

# Steroids as the novel class of high-affinity allosteric modulators of muscarinic receptors

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## Article

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1 **Steroids as the novel class of high-affinity allosteric modulators of muscarinic**  
2 **receptors**

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8 **Running title**

9 Allosteric modulation of muscarinic receptors by steroids

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## 21 **Abstract**

22 The membrane cholesterol was found to bind and modulate the function of several G-protein  
23 coupled receptors including muscarinic acetylcholine receptors. We investigated the binding of 20  
24 steroidal compounds including neurosteroids and steroid hormones to muscarinic receptors.  
25 Corticosterone, progesterone and some neurosteroids bound to muscarinic receptors with the  
26 affinity of 100 nM or greater. We established a structure-activity relationship for steroid-based  
27 allosteric modulators of muscarinic receptors. Further, we show that corticosterone and  
28 progesterone allosterically modulate the functional response of muscarinic receptors to  
29 acetylcholine at physiologically relevant concentrations. It can play a role in stress control or in  
30 pregnancy, conditions where levels of these hormones dramatically oscillate. Allosteric modulation  
31 of muscarinic receptors via the cholesterol-binding site represents a new pharmacological approach  
32 at diseases associated with altered cholinergic signalling.

## 33 **Introduction**

34 Muscarinic receptors mediate various physiological functions of acetylcholine in the peripheral and  
35 central nervous system <sup>1</sup>. Alterations in cholinergic signalling are a cause of a wide range of  
36 neurological (e.g. epilepsy, Alzheimer's disease, Parkinson's disease) and psychiatric conditions  
37 (e.g. schizophrenia) as well as internal diseases (e.g. asthma, chronic obstructive pulmonary disease,  
38 over-reactive bladder) <sup>2,3</sup>. All five subtypes of muscarinic receptors share high structural homology  
39 in the orthosteric binding site that makes their pharmacological targeting via orthosteric binding site  
40 extremely difficult <sup>4-7</sup>. Therefore, in past decades a lot of effort was dedicated to the research of  
41 allosteric modulators that bind to the less conserved sites on muscarinic receptors.

42 Cholesterol was found co-crystallized with many G-protein coupled receptors (GPCRs). The  
43 structural motifs at GPCRs specific for cholesterol binding were identified suggesting the existence  
44 of the cholesterol-specific binding sites <sup>8</sup>. Cholesterol changed the affinity of muscarinic ligands  
45 and slowed down the activation of muscarinic receptors <sup>9</sup>. The common allosteric binding site of  
46 muscarinic receptors has been located between the second and third extracellular loop <sup>10</sup>. In  
47 contrast, the cholesterol-binding site is oriented towards membrane and may represent a novel target  
48 for allosteric modulation of muscarinic receptors with therapeutic potential <sup>11</sup>.

49 Steroids are physiologically and pharmacologically important compounds. Similarly to their  
50 precursor cholesterol, they have a structure of specifically arranged four rings (Fig. 1). Cholesterol  
51 is an essential part of the membrane. Steroids *per se* are biosynthesized from cholesterol and exert  
52 many different functions, including hormonal signalling of sex hormones or various effects of  
53 corticosteroids. Steroid hormones can be divided into several classes – corticosteroids, sex steroids,  
54 and bile acids. Corticosteroids play an important role in response to stress, regulation of  
55 inflammation, while sex steroids are essential in the function of the reproductive system. Bile acids  
56 are secreted from the liver to duodenum, absorbed back from the alimentary tract and enabling  
57 various actions mainly through nuclear receptor farnesoid X receptor. A special class of steroids  
58 represents neurosteroids. The term of neurosteroids (NS) was introduced <sup>12</sup> for compounds of which  
59 the accumulation occurs in the nervous system independently, of the steroidogenic endocrine glands  
60 and which can be synthesized *de novo* in the nervous system from cholesterol or steroidal  
61 precursors imported from peripheral sources <sup>12,13</sup>. Synthetic analogues of NS are called neuroactive  
62 steroids (NAS). The physiological and pathological implications of steroid hormones and NS are  
63 related to their genomic vs non-genomic mechanism of action. While gonadal and adrenal steroids

64 exert mostly long-term genomic effects through nuclear steroid receptors, NS can elicit fast, non-  
65 genomic effects *via* stimulation various ligand-gated ion channels, voltage-gated ion channels, or G-  
66 protein coupled receptors<sup>13</sup>. Therefore, NS exert different roles in neuronal functions, including  
67 cognition, memory processes, and neuroprotection<sup>14</sup>. It is important to note that some sex steroids –  
68 progesterone, testosterone, estradiol, and estrone also influence neuronal functions by binding to  
69 membrane receptors for neurotransmitters that subsequently afford a variety of effects that are  
70 unrelated to reproduction<sup>15</sup>.

71 It was hypothesized that the neuroprotective effect of steroid hormones or NS may include also the  
72 modulation of the cholinergic nervous system. However, the mechanisms of action on signalling of  
73 muscarinic acetylcholine receptors have not been clarified yet. Steroids have been shown to  
74 improve memory by affecting acetylcholine release and cholinergic neurotransmission<sup>16–18</sup>.  
75 Moreover, steroid hormones may inhibit binding of muscarinic ligands<sup>19–23</sup>. However, all reports so  
76 far describe the effects of steroids on muscarinic receptors only at micromolar or higher  
77 concentrations. In this study, we investigated in detail the allosteric modulation of muscarinic  
78 receptors by 20 steroidal hormones and neurosteroids at nanomolar concentrations. Further, we  
79 measured the functional response of muscarinic receptors to natural neurotransmitter acetylcholine  
80 in the presence of steroid hormones corticosterone, progesterone, estradiol and testosterone in  
81 nanomolar, i.e. physiologically relevant, concentrations.

## 82 **Results**

83 Twenty steroidal compounds including hormones (corticosterone, progesterone, estradiol and  
84 testosterone), pro-neurosteroids (dihydrotestosterone, deoxycorticosterone and pregnenolone),  
85 neurosteroids and their metabolites (Fig. 1) were and pharmacologically analysed in binding (Table  
86 1, 2, S1 and S2, Fig. 2) and functional experiments (Fig. 3 through 6, Table 3). Generic names of  
87 tested compounds are used throughout the study to simplify their chemical names.

88 Binding of tested compounds to muscarinic receptors was initially inferred from their ability to  
89 change the equilibrium binding of tritiated antagonist N-methylscopolamine (<sup>3</sup>H]NMS) to  
90 membranes prepared from CHO cells expressing individual subtypes of muscarinic receptors. At  
91 10 μM concentration all tested compounds changed <sup>3</sup>H]NMS equilibrium binding with distinct  
92 pattern (Table S1). The tested compounds either increased (e.g. progesterone at all subtypes,  
93 corticosterone at all subtypes except M<sub>5</sub>) or partially decreased (e.g. allopregnanolone at all  
94 subtypes) equilibrium <sup>3</sup>H]NMS binding indicating allosteric interaction between tested compounds  
95 and <sup>3</sup>H]NMS. Equilibrium dissociation constant K<sub>A</sub> of a tested compound and factor of binding  
96 cooperativity α between a tested compound and <sup>3</sup>H]NMS was determined by fitting Eq. 2 to  
97 binding data (Table 1 and S2). Highest affinity, about 50 nM, was observed for progesterone at all  
98 receptors except M<sub>4</sub>, for pregnenolone at M<sub>1</sub> and M<sub>4</sub> pregnanolone at M<sub>5</sub> and androstenedione at M<sub>3</sub>  
99 receptors (Fig. 2, Table 1). Relatively high binding affinity (about 100 nM) was also found for  
100 corticosterone at M<sub>1</sub> and M<sub>3</sub> receptors, 5β-dihydroprogesterone at M<sub>2</sub> and M<sub>4</sub> receptors and  
101 androstenedione and testosterone at M<sub>2</sub> receptors. However, for the majority of combinations of  
102 receptors and tested compounds affinities could not be determined. The observed changes in  
103 <sup>3</sup>H]NMS affinity induced by tested compounds were small, in the order of tens of per cent (Table  
104 S2). The only exception was a two-fold increase in affinity (two-fold decrease in K<sub>A</sub>) of <sup>3</sup>H]NMS  
105 at M<sub>1</sub> receptor by corticosterone and about a two-fold decrease in affinity at M<sub>4</sub> receptor  
106 epipregnanolone and pregnanolone, respectively.

107 To detect possible high-affinity binding of tested compounds to muscarinic receptors with neutral  
108 cooperativity with [<sup>3</sup>H]NMS, putative effects on receptor binding kinetics of tested compounds at  
109 100 nM concentration were measured. Any change in [<sup>3</sup>H]NMS dissociation rate is indicative of  
110 compound binding at the given concentration. Indeed changes in binding kinetics of [<sup>3</sup>H]NMS were  
111 found in several cases where no effects on [<sup>3</sup>H]NMS equilibrium binding was observed (e.g.  
112 acceleration of [<sup>3</sup>H]NMS dissociation from M<sub>3</sub> receptors by pregnanolone or deceleration of  
113 [<sup>3</sup>H]NMS dissociation from M<sub>3</sub> receptor by DHEA and androstenedione) (Table 2). The  
114 5 $\alpha$ -dihydroprogesterone changed [<sup>3</sup>H]NMS dissociation from all receptors except M<sub>1</sub>. Notably,  
115 estradiol slowed [<sup>3</sup>H]NMS dissociation from the M<sub>5</sub> receptor and accelerated it at rest of the  
116 subtypes. The dihydrotestosterone accelerated [<sup>3</sup>H]NMS dissociation from all receptor subtypes  
117 except M<sub>3</sub>. However, in many cases tested compounds at 100 nM concentration did not affect  
118 [<sup>3</sup>H]NMS dissociation.

119 Physiological concentrations of steroid hormones are in the nanomolar range. Thus, effects of  
120 steroid hormones corticosterone, progesterone, estradiol and testosterone on the functional response  
121 of muscarinic receptors to acetylcholine were tested at 100 nM and 1  $\mu$ M concentration (Figs. 2 to  
122 5, Table 3). To correctly rank acetylcholine efficacies regardless receptor reserve of the system,  
123 concentration-response curves were analysed according to the operational model of agonism  
124 (OMA) described previously<sup>24</sup>. Factors of binding and functional cooperativity  $\alpha$  and  $\beta$ ,  
125 respectively, were determined according to the operational model of allosterically modulated  
126 agonism (OMAMA)<sup>25</sup>. The maximal response ( $E_{MAX}$ ) of individual systems and parameters of  
127 control response to acetylcholine ( $pEC_{50}$ ,  $E'_{MAX}$ ,  $\tau$ ) in the absence of allosteric modulators are  
128 summarized in Table S3. Maximal response to acetylcholine  $E'_{MAX}$  was about one half of maximal  
129 system response  $E_{MAX}$ . The factor of operational efficacy  $\tau$  of acetylcholine ranged from 0.535 at  
130 M<sub>4</sub> to 0.756 at M<sub>2</sub> receptors.

131 Both 100 nM and 1  $\mu$ M corticosterone 3-times increased potency of acetylcholine and decreased  
132  $E'_{MAX}$  by 15 % at M<sub>2</sub> receptor (Fig. 3). Effects of corticosterone at M<sub>4</sub> receptors were opposite; it 3-  
133 times decreased acetylcholine potency and increased  $E'_{MAX}$  by 20 %. No difference in the effects of  
134 100 nM and 1  $\mu$ M corticosterone indicates saturation of corticosterone binding at these receptors  
135 already at 100 nM (Table 3A). Corticosterone also slightly increased acetylcholine  $E_{MAX}$  at M<sub>3</sub>  
136 receptors. No effects of corticosterone at M<sub>1</sub> and M<sub>5</sub> receptors were observed. Both 100 nM and  
137 1  $\mu$ M progesterone increased acetylcholine  $E'_{MAX}$  by 30 % at M<sub>1</sub> receptors indicating the saturation  
138 of progesterone binding at 100 nM (Fig. 4, Table 3B). One  $\mu$ M progesterone increased  
139 acetylcholine  $E'_{MAX}$  at M<sub>3</sub> receptors (20 %) and decreased it at M<sub>2</sub> (30 %) and M<sub>4</sub> (15 %) receptors.  
140 Except for M<sub>4</sub> and M<sub>5</sub> receptors, 1  $\mu$ M estradiol increased acetylcholine  $E'_{MAX}$  (Fig. 5, Table 3C).  
141 At M<sub>1</sub> receptors, the effect of estradiol on acetylcholine  $E'_{MAX}$  was observed already at 100 nM  
142 concentration. Both 100 nM and 1  $\mu$ M estradiol decreased acetylcholine potency two-fold.  
143 Testosterone did not affect the functional response of muscarinic receptors to acetylcholine (Fig. 6  
144 and Table 3D).

145 Further, functional data were analysed in detail using the operational model of allosterically  
146 modulated agonism<sup>25</sup>. Factors of operational cooperativity  $\beta$  and binding cooperativity  $\alpha$  were  
147 calculated (Table 3). Values greater than one denote positive cooperativity and values smaller than  
148 one denote negative cooperativity. Effects of corticosterone at M<sub>2</sub> and M<sub>4</sub> receptor were profound.  
149 Corticosterone increased 3.5-times affinity of acetylcholine at M<sub>2</sub> receptor and decreased it 5-times  
150 at the M<sub>4</sub> receptor (Table 3A). Progesterone increased efficacy of acetylcholine 2-times at M<sub>1</sub>

151 receptor and by 70 % at M<sub>3</sub> receptor (Table 3B). Progesterone decreased affinity of acetylcholine at  
152 the M<sub>2</sub> and M<sub>4</sub> receptor about 2-times. Progesterone also about 2-times decreased affinity of  
153 acetylcholine to M<sub>1</sub> and M<sub>3</sub> receptors. Estradiol increased efficacy of acetylcholine at M<sub>1</sub>, M<sub>2</sub> and  
154 M<sub>3</sub> receptors (Table 3C). The effect was strongest at the M<sub>1</sub> receptor, more than 2-fold increase.  
155 Estradiol increased affinity of acetylcholine by 40 % at M<sub>5</sub> receptor and decreased it at the rest of  
156 subtypes. The effect was strongest at the M<sub>4</sub> receptor, more than 2-fold decrease. Testosterone did  
157 not affect parameters of functional response to acetylcholine at any receptor subtype (Table 3D). In  
158 some cases, the apparent absence of effects of tested hormones on functional response to  
159 acetylcholine was due to their opposite effects on operational efficacy  $\beta$  and affinity  $\alpha$ . For example,  
160 estradiol increased operational efficacy but decreased affinity of acetylcholine at M<sub>2</sub> and M<sub>3</sub>  
161 receptors. These data are further evidence for the interaction of tested steroid hormones at  
162 submicromolar concentrations with muscarinic receptors.

163 Based on the results of pharmacological experiments basic structure-activity relationship was  
164 established. Progesterone and corticosterone possess common structural features, such as a  
165 pregnane skeleton and an enone group (3-oxo-4-ene functionality) in A-ring (Fig. 1). The  
166 hydroxylation of progesterone at C-17 (17 $\alpha$ -hydroxyprogesterone) or C-21 (11-  
167 deoxycorticosterone) leads to steroids with lower affinities to muscarinic receptor subtypes (Table  
168 1). In contrast, corticosterone, bearing hydroxyl moieties at C-11 and C-21 has improved binding  
169 affinity. Furthermore, the orientation of C-5 hydrogen has a significant effect on binding, as the 5 $\beta$ -  
170 steroids have higher affinities to all subtypes in general than their 5 $\alpha$ -analogues. Note, that 5 $\alpha$ -  
171 reduced steroids are planar molecules, while the 5 $\beta$ -reduced skeleton has a “bent” ring structure.  
172 The difference is noticeable in the case of 5 $\beta$ -dihydroprogesterone and 5 $\alpha$ -dihydroprogesterone  
173 (Table 1), likewise among pregnanolone and allopregnanolone. The final shape of the molecule is  
174 additionally affected by the location of the 3-hydroxy reduced substituent. Both epipregnanolone  
175 and pregnanolone have similar affinities to the M<sub>4</sub> receptor and induced a two-fold decrease in  
176 [<sup>3</sup>H]NMS affinity at M<sub>4</sub>. Taken together, it seems that rather 5 $\alpha$ /5 $\beta$  stereochemistry than the  
177 orientation of C-3 hydroxy-substituent defines the in vitro effect.

178 The nature of C-17 substituent on the steroid skeleton can modulate not only the affinities but also  
179 selectivity to individual muscarinic receptor subtypes. For example, progesterone possessing C-17  
180 acetyl moiety has a high affinity to almost all subtypes, while androstenedione bearing C-17 keto  
181 group shows higher selectivity to M<sub>2</sub> and M<sub>3</sub> receptors. The reduction of the 17-keto group to 17-  
182 hydroxyl affords testosterone with remarkable affinity only on the M<sub>2</sub> subtype. Finally, the  
183 aromatization of A-ring at testosterone that gives estradiol structure abolishes the binding to the M<sub>2</sub>  
184 receptor.

## 185 **Discussion**

186 The major finding of this study is the demonstration of specific binding of neurosteroids and steroid  
187 hormones to muscarinic acetylcholine receptors at physiologically relevant concentrations. Further,  
188 we have shown that steroid hormones at physiological concentrations allosterically modulate the  
189 functional response of muscarinic receptors to acetylcholine.

190 Several lines of evidence led to the postulation of the cholesterol-binding site at G-protein coupled  
191 receptors (GPCRs). Cholesterol was found co-crystallized with many GPCRs, e.g  $\beta$ 2-adrenergic or  
192 adenosine A<sub>2A</sub> receptor<sup>26,27</sup>. The structural motifs at GPCRs specific for cholesterol binding were  
193 identified suggesting the existence of the cholesterol-specific binding sites<sup>8</sup>. Although cholesterol

194 has not been found co-crystallized in any crystallographic structure of the muscarinic receptor,  
195 cholesterol changes the affinity of muscarinic ligands and slows down the activation of muscarinic  
196 receptors<sup>9</sup>. The common allosteric binding site of muscarinic receptors is located between the  
197 second and third extracellular loop and can accommodate structurally various ligands<sup>10</sup>. The  
198 cholesterol-binding site(s), on the other hand, is oriented towards membrane and may bind  
199 membrane soluble compounds that share structural similarity with cholesterol, like steroid  
200 hormones or neurosteroids (NS). This site may represent a novel target for allosteric modulation of  
201 muscarinic receptors<sup>11</sup>.

202 Non-genomic effects of neurosteroids are fast responses to them that do not depend on gene  
203 transcription or protein synthesis. Several GPCRs were implicated in non-genomic signalling of NS  
204<sup>28</sup>. Only a small number of studies reported the action of NS at muscarinic receptors. Pregnenolone  
205 and progesterone inhibited the [<sup>3</sup>H](-)QNB binding to M<sub>1</sub> and M<sub>3</sub> receptors expressed in *Xenopus*  
206 oocytes while dehydroepiandrosterone (DHEA) was found to be inactive<sup>21</sup>. Presumably,  
207 pregnenolone and progesterone exert their effect as negative allosteric modulators. Next, the  
208 analgesic neurosteroid alfaxalone (3 $\alpha$ -hydroxy-5 $\beta$ -pregnane-11,20-dione) inhibited acetylcholine-  
209 induced currents in oocytes expressing M<sub>1</sub> and M<sub>3</sub> receptors with IC<sub>50</sub> values of 1.8  $\mu$ M and 5.3  
210  $\mu$ M, respectively<sup>29</sup>. Finally, the M<sub>2</sub> receptor, the most abundant muscarinic receptor subtype in the  
211 heart<sup>30</sup> was studied as a potential target of steroid hormones. Progesterone inhibited the binding of  
212 [<sup>3</sup>H]N-methylscopolamine (NMS) to M<sub>2</sub> receptor in cardiac tissues slices IC<sub>50</sub> value of 50  $\mu$ M while  
213 estradiol and testosterone were inactive in this assay<sup>22</sup>. Metabolites of progesterone such as 17 $\alpha$ -  
214 hydroxyprogesterone and 17 $\alpha$ ,21-dihydroxyprogesterone were found to be even more potent (5  $\mu$ M  
215 and 1  $\mu$ M, respectively). Interestingly, the authors demonstrated<sup>23</sup> that the inhibition of NMS  
216 binding to cardiac M<sub>2</sub> receptors is not mediated via the [<sup>3</sup>H]NMS binding site and that the  
217 modulatory effect is possibly non-genomic.

218 All reports so far described NS effects with micromolar potency. Our results demonstrate that  
219 several steroids (e.g. corticosterone, pregnenolone, progesterone, 5 $\beta$ -dihydroprogesterone,  
220 androstenedione, and testosterone) allosterically modulate muscarinic receptors with nanomolar  
221 affinity (Table 1). Steroids acting at nanomolar concentrations at muscarinic receptors represent the  
222 novel pharmacophore for development of new highly potent and efficacious steroids. Further,  
223 binding of steroid hormones corticosterone and progesterone to the muscarinic receptors with about  
224 100 nM affinity (Table 1 and 2) indicates that steroid hormones may bind to muscarinic receptors  
225 under physiological conditions. Thus, the effects of four hormones (corticosterone, progesterone,  
226 estradiol and testosterone) on functional response to acetylcholine were measured (Fig. 3 through  
227 6).

228 The basal plasma concentration of corticosterone in human is about 100 nM and rises to 500 nM  
229 during stress. Interestingly, corticosterone increases the potency of acetylcholine at M<sub>2</sub> and  
230 decreases the potency of acetylcholine at M<sub>4</sub> (Fig. 3, Table 3A). At the periphery, M<sub>2</sub> receptors are  
231 mainly post-synaptic, mediating the response to acetylcholine released from parasympathetic  
232 neurons. In contrast, M<sub>4</sub> receptors are mainly parasympathetic pre-synaptic receptors inhibiting the  
233 release of acetylcholine<sup>1</sup>. Therefore, the action of corticosterone at these two receptors  
234 synergistically facilitates parasympathetic action and may counter-balance increased activity of  
235 sympathetic neurons under stress.

236 The plasma concentration of progesterone oscillates between 0.3 and 50 nM during the  
237 menstruation cycle and rises to 770 nM at the end of pregnancy. The effects of progesterone were

238 the greatest at M<sub>1</sub> receptors. Effects of 100 nM and 1 μM progesterone were the same indicating  
239 saturation within the range of physiological concentrations (Fig. 4, Table 3B). Progesterone at 100  
240 nM concentration increased efficacy of acetylcholine at the M<sub>1</sub> receptor and decreased efficacy of  
241 acetylcholine at M<sub>2</sub> receptors. Similarly to progesterone, the plasma concentration of estradiol  
242 oscillates between 0.07 and 2.3 nM during the menstruation cycle and rises to 22 nM at the end of  
243 pregnancy. However, the estradiol binding to muscarinic receptors was observed at concentrations  
244 much higher (about 1 μM) than physiological ones (Table 1 and S1). In functional experiments,  
245 estradiol affected only the M<sub>1</sub> receptor (Fig. 5, Table 3C). At 100 nM concentration, it increased  
246 E<sub>MAX</sub> only by 24 %. Thus, at the physiological concentrations, the effects of estradiol on signalling  
247 via M<sub>1</sub> receptors are negligible. Although physiological determinants of epilepsy are not fully  
248 understood, the role of cholinergic signalling in neuronal firing activity has been implicated<sup>31</sup>. E.g.  
249 overstimulation of cholinergic signalling is the basis of pilocarpine model of status epilepticus<sup>32</sup>.  
250 The incidence of status epilepticus correlates with menstrual oscillations in the level of  
251 progesterone and estradiol<sup>33,34</sup>. The hormonal influence on epilepsy is supported by findings that  
252 progesterone increases a seizure threshold while estradiol decreases it. Therefore, it is likely that  
253 allosteric modulation of cholinergic transmission by progesterone may contribute to its anti-  
254 epileptic effects. In contrast, muscarinic receptors do not mediate the pro-epileptic effect estradiol.  
255 Initiation of seizures in the lithium-pilocarpine model is mediated by hippocampal M<sub>1</sub> receptors<sup>35</sup>.  
256 Thus, observed positive modulation of M<sub>1</sub> receptors may seem pro-convulsive. However, seizures  
257 are evoked by prolonged overstimulation of cholinergic system that leads to a several-fold increase  
258 in acetylcholine levels<sup>36</sup>. In contrast, acute short-term selective stimulation of M<sub>1</sub> or M<sub>4</sub> receptors  
259 normalizes hippocampal activity<sup>37</sup>. Thus, moderate positive modulation of hippocampal M<sub>1</sub>  
260 receptors restricted in time and space to ongoing cholinergic signalling may contribute to the anti-  
261 convulsive effect of progesterone.

262 An elevated level of progesterone during pregnancy may lead via muscarinic receptors to increase  
263 in heart rate, decrease in gastrointestinal mobility and nausea. In the heart, M<sub>2</sub> receptors mediate  
264 acetylcholine-induced bradycardia<sup>1</sup>. Negative modulation by progesterone may decrease the  
265 bradycardic effects of acetylcholine in the heart. Gastrointestinal motility is driven by stimulation of  
266 M<sub>2</sub> and M<sub>3</sub> receptors in the smooth muscle<sup>38</sup>. Negative modulation of these receptors by  
267 progesterone may lead to a decrease in gastrointestinal motility. Stimulation of M<sub>1</sub> receptors in the  
268 vestibular nuclei leads to nausea<sup>39</sup>. Positive modulation of these receptors by progesterone may  
269 contribute to pregnancy nausea.

270 No effects of sex hormones were observed at physiological concentrations. Estradiol even at 100  
271 nM concentration, that is 50 times higher than normal, increased efficacy of acetylcholine only at  
272 M<sub>1</sub> receptor (Fig. 5, Table 3C). The plasma level of testosterone ranges from 8 to 30 nM in males.  
273 The affinity of testosterone for the M<sub>2</sub> receptor was 70 nM (Table 1). However, even at one μM  
274 concentration, testosterone did not affect the functional response of muscarinic receptors to  
275 acetylcholine (Fig. 6, Table 3D). The possible explanation may be that while testosterone binds to  
276 muscarinic receptors at these concentrations (Table 1 and 2), it has opposing effects on efficacy and  
277 affinity of acetylcholine that nullify its effect on functional response (Table 3D).

278 Structure-activity relationship of 20 related steroidal derivatives pointed to certain structural features  
279 influencing binding affinity to muscarinic receptors and its selectivity to individual muscarinic  
280 subtypes. Anti-inflammatory corticosteroids and their synthetic analogues certainly deserve further  
281 experiments and structure-activity relationship studies as corticosterone was identified as one of the

282 most potent compounds. Second, 11-deoxycorticosterone and 5 $\alpha$ -dihydrodeoxycorticosterone, on  
283 the other hand, display intriguing selectivity towards M<sub>3</sub> and M<sub>4</sub> receptors, respectively.  
284 Pregnenolone, progesterone and their 5 $\alpha$  and 5 $\beta$ -reduced derivatives (5 $\alpha$ /5 $\beta$ -dihydroprogesterone)  
285 offer a great variety of possible synthetic modifications (e.g. modifications at C-7) that presumably  
286 should afford biologically active compounds as these steroids, out of all tested compounds, display  
287 the most profound effect on the affinity of all M<sub>1</sub>-M<sub>5</sub> receptors. Contrarily, it seems that the 3-  
288 hydroxy reduced derivatives of 5 $\alpha$ - and 5 $\beta$ -dihydroprogesterone lack desired effect on muscarinic  
289 receptors, excluding pregnanolone. Finally, compounds bearing androstane skeleton, in general,  
290 demonstrate poor ability to modulate muscarinic receptors. However, testosterone is an obvious  
291 exception as it exhibits strong selectivity towards M<sub>2</sub> receptor with affinity in nanomolar  
292 concentrations. As such, synthetic modifications of testosterone that would maintain selectivity and  
293 affinity towards muscarinic receptors while having reduced androgenic activity or even  
294 antiandrogenic effect might be of interest for further development. These structural findings may  
295 allow the design of novel steroid allosteric modulators with high-affinity for muscarinic receptors  
296 and possible therapeutic use.

297 In conclusion, at physiological concentrations, corticosterone and progesterone allosterically  
298 modulate the functional response of muscarinic receptors to acetylcholine. Although their effects  
299 are subtle, the effects may be cumulative during long-lasting physiological processes (e.g.  
300 pregnancy or distress) or chronic pathological processes (e.g. epilepsy) in which muscarinic  
301 receptors are involved. Steroids acting at nanomolar concentrations at muscarinic receptors  
302 represent the novel pharmacophore for the synthesis of high-affinity and efficacious steroids.  
303 Targeting the cholesterol-binding site or interfering with the action of steroid hormones at  
304 muscarinic receptors represents a new approach in the pharmacotherapy of pathologies associated  
305 with altered muscarinic signalling.

## 306 **Materials and methods**

### 307 *Materials and Synthesis*

308 Steroid compounds were dissolved in water-free DMSO to 20 mM concentration. All radiolabeled  
309 compounds (N-[<sup>3</sup>H]methyl scopolamine, myo-[2-<sup>3</sup>H(N)]inositol) were purchased from American  
310 Radiolabeled Chemicals, Inc. (Saint Louis, MO). Common chemicals were purchased from (Sigma,  
311 Prague, CZ) in the highest available purity.

312 Pregnenolone (3 $\beta$ -hydroxypregn-5-en-20-one), progesterone (pregn-4-ene-3,20-dione), estradiol  
313 (estra-1,3,5(10)-triene-3,17 $\beta$ -diol), dehydroepiandrosterone (DHEA, 3 $\beta$ -hydroxyandrost-5-en-17-  
314 one), and testosterone (17 $\beta$ -hydroxyandrost-4-en-3-one) were purchased from Steraloids (Newport,  
315 RI, USA). 17 $\alpha$ -Hydroxyprogesterone (17 $\alpha$ -hydroxypregn-4-ene-3,20-dione) and androstenedione  
316 (4-androstene-3,17-dione) were purchased from Sigma Aldrich (Prague, Czech Republic). 11-  
317 Deoxycorticosterone (21-hydroxypregn-4-ene-3,20-dione), corticosterone (11 $\beta$ ,21-dihydroxypregn-  
318 4-ene-3,20-dione), 5 $\alpha$ -dihydrodeoxycorticosterone (21-hydroxy-5 $\alpha$ -pregnane-3,20-dione), and 5 $\alpha$ -  
319 dihydrotestosterone (17 $\beta$ -hydroxy-5 $\alpha$ -androstan-3-one) were purchased from Toronto Research  
320 Chemicals Inc. (North York, Canada). 5 $\alpha$ -Dihydroprogesterone (5 $\alpha$ -pregnane-3,20-dione) was  
321 prepared by hydrogenation of pregnenolone, followed by oxidation of 3 $\beta$ -hydroxy group<sup>40</sup>. 5 $\beta$ -  
322 Dihydroprogesterone (5 $\beta$ -pregnane-3,20-dione) was prepared by hydrogenation of progesterone  
323 under basic conditions<sup>40</sup>. Pregnanolone (3 $\alpha$ -hydroxy-5 $\beta$ -pregnan-20-one) by selective reduction of  
324 5 $\beta$ -dihydroprogesterone with sodium borohydride at low temperature under slightly basic  
325 conditions<sup>41</sup>. Epipregnanolone (3 $\beta$ -hydroxy-5 $\beta$ -pregnan-20-one) was prepared from pregnanolone

326 by a two-step inversion of 3-hydroxy configuration using Mitsunobu reaction via *p*-nitrobenzoate<sup>42</sup>.  
327 Isopregnanolone (3 $\beta$ -hydroxy-5 $\alpha$ -pregnan-20-one) was prepared by hydrogenation of pregnenolone  
328 under neutral conditions<sup>43</sup>. Allopregnanolone (3 $\alpha$ -hydroxy-5 $\alpha$ -pregnan-20-one) was prepared from  
329 isopregnanolone by a two-step inversion of 3-hydroxy configuration using Mitsunobu reaction via  
330 3 $\alpha$ -formate followed by hydrolysis<sup>44</sup>. Androstenediol (androst-5-ene-3 $\beta$ ,17 $\beta$ -diol) was prepared by  
331 the reduction of dehydroepiandrosterone by sodium borohydride<sup>45</sup>. 5 $\alpha$ -Androstenedione (5 $\alpha$ -  
332 androstane-3,17-dione) was prepared by hydrogenation of dehydroepiandrosterone, followed by  
333 oxidation of 3 $\beta$ -hydroxy group<sup>46</sup>. 5 $\beta$ -Androstenedione (5 $\beta$ -androstane-3,17-dione) was prepared by  
334 hydrogenation of testosterone under basic conditions, followed by oxidation of 17 $\beta$ -hydroxy group  
335<sup>47</sup>.

336 The commercially available steroids had purity >98.0% and were used without further purification.  
337 Steroids that were prepared by synthetic protocols described above were characterized by general  
338 organic methods (e.g. <sup>1</sup>H, <sup>13</sup>C NMR, HR-MS) and their purity (>98.0%) was analysed using LC-  
339 MS system. Samples were measured using LC-MS equipped with UV-VIS detector. Equipment:  
340 TSP quaternary pump P4000, TSP autosampler AS3000, UV/VIS detector UV6000LP and ion-trap  
341 mass spectrometer Advantage. Solvent A was 98%water/ 2%acetonitrile and B was 95%acetonitrile/  
342 3% isopropanol/ 2%water with 5mM ammonium formate both. Gradient setup: 0-25-30-30.1-45min  
343 50-99-99-50-50% solvent B and flow rate 150 ul/min. For separation has been used C18 column:  
344 250 mm length, 2 mm width, Nucleosil 120-5 C15. UV6000LP is diode array detector witch 512  
345 diodes. UV/VIS setup: wavelength range 190-700nm, bandwidth 1 nm, step 1 nm and scan rate 1  
346 Hz. Ions have been detected in positive mode witch *m/z* range from 280 to 2000 Da

#### 347 *Cell Culture and Membrane Preparation*

348 Chinese hamster ovary cells stably transfected with the genes of human variants of muscarinic  
349 receptors were purchased from Missouri S&T cDNA Resource Center (Rolla, MO, USA). Cell  
350 cultures and crude membranes were prepared as described previously<sup>48</sup>. Cells were grown to  
351 confluence in 75 cm<sup>2</sup> flasks in Dulbecco's modified Eagle's medium supplemented with 10% fetal  
352 bovine serum and 2 million cells were sub-cultured to 100 mm Petri dishes. The medium was  
353 supplemented with 5 mM butyrate for the last 24 hours of cultivation to increase receptor  
354 expression. Cells were detached by mild trypsinization on day 5 after subculture. Detached cells  
355 were washed twice in 50 ml of phosphate-buffered saline and 3 min centrifugation at 250 x g.  
356 Washed cells were suspended in 20 ml of ice-cold incubation medium (100 mM NaCl, 20 mM Na-  
357 HEPES, 10 mM MgCl<sub>2</sub>, pH = 7.4) supplemented with 10 mM EDTA and homogenized on ice by  
358 two 30 sec strokes using Polytron homogenizer (Ultra-Turrax; Janke& Kunkel GmbH & Co. KG,  
359 IKA-Labortechnik, Staufen, Germany) with a 30-sec pause between strokes. Cell homogenates  
360 were centrifuged for 30 min at 30,000 x g. Supernatants were discarded, pellets suspended in the  
361 fresh incubation medium, incubated on ice for 30 minutes and centrifuged again. Resulting  
362 membrane pellets were kept at -80 °C until assayed within 10 weeks at a maximum.

#### 363 *[<sup>3</sup>H]NMS Binding Assay*

364 All radioligand binding experiments were optimized and carried out as described previously<sup>48</sup>.  
365 Briefly, membranes were incubated in 96-well plates at 30 °C in the incubation medium described  
366 above. Incubation volume was 400  $\mu$ l or 800  $\mu$ l for competition and saturation experiments with  
367 [<sup>3</sup>H]NMS, respectively. Approximately 30  $\mu$ g of membrane proteins per sample were used.  
368 N-methylscopolamine binding was measured directly in saturation experiments using six  
369 concentrations (30 pM to 1000 pM) of [<sup>3</sup>H]NMS during incubation for 1 hour (M<sub>2</sub>), 3 hours (M<sub>1</sub>,

370 M<sub>3</sub> and M<sub>4</sub>) or 5 hours (M<sub>5</sub>). For calculations of the equilibrium dissociation constant (K<sub>D</sub>),  
371 concentrations of free [<sup>3</sup>H]NMS were calculated by subtraction of bound radioactivity from total  
372 radioactivity in the sample and fitting Eq. 1 (Data analysis section). Binding of tested ligands was  
373 determined in competition experiments with 100 pM [<sup>3</sup>H]NMS. The equilibrium dissociation  
374 constant K<sub>A</sub> and factor of binding cooperativity  $\alpha$  were calculated according to Eq. 2. Samples were  
375 first preincubated 1 hour with [<sup>3</sup>H]NMS. Then tested compound was added and incubation  
376 continued for an additional 15 hours. Non-specific binding was determined in the presence of  
377 10  $\mu$ M unlabelled atropine. Incubations were terminated by filtration through Whatman GF/C glass  
378 fibre filters (Whatman) using a Brandel cell harvester (Brandel, Gaithersburg, MD, USA). In kinetic  
379 experiments membranes were pre-incubated 15-hours with tested compounds at a final  
380 concentration of 100nM and the with 1 nM [<sup>3</sup>H]NMS for additional 1 hour (M<sub>2</sub>), 3 hours (M<sub>1</sub>, M<sub>3</sub>,  
381 M<sub>4</sub>) or 5 hours (M<sub>5</sub>). Then dissociation was started by addition of atropine to the final concentration  
382 of 10  $\mu$ M. Dissociation lasted up to 90 min (M<sub>1</sub>, M<sub>4</sub>), 15 min (M<sub>2</sub>), 150 min (M<sub>3</sub>) or 240 min (M<sub>5</sub>).  
383 Dissociation was terminated by filtration. Filters were dried in a microwave oven and then solid  
384 scintillator Meltilex A was melted on filters (105 °C, 70 s) using a hot plate. The filters were cooled  
385 and counted in WallacMicrobeta scintillation counter.

#### 386 *Functional Response to Acetylcholine*

387 Effects of tested compounds on activation of receptors by acetylcholine were quantified by  
388 measurement of changes in the accumulation of inositol phosphates in cells (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or in  
389 [<sup>35</sup>S]GTP $\gamma$ S binding to cell membranes (M<sub>2</sub> and M<sub>4</sub>).

#### 390 *Measurement of inositol phosphate level*

391 For determination of the level of metabolically-labelled inositol phosphates (IP<sub>X</sub>), simple separation  
392 of precipitated membrane-bound phosphatidylinositol bisphosphate and soluble IP<sub>X</sub> described  
393 earlier was used<sup>49</sup>. Cells were seeded in 96-well plates, 12 thousand cells per well in 100  $\mu$ l of  
394 DMEM. On the next day, DMEM was removed and 50  $\mu$ l of DMEM supplemented with 30 nM  
395 [<sup>3</sup>H]myo-inositol for 12 hours. Then cell were washed by Krebs-HEPES buffer (KHB; 138 mM  
396 NaCl; 4 mM KCl; 1.3 mM CaCl<sub>2</sub>; 1 mM MgCl<sub>2</sub>; 1.2 mM NaH<sub>2</sub>PO<sub>4</sub>; 10 mM glucose; 20 mM Na-  
397 HEPES; pH = 7.4) supplemented with 10 mM LiCl. Cells were pre-incubated at 37°C with tested  
398 compound at the desired concentration and acetylcholine for 30 min. Then KHB was removed and  
399 the accumulation of inositol phosphates was stopped by addition of 50  $\mu$ l of 20 % trichloroacetic acid  
400 (TCA). Plates were put to 4°C for 1 hour, then 40  $\mu$ l of TCA extract were transferred to another 96-  
401 well plate, mixed with 200  $\mu$ l of Rotiszint scintillation cocktail and counted in WallacMicrobeta.  
402 Rest of TCA extract was discarded, individual wells were washed with 50  $\mu$ l of 20 % TCA, 50  $\mu$ l of  
403 1 M NaOH was added to each well and plates were shaken at room temperature for 15 min. Then  
404 40  $\mu$ l of NaOH lysate were transferred to another 96-well plate, mixed with 200  $\mu$ l of Rotiszint  
405 scintillation cocktail and counted in WallacMicrobeta. Level of inositol phosphates was calculated  
406 as a fraction of soluble (TCA extract) to total (TCA extract plus NaOH lysate) radioactivity.

#### 407 *[<sup>35</sup>S]GTP $\gamma$ S Binding Assay*

408 Measurement of [<sup>35</sup>S]GTP $\gamma$ S binding was carried out on membranes in 96-well plates at 30 °C in  
409 the incubation medium described above supplemented with freshly prepared dithiothreitol at a final  
410 concentration of 1 mM, essentially as described by<sup>49</sup>. Membranes at concentrations 10  $\mu$ g of  
411 protein per well were used. The final volume was 200  $\mu$ l, the final concentration of [<sup>35</sup>S]GTP $\gamma$ S was  
412 500 pM and the final concentration of GDP was 50  $\mu$ M. Non-specific binding was determined in the  
413 presence of 1  $\mu$ M unlabelled GTP $\gamma$ S. When the effects of tested compounds on ACh-stimulated

414 [<sup>35</sup>S]GTPγS binding were measured, tested compounds were added to membranes 30 min before  
415 ACh and [<sup>35</sup>S]GTPγS. Incubation with [<sup>35</sup>S]GTPγS was carried out for 20 min and free ligand was  
416 removed by filtration through Whatman GF/C glass fibre filters (Whatman) using a Brandel cell  
417 harvester (Brandel, Gaithersburg, MD, USA). Filtration and washing with ice-cold water lasted for  
418 9 s. Filters were dried in a microwave oven and then solid scintillator Meltilex A was melted on  
419 filters (105 °C, 70 s) using a hot plate. The filters were cooled and counted in WallacMicrobeta  
420 scintillation counter.

#### 421 *Data Analysis*

422 Data from biological evaluation experiments were processed in Libre Office and then analysed and  
423 plotted using program Grace (<http://plasma-gate.weizmann.ac.il/Grace/>). Statistical analysis was  
424 performed using the statistical package R (<http://www.r-project.org>). For non-linear regression  
425 analysis following equations were used:

#### 426 Saturation of [<sup>3</sup>H]NMS Binding

427 Binding of [<sup>3</sup>H]NMS at various concentrations was measured. After subtraction of non-specific  
428 binding and calculation of free radioligand concentration, Eq. 1 was fitted to the data.

$$429 \quad y = \frac{B_{MAX} * x}{x + K_D} \quad \text{Eq. 1}$$

430 Where y is specific binding at free concentration x, B<sub>MAX</sub> is maximum binding capacity, and K<sub>D</sub> is  
431 the equilibrium dissociation constant of [<sup>3</sup>H]NMS.

#### 432 Binding Parameters of Tested Compounds

433 Tested compounds are allosteric modulators of [<sup>3</sup>H]NMS binding. [<sup>3</sup>H]NMS binding was  
434 determined in the presence of tested compounds at various concentrations<sup>50</sup>. After subtraction of  
435 non-specific binding and normalization to binding in the absence of the tested compound, Eq. 4 was  
436 fitted to the data.

$$437 \quad y = \frac{[D] + K_D}{[D] + K_D \frac{K_A + x}{K_A + \alpha * x}} \quad \text{Eq. 2}$$

438 Where y is specific radioligand binding at concentration x of the tested compound expressed as a  
439 per cent of binding in its absence, K<sub>A</sub> is the equilibrium dissociation constant of the tested  
440 compound and α is the factor of binding cooperativity. Value of α greater than 1 denotes positive  
441 cooperativity. K<sub>D</sub> is the equilibrium dissociation constant and [D] is the concentration of [<sup>3</sup>H]NMS.

#### 442 [<sup>3</sup>H]NMS Dissociation

443 After subtraction of non-specific binding and normalization to binding at the beginning of  
444 dissociation, Eq. 4 was fitted to the data.

$$445 \quad y = 100 * e^{-k_{off} * x} \quad \text{Eq. 3}$$

446 Where y is [<sup>3</sup>H]NMS binding at time x, and koff is the observed dissociation rate constant.

#### 447 *Concentration Response to Acetylcholine*

448 The intracellular level of inositol phosphates or [<sup>35</sup>S]GTPγS binding to membranes at various  
449 concentrations of acetylcholine was measured. After subtraction of background values or non-  
450 specific binding and normalization to the level in the absence of acetylcholine Eq. 3 was fitted to  
451 the data.

452 
$$y = 1 + \frac{(E'_{MAX}-1)*x^{nH}}{x^{nH}+EC_{50}}$$
 Eq. 4

453 Where  $y$  is the normalized response at acetylcholine concentration  $x$ ,  $E'_{MAX}$  is the observed  
 454 maximal response,  $EC_{50}$  is the concentration of acetylcholine causing half-maximal effect, and  $nH$   
 455 is Hill coefficient.

456 From  $EC_{50}$  and  $E'_{MAX}$  values of series of agonists, the maximal system response  $E_{MAX}$  was  
 457 determined and then operational efficacy acetylcholine  $\tau$  was calculated according to Eq. 5<sup>24</sup>.

458 
$$\tau = \frac{E'_{MAX}}{E_{MAX}-E'_{MAX}}$$
 Eq. 5

459 The factor of operational cooperativity  $\beta$  and factor of binding cooperativity  $\alpha$  was calculated from  
 460  $E'_{MAX}$  and  $EC'_{50}$  values induced by tested allosteric modulator at saturating concentration according  
 461 to Eq. 6 and Eq. 7, respectively<sup>25</sup>.

462 
$$\beta = \frac{E'_{MAX}}{\tau E_{MAX}-\tau E'_{MAX}}$$
 Eq. 6

463 
$$\alpha = \frac{EC_{50}(\tau+1)}{EC'_{50}(\beta\tau+1)}$$
 Eq. 7

464 Where  $E_{MAX}$  is a maximal system response,  $E'_{MAX}$  is the maximal response to acetylcholine in the  
 465 presence of tested allosteric modulator at saturating concentration,  $\tau$  is operational efficacy of  
 466 acetylcholine,  $EC_{50}$  and  $EC'_{50}$  are concentrations of acetylcholine causing a half-maximal effect in  
 467 the absence and presence of allosteric modulator at saturating concentration, respectively.

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#### 472 **Contributions**

473 JJ and EK conceived experimental design, ES-P synthesized, purified and verified chemical  
 474 compounds, ED, NC, DN and AR conducted experiments, ED, NC, DN, AR and JJ analysed  
 475 experimental data and performed the statistical analysis, ES-P and EK performed the analysis of the  
 476 structure-activity relationship. All authors contributed to writing the manuscript, read and approved  
 477 the final version of the manuscript.

#### 478 **Competing interests**

479 Authors declare no competing interest.

#### 480 **Data and materials availability**

481 Data supporting the findings of this manuscript are available from the corresponding authors upon  
 482 reasonable request.

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596

## 597 **Figure legends**

598 *Fig. 1 – Structures and biosynthesis of tested compounds*

599 Structures of tested steroid compounds and their biosynthesis from cholesterol. Dashed arrows,  
600 multi-step reaction.

601 *Fig. 2 – Allosteric modulation of [<sup>3</sup>H]NMS binding by corticosterone and progesterone*

602 Allosteric modulation of 100 pM [<sup>3</sup>H]NMS binding to individual subtypes of muscarinic receptors  
603 (indicated in legend) by corticosterone (left) and progesterone (right). Data are means  $\pm$  SD from 3  
604 independent experiments performed in quadruplicates.

605 *Fig. 3 – Modulation of functional response to acetylcholine by corticosterone*

606 The functional response of muscarinic receptors to acetylcholine was measured as an increase in the  
607 intracellular level of inositol phosphates (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or increase in [<sup>35</sup>S]GTP $\gamma$ S binding to  
608 membranes (M<sub>2</sub> and M<sub>4</sub>). Controls and concentrations of corticosterone are indicated in the legend.  
609 Functional response is expressed as fold-over basal level. Data are means  $\pm$  SD from 3 independent  
610 experiments performed in quadruplicates.

611 *Fig. 4 – Modulation of functional response to acetylcholine by progesterone*

612 The functional response of muscarinic receptors to acetylcholine was measured as an increase in the  
613 intracellular level of inositol phosphates (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or increase in [<sup>35</sup>S]GTP $\gamma$ S binding to

614 membranes (M<sub>2</sub> and M<sub>4</sub>). Controls and concentrations of corticosterone are indicated in the legend.  
615 Functional response is expressed as fold-over basal level. Data are means ± SD from 3 independent  
616 experiments performed in quadruplicates.

617 *Fig. 5 – Modulation of functional response to acetylcholine by estradiol*

618 The functional response of muscarinic receptors to acetylcholine was measured as an increase in the  
619 intracellular level of inositol phosphates (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or increase in [<sup>35</sup>S]GTPγS binding to  
620 membranes (M<sub>2</sub> and M<sub>4</sub>). Controls and concentrations of corticosterone are indicated in the legend.  
621 Functional response is expressed as fold-over basal level. Data are means ± SD from 3 independent  
622 experiments performed in quadruplicates.

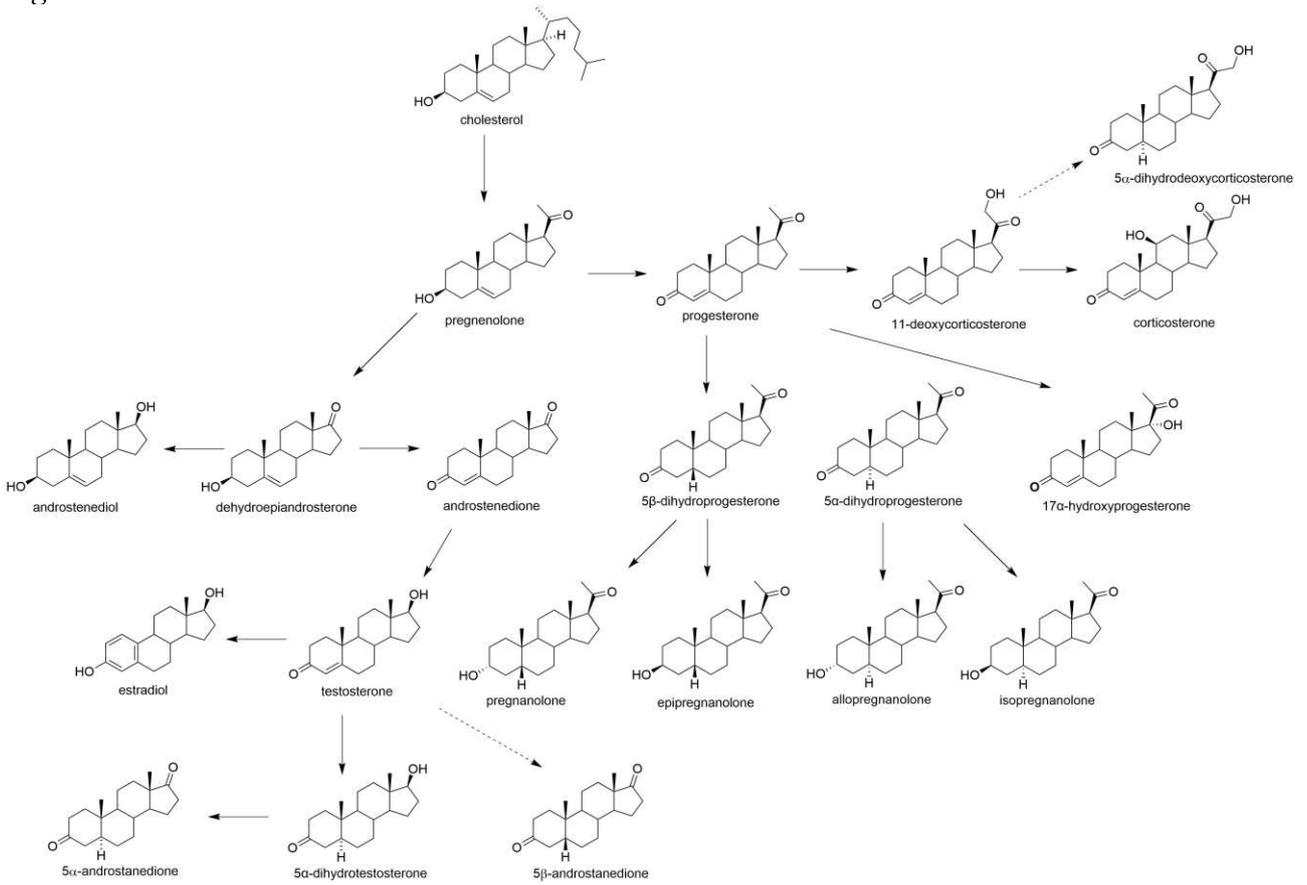
623 *Fig. 6 – Modulation of functional response to acetylcholine by testosterone*

624 The functional response of muscarinic receptors to acetylcholine was measured as an increase in the  
625 intracellular level of inositol phosphates (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or increase in [<sup>35</sup>S]GTPγS binding to  
626 membranes (M<sub>2</sub> and M<sub>4</sub>). Controls and concentrations of corticosterone are indicated in the legend.  
627 Functional response is expressed as fold-over basal level. Data are means ± SD from 3 independent  
628 experiments performed in quadruplicates.

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630 **Figures:**

631 *Fig. 1*



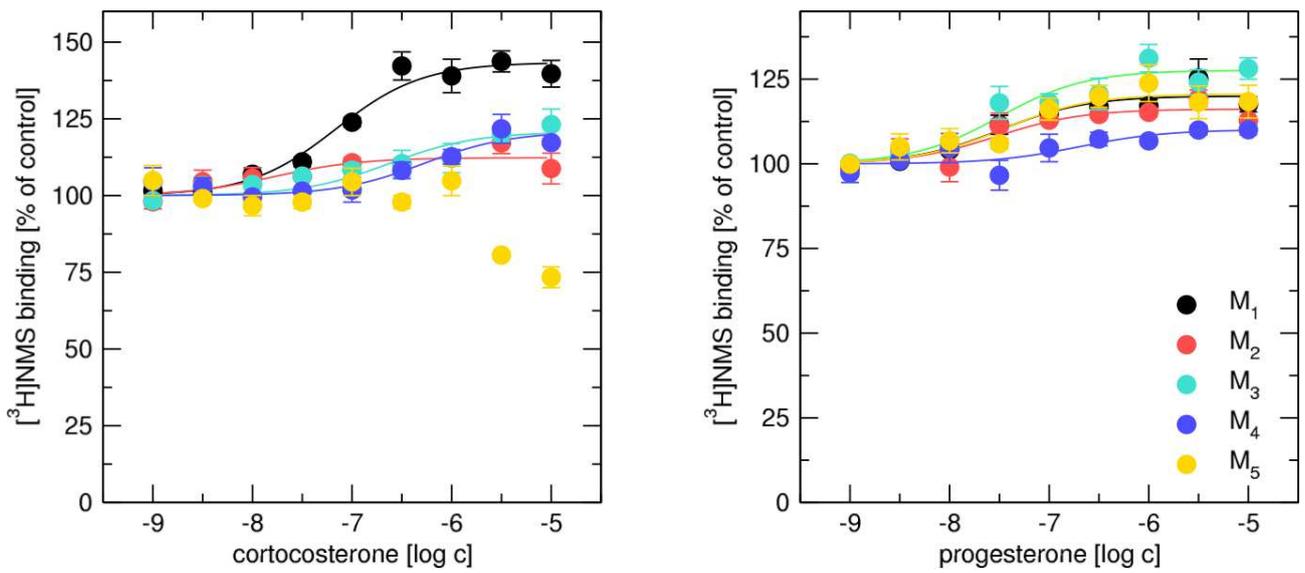
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635 *Fig. 2*

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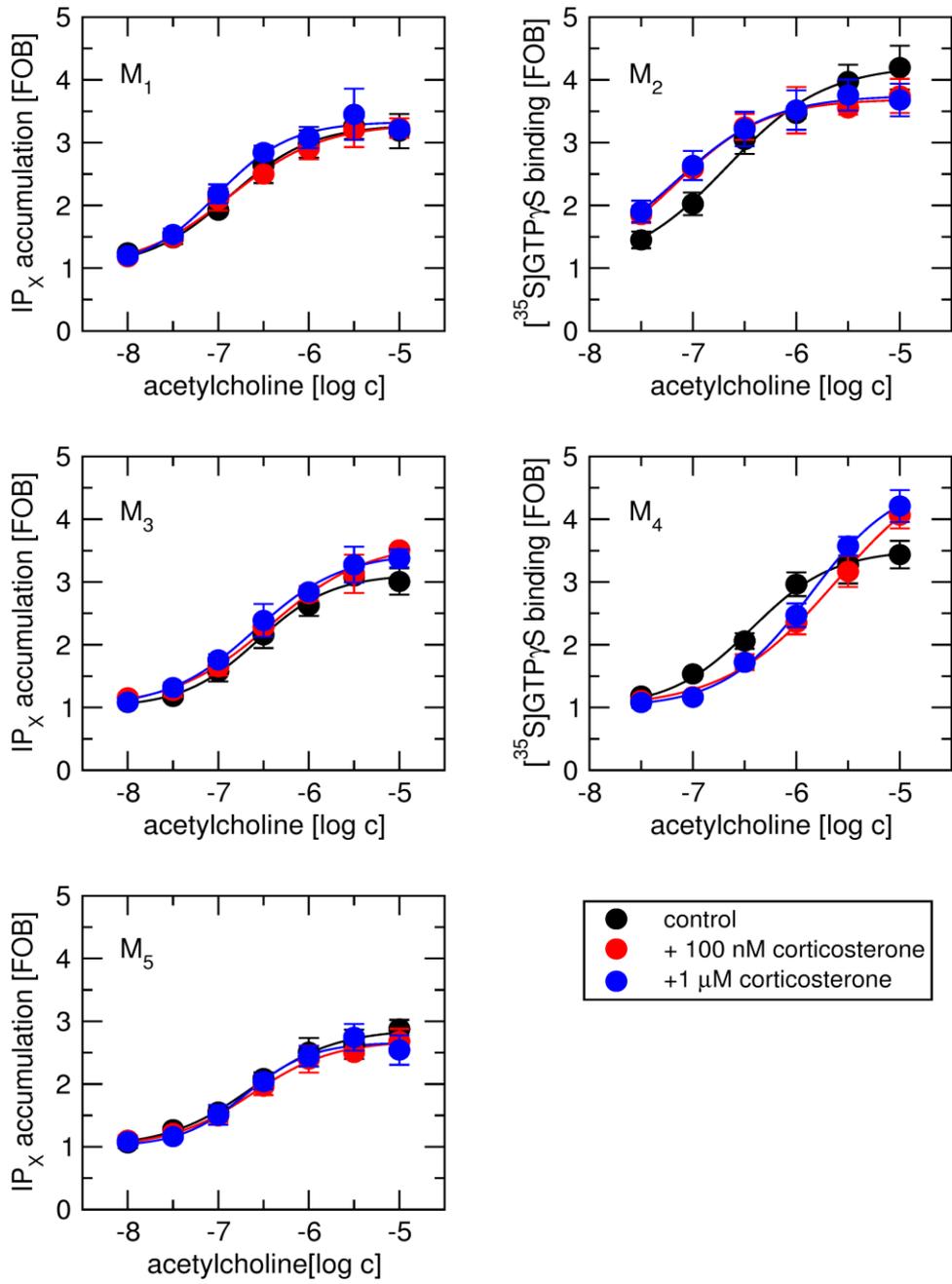


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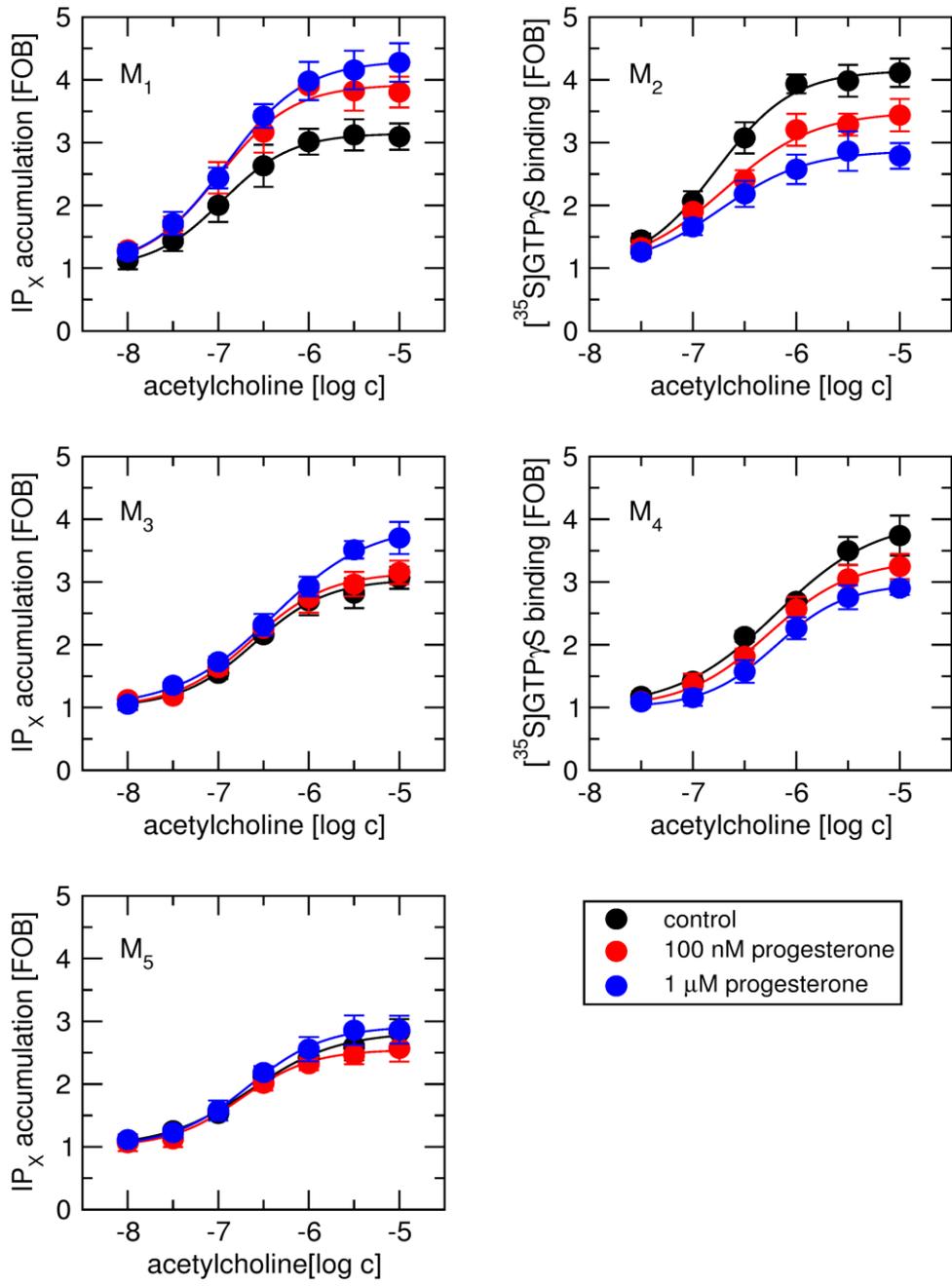
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640 Fig. 3  
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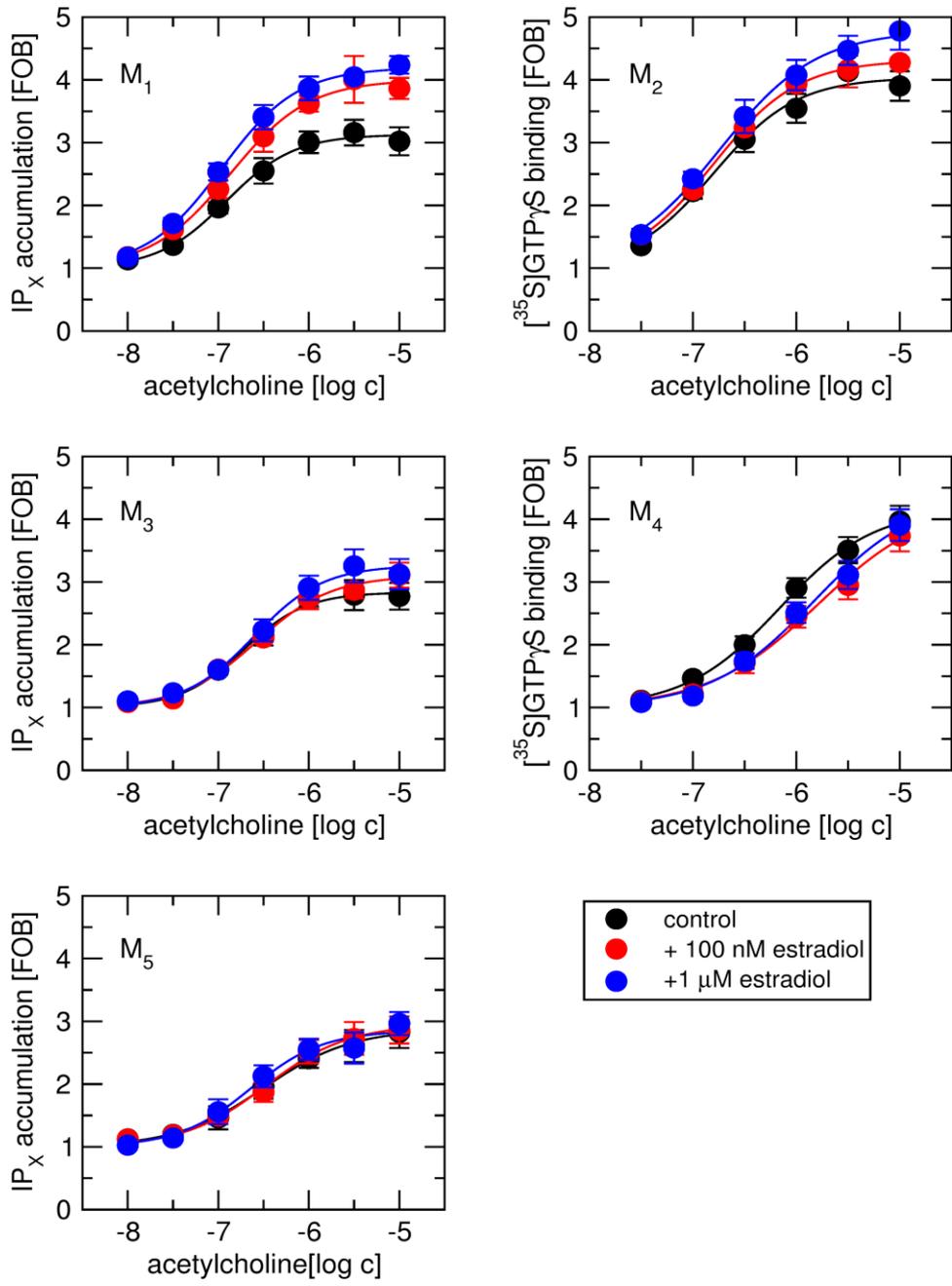
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645 Fig. 4  
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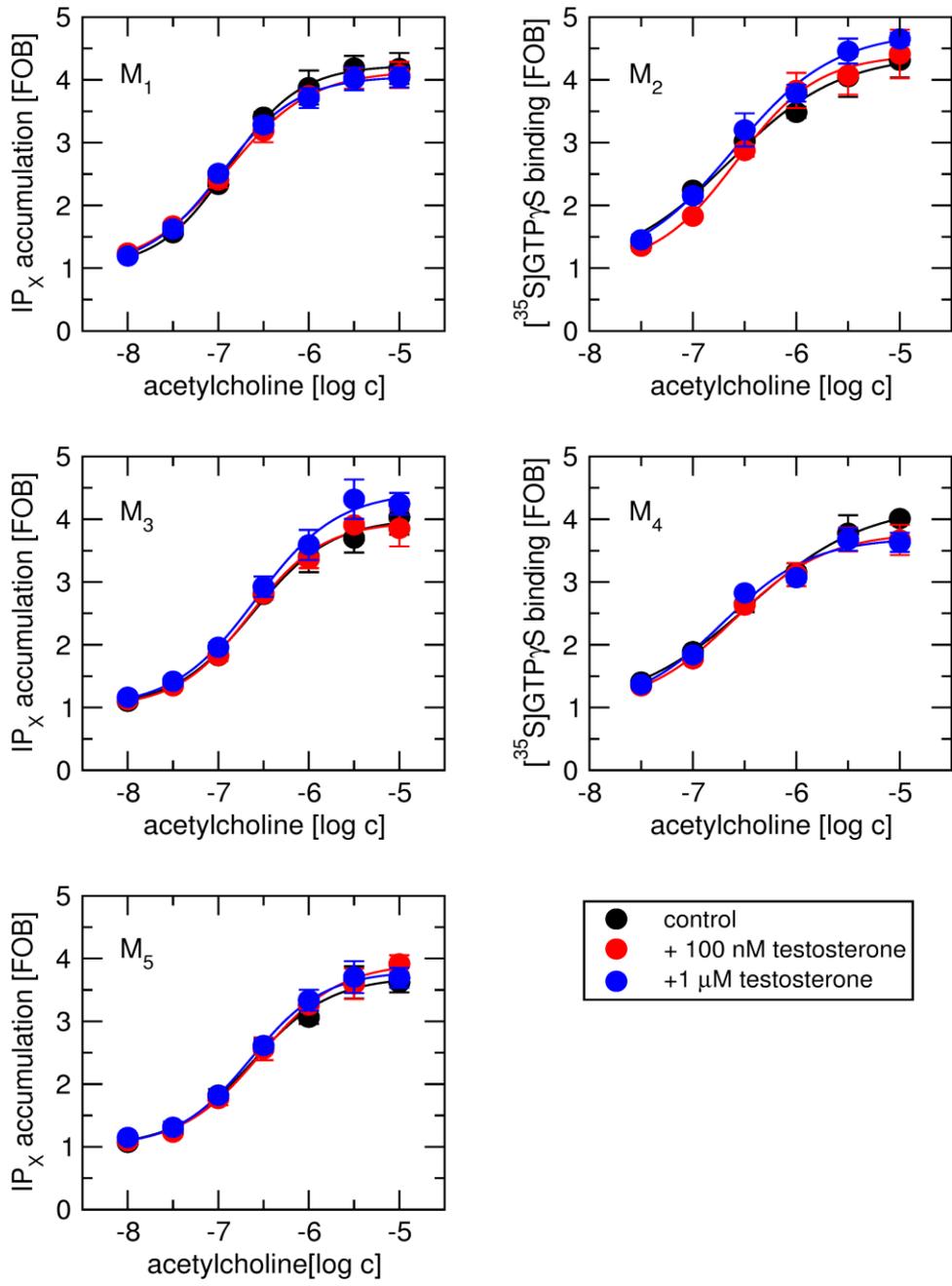
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650 Fig. 5  
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655 Fig. 6  
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660 **Tables:**661 *Table 1 Affinities – equilibrium binding*662 Affinities of tested compounds are expressed as the negative logarithm of the equilibrium  
663 dissociation constant  $K_A$  obtained by fitting Eq. 2 to data from equilibrium binding experiments.664 Values are means  $\pm$  SD from 3 independent experiments performed in quadruplicates.

	M <sub>1</sub>	M <sub>2</sub>	M <sub>3</sub>	M <sub>4</sub>	M <sub>5</sub>
11-Deoxycorticosterone	<6	<6	6.46 $\pm$ 0.11	<6	<6
Corticosterone	6.92 $\pm$ 0.1	7.27 $\pm$ 0.04	7.09 $\pm$ 0.04	6.63 $\pm$ 0.22	<6
5 $\alpha$ - Dihydrodeoxycorticosterone	<6	<6	<6	6.68 $\pm$ 0.05	<6
17 $\alpha$ -Hydroxyprogesterone	<6	6.69 $\pm$ 0.08	6.54 $\pm$ 0.09	<6	7.18 $\pm$ 0.09
Pregnenolone	7.35 $\pm$ 0.08	<6	<6	7.32 $\pm$ 0.06	<6
Progesterone	7.35 $\pm$ 0.11	7.35 $\pm$ 0.18	7.38 $\pm$ 0.12	6.52 $\pm$ 0.23	7.26 $\pm$ 0.08
5 $\beta$ -Dihydroprogesterone	6.07 $\pm$ 0.09	7.13 $\pm$ 0.12	<6	7.01 $\pm$ 0.11	6.07 $\pm$ 0.10
5 $\alpha$ -Dihydroprogesterone	<6	<6	<6	<6	<6
Epipregnanolone	<6	<6	<6	6.7 $\pm$ 0.3	6.2 $\pm$ 0.3
Pregnanolone	6.6 $\pm$ 0.3	6.7 $\pm$ 0.3	<6	6.48 $\pm$ 0.10	7.35 $\pm$ 0.07
Isopregnanolone	<6	<6	<6	6.09 $\pm$ 0.06	<6
Allopregnanolone	<6	<6	<6	<6	<6
Estradiol	<6	<6	<6	6.21 $\pm$ 0.13	<6
DHEA	<6	6.3 $\pm$ 0.3	<6	6.2 $\pm$ 0.2	<6
Androstenediol	<6	<6	<6	<6	<6
Androstenedione	<6	7.09 $\pm$ 0.10	7.38 $\pm$ 0.15	<6	<6
Testosterone	6.63 $\pm$ 0.07	7.15 $\pm$ 0.06	<6	<6	<6
Dihydrotestosterone	<6	<6	<6	<6	<6
5 $\alpha$ -androstenedione	<6	<6	<6	<6	<6
5 $\beta$ -androstenedione	<6	<6	<6	<6	<6

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669 *Table 2 Effects on the binding kinetics of [<sup>3</sup>H]NMS*  
 670 Effects of tested compounds on the kinetics of [<sup>3</sup>H]NMS are expressed as ratios of the observed rate  
 671 of [<sup>3</sup>H]NMS dissociation in the presence of the tested compound to the dissociation rate in its  
 672 absence obtained by fitting Eq. 3 to [<sup>3</sup>H]NMS dissociation data. A value greater than 1 denotes  
 673 an acceleration of dissociation, lower than 1 denote a deceleration of dissociation. Values are means  
 674 ± SD from 3 independent experiments performed in quadruplicates. \*, different from 1 (p<0.05, one  
 675 sample T-test).

	M <sub>1</sub>	M <sub>2</sub>	M <sub>3</sub>	M <sub>4</sub>	M <sub>5</sub>
11-Deoxycorticosterone	1.03 ± 0.04	1.04 ± 0.07	1.05 ± 0.09	1.00 ± 0.08	0.65 ± 0.03*
Corticosterone	0.92 ± 0.09	1.05 ± 0.07	0.93 ± 0.07	1.09 ± 0.08	0.72 ± 0.02*
5α-Dihydrodeoxycorticosterone	1.00 ± 0.05	1.14 ± 0.07	1.08 ± 0.07	0.84 ± 0.06	0.87 ± 0.07
17α-Hydroxyprogesterone	0.89 ± 0.06	1.41 ± 0.05*	1.18 ± 0.07*	1.42 ± 0.09*	0.70 ± 0.06*
Pregnenolone	0.64 ± 0.07*	0.80 ± 0.05*	1.00 ± 0.03	1.51 ± 0.09*	1.01 ± 0.09
Progesterone	0.67 ± 0.08*	0.81 ± 0.09*	1.00 ± 0.03	1.42 ± 0.08*	1.02 ± 0.03
5β-Dihydroprogesterone	1.37 ± 0.09*	1.00 ± 0.05	1.92 ± 0.08*	1.00 ± 0.05	0.83 ± 0.07*
5α-Dihydroprogesterone	1.06 ± 0.06	0.83 ± 0.06*	1.27 ± 0.02*	1.16 ± 0.07*	0.52 ± 0.10*
Epipregnanolone	0.79 ± 0.08*	1.00 ± 0.05	0.98 ± 0.03	1.00 ± 0.05	1.42 ± 0.07*
Pregnanolone	1.49 ± 0.09*	1.22 ± 0.07*	1.53 ± 0.09*	1.92 ± 0.15*	0.76 ± 0.05*
Isopregnanolone	0.93 ± 0.05	1.19 ± 0.06*	1.06 ± 0.05	1.16 ± 0.07*	1.07 ± 0.06
Allopregnanolone	0.92 ± 0.06	1.26 ± 0.08*	1.12 ± 0.07	0.88 ± 0.06	1.05 ± 0.06
Estradiol	1.97 ± 0.07*	1.35 ± 0.05*	1.58 ± 0.08*	2.18 ± 0.08*	0.42 ± 0.06*
DHEA	1.06 ± 0.04	0.95 ± 0.05	0.82 ± 0.05*	0.88 ± 0.05*	0.95 ± 0.05
Androstenediol	1.01 ± 0.02	0.97 ± 0.04	0.71 ± 0.03*	0.95 ± 0.02	1.04 ± 0.09*
Androstenedione	0.73 ± 0.08*	1.38 ± 0.08*	1.00 ± 0.07	1.00 ± 0.05	1.18 ± 0.05*
Testosterone	0.57 ± 0.07*	1.40 ± 0.09*	1.06 ± 0.08	1.00 ± 0.06	1.07 ± 0.04
Dihydrotestosterone	1.90 ± 0.09*	1.35 ± 0.05*	0.95 ± 0.03	2.08 ± 0.05*	0.33 ± 0.08*
5α-androstenedione	1.18 ± 0.08*	1.10 ± 0.07	1.07 ± 0.05	1.11 ± 0.08	1.19 ± 0.07*
5β-androstenedione	1.18 ± 0.07*	1.04 ± 0.06	1.03 ± 0.05	0.87 ± 0.07	0.95 ± 0.06

676

677

678 *Table 3 Effects of hormones on the functional response of muscarinic receptors*  
 679 Effects of hormones at 100 nM and 1 μM concentration on acetylcholine potency ( $\Delta pEC_{50}$ ) and  
 680 maximal elicited response (% of control  $E_{MAX}$ ) at muscarinic receptors. Positive  $\Delta pEC_{50}$  means an  
 681 increase in acetylcholine potency. Values are means  $\pm$  SD from 3 independent experiments  
 682 performed in quadruplicates. \*, different from 0 ( $\Delta pEC_{50}$ ), 100 % ( $E_{MAX}$ ) and 1 ( $\beta$ ,  $\alpha$ ) ( $p < 0.05$ , one  
 683 sample T-test).

684 Table 3A – Effects of corticosterone

	100 nM		1 μM		$\beta$	$\alpha$
	$\Delta pEC_{50}$	% of control $E_{MAX}$	$\Delta pEC_{50}$	% of control $E_{MAX}$		
M <sub>1</sub>	-0.01 $\pm$ 0.06	101 $\pm$ 9	0.13 $\pm$ 0.07	107 $\pm$ 3	1.02 $\pm$ 0.02	1.33 $\pm$ 0.09*
M <sub>2</sub>	0.49 $\pm$ 0.05*	85 $\pm$ 6*	0.54 $\pm$ 0.06*	85 $\pm$ 6*	0.80 $\pm$ 0.08*	3.52 $\pm$ 0.13*
M <sub>3</sub>	0.01 $\pm$ 0.04	111 $\pm$ 4*	0.02 $\pm$ 0.04	117 $\pm$ 5*	1.24 $\pm$ 0.07*	0.94 $\pm$ 0.08
M <sub>4</sub>	-0.49 $\pm$ 0.09*	120 $\pm$ 8*	-0.43 $\pm$ 0.07*	121 $\pm$ 6*	1.73 $\pm$ 0.10*	0.20 $\pm$ 0.10*
M <sub>5</sub>	0.07 $\pm$ 0.03	97 $\pm$ 7	0.06 $\pm$ 0.06	96 $\pm$ 6	0.88 $\pm$ 0.07	1.24 $\pm$ 0.09

685

686 Table 3B – Effects of progesterone

	100 nM		1 μM		$\beta$	$\alpha$
	$\Delta pEC_{50}$	% of control $E_{MAX}$	$\Delta pEC_{50}$	% of control $E_{MAX}$		
M <sub>1</sub>	-0.03 $\pm$ 0.06	127 $\pm$ 6*	0.00 $\pm$ 0.05	133 $\pm$ 9*	2.09 $\pm$ 0.03*	0.58 $\pm$ 0.03*
M <sub>2</sub>	0.01 $\pm$ 0.04	81 $\pm$ 9	0.02 $\pm$ 0.02	68 $\pm$ 8*	0.53 $\pm$ 0.05*	1.21 $\pm$ 0.07*
M <sub>3</sub>	-0.01 $\pm$ 0.06	104 $\pm$ 5*	0.03 $\pm$ 0.05	120 $\pm$ 8*	1.71 $\pm$ 0.08*	0.46 $\pm$ 0.08*
M <sub>4</sub>	0.13 $\pm$ 0.11	92 $\pm$ 5	0.23 $\pm$ 0.07*	84 $\pm$ 6*	0.60 $\pm$ 0.09*	1.27 $\pm$ 0.12*
M <sub>5</sub>	-0.08 $\pm$ 0.06	92 $\pm$ 7	-0.09 $\pm$ 0.04	104 $\pm$ 6	1.06 $\pm$ 0.06	1.04 $\pm$ 0.08

687

688 Table 3C – Effects of estradiol

	100 nM		1 μM		$\beta$	$\alpha$
	$\Delta pEC_{50}$	% of control $E_{MAX}$	$\Delta pEC_{50}$	% of control $E_{MAX}$		
M <sub>1</sub>	-0.02 $\pm$ 0.04	124 $\pm$ 5*	0.04 $\pm$ 0.04	130 $\pm$ 5*	1.97 $\pm$ 0.06*	0.75 $\pm$ 0.07*
M <sub>2</sub>	0.06 $\pm$ 0.06	101 $\pm$ 5	0.01 $\pm$ 0.09	115 $\pm$ 9	1.42 $\pm$ 0.12*	0.73 $\pm$ 0.11*
M <sub>3</sub>	-0.07 $\pm$ 0.08	104 $\pm$ 5	0.02 $\pm$ 0.04	111 $\pm$ 5	1.29 $\pm$ 0.06*	0.69 $\pm$ 0.07*
M <sub>4</sub>	-0.33 $\pm$ 0.08*	103 $\pm$ 7	-0.39 $\pm$ 0.09*	110 $\pm$ 7	1.12 $\pm$ 0.15	0.44 $\pm$ 0.17*
M <sub>5</sub>	-0.11 $\pm$ 0.04	102 $\pm$ 4	0.01 $\pm$ 0.04	103 $\pm$ 5	0.98 $\pm$ 0.08	1.42 $\pm$ 0.11*

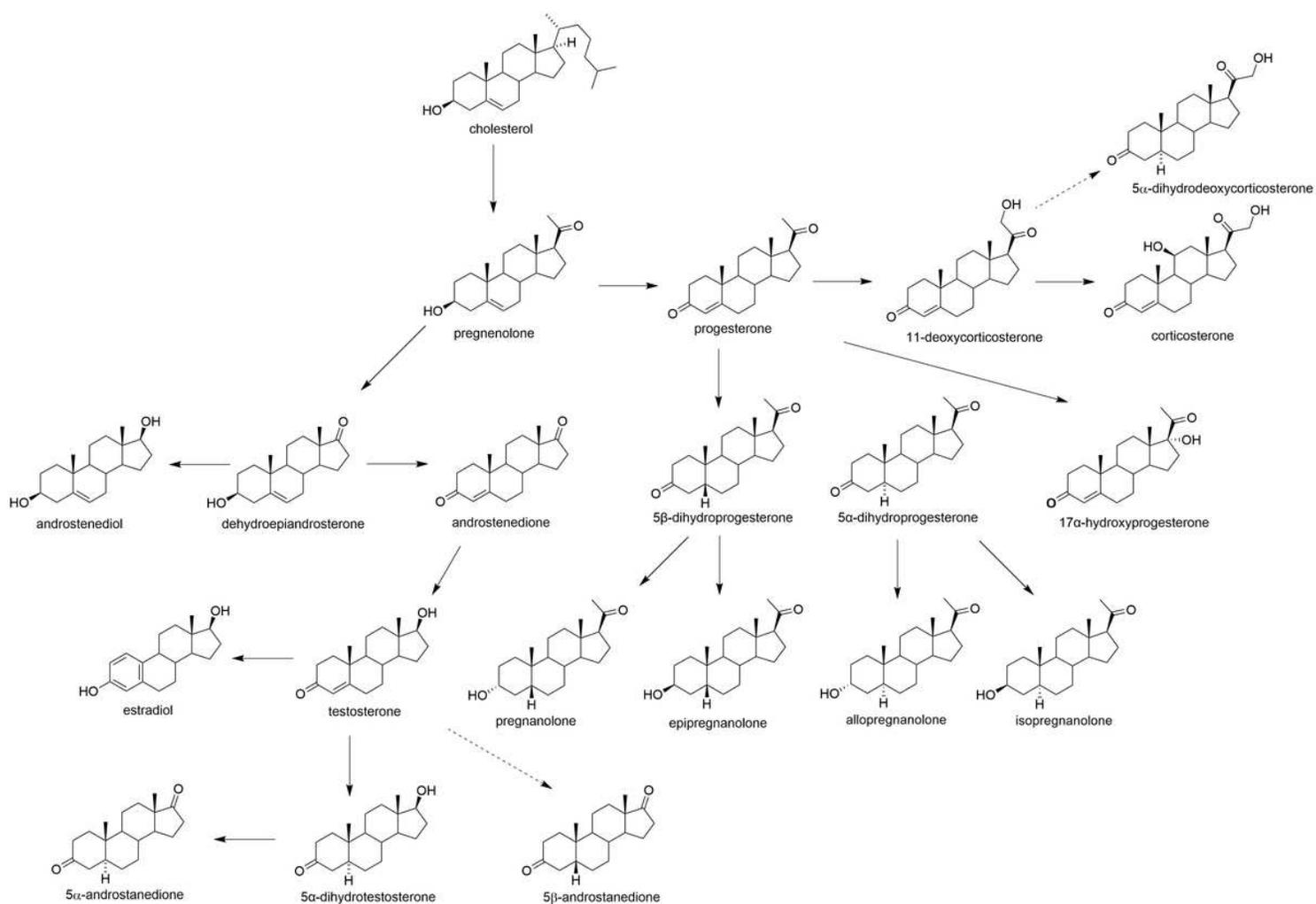
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690 Table 3D – Effects of testosterone

	100 nM		1 $\mu$ M		$\beta$	$\alpha$
	$\Delta pEC_{50}$	% of control $E_{MAX}$	$\Delta pEC_{50}$	% of control $E_{MAX}$		
M <sub>1</sub>	-0.02 $\pm$ 0.03	97 $\pm$ 4	-0.02 $\pm$ 0.01	95 $\pm$ 4	0.89 $\pm$ 0.06	1.12 $\pm$ 0.06
M <sub>2</sub>	-0.12 $\pm$ 0.04	104 $\pm$ 6	-0.06 $\pm$ 0.04	110 $\pm$ 7	1.19 $\pm$ 0.13	0.85 $\pm$ 0.15
M <sub>3</sub>	-0.01 $\pm$ 0.04	101 $\pm$ 5	0.04 $\pm$ 0.04	107 $\pm$ 4	1.22 $\pm$ 0.12	0.88 $\pm$ 0.13
M <sub>4</sub>	-0.01 $\pm$ 0.09	96 $\pm$ 5	0.08 $\pm$ 0.09	88 $\pm$ 7	0.92 $\pm$ 0.11	1.22 $\pm$ 0.16
M <sub>5</sub>	-0.02 $\pm$ 0.03	103 $\pm$ 6	0.00 $\pm$ 0.02	100 $\pm$ 5	1.06 $\pm$ 0.09	1.01 $\pm$ 0.10

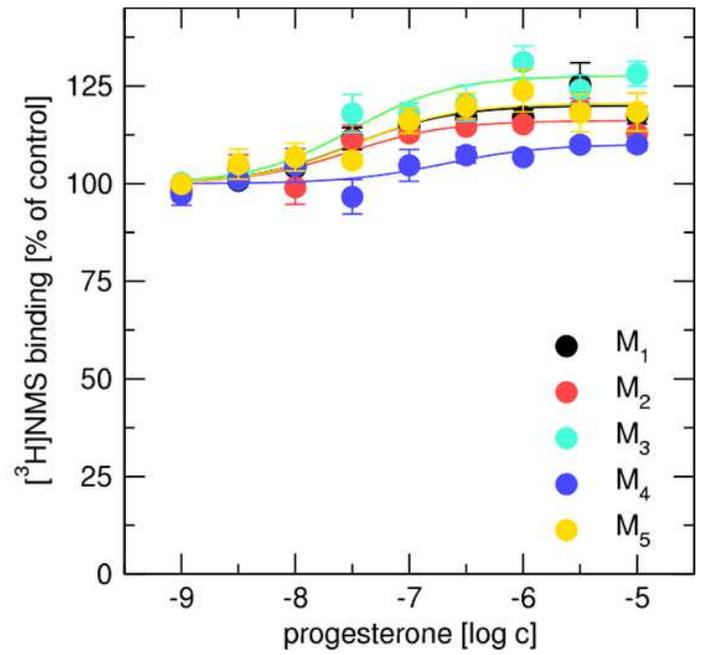
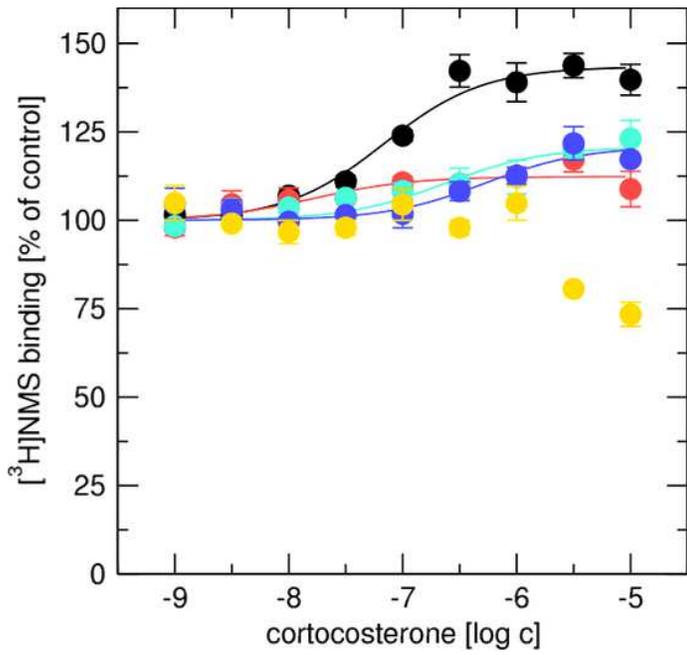
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# Figures



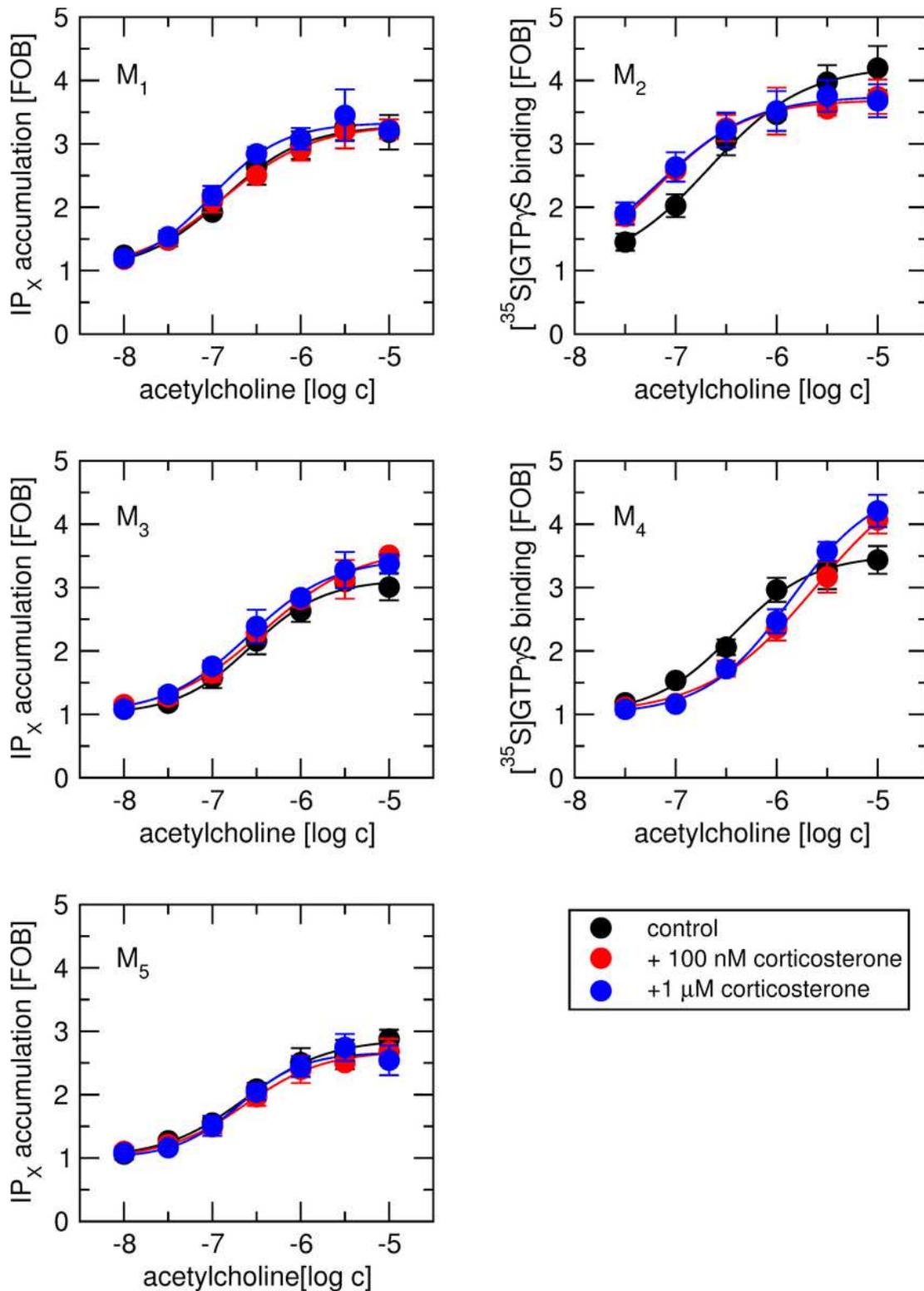
**Figure 1**

Structures and biosynthesis of tested compounds Structures of tested steroid compounds and their biosynthesis from cholesterol. Dashed arrows, multi-step reaction.



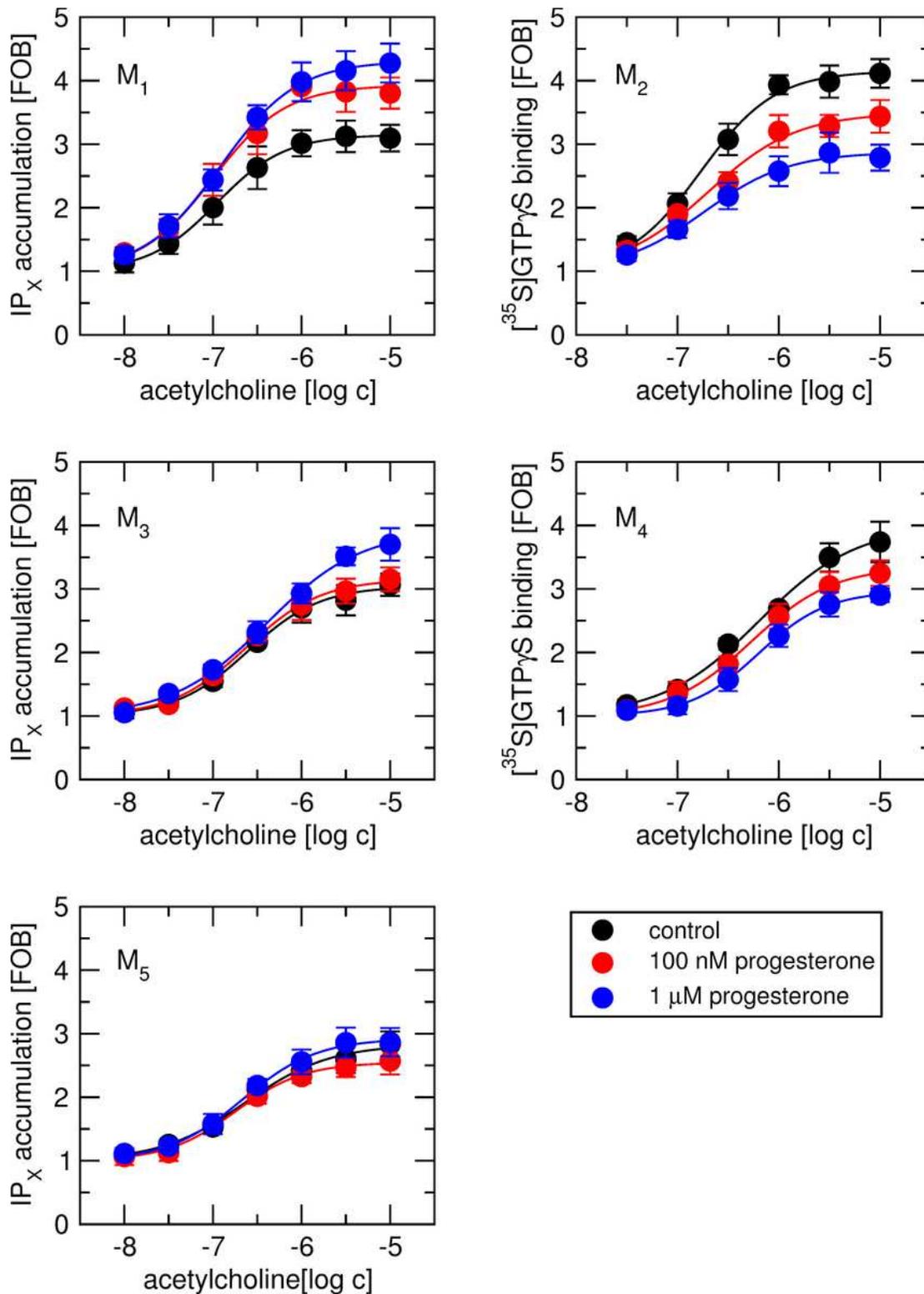
**Figure 2**

Allosteric modulation of [3H]NMS binding by corticosterone and progesterone Allosteric modulation of 100 pM [3H]NMS binding to individual subtypes of muscarinic receptors (indicated in legend) by corticosterone (left) and progesterone (right). Data are means  $\pm$  SD from 3 independent experiments performed in quadruplicates.



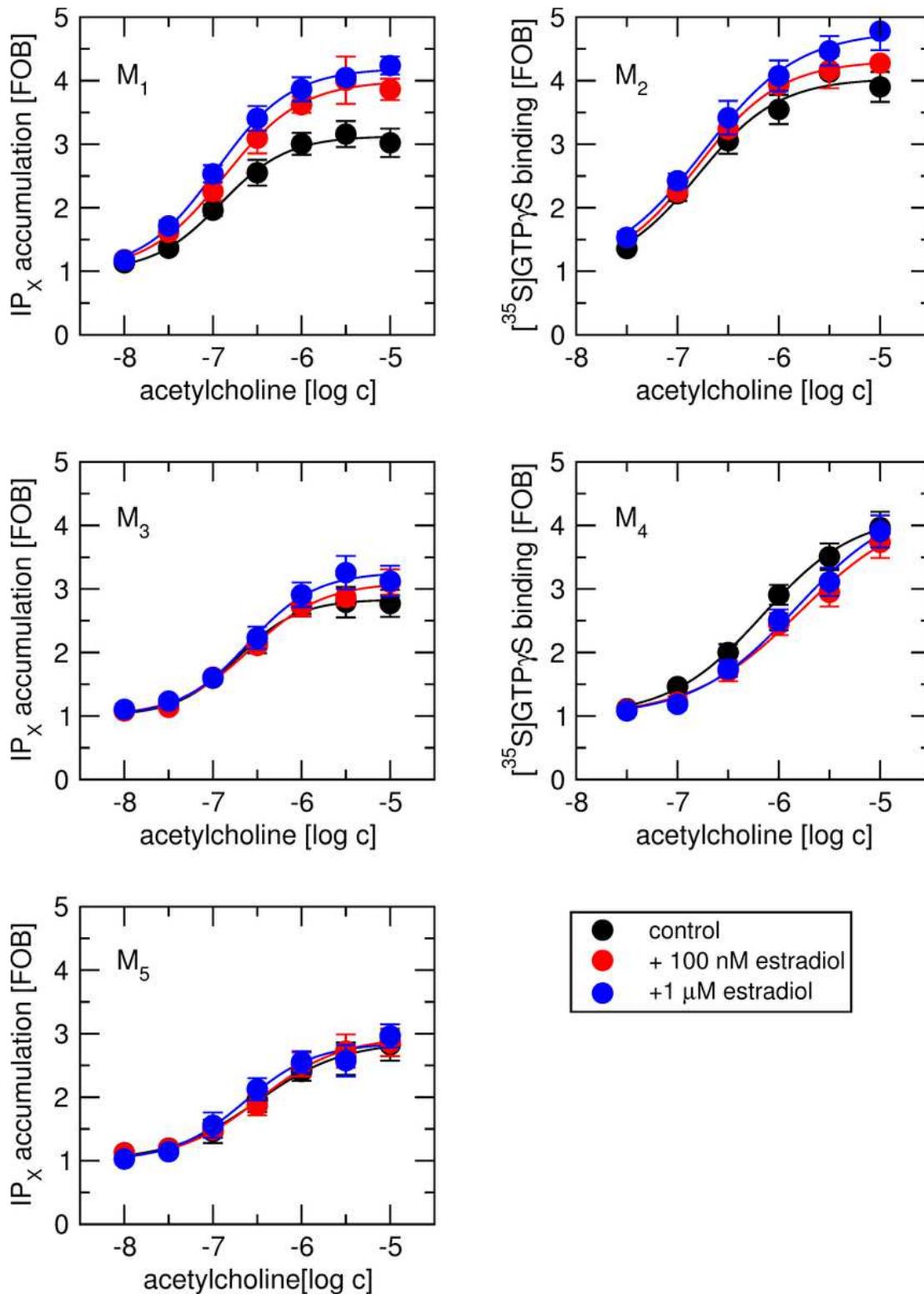
**Figure 3**

Modulation of functional response to acetylcholine by corticosterone The functional response of muscarinic receptors to acetylcholine was measured as an increase in the intracellular level of inositol phosphates (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or increase in [<sup>35</sup>S]GTP<sub>γ</sub>S binding to membranes (M<sub>2</sub> and M<sub>4</sub>). Controls and concentrations of corticosterone are indicated in the legend. Functional response is expressed as fold-over basal level. Data are means ± SD from 3 independent experiments performed in quadruplicates.



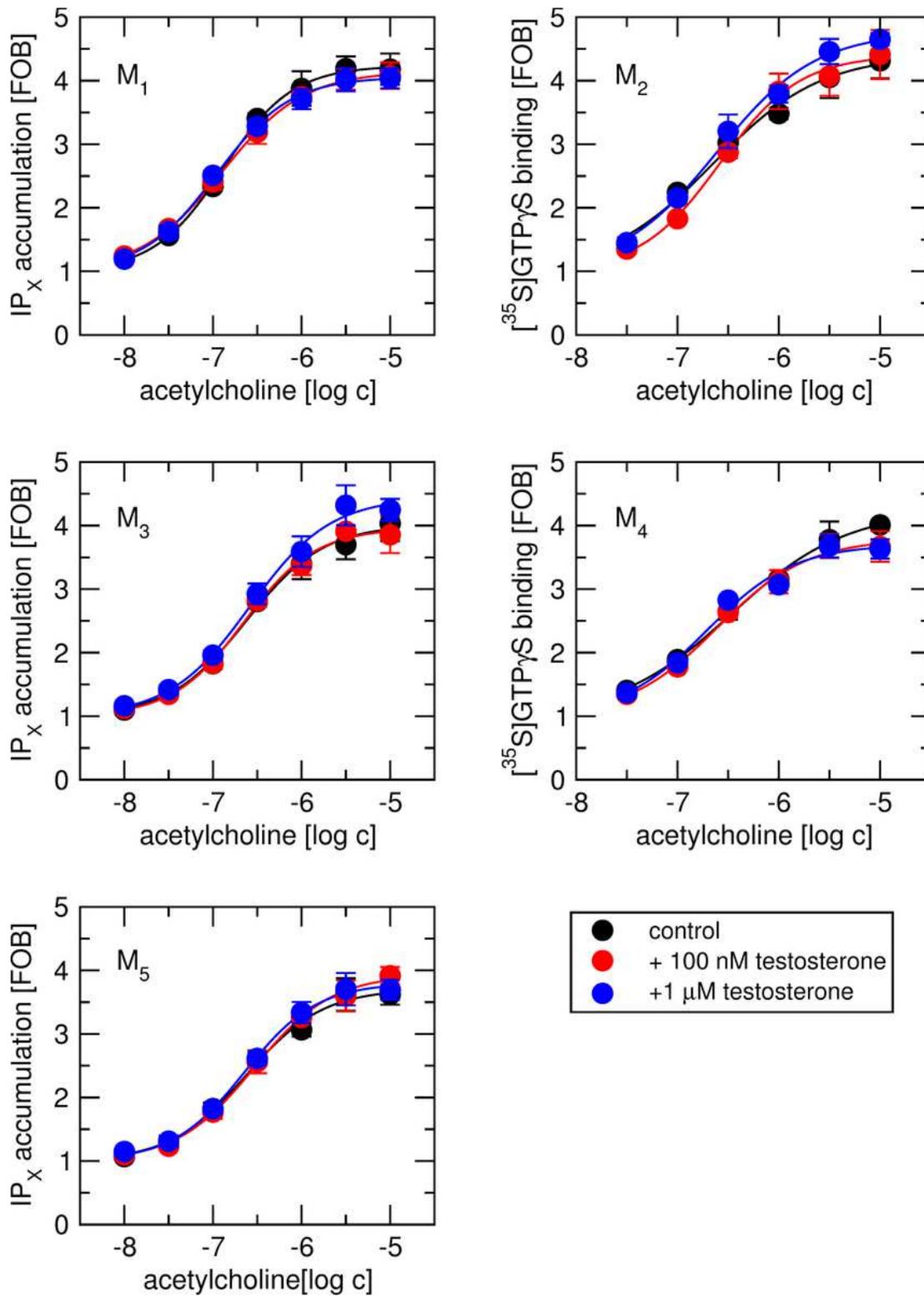
**Figure 4**

Modulation of functional response to acetylcholine by progesterone The functional response of muscarinic receptors to acetylcholine was measured as an increase in the intracellular level of inositol phosphates (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or increase in [<sup>35</sup>S]GTPγS binding to membranes (M<sub>2</sub> and M<sub>4</sub>). Controls and concentrations of corticosterone are indicated in the legend. Functional response is expressed as fold-over basal level. Data are means ± SD from 3 independent experiments performed in quadruplicates.



**Figure 5**

Modulation of functional response to acetylcholine by estradiol The functional response of muscarinic receptors to acetylcholine was measured as an increase in the intracellular level of inositol phosphates (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or increase in [<sup>35</sup>S]GTPγS binding to membranes (M<sub>2</sub> and M<sub>4</sub>). Controls and concentrations of corticosterone are indicated in the legend. Functional response is expressed as fold-over basal level. Data are means ± SD from 3 independent experiments performed in quadruplicates.



**Figure 6**

Modulation of functional response to acetylcholine by testosterone The functional response of muscarinic receptors to acetylcholine was measured as an increase in the intracellular level of inositol phosphates (M<sub>1</sub>, M<sub>3</sub> and M<sub>5</sub>) or increase in [<sup>35</sup>S]GTPγS binding to membranes (M<sub>2</sub> and M<sub>4</sub>). Controls and concentrations of corticosterone are indicated in the legend. Functional response is expressed as

fold-over basal level. Data are means  $\pm$  SD from 3 independent experiments performed in quadruplicates.

## Supplementary Files

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