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1 **Oxygen Extraction Ratio to identify patients at increased risk of intradialytic hypotension**

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17 venous oxygen saturation

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1 Abstract

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4 Intradialytic hypotension (IDH) is a hemodynamic phenomenon recently associated with decreased
5 blood oxygen saturation (SO₂). The ratio between arterial SO₂ (SaO₂) and central venous SO₂
6 (ScvO₂) or Oxygen Extraction Ratio (OER), which represents a roughly estimate of the amount of
7 oxygen claimed by peripheral tissues, might be used to estimate haemodialysis (HD) related hypoxic
8 stress. Aim of this pilot study was to evaluate the relationship between OER increments during
9 dialysis sessions (Δ OER) and episodes of IDH.

10 Methods. We enrolled chronic HD patients with permanent central venous catheter (CVC) and no
11 fistula, in whom ScvO₂ measurement is at hand. OER ($[(\text{SaO}_2 - \text{ScvO}_2) / \text{SaO}_2] \times 100$) was measured
12 in three consecutive HD sessions (HD OER sessions) before HD, after 15', 30' and 60' minutes and
13 at the end of HD. Then, a one-year follow-up was planned to record the number of IDH episodes.

14 Results. In the 28 enrolled patients (age 74 ± 2.6 years), during 12 ± 1.2 months of follow up, incidence
15 of IDH was 3.6%. We divided patients into two groups, above or below the median value of Δ OER
16 at the end of HD, which was 36%. In these groups, the average incidence of IDH was 7% and 2%
17 respectively ($p < 0.01$), while OER values before HD were not different. Notably, in the high Δ OER
18 group the OER increment was evident since after 15' and was significantly higher than in the low
19 Δ OER group (Δ OER-15' = $19 \pm 3.0\%$ vs. $9.0 \pm 3.0\%$; $p < 0.05$). By comparison, blood volume changes
20 overlapped in the two groups (average change $-9 \pm 0.8\%$).

21 Conclusion. Values of Δ OER $> 19\%$ after only 15' of HD treatment or $> 36\%$ at the end of the session
22 characterize patients with higher rates of hypotension. Intradialytic Δ OER, a parameter of tissue
23 hypoxic stress, identifies more fragile patients at greater risk of IDH.

1 Introduction

2 Intradialytic hypotension (IDH) is a common hemodynamic phenomenon observed in haemodialysis
3 (HD) patients, leading to a reduced tolerance of therapy. Patients typically report symptoms like
4 abdominal discomfort, nausea, yawning, muscle cramps, restlessness and syncope. Since the
5 definition of IDH is not uniform, its exact incidence, which varies from 7.5 to 69% according to the
6 diagnostic criteria considered (1, 2), is not determined yet. However, most definitions include at least
7 one of the following conditions: 1) reduction in blood pressure (BP) under specific thresholds, 2)
8 intradialytic symptoms, 3) the need of medical intervention during haemodialysis session to restore
9 blood volume (BV) (1). In addition, IDH is associated with poor quality of life and higher mortality
10 rate (3, 4). In clinical practice, intradialytic monitoring systems are able to assess patient
11 hemodynamic parameters such as BP, BV and heart rate (HR). Nevertheless, these devices do not
12 detect clinical conditions that might increase the risk for IDH and therefore, do not allow to adopt
13 preventive strategies. Recently, a new non-invasive hemodynamic parameter measured by some
14 dialysis machines: oxygen saturation, has been associated to episodes of IDH. This parameter must
15 to have an important pathogenetic role in IDH but might also contribute to explain the increased
16 mortality rate of HD patients. In fact, during HD sessions, both arterial oxygen saturation (SaO₂) and
17 central venous oxygen saturation (ScvO₂) decline in IDH prone patients, suggesting that either or
18 both of these indices could be helpful predictors of IDH and fragility (5, 6, 7). In particular, ScvO₂
19 reduction during HD could be secondary to the reduction of SaO₂ (as in case of chronic lung diseases)
20 but more likely to an increased parenchymal extraction of O₂ (8). A more sensitive way to evaluate
21 hypoxic phenomenon is by Oxygen Extraction Ratio (OER), i.e., the percentage of extracted oxygen
22 in peripheral tissues, which is defined as the ratio between SaO₂ and ScvO₂. Major determinates of
23 OER values are cardiac output, blood oxygen availability and peripheral oxygen consumption.
24 Normal values are estimated to range between 20 and 30% in resting conditions, but can increase up
25 to 70%, for example during cycling (9). Thus, similarly to heart rate or breath frequency, OER values
26 could provide an estimate of the individual cardiocirculatory and haemodynamic condition. However,
27 due to the invasiveness of measuring ScvO₂ few studies evaluate OER. In normal subjects, data have
28 been reported during mountain ascending (10) or while cycling (9). In patients, OER has been used
29 to evaluate the exercise capacity in adults with heart failure (11) or the need of blood transfusions in
30 anaemic children receiving cardiac surgery (12). In intensive care Unit, OER is regarded as an index
31 of parenchymal stress and oxygen consumption, and values >50% are considered to be indicative of
32 haemodynamic shock and worse prognosis (13, 14). Since OER measurement is handy in dialysis
33 patients with central venous catheter (CVC), we recently evaluated it before and during HD sessions
34 in a pilot study. We demonstrated that patients showing lower resting pre-HD OER values (< 32%)

1 and/or greater OER increments (Δ OER >40%) after HD had higher mortality rate (15). Also, in this
2 same work, we could appreciate that OER values are rather stable and repeatable in the single patient,
3 thus pointing to its potential usefulness to describe the hemodynamic capacity of a patient. As such,
4 OER could theoretically represent a widely available, novel and simple tool to identify more fragile
5 patients with significant subclinical HD-induced drop in cardiac output, tissue hypoxia and
6 parenchymal stress, deserving increased attention. For all of these reasons, we considered useful to
7 evaluate possible associations between OER change during HD (representative of cardiac output and
8 development of subclinical ischemic injury) and IDH. To the best of our knowledge, no published
9 paper correlates OER and IDH.

10 Methods

11 We designed a prospective, single center (Nephrology Unit at Polo Pontino, Sapienza University of
12 Rome), observational study (“*OER as a measurement of HD induced tissue hypoxia*”) involving HD
13 patients receiving treatment thrice a week *via* permanent jugular central venous catheter (CVC). The
14 study was approved in 2017 by the “Comitato Etico Lazio 2” EC (prot. N°107055/2017,
15 <https://www.aslroma2.it/COMITATOETICO/>), was conducted in accordance with the declaration of
16 Helsinki and received informed consent approval from all involved patients. Data for this study
17 represent a sub-analysis aiming at evaluating the association between OER change during HD
18 (Δ OER) and IDH.

19 Inclusion criteria were: patients age \geq 18 years, undergoing chronic HD treatment since at least three
20 months *via* permanent jugular CVC, with no evidence of acute underlying illness. Exclusion criteria
21 were: less than three months of follow-up, presence of arteriovenous fistula (16), evidence of
22 displaced or malfunctioning CVC (checked with chest x-rays and CVC recirculation test), Chronic
23 Obstructive Pulmonary Disease or SaO₂ < 90% in resting condition. In addition, patients with severe
24 refractory anemia (Hb < 9 g/dl despite adequate erythropoietin administration and iron supplement
25 therapy), congestive heart failure (NYHA class \geq II) and severe peripheral vascular ischemia were
26 excluded.

27 The planned recruitment time was three months. In the first week after enrollment, we evaluated OER
28 in three consecutive HD sessions (HD OER sessions) at 5 different time points: before HD, at 15, 30,
29 60 minutes since the beginning of HD and *post*-HD. For the purpose of statistical analysis, we
30 considered the mean OER value obtained of the three HD OER sessions. During the follow-up, IDH
31 episodes were recorded for each patient and for up to one-year. IDH was defined, according to
32 K/DOQI guidelines, as the occurrence of either/or any of the following: 1) a decrease in systolic blood

1 pressure >20 mmHg, or a decrease in mean arterial pressure >10 mmHg; 2) the presence of symptoms
2 of end-organ ischemia; 3) the need for intervention carried out by the dialysis staff (17).

3 OER and delta OER (Δ OER) were calculated using the following formula:

$$4 \quad \text{OER} = [(SaO_2 - ScvO_2)/SaO_2] \times 100.$$

$$5 \quad \Delta\text{OER} = [(OER_{Tx} - OER_{T0})/OER_{T0}] \times 100.$$

6 Where T0 is pre-HD OER and Tx is the value obtained at the established times.

7 SaO₂ was monitored *via* peripheral pulse-oximetry device (Max Puls Two, Eurosanitas Italy;
8 accuracy of SaO₂ measurement = 2%). Patients wore the finger oximeter during HD OER sessions,
9 and SaO₂ values were recorded at the established times. Pre-HD ScvO₂ was sampled from the arterial
10 line of the CVC after discarding 20 ml of blood and before connection to the extracorporeal circuit,
11 while, during dialysis, blood was sampled from the arterial line of the dialysis circuit. Blood gas
12 analysis was immediately performed with a dedicated equipment (GEM 4000 premier,
13 Instrumentation Laboratory Italy; accuracy of SO₂ measurement = 2%). In order to avoid pre-
14 analytical artifacts, handling of blood for gas analysis was standardized according to the
15 manufacturer's instructions.

16 All patients received standard bicarbonate dialysis, according to their individual prescriptions of
17 electrolyte concentrations as well as blood and dialysate flows. Dialyzer membrane was
18 polyaryletheresufone in all, with surface tailored to the patient body surface. Blood volume changes
19 were measured by the optical probe with which the Artis dialysis machine (Baxter srl) is equipped
20 and which is located on the arterial line of the extracorporeal circuit. Blood volume changes are
21 derived from changes in hemoglobin concentration. All patients were connected to the extracorporeal
22 circuit without initial hemorrhage. To increase tolerance to treatment, it is standard policy of our
23 Center to keep ultrafiltration rate at ≤ 10 ml/kg/h and maintain a dialysate temperature between 35.5
24 and 36.0 °C.

25 Statistical Analysis

26 Since this is a pilot study for purely exploratory purposes, a formal calculation of the sample size was
27 not carried out. We arbitrarily decided to enroll a minimum of 20 patients. Data are expressed as
28 mean \pm standard error (SE) for Gaussian variables. We used the Shapiro test to evaluate normality of
29 continuous measurements. Chi-squared test was used for qualitative variables. Significant statistical
30 differences among various predictors and time were evaluated by mixed-effects linear regression
31 analysis and repeated measures ANOVA and multiple tests were adjusted through Bonferroni
32 correction. The global level for statistical significance was pre-specified as 5%. T-test or parametric

1 ANOVA were used to compare measurements among groups for quantitative variables. Bonferroni's
2 adjusted pairwise comparisons were used to compare groups in pairs if parametric ANOVA was
3 significant. All tests were two tailed and (adjusted) p values < 0.05 were considered as statistically
4 significant.

5 Analyses were performed using the open-source software package R, 3.4.0 version.

6

7 Results

8 Between 01/01/2017 and 31/03/2017, from a total of 32 patients receiving haemodialysis with a
9 permanent jugular CVC, 28 (13 males and 15 females, aged 74 ± 2.6 years, receiving replacement
10 therapy since an average of 46 ± 6.5 months) fulfilled the inclusion criteria and consented to be
11 enrolled for the study. Four patients (65 ± 9 years, 2 males and 2 females) were excluded, for the
12 presence of arteriovenous fistula (two), for $\text{SaO}_2 < 90\%$ in resting condition (one) and for less than
13 three months of follow-up (one). Thus 28 patients, whose clinical and biochemical characteristics are
14 shown in table 1, were followed up for 12 ± 1.2 months to record IDH episodes (study closed on
15 31/03/2018). As reported in the table, two patients were obese (10%), eleven had diabetes mellitus
16 (39%) and twenty-six had vascular co-morbidities (93%). In addition, 93% had hypertension while
17 history of ischemic heart disease and peripheral vasculopathy were present in 50% and 61% of the
18 patients, respectively. During the three HD sessions for OER behavior determination, all patients
19 remained asymptomatic. In the whole population pre-HD OER averaged $34 \pm 1.4 \%$, and reached
20 $46 \pm 1.8 \%$ post-HD, with a resulting average ΔOER of $39 \pm 5 \%$ (Table 1). SaO_2 did not change during
21 HD OER sessions (figure 1), while ScvO_2 decreased significantly from 63 ± 3.5 to $53 \pm 3.0 \%$ (Figure
22 1 $p < 0.001$). In the three HD OER sessions, the average reduction of BV was $-9 \pm 0.8\%$. The
23 intradialytic increment of OER was significant since after 15 minutes (OER 15': $40 \pm 1.2 \%$; $p < .001$
24 vs pre-HD OER) and was followed by a progressive increase up to the final post-HD value ($p < .0001$)
25 (Figure 1). During follow up, we monitored 4342 HD sessions with 188 episodes of IDH (defined as
26 above), which were recorded at least once in 24/28 patients, and produced a median incidence of
27 3.6% episodes (range between 0 and 15%).

28 To assess the link between ΔOER and IDH, we divided patients into two groups according to the
29 median ΔOER value (threshold at 36%). As shown in Table 2, these two groups had similar age (76
30 ± 2.4 vs 73 ± 3.0 years; $p = \text{n.s.}$), HD vintage (52 ± 8.6 vs 40 ± 4.0 months; $p = \text{n.s.}$), systolic BP (125
31 ± 3.2 vs 129 ± 4.0 mmHg; $p = \text{n.s.}$), diastolic BP (67 ± 2.2 vs 70 ± 2.2 mmHg; $p = \text{n.s.}$), HR (70 ± 2.2
32 vs. 76 ± 2.3 bpm; $p = \text{n.s.}$) and other biomarkers of anaemia, inflammation and pre- and post- HD
33 values of electrolytes. Before and after HD, ScvO_2 values were non-significantly different between

1 the groups (respectively, 62 ± 3.5 vs 66 ± 3.0 ; $p = \text{n.s.}$ and 53 ± 3.0 vs 51 ± 3.0 ; $p = \text{n.s.}$), similarly to
2 the intradialytic trend (Table 2 and Figure 2). As for OER, pre-HD values were not different between
3 the groups (table 2), but during session the percent increment was significantly higher since after 15
4 minutes in the high ΔOER compared to the low ΔOER group ($19 \pm 3.0\%$ vs. $9.0 \pm 3.0\%$ respectively;
5 $p = 0.009$), a difference that persisted after 30 minutes ($26 \pm 3.0\%$ vs. $10 \pm 4.0\%$; $p = 0.037$), and 60
6 minutes of treatment ($27 \pm 4.0\%$ vs. $8 \pm 4.6\%$; $p = 0.001$) (Figure 3). By comparison, blood volume
7 reduction overlapped in these two groups (-9 ± 0.4 vs -9 ± 1.6 $p = \text{n.s.}$) (Figure 4).

8 During follow-up, which lasted 12 ± 1.0 months in both groups and included a total of 2197 and 2145
9 HD sessions in the low and high ΔOER groups respectively, IDH events were 64 (2.0%) in the former
10 and 124 (7%) in the last ($p < .01$) (Table 2; Figure 5). By comparison, if we divided patients according
11 to the median BV reduction, no difference emerged in the prevalence of IDH (data not shown).

12

13 Discussion

14 Our data show that intradialytic ΔOER , a measurement of tissue hypoxic stress differs in patients
15 with different rates of IDH. In particular, a percentage increment $>19\%$ since after 15 minutes of
16 treatment or a final increment $>36\%$ could be helpful to identify patients at higher risk of
17 hemodynamic instability. The pathogenesis of IDH is multifactorial and involves mechanism
18 responsible for a drop in cardiac output, like ultrafiltration rate, electrolyte shifts, and
19 biocompatibility of solutions and/or of membranes. Other recently discovered biomarkers of mineral
20 and bone disorders now regarded as additional long-term cardiovascular risk factor in HD patients
21 (18, 19) could be at play, but their acute effects are not still evaluated. At variance, during each HD
22 session the rapid hemodynamic changes produced by dialysis inevitably induce an acute hypoxic
23 stress that in some patients become clinically relevant thus representing a further burden to the
24 cardiovascular system. These episodes are secondary to reduced cardiac output with the eventual low
25 oxygen delivery and increased parenchymal tissues demand (5, 15). Both ultrafiltration rate and the
26 dialytic procedure *per se* can lead to parenchymal stress responsible for IDH (15, 20, 21, 22, 23, 24).
27 In our study, in the three HD OER sessions monitored at enrollment, OER increased progressively in
28 all patients with an average end of dialysis ΔOER of 39% (Fig. 1). This is in perfect agreement with
29 the available evidence (15) of HD related hypoxic stress which is not sensed by the patients and is
30 not detected by commonly available parameters like BP and HR (5, 6, 15, 25, 26, 27). Therefore,
31 ΔOER seems to offer a prompt and direct measurement of the hypoxic stress produced by HD and
32 could thus represent a useful tool to identify more fragile patients. As predictable, also ScvO_2
33 changed during HD (significant drop after 30 min, Figure 1) but later than OER which increased since

1 after 15 min, thus resulting more sensitive. Notably, in our study the incidence of IDH (3.6%) was
2 significantly lower than the average 20% most frequently reported in the literature (28, 29). This low
3 incidence of IDH in our population can be explained by our standard policy of keeping ultrafiltration
4 rates at ≤ 10 ml/kg/h and dialysate temperature at 35.5-36.0 °C to increase hemodynamic stability (30,
5 31). Therefore, we can underline that Δ OER was sensitive even in a population with low prevalence
6 of IDH. Also, in our study, the two groups of patients obtained according to the median Δ OER
7 threshold had similar prevalence of comorbidities and similar HD related parameters (like UF rates,
8 BP, HR etc. see Table 2). Notably, pre-HD OER values, which were not different between the two
9 groups (36 ± 1.6 vs 30 ± 1.5 respectively in the low- and high- Δ OER groups), were on average higher
10 than the normal reference of 20% in resting conditions, suggesting that uremic patients have an
11 increased oxygen requirement even when inactive. In addition, in the high Δ OER group with greater
12 incidence of IDH (Figure 5), OER increment was remarkably greater than the more stable group after
13 only 15 minutes (19% vs 8%, respectively) (Fig. 3). Therefore, since we measured OER during three
14 consecutive and asymptomatic HD sessions, values of Δ OER $> 19\%$ since after 15 minutes could be
15 an early and sensitive indicator of hypoxic stress, capable of identifying cases at increased risk of
16 IDH. Our results also describe how the response to the hypoxic stress can be different among patients.
17 In particular, the increment of OER was rather smooth and progressive in the Δ OER $\leq 36\%$ group
18 and sharp and rapid in the Δ OER $> 36\%$ group, suggesting a maladaptive response in the latter. Thus,
19 also OER trends could be helpful to recognize patients that are more sensitive to the hemodialysis-
20 related cardio-circulatory stress.

21 A major limitation of OER measurement technique is that it can be exclusively applied to patients
22 with CVC and without a fistula. However, CVC use in HD, although not recommended, is nonetheless
23 necessary in many patients with poor vascular system, who are also fragile and with a higher risk of
24 IDH and mortality rate. Therefore, in this population, the implementation of a new hemodynamic
25 parameter measurable during HD session, such as OER, could be useful in clinical practice. Another
26 limitation of our study is the small number of patients enrolled. However, this was a pilot study and
27 it is important that differences have been detected even with such a low number of cases and in a
28 population with a low prevalence of IDH episodes, using a cheap, non-sophisticated and commonly
29 available equipment. A multicenter study including hundreds of patients is now warranted to confirm
30 our results and to evaluate the association with other outcomes like quality of life and overall and
31 cardiovascular mortality. Also, in a next future, we need to know how much resting values of OER
32 are stable over time in the individual patient. Our data from a previous study (15) suggest a significant
33 stability in the short term; however, we need to characterize how much resting and HD induced
34 changes in OER are affected by occasional or chronic clinical events.

1 In conclusion, measurement of Δ OER as early as 15 minutes after initiation or at the end of HD
2 sessions could be a new and simple way to identify hemodynamically fragile patients. Efforts are
3 warranted to test if adopting preventive measures in patients identified with OER changes, effectively
4 allow to reduce the rate of IDH.

Clinical and biochemical characteristics (n 28)	
Male/Female, n (%)	13 (46) /15 (54)
Age, years	74.4 ± 2.6
HD vintage, months	46.5 ± 6.5
BMI	26.4 ± 1.2
Diabetes mellitus, n (%)	11 (39%)
Hypertension, n (%)	26 (93%)
Vascular co-morbidities *, n (%)	26 (93)
Systolic BP, mmHg	127 ± 3.6
Diastolic BP, mmHg	69 ± 2.2
MAP, mmHg	88 ± 2.4
HR, bpm	75 ± 5.2
Hb, g/dl	10.2 ± 0,4
CRP, mg/dl	2.2 ± 0.5
ESR, mm	36 ± 4.7
Ferritin, mcg/l	174 ± 12
Albumin, g/dl	3.1 ± 0.1
Na, meq/l	141 ± 3.1
K, meq/l	5.5 ± 1.1
HCO ₃ ⁻ , meq/l	23.4 ± 4.2
Ca, mg/dl	8.4 ± 0.1
P, mg/dl	5.3 ± 0.2
PTH, pg/ml	311 ± 30
UF, ml/h/kg	7 ± 0.6
ScvO ₂ pre-HD, %	63 ± 3.5
ScvO ₂ post-HD, %	53 ± 3.0
SaO ₂ pre HD, %	96 ± 0.5
SaO ₂ post HD, %	98 ± 0.4
OER pre-HD	34 ± 1.4
OER post-HD	46 ± 1.8
ΔOER, %	39 ± 5.0
BV post-HD, %	-9 ± 0.8

1

2 Table 1. Clinical and biochemical characteristics of enrolled patients. Data are expressed as mean \pm
3 SE. HD: haemodialysis; BMI: body mass index; BP: blood pressure; MAP: mean arterial pression;
4 HR: heart rate; Hb: Haemoglobin; CRP: C-reactive protein; ESR: Erythrocyte Sedimentation Rate;
5 Na: Sodiemia; HCO₃⁻: Bicarbonate; Ca: Calcemia; P: Phosphatemia; PTH: parathormone; UF:
6 ultrafiltration rate; ScvO₂: Central venous SO₂; SaO₂: Arterial SO₂; OER: oxygen extraction ratio;
7 Δ OER: variation in OER; BV: blood volume.

8 * Vascular co-morbidities: hypertension, ischemic heart disease, peripheral vasculopathy

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10

11

Characteristics of patients divided according to the median Δ OER% final value (threshold 36%)			p
	Δ OER \leq 36% (n14)	Δ OER $>$ 36% (n 14)	
Age, years	76.4 \pm 2.4	73.3 \pm 3.0	.440
HD vintage, months	52.2 \pm 8.6	40.3 \pm 4.0	.218
Pre-HD Systolic BP, mmHg	125 \pm 3.2	129 \pm 4.0	.401
Pre-HD Diastolic BP, mmHg	67 \pm 2.2	70 \pm 2.2	.341
Post-HD Systolic BP, mmHg	131 \pm 3.0	130 \pm 3.0	.816
Post-HD Diastolic BP, mmHg	71 \pm 2.2	73 \pm 2.2	.526
Pre-HD HR, bpm	74 \pm 4.8	76 \pm 5.6	.870
Post-HD HR, bpm	72 \pm 5.0	71 \pm 4.5	.921
UF, ml/h/kg	7 \pm 0.6	6 \pm 0.6	.062
Hb, g/dl	10.1 \pm 0,4	10.3 \pm 0,2	.850
CRP, mg/dl	2.2 \pm 0.5	2.1 \pm 0.6	.820
ESR, mm	36 \pm 4.7	34 \pm 5.0	.630
Albumin, g/dl	3.1 \pm 0.1	3.0 \pm 0.2	.880
Na pre-HD, mmol/l	140 \pm 2.2	141 \pm 3.5	.921
Na post-HD, mmol/l	139 \pm 1.8	140 \pm 3.0	.890
K pre-HD, mmol/l	5.6 \pm 1.6	5.4 \pm 1.0	.860
K post-HD, mmol/l	3.5 \pm 0.8	3.4 \pm 0.7	.880
HCO ₃ ⁻ pre-HD , mmol/l	22.3 \pm 3.8	23.4 \pm 4.5	.845
HCO ₃ ⁻ post-HD , mmol/l	27.2 \pm 1.3	26.5 \pm 1.4	.900
UF total, L	2.0 \pm 0.1	2.2 \pm 0.5	.820
HD treatments, n	2197	2145	
IDH episodes, n	64	124	
IDH episodes, %	2	7	.01
Follow-up time, months	12 \pm 1.0	12 \pm 1.1	.060
ScvO ₂ pre-HD, %	62 \pm 3.5	66 \pm 3.0	.780
ScvO ₂ post-HD, %	53 \pm 3.0	51 \pm 3.0	.720
SaO ₂ pre HD, %	97 \pm 0.5	96 \pm 0.5	.830
SaO ₂ post HD, %	98 \pm 0.4	98 \pm 0.4	.920
OER pre-HD	36 \pm 1.6	30 \pm 1.5	.055

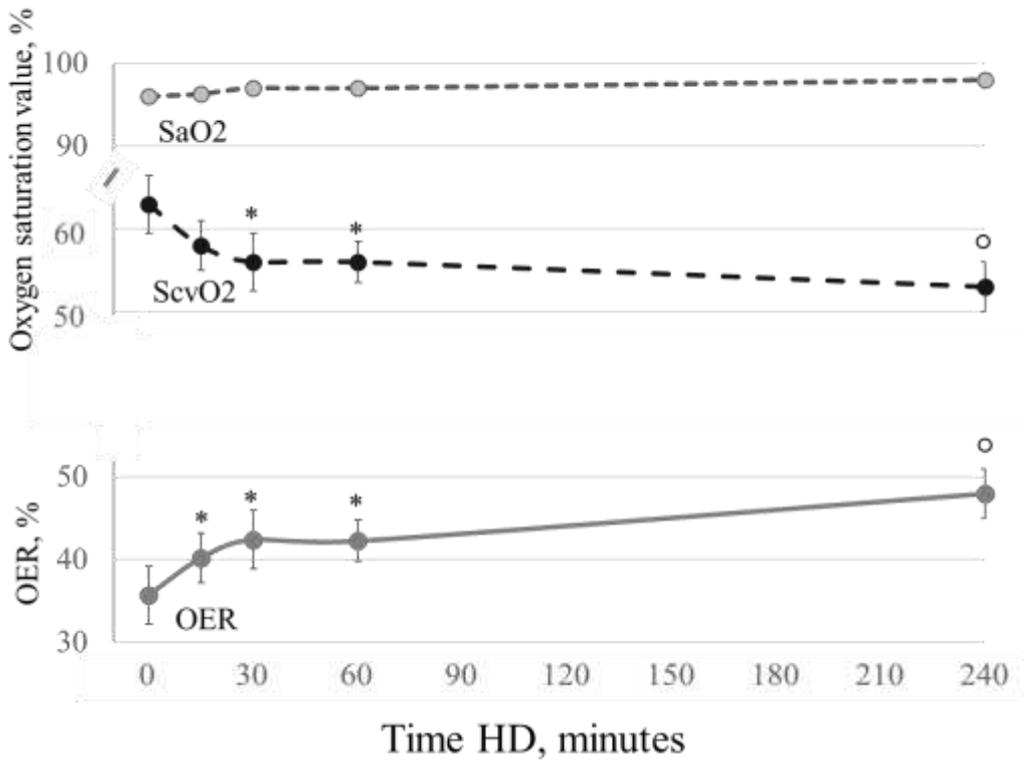
OER post-HD	45 ± 1.7	47 ± 1.6	.399
ΔOER, %	23 ± 3.0	55 ± 3.6	.001
BV post HD, %	-9 ± 1.6	-9 ± 0.4	.990

1

2 Table 2. Characteristics of patients divided according to the median ΔOER% final value.

3 Data are expressed as mean ± SE. ΔOER: variation in OER; IDH: intradialytic hypotension; HD:
4 hemodialysis; BP: blood pressure; HR: heart rate; UF: ultrafiltration rate; Hb: Hemoglobin; CRP: C-
5 reactive protein; ESR: Erythrocyte Sedimentation Rate; ScvO₂: Central venous SO₂; SaO₂: Arterial
6 SO₂; OER: oxygen extraction ratio; BV: blood volume. Chi-squared test for qualitative variables and
7 T-test for quantitative variables were used to compare measurements between groups

1 **Figure**

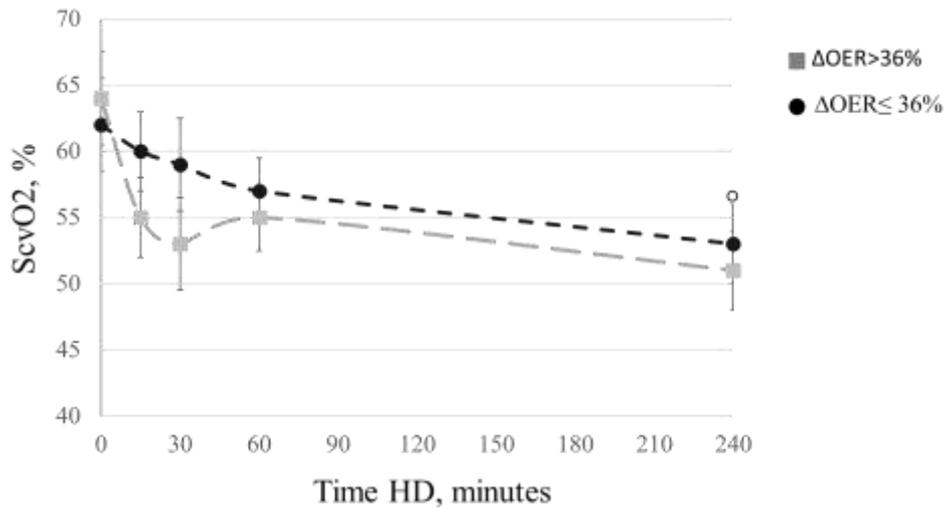


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4 Figure 1) Oxygen saturation trends during dialysis. In the population as a whole, SaO2 was stable, while
5 ScvO2 decreased after 30 min and OER increased after 15 min of HD initiation. (Repeated measures
6 ANOVA: $p < 0.001$ for both variables). Bonferroni post-hoc test vs. basal values: * $p < 0.01$; ° $p < 0.001$.
7 SaO2: arterial oxygen saturation; ScvO2: central venous oxygen saturation; OER: oxygen extraction rate;
8 HD: hemodialysis.

9



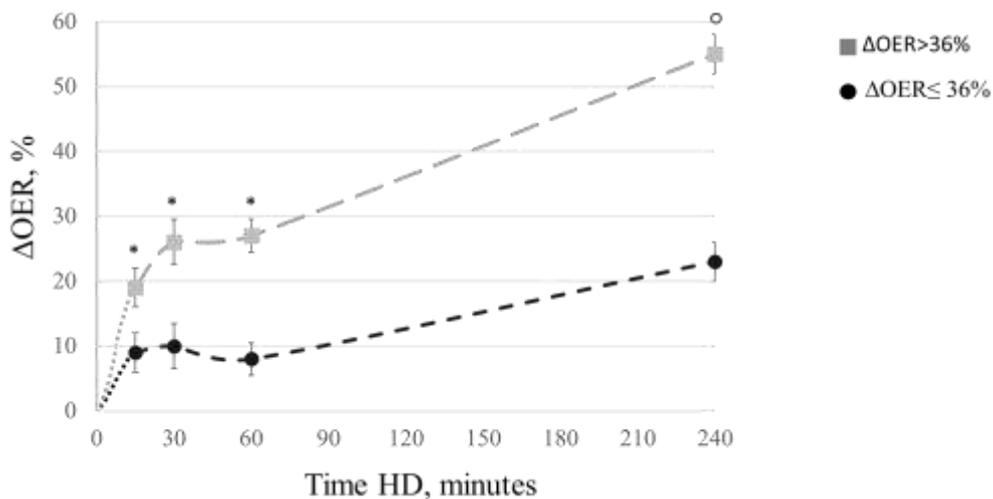
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3 Figure 2) Comparison of ScvO2 trends during HD between the two groups $\Delta\text{OER} > 36\%$ and
 4 $\Delta\text{OER} \leq 36\%$. ScvO2 decreased significantly ($^{\circ}$ ANOVA, $p < 0.001$) in both groups but without
 5 differences between them, in particular after 30 min.

6 ScvO2: central venous oxygen saturation; ΔOER : percent change in OER; HD: haemodialysis

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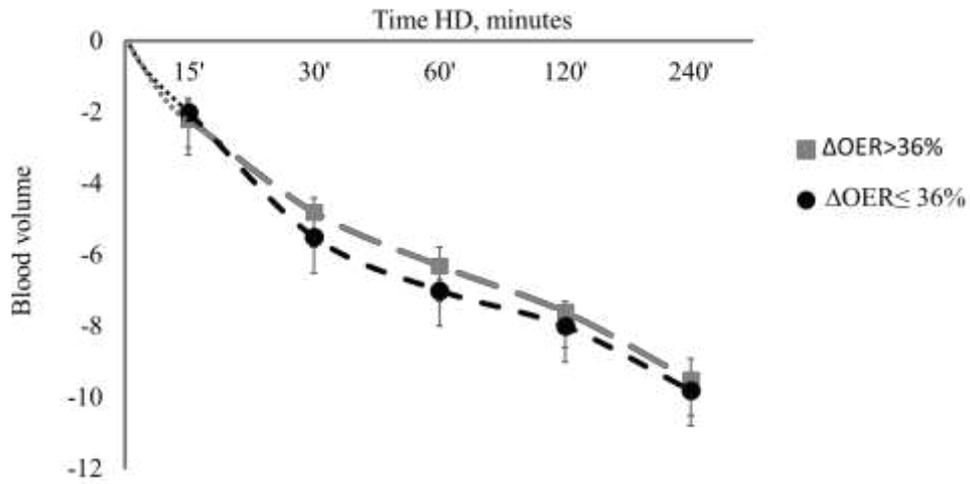
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9 Figure 3) During HD ΔOER increased in both groups with either low or high ΔOER (repeated
 10 measures ANOVA, $p < 0.001$), but in the $\Delta\text{OER} > 36\%$ group the increment was significantly higher
 11 than in the $\Delta\text{OER} \leq 36\%$ group after 15 min, 30 min and 60 min. Bonferroni post-hoc test, $\Delta\text{OER} >$
 12 36% vs $\Delta\text{OER} \leq 36\%$ * $p < 0.05$; $^{\circ}p < 0.001$.

13 ΔOER : percent change in OER; HD: haemodialysis;

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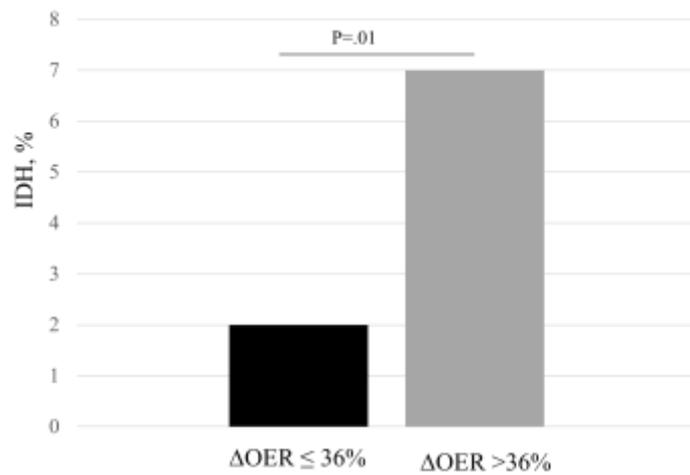
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3 Figure 4) Overlapping trends of hemodialysis induced changes in blood volume in $\Delta\text{OER} > 36\%$ and
4 $\Delta\text{OER} \leq 36\%$ groups.

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6

7 Figure 5) The $\Delta\text{OER} > 36\%$ group had higher IDH incidence than $\Delta\text{OER} \leq 36\%$ group.
8 Bonferroni test p .01. ΔOER : percent change in OER; IDH: intradialytic hypotension;

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5 **Author contributions**

6 S.M. and S.R designed experiments; S.M., S.R., D.B., N.DM., and M.P. wrote the main manuscript
7 text; S.R., M.L.M., S.C. and L.T. performed experiments; S.M, S.R, M.P. and S.C. analyzed data;
8 S.M., M.P. and S.R. performed figures, S.M. supervised paper. All authors reviewed the manuscript.

9
10 **Compliance with ethical standards**

11 Conflict of interest: There are no conflict of interest for the current study.

12 Ethical standards: All the procedures involving humans in this study were in agreement with common
13 and standard clinical practice and in accordance with institutional and/or national research committee
14 and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards.

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Figures

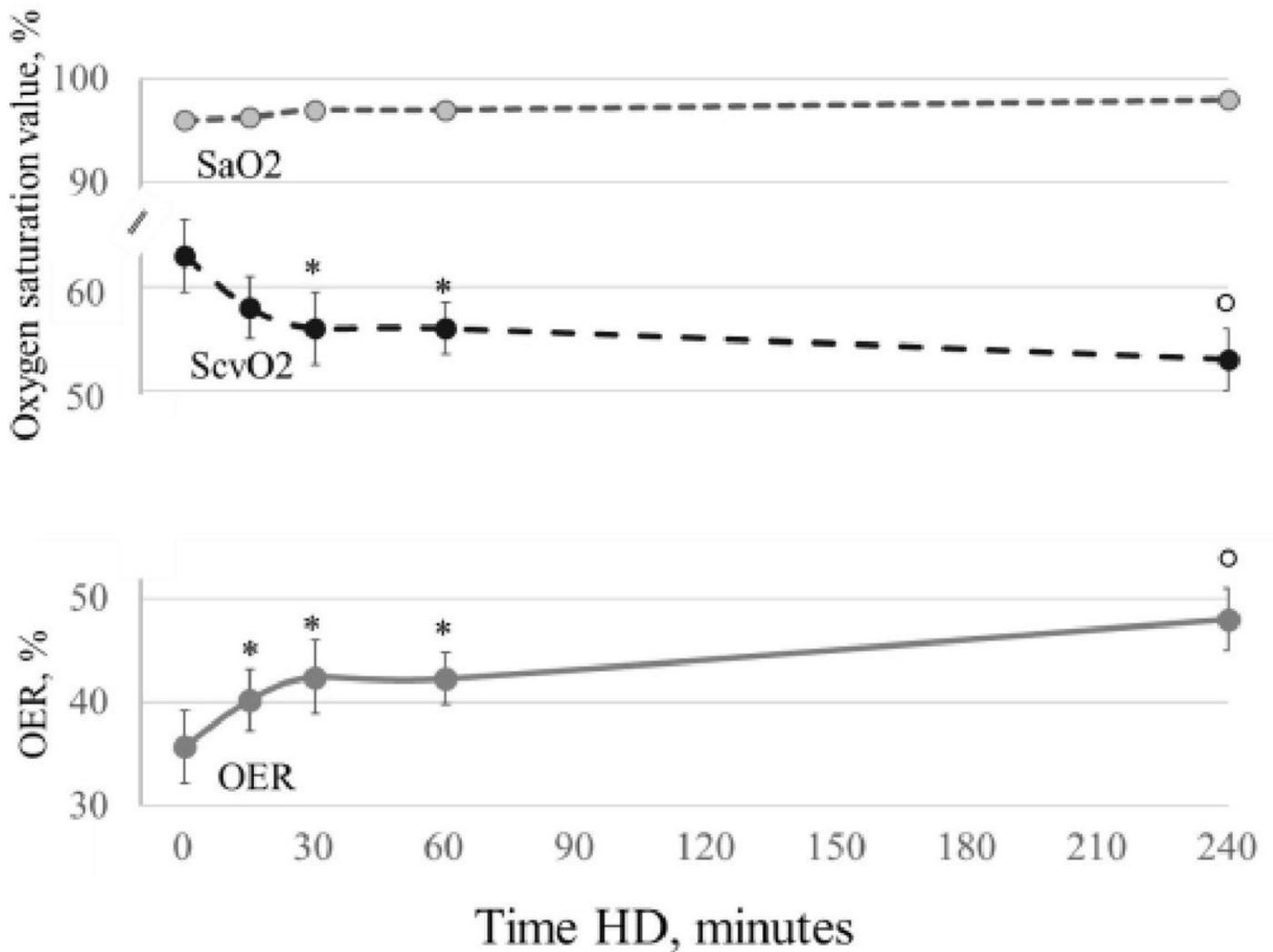


Figure 1

Oxygen saturation trends during dialysis. In the population as a whole, SaO2 was stable, while ScvO2 decreased after 30 min and OER increased after 15 min of HD initiation. (Repeated measures ANOVA: $p < 0.001$ for both variables). Bonferroni post-hoc test vs. basal values: * $p < 0.01$; ° $p < 0.001$. SaO2: arterial oxygen saturation; ScvO2: central venous oxygen saturation; OER: oxygen extraction rate; HD: hemodialysis.

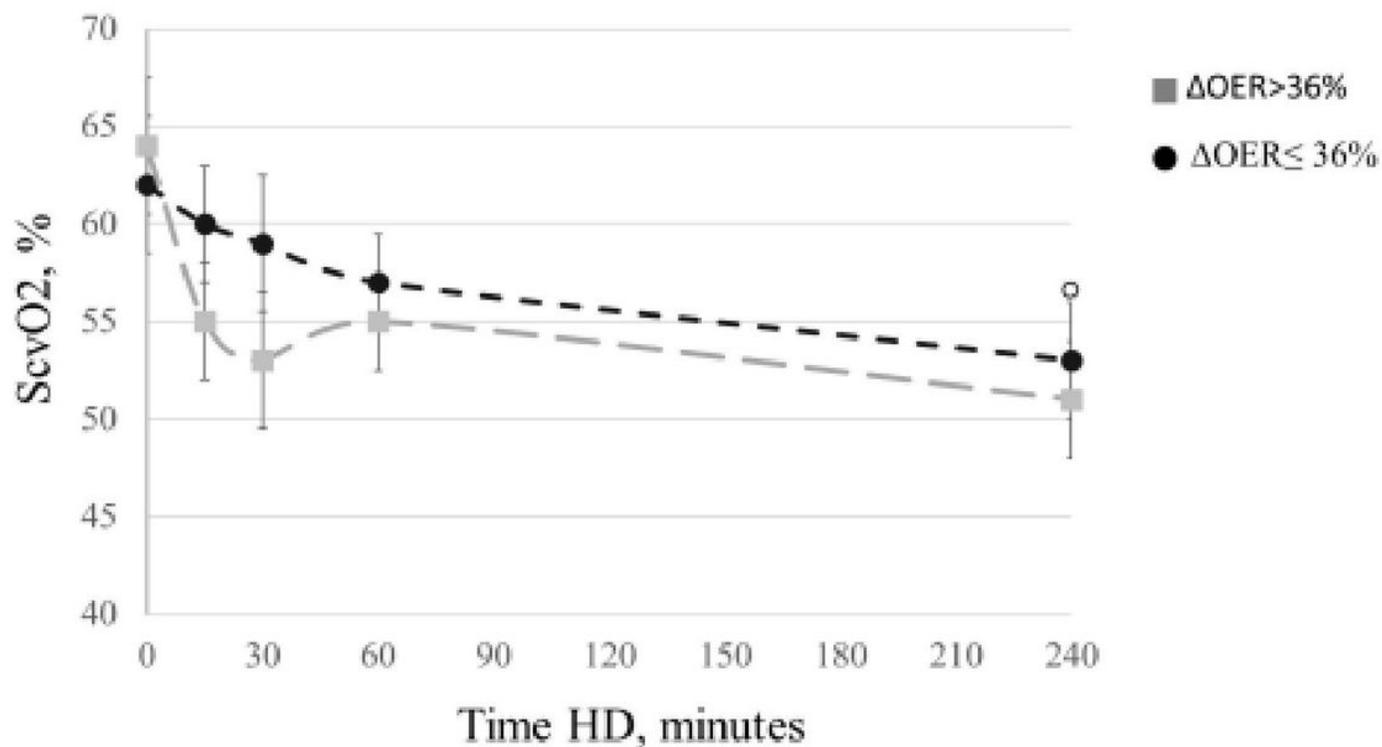


Figure 2

Comparison of ScvO₂ trends during HD between the two groups $\Delta\text{OER} > 36\%$ and $\Delta\text{OER} \leq 36\%$. ScvO₂ decreased significantly ($^{\circ}$ ANOVA, $p < 0.001$) in both groups but without differences between them, in particular after 30 min. ScvO₂: central venous oxygen saturation; ΔOER : percent change in OER; HD: haemodialysis

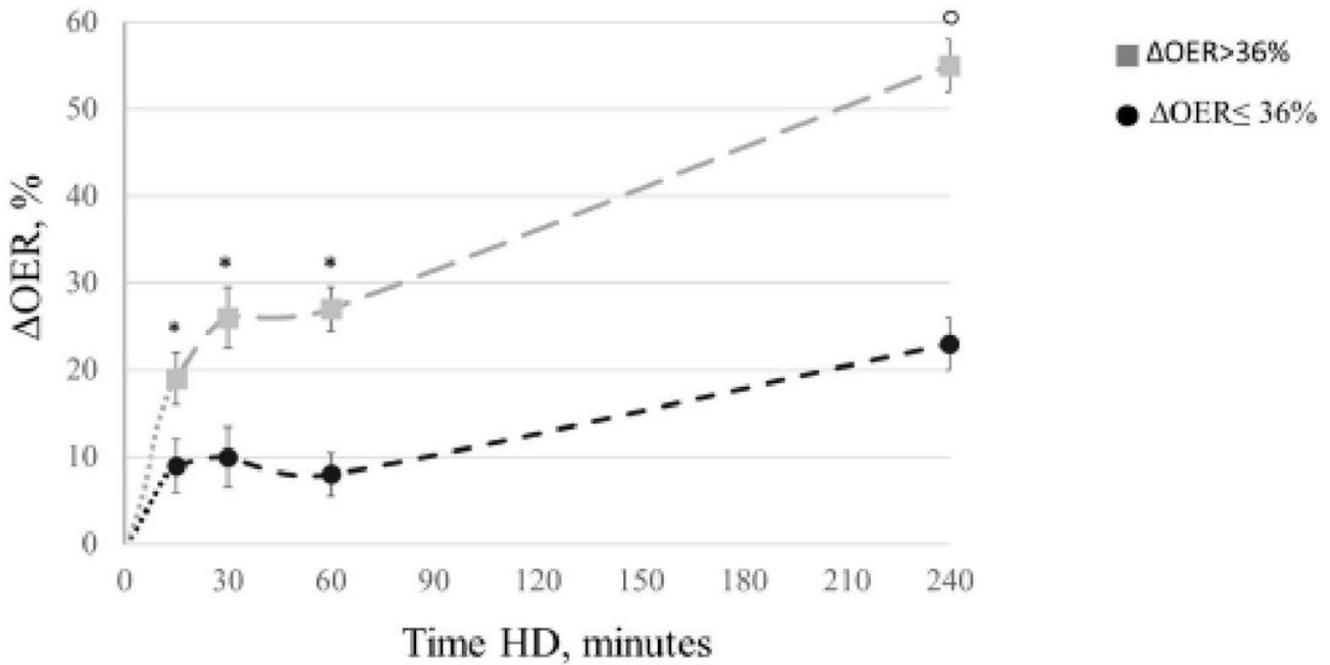


Figure 3

During HD Δ OER increased in both groups with either low or high Δ OER (repeated measures ANOVA, $p < 0.001$), but in the Δ OER > 36% group the increment was significantly higher than in the Δ OER \leq 36% group after 15 min, 30 min and 60 min. Bonferroni post-hoc test, Δ OER > 36% vs Δ OER \leq 36% * $p < 0.05$; $^{\circ}p < 0.001$. Δ OER: percent change in OER; HD: haemodialysis;

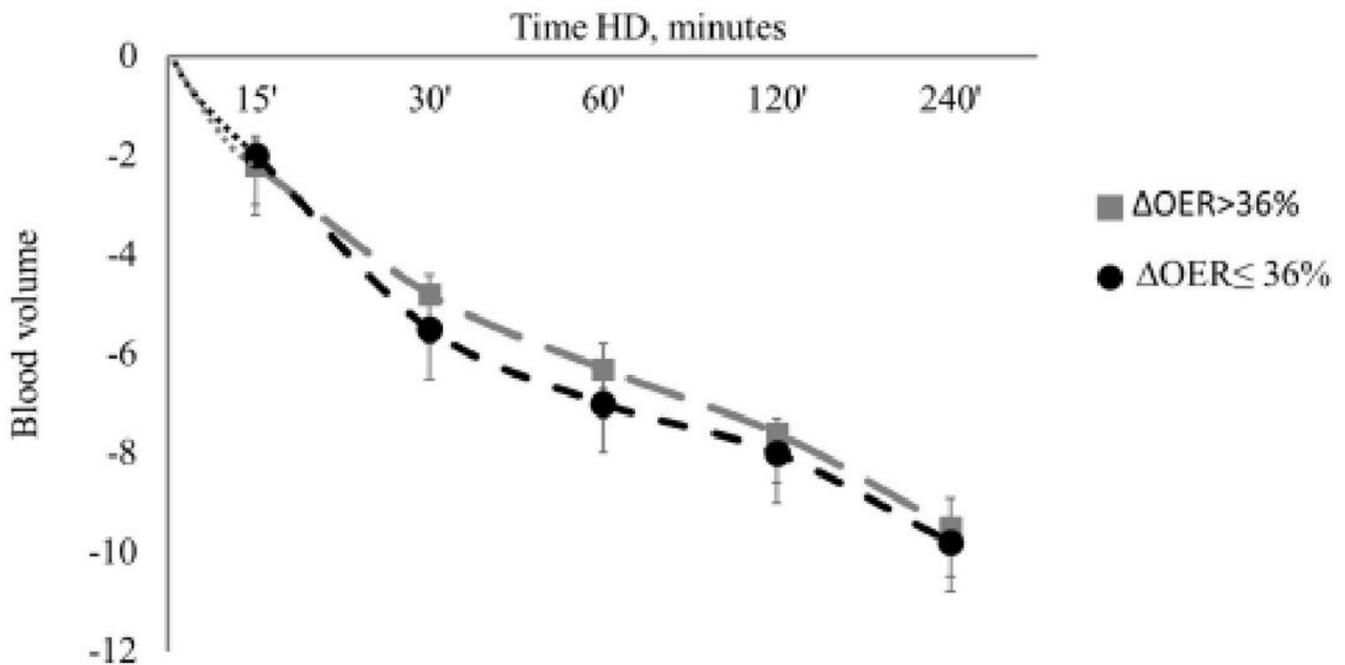


Figure 4

Overlapping trends of hemodialysis induced changes in blood volume in $\Delta\text{OER} > 36\%$ and $\Delta\text{OER} \leq 36\%$ groups.

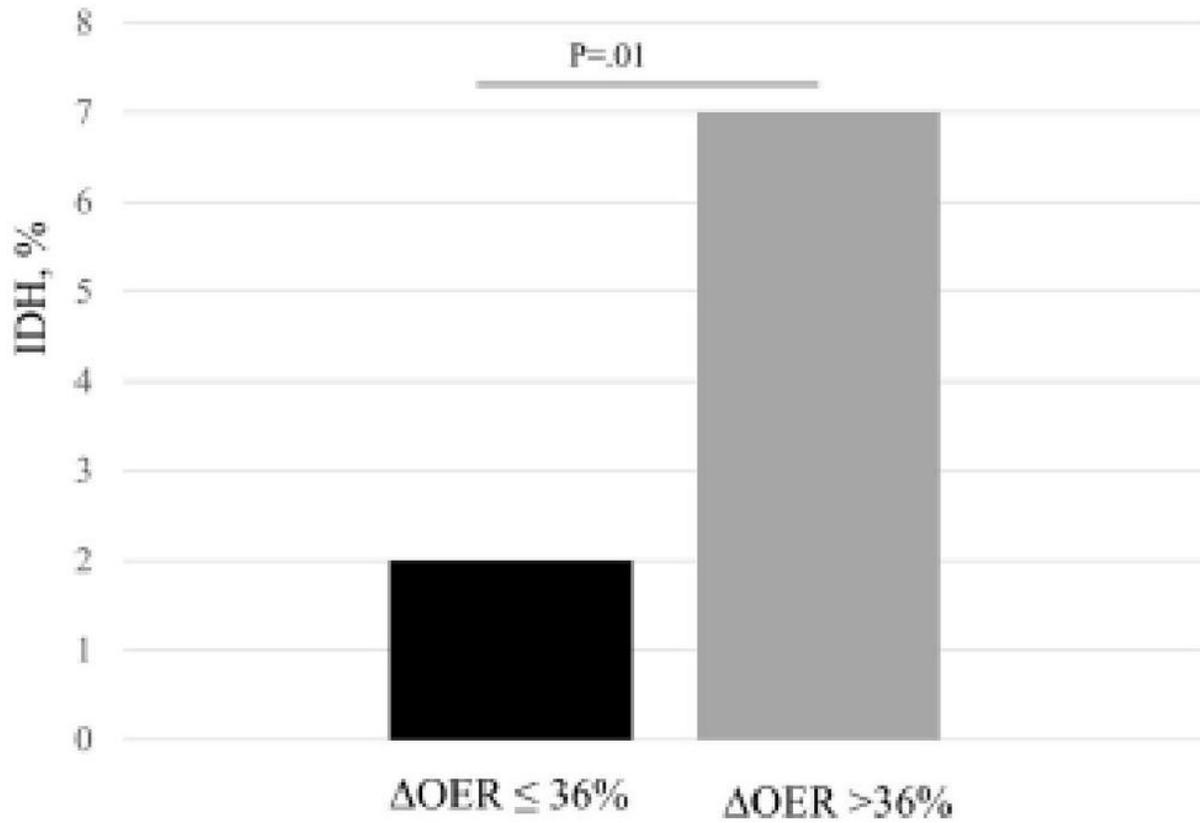


Figure 5

The $\Delta\text{OER} > 36\%$ group had higher IDH incidence than $\Delta\text{OER} \leq 36\%$ group. Bonferroni test p .01. ΔOER : percent change in OER; IDH: intradialytic hypotension;