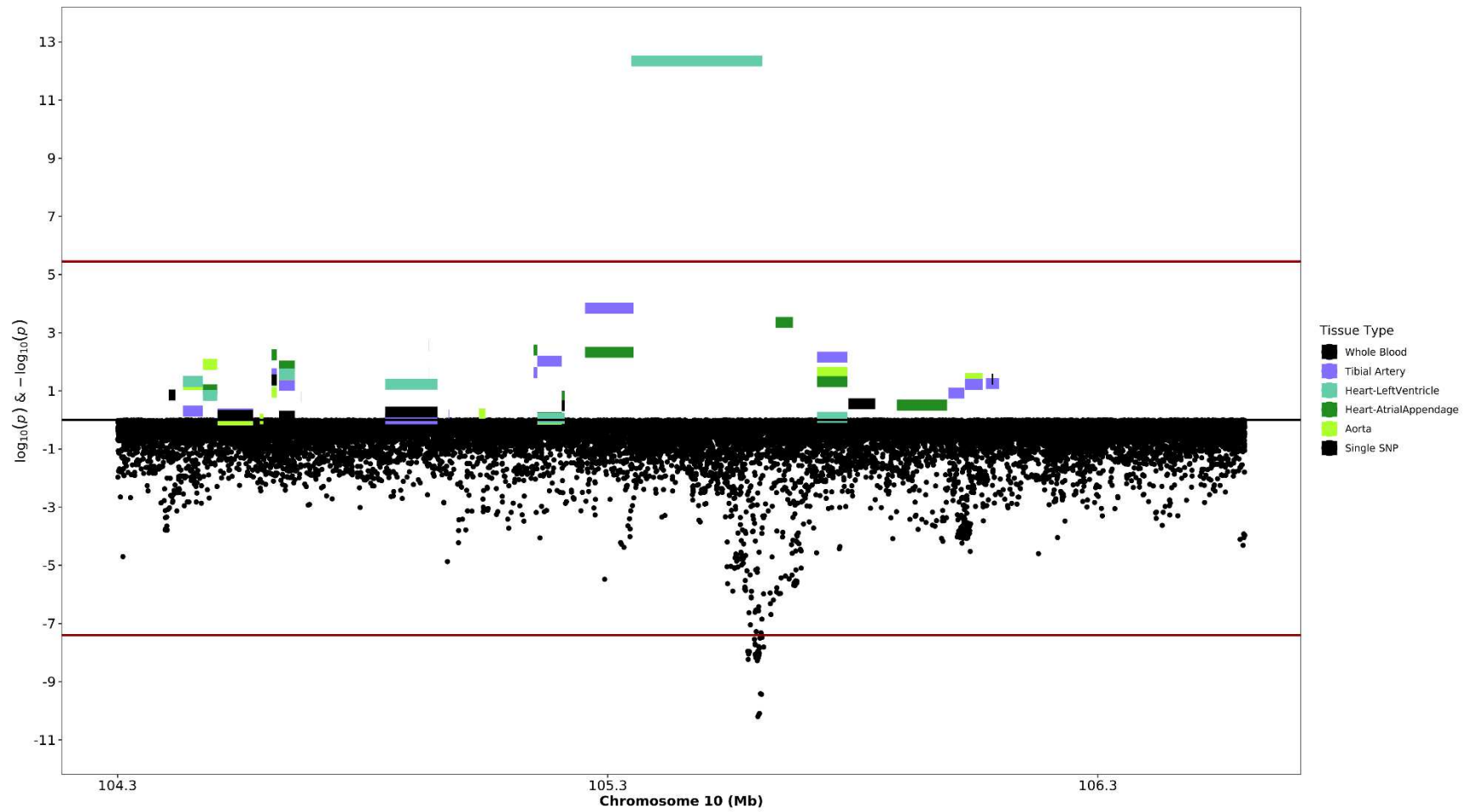


Figure 5. *SH3PXD2A* predicted expression association with diastolic blood pressure.

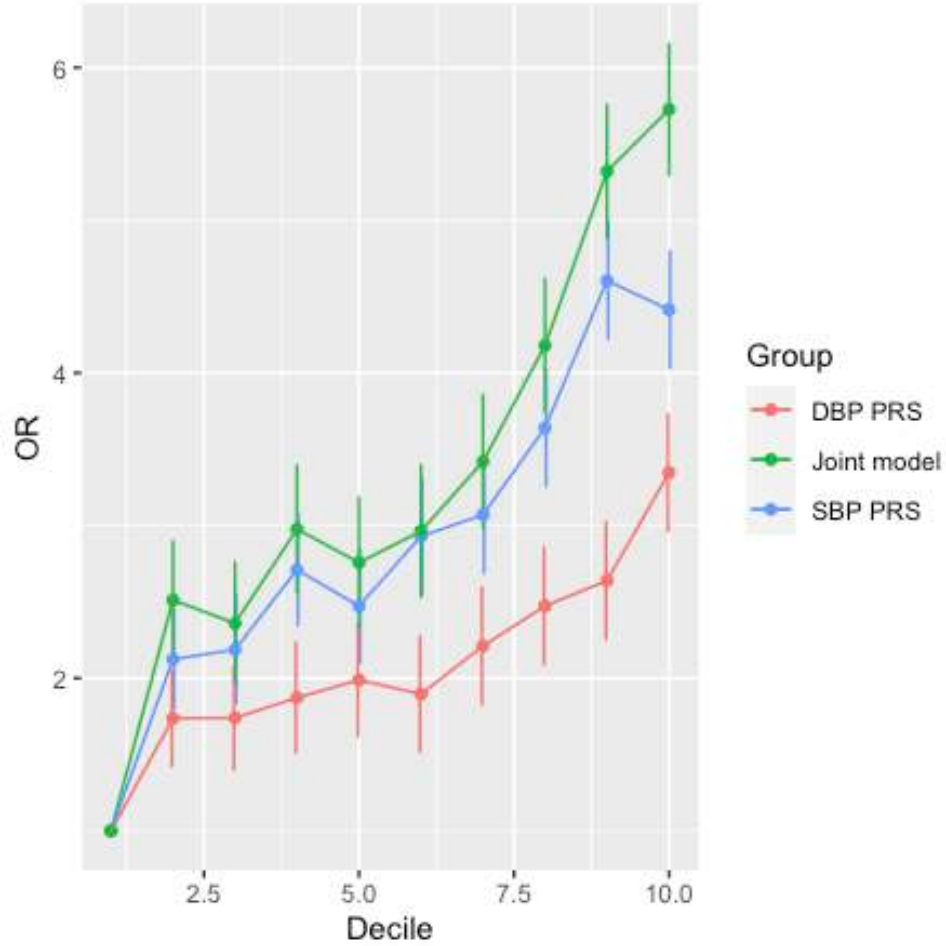
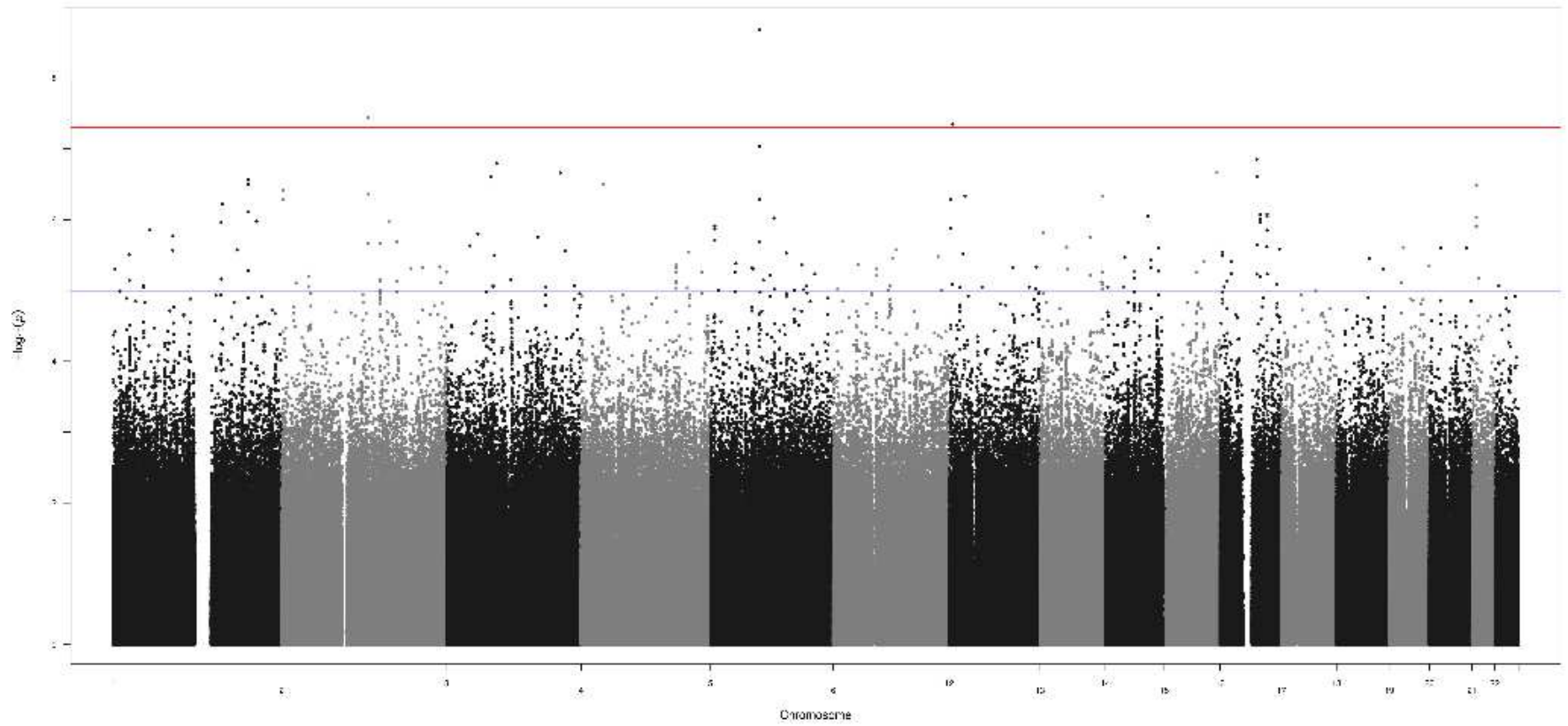


Figure 6. Odds Ratios for hypertension status by decile of optimal PRS in UKB Blacks

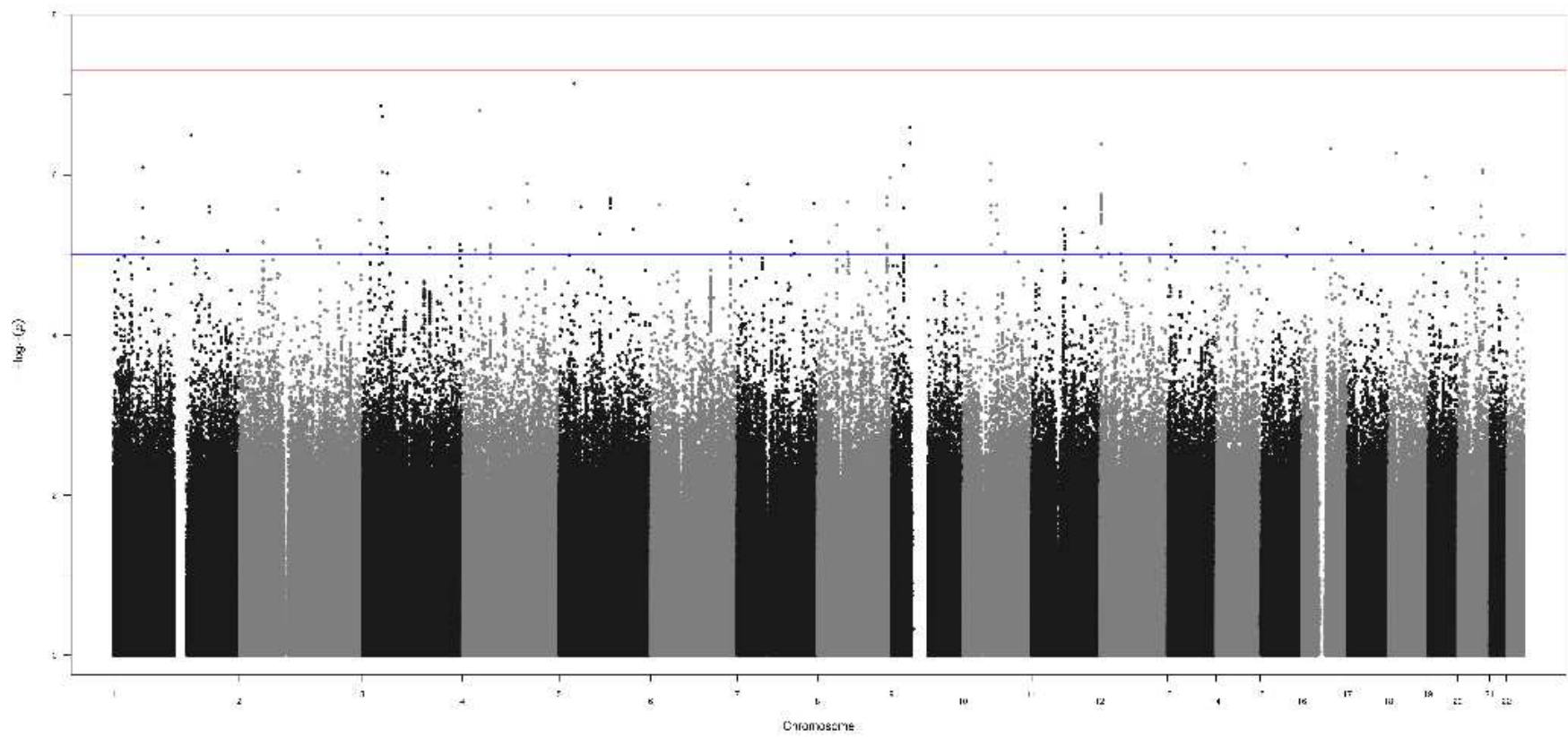
Table 1. Novel genes among S-PrediXcan results with colocalization.

Gene	Chr.	Trait*	S-PrediXcan			COLOC		Association in gene region		
			Best Tissue	Effect	P-value	Lead SNP	Association P-value	Lead SNP	Effect	P-value
<i>LRRC2</i>	3	DBP	Tibial Artery	-1.14	<b>3.54E-07</b>	rs11705987	2.168e-06	rs13094615	0.3833	<b>8.543e-15</b>
<i>ALS2CL</i>	3	DBP	Heart_Atrial_Appendage	-0.90	<b>1.41E-07</b>	rs7633016	1.298e-06			
<i>CCDC36</i>	3	DBP	Heart_Left_Ventricle	-0.75	<b>1.10E-06</b>	rs35174559	0.0002476	rs13070214	-0.4045	<b>3.628e-08</b>
<i>RP11-3B7.1</i>	3	DBP	Aorta	-0.38	<b>1.91E-06</b>	rs11920267	0.0008492			
<i>HEMK1</i>	3	SBP	Heart_Left_Ventricle	-1.23	<b>2.17E-06</b>	rs1034405	5.02e-07	rs12629572	-0.4297	<b>2.003e-07</b>
<i>PPM1M</i>	3	DBP	Tibial Artery	0.48	<b>3.37E-06</b>	rs17052053	1.731e-06	rs2581792	0.4483	<b>4.808e-08</b>
<i>SMIM4</i>	3	DBP	Heart_Left_Ventricle	-1.04	<b>3.03E-07</b>	rs11710485	2.471e-07	rs9821489	0.4380	<b>1.133e-18</b>
<i>ADH1A</i>	4	DBP	Heart_Atrial_Appendage	0.59	<b>1.80E-06</b>	rs1789882	2.883e-06	rs2066702	-0.3226	4.009e-07
<i>TPD52L1</i>	6	Pulse pressure	Aorta	-0.46	<b>4.79E-08</b>	rs2243390	2.599e-08	rs987166	0.2810	<b>1.323e-08</b>
<i>HOXA2</i>	7	SBP/DBP/Pulse pressure	Tibial Artery	-0.69	<b>1.31E-09</b>	rs739734	<b>1.35e-10</b>	rs12535894	-0.7961	<b>3.83e-15</b>
<i>AC005022.1</i>	7	Pulse pressure	Aorta	0.94	<b>3.25E-06</b>	rs11531505	<b>1.876e-07</b>	rs76206723	-0.5112	<b>8.478e-08</b>
<i>SDCCAG3</i>	9	Pulse pressure	Heart_Atrial_Appendage	1.04	<b>2.29E-06</b>	rs1135314	0.0001277	rs10858100	-0.2396	<b>3.805e-07</b>
<i>MARCKSL1P1</i>	10	Pulse pressure	Aorta	-0.69	<b>7.95E-07</b>	rs4409766	<b>1.313e-09</b>	rs10883797	0.3541	<b>3.424e-12</b>
<i>SH3PXD2A</i>	10	DBP/SBP	Heart_Left_Ventricle	-0.92	<b>4.49E-13</b>	rs4918060	<b>6.323e-11</b>	rs4918060	-0.3349	<b>6.323e-11</b>
<i>RP11-819C21.1</i>	11	Pulse pressure	Tibial Artery	-1.03	<b>5.50E-08</b>	rs1490938	1.31e-06	rs4754196	-0.3027	3.893e-07
<i>RP11-890B15.3</i>	11	Pulse pressure	Heart_Left_Ventricle	-0.74	<b>2.74E-08</b>	rs3751039	9.078e-05	rs11222084	-0.3833	<b>5.338e-12</b>
<i>HSD17B6</i>	12	SBP	Artery_Tibial	2.17	<b>2.44E-06</b>	rs898609	1.245e-10	rs10747770	-0.4708	<b>1.345e-11</b>
<i>UPF3A</i>	13	SBP	Heart_Atrial_Appendage	1.21	<b>1.99E-07</b>	rs7320104	1.843e-06	rs9590501	-0.4499	<b>3.37e-11</b>
<i>TRIP4</i>	15	Pulse pressure	Heart_Left_Ventricle	0.71	<b>8.44E-08</b>	rs7165034	4.454e-06	rs1976112	-0.2566	1.33e-07
<i>MIR940</i>	16	Pulse pressure	Tibial Artery	-1.07	<b>1.56E-06</b>	rs12599229	4.454e-05	rs9796949	-0.6728	<b>1.44e-06</b>
<i>TIGD7</i>	16	Pulse pressure	Heart_Atrial_Appendage	-3.36	<b>1.38E-06</b>	rs17684522	4.352e-07	rs1053874	0.4970	<b>1.591e-09</b>
<i>STX8</i>	17	HTN	Aorta	-0.43	<b>5.89E-07</b>	rs12451858	1.245e-06	rs12452001	-0.1045	4.973e-07
<i>RP11-259G18.3</i>	17	DBP	Tibial Artery	-1.08	<b>1.86E-07</b>	rs532193457	0.0001122	rs1819040	-0.6216	1.027e-07
<i>TLE2</i>	19	Pulse pressure	Aorta	-3.81	<b>1.62E-06</b>	rs2277739	2.818e-07	rs8102624	0.3981	<b>1.134e-15</b>
<i>KDELR3</i>	22	Pulse pressure	Tibial Artery	1.04	<b>5.71E-08</b>	rs8141562	8.365e-05	rs138419	0.2656	<b>1.521e-06</b>

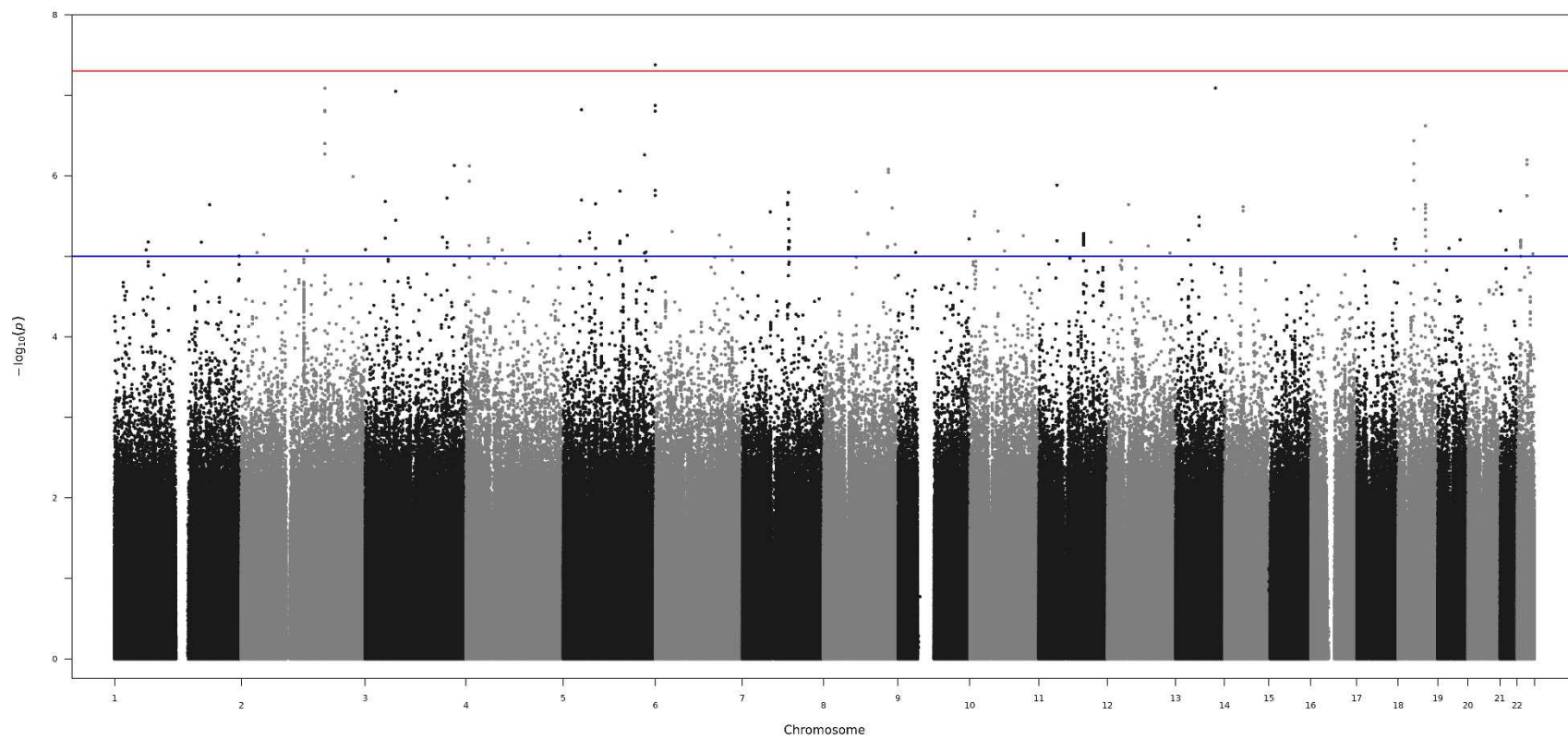
\*Italic font indicates strongest associated trait for which results are presented in this table. Boldface indicates significant p-values.



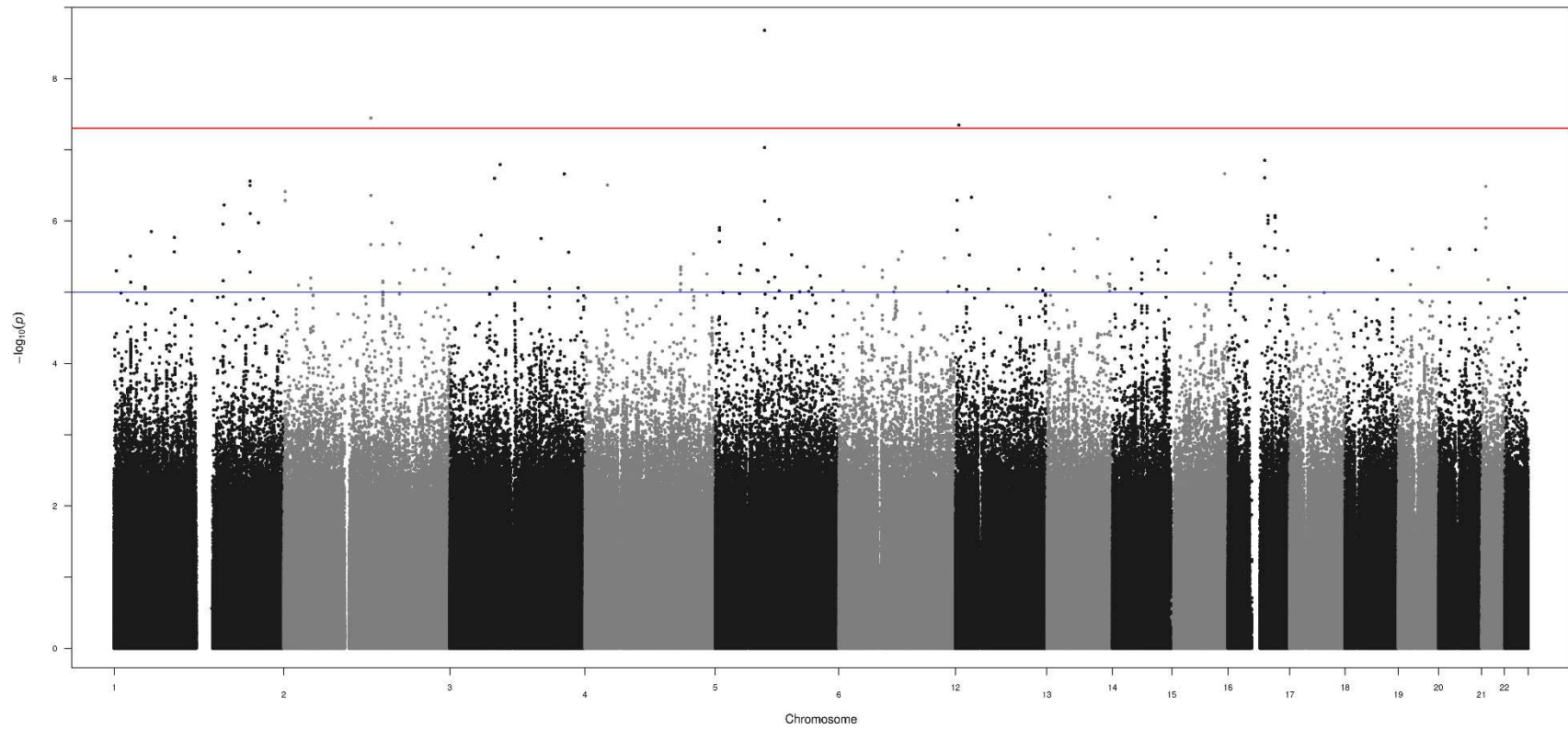
Supplementary Figure 1a. Manhattan plots for rare variant associations in discovery analysis for SBP.



Supplementary Figure 1B. Manhattan plots for rare variant associations in discovery analysis for DBP

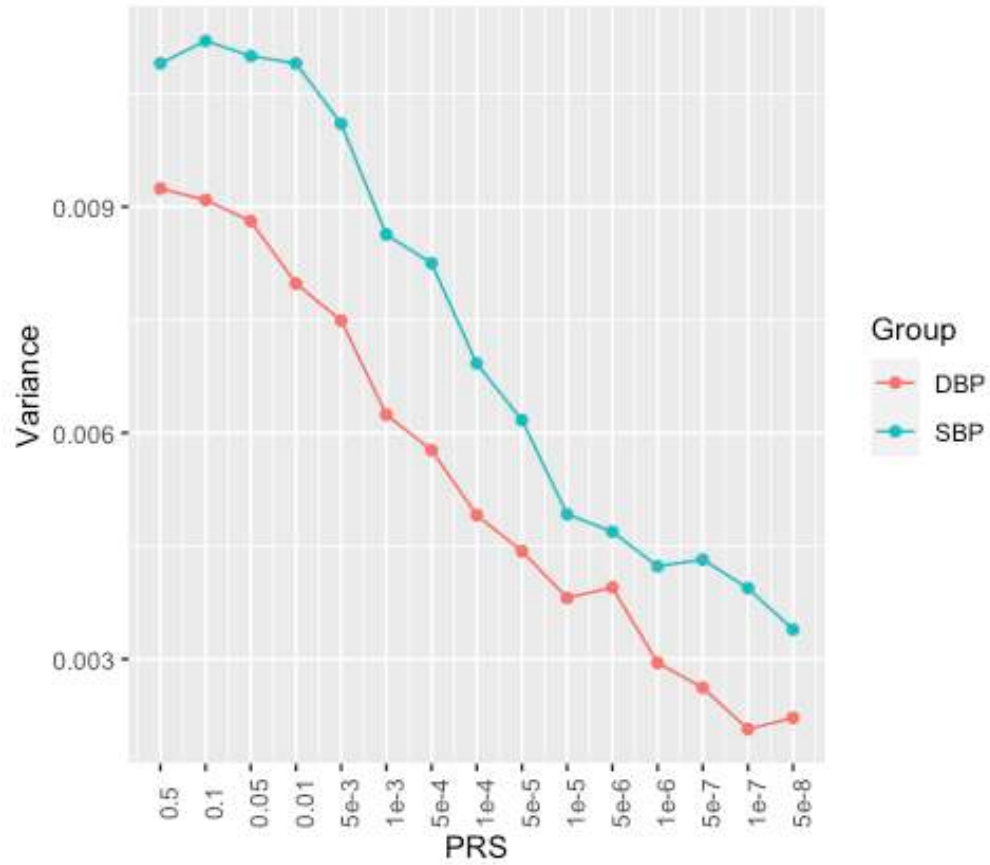


Supplementary Figure 1C. Manhattan plots for rare variant associations in discovery analysis for pulse pressure.



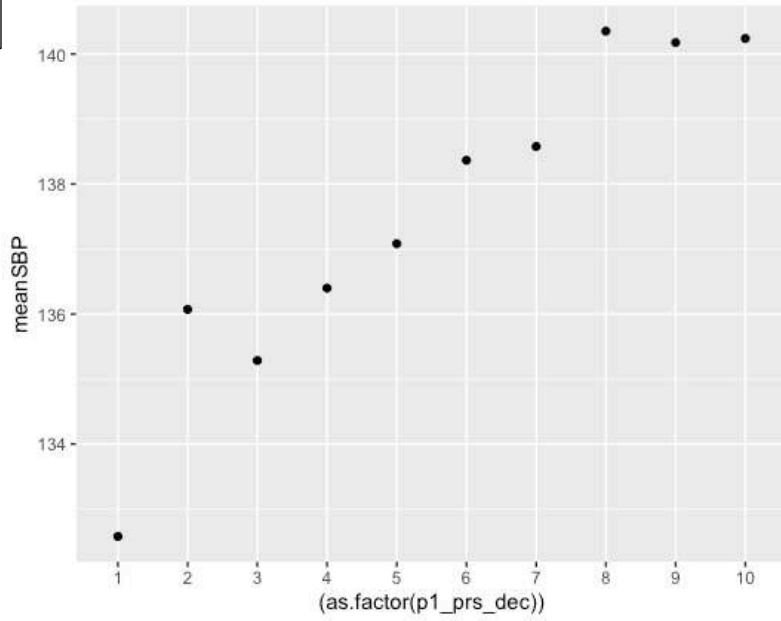
Supplementary Figure 1D. Manhattan plots for rare variant associations in discovery analysis for hypertension status.



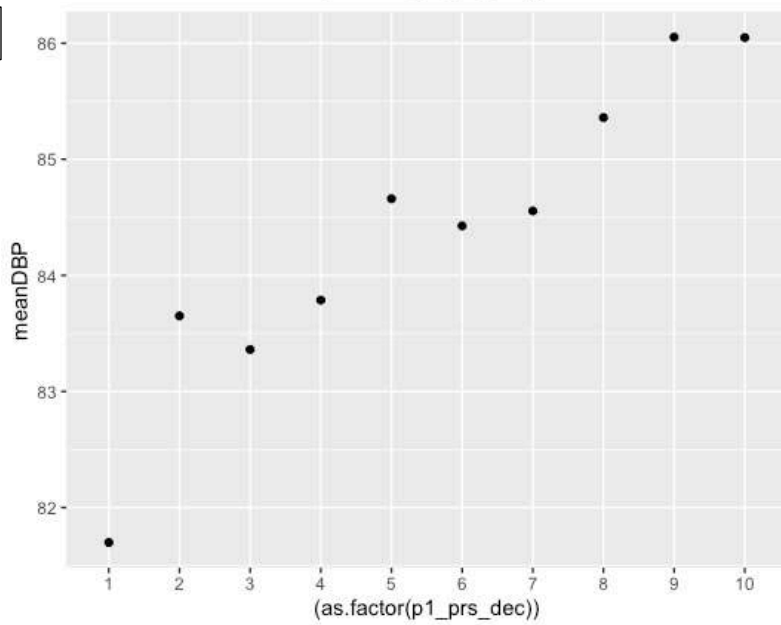


1  
 2 Supplementary Figure 2. Optimization of polygenic scores across p-value thresholds for  
 3 SBP and DBP in BioVU African-ancestry individuals.  
 4

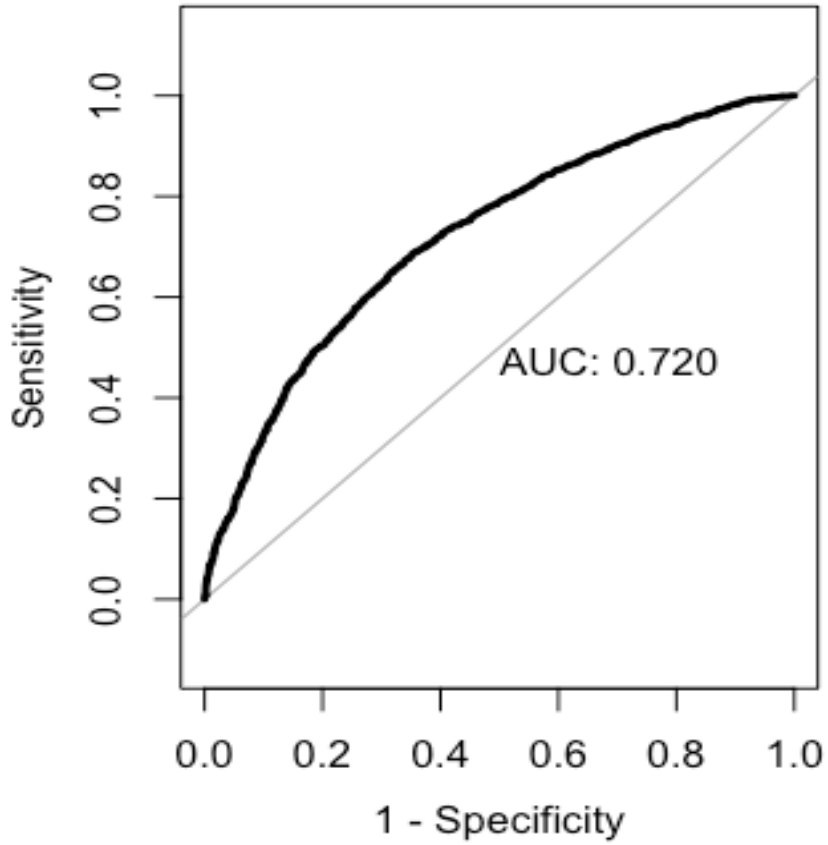
a



b



5  
6 Supplementary Figure 3. Relationship between SBP (a) and DBP (b) PRS deciles with  
7 measured SBP and DBP, respectively, in UK Biobank.



Supplementary Figure 4. Area under the receiver operator curve for logistic model for hypertension status as a function of both PRS, age, age-squared, sex, BMI, and African ancestry proportions, fit in BioVU and applied to UKB.

## Supplementary Files

This is a list of supplementary files associated with this preprint. Click to download.

- [AABPSupplementaryTables10282021.xlsx](#)
- [SuppTableLegends.docx](#)
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